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OPEN Ovary and uterus related adverse events associated with statin use: an analysis of the FDA Adverse **Event Reporting System**

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Experimental studies have demonstrated statin-induced toxicity for ovary and uterus. However, the safety of statins on the functions of ovary and uterus in real-world clinical settings remains unknown. The aim of this study was to identify ovary and uterus related adverse events (AEs) associated with statin use by analyzing data from FDA Adverse Event Reporting System (FAERS). We used OpenVigil 2.1 to guery FAERS database. Ovary and uterus related AEs were defined by 383 Preferred Terms, which could be classified into ten aspects. Disproportionality analysis was performed to assess the association between AEs and statin use. Our results suggest that statin use may be associated with a series of ovary and uterus related AEs. These AEs are involved in ovarian cysts and neoplasms, uterine neoplasms, cervix neoplasms, uterine disorders (excl neoplasms), cervix disorders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders. Moreover, there are variabilities in the types and signal strengths of ovary and uterus related AEs across individual statins. According to our findings, the potential ovary and uterus related AEs of statins should attract enough attention and be closely monitored in future clinical practice.

Statins, inhibitors of 3-hydroxy-3-methyl-glutaryl coenzyme A (HMG-CoA) reductase, reduce the biosynthesis of cholesterol by blocking the mevalonate pathway. As such they are prescribed for patients with high cholesterol levels who have or are at risk for coronary atherosclerotic heart disease. Statins are among the most widely prescribed medicines in the United States and other countries^{1,2}. For example, in America alone, the number of statin users is estimated at more than 38 million³.

Besides prevention of cardiovascular disease, statins have therapeutic effects in several ovary and uterus related diseases, such as polycystic ovary syndrome⁴, ovarian cancer⁵, endometrial cancer⁶, uterine fibroids⁷, and endometriosis⁸. But meanwhile, concerns have been raised about potential toxicity for ovary and uterus associated with statin use. Currently, experimental studies of human cell lines and animal models have demonstrated the toxic effects of statins on the functions of ovary and uterus. These toxic effects include the inhibition of ovarian steroidogenesis, the anti-proliferative and pro-apoptotic effects on ovarian cells and endometrial cells, the morphological and histological changes of ovary, and the reduction in fertility^{8,9}.

However, published data about the safety of statins on the functions of ovary and uterus in clinical studies are scarce, and full of controversy. A few clinical studies have investigated the effects of statins on gonadal steroid

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Counting numbers by age groups (years)	Statins as a class	Atorvastatin	Simvastatin	Rosuvastatin	Pravastatin	Lovastatin	Fluvastatin	Pitavastatin
Number of AE reports (n, %)								
Overall	151,924	64,177	44,586	28,991	10,810	4,965	1,591	916
0-18	279 (0.18%)	102 (0.16%)	74 (0.17%)	39 (0.13%)	30 (0.28%)	25 (0.50%)	5 (0.31%)	2 (0.22%)
19-39	2,663 (1.75%)	1,034 (1.61%)	915 (2.05%)	416 (1.43%)	197 (1.82%)	87 (1.75%)	48 (3.02%)	10 (1.09%)
40-59	30,198 (19.88%)	12,287 (19.15%)	9,150 (20.52%)	6,049 (20.87%)	2096 (19.39%)	1,082 (21.79%)	372 (23.38%)	167 (18.23%)
≥60	73,777 (48.56%)	30,003 (46.75%)	22,203 (49.80%)	14,032 (48.40%)	5,618 (51.97%)	2,344 (47.21%)	800 (50.28%)	528 (57.64%)
Number of ovary and uterus re	lated PTs with positi	ve signals (n)		1				
Overall	2	6	9	2	3	2	5	0
0-18	1	0	0	0	0	0	0	0
19-39	3	1	2	1	1	0	0	0
40-59	6	5	9	2	2	4	2	0
≥60	6	5	8	0	1	1	3	0
Total number	15	12	19	3	6	5	5	0

Table 1. Overview of female adverse event reports submitted for statins in FAERS. *FAERS* FDA Adverse Event Reporting System, *AE* adverse event, *PTs* preferred terms.

