Research Paper

Over-expression of microRNA-145 drives alterations in β-adrenergic signaling and attenuates cardiac remodeling in heart failure post myocardial infarction

Zhebo Liu^{1,2,3,*}, Bo Tao^{1,2,3,*}, Suzhen Fan^{1,2,3}, Shengyu Cui^{1,2,3}, Yong Pu⁴, Liqiang Qiu^{1,2,3}, Hao Xia^{1,2,3}, Lin Xu^{1,2,3}

¹Department of Cardiology, Renmin Hospital of Wuhan University, Wuhan, PR China ²Cardiovascular Research Institute, Wuhan University, Wuhan, PR China ³Hubei Key Laboratory of Cardiology, Wuhan, PR China ⁴Renmin Hospital of Hannan, Renmin Hospital of Wuhan University, Wuhan, PR China *Equal contribution

Correspondence to: Lin Xu; email: linxu2018@whu.edu.cnKeywords: microRNA-145, β-adrenergic signaling, cardiac remodeling, heart failure, myocardial infarctionReceived: February 18, 2020Accepted: April 28, 2020Published: June 18, 2020

Copyright: Liu et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY 3.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

ABSTRACT

Background: Numerous studies have highlighted the crucial role of microRNA-145 (miR-145) in coronary atherosclerosis and myocardial ischemia reperfusion injury. However, effects of miR-145 on β -adrenergic signaling and cardiac remodeling in heart failure (HF) remains unclarified.

Methods and Results: We established HF model in rats with left anterior descending coronary artery (LAD) occlusion. Four weeks after LAD ligation, rats showed substantial aggravation of cardiac dilation and electrophysiological instability. Up-regulation of miR-145 ameliorated HF-induced myocardial fibrosis and prolonged action potential duration. Echocardiography revealed increased basal contractility and decreased left ventricular inner-diameter in miR-145 over-expressed heart, while cardiac response to β -adrenergic receptor (β AR) stimulation was reduced. Furthermore, miR-145 increased L-type calcium current (I_{Ca}) density while decreased I_{Ca} response to β -adrenergic stimulation with isoproterenol. The alterations in β AR signaling might be predominant due to miR-145-mediated activation of Akt/CREB cascades. At high frequency pacing, Ca²⁺ transient, cell shortening and frequency of Ca²⁺ waves were significantly improved in AD-miR-145 group. Western blotting revealed that increased expression of Ca_v1.2, Ca²⁺-ATPase, β 2AR, GNAI3 and decreased level of CaMKII might be attributed to the cardioprotective effects of miR-145.

Conclusion: miR-145 effectively alleviates HF-related cardiac remodeling by improving cardiac dilation, fibrosis, intracellular Ca²⁺ mishandling and electrophysiological instability.

INTRODUCTION

Cardiac remodeling, which consists of electrical remodeling, structural remodeling and neural remodeling underlies the pathophysiological basis of heart failure (HF) [1, 2]. Despite great advances in drug and device therapy, excessive and irreversible remodeling remain a major threat to the prognosis of

HF patients [3]. Angiotensin converting enzyme inhibitors (AECI) and β -adrenergic receptor (β AR) antagonist can delay the progress of adverse remodeling. However, their clinical applications are limited in some patients due to adverse effects, such as hyperkalemia and hypotension. Therefore, more safe and effective therapeutic targets are sought imperatively for the prevention of cardiac remodeling. MicroRNAs (miRs) are highly conserved endogenous non-coding RNAs of around 23 nucleotides in length, and negatively modulate the expression of messenger RNA (mRNA) by suppressing translation or cleavage of multiple target mRNAs [4, 5]. Among miRs, miR-145 is abundantly expressed in cardiovascular system with various functions. Evidence showed that miR-145 could protect cardiomyocytes against apoptosis induced by hydrogen peroxide [6]. previously uncovered In addition. we the cardioprotective role of miR-145 against ischemia/ reperfusion injury [7]. However, in-depth mechanism regarding anti-malignant arrhythmia effects of miR-145 remains elusive, although miR-145 may represent a novel potential pharmacological therapeutic target, the underlying cardioprotective mechanism remains unclarified.

HF is featured by diminished response to catecholamines due to alterations in the β AR signaling [8]. HF-facilitated β2AR-receptor coupled GTP-binding protein i (G_i) signaling, thereby attenuating β1ARevoked maladaptive remodeling and cardiomyocytes apoptosis [9]. In the meantime, β 1AR-mediated increases in L-type Ca²⁺ current (I_{Ca}) and myocardial contractility via receptor coupled GTP-binding protein s (G_s)-protein kinase A (PKA) cascades may be inhibited as well [9]. Ca²⁺/Calmodulin-dependent protein kinase II (CaMKII) is another key protein in the regulation of I_{Ca} and intracellular Ca^{2+} homeostasis after HF. Pathological CaMKII overactivation results in a remarkable reduction of sarcoendoplasmic reticulum Ca2+ ATPase (SERCA) expression and hyperphosphorylation of ryanodine receptor 2 (RyR2). These changes may dramatically aggravate Ca²⁺ leakage, contractile dysfunctions and cardiac hypertrophy [10, 3]. CaMKII inhibition has been proved as a potential therapy against cardiac remodeling and arrhythmia [11], and recent researches demonstrated that CaMKII was a downstream target of miR-145 [7, 12].

Therefore, we presented the following questions based on the above-mentioned observations: 1) miR-145 may acts as a crucial regulator in CaMKII signaling pathway for determining cardiac remodeling after HF; 2) whether miR-145-induced depression on CaMKII might compensatorily promote β AR-G_s-PKA cascades, since both CaMKII and PKA activities are both required for the modulation of I_{Ca} channels and intracellular contractile myofilaments. Accordingly, we established HF models in rats with over-expressed miR-145 to verify this hypothesis. Meanwhile, the anti-remodeling validity of miR-145 was evaluated and compared with the aid of traditional medicine (combination of ACEI and β AR antagonist).

RESULTS

Relative expression of miR-145

Quantitative reverse transcription polymerase chain reaction (RT-qPCR) was used to detect the expression of miR-145 4 weeks after LAD ligation. As shown in Figure 1A, the level of miR-145 was significantly reduced in HF and AD-EGFP groups, while that was notably increased in AD-miR-145 group. These results suggested that successful transfection of miR-145 and HF could lead to a reduction in miR-145 levels.

Structural remodeling analysis

As shown in Figure 1D, myocardial structure in HF and AD-EGFP groups exhibited disordered arrangement with cardiomyocytes hypertrophy compared with Sham group 4 weeks after HF, while these disorganizations were partly attenuated in groups treated with miR-145 and M+C. Moreover, a notably LV fibrosis was also observed after HF, as revealed by enhanced collagen volume fraction (CVF) and IS (Figure 1B-1D). In addition, the protein expressions of type I college, type III college and α -smooth muscle actin (α -SMA), as indicators of collagen deposition, were markedly increased in HF and AD- EGFP groups (Figure 1E-1H). However, up-regulation of miR-145 or M+C treatment strikingly reversed HF-induced maladaptive collagen deposition featured by diminished CVF and IS. The above-mentioned results indicated that miR-145 could effectively suppress the maladaptive structural remodeling after HF, and its effectiveness was not inferior to the combination of ACEIs and β -AR antagonis.

Ponderal data

Weight gain of lung and heart are characteristics of advanced HF [13–15]. As shown in Table 1, HFinduced augments in lung weight (LW) and heart weight (HW) were reflected by the increase in LW/BW and HW/BW ratio respectively. However, these indicative parameters were notably alleviated in miR-145 and M+C groups. These findings highlighted that up-regulation of miR-145 was capable of attenuating HF-induced maladaptive remodeling.

Evaluation of electrocardiogram (ECG)-based parameters

ECG lead II was recorded and analyzed. The ECGbased parameters, including P waves duration, PR interval, RR interval and QRS interval, were similar among the 5 groups (Figure 2A–2E). However, repolarization (manifested by QT and QTc interval) was prolonged in HF and AD-EGFP groups (Figure 2F and 2G), while rats in miR-145 and M+C groups showed significantly shorter in QT and QTc intervals compared with those in HF and AD-EGFP groups. These results indicated that over-expression of miR-145 could reverse HF-induced prolongation of QTc.

Analysis of electrical remodeling

Action potential duration (APD) dispersion along with diminished threshold of APD alternans threshold are major factors leading to reentry ventricular arrhythmia [16–17]. As shown in Figure 3A–3C, LAD ligation resulted in a noticeably shorter APD₉₀ and decreased of threshold of APD alternans in HF and AD-EGFP groups. However, APD₉₀ in AD-miR-145 and M+C groups was markedly prolonged along with increased threshold of APD alternans. These data suggested that miR-145 over-expression could reduce HF-induced susceptibility to malignant ventricular arrhythmia. The results were further corroborated by programmed electrical stimulation (PES). As illustrated in Figure 3A and 3D, rats in HF and AD-EGFP groups were more vulnerable to ventricular tachycardia (VT) with potentially higher arrhythmia scores, while the electrophysiological instability was ameliorated





	Sham	HF	AD-EGFP	AD-miR-145	M+C
BW (g)	310.45±7.06	301.93±8.91	298.7±8.89	295.51±7.28	297.24±6.76
HW/BW (mg/g)	0.32±0.01	$0.40{\pm}0.02^{*}$	$0.42 \pm 0.02^{*}$	0.36±0.01*#&	0.37±0.01*#
LW/BW (mg/g)	0.38±0.01	$0.48{\pm}0.02^{*}$	$0.48{\pm}0.02^{*}$	0.43±0.02*#&	0.43±0.02*#
HR (bpm)	442.40±15.69	426.83±7.68	421.53±11.10	432.20±14.65	407.03±16.77

Table 1. Ponderal data for each group (n=6).

