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Original article

Sars-Cov-2 antigen tests predict infectivity based on viral culture: comparison of antigen, PCR viral load, and viral culture testing on a large sample cohort

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ABSTRACT

Objective: To define the relationship of SARS-CoV-2 antigen, viral load determined by RT-qPCR, and viral culture detection. Presumptively, viral culture can provide a surrogate measure for infectivity of sampled individuals and thereby inform how and where to most appropriately deploy antigen and nucleic acid amplification-based diagnostic testing modalities.

Methods: We compared the antigen testing results from three lateral flow and one microfluidics assay to viral culture detection and viral load determination performed in parallel in up to 189 nasopharyngeal swab samples positive for SARS-CoV-2. Sample viral loads, determined by RT-qPCR, were distributed across the range of viral load values observed in our testing population.

Results: Antigen tests were predictive of viral culture positivity, with the LumiraDx microfluidics method showing enhanced sensitivity (90%; 95% CI 83–94%) compared with the BD Veritor (74%, 95% CI 65–81%), CareStart (74%, 95% CI 65–81%) and Oscar Corona (74%, 95% CI 65–82%) lateral flow antigen tests. Antigen and viral culture positivity were also highly correlated with sample viral load, with areas under the receiver operator characteristic curves of 0.94 to 0.97 and 0.92, respectively. A viral load threshold of 100 000 copies/mL was 95% sensitive (95% CI, 90–98%) and 72% specific (95% CI, 60–81%) for predicting viral culture positivity. Adjusting for sample dilution inherent in our study design, sensitivities of antigen tests were \geq 95% for detection of viral culture positive samples with viral loads >10⁶ genome copies/mL, although specificity of antigen testing was imperfect.

Discussion: Antigen testing results and viral culture were correlated. For culture positive samples, the sensitivity of antigen tests was high at high viral loads that are likely associated with significant infectivity. Therefore, our data provides support for use of antigen testing in ruling out infectivity at the time of sampling. **James E. Kirby, Clin Microbiol Infect 2022;=:1**

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Introduction

SARS-CoV-2 nucleic acid amplification tests (e.g. PCR) are highly sensitive but expensive with a slow turn-around time. In contrast, antigen tests are fast, amenable to point-of-use testing,

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inexpensive, but less sensitive [1]. Nevertheless, a test with lower sensitivity may offer compelling benefit if able to reliably identify individuals who present an infectious risk to others [2].

An individual's infectivity may be approximated by the infectivity of a diagnostic sample. Antigen and PCR tests detect different components of the SARS-CoV-2 virus, neither of which necessarily reflect the presence of infectious virus. Tissue culture assays detect replicating virus, and, by inference, the infectivity of individuals from whom samples were obtained.

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We compare antigen and quantitative PCR detection with viral culture results to further inform decisions on diagnostic test use.

Methods

Samples

Nasopharvngeal swabs were obtained in 3 mL of saline or viral transport medium at COVID-19 testing sites in Boston, MA from March through June 2021 for diagnostic purposes unrelated to this study and selected for analysis solely based on viral load distribution. Sample size was determined by available budget and desire to have 95% CIs of <30% when comparing antigen test sensitivity and viral culture results across log10 viral load bins. The testing population reflected both community testing sites and both symptomatic and asymptomatic individuals presenting for clinical care at our institution and affiliated practices. After PCR testing, deidentified samples were stored at 4°C for a median of 3 days (IQR 1–3 days) from specimen collection until testing by viral culture. A minority of samples (n = 71) were frozen within one day of sample collection and then thawed prior to additional testing. Prior to use of frozen samples for culture analysis, we performed a validation with samples (n = 31) tested with and without freezing at -80° C for <17 days, with minimal impact on isolation of viable virus. Our validation demonstrating lack of effect of freeze-thaw on viral viability will be reported in a separate study. Antigen testing was performed on the day of specimen retrieval above, or aliquots were frozen for later batch testing by all antigen testing methods in parallel.

Human subjects research with a waiver of informed consent was approved by the Institutional Review Boards at Beth Israel Deaconess Medical Center and the Harvard T.H. Chan School of Public Health.

