

The impact of intraocular pressure on optical coherence tomography angiography: A review of current evidence

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Abstract:

A scoping review of 45 peer-reviewed manuscripts involving intraocular pressure (IOP) change and concurrent optical coherence tomography angiography (OCTA) assessments was performed to aggregate knowledge, summarize major findings, and identify gaps in literature and methodology relating to the effect of IOP change on OCTA. Articles were identified through PubMed/Medline, Google Scholar, Cochrane, Web of Science, and article reference lists. A total of 838 results were identified, and 45 articles met the inclusion and exclusion criteria for detailed analysis. OCTA metrics including vessel density (VD), perfusion density, and flow density of the superficial capillary plexus and the radial peripapillary capillaries were analyzed in relation to relative temporal IOP changes. Overall, IOP changes were found to affect superficial vascular plexus (VD) measurements on OCTA, especially when IOP elevated above the physiologic normal range (10-21 mmHg). No significant association was found between diurnal IOP variation and OCTA metrics. Cataract surgery improved the whole-image signal strength and VD regardless of changes in IOP. Beta-blockers were associated with paradoxically reduced vessel density in normal tension glaucoma patients in two studies. Although glaucoma surgical intervention studies were inconsistent and limited by scan quality and low sample sizes, patients requiring glaucoma surgery exhibited attenuated postoperative superficial VD recovery despite significant IOP reductions with surgical intervention. In addition to ensuring near-perfect signal strength with minimal media opacities and controlling for high myopia, central corneal thickness, and the presence of retinopathy, clinicians should consider the statistically significant impact of IOP on OCTA metrics when interpreting results.

Keywords:

Angiography, blood flow, intraocular pressure, macula, optical coherence tomography microangiography complex, optical coherence tomography angiography ratio analysis, perfusion density, peripapillary, split-spectrum amplitude-decorrelation angiography, vessel density

INTRODUCTION

Split-spectrum amplitude-decorrelation angiography for optical coherence tomography was first introduced in 2012, which paved the way for commercialization of noninvasive axial and enface ocular angiography.^[1] This technology allowed for optical tracking of red blood cells to determine angiographic flow. The first commercially available optical coherence tomography angiography (OCTA) was introduced outside of the United States in 2014.^[2] Since that time, technology has improved dramatically allowing for faster scans and higher resolution

imaging, with multiple versions available from multiple manufacturers. OCTA is currently utilized as a diagnostic tool for retinal disease and glaucoma and as a noninvasive alternative to fluorescein angiography, but further research and development may present new clinically significant applications. A major difference between OCTA and fluorescein angiography is the capillary quantifiability of OCTA data. However, the quantification of OCTA data may be limited by factors such as intraocular pressure (IOP) variability between scans. Herein and to the best of our knowledge, we present the first comprehensive review of current evidence relating to the effect of IOP on OCTA metrics to aggregate information and guide future studies.

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METHODS

The study was approved by our University Institutional Review Board. The research adhered to the tenets of the Declaration of Helsinki, and the Preferred Reporting Items for Systematic Reviews and Meta-analyses guidelines were followed for this scoping review [Figure 1]. A comprehensive literature search for indexing terms and keywords was conducted from January 1, 2015 to August 27, 2022 using PubMed/MEDLINE, Web of Science, Cochrane, and Google Scholar databases. Search criteria for Google Scholar included “glaucoma” (“pressure change” OR “pressure elevation” OR “pressure normalization” OR “pressure restoration” OR “pressure spike” OR “IOP change” OR “IOP elevation” OR “IOP normalization”) AND “optical coherence tomography angiography”. Search criteria for PubMed/MEDLINE included (“optical coherence tomography angiography”) AND (glaucoma) AND (ocular pressure). Search criteria for Web of Science included ((ALL= (“optical coherence tomography angiography”)) AND ALL= (glaucoma)) AND ALL= (intraocular pressure). No reviews were identified by Cochrane when searching for optical coherence tomography

angiography or OCTA. The search yielded a total of 838 articles including duplicates (572, 107, 0, and 159 articles from Google Scholar, PubMed/MEDLINE, Cochrane, and Web of Science, respectively) [Figure 1]. Two reviewers independently screened articles across the four databases.