BW: body weight; LW: lung weight; HW: heart weight; *P<0.05, compared with sham group; #P<0.05, compared with HF group; &P<0.05, compared with AD-EGFP group. Data are presented as mean ± SD.

by up-regulation of miR-145 and M+C treatment. Previous study by Wang, et al. pointed out that APD₉₀ might be different at none infarcted zone (NIZ) and IBZ after MI, they demonstrated that the APD₉₀ in IBZ was significantly shortened while APD₉₀ in NIZ was markedly prolonged after MI [17], these serious changes might eventually manifest as the prolongation of QT interval. In addition, a study by Gui, et al. also supported our results [16]. They demonstrated that APD₉₀ in IBZ was significantly shortened after MI while QT interval detected by ECG was prolonged.

Altered cardiac function in vivo and attenuated response to β-adrenergic stimulation

To investigate the effects of miR-145 on cardiac functions in vivo, echocardiograph was performed on rats after lightly anesthesia. Rats in HF and AD-EGFP groups showed a notable deterioration of left ventricular (LV) dilatation and contractile dysfunction, manifested by enlarged in left ventricular internal dimension (LVID), both end-systolic and end-diastolic (LVIDs and LVIDd) as well as decreasing in ejection fraction (EF) and fractional shortening (FS)





(Figure 4 and Table 2). Strikingly, the above mentioned parameters of cardiac function were improved in the HF group that received miR-145 or M+C treatment. It was therefore unveiled that up-regulation of miR-145 caused protective effects against cardiac remodeling. Subsequently, we tested the cardiac response to β adrenergic stimulation via intraperitoneal injection of isoproterenol (ISO) at a dosage of 2.0mg/kg. As expected, ISO (5min after injection) markedly increased LV contractility along with narrowed internal dimensions in all the 5 groups. The increases in LVIDd and LVIDs were similar among the groups that received LAD ligation (Figure 4 and Table 2). Additionally, the changes in the rates of LVIDd EF and FS in AD-miR-145 group were significantly lower than those in HF and AD-EGFP groups, which indicated that miR-145 could induce a reduction in β -adrenergic stimulation. One thing we must mention is that, the relatively lower change rate in sham group does not necessarily mean MI group was more vulnerable to β AR



Figure 3. MiR-145 depressed the electrophysiological susceptibility of HF. (A) representative MAP recording at a PCL=150ms, APD alternans and PES; (B-D) statistical results of APD₉₀, APD alternans threshold and arrhythmia score ($n\geq5$); PCL, pacing cycle length; L, longer APD; S, shorter APD. Data are presented as mean \pm SD.



Figure 4. Representative images of M-mode echocardiography at baseline and 5min after ISO injection, respectively.

	LVIDd, mm	LVIDs, mm	EF, %	FS, %
Baseline	7.80±0.19	3.93±0.18	86.25±2.13	51.02±2.58
ISO	7.48±0.13	1.71±0.07	98.50±0.09	78.00±0.99
Rate of changes, %	-4.02 ± 1.87	-56.19±2.79	14.41±2.76	53.89±6.29
Baseline	$9.34 \pm 0.36^{*}$	$7.00 \pm 0.39^{*}$	55.17±2.16*	$25.29{\pm}1.35^*$
ISO	$8.05 \pm 0.26^{*}$	$4.20\pm0.0.40^{*}$	$85.67 \pm 2.92^*$	50.96±3.59*
Rate of changes, %	-13.63±2.16*	$-42.81 \pm 2.73^*$	55.53±3.92*	$101.79 \pm 9.48^*$
Baseline	$9.60 \pm 0.26^{*}$	$7.30{\pm}0.22^{*}$	$54.90 \pm 0.84^*$	$24.24{\pm}0.44^*$
ISO	$8.41 \pm 0.22^{*}$	$4.04 \pm 0.25^{*}$	$86.52{\pm}1.45^*$	$52.62{\pm}1.80^{*}$
Rate of changes, %	-11.99±2.15*	$-45.41 \pm 2.58^*$	58.01±3.46*	108.36±7.43*
Baseline	8.16±0.30*#&	5.62±0.23*#&	60.60±1.83*#&	30.20±1.39*#&
ISO	7.61±0.28 ^{#&}	3.15±0.0.35*#&	88.73±0.86*	$54.07{\pm}1.08^{*}$
Rate of changes, %	-5.45±1.54 [#]	-44.26±3.78*	42.16±4.31*#&	80.25±7.47*#&
Baseline	8.54±0.14 ^{*#}	5.99±0.16*#	62.17±2.34*#	29.83±1.56*#
ISO	7.58±0.0.12 [#]	3.27±0.32*#	89.44±1.21*	$56.17 \pm 2.02^*$
Rate of changes, %	-11.38±1.78*	-45.67±3.61*	44.65±4.32*#	89.42±5.98*#

*P<0.05, compared with sham group; #P<0.05, compared with HF group; &P<0.05, compared with AD-EGFP group. Data are presented as mean ± SD.

stimulation. The following reasons might be explanations: 1) EF at baseline in sham group maintained at a higher level ($86.25\pm2.13\%$), while EF in the presence of ISO reaches its ultimate status ($98.50\pm0.09\%$), the value of change rate in sham group might be computationally relatively lower; 2) It is because the high vulnerability to β AR stimulation of sham-operated rats that led their hearts beat to the top efficiency in the presence of ISO, part of them even reach at 99%, and these hypothesis were further confirmed in Part 2.8.

The role of miR-145 in alteration of β -adrenergic signaling pathway

To clarify the potential mechanism of miR-145 mediated reduction in cardiomyocyte response to β -adrenergic stimulation, proteins involved in β -AR signaling pathway were analyzed. As illuminated in Figure 5A–5E, the level of β 1AR was notably reduced while the levels of β 2AR and inhibitory G protein GNAI3 were significantly increased in AD-miR-145 group. compared with those in HF and AD-EGFP groups. The redistribution of β -AR variants and elevation of GNAI3 might account for the heterogeneous response to β -adrenergic stimulation since the activity of β 1/2AR-G_s-mediated PKA cascades could be effectively restricted by Gi-based β 2AR signaling [18–19]. Subsequently, indepth investigation was conducted to uncover the modulatory role of miR-145 in G_i-based β 2AR

signaling. The cAMP response element binding protein (CREB), which binds to cAMP response element in the promoter of β 2AR gene, can facilitate the expression of β 2AR [20]. In addition, CREB was also demonstrated to be a downstream target of protein kinase B (Akt), and a previous study indicated that miR-145 could remarkably promote the phosphorylation of Akt [21–22]. Hence, we speculated that miR-145 might promote the expression of β 2AR via Akt-CREB cascades. Results of Western blotting showed that, the expression of p-Akt and p-CREB were significantly increased in AD-miR-145 group compared with those in HF and AD-EGFP groups (Figure 5A, 5F and 5G). The present data verified our hypothesis and revealed the role of miR-145 in alteration of β -adrenergic signaling pathway.

Analysis of L-type Ca²⁺ current

Altered I_{Ca} density, voltage dependence of I_{Ca} activation, inactivation and I_{Ca} recovery time constants

The myocytes isolated from infarct border zone (IBZ) were used to determine the transmural variation in I_{Ca} density. In AD-EGFP and AD-miR-145 groups, cardiomyocytes stained with EGFP were selected for analysis. We found that the peak I_{Ca} ($I_{Ca-peak}$) density was notably decreased in HF and AD-EGFP groups compared with that in Sham group (Figure 6A–6C). Conversely, AD-miR-145 and M+C treatment

compensatorily enhanced I_{Ca-peak}. The above-mentioned findings suggested that miR-145 had the effects of promoting I_{Ca} density. Subsequently Western blotting was carried out to investigate the molecular mechanism of miR-145-mediated increases in I_{Ca}. The results of the present study showed that HF significantly activated CaMKII and promoted Cav1.2 expression (Figure 6G-6J), and this reduction in Cav1.2 expression was consistent with the diminished I_{Ca} density in HF. We have previously demonstrated that CaMKII could notably facilitate nuclear translocation of NF-kB p65 thereby resulting in reduction of Cav1.2 channel expression [23-24]. Accordingly, up-regulation of miR-145 markedly decreased the expression and phosphorylation of CaMKII thereby reversing NF-kB p65 nuclear translocation [23-24]. Collectively, the abovementioned findings may well explain the increases in I_{Ca} observed in AD-miR-145 groups. In contrast to our results, Zhang et al [25] reported that the increased I_{Ca} in AC3-I MI mice were associated with increased PKA activity. Even so, neither total PKA expression nor its phosphorylation form has statistically changed in our experiment (Figure 5A and 5D). The inconsistent results might be attributed to the difference in CaMKII inhibition. An up-regulated miR-145 level was more likely to maintain CaMKII at a low expression level, and the remaining CaMKII might be expected to boost

CaMKII activity that was sufficient to maintain its physiologic regulator role without over-activated or inhibited. This largely but incompletely suppression of CaMKII activity did not cause a compensatory increase in PKA activity (Figure 5A and 5D).