A total of 206 samples positive for SARS-CoV-2 by RT-qPCR using the Abbott M2000 or Alinity M platforms (Abbott Laboratory, Abbott Park, IL) were analysed by LumiraDx (London, UK; n = 206), BD Veritor (Franklin Lakes, NJ; n = 204), CareStart (Access Bio, Inc., Somerset, NJ; n = 201), and Oscar Corona (Oscar Medicare Pvt., Ltd., New Deli, India; n = 193) antigen tests. For all but 13 samples, sufficient sample volume was available for testing with all four antigen methods. Of the 206 samples, 189 were tested by both LumiraDx and viral culture, 187 were tested by BD and viral culture, 184 were tested by CareStart and viral culture, and 176 were tested by Oscar Corona and viral culture.

Three hundred separate RT-qPCR antigen negative samples were selected sequentially and tested by all four antigen tests and not tested by viral culture.

RT-qPCR testing

SARS-CoV-2 RT-qPCR testing of samples and Vero cell culture supernatants was performed using the Abbott Molecular M2000 Real-Time or Alinity M SARS-CoV-2 assays. In addition to a qualitative result, both tests provide a fractional cycle number (FCN), a type of cycle threshold [3]. The assays were calibrated using standards ranging from 300 to 10⁶ viral genome copies/mL (LGC Seracare, Milford, MA) consisting of replication-incompetent, enveloped, positive singled-stranded RNA Sindbis virus into which the whole genome of SARS-CoV-2 was cloned and titers determined using digital droplet PCR analysis by LGC SeraCare (Russell Garlick, LGC SeraCare, personal communication). The standards were run through all stages of sample preparation and extraction to allow appropriate comparison with identically processed patient samples. Coefficients of determination (R²) between log10 transformed viral load values and FCN values determined for standards

were 0.997 for both assays. Slope and intercepts defined linear regression equations that were used to convert FCN to viral load values including extension above and below the level of calibrators tested. Analytical sensitivity of the Abbott M2000 and Alinity M SARS-CoV-2 PCR assays corresponded to a limit of detection of ~100 genome copies/mL, as previously reported [4,5].

Antigen testing

The BD Veritor, LumiraDx, CareStart, and Oscar Corona antigen tests were performed according to the manufacturer's instructions with the exception that $250 \ \mu$ L of patient sample (nasopharyngeal swab sample eluted into 3 mL of saline or viral transport medium) was pipetted into each kit's extraction vial rather than direct insertion of the nasal swab into the extraction vial. We estimate a 17- to 18-fold dilution of sample based on this procedure (see Supplementary Methods). Indeterminates or invalid antigen test results, specifically due to lack of control line development on lateral flow assay (LFA), or control failure for the LumiraDx instrument were not observed in our study.

SARS-CoV-2 viral culture

Vero E6 (ATCC CRL-1586) cells were seeded on a 6-well flat bottom plate at 0.3×10^6 cells per well in Eagle's minimum essential media (EMEM) containing 1% antibiotic-antimycotic, 1% HEPES and 5% fetal calf serum (FCS, Gibco; Thermo Fischer Scientific, Inc., Pittsburgh, PA); grown to confluence at approximately 1×10^6 cells per well [6–8]; inoculated with 250 µl of patient sample; and then incubated at 37°C for 24 hours for viral adsorption. Simultaneously, a negative control was also inoculated with 250 µL of viral growth media. Carryover of nonviable viral RNA present in samples was limited by washing cell cultures after the 24-hour viral adsorption and adding fresh EMEM composite media with reduced FCS to 2% for viral growth. Therefore, detectable virus should represent viable replicating virus. On days, 3, 6, and 13 to 14 days of culture, 800 µL of cell culture supernatant was removed and added to 800 µl of VXL buffer (QIAGEN, German, MD) (1:1 ratio) for subsequent nucleic acid extraction and SARS-CoV-2 realtime RT-qPCR. Cultures were re-fed with addition of 1 mL of EMEM with reduced FCS after sampling at each time point.

Supernatant viral loads below the LoD of the PCR assay were scored negative at that timepoint. Samples with at least two of three sequential supernatant viral loads exceeding the limit of detection (LoD) were considered positive, and, conversely, samples with either one or no viral loads exceeding the LoD were considered negative. The scoring system was developed to mitigate against the detection of RNA carryover from the original specimen leading to a false positive signal. Based on our procedure, carryover RNA would be diluted out during the fresh media exchanges and/or degraded during the viral culture procedure and was therefore not expected to remain above the viral load assay limit of detection for more than one culture sampling point. Conversely, detection of RNA viral load above the limit of detection in two or more samples was expected to be consistent with the presence of replicating virus. Research personnel performing viral culture and antigen testing were blinded to data from assays other than their own.

