## **REVIEW ARTICLE**



Design Strategies, Chemistry and Therapeutic Insights of Multi-target Directed Ligands as Antidepressant Agents



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**Abstract:** Depression is one of the major disorders of the central nervous system worldwide and causes disability and functional impairment. According to the World Health Organization, around 265 million people worldwide are affected by depression. Currently marketed antidepressant drugs take weeks or even months to show anticipated clinical efficacy but remain ineffective in treating suicidal thoughts and cognitive impairment. Due to the multifactorial complexity of the disease, single-target drugs do not always produce satisfactory results and lack the desired level of therapeutic efficacy. Recent literature reports have revealed improved therapeutic potential of multi-target directed ligands due to their synergistic potency and better safety. Medicinal chemists have gone to great extents to design multi-target ligands by generating structural hybrids of different key pharmacophores with improved binding affinities and potency towards different receptors or enzymes. This article has compiled the design strategies of recently published multi-target directed ligands as antidepressant agents. Their biological evaluation, structural-activity relationships, mechanistic and *in silico* studies have also been described. This article will prove to be highly useful for the researchers to design and develop multi-target ligands as antidepressants with high potency and therapeutic efficacy.

Keywords: CNS disorders, depression, antidepressants, multi-target directed ligands, structure-activity relationship, inhibitor.

## **1. INTRODUCTION**

Depression is at the forefront of the major CNS disorders affecting more than 264 million people worldwide [1]. The rate of depression is more prevalent in the Middle East. South Asia, North Africa and America compared to the other countries [2]. It is one of the leading causes of decreased productivity, disability, and dependent care. It is recognised as a chronic and recurrent affective disorder with multiple etiology, and its symptoms include stress, low emotion, poor social skills, decreased energy, and cognitive impairment [3-5]. MDD (Major Depression Disorder) is one of the key risk factors for suicide, the tenth leading cause of death worldwide, and linked to various co-morbidities, such as heart disease, diabetes, stroke, and cancer [3, 6]. It is ubiquitous in all regions of the world while the prevalence of this disorder varies in accordance with the geographic location and country. It is especially common in patients with other health problems, and these patients are at a much higher risk for developing depression than the general population [7, 8]. Comorbid depression has pronounced clinical effects, like depression and chronic illness, having additive or even synergistic negative effects on the general health [9, 10]. The

Center for Disease Control and Prevention (CDC) estimated that about 8.1% of American adults aged 20 and over were suffering from depression in 2013-2016. It was notable that women (10.4%) were almost twice as likely to be depressed than men (5.5%) [11]. The trend of prevalence of depression did not differ much between age groups [12, 13], and it was found to be lower in non-Hispanic Asian adults (3.1%) than the Hispanic-origin (8.2%) population. There was an interesting observation that the occurrence of depression in adults decreased as the level of family income increased. Adults who were above the federal poverty line (FPL) exhibited a depression rate of 3.5%, while the adults lying below the FPL were found to have a 15.8% depression rate [11].

Despite medical advances and effective mental health treatments, about 76-85% of the population in middle and low-income countries is not well treated either due to lack of adequate skilled health care or resources, and ignorance of the patient and the general public [14]. One of the main symptoms associated with depression is anhedonia which refers to a loss of interest or pleasure in certain activities that people generally enjoy [15-17]. Various types of depressions cause a variety of symptoms, among which some affect your mood and some affect your body [11, 18]. Symptoms can also be continuous or may come and go. Harsh conditions in childhood, such as grief, neglect, mental abuse, physical abuse, sexual abuse, or unequal parental treatment of siblings, can lead to depression in adulthood [19, 20]. In

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Fig. (1). Antidepressant drugs in clinical use.

particular, physical or sexual abuse in childhood correlates significantly with the likelihood of suffering from depression during the victim's lifetime [21, 22]. Conditions, such as bullying, natural disaster, rape, jealousy, loss of loved one, separation, relationship troubles, medical diagnosis (HIV, cancer, etc.), unemployment, stress (due to work, family, education, living conditions), childbirth, menopause, etc., also lead to depression [23-25]. The age of the adolescent is also prone to mood swings [26, 27]. Depression can be diagnosed based on the symptoms and psychological parameters, such as moods, appetite, sleep pattern, activity level, and thoughts [28-31]. The lack of dopamine in prefrontal areas [32-34], exhaustion of the catecholamines such as norepinephrine [35, 36], and the decrease in the concentration of SAM (Sadenosyl-L-methionine) [37, 38] are the prime causes of depression. Moreover, it is well established that decreased concentration of serotonin in the brain is also associated with the progression of depression [39, 40]. The development of depression might be associated with the availability of fewer serotonin receptors or disability of receptors to receive serotonin and increased serotonin breakdown through MAO-A [41, 42]. Beyond this, another mechanism associated with depression is the overactivity of the hypothalamic-pituitaryadrenal (HPA) axis. HPA is responsible for the handling of normal stress reactions, and any fluctuation in this system leads to the development of depression [43, 44]. Along with this, hyperactivity of NMDA receptors is also considered as one of the prominent causes of depression [45, 46].

There are several therapeutic agents that belong to different structural classes available in the market for the treatment of depression (Fig. 1); they work by either inhibiting or modifying the above-mentioned mechanism(s) of depression [47]. For example, MAO-A inhibitors like Moclobemide and clorgyline [48, 49], Serotonin reuptake inhibitors (SSRI) like imipramine and nortriptyline, Selective serotonin reuptake

# Table 1. Antidepressant drugs under different phases of clinical trials along with their mechanism of action and therapeutic indication.

S. No.	Compound Name and Structure	Clinical Trial Status and Indication	Mechanism of Action	Clinical Trial No.
1	H O CI Eskitamine	Phase Ii; Recruiting, Treatment Resistant Depres- sion	Inhibits the Dopamine Trans- porter and Increases The Do- pamine Activity [59, 60].	NCT04476446
2	OH OH O O NH <sub>2</sub> OH OH OH OH H H N Minocycline	Phase III; recruiting, Treatment Resistant Depres- sion	The Exact Mechanism is not Clear.	NCT03947827
3	HO O N NH O <sup>S</sup> CI Tianeptine Sodium	Phase IV; recruiting, treatment resistant depression	inhibition of glutamate recep- tor activity (AMPA and NMDA receptor) [61, 62], and modestly enhances the release of dopamine [63].	NCT04249596
4	$ \begin{array}{c} & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & \\ & & \\ & $	Phase III; recruiting, bipolar depression, major de- pressive disorder	Antagonizes the 5-HT <sub>2A</sub> and dopamine receptor subtypes $(D_1, D_2 \text{ and } D_3)$ [64, 65].	NCT04285515
5	$H \xrightarrow{O} N \xrightarrow{NH} N^{-H}_{-H} H_2O$ Creatine Monohydrate	Phase IV; recruiting, major depressive disorder	Elevates the plasma dopamine level [66, 67].	NCT03202095
6	HO HO SAGE-217	Phase III; recruiting, depression	Positive Allosteric modulator of the GABA <sub>A</sub> receptor [68, 69].	NCT0444503

(Table 1) contd....

