



## Research article

# Ethnoveterinary knowledge of sheep and goat farmers in Benin (West Africa): effect of socioeconomic and environmental factors



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## ABSTRACT

Sheep and goats are two of the main animal species raised in Benin and one of the main sources of income for people living in rural areas. Faced with the inaccessibility of synthetic veterinary products and their low purchasing power, the majority of breeders use ethnoveterinary practices to treat small ruminants diseases. The specific objectives of the current study were (1) to document the traditional knowledge regarding the disorder groups treated and the medicinal plants used in the health and zootechnical management of small ruminants in Benin and (2) to assess the effect of gender, ethnicity, agro-ecological zone and herd size associated with them. To achieve these objectives, an ethnoveterinary survey was conducted in different agro-ecological zones from September 2018 to February 2019. A questionnaire was administered to 506 breeders. The data were analyzed through calculation of the Fidelity Level (FL), Cultural Importance Index (CI) and Informant Consensus Factor (ICF). Ten disorder groups were treated by the people surveyed. These were mainly digestive disorders (D) and reproductive disorders (W), both presenting a ICF value of 0.8. A total of 101 medicinal plants belonging to 42 families and 90 genera were recorded. *Spondias mombin*, *Zanthoxylum zanthoxyloides* and *Khaya senegalensis* were the most important plants with CI values of 0.208, 0.125 and 0.121, respectively. Gender, ethnicity, agro-ecological zone and flocks size were the socioeconomic and environmental factors that significantly influenced the level of ethnoveterinary knowledge. Chemical and biological analysis are needed on less studied plants such as, *Striga hermonthica*, *Crossopteryx febrifuga*, *Elaeis guineensis* and *Momordica charantia*.

## 1. Introduction

Small ruminants are one of the main sources of income for poor families. In Benin, their number in 2018 was estimated at 2,875,000 (1,921,000 goats and 954,000 sheep), ranking second after poultry (Faostat, 2018, <http://www.fao.org/faostat/fr/#data/QA>). Sheep and

goats were contributed to 13% of total meat production in Benin in 2013 (Mensah et al., 2018). For the breeders, small ruminants play an economic role but also have social, cultural and religious functions (Dossa et al., 2007, 2015; Lakew et al., 2017). Sheep and goats are kept by breeders mainly for economic function and the income are used to buy foods, clothes, to pay school fees for children and solve people health

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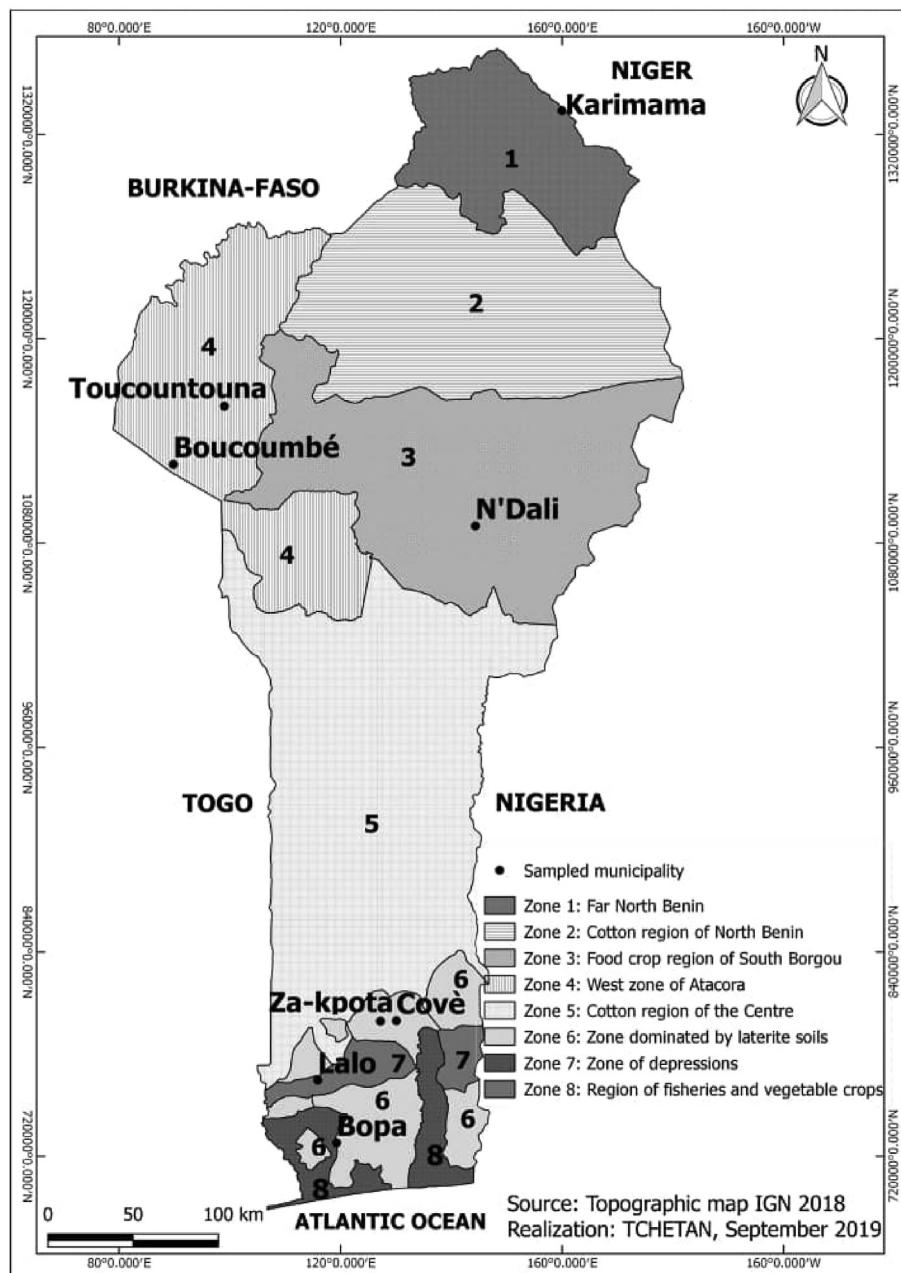


Figure 1. Map showing the distribution of the surveyed municipalities in the agro-ecological zones of Benin.

problems (Dossa et al., 2007). In addition, small ruminants are used in certain sociocultural practices such as marriage, traditional ceremonies and their excrements serve to organic fertiliser (Mensah et al., 2018).

Small ruminants farming in Benin encounter certain constraints namely, diseases that lower their performance (Hounzangbé-Adoté, 2001; Dossa et al., 2007). According to Attindéhou et al. (2012), gastrointestinal parasitosis remain the main disease encountered in sheep and goats farms. In addition to this, diarrhoea, scab, respiratory problems and reproductive disorders are the most symptoms identified in small ruminants farms in South of Benin (Hounzangbé-Adoté, 2001; Dossa et al., 2007), that lead to high mortality. Similary, in Nigeria, diarrhoea and pneumonia are encountered, respectively, in 12.4% and 20.3% of small ruminants farming (Omoike, 2006).

Faced with the inaccessibility of synthetic veterinary products and their low purchasing power, the majority of breeders use ethnoveterinary practices to treat animals (Dassou et al., 2015a; Houndje et al., 2016). Thus, several studies conduct in Benin have addressed

ethnoveterinary practices by listing the medicinal plants used to treat livestock diseases (Hounzangbé-Adoté, 2001; Ogni et al., 2014; Dassou et al., 2015a; Houndje et al., 2016). However, most of these studies inventoried medicinal plants used to treat diseases of all domestic animals (Ogni et al., 2014; Dassou et al., 2014, 2015a), while medicinal plants as well as the traditional recipes used by breeders depend on the animal species targeted. For example, Ouachinou et al. (2019) analysed medicinal plants used to treat gastrointestinal disorders in cattle in Benin. The few studies analysing ethnoveterinary practices in sheep and goats farming in Benin have been limited to the South (Hounzangbé-Adoté, 2001; Attindéhou et al., 2012), while small ruminants are distributed across the entire country. The northern part of the country is home to a number of sociocultural groups not found in the South, which practice sheep and goats farming. This area is not easily accessible to veterinary agents and products. Breeders are therefore obliged to develop ethnoveterinary practices to ensure the well-being of their animals. Ethnoveterinary medicine practices depend

on the ethnic groups and resources available in the area (Wanzala et al., 2005). Moreover, studies conducted in the South analysing plants used to treat parasitic diseases (Attindéhou et al., 2012), while ethnovinarian practices in sheep and goats farming cannot be limited to parasitic diseases only.

In this study, we present the results of an ethnoveterinary survey to document traditional knowledge and practices related to the zoo-sanitary management of sheep and goats farms in Benin. Specifically, the study aims to:

- Document the traditional knowledge regarding the disease groups treated and the medicinal plants used for the health and zootechnical management of small ruminants in Benin.
- Assess the effect of gender, ethnicity, agro-ecological zone and herd size associated on this traditional knowledge.

