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Importance of Genotyping in von Willebrand Disease to Elucidate Pathogenic Mechanisms and Variability in Phenotype

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ABSTRACT

Genotyping is not routinely performed at diagnosis of von Willebrand disease (VWD). Therefore, the association between genetic variants and pathogenic mechanism or the clinical and laboratory phenotype is unknown in most patients, especially in type 1 VWD. To investigate whether genotyping adds to a better understanding of the pathogenic mechanisms and variability in phenotype, we analyzed the *VWF* gene in 390 well-defined VWD patients, included in the WiN study. A *VWF* gene variant was found in 155 patients (61.5%) with type 1, 122 patients (98.4%) with type 2, and 14 patients (100%) with type 3 VWD. Forty-eight variants were novel. For each *VWF* gene variant, the pathogenic mechanisms associated with reduced VWF levels was investigated using the FVIII:C/VWF:Ag and VWFpp/VWF:Ag ratios. In type 1 VWD, reduced synthesis or secretion of VWF was most frequently found in patients with non-sense variants, frameshift variants, and deletions, whereas rapid clearance of VWF was mainly found in patients with missense variants. Furthermore, type 1 VWD patients with and without a *VWF* gene variant were clearly distinct in their clinical features such as age of diagnosis, laboratory phenotype, and bleeding phenotype. In type 2 VWD, 81% of variants were associated with an increased clearance of VWF. To conclude, we identified the pathogenic mechanisms associated with various *VWF* gene variants in type 1, 2, and 3 VWD patients. Additionally, major differences in the phenotype of type 1 VWD patients with and without a variant were observed, which may be of importance for clinical management.

INTRODUCTION

von Willebrand factor (VWF) is a multimeric glycoprotein with an important role in hemostasis.¹ VWF is encoded by the *VWF* gene, which is located on chromosome 12.^{1,2} The *VWF* gene has 52 exons and is 178 kb long.² VWF is synthesized in endothelial cells and megakaryocytes.^{1,3} After synthesis, VWF undergoes posttranslational changes and dimerization in the

endoplasmic reticulum.^{1,3} Subsequently, VWF is multimerized in the Golgi network, packed into Weibel-Palade bodies, and transferred to the cell membrane, where VWF is released into the circulation.^{1,3} In the circulation, VWF initiates platelet adhesion and aggregation upon vascular damage.³ VWF is also a carrier protein for factor VIII (FVIII), preventing FVIII degradation.³

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Reduced VWF levels or an abnormal function of VWF is defined as von Willebrand disease (VWD).⁴ VWD is the most common inherited bleeding disorder and is characterized by mucocutaneous bleeding.³ VWD is categorized into three types. Type 1 VWD is characterized by a quantitative reduction of VWF and is the most common type of VWD.³ Type 2 VWD is a qualitative disorder of VWF and affects 20%–30% of VWD patients. Type 3 VWD is characterized by a complete absence of VWF and affects <5% of VWD patients.³

A large variation of mutations or deletions in the VWF gene are associated with VWD.² The inheritance pattern of VWD is autosomal dominant in the majority of cases.³ In type 1 VWD, most patients have autosomal dominant missense mutations with an incomplete penetrance and a variable expression.³ In type 2 VWD, dominant negative missense mutations of specific VWF gene regions lead to an abnormally functioning VWF. The location of the VWF mutation determines the abnormal VWF function and, subsequently, the subtype of type 2 VWD.² In type 3 VWD, up to 80% of patients have a null allele mutation, which is autosomal recessive and homozygous, or compound heterozygous in most patients.³ A large variation of mutations or deletions in the VWF gene are associated with VWD.² The inheritance pattern of VWD is autosomal dominant in the majority of cases.³ In type 1 VWD, most patients have autosomal dominant missense mutations with an incomplete penetrance and a variable expression.³ In type 2 VWD, dominant negative missense mutations of specific VWF gene regions lead to an abnormally functioning VWF. The location of the VWF mutation determines the abnormal VWF function and, subsequently, the subtype of type 2 VWD.² In type 3 VWD, up to 80% of patients have a null allele mutation, which is autosomal recessive and homozygous, or compound heterozygous in most patients.³

The inheritance pattern of VWD is in the majority of cases autosomal dominant.^{2,3} In some cases, recessive inheritance and incomplete penetrance with variable expression can lead to a variable disease phenotype within a family.^{3,5} Type 1 and type 2 VWD are mostly caused by heterozygous missense variants, whereas type 3 VWD is mostly caused by homozygous or compound heterozygous null-alleles.²