S. No.	Compound Name and Structure	Clinical Trial Status and Indication	Mechanism of Action	Reference
7	H = H = O $H = H = O$ $H =$	Phase III; Recruiting, Bipolar Disorder AND 5-HT7, Whereas Partial Agonist of 5-HT <sub>1A</sub> Receptor [70, 71].	Antagonizes the Dopamine $D_2$ and $D_3$ Receptor, and Serotonin 5-HT <sub>2A</sub>	NCT04383691
8	Vortioxetine	Phase II; Recruiting, Bipolar Disorder	Upregulates the serotonin by inhibiting the reuptake in the synapse [72, 73].	NCT03598868

inhibitors like fluoxetine [50] and sertraline [51], and noradrenaline reuptake inhibitors (NRI) like desipramine, etc., are used to improve serotonin and NA levels in the brain, which in turn leads to an antidepressant-like effect in the patients suffering from depression. The major issue which limits the therapeutic utility of these drugs is that they show little effect in major depression, post-traumatic disorder, obsessive-compulsive disorder and anxiety disorder [52-54]. These drugs follow the trend of one-drug-one-target and are not able to effectively manage the complex pathophysiology of depression. Further, research efforts have led to the discovery of various drug candidates which are under different phases of clinical developmental pipeline, as shown in Table 1. On the other hand, a few drugs are available in the market for the treatment of depression that work via multi-target ligand drug therapy and are capable of achieving an appropriate proportion of desired activities with improved pharmacokinetics profile, good selectivity, low dose and reduced side effects. For example, serotonin-norepinephrine reuptake inhibitors like duloxetine [55] and venlafaxine [56], and norepinephrine-dopamine reuptake inhibitors like viloxazine [57] and reboxetine [58], are the representative examples of drugs acting on multiple biological targets involved in the pathophysiology of diseases. Hence, the design and development of new therapeutic candidates capable of interacting or interfering and/or modifying more than one biological target of therapeutic interest will be a better choice for the treatment of such complicated disorders.

Recently, several research groups have focused their attention on the design and development of multi-target directed ligands (MTDLs) for the treatment of depression. In this regard, the concept of molecular hybridization or fragment-based drug design (FBDD), which includes clubbing two or more molecular scaffolds into a single molecular entity, represents an excellent approach to developing MTDLs [74, 75]. The designed molecules thus have the tendency to work by acting on multiple targets or pathways. Heterocyclic compounds have shown remarkable potential for the design and development of antidepressant agents belonging to diverse structural classes [76-80]. Various excellent review articles have been published in the past few years describing the recent developments in the medicinal and biological perspectives of antidepressants agents [81-83]. Siddiqui et al. and Singh et al. reviewed the antidepressant potential of nitrogen-containing heterocyclic moieties [83, 84], while the antidepressant perspective of piperazine derivatives has been compiled by Moreira et al. [85]. Further, SAR and medicinal chemistry of indole-based antidepressant agents have been reviewed by Garg et al. [86]. These reviews are more entityoriented and cover limited aspects related to the medicinal and design perspectives of multi-target ligands. Although a number of breakthrough studies have highlighted the therapeutic exploration and medicinal attributes of multi-target ligands over the past few years [87-90], a comprehensive review of the scientific literature describing the potential of MTDLs as a promising class of antidepressant agents is extremely required to give an overview of the rapidly emerging area. This review has compiled the design strategies of MTDLs reported by various researchers in past decade (2011-2020) as a promising class of anti-depressant agents (Fig. 2). Further, recent advancements in the medicinal chemistry of different heterocyclic scaffolds with strong emphasis on the exploration of their chemical diversity, their biological evaluation (in vitro and in vivo studies), structureactivity relationships, and in silico findings are also described in this manuscript. We hope that this review will serve as a useful reference for the organic and medicinal chemists involved in the design and development of new potent and efficacious antidepressant agents (Table 2).

## 2. VARIOUS CLASSES OF MULTI-TARGET DI-RECTED LIGANDS AGAINST DEPRESSION

Recent advances in the medicinal chemistry of various MTDLs as a promising class of antidepressant agents are discussed below.

### 2.1. Indole Appended Piperazine/Piperidine Derivatives

Indole is a bicyclic heterocyclic molecule containing a six-membered benzene ring fused with a five-membered nitrogen-containing pyrrole ring. Literature survey highlights



Fig. (2). MTDLs as a promising class of antidepressant agents.

Table 2.	List of filed patents on	multi-target ligands	that display vari	ious biological activities.
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S. No.	Title	Inventor	Status	References
1	Indole and Indoline Derivatives for Neurodegenerative or Neuro- psychiatric Disorders	Michael R. Schrimpf, Chih-Hung Lee, Tao Li, Gregory gfesser, kathleen mor- tell, ramin faghih, Diana I. Schmidt, Kevin Sippy, William H. Bunnelle, Marc Scanio, Lei Shi, Murali Gopalakrishnan, Diana L. Don- nelly-roberts, Min Hu	Active	US9983218B2 [91]
2	Multi-target Compounds for the Treatment of Alzheimer's Disease	Muñoz-torrero López-ibarra, Vázquez Cruz, Pont Masanet, Codony Gisbert	Active	WO2020193448 [92, 93]
3	Neuroprotective Multi-target Directed Drugs that Target the Ache, Buche and Monoamine Oxidase (mao) A And B	Gerard Esteban, Mercedes Unzeta, Tsu- tomu Inokuchi, José Luis Marco-Contelles, Abdelouahid Samadi, Isabel Iriepa, Masaki Ojima, Wang li	Withdrawn	EP2727916A1 [94]
4	Dual Inhibitor Compounds for Use in the Treatment of Neuro- degenerative Disorders and Alz- heimer's Disease	Andrea Cavalli, Federica Prati, Giovanni Bottegoni, Angelo Danilo Favia, Daniela Pizzirani, Rita Scarpelli, Maria Laura Bolognesi	Active	EP3154953A1

(Table 2) contd....

S. No.	Title	Inventor	Status	Reference
5	Dual Targeting Compounds for the Treatment of Alzheimer's Disease	Andrea Cavalli, Michela Rosini, Elena simoni, Angelo M. Reggiani, Carlo Melchiorre	-	WO2013160728A1
6	Tapentadol for Preventing and Treating Depression and Anxiety	Steigerwald Ilona, Janel Ulrichtschen Thomas	Active	JP6445637B2
7	Combination of an Nmda Recep- tor Antagonist and a Selective Serotonin Reuptake Inhibitor for the Treatment of Depression and Other Mood Disorders	Sandeep Gupta, Gary Samoriski	Expired	CA2528622C



Fig. (3). Strategy and SAR of indole appended piperazine derivatives.

its medicinal significance and acceptance as a privileged pharmacophore due to its broad spectrum of biological activities [95-97]. With respect to the development of antidepressants, various medicinal chemists have reported various indole clubbed piperazine hybrids as potential CNS active molecules with multi-targeting properties for the treatment of CNS-related disorders [98-101]. Indole clubbed piperazine derivatives have been reported to exhibit good binding affinities towards the 5-HT<sub>1A</sub> receptors and SERT [102]. While 2-biphenylpiperazine derivatives have shown high affinity towards 5-HT<sub>1A</sub> and 5-HT<sub>7</sub> receptors [47]. These proteins have also been identified as the potential targets for the antidepressant drug discovery.

Based on the literature findings, James *et al.* combined both the pharmacophores in a single moiety and synthesized a series of indole piperazine hybrids (Fig. **3**). All the synthesized compounds were investigated for serotonin reuptake inhibitory (RUI) activity and 5-HT<sub>1A</sub>/5-HT<sub>7</sub> receptor binding affinities. Among them, compounds **4a** and **4b** were found to be most potent and showed RUI with IC<sub>50</sub> values of 31 and 25 nM, respectively. These compounds possessed good



Fig. (4). Design strategy and SAR of multi-targeted alkoxy-piperidines as antidepressants.

binding affinities towards 5-HT<sub>1A</sub>, with *Ki* values of 62 and 28 nM, while their K*i* values were found to be 12 and 3.3 nM for the 5-HT<sub>7</sub> receptor, respectively. These promising compounds were evaluated for antidepressant-like activity by using FST and TST tests. Results of *in vivo* studies revealed that compounds **4a** and **4b** significantly reduced the immobility time in a dose-dependent manner (20 and 40 mg/kg) similar to vortioxetine (40 mg/kg). Compound **4b** also showed an acceptable hERG profile with an IC<sub>50</sub> value of 16.66  $\mu$ M in the hERG binding assay [103]. Structural insights into the synthesized compounds provided a good structure-activity relationship, as discussed in Fig. (**3**), which also includes the design strategy of these compounds.

