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REVIEW

# Current perspectives on pharmacist home visits: do we keep reinventing the wheel?

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**Abstract:** The scope of clinical pharmacy services available in outpatient settings, including home care, continues to expand. This review sought to identify the evidence to support pharmacist provision of clinical pharmacy services in a home care setting. Seventy-five reports were identified in the literature that provided evaluation and description of clinical pharmacy home visit services available around the world. Based on results from randomized controlled trials, pharmacist home visit interventions can improve patient medication adherence and knowledge, but have little impact on health care resource utilization. Other literature reported benefits of a pharmacist home visit service such as patient satisfaction, improved medication appropriateness, increased persistence with warfarin therapy, and increased medication discrepancy resolution. Current perspectives to consider in establishing or evaluating clinical pharmacy services offered in a home care setting include: staff competency, ideal target patient population, staff safety, use of technology, collaborative relationships with other health care providers, activities performed during a home visit, and pharmacist autonomy.

Keywords: clinical pharmacy, home care, home visit, medication review, pharmacist

### Introduction

Over the past several decades, the scope of clinical pharmacy services has expanded both in terms of skills and areas in which services are offered. Traditionally, the availability of clinical pharmacy services has been in the purview of hospitals where increased clinical pharmacy services has been associated with reduced length of stay and mortality.<sup>1</sup> Recognition of the value of the role of the pharmacist has resulted in expansion of clinical services into outpatient settings, including patient homes. For example, the Home Medicines Review (HMR) program that was established in Australia in 2001 provides funding for pharmacists to visit patients at home to assess their medication regimens.<sup>2</sup> In Canada, provincial governments are compensating pharmacists for providing medication reviews (MRs) for non-hospitalized patients<sup>3</sup> and also authorizing pharmacists to prescribe.<sup>4</sup>

While there is evidence to suggest that pharmacist prescribing activities can improve patient outcomes in outpatient settings,<sup>5–7</sup> the evidence to support the benefit of MRs in outpatient settings is equivocal. Holland et al conducted a systematic review and meta-analysis to evaluate the impact of pharmacist-led MR in older adults and reported that there was no effect on reducing mortality or hospital admissions, but that the intervention may reduce the number of prescribed drugs and improve

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drug knowledge and adherence.<sup>8</sup> More recently, an evaluation of the MR service available in the province of British Columbia, Canada, reported that there had been little impact on prescription drug use in the province as a result of this program.<sup>9</sup> In contrast, a systematic review and meta-analysis that evaluated medication reconciliation programs at hospital transitions and included pre- and post-discharge pharmacist visits reported significantly reduced adverse drug event (ADE)-related hospital revisits attributable to the interventions, which included pharmacist home visits (HVs).<sup>10</sup> A recent randomized-controlled trial (RCT) determined that an extended intervention that included both a pharmacistled pre-hospital discharge MR and post-discharge follow-up significantly reduced readmissions within 30 or 180 days compared with usual care; however, the MR alone did not.<sup>11</sup>

These studies were not focused solely on clinical pharmacy services in home care and so applicability to this setting is limited. A review of clinical pharmacy services offered in the home concluded that more rigorous evaluation is needed to support the value of these services and highlighted that questions remain about optimal practice models and target patient populations.<sup>12</sup> In our health authority, home care clinical pharmacy services have matured to the point where they are an established component of home care in locations where they are available, with ongoing requests for more. The maturation of these services has seen the pharmacist involved in increasingly more aspects of home care services, beyond what was initially supported by evidence.<sup>13</sup> Determining best practices for clinical pharmacy services offered in the home, as well as other settings, is important to guide practice that will ensure maximum patient benefit. Furthermore, changes in technology, patient and provider experience, safety, and expectations for pharmacy services are possible influencers of how services are delivered or valued.

The purpose of this review is to identify outcomes associated with clinical pharmacy services provided in the home, as well as to describe current perspectives of practice described in the literature.

#### Literature search

Two separate literature searches were undertaken to identify articles published for the time period from January 2007 to December 2017. This time frame was chosen to follow up on a previous review published in 2008.<sup>12</sup> Using the key terms "Pharmacist" and "home visit", EMBASE, Medline, OVID, CINAHL, Biomedical Reference Collection, EBMR, and Google Scholar were searched. The search was limited to the citations published in the English language and involved human subjects. Additionally, the gray literature and reference lists of articles found were searched for additional records. One hundred and fifty-six unique records were found, of which 54 were excluded as they were conference abstracts or the full article access was not possible. In addition, a further 27 were excluded as they did not describe pharmacists doing HVs in a unique study published in 2007 or onward, leaving 75 articles that were included in this review.

