Comparing the Clinical Utility and Diagnostic Performance of CSF P-Tau181, P-Tau217, and P-Tau231 Assays

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Abstract

Background and Objectives

Phosphorylated tau (p-tau) in CSF is considered an important biomarker in Alzheimer disease (AD) and has been incorporated in recent diagnostic criteria. Several variants exist, including p-tau at threonines 181 (p-tau181), 217 (p-tau217), and 231 (p-tau231). However, no studies have compared their diagnostic performance or association to β -amyloid (A β) and tau-PET. Understanding which p-tau variant to use remains an important yet answered question. We aimed to compare the diagnostic accuracy of p-tau181, p-tau217, and p-tau231 in CSF for AD and their association with $A\beta$ and tau-PET.

Methods

A total of 629 participants in the Swedish BioFINDER-2 study were included (cognitively unimpaired, n = 334; A β -positive mild cognitive impairment, n = 84; AD dementia, n = 119; and non-AD disorders, n = 92). In addition to p-tau181 and p-tau217 measured using assays with the same detector antibodies from Eli Lilly (p-tau181_{Lilly}, p-tau217_{Lilly}) and p-tau231, we also included p-tau181 measurements from 2 commonly used assays (Innotest and Elecsys).

Results

Although all p-tau variants increased across the AD continuum, p-tau217_{Lilly} showed the greatest dynamic range (13-fold increase vs 1.9-5.4-fold increase for other p-tau variants for AD dementia vs non-AD). P-Tau217_{Lilly} showed stronger correlations with A β - and tau-PET (p < p0.0001). P-Tau217_{Lilly} exhibited higher accuracy than other p-tau variants for separating AD dementia from non-AD (area under the curve [AUC], 0.98 vs 0.88 [p < 0.0001] - 0.96 [p <(0.05]) and for identifying Aβ-PET (AUC, 0.86 vs 0.74 [p < 0.0001] and 0.83 [p < 0.001]) and tau-PET positivity (AUC, 0.94 vs 0.80—0.92, p < 0.0001). Finally, p-Tau181_{Lilly} generally performed better than the other p-tau181 assays (e.g., AD dementia vs non-AD, AUC, 0.96 vs $0.88 \text{ [p-tau181_{Innotest}]}$ and $0.89 \text{ [p-tau181_{Elecsys}]}$; p < 0.0001).

Discussion

CSF p-tau217_{Lilly} seems to be more useful than other included p-tau assays in the workup of AD. Varied results across p-tau181 assays highlights the importance of anti-tau antibodies for biomarker performance.

Classification of Evidence

This study provides Class II evidence that p-tau217 provides higher diagnostic accuracy for diagnosis of AD dementia than p-tau181 or p-tau231.

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Class of Evidence Criteria for rating therapeutic and diagnostic studies

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Glossary

 $A\beta = \beta$ -amyloid; AD = Alzheimer disease; AUC = area under the receiver operating characteristic curve; CBS = corticobasal syndrome; CI = confidence interval; CU = cognitively unimpaired; DSM-5 = Diagnostic and Statistical Manual of Mental Disorders, 5th edition; FTD = frontotemporal dementia; MCI = mild cognitive impairment; MSD = Meso Scale Discovery; NFT = neurofibrillary tangle; p-tau = phosphorylated tau; p-tau181 = tau phosphorylated at threonine-181; p-tau217 = tau phosphorylated at threonine-217; p-tau231 = tau phosphorylated at threonine-231; PD = Parkinson disease; PSP = progressive supranuclear palsy; PTM = post-translational modification; ROC = receiver operating characteristic; ROI = region of interest; SUVR = standardized uptake value ratio; VaD = vascular dementia.

In addition to extracellular deposition of β -amyloid (A β) plaques, Alzheimer disease (AD) is defined by the intracellular aggregation of tau in neurofibrillary tangles (NFTs), composed of abnormally hyperphosphorylated tau.¹ Tau pathology is thought to be reflected in CSF levels of phosphorylated tau (ptau). CSF p-tau has shown high prognostic accuracy for AD and for predicting cognitive decline in cognitively unimpaired (CU) individuals and in patients with mild cognitive impairment (MCI) due to AD.^{2,3} As CSF p-tau levels are higher in AD compared to other non-AD neurodegenerative disorders, including progressive supranuclear palsy (PSP), corticobasal syndrome (CBS), frontotemporal dementia (FTD), and vascular dementia (VaD), it has also proven of use in the differential diagnosis of AD vs other dementias.⁴

Tau in CSF is largely present in the form of different fragments.⁵⁻⁸ Of these, N-terminal and midregion variants are the most abundant. In addition, numerous sites exist where tau can undergo abnormal hyperphosphorylation.9 The most commonly used assays for p-tau, however, use antibodies targeting the midregion of tau as well as an antibody targeting tau phosphorylated at threonine-181 (p-tau181).¹⁰ Besides p-tau181, increased levels of mid tau fragments phosphorylated at threonine-231 (p-tau231) appear to be an early occurrence in AD, preceding the formation of paired helical filaments.¹¹ Although studies have shown that p-tau231 can accurately discriminate patients with AD from CU individuals and patients with non-AD disorders, similar to p-tau181, a series of postmortem studies that examined both measures reported that CSF p-tau231 was better associated with neocortical fibrillary pathology than CSF p-tau181.^{12,13} Recently, p-tau fragments phosphorylated at threonine-217 (p-tau217) were also measured in CSF.14 Compared to p-tau181, p-tau217 showed stronger correlations with AB and tau-PET and more accurately distinguished AD dementia from non-AD neurodegenerative disorders.¹⁴ Additional work has shown that p-tau181 and p-tau217 are increased already in preclinical AD (Aβ-positive CU), with these increases preceding tau-PET positivity and even occurring prior to the threshold for Aβ-PET positivity.^{15,16}

Overall, findings indicate that increases in CSF p-tau occur in response to very early $A\beta$ pathology and precede widespread tau aggregation. Thus far, however, there are no studies comparing p-tau181, p-tau217, and p-tau231 levels in relation to $A\beta$ and tau-PET across the symptomatic stages of AD, nor data

directly comparing their diagnostic performance for separating AD dementia from non-AD neurodegenerative disorders and for identifying abnormal A β and tau-PET status. Because CSF p-tau is an important biomarker in the workup for AD and is incorporated in its diagnostic criteria,¹⁷ it is of great importance to determine which of these p-tau variants to use, especially as clinical heterogeneity and different stages in AD may be determined by heterogeneity in the post-translational modification (PTM) of tau.¹⁸

We aimed to address these questions using cross-sectional data from a well-characterized cohort, ranging from A β -negative CU individuals to A β -positive CU individuals and A β -positive patients with MCI or AD dementia. In addition to comparing p-tau181 and p-tau217 measured using assays with the same detector antibodies from Eli Lilly (p-tau181_{Lilly} and p-tau217_{Lilly}) with p-tau231 measured using an assay with a phospho-specific cis-conformational monoclonal antibody (p-tau231_{ADx}), we also compared p-tau181_{Lilly} with p-tau181 measurements from 2 commonly used assays (Innotest[p-tau181_{Innotest}] and Elecsys[p-tau181_{Elecsys}]).