The inclusion criteria required OCTA scans of either the optic disc or macula and a change in IOP with corresponding OCTA scans before and after the IOP change. All languages were included and translated appropriately. Studies involving animals or known retinal disease were excluded. After the removal of duplicates and exclusions, a total of 45 articles were included in the review. Statistical analysis was deferred due to data collection and reporting inconsistencies.

RESULTS

Forty-five manuscripts met the inclusion and exclusion criteria and were divided into six groups^[3-47] based on the primary intervention category [Table 1]. Thirteen studies involved IOP reduction and glaucoma surgery.^[25-37] Nine studies involved

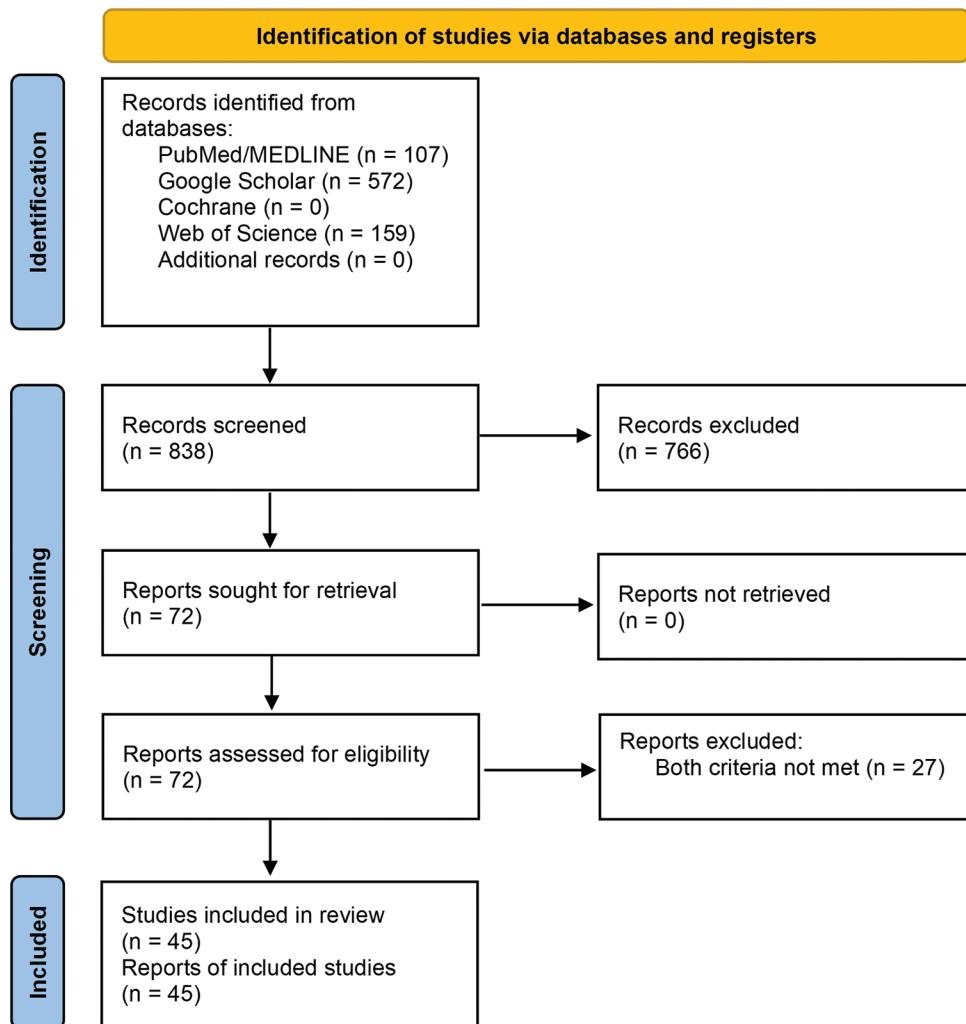


Figure 1: The Preferred Reporting Items for Systematic Reviews and Meta-analyses Flow Diagram of the Systematic Review. Diagram illustrating the procedure that led to the inclusion of 45 studies

IOP reduction and specific ophthalmic drops.^[12-20] Nine studies examined the impact of diurnal IOP variability on OCTA.^[3-11] Four involved IOP changes related to glaucoma lasers^[21-24] and three studies examined the effect of cataract surgery on IOP and OCTA.^[38-40] Another seven studies investigated distinct topics that could not be grouped meaningfully.^[41-47]

Data collected included primary intervention, sample size (number of eyes), author-reported statistical significance of the IOP change and vessel density (VD) measurements with $P < 0.05$, temporal relationships between measurements, OCTA device maker, scan dimensions (millimeters), and reporting of signal strength (SS) cutoffs values [Table 2].

