Reactions 1848, p199 - 27 Mar 2021

Hydrocortisone/methylprednisolone/tocilizumab

Various toxicities following off-label treatment: case report

A 60-year-old man developed *Candida glabrate* infection, candidaemia due to *Candida parapsilosis* infection and Cryptococcaemia due to disseminated *Cryptococcus neoformans* infection following off-label treatment with hydrocortisone, methylprednisolone and tocilizumab for COVID-19.

The man, who had diabetes mellitus, hypertension and ischaemic heart disease, was admitted to the ICU with confirmed diagnosis of COVID-19. Upon admission, he was started on mechanical ventilation. He started receiving off-label treatment with 3 doses of tocilizumab 400 mg/once, 600 mg/once, and 600 mg/once, respectively, along with hydrocortisone and several doses of methylprednisolone [routes not stated; not all dosages stated]. Few days later, his bronchial alveolar lavage tested positive for Candida glabrate.

The man was treated with anidulafungin for 7 days. He underwent tracheostomy and was sedated and intubated for 22 days. After 28 days of ICU admission, he developed acute kidney injury [aetiology not stated]. Thus, haemodialysis was initiated. After 1 month of admission, he developed Candidaemia secondary to Candida parapsilosis infection, for which he received anidulafungin for more than 7 days. His hospital course was complicated by gastrointestinal bleeding manifesting as melena and per rectal bleeding [aetiology not stated]. The bleeding episodes were managed conservatively. Candidaemia persisted after 2 weeks of treatment. Therefore, he was prescribed with anidulafungin for more 14 days. Subsequently, after 18 days of anidulafungin treatment, his blood culture tested positive for Cryptococcus neoformans. He was diagnosed with Cryptococcaemia. He started receiving treatment with amphotericin B and flucytosine. He was also diagnosed with thrombocytopenia [aetiology not stated]. He developed sepsis due to Cryptococcaemia and died within 10 days of Cryptococcaemia development. The Candida glabrate infection, candidaemia due to Candida parapsilosis infection and Cryptococcaemia due to disseminated Cryptococcus neoformans infection were attributed to off-label treatment with hydrocortisone, methylprednisolone and tocilizumab [time to reaction onsets stated; not all outcomes stated].

Khatib MY, et al. Cryptococcemia in a patient with COVID-19: A case report. Clinical Case Reports 9: 853-855, No. 2, Feb 2021. Available from: URL: http://doi.org/10.1002/ccr3.3668

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