To elevate the biological potency of the compounds, Wang *et al.* synthesized a series of alkoxy-piperidine substituted indole derivatives by replacing the piperazine moiety with the piperidine ring. All the synthesized derivatives were investigated for their binding affinities towards the 5- $HT_{1A}/5$ - $HT_7$  receptors and serotonin reuptake inhibition properties. Among them, compounds **6a** and **6b** were found to be the most active members of the series. Compounds **6a** and **6b** showed serotonin reuptake inhibition with IC<sub>50</sub> values of 177 and 85 nM, respectively, and promising binding affinities towards 5- $HT_{1A}$  with K<sub>i</sub> values of 12 and 17 nM as well as 5- $HT_7$  receptor (K<sub>i</sub> values of 25 and 35 nM, respectively). These potent compounds were evaluated *in vivo* by using the forced swim test (FST) and tail suspension test (TST). Results indicated that two compounds significantly reduced the immobility time at the dose of 40 mg/kg as compared to vortioxetine (reference), and exhibited potent antidepressantlike activity. Metabolic stability assay was performed on the rat liver in which the compounds **6a** and **6b** displayed a halflife of 34.5 and 22.9 min, which was higher than the standard drug vortioxetine [104]. The design strategy and SAR studies of these compounds are shown in Fig. (**4**).

Literature survey highlighted that indolylpropylpiperazine derivatives act as potent serotonin transporter (SERT) ligands [105, 106], while morpholine and benzoxazinone cores act as potent dopamine D<sub>2</sub> receptor modulators and MAOIs [107]. Considering this, Cerda-Cavieres et al. clubbed indole moiety with morpholine and benzoxazinone and synthesized two series of 2,3-dihydro-benzo[1,4]oxazin-4-yl)-2-[4-[3-(1H-3indolyl)-propyl]-1-piperazinyl]-ethanamides and (2-(4-[3-(1H-3-indolyl)-propyl]-1-piperazinyl)acetylamine)-N-(2-morfolin-4-yl-ethyl)-fluorinated benzamides. Binding affinities of all the synthesized compounds were evaluated towards serotonin transporter (SERT), dopamine D<sub>2</sub>, and monoamine oxidase-A (MAO-A). Compounds **10a** and **11a** showed potent affinities towards SERT with  $K_i$ values  $5.63 \pm 0.82$  nM and  $6.85 \pm 0.19$  nM, respectively. Compounds 10b and 10c showed the highest binding affinities towards the D<sub>2</sub> receptor with  $K_i$  values of 307 ± 6 nM and  $593 \pm 62$  nM, respectively. Compound **10b** displayed dual affinities towards the SERT and  $D_2$  receptor with the ratio of 3.6, and compound 10b was considered as a multitarget ligand candidate. None of the tested compounds



Fig. (5). Design and SAR of indole clubbed morpholine/benzoxazinone derivatives.

inhibited the MAO-A with high binding affinity. Further, docking studies were performed against human SERT and the findings highlighted that compounds **10a**, **10b**, **10c** and **11a** exhibited pi-pi interaction between the indole ring and pi-donor aromatic residue Tyr176 residue. Protonated piperazine displayed coulombic interaction with Asp98 and pication interaction with Try95 [108]. The designing scheme and SAR studies of the current series are demonstrated below in Fig. (**5**).

Long-chain substituted arylpiperazines are promising scaffolds with good 5-HT<sub>1A</sub> receptor bindings [109]. Buspirone is a prototype drug belonging to this class [110, 111]. Literature studies reveal that pyrrolidine-2,5-dione derivatives have been found to possess good binding affinities towards the 5-HT<sub>1A</sub> receptor and SERT [112]. In order to retain the binding affinity towards the SERT and to enhance the binding affinity for 5-HT<sub>1A</sub> receptors, Wróbel et al. selected 1-[4-[4-(1*H*-indol-3-yl)-3,6-dihydro-2*H*-pyridin-1-yl] butyl]-3-(1H-indol-3-yl) pyrrolidine-2,5-dione (AC015) as the reference compound and replaced the 3-(1,2,3,6tetrahydropyridin-4-yl)-1H-indole moiety with arylpiperazines. The newly designed and synthesized 4-butyl-arylpiperazine-3-(1H-indol-3-yl)pyrrolidine-2,5-dione derivatives (Fig. 6) were screened for 5-HT<sub>1A</sub>/D<sub>2</sub> receptor binding affinities and serotonin reuptake inhibition in the in vitro studies by using radioligand assay techniques. From the entire series, compound **12a** was found to possess most promising multi-target properties and showed the affinities towards the 5-HT<sub>1A</sub>, SERT and D<sub>2</sub> receptors with K<sub>i</sub> value of  $1.3 \pm 0.3$ ,  $64 \pm 7.6$ , and  $182 \pm 18$  nM, respectively. The SAR studies highlighted that the substitution with electronegative groups at the phenyl ring linked to the piperazine moiety imparted better activities towards 5-HT<sub>1A</sub> and SERT [113].

In previous studies, arylalkanol and aralkyl piperazine derivatives with the indole and dichlorophenyl ring were found to possess good binding affinities towards the SSRI/5- $HT_{1A}/5-HT_7$ . In the literature survey, it was observed that the compounds substituted with dichlorophenyl moiety displayed a suitable oral pharmacokinetic profile along with antidepressant-like activity. From structure-activity relationship studies, it was concluded that substitution with 3propylindole moiety imparted good serotonin reuptake inhibition while the biphenyl piperazine group showed good binding affinities towards the 5-HT<sub>1A</sub>/5-HT<sub>7</sub> receptors [114]. Further, to improve the metabolic stability of such compounds, Gu et al. introduced the fluoro group at the para position of the piperazine ring, and the biphenyl moiety was replaced with various aromatic substituents. The synthesized aralkyl piperazine and piperidine derivatives were screened for inhibition of serotonin reuptake and their binding affinities towards the  $5-HT_{1A}/5-HT_7$  receptors. Among them, compound 15a displayed the most balanced multi-target



Fig. (6). Arylpiperazines as a promising class of multi-target ligands and their SAR.



Fig. (7). Design strategy and SAR of multi-targeting aralkyl piperazine/piperidine derivatives.

profile. It showed potent binding affinities towards the 5- $HT_{1A}$  and 5- $HT_7$  receptors with  $K_i$  values of 12 and 3.2 nM, respectively, along with good serotonin reuptake inhibitory activity with an IC<sub>50</sub> value of 14 nM. It was further subjected to FST and TST studies to evaluate the antidepressant-like activity. Results of *in vivo* studies revealed that the compound **15a** significantly reduced the immobility time in a dose-dependent manner at 20 and 40 mg/kg dose levels, respectively. Metabolic stability studies were performed by using rat and human microsomal liver in which compound

**15a** showed a  $t_{1/2}$  value of 48.6 and 49.93 min, respectively. SAR studies revealed that the replacement of piperazine ring with a piperidine ring was effective in enhancing the inhibition of serotonin reuptake (Fig. 7) [115].

