

## ORIGINAL ARTICLE

## Patterns of second primary malignancy risk in multiple myeloma patients before and after the introduction of novel therapeutics

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Recent studies have reported an increased risk of second primary malignancies (SPM) following multiple myeloma (MM) diagnosis associated with novel anti-myeloma treatments. We evaluated the risk of SPM among 36 491 MM cases reported to the Surveillance, Epidemiology, and End Results program (SEER) between 1973 and 2008. We calculated overall and site-specific standardized incidence ratio (SIR) and 95% confidence intervals (CI) for 2012 SPM cases diagnosed within the 35-year follow-up. There was no significant overall risk of SPM (SIR = 0.98; 95% CI = 0.94–1.02); however, there were multiple site-specific risk patterns. The risk of breast and prostate cancer was significantly decreased overall and across age, latency and the year of diagnosis strata. There was an ~50% increased risk of colorectal cancer 5 years after MM diagnosis ( $P_{\text{trend}} < 0.001$ ). The risk of hematological malignancies was significantly increased, notably for acute myeloid leukemia (AML; SIR = 6.51; 95% CI = 5.42–7.83). There was a significant decreasing trend for AML over time, particularly for patients  $\geq 65$ . However, no significant change in risk was noted after the introduction of autologous stem cell transplant among younger patients (<65 years). On the basis of observed trends for overall SPM as well as AML, no association between the introduction of novel therapies and SPM following MM has emerged in this large population-based study.

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## INTRODUCTION

Major advancements in the treatment of multiple myeloma (MM) have included the introduction of combination high-dose melphalan and autologous stem cell transplant (ASCT) in the 1980s,<sup>1</sup> and the introduction of novel anti-myeloma agents such as thalidomide,<sup>2</sup> bortezomib<sup>3</sup> and lenalidomide<sup>4</sup> over the past decade. These have led to improved patient outcomes, resulting in increased survival when compared with a dismal prognosis just 10 years ago.<sup>5</sup> However, an emerging challenge has been to manage other medical conditions that may arise in patients with a longer survival, including second primary malignancies (SPM). Previous clinical studies have reported an occurrence of SPM in 1–12% of MM patients.<sup>6–11</sup> Studies based on the cancer registry data, more generalizable to the entire population, conducted before the introduction of novel anti-myeloma treatments, reported no overall increased risk of SPM among MM patients; however, these studies noted an increased incidence of hematological malignancies and significant heterogeneity in the risk of solid tumor SPM subtypes.<sup>12,13</sup> The development of SPM is multicausal; risk factors may include MM-related factors including treatment and tumor microenvironment, as well as host-related processes including genetic and environmental factors.<sup>14</sup> Reports from ongoing randomized clinical trials have suggested a possible higher incidence of SPM in MM patients treated with certain novel anti-myeloma treatments, particularly immunomodulatory drugs (IMiDs).<sup>15–17</sup> A recent study of 8740 MM patients from Sweden reported an overall 20% increased risk of SPM, but no significant change in the risk of acute myeloid leukemia (AML) after the introduction of novel therapeutic agents and ASCT.<sup>18</sup>

We conducted a large population-based study of SPM in MM patients using data from a 35-year follow-up period (1973–2008) to examine the risk patterns of SPM following MM, to provide information on the public health burden of SPM following MM and to further characterize the population at risk.

## MATERIALS AND METHODS

## Patients

We utilized data from the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) program's original nine registries (Atlanta, Connecticut, Detroit, Hawaii, Iowa, New Mexico, San Francisco-Oakland, Seattle and Utah) with incidence data contributed over a 35-year interval (1973–2008).<sup>19</sup> MM patients were defined using the third edition of the International Classification of Diseases for Oncology codes 9732 and 9734. We excluded cases whose reporting sources were coded as autopsy- or death-certificate-only ( $n = 775$ ), cases where MM was not the first primary cancer diagnosis ( $n = 3545$ ) and cases with SPM diagnosed within the first 2 months of MM diagnosis ( $n = 365$ ).

## Statistical analysis

To estimate SPM risk, we defined a cohort of MM patients with no previous history of malignancy. Person-years for age strata (5-year age-groups), sex, race (white, black, other) and the year of diagnosis were calculated from 2 months after diagnosis of MM to the date of death, date of diagnosis of SPM, date of loss to follow-up or the end of study (31 December 2008), whichever came first. General population incidence rates for each stratum were multiplied by their respective accumulated person-years-at-risk to estimate the overall expected cancer cases in that cohort of MM patients. We calculated the standardized incidence ratio (SIR) by dividing the

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observed number of SPM cases by the expected number based on the general population rates. The 95% confidence intervals (CI) were calculated using Fisher's exact test. We used likelihood ratio tests based on Poisson regression models that included SEER registries general population rates to evaluate linear trends and heterogeneity across different SPM sites, with at least five observed occurrences in each stratum. We further performed multivariate Poisson regression analysis adjusted for age, sex and latency to compare the SIRs across different year categories. All analyses were completed using SEER\*Stat Version 7.0.5 statistical software (Surveillance Research Program, NCI, <http://www.seer.cancer.gov/seerstat>) and Stata version 11.2 (StataCorp LP, College Station, TX, USA).

