A retrospective pooled analysis assessing the effect of age on the immunogenicity of *Havrix*[™] in healthy adults

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Abbreviations: CI, confidence interval; ELISA, enzyme-linked immunosorbent assay; GMC, geometric mean concentration; HAV, hepatitis A virus; HNIG, human normal immunoglobulin; TVC, total vaccinated cohort; UK, United Kingdom; WHO, World Health Organization

Over recent decades, the global incidence of hepatitis A virus infection has been reduced by improvements in sanitation infrastructure and through immunization programs. The immunogenicity and field efficacy of the inactivated hepatitis A vaccine (*Havrix*TM, GSK, Belgium) has been demonstrated in clinical trials, population-impact studies as well as in several outbreak settings. However, immunological data in older populations are limited, with only few studies assessing the immune response of this vaccine in adults aged \geq 40 years. This retrospective pooled analysis of 4 2-dose primary vaccination studies compared the immunogenicity and safety of the inactivated hepatitis A vaccine in adults aged \geq 40 years with subjects aged 20–30 years (control group; N = 80 in each group). Fifteen days after the first vaccine dose, 79.7% (95% CI: 68.8–88.2) and 92.3% (95% CI: 84.0–97.1) of subjects were seropositive in the \geq 40 years and control groups, respectively; 97.5% (95% CI: 91.2–99.7) and 97.4% (95% CI: 91.0–99.7), respectively, were seropositive one month after the first dose. All subjects in both groups (95% CI: 95.4–100 and 95.3–100, respectively) were seropositive one month after the second dose. Safety profiles were similar in both groups. In conclusion, the inactivated hepatitis A vaccine induced similar immune responses in adults aged \geq 40 and 20–30 years one month after the first dose.

Introduction

Hepatitis A virus (HAV) is a worldwide public health concern with approximately 1.5 million clinically-confirmed cases of HAV infection occurring annually.¹⁻³ In addition, serologic evidence suggests that tens of millions of new HAV infections occur each year.^{4,5} HAV also causes the second most common vaccinepreventable travel-associated infectious disease.⁶

HAV exposure in unprotected adults may result in severe and serious symptoms, with the likelihood of associated morbidity and mortality increasing with age.⁷ Indeed, during a multi-state HAV outbreak in the United States in May 2013, 108 (68%) of 158 reported cases were at least 40 years of age. Of reported cases, 69 (44%) were hospitalized who were all subjects older than 18 years; 72% of these hospitalized subjects were older than 40 years of age.⁸

HAV infections can therefore be effectively prevented by active immunization with an inactivated hepatitis A vaccine. The

first commercially produced inactivated hepatitis A vaccine (*Havrix*TM; GSK, Belgium) was launched in 1992 and is available worldwide for preventing the disease.⁹ The immune response to the inactivated hepatitis A vaccine is well-documented and the vaccine has been shown to be generally effica-cious and well-tolerated in children and adults.⁹⁻¹¹

Recent HAV outbreaks in Europe and the United States due to contaminated food have been reported.¹²⁻¹⁴ Human normal immunoglobulin (HNIG) was the recommended post-exposure prophylaxis against HAV infection for decades.¹⁵ However, active immunization with hepatitis A vaccination for HAV outbreak management has been recently recommended as the preferred choice over passive immunization with HNIG by international bodies including The World Health Organization (WHO) and European Center for Disease Prevention and Control (ECDC).¹⁶⁻¹⁸ The WHO also recommends hepatitis A vaccination over HNIG for both pre- and post-prophylaxis.¹⁶

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Countries including Canada and more recently Australia have also issued guidelines advising the use of inactivated hepatitis A vaccine in preference to HNIG during outbreaks.¹⁹⁻²³ These guidelines are supported by several well-controlled clinical trials which have demonstrated effective control of HAV outbreaks with the inactivated hepatitis A vaccine.²⁴⁻³¹ Nevertheless, while the United Kingdom (UK) recommends HNIG administration within 2 weeks of HAV exposure to specific patient groups individuals aged \geq 50 years, immunocompromised patients or those with chronic liver disease or contraindications for vaccination,^{32,33} the United States and the Netherlands recommend HNIG for individuals aged \geq 40 years or with the same conditions as mentioned above.^{15,34}

Vaccination with hepatitis A vaccine is also recommended for individuals at increased risk for getting HAV infection, e.g., travelers to endemic areas.¹⁵ Last-minute travelers are common and several recommendations of the preferred use of active immunization have been issued in countries with low HAV endemicity for such individuals at risk of exposure.^{6,18}