Methods

Participants

We included participants from the prospective and longitudinal Swedish BioFINDER-2 study (clinical trial NCT03174938), including CU participants and patients with MCI, AD dementia, and non-AD neurodegenerative disorders. CU individuals were aged ≥60 years and did not have MCI or dementia.¹⁷ Patients with MCI fulfilled DSM-5 criteria for mild neurocognitive disorder¹⁹ and patients with AD dementia fulfilled the DSM-5 criteria for major neurocognitive disorder due to AD.¹⁹ Patients with non-AD disorders fulfilled diagnostic criteria for PSP or CBS,^{20,21} Parkinson disease (PD) with or without cognitive impairment,²² FTD,²³ or VaD.²⁴ Further details pertaining to inclusion and exclusion criteria are described in the Supplement (eAppendix 1, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7). Groups were established without the use of biomarkers, but CU and MCI participants were subdivided based on Aß status, determined using CSF Aβ42/Aβ40 (Innotest; Fujirebio) and a cutoff of <0.089.²⁵ We included only A β -positive AD dementia cases, in keeping with the research framework by the National Institute on AgingAlzheimer's Association.¹⁷ As A β -PET is by design performed only in CU individuals and in patients with MCI, CSF A β 42/ A β 40 was thus chosen to have a common measure of A β pathology across all participants.

Standard Protocol Approvals, Registrations, and Patient Consents

All participants gave written informed consent. Ethical approval was given by the Regional Ethical Committee in Lund, Sweden. Approval for PET imaging was obtained from the Swedish Medical Products Agency and the local Radiation Safety Committee at Skåne University Hospital, Sweden.

CSF P-Tau181 and P-Tau217 Measurements (Eli Lilly)

Analysis of CSF mid-domain p-tau181_{Lilly} and p-tau217_{Lilly} was performed at Eli Lilly and Company using the Meso Scale Discovery (MSD) platform, as previously described.¹⁴ The anti-p-tau217 antibody IBA413 and anti-p-tau181 antibody AT270 were used as capture antibodies in the p-tau181 and p-tau217 assays, respectively. Capture antibodies were conjugated with biotin (Thermo Scientific). Sulfo-tag (MSD) conjugated LRL antibody was used as a detector in both assays. The assays were calibrated using a recombinant tau (4R2N) protein that was phosphorylated in vitro using a reaction with glycogen synthase kinase-3 and characterized by mass spectrometry. Samples were analyzed in duplicate and the mean of duplicates was used in statistical analysis. Ten samples from Aβnegative CU individuals (1.59%) were below the limit of detection and were excluded, as were 5 patients with AD with very high p-tau217_{Lilly} levels (>3 SD above the mean).

CSF P-Tau231 Measurements (ADx NeuroSciences)

CSF p-tau231_{ADx} was measured at ADx NeuroSciences with a research sandwich ELISA (version 1) according to the kit instructions. Phospho-specific cis-conformational monoclonal antibody ADx253 (T1H11) was used as a capture antibody and biotinylated pan-tau monoclonal antibody ADx205 (epitope region aa224-238) as a detector. The assay was calibrated using an in-house designed synthetic peptide combining both antibody epitopes and having the corresponding threonine231 phosphorylated and proline232 replaced by a homoproline, Pip, to reflect cis selectivity of ADx253. In all prior analyses, we observed a consistent low interplate variability well below 15%. Because p-tau231 quantifications require 80 mL per single measurements-requiring at least 160 mL per result-we opted to run the p-tau231 measurement in singlicate as the study was designed to explore the difference between the phospho-tau assays. Quality control samples run on each plate, which were leftovers of CSF, confirmed high precision of these runs with coefficients of variation below 15%.

CSF P-Tau181 Measurements (Innotest and Elecsys)

For comparative purposes, we also included p-tau181 measured using the well-known commercially available ELISA from Innotest (Fujirebio) $(p-tau181_{Innotest})^{10}$ and the fully automated Elecsys electrochemiluminescence immunoassay (Roche Diagnostics) $(p-tau181_{Elecsys})$ on a cobas e601 analyzer (software version 05.02).²⁶ For p-tau181_{Innotest} monoclonal capture/detection antibodies were HT7 (epitope region aa159-162) and AT270. For p-tau181_{Elecsys}, a biotinylated monoclonal antibody specific for phosphorylation at threonine 181 (11H5V1) and a monoclonal tau-specific antibody (PC1C6) were used (epitope region aa195-202). All samples were analyzed at the Clinical Neurochemistry Laboratory in Mölndal, Sweden.

Image Acquisition and Processing

A β and tau-PET were performed using [¹⁸F]flutemetamol and [¹⁸F]RO948, respectively, as described elsewhere.^{27,28} Briefly, dynamic (list-mode) studies were performed over the 90- to 100-minute postinjection interval for [¹⁸F]flutemetamol and the 70- to 90-minute interval for [¹⁸F]RO948. Standardized uptake value ratio (SUVR) images were created using the pons ([¹⁸F]flutemetamol) and inferior cerebellar cortex ([¹⁸F] RO948) as reference regions. A high-resolution T1-weighted MRI was performed using a Siemens-3T MAGNETOM Prisma scanner for PET image coregistration and template normalization.

Regions of Interest and Cutoffs

Target regions of interest (ROIs) were chosen on the basis of previously published findings: a neocortical meta-ROI for Aβ-PET (prefrontal, lateral temporal, parietal, anterior cingulate, and posterior cingulate/precuneus)^{28,29} and, for tau-PET, the entorhinal cortex (Braak I/II), a temporal meta-ROI (amyg-dala, inferior/middle temporal gyri, fusiform gyrus, and par-ahippocampal gyrus, approximating Braak III/IV),³⁰ and a neocortical meta-ROI capturing late stage tau pathology (Braak V/VI).³¹ A priori cutoffs based on Gaussian mixture modeling (Aβ-PET)¹⁴ and the mean SUVR within a given ROI plus 2.5 SDs among young Aβ-negative CU individuals (tau-PET)²⁵ were used to define positivity within these ROIs.

Statistical Analyses

Group differences in age-adjusted CSF p-tau levels were assessed using pairwise analysis of variance–based comparisons of linear regression models. Associations between CSF p-tau isoforms and between p-tau isoforms and ROI-based AB and tau-PET SUVR values were assessed using correlation analysis; differences between correlation coefficients were tested using a confidence interval (CI)-based approach with bootstrapping.³² Log-transformed biomarker and PET measures were used in regression analyses. Generalized additive models with cubic regression splines were used to compare the slopes of CSF p-tau isoforms (mean change from Aβ-negative CU) across different tau and Aβ-PET SUVR values. Differences between the estimated functions were assessed by means of bootstrapped CIs. These were computed by repeatedly (n = n)10,000) resampling the dataset (with replacement) and calculating the differences between spline fits. The discriminative performance of CSF p-tau measures was assessed using the area

under the receiver operating characteristic (ROC) curve (AUC), adjusted for age. Significant differences in AUC values were tested using DeLong statistics³³ and Bonferroni correction was applied to account for multiple comparisons. In addition to AUC, sensitivity and specificity at the cutoff that resulted in the highest Youden index (sensitivity + specificity – 1) are reported. Analyses were performed in R, v.4.0.2, with significance set at p < 0.05, 2-tailed. Voxelwise analyses examining the association between CSF p-tau levels and A β and tau-PET were performed using multilinear models, as implemented in SPM12, adjusted for age and the interval between lumbar puncture and PET scan.