Detailed treatment information is not available from the SEER database. To generate hypotheses regarding the effect of anti-myeloma therapy on SPM, we used diagnosis periods corresponding to the introduction of new treatments, similar to previously published population-based analyses without treatment data.<sup>5,18</sup> Categories include: 1973–1984, representing the use of alkylating agents and steroids; 1985–1999, representing the introduction of high-dose melphalan and ASCT; and 2000–2008, representing the introduction of novel treatments (IMiDs and proteasome inhibitors).<sup>20</sup> We further stratified by latency period, under the assumption that treatment-related SPM are more likely to increase with latency. On the basis of the likely MM treatments used for different age groups, we categorized age into three main age categories (<65, 65–75 and ≥75). To evaluate the effect of ASCT on risk of AML, we further stratified the analysis by 5-year time periods and two age categories (<65 and ≥65), with the assumption that ASCT was most commonly offered to patients <65 years.

## RESULTS

Overall, 36 491 cases of adult MM were recorded as the first primary malignancy in the SEER registries between 1973 and 2008, and of these 2021 cases had a diagnosed SPM. The MM patients were at risk for a mean time of 3.1 years and contributed 113 275 person-years in total. The mean age at MM diagnosis for patients with SPM was similar to the overall mean age of all MM patients (68.2 years vs 68.7 years, respectively). Patient characteristics are summarized in Table 1.

### Overall and sex-specific risk

There was no significant difference in the overall risk of SPM among MM patients compared with the US general population (SIR = 0.98; 95% CI = 0.94–1.02; Figure 1). We observed a modest statistically significant decreased risk of SPM for solid tumors

( $n = 1707$ , SIR = 0.92; 95% CI = 0.88–0.97) among MM patients, with heterogeneity by SPM type. There was a lower risk of esophagus (SIR = 0.49; 95% CI = 0.28–0.87), lung/bronchus (SIR = 0.88; 95% CI = 0.78–0.99), breast (SIR = 0.81; 95% CI = 0.69–0.94) and prostate (SIR = 0.69; 95% CI = 0.61–0.77) cancers, but a higher risk of melanoma (SIR = 1.36; 95% CI = 1.07–1.74), urinary bladder (SIR = 1.22; 95% CI = 1.03–1.44), kidney/renal pelvis (SIR = 1.30; 95% CI = 1.01–1.66) and thyroid (SIR = 1.63; 95% CI = 1.05–2.52) SPM. There was no statistically significant difference in sex-specific risks of solid tumor SPM.

A statistically significant increased risk was observed for all hematological malignancies ( $n = 263$ , SIR = 1.63; 95% CI = 1.45–1.84; Figure 1). There was a statistically significant increased risk of leukemias (SIR = 2.94; 95% CI = 2.52–3.43), with the highest risk observed for AML (SIR = 6.51; 95% CI = 5.42–7.83), the most common hematological SPM ( $n = 114$ ). Chronic lymphocytic leukemia was the only leukemia subtype that MM patients were less likely to develop (SIR = 0.34; 95% CI = 0.17–0.68). Overall, there was a 27% increase in the risk of lymphomas, mostly non-Hodgkin subtype (SIR = 1.28; 95% CI = 1.04–1.57). Among the hematological malignancies, women had a significantly higher risk of leukemias (female: SIR = 3.85; 95% CI = 3.07–4.83, male: SIR = 2.44; 95% CI = 1.97–3.01;  $P_{\text{heterogeneity}} = 0.004$ ).

### Latency and risk

The mean latency time to develop SPM among MM patients was 5.21 years (95% CI = 4.98–5.45). Overall, there was a statistically significant increase in the risk of SPM by latency period ( $P_{\text{trend}} < 0.001$ ), with the most significant increase observed in hematological malignancies (Figure 2). The strongest association was observed for AML, with a 78% increase in risk within the first 2 years (SIR = 1.78; 95% CI = 1.03–3.06) and over a 10-fold increased risk after 5 years of MM diagnosis (SIR = 10.77; 95% CI = 8.09–14.33). An increased risk of non-Hodgkin lymphoma was present only after 5 years of MM diagnosis (SIR = 1.79; 95% CI = 1.27–2.52).