VWF gene variants can lead to reduced VWF levels in the circulation due to reduced synthesis, reduced secretion, and increased clearance of VWF.⁶ Although previous *in vitro* studies have unraveled the pathogenic mechanisms by which some VWF gene variants cause reduced VWF levels, for most variants this has not been investigated yet.² *In vitro* studies are generally time consuming, only allow the investigation of a small number of VWF gene variants at the same time, and the most used techniques such as overexpression of mutant VWF in heterologous cell systems or studies on patient-derived endothelial cells cannot detect an increased clearance of VWF. It has been previously suggested that the pathophysiology of reduced VWF levels can be assessed using the FVIII activity (FVIII:C) to VWF antigen (VWF:Ag) ratio and VWF propeptide (VWFpp) to VWF:Ag ratio.^{6–9} A high FVIII:C/VWF:Ag ratio is a marker for reduced synthesis or secretion of VWF, whereas a high VWFpp/VWF:Ag ratio is a marker for increased clearance of VWF.^{6,7,9} Although these ratios have been used in several previous studies, they have not yet been used as a tool to investigate the pathophysiological defects of reduced VWF levels in individual VWF gene variants in a large cohort of VWD patients. Although, these ratios can be more easily and practically used than *in vitro* studies to unravel the pathogenic mechanisms associated with multiple VWF gene variants. Furthermore, although several previous studies reported that approximately 30% to 45% of type 1 VWD patients do not have a VWF gene variant, no large studies have been performed yet to investigate whether the laboratory and bleeding phenotype of type 1 VWD patients with and without a VWF gene variant are different.^{3,5,10–17}

Therefore, we analyzed the VWF gene of a large cohort of well-defined VWD patients included in the von Willebrand in the Netherlands (WiN) study. We aimed to investigate the pathophysiological defects of reduced VWF levels associated with each VWF variant in our cohort using the FVIII:C/VWF:Ag ratio and VWFpp/VWF:Ag ratio. Second, we investigated whether the laboratory and bleeding phenotype of type 1 VWD patients with and without a VWF gene variant are different.

MATERIALS AND METHODS

We included patients from the nationwide, cross-sectional, Willebrand in the Netherlands (WiN) study.¹⁸ Patients were enrolled between 2007 and 2009. Inclusion criteria were historically lowest VWF:Ag, VWF activity or VWF collagen binding (VWF:CB) ≤ 0.30 IU/mL or FVIII activity (FVIII:C) ≤ 0.40 IU/mL (for type 2N), and a family history of VWD or personal hemorrhagic diathesis. We excluded patients with additional coagulation defects such as other bleeding disorders or acquired VWD. The study was conducted according to the declaration of Helsinki. The Medical Ethical Committees of all participating centers approved the study, and all patients signed informed consent.

Assessment methods

The assessment methods of the WiN study have been described in detail previously.^{7,18} Patients filled in a self-administered Tostetto bleeding score (BS), and blood was drawn to measure VWF and FVIII levels centrally and to perform genetic analyses. In children in whom we could not obtain blood samples, saliva samples were obtained for genetic analyses. VWF:Ag, VWF activity as measured by the monoclonal antibody assay (VWF:Ab), VWF:CB, and FVIII:C were measured at the Erasmus MC University Medical Center, whereas VWFpp was measured at the Leiden University Medical Center, as described before.^{7,18}

VWF gene analysis

Genetic analysis was performed at the laboratory of hematology of the Radboud University Medical Center in Nijmegen. Ion semiconductor sequencing (Ion-Torrent) was used to analyze the VWF gene from peripheral blood obtained in EDTA tubes or from saliva samples. The 52 exons of VWF gene were analyzed including ± 20 bp exon-intron boundaries. If no VWF gene variant was detected, multiplex ligation-dependent probe amplification (MLPA) analysis was performed to find large deletions or duplications. Thus, MLPA was performed in 183 patients (46.9%). All variants were confirmed with Sanger sequencing.

Single nucleotide polymorphisms, variants which have in previous studies been classified as benign, and variants classified by prediction models (such as Polyphen-2, sorting intolerant from tolerant Align Grantham Variation Grantham Deviation, and Mutation Taster) as (likely) benign (class 1 and class 2) are considered not to be pathogenic, and therefore omitted from this article.

Definitions

Type 1 VWD was defined as historically lowest VWF:Ag ≤ 0.30 IU/mL and VWF:Ab/VWF:Ag ratio > 0.6 , whereas type 2 was defined as VWF:Ab/VWF:Ag ratio ≤ 0.6 , and type 3 as VWF:Ag and VWFpp ≤ 0.05 IU/mL. However, if a patient had a specific VWF gene variant, which is consistently reported in literature as a certain type of VWD, we reclassified the patient accordingly. Reduced synthesis/secretion of VWF was defined as FVIII:C/VWF:Ag ratio ≥ 1.9 , whereas an increased clearance of VWF was defined as a VWFpp/VWF:Ag ratio of ≥ 2.2 , as suggested before.⁶ Novel variants were defined as variants in the VWF gene that are not yet described in previous literature in VWD patients. To search whether variants were previously

described in literature, we have consulted a recent comprehensive review by de Jong et al, two studies in which large cohorts of VWD patients were genotyped, Pubmed database (ClinVar), European Association of Haemophilia and Allied Disorders Coagulation Factor Variant Database, Human Gene Mutation Database, gnomAD, and Ensembl Database.^{2,10,19-21}

