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Clinical Practice Guideline for Solid Organ Donation and Transplantation During the COVID-19 Pandemic

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Background. The coronavirus 2019 (COVID-19) pandemic has disrupted health systems worldwide, including solid organ donation and transplantation programs. Guidance on how best to screen patients who are potential organ donors to minimize the risks of COVID-19 as well as how best to manage immunosuppression and reduce the risk of COVID-19 and manage infection in solid organ transplant recipients (SOTr) is needed. **Methods.** Iterative literature searches were conducted, the last being January 2021, by a team of 3 information specialists. Stakeholders representing key groups undertook the systematic reviews and generation of recommendations using a rapid response approach that respected the Appraisal of Guidelines for Research and Evaluation II and Grading of Recommendations, Assessment, Development and Evaluations frameworks. **Results.** The systematic reviews addressed multiple questions of interest. In this guidance document, we make 4 strong recommendations, 7 weak recommendations, 3 good practice statements, and 3 statements of "no recommendation." **Conclusions.** SOTr and patients on the waitlist are populations of interest in the COVID-19 pandemic. Currently, there is a paucity of high-quality evidence to guide decisions around deceased donation assessments and the management of SOTr and waitlist patients. Inclusion of these populations in clinical trials of therapeutic interventions, including vaccine candidates, is essential to guide best practices.

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INTRODUCTION

All aspects of global healthcare systems have been strained in response to the coronavirus 2019 (COVID-19) pandemic. In addition to a general lack of capacity, organ donation and transplantation (ODT) systems have been forced to contend with specific issues such as possible donor-torecipient transmission and immunosuppression in transplant recipients. In the early stages of the pandemic, many centers closed their living donor programs, and deceased donor referrals dropped significantly.¹ Questions were raised as to how best to proceed with lifesaving transplants while balancing the risks posed by COVID-19.

In response, Canadian Blood Services, the Canadian Donation and Transplantation Research Program, the Canadian Society of Transplantation, and the Peter Morris Centre for Evidence in Transplantation came together to undertake a literature review and recommendation generation process to offer guidance to donation and transplant programs and clinicians. The first step of the process was a summary of international recommendations that created an overview of the breadth of topics addressed by other organizations.²

The goal of this collaboration is to create rigorously developed clinical practice recommendations that address the priorities of ODT activity during the pandemic. The planning and scientific committees agreed that the most urgent need was to create recommendations regarding (1) severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) screening methods of patients who are potential deceased donors and (2) treatment and protection of transplant recipients and patients awaiting transplantation. This article describes the methods used and provides a summary of recommendations.

MATERIALS AND METHODS

Development of Recommendations

Recommendations were developed using a rapid response approach.³⁻⁵ Our process also emphasized involvement of patient partners and we informed all recommendations with transparent and systematic literature reviews according to the Grading of Recommendations, Assessment, Development and

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Evaluations (GRADE) process⁶ while endeavoring to incorporate and address all domains of the Appraisal of Guidelines for Research and Evaluation II framework.⁷

Guideline panel members were selected through an informal process of purposeful sampling. We emphasized the inclusion of (1) authors of the systematic reviews informing our recommendations, (2) patient partners who have lived experience with solid organ transplantation (SOT), (3) a full spectrum of transplant clinicians who are involved in the management of solid organ transplant recipients (SOTr) at risk for or infected with COVID-19, and (4) methodologists with expertise in health research methodology and guideline development. During panel member selection, we managed financial and intellectual conflicts of interest by requiring disclosure statements from all participants. Research ethics approval was not requested for the systematic reviews of the literature or guideline development.

Clinical questions thought to merit recommendations were identified by working group members, and with the help of an information specialist, we conducted a systematic literature search. A single search strategy was used for both the deceased donation and recipient treatment and protection clinical questions (see Supplemental Material S1, SDC, http:// links.lww.com/TXD/A351 for full details). Studies were included that provided direct evidence for the donation and transplantation population as well as indirect evidence from several systematic reviews of the general population. The first search strategy was designed and executed June 18-21, 2020, and updated once August 22-28, 2020, and again January 9-10, 2021. Multiple electronic databases were searched for references published since 2019 without language or publication type limits. Due to the sparsity of evidence on management of COVID-19 in SOT, we retained peer-reviewed reports (excluding preprints) using most study designs, including case series. Two case reports of donor to recipient transmission following lung transplantation^{8,9} were added after the formal search based on continued informal literature surveillance.

For each search, teams of reviewers screened the titles and abstracts of the identified citations independently and in duplicate using prespecified eligibility criteria. Criteria for eligibility were adapted for specific questions where updated searches retrieved studies of higher quality (see Supplemental Material S1, SDC, http://links.lww.com/TXD/A351 for full details of included studies). After the title and abstract screening, the same process was repeated for the eligible full texts. From the final set of eligible articles, reviewers extracted the data relevant to the characteristics of the cohorts, interventions, comparative groups, and outcomes. A total of 1930 unique references were screened from 9 distinct databases, and evidence profiles were created to support the generation of each recommendation (see Supplemental Material S1, SDC, http:// links.lww.com/TXD/A351 for full details of this process).