The inactivated hepatitis A vaccine, $Havrix^{TM}$ has been shown to elicit a rapid immune response in children and young adults, within 15 days of first dose administration.^{9,35,36} However, no study has specifically assessed the effect of age on the immune response in older populations. Furthermore, although hepatitis A outbreaks have occurred in adults over 40 years, ^{13,14,37-39} little is known about the immune response to inactivated hepatitis A vaccine in this age group. We therefore conducted this study to assess the immune response and safety of $Havrix^{TM}$ in an older population aged ≥ 40 years by pooling data from 4 completed studies (3 published, one unpublished).^{40,41}

Results

This pooled analysis included 160 subjects; 80 aged \geq 40 years and 80 matched subjects aged 20–30 years (control group). Of the total 80 subjects, one was taken from study 208109/108,⁴⁰ 3 were taken from study 208109/114,⁴⁰ 66 from study 208109/061⁴¹ and 10 from study 208109/123 (unpublished); the same number of matched control subjects were selected from the same studies. The mean age of the subjects was 47 (standard deviation [SD]: ±6.57) years in the \geq 40 year group and 24.2 (SD: ± 2.34) years in the control group. There were 46 and 36 females in the \geq 40 years and 20–30 years age group, respectively (**Table 1**).

In the \geq 40 years age group, seropositivity rates after the first vaccine dose were: 79.7% (95% confidence interval [CI]: 68.8–88.2) at day 15 and 97.5% (95% CI: 91.2–99.7) at one month (Fig. 1). All subjects were seropositive (95% CI: 95.4–100) one month after the second dose. The corresponding values for the control group were: 92.3% (95% CI: 84.0–97.1); 97.4% (95% CI: 91.0–99.7) and 100% (95% CI: 95.3–100), respectively (Fig. 1).

The anti-HAV antibody geometric mean concentrations (GMCs) in the older age group were: 126.5 mIU/mL (95% CI: 88.6–180.7) at day 15 and 329.1 mIU/mL (95% CI: 254.7–

 Table 1. Baseline characteristics for the pooled cohorts (total vaccinated cohort)

Characteristics	Age groups			
	\geq 40 years (N = 80)	20–30 years (N = 80)		
Age (years)				
Mean	47.0	24.2		
SD	6.57	2.34		
Median	46.0	24.0		
Range	40–62	20–28		
Gender (n)				
Female	46	36		
Male	34	44		

N: total number of subjects in each group. n: number of subjects in a given category. SD: Standard deviation.

425.2) at one month post-dose 1 and 2378.9 mIU/mL (95% CI: 1848.5–3061.5) one month after the second dose. The corresponding values for the control group were: 219.4 mIU/mL (95% CI: 168.0–286.5), 469.2 (95% CI: 365.2–602.7) and 4370.9 mIU/mL (95% CI: 3535.1–5404.3) (Fig. 2).

During the 4-day post-vaccination follow-up period, 63.8% and 77.5% of subjects reported at least one symptom (solicited and unsolicited, local or general) in the \geq 40 year and control groups, respectively. Solicited local and general symptoms were of similar magnitude and frequency in both groups. Pain was the most common solicited local symptom in both groups (71.4% in \geq 40 year old subjects and 64.3% in controls) and headache was the most frequently reported solicited general symptom (35.7% each) (Table 2). During the 31-day post-vaccination follow-up period, at least one unsolicited symptom was reported for 6.3%







Figure 2. Anti-HAV GMC following the primary vaccination (total vaccinated cohort). Footnote: Control group: subjects aged 20–30 years; PRE: blood sample at pre-vaccination; PI (D15): blood sample 15 days after vaccine dose 1; PI (M1): blood sample one month after vaccine dose 1; PI (M6): blood sample 6 months after vaccine dose 1; PII (M*): blood sample one month after vaccine dose 2.

and 8.8% of subjects, respectively. No serious adverse events (SAEs) were reported in either group.

Discussion

Given the paucity of data available on the immune response of the hepatitis A vaccine compared with HNIG in persons older than 40 years in a post-exposure scenario, physicians are faced with the clinical dilemma of whether to administer the hepatitis A vaccine or HNIG to individuals during HAV outbreaks.^{7,15} A similar challenge is faced in the pre-exposure scenario for travelers. As older adults from areas of low HAV endemicity are increasingly traveling to areas of high endemicity, there is an increased

Table 2. Incidence of reported solicited local and general symptoms during the 4-day post-vaccination period (total vaccinated cohort)