## 2. Material and methods

### 2.1. Study area

The study was conducted in Benin (West Africa), in 6 of the 8 agro-ecological zones defined (Figure 1). SICC/Benin (2016) (<https://www.changementsclimatiques.bj/zones-agro-ecologiques-de-la-republique-du-benin/>) defines these areas as follows:

- Zone 1 (Far North Benin) hosts the largest part of the forest reserves with the W National Park of Niger. Its climate is of Sudano-Sahelian type, with temperature reaching 40 °C in the shade in the dry season. The zone includes 2 municipalities, one being Karimama.
- Zone 3 (Food crop region of South Borgou) is essentially characterized by a very high availability of agricultural land. It covers 8 municipalities including N'Dali. It is part of Sudanian zone and the climate is characterized by a rainy season from April to September and a dry season that lasts almost 5 months.
- Zone 4 (West zone of Atacora) benefits for the presence of Atacora chain which leads to a particular climate where the temperatures are cooler and thunderstorms more frequent than in the other zones. Precipitation varies from 800 to 1350 mm annually. The main river is the Pendjari with its tributaries. The zone hosts 8 municipalities including Toucouthouna and Boukoubé.
- Zone 6 (Zone dominated by laterite soils) is located in the southern part of Benin and counts 22 municipalities including Covè and Zákpo. The climate is marked by two rainy seasons (March–July; October–November) and two dry seasons (December–February; August). Annual precipitation varies between 1000 to 1400 mm.
- Zone 7 (Zone of depressions) is the smallest of the 8 agro-ecological zones in terms of area and hosts the municipality of Lalo. On the climatic level, it is quite comparable to zone 6 with, however, a high relative humidity (around 85%).
- Zone 8 (Region of fisheries and vegetable crops): a main characteristic of this zone is the presence of inland and maritime fishing in addition to plant and animal production. Geographically, it is the most southerly zone and occupies the fluvio-lacustrine zone of the Atlantic, Mono, Oueme and Zou departments. It covers 13 municipalities including Bopa.

The population of Benin was estimated at 12,118,842 in 2019. Fon, Adja, Yoruba, Bariba, Dendi, Peulh, Otammari, Yo and Lokpa are the main sociocultural groups encountered (INSAE, 2016). Christianity, Islam and Vodoun are the main religions practiced. Agriculture, livestock and handicraft are the main activities. Eight more poor municipalities where small ruminants breeding is predominant were selected to host the study. Then, we used the 8 agro-ecological zones defined to identify those covered by the respective municipalities. In each municipality, 4 villages were chosen based on their accessibility and the ethnoveterinary practice to treat small ruminants diseases.

### 2.2. Sampling

A baseline survey was conducted beforehand and this allowed to identify 4 villages per municipality to conduct the survey. The baseline was carried out with the support of Non Governmental Organisations (NGOs) and governmental institutions that intervene in the target municipalities and made it possible to choose villages with easy accessibility and predominance of ethnoveterinary practices. The sample size (n) per municipality was determined according to Dagnelie (1998) formula (Equation 1).

$$n = \frac{U_{1-\frac{\alpha}{2}}^2 \times p(1-p)}{d^2} \quad (1)$$

Where n is the sample size of the population to be surveyed per municipality,  $U_{1-\frac{\alpha}{2}}^2 = 1.96$  is obtained from the standard distribution table of normal distribution with  $\alpha = 0.05$ , p (p = 80%) being the proportion of the population using medicinal plants to treat small ruminants diseases, and d (d = 0.075) being the margin of error we fixed. Based on the formula, a minimum of 56 persons were interviewed per municipality. Therefore, a minimum of 14 persons were selected per village to participate in the study.

### 2.3. Data collection

The ethnobotanical survey was conducted from September 2018 to February 2019 and surveyed 506 people identified by purposive selection. The choice of respondents was based on their availability and willingness to participate in the study. Approval from the ethics committee of the University of Abomey-Calavi was granted. A questionnaire was developed and took into account, among other things the characteristics of the respondents (gender, age, ethnicity ...), the main plants

**Table 1.** Socioeconomic characteristics of respondents.

Variables	Description	Frequency
Sex	Male	366 (72.4%)
	Female	140 (27.6%)
Sociocultural groups	Fon	126 (24.9%)
	Otammari	78 (15.4%)
	Peulh	63 (12.4%)
	Sahoue	62 (12.2%)
	Adja	61 (12.1%)
	Dendi	48 (9.5%)
	Natimba	23 (4.6%)
	Wama	25 (4.9%)
	Bariba	25 (3.1%)
Age	[20 40]	141 (27.9%)
	[40 60]	220 (43.5%)
	[60 80]	108 (21.3%)
	[80 100]	37 (7.3%)
Religion	Animist	241 (47.6%)
	Christian	144 (28.5%)
	Muslim	121 (23.9%)
Level of education	Illiterate	340 (67.2%)
	Alphabet in local language	34 (6.7%)
	Primary level	80 (15.8%)
	Secondary level	40 (7.9%)
	University level	12 (2.4%)
Main activity	Agriculture	369 (72.9%)
	Breeding	54 (10.7%)
	Handicraft	43 (8.3%)
	Phytotherapy	41 (8.1%)

**Table 2.** Quantitative analysis of medicinal plants used to treat small ruminants diseases in Benin.

Family	Specie	Vernacular name	Origin	FC	CI
Anacardiaceae	<i>Mangifera indica</i> L.	Amanga (f)	From the garden	15	0.03
	<i>Pupalia lappacea</i> (L.) Juss.	Trèdoagboko(f)	From the wild	5	0.01
	<i>Spondias mombin</i> L.	Akikontin (f)	From the garden	105	0.208
Ammonaceae	<i>Annona senegalensis</i> Pers.	Yariti (b)	From the wild	3	0.006
Apocynaceae	<i>Saba senegalensis</i> (A. DC.) Pichon	Agbankan (f)	From the wild	1	0.002
	<i>Thevetia peruviana</i> (Pers.) K.Schum.	Tenia (w)	From the wild	2	0.004
Arecaceae	<i>Elaeis guineensis</i> Jacq.	Detin (f)	From the farm	24	0.047
Asclepiadaceae	<i>Calotropis procera</i> (Ait.) Ait. f	Sagayi (d)	From the garden	2	0.004
	<i>Leptadenia hastata</i> (Pers.) Decne	Sokpotoroi (p)	From the wild	1	0.002
	<i>Pergularia daemia</i> (Forssk.) Chiov.	Kpanyanwé (f)	From the wild	3	0.006
Asteraceae	<i>Acanthospermum hispidum</i> De	Véglè (f)	From the wild	1	0.002
	<i>Chromolaena odorata</i> (L.) R.M.King	Agatoutin (f)	From the wild	4	0.008
	<i>Tridax procumbens</i> (L.) L.	Azouiman (f)	From the farm	2	0.004
	<i>Vernonia amygdalina</i> Delile	Kakawaabou (w)	From the garden	17	0.034
Bignoniaceae	<i>Newbouldia laevis</i> (P. Beauv.) Seem	Désrégué (f)	From the garden	20	0.04
	<i>Stereospermum kunthianum</i> Cham	Bewebe (b)	From the wild	1	0.002
Boraginaceae	<i>Rhodogaphalon brevicuspe</i> (Sprague) Roberty	Kpatin déhou (f)	From the wild	15	0.03
Caricaceae	<i>Carica papaya</i> L.	Kpèntin (f)	From the garden	10	0.02
Chrysobalanaceae	<i>Maranthes polyandra</i> (Benth.) Prance	Kpakpiru (b)	From the wild	2	0.004
Combretaceae	<i>Anogeissus leiocarpa</i> (DC.) Guill. & Perr.	Aligbangangni (p)	From the wild	8	0.016
	<i>Combretum glutinosum</i> Perr. ex De	Bousson (o)	From the wild	16	0.032
	<i>Guiera senegalensis</i> J.F. Gmel	Gueloké (p)	From the wild	2	0.004
	<i>Pteleopsis suberosa</i> Engl. & Diels	Kouantouanibou (w)	From the wild	1	0.002
	<i>Terminalia avicennioides</i> Guill. & Perr.	Tigréi (p)	From the wild	3	0.006
Connaraceae	<i>Rourea coccinea</i> (Thonn. ex Schumach.) Benth.	Gbédégbédé (f)	From the wild	3	0.006
Crassulaceae	<i>Bryophyllum pinnatum</i> (Lam.) Oken	Dodoëti (a)	From the wild	1	0.002
Cucurbitaceae	<i>Momordica charantia</i> L.1753	Gninsikin (f)	From the wild	12	0.024
Dichapetalaceae	<i>Dichapetalum madagascariense</i> Poir.	Gbaglo (f)	From the wild	1	0.002
Dioscoreaceae	<i>Dioscorea hirtilora</i> Benth.	Dinanton (o)	From the wild	20	0.04
Ebenaceae	<i>Diospyros mespiliformis</i> Hochst. ex A. Rich	Wonyibu (b)	From the wild	4	0.008
Euphorbiaceae	<i>Bridelia ferruginea</i> Benth.	Hlinhon (s)	From the wild	2	0.004
	<i>Euphorbia balsamifera</i> Aiton	Tchouloyi (p)	From the wild	3	0.006
	<i>Euphorbia poissonii</i> Pax	Lokoto (d)	From the wild	4	0.008
	<i>Flueggea virosa</i> (Roxb. ex Willd.) Voigt	Gbayikuntin (f)	From the wild	1	0.002
	<i>Jatropha eureas</i> L.	Nyikpotin (f)	From the wild	2	0.004
	<i>Manihot esculenta</i> Crantz	Ajangan (f)	From the farm	4	0.008
	<i>Margaritaria discoidea</i> (Baill.) Webster	Wusu poyi (b)	From the wild	1	0.002
Icacinaeae	<i>Icacina trichantha</i> Oliv.	Agbebétin (f)	From the wild	2	0.004
Irvingiaceae	<i>Irvingia gabonensis</i> (Aubry-Lecomte ex O'Rorke) Baill.	Aslotin (f)	From the garden	1	0.002
Lamiaceae	<i>Hyptis suaveolens</i> (L.) Poit.	Azongbidi (f)	From the farm	3	0.006
	<i>Ocimum gratissimum</i> L.	Tchayo (f)	From the garden	35	0.069
	<i>Platostoma africanum</i> P.Beaup.	Siman (f)	From the wild	1	0.002
Leguminosae	<i>Acacia gourmaensis</i> A. Chev	Taani (p)	From the wild	11	0.022
	<i>Acacia macrostachya</i> Reichenb. ex DC	Sacounou (p)	From the wild	1	0.002
	<i>Acacia nilotica</i> (L.) Willd. ex Del.	Gawai (p)	From the wild	2	0.004
	<i>Afzelia africana</i> Smith ex Pers	Kparcabou (w)	From the wild	2	0.004
	<i>Caesalpinia bonduc</i> (L.) Roxb.	Ajikuntin (f)	From the garden	26	0.051
	<i>Cajanus cajan</i> (L.) Millsp.	Ottriri (w)	From the farm	3	0.006
	<i>Gliricidia sepium</i> (Jacq.) Kunth ex Walp.	Tchantaré (w)	From the farm	5	0.01
	<i>Leucaena leucocephala</i> (Lam.) De Wit	Fofitin (f)	From the farm	2	0.004
	<i>Mucuna pruriens</i> (L.) DC. var. <i>pruriens</i>	Kpassahonti (f)	From the farm	2	0.004
	<i>Parkia biglobosa</i> (Jacq.) R. Br. ex G. Don	Ahwatin (f)	From the farm	4	0.008
	<i>Pericopsis laxiflora</i> (Benth.) van Meeuwen	Wesaju (f)	From the wild	2	0.004
	<i>Piliostigma reticulatum</i> (DC.) Hochst	Klànлома (f)	From the wild	1	0.002
	<i>Piliostigma thonningii</i> (Schumach.) Milne-Redh	Klànлома (f)	From the wild	4	0.008
	<i>Prosopis africana</i> (Guill. & Perr.) Taub	Kohi (p)	From the wild	3	0.006
	<i>Pterocarpus erinaceus</i> Poir	Gbèngètin (f)	From the wild	15	0.03
	<i>Senna alata</i> (L.) Roxb	Amasu (f)	From the wild	1	0.002