We assessed the risk of bias of each eligible study guided by the Risk of Bias in Non-Randomized Studies – Interventional (ROBINS-I) tool.¹⁰ In assessing our overall certainty in the body of evidence, we used the GRADE process.⁶ Table 1 provides a guide to the difference in interpretation between strong (we recommend) and weak (we suggest) recommendations in the GRADE framework for different intended stakeholders.¹¹ Evidence profiles and detailed evidence to decision tables generated in the web-based application MAGICapp are available at https://app.magicapp.org/#/guideline/ERWQ1j

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Supplemental digital content (SDC) is available for this article. Direct URL citations appear in the printed text, and links to the digital files are provided in the HTML text of this article on the journal's Web site (www.transplantationdirect. com).

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Implications	Strong recommendation ^a	Conditional (weak) recommendation
For patients	Most individuals in this situation would want the recommended course of action, and only a small proportion would not.	The majority of individuals in this situation, if fully informed, would choose the suggested course of action, but some would not.
For clinicians	Most individuals should receive the intervention. Adherence to this recommendation according to the guideline could be used as a guality criterion or performance indicator.	The care needs of individual donors may vary as a result of comorbidities, and the practice of individual clinicians may vary in these circumstances, largely due to the lack of evidence to address these situations.
For policymakers	The recommendation can be adopted as policy in most situations.	Policymaking will require substantial debate and involvement of various stakeholders.

Modified from Guyatt GH, Oxman AD, Kunz R, et al.¹¹

*Note: Good Practice Statements should be interpreted similarly to strong recommendations.

In the assessment of the clinical question of proceeding to transplantation versus remaining on organ replacement therapy, we conducted a meta-analysis of proportions for each organ group and outcome separately. Due to the paucity of studies conducting a direct comparison, we conducted a random effect meta-analysis of proportions and subclassified the studies based on the patient group evaluated (studies evaluating the risk of COVID-19 in the kidney transplantation as compared to studies evaluating the risk of COVID-19 in the renal replacement therapy [RRT] population). In doing so, we conducted an indirect comparison of 2 groups of interest, in the form of between study subgroup analyses. To avoid minimizing the weight attributed to studies with few events (few events are informative as they may represent a true low-risk population), we used the Freeman-Tukey transformation¹² to equalize the weights across studies. Metaprop¹³ package of STATA provided the platform for the conduct of our meta-analyses.

Recommendations

This guidance is intended to inform clinical and administrative ODT stakeholders operating during the COVID-19 pandemic (Table 1). The included evidence pertains to both adult and pediatric populations, although very few reports including pediatric patients were identified in the search. A total of 11 recommendations (4 strong, 7 weak) and 3 Good Practice Statements were generated (Table 2). Three other questions were considered but resulted in statements of no recommendation. We acknowledge that some evidence has been published since the execution of our searches, but based on informal scans, no study would have changed the direction of our recommendations.

Due to article constraints, we have only included summary rationales for the recommendations determined to be of greatest clinical relevance. Rationales for all recommendations, for example, the rationales against making a recommendation regarding the use of antibody screening in patients who are potential donors or the prophylactic treatment for SARS-CoV-2 in recipients, are detailed in the Supplemental Material S1 (SDC, http://links.lww.com/TXD/A351). A summary version of the recommendations was published as part of broader COVID recommendations on the Canadian Blood Services website (https://professionaleducation.blood.ca/en/ organs-and-tissues/covid-19-update-organ-donation-andtransplantation-services).

Screening of Patients Who Are Potential Deceased Organ Donors

Transplantation From Potential Organ Donors Positive for COVID-19

We suggest proceeding with transplantation of solid organs retrieved from living and deceased donors after confirmation of resolution of COVID-19 infection (weak recommendation, low certainty of evidence).

Key Literature

While the recommendation to avoid transplantation from donors with active COVID-19 (see Table 2) is based on direct evidence of transmission in the case of lung transplantation^{8,9} and laboratory evidence of plausible transmission from other organs,¹⁴ the panel felt it was important to address the situation of a previously positive and currently asymptomatic patient who is a potential donor. We included 4 published reports¹⁵⁻¹⁸ of previously positive COVID-19 donors (n=7 deceased donors; 32 living donors) who proceeded to donation following resolution of their infection and testing COVID-19 negative. Successful recovery and transplantation were reported to be between 4 wk after symptom resolution to 14 wk following the initial infection. Donors were all COVID-19 negative at time of organ donation. There were no reports of transmission to healthcare workers, and none of the recipients developed active COVID-19 infection at the last follow-up. At the last follow-up, both graft and patient survival was 99%, with no deaths attributed to COVID-19 in the recipients.

Rationale

The aforementioned evidence supports our weak recommendation that patients with resolved COVID-19 can safely be considered as organ donors. However, it is important to note that our process did not include a search regarding the optimal laboratory methods to determine when a previously infected patient has recovered adequately to be considered eligible and safe for organ donation. Furthermore, although the evidence demonstrates safe transplantation after waiting at least 28 d after symptom resolution, the minimum amount of time to wait between symptom or laboratory-confirmed resolution before organ recovery is currently unknown. Each case should be carefully evaluated, and considering the complexity of these decisions, it would be preferable to consult transplant-focused infectious disease specialists before organ recovery from previously COVID-19–positive patients.