hormones, but generated conflicting results: some indicated that statins could reduce serum androgen levels⁴, while others found no effects on gonadal steroid hormones^{10,11}. However, these clinical studies were all limited by either small sample size or short length of statin exposure, and none of them had sufficient power to ascertain the effects of statins on gonadal steroid hormones. Only one randomized controlled trial (RCT) assessed the safety of statins on ovarian function using the change in luteal phase duration as the primary outcome¹². However, this study was also influenced by several biases linked to small sample size (86 women), short length of statin exposure (only 4 months), and selection of primary outcome. Due to the limited quantity and quality of current clinical studies, the safety of statins on the functions of ovary and uterus remains unknown, and there may exist some unknown ovary and uterus related adverse reactions occurring in real-world clinical settings. The FDA Adverse Event Reporting System (FAERS) is the largest spontaneous reporting database in the world which contains more than sixteen million adverse event (AE) reports submitted to the FDA, and could reflect complete AE profiles in real-world clinical settings¹³. Moreover, data mining algorithms have already been developed for signal detection in this database, that is, a "positive signal" means a statistical association between an AE and a drug¹⁴. With these advantages, the FAERS database is now widely used to detect potential drug-associated AEs^{15,16}. Thus, in this study, we aimed to identify ovary and uterus related AEs associated with statin use by analyzing data from FAERS.

Results

Overview of female AE reports submitted for statins. The overview of female AE reports submitted for statins in FAERS is shown in Table 1. The numbers of AE reports for statins as a class, atorvastatin, simvastatin, rosuvastatin, pravastatin, lovastatin, fluvastatin and pitavastatin were 151,924, 64,177, 44,586, 28,991, 10,810, 4,965, 1,591 and 916 respectively. When stratified by age group, the majority of AE reports were distributed in the 40–59 years and ≥ 60 years age groups for both statins as a class and individual statins. After disproportionality analyses, the numbers of ovary and uterus related PTs with positive signals for statins as a class, atorvastatin, rosuvastatin, pravastatin, lovastatin, fluvastatin and pitavastatin were 15, 12, 19, 3, 6, 5, 5 and 0, respectively.

Positive signals for statins as a class. For all females, statistically significant signals emerged in two ovary and uterus related PTs: ovarian adenoma and androgenetic alopecia. For the 0–18 years age group, statistically significant signals emerged in one more PT: precocious puberty. For the 19–39 years age group, statistically significant signals emerged in three more PTs: endometrial hyperplasia, cervical incompetence, and polycystic ovaries. For the 40–59 years age group, statistically significant signals emerged in five more PTs: endometrial signals emerged in five more PTs: adenocarcinoma of the cervix, cervix carcinoma stage III, menopausal symptoms, disturbance in sexual arousal, and orgasm abnormal. For the \geq 60 years age group, statistically significant signals emerged in four more PTs: cervix disorder, dysfunctional uterine bleeding, dyspareunia, and sexual dysfunction. In total, the above 15 PTs with positive signals were involved in ovarian cysts and neoplasms, cervix neoplasms, uterine disorders (excl neoplasms), cervix disorders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders (Table 2).

Positive signals for atorvastatin. For all females, statistically significant signals emerged in six ovary and uterus related PTs: ovarian cancer stage I, ovarian germ cell teratoma benign, endometrial disorder, adenomyosis, androgenetic alopecia, and blood testosterone increased. For the 19–39 years age group, statistically significant signals emerged in one more PT: endometriosis. For the 40–59 years age group, statistically significant signals emerged in three more PTs: menopausal symptoms, dyspareunia, and anorgasmia. For the ≥ 60 years age

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		Proportional rate ratio (PRR) by age groups (years) Overall 0-18 19-39 40-59 ≥60														
		Overall N PRR χ ² 30 9.83 165.77			0-1	8		19-	39		40-	59		≥60)	
Classification	PTs	N	PRR	χ^2	Ν	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2
Ovarian cysts and neoplasms	Ovarian adenoma	30	9.83	165.77	-	-	-	-	-	-	-	-	-	29	27.35	219.18
Compinence and a second	Adenocarcinoma of the cervix	-	-	-	-	-	-	-	-	-	3	9.66	11.03	-	-	-
Cervix neoplasms	Cervix carcinoma stage III	-	-	-	-	-	-	-	-	-	3	5.52	5.69	-	-	-
Uterine disorders (excl neoplasms)	Endometrial hyperplasia	-	-	-	-	-	-	3	8.40	12.22	-	-	-	-	-	-
Cervix disorders (excl	Cervix disorder	-	-	-	-	-	-	-	-	-	-	-	-	4	7.01	9.30
neoplasms)	Cervical incompetence	-	-	-	-	-	-	3	4.50	4.90	-	-	-	-	-	-
	Androgenetic alopecia	21	13.25	149.00	-	-	-	-	-	-	12	17.18	99.86	7	14.31	33.62
Endocrine disorders of gonadal function	Polycystic ovaries	-	-	-	-	-	-	5	4.10	8.60	-	-	-	-	-	-
	Precocious puberty	-	-	-	3	11.05	17.82	-	-	-	-	-	-	-	-	-
Menstrual cycle and uterine bleeding disorders	Dysfunctional uterine bleeding	-	-	-	-	-	-	-	-	-	-	-	-	4	4.91	6.12
Menopause related conditions	Menopausal symptoms	-	-	-	-	-	-	-	-	-	35	2.73	32.97	-	-	-
	Dyspareunia	-	-	-	-	-	-	-	-	-	-	-	-	7	4.29	10.59
Sexual function disorders	Sexual dysfunction	-	-	-	-	-	-	-	-	-	-	-	-	9	2.40	4.94
Sexual function disorders	Disturbance in sexual arousal	-	-	-	-	-	-	-	-	-	6	3.44	7.05	-	-	-
	Orgasm abnormal	-	-	-	-	-	-	-	-	-	4	4.91	7.32	-	-	-