Data Availability

Anonymized study data for the primary analyses presented in this report are available on request from any qualified investigator for purposes of replicating the results.

Results

Participants

We included 629 participants, including 334 CU controls (253 [76%] A β -negative and 81 [24%] A β -positive), 84 A β -positive MCI, 119 A β -positive AD dementia, and 92 with a non-AD neurodegenerative disorder (21 FTD, 40 PD with or without cognitive impairment, 20 PSP/CBD, and 11 VaD; overall, 15% [n = 14] showed A β positivity). Demographic and clinical characteristics are summarized in Table 1. For a flow diagram of participants included in the study, see eFigure 1 (available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7).

Correlations Between P-Tau Isoforms

A schematic overview of the included p-tau assays is provided in Figure 1. P-Tau isoforms were strongly correlated across all participants (range 0.853–0.977, all p < 0.0001) (eFigure 2, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7). These associations were significant in Aβ-positive CU, Aβpositive MCI, and AD dementia, but not in Aβ-negative individuals. As moderate but significant correlations were observed between age and CSF p-tau levels (eTables 1 and 2, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7), age was accounted for when comparing CSF p-tau levels across tau-PET–based Braak stages and diagnostic groups.

Correlations Between CSF P-Tau and Aβ and Tau-PET

Correlations between CSF p-tau isoforms and A β and tau-PET SUVR values in Braak ROIs are reported in the Supplement (eTable 3, available from Dryad, doi.org/10.5061/ dryad.4f4qrfjc7). Correlations between the CSF p-tau species and A β or tau-PET did not differ significantly by *APOE* status (ɛ4 carrier vs noncarrier), age (over/under median split age [70 years]), or sex (male vs female) (data not shown). Using A β -PET, p-tau217_{Lilly} showed the strongest correlation with neocortical SUVR values in CU individuals (r = 0.789, p < 0.001). This correlation was significantly higher than those for p-tau181_{Innotest} (r = 0.497), p-tau181_{Lilly} (r = 0.737), p-tau181_{Elecsys} (r = 0.581), and p-tau231_{ADx} (r = 0.724) (p < 0.0001). In Aβ-positive MCI, p-tau217_{Lilly} also showed the strongest correlation (r = 0.516, p < 0.001) with Aβ-PET; this correlation was significantly stronger than those for p-tau181_{Innotest} (r = 0.312) and p-tau181_{Elecsys} (r = 0.314) (p < 0.001). Findings from voxel-wise analyses were consistent with these ROI-based results and also highlighted the stronger correlations between p-tau isoforms and Aβ-PET in CU individuals (eFigure 3, available from Dryad, doi.org/10. 5061/dryad.4f4qrfjc7). When correlation analyses were repeated in CU individuals by Aβ status, significant associations between CSF p-tau measures and Aβ-PET were found only in the Aβ-positive CU group (eTable 4, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7).

Using tau-PET, CSF p-tau217_{Lilly} was most strongly associated p-tau variant in CU participants, with the strongest correlation seen in the Braak I/II ROI (r = 0.683). This correlation was significantly higher than those for p-tau181_{Innotest} (r = 0.485) (p < 0.0001), p-tau181_{Lilly} (r = 0.640) (p < 0.001), p-tau181_{Elecsys} (r = 0.546) (p < 0.0001), and p-tau231_{ADx} (r = 0.605) (p < 0.001). A similar pattern was seen when looking at Braak III/IV and V/VI.

In Aβ-positive cognitively impaired individuals (i.e., Aβ-positive MCI and AD dementia), p-tau217_{Lilly} showed the highest correlation to tau-PET in the Braak III/IV ROI (r =0.592); this association was significantly higher than for p-tau181_{Innotest} (r = 0.272) (p < 0.0001), p-tau181_{Lilly} (r =0.486) (p < 0.0001), p-tau181_{Elecsys} (r = 0.301) (p < 0.001), and p-tau231_{ADx} (r = 0.393) (p < 0.0001). This pattern also held when looking at Braak I/II and V/VI ROIs. In addition, p-tau181_{Lilly} showed significantly higher correlations with tau-PET across all Braak ROIs as compared to p-tau181_{Innotest} p-_tau181_{Elecsys}, and p-tau231_{ADx}. Voxelwise analyses (eFigure 4) supported these findings and in particular highlighted the stronger associations of p-tau217_{Lilly} to tau-PET when compared to the associations between tau-PET and other p-tau variants. Similar to findings using Aβ-PET, associations between CSF p-tau measures and tau-PET were significant only in the A β -positive CU group (eTable 4, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7) when repeating analyses by Aß status.

CSF P-Tau Slopes as a Function of Aβ and Tau-PET

Spline models examining CSF p-tau concentrations across A β and tau-PET are shown in Figure 2; CIs for differences in p-tau biomarkers at specified SUVR values are detailed in the Supplement (eTable 5, available from Dryad, doi.org/10. 5061/dryad.4f4qrfjc7). Using A β -PET, the slope of p-tau217_{Lilly} was significantly different from those of p-tau181_{Linnotest}, p-tau181_{Lilly}, p-tau181_{Elecsys}, and p-tau231_{ADx} in A β -positive CU. The slope of p-tau181_{Lilly} differed significantly from those of p-tau181_{Lilly} and p-tau231_{ADx} however. The same pattern was seen for

