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An Intraoperative Model for Predicting Survival and Deciding Therapeutic Schedules: A Comprehensive Analysis of Peritoneal Metastasis in Patients With Advanced Gastric Cancer

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Background and Objective: No specialized prognostic model for patients with gastric cancer with peritoneal metastasis (GCPM) exists for intraoperative clinical decision making. This study aims to establish a new prognostic model to provide individual treatment decisions for patients with GCPM.

Method: This retrospective analysis included 324 patients with GCPM diagnosed pathologically by laparoscopy from January 2007 to January 2018 who were randomly assigned to different sets (227 in the training set and 97 in the internal validation set). A nomogram was established from preoperative and intraoperative variables determined by a Cox model. The predictive ability and clinical applicability of the PM nomogram (PMN) were compared with the 15th Japanese Classification of Gastric Carcinoma (JCGC) Staging Guidelines for PM (P1abc). Additional external validation was performed using a dataset (n = 39) from the First Affiliated Hospital of University of Science and Technology of China.

Results: The median survival time was 8 (range, 1–90) months. In the training set, each PMN substage had significantly different survival curves (P < 0.001), and the PMN was superior to the P1abc based on the results of time-dependent receiver operating characteristic curve, C-index, Akaike information criterion and likelihood ratio chi-square analyses. In the internal and external validation sets, the PMN was also better than the P1abc in terms of its predictive ability. Of the PMN1 patients, those undergoing palliative resection had better overall survival (OS) than those undergoing exploratory surgery (P < 0.05). Among the patients undergoing exploratory surgery, those who

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received chemotherapy exhibited better OS than those who did not (P < 0.05). Among the patients who received palliative resection, only PMN1 patients exhibited better OS following chemotherapy (P < 0.05).

Conclusion: We developed and validated a simple, specific PM model for patients with GCPM that can predict prognosis well and guide treatment decisions.

Keywords: gastric cancer, peritoneal metastasis, preoperative blood index, prognosis model, therapy

INTRODUCTION

Gastric cancer (GC) is the fifth most common malignancy worldwide and ranks third in cancer-related mortality (1). Although the popularity of early screening has led to gradual reduction in the incidence and mortality rates of GC over the past few years, the 5-year survival of advanced GC (AGC) patients is only 10-20% (2, 3). That is mainly because of the Peritoneal metastasis (PM). PM is generally regarded as an incurable systemic disease with a poor prognosis. Its presence in patients with AGC accounts for \sim 53-66% of GC patients with distant metastasis (4, 5). Scholars from different countries have committed themselves to improving the diagnosis and treatment of such patients and are actively exploring multimodal approaches, including surgery reserved for palliative or cytoreductive purposes and systemic chemotherapy (6-8). A variety of models for the prognosis of GC patients (9, 10) have been established in recent years. However, most of these studies were aimed at early GC or AGC patients without distant metastases. Scholars worldwide have also proposed and developed many staging systems for assessing the prognosis of patients with GC with PM (GCPM) in line with the constantly revised and updated PM grade proposed by the Japanese Classification of Gastric Carcinoma (JCGC) (11); among them the Gilly Stage, the PCI and the P1abc (12-14). Gilly stage combines the maximum nodule diameter, nodule position and morphology. But it indicates not only GC but also other digestive tract cancer. And its definitions for the position of nodule were full of subjectivity. The internationally acknowledged PCI takes into consideration the distribution range and size of peritoneal nodules. It was correlated with the prognosis of GCPM patients to some extent. But it only considers the factors of peritoneal nodule and is not able to complete the comprehensive evaluation. As a simple and special staging, P1abc shows an impressing discriminatory ability but it fails to consider the size of the transferred nodules, which was an important factor for peritoneal nodules. As we can find, a model that can effectively predict the prognosis of patients with GCPM is still lacking.

Despite a few advancements in the preoperative diagnosis and early confirmation of GCPM (15-17), effective prediction has not yet been achieved. Currently, staging laparoscopy and pathological biopsy are still the gold standard for diagnosing peritoneal seeding (18, 19). However, due to individual differences in the degree of transfer, surgeons are still looking for possible methods of choosing and planning appropriate treatment according to various observations of the abdomen during surgery. Since Virchow (20) first discovered the relationship between inflammation and carcinoma, an increasing number of studies have indicated that preoperative blood inflammatory markers are closely related to the survival of cancer patients, and preoperative hematological indexes are also widely used to predict GC patient outcomes (21-25). Because the features of peritoneal lesions alone show poor predictive performance, it is hypothesized that preoperative hematologic indexes can supplement evidence-based medicine to predict the prognosis of GCPM. Therefore, our study combined preoperative imaging, hematological indexes and intraoperative peritoneal nodule characteristics to build an intraoperative model for GCPM that can also suggest appropriate treatment options.