We observed no change in risk associated with the latency period for most solid tumors (Figure 2). The risk of breast and prostate cancers remained significantly decreased after MM diagnosis ( $P_{\text{trend}} = 0.65$ ,  $P_{\text{trend}} = 0.51$ , respectively). A significant increasing trend in the risk of colorectal cancer was associated with latency ( $P_{\text{trend}} < 0.001$ ), with an almost 50% increased risk 5 years after MM diagnosis (SIR = 1.46; 95% CI = 1.20–1.78). An increased risk of the central nervous system, thyroid, small intestine and kidney cancers was observed within the first 2 years of MM diagnosis only.

### Age-specific risk

SIRs for SPM decreased with increasing age, (<65 years: SIR = 1.09; 95% CI = 1.01–1.18, ≥75 years: SIR = 0.87; 95% CI = 0.80–0.94;  $P_{\text{trend}} < 0.001$ ; Figure 3). This pattern was most prominent in hematological malignancies (<65 years: SIR = 2.18; 95% CI = 1.78–2.67, ≥75 years: SIR = 1.01; 95% CI = 0.78–1.30;  $P_{\text{trend}} < 0.001$ ), notably for AML (<65 years: SIR = 11.92; 95% CI = 8.95–15.86, ≥75 years: SIR = 2.28; 95% CI = 1.40–3.72). Among solid tumors, change in risk across age strata was more heterogeneous. The risk of prostate and breast cancer remained lower than the general population among all age categories. There was a significant decrease in the urinary bladder and lung/bronchus cancer risk with increasing age ( $P_{\text{trend}} = 0.015$  and 0.003, respectively).

### Secular trend

There was no change in the overall and site-specific risk of solid tumor SPM over time (Figure 4). In contrast, we observed a significant decreased risk of hematological malignancies by time, mostly attributable to a significantly decreasing trend in AML risk.

**Table 1.** Patient characteristics of 36 491 multiple myeloma patients, SEER 1973–2008

Characteristics	N	%	Mean person-years at risk
<b>Sex</b>			
Male	17 420	47.7	3.13
Female	19 071	52.3	3.08
<b>Age of diagnosis</b>			
< 60 years	8573	23.5	4.35
60–64 years	4468	12.2	3.44
65–69 years	5539	15.2	3.26
70–74 years	5828	16.0	2.91
≥ 75 years	12 083	33.1	2.12
<b>Year of diagnosis</b>			
1973–1977	3288	9.0	3.30
1978–1982	3883	10.6	3.49
1983–1987	4598	12.6	3.51
1988–1992	5050	13.8	3.46
1993–1997	5613	15.4	3.59
1998–2002	6142	16.8	3.34
2003–2008	7917	21.7	1.83

Abbreviation: SEER, Surveillance, Epidemiology, and End Results program.