Table 2. Ovary and uterus related adverse events with positive signals for statins as a class. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 chi-square, – not a positive signal.

		Overall $0-18$ NPRR χ^2 N		8		19-	39		40-5	59		≥60)			
Classification	PTs	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2
	Ovarian cancer stage I	4	7.25	14.01	-	-	-	-	-	-	-	-	-	-	-	-
Ovarian cysts and neoplasms	Ovarian germ cell teratoma benign	4	5.24	9.00	-	-	-	-	-	-	-	-	-	-	-	-
	Endometrial disorder	8	2.55	5.82	-	-	-	-	-	-	-	-	-	5	3.46	5.75
Uterine disorders (excl neoplasms)	Adenomyosis	9	2.33	5.34	-	-	-	-	-	-	-	-	-	-	-	-
	Endometriosis	-	-	-	-	-	-	5	4.24	9.26	-	-	-	5	4.32	8.40
Endocrine disorders of gonadal	Androgenetic alopecia	14	18.35	163.63	-	-	-	-	-	-	12	42.36	266.11	-	-	-
function	Blood testosterone increased	9	3.36	11.97	-	-	-	-	-	-	5	11.77	32.85	-	-	-
Menstrual cycle and uterine bleeding disorders	Uterine haemorrhage	-	-	-	-	-	-	-	-	-	-	-	-	9	2.86	8.28
Menopause related conditions	Menopausal symptoms	-	-	-	-	-	-	-	-	-	18	3.32	25.48	-	-	-
	Dyspareunia	-	-	-	-	-	-	-	-	-	8	2.82	7.34	6	8.89	26.66
Sexual function disorders	Sexual dysfunction	-	-	-	-	-	-	-	-	-	-	-	-	8	5.30	20.20
	Anorgasmia	-	-	-	-	-	-	-	-	-	8	3.20	9.48	-	-	-

Table 3. Ovary and uterus related adverse events with positive signals for atorvastatin. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 : chi-square, — not a positive signal.

group, statistically significant signals emerged in two more PTs: uterine haemorrhage and sexual dysfunction. In total, the above 12 PTs with positive signals were involved in ovarian cysts and neoplasms, uterine disorders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders (Table 3).

Positive signals for simvastatin. For all females, statistically significant signals emerged in nine ovary and uterus related PTs: ovarian adenoma, uterine polyp, adenocarcinoma of the cervix, cervical polyp, uterine prolapse, androgenetic alopecia, menopausal symptoms, postmenopausal haemorrhage, and disturbance in sexual arousal. For the 19–39 years age group, statistically significant signals emerged in two more PTs: cervix carcinoma and polycystic ovaries. For the 40–59 years age group, statistically significant signals emerged in four more PTs: endometriosis, cervical dysplasia, libido increased, and sexual dysfunction. For the ≥ 60 years age group, statistically significant signals emerged in our more PTs: uterine leiomyoma, endometrial hypertrophy, uterine mass, and menstruation irregular. In total, the above 19 PTs with positive signals were involved in ovarian cysts and neoplasms, uterine neoplasms, cervix neoplasms, uterine disorders (excl neoplasms), cervix disor-