(continued on next page)

Table 2 (continued)

Family	Specie	Vernacular name	Origin	FC	CI
	<i>Senna occidentalis</i> (L.) Link	Kinikiniba (f)	From the wild	3	0.006
	<i>Senna siamea</i> (Lam.) H.S.Irwin & Barneby	kenu ma (f)	From the wild	1	0.002
	<i>Tamarindus indica</i> L.	Bobose (b)	From the wild	2	0.004
	<i>Vigna racemosa</i> (G.Don) Hutch. & Dalziel	Azibé (f)	From the wild	1	0.002
	<i>Vigna unguiculata</i> (L.) Walp.	Yimbe (p)	From the farm	4	0.008
	<i>Vitellaria paradoxa</i> C.F.Gaertn., 1807	Karei (p)	From the farm	6	0.012
Malvaceae	<i>Abelmoschus esculentus</i> (L.) Moench.	Laadjè (p)	From the farm	2	0.004
	<i>Adansonia digitata</i> L., 1753	Kpassa (f)	From the farm	40	0.079
	<i>Hibiscus sabdariffa</i> L., 1753	Pomla (w)	From the wild	4	0.008
Meliaceae	<i>Azadirachta indica</i> A. Juss	Kininutin (f)	From the garden	19	0.038
	<i>Khaya senegalensis</i> (Desr.) A. Juss	Boukoua (o)	From the garden	61	0.121
	<i>Pseudocedrela kotschy</i> (Schweinf.) Harms	Totosiré (w)	From the wild	1	0.002
Moraceae	<i>Ficus exasperata</i> Vahl	Gannou (b)	From the garden	2	0.004
	<i>Ficus sur</i> Forssk.	Volima (f)	From the garden	2	0.004
	<i>Ficus sycomorus</i> L., 1767	Moukamkambou (o)	From the garden	13	0.026
	<i>Ficus umbellata</i> Vahl	Voma (f)	From the garden	1	0.002
Moringaceae	<i>Moringa oleifera</i> Lam	Yovokpatin (f)	From the garden	53	0.105
Myrtaceae	<i>Eucalyptus camaldulensis</i> Dehn	Boboro (o)	From the farm	2	0.004
	<i>Psidium guajava</i> L.	Samporu (b)	From the wild	1	0.002
	<i>Psidium guineense</i> Sw.	Kenkun (f)	From the wild	6	0.012
Ochnaceae	<i>Lophira lanceolata</i> Tiegh. ex Keay	Karerei (p)	From the wild	2	0.004
Olacaceae	<i>Ximenia americana</i> L.	Minimbou (w)	From the wild	3	0.006
Opiliaceae	<i>Opilia amentacea</i> Roxb.	Soukosoukoï (p)	From the wild	1	0.002
Pedaliaceae	<i>Sesamum indicum</i> L.	Agboma (f)	From the wild	2	0.004
Poaceae	<i>Dendrocalamus asper</i> (Schult.) Backer	Bambou (b)	From the wild	1	0.002
Polygonaceae	<i>Securidaca longipedunculata</i> Fres.	Wapobou	From the wild	1	0.002
Rubiaceae	<i>Crossopteryx febrifuga</i> (Afzel. ex G. Don) Benth	Rimatajoguai (p)	From the wild	7	0.014
	<i>Mitragyna inermis</i> (Willd.) Kuntze	Kabe (d)	From the wild	5	0.01
	<i>Morinda lucida</i> Benth.	Tchiketi (a)	From the farm	55	0.109
	<i>Sarcocephalus latifolius</i> (Sm.) E.A.Bruce	Godotin (f)	From the wild	2	0.004
Rutaceae	<i>Citrus limon</i> (L.) Burm.f	Yovozin (f)	From the garden	3	0.006
	<i>Zanthoxylum zanthoxyloides</i> (Lam.) Watermann	Hétin (f)	From the farm	63	0.125
Sapindaceae	<i>Blighia sapida</i> Koenig	Pouroumbou (w)	From the garden	1	0.002
Scrophulariaceae	<i>Striga hermonthica</i> (Delile) Benth.	Manli (d)	From the wild	52	0.103
Solanaceae	<i>Datura innoxia</i> Mill., 1768	Cocaine (w)	From the wild	4	0.008
	<i>Nicotiana tabacum</i> L	Titabaati (o)	From the garden	4	0.008
	<i>Solanum dasypodium</i> Schumach. & Thonn	Tibouanacard (o)	From the garden	14	0.028
Tiliaceae	<i>Grewia mollis</i> Juss.	Sahambou (w)	From the wild	1	0.002
Verbenaceae	<i>Gmelina arborea</i> Roxb.	Fofitin (f)	From the wild	1	0.002
	<i>Vitex doniana</i> Sweet, 18271	Goumei (p)	From the farm	8	0.016
Vitaceae	<i>Cissus populnea</i> Guill. & Perr	Lakaï (p)	From the wild	7	0.014
	<i>Cissus quadrangularis</i> L	Hamberitel (p)	From the wild	4	0.008
Zygophyllaceae	<i>Balanites aegyptiaca</i> (L.) Delile	Garbè (d)	From the wild	5	0.01

Vernacular language: f = Fon; b = Bariba; o = Otammari; p = Peulh; s = Sahoué; d = Dendi; w = Wama; n = Natimba; a = Adja FC: Frequency of citation; and CI: Cultural Importance Index.

used to treat small ruminants diseases and improve their productivity, the parts used (roots, bark, leaves), recipe preparation, difficulties related to plant usage, development of the formulation and degree of satisfaction (efficacy of plants). The survey was conducted in the local languages of each community and local interpreters were used if necessary.

#### 2.4. Plant collection and identification

At the end of each interview, voucher specimens of inventoried plants were obtained from interviewees, harvested from the wild, farm or garden. Herbarium specimens were mounted and identified at the National Herbarium of Benin, University of Abomey-Calavi, using the analytical flora of Benin (Akoëgninou et al., 2006). Plant specimens were coded and

deposited in the herbarium. It was not possible to obtain specimens for all plants. There were seasonal plants that were not available during the survey. We therefore deleted the data for these plants (3 plants) before data analysis.

#### 2.5. Data analysis

##### 2.5.1. Diversity of inventoried medicinal plants

The collected data were used to establish the list of inventoried plants to treat small ruminants diseases. The number of species by genus and family was determined. To assess the diversity of plants used to treat small ruminants diseases, the Generic Coefficient ( $R_{gc}$ ) which is the ratio number of species ( $N_s$ ) over number of genera ( $N_g$ ) (the inverse of the ratio defined by Fan et al. (2017) was determined (Equation 2).

$$Rgc = \frac{Ns}{Ng} \quad (2)$$

With  $Ns$  being the number of inventoried species,  $Ng$  the number of genera and  $Rgc$  the Generic Coefficient. If  $Rgc = 1$ , then the plants used to treat small ruminants diseases have low diversity. Otherwise, each inventoried genera has only one species. If  $Rgc > 1$ , there is a high generic diversity within plants used to treat small ruminants diseases.

### 2.5.2. Quantitative analysis of inventoried medicinal plant species

To assess the most important medicinal species in the treatment of sheep and goats diseases in Benin, the CI was determined (Tardío and Pardo-De-Santayana, 2008) (Equation 3).

$$CI = \sum_{U=1}^{Udg} \sum_{i=1}^{In} \frac{URui}{N} \quad (3)$$

Where  $dg$  being the total number of diseases groups,  $N$  being the number of respondents,  $UR$  being Use-Report number and  $CI$  being the Cultural Importance Index. The more the  $CI$  of a plant tends towards 1, the more important it is to the community.

### 2.5.3. Recorded small ruminants disease groups

The symptoms cited by the respondents were categorized into 10 disease groups using the second version of International Classification of Primary Care (ICPC-2, 2003) as suggested by Staub et al. (2015) and previously used by Miara et al. (2019). The ICF of Heinrich et al. (1998) were calculated to determine the level of consensus around the plants used to treat each disease category. It is calculated according to the formula below (Equation 4).

$$ICF = \frac{Nur - Nt}{Nur - 1} \quad (4)$$

With  $Nur$  being the number of times a particular category  $p$  of disorders is mentioned,  $Nt$  being the number of plant(s) mentioned for the treatment of this particular disorders  $p$ . If  $ICF > 0.5$ , then there is a high degree of consensus. In other words, the respondents agree on the plants used to treat this disease category. On the other hand, if  $ICF < 0.5$ , this means that the respondents do not agree on the plants needed to treat this disease group.