Statistics

Statistical comparisons were performed with Stata version 13.1 (Stata Corporation, College Station, TX) and/or Prism 9 for MacOS (GraphPad, San Diego, CA). The multi-comparison P values reported for comparison of geometric mean viral loads associated with antigen test results were calculated using the Holm-Sidak method.

Receiver operator characteristic curve sensitivity and specificity were calculated using Microsoft Excel (Microsoft Corp., Redmon, WA).

Results

The comparison of each antigen test to viral culture resulted in two-by-two contingency tables and sensitivities and specificities shown in Table 1. The overall sensitivity was 90% for LumiraDx and 74% for the other methods. Specificity was 70% for LumiraDx and 91% to 92% for the other antigen test methods. Comparison of antigen test detection versus viral culture positivity was also broken down by log10 viral load bins in Table 2. Notably, sensitivity of antigen testing for detecting positive cultures was 100% for samples with a viral load $>10^7$ and dropped to essentially zero, albeit with wide confidence intervals for samples with a viral load $<10^4$. Taking into account the sample dilution factor associated with antigen testing, it is expected that the next lowest viral load bin may be more representative of antigen test performance in actual use (Tables 2 and 3; Tables S1 and S2) (i.e. that antigen tests perform well for samples with a viral load $>10^6$ genome copies/mL with some variance depending on the specific antigen test examined).

The original sample viral load determined by RT-qPCR and quantity of virus in day 3 culture supernatants was also reasonably correlated ($R^2 = 0.55$) with a sharp loss of detection of viable virus in samples with viral loads below approximately 10^5 genome copies/mL (Fig. 1). Distributions of viral load results in samples,

Table 1

Performance of antigen detection tests compared with viral culture

	Culture POS	Culture NEG	Statistic	Value	95% CI
LumiraDx antigen results	versus viral culture				
Lumira POS	101	23	Sensitivity	0.90	0.83-0.94
Lumira NEG	11	54	Specificity	0.70	0.59-0.79
BD Veritor antigen result	s versus viral culture				
BD POS	82	6	Sensitivity	0.74	0.65-0.81
BD NEG	29	70	Specificity	0.92	0.84-0.96
CareStart antigen results	versus viral culture				
CareStart POS	80	7	Sensitivity	0.74	0.65-0.81
CareStart NEG	28	69	Specificity	0.91	0.82-0.95
Oscar Corona antigen res	ults versus viral culture				
Oscar POS	75	6	Sensitivity	0.74	0.65-0.82
Oscar NEG	26	69	Specificity	0.92	0.84-0.96

Table 2

Antigen test results versus viral culture stratified by viral load bins

Viral load bin (genome copies/mL)	n	Sensitivity	95% CI	Specificity	95% CI
LumiraDx					
$10^8 - 10^{10}$	23	1.00	0.85-1.00	0.00	0.00-0.95
10 ⁷ to <10 ⁸	43	1.00	0.91-1.00	0.00	0.00-0.56
10^6 to $< 10^7$	34	0.93	0.77-0.99	0.00	0.00-0.39
10^5 to $< 10^6$	29	0.72	0.49-0.88	0.55	0.28-0.79
10^4 to $< 10^5$	23	0.00	0.00-0.56	0.70	0.48-0.85
10^3 to $< 10^4$	18	N.D.		0.94	0.74-1.000
<10 ³	19	N.D.		1.00	0.83-1.00
BD Veritor					
10 ⁸ -10 ¹⁰	23	1.00	0.85-1.00	0.00	0.00-0.95
10^7 to $< 10^8$	43	1.00	0.91-1.00	0.33	0.02 - 0.88
10^6 to $< 10^7$	33	0.63	0.44 - 0.78	0.67	0.30-0.94
10^5 to $< 10^6$	29	0.28	0.13-0.51	1.00	0.74-1.00
10^4 to $< 10^5$	22	0.000	0.00-0.56	0.95	0.75-1.00
10^3 to $< 10^4$	18	N.D.		1.00	0.82-1.00
<10 ³	19	N.D.		1.00	0.83-1.00
CareStart					
$10^8 - 10^{10}$	22	1.00	0.85-1.00	0.00	0.00-0.95
10^7 to $< 10^8$	43	1.00	0.91-1.00	0.00	0.00-0.56
10^6 to $< 10^7$	33	0.63	0.44 - 0.78	0.50	0.19-0.81
10^5 to $< 10^6$	27	0.13	0.02-0.36	1.00	0.74-1.00
10^4 to $< 10^5$	22	0.00	0.00-0.56	1.00	0.83-1.00
10^3 to $< 10^4$	18	N.D.		1.00	0.82-1.00
<10 ³	19	N.D.		1.00	0.83-1.00
Oscar Corona					
$10^8 - 10^{10}$	21	1.00	0.84-1.00	0.00	0.00-0.95
10^7 to $< 10^8$	40	1.00	0.91-1.00	0.00	0.00-0.56
10 ⁶ to <10 ⁷	32	0.65	0.46-0.81	0.67	0.30-0.94
10^5 to $< 10^6$	25	0.07	0.00-0.31	1.00	0.74-1.00
10^4 to $< 10^5$	22	0.00	0.00-0.56	1.00	0.83-1.00
10^3 to $< 10^4$	17	N.D.		1.00	0.82-1.00
<10 ³	19	N.D.		1.00	0.83-1.00