MATERIALS AND METHODS

Study Design and Patients

This retrospective study from the Fujian Medical University Union Hospital (FMUUH) Department of Gastric Surgery included 381 consecutive patients with GCPM confirmed through biopsy between January 2007 and January 2018. The inclusion criteria were as follows: (1) histopathological confirmation of GCPM and (2) diagnostic laparoscopy at our department. The exclusion criteria were as follows: (1) PM accompanied simultaneously by other distant metastases, such as liver, bone or brain metastasis; (2) death caused by severe postoperative complications 30 days after surgery; (3) remnant GC; (4) imaging evidence confirming the existence of PM but no peritoneal nodules identified during surgery (P1x); (5) preoperative chemotherapy; and (6) missing survival data. Finally, 324 cases were analyzed (Supplementary Figure 1). The studies involving human participants were reviewed and approved by the Ethics Committee of FMUUH. Written informed consent from the patients was not required for participation in this study in accordance with the national legislation and the institutional requirements.

Data Collection

The clinical and pathological data of the patients were obtained from a large-scale prospective database. Routine blood tests were

Abbreviations: GCPM, gastric cancer with peritoneal metastasis; JCGC, Japanese Classification of Gastric Carcinoma; OS, overall survival; GC, gastric cancer; PCI, peritoneal Cancer Index; PM, peritoneal metastasis; LN, lymph node; ASA, American Society of Anesthesiologists; PMN, peritoneal metastasis nomogram. P1abc, 15th Japanese Classification of Gastric Carcinoma Staging Guidelines for Peritoneal Metastasis. PNI, prognostic nutritional index. ES, exploratory surgery; PR, palliative resection; PRC, palliative resection and chemotherapy. ROC, receiver operating characteristic; NLR, neutrophil-to-lymphocyte ratio; PLR, platelet-to-lymphocyte ratio.

performed within 1 week before surgery. Preoperative imaging studies with contrast were routinely performed following endoscopic and upper gastrointestinal examinations to confirm the tumor location and included chest radiography, computed tomography (CT), ultrasonography of the abdomen, bone scans and positron emission tomography-computed tomography (PET-CT), as required to evaluate the clinical stage. We used the 7th edition of the Union for International Cancer Control classification system to assess the clinical and pathological stage. We evaluated whether patients had occult PM through the preoperative CT images. The definition of occult PM was as follows: nodule lesion that was first diagnosed as negative by CT but later confirmed by laparoscopy (26). The amount of ascites was evaluated by preoperative CT as small and within the pelvic cavity or moderate and beyond the pelvic cavity (27). The distribution of PM nodules was classified according to the video database and electronic surgical records. Referring to the literature (12), 5 and 20 mm were selected as the cutoff values for the maximum nodule diameter. Non-wall nodules were defined as peritoneal nodules confined only to non-abdominal wall locations, such as the stomach, greater omentum, and lesser omentum. A wall nodule was defined as a nodule distributed in the abdominal wall. Nodule morphology included local and diffuse types. The former was defined as each peritoneal nodule isolated from each other and was not connected together, while the latter was defined as densely distributed nodules that were connected into a mass or covered the surface of the abdominal wall (Supplementary Figure 2). Nodule distribution sites consisted of the visceral peritoneum (stomach, greater omentum, lesser omentum, anterior lobe of the transverse colonic membrane, or membrane of the pancreatic surface or spleen, etc.), upper abdominal peritoneum and middle and lower abdominal peritoneum. Based on the number of involved areas, the number of nodule distribution sites ranged from 1 to 3. Overall survival (OS) was defined as the time from surgery until the last follow-up or death. The following treatments were included in this study: (1) exploratory surgery (ES); (2) palliative resection (PR); (3) chemotherapy including systemic chemotherapy or systemic chemotherapy combined with intraperitoneal chemoperfusion; and (4) palliative resection and chemotherapy (PRC). The followup deadline was April 2019.

The present study selected the neutrophil-to-lymphocyte ratio (NLR), the platelet-to-lymphocyte ratio (PLR), the prognostic nutritional index (PNI), and carbohydrate antigen 19-9 (CA19-9) for the analysis. The NLR was defined as the absolute neutrophil count divided by the absolute lymphocyte count. The PLR was defined as the absolute platelet count divided by the absolute lymphocyte count. The PNI was calculated as 10 *serum albumin (g/dL) + 0.005 * total lymphocyte count (per mm³).