PCR Methods and Repeat Testing for Diagnosis of COVID-19 in Potential Deceased Organ Donors

We recommend polymerase chain reaction (PCR) testing of both upper and lower respiratory tract samples of all patients who are potential deceased organ donors in 24h before organ

TABLE 2.

Clinical practice guideline recommendations^a

Screening of Patients Who are Potential Deceased Organ Donors

Transplantation from potential organ donors positive for COVID-19

- We recommend against transplantation of organs retrieved from deceased donors with active COVID-19 infection, particularly in the case of lung transplantation (strong recommendation, very low certainty of evidence).
- We suggest proceeding with solid organ transplantation from living and deceased donors with a resolved COVID-19 infection (weak recommendation, low certainty of evidence).

PCR methods and repeat testing for diagnosis of COVID-19 in potential deceased organ donors

- We recommend PCR testing of all patients who are potential deceased organ donors (strong recommendation, low certainty of evidence).
- We recommend PCR testing of both upper and lower respiratory tract samples of all patients who are potential deceased organ donors within 24 h before organ recovery (strong recommendation, low certainty of evidence).
- Lower respiratory samples should be collected by methods that produce the least risk of aerosol generation (Good Practice Statement).
- We suggest against repeat PCR testing from the same collection site of patients who are potential donors (weak recommendation, low certainty of evidence).
- Screening of patients who are potential donors and recipients should include pre-recovery or pre-transplant evaluation for COVID-19 risk factors such as

absence of symptoms, risk of potential exposure, and travel history (Good Practice Statement). CT scan accuracy for diagnosis of COVID-19 in potential deceased organ donors

- We recommend against routine thoracic CT scans for COVID-19 screening for potential deceased organ donors (strong recommendation, low certainty of evidence).
- We suggest that the results of PCR testing supersede any contradictory information from available thoracic CT scan results (weak recommendation, moderate certainty of evidence)

SARS-CoV-2 antibodies post-infection with COVID-19 in potential deceased organ donors

 We make no recommendation regarding the use of antibody screening to evaluate the risk of COVID-19 transmission from potential deceased organ donors to organ recipients.

Recipient Treatment and Protection

Modifications to induction immunosuppression and rejection treatment in solid organ transplant recipients

- We suggest no modification to induction immunosuppression to prevent COVID-19 acquisition or severity (weak recommendation, very low certainty of evidence).
- Immunosuppression therapy in the setting of COVID-19
 - We suggest temporary adjustment of maintenance immunosuppression may be considered for patients with COVID-19 (weak recommendation, very low certainty of evidence).
 - We suggest against preemptive adjustment of maintenance immunosuppression to prevent acquisition of COVID-19 (weak recommendation, very low certainty of evidence).

Decision to proceed with organ transplant or organ replacement therapy in the setting of COVID-19

• We suggest proceeding with transplantation over remaining on organ replacement therapies in the setting of COVID-19 activity in the community (weak recommendation, very low certainty of evidence).

Prophylaxis against COVID-19 in solid organ transplant recipients

- We make no recommendation for or against prophylactic treatment for SARS-CoV-2.
- Transplant recipients and those waiting for transplant should follow public health guidance, including but not limited to, physical distancing, hand hygiene, and wearing a mask (Good Practice Statement).

Anti-COVID-19 therapy in solid organ transplant recipients

We make no recommendation for specific therapy for COVID-19. We suggest following national guidance pertaining to treatments in the general population.

*Rationales for bolded recommendations are included in this article. To access the rationales of the remaining recommendations, please consult the Supplemental Material S1 (SDC, http://links.lww. com/TXD/A351).

COVID-19, coronavirus disease 2019; CT, computed tomography; PCR, polymerase chain reaction; SARS-CoV-2, severe acute respiratory syndrome coronavirus-2.

recovery (strong recommendation, low certainty of evidence).

We recommend that lower respiratory samples be collected by methods that produce the least risk of aerosol generation (Good Practice Statement).

Key Literature

Although PCR-based testing is recommended for all donors based on substantial indirect¹⁹⁻²² and direct evidence,²³⁻³⁷ recent data suggest that anatomic collection site is of critical importance.^{8,9,22} Two recent reports describe cases of donor-derived SARS-CoV-2 infection in lung transplant recipients.^{8,9} In both cases, although the donors had been screened by nasopharyngeal PCR samples, no lower respiratory sample was collected before lung recovery. In both cases, later analyses from bronchioalveolar lavage (BAL) fluid⁹ or in the recipient⁸ were highly suggestive of donor-derived transmission. Indirect evidence from 1 systematic review analyzing different donor screening sites also suggests that lower respiratory tract samples had improved diagnostic accuracy compared with nasal or oropharyngeal samples.²² No reports compared the sensitivity or specificity of different lower respiratory secretion collection techniques (BAL versus closed-circuit endotracheal aspiration).