		Pro	portiona	l rate rati	o (PF	R) by a	ge gro	ups ((years)							
		Ove	rall		0-1	8		19-	39		40-	59		≥60)	
Classification	PTs	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2
Ovarian cysts and neoplasms	Ovarian adenoma	29	33.13	635.28	-	-	-	-	-	-	-	-	-	29	94.60	801.96
Utorino noonloomo	Uterine polyp	18	2.12	9.28	-	-	-	-	-	-	-	-	-	11	3.62	16.80
Uterine neoplasms	Uterine leiomyoma	-	-	-	-	-	-	-	-	-	-	-	-	12	2.19	6.30
	Cervix carcinoma	-	-	-	-	-	-	3	6,21	8.30	-	-	-	-	-	-
Cervix neoplasms	Adenocarcinoma of the cervix	3	6.52	8.38	-	-	-	-	-	-	3	32.13	44.89	-	-	-
	Cervical polyp	6	3.30	7.17	-	-	-	-	-	-	-	-	-	-	-	-
	Uterine prolapse	11	2.22	6.03	-	-	-	-	-	-	-	-	-	-	-	-
Uterine disorders (excl	Endometrial hypertrophy	-	-	-	-	-	-	-	-	-	-	-	-	5	3.66	6.56
neoplasms)	Endometriosis	-	-	-	-	-	-	-	-	-	9	2.37	5.67	-	-	-
	Uterine mass	-	-	-	-	-	-	-	-	-	-	-	-	3	6.70	8.02
Cervix disorders (excl neoplasms)	Cervical dysplasia	-	-	-	-	-	-	-	-	-	7	2.84	6.39	4	4.71	7.39
Endocrine disorders of gonadal	Androgenetic alopecia	18	36.45	415.40	-	-	-	-	-	-	12	57.11	353.61	5	26.51	60.31
function	Polycystic ovaries	-	-	-	-	-	-	4	9.40	21.79	3	7.14	9.45	-	-	-
Menstrual cycle and uterine bleeding disorders	Menstruation irregular	-	-	-	-	-	-	-	-	-	-	-	-	3	12.72	16.55
Menopause related conditions	Menopausal symptoms	21	2.37	14.91	-	-	-	-	-	-	14	3.44	20.95	-	-	-
Menopause related conditions	Postmenopausal haemorrhage	23	2.50	18.68	-	-	-	-	-	-	-	-	-	-	-	-
	Libido increased	-	-	-	-	-	-	-	-	-	4	3.46	4.55	-	-	-
Sexual function disorders	Sexual dysfunction	-	-	-	-	-	-	-	-	-	7	2.43	4.40	-	-	-
	Disturbance in sexual arousal	7	4.55	15,21	-	-	-	-	-	-	5	9.31	26.31	-	-	-

Table 4. Ovary and uterus related adverse events with positive signals for simvastatin. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 chi-square, – not a positive signal.

		Prop	ortional r	ate ratio (PRR) l	by age gro	oups (ye	ears)								
		Overa	all		0-18			19-39)		40-59	9		≥60		
Classification	PTs	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2
Uterine neoplasms	Uterine leiomyoma	-	-	-	-	-	-	3	5.01	6.00	-	-	-	-	-	-
Cervix neoplasms	Cervix carcinoma stage III	3	10.86	16.54	-	-	-	-	-	-	3	27.88	43.66	-	-	-
Uterine disorders (excl neoplasms)	Endometrial hyper- trophy	6	3.06	6.23	-	-	-	-	-	-	4	4.77	8.14	-	-	-

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Table 5. Ovary and uterus related adverse events with positive signals for rosuvastatin. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 chi-square, – not a positive signal.

ders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders (Table 4).

Positive signals for rosuvastatin. For all females, statistically significant signals emerged in two ovary and uterus related PTs: cervix carcinoma stage III and endometrial hypertrophy. For the 19–39 years age group, statistically significant signals emerged in one more PT: uterine leiomyoma. In total, the above three PTs with positive signals were involved in uterine neoplasms, cervix neoplasms, and uterine disorders (excl neoplasms) (Table 5).

Positive signals for pravastatin. For all females, statistically significant signals emerged in three ovary and uterus related PTs: uterine prolapse, endometrial hypertrophy, and cervical incompetence. For the 40–59 years age group, statistically significant signals emerged in two more PTs: ovarian cyst and menorrhagia. For the ≥ 60 years age group, statistically significant signals emerged in one more PT: dysfunctional uterine bleeding. In total, the above six PTs with positive signals were involved in ovarian cysts and neoplasms, uterine disorders (excl neoplasms), cervix disorders (excl neoplasms), and menstrual cycle and uterine bleeding disorders (Table 6).