The activation conductance variable (I/I_{max}) was fitted by Boltzmann function [26] to determine the activation kinetics. As displayed in Figure 6D, activation curves were significantly right-shifted in HF and AD-EGFP groups. Although up-regulated miR-145 and M+C pretreatment partially reversed HF-induced rightshifted activation curve, no significant difference was observed on activation kinetics among the groups that received LAD ligation (Table 3). Afterward, a doublepulse protocol was implemented to determine I/I_{max} for the voltage-dependent inactivation of Ica. This variable was further fitted to the Boltzmann function to indicate inactivation kinetics. No significant difference was found in groups that received LAD ligation (Table 3), while the mean values of fast and slow time constants (τ 1 and τ 2), achieved by double exponential function [23], were robust prolonged after HF (Table 3). Eventually, the time course of I_{Ca} recovery from inactivation was fitted to mono-exponential function. As shown in Figure 6F and Table 3, the recovery time constants in AD-miR-145 and M+C groups were



Figure 5. Role of miR-145 in alteration of β -adrenergic signaling. (A) Representative western blots. (B–G) quantitative analysis of the immunoreactive band displayed by bar graph (n=3). Data are presented as mean \pm SD.

notably accelerated compared with those in HF and AD-EGFP groups. The miR-145-mediated acceleration of I_{Ca} recovery might also play a substantial role in the restoration of APD and electrophysiological instability.

Overexpression of miR-145 reduced I_{Ca} vulnerability to β -adrenergic stimulation

After basal I_{Ca} was determined and reached a steady state, the given cardiomyocytes were exposed to 1μ mol/l ISO to evaluate the I_{Ca} vulnerability to



Figure 6. miR-145 increased I_{Ca} density and reduced the sensitivity of HF to β -adrenergic stimulation. (A) representative I_{Ca} traces recording; (B) I_{Ca} -voltage relationship of cardiomyocytes ($n \ge 7$); (C) summary of peak I_{Ca} ($n \ge 7$); (D) the steady-state I_{Ca} activation curves ($n \ge 7$); (E) the steady-state I_{Ca} inactivation curves ($n \ge 7$); (F) the recovery curves following inactivation ($n \ge 7$); (G) representative western blots of $Ca_v1.2$, p-CaMKII and CaMKII; (H–J) quantitative analysis of the immunoreactive band displayed by bar graph (n=3); (K) I_{Ca} -voltage relationship in presence of ISO for each group ($n\ge 7$); (L) summary of peak I_{Ca} in the presence of ISO ($n\ge 7$); (M) changes of peak I_{Ca} for each group ($n\ge 7$); (A) sham group; (B) HF group; (C) AD-EGFP; (D) AD-miR-145 group; (E) M+C group. Data are presented as mean \pm SD for C, H, I, J, L and M. While for B, D, E, F and K, data are presented as mean \pm SEM.

	Sham	HF	AD-EGFP	AD-miR-145	M+C
$I_{Ca-peak}$ decay time constant, ms					
$ au_1$	6.54±1.16	10.57±0.95*	10.46±1.13*	9.59±0.83*	10.46±0.89*
τ_2	44.66±6.29	65.67±6.73*	65.96±9.44*	59.52±3.28*	62.01±8.51*
I _{Ca} activation kinetics					
V _{1/2} , mV	-9.35 ±1.93	-4.18±2.26*	-4.84±2.65*	-6.67±1.54*	-7.17±2.78*
Κ	3.65±0.38	4.65±0.36*	4.79±0.38*	4.18±0.24*	4.09±0.32*
I _{Ca} inactivation kinetics					
V _{1/2} , mV	-19.56±1.35	-18.07±1.30	-17.57±2.48	-17.32±1.25	-17.88±2.03
Κ	-1.45±2.01	0.16±3.06	-0.94±2.67	3.61±1.59	-0.84±2.39
I_{Ca} recovery time constant					
τ, ms	101.55	144.36	154.39	111.31	120.86
	±9.08	$\pm 7.88^{*}$	±13.30*	±11.56 ^{#&}	±3.37*#

Table 3. I_{Ca} characteristics (n \geq 7).

 $V_{1/2}$: half-maximal activation or inactivation; K: slope factor; τ : time constant; *P<0.05, compared with sham group; #P<0.05, compared with AD-EGFP group. Data are presented as mean ± SEM.

 β -adrenergic stimulation. The results uncovered that the increase in I_{Ca-peak} induced by ISO was less prominent in AD-miR-145 and M+C groups than that of HF and AD-EGFP groups (Figure 6K–6M). It is noteworthy that miR-145-evoked G_i-biased β 2AR signaling might be related to reduction of β 1AR-G_s-PKA cascades-mediated facilitation of I_{Ca} (Figure 5A, 5C and 5D). These data demonstrated that up-regulation of miR-145 reduced the vulnerability to β -adrenergic stimulation of I_{Ca} a mouse model of HF.

Intracellular Ca²⁺ handling in response to HF

Altered F_0 in cardiomyocytes

 F_0 represents intracellular cytosolic Ca²⁺ concentration in resting-state. In AD-EGFP and AD-miR-145 groups, cardiomyocytes stained with EGFP were chosen for analysis of Ca²⁺ homeostasis. As illustrated in Figure 7A and 7B, F_0 in HF and AD-EGFP groups exhibited a higher level compared with that in Sham group. However, F_0 was significantly diminished in AD-miR-145 and M+C groups. The above-mentioned finding indicated that ADmiR-145 and M+C treatment could effectively decrease Ca²⁺ leakage of cardiomyocytes in resting state.

The frequency of Ca²⁺ transient

We simultaneously recorded Ca^{2+} transients and cardiomyocytes shortening in response to different

stimulation rates at 1~3 Hz. The results showed that systole Ca²⁺ transients were markedly decreased in HF and AD-EGFP groups at 1Hz (Figure 7D and 7E). However, systole Ca²⁺ transients were remarkably higher in miR-145 and M+C groups than those in HF group at 1Hz. It is well-known that Ca²⁺-induced Ca²⁺ release plays a crucial role in cardiac contraction. When the release of intracellular Ca^{2+} is triggered by I_{Ca}, the myofilament is driven to contracted [27], and this phenomenon is also known as excitationcontraction coupling. Therefore, the decreased Ca²⁺ transients in the current study were at least partly related to the corresponding reduction in I_{Ca} (Figure 6A and 6B), which might promote Ca^{2+} released from SR. However, such advantage of systole Ca²⁺ transients in AD-miR-145 and M+C groups at 1Hz were not observed at 3Hz. We speculated that frequency-dependent activation of CaMKII might be an explanation, activated CaMKII could further modulate PLB (Thr17)/SERCA2a cascades so as to promote sarcoplasmic reticulum (SR)-Ca²⁺-re-uptake and then increase systole Ca²⁺ transients. In addition, systole Ca²⁺ transients were dramatically increased in all the groups in the presence of ISO (Figure 7F). It also was noted that β -adrenergic stimulation induced an increase in I_{Ca}, which could promote SR Ca²⁺ release, might account for these changes. Moreover, β-adrenergic stimulation could

further activate CaMKII and PKA thereby facilitating SR-Ca²⁺-re-uptake as well as promoting systole Ca^{2+} transient.

We further analyzed diastole Ca^{2+} transients with the same filed stimulation protocol. With the increase of stimulation frequency, diastolic Ca^{2+} transients in HF and AD-EGFP groups were markedly increased at

3Hz compared with those in Sham group (Figure 7D, 7G). However, HF-induced diastole Ca^{2+} transients augment were significantly attenuated by upregulation of miR-145 at 3Hz. The above-mentioned results indicated that a superior extent of frequency-dependent acceleration of relaxation (FDAR) could be observed after miR-145 treatment. We considered that miR-145-mediated depression on CaMKII over-activation



Figure 7. miR-145 ameliorated HF-induced defective in Ca²⁺ homeostasis. (A) representative imagines of resting fluorescence at baseline (The arrow marks cardiomyocyte stained with Rhod-2AM); (B) statistical analysis of F₀ ($n \ge 9$); (C) representative imagines of cardiomyocytes sarcomere shortening from isolated HF hearts; (D) representative recording (F/F₀) of steady-state Ca²⁺ transients followed by Ca²⁺ waves (The arrow marks Ca²⁺ wave); (E–H) statistical analysis of Ca²⁺ transients in systole and diastole (Baseline and in presence of ISO, $n \ge 9$); (I–J) statistical analysis of cell shortening (Baseline and in presence of ISO, $n \ge 9$). Data are presented as mean \pm SD.

might be an explanation. Especially when CaMKII was highly activated after HF, such changes could finally aggravate the phosphorylation of RyR2, Ca²⁺ leak and deterioration in FDAR. Similar results were observed when given cardiomyocytes were exposed to ISO (Figure 7H). ISO could notably facilitate β1AR-G_s-PKA signaling thereby leading to hyperactivation of RyR2 at Ser2808 and deterioration in Ca²⁺ leak. However, such disadvantages could be influenced by miR-145 treatment, since miR-145-evoked β2AR-Gi signaling could restricts the activation of β1AR-G_s-PKA cascades. Previous studies demonstrated that the phosphorylation of CaMKII is necessary for FDAR, and suppression of CaMKII activity may result in diastolic dysfunction [28]. Our findings may be justified as follows:: 1) The remaining activity of CaMKII might be sufficient to accommodate the needs of FDAR in AD-miR-145 group; 2) Diastolic Ca²⁺-elimination due to SR-Ca²⁺-re-uptake via PLB/ SERCA2a cascades played a role in facilitating FDAR. As shown in Figure 8C and 8H, the expression of SERCA was significantly higher in AD-miR-145 group than that in other groups that received LAD ligation, suggesting that cardiomyocytes in AD-miR-145 group outperformed those in diastolic Ca2+-elimination.