Peritoneal Metastasis Staging

The 15th JCGC Staging Guidelines for PM (Plabc) are as follows (14, 28): Pla refers to confirmed tumors confined to the stomach, greater omentum, lesser omentum, anterior lobe of the transverse colonic membrane, or membrane of the pancreatic surface or spleen. Plb refers to confirmed tumors that have

spread to the peritoneum of the upper abdomen, namely, the parietal peritoneum close to the umbilical side and the visceral peritoneum close to the cranial transverse colon. P1c refers to a diagnosis with tumor migration to the middle and lower abdominal peritoneum. P1x refers to confirmed PM with an unclear distribution.

Statistical Analysis

All patients were randomly assigned to the training set (70%) or the internal validation set (30%). Using X-tile software, the optimal cutoff values of the NLR, PLR and PNI were 2, 119, and 40, respectively. Continuous variables were analyzed using Student's t-tests or Mann-Whitney U tests, and categorical variables were analyzed using the χ^2 test or Fisher's exact test. The survival rate was calculated using the Kaplan-Meier method, and the survival rates were compared using the logrank test. The preoperative and intraoperative variables in the PM nomogram (PMN) were selected from the Cox regression models. Each variable in the nomogram has a corresponding weighted score, and the sum of the weighted scores was associated with OS. Based on the sum of the weighted scores, the patients were grouped into three categories: PMN1: PMN score \leq 21; PMN2: 21< PMN score \leq 30.25; and PMN3: PMN score > 30.25. Decision curves were applied to assess the clinical suitability of the nomogram. Harrell's C-index was used to measure the discriminatory ability of different prognostic systems (29, 30). The likelihood ratio chi-square was calculated with Cox regression to measure homogeneity; a higher likelihood ratio chi-square score indicates better homogeneity (31). We used the Akaike information criterion (AIC) within the Cox regression model to compare the performance of the 2 prognostic systems; smaller AIC values represent better optimistic prognostic stratification (32). We calculated the relative likelihood of two models using the following formula: exp {[AIC (model A) -AIC (model B)]/2}. The relative likelihood represents the probability that model A minimizes information as effectively as model B and could thus be interpreted as a Pvalue for the comparison of both AIC values (33). The Bayesian Information Criterion (BIC) was used to assess the overall prognostic performance of different prognostic systems via bootstrap-resampling analysis (34). Stepwise backward variable removal was applied to the multivariate model to identify the most accurate and parsimonious set of predictors (35). A P < 0.05 was statistically significant. External validation was performed using a validation cohort from the First Affiliated Hospital of University of Science and Technology of China (external validation set; n = 39; 2014–2018), which satisfied the aforementioned inclusion criteria.

All data were processed using SPSS 20.0 (SPSS Inc. Chicago, IL) and R software (version 3.5.0).

RESULTS

Demographic and Clinicopathological Data

 Table 1 shows the clinical and pathological data of the 227
 patients in the training set and the 97 patients in the internal validation set. Age, sex, occult PM, cT stage, cN stage, tumor

TABLE 1 | Clinicopathologic characteristics of the patients.

Category	All patients	%	Training set	%	Internal validation set	%	P-value
	(n = 324)		(n = 227)		(n = 97)		
Age (years)							0.654
≤65	218	67.3	151	66.5	67	69.1	
>65	106	32.7	76	33.5	30	30.9	
Sex							0.254
Female	212	65.4	153	67.4	59	60.8	
Male	112	34.6	74	32.6	38	39.2	
Occult periton	eal metasta	sis					0.308
No	163	50.3	110	48.5	53	54.6	
Yes	161	49.7	117	51.5	44	45.4	
сТ							0.123
cT2-3	43	13.3	30	13.2	13	13.4	
cT4	256	79.0	175	77.1	81	83.5	
сТх	25	7.7	22	9.7	3	3.1	
cN							0.292
cNx	41	12.7	32	14.1	9	9.3	
cN0	55	17.0	41	18.1	14	14.4	
cN+	228	70.4	154	67.8	74	76.3	
Tumor location	n						0.936
Upper	36	11.1	24.0	10.6	12.0	12.4	
Middle	97	29.9	70.0	30.8	27.0	27.8	
Lower	142	43.8	99.0	43.6	43.0	44.3	
Overlap	49	15.1	34.0	15.0	15.0	15.5	
Type of surger	ry						0.167
Exploratory	237	73.1	161	70.9	76	78.4	
surgery							
Palliative	87	26.9	66	29.1	21	21.6	
Resection							0.040
Amount of asc	105	<u></u>	00.0	<u> </u>	07.0	00.1	0.943
None	125	38.6	50.0	38.8	37.0	38.1	
Small	100	22.5	0Z.0	22.9	21.0	21.0	
	120	30.9	07.0	30.3	39.0	40.2	0.625
Nodule maxim		20 G	69.0	20.0	20 0	<u> </u>	0.635
<011111 5.00mm	169	29.0	100.0	50.0	20.0	20.9	
5–20mm	60	10 5	20.0	17.0	40.0	49.0	
>20mm		10.0	39.0	17.2	21.0	21.0	0.512
	176	512	126.0	55 5	50.0	51 F	0.012
Diffuso	1/9	45.7	101.0	44.5	47.0	19.5	
Nodulo positio	140	40.7	101.0	44.0	47.0	40.0	0 300
Non well	20 20	25.2	61.0	26.0	21.0	21.6	0.322
Wall	242	20.0	166.0	20.9	76.0	78.4	
Number of por	dule dietribu	ition 4		10.1	10.0	, 0.4	0 180
1	200	61 7	140.0	61 7	60.0	61 0	0.100
2	82	25.3	62.0	27.3	20.0	20.6	
2	10	120	25.0	11 0	17.0	17 5	
Chemotheran	42 V	13.0	20.0	11.0	17.0	17.0	0 172
No	145	<u>44 8</u>	96	12 2	40	50 F	0.170
Vac	170	55.0	101	57.7	40	10.J	
162	119	JJ.Z	101	51.1	40	49.0	