N.D., not defined as there are no false negatives and true positives.

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Table 3	
Viral culture positivity versus viral load bin	

Viral load bin	Percent positivity (95% CI) (%)	
10 ⁸ -10 ¹⁰	96% (79–100)	
10^7 to $< 10^8$	93% (81-98)	
10^6 to $< 10^7$	82% (66–92)	
10^5 to $< 10^6$	62% (44-77)	
10^4 to $< 10^5$	13% (5–32)	
10^3 to $< 10^4$	0% (0-18)	
<10 ³	0% (0-17)	

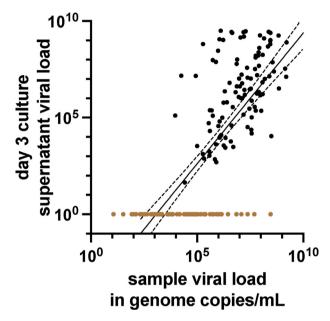


Fig. 1. Quantitative relationship between culturable virus and sample viral load. Day 3 viral culture supernatant from each cultured sample and its corresponding respiratory sample were each analysed by RT-qPCR to determine respective viral loads (n = 181). The viral load in genome copies/mL (logarithmic scale) of culture supernatant is plotted against the genome copies/mL (logarithmic scale) of the original patient sample. Linear regression (solid line) with 95% CIs (dashed lines) is shown. $R^2 = 0.55$. Samples with negative viral cultures (see Materials and Methods) for representation are assigned a y-axis, value of 10⁰, and are demarcated as coloured brown dots.

testing positive or negative, respectively, by respective antigen tests are shown in Fig. 2. The LFA-based antigen tests detected samples with viral loads greater than approximately10⁷ genome copies/mL, except for a small number of outliers. The microfluidic LumiraDx test detected samples with lower viral loads compared to the other antigen testing methods with a cutoff for consistent detection closer to 10⁶ genome copies/mL. The differences between log10 transformed mean viral loads of samples positive by LumiraDx and positive by each of the LFA methods, respectively, were statistically significant for all pairwise comparisons (adjusted p < 0.05), as were differences in (geometric) mean viral loads of samples testing negative by LumiraDx and negative by each of the LFA methods, respectively. However, BD Veritor, CareStart, and Oscar Corona tests were indistinguishable in all pairwise comparisons with one another (adjusted p = 0.99).

Receiver operator characteristic (ROC) curves were plotted to determine the viral load cutoffs that would reasonably predict detection by viral culture and antigen testing, respectively (Fig. 3). Notably, a viral load cutoff of ~ 10^5 was highly sensitive for predicting a positive viral culture without undue loss of specificity. A viral load cutoff of ~ 10^5 was reasonably sensitive for predicting a positive LumiraDx result and likewise a viral load cutoff of 10^5 to 10^6 was predictive of positive BD, Oscar, and CareStart test

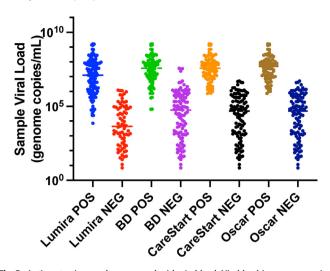


Fig. 2. Antigen testing results compared with viral load. Viral load in genome copies/ mL (logarithmic scale).

results. The ROC area under the curve was >0.94 for all comparisons (Figs. 3B—E), indicating that viral loads could serve as a reasonable surrogate for predicting the presence of culturable infectious virus and detectable antigen. Notably, viral load cutoffs for detecting positive viral cultures and antigen tests were similar, further supporting similar qualitative detection by viral culture and antigen tests.