Statistical analysis

Continuous data are described as mean \pm SD or median and interquartile range (IQR), whereas categorical data are presented as number and percentage. Normality of data was assessed visually with histograms. In case of >30 patients per group, we compared continuous variables between groups using parametric tests. Categorical data were compared between groups using a Chi-square test.

Linear regression analysis was used to compare VWF and FVIII levels and BS between patients with reduced synthesis/secretion and increased clearance of VWF, and those with undetermined pathophysiology. VWF and FVIII levels and BS were also compared with linear regression between type 1 VWD patients with and without a VWF gene variant. For VWF and FVIII levels, we adjusted these analyses for age, sex, and blood group, whereas for BS we adjusted for age and sex. In type 2 VWD, the associations between VWF:Ab/VWF:Ag and VWFpp/VWF:Ag and FVIII:C/VWF:Ag ratio were also assessed with linear regression analysis. Outcomes of linear regression analysis are presented as unstandardized beta (β), 95% confidence interval, and *P* value. Statistical analyses were performed with SPSS Statistics version 25 (IBM Corp., Armonk, NY, USA). A *P* value <0.05 was considered significant.

RESULTS

From the WiN cohort of 834 patients, we analyzed the VWF gene in 390 patients from 326 families. We analyzed all index cases (*n* = 326) and from families with interesting laboratory or bleeding phenotype, additional family members. Thus, 252 patients (64.6%) with type 1, 124 (32.1%) type 2, and 14 (3.3%) type 3 VWD patients were included. The patient characteristics are shown in Table 1. Most patients were female (64.1%) and had blood group O (63.0%). The mean age (\pm SD) at inclusion was 43 years (\pm 19, range 2–83).

One hundred twenty-three unique VWF gene variants were found in our cohort, of which 48 (39.0%) were novel. A genetic variant was found in 155 patients (61.5%) with type 1, 122 (98.4%) patients with type 2, and 14 patients (100%) with type 3 VWD. From the type 1 and type 2 VWD patients with a VWF gene variant, 234 patients (84.4%) had a single variant, 40 (14.5%) patients had two variants, and three patients had

three variants (1.1%). In type 3 VWD patients, nine patients had a single homozygous variant, one patient had a single heterozygous variant, four patients had compound heterozygous variants, from which one patient had eight different variants due to a gene conversion.

In type 1 and type 2 VWD patients with a single variant, respectively 18 and eight novel variants were identified (Figure 1). C570R, L1282P, R1426P, and G1573S were present in type 2A VWD patients with reduced high molecular weight VWF multimers. F1653I was present in a patient with type 2A, whereas R1341P was present in patients with type 2B, whom all had absence of high molecular weight VWF multimers. F1293L and R2185W were present in type 2M VWD patients with normal VWF multimers. In type 1 and type 2 VWD patients with more than one variant, respectively, 9 and 6 novel variants were identified (Suppl. Figure S1). Furthermore, seven novel variants were identified in type 3 VWD patients (Figure 1). Suppl. Table S1 provides a detailed description of each variant detected in our cohort.

Pathophysiology of reduced VWF levels in type 1 VWD

Type 1 VWD with reduced synthesis/secretion of VWF

Strongly reduced synthesis/secretion of VWF with a normal clearance was found in patients with nonsense variants, frameshift variants, and deletions (Figure 2). These variants were present throughout all exons of the VWF gene (Figure 2). R2535* was present in a type 1 VWD patient with strongly reduced synthesis/secretion of VWF (FVIII:C/VWF:Ag ratio of 8.39) and centrally measured VWF:Ag of 0.06 IU/mL. Deletion of exon 4–5 was present in 14 type 1 VWD patients from 13 families in ten of whom we had data on FVIII:C/VWF:Ag and VWFpp/VWF:Ag ratios available. These patients had on average FVIII:C/VWF:Ag ratio of 3.12 and VWFpp/VWF:Ag ratio of 1.87, indicating that this variant leads to reduced synthesis/secretion of VWF. Likewise, deletion of exon 19–20, D1653T fs*40 and K1617_D1662del were associated with a very low synthesis/secretion of VWF (FVIII:C/VWF:Ag ratios above 3.0). All other type 1 VWD variants associated with reduced synthesis/secretion of VWF are illustrated in Figure 2.

