

# High Prevalence of Antimicrobial Resistance Genes in Multidrug-Resistant Extended-Spectrum Beta-Lactamase-Producing *Escherichia coli* Clinical Isolates after COVID-19 Pandemic, North Iran

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## Abstract

**Background:** Amid the COVID-19 pandemic, the surge in hospital admissions and widespread use of broad-spectrum antibiotics have heightened the risk of hospital-acquired infections from multidrug-resistant (MDR) organisms, particularly *Escherichia coli*. It is imperative to implement stringent measures to curb the spread of antimicrobial resistance in hospitals and devise robust treatment strategies for patients grappling with such infections. To confront this challenge, a comprehensive study was undertaken to examine MDR extended-spectrum beta-lactamase (MDR-ESBL)-producing *Escherichia coli* isolates from patients with nosocomial infections following the COVID-19 pandemic in Northern Iran.

**Materials and Methods:** The current study was conducted as a cross-sectional study. A total of 12,834 samples were collected from patients with healthcare-associated infections at four designated corona centers in Northern Iran, following the COVID-19 pandemic. Antimicrobial resistance was determined using standard broth micro-dilution, while resistance genes were accurately detected using the multiplex PCR method.

**Results:** The results indicated that meropenem and ciprofloxacin had a resistance rate of 100% and 98.2%, respectively, while piperacillin-tazobactam showed the highest sensitivity rate at 54.4%. The frequency of specific genes, including *bla*<sub>IMP</sub>, *bla*<sub>TEM</sub>, *AcrA*, *AcrB*, *bla*<sub>CTX</sub>, *bla*<sub>OXA-58</sub>, *aacIb*, *bla*<sub>SHV</sub>, and *aacIa*, were found to be 100%, 100%, 99.1%, 99.1%, 91.2%, 80.7%, 64.9%, 44.7%, and 37.7%, respectively.

**Conclusions:** In the current study, over 50% of MDR-ESBL-producing *Escherichia coli* isolates exhibited resistance to antibiotics. A combination of antibiotics, including piperacillin-tazobactam and colistin, is recommended for treating extensively drug-resistant *Escherichia coli* infections.

**Keywords:** COVID-19, *Escherichia coli*, extended-spectrum beta-lactamase (ESBL), multidrug-resistant, multiplex polymerase chain reaction

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## INTRODUCTION

During the COVID-19 pandemic, there has been a troubling disregard for international guidelines on prescribing

antibiotics. Consequently, we have seen a surge in microbial resistance in both community-acquired infections (CAIs)

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and hospital-acquired infections (HAIs). The prolonged hospitalization of COVID-19 patients, particularly in intensive care units (ICUs) and the extensive use of invasive procedures and immunosuppressive agents have contributed to the rise of secondary bacterial infections and the overuse of antibiotics. Regrettably, these factors have fueled the escalation of antimicrobial resistance (AMR).<sup>[1]</sup> According to estimates, nearly 4.95 million deaths occur each year due to AMR. Without the implementation of effective control measures, this number could double to 10 million by 2050.<sup>[2]</sup>

*Escherichia coli* (*E. coli*) is a significant cause of both HAIs and CAIs, including respiratory tract infections (RTIs), urinary tract infections (UTIs), enteric infections, sepsis, neonatal meningitis, wound infections, and pneumonia.<sup>[3]</sup>

In the last two decades, there has been a noticeable increase in infections caused by antibiotic-resistant *E. coli*, which has had an impact on patient outcomes. Multidrug-resistant (MDR) *E. coli*, particularly those producing extended-spectrum  $\beta$ -lactamase (ESBL), are a major concern due to their growing prevalence and resistance to a wide range of antibiotics. Many strains of *E. coli* have developed resistance to multiple, extensive, or all available drugs (MDR, XDR, and PDR), posing a significant challenge for infection treatment. This bacterium has acquired a combination of antibiotic genes from both chromosomal and plasmid sources. The acquisition of antibiotic-resistant genes through plasmids and other mobile agents, along with mutations under antibiotic pressure, has led to the emergence of highly resistant strains of MDR and XDR *E. coli* in clinical settings. Multidrug resistance is a serious issue, where microorganisms exhibit resistance to at least one agent in three or more antimicrobial categories.<sup>[4]</sup>