Optical coherence tomography angiography equipment

OCTA machine choice was notably variable between studies [Table 1]. This review included 37 reports using Optovue machines, four reports using Zeiss machines, and four using Topcon machines. All of the Optovue machines and the commercial-use Zeiss machines utilized spectral domain OCTA (SD-OCTA), which has been shown to produce excellent image quality of superficial retinal vasculature.^[2] The Topcon machines and the research-use Zeiss machines all utilized Swept-Source OCTA (SS-OCTA), which has been shown to have superior image quality of the deep retinal vasculature and choriocapillaris because of attenuation of projection artifact.^[2] Between machines and reports, common proprietary metrics of image quality included SS, signal strength index (SSI), and signal quality index.^[2] SSI was most commonly reported with theoretical values between 0 and 100 and SS was the second most commonly reported with reported values between 0 and 10; however, these quality metrics were not interchangeable and were reviewed independently.

Diurnal impact

Diurnal variability did not alter superficial retinal capillary measurements of the disc or the macula in any studies reviewed.^[3-11] Glaucomatous eyes were more likely to have greater IOP variability than normal eyes, but no diurnal association with OCTA was identified.^[10] Another study concluded that although diurnal variability minimally influenced OCTA, SSI was found to greatly impact results.^[6] It is possible that these studies were influenced by additional uncontrolled factors; however, the current data support an autoregulatory ability of the superficial vascular plexus in individuals with physiologically normal IOP (10–21 mmHg) that limit significant changes of VD.^[3-11]

Glaucoma surgical interventions

The glaucoma surgery group included incisional surgeries. Eight of the 13 studies analyzed trabeculectomy alone,^[26-29,31,32,34,36] and the remaining five studies involved various procedure combinations.^[25,30,33,35,37] All studies reported a statistically significant change in IOP with study durations ranging from 1 month to 1 year. Twelve of the papers reported OCTA of the peripapillary region^[25-34,36,37] and nine reported OCTA of the macula.^[25,26,28,31-33,35-37] SSI was the most common metric of image quality due to OCTA device selection; however,

cutoff values were variable ranging from 40 to 50. The papers that utilized Topcon machines reported image quality of 30 or greater, and the one Zeiss study reported a SS cutoff of 8/10 or greater. In addition to many potentially low cutoff values seen in the majority of studies, six of the 13 studies reported sample sizes of 25 eyes or less. The study performed on the Zeiss machine, included 108 eyes and concluded improved foveal avascular zone reduction and microvasculature with glaucoma surgery, but only utilized a 3×3 macular scan. Statistically significant increases in superficial VD were seen in five studies of the disc^[27,28,30,32,34] and one study of the macula.^[35] Although poor scan quality and small sample sizes likely limited results due to loss of image resolution and limited statistical power respectively, patients who require glaucoma surgery may demonstrate a blunted superficial VD improvement compared to earlier stages of glaucoma. Future studies with larger sample sizes, higher image quality, and improved control of preoperative and postoperative image quality metrics are warranted.

Topical eye drops

Studies involving eye drops for the treatment of glaucoma or ocular hypertension were frequently limited by small sample sizes, but the data suggest potential future considerations. Although beta blocker drops were shown to increase superficial peripapillary VD (ppVD) in new primary open-angle glaucoma patients,^[20] two reports suggested that beta blocker drop use may be associated with attenuated superficial VD in normal tension glaucoma patients.^[16,17] Although not entirely conclusive, this supports the findings of the Low-Pressure Glaucoma Treatment Study that favored brimonidine over timolol in normal tension glaucoma patients.^[48] One report studied the effects of latanoprostene over 4 weeks and found that superficial macular VD improved greater than ppVD when compared to timolol.^[14] Another study comparing brimonidine to ripasudil only found a statistically significant effect of increased ppVD in the ripasudil group which may indicate a direct vascular effect.^[13]