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	Aβ– CU (n = 253)	Aβ+ CU (n = 81)	Aβ+ MCI (n = 84)	AD dementia (n = 119)	Non-AD (n = 92
Female	132 (52)	41 (51)	45 (54)	64 (54)	44 (48)
Age, y	60.58 (14.93)	71.59 (8.45)	71.21 (8.66)	77.34 (7.03)	69.98 (9.32)
Education, y	12.68 (3.22)	12.05 (3.71)	13.28 (4.92)	12.39 (4.48)	12.57 (3.62)
MMSE score	28.98 (1.20)	28.83 (1.29)	26.58 (1.97)	20.14 (4.37)	25.93 (4.04)
Aβ positivity	0 (0)	81 (100)	84 (100)	119 (100)	14 (15)
APOE ε4 positivity	94 (37)	56 (69)	64 (76)	85 (71)	28 (30)
CSF p-tau181 _{Innotest} , pg/mL	39.89 (13.60)	62.33 (21.27)	68.93 (25.45)	88.63 (35.71)	39.91 (15.80)
CSF p-tau181 _{Lilly} , pg/mL	38.49 (15.31)	99.20 (53.24)	128.62 (70.30)	216.27 (112.26)	47.56 (23.00)
CSF p-tau181 _{Elecsys} , pg/mL	16.37 (5.22)	27.23 (9.93)	30.82 (13.28)	40.37 (18.19)	17.00 (6.12)
CSF p-tau217 _{Lilly} , pg/mL	48.82 (25.47)	206.26 (146.62)	316.64 (218.35)	616.50 (358.60)	67.58 (52.44)
CSF p-tau231 _{ADx} , pg/mL	9.87 (4.41)	23.47 (10.53)	28.21 (13.72)	40.15 (16.22)	10.57 (4.91)
Aβ PET–neocortical SUVR	0.47 (0.03)	0.67 (0.14)	0.75 (0.16)	_	_
Tau-PET–Braak I/II SUVR	1.09 (0.12)	1.31 (0.25)	1.62 (0.44)	1.99 (0.37)	1.14 (0.19)
Tau-PET–Braak III/IV SUVR	1.14 (0.09)	1.25 (0.24)	1.49 (0.42)	2.13 (0.66)	1.15 (0.10)
Tau-PET–Braak V/VI SUVR	1.05 (0.08)	1.07 (0.13)	1.18 (0.29)	1.51 (0.42)	1.04 (0.09)

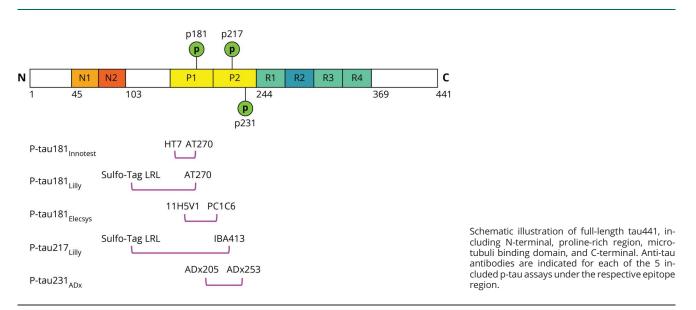
Abbreviations: $A\beta = \beta$ -amyloid; AD = Alzheimer disease; CU = cognitively unimpaired; MCI = mild cognitive impairment; MMSE = Mini-Mental State Examination; p-tau181 = tau phosphorylated at threonine-181; p-tau217 = tau phosphorylated at threonine-217; p-tau231 = tau phosphorylated at threonine-231; SUVR = standardized uptake value ratio.

Values are mean (SD) or n (%). Although Aβ PET was only considered as a continuous value, earlier work has established an SUVR >0.53 as abnormal.¹⁴ Cutoffs for tau-PET SUVR were >1.48 (Braak I/II), >1.36 (Braak III/IV), and >1.35 (Braak V/VI).²⁵

p-tau217_{Lilly} when looking at A β -PET in A β -positive MCI. When analyses were performed separately in A β -positive and A β -negative CU individuals (eFigure 5, eTable 6, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7), increasing fold change with increasing SUVR values and separation of p-tau trajectories was largely confined to the A β -positive CU group.

Using tau-PET SUVR in the Braak I/II ROI in CU individuals, the slope of p-tau 217_{Lilly} differed significantly from those





of p-tau181_{Innotest} p-tau181_{Lilly} p-tau181_{Elecsys}, and ptau231_{ADx} at SUVR values of 1.5 or greater. The slopes of ptau181_{Lilly} and p-tau231_{ADx} also differed significantly from those of p-tau181_{Innotest} and p-tau181_{Elecsys}; no significant difference was seen between p-tau181_{Lilly} and p-tau231_{ADx}. The same pattern was seen when using the Braak III/IV ROI in Aβ-positive cognitively impaired participants and using the Braak V/VI ROI (data not shown). Similar to the analyses with Aβ-PET, greater fold change at higher SUVR levels and separation of p-tau trajectories was largely confined to the Aβpositive CU group (eFigure 5 and eTable 6, available from Dryad, doi.org/10.5061/dryad.4f4qrfjc7).

CSF P-Tau Levels by Tau-PET-Based Braak Stages

When dividing participants on the basis of their tau-PET status in Braak ROIs (Figure 3) (i.e., $[^{18}F]RO948$ negative [Braak 0] or abnormal retention in the Braak I/II ROI only or abnormal retention in the Braak III/IV ROI [but not V/VI] or Braak V/VI), fold change (relative to the mean of the Braak 0 group) was highest for p-tau217_{Lilly} (Braak III/IV, 4.69 [95% CI, 4.15–5.24]; V/VI, 6.93 [95% CI, 6.21–7.65]) followed by p-tau181_{Lilly} (Braak III/IV, 2.93 [95% CI, 2.63–3.23]; V/VI, 3.78 [95% CI, 3.41–4.15]), p-tau231_{ADx} (Braak III/IV, 2.39 [95% CI, 2.19–2.59]; V/VI, 2.93 [95% CI, 2.66–3.20]), p-tau181_{Elecsys} (Braak III/IV, 1.88 [95% CI, 1.71–2.04]; Braak V/VI, 2.23 [95% CI, 2.04–2.44]), and p-tau181_{Innotest} (Braak III/IV, 1.71 [95% CI, 1.57–1.85]; Braak V/VI, 1.98 [95% CI, 1.82–2.14]).

CSF P-Tau Levels by Diagnostic Group

By comparison to all Aβ-negative participants, CSF p-tau levels were increased in Aβ-positive CU, MCI, and AD (Figure 4). In A β -positive MCI and AD, the mean fold increases (compared to A β -negative CU) were between 7.36 (95% CI, 6.26–8.47) and 13.27 (95% CI, 12.04–14.51) for ptau217_{Lilly}. By comparison, p-tau181_{Lilly} showed a mean fold increase of between 3.38 (95% CI, 2.98–3.79) and 5.35 (95% CI, 4.89-5.81), while p-tau231_{ADx} showed mean fold increases of between 2.40 (95% CI, 2.57-3.18) and 3.96 (95% CI, 3.68–4.25). Mean fold increases were between 1.72 (95% CI, 1.59-1.86) and 2.14 (95% CI, 1.99-2.30) for ptau $181_{Innotest}$ and between 1.88 (95% CI, 1.71–2.05) and 2.47 (95% CI, 2.27–2.67) for p-tau $181_{Elecsys}$. In A β -positive CU, the greatest fold increase was seen for p-tau217_{Lilly} (4.78 [95% CI, 4.02-5.54), followed by p-tau181_{Lilly} (2.61 [95% CI, 2.29-2.92]) and p-tau231_{ADx} (2.39 [95% CI, 2.15-2.63]), ptau181_{Elecsys} (1.66 [95% CI, 1.53–1.79]) and p-tau181_{Innotest} (1.58 [95% CI, 1.44–1.68]).