Based on the concept that multiple target compounds are more efficacious and safer, Pessoa-Mahana *et al.* designed and synthesized a series of 3-indolylpropyl derivatives with a dual-targeting profile against 5-HT transporter (SERT) and serotonin-1A receptors subtype (5-HT<sub>1A</sub>R). Results of *in vitro* studies identified compounds **18a** and **19a** as the most



Fig. (8). 3-Indolylpropyl clubbed piperazine derivatives as dual-targeting antidepressants.

balanced dual-targeting agents. Compounds **18a** and **19a** showed the highest affinities towards the 5-HT<sub>1A</sub>R with  $K_i$  values of 43 and 56 nM, respectively, while >10000 and 365 nM, respectively, towards the SERT. SAR studies highlighted that the 3-indolylpropyl fragment was responsible for the SERT inhibition and 5-HT<sub>1A</sub>R activity. Substitution with a methoxy group at the indole ring increases the binding affinities towards the 5-HT<sub>1A</sub>R (Fig. **8**). Molecular docking studies highlighted that the presence of a methoxy group at the indole ring favoured the aromatic interactions. Compound **19a** adopted the bend confirmations and displayed coulombic interactions with Asp116. It also showed hydrophobic interactions between the aromatic ring of the ligand and aromatic part Trp538, Phe361 and Try195 residues [105].

Wróbel et al. synthesized a series of 3-(1H-indol-3yl)pyrrolidine-2,5-dione derivatives with the aim to obtain lead compounds having poly-pharmacological receptor profile. Synthesized compounds were evaluated for binding affinities towards the 5-HT<sub>1A</sub>/ $D_2$ /5-HT<sub>2A</sub>/5-HT<sub>6</sub>/5-HT<sub>7</sub> by using the radioligand assay techniques. From the current series, compounds 22a and 22b displayed the highest affinities for the 5-HT<sub>1A</sub> receptor with  $K_i$  values of 2.3 and 3.2 nM, respectively, and against SERT with  $K_i$  values of 308.0 and 201.0, respectively. Potent compounds were evaluated for the antidepressant-like activity by using the FST, and results revealed that compounds reduced the immobility time in a dose-dependent manner. The structure-activity relationship indicated that the substitution with electron-withdrawing groups at the indole moiety increased the biological activity (Fig. 9) [74].

Depression is the most frequent and major complication in AD. Single target-based drugs do not respond effectively due to complex complications. Thus, the molecules need to be designed in such a way that they eliminate the amnesia and depression symptoms of Alzheimer's disease (AD) [116, 117]. Vilazodone acts as dual serotonin reuptake and partial agonist of the 5-HT<sub>1A</sub> receptor but shows moderate AChE inhibitory activity [118, 119]. To improve the moderate AChE inhibitory activity, Li et al. synthesized a series of hybrids of vilazodone and tacrine as potential multi-target ligands for the treatment of depression with AD (Fig. 10). The synthesized compounds were evaluated using in vitro biological assays. Among them, compound 25a was found to be the most active against acetylcholinesterase enzyme, 5- $HT_{1A}$  receptor and 5-HT reuptake with IC<sub>50</sub> value of 3.319 ± 0.708  $\mu$ M, the EC<sub>50</sub> value of 107 ± 37 nM, and IC<sub>50</sub> value of  $76.3 \pm 33$  nM. The most potent candidate was also screened for blood-brain barrier permeability assay and hepatotoxicity on HepG2 cells. Results showed that compound 25a (decreases the viability of the cells at 30 µM concentration) exhibited less cytotoxicity than the marked drug vilazodone (decreases the viability of the cell at the concentration of 20 μM). In the tail suspension test (TST), compound 25a HCl was found to be potent and reduced the immobility time at the dose of 30 mg/kg as compared to the reference amitriptyline (10 mg/kg). SAR studies have been summarized in Fig. (10) [120].

In continuation, Liu *et al.* designed and synthesized a series of vilazodone-tacrine hybrids and investigated them for multi-target agents against depression with cognitive impairment (Fig. 11). Tacrine is known for acetylcholinesterase (AChE) inhibition having benzofuran-2-carboxamide moiety, which provides wide opportunities for structural modifications. Thus, a series of hybrid compounds by combining two pharmacophores were synthesized and all the compounds exhibited promising multi-target activities and BBB



Fig. (9). Designing and SAR of 3-(1H-indol-3-yl)pyrrolidine-2,5-dione derivatives.



Fig. (10). Design and SAR of vilazodone-tacrine hybrids as multi-target ligands.

(Blood-brain barrier) permeability profile. Compounds **26a** and **26b** were the most active agents as they showed 5-HT reuptake inhibitory activity with IC<sub>50</sub> values of  $20.42 \pm 6.60$  and  $22.10 \pm 5.80$  nM; 5-HT<sub>1A</sub> with EC<sub>50</sub> values of  $0.36 \pm 0.08 \& 0.58 \pm 0.14$  nM; AChE inhibitory activity with IC<sub>50</sub> values of  $1.72 \pm 0.217$  and  $2.26 \pm 0.34 \mu$ M, and BuChE in-

hibition with IC<sub>50</sub> values of  $0.34 \pm 0.03$  and  $0.10 \pm 0.01 \mu$ M, respectively. The structure-activity relationship has been described in Fig. (11) [119]. The multi-target profile of these ligands makes them valuable lead compounds for further development.



Fig. (11). Design and SAR of vilazodone-tacrine hybrids as multi-target antidepressants.

#### 2.2. Purine Clubbed Piperazine Derivatives

Purine is a heterocyclic organic compound containing nitrogen at 1<sup>st</sup>, 3<sup>rd</sup>, 7<sup>th</sup> and 9<sup>th</sup> position of 6 membered and 5 membered fused ring systems [121]. 8-Alkoxy-purine-2,6dione and dihydro[1,3]oxazolo[2,3-f]purinedione belong to the family of the purine. For many years, these purine scaffolds have been exploited as terminal fragments with the long-chain aryl piperazines (LCAPs) for the design and development of novel purine-based antidepressants [122]. Purine derivatives possess diverse pharmacological activities [123, 124], and recent findings show that purine clubbed piperazine derivatives display promising antidepressant profile [124-126].

1,3-Dimethyl-purine-2,6-dione scaffold showed good binding affinities towards the 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, 5-HT<sub>7</sub> and 5-HT<sub>6</sub> [124] receptors. LCAPs have been reported to possess good binding affinities for 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, 5-HT<sub>7</sub> and 5-HT<sub>6</sub> receptors [127-129]. Exploring the concept of a multi-target approach, Chłoń-Rzepa *et al.* designed the synthesis of a series of long-chain arylpiperazine derivatives of 8-alkoxypurine-2,6-dione (**27**) and dihydro[1,3]oxazolo[2,3f]purinedione (Fig. **12**). All the synthesized compounds were investigated for their antidepressant and antipsychotic effects by targeting the serotonin (5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, 5-HT<sub>6</sub>, and 5-HT<sub>7</sub>) and dopamine (D<sub>2</sub>) receptors. By using the radioligand assay technique, the binding affinities were evaluated. Compounds 28a and 28b displayed most promising affinities for 5-HT<sub>1A</sub> (K<sub>i</sub> values 4 nM and 10 nM), 5-HT<sub>2A</sub> (K<sub>i</sub> values 695 nM and 60 nM), 5-HT<sub>7</sub> ( $K_i$  values 12 nM and 23 nM) and D<sub>2</sub> ( $\mathbf{K}_i$  values 24 nM and 60 nM) receptors. Compound **28a** was tested further to evaluate the antidepressant-like activity by using the forced swim test, where it failed to show any significant antidepressant activity. Similarly, during the antipsychotic evaluation by using a four-plate test, this compound was unable to show any promising response. Molecular docking supported the outcome of biological findings which highlighted that arylpiperazine occupied the chargereinforced region by exhibiting hydrogen bond interaction with Asp3.32, pi-pi stacking with Phe6.52 and pi-cation interaction with Lys191 [130]. The design and SAR studies of these compounds are shown below in Fig. (12).