Different programs and authors use different terminology to refer to similar concepts. We will be referring to medication reconciliation (MRec) as the act of comparing all medication lists in order to reconcile and create a master list of what the patient should be taking. MR refers to the act of compiling a list of medications the patient is taking and assessing the appropriateness of each medication and the regimen as a whole. MRec may be included in the process of MR. We will refer to medication, therapy, or drug-related problems as drug-related problems (DRPs).

# Evaluation of pharmacist home visit initiatives

Pharmacist HV initiatives in 11 countries were found described in the literature: Australia, Brazil, Canada, Japan, Jordan, the Netherlands, New Zealand, Singapore, Thailand, the UK, and the USA.

#### Randomized-controlled trials

The nine RCTs and two cost-effectiveness analyses of pharmacist HV initiatives are outlined in Table 1.<sup>14–25</sup> In general, the programs included those older than 60 years and who were expected to be at increased risk of medication misadventure. Five studied patients being discharged from hospital<sup>14,16,18,19,22</sup> and four recruited from outpatient settings.<sup>15,20,23,24</sup> Souter et al recruited from both an inpatient and outpatient setting.<sup>25</sup> Additional eligibility criteria used to define the target study population included number of medications ( $\geq 2$  to  $\geq 5$ ); functional decline, frailty, or disease-specific (CHF/stroke). Six of the studies described the qualifications of the pharmacists conducting the intervention, indicating training or experience beyond an entry to practice degree.<sup>14–16,18,19,23</sup>

Two studies reported reduced health care utilization attributable to the pharmacist HV intervention: reduced prescribed medications<sup>15</sup> and reduced non-heart failure hospital days.<sup>22</sup> The cost-effectiveness analyses of the Anticipatory and Preventative Team Care (APTcare) trial and the HOMER trial (published in 2005) did not support cost-effectiveness of the pharmacist HVs.<sup>16,17,21</sup> The HOMER trial intervention group experienced significantly increased emergency

Table I Rando	Table I Randomized controlled trials (RCTs) of pharmacist home visit services	of pharmacist h	ome visit services				
Study details	Patient characteristics	Mean/ median age	Patient numbers and gender	Pharmacist characteristics	Intervention	Evaluation period	Outcomes
Holland et al' <sup>4</sup> 2007 UK HeartMed	Age >18 years Discharge home after an emergency hospitalization for HF 2 2 medications on discharge	76.9	149/144 36.5% Female	Postgraduate qualification or recent CE in therapeutics 7 hours training in HF 4 hours communication training (1/2 group) 17 pharmacists	RX provided copy of discharge letter HV × 2 (within 2 and 8 weeks of discharge) Med Review HF Education PCP Adherence	6 months	<ul> <li>←&gt; emergency hospital</li> <li>admissions</li> <li>←&gt; mortality</li> </ul>
Lenaghan et al <sup>is</sup> 2007 UK POLYMED	Age >80 years ≥4 medications ≥1 medication risk factor Registered with GP practice	84.3	68/66 65.6% Female	Postgraduate qualification Experience with home-based medication review I pharmacist	Adherence RX received current medication and medical history Med Review Education PCP Adherence Remove meds	6 months	<ul> <li>↔ non-elective hospital admissions</li> <li>↔ care home admissions</li> <li>↔ mortality</li> <li>↓ medications prescribed</li> <li>↔ quality of life</li> </ul>
Pacini et al <sup>16</sup> 2007 UK Cost- effectiveness analysis of HOMER <sup>17</sup>	Age >80 years Discharge home from hospital ≥2 medications	85.4	415/414 62.4% Female	Postgraduate qualification or Recent CE in therapeutics 2-day training course on prescribing in the elderly 22 pharmacists	HV × 2 within 2 months of discharge Med Review Education Remove meds PCP Adherence (CommXX)	6 months	Low probability the intervention was cost- effective
Triller and Hamilton <sup>I8</sup> 2007 USA	Age ≥21 years Diagnosis of HF Referred from hospital for home care nursing	79.7	77/77 72% Female	Doctor of Pharmacy degree Residency in home care 20+ years of clinical experience I pharmacist	The second community of the second community of the second second 18–21 days later Med Review (HF and non-HF) Education	6 months	<ul> <li>↔ all-cause hospitalization</li> <li>↔ HF hospitalization</li> <li>↔ all-cause mortality</li> </ul>
Vuong et al <sup>19</sup> 2008 Australia	Age 255 years Discharge home from hospital Hospital admit for medication misadventure/misuse 23 medications Medication regimen change during hospitalization Newly trained on use of appliance	71.8	152/164 47.4% Female	Bachelor of Pharmacy Postgraduate diploma in clinical pharmacy 2 pharmacists	HV within 5 days of discharge Med Review Adherence Remove meds	8–12 weeks	T self-perceived medication understanding T medication knowledge score T self-reported adherence
							(Continued)

