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Redirecting abiraterone metabolism to fine tune prostate cancer anti-androgen therapy

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Abstract

Abiraterone blocks androgen synthesis and prolongs survival in castration-resistant prostate cancer, which is otherwise driven by intratumoral androgen synthesis^{1,2}. Abiraterone is metabolized in patients to D4A, which has even greater anti-tumor activity and structural similarities to endogenous steroidal 5 α -reductase substrates, such as testosterone³. Here, we show that D4A is converted to at least 3 5 α -reduced and 3 5 β -reduced metabolites. The initial 5 α -reduced metabolite, 3-keto-5 α -abi, is more abundant than D4A in patients with prostate cancer taking abiraterone, and is an androgen receptor (AR) agonist, which promotes prostate cancer progression. In a clinical trial of abiraterone alone, followed by abiraterone plus dutasteride (a 5 α -reductase inhibitor), 3-keto-5 α -abi and downstream metabolites are depleted, while D4A concentrations rise, effectively blocking production of a tumor-promoting metabolite and permitting D4A accumulation. Furthermore, dutasteride does not deplete three 5 β -reduced metabolites, which were also clinically detectable, demonstrating the specific biochemical effects of pharmacologic 5 α -reductase inhibition on abiraterone metabolism. Our findings suggest a

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Author Contributions

Z.L. performed gene expression, metabolism and mouse work. M.A. performed mass spectrometry metabolism work. J.L. performed immunoblots. S.U. performed chemical syntheses. K.G. and M.A. performed the microarray GSEA analysis. M-E.T. and S.P.B. designed and performed a clinical trial. Z.L., M.A., R.J.A. and N.S. designed the studies and wrote the manuscript. All authors discussed the results and commented on the manuscript.

previously unappreciated and biochemically specific method of clinically fine-tuning abiraterone metabolism to optimize therapy.

Metastatic prostate cancer generally responds initially to medical or surgical castration, followed by eventual resistance as castration-resistant prostate cancer (CRPC), which is driven by the metabolic capability of tumors to reconstitute potent androgens, mainly from dehydroepiandrosterone (DHEA)/DHEA-sulfate, and in turn stimulate the androgen receptor (AR)^{1,4,5}. Abiraterone (Abi; administered orally as Abi acetate), a steroidal drug, inhibits 17 α -hydroxylase/17,20-lyase (CYP17A1), blocks androgen synthesis and prolongs survival, even after treatment with docetaxel chemotherapy^{6,7}. Unfortunately, disease progression occurs and ultimately results in tumor lethality.

Abi is converted in patients by 3 β -hydroxysteroid dehydrogenase (3 β HSD) to 4 β -abiraterone (D4A), which blocks multiple enzymes required for 5 α -dihydrotestosterone (DHT) synthesis, directly and potently antagonizes the AR, and has more potent anti-tumor activity than abiraterone itself³. However, there is no known method to increase accumulation of D4A as an Abi metabolite and it is not known if there are other Abi metabolites that harbor clinically relevant biochemical activity that contribute to response or resistance to treatment with Abi.

The 4 β , 3-keto structure of D4A makes it potentially susceptible to 5 α -reduction to 3-keto-5 α -Abi (5 α -Abi) or 5 β -reduction to 3-keto-5 β -abi (5 β -Abi), which are both irreversible reactions (Fig. 1a). 3-keto-reduction of both of these metabolites may reversibly convert them to their 3 α -OH and 3 β -OH congeners, making a total of 6 novel metabolites downstream of D4A (Fig. 1a and Extended Data Fig. 1). Conversion from Abi and D4A to all 3 5 α -reduced metabolites, interconversion among the 3 5 α -reduced metabolites, and interconversion among the 3 5 β -reduced metabolites are detectable in the LAPC4, C4-2 and VCaP prostate cancer cell lines by mass spectrometry (Fig. 1b and Extended Data Fig. 2). In the LNCaP and LAPC4 human prostate cancer cell lines using an alternative method of detection (HPLC with UV absorption), direct incubations with D4A result in conversion to 5 α -Abi and 3 α -OH-5 α -Abi (Extended Data Fig. 3a and d) and treatment with 5 α -Abi yields conversion to 3 α -OH-5 α -Abi (Extended Data Fig. 3b). Particularly in LAPC4, the reversibility of this reaction is demonstrable by 5 α -Abi detection upon 3 α -OH-5 α -Abi treatment (Extended Data Fig. 3c); however, it appears that reduction to 3 α -OH-5 α -Abi appears to be the preferred directionality. Similarly, *in vivo*, 5 α -Abi is preferentially converted to 3 α -OH-5 α -Abi, although the reverse reaction is also detectable (Fig. 1c). 3 β -OH-5 α -Abi is also oxidized to 5 α -Abi and converted to 3 α -OH-5 α -Abi. Reflecting the irreversible nature of steroid 5 α -reduction, no Abi, D4A, or 5 β -reduced metabolites are detectable after treatment with any of the 5 α -reduced Abi metabolites. Furthermore, all 6 metabolites are clinically detectable in the sera of 12 patients with CRPC undergoing treatment with Abi acetate (Fig. 1d; Extended Data Fig. 4 and Extended Data Table 1). Together, these data support a model in which once D4A is 5 α -reduced to 5 α -Abi, 3-keto reduction to both 3-(α and β)-OH isomers and the reverse reactions occur, both in prostate cancer cells and *in vivo*.

Steroid 5 α -reduction preserves the steroid planar structure and plays an essential role in the regulation of biologically active androgens (i.e., conversion of testosterone to DHT and 4-androstenedione [AD] to 5 α -androstenedione [5 α -dione])^{8,9}. On the other hand, steroid 5 β -reduction disrupts the planar conformation by introducing a 90° bend, which generally inactivates steroid hormones and facilitates clearance. We therefore focused subsequent studies on the pathway and metabolites of D4A 5 α -reduction. 5 α -Abi and 3 α -OH-5 α -Abi synthesis is facilitated via upstream conversion of Abi to D4A by 3 β HSD (Extended Data Fig. 5a). In cells without endogenous steroid-5 α -reductase (SRD5A) expression, conversion of D4A to 5 α -Abi is enabled by expression of either SRD5A1 or SRD5A2 (Extended Data Fig. 5b). In LAPC4 cells, which predominantly express SRD5A1⁸, genetically silencing SRD5A1 (Extended Data Fig. 5c) or pharmacologic blockade with the SRD5A1 inhibitor LY191704¹⁰, or clinically achievable concentrations of the dual isoenzyme inhibitor dutasteride¹¹, blocks conversion of D4A to 5 α -Abi and 3 α -OH-5 α -Abi (Extended Data Fig. 5d). The aldo-keto reductase isoenzyme AKR1C2 is thought to be the predominant 3-keto reductase that converts the 3-keto steroid, DHT, to 5 α -androstane-3 α ,17 β -diol¹². We found that AKR1C2 expression also enables the reduction of 5 α -Abi to 3 α -OH-5 α -Abi (Extended Data Fig. 5e).

Next, we sought to determine the activities of 5 α -reduced Abi metabolites on the androgen pathway. 5 α -reduction of D4A to 5 α -Abi and 3 α -OH-5 α -Abi is accompanied by attenuation or loss of CYP17A1, 3 β HSD and SRD5A inhibition activity (Fig. 2a–c), as assessed by conversion from [³H]-pregnenolone to DHEA, [³H]-DHEA to AD, and [³H]-AD to 5 α -dione, respectively. The effects, or lack thereof, for D4A and 5 α -Abi metabolites on 3 β HSD, are consistent with observations of others that endogenous 4, 3-keto-steroids inhibit 3 β HSD and that 5 α -reduction leads to loss of inhibitory activity¹³.

The affinity of 5 α -Abi is comparable to that of D4A for the T877A mutant AR in LNCaP and wild-type AR in LAPC4, whereas the affinities of 3 α -OH-5 α -Abi and Abi are lower (Fig. 2d). To assess the consequences of 5 α -Abi binding to AR, expression of androgen-responsive genes was assessed. Treatment with 5 α -Abi results in expression of androgen-responsive genes in LAPC4 and LNCaP (Fig. 2e–g). A lower level of induction occurs with 3 α -OH-5 α -Abi treatment. The delayed and modest effect of 3 α -OH-5 α -Abi on induction of PSA is consistent with low binding affinity for AR and modest conversion of 3 α -OH-5 α -Abi to 5 α -Abi that appears to occur to a greater extent in LAPC4 compared with LNCaP (Extended Data Fig. 3c). Using a cDNA microarray and Gene Set Enrichment Analysis we found that 5 α -Abi stimulates AR signature genes¹⁴ (Extended Data Fig. 6a–b) and that 81% of genes regulated by 5 α -Abi are also regulated by DHT (Extended Data Fig. 6c–d and Extended Data Table 2). To test the effect of AR stimulation by 5 α -Abi on tumor growth, CRPC xenografts were treated with 5 α -Abi and 3 α -OH-5 α -Abi. 5 α -Abi significantly shortened progression-free survival ($P < 0.01$), whereas 3 α -OH-5 α -Abi had no detectable effect when compared to control xenografts (Fig. 2h). We also tested all 3 5 β -reduced Abi metabolites for effects on androgen-responsive gene expression and confirmed that perturbation of the steroid planar structure is accompanied by the absence of metabolite activity (Fig. 2i).