### 2.5.4. Main plants used to treat disease groups

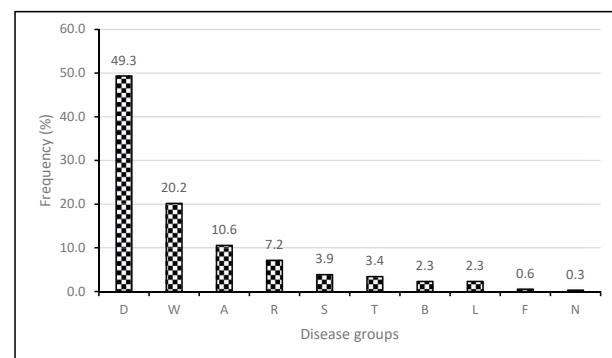
The analysis of the collected data made it possible to propose a list of plants used to treat each disease group. The majority of plant species are used to treat two or more disease categories. Thus, to select the most appropriate plants for the treatment of each disease category, the FL of Friedman et al. (1986) was calculated (Equation 5).

$$FL = \frac{Np}{N} \quad (5)$$

With  $Np$  being the number of informants who mentioned a species for the treatment of a disease category  $p$ ;  $N$  being the number of informants who mention the species for any disease category and  $FL$  being the Fidelity level. If  $FL > 0.5$ , then there is a high degree of consensus around the use of this species for the treatment of this disease category  $p$  and therefore this plant seems appropriate to treat this type of disease.

### 2.5.5. Socioeconomic and environmental factors affecting ethnoveterinary knowledge level

A matrix was constructed using socioeconomic and environmental factors (age, gender, ethnicity, agro-ecological zone, religion, household size, educational level, small ruminants herd size and the origin of the knowledge) as independent variables and the number of plants cited for the treatment of small ruminants diseases as a dependent variable. A classification analysis based on a decision tree was applied to the matrix to access socioeconomic and environmental factors



**Figure 2.** Disease groups encountered in small ruminants flocks in Benin. A: general and non-specific disorders; B: blood and hematopoietic organ disorders; D: digestive disorders; F: eye diseases; L: musculoskeletal disorders; N: neurological disorders; R: respiratory disorders; S: skin disorders; T: metabolic and nutritional diseases and W: reproductive disorders.

which affect local knowledge to treat small ruminants diseases with plants. The analysis were carried out in R software (R Core Team, 2013), using rpartordinal package as describing by Archer (2010) and the differences were considered significant at the 5% level. Analyse of variance was performed for each factor affecting ethnoveterinary knowledge level, to access how factors influence ethnoveterinary practices.

## 3. Results and discussion

### 3.1. Socioeconomic characteristics of the respondents

A total of 506 small ruminants breeders were surveyed. They belonged to 9 sociocultural groups across Benin, namely Fon (24.9%), Otammari (15.4%), Peulh (12.5%), Sahoué (12.3%), Adja (12.1%), Dendi (9.5%), Wama (4.9%), Natimba (4.6%) and Bariba (3.9%). The average age of the respondents was  $49 \pm 16$  years. The majority of the people surveyed were men (72.9%) (Table 1). This was probably due to the purposive selection of respondents who were mostly heads of households. Indeed, for cultural reasons, women are not called upon to speak publicly, especially about traditional knowledge. During the survey, some women who own small ruminants preferred to let their husbands speak because they felt that their husbands had a better knowledge of this aspect of animal breeding. This confirms the observations of Hounzangbé-Adoté (2001) who concludes that women have practically no knowledge of ethnoveterinary practices. Interviews with the women during the survey took place in case of absence of the husband (head of the household) or with widows. Most of those surveyed personne were

**Table 3.** Informant Consensus Factor (ICF) of each disease category.

Disease category	Nur	Nt	ICF
Digestive disorders (D)	448	72	0.8
Reproductive disorders (W)	183	34	0.8
Blood and hematopoietic organ disorders (B)	21	5	0.8
Musculoskeletal disorders (L)	21	6	0.8
General and non-specific disorders (A)	96	29	0.7
Metabolic and nutritional diseases (T)	31	10	0.7
Respiratory disorders (R)	65	25	0.6
Neurological disorders (N)	3	2	0.5
Skin disorders (S)	35	19	0.5
Eye diseases (F)	5	5	0.0

Nur: Number of times a particular category  $p$  of disorders is mentioned, Nt: Number of plant(s) mentioned for the treatment of this particular disorders groups, ICF: Informant Consensus Factor.

**Table 4.** List of traditional recipes used to treat small ruminants diseases in Benin.

Plant	FC	CS	VN	PP	PM	AR
Digestive disorders (D)						
<i>Zanthoxylum zanthoxyloides</i> (Lam.) Watermann	61	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Striga hermonthica</i> (Delile) Benth.	46	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Wp	Po	Ora
<i>Adansonia digitata</i> L., 1753	31	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Po	Ora
<i>Khaya senegalensis</i> (Desr.) A.Juss.	31	Dia, Ind, Ano	Misrasra (f) Domédédé (a)	Ba,	Ma, De	Ora
<i>Morinda lucida</i> Benth.	29	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Spondias mombin</i> L.	23	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Moringa oleifera</i> Lam.	22	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Po, De	Ora
<i>Elaeis guineensis</i> Jacq.	20	Dia, Ind,	Dan do homé (d) Vlonkou le home (o)	Le	Gr	Ora
<i>Caesalpinia bonduc</i> (L.) Roxb.	19	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	De, Gr	Ora
<i>Azadirachta indica</i> A. Juss	14	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le, Ba	Ma, Po	Ora
<i>Pterocarpus erinaceus</i> Poir	13	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba, Le	Po, Ma	Ora
<i>Newbouldia laevis</i> (P. Beauv.) Seem	12	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Tr, Gr	Ora
<i>Vernonia amygdalina</i> Delile	11	Dia, Gap	Dan do homé (d) Vlonkou le home (o)	Le	Gr, Tr	Ora
<i>Ocimum gratissimum</i> L.	10	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Tr, De	Ora
<i>Carica papaya</i> L.	9	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Se	Po	Ora
<i>Momordica charantia</i> L., 1753	7	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Tr, Ma	Ora
<i>Anogeissus leiocarpa</i> (DC.) Guill. & Perr.	6	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le, Ba	Ma, De	Ora
<i>Vitex doniana</i> Sweet, 18271	5	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	De, Ma	Ora
<i>Balanites aegyptiaca</i> (L.) Delile	4	Ind, Gap	Dan do homé (d) Vlonkou le home (o)	Se	Ma	Ora
<i>Datura innoxia</i> Mill., 1768	4	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Ma	Ora
<i>Euphorbia poissonii</i> Pax	4	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	St, Le	Ma	Ora
<i>Psidium guineense</i> Sw.	4	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr,	Ora
<i>Crossopteryx febrifuga</i> (Afzel. ex G. Don) Benth	3	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le, Ba	Po	Ora
<i>Hibiscus sabdariffa</i> L., 1753	3	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	De	Ora
<i>Mangifera indica</i> L.	3	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le, Ba	Ma, Gr	Ora
<i>Ximenesia americana</i> L.	3	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Ro	Po, De	Ora
<i>Acacia nilotica</i> (L.) Willd. ex Delile	2	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Se	De	Ora
<i>Bridelia ferruginea</i> Benth.	2	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Le	Gr	Ora
<i>Citrus limon</i> (L.) Burm.f	2	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Le	Po, De	Ora
<i>Ficus sycomorus</i> L., 1767	2	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Le	Gr	Ora
<i>Gliricidia sepium</i> (Jacq.) Walp.	2	Dia, Ind	Dan do homé (d) Vlonkou le home (o)	Le	Gr	Ora
<i>Icacina trichantha</i> Oliv.	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr, De	Ora
<i>Jatropha eureas</i> L.	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ro	Ma	Ora
<i>Manihot esculenta</i> Crantz	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Mitragyna inermis</i> (Willd.) Kuntze	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	Ma	Ora
<i>Parkia biglobosa</i> (Jacq.) R. Br. ex G. Don	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba, Se	Ma, Po	Ora
<i>Senna occidentalis</i> (L.) Link	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Terminalia avicennioides</i> Guill. & Perr.	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ro	De,	Ora
<i>Thevetia peruviana</i> (Pers.) K.Schum.	2	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Tr	Ora
<i>Abelmoschus esculentus</i> (L.) Moench.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	St	De	Ora
<i>Acanthospermum hispidum</i> De.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Tr	Ora
<i>Blighia sapida</i> Koenig	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le, Ba	Po	Ora
<i>Cajanus cajan</i> (L.) Millsp.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Chromolaena odorata</i> (L.) R.M.King	1	Dia	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Cissus quadrangularis</i> L.	1	Dia, Ind	Misrasra (f) Ehodjidji (w)	St	Ma,	Ora
<i>Dichapetalum madagascariense</i> Poir.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Diospyros mespiliformis</i> Hochst. ex A. Rich	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Ma, Gr	Ora
<i>Eucalyptus camaldulensis</i> Dehn	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le, Ba	Ma	Ora
<i>Grewia mollis</i> Juss.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	Tr	Ora
<i>Hyptis suaveolens</i> (L.) Poit.	1	Dia, Ind,	Misrasra (f) Ehodjidji (w)	Le, St	De	Ora
<i>Iringia gabonensis</i> (Aubry-Lecomte ex O'Rorke) Baill.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr	Ora
<i>Lophira lanceolata</i> Tiegh. ex Keay	1	Dia, Ind	Misrasra (f) Ehodjidji (w)	Ba, Le	De	Ora
<i>Maranthes polyandra</i> (Benth.) Prance	1	Dia, Ind	Misrasra (f) Ehodjidji (w)	Ba, Ro	Po, De	Ora
<i>Margaritaria discoidea</i> (Baill.) Webster	1	Dia, Ind	Misrasra (f) Ehodjidji (w)	Ba	Po	Ora
<i>Mucuna pruriens</i> (L.) DC. var. pruriens	1	Dia, Ind	Misrasra (f) Ehodjidji (w)	Le	Gr	Ora
<i>Nicotiana tabacum</i> L.	1	Dia, Ind	Misrasra (f) Ehodjidji (w)	Le, St	De, Po	Ora
<i>Pericopsis laxiflora</i> (Benth.) van Meeuwen	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	Ma, Po	Ora