Cataract surgery

Cataract surgery improved image quality in all three studies and significantly improved VD metrics throughout the retina despite limited and conflicting associations with IOP.^[38-40] Although it could appear that cataract surgery improves vascularity, via increased VD, the apparent improvement in image quality suggests a direct result of improved translucency of the implanted IOL. In addition, all three papers employed sample sizes of 24 eyes which likely limited the assessment of statistical significance. It is known that VD accuracy depends on the highest quality of data to ensure that fine capillaries are not missed.^[2] One report suggests that a SS of 9 or 10 out of 10 is acceptable for Zeiss machines; however, reports appear to be limited and warrant more attention.^[49]

Lasers and pathologic intraocular pressure changes

One robust study of 97 eyes found an average acute IOP increase of 6.5–14.3 mmHg after laser peripheral iridotomy to be associated with statistically significant reductions of superficial

Table 1: Intraocular pressure and optical coherence tomography angiography study key demographic information

Publication	Intervention classification	Test interval	Pathology group sample size (eyes)	Total eyes	Quality metric	Quality reported	Device	Scan
Baek <i>et al.</i> , 2019 ^[3]	Diurnal	3 h	20 POAG, 19 healthy	39	“Signal Strength”	45 or greater	Topcon	SS-OCT
Bochicchio <i>et al.</i> , 2019 ^[4]	Diurnal	11 h	46 glaucoma, 53 OHT, 62 healthy	161	Scan quality	>7	Optovue	SD-OCT
Demirtaş <i>et al.</i> , 2021 ^[5]	Diurnal	3 h	34 POAG, 36 EXG, 35 healthy	105	SSI	46 or greater	Optovue	SD-OCT
Mansouri <i>et al.</i> , 2018 ^[6]	Diurnal	3 h	74 OAG	74	SSI	46 or greater	Optovue	SD-OCT
Milani <i>et al.</i> , 2020 ^[7]	Diurnal	11 h	40 OAG, 52 OHT, 73 healthy	165	Scan quality	>7	Optovue	SD-OCT
Muller <i>et al.</i> , 2019 ^[8]	Diurnal	4 h	40 POAG	40	SSI	47 or greater	Optovue	SD-OCT
Verticchio Vercellin <i>et al.</i> , 2020 ^[9]	Diurnal	3 h	32 OAG, 10 OHT, 25 healthy	67	SSI	>50	Optovue	SD-OCT
Wang <i>et al.</i> , 2020 ^[10]	Diurnal	2 h	22 POAG, 15 healthy	37	SSI	45 or greater	Optovue	SD-OCT
Wu <i>et al.</i> , 2021 ^[11]	Diurnal	4 h	29 healthy	29	Quality index	4 of greater	Optovue	SD-OCT
Chen <i>et al.</i> , 2021 ^[12]	Drops	4 weeks	15 POAG, 3 OHT, 8 CACG	34	Scan quality	6 or greater	Optovue	SD-OCT
Chihara <i>et al.</i> , 2018 ^[13]	Drops	1–2 months (variable)	36 POAG, 11 OHT	47	“Signal Strength”	40 or greater	Optovue	SD-OCT
El-Nimri <i>et al.</i> , 2022 ^[14]	Drops	4 weeks	14 glaucoma, 10 OHT, 26 healthy	50	Scan quality and SSI	4 or greater and 48 or greater	Optovue	SD-OCT
Kurysheva 2019 ^[15]	Drops	1 week	36 POAG	36	SSI	>50	Optovue	SD-OCT
Lin <i>et al.</i> , 2021 ^[16]	Drops	6 months	80 NTG	80	SSI	40 or greater	Optovue	SD-OCT
Lin, Su <i>et al.</i> , 2021 ^[17]	Drops	6 months (multiple)	131 NTG	131	SSI	40 or greater	Optovue	SD-OCT
Liu <i>et al.</i> , 2021 ^[18]	Drops	3 weeks	26 POAG, OHT, or CACG	26	“Signal Strength”	40 or greater	Optovue	SD-OCT