In the previous studies, Partyka *et al.* synthesized a series of long-chain arylpiperazine derivatives and evaluated them for antidepressant-like activity [131, 132]. In continuation of earlier studies, the authors reported the design and synthesis of 8-unsubstituted-7-phenylpiperazin-4-yl-alkyl and 7-tetra-hydroisoquinolinyl-alkyl derivatives as promising multi-targeting antidepressant agents (Fig. 13). Synthesized compounds were evaluated for their binding affinities for the 5- $HT_{1A}$ , 5- $HT_{2A}$ , 5- $HT_{6}$ , 5- $HT_{7}$ , and dopamine D<sub>2</sub> receptors. Among them, compounds **31a**, **31b**, **31c**, and **31d** showed



Fig. (12). Purine clubbed piperazine derivatives as multi-targeting antidepressants.

good binding affinity towards the 5-HT<sub>1A</sub> and moderate affinities for the 5-HT<sub>2A</sub>, 5-HT<sub>7,</sub> and dopamine  $D_2$  receptors. Compounds **31a**, **31b**, **31c**, and **31d** displayed the K<sub>i</sub> value of 1 nM, 11 nM, 1 nM, and 5 nM for the 5-HT<sub>1A</sub> respectively. Besides, the compounds **31a**, **31b**, and **31c** were found to be potential agonists of pre and/or post-synaptic 5-HT<sub>1A</sub> receptors, while **31d** turned out to be a potential antagonist of the post-synaptic sites. These potent compounds were further tested for the behavioral studies of antidepressant-like and anti-anxiety-like activity (in vivo). The results exposed that except for 31c, compounds 31a, 31b, and 31d displayed promising anxiolytic activity. In the forced swim test, compounds 31a and 31c emerged as the most promising candidates and produced marked antidepressant-like effects which were found to be comparable to the standard drug imipramine [133].

Chłoń-Rzepa et al. synthesized a series of 3,7-dimethyland 1,3-dimethyl-8-alkoxypurine-2,6-dione derivatives of tetrahydroisoquinolines, perhydroisoquinolines, or arylpiperazines with flexible alkylene spacers. Synthesized compounds were investigated for their binding affinities towards the 5-HT<sub>1A</sub>/5-HT<sub>7</sub> receptor and also as PDE inhibitors with antidepressant-like activity. Among the series, compounds 32b, 33a, and 33b were found to be most promising and exhibited multi-targeting activity for the 5-HT<sub>1A</sub>/5-HT<sub>7</sub> receptors. These compounds also displayed antidepressant-like effect in the FST, which was similar to the standard drug citalopram. All the synthesized compounds were found to inhibit phosphodiesterase isoenzyme better than theobromine and theophylline. Compounds 32a and 32b showed 51% and 52% inhibition of PDE, respectively. Compound 32b emerged as the multi-targeting ligand as it showed antidepressant-like effect and PDE inhibition simultaneously. SAR studies revealed that the spacer length of 3-4 carbon atoms was optimum for the 5- $HT_{1A}$  receptor agonistic activity (Fig.

14). Molecular modeling studies highlighted that the compound **32b** formed a hydrogen bond between the methylxanthine motif of the ligand and Gln443 residue along with pi-pi stacking with the Phe446 [134].

The design and synthesis of another series of 8aminoalkylamino and 8-arylpiperazinylpropoxy derivatives of 7-substituted 1,3-dimethyl-3,7-dihydropurine-2,6-dione were explored by the same research group. Binding affinities of the synthesised compounds towards the 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, and 5-HT<sub>7</sub> receptors were determined by using the radioligand assay techniques. Among them, compound 34a showed a multi-target profile by targeting 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, and 5- $HT_7$  simultaneously, with a  $K_i$  value of 25, 68, and 65 nM, respectively. The outcome of in vivo FST studies showed that compound 34a significantly decreased the immobility time by 33% at 20 and 30 mg/kg dose, while the reference drug imipramine reduced the immobility time by 52% and 27% at the dose of 10 and 20 mg/kg, respectively. SAR studies indicated that substitution with 3-chloroohenylpiperazine imparted high-to-moderate activity (Fig. 15) [135].

Chłoń-Rzepa *et al.* reported the synthesis of long chain aryl piperazine derivatves (**35**) as serotonin receptor ligands [131]. In continuation of their previous studies, the design and synthesis of a series of 7-arylpiperazinylalkyl-8morpholin-4-yl-purine-2,6-dione derivatives and evaluation of their *in vitro* studies for 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, 5-HT<sub>6</sub> and 5-HT<sub>7</sub> receptors were disclosed by the authors. Among them, compound **35a** showed a potent profile towards the 5-HT<sub>1A</sub>/5-HT<sub>2A</sub> with  $K_i$  values 22 nM / 21 nM and moderate affinities for the 5-HT<sub>7</sub> and 5-HT<sub>6</sub> with  $K_i$  values 207 and 112 nM, respectively (Fig. **15**) [132].

Zagórska *et al.* reported the synthesis of 2-fluoro and 3-trifluoromethylphenylpiperazinylalkyl derivatives of 1H-imidazo[2,1-f]purine-2,4(3H,8H)-dione (**36**). The synthesized



Fig. (13). 7-Phenylpiperazin-4-yl-alkyl and 7-tetrahydroisoquinolinyl-alkyl derivatives as antidepressant agents.



Fig. (14). 3,7-Dimethyl- and 1,3-dimethyl-8-alkoxypurine-2,6-dione appended piperazine derivatives as antidepressants.



Fig. (15). Dihydropurine-2,6-dione and 8-arylpiperazinyl-purine derivatives as MTDLs.



Fig. (16). Design and SAR of fluoromethylphenylpiperazinylalkyl derivatives as antidepressants.



Fig. (17). Mannich bases of the imidazolidine-2,4-diones as promising antidepressants.

compounds were screened for serotonin (5-HT<sub>1A</sub>/5-HT<sub>7</sub>) receptor affinity and phosphodiesterase (PDE10A and PDE4B) inhibition potential. Among them, compounds 36a, 36b and 36c were found to be the most promising candidates for 5- $HT_{1A}$  and 5- $HT_7$ , while they displayed weak inhibitory activity for the phosphodiesterase. Results of in vivo evaluation showed that the compound 36a reduced the immobility time by 21% at the dose of 2.5 and 5 mg/kg, while the standard drug citalopram reduced the immobility time by 28%, 51% and 61% at the dose range of 1.25-5 mg/kg. SAR studies suggested that the introduction of a fluorine group was beneficial for the inhibition of PDE (Fig. 16). Further, molecular docking studies were performed within the two cavities of the binding sites. Among them, one is constituted by transmembrane helices (TMHs) 3-6 and the other with the TMHs 2 and 7. Compounds displayed charge-reinforced hydrogen bond between the carboxyl group of Asp3.32 and protonated hydrogen, CH- pi interaction between the aromatic amino acid (Phe6.52) and arylpiperazine ring [126].