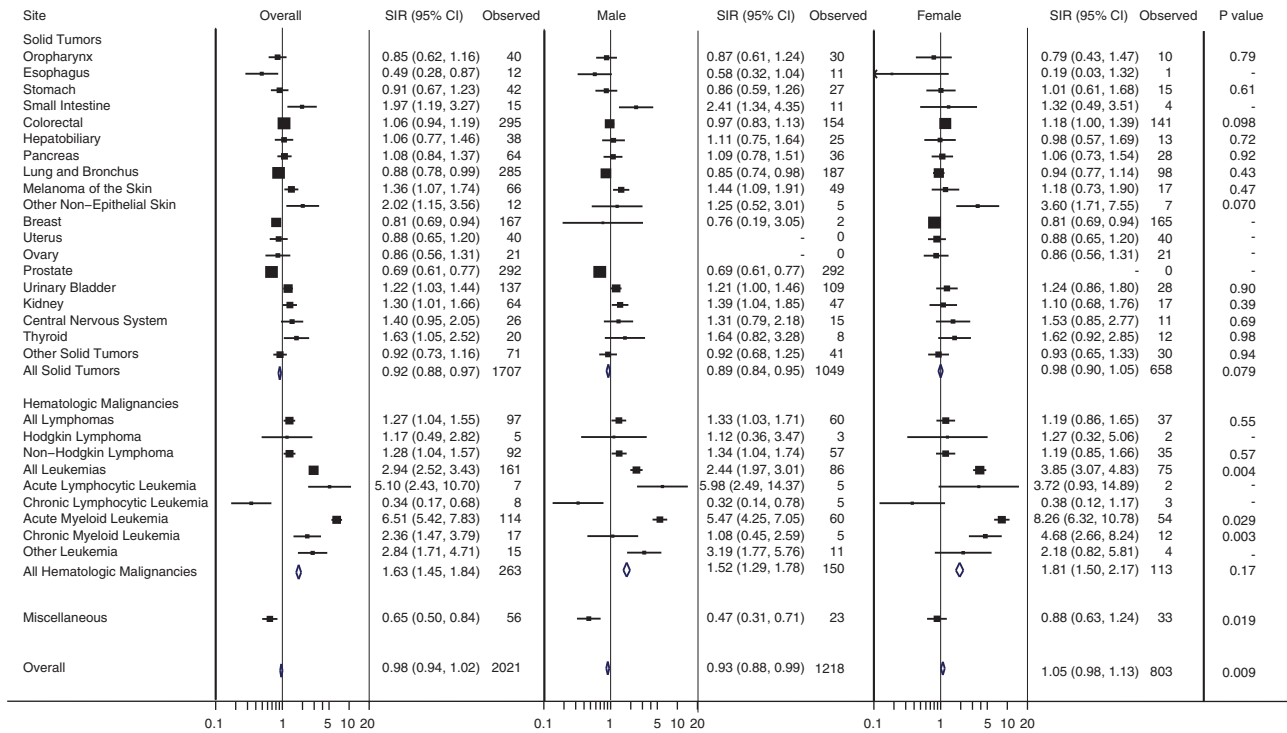


Figure 1. Site-specific risk of developing SPM among 36491 patients diagnosed with MM as a first primary cancer overall and by sex. Abbreviations: SIR, standardized incidence ratio; CI, confidence intervals.

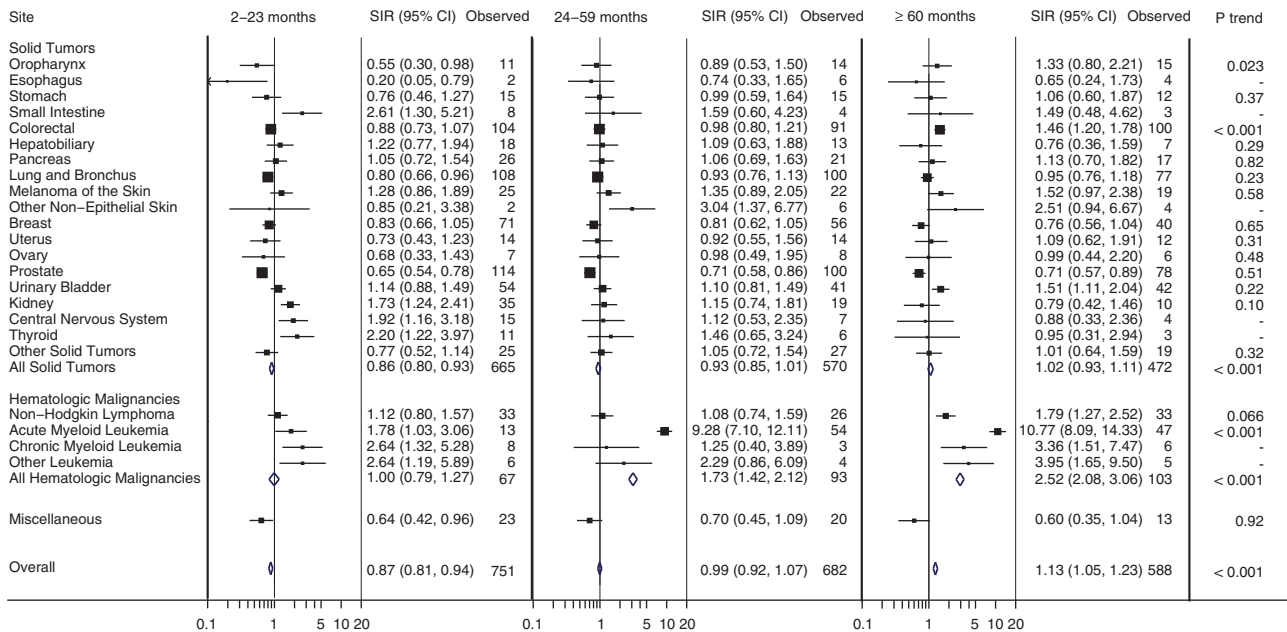


Figure 2. Site-specific risk of developing SPM among 36491 patients who were diagnosed with MM as a first primary cancer by latency. Abbreviations: SIR, standardized incidence ratio; CI, confidence intervals.