Liu <i>et al.</i> , 2022 ^[19]	Drops	1 week	21 PSS	21	“SSI”	8 or greater	Zeiss	SD-OCT
Nutterova <i>et al.</i> , 2022 ^[20]	Drops	3 months	98 glaucoma	98	?	?	Optovue	SD-OCT
Gillmann <i>et al.</i> , 2022 ^[21]	Laser	6 months (multiple)	37 POAG	37	SSI	49.9 or greater	Optovue	SD-OCT
Ma <i>et al.</i> , 2019 ^[22]	Laser	1 h	58 CACG	58	SSI	>50	Optovue	SD-OCT
Ma <i>et al.</i> , 2020 ^[23]	Laser	1 h	70 CACG	70	SSI	>55	Optovue	SD-OCT
Wang <i>et al.</i> , 2020 ^[24]	Laser	1 h	97 CACG	97	SSI	>50	Optovue	SD-OCT
Ch’ng <i>et al.</i> , 2020 ^[25]	Glaucoma surgery	1 year (multiple)	80 OAG	80	SSI	47 or greater	Optovue	SD-OCT
Güngör <i>et al.</i> , 2022 ^[26]	Glaucoma surgery	1 month (multiple)	12 POAG, 8 EXG	20	“Signal Strength”	>6	Optovue	SD-OCT
In <i>et al.</i> , 2018 ^[27]	Glaucoma surgery	3 months	25 POAG	25	SSI	48 or greater	Optovue	SD-OCT
Kang <i>et al.</i> , 2021 ^[28]	Glaucoma surgery	6 months	20 glaucoma	20	?	?	Topcon	SS-OCT
Kim <i>et al.</i> , 2018 ^[29]	Glaucoma surgery	3 months	56 POAG	56	“Image Quality Score”	30 or higher	Topcon	SS-OCT
Liu <i>et al.</i> , 2021 ^[30]	Glaucoma surgery	6 months	17 POAG	17	SSI	50 or greater	Optovue	SD-OCT
Lommatzsch <i>et al.</i> , 2019 ^[31]	Glaucoma surgery	6 months	12 POAG, 7 EXG	19	SSI	>40	Optovue	SD-OCT
Miraftebi <i>et al.</i> , 2021 ^[32]	Glaucoma surgery	6 months (multiple)	32 glaucoma	32	SSI	40 or greater	Optovue	SD-OCT
Park <i>et al.</i> , 2021 ^[33]	Glaucoma surgery	Multiple	88 POAG	88	“Quality Score”	>30	Topcon	SS-OCT
Shin <i>et al.</i> , 2017 ^[34]	Glaucoma surgery	3 months (multiple)	31 POAG	31	SSI	40 or greater	Optovue	SD-OCT
Shoji <i>et al.</i> , 2022 ^[35]	Glaucoma surgery	3 months	108 POAG	108	Signal strength	8 or greater	Zeiss	SS-OCT
Yoon <i>et al.</i> , 2021 ^[36]	Glaucoma surgery	1 year (multiple)	65 POAG	65	SSI	48 or greater	Optovue	SD-OCT
Zéboulon <i>et al.</i> , 2017 ^[37]	Glaucoma surgery	1 month	21 OAG	21	SSI	40 or greater	Optovue	SD-OCT
Alnawaiseh <i>et al.</i> , 2018 ^[38]	Cataract surgery	Multiple	48 OAG+cataract	48	SSI	?	Optovue	SD-OCT
Karabulut <i>et al.</i> , 2019 ^[39]	Cataract surgery	4 weeks (multiple)	24 cataract	24	SSI	60 or greater	Optovue	SD-OCT
Sung <i>et al.</i> , 2020 ^[40]	Cataract surgery	6 months	24 cataract	24	“Scan Quality Index”	4 or greater	Optovue	SD-OCT
Dada <i>et al.</i> , 2022 ^[41]	Other	6 weeks	60 OHT	60	?	?	Optovue	SD-OCT
Gameiro <i>et al.</i> , 2022 ^[42]	Other	1 h (multiple)	20 healthy	20	?	?	Zeiss	SD-OCT
Guo <i>et al.</i> , 2022 ^[43]	Other	Unspecified (multiple)	34 PSS	34	Signal strength	7 or greater	Zeiss	SD-OCT
Holló 2017 ^[44]	Other	2–4 weeks	4 OAG, 2 OHT	6	SSI	>50	Optovue	SD-OCT
Ashraf Khorasani <i>et al.</i> , 2022 ^[45]	Other	Unspecified	12 healthy	12	“scan quality”	7 or greater	Optovue	SD-OCT
Zhang <i>et al.</i> , 2018 ^[46]	Other	2 h	40 healthy	40	SSI	50 or greater	Optovue	SD-OCT
Zhang <i>et al.</i> , 2020 ^[47]	Other	1 month (multiple)	45 healthy	45	“Scan Quality”	7 or greater	Optovue	SD-OCT