Rationale

The aforementioned evidence supports our recommendation to collect lower respiratory samples before organ recovery. Though not directly addressed by the evidence, we also recommend collection of upper respiratory samples in the form of nasopharyngeal swabs to exclude the possibility of a recent infection not yet detectable in lower respiratory secretions. This is consistent with the strong preference to avoid possible transmission to recipients and the assumption that rapid PCR testing is now readily available in most intensive care unit (ICU) settings. Although we recommend lower respiratory samples from all patients who are potential donors, the evidence does not inform optimal sampling technique. We recommend that samples be collected by methods that produce the least risk of aerosol generation (eg, closed-circuit endotracheal aspirate as opposed to BAL), consistent with the strong value of protecting healthcare workers from potential harm. Finally, the collection of upper and lower samples in 24 h before organ recovery should be done in addition to any other routine screening that was done for infection surveillance during the patient's ICU admission. When the capacity to perform PCR testing within 24 h before recovery is limited, we encourage collection of PCR samples as closely as possible to the scheduled recovery to limit the potential of interim acquisition of SARS-CoV-2.

Computed Tomography Accuracy for Diagnosis of COVID-19 in Potential Deceased Organ Donors

We recommend against routine thoracic computed tomography (CT) scans for COVID-19 screening for potential deceased organ donors (strong recommendation, low certainty of evidence).

We suggest that the results of PCR testing supersede any contradictory information from available thoracic CT scan results (weak recommendation, moderate certainty of evidence).

Key Literature

Indirect evidence, in the form of a large systematic review, suggests that the addition of thoracic CT scan to screen for COVID-19 in any patient population may increase sensitivity but decrease the specificity of a COVID-19 diagnosis.³⁸ This suggests the possibility of elevated rates of false-positive CT scans. Six studies (case series or cohort studies) from the donation and transplantation population included direct evidence, but no study directly compared protocols with or without routine CT scans.^{26-29,33,34} All patients who were potential donors (n=4) found to be positive for COVID-19 tested positive by PCR testing; none were excluded solely based on CT scan results. The impact of routine thoracic CT donor screening results on decision making was not explicitly described. In both cases of donor-derived COVID-19 following lung transplantation, prerecovery CT scans were performed and did not prevent transmission.8,9

Rationale

We determined that there is no compelling benefit for the use of routine thoracic CT imaging for diagnosis of COVID-19 in potential deceased donors. We also valued cost and harm avoidance (eg, cost of imaging, transport of an unstable patient to CT, infection control considerations for diagnostic imaging personnel, and potential harm from contrast materials). Thus, a strong recommendation was made against the routine use of routine thoracic CT scans for COVID-19 screening among potential deceased organ donors.

Furthermore, indirect evidence indicates that thoracic CT scans are sensitive but only moderately specific in the diagnosis of COVID-19 in suspected patients, meaning thoracic CT findings have limited capability in differentiating between SARS-CoV-2 infection and other causes of respiratory illness. False-positive COVID-19 diagnoses related to equivocal CT findings could lead to missed donation opportunities by

Recipient Treatment and Protection

Modifications to Induction Immunosuppression and Rejection Treatment in Solid Organ Transplant Recipients

We suggest no modification to induction immunosuppression to prevent COVID-19 acquisition or severity (weak recommendation, very low certainty of evidence).

Key Literature

This recommendation is based on 9 publications of individual case reports and small case series.³⁹⁻⁴⁷ None of the reviewed publications reported on the risk of acquisition of COVID-19 as an outcome. All reports were of SOTr who had developed COVID-19 within the first 6 mo posttransplant. Additional data on patient-level outcomes were requested and obtained from authors of 2 of the included articles.^{39,44} The most commonly reported and most pertinent outcomes for this intervention were patient survival and development of acute rejection. Although numbers were small, there was no appreciable trend in mortality based on type of induction therapy for transplant recipients who developed COVID-19. There are no available data on the risk of developing COVID-19 stratified by induction immunosuppression.

Rationale

Given the potential harms of acute and chronic allograft rejection that may occur with reduction in standard induction immunosuppression, this risk is felt to outweigh any theoretical benefit that this strategy may have on reduction of COVID-19 disease and severity for recipients. This position is supported by findings from 1 large US center, which showed that during the early phases of the pandemic, use of lymphocyte depleting induction therapy was not associated with an increase in mortality; however, withholding of lymphocyte depleting induction therapy was associated with an increased risk of rejection.⁴⁸

Many factors are considered in the selection of an induction immunosuppression strategy, and clinicians should choose a regimen that they believe offers the greatest chance of recipient and graft survival while minimizing risks of over immunosuppression. These decisions take into consideration the best available evidence as well as the individual patient circumstances and values and preferences. For this reason, clinicians may choose, in certain candidates, for example, to reduce induction immunosuppression. However, at a programmatic level, we suggest against broad reduction in induction immunosuppression purely to mitigate against COVID-19.