Symptoms	Age \geq 40 years		Age 20 to 30 years	
	%	95% Cl	%	95% CI
Local				
Pain	71.4	41.9–91.6	64.3	35.1-87.2
Redness	7.1	0.2-33.9	14.3	1.8-42.8
Swelling	0.0	0.0-23.2	7.1	0.2-33.9
General				
Headache	35.7	12.8-64.9	35.7	12.8-64.9
Loss of appetite	7.1	0.2-33.9	14.3	1.8-42.8
Malaise	21.4	4.7-50.8	14.3	1.8-42.8
Nausea	21.4	4.7-50.8	14.3	1.8-42.8
Fever	0.0	0.0-23.2	0.0	0.0-23.2
Vomiting	0.0	0.0-23.2	0.0	0.0-23.2

%: percentage of subjects reporting any given symptom. 95% CI: Exact 95% confidence interval. risk of serious illness following HAV exposure.⁷ The current pooled analysis was therefore conducted to assess the immunogenicity and safety of *Havrix*TM in adults aged \geq 40 years. The strength of this pooled analysis is that all 4 original studies were conducted in countries with equally low endemicity and a country- and gender-matched control group was included. This pooled analysis is however restricted by the statistical limitations of a post-hoc analysis and a limited sample size.

Using a conservative total serum anti-HAV antibody titer cutoff value of 20 mIU/mL, it was observed that the seropositivity rate at day 15 post-dose 1 was lower in subjects aged \geq 40 years, as compared to the younger control group. The seropositivity rates one month after the first vaccine dose were however identical in both groups (Fig. 1). Seropositivity rates of 100% were achieved in both groups one month after the second vaccine dose (Fig. 1). The delay in initial immune response in adults could possibly be due to the aging immune system.⁴² When compared with the control group, antibody concentrations were lower in subjects aged ≥ 40 years (with overlapping CIs) (Fig. 2). These findings are in line with those of a previous study conducted by Joines et al (2001), which presented comparable seroconversion rates between subjects aged ≥ 40 years and < 40 years, suggesting that both older and younger subjects respond to the inactivated hepatitis A vaccine to the same extent.⁴³ However, similar to our study, the antibody concentrations in that series were higher in younger adults compared to older adults.⁴³ The lowest antibody concentration required to confer clinical protection has not been established for hepatitis A. However, studies of passively transferred antibodies have shown that even antibody concentrations just above the detection cut-off are associated with an absence of clinical infection; the detection of circulating antibodies is therefore generally considered as a surrogate marker of clinical protection.^{44–46} The difference in the observed GMC in our study is therefore of limited clinical relevance.

As observed in the current pooled analysis,, vaccination with HavrixTM elicits a more rapid and effective immune response within 15 days of first dosing in both children (age = 2-13 years; seroconversion rate = 96%) and young adults (mean age = 28.4 years; seroconversion rate = 97.7%).^{35,36} This rapid humoral immune response helps in reducing the duration of hepatitis A outbreaks and is therefore crucial for its management.³⁰ It is also advantageous when immunization is required at short notice, such as when traveling to endemic countries.⁴⁷ The rapid response to the inactivated hepatitis A vaccine observed in our analysis is consistent with the results from other studies.^{35,48,49} Indeed, one study of adults intending to travel abroad reported seroconversion as early as day 12 following vaccination; all subjects were seropositive by day 16.48 Another retrospective pooled analysis of 9 clinical trials of the inactivated hepatitis A vaccine (1440 El.U) in 1,694 healthy seronegative adults observed a rapid seroconversion rate of 79% at day 13 which gradually increased to 100% by day 19.49 These findings are indicative of a rapid immune response in a wide age range, including those older than 40 years; the vast majority of vaccinees develop antibodies within 2 weeks of vaccination.⁴⁶ Thus, given that hepatitis A virus has an average incubation period of 28 days,⁵⁰ these results indicate

that the inactivated hepatitis A vaccine can provide adequate protection to travelers seeking immunity before departing for HAV endemic countries.^{46,49}

Vaccine coverage is another important factor when managing hepatitis A outbreaks. If an adequate number of susceptible individuals are vaccinated with the inactivated hepatitis A vaccine, then community outbreaks can be halted or significantly shortened.²⁴⁻²⁹ The duration of hepatitis A outbreaks is important in the public health setting where timely intervention has the greatest impact. Indeed, an intervention within 2 weeks of exposure to HAV is recommended for obtaining the greatest reduction in outbreak duration.⁵¹ Thus, a rapid humoral immune response, as elicited by the inactivated hepatitis A vaccine, and adequate vaccination coverage of a susceptible population is key in controlling an HAV outbreak.