Demographic information and OCT equipment information were provided for 45 studies included in the review. POAG: Primary open-angle glaucoma, OHT: Ocular hypertension, EXG: Exfoliative glaucoma, OAG: Open-angle glaucoma, NTG: Normal-tension glaucoma, PSS: Posner-Schlossman Syndrome, CACG: Chronic angle-closure glaucoma, SSI: Signal strength index, OCT: Optical coherence tomography, SS-OCT: Swept-source OCT, SD-OCT: Spectral-domain OCT, ?: unknown data

Table 2: Intraocular pressure and optical coherence tomography angiography study methodologies and findings

Publication	Intervention	IOP change	Macula scan dimensions (mm)	Superficial macular VD change	Other comments	Disc scan dimensions (mm)	RPC or ppVD change	Other comments
Baek <i>et al.</i> , 2019 ^[3]	Diurnal: 800, 1100, 1400, 1700, 2000	No	4.5×4.5	No	None	4.5×4.5	No	None
Bochicchio <i>et al.</i> , 2019 ^[4]	Diurnal: 800, 1900	No	N/A			4.5×4.5	No	None
Demirtaş <i>et al.</i> , 2021 ^[5]	Diurnal: 900, 1100, 1400, 1600	No	6×6	No	None	4.5×4.5	No	None
Mansouri <i>et al.</i> , 2018 ^[6]	Diurnal: 800, 1100, 1400, 1600	No	6×6	No	None	4.5×4.5	No	None
Milani <i>et al.</i> , 2020 ^[7]	Diurnal: 800, 1900	No	3×3	No	None	N/A		
Muller <i>et al.</i> , 2019 ^[8]	Diurnal: ~800, ~1100, ~1500, ~2000	No	3×3	No	None	4.5×4.5	No	None
Verticchio Vercellin <i>et al.</i> , 2020 ^[10]	Diurnal: 900, 1100, 1400, 1600, 1800	No	N/A			4.5×4.5	No	None
Wang <i>et al.</i> , 2020 ^[11]	Diurnal: 800, 1000, 1200, 1400, 1600, 1800, 2000	No	3×3	No	None	N/A		
Wu <i>et al.</i> , 2021 ^[12]	Diurnal: 800, 1200, 1600, 2000	No	3×3	No	None	4.5×4.5	No	None
Chen <i>et al.</i> , 2021 ^[13]	Latanoprost	Yes	3×3	No	None	4.5×4.5	Yes	ppVD
Chihara <i>et al.</i> , 2018 ^[14]	Ripasudil versus brimonidine	Yes	N/A			4.5×4.5	Yes (ripasudil only)	ppVD/SS
El-Nimri <i>et al.</i> , 2022 ^[15]	Latanoprostene versus timolol	Yes	6×6	Yes (latanoprostene only)	Whole image and segments	4.5×4.5	No	Macula>ppVD
Kurysheva 2019 ^[16]	Taflopurost versus timolol/taflopurost	Yes	6×6	No	None	4.5×4.5	No	Only VD inside disc
Lin <i>et al.</i> , 2021 ^[17]	Carteolol	No	3×3	Unspecified	None	4.5×4.5	Unspecified	Possibly inverse with carteolol
Lin, Su <i>et al.</i> , 2021 ^[18]	Carteolol versus brimonidine versus dorzolamide	Yes	3×3	No	None	Unspecified	Yes (dorzolamide)	Superior ppVD, inverse with carteolol
Liu <i>et al.</i> , 2021 ^[19]	Latanoprost	Yes	4.5×4.5	No	None	4.5×4.5	No	None
Liu <i>et al.</i> , 2022 ^[20]	Prednisolone, timolol, brimonidine	Yes	6×6	No	VLD, VPD	4.5×4.5	No	Assessed CP
Nutterova <i>et al.</i> , 2022 ^[21]	Carteolol versus latanoprost	Yes	N/A			Unspecified	Yes	ppVD
Gillmann <i>et al.</i> , 2022 ^[22]	SLT	Yes	6×6	Yes/no	Increase at 2 months only	4.5×4.5	Yes/no	Increases at 2 months only
Ma <i>et al.</i> , 2019 ^[23]	LPI	Yes	6×6	Yes	None	4.5×4.5	Yes	All
Ma <i>et al.</i> , 2020 ^[24]	LPI	Yes	6×6	Yes	None	N/A		
Wang <i>et al.</i> , 2020 ^[25]	LPI	Yes	N/A			4.5×4.5	Yes	RPC and whole image
Ch'ng <i>et al.</i> , 2020 ^[26]	Glaucoma surgery	Yes	3×3 and 6×6	No	None	4.5×4.5	No	None
Güngör <i>et al.</i> , 2022 ^[27]	Trabeculectomy	Yes	6×6	No	Only deep circulation	4.5×4.5	No	None
In <i>et al.</i> , 2018 ^[28]	Trabeculectomy	Yes	N/A			4.5×4.5	Yes	Whole image, ppVD
Kang <i>et al.</i> , 2021 ^[29]	Trabeculectomy	Yes	6×6	Unspecified	Unspecified	6×6	Yes	Peripapillary
Kim <i>et al.</i> , 2018 ^[30]	Trabeculectomy	Yes	N/A			4.5×4.5	No	VD in disc increased
Liu <i>et al.</i> , 2021 ^[31]	Trabeculectomy, canaloplasty	Yes	N/A			4.0×4.0 crop	Yes	ppVD
Lommatzsch <i>et al.</i> , 2019 ^[32]	Trabeculectomy + MMC	Yes	6×6	No	None	4.5×4.5	No	None
Mirafitabi <i>et al.</i> , 2021 ^[33]	Trabeculectomy	Yes	6×6	N	None	4.5×4.5	Yes	Whole image and ppVD
Park <i>et al.</i> , 2021 ^[34]	Trabeculectomy, ExPRESS, Ahmed	Yes	4.5×4.5	N	FAZ smaller at 1 month	4.5×4.5	No	Intradisc increase at 1 month
Shin <i>et al.</i> , 2017 ^[35]	Trabeculectomy	Yes	N/A			4.5×4.5	Yes	Microvasculature whole image