We hypothesized that under conditions of Abi treatment, prostate cancer cells might develop the capacity to augment the conversion of D4A \rightarrow 5 α -Abi by SRD5A up-regulation. VCaP and LNCaP cells were cultured for 6 months with D4A or Abi, along with DHEA, to mimic the human adrenal androgen milieu (Fig. 3a). Cells propagated in long-term culture with D4A and Abi exhibited increased SRD5A enzyme activity, as assessed by conversion of [3 H]-AD \rightarrow 5 α -reduced androgens, [3 H]-T \rightarrow DHT, and D4A \rightarrow 5 α -reduced Abi metabolites (Fig. 3b–c). Increased SRD5A enzyme activity was accompanied by a predominant increase in *SRD5A1* mRNA (Extended Data Fig. 7a) and protein expression (Fig. 3d–e). The increase in SRD5A occurring with Abi or D4A treatment does not occur with enzalutamide treatment (Extended Data Fig. 7b–c). There was no change in AR-V7 with Abi or D4A treatment (Extended Data Fig. 7d). Together, these results suggest that there is probably a selective growth advantage for depleting the anti-tumor activity associated with D4A and/or increasing the AR agonist activity of increased 5 α -Abi concentrations.

Next, we hypothesized that the increased ratio of 5 α -Abi:D4A of approximately 2.5:1 is specifically and clinically reversible by dual SRD5A isoenzyme inhibition with dutasteride in patients on treatment with Abi acetate. A phase II clinical trial (NCT01393730) of Abi acetate (1000 mg daily) plus prednisone (5 mg daily) for 2 months (2 cycles), followed by the addition of dutasteride at the start of cycle 3 (3.5 mg once daily; Fig. 4a) is ongoing in men with metastatic CRPC. Sixteen patients who had blood collected on Abi acetate alone (start of cycle 3) and after the addition of dutasteride (start of cycles 4 and 7) were included in the analysis. Strikingly, there was an 89% decline in the mean concentration of 5 α -Abi after the addition of dutasteride (cycle 3: 25.8 nM vs. cycle 4: 2.9 nM; Fig. 4d). The other two 5 α -reduced metabolites downstream of SRD5A exhibited similar declines (92% decline in 3 α -OH-5 α -Abi and 73% decline in 3 β -OH-5 α -Abi), further corroborating the effects of dutasteride on blocking 5 α -reduction of D4A in patients. Pharmacologic SRD5A inhibition nearly doubled the mean serum concentration of D4A (cycle 3: 9.9 nM vs. cycle 4: 18.2 nM; Fig. 4c). Unexpectedly, the addition of dutasteride also nearly doubled the mean concentration of Abi (cycle 3: 191.2 nM vs. cycle 4: 372.4 nM; Fig. 4b), although this difference did not reach statistical significance ($P = 0.051$). Concentrations of Abi, D4A and 5 α -Abi metabolites at cycle 7, the second time point after addition of dutasteride, were similar to cycle 4, although the changes from Abi alone at baseline were slightly lessened (Fig. 4 and Extended Data Table 3). Finally, and in sharp contrast to the substantial decline in 5 α -Abi metabolites after the addition of dutasteride, there was no decrease in any of the 3 5 β -reduced Abi metabolites, supporting a very specific biochemical effect of SRD5A inhibition on 5 α -Abi metabolism (Fig. 4e). Together, these findings demonstrate that the elevated ratio of 5 α -Abi:D4A is pharmacologically, specifically and clinically reversible with dutasteride.

CYP17A1 inhibition by Abi is clinically incomplete, as has been demonstrated by residual urinary androgen metabolites¹⁵ and high residual serum concentrations of DHEA-sulfate, the major androgen produced from the human adrenal¹⁶, which together persist in patients on Abi treatment. Molecular aberrations that sustain AR signaling partake in the development of CRPC¹⁷ and also drive Abi resistance^{18,19}. Together, these studies suggest

that reversal of sustained AR signaling should have a therapeutic benefit in at least a subset of patients with Abi resistant disease.

A component of sustained AR signaling occurs by way of a continuous supply of endogenous androgens (testosterone and/or DHT) provided by maintained steroidogenesis. Preclinical models indeed suggest that Abi resistance can be driven by an up-regulation of steroidogenic enzymes²⁰. Our findings demonstrate that along with providing potent endogenous androgens, steroidogenic enzymes may serve a dual purpose by also regulating Abi metabolism, specifically by hastening the elimination of the anti-tumor activity associated with D4A³ by converting it with increased SRD5A enzyme activity to 5 α -Abi, which instead has tumor-promoting AR agonist activity. Consistent with our findings, SRD5A has been noted by others as one of the most up-regulated steroidogenic-enzyme transcripts in another model of Abi resistance²⁰.

The coordinate effects of steroidogenic enzymes on endogenous steroids vs. Abi should be considered in view of our findings on extensive steroidogenic metabolism of Abi. For example, increased SRD5A enzyme activity should have concordant favorable effects on tumor growth by increasing DHT synthesis and converting D4A to 5 α -Abi. On the other hand, increasing 3 β HSD activity would be expected to have discordant effects, as it is required for synthesis of T and DHT (beneficial to tumor) but increases conversion of Abi to D4A (detrimental to tumor). In this context, the likelihood is that the net effect of increased intratumoral 3 β HSD activity is probably beneficial, because the endogenous substrates (i.e., DHEA, 5 α -androstenediol and pregnenolone) are probably preferred over D4A. A third enzymatic reaction that is relevant both to endogenous 5 α -reduced androgens and 5 α -Abi is 3 α -OH-oxidation to 3-keto-steroids. Oxidation or 'back conversion' of (3 α -OH) 5 α -androstenediol, which does not stimulate AR, to (3-keto) DHT, can stimulate AR signaling^{21,22}. The net effect of this reaction on androgens and Abi metabolism is therefore expected to be concordant and stimulatory because in addition to increasing DHT synthesis, conversion of 3 α -OH-5 α -Abi to 5 α -Abi also increases affinity for AR (Fig. 2d), stimulates androgen-responsive gene expression (Fig. 2e–g) and tumor growth (Fig. 2h).

Notwithstanding these considerations, the majority of Abi metabolites found in serum likely form independent of tumor metabolism and result from the activity of hepatic enzymes. Although we found that prostate cancer cell lines readily 5 α -reduce D4A, no prostate cancer-dependent 5 β -reduction was observed. Both steroid 5 α - and 5 β -reductase reactions are abundant in the liver. The contributions to treatment response of D4A depletion by intrinsic tumor SRD5A versus extrinsic metabolism remain to be determined. Nonetheless, in our clinical study adding dutasteride to treatment with Abi acetate, resulted in an approximately 90% decline in circulating concentrations of 5 α -Abi, the immediate product of D4A 5 α -reduction, with similar declines in the other 5 α -Abi metabolites. D4A concentrations concomitantly rose after the addition of dutasteride, supporting the specific pharmacologic effect of dutasteride on D4A metabolism. Numerically, there was also a rise in Abi concentrations, and although this change did not reach the generally accepted level of statistical significance ($P = 0.051$), it does raise the possibility that SRD5A provides an important mechanism of Abi clearance, at least in a subset of patients.

The absence of any effect on 5 β -reduced Abi metabolites demonstrates the remarkable specificity of dutasteride on 5 α -reduction of D4A. The presence and maintenance of 5 β -reduced metabolites further suggests an “escape” mechanism of metabolism with pharmacologic 5 α -reductase inhibition, raising the possibility that D4A, and perhaps Abi concentrations, might be further elevated with 5 β -reductase inhibition, resulting in further therapeutic potentiation.

Our studies demonstrate a clear and specific biochemical effect of SRD5A inhibition on D4A metabolism in patients treated with Abi that would be expected to intensify the benefit of Abi therapy. The clinical benefit of fine-tuning Abi metabolism with SRD5A inhibition requires further investigation in randomized trials.

Methods

Cell lines, drugs and constructs

LNCaP, 293T and VCaP cells were purchased from the American Type Culture Collection (Manassas, VA) and maintained in RPMI-1640 (LNCaP) or DMEM (293T and VCaP) with 10% FBS (Gemini bio-products). The LAPC4 cell line was kindly provided by Dr. Charles Sawyers (Memorial Sloan Kettering Cancer Center, New York, NY) and grown in Iscove's Modified Dulbecco's Medium with 10% FBS. Stable LAPC4 cell lines with SRD5A1 knockdown were established as previously described⁸. Plasmid pcDNA3-c17 (a generous gift of Dr. Walter Miller, University of California, San Francisco, CA) was used to establish the 293 stable cell line expressing human CYP17A1 as described²³. Cell lines were authenticated by DDC Medical (Fairfield, OH) and determined to be mycoplasma free with primers 5'-ACACCATGGGAGCTGGTAAT-3' and 5'-GTTCATCGACTTTCAGACCCAAGGCAT-3'. Dutasteride was purchased from Medkoo Biosciences (Chapel Hill, NC). Enzalutamide was obtained from Medivation (San Francisco, CA). The AKR1C2 expression plasmid was a generous gift of Dr. Trevor Penning (University of Pennsylvania, Philadelphia, PA). Enzalutamide resistant cells were cultured with DMSO, 1 μ M or 10 μ M enzalutamide for more than 6 months (LAPC4) or 10 weeks (VCaP) with presence of 10nM DHEA. Abi or D4A resistant cells were cultured as indicated in Fig. 3a.

HPLC

Cell Line Metabolism: 0.2 million/ml cells were seeded and incubated in 12-well plates for ~24 h before incubation with the indicated drugs or a mixture of [³H]-labeled (~1,000,000 cpm/well; PerkinElmer, Waltham, MA) and non-radioactive androgens (final concentration, 100 nM) at 37°C. Collected medium was treated with β -glucuronidase (*Helix pomatia*; Sigma-Aldrich), extracted with ethyl acetate:isooctane (1:1), and concentrated under nitrogen gas as described previously²⁴.