Positive signals for lovastatin. For all females, statistically significant signals emerged in two ovary and uterus related PTs: endometrial disorder and postmenopausal haemorrhage. For the 40–59 years age group, statistically significant signals emerged in three more PTs: ovarian cyst, endometrial cancer, and uterine haem-

		Pro	portion	al rate	ratio	(PRR) b	y age	grou	ps (years)						
		Ove	Overall		0-18			19-	39		40-5	59		≥60)	
Classification	PTs	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	Ν	PRR	χ^2
Ovarian cysts and neoplasms	Ovarian cyst	-	-	-	-	-	-	-	-	-	13	4.81	35.15	-	-	-
Utaning disandars (and naanlaams)	Uterine prolapse	4	3.30	4.28	-	-	-	-	-	-	-	-	-	-	-	-
Uterine disorders (excl neoplasms)	Endometrial hypertrophy	3	4.07	4.17	-	-	-	-	-	-	-	-	-	-	-	-
Cervix disorders (excl neoplasms)	Cervical incompetence	3	6.62	9.07	-	-	-	3	60.59	118.10	-	-	-	-	-	-
Menstrual cycle and uterine bleeding	Menorrhagia	-	-	-	-	-	-	-	-	-	10	2.01	4.09	-	-	-
disorders	Dysfunctional uterine bleeding	-	-	-	-	-	-	-	-	-	-	-	-	4	68.22	144.03

Table 6. Ovary and uterus related adverse events with positive signals for pravastatin. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 chi-square, – not a positive signal.

		Pro	Proportional rate ratio (PRR) by age group						s (years)								
		Ove	erall		0-1	8		19-	39		40-	59		≥60)		
Classification	PTs	N	PRR	χ^2	Ν	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	
Ovarian cysts and neoplasms	Ovarian cyst	-	-	-	-	-	-	-	-	-	5	3.56	6.81	-	-	-	
Uterine neoplasms	Endometrial cancer	-	-	-	-	-	-	-	-	-	3	7.76	11.43	-	-	-	
Uterine disorders (excl neoplasms)	Endometrial disorder	5	20.62	72.86	-	-	-	-	-	-	-	-	-	3	26.18	46.63	
Menstrual cycle and uterine bleeding disorders	Uterine haemorrhage	-	-	-	-	-	-	-	-	-	3	4.51	5.03	-	-	-	
Menopause related conditions	Postmenopausal haemorrhage	5	4.82	11.50	-	-	-	-	-	-	4	7.98	17.74	-	-	-	

Table 7. Ovary and uterus related adverse events with positive signals for lovastatin. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 chi-square, – not a positive signal.

		Prop	ortional	rate ratio	(PRR)	by age g	roups (y	years)								
		Over	all		0-18			19-3	9		40-5	9		≥60		
Classification	PTs	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2	N	PRR	χ^2
	Uterine polyp	3	9.80	15.66	-	-	-	-	-	-	-	-	-	3	26.36	48.95
Uterine neoplasms	Uterine cancer	3	5.85	7.67	-	-	-	-	-	-	-	-	-	-	-	-
	Uterine leiomyoma	9	6.78	38.69	-	-	-	-	-	-	5	6.84	19.40	3	14.98	26.09
Uterine disorders (excl neoplasms)	Endometrial hypertrophy	3	27.74	52.32	-	-	-	-	-	-	3	58.11	113.03	-	-	-
Menopause related conditions	Postmenopausal haemor- rhage	4	12.03	30.05	-	-	-	-	-	-	-	-	-	3	14.16	24.43

Table 8. Ovary and uterus related adverse events with positive signals for fluvastatin. *PTs* preferred terms, *PRR* proportional reporting ratio, χ^2 chi-square, – not a positive signal.

orrhage. In total, the above five PTs with positive signals were involved in ovarian cysts and neoplasms, uterine neoplasms, uterine disorders (excl neoplasms), menstrual cycle and uterine bleeding disorders, and menopause related conditions (Table 7).

Positive signals for fluvastatin. For all females, statistically significant signals emerged in five ovary and uterus related PTs: uterine polyp, uterine cancer, uterine leiomyoma, endometrial hypertrophy, and postmeno-pausal haemorrhage. The above five PTs with positive signals were involved in uterine neoplasms, uterine disorders (excl neoplasms), and menopause related conditions (Table 8).

Positive signals for pitavastatin. For both all females and each age group, there were no statistically significant signals emerged in any ovary and uterus related PT.