The 12-fold excess risk of AML among MM patients diagnosed in 1973–1977 decreased to a fourfold excess risk in 2000–2008 ( $P_{\text{trend}} < 0.001$ ). To further investigate this finding, we stratified by 5-year MM diagnosis period and age at MM diagnosis (Figure 5). The decreasing trend by year of diagnosis was observed across age categories and was most prominent among patients  $\geq 65$  years ( $P_{\text{trend}} < 0.001$ ). Younger patients had a consistently higher risk of AML across all time periods.

#### Novel anti-myeloma therapeutics and ASCT

There was no significant change in the risk of SPM when risks were compared before and after the introduction of novel therapeutics (1985–1999: SIR = 0.95; 95% CI = 0.90–1.02, 2000–2008: SIR = 0.96; 95% CI = 0.88–1.06). This was true for both solid tumors (1985–1999: SIR = 0.92; 95% CI = 0.86–0.98, 2000–2008: SIR = 0.91; 95% CI = 0.82–1.00) and hematological malignancies (1985–1999:

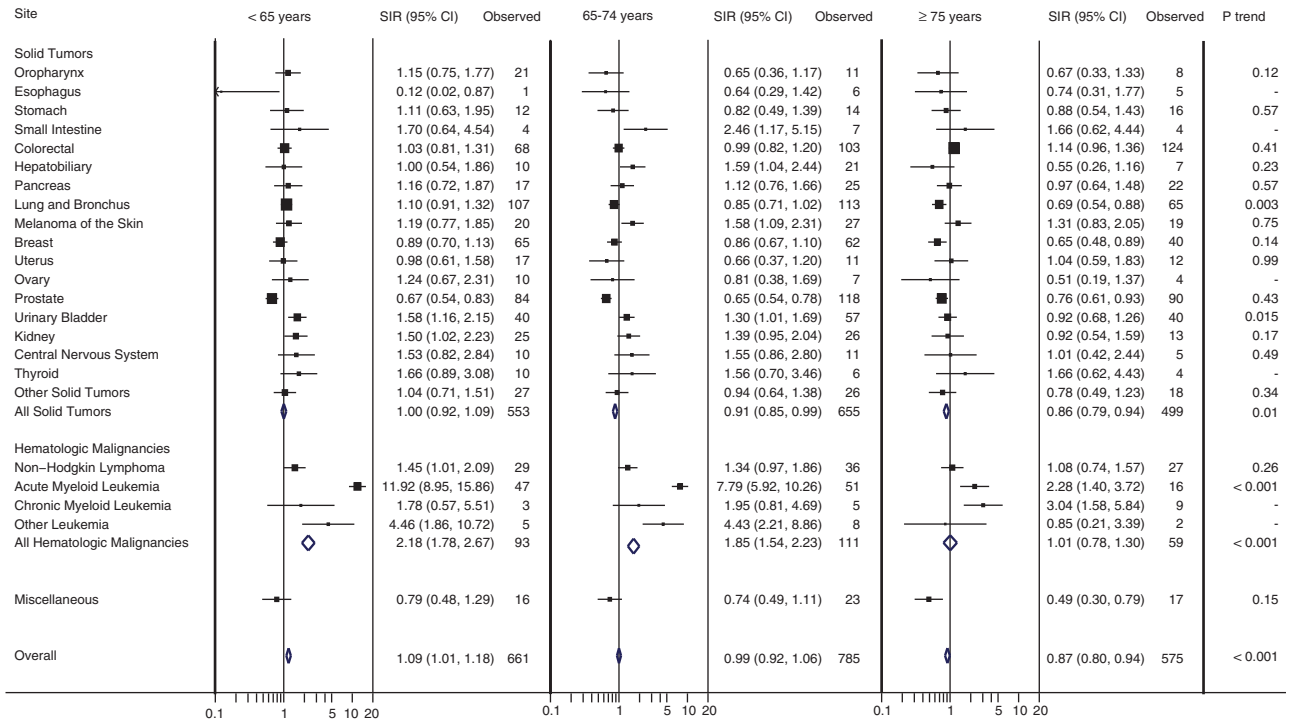


Figure 3. Site-specific risk of developing SPM among 36491 patients diagnosed with MM as a first primary cancer by patient-age of MM diagnosis. Abbreviations: SIR, standardized incidence ratio; CI, confidence intervals.