Xenograft Metabolism: 10⁷ VCaP cells with Matrigel were injected subcutaneously into orchiectomized NSG mice with 5 mg, 90 day sustained-release DHEA pellets (Innovative Research of American, Sarasota, FL). ~1000 mm³ xenografts were harvested, minced, and cultured in DMEM with 10% FBS at 37°C with the indicated drugs. Aliquots of medium

were collected at the indicated times. Collected medium was processed for HPLC with the same protocol as medium from cell lines.

HPLC analysis was performed on a Waters 717 Plus HPLC or an Agilent 1260 HPLC. Dried samples were reconstituted in 50% methanol and separated on Kinetex 100 × 2.1 mm, 2.6 μm particle size C₁₈ reverse-phase column (Phenomenex, Torrance, CA) using a methanol/water gradient at 30°C. The column effluent was analyzed using a 254 nm UV-visible detector or β-RAM model 3 in-line radioactivity detector (IN/US Systems, Inc.) using Liquiscint scintillation cocktail (National Diagnostics, Atlanta, GA). All HPLC studies were conducted in triplicate and repeated at least 3 times in independent experiments. Results are shown as mean ± SD.

Gene expression and immunoblotting

Cells were starved with phenol red-free and serum free-medium for at least 48 h before treatment with the indicated drugs and/or androgens. RNA extraction and cDNA synthesis were performed with the GenElute Mammalian Total RNA miniprep kit (Sigma-Aldrich) and iScript cDNA Synthesis Kit (Bio-Rad, Hercules, CA) respectively. Quantitative PCR (qPCR) analysis was conducted in triplicate in an ABI 7500 Real-Time PCR machine (Applied Biosystems) using iTaq Fast SYBR Green Supermix with ROX (Bio-Rad) and primers for *TMPRSS2*, *PSA* and *RPLPO*, as described previously⁴. SYBR *Premix Ex Taq* II (Takara) was used for *SRD5A1*, *SRD5A2* and *AR v7* detection. Primers used for AR detection are 5'-TCTTGTCGTCTTCGGAAATGT-3' and 5'-AAGCCTCTCCTTCCTCCTGTA-3'²⁵. Primers used for AR v7 detection are 5'-CCATCTTGTCGTCTTCGGAAATGTTATGAAGC-3' and 5'-TTTGAATGAGGCAAGTCAGCCTTCT-3'²⁶. Accurate quantitation of each mRNA was achieved by normalizing the sample values to *RPLPO* and to vehicle-treated cells. 50 μg cell lysate was used for immunoblot with rabbit anti-SRD5A1 (Abnova) and mouse anti-β-actin (Sigma-Aldrich) antibodies.

Microarray study and analysis

LAPC4 cells were starved with phenol red-free and serum free-medium for at least 48 h before treatment with the indicated drugs and/or androgens, in biological triplicate. RNA was extracted with *mirVana*[™] miRNA isolation kit (Life technologies). The genomics core of Cleveland Clinic generated cDNA and performed the microarray with HumanHT-12 v4 Expression BeadChip and iScan (Illumina). Hybrid signals were analyzed with Illumina GenomeStudio Software 2011.1 and normalized by the vehicle control group. Regulated genes are defined as detection p < 0.01, fold change (compared to Ctrl group) > 1.55 or < 0.5. Heatmap was generated with HemI software²⁷. The complete results are uploaded in NCBI GEO as GSE75387.

Normalized, log₂ transformed data was used for subsequent GSEA carried out using R (<http://www.R-project.org>) and Bioconductor software²⁸. The 2500 genes with the highest median absolute deviation were selected for analysis. Enrichment scores were calculated for the gene set C2 Collection (curated pathways) from the Molecular Signatures Database version 5.1 (MSigDB v5.1) using the Bioconductor package 'GSEA'²⁹. Gene sets with a

minimum of 10 genes and a maximum of 1000 genes were included. Significance testing of enrichment scores was performed with a moderated t-statistic ($FDR < 0.05$) using the Bioconductor package 'limma'. Separately, GSEA was used to correlate the 5 α -Abi expression data with an androgen receptor selective gene set described elsewhere¹⁴. The GSEA enrichment plot was generated as described elsewhere^{30,31}.

Mouse xenograft studies

Male NSG mice, 6 to 8 weeks of age were obtained from the Cleveland Clinic Biological Resources Unit facility. All mouse studies were conducted under a protocol approved by the Cleveland Clinic Institutional Animal Care and Use Committee. 10⁷ VCaP cells were injected subcutaneously with matrigel. Once tumors reached 100 mm³ (length \times width \times height \times 0.52), mice were surgically orchiectomized and arbitrarily assigned to vehicle (n=9), 5 α -Abi (n=10), or 3 α -OH-5 α -Abi (n=9) treatment groups. Mice were injected intraperitoneally with 0.15 mL 5 α -Abi and 3 α -OH-5 α -Abi (0.15 mmol/kg/d and 0.075 mmol/kg/d, respectively, in 5% benzyl alcohol and 95% safflower oil solution) every day for up to 20 days. Control groups were administered 0.15 mL 5% benzyl alcohol and 95% safflower oil solution via intraperitoneal injection every day. Tumor volume was measured every other day, and time to increase in tumor volume by 30% was determined (2 sequential increases). Mice were sacrificed at treatment day 20. The significance of the difference between treatment groups was assessed by Kaplan-Meier survival analysis using a log-rank test in SigmaStat 3.5.

AR competition assay

Cells were starved with phenol red-free and serum free-medium for at least 48 h and then treated with [³H]-R1881 and the indicated concentrations of drugs for 30 min. Cells were washed thoroughly with PBS and then lysed with RIPA buffer. Intracellular radioactivity was measured with a Beckman Coulter LS60001C liquid scintillation counter and normalized to the protein concentration as detected with a Wallac Victor2 1420 Multilabel counter (Perkin Elmer).

Patient serum collection and drug extraction

Twelve patients with CRPC undergoing standard treatment with Abi acetate at Cleveland Clinic were consented under an Institutional Review Board – approved protocol (Case 7813). Blood was collected using Vacutainer Plus serum blood collection tubes (#BD367814, Becton Dickinson, Franklin Lakes, NJ), between 1 and 16 hours after the 1000mg daily dose of Abi acetate was administered, and allowed to clot. Tubes were centrifuged at 2500 RPM or 1430 x g for 10 minutes. Serum aliquots were frozen at -80°C until processing. To study the effect of dutasteride on Abi metabolism, serum samples were collected from patients treated on a phase II clinical trial at Dana-Farber Cancer Institute (NCT01393730). Each patient received Abi acetate (1,000 mg daily) plus prednisone (5 mg daily) for 2 cycles (8 weeks) and then additional treatment with dutasteride (3.5 mg daily) was initiated. Samples were collected on treatment with Abi alone and after addition of dutasteride (start of cycles 3, 4 and 7). Seventeen patients treated at this institution on this clinical trial had blood available from all 3 time points. One patient had Abi concentrations that were under the limit of detection and was later determine to have stopped treatment

because of adverse effects and was therefore not included in the analysis. Drug metabolites and internal standard (d_4 -abiraterone, Toronto Research Chemicals Inc, Ontario Canada) were extracted from 100 μ L of patient serum with methyl tert-butyl ether (Sigma Aldrich, St. Louis, MO), evaporated under a stream of nitrogen gas and reconstituted in methanol:water (50:50) prior to mass spectrometry analysis. Standard curves were generated using human serum spiked with known concentrations of each metabolite to enable determination of unknown concentrations in patient samples.

Mouse serum extraction

20 μ l of mouse serum were precipitated with 500 μ l methanol containing the internal standard (d_4 -abiraterone) the supernatant was then injected into the mass analyzer. Standard curves were prepared with mice serum spiked with known metabolites concentrations for accurate determination of unknown metabolites concentrations.

Cell line media extraction

200 μ l media collected at different time points were extracted with methyl tert-butyl ether (Sigma Aldrich, St. Louis, MO), evaporated under a stream of nitrogen gas and reconstituted in methanol:water (50:50) prior to mass spectrometry analysis.

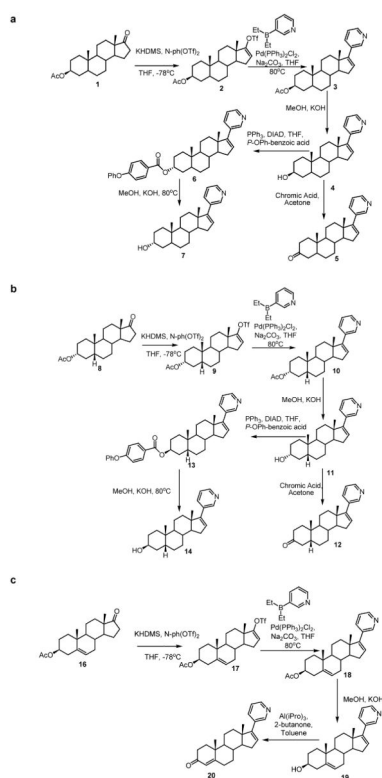
Mass spectrometry

Samples were analyzed on a ultra high-performance liquid chromatography station (Shimadzu, Kyoto, Japan) with a DGU-20A3R degasser, 2 LC-30AD pumps, a SIL-30AC autosampler, a CTO-10A column oven and a CBM-20A system controller in tandem with a QTRAP 5500 mass spectrometer (AB Sciex, Framingham, MA). Drug metabolites were ionized using electrospray ionization in positive ion mode. Multiple reaction monitoring was used to follow mass transitions for Abi, IS, and the metabolites (Table S1). Due to the similarity in structure and mass transitions for the metabolites it was necessary to separate them with chromatography. Separation of drug metabolites was achieved using a mobile phase consisting of LC-MS grade (Fisher) methanol: acetonitrile: water:formic acid (39:26:34:1) at a flow rate of 0.2 ml/min., and C18 analytical column; Zorbax Eclipse plus 150 \times 2.1 mm, 3.5 μ m (Agilent, Santa Clara, CA).