Consistent with the changes of Ca^{2+} transients, FS were significantly reduced at different frequencies of pacing (Figure 7I and 7J) in HF and AD-EGFP groups, which indicated that HF could dramatically impair cardiac

reserve. However, FS in M+C group was significantly higher at 1Hz compared with HF group, while such an advantage was not noted at 3Hz due to an undesirable augment in diastolic Ca^{2+} transients. However, up-regulation of miR-145 noticeably improved FS at a frequency of 3Hz compared with that in M+C group, and at all stimulation frequencies compared with HF AD-EGFP groups. These and outcomes demonstrated that over-expression of miR-145 could ameliorate HF-impaired cardiac reserve and a superior cardiac performance was achieved at a higher frequency of pacing or workload conditions compared with traditional M+C treatment.

The incidence of Ca^{2+} waves

 Ca^{2+} waves could directly reflect the degree of Ca^{2+} sparks and Ca^{2+} leak, and were calculated following 30s after subjecting to different frequencies of pacing. We found that HF significantly promote the frequency of Ca^{2+} waves at 1Hz (Figure 8A), and with the increase of pacing frequency, Ca^{2+} waves were remarkably increased in HF, AD-EGFP and M+C groups compared with AD-miR-145 group at 3Hz (Figure 8A). The frequency-dependent activation of CaMKII may account for the promotion of Ca^{2+} waves, in which CaMKII-mediated phosphorylation of RyR2 may lead to an increase in SR Ca^{2+} leak. The western bolt further confirmed our results. As shown in Figure 8C, 8F and 8G, expression of phosphorylated RyR2 at



Figure 8. miR-145 ameliorated HF-induced defective in Ca²⁺ homeostasis. (A–B) statistical analysis of Ca²⁺ waves (Baseline and in presence of ISO, n≥9); (C) Representative western blots; (D–H) quantitative analysis of the immunoreactive band displayed by bar graph (n=3). (a) sham group; (B) HF group; (C) AD-EGFP; (D) AD-miR-145 group; (E) M+C group. Data are presented as mean \pm SD.

Ser2814 were significantly increased in HF and AD-EGFP groups while up-regulation of miR-145 and M+C treatment markedly suppressed the activation of RyR2 (Ser2814).

Therefore, it can be concluded that up-regulation of miR-145 is capable of restraining Ca^{2+} waves or even Ca^{2+} sparks and Ca^{2+} leak, thereby ameliorating cardiac performance and arrhythmia risk. Furthermore, these cardioprotective effects might be somewhat superior to M+C treatment. The experiment was repeated in the presence of ISO and results were similar to those of $\hat{C}a^{2+}$ waves that were observed at baseline (Figure 8B), which indicated that cardiomyocytes treated with AD-miR-145 were more tolerant to high frequency field stimulation as well as β-adrenergic stimulation.

DISCUSSION

The results of the present study revealed cardioprotective role of miR-145 in HF. It was unveiled that up-regulation of miR-145 could notably promote β 2AR-GNAI3 signaling and suppress HF-induced over-activation of CaMKII cascades thereby preventing adverse cardiac remodeling response including myocardial fibrosis, cardiac dysfunction and malignant arrhythmia. The results indicated that miR-145 could be a biological specific target to effectively modulate the activity of CaMKII, and might have potentially broad implications for treatment of cardiac anti-remodeling after HF.

Alteration in β -adrenergic signaling pathway

Numerous evidences have revealed the pivotal roles of $\beta 1AR$ and $\beta 2AR$ in determining the fate of cardiomyocytes [8, 29]. A number of scholars highlighted the cardioprotective effects of $\beta 2AR-G_i$ coupling on inhibition of maladaptive remodeling induced by β -adrenergic stimulation [30]. However, β 2AR-G_i coupling may functionally restrict β 1/2AR-Gs-mediated cAMP/PKA cascades thereby leading to dysfunction of cardiac performance and BARmediated inotropic response in HF [19]. The results of the current research showed that over-expression of miR-145 significantly promote the expression of β2AR and GNAI3 via activation of Akt-CREB signaling, and cardiac response to βAR stimuli (induced by ISO) was diminished. It is well-known that attenuated response to BAR activation is associated with a reduction in cardiac reserve [23]. However, cardiac performance, I_{Ca} amplitude and Ca²⁺ transients in AD-miR-145 group remained superior or not inferior to that of HF and AD-EGFP groups at baseline or in the presence of ISO. On the contrary, electrophysiological instability and Ca²⁺

mishandling brought by βAR stimulation was notably attenuated in AD-miR-145 groups compared with those in HF and AD-EGFP groups. It can be therefore concluded that, miR-145 transfection created an appropriate balance between $\beta 1AR-G_s$ and $\beta 2AR-G_i$ signaling as well as CaMKII cascades in HF.

miR-145 attenuated cardiac structural remodeling

The findings of the present study also showed that miR-145 was notably decreased with pronounced activation of CaMKII 4 weeks after HF. Stimulation of B2AR-GNAI3 coupling has been proven to play a cardioprotective role in HF, which was manifested by depression on loss of cardiomyocytes, cardiac apoptosis and maladaptive remodeling [30]. Results of previous studies confirmed our data that miR-145 treatment facilitated *β*2AR-GNAI3 signaling and dramatically decreased infarcted size. A prior study demonstrated that chronic CaMKII inhibition plays a protective role against HF-induced cardiac structural remodeling by attenuating pro-inflammatory chemoattractant signaling [31]. In addition, transgenic over-expression of CaMKIIδ was observed to alter intracellular Ca²⁺ homeostasis, which led to cardiac remodeling in mice in vivo [32], while deletion of CaMKIIS relieved the progression of HF. Recently, CaMKII was proven to be a downstream target of miR-145, and up-regulated miR-145 could effectively suppress pathological of overactivation CaMKII [12, 33]. Consistent with our results, up-regulation of miR-145 intensively inhibited the expression and phosphorylation of CaMKII, and subsequently alleviated HF-triggered LV remodeling via diminishing myocardial fibrosis and infarct size as well as promoting cardiac contraction. Furthermore, miR-145 was also reported to exert additional infarct size-reducing effects by accelerating autophagy [21] and down regulating PDCD4 [34].

miR-145 suppressed HF-induced electrophysiological instability

APD dispersion is a representative factor leading to malignant arrhythmia. The findings of the current research unveiled that APD₉₀ was dramatically shortened at IBZ after MI, which indicated an increased susceptibility to VT [35–36]. These results were further confirmed by PES, as evidenced by elevated arrhythmia scores. However, miR-145 over-expressed hearts markedly reversed HF-induced electrophysiological instability. APD is closely associated with cardiac repolarization which is mainly determined by the balance of inward and outward membrane current [37]. HF strikingly impairs L-type Ca²⁺ channel functions and thereby a relatively higher outward K⁺ current can finally promote cardiac repolarization, thereby resulting

in shortened APD. We therefore assessed the effect of miR-145 on I_{Ca}. As expected, miR-145 significantly increased I_{Ca} density which might partly contribute to the prolongation of APD after HF. Previous studies pointed that CaMKII could promote nuclear translocation of NF-kB p65, during which process the latter inhibited the expression of Ca_v1.2 and finally led to decrease in I_{Ca} [23, 38]. However, miR-145 can reverse the down-regulation of Ca_v1.2 due to excessive activation of CaMKII and decreased APD dispersion thereby protecting against maladaptive electrical remodeling after HF. However, miR-145-evoked B2AR- G_i coupling might depress β 1AR- G_s -PKA cascades, exerting a downward influence on I_{Ca}, and no significant differences were observed in the expression of PKA or phosphorylated PKA among the groups that received LAD ligation.

miR-145 improved intracellular Ca²⁺ homeostasis

Intracellular Ca²⁺ homeostasis is widely accepted as a major factor that may lead to cardiac dysfunction and malignant arrhythmia. HF-induced chronic overactivation of CaMKII noticeably promotes the phosphorylation of RyR2, SR Ca²⁺ leak and intracellular Ca²⁺ overload. In the meantime, SERCA2adependent Ca²⁺ re-uptake, Ca²⁺ transients, and SR-Ca²⁺ content, and cell shortening are impaired, and

these changes contributed to the reduction threshold of APD alternans [39] and may constituted a the pathophysiological basis for HF and arrhythmia [18, 40]. The present study supported these findings via an impaired electrophysiological stability, in addition to cardiac systolic and diastolic functions after HF. In addition, such disadvantages were particularly obviously at 3HZ. Hyperphosphorylation of RyR2 due to frequency-dependent activation of CaMKII further aggravate the disability of cardiac diastole and SR-Ca²⁺ leak. In addition, inappropriate elevation of SR Ca²⁺ leak can finally promote Ca²⁺ waves and arrhythmogenic inward Na^+/Ca^{2+} exchange (NCX1) current, leading to delayed afterdepolarization and VT. Consistent with finding of the present study, Lu et al. [41] demonstrated that CaMKII could further promote NCX1 expression while attenuate the level of SERCA, thereby disturbing intracellular Ca²⁺ homeostasis in HF models in vivo. However, up-regulation of miR-145 relieved the over-activated CaMKII-mediated defection of intracellular Ca²⁺ homeostasis, indicating that miR-145a the potential to ameliorate Ca²⁺ mishandling after HF. More importantly, this largely incomplete inhibition could partly preserve the activity of CaMKII, which was required to maintain its physiological functions, and we it may be a more clinically relevant approach that can be applied in HF treatment.