Immunosuppression Therapy in Solid Organ Transplant Recipients

We suggest that temporary adjustment of maintenance immunosuppression may be considered for patients with COVID-19 (weak recommendation, very low certainty of evidence).

We suggest against preemptive adjustment of maintenance immunosuppression to prevent acquisition of COVID-19 (weak recommendation, very low certainty of evidence).

Key Literature

The recommendation for temporary adjustment of maintenance immunosuppression is based on 31 publications (case reports and case series); 18 included kidney transplant recipients, 39,49-65 5 included liver transplant recipients, 44,57,66-68 6 included heart transplant recipients, 23,47,57,69-71 and 2 included lung transplant recipients.43,72 All studies reported some form of modification to the patients' immunosuppressive regimen. None of the studies relied on an experimental design, and there was no control group of patients without changes to their immunosuppressive agents. The reports considered SOTr who developed COVID-19 at various intervals posttransplant and follow-up was relatively short. Modifications to immunosuppression regimens were temporary. In addition to reducing or holding antimetabolites, several studies reported on simultaneous reduction in doses of calcineurin inhibitors and mammalian target of rapamycin inhibitors, and administration of steroids as well as other supplementary immune modulating therapies. Thus, the observed outcomes may not be solely attributable from the temporary reduction in maintenance immunosuppression.

The weak recommendation against preemptive adjustment of maintenance immunosuppression is based on indirect evidence from 8 publications, limited to cohort studies.^{52,53,64,65,68,70,73,74} Four studies reported on incidence of COVID-19 in kidney transplant recipients. 52,53,64,65 Immunosuppression therapy was not modified preemptively and the incidence of COVID-19 ranged from 0% to 0.67%. One study reported on a cohort of liver transplant recipients.68 In the absence of preemptive modification of immunosuppression in this cohort, the incidence of COVID-19 in this population was 0.11%. Two studies reported on incidence of COVID-19 in heart transplant recipients.53,70 The incidence of COVID-19 ranged between 3.5% and 5% while on standard immunosuppression therapy. One study reported on the incidence of COVID-19 in a cohort of lung transplant recipients.53 Maintenance of standard immunosuppression regimen was associated with COVID-19 incidence of 3.3% over a followup period of 116 d (46-187). Finally, 2 studies reported on cohorts of all SOTr on standard immunosuppression regimens and estimated the incidence of COVID-19 to be <1%.73,74

Rationale

Many factors are considered in the modification of maintenance immunosuppression strategy. These decisions should take into consideration the best available evidence as well as the individual patient circumstances alongside their values and preferences. Given the potential harms of acute and chronic allograft rejection, which may occur with reduction in maintenance immunosuppression, adjustment of maintenance immunosuppression in patients infected with COVID-19 is suggested to be implemented as a temporary measure. Although we suggest that this may be done, and, as demonstrated by the referenced reports, it is common practice, it is unknown if reduction of maintenance immunosuppression in transplant recipients with COVID-19 results in improved outcomes from the infection. The severe manifestations of COVID-19 are believed to be due to an amplified and aberrant immune response.75 As such, it is unknown if reduction of immunosuppression will improve response to infection or conversely, if this will worsen the immune response to the infection and lead to worse outcomes. In the absence of evidence, we are prioritizing a preference for potential decreased COVID-19-related morbidity and mortality, accepting the potential increased short-term risk of rejection. Further data on the efficacy of temporary reductions to maintenance immunosuppression and the attributable impact of immunosuppression on COVID-19 morbidity and mortality may change this recommendation significantly.

We suggest against preemptive reduction in maintenance immunosuppression therapy in an effort to prevent COVID-19 because we weighed the increased risk of rejection to be higher than what is believed to be a small potential benefit of a reduction of immunosuppression on the risk of acquiring COVID-19, especially in light of the evidence demonstrating a low incidence of COVID-19 in transplant patients on standard immunosuppression regimens.

Decision to Proceed With Organ Transplant or Organ Replacement Therapy in the Setting of COVID-19

We suggest proceeding with transplantation over remaining on organ replacement therapies in the setting of COVID-19 activity in the community (weak recommendation, very low certainty of evidence).

Key Literature

This recommendation is based on several studies encompassing both kidney- and liver-specific groups as well as several large studies of all SOTr.^{23,40,50,63,66,71,76-84} These studies were primarily retrospective cohorts from single centers. However, more recent reports included in the last iteration of the literature search included higher quality prospective cohorts.⁸⁵⁻⁸⁷ There is currently more literature for the renal group than other SOT groups.

In the renal group, we identified 7 studies following 104811 patients who were either on the waitlist/RRT or underwent transplantation.^{76-78,85,86,88,89} Some of the studies reported the incidence of COVID-19 in each group separately, whereas others conducted a direct comparison between the 2 groups. We combined all of the studies in a meta-analysis of proportions and subgrouped the studies/cohorts based on the patient group (transplant versus waitlist/RRT). Among the patients on waitlist/RRT, the risk of COVID-19 was 93 per 1000 persons followed compared with 43 per 1000 in the transplant group (Figure 1). The absolute risk difference between the 2 groups was 50 fewer cases of COVID-19, with a 95% confidence interval (CI) of 117 fewer cases to 9 more cases per 1000 persons followed.