The main mechanism of antimicrobial resistance to  $\beta$ -lactams is through the production of  $\beta$ -lactamase enzymes. There exist different types of  $\beta$ -lactamases: class A (e.g., *bla*<sub>TEM</sub>, *bla*<sub>SHV</sub>, and *bla*<sub>CTX</sub>), class B (e.g., *bla*<sub>IMP</sub>, *bla*<sub>VIM</sub>, *bla*<sub>GIM</sub>, *bla*<sub>NDM</sub>, and *bla*<sub>SIM</sub>), class C (cephalosporinases or *AmpC*), and class D (Oxacillinases). Many of these enzymes play a pivotal role in imparting resistance to  $\beta$ -lactam antibiotics. The most well-known ESBL genotypes worldwide include *bla*<sub>CTXM</sub>, *bla*<sub>SHV</sub>, and *bla*<sub>TEM</sub>, which are encoded by plasmid. The emergence of *E. coli* strains with ESBLs and *AmpC*  $\beta$ -lactamase carriers also render them resistant to other antibiotics such as aminoglycosides, fluoroquinolones, tetracycline, chloramphenicol, sulfonamides, and carbapenems.<sup>[4,5]</sup> Quinolone resistance in *E. coli* strains involves complex mechanisms, including the presence of quinolone resistance determining regions (QRDR) and the expression of *gyrA* and *parC* genes, which target the quinolones. In addition, resistance can occur through the acquisition of plasmid-mediated quinolone resistance (PMQR), which may include genes such as *qnrA*, *qnrB*, *qnrC*, *qnrD*, and *qnrS*.<sup>[4]</sup> In addition, efflux pump systems contribute to MDR by expelling antibiotics outside the bacterial cell. These systems fall into six groups and include the *AcrAB-TolC* efflux pump,

which is the main efflux pump in virulent *E. coli* strains. Aminoglycoside resistance can occur through mutation of the 16S rRNA, reduced permeability, efflux pumps, and enzymatic inactivation, which is the most prevalent in the clinical setting. Resistance to newer semisynthetic aminoglycosides is diverse and involves the production of aminoglycoside-modifying enzymes such as aminoglycoside acetyltransferases (AAC) and aminoglycoside nucleotidyl transferases (ANT, or AAD).<sup>[6]</sup>

The high prevalence of AMR in hospitals is a serious global concern, varying by region. Research shows that AMR contributes to HAIs and reduces antibiotic effectiveness, leading to increased mortality rates, treatment costs, and hospital stays.<sup>[1]</sup> Investigating the spread of AMR in hospitals for patients with HAIs in different regions is crucial in the post-COVID-19 era. Therefore, the current study was conducted to investigate the emergence of MDR extended-spectrum  $\beta$ -lactamase (ESBL)-producing *E. coli* isolates from patients with HAIs after the COVID-19 pandemic in teaching hospitals in northern Iran.

## MATERIALS AND METHODS

### Study design, and sample collection

This cross-sectional study was conducted between 2022 and 2023 at four hospitals in Mazandaran province, 12,834 patient samples with HAIs were included. The study focused on isolating MDR *E. coli* strains from MDR gram-negative bacteria (MDR-GNB). Table 1 presents the data illustrating the collection of MDR *E. coli* strains from various samples. Samples were cultured on McConkey and blood agar (QUELAB, USA) and incubated for 24 hours at 37°C. Conventional biochemical tests were used to identify the isolates.<sup>[1,7]</sup> The study protocol was approved under the code IR.MAZUMS.REC.1401.13949 and received ethical approval from the esteemed Ethics Committee of Mazandaran University of Medical Sciences.