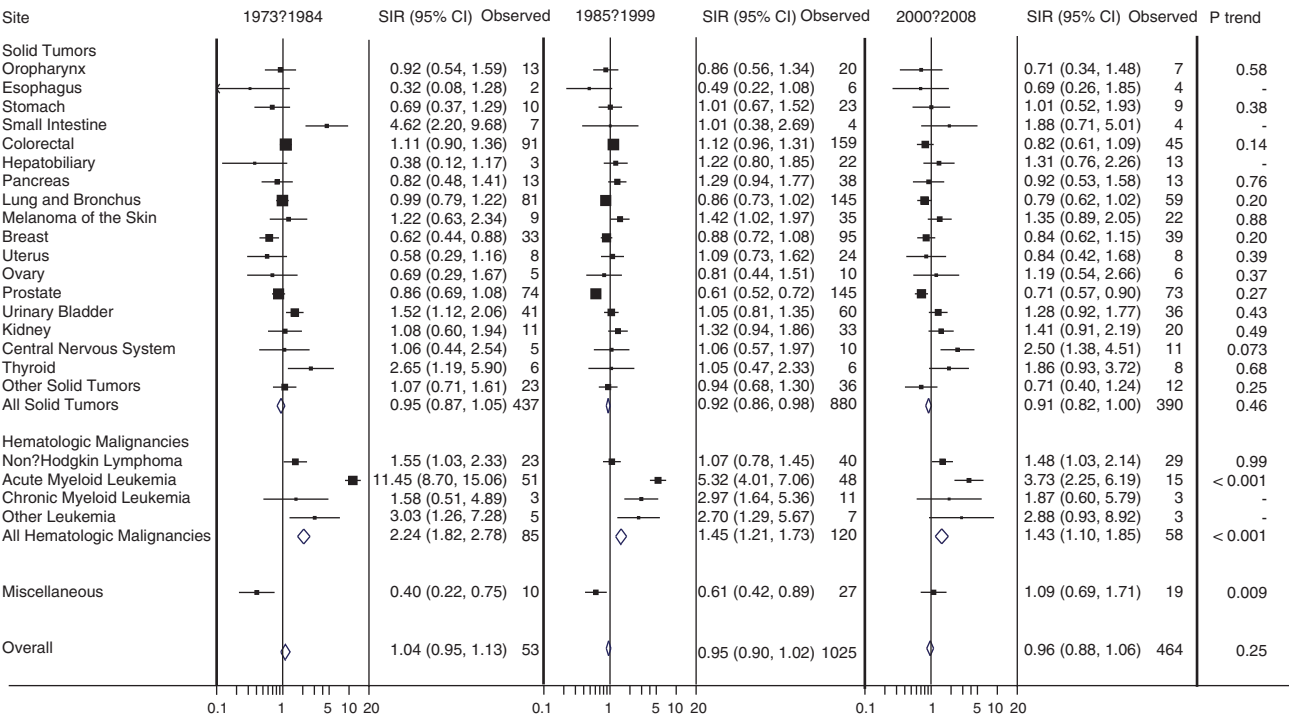
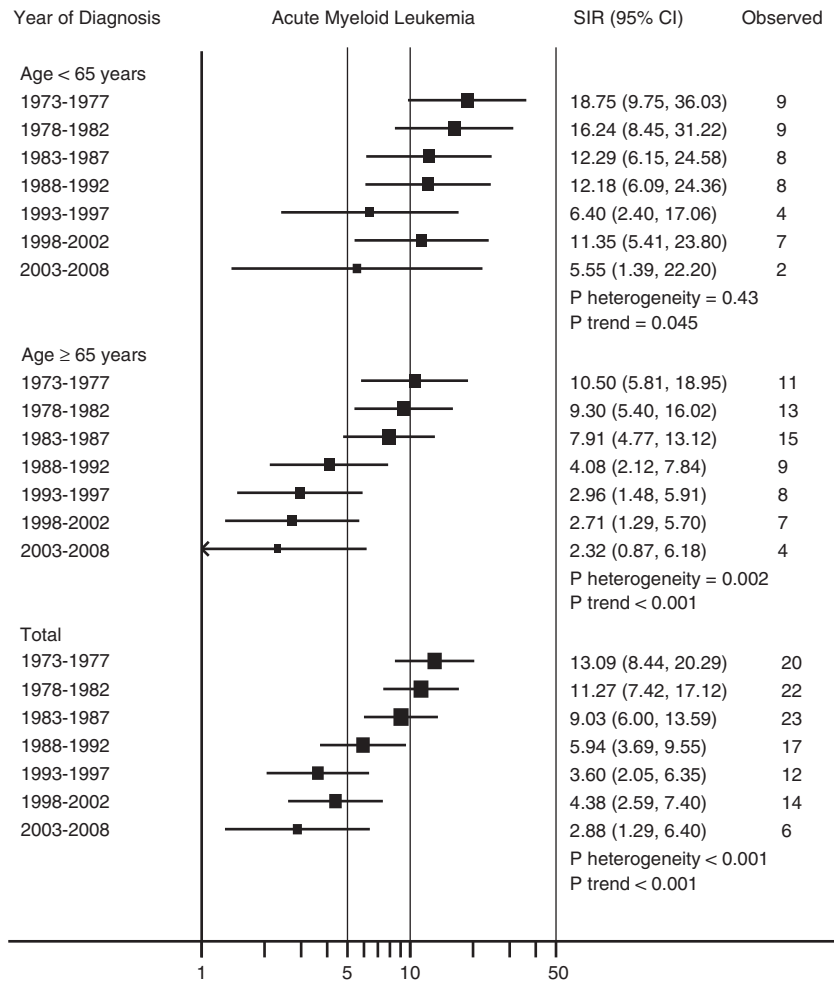