#### 2.3. Succinimide Piperazine Conjugates

In previous findings, Czopek *et al.* disclosed the synthesis of a series of 5,5-disubstituted and 5-spiro-imidazolidine-2,4-dione derivatives appended with an arylpiperazinylpropyl moiety, and the compounds displayed diversified affinity profile towards 5-HT<sub>1A</sub> and 5-HT<sub>2A</sub> receptors [136]. The most potent compounds behaved as 5-HT<sub>1A</sub>R agonists or partial agonists and exhibited potent antidepressant activity. Considering the therapeutic relevance of compounds with a dual mechanism of action, namely serotonin transporter (SERT) blockers and 5-HT<sub>1A</sub> ligands, Czopek *et al.* incorporated the structural features of serotonin reuptake inhibitory activity into the profile of compounds interacting with the 5-HT<sub>1A</sub> receptors. A series of Mannich bases of the arylpipera-



Fig. (18). Piperazine clubbed 5-arylidenehydantoin derivatives as MTDLs.

zinemethylimidazolidine-2,4-diones (Fig. 17) were designed, synthesized and investigated for their binding affinities towards the SERT, 5-HT<sub>1A</sub> and 5-HT<sub>2A</sub> receptors. From the series, compounds 38a and 38b were found to be the most potent candidates for SERT, 5-HT<sub>1A</sub>, and 5-HT<sub>2A</sub> receptors with K<sub>i</sub> values 0.16, 0.28, 38, 76, 89, and 58 nM, respectively. The agonist assay of the potent compounds (38a and **38b**) was evaluated, and the  $EC_{50}$  value was found to be 157 nM and 4.1 µM, respectively. FST studies revealed that compounds 38a and 38b significantly reduced the immobility time in a dose-dependent manner at the dose of 20 and 30 mg/kg compared to the reference drug imipramine. Compound 38b was found to be less effective due to its sedative effect observed in the locomotor activity. SAR studies confirmed that the presence of an electron-withdrawing group on the phenyl ring linked to the piperazine core enhanced the binding affinities towards the SERT and 5-HT<sub>1A</sub> receptors [137].

In continuation, the research group has designed new molecules by hybridizing the structural features of serotonin modulators or drugs (buspirone (44) [138], NAN-190 (43) [139], aripiprazole (42) [140]) with the phosphodiesterase 4 inhibitors (RO-20-1724 (41) [141], rolipram (40) [142]). They synthesized a series of 5-arylidenehydantoin derivatives containing the arylpiperazine fragment. Binding affinities of all the synthesized compounds were determined towards the 5-HT<sub>1A</sub> and 5-HT<sub>7</sub> (Fig. 18) receptors. Among them, compounds 45a and 45b were found to be most promising with binding affinity values in the low nanomolar range. Compound 45a showed excellent affinity towards the 5-HT<sub>1A</sub> and 5-HT<sub>7</sub> with  $K_i$  values of 0.2 and 0.8 nM, respectively, whereas compound 45b showed  $K_i$  value of 1.0 and 1.0 nM, respectively. The results of the cytotoxicity assay on

cancer and normal cells indicated that the compounds were less toxic than the positive control and the reference drug doxorubicin. To evaluate antidepressant-like activity, FST (in vivo) was implemented in which compound 45a reduced the immobility time by 27% at the dose of 0.625 mg/kg, while compound 45b reduced the immobility time by 30% approx. at the dose of 0.625, 1.025, and 2.5 mg/kg, respectively. SAR studies demonstrated that substitution with electron-donating groups at the phenyl ring linked to the piperazine moiety enhanced the binding affinities towards the 5-HT<sub>1A</sub> receptor. Further, docking studies revealed that these compounds exhibited two interactions within the binding site; one involved charge-reinforced hydrogen bond between the carboxyl group of Asp3.32 and protonated nitrogen of the ligand and the other involved CH-pi stacking between arylpiperazine fragment and aromatic ring of Phe6.52 [143].

### 2.4. Naphthosultam Coupled Piperazine Derivatives

Napthosultam consists of a naphthalene ring fused with a lactam ring at 1- and 8-position. This ring system holds various pharmacological activities. Based on the structureactivity relationship and virtual screening of the long-chain arylpiperazines (LCAP), Zaręba *et al.* synthesized various LCAP derivatives by incorporating the structural features of fananserin via microwave-assisted synthesis (Fig. **19**). Synthesized molecules were evaluated for their binding affinities towards the serotonin and dopamine receptors (5-HT<sub>7</sub>, 5-HT<sub>1A</sub>, D<sub>2</sub>) by implementing the radioligand bioassay. Among them, compound **47a** showed a potent multifunctional/multi-target ligand profile and displayed high binding affinities for the 5-HT<sub>1A</sub>/5-HT<sub>7</sub>/D<sub>2</sub> with  $K_i$  values of 43, 53 and 75 nM, respectively. On the other hand, compound **47b** exhibited dual action on the 5-HT<sub>1A</sub>, D<sub>2</sub> receptors with a K<sub>i</sub> value of 66



Fig. (19). Fananserin-derived long-chain arylpiperazines as MDTLs for depression.



Fig. (20). Structure-activity relationship of hexylarylpiperazine derivatives.

and 58 nM, and compounds **47c** and **47d** demonstrated the selectivity of the 5-HT<sub>1A</sub> with  $K_i$  values of 54 and 46 nM, respectively. SAR studies suggested that the substitution with a halogen atom (most favorable was chlorine) at the phenyl ring linked to the piperazine motif increased the activity [144].

Zaręba *et al.* designed and synthesized a series of bulky hexylarylpiperazine derivatives by using the microwave synthesizer (a green chemistry approach). The synthesized compounds or ligands were examined for their binding affinities towards the 5-HT<sub>1A</sub>, 5-HT<sub>2A</sub>, 5-HT<sub>6</sub>, 5-HT<sub>7</sub>, and D<sub>2</sub> receptors. Compounds **48a**, **48b**, **48c**, **48d**, and **48e** were found to

be the most promising candidates for targeting the 5-HT<sub>1</sub>A and D<sub>2</sub> receptors and classified as multi-target ligands. Compound **48d** exhibited favorable and high binding affinities towards the 5-HT<sub>7</sub> receptor. The K<sub>i</sub> values exhibited by compounds for 5-HT<sub>1</sub>A/D<sub>2</sub> were **(48a)** 10 nM, 20 nM, **(48b)** 2 nM, 19 nM, **(48c)** 11 nM, 22 nM, **(48d)** 27 nM, 28 nM, and **(48e)** 30 nM, 48 nM, respectively. SAR studies suggested that the substitution of a methoxy group at the *para* position of the phenyl ring linked to the arylpiperazine motif showed high binding affinities for the 5-HT<sub>1A</sub> and D<sub>2</sub> receptors. Changing the position of substitution from *para* to *ortho*, the binding affinities decreased significantly (Fig. **20**). The



Fig. (21). Design strategy and SAR of hexyl arylpiperazines as MDTLs.



Fig. (22). Coumarin clubbed aminopyran derivatives as potent antidepressants.

docking studies demonstrated that ligands formed a hydrogen bond between the basic nitrogen atom of the arylpiperazine ring and Asp3.32 within the 5-HT<sub>1A</sub> receptor binding pocket [145].

Kułaga *et al.* designed and synthesized a series of new hexyl arylpiperazine derivatives (50) from the saccharin

moiety. The synthesized compounds were estimated for their binding affinities towards the serotonin and dopamine receptors. Among them, compounds **50a** and **50b** displayed the highest selectivity towards the 5-HT<sub>1A</sub>R and D<sub>2</sub>R receptors. Compound **50a** showed a  $K_i$  value of 12 nM for 5-HT<sub>1A</sub> and 24 nM for D<sub>2</sub>, while compound **50b** showed a  $K_i$ 

value of 48 nM for 5-HT<sub>1A</sub> and 48 nM for D<sub>2</sub>, respectively. Both the compounds emerged as the promising multi-target ligands having antidepressant-like effect. SAR studies revealed that substitution of the aromatic ring with electron-withdrawing groups at the 4<sup>th</sup> position of the piperazine ring increased the activity (Fig. **21**) [146].