Diagnostic Accuracy of CSF P-Tau Isoforms

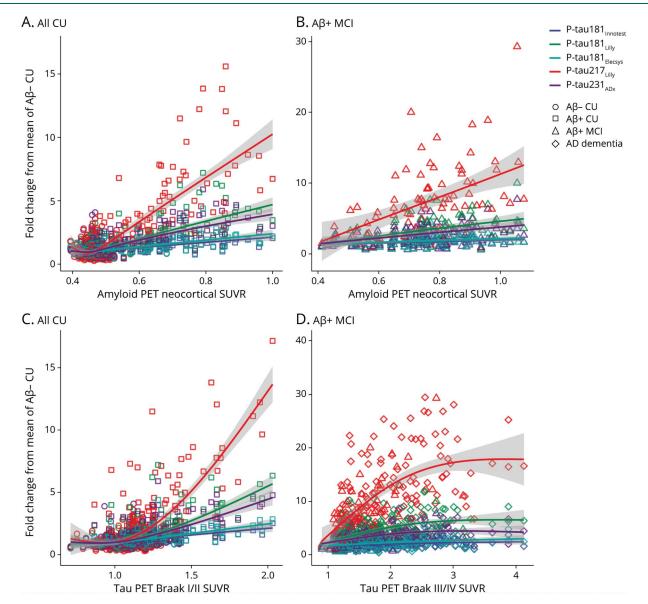
ROC curves and associated AUC values are shown in Figure 5. AUC values—along with sensitivity and specificity estimates at cutoffs that resulted in the highest Youden index—are reported in Table 2. The diagnostic performance of CSF p-tau for AD dementia vs $A\beta$ -negative CU (Figure 5A) and non-AD neurodegenerative disorders (Figure 5B) was highest using p-tau217_{Lilly}. For both contrasts, AUC values for p-tau217_{Lilly} were significantly higher than those for p-tau181_{Innotest} and p-tau181_{Elecsys} (p < 0.0001). For the separation of AD dementia from non-AD neurodegenerative disorders, the AUC value for p-tau217_{Lilly} was significantly higher than that for p-tau181_{Lilly} and p-tau231_{ADx} (p < 0.05). For both contrasts, AUC values for p-tau181_{Lilly} were significantly higher than those for p-tau181_{Lilly} and p-tau231_{ADx} (p < 0.05). For both contrasts, AUC values for p-tau181_{Lilly} were significantly higher than those for p-tau181_{Innotest} and p-tau181_{Elecsys} (p < 0.0001).

When differentiating Aβ-PET-positive from Aβ-PET-negative participants (Figure 5C), p-tau217_{Lilly} outperformed ptau181_{Innotest} p-tau181_{Lilly}, and p-tau181_{Elecsys} (p < 0.0001). Using tau-PET status in the Braak III/IV (Figure 5D) and V/VI (Figure 5E) ROIs, AUCs for p-tau217_{Lilly} were significantly higher than those for p-tau181 and p-tau231_{ADx} (p < 0.0001). Using both A β and tau-PET, the diagnostic performance of p-tau181_{Lilly} was superior to that of p-tau181_{Innotest} and p-tau181_{Elecsys} (p < 0.0001). Using tau-PET, AUC values for p-tau231_{ADx} were significantly higher than those for p-tau181_{Innotest} (Braak III/IV and Braak V/VI, p < 0.0001), p-tau181_{Elecsvs} (Braak III/IV, *p* < 0.0001; Braak V/VI, *p* < 0.01), and p-tau181_{Lilly} (Braak III/IV and Braak V/VI, p < 0.01). The AUC value of p-tau181_{Elecsys} was significantly higher than that for p-tau181_{Innotest} using the Braak III/IV ROI (p < 0.05) but not when using the Braak V/VI ROI.

Discussion

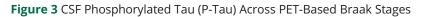
Consistent with previous work using these assays, levels of CSF p-tau181_{Lilly} and p-tau217_{Lilly} were progressively higher across both the AD continuum (i.e., moving from Aβ-positive CU through A β -positive AD dementia)^{14,15} and tau-PET Braak stages.¹⁴ Furthermore, in agreement with a previous study, we found that p-tau217_{Lilly} had significantly higher correlations with $A\beta$ and tau-PET as compared to p-tau181_{Lilly}¹⁴ and extended this finding to show that the correlation was also significantly higher than for p-tau181_{Innotest}, p-tau181_{Elecsys}, and p-tau231_{ADx}. Previously, using CSF samples taken prior to baseline tau-PET in Aβ-positive CU, 56% of patients showed positive p-tau217-Lilly levels, compared with only 25% for p-tau181Lilly.¹⁵ Combined with mass spectrometry findings in AD showing an increased degree of phosphorylation at threonine 217 compared with position 181,^{16,34} these results were interpreted as suggesting that phosphorylation at position 217 may be more pronounced by comparison to other sites. Although the differences were modest, stronger correlations observed with PET would also prove consistent with findings showing that threonine 217 phosphorylation was considerably increased in AD as compared to threonine 181^{8,35} and with the preferential phosphorylation of tau at specific sites across the different stages of AD.^{16,36} In addition, by comparison to studies using p-tau181 measurements from commercial assays such as p-tau181_{Innotest} and p-tau181_{Elecsys},³⁷ larger effect sizes were seen when using p-tau181_{Lilly} p-tau217_{Lilly}, and p-tau231_{ADx}.

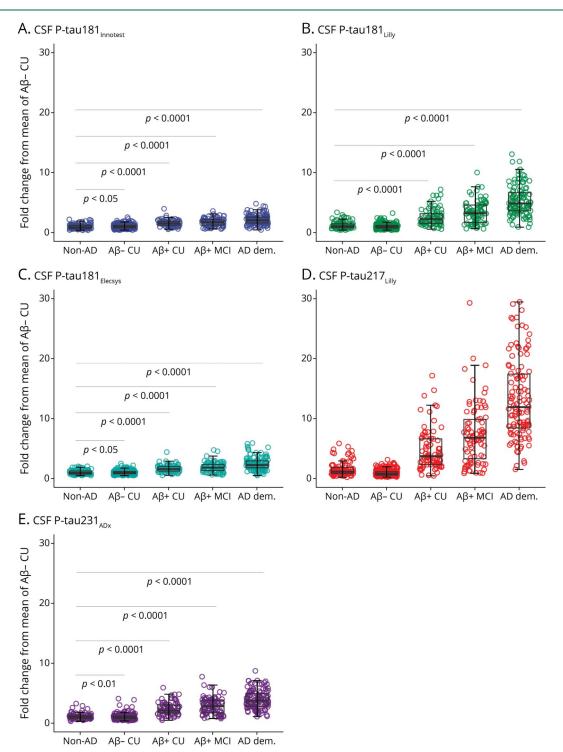
Figure 2 CSF Phosphorylated Tau (P-Tau) Slopes as a Function of β-Amyloid (Aβ) and Tau-PET Standardized Uptake Value Ratio (SUVR)



CSF p-tau levels (expressed as mean fold change relative to the mean of Aβ-negative cognitively unimpaired [CU] participants) are shown against global Aβ PET neocortical SUVR across all CU participants (A) and in Aβ-positive mild cognitive impairment (MCI) (B). Panels C and D show corresponding plots for tau-PET in all CU participants (Braak I/II) and in all Aβ-positive cognitively impaired participants (Braak III/IV) (i.e., Aβ-positive MCI and Alzheimer disease [AD] dementia combined). Generalized additive models with cubic regression splines were used to compare the slopes of CSF p-tau isoforms across different Aβ and tau-PET SUVR values. Shaded gray areas indicate 95% confidence intervals.