Figure 9. Mechanisms of miR-145-mediated cardioprotective effects against MI. miR-145 promotes the expression of β 2AR via activation of Akt/CREB cascades and enhances β 2AR-G_i activity, which in turn restricts β 1/2AR-G_s signaling and leads to reduced response to β -adrenergic stimuli. Furthermore, MI-induced hyperactivation of CaMKII promote RyR2-mediated Ca²⁺ release and result in activation of NCX1, which finally leads to delayed depolarization. At the meantime, CaMKII suppressed SERCA2a and Ca_v1.2 expression via HDAC4 and NF- κ B (p65) pathway respectively, thus impair Ca²⁺ re-uptake, excitation-contraction coupling and cardiac performance. However, miR-145-mediated inhibition on CaMKII expression partially reversed the related disadvantages.

Of note, traditional anti-remodeling treatment (combination of ACEIs and β -AR antagonist) remarkedly reduced HF-induced phosphorylation of Ca^{2+} CaMKII. thereby attenuating intracellular oscillation. However, frequency-dependent activation of CaMKII could not be effectively inhibited by M+C treatment. These phenomena prompted us the fact that in certain unusual circumstances such as workload and tachycardia. Hence, it can be concluded that M+C treatment may not achieve expected improvement on cardiac performance and arrhythmia risk owing to frequency-dependent hyperactivation of CaMKII. On the contrary, the disadvantages of M+C treatment may be elucidated by upregulation of miR-145 as evidenced in the current study.

The role of miR-145 in HF treatment

1) Traditional medicine (combination of ACEIs and βAR antagonist) could improve the prognosis of HF by suppressing cardiac remodeling. However, the performance of cardiomyocytes in M+C group was not highly appropriate as evidenced by a deterioration in diastolic dysfunction and incidence of Ca²⁺ waves at a high pacing rate. This phenomenon might be attributed to the differential inhibition of CaMKII, and the positive role of miR-145 might be related to a better prognosis for HF patients, especially in response to workload and stress conditions; 2) The clinical application of combination of ACEIs and β -AR antagonist might be limited by various contraindications, such as bradycardia, renal insufficiency and hypotension: 3) miR-145 might provide additional anti-atherosclerosis effects, which was manifested by limiting atherosclerotic plaque morphology, cellular composition and shifting from rupture plaque to stable one [42–43].

Limitations

Cardiac K^+ currents play a substantial role in determination of APD and hyperactivation of CaMKII in order to impair the function of K^+ channel, thereby causing dispersion of APD [44]. Analysis of K^+ currents with corresponding channel protein will be more effective to figure out the anti-electrical remodeling effects of miR-145.

CONCLUSION

In summary, the present study demonstrated for the first time that miR-145 could prevented cardiac structure and electrical remodeling via ameliorating myocytes fibrosis, cardiac contractility, electrophysiological instability and intracellular Ca²⁺ homeostasis in response to HF. These cardioprotective effects may be predominantly due to the alteration of β AR signaling

and chronical inhibition of hyperactivated CaMKII cascades (Figure 9). Considering the unique characteristics of miR-145 under workload and stress conditions, it may serve as a new therapeutic target for the treatment of HF in the future.

MATERIALS AND METHODS

Animals

Male Sprague-Dawley rats (aged, 7-8 weeks; weight, 230-260g) were acclimatized to laboratory conditions on a 12/12h light/dark cycle with ad libitum access to food and water. The experimental animal protocols were carried out in accordance with the Guide for the Care and Use of Laboratory Animals (NIH, Bethesda, MD, USA), and were approved by the Institutional Animal Care and Use Committee of Wuhan University.

HF model and experimental design

HF models were established as previously described [45–46]. Briefly, thoracotomy and pericardiotomy were conducted under anesthesia to exposure heart. Subsequently, a 6-0 silk suture was snugly secured approximately 2mm below the left atrial appendage to ligate the left anterior descending coronary artery (LAD). A remarkable elevation of ST segment and pillarization of epicardium was considered as successful modeling of myocardial infarction (MI).

Rats were randomly assigned into five groups: A. Sham group, the sham-operated control group; B. HF group, intragastric administration of normal saline for 4 weeks after ligation of LAD; C. AD-EGFP group, transfection with AD-EGFP after ligation of LAD; D. AD-miR-145 group, transfection with AD-miR-145 after ligation of LAD; E. M+C group, intragastric administration of metoprolol (Sigma-Aldrich, St. Louis, MO, USA; 250mg/kg/d, dissolved in normal saline) and captopril (Sigma-Aldrich, St. Louis, MO, USA; 100mg/kg/d, dissolved in normal saline) for 4 weeks after ligation of LAD. Rats were sacrificed 4 weeks after MI, and BW, LW and HW were calculated.

Transfection of AD-miR-145 into the heart

Adenovirus carries an enhanced green fluorescent (EGFP) gene. The heart was exposed as described above. Besides, 100μ l of AD-miR-145 (1×10¹¹PFU, GeneChem Co.,Ltd, Shanghai, China) or AD-EGFP(1×10¹¹PFU, GeneChem Co.,Ltd, Shanghai, China) were immediately injected into 5 sites of IBZ using a 33-gauge needle after LAD ligation. Rats were allowed to recovery after injection.

PCR (RT-qPCR)

Total RNA was isolated using TRIzol Reagent (Life Technologies, Carlsbad, CA, USA) according to the manufacture's protocol. RT-qPCR was performed on an ABI-PRISM 7900 Sequence Detection System (ELK Biotechnology, China). The primers used in this study were as follows for: miR-145-5p (forward): TGTCCAGTTTTCCCAGGAATC; miR-145-5p (reverse): CTCAACTGGTGTCGTGGAGTC; U6 (forward): CCT GCTTCGGCAGCACAT, U6 (Reverse): AACGCTTC ACGAATTTGCGT. The relative expression of miR-145 was normalized to U6 and calculated using the $2^{-\Delta\Delta Ct}$ method.

Echocardiography

Echocardiography was conducted on lightly anesthesia rats 4 weeks after HF as previously described [23, 47]. Echocardiography parameters were measured at the midpapillary level from well-aligned M-mode images to obtain variables as follows: LVIDd, LVIDs, LVEF and FS. The protocol was repeated 5min after intraperitoneal injection of ISO (2mg/kg).

Histological evaluation

Heart samples were paraffin-embedded 4 weeks after HF, then the hearts were sectioned laterally into several slices (5µm) at left ventricle papillary muscle level and were stained with hematoxylin and eosin (H&E) or Masson's trichrome. Finally, the stained sections were visualized at $4\times$ and 400×magnification for morphological analysis. For CVF, 5 random fields per slice from IBZ were analyzed. Infarct size (fraction of the infarcted LV, IS) was quantified as the average of all slices and expressed as percentage of length [48].

ECG

Surface lead II ECG was recorded before programmed electrical stimulation (PES) on lightly anesthesia rats 4 weeks after HF. ECG signals were recorded at 1 kHz sampling rate continuously, and a stable periods of 5 min were measured by LabChart 7.8 (ADInstruments, Sydney, Australia) to obtain RR interval, PR interval, QRS duration and QT interval. The corrected QT (QTc) interval was calculated using Bazett's formula [26]: $QTc = QT/(RR/100)^{1/2}$.

PES

Rat was lightly anesthetized, and the heart was exposed as described above. ECG (LabChart 7.8, AD instruments) was continuously monitored during PES procedure and the protocol for PES was carried out

according to published methods [49]. Briefly, a custommade platinum electrical stimulator was placed at the IBZ. A drivetrain of 8 stimuli of S1 at a pacing cycle length (PCL) of 120ms was delivered, followed by 1-3 extrastimuli (S2, S3 and S4) at 2ms decrements until effective refractory period was reached. To quantify the inducibility of ventricular tachyarrhythmias (VT), an arrhythmia scoring system was implemented as follows [50]: 0, noninducible preparations; 1, nonsustained VT induced with three extrastimuli; 2, sustained VT induced with three extrastimuli; 3, nonsustained VT induced with two extrastimuli; 4, sustained VT induced with two extrastimuli; 5, nonsustained VT induced with one extrastimuli; 6, sustained VT induced with one extrastimuli; 7, VT induced during the eight paced beats; 8, cardiac arrest without pacing. VT lasted > 15beats or lasted around 6-15 beats was defined as sustained VT or nonsustained VT respectively. The highest score was calculated when multiple arrhythmias were induced.