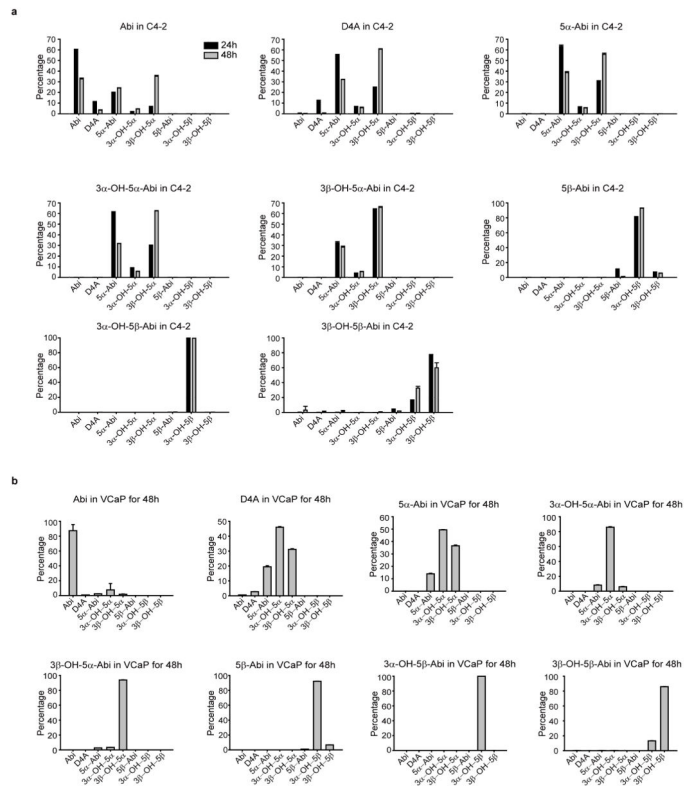
Chemical Synthesis

See supplemental methods.

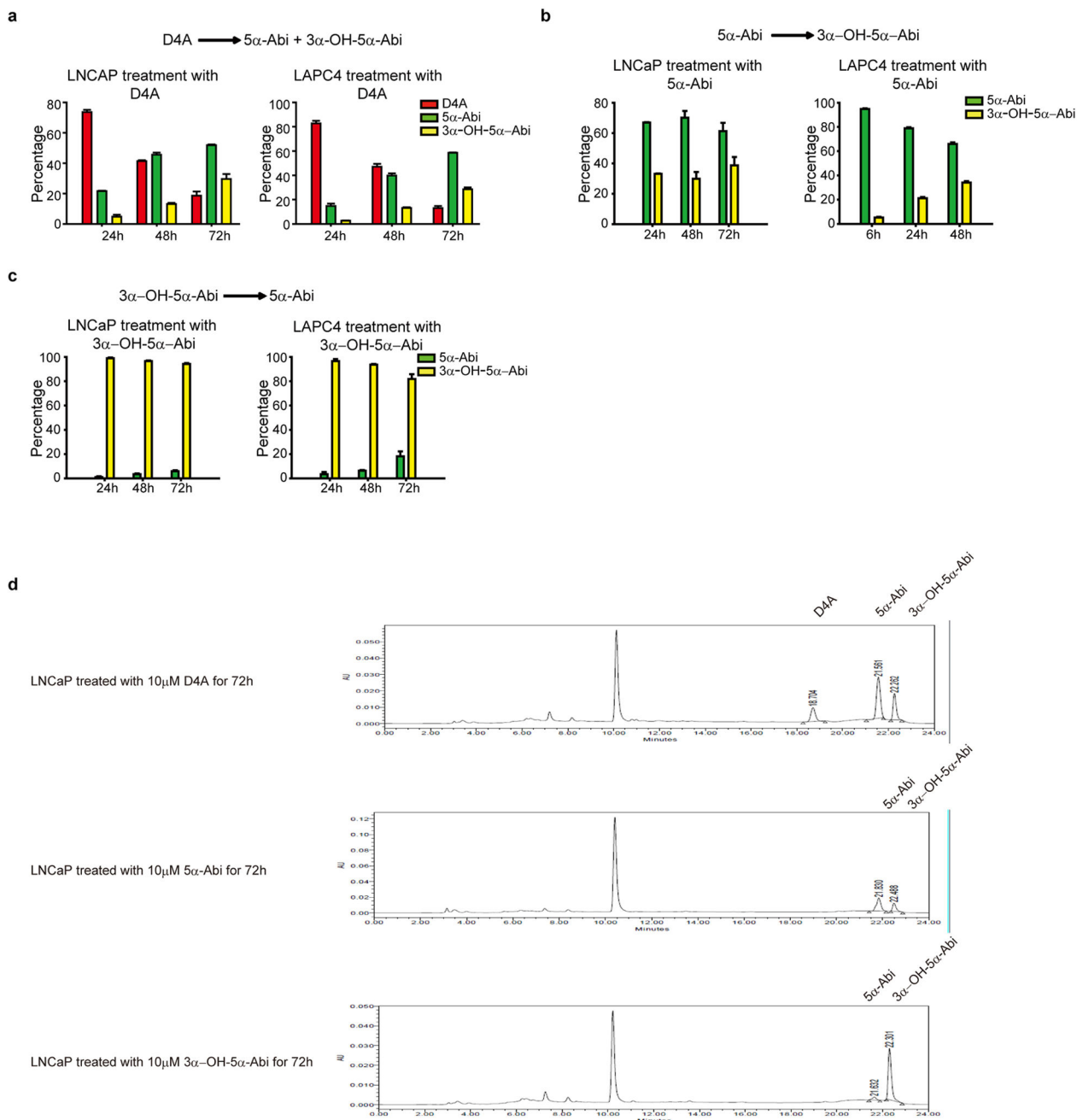
Extended Data



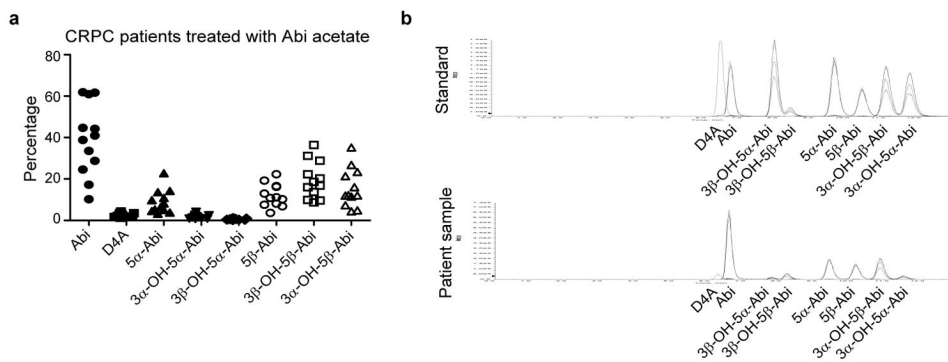
Extended Data Figure 1.
 Synthesis of abiraterone metabolites. (a) Synthesis of 5 α -Abi, 3 α -hydroxy-5 α -Abi and 3 β -hydroxy-5 α -Abi. (b) Synthesis of 5 β -Abi, 3 α -hydroxy-5 β -Abi and 3 β -hydroxy-5 β -Abi. (c) Synthesis of D4A.

**Extended Data Figure 2.**

Genesis and interconversion of Abi metabolites in the (a) C4-2 and (b) VCaP prostate cancer cell lines. Cells were treated with Abi or the indicated metabolite (0.1 μ M) for 24 or 48 hours and each of the indicated metabolites was detected by LC-MS/MS in triplicate. Error bars represent the SD.

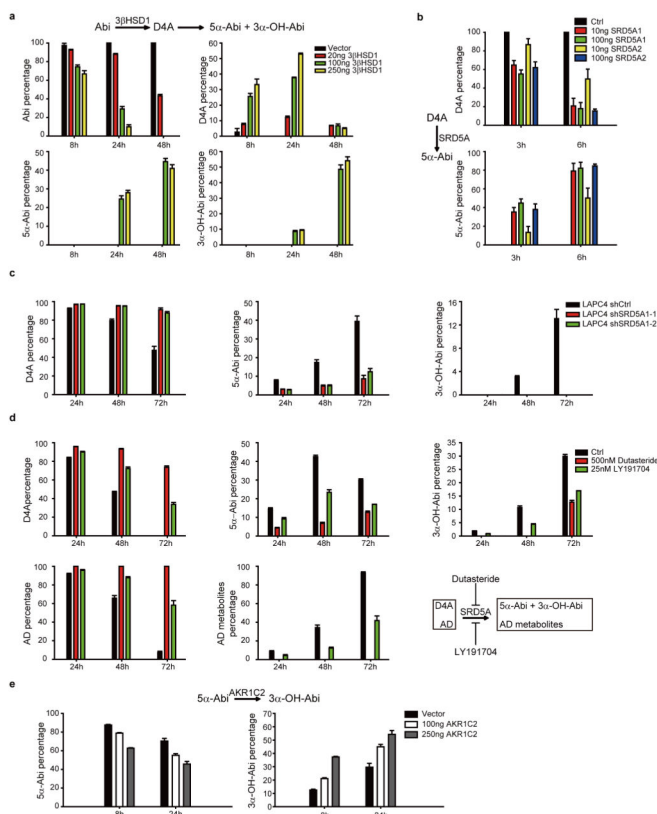
**Extended Data Figure 3.**

In vitro time course formation of 5α-reduced Abi metabolites. a–c, Conversion from D4A to 5α-reduced Abi metabolites (a), 3-keto reduction of 5α-Abi to 3α-OH-5α-Abi (b), and 3α-OH-oxidation of 3α-OH-5α-Abi to 5α-Abi (c) is detectable in LNCaP and LAPC4 prostate cancer cell lines. Cells were treated with 10 μM of the indicated compounds, metabolites were separated by high performance liquid chromatography (HPLC) and quantitated by UV spectroscopy. Experiments were performed in triplicate at least 3 times and error bars represent the SD. (d), Examples of HPLC and UV absorption tracings for incubations of prostate cancer cell lines with D4A, 5α-Abi and 3α-OH-5α-Abi.