Using spline-based analyses, we compared the slopes of p-tau isoforms in relation to continuous A β and tau-PET SUVR values. These analyses were performed in CU individuals and in cognitively impaired A β -positive patients. Although greater PET SUVR values were associated with higher CSF p-tau concentrations for all isoforms, no significant differences were seen in the courses of p-tau181_{Lilly} and p-tau231_{ADx}. By contrast, comparison of CIs showed that the slope of ptau217_{Lilly} diverged from those of p-tau181_{Lilly} and ptau231_{ADx} across a range of SUVR values, particularly in the CU group when using tau-PET in the Braak I/II ROI. These findings are consistent with increases in the active production of soluble tau in the presence of aggregated $A\beta^8$ and, possibly, with the idea that the relative phosphorylation of tau at specific sites varies across the course of AD.^{16,36} Although findings with tau-PET in the cognitively impaired group suggest a plateau in the course of all 3 isoforms—possibly due to a process though which phosphorylation rates are reduced due to sequestration by hyperphosphorylated aggregates^{38,39}—phosphorylation of threonine 217 may continue to increase later into the disease course, similar, for example, to what has been reported for p-tau205.¹⁶ This, combined with p-tau217_{Lilly} possibly showing a higher specificity for AD,¹⁴ may explain the higher AUC values seen for p-tau217_{Lilly}. Although a tau-centric hypothesis

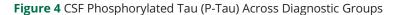


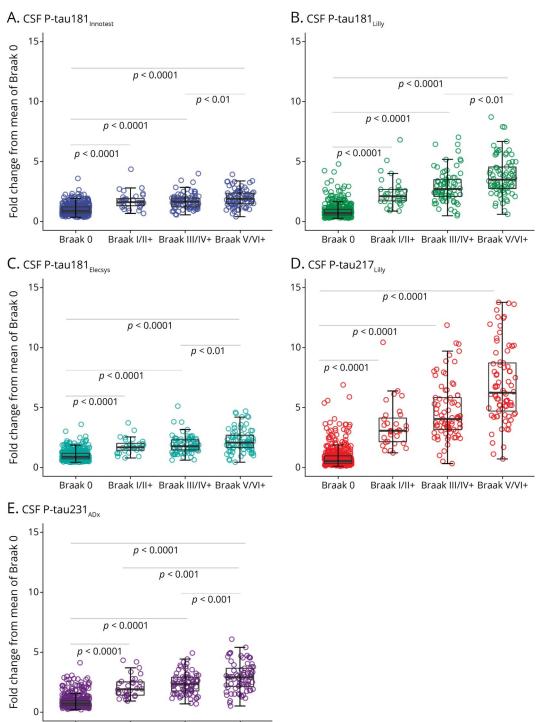


Levels of CSF p-tau181_{Innotest} (A), p-tau181_{Lilly} (B), p-tau181_{Elecsys} (C), p-tau217_{Lilly} (D), and p-tau231_{ADx} (E) are expressed relative to the mean of participants showing no abnormal tau-PET standardized uptake value ratio (SUVR) values in any of the investigated regions of interest (Braak 0, n = 437). Tau positivity in Braak stages III/VI was established using a priori cutoffs based on the mean SUVR within a given region of interest plus 2.5 SD among β -amyloid (A β)-negative young controls. Solid gray horizontal lines indicate age-adjusted group comparisons: Alzheimer disease (AD) dementia higher than all groups (p < 0.001); A β -positive mild cognitive impairment (MCI) higher than cognitively unimpaired (CU) and non-AD (p < 0.001); A β -positive CU higher than A β -negative. AD (p < 0.001). In order to facilitate comparison between p-tau measures, y-axes were scaled to the maximum fold change seen across biomarkers. AD dem. = Alzheimer disease dementia; non-AD = non-Alzheimer disease neurodegenerative disorders.

ascribing a primary role to tau⁴⁰ has been proposed as an alternative to the view that AD is caused by the accumulation of A β in the brain,⁴¹ both spline- and correlation-based sensitivity

analyses in CU individuals by A β status showed there to be little association with A β and tau-PET in A β -negative CU individuals.





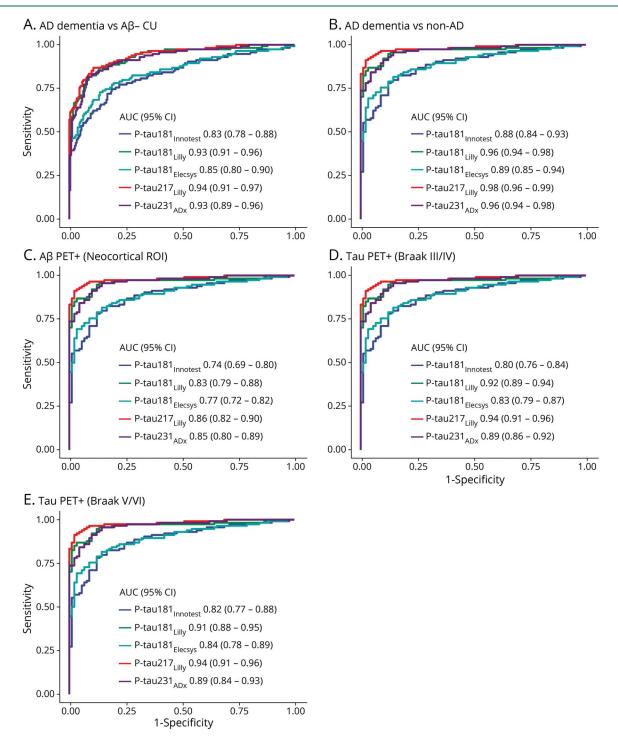
Braak 0 Braak I/II+ Braak III/IV+ Braak V/VI+

Levels of CSF p-tau181_{Innotest} (A), p-tau181_{Lilly} (B), p-tau181_{Elecsys} (C), p-tau217_{Lilly} (D), and p-tau231_{ADx} (E) are expressed relative to the mean of β -amyloid (A β)-negative participants (n = 253). Solid gray horizontal lines indicate age-adjusted group comparisons: Alzheimer disease (AD) dementia higher than all groups (p < 0.001); A β -positive mild cognitive impairment higher than cognitively unimpaired (CU) and non-AD neurodegenerative disorders (p < 0.001); A β -positive CU higher than A β -negative CU and non-AD (p < 0.001). In order to facilitate comparison between p-tau measures, y-axes were scaled to the maximum fold change seen across biomarkers. In order to facilitate comparison between p-tau measures, y-axes were scaled to the maximum fold change seen across biomarkers.