Monophasic action potential (MAP) recording

Langenbdorff-perfused heart was prepared using Tyrode's solution (mmol/L: 135 NaCl, 5.4 KCl, 1.8 CaCl₂, 1.0 MgCl₂, 0.3 Na₂HPO₄, 10 HEPES, and 10 glucose; pH adjusted to 7.35 with NaOH) as previously described [51]. A custom-made Ag-AgCl electrode was used for MAP recording at the IBZ, and a paired platinum electrical stimulating electrode was placed at the basal surface of the right ventricle to deliver delivered 2ms square-wave stimulation pulses. APD signals were amplified, band-pass filtered and recorded between 0.3HZ and 1HZ by a dual bioamplifier (LabChart 7.8,; ADInstruments, Sydney, Australia). A drivetrain of 100 stimuli of S1 set with a PCL shorten from 150ms to 100ms at 10ms decrements and then to 50ms at 5ms decrements was delivered. APD₉₀ was defined as the average of zero-phase depolarization to the 90% repolarization time for 8 successive MAPs. APD alternans was considered when alternate APD₉₀ differ by 5% over at least 10 beats [52]. When multiple ADP₉₀ alternans were induced, the longest PCL was calculated as threshold of ADP₉₀ alternans.

Cell isolation

Four weeks after MI, ventricular myocytes from IBZ were isolated by enzymatic digestion after perfusion of heart with type II collagenase (Worthington Biochemical Corporation, Lakewood, NJ, USA) using a previously described method [53]. Isolated myocytes were stored in Ca²⁺-free Tyrode's solution plus 1 mg/ml bovine serum albumin at room temperature. Experiments were completed within 5h after isolation of ventricular myocytes.

Patch-clamp recording

Whole-cell configuration of the patch-clamp technique was used for current clamp and voltage-clamp electrophysiological recordings using the EPC-9 patchclamp amplifier (HEKA Elektronik, Lambrecht, Germany). Single cardiomyocyte was placed in an experimental chamber that was perfused with external solution (mmol/L: 100 choline chloride, 35 NaCl, 5.4 KCl, 1.8 CaCl₂, 1.0 MgCl₂, 0.33 NaH₂PO₄, 10 HEPES, 10 glucose, 0.1 BaCl₂·2H₂O, 5 4-aminopyridine; pH adjusted to 7.35 with NaOH) and mounted under an inverted fluorescence microscope (IX70; Olympus, Tokyo, Japan). The detection of ICa was carried out using a glass microelectrode (maintained with a $3.0-5.0M\Omega$ resistance and perfused with pipette solution (mmol/L): 120 CsCl, 1.0 CaCl₂, 5.0 MgCl₂, 5.0 Na₂ATP, 11 EGTA, 10 HEPES and 11 glucose, pH adjusted to 7.35 with CsOH) at 20-25°C. The mean capacitance and series resistance of given cardiomyocyte was maintained below 25 M Ω . The protocol was ditally sampled at 10kHZ with low-pass filtered at 1kHZ and was repeated in the presence of 1µmol/l ISO.

The following experiment was carried out for the detection of voltage dependence of I_{Ca} : a holding potential of -50mV was used and steps of 300-ms duration test pulse from -50mV to +60mV in 10-mV were preceded by a 50-ms prepulse of -50mV. A double-pulse protocol (300ms conditioning pulse at different potential ranging from -50mv to +60mv, followed by a 300ms test pulse to +10mv) was applied to determine the voltage-dependent inactivation of I_{Ca} . The recovery time from inactivation was evaluated using the following double-pulse protocol: two identical pulse with holding potential from -50mV to +20mV for 300ms were applied, followed by a variable time from 30 to 480ms at an interval of 30ms.

Electrical field stimulation experiments

Isolated myocytes were incubated with Ca2+ indicator Rhod-2AM (5umol/L. Invitrogen, Carlsbad, CA, USA) in Tyrode's solution at 37°C for 50 min. The mixture was resuspended every 5min. Subsequently, the loaded cardiomyocytes were de-esterified for 10min and stored in dye-free Tyrode's solution. Rod-shaped myocytes with clear striations, and stable contractions were selected for cell shortening, resting fluorescence (F₀), Ca²⁺ transients and Ca²⁺ waves analyzing. The fluorescence intensity of Rhod-2AM (measured at 579 nm upon excitation at 549 nm) was acquired by whole-cell Ca²⁺ imaging with a Leica AF6000 fluorescence microscope (Leica Microsystems Inc, Germany). A custom-made chamber equipped with paired platinum stimulating electrodes was used to dissipate field stimulation. Cardiomyocytes were electrically paced at a range of 1 and 3Hz with 8 pulses followed by a 30s pause, in which the frequency of Ca^{2+} waves were quantified in that period. Fluorescence was normalized to F₀. Cell length under contraction (systolic length) and relaxation (diastolic length) was analyzed using LAS X. FS was calculated according to the following equation [54]: (diastolic length-systolic length)/ diastolic length×100%. The experiment was repeated in the presence of 1µmol/l ISO.

Protein analysis

Heart samples were immediately stored in -80°C before western blot analyses performed. Western blot was performed as previously described [7]. Briefly, proteins were extracted from IBZ and the concentrations of protein were acquired using a BCA protein concentration assay kit (Sigma Aldrich, Germany). Equal amounts of protein (40µg) were electrophoresed on 10% SDS-PAGE and were transferred to PVDF membranes, which were then incubated with corresponding primary antibodies overnight at 4°C. Subsequently, membrane strips were extensive washed by TBST and a secondary antibody was applied to detect the primary antibody binding. Protein bands were analyzed with a chemiluminescence method, and AlphaEaseFC software processing system (Alpha Innotech, USA) was used to calculate the optical density of target bands. The following primary antibodies were used for western blot analysis: GAPDG (1:10000, Abcam), p-PLB-Ser16 (1:1000, Thermo Fisher Scientific), p-PLB-Thr17 (1:500, Badrilla), PLB (1:1000, Badrilla), p-RyR-Ser2808 (1:200, Abcam), p-RyR-Ser2814 (1:500, Badrilla5), RyR2 (1:500, Abcam), SERCA2-ATPase (1:3000, Abcam), p-PKA (1:1000, Abcam), \$1AR (1:500, Bioss), \$2AR (1:500, Bioss), GNAI3 (1:2000, Abcam), p-CaMKII (1:1000, Abcam), CaMKII (1:500, Abcam), Cav1.2 (1:200, Abcam), collagen I (1:1000, Abcam), collagen III (1:500, Abcam), α-SMA (1:10000, Abcam), p- protein kinase B (Akt, 1:1000, Cell Signaling Technology), Akt(1:3000, Cell Signaling Technology), p-cAMP response element binding protein (CREB, 1:500, Cell Signaling Technology), CREB (1:1000, Cell Signaling Technology).

Statistical analysis

Statistical analysis was performed using SPSS 19.0 software (IBM, Armonk, NY, USA). Continuous variables were expressed as mean \pm standard deviation (SD) or mean \pm standard error (SEM). Differences between two groups were analyzed using paired and unpaired tow tailed t-test, while those difference among multiple groups were compared using one-way analysis of variance (ANOVA) followed by post hoc test. If the normality and variance requirements were not satisfied,

the Mann-Whitney U test was employed. P < 0.05 was considered statistically significant.

AUTHOR CONTRIBUTIONS

Zhebo Liu and Bo Tao performed in vivo experiment, conducted data analysis and prepared the manuscript and wrote the manuscript. Suzhen Fan and Shengyu Cui discussed and analyzed data. Yong Pu and Liqiang Qiu performed part of in vivo experiment. Hao Xia discussed the results. Lin Xin development the experiment design, supervised the experimental work, obtain funding. All authors discussed the results and commend on the manuscript.

CONFLICTS OF INTEREST

The authors declared that there is no conflict of interest regarding the publication of this paper.

FUNDING

This study was partly supported by grants from the National Natural Science foundation of China (Nos. 81370283 and 81100130) and Scientific Research Projects of Wuhan Municipal Health Commission (WX18C30).