Type 1 VWD with increased clearance of VWF

Rapid clearance of VWF with normal synthesis and secretion was mostly found in patients with missense variants in VWF exons 22 to 38 (VWF domains D3-A1-A2-A3-D4; Figure 2). As expected, R1205H (Vicenza) was the variant with the fastest clearance of VWF, followed by S2179F (Figure 2). C1149R and Y1146C were associated with type 1 VWD with a rapid clearance of VWF and VWFpp/VWF:Ag ratios of respectively 8.66 and 8.26. Of note, C1149R was also associated with reduced

Table 1.
Patient Characteristics

	Type 1 VWD n = 252	Type 2 VWD n = 124	Type 3 VWD n = 14	Total n = 390
Age, mean \pm SD	44 \pm 18	42 \pm 19	29 \pm 22	43 \pm 19
Female, n (%)	167 (66.3)	76 (61.3)	7 (50.0)	250 (64.1)
Blood group O, n (%)	169 (68.4)	67 (54.5)	6 (42.9)	242 (63.0)
Variant found, n (%)	155 (61.5)	122 (98.4)	14 (100)	291 (74.6)
Families, n	226	94	13	326 ^a
VWF:Ag	0.38 (0.25–0.55)	0.25 (0.16–0.37)	0.00 (0.00–0.03)	0.31 (0.19–0.48)
VWF:Ab	0.48 (0.24–0.74)	0.08 (0.03–0.18)	0.00 (0.00–0.00)	0.29 (0.11–0.60)
VWF:CB	0.45 (0.24–0.69)	0.08 (0.06–0.23)	0.00 (0.00–0.02)	0.29 (0.10–0.56)
FVIII:C	0.68 (0.51–0.90)	0.37 (0.25–0.50)	0.01 (0.01–0.04)	0.56 (0.36–0.78)
Bleeding score	9 (6–15)	11 (7–17)	20 (13–25)	10 (6–16)

Data are presented as median (interquartile ranges), unless otherwise specified.

^aSome relatives had different types of VWD; therefore, the sum of number of families per type is more than 326.

VWD = von Willebrand disease.

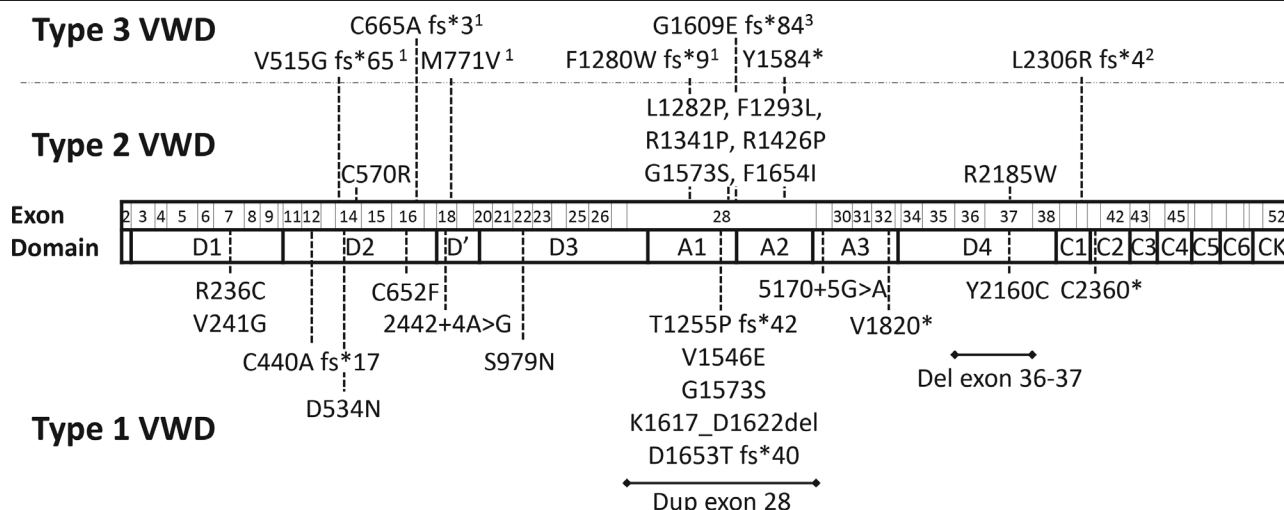


Figure 1. Novel variants in patients with a single variant found in the WiN cohort. Dotted line illustrates which exon is affected by the variant. ¹Homozygous variant; ²This patient also had deletion exon 4–5; and ³This patient also had Y1570*.

synthesis/secretion of VWF based on an increased FVIII:C/VWF:Ag ratio of 2.46. Except for S2179F which affected the D4 domain of VWF, all variants associated with a rapid clearance of VWF with VWFpp/VWF:Ag ratios above 6, affected the D3 domain of VWF (R1205H, C1149R, and Y1146C).