(Continued)

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Category	All patients	%	Training set	%	Internal validation set	%	P-value
	(<i>n</i> = 324)		(n = 227)		(n = 97)		
P1abc							0.446
P1a	82	25.3	61	26.9	21	21.6	
P1b	112	34.6	74	32.6	38	39.2	
P1c	130	40.1	92	40.5	38	39.2	
SII							0.425
≤352	33	10.2	21	9.3	12	12.4	
>352	291	89.8	206	90.7	85	87.6	
NLR							0.390
≤2	132	40.7	89	39.2	43	44.3	
>2	192	59.3	138	60.8	54	55.7	
PLR							0.911
≤119	49	15.1	34	15.0	15	15.5	
>119	275	84.9	193	85.0	82	84.5	
PNI							0.084
≤40	88	27.2	68	30.0	20	20.6	
>40	236	72.8	159	70.0	77	79.4	
AGR							0.316
≤7	207	63.9	149	65.6	58	59.8	
>7	117	36.1	78	34.4	39	40.2	
CA19-9, U/ml							0.285
≤37	227	70.1	155	68.3	72	74.2	
>37	97	29.9	72	31.7	25	25.8	
Median surviv	al, months			8(1	-90)		

SD, standard deviation; ASA, American Society of Anesthesiologists; LN, Lymph node; NLR, Neutrophil-to-lymphocyte ratio; PLR, Platelet-to-lymphocyte ratio; PNI, Prognostic nutritional index; Evaluated by computed tomography: small, within the pelvic cavity; moderate, beyond the pelvic cavity.

location, type of surgery, amount of ascites, nodule maximum diameter, nodule morphology, nodule position, number of nodule distribution sites, chemotherapy, P1abc, NLR, PLR, PNI, and CA19-9 were not significantly different between the training set and internal validation set. The median survival time was 8 months (range, 1–90 months). **Supplementary Table 1** shows the clinical and pathological data of 39 patients in the external validation set.

Prognostic Analysis

Table 2 shows the results of the Cox analysis of the training set. Univariate analysis showed that occult PM, cT stage, ascites, nodule maximum diameter, nodule morphology, nodule position, number of nodule distribution sites, P1abc, NLR, PLR, PNI, cancer antigen 125 (CA-125) and CA19-9 were significant factors for OS (all *P* < 0.05). Further multivariate analysis showed that no occult PM, nodule maximum diameter \geq 5 mm, diffuse type, wall nodules, number of nodule distribution sites > 2, high PNI and high CA19-9 levels were independent risk factors for GCPM (*P* < 0.05). **Supplementary Table 2** shows the Cox

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2

З

<352

>352

SII

TABLE 2 Cox regression analysis of the training set of patients with GCPM by	
preoperative and intraoperative variables.	