Extended Data Figure 4.

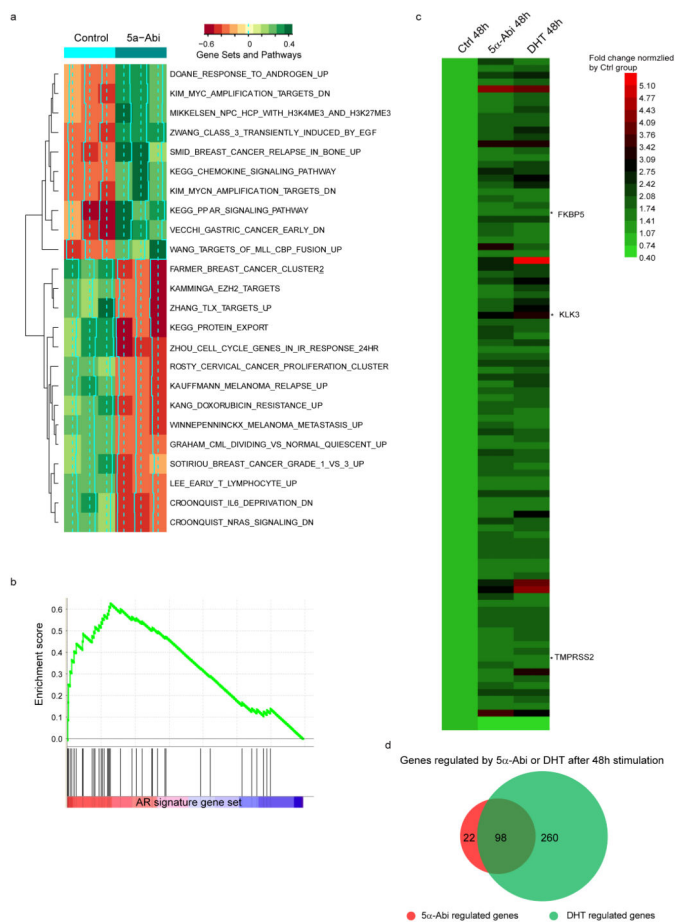
Clinical presence of 5 α -reduced and 5 β -reduced Abi metabolites in patients treated with Abi acetate. a, Dot plot of Abi and its metabolites expressed as the percentage of the total of Abi and its metabolites. b, LC-MS/MS separation of Abi metabolite standards and an example from serum obtained from a patient on Abi treatment.



Extended Figure 5.

Enzymes involved in the formation of 5 α -reduced Abi metabolites. a, 3 β HSD1 catalyzes the conversion of Abi to D4A and downstream accumulation of 5 α -Abi and 3 α -OH-5 α -Abi. LAPC4 cells were transiently transfected with the indicated amount of an expression construct encoding 3 β HSD1 or vector control before treatment with Abi. b, Conversion of D4A to 5 α -Abi is catalyzed by SRD5A1 or SRD5A2. The indicated amounts of SRD5A1,

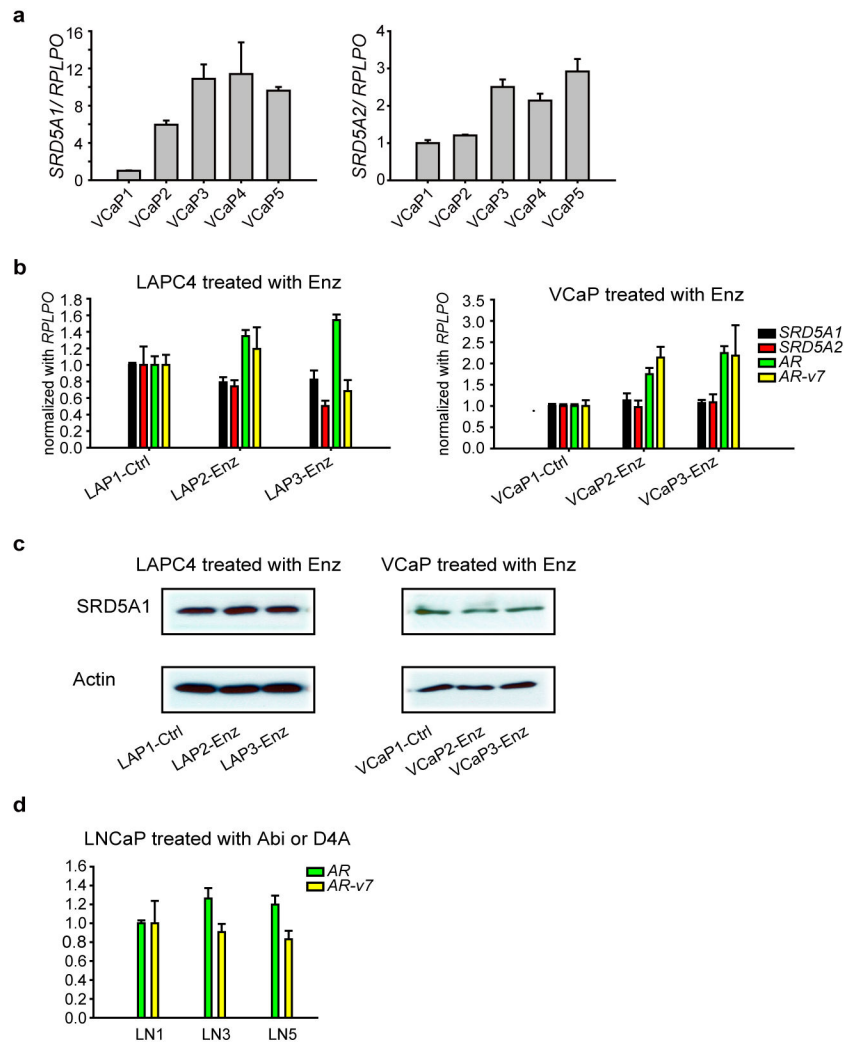
or SRD5A2, or empty vector plasmids were transfected into 293T cells, and cells were incubated with D4A for the designated incubation times. c, SRD5A1 silencing blocks 5 α -reduction of D4A. LAPC4 cells stably expressing shRNAs targeting SRD5A1 or nonsilencing control were treated with D4A and metabolites for the indicated times. d, Pharmacologic SRD5A inhibition blocks 5 α -reduction of D4A. LAPC4 cells were treated with D4A and the SRD5A inhibitors dutasteride or LY191704. A parallel control experiment is shown with inhibition of 5 α -reduction of [3 H]-AD. e, Conversion of 5 α -Abi to 3 α -OH-5 α -Abi is catalyzed by AKR1C2. 293T cells were transfected with AKR1C2 or empty vector and treated with 5 α -Abi for the indicated times. For all experiments, metabolites were separated by HPLC and quantitated by UV spectroscopy (Abi metabolites) or with a beta-RAM ([3 H]-androgens). Error bars represent SD in all experiments. All experiments were performed at least 3 times.



Extended Data Figure 6.

Gene expression profile of stimulation by 5 α -Abi and DHT. a, Unbiased pathway analysis of 5 α -abi regulated genes. b, Gene Set Enrichment Analysis of 5 α -abi regulated genes with the AR signature gene set. c, Gene expression in LAPC4 cells stimulated by 1 μ M 5 α -Abi or 0.1nM DHT for 48h. Regulated genes were determined by detection p value <0.01,

upregulation >1.55 or downregulation <0.5 compared with vehicle control group. d, Venn diagram of 5 α -abi and DHT regulated genes.



Extended Data Figure 7.

Transcript expression regulation in the presence of Abi, D4A or Enz. a, *SRD5A1* and *SRD5A2* expression in VCaP cells treated with Abi or D4A as indicated in Figure 3. b, *SRD5A1* and *SRD5A2* expression does not change with Enz treatment. c, *SRD5A1* protein abundance does not change with Enz treatment in LAPC4 or VCaP. d, *AR-v7* expression is unchanged in LNCaP cells treated with Abi or D4A as indicated in Figure 3. Expression was normalized to *RPLPO* and vehicle treated cells for all comparisons. Errors bars represent the SD.

Extended Data Table 1

Data for each of the 12 patients treated with Abi acetate.

Patient	Time from last dose to blood draw	Treatment duration (Month)	Abi(nM)	D4A(nM)	5 α -Abi (nM)	3 α -OH-5 α -Abi(nM)	3 β -OH-5 α -Abi(nM)	5 β -Abi (nM)	3 α -OH-5 β -Abi(nM)	3 β -OH-5 β -Abi(nM)
#1	2h	32	24.8	3.7	3.9	1.2	0.3	7.0	18.4	
#2	3h 15min	3	611.3	20.7	82.0	8.5	2.8	129.9	48.2	
#3	13h 20min	9	133.5	6.7	43.2	8.4	2.9	65.9	48.3	
#4	2h 30min	26	138.8	3.7	30.6	3.3	1.5	17.1	9.8	
#5	4h 16min	3	26.6	9.5	8.1	1.7	0.4	57.9	60.7	
#6	11h 15min	4	197.0	15.4	43.1	9.3	3.2	49.2	53.0	
#7	6h 20min	7	319.3	14.5	186.9	23.0	5.1	133.6	60.0	
#8	3h 15min	4	6.3	0.8	1.7	0.6	0.2	2.6	9.0	
#9	9h 20min	5	30.8	1.3	2.5	0.7	0.3	1.8	5.7	
#10	8h 10min	4	47.8	8.0	10.4	2.5	1.0	53.3	74.3	
#11	10h 40min	6	102.8	5.2	35.7	10.5	2.8	17.1	30.0	
#12	2h	35	257.5	7.3	31.1	5.9	6.0	63.0	93.5	

Extended Data Table 2Genes regulated by 5 α -abi.