### Antibiotic sensitivity determination

The antimicrobial susceptibility of MDR *E. coli* isolates was determined using the standard microdilution method recommended by the Institute of Clinical Laboratory Standards guideline (CLSI 2020). The minimum inhibitory concentration (MIC) of various antibiotics was measured.<sup>[1,7]</sup>

### Detection of Extended-Spectrum Beta-Lactamase (ESBL)-Producing *E. coli* isolates

To detect ESBL-producing strains phenotypically, a combined disk test (CDT) was performed. The bacterial colony suspension equivalent to 0.5 McFarland ( $1.5 \times 10^8$  CFU/mL) was prepared and cultured on Muller-Hinton agar (QUELAB, USA).<sup>[1,7]</sup>

### DNA extraction and molecular assays

DNA of MDR *E. coli* isolates was extracted using an extraction kit (Yekta Tehiz, Iran) according to the manufacturer's protocol. The specific primers included *bla*<sub>IMP</sub>, *bla*<sub>TEM</sub>, *AcrA*, *AcrB*, *bla*<sub>CTX</sub>

*bla*<sub>OXA-58</sub>, *aacIb*, *bla*<sub>SHV</sub>, and *aacIa*. Multiplex PCR reaction was prepared, including Taq DNA polymerase (AMPLIQON, Denmark), primer (10 pM), template DNA (100 ng), and DNase-free distilled water.

Multiplex PCR mixtures without template DNA and with DNA control (*K. pneumoniae* ATCC NO.7881 (*CTXM*, *TEM*, and *SHV*) and *E. coli* ATCC NO. 35218 (*AcrA*, *AcrB*, *aacIb*, *aacIa*))<sup>[7,8]</sup> were used as negative and positive controls, respectively. In summary, the amplification process involved a denaturation step at 94°C for 30 seconds, followed by 35 cycles at 61°C for 30 seconds, 72°C for 30 minutes, and a final extension step at 72°C for 10 minutes. The multiplex PCR products were separated on a 1.5% agarose gel and were visualized using the gel documentation system (UVIDoc HD6 Touch, USA).<sup>[7]</sup>

**Table 1: Patient demographic information**

Variable	n (%)
Age	
<1 year old	18 (15.8)
1–18 years old	10 (8.8)
>18 years old	86 (75.4)
Gender	
Male	46 (40.4)
Female	68 (59.6)
Unit	
Emergency	41 (36)
Surgery	8 (7)
Internal	18 (15.9)
Intensive care units (ICUs)	13 (11.4)
Ear, Nose, and Throat (ENT)	1 (0.9)
Orthopedic	19 (16.7)
Neurology	3 (2.6)
Oncology	2 (1.8)
Burn ward	6 (5.3)
Pediatric ward	3 (2.6)
Sample	
Urine culture (UC)	97 (85.1)
Wound	6 (5.3)
Sputum	3 (2.5)
Bronchoalveolar lavage (BAL)	1 (0.9)
EYE	2 (1.8)
Ascites	1 (0.9)

## Statistical analysis

Data were analyzed using SPSS version 22. Statistical analysis involved Chi-square and Fisher's exact tests.

## RESULTS

The median age of patients was 58 years (IQR: 53 (18–71) years), with 46 (40.4%) being male and 68 (59.6%) being female. UTIs (97; 58.1%) the highest incidence of type of HAIs caused by MDR *E. coli* in various hospital wards were in the emergency (41; 36%), orthopedic ward (19; 16.7%), internal (18; 15.9%), and ICUs (13; 11.4%) [Table 1].

### Antibiotic sensitivity testing

A total of 12,834 samples from HAI patients were tested, and 2190 gram-negative isolates were identified, among which 114 were MDR *E. coli* strains. The micro-dilution technique results showed that the bacteria were 100% resistant to meropenem and exhibited high resistance to ciprofloxacin, ampicillin-sulbactam, ceftazidime, and gentamicin, with resistance rates of 98.2%, 72.8%, 69.3%, and 64.9%, respectively. The most effective antibiotic was found to be piperacillin-tazobactam, with a sensitivity rate of 54.4%.

Table 2 shows a summary of the MIC<sub>50</sub>, MIC<sub>90</sub>, and geometric means (GM) MIC. In terms of MIC50 values, meropenem and ciprofloxacin showed the lowest activity against MDR *E. coli* isolates. When it comes to GM MIC values, colistin demonstrated the most potent activity against MDR *E. coli* isolates.