Before the inactivated hepatitis A vaccine was available, HNIG was recommended for post-exposure prophylaxis against HAV infection.^{15,52} Post-exposure prophylaxis using hepatitis A vaccine or HNIG or both can now be used to prevent secondary cases in close contacts of hepatitis A cases. HNIG remain recommended in specific situations, for example, the US Advisory Committee on Immunization Practices recommends HNIG (0.02 ml/kg) in addition to vaccination for older adults, immunocompromised individuals and those with chronic liver disease planning to travel to an area of high or intermediate HAV endemicity in 2 weeks or less.¹⁵ While guidelines from the Netherlands provide an upper age limit of 40 years for administering hepatitis A vaccine in a post-HAV exposure scenario and the UK recommends HNIG in addition to vaccination in those aged over 50 years, 32-34 recommendations by the Canadian and Australian authorities have omitted any such age restrictions.^{19,22} In a recent study from Australia, no HAV outbreaks were observed among adults aged >40 years who previously received the hepatitis A vaccine, thus justifying the removal of an upper age restriction for vaccination as post-exposure prophylaxis.²

Overall, HAV vaccination as a post-exposure prophylactic measure in subjects >40 years has achieved high success rates in HAV outbreaks.^{8,31,52} Canada and Australia have recently adapted their guidelines in accordance with the WHO recommendations, advising HAV vaccination in outbreak situations.^{16,19-23}

In conclusion, the immune response and the safety and tolerability profile of 2 doses of $Havrix^{TM}$ in subjects aged ≥ 40 years is similar to that of younger subjects (aged 20–30 years) one month after the first and second dose in this pooled analysis, whereas younger subjects may demonstrate a more rapid and higher seroconversion 15 days after the first dose. The results of this meta-analysis is supportive of a satisfactory immunogenicity profile in healthy individuals >40 years of age.

Materials and Methods

This post-hoc retrospective pooled analysis was performed on 4 double blind, randomized primary vaccination studies of the inactivated hepatitis A vaccine conducted in 3 countries of low HAV endemicity - Belgium, Finland and Iceland (Studies - 208109/108 [0, 12 months],⁴⁰ 208109/114 [0, 6 months],⁴⁰ 208109/061 [0, 6 months]⁴¹ and 208109/123 [0, 6 months; unpublished]). The studies were selected based on the criteria that: 2-dose $Havrix^{TM}$ had been administered to healthy subjects including those aged \geq 40 years; anti-HAV antibodies were measured using enzyme linked immunosorbent assay (ELISA); and the availability of the study reports.

There were 194 subjects in study 208109/108,40 120 in 208109/114,⁴⁰ 200 in 208109/061⁴¹ and 151 in 208109/123 (unpublished). Of these, 1, 3, 66 and 10 subjects aged 40 years and above, respectively, were included in this pooled analysis. An equal number of country- and gender- matched control group aged between 20-30 years was selected from the same studies. The matching of subjects was first done by calculating the standardized age of the subjects as "age" divided by "standard error for age" among either the ≥ 40 years study population or control subjects. The subjects in the ≥ 40 years and control groups were then sorted according to standardized age in ascending order. The lowest standardized age value in the ≥ 40 years age group was then matched with lowest standardized age value in the control group of the same gender (if available). If the same gender was not available, then gender for matching was ignored. Matching was undertaken for each study, whereby one subject from one study was matched to a control subject from the same study.

All the studies included in this pooled analysis were conducted according to Good Clinical Practice and in accordance with the Declaration of Helsinki. The protocol and associated documents were reviewed and approved by the ethics committees of participating study centers. All subjects provided written informed consent.

In the original studies, all subjects received 2 doses of *Havrix*TM according to the standard 0, 6 month or an extended 0, 12 month schedule, by intramuscular injection in the deltoid region. Each 1 ml dose of *Havrix*TM contained at least 1440 El. U HAV (strain HM175). Blood samples were collected at screening (pre-vaccination), on day 15, 1 and 6 months after first vaccine dose; and 1 month after second vaccine dose in both groups. Anti-HAV antibodies were measured using ELISA (*Enzymun*[®], Boehringer-Mannheim).

Solicited local and general symptoms were collected during the 4-day post-vaccination period; unsolicited symptoms were recorded for 30 days post-vaccination and SAEs were recorded throughout the study.

The pooled analysis considered the total vaccinated cohort (TVC), which included all subjects who had received at least one dose of the study vaccine. Immunogenicity analysis based on the TVC included subjects who received at least one dose of the vaccine and for whom immunogenicity data was available. Seropositivity rates (defined as percentage of subjects with anti-HAV antibody titer value ≥ 20 mIU/mL) and GMCs were calculated with exact 95% CI. The GMC calculations were performed by taking the anti-log of the mean of the log₁₀ concentration transformations. Antibody concentrations below the assay cut-off were given an arbitrary value of half the cut-off for the purpose of GMC calculation.

Disclosure of Potential Conflicts of Interest

All authors are employed by the GSK group of companies. O. V.D.M and M. D. R. declare owning shares from the GSK group of companies.

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Trademark Statement

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