SYMBOL	5 α -Abi/Ctrl	SYMBOL	5 α -Abi/Ctrl	SYMBOL	5 α -Abi/Ctrl	SYMBOL	5 α -Abi/Ctrl
ABCA1	1.832	FLJ20021 [*]	2.372	LOC440509 [*]	1.558	SEN7 [*]	1.672
ABCC4 ^{*†}	2.173	FLJ27365	2.034	LOC441763 [*]	1.838	SERHL [*]	1.613
ABCG1	2.314	FLJ41603 [*]	1.842	LOC554208	1.643	SERHL2 [*]	2.703
ACACB	1.677	FLJ42562 [*]	1.850	LOC643376	2.246	SERPINE2 [*]	2.836
ALDH4A1 [*]	1.712	FOX1 [*]	1.618	LOC644096	1.760	SGCB [*]	2.219
ANKRD29 [*]	2.336	FOXN4 [*]	3.227	LOC644584	1.929	SGPP1 [*]	1.580
ANKS3 [*]	1.561	FOXQ1	1.590	LOC646434	1.733	SLAIN1	1.668
ARL15	1.674	FXVD3	1.631	LOC646783 [*]	1.647	SLC16A9 [*]	1.991
BCAR3	1.712	GAL3ST4	2.004	LOC647104 [*]	1.954	SLC45A3 ^{*†}	1.855
BEND5	1.605	GARNL3 [*]	1.673	LOC651075 [*]	1.754	SNORA58 [*]	1.793
C10orf41	1.566	GDF15 [*]	2.437	LOC728178	1.772	SORD [*]	1.649
C14orf159	1.831	GHR [*]	2.458	LOC729799 [*]	1.677	ST3GAL6 [*]	1.605
C1orf116 ^{*†}	4.181	HDAC11	1.564	LPCAT4 [*]	1.949	STXBP5	1.574
C1orf21 ^{*†}	1.631	HES6 [*]	1.779	MAFB [*]	2.184	TBC1D16 [*]	1.597
C1orf74 [*]	1.619	HMGCS2	1.562	MBOAT2	1.576	THAP3	1.811
C5orf41	1.634	HMOX2	1.619	MBP [*]	1.671	TINF2 [*]	1.687
C6orf105 [*]	1.697	HOMER2 ^{*†}	2.191	MCOLN2	1.587	TMEM45B	2.023

SYMBOL	5 α -Abi/Ctrl	SYMBOL	5 α -Abi/Ctrl	SYMBOL	5 α -Abi/Ctrl	SYMBOL	5 α -Abi/Ctrl
C7orf38	1.767	HOXC8	1.650	MGC16384	1.886	TMPPRSS2 ^{*†}	1.730
CA12 ^{*†}	1.821	HS6ST1 [*]	1.671	MIR1974 [*]	1.566	TRIM36 [*]	2.045
CALCB	1.610	HSPA2 [*]	1.666	NCRNA00153	1.552	TRPM8 ^{*†}	1.601
CAPN2 [*]	1.930	IGSF21 [*]	2.067	NKX3-1 ^{*†}	2.209	TSPAN33 [*]	1.571
CDC2L2	1.608	JHDM1D	1.621	NOV [*]	1.844	UHK1	1.764
CDK6	1.575	KCNK13 [*]	2.066	NRK [*]	1.761	ULK2 [*]	1.841
CHML	1.553	KCNK17	1.698	NUMBL [*]	1.902	VWA3A	1.571
COL16A1 [*]	2.017	KLK3 ^{*†}	3.084	OAZ2 [*]	1.700	WIZ	1.627
CPEB2 [*]	1.899	KLK4 [*]	1.802	ODF3L2 [*]	1.650	YPEL1 [*]	2.116
CPTIC	1.604	KRT126P [*]	2.348	PALMD [*]	2.252	ZFX [*]	1.717
CUEDC1	1.774	LEPROT	1.831	PCDH20	1.969	ZNF264	1.553
CYP1B1	4.321	LOC100008589 [*]	2.206	PIGL [*]	1.671	ZNF30 [*]	1.577
DDIT4L [*]	3.243	LOC100129674	1.586	PM20D1	1.555	ZNF350	1.751
DIP2C [*]	1.684	LOC100130123 [*]	1.893	PNPLA7 [*]	1.627	ZNF414	1.899
DIS3L2	1.696	LOC100132394 [*]	1.700	PP8961 [*]	1.554	ZPLD1 [*]	3.579
EDN1 [*]	1.575	LOC100132564 [*]	1.894	PPFIBP2 [*]	2.087	B3Gn-T6 [*]	0.494
EMP1 [*]	1.760	LOC100133099	1.585	PPP1R3E [*]	1.563	CAMK1G	0.423
ENDOD1 ^{*†}	2.467	LOC100133565 [*]	2.217	PRICKLE1 [*]	1.840	CGA	0.476
EPR1 [*]	2.130	LOC145837 [*]	1.680	PTPRR [*]	1.750	FANCB	0.445
ETS2 [*]	1.998	LOC388681	1.677	PXK [*]	1.880	LOC100130775 [*]	0.473
FAM129A [*]	1.576	LOC389286 [*]	2.196	REPS2 [*]	1.807	LOC347376	0.495
FAM134B [*]	2.035	LOC389901	1.566	RHOU	1.584	LOC440063	0.445
FAM46B [*]	1.688	LOC400214	1.552	RNF144A	1.563	MALL	0.495
FKBP5 ^{*†}	1.640	LOC440122	1.617	SASH1 [*]	1.560	TTC7B	0.477

* co-regulated by DHT.

† reported bona fide AR target gene.

Extended Data Table 3

Concentrations of Abi and its metabolites in a phase II clinical trial (NCT01393730).

Patient		#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13	#14	#15	#16
Abi	cycle 3	439.46	64.74	210.65	447.29	80.78	195.53	117.58	79.58	135.63	200.93	190.73	320.19	66.11	177.31	131.86	205.48
	cycle 4	1049.04	136.18	95.97	400.55	1399.54	288.80	214.26	207.19	148.05	393.35	219.20	569.72	173.93	203.84	178.06	289.94
	cycle 7	1767.26	130.53	268.79	883.07	112.89	174.05	310.03	127.05	204.86	52.92	220.11	184.44	69.55	215.29	59.88	112.91
D4A	cycle 3	14.83	2.78	11.80	8.89	7.24	12.32	17.23	4.01	10.62	19.11	4.95	11.78	5.23	10.79	11.83	5.91
	cycle 4	34.24	8.83	7.75	13.86	34.49	28.84	23.70	13.01	11.01	16.71	11.91	32.84	12.35	13.09	17.91	10.73
	cycle 7	69.00	8.32	13.64	36.14	15.61	18.63	17.47	7.96	15.60	4.98	10.89	11.01	7.04	32.40	10.64	6.71
3-keto-5 α -Abi	cycle 3	44.53	13.29	26.07	16.96	17.46	23.66	22.70	19.74	29.27	38.73	25.28	34.24	21.78	27.32	14.79	36.98
	cycle 4	1.73	4.28	1.78	0.80	3.53	1.53	2.89	0.94	2.04	1.95	0.91	1.64	8.36	3.44	8.44	2.80
	cycle 7	4.34	0.49	0.71	8.97	9.43	0.81	1.41	0.61	13.65	0.56	0.86	0.80	4.86	11.30	6.95	5.05
3 α -OH-5 α -Abi	cycle 3	15.81	4.45	4.04	3.80	4.53	5.65	4.12	4.86	8.80	9.57	5.56	8.82	5.52	6.16	2.69	3.27
	cycle 4	0.22	0.01	0.18	0.14	0.77	0.35	0.53	0.16	0.52	0.51	0.08	0.01	1.85	0.48	1.91	0.28
	cycle 7	0.84	0.00	0.00	2.45	1.35	0.05	0.00	0.00	2.81	0.08	0.00	0.12	0.98	1.77	1.92	0.49

Patient		#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13	#14	#15	#16
3 β -OH-5 α -Abi	cycle 3	5.15	1.31	2.31	2.26	3.25	2.00	1.21	1.63	2.75	3.43	1.55	2.87	2.54	5.81	3.89	1.06
	cycle 4	0.31	0.03	0.60	0.21	2.16	0.09	0.31	0.06	0.32	0.20	0.09	0.17	1.17	1.93	3.83	0.16
	cycle 7	0.59	0.01	0.13	4.04	2.32	0.04	0.17	0.07	3.22	0.05	0.12	0.12	0.50	5.59	2.69	0.31
3-keto-5 β -Abi	cycle 3	15.63	6.24	93.39	31.14	55.55	12.21	39.43	12.83	52.75	24.97	23.05	25.00	18.55	57.78	78.37	73.90
	cycle 4	53.05	20.41	41.95	43.95	65.31	24.55	51.38	58.97	24.22	63.34	26.42	36.53	28.47	60.61	73.60	127.48
	cycle 7	141.23	17.17	42.09	75.30	101.40	25.41	24.44	24.65	47.59	20.24	34.29	18.47	29.70	205.11	56.29	102.62
3 α -OH-5 β -Abi	cycle 3	41.95	14.63	86.05	44.46	70.25	19.57	37.12	21.94	86.71	31.06	31.93	42.80	33.90	98.26	76.44	28.59
	cycle 4	42.31	36.79	55.14	27.67	34.26	34.66	70.21	53.53	75.32	44.13	31.55	76.59	42.91	39.17	68.02	36.96
	cycle 7	110.85	29.24	63.35	99.70	48.28	35.00	37.37	38.95	57.38	24.67	46.16	34.37	33.17	142.07	68.89	37.41
3 β -OH-5 β -Abi	cycle 3	35.68	18.41	121.85	96.16	129.09	23.92	33.38	33.95	103.67	59.47	41.23	65.71	31.22	216.92	127.26	48.69
	cycle 4	36.33	40.71	115.43	54.54	50.89	35.06	72.74	78.52	82.78	77.29	35.08	83.37	39.21	125.80	114.74	71.33
	cycle 7	95.93	26.97	80.34	180.42	114.67	40.48	41.48	52.28	73.76	40.39	51.22	47.96	42.08	387.83	106.73	82.47