#### 2.5. Coumarin Conjoined Aminopyran Derivatives

Coumarins belong to the class of benzopyrenes and have been reported to exhibit antidepressant activity [147-149]. Xanthotoxin (51) and praeruptorin (52) represent the new generation of coumarin-based MAOIs with potent antidepressant activity [150]. Aminopyran containing compounds (53, 54) have been reported to exhibit promising antidepressant activity via triple reuptake inhibitor mechanism (dopamine, serotonin, and norepinephrine) [151]. To further potentiate their biological potency and selectivity, Sashidhara et al. clubbed coumarin and aminopyran fragments by utilizing molecular hybridization strategy and synthesized their structural hybrids (55, Fig. 22). All the synthesized compounds were evaluated for antidepressant effect by using forced swim test and tail suspension test in swiss albino mice. Among them, compounds 55a and 55b were found to be the most potent which reduced the immobility time by 86.5% and 69.7% at the dose of 0.5 mg/kg, respectively, as compared to the standard drug fluoxetine (69.8 % at the dose of 20 mg/kg) and control. These compounds were further tested at the lower dose in the forced swim test. Results revealed that compound 55a was able to attenuate the immobility time by 41%, whereas 55b was unable to reduce the immobility time at the lower dose. In the tail suspension test, compound 55a decreased the immobility time at a dose of 0.5 mg/kg. Neurotoxicity studies revealed the compounds to be non-toxic at the dose of 1.0 mg/kg. [152].

Bashir et al. designed and synthesised a series of dibenzylidene ketone derivatives, i.e., (2E, 6E)-2,6-dibenzylidene cyclohexanone (57a) and (1E, 4E)-5-(2,3-dichlorophenyl)-1-(4-methoxyphenyl)-2-methylpenta-1,4-diene-3-one (58a), inspired from the potential biological profile of the natural lead molecule curcumin (56, Fig. 23). Synthesized molecules were evaluated for antidepressant-like activity by using forced swim test, tail suspension test, and open field test, and for evaluation of their anti-Alzheimer activity, Y-maze test and morris water maze test have been performed. Two compounds, 57a and 58a, decreased the immobility time significantly in the dose-dependent manner (0.1-1 mg/kg) in the tail suspension test and forced swim test. Compounds 57a and 58a increased the number of ambulations and rearings in the open-field test. Toxicity studies indicated that the compounds were devoid of any toxicity up to the dose of 10 mg/kg. Furthermore, results of the molecular docking studies supported the outcome of biological findings wherein compound 57a exhibited good affinity towards the biological targets involved in the depression, while compound 58a exhibited significant binding affinity towards the biological targets involved in Alzheimer's [153].

### 2.6. Miscellaneous

Gu *et al.* substituted the benzo[b][1,4]oxazine unit with the 3,4-dichlorophenyl unit and the 2-methioxyphenyl unit with other aromatic rings in the lead molecule **59** to improve

their pharmacokinetic and selectivity profile and synthesized a series of arylalkanol and aralkyl piperazine derivatives (Fig. 24). The synthesised compounds were screened for binding affinities towards the  $5\text{-HT}_{1A}/5\text{-HT}_7$  receptors and serotonin reuptake inhibitory proficiencies. Among them, compound 60a was found to be most energetic with a multitarget profile and displayed high binding affinity towards 5- $HT_{1A}/5-HT_7$  receptors with  $K_i$  values of 0.84 and 12 nM, respectively. However, it possessed moderate inhibitory activity for serotonin reuptake transporter with an IC<sub>50</sub> value of 100 nM. The potent compound was further evaluated for antidepressant-like activity by using FST, in which compound 60a significantly reduced the immobility time in a dose-dependent manner. Metabolic stability of compounds was investigated, and results specified that compound 60a showed  $t_{1/2}$  of 5.3 min. The designed analogues were found to possess improved pharmacokinetic profile as compared to parent lead molecule (59), and can be explored as a valuable tool for the development of more potent and effective SSRI/5-HT<sub>1A</sub>/5-HT<sub>7</sub> targeting agents. [114].

In recent years, researchers have developed a number of 5-HT<sub>1A</sub>/5-HT<sub>7</sub> receptor ligands based on long-chain arylpiperazines possessing purine-2,6-dione scaffold as the terminal section [131, 133, 154]. Considering this, Jankowska et al. synthesized a series of anilide and benzylamide derivatives of  $\omega$ -(4-(2-methoxyphenyl)piperazin-1-yl)alkanoic acids (Fig. 25) and evaluated them for  $5-HT_{1A}/5-HT_7$  affinity as well as for phosphodiesterase (PDE4B and PDE7A) inhibition profile. Compound 64a was found to possess the most promising multifunctional/multi-target profile. It showed 5- $HT_{1A}$  receptor antagonistic properties with  $K_i$  value of 8 nM and  $K_b$  value of 0.04 nM; 5-HT<sub>7</sub> antagonistic activity with  $K_i$ value of 451 nM and K<sub>b</sub> value of 460 nM. It also displayed significant PDE4B/PDE7A inhibitory activity with IC<sub>50</sub> values 80.4 and 151.3 µM, respectively. These potent compounds were further investigated for in vitro ADME as well as metabolic studies, and results showed that compound 64a exhibited good penetration through the biological membranes and was found to possess high metabolic stability. Compound 64a significantly reduced the immobility time by 34 % at the dose of 10 mg/kg in the FST. The structureactivity relationship studies showed that substitution with the branched alkyl group at the phenyl ring was more favorable than the ester, hydroxy, and amide (Fig. 25) group. Further, molecular docking revealed that the phenyl ring of the phenylpiperazine moiety exhibited pi-pi stacking with the Phe416 residue while the protonated nitrogen of the piperazine ring formed a hydrogen bond with the water molecule [155].

GSK-3 $\beta$  inhibitors are ATP-competitive and non-ATP competitive inhibitors which find applications in the treatment of various human illnesses, including neurodegenerative and psychiatric disorders [156]. The first GSK-3 $\beta$  inhibitor was lithium, a mood stabilizer, and has been long used for the treatment of bipolar (manic-depressive) disorders [157, 158]. GSK-3 $\beta$  has attracted the attention of various researchers around the globe to develop compounds which selectively target GSK-3 $\beta$  and produce antidepressant-like effects. In this regard, derivatives of 1,2,3-triazole and 2-substituted pyrimidin-4-ones have been reported to possess various biological activities, including antidepressant activity



Fig. (23). Dibenzylidene ketone derivatives as multi-target directed antidepressant agents.



Fig. (24) Arylalkanol and aralkyl piperazine derivatives as MDTLs for depression.

[159, 160]. With the aim to improve the GSK-3 $\beta$  inhibition and antidepressant-like activity, Khan *et al.* synthesized a series of conjugates by introducing the triazole ring at the C-2 position of the pyrimidine core (Fig. **26**), and investigated them as GSK 3 $\beta$  inhibitors. Among them, compound **67a** was found to be the most active GSK-3 $\beta$  inhibitor with an IC<sub>50</sub> value of 82 nM. Results of the *in vivo* antidepressantlike activity revealed that the compound **67a** significantly reduced the immobility time at the dose of 50 mg/kg in both the tests, *i.e.*, TST as well as FST. Molecular docking was performed against the protein GSK-3 $\beta$ , and it was observed that the potent compounds formed hydrogen bonds and exhibited hydrophobic interactions with various amino acid residues present in the binding site. Compound **67a** exhibited a glide score of -7.10 and formed a hydrogen bond with Val-135 residue [161].