Comparison of signal strength for each statin. Nine ovary and uterus related PTs with positive signals were detected in more than one statin. There was variability in signal ranking for these PTs across individual statins. Simvastatin had the strongest signal for androgenetic alopecia [PRR=36.45 (overall); PRR=57.11 (40–59 years)]. Pravastatin had the strongest signals for uterine prolapse [PRR=3.30 (overall)] and ovarian cyst [PRR=4.81 (40–59 years)]. Lovastatin had the strongest signal for endometrial disorder [PRR=20.62 (overall); PRR=26.18 (\geq 60 years)]. Fluvastatin had the strongest signals for uterine polyp [PRR=9.80 (overall);

		Atorvastatin	Simvastatin	Rosuvastatin	Pravastatin	Lovastatin	Fluvastatin
Age groups (years)	PTs	PRR	PRR	PRR	PRR	PRR	PRR
	Uterine polyp	-	2.12	-	-	-	9.80
	Endometrial disorder	2.55	-	-	-	20.62	-
Overall	Endometrial hypertrophy	-	-	3.06	4.07	-	27.74
Overall	Uterine prolapse	-	2.22	-	3.30	-	-
	Androgenetic alopecia	18.35	36.45	-	-	-	-
	Postmenopausal haemorrhage	-	2.50	-	-	4.82	12.03
	Ovarian cyst	-	-	-	4.81	3.56	-
40-59	Endometrial hypertrophy	-	-	4.77	-	-	58.11
	Androgenetic alopecia	42.36	57.11	-	-	-	-
	Menopausal symptoms	3.32	3.44	-	-	-	-
	Uterine polyp	-	3.26	-	-	-	26.36
≥60	Uterine leiomyoma	-	2.19	-	-	-	14.98
	Endometrial disorder	3.46	-	-	-	26.18	-

Table 9. Comparison of proportional reporting ratio (PRR) for each statin. *PTs* preferred terms, *PRR* proportional reporting ratio, – not a positive signal.

 $PRR = 26.36 (\geq 60 \text{ years})$], endometrial hypertrophy [PRR = 27.74 (overall); PRR = 58.11 (40–59 years)], postmenopausal haemorrhage [PRR = 12.03 (overall)], and uterine leiomyoma [PRR = 14,98 (≥ 60 years)]. Moreover, the signals for menopausal symptoms were comparable between atorvastatin and simvastatin (Table 9).

Discussion

To our knowledge, this is the first study to identify ovary and uterus related AEs associated with statin use by analyzing FAERS data. In our study, positive signals emerged in 15 PTs for statins as a class, 12 PTs for atorvastatin, 19 PTs for simvastatin, 3 PTs for rosuvastatin, 6 PTs for pravastatin, 5 PTs for lovastatin, and 5 PTs for fluvastatin. These PTs were involved in ovarian cysts and neoplasms, uterine neoplasms, cervix neoplasms, uterine disorders (excl neoplasms), cervix disorders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders. Moreover, there were variabilities in the types and signal strengths of ovary and uterus related PTs across individual statins.

The relationship between statin use and risk of female reproductive organ cancer is an intensely disputed topic. Several epidemiologic studies have investigated the association between statin use and the risk of ovarian and endometrial cancers, but generated conflicting results: some studies reported a reduced risk^{17,18}, one study reported an increased risk¹⁹, and others found no correlation^{20,21}. Our results indicated that statins as a class were associated with increased risk of ovarian cancer stage I, simvastatin was associated with increased risk of ovarian cancer stage I, simvastatin was associated with increased risk of cervix carcinoma of the cervix, rosuvastatin was associated with an increased risk of cervix carcinoma stage III, lovastatin was associated with an increased risk of uterine cancer. Several possible mechanisms could explain our results. First, statin-induced reduction of serum cholesterol levels might be associated with increased risk of cancer²². Second, statins increased risk of mutations and cancer²³. Third, statins could increase the number of regulatory T cells, which might impair the host antitumor immune response²⁴.

In our study, a surprising finding was that simvastatin, rosuvastatin, and fluvastatin were associated with an increased risk of uterine leiomyoma. Contrary to our finding, a previous nested case–control study indicated that statin use was associated with a reduced risk of uterine leiomyoma²⁵. In this study, the correlation was analyzed with statins as a class. However, in our study, when we examined the association between risk of uterine leiomyoma and individual statins separately, we found that simvastatin, rosuvastatin and fluvastatin had an increased risk, while other statins had no effect. Thus, the inconsistency between the results of our study and the previous one may be explained by the differential effects of individual statins on the risk of uterine leiomyoma.