Furthermore, in-frame deletion exon 33–34, K1794E, P2063S, and S979N were also associated with a fast clearance of VWF (VWFpp/VWF:Ag ratio >4.8). Y1584C was present in 17 type 1 VWD patients from different families in 12 of whom we had data available on FVIII:C/VWF:Ag and VWFpp/VWF:Ag ratios. In patients with Y1584C, the average VWFpp/VWF:Ag ratio was 2.75 (range 1.6–5.6), suggesting that this variant is also associated with an increased clearance of VWF. Finally, A1716P was present in three patients from one family, all with an increased clearance of VWF with VWFpp/VWF:Ag ratios ranging from 2.6 to 3.9.

Type 1 VWD with reduced synthesis/secretion and increased clearance of VWF

Both reduced synthesis/secretion and increased clearance of VWF was mostly found in patients with missense mutations of the D3, A3, and D4 domains of VWF (Figure 2). C1190R, which was present in five unrelated patients and T1156M present in four patients from two families, had FVIII:C/VWF:Ag ratio from 3.1 to 4.5 and VWFpp/VWF:Ag ratio ranging from 2.8 to 5.1, suggesting that both variants are associated with reduced synthesis/secretion and increased clearance of VWF (Figure 2). Furthermore, we found two patients from one family with L1288R with mean FVIII:C/VWF:Ag ratio of 2.7 and mean VWFpp/VWF:Ag ratio of 5.7, indicating that this variant also leads to reduced synthesis/secretion and increased clearance of VWF (Figure 2).

Type 1 VWD variants with undetermined pathophysiological defects of VWF

In 20 patients with historically lowest VWF levels ≤0.30 IU/mL (and a single VWF variant), we identified 12 different variants with undetermined synthesis, secretion, and clearance defects of VWF based on FVIII:C/VWF:Ag ratio <1.9 and VWFpp/VWF:Ag ratio <2.2, respectively (Figure 2; Suppl. Table S2). These variants were found throughout all exons of the VWF gene. Mean VWFpp was normal in these patients: 0.94 ± 0.22 (range 0.56–1.29). The pathophysiological mechanism leading to reduced VWF levels remains unclear in these variants.

Pathophysiological mechanism and phenotype in type 1 VWD

In type 1 VWD patients with a VWF gene variant, patients with reduced synthesis/secretion or increased clearance of VWF had lower VWF:Ag, VWF:Ab, and FVIII:C compared with patients with undetermined pathophysiological defects of VWF (Figure 3A–C). Also, patients with a variant leading to an increased clearance of VWF had 2.1 points higher BS compared to patients with undetermined pathophysiological defects of VWF (95% CI: 0.7; 4.0, P = 0.043) adjusted for age and sex (Figure 3D).

Difference in type 1 VWD patients with and without a VWF gene variant

Difference in clinical phenotype

Type 1 VWD patients with a VWF gene variant were diagnosed at a younger age (26 ± 18 versus 32 ± 14, P = 0.003) and were more often referred because of a positive family history compared with patients without a VWF gene variant, who were

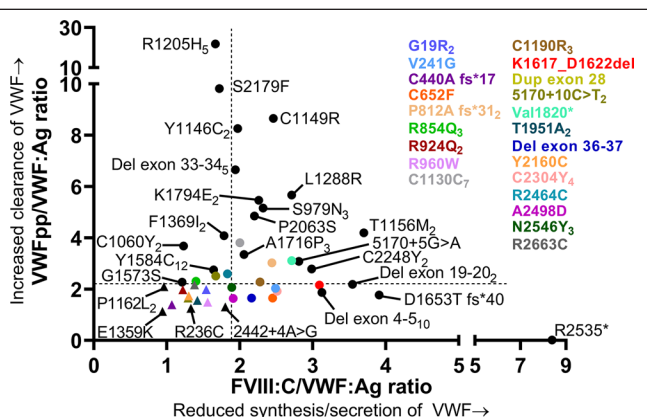


Figure 2. Pathophysiology of reduced VWF levels in patients with type 1 VWD with a single variant. Each dot represents the mean value for a variant. Triangles indicate variants with undetermined pathophysiological defects of VWF. Subscript number indicate number of patients with each variant. FVIII:C/VWF:Ag ratio ≥1.9 is defined as reduced synthesis/secretion of VWF and VWFpp/VWF:Ag ratio ≥2.2 is defined as an increased clearance of VWF. Of note, the number of patients with each variant in this figure may differ from the number of patients presented in Suppl. Table S1, because in this figure, we only present type 1 VWD patients with a single variant. VWD = von Willebrand disease.