(continued on next page)

**Table 4 (continued)**

Plant	FC	CS	VN	PP	PM	AR
<i>Piliostigma reticulatum</i> (DC.) Hochst	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	Ma	Ora
<i>Piliostigma thonningii</i> (Schumach.) Milne-Redh.	1	Ind	Adogo houn (p)	Le	Ma, De	Ora
<i>Prosopis africana</i> (Guill. & Perr.) Taub	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	Po, De	Ora
<i>Pseudocedrela kotschy</i> (Schweinf.) Harms	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	Po	Ora
<i>Psidium guajava</i> L.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Po	Ora
<i>Pteleopsis suberosa</i> Engl. & Diels	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba	De	Ora
<i>Pupalia lappacea</i> (L.) Juss.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Tr, Gr	Ora
<i>Rhodognaphalon brevicuspe</i> (Sprague) Roberty	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Gr, Tr	Ora
<i>Saba senegalensis</i> (A. DC.) Pichon	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	De	Ora
<i>Sarcocephalus latifolius</i> (Sm.) E.A.Bruce	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Ba, Ro	Ma	Ora
<i>Securidaca longipedunculata</i> Fres.	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Po	Ora
<i>Solanum dasypodium</i> Schumach. & Thonn	1	Dia, Ind, Gap	Misrasra (f) Domédédé (a)	Le	Po	Ora
<i>Tridax procumbens</i> L.	1	Ind, Ano	Enoumado (n) Ehodjidji (a)	Le	Tr, Gr	Ora
<i>Vigna racemosa</i> (G.Don) Hutch. & Dalziel	1	Dia	Misrasra (f)	Le	Gr	Ora
<i>Vitellaria paradoxa</i> C.F.Gaertn., 1807	1	Dia, Ind	Misrasra (f) Ehodjidji (a)	Ba	Ma, De	Ora
Reproductive disorders (W)						
<i>Spondias mombin</i> L.	79	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Le	Tr	Loc
<i>Rhodognaphalon brevicuspe</i> (Sprague) Roberty	14	Dys, Rep, Aga	Sin ton do anonminan (w)	Le	Gr, Tr	Ora
<i>Solanum dasypodium</i> Schumach. & Thonn	13	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Wp	-	Loc
<i>Acacia gourmaensis</i> A. Chev	11	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Ba	Po	Ora
<i>Ficus sycomorus</i> L., 1767	10	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Le	Gr	Ora
<i>Cissus populnea</i> Guill. & Perr	6	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	St, Ro	Po	Ora
<i>Newbouldia laevis</i> (P. Beauv.) Seem	5	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Le	Tr, Gr	Ora
<i>Vigna unguiculata</i> (L.) Walp.	4	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Se	Po, Gr	Ora
<i>Crossopteryx febrifuga</i> (Afzel. ex G. Don) Benth	3	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le, Ba	Po	Ora
<i>Euphorbia balsamifera</i> Aiton	3	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le, St	De	Ora
<i>Rourea coccinea</i> (Thonn. ex Schumach.) Benth.	3	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Gr, Tr	Ora
<i>Striga hermonthica</i> (Delile) Benth.	3	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Wp	Po	Ora
<i>Annona senegalensis</i> Pers	2	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Gr,	Ora
<i>Calotropis procera</i> (Ait.) Ait. f	2	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	De	Ora
<i>Manihot esculenta</i> Crantz	2	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Gr	Ora
<i>Morinda lucida</i> Benth.	2	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Gr	Ora
<i>Moringa oleifera</i> Lam.	2	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Po, De	Ora
<i>Sesamum indicum</i> L.	2	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Gr	Ora
<i>Zanthoxylum zanthoxyloides</i> (Lam.) Watermann	2	Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Gr	Ora
<i>Abelmoschus esculentus</i> (L.) Moench.	1	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	St	De	Ora
<i>Adansonia digitata</i> L., 1753	1	Dys, Mas	Evi djidji gbonnou (a) Anon dor (b)	Ba, Le	Po,	Ora
<i>Afzelia africana</i> Smith ex Pers	1	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Po	Ora
<i>Caesalpinia bonduc</i> (L.) Roxb.	1	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	De, Gr	Ora
<i>Chromolaena odorata</i> (L.) R.M.King	1	Dys, Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Tr, Ma, Gr	Der, Ora
<i>Diospyros mespiliformis</i> Hochst.	1	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Le	Ma, Gr	Ora
<i>Ficus sur</i> Forssk.	1	Dys, Rep	Evi djidji gbonnou (a) Viko tonan (f)	Le	Gr, De	Ora
<i>Leptadenia hastata</i> (Pers.) Decne	1	Rep, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le	Ma	Ora
<i>Mangifera indica</i> L.	1	Dys, Aga, Mas	Sin ton do anonminan (w) Anon dor (b)	Le, Ba	Ma, Gr	Ora
<i>Mitragyna inermis</i> (Willd.) Kuntze	1	Dys, Rep, Aga, Mas	Evi djidji gbonnou (a) Viko tonan (f)	Ba	Ma	Ora
<i>Pergularia daemia</i> (Forssk.) Chiov.	1	Dys, Rep, Aga, Mas	Evi djidji gbonnou (a) Viko tonan (f)	Le	Tr	Ocu
<i>Piliostigma thonningii</i> (Schumach.) Milne-Redh	1	Aga, Mas	Anon macorchi (d)	Le	Ma, De	Ora
<i>Prosopis africana</i> (Guill. & Perr.) Taub	1	Dys, Mas	Evi djidji gbonnou (a) Anon dor (b)	Ba	Po, De	Ora
<i>Psidium guineense</i> Sw.	1	Dys	Evi djidji gbonnou (a)	Le	Gr,	Ora
<i>Vernonia amygdalina</i> Delile	1	Dys	Evi djidji gbonnou (a)	Le	Gr, Tr	Ora
Respiratory disorders (R)						
<i>Ocimum gratissimum</i> L.	20	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	Tr	Nas
<i>Mangifera indica</i> L.	10	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le, Ba	Ma, Gr	Ora
<i>Khaya senegalensis</i> (Desr.) A.Juss.	7	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ba,	Ma, De	Ora
<i>Dioscorea hirtiflora</i> Benth.	3	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ro	Ma, Po	Ora
<i>Vernonia amygdalina</i> Delile	3	Cou	Kpin (f) Ekpin (a)	Le	Gr, Tr	Ora
<i>Azadirachta indica</i> A. Juss	2	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le, Ba	Ma, Po	Ora
<i>Parkia biglobosa</i> (Jacq.) R. Br. ex G. Don	2	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ba, Se	Ma, Po	Ora
<i>Adansonia digitata</i> L., 1753	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ba, Le	Po,	Ora