Among the patients who were diagnosed with COVID-19, the risk of mortality (16 studies following 8186 patients^{63,76-79,85-95}) and admission to the ICU (11 studies following 1839 patients^{63,77,79,80,87,88,90,91,93-95}) was similar between patients undergoing transplantation as compared with those remaining on the waitlist/RRT. In the waitlist/RRT group, the risk of mortality was 199 per 1000 persons followed compared with 214 per 1000 in the transplant recipient group (Figure 2) with an absolute risk difference of 15 more cases in the transplant groups (95% CI of 59 fewer to 86 more cases per 1000 persons). Similarly, the incidence of ICU admission was 163 per 1000 in the waitlist/RRT group (Figure 3) but 160 per 1000 in the transplant group (absolute risk difference of 3 fewer per 1000 in the transplant group, 95% CI 343 fewer to 229 more per 1000 persons followed).

Meta-analysis was not possible for data from other organ groups. Based on a small number of studies,^{44,66,78,80-83} liver

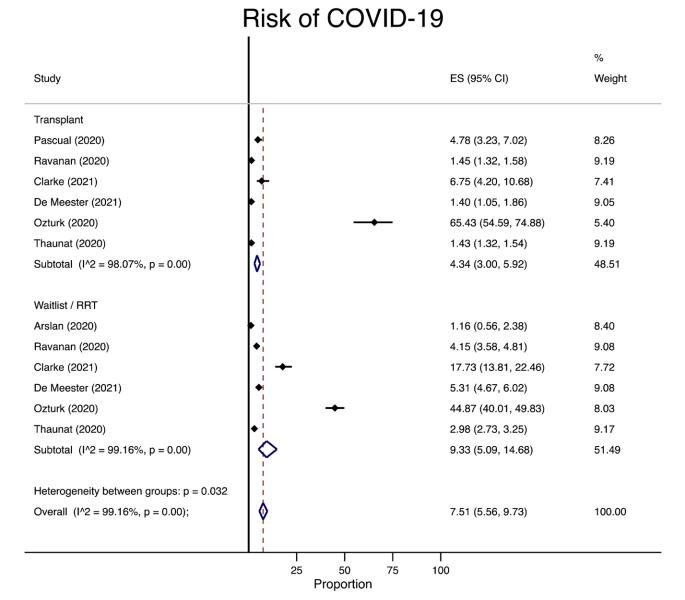


FIGURE 1. Meta-analysis for risk of infection with COVID-19 among transplant, waitlist, or renal replacement therapy patients at risk. CI, confidence interval; COVID-19, coronavirus disease-2019; ES, effect size, representing the risk of COVID-19 infection as a percentage; RRT, renal replacement therapy.

recipients affected with COVID-19 appear to have low mortality compared with other organ recipient groups. Mortality was higher in those who were longer posttransplantation, which may be confounded by the fact that COVID-19 mortality risk is higher in older individuals.⁸¹ Most of the early posttransplantation infections were mild, and all patients survived. This was in stark contrast to the cohorts of patients with end-stage liver disease based on 1 study.⁸²

Limited data from pediatric heart and kidney recipients indicated that survival was 100% for children affected with COVID-19 even in the setting of transplantation.^{71,84,96,97}

Rationale

For the kidney group specifically, based on the meta-analysis performed, there does not appear to be a trend toward transplant improving or worsening the risk of COVID-19. Among those with COVID-19, the meta-analysis did not show a difference in mortality or admission to the ICU between individuals undergoing transplantation compared with those on the waitlist/RRT. We acknowledge that there is imprecision around the point estimates and the indirect nature of our comparisons. However, despite the low certainty in the evidence, the panel felt that the overall balance of benefits, however, favored continuing with transplantation, particularly if it could reduce the patient's overall need to access healthcare. For the other organ groups, the panel reached the same conclusions and rationales and favored proceeding with transplantation. This includes pediatric patients, though data were even more limited for this group.

The panel, however, felt that the decision to proceed with transplantation may vary across different transplant programs and across different candidates in need of transplantation. The decision to proceed with transplantation will also be dependent on the local status of the pandemic. Although at the individual patient level we favor proceeding with transplant, this may not be feasible if healthcare