A recent study focused on characterizing the patterns of change in p-tau 231_{ADx} and p-tau $181_{Elecsys}$ in preclinical AD.⁴² In ROC analyses, the authors found that p-tau 231_{ADx} had

statistically significant higher predictive accuracies than p-tau181_{Elecsys} for discriminating A β -positive from A β -negative CU individuals. Moreover, p-tau231_{ADx} showed an AUC that





Receiver operating characteristic curves are shown for the following groups: Alzheimer disease (AD) dementia vs β -amyloid (A β)-negative cognitively unimpaired (CU) (A), AD dementia vs non-AD disorders (B), A β -PET positive vs negative (C), and tau-PET positive vs negative using the Braak III/IV (D) and V/VI (E) regions of interest (ROIs). AUC = area under the receiver operating characteristic curve; CI = confidence interval.

was higher than that of p-tau181_{Elecsys}. Although our findings showing that p-tau231_{ADx} had higher AUCs compared to ptau181_{Elecsys} and p-tau181_{Innotest} are consistent with this, our results also suggest that p-tau231_{ADx} is similar to p-tau181_{Lilly}. In a related study by Karikari et al.,⁴³ N-p-tau217 showed higher diagnostic performance for identifying Aβ pathology and AD at the MCI stage compared to established p-tau181 assays (p-tau181_{Innotest} and p-tau181_{Lumipulse}), but not compared to N-p-tau181. Possibly complicating this comparison, however, is the comparatively small number of prodromal AD cases. Although our results cannot be directly compared because of differences in the assays used for p-tau217, studies

Table 2 Area Under the Receiver Operating Characteristic Curve (AUC) Values and Sensitivity/Specificity at Youden Index-Based Cutoffs

		Performance (95% Cl)			
	Cutoff	AUC	Sensitivity	Specificity	p Value
ΔD dementia vs Aβ– CU					
CSF p-tau181 _{Innotest} ^a	57.73	0.83 (0.78–0.88)	75.44 (59.65–84.21)	81.89 (74.90–93.83)	a vs b, ** a vs c, Ns
CSF p-tau181 _{Lilly} ^b	86.59	0.93 (0.91–0.96)	85.09 (77.19-92.98)	89.30 (82.30-94.65)	a vs d, ** a vs e, **
CSF p-tau181 _{Elecsys} ^c	25.28	0.85 (0.80–0.90)	75.44 (64.04–85.09)	85.60 (76.13-93.00)	b vs c, ** b vs d, Ns
CSF p-tau217 _{Lilly} ^d	194.32	0.94 (0.91–0.97)	86.84 (78.07-92.98)	90.53 (84.36-95.88)	b vs e, N c vs d, **
CSF p-tau231 _{ADx} ^e	20.14	0.93 (0.89–0.96)	84.21 (76.32-92.11)	90.53 (81.07–95.06)	c vs e, ** d vs e, *
D dementia vs non-AD					
CSF p-tau181 _{Innotest} ^a	55.75	0.88 (0.84–0.93)	81.58 (71.05-90.35)	86.67 (76.67–94.44)	a vs b, ** a vs c, Ns
CSF p-tau181 _{Lilly} ^b	99.87	0.96 (0.94–0.98)	91.23 (81.58-98.25)	95.56 (85.56–100)	a vs d, ** a vs e, **
CSF p-tau181 _{Elecsys} c	25.44	0.89 (0.85–0.94)	79.82 (65.79-89.47)	91.11 (80.00–98.89)	b vs c, ** b vs d, *
CSF p-tau217 _{Lilly} ^d	190.87	0.98 (0.96–0.99)	93.86 (87.72-98.25)	96.67 (91.11–100)	b vs e, N c vs d, **
CSF p-tau231 _{ADx} ^e	18.76	0.96 (0.94–0.98)	92.98 (82.46-98.25)	91.11 (82.22–98.89)	c vs e, ** d vs e, *
β PET+ vs Aβ PET– (neocorti	ical ROI)				
CSF p-tau181 _{Innotest} ^a	53.87	0.74 (0.69–0.80)	66.23 (51.66–76.16)	76.98 (67.17–89.06)	a vs b, * a vs c, N
CSF p-tau181 _{Lilly} ^b	71.49	0.83 (0.79–0.88)	73.51 (64.90-80.79)	87.92 (81.51-93.58)	a vs d, ** a vs e, **
CSF p-tau181 _{Elecsys} c	23.64	0.77 (0.72–0.82)	66.23 (55.63–76.82)	83.02 (72.45-89.82)	b vs c, ** b vs d, **
CSF p-tau217 _{Lilly} ^d	137.55	0.86 (0.82–0.90)	72.85 (63.58-80.79)	90.57 (83.40-96.60)	b vs e, N c vs d, **
CSF p-tau231 _{ADx} ^e	16.45	0.85 (0.80–0.89)	76.82 (67.55-84.11)	0.8528 (78.49–91.70)	c vs e, ** d vs e, N
au-PET+ vs tau-PET– (Braak	III/IV ROI)				
CSF p-tau181 _{Innotest} ^a	59.37	0.80 (0.76–0.84)	72.73 (57.14-81.82)	75.27 (69.37–87.96)	a vs b, ** a vs c, *
CSF p-tau181 _{Lilly} ^b	99.82	0.92 (0.89–0.94)	84.42 (75.32-92.21	87.31 (78.34-94.31)	a vs d, ** a vs e, **
CSF p-tau181 _{Elecsys} c	24.25	0.83 (0.79–0.87)	76.62 (62.32-85.06)	75.71 (69.15–89.06)	b vs c, ** b vs d, **
CSF p-tau217 _{Lilly} ^d	235.21	0.94 (0.91–0.96)	87.01 (81.82–92.86)	90.37 (85.78-93.00)	b vs e, ** c vs d, **
CSF p-tau231 _{ADx} ^e	17.10	0.89 (0.86–0.92)	88.96 (74.03-95.45)	75.93 (69.58–90.37)	c vs e, ** d vs e, **
au-PET+ vs tau-PET– (Braak	V/VI ROI)				
CSF p-tau181 _{Innotest} ^a	69.41	0.82 (0.77–0.88)	74.03 (62.34-87.01)	82.02 (67.60-88.76)	a vs b, * a vs c, N
CSF p-tau181 _{Lilly} ^b	127.22	0.91 (0.88–0.95)	88.31 (80.52-96.10)	86.79 (78.65–91.20)	a vs d, ** a vs e, **
CSF p-tau181 _{Elecsys} c	29.19	0.84 (0.78–0.89)	77.92 (63.64–88.31)	80.52 (67.98-91.01)	b vs c, ** b vs d, *
CSF p-tau217 _{Lilly} ^d	326.04	0.94 (0.91–0.96)	90.91 (83.12-97.40)	90.26 (85.02-93.63)	b vs e, ** c vs d, **
CSF p-tau231 _{ADx} ^e	26.95	0.89 (0.84–0.93)	85.71 (74.03-97.40)	81.84 (64.42-89.51)	c vs e, ** d vs e, **

Abbreviations: Aβ = β-amyloid; AD = Alzheimer disease; CI = confidence interval; CU = cognitively unimpaired; NS = not statistically significant; p-tau181 = tau phosphorylated at threenine-181; p-tau217 = tau phosphorylated at threenine-217; p-tau231 = tau phosphorylated at threenine-213; ROI = region of interest. p Values (Bonferroni corrected) are for the comparison of AUC values across p-tau measures. Superscripted letters ($^{a-e}$) indicate the different p-tau measures. *p < 0.05. **p < 0.01. ***p < 0.001. ****p < 0.0001.

thus far suggest, overall, that p-tau217 assays are generally more sensitive. Further studies directly comparing these assays are required, however, as well as whether p-tau231_{ADx} and p-tau181_{Lilly} begin to increase at the same time point or if p-tau231_{ADx} starts to increase earlier in order to help establish the temporal dynamics of these different measures. Here,

longitudinal studies comparing p-tau181, p-tau217, and p-tau231 will prove crucial.