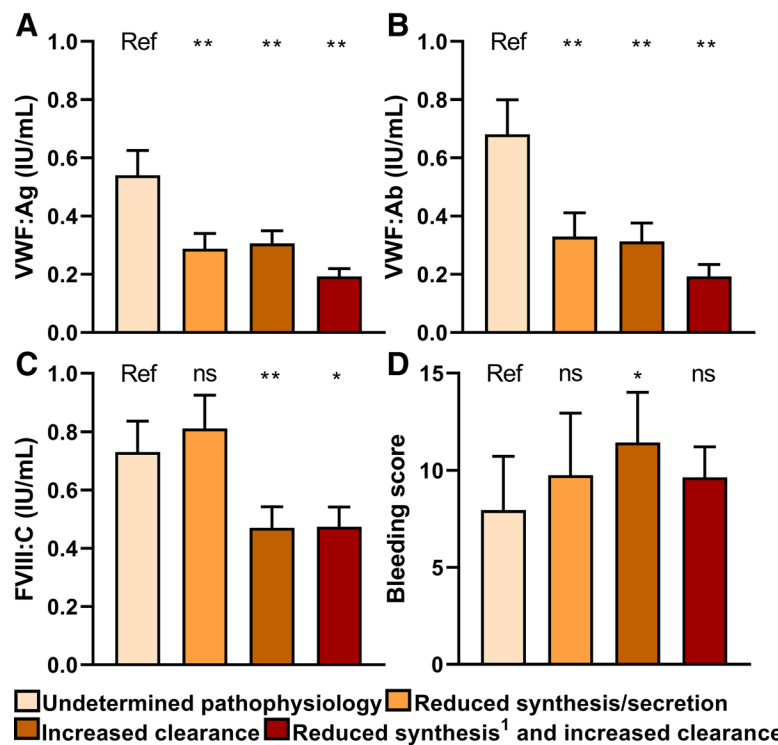


Figure 3. Pathophysiology of reduced VWF levels are associated with VWF and FVIII levels and BS in type 1 VWD patients with a variant. (A, B) Patients with reduced synthesis/secretion or increased clearance have lower VWF:Ag and VWF:Ab than patients with undetermined pathophysiological defects of VWF. **(C)** Patients with increased clearance and both reduced synthesis/secretion and increased clearance of VWF also have lower FVIII:C compared to patients with undetermined pathophysiology. **(D)** BS is higher in patients with increased clearance of VWF compared with those with undetermined pathophysiological defects of VWF. Data are presented as mean and 95% CI and ¹reduced secretion of VWF. **P* < 0.05, ***P* < 0.001. ns compared with patient with undetermined pathophysiological defects of VWF. Linear regression is used to compare each group with patients with undetermined pathophysiological defects of VWF. Regression analysis are adjusted for age, sex and blood group. Analysis with BS as outcome are not adjusted for blood group. BS = bleeding score; CI = confidence intervals; ns = not significant; Ref = reference; VWD = von Willebrand disease.

Table 2. Differences in Type 1 VWD Patients With and Without a VWF Gene Variant

	With Variant n = 155	Without Variant n = 97	<i>P</i>
Age diagnosis, mean ± SD	26 ± 18	32 ± 14	0.003
Age inclusion, mean ± SD	41 ± 19	48 ± 15	<0.001
Female, n (%)	100 (64.5%)	67 (69.1%)	0.457
Blood group O, n (%)	95 (63.3%)	74 (76.3%)	0.032
Positive family history	114 (91.9%)	37 (56.9%)	<0.001
Reason for referral			
Bleeding	71 (49.3%)	69 (75.8%)	<0.001
Family history	73 (50.7%)	22 (24.2%)	
VWF:Ag historically lowest ^a	0.28 (0.20–0.38)	0.40 (0.31–0.46)	0.023
VWF:Ab historically lowest ^a	0.20 (0.10–0.28)	0.24 (0.20–0.28)	<0.001
VWF:CB historically lowest ^a	0.21 (0.10–0.30)	0.27 (0.20–0.37)	0.006
FVIII:C historically lowest	0.46 (0.34–0.66)	0.51 (0.40–0.66)	0.288
VWF:Ag ^b	0.27 (0.19–0.39)	0.53 (0.41–0.66)	<0.001
VWF:Ab ^b	0.26 (0.17–0.48)	0.67 (0.53–0.93)	<0.001
VWF:CB ^b	0.27 (0.17–0.46)	0.62 (0.52–0.86)	<0.001
FVIII:C ^b	0.56 (0.39–0.77)	0.86 (0.67–1.05)	<0.001
FVIII:C/VWF:Ag ratio ^c	1.94 (1.56–2.48)	1.63 (1.43–1.78)	<0.001
VWFpp/VWF:Ag ratio ^d	2.74 (1.77–4.43)	1.97 (1.60–2.23)	<0.001
Bleeding score	9 (5–14)	10 (6–18)	0.007