Three hundred SARS-CoV-2 RT-qPCR negative samples were also tested by all four antigen tests. All antigen tests were negative, supporting high specificity of the antigen assays.

Discussion

The COVID-19 pandemic response has required detection of both infected and infectious individuals. SARS-CoV-2 viral culture is considered a reasonable surrogate test for infectivity although it is impractical as a high throughput diagnostic test [9,10]. In the Syrian golden hamster model, transmissibility of SARS-CoV-2 correlated well with detection of infectious virus by culture, but not with positive qPCR results [11]. Previous studies of SARS-CoV-2 culture have reported culture of viable virus from samples with a viral load of 2.5×10^5 to 10^6 genome copies/mL [6,8] or expressed alternatively as cycle threshold value cutoffs of 24 to 35 [7,12] and/or during the presumptively high infectious period between 6 to 9 days after infection [8,10,13,14].

Importantly, our study showed that antigen tests predicted the ability to culture live virus and therefore infectivity. In addition, a viral load cutoff of 10^5 copies/mL was 95% sensitive (95% CI, 90–98%) and 72% specific (95% CI, 60–81%) for predicting viral culture positivity, similar to prior observations.

It should be stressed that viral loads for SARS-CoV-2 vary over nine orders of magnitude. The difference between the lowest viral loads, where virus is consistently detected by culture (10⁵ copies/ mL; Figs. 1 and 3), and the highest observed viral loads (~1 billion copies/mL) is at least four orders of magnitude. Furthermore, above the viral culture detection threshold, we found that the amount of viable virus in day 3 culture supernatants was roughly proportional to sample viral load determined by qPCR (Fig. 1), suggesting that the large range of viral loads determined by RT-qPCR corresponds to the range and degree of sample infectivity. Importantly, antigen test sensitivity is noted to be near 100% in the upper three orders of magnitude of viral loads observed (Figs. 2–4; Table 2; Table S1), suggesting that antigen tests are quite good in detecting individuals

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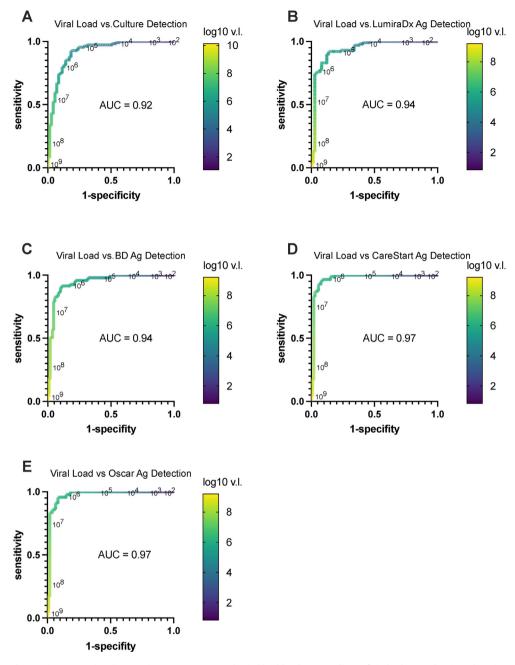


Fig. 3. Receiver operator characteristic curves (ROC) comparing SARS-CoV-2 sample viral load levels as a predictor of viral culture and antigen detection. For each plot, sensitivity versus 1-specificity was plotted for each viral load value (genome/copies/mL) determined by RT-qPCR for each sample in our study when used as a lower limit threshold for scoring positive and negative detection for all other viral load results with qualitative viral culture or antigen test determinations, respectively, as the comparators. (a) Viral load in genome copies/mL versus detection by viral culture. (b) Viral load versus LumiraDx antigen detection. (c) Viral load versus BD Veritor antigen detection. (d) Viral load versus Oscar Corona antigen detection. (e) Viral load versus CareStart antigen detection. Viral load values along the ROC curves are labeled in power of 10 logarithmic intervals and demarcated in colour as indicated in accompany heatmap legend bar. Area under the curve for each ROC curve is denoted on respective plots.

who shed larger amounts of virions and therefore would pose significant risk to others during casual contact.