### Molecular epidemiology of MDR *E. coli* isolates

The frequency of resistance genes is as follows: *bla*<sub>IMP</sub> 100%, *bla*<sub>TEM</sub> 100%, *AcrA* 99.1%, *AcrB* 99.1%, *bla*<sub>CTX</sub> 91.2%, *bla*<sub>OXA-58</sub> 80.7%, *aacIb* 64.9%, *bla*<sub>SHV</sub> 44.7%, *aacIa* 37.7%. Strains with the *bla*<sub>SHV</sub> gene had antibiotic resistance rates of 51%–100% and sensitivity rates of 0%–49%. Strains with the *bla*<sub>TEM</sub> gene had antibiotic resistance rates of 51.8%–100% and sensitivity rates of 0%–54.4%. Strains with the *bla*<sub>CTX</sub> gene had antibiotic resistance rates of 48.1%–100% and sensitivity rates of 0%–51.9%. Strains with the *AcrA* gene had antibiotic resistance rates of 46%–100% and sensitivity rates of 0%–54%. Strains with the *AcrB* gene had antibiotic resistance rates of 46%–100% and sensitivity rates of 0%–54%. Strains with the *aacIa* gene had antibiotic

**Table 2: Antimicrobial susceptibility of MDR *E. Coli* isolates based on the microdilution technique**

Antibiotics	Resistant	Sensitive	MIC <sub>50</sub>	MIC <sub>90</sub>	GM MIC	Mode
Piperacillin-Tazobactam	45.6%	54.4%	11.7	500	22.24	500
Colistin	51.8%	48.2%	31.2	500	12.44	0.9
Cefepime	54.4%	45.6%	31.2	500	15.21	0.9
Gentamicin	64.9%	35.1%	31.2	1000	39.77	500
Ceftazidime	69.3%	30.7%	62.5	500	40.56	500
Ampicillin-Sulbactam	72.8%	27.2%	62.5	500	45.62	500
Ciprofloxacin	98.2%	1.8%	62.5	1000	128.67	31.2
Meropenem	100.0%	0.0%	500	1000	197.13	500

resistance rates of 20.9%–100% and sensitivity rates of 0%–79.1%. Strains with the *aacIb* gene had antibiotic resistance rates of 40.5%–100% and sensitivity rates of 0%–59.5%. Strains with the *bla<sub>IMP</sub>* gene had antibiotic resistance rates of 45.6%–100% and sensitivity rates of 0%–54.4%. Strains with the *OXA-58* gene had antibiotic resistance rates of 48.9%–100% and sensitivity rates of 0%–51.1%. In all the above strains, meropenem showed the highest resistance, while piperacillin-tazobactam had the highest sensitivity.

The *bla<sub>SHV</sub>* gene was significantly associated with resistance to ceftazidime (<0.001), and ampicillin-sulbactam (0.039). The *bla<sub>CTX</sub>* gene was significantly associated with resistance to gentamicin (0.014), colistin (0.017), and cefepime (<0.001). The *AcrA*, *AcrB* genes were significantly associated with resistance to ciprofloxacin (0.018). The *aacIa*, *aacIb* genes were significantly associated with resistance to gentamicin (<0.001), and colistin (<0.001). The *bla<sub>OXA-58</sub>* gene was significantly associated with resistance to piperacillin-tazobactam (<0.001), and ampicillin-sulbactam (<0.001) [Figure 1]. Table 3 presents a concise overview of antibiotic sensitivity in both adults and children. The results obtained from the microdilution

method reveal a significant difference in sensitivity to ampicillin-sulbactam between the two groups (0.024).