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**Table 4 (continued)**

Plant	FC	CS	VN	PP	PM	AR
<i>Caesalpinia bonduc</i> (L.) Roxb.	1	Cou	Kpin (f)	Le	De, Gr	Ora
<i>Cissus quadrangularis</i> L.	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	St	Ma	Ora
<i>Dendrocalamus asper</i> (Schult.) Backer	1	Cou	Kpin (f)	St	De	Nas
<i>Lophira lanceolata</i> Tiegh. ex Keay	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ba, Le	De	Ora
<i>Momordica charantia</i> L.	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	Tr, Ma	Ora
<i>Morinda lucida</i> Benth.	1	Nad	Hontchichou (w)	Le	Gr	Ora
<i>Newbouldia laevis</i> (P. Beauv.) Seem	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	Tr, Gr	Ora
<i>Opilia amentacea</i> Roxb.	1	Nad	Hontchichou (w)	Le	De	Ora
<i>Platostoma africanum</i> P. Beauv.	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	Ma	Ora
<i>Psidium guineense</i> Sw.	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	Gr,	Ora
<i>Pterocarpus erinaceus</i> Poir	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ba, Le	Po, Ma	Ora
<i>Senna occidentalis</i> (L.) Link	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	Gr	Ora
<i>Senna siamea</i> (Lam.) H.S.Irwin & Barneby	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	De	Ora
<i>Stereospermum kunthianum</i> Cham	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Ba	De	Ora
<i>Striga hermonthica</i> (Delile) Benth.	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Wp	Po	Ora
<i>Tamarindus indica</i> L.	1	Cou, Nad	Kpin (f) Ekpin (a) Amisin (f)	Le	De	Ora
<i>Vitellaria paradoxa</i> Gaertn. f	1	Nad	Hontchichou (w)	Ba	Ma, De	Ora
General and non-specific disorders (A)						
<i>Morinda lucida</i> Benth.	23	Fev, Prh	Xoxo (f) Efou tchite (a)	Le	Gr	Ora
<i>Khaya senegalensis</i> (Desr.) A. Juss	16	Fev	Xoxo (f)	Ba,	Ma, De	Ora
<i>Moringa oleifera</i> Lam.	16	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Po, De	Ora
<i>Caesalpinia bonduc</i> (L.) Roxb.	5	Fev, Prh	Foun tchité (b) zoozou (o)	Le	De, Gr	Ora
<i>Anogeissus leiocarpa</i> (DC.) Guill. & Perr.	2	Prh	Efou tchite (a)	Le, Ba	Ma, De	Ora
<i>Azadirachta indica</i> A.Juss.	2	Fev, Prh	Foun tchité (b) zoozou (o)	Le, Ba	Ma, Po	Ora
<i>Cajanus cajan</i> Harms	2	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Gr	Ora
<i>Cissus quadrangularis</i> L.	2	Fev	Xoxo (f)	St	Ma,	Ora
<i>Hyptis suaveolens</i> (L.) Poit.	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Le, St	De	Ora
<i>Mitragyna inermis</i> (Willd.) Kuntze	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Ba	Ma	Ora
<i>Momordica charantia</i> L.	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Le	Tr, Ma	Ora
<i>Newbouldia laevis</i> (P. Beauv.) Seem	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Le	Tr, Gr	Ora
<i>Ocimum gratissimum</i> L.	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Le	De	Ora
<i>Spondias mombin</i> L.	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Le	Gr, Tr	Ora
<i>Vitellaria paradoxa</i> C.F.Gaertn., 1807	2	Fev, Prh	Xoxo (f) Efou tchite (a)	Ba	Ma, De	Ora
<i>Afzelia africana</i> Smith ex Pers	1	Fev, Prh	Xoxo (f) Efou tchite (a)	Le	Po	Ora
<i>Bryophyllum pinnatum</i> (Lam.) Oken	1	Prh	Efou tchite (a)	Le	Gr	Ora
<i>Ficus sur</i> Forssk.	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Gr, De	Ora
<i>Flueggea virosa</i> (Roxb. ex Willd.) Voigt	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Gr	Ora
<i>Gliricidia sepium</i> (Jacq.) Kunth ex Walp.	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Gr	Ora
<i>Gmelina arborea</i> Roxb.	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Gr	Ora
<i>Leucaena leucocephala</i> (Lam.) De Wit	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Gr	Ora
<i>Prosopis africana</i> (Guill. & Perr.) Taub	1	Fev, Prh	Foun tchité (b) zoozou (o)	Ba	Po, De	Ora
<i>Pterocarpus erinaceus</i> Poir	1	Fev, Prh	Foun tchité (b) zoozou (o)	Ba, Le	Po, Ma	Ora
<i>Pupalia lappacea</i> (L.) Juss.	1	Fev	zoozou (o)	Le	Gr	Ora
<i>Senna alata</i> (L.) Roxb	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	De	Ora
<i>Striga hermonthica</i> (Delile) Benth.	1	Fev, Prh	Foun tchité (b) zoozou (o)	Wp	Po	Ora
<i>Tridax procumbens</i> L.	1	Fev, Prh	Foun tchité (b) zoozou (o)	Le	Tr, Gr	Ora
<i>Vernonia amygdalina</i> Delile	1	Fev	Xoxo (f)	Le	Tr	Ora
Skin disorders (S)						
<i>Khaya senegalensis</i> (Desr.) A. Juss	7	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Ba,	Ma, De	Loca
<i>Nicotiana tabacum</i> L.	3	Wos	Tchaabè (p) Akli (f)	Le, St	De, Po	Der
<i>Ocimum gratissimum</i> L.	3	Sca	Edjekpo (a)	Le	Tr, De	Der
<i>Pupalia lappacea</i> (L.) JUSS.	3	Sca	Edjekpo (a)	Le	Tr	Der
<i>Vitex doniana</i> Sweet	3	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Ba	De, Ma	Ora
<i>Chromolaena odorata</i> (L.) R.M.King	2	Sca	Edjekpo (a)	Le	Tr	Der
<i>Vitellaria paradoxa</i> C.F.Gaertn., 1807	2	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Ba	Ma, De	Ora
<i>Acacia macrostachya</i> Reichenb. ex DC	1	Wos	Tchaabè (p) Akli (f)	Ba, Le	De	Ora
<i>Annona senegalensis</i> Pers.	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le, Ba	Ma, De	Ora
<i>Azadirachta indica</i> A. Juss	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le, Ba	Ma, Po	Ora
<i>Carica papaya</i> L.	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Se	Po	Der

(continued on next page)

**Table 4 (continued)**

Plant	FC	CS	VN	PP	PM	AR
<i>Guiera senegalensis</i> J.F.Gmel	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le, Ba	Po	Ora
<i>Mangifera indica</i> L.	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le, Ba	Ma, Gr	Ora
<i>Maranthes polyandra</i> (Benth.) Prance	1	Sea, Wos	Tchaabè (p) Akli (f) Akpa (d)	Ba, Ro	Po, De	Ora
<i>Momordica charantia</i> L.	1	Sea, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le	Tr, Ma	Ora
<i>Moringa oleifera</i> Lam.	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le	Po, De	Ora
<i>Piliostigma thonningii</i> (Schumach.) Milne-Redh	1	Sca	Edjekpo (a)	Le	Ma, De	Ora
<i>Sarcocaphealus latifolius</i> (Sm.) E.A.Bruce	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Ba, Ro	Ma	Der
<i>Spondias mombin</i> L.	1	Sca, Wos	Tchaabè (p) Akli (f) Akpa (d)	Le	Tr	Loc
Metabolism, nutrition and endocrine disorders (T)						
<i>Moringa oleifera</i> Lam.	11	Ano, Avi, Stg	Esouya (f) Enoumado (a)	Le	Gr, Po, De	Ora
<i>Adansonia digitata</i> L., 1753	7	Stg	Esouya (f) Ehoueou yihoue (a)	Ba, Le	Po,	Ora
<i>Elaeis guineensis</i> Jacq.	4	Stg	Esouya (f) Ehoueou yihoue (a)	Le	Gr	Ora
<i>Ficus exasperata</i> Vahl	2	Stg	Esouya (f) Ehoueou yihoue (a)	Le	Po	Ora
<i>Gliricidia sepium</i> (Jacq.) Kunth ex Walp.	2	Stg	Esouya (f) Ehoueou yihoue (a)	Le	Gr	Ora
<i>Ficus sycomorus</i> L., 1767	1	Stg	Esouya (f) Ehoueou yihoue (a)	Le	Gr	Ora
<i>Ficus umbellata</i> Vahl	1	Stg	Esouya (f) Ehoueou yihoue (a)	B	Po	Ora
<i>Khaya senegalensis</i> (Desr.) A. Juss	1	Stg	Esouya (f) Ehoueou yihoue (a)	Ba,	Ma, De	Ora
<i>Leucaena leucocephala</i> (Lam.) De Wit	1	Avi, Stg	Esouya (f) Vitamine houedi (d)	Le	Gr	Ora
<i>Momordica charantia</i> L.	1	Ano, Stg	Esouya (f) Vitamine houedi (d)	Le	Tr, Ma	Ora
Blood and hematopoietic organs disorders (B)						
<i>Dioscorea hirtijlora</i> Benth.	17	Hae, Ana	Houn ton mandoté (f) Ehoun wedo (a)	Ro	Ma, Po	Ora
<i>Crossopteryx febrifuga</i> (Afzel. ex G. Don) Benth	1	Hae, Ana	Houn ton mandoté (f) Ehoun wedo (a)	Le, Ba	Po	Ora
<i>Guiera senegalensis</i> J.F. Gmel	1	Hae, Ana	Houn ton mandoté (f) Ehoun wedo (a)	Le, Ba	Po	Ora
<i>Mucuna pruriens</i> (L.) DC. var. pruriens	1	Hae, Ana	Houn ton mandoté (f) Ehoun wedo (a)	Le	Gr	Ora
<i>Tamarindus indica</i> L.	1	Hae, Ana	Houn ton mandoté (f) Ehoun wedo (a)	Le	De	Ora
Musculoskeletal disorders (L)						
<i>Combretum glutinosum</i> Perr. ex De	16	Bof	Ewin (o) Ehin (n)	Ba	Ma	Loc
<i>Diospyros mespiliformis</i> Hochst. ex A. Rich	1	Bof	Ewin (o) Ehin (n)	Le	Ma, Gr	Loc
<i>Eucalyptus camaldulensis</i> Dehn	1	Bof	Ewin (o) Ehin (n)	Le, Ba	Ma	Ora
<i>Moringa oleifera</i> Lam.	1	Bof	Ewin (o) Ehin (n)	Le	Po, De	Ora
<i>Pericopsis laxiflora</i> (Benth.) van Meeuwen	1	Bof	Ewin (o) Ehin (n)	Ba	Ma, Po	Ora
<i>Piliostigma thonningii</i> (Schumach.) Milne-Redh	1	Bof	Ewin (o) Ehin (n)	Le	Ma, De	Loc
Eye disorders (F)						
<i>Balanites aegyptiaca</i> (L.) Del.	1	Eyd, Ree	Nounkoun-mian (f)	Se	Ma	Ocu
<i>Citrus limon</i> (L.) Burm.f	1	Eyd	Ouncouvi ko nachi (a)	Le	Po, De	Ora
<i>Hibiscus sabdariffa</i> L., 1753	1	Eyd	Ouncouvi ko nachi (a)	Le	De	Ocu
<i>Pergularia daemia</i> (Forssk.) Chiov.	1	Eyd, Ree	Nounkoun-mian (f)	Le	Tr	Ocu
<i>Terminalia avicennioides</i> Guill. & Perr.	1	Eyd	Ouncouvi ko nachi (a)	Ro	De	Ora
Neurological disorders (N)						
<i>Cissus populnea</i> Guill. & Perr	1	Ner, Agi	Hominsin (f) Dormesi (p)	St, Ro	Po	Ora
<i>Diospyros mespiliformis</i> Hochst. ex A. Rich	1	Ner, Agi	Ewlawla (b) Hlahla (s)	Le	Ma, Gr	Ora

Notes: FC: Frequency of Citation; CS: Clinical signs (Dia: Diarrhea, Ind: Indigestion, Gap: Gastrointestinal parasitosis, Ano: Anorexia, Dys: Dystocia, Rep: Retained placenta, Aga: Agalactia, Mas: Mastitis, Cou: Cough, Nad: Nasal discharge, Fev: Fever, Prh: Prickly hairs, Sca: Scabies, Wos: Wound on the skin, Avi: Avitaminosis, Stg: Stunted growth, Hae: Haemorrhage Ana: Anaemia, Bof: Bone fracture, Eyd: Eye discharge, Ree: Red eye, Ner: Nervousness, Agi: Agitation); VN: Vernacular name (f = Fon; b = Bariba; o = Otammari; p = Peulh; s = Sahoué; d = Dendi; w = Wama; n = Natimba; a = Adja) PP: Plant Part (Le: Leaves, Ba: Bark, Se: Seed, Ro: Root, St: Stem, Wp: Whole plant); PM: Preparation Modes (Ma: Maceration, Gr: Grazing, Tr: Trituration, De: Decoction, Po: Powder); AR: Administration Route (Ora: Oral; Der: Dermal, Ocu: Ocular, Nas: Nasal, Loc: Local).

uneducated (67.2%) and had agriculture and livestock as their main activities. These results confirm the observations of [Ogni et al. \(2014\)](#), [Usha et al. \(2016\)](#) and [Ouachinou et al. \(2019\)](#) who showed that breeding is mainly done by uneducated people. In fact, small ruminants breeding is mainly done in rural areas, which concentrate the majority of the uneducated ([Le Gall and Leboucq, 2003](#)), although more and more sheep and goats farming is encountered in periurban areas ([Dossa et al., 2015](#)). On average, those surveyed kept  $10 \pm 11$  heads of small ruminants, which is relatively high compared to that found by [Hounzangbé-Adoté \(2001\)](#) and [Lakew et al. \(2017\)](#). This could be related to the choice of agro-ecological zones where small ruminants breeding is predominant.