Another novel finding was that statins were associated with several endometrium related AEs. For example, statins as a class were associated with an increased risk of endometrial hyperplasia. For individual statins, atorvastatin was associated with increased risk of endometrial disorder, adenomyosis and endometriosis, simvastatin was associated with increased risk of endometrial hypertrophy and endometriosis, lovastatin was associated with an increased risk of endometrial hypertrophy and endometriosis, lovastatin was associated with an increased risk of endometrial disorder, and rosuvastatin, pravastatin and fluvastatin were associated with an increased risk of endometrial hypertrophy. Several experimental studies have investigated the potential effects of statins on endometrium. These studies found that statins could inhibit the proliferation, viability and migration of endometrial cells, induce cell apoptosis and differentiation, alter cell morphology and contractility, inhibit angiogenesis, and exert anti-inflammatory effects^{8,26,27}. However, these findings cannot explain some of our results clearly, and thus further studies are still needed to explore the possible mechanisms. Moreover, since

2006, encouraging results derived from both in vitro and in vivo studies seem to nominate statins as promising novel candidates for the treatment of endometriosis^{28,29}. However, according to our results, the endometrium related AEs of statins should attract enough attention and call for a thorough re-examination of the efficacy and safety of statins in treating endometriosis.

Our study also found that statins as a class were associated with increased risk of androgenetic alopecia and polycystic ovaries, atorvastatin was associated with increased risk of androgenetic alopecia and blood testosterone increased, and simvastatin was associated with increased risk of androgenetic alopecia and polycystic ovaries. Interestingly, these AEs were all associated with androgen excess^{30,31}. However, some previous studies indicated that statins could reduce serum androgen levels^{4,32}, which seems paradoxical to interpret our results. Thus, further studies are needed to both confirm our results and explore the underlying mechanisms.

For menstrual cycle and uterine bleeding disorders, our study found that statins as a class were associated with an increased risk of dysfunctional uterine bleeding, atorvastatin and lovastatin were associated with an increased risk of uterine haemorrhage, simvastatin was associated with an increased risk of menstruation irregular, and pravastatin was associated with increased risk of menorrhagia and dysfunctional uterine bleeding. Although these uterine bleeding AEs of statins have not been previously reported, the bleeding risk at other sites associated with statins has already been identified. For example, several epidemiologic studies indicated that statin use was associated with increased risk of intracerebral hemorrhage and gastrointestinal hemorrhage³³⁻³⁵. The underlying mechanisms by which statins increase bleeding risk may include the following points: first, lower serum cholesterol levels induced by statins may increase risk of rupture and hemorrhage by reducing vessel resistance to tension³⁶; second, statins could inhibit the prenylation of small GTP-binding proteins (GTPases), such as CDC42 and Rac1, resulting in alteration of vascular permeability³⁷; third, statins also have antithrombotic effects, decrease platelet activity, inhibit platelet aggregation, have anticoagulant activity, affect blood viscosity and RBC deformability, and 'improve' von Willebrand factor activity³³.

Several epidemiologic studies have investigated the effects of statins on sexual function, but generated conflicting results: some studies indicated that statin use was associated with increased risk of sexual function disorders^{38,39}, while others found no effects on sexual function⁴⁰. Our study found that statins as a class were associated with increased risk of dyspareunia, sexual dysfunction, disturbance in sexual arousal and orgasm abnormal, atorvastatin was associated with increased risk of dyspareunia, sexual dysfunction and anorgasmia, and simvastatin was associated with increased risk of libido increased, sexual dysfunction and disturbance in sexual arousal. The mechanism for increased risk of sexual function disorders could be partly attributable to the effects of statins on gonadal steroid hormones. Statins may reduce gonadal steroid hormone biosynthesis through hepatic inhibition of cholesterol synthesis, which is the precursors of androstenedione and estradiol⁴⁰. Reductions of gonadal steroid hormones in females are found to be associated with low sexual desire, arousal, and responsiveness⁴¹.

Our study has several strengths. First, FAERS contains all AE reports submitted to the FDA, and the sample size is sufficient enough to identify rare adverse reactions which could hardly be found in conventional epidemiologic studies⁴². Second, in our study, we detected signals for 383 PTs, which could reflect full AE profiles of statins on the functions of ovary and uterus. Third, as the risks of some ovary and uterus related AEs may vary considerably by age, we also performed subgroup analysis to identify age-specific AEs associated with statins. Thus, our study provided novel and comprehensive insight into the safety of statins on the functions of ovary and uterus.

Despite these strengths, some limitations inherent to the FAERS database should be taken into account when interpreting our results. First of all, the FAERS database has missing data. Some eligible AE reports could not be included in our disproportionality analysis due to the lack of data on gender or age. Moreover, dosage information could not be analyzed in our study, as it was not recorded in most AE reports. Secondly, the results of disproportionality analyses could only demonstrate associations and not causations. Thus, further epidemiologic studies are still needed to verify the causations between statin use and occurrence of AEs.