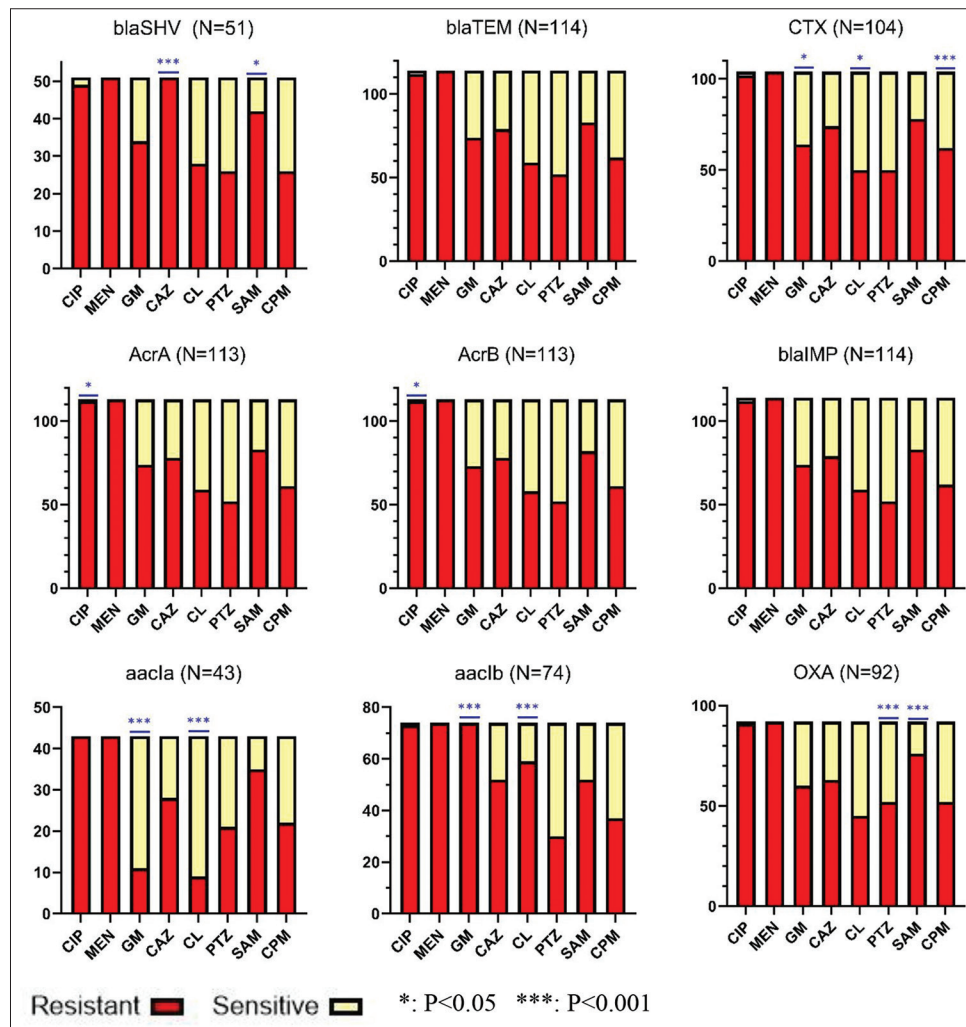
## DISCUSSION

In the current study, 114 strains of MDR-ESBL-producing *E. coli* isolates were assessed. The results revealed that

**Table 3: Antimicrobial susceptibility of isolated MDR *E. coli* from adults and children based on the microdilution technique**

Antibiotics' resistance (R)*	Child n=28	Adult n=86	P
Gentamicin	19 (67.9%)	55 (64%)	0.707
Colistin	17 (60.7%)	42 (48.8%)	0.275
Ciprofloxacin	28 (100%)	84 (97.7%)	>0.99
Ceftazidime	17 (60.7%)	62 (72.1%)	0.257
Meropenem	28 (100%)	86 (100%)	-
Ampicillin-Sulbactam	25 (89.3%)	58 (67.4%)	0.024
Piperacillin-azobactam	15 (53.6%)	37 (43%)	0.330
Cefepime	18 (64.3%)	44 (51.2%)	0.226

\*Resistance



**Figure 1: Correlation between antibiotic resistance genes and susceptibility to antibiotics among MDR *E. coli* isolates. SAM: Ampicillin-Sulbactam, CIP: Ciprofloxacin, GM: Gentamicin, CL: Colistin, CAZ: Ceftazidime, MEN: Meropenem, CPM: Cefepime, PTZ: Piperacillin-Tazobactam**