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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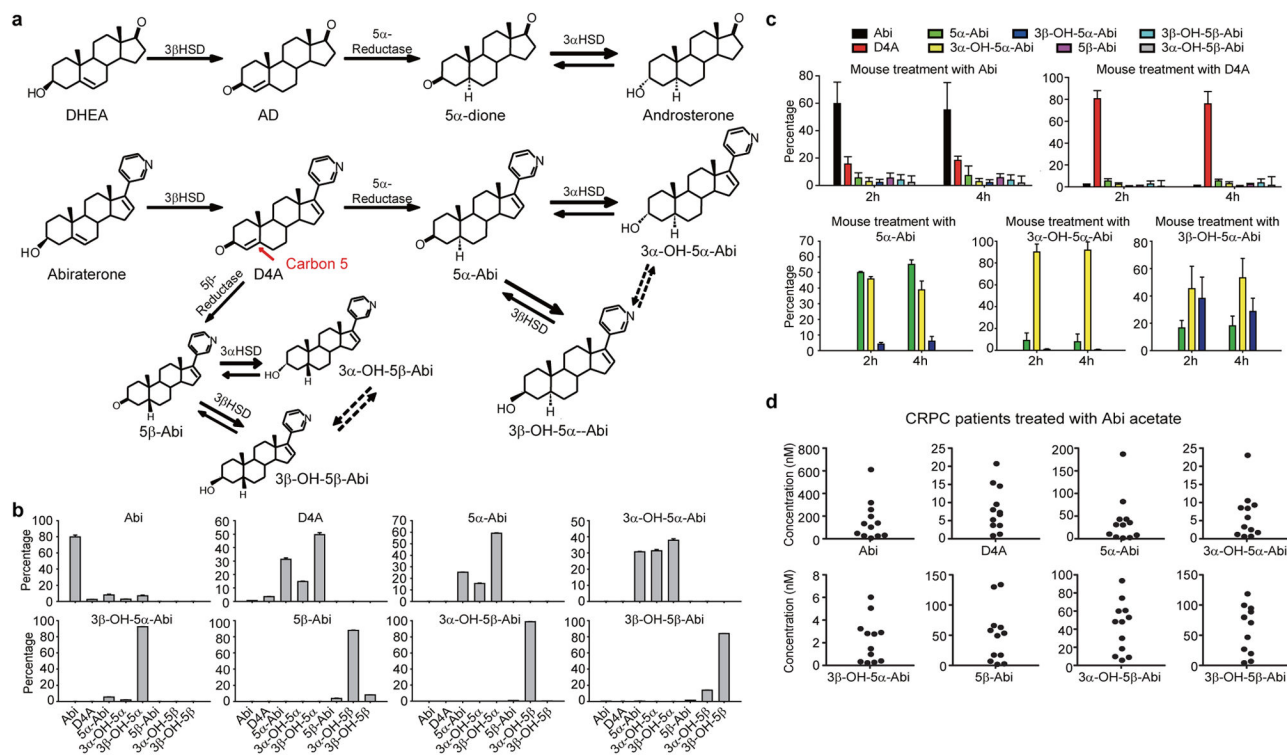


Figure 1. Genesis of 5 α - and 5 β -reduced Abi metabolites in patients treated with Abi acetate. **a**, Abiraterone metabolism by steroidogenic enzymes. Above, In a pathway of androgen metabolism, DHEA is converted by 3 β HSD to 4-androstenedione (AD), which is 5 α -reduced to 5 α -androstenedione (5 α -dione), which is in turn 3-keto-reduced to androsterone. Below, Structurally analogous conversion of abiraterone to D4A enables 5 α - and 5 β -reduction of D4A at carbon 5 (red arrow), yielding 6 additional Abi metabolites. Dotted arrows indicate uncertainty of direct conversion between 3 α - and 3 β -isomers (versus indirectly by way of the 3-keto intermediate). **b**, Interconversion of Abi metabolites in the LAPC4 prostate cancer cell line. Cells were treated with Abi or the indicated metabolite (0.1 μ M) for 48 hours and each of the indicated metabolites was detected by liquid chromatography-mass spectrometry (LC-MS/MS) in triplicate. Errors bars represent the SD. **c**, *In vivo* Abi metabolism in mice. Treatment with Abi (n = 5 mice) or D4A (n = 5 mice) results in detection of all 6 5-reduced metabolites. Treatment with any of the 3 5 α -reduced Abi metabolites (n = 4 mice for each compound) results in detection of the 2 other 5 α -reduced metabolites, demonstrating interconversion. **d**, Abi metabolites in sera of 12 patients with prostate cancer treated with Abi acetate. Metabolites were measured by LC-MS/MS.

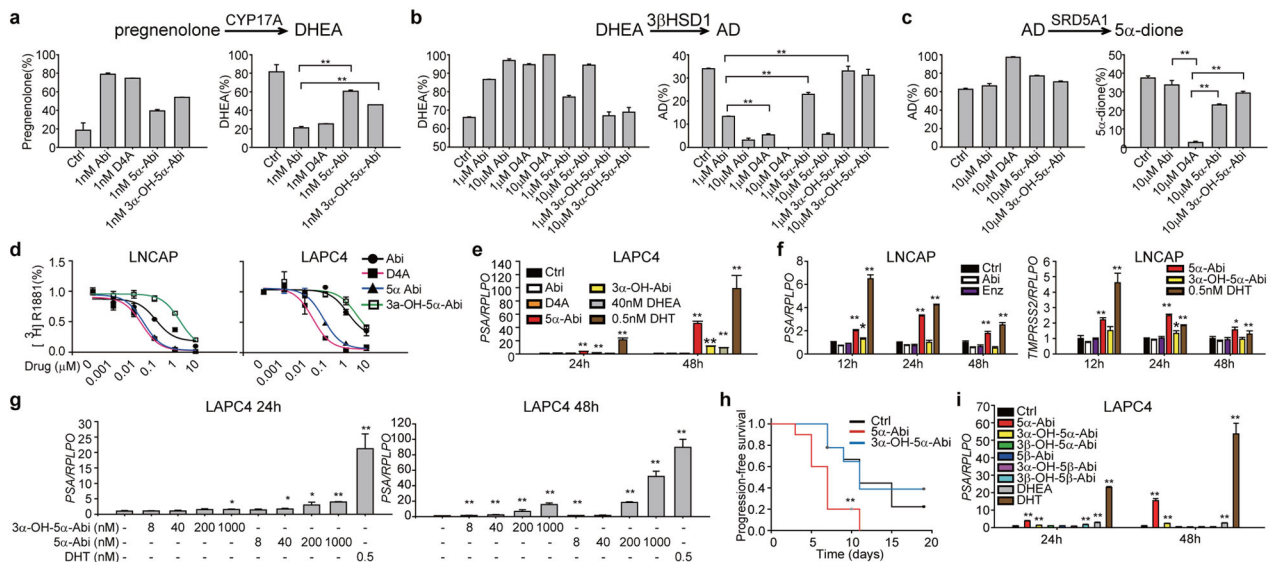


Figure 2.

Effects of 5 α -reduced Abi metabolites on the androgen pathway and tumor progression. a, Potent CYP17A1 inhibition activity attributable to Abi and D4A is attenuated with conversion to 5 α -Abi and 3 α -OH-5 α -Abi. 293 cells overexpressing CYP17A1 were treated with [³H]-pregnenolone and conversion to DHEA was assessed in the presence of the indicated drugs. b, 5 α -reduction of D4A causes loss of 3 β HSD inhibitory activity. LNCaP cells were treated with [³H]-DHEA and the indicated drugs for 48 hours, and metabolic flux to AD was assessed. c, 5 α -Abi and 3 α -OH-5 α -Abi lose SRD5A inhibition activity attributable to D4A. LAPC4 cells were treated with [³H]-AD and the indicated drugs, and flux to 5 α -dione was assessed after 24 hours of incubation. **, $p < 0.01$. d, 5 α -Abi and D4A comparably bind to AR. LNCaP and LAPC4 express the mutated AR and wild-type AR, respectively, and were incubated with [³H]-R1881 and the indicated compounds for 30 min. Intracellular radioactivity was normalized to protein concentration. e and f, 5 α -Abi stimulates androgen-responsive gene expression in LAPC4 and LNCaP. Delayed and more modest *PSA* expression is stimulated with 3 α -OH-5 α -Abi. g, Dose-dependent stimulation of *PSA* expression by 5 α -Abi in LAPC4. h, Treatment with 5 α -Abi ($n=10$ mice) but not 3 α -OH-5 α -Abi ($n=9$ mice) hastens VCaP CRPC xenograft growth compared with control ($n=9$ mice) in orchietomized mice. Treatment with the indicated compounds began when CRPC tumors reached 100 mm³ and progression-free survival was assessed as the time at which there was > 30% growth for 2 sequential measurements. The significance of the difference between treatment groups was assessed with the log rank test. ** $p < 0.01$ for the difference between 5 α -Abi and Ctrl; *, $p < 0.05$. i, 5 β -reduced Abi metabolites do not stimulate *PSA* expression. Expression is normalized to *RPLPO* and vehicle expression in EG and I. Error bars represent the SD in A–G and I. All experiments in A–G and I were performed at least 3 times.