TABLE 2 | Continued

Variable	Training set ($n = 227$)						
	Univariate Model		Reduced Multivariate Model				
	Hazard ratio (95%Cl)	Hazard ratioPHazard ratio(95%Cl)(95%Cl)		Р			
NLR							
≤2	Ref						
>2	1.492 (1.129–1.972)	0.005					
PLR							
≤119	Ref						
>119	1.603 (1.093–2.352)	0.016					
PNI							
≤40	Ref		Ref				
>40	0.665 (0.494–0.895)	0.007	0.596 (0.437–0.813)	0.001			
AGR							
≤7	Ref						
>7	0.920 (0.691–1.225)	0.568					
CEA, ng/n	nl						
<5	Ref						
≥5	1.317 (0.977–1.775)	0.071					
CA-125, U	l/ml						
<35	Ref						
≥35	1.445 (1.091–1.914)	0.010					
CA19-9, U	l/ml						
≤37	Ref		Ref				
>37	1.341 (1.004–1.791)	0.047	1.626(1.205-2.195)	0.001			

*A significant collinear relationship between the P1abc and nodule position. NLR, Neutrophil-to-lymphocyte ratio; PLR, Platelet-to-lymphocyte ratio; PNI, Prognostic nutritional index; Evaluated by computed tomography: small, within the pelvic cavity; moderate, beyond the pelvic cavity. The bold values are p < 0.05 statistically significant.

analysis of P1abc for the training set and confirms that the P1abc was an independent risk factor for GCPM (P < 0.001).

Establishing the PMN

We constructed the nomogram model according to the selected variables with a multivariate Cox analysis model in which each patient's total weighted score was calculated, and the corresponding PMN was obtained (Figure 1A). Figures 1B,C show the 1- and 2-year survival calibration curves of the training set, respectively. The decision curves in Figure 1D shows that the predictive threshold of the PMN was higher than that of the Plabc. In addition, a time-dependent receiver operating characteristic (ROC) curve was used to calculate the area under the curve (AUC) of the PMN and P1abc at different time points, and the AUC value of the PMN at each time point was higher than that of the Plabc (Figure 1E). b shows the 1- and 2-year survival calibration curves of the internal validation and external validation sets.

In the training set, the survival curve showed that each PMN subgrade could be completely distinguished from the

Variable	Training set $(n = 227)$						
-	Univariate Model		Reduced Multivariate Mo	odel			
	Hazard ratio (95%Cl)	Р	Hazard ratio (95%CI)	Р			
Age (years)							
≤65	Ref						
>65	1.219 (0.915–1.625)	0.175					
Sex							
Female	Ref						
Male	1.030 (0.770–1.370)	0.862					
Occult perito	oneal metastasis						
No	Ref		Ref				
Yes	0.708 (0.540–0.927)	0.012	0.673 (0.503–0.903)	0.008			
сТ		0.023					
cT2-3	Ref						
cT4a	0.728 (0.481–1.101)	0.132					
cT4b	1.018 (0.660–1.568)	0.937					
сТх	1.398 (0.806–2.426)	0.234					
cN		0.223					
cN0	Ref						
cN+	1.298 (0.911–1.850)	0.149					
cNx	1.498 (0.918–2.444)	0.106					
Tumor location	on	0.226					
Upper	Ref						
Middle	1.340 (0.831–2.159)	0.230					
Lower	1.524 (0.962–2.412)	0.072					
Overlap	1.127 (0.649–1.956)	0.671					
Amount of as	scites	0.004					
None	Ref						
Small	1.091 (0.760–1.565)	0.637					
Moderate	1.649 (1.213–2.240)	0.001					
Nodule maxin	mum diameter	<0.001		0.013			
<5 mm	Ref		Ref				
5–20 mm	1.930 (1.409–2.643)	<0.001	1.663 (1.172–2.359)	0.004			
>20 mm	2.615 (1.738–3.934)	<0.001	1.633 (1.039–2.566)	0.034			
Nodule morp	hology						
Local	Ref		Ref				
Diffuse	1.820 (1.380–2.390)	<0.001	1.369 (1.005–1.865)	0.046			
Nodule posit	ion						
Non-wall	Ref		Ref				
Wall	2.566 (1.865–3.53)	<0.001	2.173 (1.509–3.131)	<0.001			
Number of no	odule distribution site	0.030		0.007			

Ref

1.388 (1.02-1.889)

1.403 (0.906-2.174)

Ref

1.564 (0.982-2.492)

0.008

0.020

(Continued)

Ref

0.037 1.557 (1.122-2.161)

0.129 1.706 (1.087-2.679)

0.059



FIGURE 1 | Development and performance of the nomogram. (A) Nomogram based on nodule signatures and clinical factors. (B,C): 1-year calibration curves (B) and 2-year calibration curves (C) of the nomogram in the training cohort and validation cohorts. (D) Decision curve between the PMN and the P1abc. (E) Time-dependent ROC curve between the PMN and the P1abc.

others. PMN1 patients had significantly better OS than PMN2 and PMN3 patients, and the OS of PMN2 patients was also significantly better than that of PMN3 patients (all P < 0.05).