REFERENCES

 Fedak PW, Bai L, Turnbull J, Ngu J, Narine K, Duff HJ. Cell therapy limits myofibroblast differentiation and structural cardiac remodeling: basic fibroblast growth factor-mediated paracrine mechanism. Circ Heart Fail. 2012; 5:349–56. https://doi.org/10.1161/CIRCHEARTFAILURE.111.965

889 PMID:22508775

 Fischer R, Dechend R, Qadri F, Markovic M, Feldt S, Herse F, Park JK, Gapelyuk A, Schwarz I, Zacharzowsky UB, Plehm R, Safak E, Heuser A, et al. Dietary n-3 polyunsaturated fatty acids and direct renin inhibition improve electrical remodeling in a model of high human renin hypertension. Hypertension. 2008; 51:540–46.

https://doi.org/10.1161/HYPERTENSIONAHA.107.103 143 PMID:18158339

- 3. Shah AM, Mann DL. In search of new therapeutic targets and strategies for heart failure: recent advances in basic science. Lancet. 2011; 378:704–12. https://doi.org/10.1016/S0140-6736(11)60894-5 PMID:21856484
- Ambros V. The functions of animal microRNAs. Nature. 2004; 431:350–55. <u>https://doi.org/10.1038/nature02871</u> PMID:<u>15372042</u>

- Fichtlscherer S, De Rosa S, Fox H, Schwietz T, Fischer A, Liebetrau C, Weber M, Hamm CW, Röxe T, Müller-Ardogan M, Bonauer A, Zeiher AM, Dimmeler S. Circulating microRNAs in patients with coronary artery disease. Circ Res. 2010; 107:677–84. <u>https://doi.org/10.1161/CIRCRESAHA.109.215566</u> PMID:20595655
- Cordes KR, Sheehy NT, White MP, Berry EC, Morton SU, Muth AN, Lee TH, Miano JM, Ivey KN, Srivastava D. miR-145 and miR-143 regulate smooth muscle cell fate and plasticity. Nature. 2009; 460:705–10. <u>https://doi.org/10.1038/nature08195</u> PMID:19578358
- Liu Z, Tao B, Fan S, Pu Y, Xia H, Xu L. MicroRNA-145 protects against myocardial ischemia reperfusion injury via CaMKII-mediated antiapoptotic and antiinflammatory pathways. Oxid Med Cell Longev. 2019; 2019:8948657.

https://doi.org/10.1155/2019/8948657 PMID:<u>31583047</u>

- Zhu W, Zeng X, Zheng M, Xiao RP. The enigma of beta2-adrenergic receptor gi signaling in the heart: the good, the bad, and the ugly. Circ Res. 2005; 97:507–09. <u>https://doi.org/10.1161/01.RES.0000184615.56822.bd</u> PMID:<u>16166560</u>
- He JQ, Balijepalli RC, Haworth RA, Kamp TJ. Crosstalk of beta-adrenergic receptor subtypes through gi blunts beta-adrenergic stimulation of l-type Ca2+ channels in canine heart failure. Circ Res. 2005; 97:566–73. https://doi.org/10.1161/01.RES.0000181160.31851.05 PMID:<u>16100050</u>
- Maier LS, Zhang T, Chen L, DeSantiago J, Brown JH, Bers DM. Transgenic CaMKIIdeltaC overexpression uniquely alters cardiac myocyte Ca2+ handling: reduced SR Ca2+ load and activated SR Ca2+ release. Circ Res. 2003; 92:904–11. <u>https://doi.org/10.1161/01.RES.0000069685.20258.F1</u> PMID:12676813
- Sossalla S, Fluschnik N, Schotola H, Ort KR, Neef S, Schulte T, Wittköpper K, Renner A, Schmitto JD, Gummert J, El-Armouche A, Hasenfuss G, Maier LS. Inhibition of elevated Ca2+/calmodulin-dependent protein kinase II improves contractility in human failing myocardium. Circ Res. 2010; 107:1150–61. <u>https://doi.org/10.1161/CIRCRESAHA.110.220418</u> PMID:20814023
- Cha MJ, Jang JK, Ham O, Song BW, Lee SY, Lee CY, Park JH, Lee J, Seo HH, Choi E, Jeon WM, Hwang HJ, Shin HT, et al. MicroRNA-145 suppresses ROS-induced Ca2+ overload of cardiomyocytes by targeting CaMKIIδ. Biochem Biophys Res Commun. 2013; 435:720–26. <u>https://doi.org/10.1016/j.bbrc.2013.05.050</u> PMID:<u>23702479</u>

- Fernandes Corrêa RA, Ribeiro Júnior RF, Mendes SB, Dos Santos PM, da Silva MV, Silva DF, Biral IP, de Batista PR, Vassallo DV, Bittencourt AS, Stefanon I, Fernandes AA. Testosterone deficiency reduces the effects of late cardiac remodeling after acute myocardial infarction in rats. PLoS One. 2019; 14:e0213351. https://doi.org/10.1371/journal.pone.0213351 PMID:30897106
- Huang W, Kingsbury MP, Turner MA, Donnelly JL, Flores NA, Sheridan DJ. Capillary filtration is reduced in lungs adapted to chronic heart failure: morphological and haemodynamic correlates. Cardiovasc Res. 2001; 49:207–17. <u>https://doi.org/10.1016/s0008-6363(00)00223-6</u> PMID:11121813
- 15. Triposkiadis F, Karayannis G, Giamouzis G, Skoularigis J, Louridas G, Butler J. The sympathetic nervous system in heart failure physiology, pathophysiology, and clinical implications. J Am Coll Cardiol. 2009; 54:1747–62.

https://doi.org/10.1016/j.jacc.2009.05.015 PMID:<u>19874988</u>

- 16. Gui L, Bao Z, Jia Y, Qin X, Cheng ZJ, Zhu J, Chen QH. Ventricular tachyarrhythmias in rats with acute myocardial infarction involves activation of smallconductance Ca2+-activated K+ channels. Am J Physiol Heart Circ Physiol. 2013; 304:H118–30. <u>https://doi.org/10.1152/ajpheart.00820.2011</u> PMID:<u>23086994</u>
- Wang D, Zhang F, Shen W, Chen M, Yang B, Zhang Y, Cao K. Mesenchymal stem cell injection ameliorates the inducibility of ventricular arrhythmias after myocardial infarction in rats. Int J Cardiol. 2011; 152:314–20.

https://doi.org/10.1016/j.ijcard.2010.07.025 PMID:20674997

- Xiao RP. Cell logic for dual coupling of a single class of receptors to g(s) and g(i) proteins. Circ Res. 2000; 87:635–37. <u>https://doi.org/10.1161/01.res.87.8.635</u> PMID:<u>11029395</u>
- Zhu WZ, Wang SQ, Chakir K, Yang D, Zhang T, Brown JH, Devic E, Kobilka BK, Cheng H, Xiao RP. Linkage of beta1-adrenergic stimulation to apoptotic heart cell death through protein kinase a-independent activation of Ca2+/calmodulin kinase II. J Clin Invest. 2003; 111:617–25.

https://doi.org/10.1172/JCI16326 PMID:12618516

20. Das M, Das S. Docosahexaenoic acid (DHA) induced morphological differentiation of astrocytes is associated with transcriptional upregulation and endocytosis of β_2 -AR. Mol Neurobiol. 2019; 56:2685–702. https://doi.org/10.1007/s12035-018-1260-0 PMID:30054857

 Higashi K, Yamada Y, Minatoguchi S, Baba S, Iwasa M, Kanamori H, Kawasaki M, Nishigaki K, Takemura G, Kumazaki M, Akao Y, Minatoguchi S. MicroRNA-145 repairs infarcted myocardium by accelerating cardiomyocyte autophagy. Am J Physiol Heart Circ Physiol. 2015; 309:H1813–26. <u>https://doi.org/10.1152/ajpheart.00709.2014</u>

PMID:26432843

- 22. Li C, Tian J, Li G, Jiang W, Xing Y, Hou J, Zhu H, Xu H, Zhang G, Liu Z, Ye Z. Asperosaponin VI protects cardiac myocytes from hypoxia-induced apoptosis via activation of the PI3K/akt and CREB pathways. Eur J Pharmacol. 2010; 649:100–07. <u>https://doi.org/10.1016/j.ejphar.2010.08.060</u> PMID:<u>20863824</u>
- Xu L, Lai D, Cheng J, Lim HJ, Keskanokwong T, Backs J, Olson EN, Wang Y. Alterations of I-type calcium current and cardiac function in CaMKII{delta} knockout mice. Circ Res. 2010; 107:398–407. <u>https://doi.org/10.1161/CIRCRESAHA.110.222562</u> PMID:20538682
- Shi XZ, Pazdrak K, Saada N, Dai B, Palade P, Sarna SK. Negative transcriptional regulation of human colonic smooth muscle Cav1.2 channels by p50 and p65 subunits of nuclear factor-kappaB. Gastroenterology. 2005; 129:1518–32. <u>https://doi.org/10.1053/j.gastro.2005.07.058</u> PMID:16285952
- Zhang R, Khoo MS, Wu Y, Yang Y, Grueter CE, Ni G, Price EE Jr, Thiel W, Guatimosim S, Song LS, Madu EC, Shah AN, Vishnivetskaya TA, et al. Calmodulin kinase II inhibition protects against structural heart disease. Nat Med. 2005; 11:409–17.

https://doi.org/10.1038/nm1215 PMID:15793582

- Liu Y, Jiang XL, Liu Y, Jiang DS, Zhang Y, Zhang R, Chen Y, Yang Q, Zhang XD, Fan GC, Li H. Toll-interacting protein (tollip) negatively regulates pressure overloadinduced ventricular hypertrophy in mice. Cardiovasc Res. 2014; 101:87–96. https://doi.org/10.1093/cvr/cvt232 PMID:24285748
- Fabiato A, Fabiato F. Contractions induced by a calcium-triggered release of calcium from the sarcoplasmic reticulum of single skinned cardiac cells. J Physiol. 1975; 249:469–95. https://doi.org/10.1113/jphysiol.1975.sp011026 PMID:809571
- Guilbert A, Lim HJ, Cheng J, Wang Y. CaMKII-dependent myofilament Ca2+ desensitization contributes to the frequency-dependent acceleration of relaxation. Cell Calcium. 2015; 58:489–99.