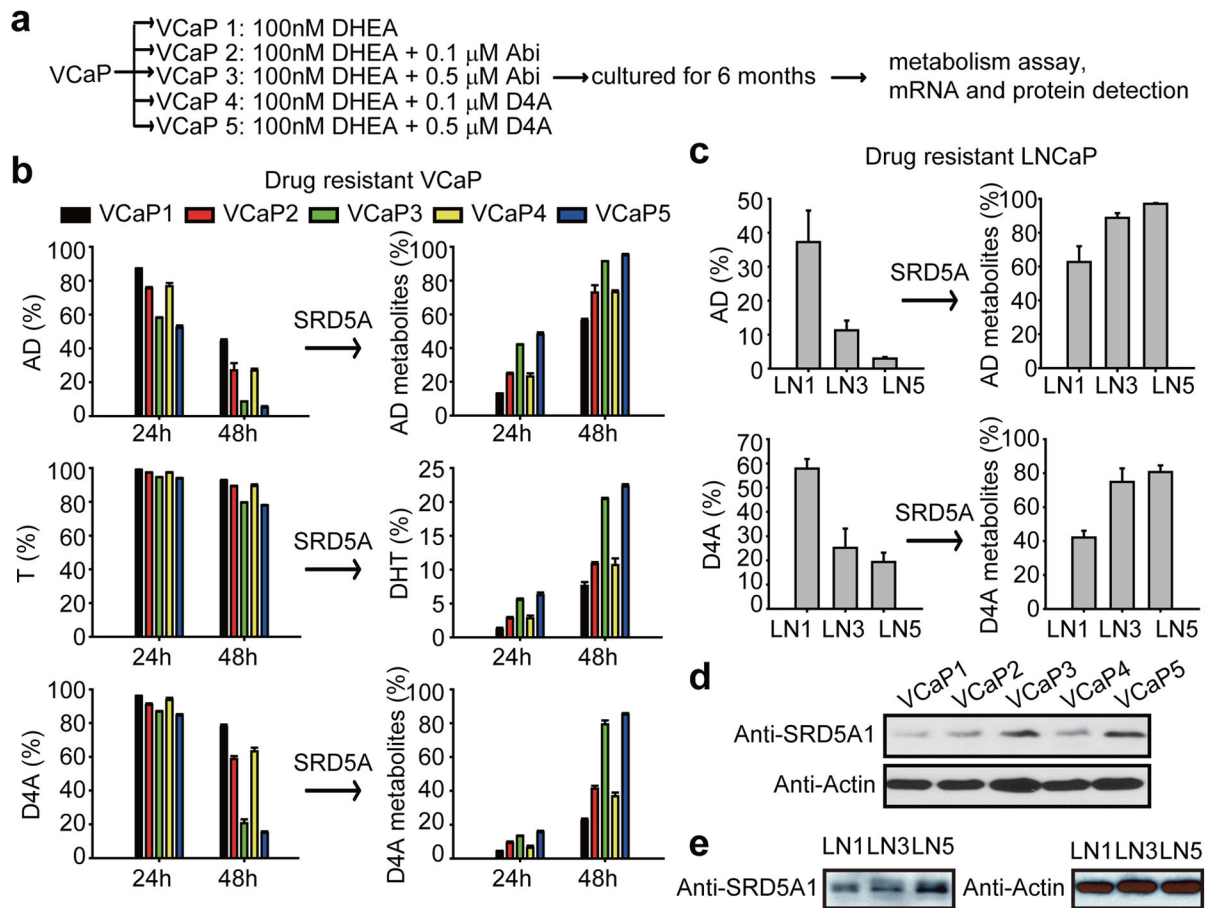


Figure 3.

Long-term exposure to Abi and D4A leads to an increase in SRD5A expression and enzymatic activity and an increase in conversion from D4A to 5 α -reduced Abi metabolites. a, Experimental schema. VCaP cells were cultured with DHEA (100 nM) alone, or with the indicated concentration of Abi or D4A continuously for 6 months. LNCaP cells were treated under similar conditions (LN1, LN3 and LN5 = VCaP1, VCaP3 and VCaP5 treatment, respectively). Treatment with Abi or D4A induces an increase in SRD5A enzyme activity and increased conversion of D4A to 5 α -Abi metabolites in b, VCaP and c, LNCaP. Cells were treated with [3 H]-AD, [3 H]-T, or D4A for 24 or 48 hours, and conversion to 5 α -reduced metabolites was assessed by HPLC. SRD5A1 protein expression is increased with Abi and D4A treatment in d, VCaP and e, LNCaP. b and c were performed in triplicate with error bars representing the SD. All experiments were performed at least 3 times.

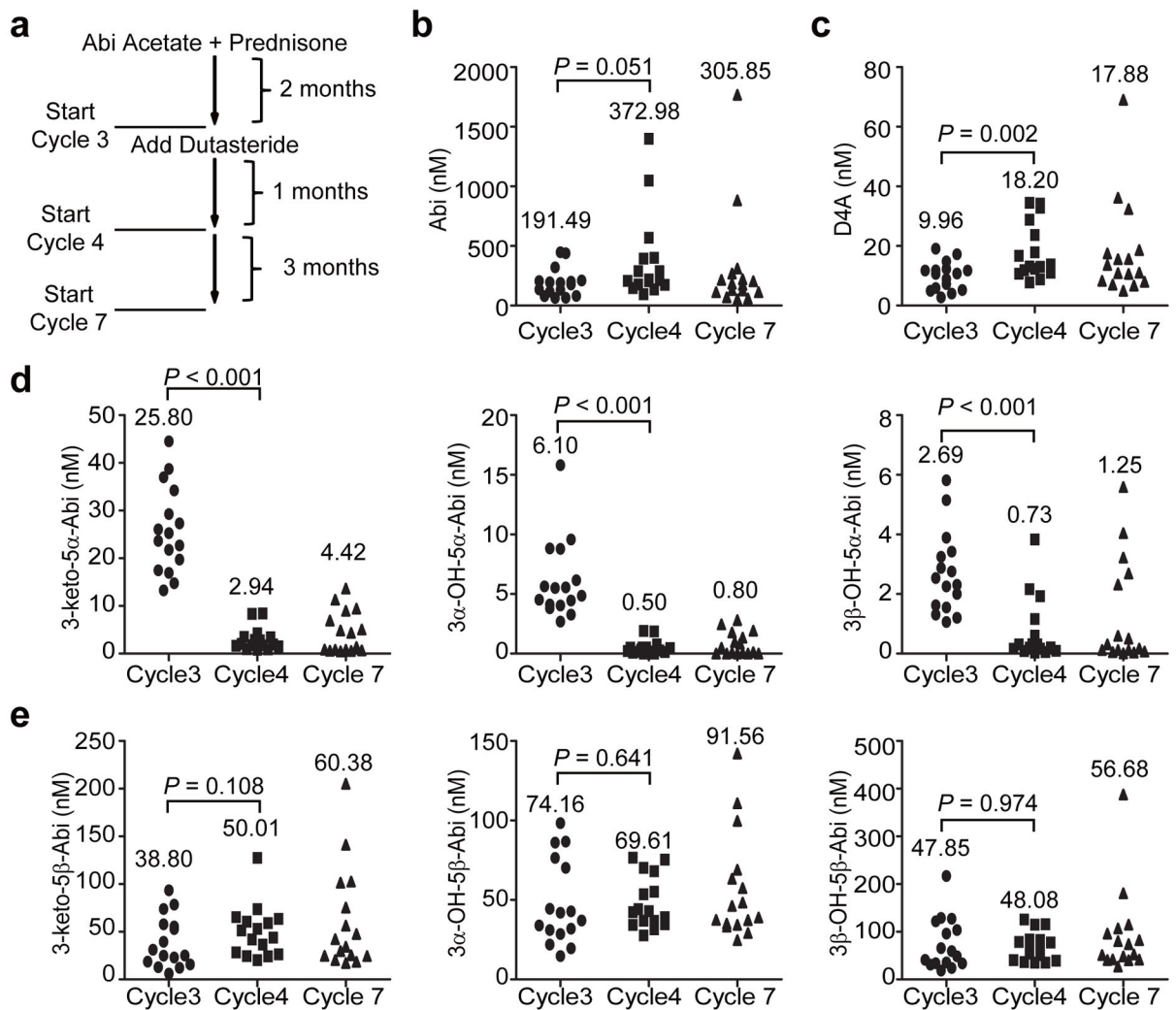


Figure 4.

In patients treated with Abi acetate, SRD5A inhibition significantly increases serum D4A and specifically and significantly depletes all 3 5 α -Abi metabolites in serum. a, Clinical trial schema. Blood was collected for Abi metabolites after 2 months of treatment with Abi acetate + prednisone (start cycle 3), and again after 1 and 4 months (start cycles 4 and 7) of addition of treatment with dutasteride. Serum concentrations of b, Abi, c, D4A, d, all 3 5 α -reduced Abi metabolites, e, all 3 5 β -reduced Abi metabolites, in sera. The mean Abi and Abi metabolite concentrations at each of the 3 time points in the clinical trial are indicated.