The survival curve of the Plabc showed that Pla patients had significantly better OS than Plb and Plc patients, and the OS of Plb patients was also significantly better than that of Plc



patients (all P < 0.05). In both the internal validation and external validation sets, the subgroup survival analysis of PMN shows that the adjacent subgrades were well distinguished from one another. The OS of PMN1 patients was superior to that of both PMN2 and PMN3 patients (P < 0.05), and PMN2 patients had a significantly better OS than PMN3 patients. Among the P1abc, the OS of P1a patients was better than that of P1b and P1c patients, but the OS of P1b patients was close to that of P1c patients (all P > 0.05) (**Figure 2**). The results of the univariate and multivariate Cox analyses of each substage within the PMN are shown in **Supplementary Table 3**.

Predictive Performance Comparisons

The PMN was superior to the P1abc in terms of the C-index (training set: PMN vs. P1abc = 0.747 vs. 0.671, P < 0.001; internal validation set: PMN vs. P1abc = 0.731 vs. 0.649, P = 0.007; external validation set: PMN vs. P1abc = 0.801 vs. 0.661, P = 0.032). The AIC analysis showed that the PMN had a better goodness of fit than the P1abc (training set: PMN vs. P1abc =

1853.4 vs. 1906.6, relative likelihood <0.001; internal validation set: PMN vs. P1abc = 658.31 vs. 668.95, relative likelihood = 0.004; external validation set: PMN vs. P1abc = 187.12 vs. 206.10, relative likelihood < 0.001). The BIC analysis showed that the PMN had a better goodness of fit than the P1abc (training set: PMN vs. P1abc = 1880.8 vs. 1889.9; internal validation set: PMN vs. P1abc = 671.5 vs. 684.6; external validation set: PMN vs. P1abc = 200.4 vs. 201.1). Moreover, the PMN had better performance based on the likelihood ratio chi-square (likelihood ratio chi-square, training set: PMN = 110.93, P1abc = 40.906; internal validation set: PMN = 24.742, P1abc = 20.481; external validation set: PMN = 15.908, P1abc = 9.386) (**Table 3**).

Treatment Options Based on the PMN

Figure 3 shows the OS of patients with GCPM receiving different treatments. Patients with GCPM who received palliative resection and chemotherapy had a significantly better OS than those who received chemotherapy, palliative resection and exploratory surgery (all P < 0.05). No significant differences in

TABLE 3 | Comparison of the prognostic performance of different models.

	Training set ($n = 227$)		Internal-validation set ($n = 97$)		External-validation set ($n = 39$)	
	PMN	P1abc	PMN	P1abc	PMN	P1abc
Harrell's C index*	0.747 (0.711–0.782)	0.671 (0.633–0.708)	0.731 (0.672–0.792)	0.649 (0.584–0.714)	0.801 (0.733–0.869)	0.661 (0.544–0.769)
P-value**	-	< 0.001	-	0.007	-	0.032
AIC [†]	1853.4	1906.6	658.31	668.95	187.12	206.10
BIC [†]	1880.8	1889.9	671.5	684.6	200.4	201.1
Relative likelihood ^{††}	-	< 0.001	-	0.004	-	<0.001
Likelihood ratio chi-square‡	110.93	40.906	24.742	20.481	15.908	9.386

AIC, Akaike information criterion.

*A higher Harrell's C index indicates higher discriminative ability.

**P-value of Harrell's C index (compare with the PMN grade).

[†] Smaller AIC and BIC values indicate better optimistic prognostic stratification.

^{††}The relative likelihood could be interpreted as a p-value for the comparison of both AIC values (compared with the PMN grade).

‡ A higher likelihood ratio chi-square score indicates better homogeneity.

OS were found between patients who received chemotherapy and those who received palliative resection (P = 0.519), but the OS of both of those patients was superior to the OS of patients who underwent exploratory surgery.

A stratified analysis of the surgical type showed that among the PMN1 patients, those who underwent palliative resection had a significantly better OS than those who underwent exploratory surgery (P = 0.016), while among PMN2 and PMN3 patients, the OS of patients who underwent palliative resection was similar to that of patients who underwent exploratory surgery (all P> 0.05). A further analysis of chemotherapy sensitivity showed that among PMN1, PMN2, and PMN3 patients undergoing exploratory surgery, chemotherapy could significantly improve the OS of these patients. However, only the OS of PMN1 patients was improved after chemotherapy among patients undergoing palliative resection (P = 0.031), and the OS of PMN2 and PMN3 patients who received chemotherapy was not significantly different from that of patients who did not (P > 0.05) (**Figure 4**).