Risk of Mortality

tudy		ES (95% CI)	% Weight
ransplant			
lberici (2020)	↓ <u> </u>	25.00 (11.19, 46.87)	1.51
ava (2020)	<u>+</u> ←	28.09 (19.81, 38.18)	3.84
ascual (2020)		45.83 (27.89, 64.93)	1.73
lavanan (2020)	· •	26.38 (22.60, 30.55)	6.11
rujillo (2020)	↓ <u> </u>	23.08 (11.03, 42.05)	1.84
larke (2021)	<u>+</u>	37.50 (18.48, 61.36)	1.27
raig-Schapiro (2020)		16.25 (9.75, 25.84)	3.65
e Meester (2021)	_ _	13.04 (6.12, 25.67)	2.70
lilbrands (2020)		21.31 (17.09, 26.25)	5.68
ager (2020)	•	18.85 (16.57, 21.38)	6.60
halid (2020)		15.38 (4.33, 42.23)	1.07
lohamed (2021)		32.14 (17.93, 50.66)	1.94
)zturk (2020)		16.98 (9.20, 29.23)	2.93
haunat (2020)	↓ ↓	20.13 (17.13, 23.51)	6.31
ones (2021)		16.67 (9.02, 28.74)	2.97
ubtotal (I^2 = 51.68%, p = 0.01)	•	21.41 (18.54, 24.43)	50.15
/aitlist / RRT			
Iberici (2020)	<u>+</u>	23.81 (10.63, 45.09)	1.57
rslan (2020)	• • • • • • • • • • • • • • • • • • •	0.00 (0.00, 35.43)	0.64
lavanan (2020)	→	10.59 (6.80, 16.12)	4.91
rujillo (2020)		28.00 (14.28, 47.58)	1.79
ilarke (2021)		11.32 (5.29, 22.58)	2.93
raig-Schapiro (2020)	↓ →	33.93 (22.92, 47.00)	3.03
e Meester (2021)	! →	28.07 (22.64, 34.23)	5.33
lilbrands (2020)	+	25.00 (22.07, 28.18)	6.46
ager (2020)	•	20.03 (18.70, 21.43)	6.93
halid (2020)		12.50 (2.24, 47.09)	0.72
Iohamed (2021)		15.62 (6.86, 31.75)	2.13
Dzturk (2020)		36.00 (29.26, 43.34)	4.95
haunat (2020)	→ i	12.55 (9.88, 15.82)	6.12
ones (2021)		16.22 (7.65, 31.14)	2.35
ubtotal (I^2 = 84.70%, p = 0.00)	•	19.94 (15.79, 24.40)	49.85
leterogeneity between groups: p = 0.631			
		20.86 (18.38, 23.46)	100.00

FIGURE 2. Meta-analysis for risk of death among transplant, waitlist, or renal replacement therapy patients diagnosed with COVID-19. CI, confidence interval; COVID-19, coronavirus disease-2019; ES, effect size, representing the risk of COVID-19 infection as a percentage; RRT, renal replacement therapy.

resources are overwhelmed by the pandemic response. Local hospital administration will need to be involved in the allocation of surgical and medical resources and ultimately in the decision as to whether proceeding with transplantation is feasible for the system. To reflect this variability in practice and values and preferences, the strength of the recommendation remains weak. In an effort to optimize transplant outcomes and maintain transplant activity, centers should have a planned COVID-19free pathway, which minimizes the risk of nosocomial COVID-19 infection. This should include pretransplant testing of the recipient, isolation precautions for staff and recipient while in hospital, minimization of laboratory testing postdischarge, and postdischarge virtual care when feasible.

Risk of ICU Admission

tudy		ES (95% CI)	% Weight
ransplant			
lberici (2020)		20.00 (8.07, 41.60)	5.20
ava (2020)	- +	19.10 (12.28, 28.48)	5.92
ascual (2020)		16.67 (6.68, 35.85)	5.34
ereira (2020)		26.09 (15.60, 40.26)	5.70
rujillo (2020)	↓	0.00 (0.00, 12.87)	5.39
raig-Schapiro (2020)	-+←	20.00 (12.70, 30.05)	5.89
ilbrands (2020)	+	6.89 (4.55, 10.30)	6.10
halid (2020)	↓ <u> </u>	30.77 (12.68, 57.63)	4.80
lohamed (2021)		17.86 (7.88, 35.59)	5.44
zturk (2020)	→	32.08 (21.09, 45.48)	5.76
ones (2021)		9.26 (4.02, 19.91)	5.77
ubtotal (I^2 = 79.68%, p = 0.00)	\diamond	15.97 (9.63, 23.43)	61.30
/aitlist / RRT			
rujillo (2020)	↓	0.00 (0.00, 13.32)	5.36
raig-Schapiro (2020)	↓	19.64 (11.34, 31.84)	5.78
ilbrands (2020)	•	1.56 (0.90, 2.71)	6.14
halid (2020)		12.50 (2.24, 47.09)	4.25
lohamed (2021)		21.88 (11.02, 38.75)	5.52
zturk (2020)	_ →	56.57 (49.16, 63.70)	6.04
ones (2021)		27.03 (15.40, 42.98)	5.60
ubtotal (I^2 = 98.18%, p = 0.00)		16.36 (0.54, 43.90)	38.70
eterogeneity between groups: p = 0.964			
overall (1 ² = 95.67%, p = 0.00);		16.34 (7.80, 26.97)	100.00

FIGURE 3. Meta-analysis for risk of ICU admission among transplant, waitlist, or renal replacement therapy patients diagnosed with COVID-19. CI, confidence interval; COVID-19, coronavirus disease-2019; ES, effect size, representing the risk of COVID-19 infection as a percentage; ICU, intensive care unit; RRT, renal replacement therapy.