Figure 4. Site-specific risk of developing SPM among 36491 patients who were diagnosed with MM as a first primary cancer by patient-year of MM diagnosis. Abbreviations: SIR, standardized incidence ratio; CI, confidence intervals.

SIR = 1.45; 95% CI = 1.21–1.73, 2000–2008: SIR = 1.43; 95% CI = 1.10–1.85). In an analysis stratified by age categories to further evaluate the effect of ASCT and novel therapies on AML risk, we did not observe an increase in the risk of AML in either age group since the introduction of novel anti-myeloma therapies

(Figure 5). We also observed no change in risk in patients < 65 years after the introduction of ASCT ( $P_{\text{heterogeneity}} = 0.43$ ). We performed a multivariate analysis adjusted for age, sex and latency, and did not observe any differences in SPM risk before and after novel therapies were introduced ( $P = 0.42$ ).



**Figure 5.** Risk of developing AML among 36 491 patients who were diagnosed with MM as a first primary cancer by patient-year and -age of MM diagnosis. Abbreviations: SIR, standardized incidence ratio; CI, confidence intervals.

**DISCUSSION**

To our knowledge, this is the largest and most current population-based study to evaluate the risk of SPM following MM diagnosis. Our results demonstrate significant heterogeneity in risk by SPM site by age, sex, latency and secular trends, with the most significant risks noted for AML.

We observed an overall sevenfold increased risk of AML following MM diagnosis, similar to increased risks reported in previous clinical and population-based studies.<sup>7-9,18,21</sup> Although the etiology is unclear, this increased risk has previously been attributed to treatment-related factors including the use of alkylators such as melphalan.<sup>7-9</sup> In our study, AML risk significantly increased with increasing latency, consistent with the hypothesis that large numbers of AML cases can be attributed to treatment. Overall, younger patients had a significantly higher risk of AML compared with older patients, which may be associated with a more aggressive use of alkylators in the younger age group. To further evaluate the effect of ASCT on AML risk, we analyzed risk by age and time period under the assumption that ASCT was introduced in the United States in the mid-1980s and was widely used by the late 1990s.<sup>20</sup> Although there are differences in practice across centers, overall ASCT is more likely to be offered to patients <65 years.<sup>22,23</sup> There was a decreasing trend in the risk of AML by time, but no significant change in risk after the introduction of ASCT. Although SEER does not provide individual-level treatment data, the general patterns

we observed in risk trends are consistent with the findings of a recent smaller Swedish study, which reported no significant change in the risk of AML following the introduction of ASCT.<sup>18</sup> The common practice before ASCT was the use of prolonged low-dose alkylator-based therapies. The fact that AML risk has not changed with the introduction of high-dose short-term alkylators suggests that the cumulative dose of alkylators may be more important than the duration of treatment.<sup>7,8,21</sup> We found a significant 80% increased risk of AML within the first 2 years of MM diagnosis, which cannot be explained by treatment-related factors but rather similar pathogenic/etiological mechanisms, as yet unknown.

We observed a statistically significant decreased risk in breast and prostate cancer, which was consistent across time period, latency and age strata. Previous studies have reported a reduced risk of breast cancer and no effect on the risk of prostate cancer following MM diagnosis. As our analyses were conducted in a much larger population, they are more likely to reflect true population trends.<sup>10,21</sup> Although biological mechanisms for SPM after MM are not well defined, Thomas *et al.*<sup>14</sup> described a model of SPM involving treatment, behavioral factors, MM-related factors, host genetic factors and environmental factors. Within this model, genetic variation or environmental exposures that increase the risk of MM could be protective for breast and prostate cancers. For example, polymorphisms in *MTHFR*, a gene involved in the folate metabolizing pathway, have been associated with the risk of MM,<sup>24</sup> while a meta-analysis found a polymorphism in the

*MTHFR* gene to be protective in prostate cancer risk.<sup>25</sup> In addition, both of these cancers are hormone related, and it is possible that MM pathogenesis modifies the levels of sex hormones or host-related factors with subsequent sustained decreased risk of these cancers throughout the survival time. A decrease in screening after MM diagnosis is another possible explanation for the decreased risk observed in both breast and prostate cancer. Further research is needed to explore these potential hypotheses.