It has been argued that cycle threshold values should not be made available to providers based on lack of clinical translatability or inadequate inter-assay comparability (reviewed in [15]). However, our data highlighted the meaningful association of viral load with infectivity and therefore supported conversion of assaydependent cycle threshold values to assay-independent viral loads [16].

Our study had several strengths and some limitations. We sought to eliminate the source of inter-specimen variability by performing antigen, RT-qPCR, and viral culture testing on the same samples [16,17]. However, this led to the need to perform antigen testing outside of direct swab sampling testing recommendations, potentially leading to underestimation of antigen test sensitivity (see Supplemental Materials). A strength and weakness of the approach was the selection of real-world samples based on the distribution of viral loads observed during diagnostic testing [16]. Samples were not selected based on clinical symptoms and exposures. As we evaluated PCR positive and negative samples separately, it was possible that specificities determined for PCR positive samples may have been overestimated. Our study was conducted

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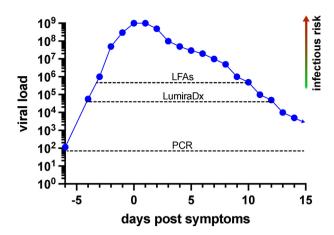


Fig. 4. Model of infectious risk versus SARS-CoV-2 detection by RT-qPCR and antigen tests. Both LumiraDx and lateral flow-based antigen tests (e.g. BD Veritor, CareStart, and Oscar Corona) were able to detect individuals with viable, culturable virus and who therefore pose an immediate infectious risk to others. Dotted lines indicate reliable detection threshold predicted for each method. Presumptively, infectious risk is proportional to the amount of culturable virus, which is roughly proportional to the amount of culturable virus, which is roughly proportional to the highest viral loads, which may be 10^4 - to 10^5 -fold greater than viral loads detected at the lowest levels where virus can be consistently cultured. The PCR and, to a lesser extent, the LumiraDx test can detect individuals before and after the expected infectious period and therefore may be more appropriate for screening programs where regular testing is performed at longer time intervals. The viral load curve shown is for representational purposes and may not reflect viral load kinetics in any specific individual.

prior to Delta and Omicron emergence; verification of results with these and future variants is desirable.

The BD Veritor, CareStart, and Oscar Corona tests are chromatographic LFAs. The first two have received FDA EUA and CE Mark certification. In contrast, the LumiraDx, a microfluidic immunofluorescent detection test, appeared significantly more sensitive (see Figs. 1–3, Table 1), consistent with its high-level detection of infected patients during the first 12 days of symptom onset [18]. The overall observed lower sensitivity of antigen tests relative to PCR has been described previously [19–22].

Taken together, our data supported the use of antigen detection tests immediately before communal events, same-day healthcare procedures, communal travel, and other settings with significant person-to-person contact, and where universal masking is neither feasible or desired. Similarly, we believe antigen tests will be useful in determining whether symptomatic individuals are infectious and need to self-isolate or can return to work or other activities. Importantly, for symptomatic individuals, it is prudent, based on variability in sampling, kinetics of viral replication, and varying sensitivity of different antigen tests (Fig. S1) to incorporate serial testing to increase negative predictive value. Notably, as a point-of-use testing modality, antigen test results can be available in minutes and inform timely mitigation of infectious risk to others and/or clinical management, and, when used at closely spaced time intervals, should also provide a lower cost alternative to nucleic acid amplification tests to address diagnostic goals of the pandemic.

Transparency declaration

This work was supported by an Accelerating Coronavirus Testing Solutions grant from the Massachusetts Life Sciences Cente. We thank LumiraDx for providing instrumentation and antigen test kits; Oscar Medicare Pvt. Ltd for providing Oscar Corona antigen test kits; and Ginkgo Bioworks (Boston, MA) for providing the CareStart antigen test kits. We thank LGC SeraCare for providing reagents used in calibrating SARS-CoV-2 viral load assays. Authors are solely responsible for study design, data analysis, and manuscript preparation.

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Author contributions

JEK, SR, and PJK conceived and designed the study. S Dutta, DH, AC, S Ditelberg, and PJK performed experiments and acquired data. JEK, SR, S Dutta, RA, CAC, AC, and PJK analysed and interpreted data. JEK, with input from SR, wrote the original manuscript draft. JEK, SR, RA, CAC, and PJK revised manuscript for intellectual content. All authors gave final approval for the submitted version. JEK and SR are co-first authors and equal contributors to manuscript.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.cmi.2022.07.010.

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