### 3.2. Diversity of inventoried medicinal plants

A total of 101 species of medicinal plants belonging to 42 families and 90 genera were inventoried during the survey ([Table 2](#)). The richest families were Leguminosae (22 species, 21.6%), Euphorbiaceae (7 species, 6.9%), Combretaceae (5 species, 4.9%), Rubiaceae (4 species, 3.9%), Moraceae (4 species, 3.9%), Meliaceae (4 species, 3.9%) and Asteraceae (4 species, 3.9%). The Rgc was 1.1, which indicates the high diversity of medicinal species used to treat small ruminants diseases. This implies that each genera holds in average more than one species. The genera with high species number were Ficus (4 species), Acacia (3 species) and Sena (3 species). This diversity is very high compared to those

obtained by Tamboura et al. (1998), Hounzangbé-Adoté (2001), Yineger et al. (2007), Usha et al. (2016), Ahoyo et al. (2017) and Kebede et al. (2018) but low compared to values of Dassou et al. (2015a) and Ouachinou et al. (2019). This difference may be explained by variation of knowledge between the sociocultural groups. This high diversity could also be explained by the fact that the study covered multiple agro-ecological zones that contain different plant species. Indeed, Houinato and Sinsin (2002) have shown that vegetation varies according to agro-ecological zones. A high diversity of small ruminants diseases can justify also the high diversity of medicinal plants used by breeders. The high diversity observed in this study testifies the importance of ethnoveterinary practices in the health care of sheep and goats. Indeed, according to the breeders, herbal remedies are first offered to animals after observations of pathological signs and it is after the failure of these that they call the veterinarian or technician. The CI ranged from 0.002 to 0.208. The most important plants in the treatment of sheep and goats diseases were *Spondias mombin*, *Zanthoxylum zanthoxyloides*, *Khaya senegalensis*, *Morinda lucida* and *Moringa oleifera* with CI of 0.208, 0.125, 0.121, 0.109 and 0.105, respectively. These different species were previously inventoried in ethnobotanical surveys (Hounzangbé-Adoté, 2001; Kabore et al., 2007; Attindéhou et al., 2012; Dassou et al., 2015a; Ouachinou et al., 2019).

### 3.3. Ethnoveterinary knowledge and main disease groups of small ruminants

Ten disease categories were identified in our survey. These were mainly digestive disorders (D: diarrhea, indigestion, anorexia, gastrointestinal parasitosis) cited by 49.3% of respondents. This disease group was followed by reproductive disorders (W: dystocia, mastitis, agalactia, retained placenta), general and non-specific disorders (A: fever, anorexia) and respiratory disorders (R: cough, nasal discharge) cited respectively, by 20.2%, 10.6% and 7.2% of the respondents (Figure 2). These results corroborate those of Hounzangbé-Adoté (2001), Dossa et al. (2007), Ogni et al. (2014) and Lakew et al. (2017) who found that the main symptoms encountered in small ruminants farms are diarrhea, anorexia and gastrointestinal parasitosis, which lead to high mortality. According to the breeders, these diseases are more common in the rainy season and are probably related to moisture that promotes the development of pathogens. Indeed, Underwood et al. (2015) have shown that, ruminants breeding environment contains multiple pathogenic bacteria and fungi which cause diseases. According to these authors, the development of these pathogens is depending of several environmental factors, including moisture and temperature. Reproductive disorders (W) are the second category of disorders that was frequently cited by respondents. Ogni et al. (2014) and Dassou et al. (2015a) made the similar observations in some Beninese farms. Indeed, this category of disorders includes cases of dystocia, mastitis and agalactia. This was probably due to the lack of hygiene in the farms, which promotes the development of infectious agents and contamination of reproductive organs such as udders. In fact, Al-Momani et al. (2008) have shown that small ruminants agalactia in northern Jordan is associated with some production and health management practices. In addition, uncontrolled mating between different breeds may be the reason of dystocia observed. In West-Africa, small ruminants flocks are characterised by the presence of multiple genotypes and uncontrolled mating (Dossa et al., 2015). ICF calculation yielded 0.8, 0.8, 0.8, 0.7, 0.7 and 0.6 respectively, for group disorders D, W, B, L, A, T and R (Table 3). This indicates the high degree of consensus between the respondents in relation to the plants used to treat these different disease groups.

### 3.4. Plants used to treat different disorders groups

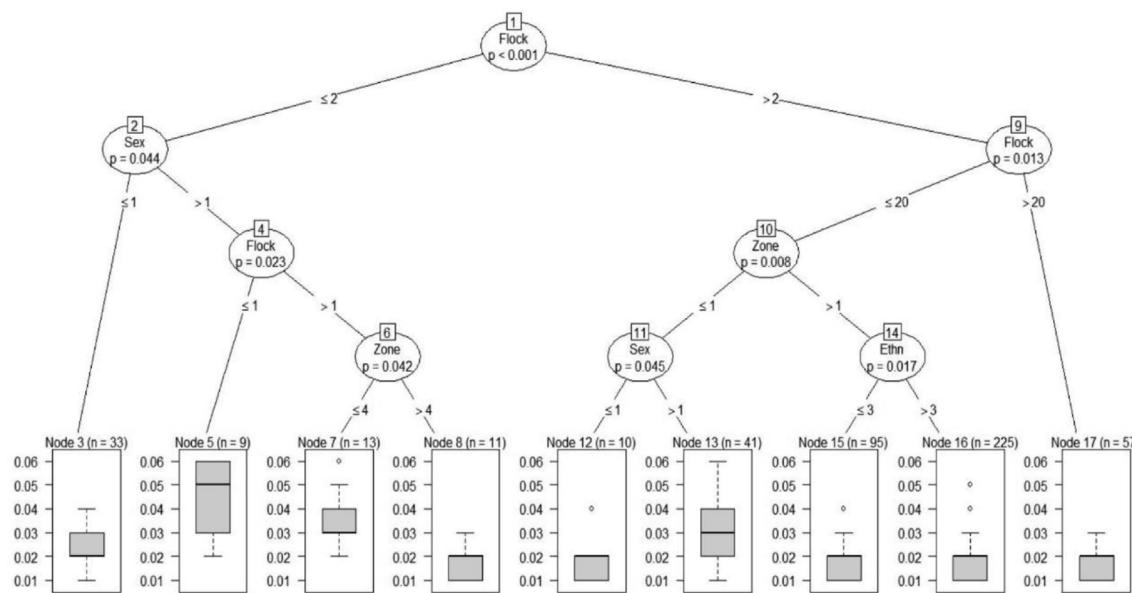
The results showed that disease groups frequently encountered, such as digestive disorders (D), reproductive disorders (W) and general non-specific diseases (A) were treated, respectively, with 72, 34 and 29

medicinal plants (Table 4). On the other hand, musculoskeletal disorders (L), eye disorders (F) and neurological disorders (N) were treated, respectively, with 6, 5 and 2 medicinal plants. Most of the listed plants were used to treat two or more disease categories. Thus, their FL was used to identify the frequently plants used to treat each disease group (Table 5). For the treatment of digestive diseases for example, among the 72 plants used, 20 were selected which merit further research. These are *Zanthoxylum zanthoxyloides*; *Striga hermonthica*; *Khaya senegalensis*; *Adansonia digitata*; *Morinda lucida*; *Spondias mombin*; *Elaeis guineensis*; *Caesalpinia bonduc*; *Azadirachta indica*; *Newbouldia laevis*; *Carica papaya*; *Momordica charantia*; *Anogeissus leiocarpa*; *Vitex doniana*; *Parkia biglobosa* and *Crossopteryx febrifuga*, with FL, respectively, 0.9, 0.8, 0.5, 0.7, 0.5, 0.6, 0.8, 0.7, 0.7, 0.6, 0.9, 0.5, 0.7, 0.6, 0.5 and 0.4. Previous studies have already shown that these plants are used to treat digestive disorders in domestic animals (Hounzangbé-Adoté, 2001; Kabore et al., 2007; Yineger et al., 2007; Djoueche et al., 2011; Attindéhou et al., 2012; Usha et al., 2016; Ouachinou et al., 2019). In addition, chemical and biological studies have been conducted and confirmed the *in vivo* and *in vitro*