https://doi.org/10.1016/j.ceca.2015.08.001 PMID:26297240

- 29. Chesley A, Lundberg MS, Asai T, Xiao RP, Ohtani S, Lakatta EG, Crow MT. The beta(2)-adrenergic receptor delivers an antiapoptotic signal to cardiac myocytes through g(i)-dependent coupling to phosphatedylinositol 3'-kinase. Circ Res. 2000; 87:1172–79. <u>https://doi.org/10.1161/01.res.87.12.1172</u> PMID:<u>11110775</u>
- Communal C, Singh K, Sawyer DB, Colucci WS. Opposing effects of beta(1)- and beta(2)-adrenergic receptors on cardiac myocyte apoptosis: role of a pertussis toxin-sensitive G protein. Circulation. 1999; 100:2210–12. <u>https://doi.org/10.1161/01.cir.100.22.2210</u> PMID:10577992
- Weinreuter M, Kreusser MM, Beckendorf J, Schreiter FC, Leuschner F, Lehmann LH, Hofmann KP, Rostosky JS, Diemert N, Xu C, Volz HC, Jungmann A, Nickel A, et al. CaM kinase II mediates maladaptive post-infarct remodeling and pro-inflammatory chemoattractant signaling but not acute myocardial ischemia/reperfusion injury. EMBO Mol Med. 2014; 6:1231–45. https://doi.org/10.15252/emmm.201403848

PMID:25193973

32. Ling H, Zhang T, Pereira L, Means CK, Cheng H, Gu Y, Dalton ND, Peterson KL, Chen J, Bers D, Brown JH. Requirement for Ca2+/calmodulin-dependent kinase II in the transition from pressure overload-induced cardiac hypertrophy to heart failure in mice. J Clin Invest. 2009; 119:1230–40.

https://doi.org/10.1172/JCI38022 PMID:19381018

- Mollova MY, Katus HA, Backs J. Regulation of CaMKII signaling in cardiovascular disease. Front Pharmacol. 2015; 6:178. <u>https://doi.org/10.3389/fphar.2015.00178</u> PMID:<u>26379551</u>
- Xu H, Cao H, Zhu G, Liu S, Li H. Overexpression of microRNA-145 protects against rat myocardial infarction through targeting PDCD4. Am J Transl Res. 2017; 9:5003–11. PMID:29218098
- 35. Tse G, Yan BP. Traditional and novel electrocardiographic conduction and repolarization markers of sudden cardiac death. Europace. 2017; 19:712–21. <u>https://doi.org/10.1093/europace/euw280</u>

PMID:<u>27702850</u>

36. Ursell PC, Gardner PI, Albala A, Fenoglio JJ Jr, Wit AL. Structural and electrophysiological changes in the epicardial border zone of canine myocardial infarcts during infarct healing. Circ Res. 1985; 56:436–51. https://doi.org/10.1161/01.res.56.3.436 PMID:3971515

- Meffert MK, Chang JM, Wiltgen BJ, Fanselow MS, Baltimore D. NF-kappa B functions in synaptic signaling and behavior. Nat Neurosci. 2003; 6:1072–78. <u>https://doi.org/10.1038/nn1110</u> PMID:<u>12947408</u>
- Peng J, Liu Y, Xiong X, Huang C, Mei Y, Wang Z, Tang Y, Ye J, Kong B, Liu W, Wang T, Huang H. Loss of MD1 exacerbates pressure overload-induced left ventricular structural and electrical remodelling. Sci Rep. 2017; 7:5116.

https://doi.org/10.1038/s41598-017-05379-w PMID:<u>28698617</u>

- 39. Braunwald E. The war against heart failure: the lancet lecture. Lancet. 2015; 385:812–24. <u>https://doi.org/10.1016/S0140-6736(14)61889-4</u> PMID:<u>25467564</u>
- 40. Kho C, Lee A, Hajjar RJ. Altered sarcoplasmic reticulum calcium cycling—targets for heart failure therapy. Nat Rev Cardiol. 2012; 9:717–33. <u>https://doi.org/10.1038/nrcardio.2012.145</u> PMID:23090087
- Lu YM, Huang J, Shioda N, Fukunaga K, Shirasaki Y, Li XM, Han F. CaMKIIδB mediates aberrant NCX1 expression and the imbalance of NCX1/SERCA in transverse aortic constriction-induced failing heart. PLoS One. 2011; 6:e24724. <u>https://doi.org/10.1371/journal.pone.0024724</u> PMID:<u>21931829</u>
- Lovren F, Pan Y, Quan A, Singh KK, Shukla PC, Gupta N, Steer BM, Ingram AJ, Gupta M, Al-Omran M, Teoh H, Marsden PA, Verma S. MicroRNA-145 targeted therapy reduces atherosclerosis. Circulation. 2012; 126:S81–90. <u>https://doi.org/10.1161/CIRCULATIONAHA.111.084186</u> PMID:22965997
- 43. Wei Y, Nazari-Jahantigh M, Neth P, Weber C, Schober A. MicroRNA-126, -145, and -155: a therapeutic triad in atherosclerosis? Arterioscler Thromb Vasc Biol. 2013; 33:449–54. <u>https://doi.org/10.1161/ATVBAHA.112.300279</u> PMID:23324496
- 44. Mustroph J, Neef S, Maier LS. CaMKII as a target for arrhythmia suppression. Pharmacol Ther. 2017; 176:22–31. https://doi.org/10.1016/j.pharmthera.2016.10.006 PMID:27742568
- 45. Guo YC, Cui LQ, Jiang SL, Zhang A, Jiang S. Proteomics of acute heart failure in a rat post-myocardial infarction model. Mol Med Rep, 2017; 16:1946–56.

http://doi.org/10.3892/mmr.2017.6820 PMID:28656274

- 46. Jiang T, Zhang L, Ding M, Li M. Protective effect of vasicine against myocardial infarction in rats via modulation of oxidative stress, inflammation, and the PI3K/akt pathway. Drug Des Devel Ther. 2019; 13:3773–84. <u>https://doi.org/10.2147/DDDT.S220396</u> PMID:<u>31802850</u>
- 47. Liu M, Yin L, Li W, Hu J, Wang H, Ye B, Tang Y, Huang C. C1q/TNF-related protein-9 promotes macrophage polarization and improves cardiac dysfunction after myocardial infarction. J Cell Physiol. 2019; 234:18731–47. <u>https://doi.org/10.1002/jcp.28513</u> PMID:30953351
- Fraccarollo D, Galuppo P, Hildemann S, Christ M, Ertl G, Bauersachs J. Additive improvement of left ventricular remodeling and neurohormonal activation by aldosterone receptor blockade with eplerenone and ACE inhibition in rats with myocardial infarction. J Am Coll Cardiol. 2003; 42:1666–73. <u>https://doi.org/10.1016/j.jacc.2003.05.003</u> PMID:14607457
- 49. Wang Y, Xuan YL, Hu HS, Li XL, Xue M, Cheng WJ, Suo F, Yan SH. Risk of ventricular arrhythmias after myocardial infarction with diabetes associated with sympathetic neural remodeling in rabbits. Cardiology. 2012; 121:1–9. <u>https://doi.org/10.1159/000336148</u> PMID:<u>22377967</u>
- 50. Nguyen T, El Salibi E, Rouleau JL. Postinfarction survival and inducibility of ventricular arrhythmias in the

spontaneously hypertensive rat : effects of ramipril and hydralazine. Circulation. 1998; 98:2074–80. https://doi.org/10.1161/01.cir.98.19.2074 PMID:9808607

- 51. Liu X, Shi S, Yang H, Qu C, Chen Y, Liang J, Yang B. The activation of N-methyl-d-aspartate receptors downregulates transient outward potassium and I-type calcium currents in rat models of depression. Am J Physiol Cell Physiol. 2017; 313:C187–96. https://doi.org/10.1152/ajpcell.00092.2017 PMID:<u>28566490</u>
- 52. Martin CA, Grace AA, Huang CL. Spatial and temporal heterogeneities are localized to the right ventricular outflow tract in a heterozygotic Scn5a mouse model. Am J Physiol Heart Circ Physiol. 2011; 300:H605–16. <u>https://doi.org/10.1152/ajpheart.00824.2010</u> PMID:<u>21097662</u>
- Wang X, Wang X, Gu Y, Wang T, Huang C. Wenxin keli attenuates ischemia-induced ventricular arrhythmias in rats: involvement of I-type calcium and transient outward potassium currents. Mol Med Rep. 2013; 7:519–24.

https://doi.org/10.3892/mmr.2012.1195 PMID:23174802

54. Zhang Y, Jiao L, Sun L, Li Y, Gao Y, Xu C, Shao Y, Li M, Li C, Lu Y, Pan Z, Xuan L, Zhang Y, et al. LncRNA ZFAS1 as a SERCA2a inhibitor to cause intracellular ca²⁺ overload and contractile dysfunction in a mouse model of myocardial infarction. Circ Res. 2018; 122:1354–68. https://doi.org/10.1161/CIRCRESAHA.117.312117 PMID:29475982