Data are presented as median (interquartile range), unless otherwise specified.
^aIn all patients, either historically lowest VWF:Ag, VWF:Ab, or VWF:CB was below 0.30 IU/mL.
^bCentrally measured in the WIN study.
^cNormal ratio <1.9.
^dNormal ratio <2.2. Independent t-test for continuous variables and chi-square for categorical variables.
 VWD = von Willebrand disease.

more often referred because of a personal bleeding diathesis (*P* < 0.001; Table 2). In type 1 VWD patients with blood group O, a VWF gene variant was found in 95 of 169 (56.2%) patients, whereas in patients with blood group non-O a variant was found in 55 of 78 (70.5%) of patients (*P* = 0.032). Centrally measured VWF levels were lower in patients with a VWF gene variant compared to those without a VWF gene variant (0.27 IU/mL versus 0.53 IU/mL, *P* < 0.001; Table 2).

Despite higher VWF and FVIII levels, patients without a VWF gene variant had a higher BS compared to patients with a VWF gene variant, respectively 10 (6–18) versus 9 (5–14) (*P* = 0.007). After adjustment for age and sex, this difference remained significant: $\beta = 1.9$ (0.1; 3.6), *P* = 0.039.

Difference in pathophysiology

Overall, type 1 VWD patients with a VWF gene variant had a higher FVIII:C/VWF:Ag ratio and VWFpp/VWF:Ag ratio compared with patients without a VWF gene variant (*P* < 0.001; Table 2). In 55 of 92 patients (59.8%) without a VWF gene variant, the pathophysiological defect of VWF was unclear, whereas this was the case for 26 of 131 patients (19.8%) with a VWF gene variant (*P* < 0.001; Figure 4A). Also, only 6 of 92 patients (6.5%) without a VWF gene variant had both reduced synthesis/secretion and increased clearance of VWF, whereas this was the case in 45 of 131 patients (34.4%) with a VWF gene variant (*P* < 0.001; Figure 4A). Finally, very high FVIII:C/VWF:Ag ratios and VWFpp/VWF:Ag ratios, indicative for very low synthesis/secretion and rapid clearance of VWF, were only present in type 1 VWD patients with a VWF gene variant (Figure 4B).

Pathophysiology of reduced VWF levels in type 2 and 3 VWD

In type 2 VWD patients with a single variant, 13 variants were associated with an increased clearance of VWF with normal synthesis and secretion (Figure 5). These variants affected a wide range of VWF domains (D' to D4). Nine variants were associated with both reduced synthesis/secretion and increased clearance of VWF (Figure 5). Interestingly, all these variants affected the VWF D3 domain or A1 domain. C570R was the only variant which resulted in reduced synthesis/secretion of VWF with normal clearance (Figure 5). In C1190Y, Q1556R and F1654I the pathophysiological defects of reduced VWF levels could not be determined with the FVIII:C/VWF:Ag and VWFpp/VWF:Ag ratios (Figure 5). Overall, lower VWF:Ab/VWF:Ag ratio was associated with higher VWFpp/VWF:Ag ratio ($\beta = 2.0 [0.9-3.2]$; $P = 0.001$) and FVIII:C/VWF:Ag ratio ($\beta = 1.1 [0.8-1.4]$; $P < 0.001$), both adjusted for age, sex, and blood group.

Since type 3 VWD was defined as VWFpp ≤ 0.05 , all patients had undetectable VWFpp levels, which is indicative for no synthesis of VWF. Interestingly, one type 3 VWD patient with a novel heterozygous Y1584* variant, in whom no deletions were found with MLPA, had VWF:Ag of 0.03 IU/mL, undetectable VWF:Ab, FVIII:C of 0.45 IU/mL, FVIII:C/VWF:Ag ratio of 15, was diagnosed at an older age (35) compared with other type 3 patients (median 1 year [IQR 0-3.8]), and had a lower BS (9) compared with other type 3 VWD patients (median of 20 [IQR 15-25]).

DISCUSSION

In this study, we analyzed the VWF gene in a large cohort of well-defined VWD patients. A genetic variant in the VWF gene was found in 60.7% of type 1, 98.4% of type 2, and 100% of type 3 patients. Forty-seven variants were novel. We have presented for all VWF gene variants in our cohort whether they are associated with reduced VWF levels due to reduced synthesis/secretion or increased clearance of VWF. Furthermore, in type 1 VWD, the pathophysiology of reduced VWF levels is associated with the laboratory and bleeding phenotype of patients. Finally, type 1 VWD patients with and without a VWF gene variant were clearly distinct in their pathophysiology of reduced VWF levels and their clinical features such as reason for referral, age of diagnosis, centrally measured VWF levels, and BS.