110 (96.49%) of the strains were ESBL-producing *E. coli*, and 76 (66.66%) were MDR strains. The most prevalent resistance genes detected were *bla*<sub>IMP</sub>, *bla*<sub>TEM</sub>, *AcrA*, *AcrB*, *bla*<sub>CTX</sub>, *bla*<sub>OXA-58</sub>, *aacIb*, *bla*<sub>SHV</sub>, and *aacIa*. The isolates showed significant resistance to meropenem, ciprofloxacin, ampicillin-sulbactam, ceftazidime, gentamicin, and cefepime. The study also highlighted UTIs as the most common infection. UTIs affect about 150 million people worldwide annually. In developed countries, uropathogenic *E. coli* (UPEC) is responsible for 80% of UTIs due to two key virulence factors: adhesin receptors (fimbriae type I, P, and S) and toxins (hemolysin and tumor necrosis factor). Based on our results and supporting European reports, it is irrefutable that UTIs caused by *E. coli* rank as the most prevalent HAIs.<sup>[9,10]</sup> Bagheri-Nesami et al.<sup>[11]</sup> indicated that *E. coli* was responsible for 77.18% of ventilator-associated pneumonia (VAP) cases and 29% of catheter-associated urinary tract infections (CAUTI). These findings underscore the urgency of implementing robust prevention and management strategies to combat *E. coli*-related infections in healthcare facilities.

Our results demonstrate a substantial 66.66% increase in ESBL-producing *E. coli*, marking a significant surge compared to our 2015 surveillance (30.5%)<sup>[7]</sup> and the study of Bagheri-Nesami et al.<sup>[11]</sup> (8.69%). This highlights the urgent need for further research and action to address. However, the prevalence of ESBL-producing *E. coli* was notably lower in countries such as India (27%), Lebanon (13.3%), Korea (9.2%), and Turkey (17%).<sup>[11]</sup> The varying factors contributing to this distinction include differences in sample sizes, types of HAIs, geographical locations, patients hospitalized in different wards, and patterns of antibiotic prescription.

In our study, was detected the most common ESBL genes, namely *bla*<sub>TEM</sub>, *bla*<sub>CTX</sub>, and *bla*<sub>SHV</sub>. According to a systematic review in Iran, *bla*<sub>TEM</sub> is reported as the most prevalent ESBL-producing gene at 51%.<sup>[12]</sup> Our previous study also supports this finding, showing that the *bla*<sub>TEM</sub> gene was identified most frequently at 49%, followed by *bla*<sub>SHV</sub> at 44%, and *bla*<sub>CTX</sub> at 28%.<sup>[7]</sup> Furthermore, Bagheri-Nesami et al.<sup>[11]</sup> reported a high frequency of ESBL-related genes, with 94.3% for *bla*<sub>SHV</sub>, 48.6% for *bla*<sub>CTX</sub>, 22.9% for *bla*<sub>VEB</sub>, and 17.14% for *bla*<sub>GES</sub>. A meta-analysis (2016) reported that ESBL strains had a 14% prevalence with a 5.38% annual increase. Asia and Africa had a higher prevalence (15%–46%) than Europe and the Americas (2%–6%). The ESBL strains pose a serious challenge for effective treatment as ESBL-producing bacteria are resistant to a wide range of antibiotics and carry genes that confer resistance to multiple other antibiotics. In addition, the transferability of ESBL genes, often found on large plasmids, enables easy transmission between bacterial strains and even different species, contributing to high patient mortality and a substantial financial burden on the health system.<sup>[13,14]</sup>

In our study, was utilized the microdilution technique to assess antibiotic sensitivity. The results revealed that over half of the MDR and XDR *E. coli* isolates were

resistant to ciprofloxacin, ampicillin-sulbactam, ceftazidime, gentamicin, colistin, meropenem, and piperacillin-tazobactam. Pre-COVID-19 pandemic, our study showed that MDR *E. coli* isolates were most susceptible to carbapenems (66%) and aminoglycosides (58%).<sup>[7]</sup> Bagheri-Nesami et al.<sup>[11]</sup> reported that *Enterobacteriaceae* were generally sensitive to carbapenems. Pervious study. demonstrated that only 3.62% of isolates exhibited resistance to amikacin. The impact of the COVID-19 pandemic on the healthcare system has been substantial, leading to a significant increase in AMR. Studies revealed a concerning rise in AMR in bacteria such as *E. coli*, *K. pneumoniae*, *S. aureus*, and *A. baumannii*, particularly in the MDR strains during the pandemic, with rates ranging from 24% to 37.5% (19-25). An international study reported the occurrence of AMR in COVID-19 patients to be as high as 54%.<sup>[15]</sup>