DISCUSSION

The aforementioned recommendations represent rigorously developed guidance on how to manage key aspects of ODT systems during the COVID-19 pandemic. Although the content of these recommendations is similar to many of the existing national and international ODT organizations, we believe them to be the first created using accepted, transparent methods to link the quality of the available evidence to the strength of the recommendations.²

The early stages of the pandemic were characterized by steep increases in cases and an urgent need to focus the vast majority of resources and attention on clinical care. As such, the overall quality of the existing evidence was both very low and largely indirect. For this reason, the major limitation of these recommendations is the low certainty in evidence and the inability to provide a recommendation for some questions. As studies of the impact of COVID-19 on the ODT system continue to be published, the GRADE framework will allow for updating of these recommendations, as appropriate.

This review identified considerable knowledge gaps as highlighted in Table 3. One area in which literature is particularly limited is pediatric transplant populations. In a report of registry data from the United States, kidney transplant centers reported an incidence rate of COVID-19 of 0.6% among pediatric kidney transplant recipients with no cases of respiratory failure or death.⁹⁶ Similar favorable outcomes for pediatric recipients were reported by others.⁹⁷ When considering the recommendations we put forth, the risks and benefits of various

TABLE 3.

Knowledge gaps and areas of future research in deceased donor screening and recipient treatment and protection

Screening of Patients Who are Potential Deceased Organ Donors

Laboratory tests and time from initial infection required to confirm resolution of COVID-19 to safely consider organ recovery from patient was previously infected with COVID-19.

The impact of vaccination or previous COVID-19 infection in potential recipients on accepting organs from previously COVID-19-infected donors.

Further research into specific radiologic findings either from CT scans or other modalities that may increase both the sensitivity and specificity of COVID-19 diagnosis in ways that are additive to PCR screening.

Further understanding of biologic mechanisms that would either support or refute the possibility of transmission of SARS-CoV-2 from nonpulmonary transplanted organs. Quantifying the variable risk of COVID-19 transmission from different organ transplantation (eg, lungs vs abdominal organs).

Short- and long-term outcomes of recipients who either accidentally or deliberately receive organs from patients with active COVID-19 infections.

Recipient Treatment and Protection

Assessment of reduction vs no reduction to induction and maintenance immunosuppression on COVID-19 and graft-related outcomes.

Data on COVID-19 risk and outcomes in transplant candidates from non-liver, non-kidney organ groups, specifically candidates for lung, heart, and pancreas transplant. In solid organ transplant recipients and organ transplant candidates, knowledge of efficacy and safety of both preexposure prophylaxis in areas of high prevalence or

postexposure prophylaxis after a confirmed exposure.

Efficacy and safety of antiviral and immunomodulatory COVID-19 therapies in SOT recipients.

Data on COVID-19 risk and outcomes in both pediatric organ transplant candidates and pediatric organ transplant recipients.

Efficacy of vaccinations against SARS-CoV-2 in solid organ transplant recipients.

Assessment of vaccine complications such as VITT on quality of organs and appropriateness for donation.

COVID-19, coronavirus disease 2019; CT, computed tomography; PCR, polymerase chain reaction; SARS-CoV-2, severe acute respiratory syndrome coronavirus-2; SOT, solid organ transplant; VITT, vaccine-induced immune thrombotic thrombotic thromboty openia.

interventions, particularly modulation of immunosuppression, will need to take into account the generally more benign clinical manifestations of COVID-19 in the pediatric population. To this end, the Canadian Society of Transplantation Pediatric Group has developed targeted guidance related to COVID-19 in pediatric kidney transplant recipients.⁹⁸

Although the strength of this work is the rigor of the applied methods, its principal weakness is the delay in being able to respond to a rapidly evolving situation. Currently, no international governing body or professional society is recognized as responsible for the development of ODT guidelines. Each national or regional organization is left with the responsibility of defining questions, reviewing the literature, and creating recommendations, often at significant cost in terms of person hours or consultant fees. The result is a substantial duplication of effort with dozens of entities reviewing and summarizing the same collection of references. We partially overcame this challenge by combining both Canadian and British team members. While increasing our efficiency and expertise, this represents a tiny fraction of the global potential to create international guidelines that would respond to aspects of the ODT system. As illustrated in systems such as the International Liaison Committee on Resuscitation, the early stage work that is focused on systematic literature reviews and evidence profile generation can be distributed across partners, followed by adaptation of initial recommendations to local specific contexts.99 International ODT organizations could consider the creation of a similar structure in the future to create timely, trustworthy guidelines that would require fewer resources from individual partners.

CONCLUSION

These rigorously developed recommendations were created to address clinical practice questions facing ODT programs. The challenge of dealing with the COVID-19 pandemic remains. Despite efforts to vaccinate populations as rapidly as possible, as the virus moves from a pandemic to an endemic phase, the clinical scenarios addressed here will be combined with new challenges. All ODT stakeholders must continue their efforts to confront these challenges using the best available evidence, evaluated in a comprehensive manner. Doing so will increase our capacity to protect the extremely vulnerable populations awaiting or having received a transplant from further harm from this unprecedented virus.

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