Contd...

Table 2: Contd...

Publication	Intervention	IOP change	Macula scan dimensions (mm)	Superficial macular VD change	Other comments	Disc scan dimensions (mm)	RPC or ppVD change	Other comments
Shoji <i>et al.</i> , 2022 ^[36]	Glaucoma surgery	Yes	3×3	Yes	FAZ decrease	N/A		
Yoon <i>et al.</i> , 2021 ^[37]	Trabeculectomy	Yes	6×6	Unspecified	None	4.5×4.5	Unspecified	None
Zéboulon <i>et al.</i> , 2017 ^[38]	Filtering surgeries	Yes	3×3	No	None	3×3	No	None
Alnawaiseh <i>et al.</i> , 2018 ^[39]	CEIOL+iStent	Yes	3×3	Yes	All metrics	4.5×4.5	Yes	All metrics
Karabulut <i>et al.</i> , 2019 ^[40]	CEIOL	Yes	N/A			4.5×4.5	Yes	All metrics
Sung <i>et al.</i> , 2020 ^[41]	CEIOL	No	6×6	Yes	All metrics	4.5×4.5	No	None
Dada <i>et al.</i> , 2022 ^[42]	Mindfulness	Yes	N/A			6×6	Yes	Superficial and whole image
Gameiro <i>et al.</i> , 2022 ^[43]	Water drinking test	Yes	3×3	No	Deep vessels VD increased	N/A		
Guo <i>et al.</i> , 2022 ^[44]	PSS attack	Yes	6×6	Yes	Whole image	N/A		
Holló 2017 ^[45]	Medical reduction case series of 6 patients	Yes	N/A			4.5×4.5	Yes	ppVD
Ashraf Khorasani <i>et al.</i> , 2022 ^[46]	Suction cup to eye	Yes	3×3	Yes	Whole image and segments	4.5×4.5	No	Only intradisc
Zhang <i>et al.</i> , 2018 ^[47]	Dark room prone provocation test	Yes	3×3	No	None	4.5×4.5	No	None
Zhang <i>et al.</i> , 2020	LASIK	Uncertain	6×6	No	None	4.5×4.5	No	None