Clinical utility in terms of fold change with respect to levels in Aβ-negative CU individuals varied across the investigated CSF p-tau measures. Although sharing the same p-tau181specific antibody (AT270), the Innotest and Lilly p-tau181 assays had different total tau (i.e., not binding to the phosphorylation site) antibodies and showed large differences in fold change. This indicates the importance of tau isoforms or fragmentation with respect to clinical utility: should fragmentation occur in the region of the protein where the 2 totaltau antibodies bind, this could lead to the measurement of different pools of tau present in CSF. This hypothesis is reinforced by the fact that p-tau181_{Innotest} and p-tau181_{Elecsys} assays showed similar performance despite differing in both ptau181-specific and total tau antibodies; presumably, this reflects these assays measuring the same tau isoform/fragment. The influence of the total tau antibody on the clinical utility of p-tau181 is thus significant, as p-tau181_{Lilly} showed about double the fold change as p-tau181_{Innotest} and p-tau181_{Elecsys} in AD. One explanation for the differences in fold change is also the possibility of a different binding affinity of the total tau antibody for tau, which could lead to differences in the measured signal with increasing protein concentrations. However, the Lilly assays showed that p-tau217 showed greater fold change compared to p-tau181 when using the same total tau antibody in combination with different phosphorylation-specific antibodies. The variability observed in the fold change of the measurements with p-tau181 assay cannot therefore be fully explained by technical differences of the assay or antibody affinity. One could speculate that the binding of antibodies to different phospho-epitopes could lead to conformational changes in the protein and therefore different affinity of the total tau antibody, but further studies are needed to demonstrate this. Similarly, we do not yet know whether p-tau231 will be better or worse in a head-to-head comparison to p-tau217 as the p-tau 231_{ADx} assay uses a different total tau antibody.

Recent mass spectrometry-based work⁴⁴ addressing tau PTMs has shown that p-tau181, p-tau217, and p-tau231 appear to be indicators of early AD pathology based on Braak NFT staging of postmortem brain tissue.¹⁸ In a related study exploring the biochemical link between measures of AB and tau phosphorylation, however, a somewhat different conclusion was reached: while soluble p-tau181, p-tau217, and p-tau231 were highly correlated to Aβ levels,⁴⁵ the highest degree of tau phosphorylation was observed in the insoluble fractions of AD brain tissue, suggesting that correlations with A β and tau aggregates may be more complex than simple linear relations. Despite this recent progress in understanding the link between abnormal PTMs and the aggregation of tau in AD, additional studies are required to understand how such abnormal PTMs are reflected in predominantly C-terminally truncated tau.^{8,46} Current findings nevertheless highlight the importance of mapping PTMs in order to better understand the pathophysiology of AD; moreover, increased insight into

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the role of PTMs will facilitate the identification of novel therapeutic targets and improve AD diagnostics.

Strengths of our study include the large number of patients spanning the AD continuum, within-subject measurements of multiple CSF p-tau isoforms and their comparison to the widely used p-tau181 from Innotest and Elecsys, and the availability of $A\beta$ and tau-PET imaging. Moreover, the use of mid-fragments across all p-tau measures allowed for a more direct comparison of p-tau biomarkers. This study has limitations, however. First, our inferences as to the ordering of changes in p-tau isoforms over the course of AD are based on cross-sectional data whereas longitudinal studies are needed to accurately address this question. Second, we did not have Aβ-PET in the AD dementia group. Although earlier work indicated that AB pathology may reach a plateau during the dementia phase of AD,⁴⁷ recent findings suggest that this may not be the case.⁴⁸ As such, we were not able to examine the effect of higher Aβ-PET SUVR values on p-tau isoforms but were nonetheless able to identify the significantly higher dynamic range of ptau217_{Lilly} using the available Aβ-PET from participants with out dementia. Although we acknowledge the lack of Aβ-PET across all groups as a limitation, very high concordance is seen between CSF Aβ42/Aβ40 and Aβ-PET.49 As such, the 2 measures provide similar information with respect to defining A β status. As we were interested in the relationship between p-tau and the amount of fibrillary brain $A\beta$, however, we chose Aβ-PET as this measure reflects the cumulative burden of accumulated AB pathology while CSF AB42/40 reflects the production and clearance of Aβ42 and Aβ40 at a given time point.⁵⁰ Lastly, though our study used the same assay for p-tau231_{ADx} and p-tau181_{Elecsys} as used in the study by Suárez-Calvet et al.,⁴² assays for p-tau181 and p-tau217 differed. In order to more definitively address the ordering of p-tau biomarkers, future work comparing phosphorylation epitopes will require the use of assays that are as similar as possible using head-to-head designs and validation in independent datasets.

We found that CSF p-tau217_{Lilly} more strongly correlated with A β and tau-PET and showed greater increases as compared to p-tau181_{Innotest} p-tau181_{Lilly}, p-tau181_{Elecsys}, and ptau231_{ADx} in AD dementia and across tau-PET Braak stages. Moreover, CSF p-tau217_{Lilly} showed greater discriminative accuracy for AD dementia, as compared to CSF p-tau181_{Innotest} p-tau181_{Lilly}, p-tau181_{Elecsys}, and p-tau231_{ADx}. These results suggest that CSF p-tau217_{Lilly} should be the preferred p-tau variant to use for AD diagnostics and for tracking disease progression (e.g., as an outcome in clinical AD trials).

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Disclosure

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Appendix Authors

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Shorena Janelidze, PhD	Lund University, Malmö, Sweden	Designed and conceptualized study; revised the manuscript for intellectual content
Niklas Mattsson- Carlgren, MD, PhD	Lund University, Malmö, Sweden	Designed and conceptualized study; revised the manuscript for intellectual content
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Name	Location	Contribution
Jeffrey L. Dage, PhD	Eli Lilly and Company, Indianapolis, IN	Major role in the acquisition of data; interpreted the data, revised the manuscript for intellectual content
Oskar Hansson, MD, PhD	Lund University, Malmö; Skåne University Hospital, Lund, Sweden	Designed and conceptualized study; analyzed the data; drafted the manuscript for intellectual content

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