DISCUSSION

Due to the high degree of malignancy, PM was considered to have prognostic characteristics different from non-metastatic GC. Therefore, accurate risk stratification for GCPM is very important not only for patients but also for clinicians. Based on the representative results of a translational study called PHOENIX (36), the 15th Japan Gastric Cancer Association (JGCA) guidelines published in 2017 revised the grading of PM. However, few studies have reported its ability to predict prognosis (14). Our study is here to fill in the gap by conducting the first comprehensive study to apply preoperative CT findings, the PNI and special nodule characteristics to explore the prognosis of GCPM. Our study found that indicators like preoperative imaging and nutritional indicators, the PNI, and CA19-9 are highly valuable and easily obtainable, and thus can provide helpful preoperative information for clinical surgeons to make individual prognostic assessments. We found that the maximum nodule diameter, nodule morphology, nodule position and number of nodule distribution sites were independent risk



factors for OS, and that a lower PNI was associated with poor prognosis in GCPM. The significance of the PNI as a prognostic predictor has been revealed in various types of human cancers (37). Therefore, we believe that the systemic nutritional and immune status might be closely related to the prognosis of GCPM, indicating that prognostic assessments should be combined with basic immunology for the diagnosis of and therapeutic planning for GCPM. Based on these findings, our model, the peritoneal specificity model (PMN), combined



preoperative imaging and nutritional indicators, the PNI, and CA19-9 with the conventional characteristics of peritoneal nodules, including size, morphology, range of spread and number of distribution sites. Our results confirm the value of these indicators, as is shown in detail in the following paragraphs. As CT is widely available in most medical centers because it is minimally invasive and relatively inexpensive, the indicators of the PNI and CA19-9, as part of routine clinical tests, can be easily obtained preoperatively for predicting the prognosis of GCPM. This means that our PMN is also highly applicable.

In previous studies (14), we have confirmed that P1abc was a relatively simple and effective assessment methods. However, compared to Gilly staging and the PCI, P1abc did not consider the size of the transferred nodules. In the subsequent analysis, P1abc staging fails to accurately recognize which type of patients can get chemotherapy benefit. In this study, we further improve staging by considering the morphology and size of peritoneal nodules and the preoperative CT and laboratory markers, thereby establishing an improved intraoperative model for predicting survival and deciding therapeutic schedules. PMN model not only can accurately classify the GCPM patient into different risk stratification, but can also, particularly for the therapy in urgent need, provide comprehensive plans of survival benefit for clinicians based on a large sample of cases.

Compared with the P1abc, whether the training set or internal and external validation sets was evaluated or not, the PMN had completely different survival curves. In addition, the PMN had better performance in terms of the C-index, prediction homogeneity, prediction accuracy and stability of the model than the P1abc. The calibration curve also showed that the PMN has good predictive accuracy. In addition, the decision curve analysis showed that the PMN can achieve better net benefits and had more clinical applicability than the P1abc. Therefore, in our opinion, the PMN can improve prognostic stratification for patients with GCPM and thus is more suitable for patients with GCPM than the P1abc.

The treatment of GCPM and intraoperative decision making are matters of great concern for clinical surgeons. A standard treatment for GCPM is, however, still in want. Although the REGATTA (5) study in 2016 noted that AGC patients did not experience survival benefits from gastrectomy with D1 lymph node dissection, that study was not designed for patients with GCPM alone but designed for AGC patients with a single incurable factor. Therefore, to date, no prospective study has been published to provide a therapeutic reference for GCPM. Our results show that the OS of PMN1 patients can significantly benefit from palliative resection and chemotherapy, while chemotherapy can improve the OS of PMN2 and PMN3 patients. PMN1 patients are in a relatively early stage of the disease with a lesser degree of distant metastasis. Thus, palliative resection might improve the OS of such patients. Palliative resection can remove visible tumor and reduce the potentially immunosuppressive tumor burden, eliminate the source of transfer, and improve the symptoms caused by gastric injury. Hoon et al. found that it is desirable for patients with GCPM with a low level of PM to undergo surgical resection of the primary tumors and metastatic lesions (38). Lee et al. (39) also confirmed that the survival of AGC patients with distant metastasis can benefit from gastrectomy due to a reduction in tumor burden. Furthermore, additional postoperative chemotherapy can kill free tumor cells in vivo as well as micrometastases. But the resection may not be the best choice for PMN2 and PMN3 patients. Because of the wide range of lesion spread in PMN2 and PMN3 patients, the invasiveness of the surgery itself and the poor condition of these patients, palliative or cytoreductive surgery can be a huge shock to the patients' bodies if the resection is incomplete. In such cases, surgery may even stimulate and increase the tumor burden. For surgeons who prefer an aggressive surgical strategy, we recommend avoiding unnecessary additional surgical interventions for PMN2 or PMN3 patients. Considering that open surgery leads to a high degree of trauma, we chose chemotherapy as a good alternative, a minimally invasive treatment compared with surgery, in an attempt to not only eradicate free tumor cells and micrometastases but also to reduce malignant ascites to the greatest extent possible.