Our results showed that the *bla*<sub>SHV</sub> gene was significantly linked to resistance to ceftazidime (<0.001) and ampicillin-sulbactam (0.039). In addition, the *bla*<sub>CTX</sub> gene was significantly associated with resistance to gentamicin (0.014), colistin (0.017), and cefepime (<0.001). These results suggest the overuse of broad-spectrum antibiotics in healthcare settings and the transmission of ESBL-encoding genes on plasmids. Some of these genes are carried within transposons or integrons, which facilitate their transfer between different organisms.<sup>[16-18]</sup> The frequency of *bla*<sub>CTX-M</sub>, *bla*<sub>TEM</sub>, and *bla*<sub>SHV</sub> genes, and resistance to cefotaxime, ceftazidime, cefepime, and ceftriaxone indicate a strong link between the presence of resistant genes and high expression of resistance to ESBLs. These strains present a significant therapeutic challenge as they often display resistance to various antimicrobial drugs, including aminoglycosides, quinolones, and cotrimoxazole.<sup>[19,20]</sup>

Our findings revealed a significant correlation between the presence of *AcrA* and *AcrB* genes and resistance to ciprofloxacin (0.018). The *AcrA-B* secretory pumps are a major factor in innate resistance to fluoroquinolones and also confer resistance to chloramphenicol, tetracycline, trimethoprim, beta-lactams, and macrolides.<sup>[21]</sup> Previous studies in various regions of Iran have reported *E. coli* resistance to ciprofloxacin ranging from 10.2% to 85%. Abdi et al.<sup>[22]</sup> reported a slightly lower rate of 51%, but in the United States, the resistance rate was 16.8%, and in China, it ranged from 43% in 2013 to 48% in 2015.<sup>[23,24]</sup>

In our study, the genes *aacIa* and *aacIb* were found to be significantly associated with resistance to gentamicin (<0.001) and colistin (<0.001). Our results revealed that *E. coli* isolates displayed significant resistance to aminoglycosides. Interestingly, a study in Iran<sup>[25]</sup> reported lower resistance rates of 21% for gentamicin, 24.6% for tobramycin, 23.18% for kanamycin, and 3.62% for amikacin. These findings emphasize the urgent need to address the notable levels of resistance to aminoglycoside antibiotics in MDR *E. coli* isolates in Northern Iran.

Our study revealed a significant difference in resistance to ampicillin-sulbactam between adults and children ( $P = 0.024$ ).

According to our results, prescribing ampicillin-sulbactam in combination with other antibiotics is recommended for treating pediatric infectious diseases caused by MDR-ESBL-producing *E. coli* at hospitals in Northern Iran. The current study has limitations, such as the absence of sequencing for MDR and ESBL-producing genes.

## CONCLUSION

The current study revealed a high frequency of ESBL genes (*bla<sub>SHV</sub>*, *bla<sub>TEM</sub>*, *bla<sub>CTX</sub>*), carbapenemase-producing genes (*bla<sub>IMP</sub>*), aminoglycoside resistance genes (*aacIb* and *aacIa*), and efflux pump-expressing genes (*AcrA*, *AcrB*) in MDR-ESBL-producing *E. coli* isolates, indicating an increase in antimicrobial resistance in healthcare facilities in Northern Iran following the COVID-19 pandemic. Our results showed that over 50% of MDR-ESBL-producing *E. coli* isolates are resistant to antibiotics. We recommend a combination of antibiotics, including piperacillin-tazobactam and colistin, for treating extensively drug-resistant *E. coli* infections.

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## Conflicts of interest

There are no conflicts of interest.

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