CP: Capillary perfusion, IOP: Intraocular pressure, ppVD: Peripapillary VD, RPC: Radial peripapillary capillaries, SS: Signal strength, VLD: Vascular length density, VD: Vessel density, VPD: Vessel perfusion density, LASIK: Laser *in situ* keratomileusis, PSS: Posner-Schlossman Syndrome, NA: Not available, SLT: selective laser trabeculoplasty, LPI: laser peripheral iridotomy, MMC: Mitomycin C, CEIOL: cataract extraction with intraocular lens implantation

ppVD in patients with narrow angles.^[24] This relationship was also observed to be dose-dependent between the IOP stratified groups, with greater increases in IOP being inversely correlated with superficial VD. This suggests that elevated IOP can affect superficial VD of the disc when the is pressure elevated above physiologic normal range (10–21 mmHg) and continues to have and increasing effect with increased pressure. Another study of 60 eyes with elevated baseline IOP and ocular hypertension found IOP reductions of only 4–5 mmHg to statistically significantly increase disc VD measurements with 6 weeks of mindfulness.^[41] These two study results suggest that there is a threshold value of IOP that must be reached to overcome vascular autoregulation and impact superficial VD. Only one study evaluated selective laser trabeculoplasty, which observed reduced IOP and increased superficial VD at 2 months with a return to baseline superficial VD at 6 months.^[21]

DISCUSSION

Background and rationale

Despite significant advances in technology and research over the last decade, questions remain regarding the limitations and full implications of OCTA.^[2] One variable that has yet to be fully understood is the impact of IOP fluctuation on OCTA outputs and the clinical relevance of the effects.

Retinal blood supply is derived from the central retinal artery that perfuses the inner two-thirds of the retina and the short posterior ciliary arteries that perfuse the outer one-third of the retina and retinal pigment epithelium.^[50] Through the capabilities of OCTA imaging, the inner retinal vasculature

and capillaries have been further divided into the superficial capillary plexus (SCP) that primarily perfuses the ganglion cells and retinal nerve fiber layer (RNFL) as well as the deep capillary plexus (DCP) made up of intermediate and deep capillary layers that straddle the inner nuclear layer.^[51] As the SCP of the macular retina approaches the optic disc, the superficial capillaries travel in parallel with the RNFL which is referred to as the radial peripapillary capillaries (RPC).^[51]

The SCP and the RPC have been targets of glaucoma and IOP research because of their close associations with the ganglion cell layer and the RNFL respectively, their superficial localization that is less affected by OCTA projection artifacts, and their presumed responsiveness to aberrant IOP fluctuation.^[37,52] Conversely, studies focusing on the DCP and choriocapillaris, which may offer significant utility in the future, were uncommon and inconsistent.^[52] For these reasons, a targeted analysis of the superficial retinal capillaries of the macula and the disc were the focus of this review.

Limitations

This review was limited by gaps in literature and inconsistencies in data collection and reporting between studies, variability of imaging strategies, and small sample sizes. Although papers generally scanned 6 mm × 6 mm scans of the macula and 4.5 mm × 4.5 mm scans of the optic disc, scan sizes varied and only 58% of studies reported scans of both locations. In addition, OCTA metrics varied between machines and different papers reported different metrics, which prevented quantitative analysis. Image SS and quality were found to be significant in multiple papers;^[37,43] however, SS cutoff values varied widely,

and mean SS was irregularly reported. Given the importance of detecting small capillaries for accurate VD measurements, it is important to determine the true ideal cutoff value of SS to ensure correct evaluations, and it is imperative that scans with opacity-related shadowing defects are removed. It is likely that studies were limited by small sample sizes and may have demonstrated statistical significance with improved statistical power.

CONCLUSION

IOP changes can affect superficial vascular plexus VD measurements on OCTA especially when IOP elevates above physiologic normal. Diurnal variation does not appear to significantly impact OCTA metrics in normal or glaucomatous populations. Cataract surgery for narrow angles and angle closure primarily improves OCTA indices via improved image quality secondary to improved SS. This study highlights the importance of standardization of image acquisition and reporting of OCTA data to enable data aggregation. In addition to ensuring near-perfect SS with minimal media opacities and controlling for high myopia, central corneal thickness, and the presence of retinopathy, clinicians must consider the statistically significant impact of IOP on OCTA metrics when interpreting results.

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Conflicts of interest

There are no conflicts of interest.

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