Reduced VWF:Ag may be caused by reduced synthesis/secretion or increased clearance of VWF. Identification of the pathophysiological mechanism of each variant may contribute to a better understanding of the laboratory and bleeding phenotype of patients. In line with previous studies, we have

found that R1205H and S2179F were the variants with highest clearance of VWF, confirming the validity of our approach using FVIII:C/VWF:Ag and VWFpp/VWF:Ag ratios.^{8,19} It has previously been suggested to identify type 1 VWD variants with a rapid clearance of VWF, such as S2179F, as a distinct group of type 1 VWD.^{8,19} Based on the pathophysiological mechanisms observed in our current study, one may also include C1149R, Y1146C, and deletion exon 33-34 as such variants, as they also lead to a rapid clearance of VWF. Furthermore, we have shown that the pathophysiological mechanism of reduced VWF levels are strongly associated with VWF, FVIII, and BS. This illustrates that similar to type 1 Vicenza, the pathophysiology of other VWF gene variants may also explain the heterogeneity of the laboratory and bleeding phenotype of VWD patients.^{8,22}

The findings of this study may serve as a starting point for in vitro studies investigating the pathophysiology of reduced VWF levels in VWD patients. For instance, in agreement with our study it has recently been shown in HEK293 cells that in-frame deletions of VWF lead to reduced VWF levels due to reduced synthesis or secretion of VWF.²³ Although it was found that deletion of exons 33-34 resulted in a mild synthesis defect of VWF, clearance defects of VWF could not be investigated in previous studies.²³ In this study, we have observed that patients with exon 33-34 have a markedly increased clearance of VWF based on the VWFpp/VWF:Ag ratio, illustrating the additional value of our approach.²³ Other in vitro studies have found similar results as our current study for the pathophysiological mechanisms of several variants, including R924Q, C1149R, and S1285P.^{2,24} Therefore, this study may lay the foundation for future in vitro studies on VWF gene variants and their association with reduced synthesis/secretion or increased clearance of VWF.

Furthermore, in 39.3% of patients with type 1 VWD, defined as historically lowest VWF levels ≤ 0.30 IU/mL, no VWF gene variant was detected. We found a slightly lower prevalence of VWF gene variants compared to some previous studies, probably because we have excluded synonymous variants and benign variants.^{5,10-17} In line with our study, it was previously described in one study that in VWD patients with normal multimers, patients without a VWF gene variant had higher VWF:RCo compared with patients with a VWF gene variant.⁵ However, no significant difference in the BS of both groups were found, probably due to the small number of included patients.⁵ In the current study, we have compared various aspects of type 1 VWD patients with and without a VWF gene variant, and found important differences in the pathophysiology, laboratory, and clinical phenotype of patients. This raises the question whether we should perform

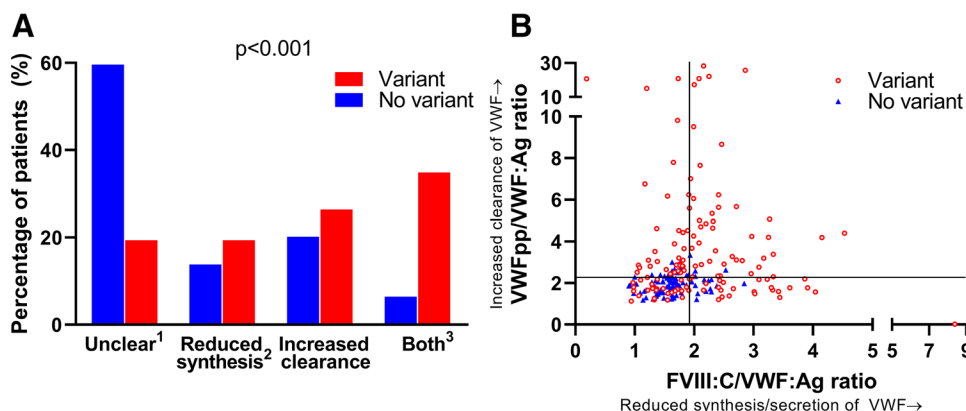


Figure 4. There is a clear distinction in pathophysiology of type 1 VWD patients with and without a VWF gene variant. (A) Most patients without a VWF gene variant had an undermined pathophysiological defect of VWF based on the FVIII:C/VWF:Ag ratio and VWFpp/VWF:Ag ratio, whereas in patients with a variant most had a synthesis/secretion and clearance defect. *P* value outcomes of ANOVA test. ¹Undetermined pathophysiological defect of VWF, ²or reduced secretion of VWF, ³Combination of reduced synthesis/secretion and increased clearance of VWF. **(B)** Extreme values of FVIII:C/VWF:Ag and VWFpp/VWF:Ag were only seen in patients with a variant. Each dot represents a patient. VWF = Von Willebrand factor.

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