**Table 5.** List of three main medicinal plants used to treat each disease group of small ruminants in Benin.

Plants	FC	FL
<b>Digestive disorders (D)</b>		
<i>Zanthoxylum zanthoxyloides</i> (Lam.) Watermann	61	0.9
<i>Striga hermonthica</i> (Delile) Benth.	46	0.8
<i>Adansonia digitata</i> L., 1753	31	0.7
<b>Reproductive disorders (W)</b>		
<i>Spondias mombin</i> L.	79	0.7
<i>Rhodaphnophalon brevicuspe</i> (Sprague) Roberty	14	0.9
<i>Solanum dasypodium</i> Schumach. & Thonn	13	0.9
<b>Respiratory disorders (R)</b>		
<i>Ocimum gratissimum</i> L.	20	0.5
<i>Mangifera indica</i> L.	10	0.6
<i>Khaya senegalensis</i> (Desr.) A.Juss.	7	0.1
<b>General and non-specific disorders (A)</b>		
<i>Morinda lucida</i> Benth.	23	0.4
<i>Khaya senegalensis</i> (Desr.) A. Juss	16	0.2
<i>Moringa oleifera</i> Lam.	16	0.3
<b>Skin disorders (S)</b>		
<i>Khaya senegalensis</i> (Desr.) A. Juss	7	0.1
<i>Nicotiana tabacum</i> L.	3	0.7
<i>Pupalia lappacea</i> (L.) JUSS.	3	0.6
<b>Metabolism, nutrition and endocrine disorders (T)</b>		
<i>Moringa oleifera</i> Lam.	11	0.2
<i>Adansonia digitata</i> L., 1753	7	0.1
<i>Elaeis guineensis</i> Jacq.	4	0.1
<b>Blood and hematopoietic organs disorders (B)</b>		
<i>Dioscorea hirtiflora</i> Benth.	17	0.8
<i>Crossopteryx febrifuga</i> (Afzel. ex G. Don) Benth	1	0.1
<i>Guiera senegalensis</i> J.F. Gmel	1	0.5
<b>Musculoskeletal disorders (L)</b>		
<i>Combretum glutinosum</i> Perr. ex De	16	1.0
<i>Diospyros mespiliformis</i> Hochst. ex A. Rich	1	0.2
<i>Eucalyptus camaldulensis</i> Dehn	1	0.5
<b>Eye disorders (F)</b>		
<i>Balanites aegyptiaca</i> (L.) Del.	1	0.2
<i>Citrus limon</i> (L.) Burm.f	1	0.3
<i>Hibiscus sabdariffa</i> L., 1753	1	0.2
<b>Neurological disorders (N)</b>		
<i>Cissus populnea</i> Guill. & Perr	1	0.1
<i>Diospyros mespiliformis</i> Hochst. ex A. Rich	1	0.2

FC: Frequency of Citation; FL: Fidelity Level.



**Figure 3.** Decision tree showing socioeconomic and environmental factors that influence significantly ethnoveterinary knowledge level within small ruminants breeders in Benin. Flock: Small ruminant flocks size, Sex: Respondent sex, Zone: Agro-ecological zone and Ethn: Ethnicity of the respondent. Each node indicates the factor that significantly influences ethnoveterinary knowledge level and specifies at which level the difference lies. For example, node 1 indicates that flocks size significantly ( $P = 0.001$ ) influences ethnoveterinary knowledge level and specifies that farmers with a flocks size of 2 or less have a different level of knowledge than those with a flocks size of more than 2.

efficacy of some of these plants (Chandrawathani et al., 2006; Agaie and Onyeyili, 2007; Kabore et al., 2009; Azando et al., 2011; Olounladé et al., 2011; Koné et al., 2012). In previous studies, *Z. zanthoxyloides*, *A. indica*, *A. leiocarpa* and *S. mombin* have shown a strong activity in treatment of gastrointestinal parasitosis of small ruminants (Chandrawathani et al., 2006; Agaie and Onyeyili Kabore et al., 2009; Azando et al., 2011), this may be explained traditional usage of these plants. Chemical analysis of these plants revealed that they contain mainly, tannins, flavonoids, alkaloids and anthraquinones (Igwe et al., 2010; Barku et al., 2013), that may be the reason for their effectiveness. Nevertheless, *S. hermonthica*; *M. charantia* and *E. guineensis* were less studied. Some medicinal plants inventoried during the survey are versatile and therefore well-suited for the treatment of several disease categories. As an example *A. digitata* is also indicated for the treatment of metabolism and nutrition disorders (T). Similarly, *S. mombin* can be used to treat reproductive disorders (W). This corroborates the results of Adedokun et al. (2010) and Gbolade and Adeyemi (2008), who found that these plants can be used in the treatment of reproductive disorders and gastrointestinal parasitosis, respectively.

The majority of the recipes proposed were composed exclusively of plants. The leaves (64.2%), the barks (17.2%) and the whole plants (7.3%), are the main parts used. The majority of recipes are prescribed in the form of fresh leaves to be grazed by small ruminants (45.2%). Other methods of preparation were maceration (21.5%), decoction (10.8%), pounding (8.7%), powder (6.9%) and trituration (6.8%).

### 3.5. Influence of socioeconomic and environmental factors on traditional knowledge

Ethnoveterinary medicine involves natural resources use (plants, minerals, animal organs) and supernatural resources (prayers, incantations, magic) to treat animals (Wanzala et al., 2005). However, magico-religious practices contribution to livestock treatments remains to be proven according to several authors (Assogbadjo et al., 2011; Dassou et al., 2015b). Thus, natural resources use, especially plants, appears to be a key element to evaluate the ethnoveterinary knowledge

level of livestock farmers (Kouchade et al., 2017; Miara et al., 2019). However, the number of medicinals plants cited alone to measure the level of knowledge related to ethnoveterinary practices appears insufficient because ethnoveterinary medicine covers many other aspects not taken into account. Sometimes there is a gap between knowledge and actual use of medicinal plants. Indeed, farmers consider ethnoveterinary knowledge as a family secret and do not share all the information with outsiders. This is one of the major limitations for ethnoveterinary surveys.

The results showed that size of the small ruminants flock ( $P = 0.001$ ), gender of respondents ( $P = 0.045$ ), agro-ecological zone ( $P = 0.008$ ) and ethnicity of respondents ( $P = 0.017$ ) significantly influenced the level of knowledge related to plants used to treat small ruminants diseases (Figure 3). These results corroborate those of Assogbadjo et al. (2011) and Dassou et al. (2015b) who showed that agro-ecological and phytogeographic zones, ethnicity and educational level influence traditional knowledge. Analyse of variance results showed that respondents from agro-ecological zone 1 (Karimama) have a high level of knowledge compared to other zones considered in our study ( $P = 0.00797$ ). This may be explained by the lack of money, the absence of veterinary services and the inaccessibility of sanitary products in the municipality of Karimama (INSAE, 2016). Thus, to cope with the sanitary management of their animals, breeders are forced to turn to ethnoveterinary practices. Le Gall and Leboucq (2003) have shown that the absence of veterinary services and the inaccessibility of health products are the main constraints to livestock development in sub-Saharan Africa. In addition, our study reveals that the practice of ethnoveterinary medicine in small ruminants farms depends on herd size ( $P = 0.023$ ). In fact, analyse of variance results showed that, the larger the herd size, the less breeders use plants to treat small ruminants diseases. For small flocks class ( $1 \leq \text{Flock} < 10$ ), respondents use an average 3 plants compared to 1 for large flocks ( $60 \leq \text{Flock} < 70$ ). This may be explained by the fact that breeders who have a large flock may have difficulty in preparing traditional recipes for all animals. Similarly, these farmers could have more financial capacity than those who have a small flock and are therefore able to buy veterinary products and

pay veterinary services. Although several ethnobotanical surveys have been conducted to evaluate the effect of certain factors on the level of knowledge, the present work remains the only one to prove that there is a link between herd size and the level of knowledge in ethnoveterinary practice. Like herd size, ethnicity is also linked to the knowledge of the plants used to treat small ruminants disorders. These results are consistent with those of Assogbadjo et al. (2011) and Kouchade et al. (2017) who found that traditional knowledge varies according to sociocultural groups in Benin. Indeed, the results showed that Dendi and Peulh have a strong knowledge (on average 3 plants per respondent) compared to Adja, Wama, Otammari and Natimba (on average 1.5 plants per respondent). This can be linked to the fact that these two sociocultural groups are herding societies and therefore strongly care for welfare of their animals (Dassou et al., 2020).

#### 4. Conclusions

Traditional ethnoveterinary practices continue to contribute to the improvement of animal production. The present study demonstrated that it is used by a majority of small ruminants breeders in Benin to treat livestock diseases. The main disease groups encountered were those of digestive system and those related to reproductive organs. Gender, agro-ecological zone, sociocultural group and herd size are factors that significantly influence the level of knowledge of plants used to treat sheep and goats diseases. The most frequently plants were *Z. zanthoxyloides*, *K. senegalensis*, *M. lucida*, *M. oleifera* and *S. hermonthica*. Chemical and biological studies have been conducted on several of these plants. Nevertheless, certain inventoried plants namely, *S. hermonthica*, *E. guineensis*, *C. febrifuga* and *M. charantia* were less studied. Thus, chemical and biological studies are needed to test the properties attributed to these plants and characterize active compounds responsible to the probables biological activities.

#### Declarations

##### Author contribution statement

Esaïe Tcheton: Conceived and designed the experiments; Performed the experiments; Analyzed and interpreted the data; Wrote the paper.

Abiodoun Pascal Olounlade: Conceived and designed the experiments; Contributed reagents, materials, analysis tools or data.

Thierry Dehouegnon Houehanou: Analyzed and interpreted the data; Wrote the paper.

Erick Virgile Bertrand Azando; Sylvie Mawule Hounzangbe-Adote: Contributed reagents, materials, analysis tools or data.

Josette Aifiavi Kaneho: Performed the experiments.

Marcel Romuald Benjamin Houinato; Fernand Ahokannou Gbaguidi; Joëlle Quetin-Leclercq: Conceived and designed the experiments.

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##### Data availability statement

Data included in article/supplementary material/referenced in article.

##### Declaration of interests statement

The authors declare no conflict of interest.

##### Additional information

No additional information is available for this paper.

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