Besides, compared with other nomograms from previous studies, the nomogram proposed by our study is more effective

and applicable. In 2019, Dong et al. (40) published a study that included a total of 554 patients with AGC from different four centers. Patients' radiomics signatures (phenotypes of the primary tumor and peritoneal region) and Lauren types were applied for the construction of a nomogram. The nomogram, which consisted of radiomics signatures and clinical tumor factors, was built for predicting occult PM, and its AUC values in one training, one internal validation, and two external validation cohorts were all more than 0.920. However, the practical value is limited. The model was too complex, and required analysis of the corresponding CT images, making the nomogram too difficult to promote. Subsequently, they did not rely on the strong identification ability of the model to classify the patients and further analyzed the survival benefits and selection of treatment. Compared with other nomograms from previous studies (40, 41), our study combined preoperative clinical factors and intraoperative peritoneal nodule characteristics to build a nomogram that can classify the patients and suggest appropriate treatment options through analyzing the large sample. This nomogram can provide a reference for clinical decision making about appropriate treatment strategies for patients with GCPM. At the same time, this nomogram included the latest Plabc; thus, it is an effective supplement to previous studies.

We also developed and validated a predictive model based on parameters easily obtained preoperatively or intraoperatively in this study. This model can specifically predict the prognosis of GCPM and guide treatment decisions during surgery, and its accuracy, prediction and discrimination are superior to those of the Plabc. However, this study also has some limitations. First, because chemotherapy may change the features of the PM nodules, this study excluded patients who received chemotherapy before surgery; however, some scholars are still interested and concerned about this population. Second, some studies (27, 42) have suggested that there is no evidence to show the superiority of intraperitoneal chemotherapy over other forms of chemotherapy in terms of improving the prognosis of GCPM. Therefore, the chemotherapy regimen at our center mainly consists of systemic chemotherapy and supplementary intraabdominal chemotherapy. However, additional multicenter data are needed to further explore whether this model is conducive to selecting proper patients for intra-abdominal chemotherapy. Finally, the main chemotherapy regimen for GCPM in this study comprised "5-fluoro" drugs. However, due to certain inherent biases of retrospective studies, Our conclusions may not be as authoritative as those of prospective studies, and thus could only serve as a reference for clinical decisions. Prospective studies should be given further attention and reported. We look forward to further validating the PMN model established in this study through a large sample with multicenter data in the future. In future work, patients should be stratified further to confirm the benefits of different chemotherapy regimens.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by the Ethics Committee of FMUUH. Written informed consent from the patients was not required to participate in this study in accordance with the national legislation and the institutional requirements.

AUTHOR CONTRIBUTIONS

Q-YC, Z-YL, C-MH, and J-WX contributed conception and design of the study. Q-YC, Z-YL, WJ, Y-JZ, and C-HZ organized the database. Z-YL, QZ, C-MH, and J-WX performed the statistical analysis. Q-YC, Z-YL, and QZ wrote the first draft of the manuscript. PL, J-BW, J-XL, JL, L-LC, ML, R-HT, Z-NH, J-LL, H-LZ, and S-JQ wrote sections of the manuscript. All authors contributed to manuscript revision, read, and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fonc. 2020.550526/full#supplementary-material

Supplementary Figure 1 | Study cohort.

Supplementary Figure 2 | Images of diffuse and local type metastasis, **(A)** local type; **(B)** diffuse type.

Supplementary Figure 3 | 1- and 2-year survival calibration curves of the internal validation set and external validation set.

Supplementary Table 1 | Clinicopathologic description of the external validation set. SD, standard deviation; ASA, American Society of Anesthesiologists; LN, Lymph node; PNI, Prognostic nutritional index.

Supplementary Table 2 | Cox regression analysis for training set of GCPM. NLR, Neutrophil-to-lymphocyte ratio; PLR, Platelet-to-lymphocyte ratio; PNI, Prognostic nutritional index; AGR, Albumin to globulin ratio; Evaluated by computed tomography: small, within the pelvic cavity; moderate, beyond the pelvic cavity.

Supplementary Table 3 | Cox regression analysis for each substage within the PMN. NLR, Neutrophil-to-lymphocyte ratio; PLR, Platelet-to-lymphocyte ratio.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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