In our study, there was a significant increased risk of colorectal cancer associated with latency. The fact that the risk of colorectal cancer was elevated after 5 years of MM diagnosis and was more prominent in the earlier time periods (1973–1984 and 1985–1999) is suggestive of MM treatment-related factors. A retrospective study in Japan also reported a significantly increased risk of colorectal cancer following MM diagnosis between 1984 and 1994.<sup>26</sup> The increased risk of colorectal cancer after 5 years following MM diagnosis warrants attention to screening for colorectal cancer among the long-term MM survivors.

We found a 50% increased risk of urinary bladder cancer following MM in earlier time periods (1973–1984), among younger patients (age <65) and after 5 years of MM diagnosis. Although this pattern of risk is heterogeneous, it may suggest an association with MM-related factors, including MM therapy through chemotherapy-induced cystitis. Previous studies have also reported an increased risk of bladder cancer following MM diagnosis.<sup>18,27</sup>

The increased risk of both melanoma and non-melanoma skin cancers after MM has been reported.<sup>18,21</sup> In our analysis, the increased risk of melanoma was not associated with the latency or year of diagnosis, suggesting that risk may be attributable to common etiological factors such as immune dysfunction, which is a major feature of MM<sup>28</sup> and has also been implicated in the excessive risk of various skin cancers, specifically among organ transplant recipients.<sup>29</sup>

Results from three recent randomized clinical trials of maintenance therapy in MM patients after first induction therapy in the transplant and non-transplant setting suggest an increased risk of SPM among patients who received the maintenance therapy with lenalidomide as compared with the placebo group.<sup>15–17</sup> The rate of SPM was variable in these three trials with respect to the number as well as type of the SPM. On the basis of this data, the International Myeloma Working Group suggested weighing the potential benefit of maintenance therapy with IMiDs with the risk of SPM in these patients.<sup>30</sup> It is important to note that all the patients enrolled in these trials had been previously exposed to alkylating agents as induction or pre-transplant conditioning. Furthermore, the fact that the incidence and distribution of SPM across the three trials were variable and the sample size was relatively small, it precludes definitive conclusions, especially on a population-wide basis. Our findings suggest no change in SPM risk since the introduction of IMiDs. To further investigate these findings, we performed a sensitivity analysis using the SEER 13 data set, which includes information from the nine original SEER registries as well as four additional registries between 1992 and 2008. We similarly found no change in risk of AML as well as other SPMs since the introduction of novel therapies (data not shown). Other factors such as the combination of IMiDs with alkylators, sequence of therapy and the duration of continuous therapy may contribute to the findings in these clinical trials and should be better defined.

A major strength of our study is the large number of population-based MM cases identified in the time period, representing the novel therapeutic agent era. SEER ascertainment is >98%, which eliminates selection bias that is potentially introduced when using hospital-based populations and also expands the generalizability of the findings to patients who are not enrolled in clinical trials.

This study also has limitations. The SEER database does not include individual-level treatment information; thus, we were

unable to test the hypothesis that secular trends were causally associated with treatment. Instead, we examined SPM incidence with dates of new treatment introductions as period cut-points and patient-age as proxies to generate hypotheses about the relationship between new treatments and SPM. This approach has previously been used to study the effect of changes in trends of therapeutic modalities.<sup>5,18</sup>

MM is a relatively rare cancer and the survival time is shorter compared with other hematological malignancies, making SPM case ascertainment a challenge. Therefore, we chose to exclude cases diagnosed with a second cancer within the first 2 months of MM diagnosis. To address the issue of surveillance bias within the first year of a primary cancer diagnosis, we performed a sensitivity analysis excluding SPM cases diagnosed within the first year, and the results were similar.

In summary, there was no overall increased risk of SPM among MM patients, but several significant SPM patterns were described. In addition, our results provide epidemiological evidence that there has been no increase in population-based risk of SPM after the introduction of novel therapeutic agents. Follow-up studies with individual-level treatment data will be necessary to test this hypothesis conclusively.

## CONFLICT OF INTEREST

The authors declare no conflict of interest.

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## AUTHOR CONTRIBUTIONS

PR contributed to the study design, data analysis, interpretation and manuscript preparation; KR and WC contributed in interpretation and manuscript preparation; SU and AC contributed to manuscript preparation; and SA performed study design, interpretation and manuscript preparation.

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