Monoamine transporters play an important role in the mechanism of depression [162, 163]. However, monoamine reuptake inhibitors (**68-70**) having the cationic amphiphilic structures possess some problems, such as hERG inhibition of CYP2D6 inhibition [164], phospholipidosis, *etc.* [165]. To eliminate these drawbacks, Honda *et al.* hypothesized that the compounds restricted to one aromatic ring and having a



Fig. (25). Design and SAR of ω-(4-(2-methoxyphenyl)piperazin-1-yl)alkanoic acid derivatives as MDTLs for depression.



Fig. (26). Pyrimidine-triazole hybrids as antidepressants with GSK- $3\beta$  inhibitory activity.

molecular weight less than 300 daltons possess less complications. Hence, they designed and synthesized 1-aryl-1,4diazepan-2-one derivatives (Fig. 27) as triple reuptake inhibitors (a multi-target ligand approach). Synthesized compounds were investigated to determine their inhibitory potential for serotonin reuptake, norepinephrine transporter, and dopamine transporter. Compound 71a was found to possess a potent activity profile with poor metabolic stability. The compound showed inhibition of serotonin reuptake with a  $K_i$ value of 50 nm, norepinephrine with a  $K_i$  value of 13 nM, and dopamine with a  $K_i$  value of 420 nM. Potent compounds were evaluated for antidepressant-like activity *in vivo*, and results revealed that compound 71a reduced the immobility time significantly in a dose-dependent manner. Additional studies showed compound **71a** to be safe and devoid of CYP2D6 and hERG inhibitory activity [166].

Based on the previous studies [167] and in a quest to discover potential lead(s) for antidepressant-like activity, Wen *et al.* designed and synthesized a series of arylamidine derivatives (Fig. **28**) as dual reuptake inhibitors of serotonin and norepinephrine. Synthesized compounds were investigated for binding affinities towards serotonin (5-HT) and norepinephrine (NE). Among them, compound **72a** was found to be the most promising candidate with potent 5-HT and NE inhibitory profiles having IC<sub>50</sub> values 620 and 10 nM, respectively. Results of *in vivo* studies showed that compound **72a** 



Fig. (27). Design and SAR of 1-aryl-1,4-diazepan-2-ones as MDTLs for depression.



Fig. (28). Arylamidine derivatives as dual reuptake inhibitors.



Fig. (29). 4-Arylpiperazine and 4-benzylpiperidine naphthyl ethers as multi-target ligands.

significantly reduced the immobility time, which was found to be similar to the standard duloxetine. Acute toxicity studies were performed at the dose of 200 and 400 mg/kg after 20h and results demonstrated that compound **72a** exhibited low toxicity with LD<sub>50</sub> value >400 mg/kg. SAR studies suggested that the substitution with electron-withdrawing groups at the phenyl ring increased the binding affinities, whereas that of electron-donating groups decreased the affinities [167].

Paudel *et al.* designed molecules based on the docking models of reported monoamine neurotransmitters reuptake inhibitors and their SAR studies [168]. A series of 4-arylpiperazine and 4-benzylpiperidine naphthyl ethers were

synthesized (Fig. 29) and evaluated for serotonin, norepinephrine, and monoamine neurotransmitters reuptake inhibition properties. Among the various tested compounds, 73a was found to be the most active candidate that showed an antidepressant-like effect via a multi-target approach. Compound 73a showed an IC<sub>50</sub> value of 0.68 µM for 5-HT and 20.5 µM for the norepinephrine receptor. Molecular docking studies were implemented for the potent compound 73a, and the results exposed the compound to possess ideal interactions within the binding site of the hSERT. SAR studies recommended that the substitution with electron-withdrawing groups at the 4- position of the piperazine moiety increased the inhibitory potential towards the serotonin, norepinephrine, and dopamine reuptake. Molecular docking studies showed that compound 73a interacted with the hSERT in a similar mode as paroxetine. The naphthalene ring of the ligand displayed hydrophobic interactions with Ile172 and Try176 residues [169].

## CONCLUSION

The progression of depression is not only mediated by serotonin, but glutamate, histamine, noradrenaline and other receptors as well as their subtypes are also responsible for causing depression. The drugs targeting only one target/mechanism are not enough to treat and manage this complicated disease. Moreover, these single target medications are likewise connected with various side effects and toxicities. The great advancements in the health sector have led to the development of several therapeutic agents which work through different mechanisms and counteract depression up to different extents. The complex pathophysiology of depression still is an obstacle in the way of these agents as they are based upon the traditional one-drug-one-target strategy. Multi-target directed ligands (MTDLs) layout method is an appealing technique for recent drug development strategies aiming at issues related to the complicated pathological mechanisms, including depression. MTDLs approach is one of the rationales and validated approaches for the antidepressant drug discovery. The growing benefits of MTDL derivatives are more likely as these are present in various marketed drugs, like teniloxazine, viloxazine, etc., and will serve as potential weapons for the treatment of depression with the goal to address multiple targets. In this review, design strategies for MTDLs, their structural-activity relationships, biological evaluation, including both in vitro and in vivo findings, as well as in silico considerations, have been discussed. A thorough study of cited literature has revealed that the compound(s) possessing two or more active pharmacophores connected with an optimum spacer are likely to act upon more than one biological target. The piperazine ring plays a crucial role in the development of novel antidepressants using a fragment-based drug design approach. Substituted piperazine derivatives have been found to be active on multiple targets and to show remarkable affinity towards 5-HT<sub>1A</sub>, 5-HT<sub>7</sub>, norepinephrine and serotonin receptors. In particular, hybrids of substituted piperazine with indole or purine linked with an optimum spacer generate potent molecules with multi-target ligand profile, promising biological activity, better efficacy, and low toxicity. These compounds have displayed remarkable binding affinities towards different receptors involved in the pathophysiology of the disease, and these results have been further supported by *in vivo* and *in silico* studies. This compilation may be helpful to the medicinal chemists and drug developers in obtaining ideas regarding important structural features responsible for the biological activity which may be employed for rational drug design related to depression. Researchers can utilize these results as supporting evidences for the development of more efficient, potent and safe molecules to tackle depression-like complex disorders.

### LIST OF ABBREVIATIONS

CNS	=	Central nervous system
MDD	=	Major depression disorder
CDC	=	Center for diseases control and pre- vention
FPL	=	Federal poverty line
HPA	=	Hypothalamic pituitary adrenal axis
NMDA receptor	=	N-methyl-D-aspartic acid receptor
MTDLs	=	Multi-target directed ligands
FBDD	=	Fragment based drug design
AMPA receptor	=	Alpha-amino-3-hydroxyl-5-methyl-4- isoxazolepropionic acid receptor
TST	=	Tail suspension test
FST	=	Forced swim test
SSRI	=	Selective serotonin reuptake inhibitor
SNRIs	=	Serotonin and norepinephrine reuptake inhibitors
TCAs	=	Tricyclic antidepressants
MAOIs	=	Monoamine oxidase inhibitors
SERT	=	Serotonin transporter
GSK-3β	=	Glycogen synthase kinase 3β
5-HT	=	Serotonin
NE	=	Norepinephrine
DAT	=	Dopamine transporter
DA	=	Dopamine
SI	=	Selectivity index
SAR	=	Structure-activity relationship
NA	=	Noradrenaline
hMAO	=	Human monoamine oxidase
NDRIs	=	Inhibitors of norepinephrine and do- pamine
BuChE	=	Butyrylcholinesterase
AChE	=	Acetylcholinesterase

## **CONSENT FOR PUBLICATION**

Not applicable.

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## **CONFLICT OF INTEREST**

The authors declare no conflict of interest, financial or otherwise.

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