In conclusion, our analysis of the FAERS database suggests that statin use may be associated with a series of ovary and uterus related AEs. These AEs are involved in ovarian cysts and neoplasms, uterine neoplasms, cervix neoplasms, uterine disorders (excl neoplasms), cervix disorders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders. Moreover, there are variabilities in the types and signal strengths of ovary and uterus related AEs across individual statins. Although the mechanisms for most AEs remains unknown, the potential risks of ovary and uterus related AEs associated with statin use are of great importance and should be closely monitored in future clinical practice. Further studies are needed to both confirm our findings and explore the underlying mechanisms.

Methods

Data source. FAERS is a spontaneous AEs database designed to support the FDA's post-marketing safety surveillance system for drug and biologic products approved in the United States. FAERS data are publicly available, and contain patient demographic and administrative information, drug information, AEs, patient outcome, and report sources⁴². In the FAERS database, each report may have one or more AEs. We used the open tool OpenVigil 2.1 (https://www.is.informatik.uni-kiel.de/pvt/OpenVigilMedDRA17/search/) to query the FAERS database. OpenVigil 2.1 is a pharmacovigilance data extraction, cleaning, mining and analysis tool of the FAERS database^{43,44}. Moreover, it now includes FAERS data from Q4/2003-Q3/2019.

Query construction. OpenVigil 2.1 has mapped arbitrary drug names (generic names, brand names, abbreviations, and so on) to unique drugnames by using Drugbank and Drugs@FDA. Thus, we firstly identified the drugnames of each statin (atorvastatin, simvastatin, rosuvastatin, pravastatin, lovastatin, fluvastatin and

pitavastatin) in the "Browse Window" of OpenVigil 2.1. Then we searched the drugnames of both statins as a class and individual statins in the "OpenVigil Search Window", respectively. Moreover, in the "Advanced Search Box", the gender of patient was restricted to female only.

Definition of ovary and uterus related AEs. In the FAERS database, AEs are coded using Preferred Terms (PTs) in the Medical Dictionary for Regulatory Activities (MedDRA) terminology. In our study, ovary and uterus related AEs were defined by 383 PTs (see Supplementary Table S1 online). Moreover, according to the structural hierarchy of MedDRA terminology, these 383 PTs could be classified into ten aspects: ovarian cysts and neoplasms, uterine neoplasms, cervix neoplasms, ovarian disorders (excl cysts and neoplasms), uterine disorders (excl neoplasms), cervix disorders (excl neoplasms), endocrine disorders of gonadal function, menstrual cycle and uterine bleeding disorders, menopause related conditions, and sexual function disorders⁴⁵.

Statistical analysis. Disproportionality analyses were done by using OpenVigil 2.1. In the "Data Presentation And Statistics Box" of OpenVigil 2.1, proportional reporting ratio (PRR) was calculated to assess the association between ovary and uterus related AEs and statins. A higher PRR suggests a stronger association, and PRR = 2 indicates that the AE is two times more frequent in users of the drug than in the background population. According to the criteria of Evans et al.⁴⁶, a positive signal of disproportionality was defined as PRR at least two, chi-squared of at least four, and three or more cases. As ovary and uterus related AEs were defined by 383 PTs, we firstly performed 383 disproportionality analyses to assess the associations between these 383 PTs and statins as a class. Then we performed 2,681 disproportionality analyses to assess the associations between these 383 PTs and each statin (atorvastatin, simvastatin, rosuvastatin, pravastatin, lovastatin, fluvastatin and pitavastatin). Moreover, as the risks of ovary and uterus related AEs may be affected by age, we also conducted subgroup analysis stratified by age groups (0–18 years, 19–39 years, 40–59 years, and ≥ 60 years), and in this step 12,256 disproportionality analyses were performed. The age groups were categorized based on different physical phases of the female^{47,48}. A total of 15,320 disproportionality analyses were performed in our study, and the details are shown in Supplementary Table S2 online.

Data availability

The datasets generated during the current study are available from the corresponding authors on reasonable request.

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Author contributions

X.F.J. and L.L.Z. contributed to the study conception and design. X.F.J. and H.L.L. analyzed the data and drafted the manuscript. L.L.Z. and H.B.S. critically revised the manuscript. All authors were involved in interpretation of data, read, and approved the final manuscript.

Competing interests

The authors declare no competing interests.

Additional information

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