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Study details	Patient characteristics	Mean/	Patient	Pharmacist characteristics	Intervention	Evaluation	Outcomes
		median age	numbers and gender			period	
	Required medication monitoring						
	with 7 days of discharge						
	Dexterity, vision, hearing, or						
	other impairment that may						
	impact medication taking						
	Chronic condition						
	Language difficulties						
	Imminent loss of independence,						
	housebound, or living alone						
Hogg et al <sup>20</sup>	Age ≥50 years	71.3	64/56	l pharmacist	Anticipatory and	12–18 months	$^{\uparrow}$ quality of care (QOC)
2009 Canada	On GP practice roster				Preventive Team Care		for chronic disease
Gray et al 2010 <sup>21</sup>	Risk of functional decline,		57.5% Female		(APTCare)		management
Cost-	physical deterioration, or				Addition of RX and 3 NP		↑ QOC for disease
effectiveness	emergency services				to practice		prevention
analysis	Good candidate for additional				Med Review		Not cost-effective
	medical resources				PCP		
Barker et al <sup>22</sup>	≥4 medications	72.5	64/56	Hospital based pharmacists	HV within 96 hours of	6 months	$\leftrightarrow$ mortality
2011 Australia	Meets Framingham criteria for				discharge, at I and 6		$\leftrightarrow$ hospitalizations
	HF		54% Female		months		$\uparrow$ all-cause and HF hospital
	Hospital stay >48 hours				Adherence		days
					Education		$\downarrow$ non-HF hospital days
					Remove meds		$\leftrightarrow$ Quality of life
					CommRX		
Elliott et al <sup>23</sup>	≥2 medications	84	40/40	≥5 years clinical pharmacy	HV within 28 days of	6 weeks up to	$\uparrow$ HV within 28 days of
2012 Australia	Referred to Aged Care			experience including subacute	referral	20 weeks	referral (100% vs 35%)
	Assessment Team (ACAT)		63.8% Female	aged care and hospital outreach	Med Review		$ m \uparrow$ medication regimen
				medication management	Discuss with geriatrician		changes
				Not accredited to conduct HMR	PCP		${\mathbb f}$ use of adherence aid
				3 pharmacists	Remove meds		floor reported easier to
							manage medications

Basheti et al <sup>24</sup>	Age >18 years	60.6	48/49	l pharmacist	Med review (HV or clinic) 3 months	3 months	T DRP resolution
2016 Jordan	Outpatient clinic roster				for all patients		↓ DRP
	At least one of:		70% Female		Intervention received:		au medication adherence
	≥5 medications				Education		$\leftrightarrow$ quality of life
	≥I2 doses/day				PCP		
	Discharge from hospital (within						
	4 weeks)						
	Medication regimen changes in						
	previous 3 months						
	Symptoms suggestive of ADR						
	Subtherapeutic response to						
	medication						
Souter et al <sup>25</sup>	Stroke diagnosis	73	18/17		Med review in hospital or	6 months	5.8 DRPs/patient
2017 Scotland	Discharged home from hospital				clinic		19/23 recommendations
	or attends outpatient neurology		40% Female		Education		accepted by GP
	clinic				HV at 1,3 and 6 months		
					after hospital discharge or		
					clinic visit		
					PCP		
					CommRX		

medications. è 5 resol 2 care physician practitioner; PCP, contact primary

readmissions.<sup>17</sup> APTcare, a multidisciplinary collaboration focused on patients with chronic disease, despite providing increased quality of care was not cost-effective, this may have been reflective of it being in the implementation stage, rather than established.<sup>16,17</sup>

The clinical outcomes reported from these RCTs indicated that these programs can improve medication understanding, knowledge, and adherence and result in increased resolution of DRPs. No benefit on quality of life was reported.

While not all of the RCTs evaluated economic outcomes, it is hard to explain the limited impact of the pharmacist interventions on health care costs. The interventions undertaken in these trails all appeared to involve pharmacists conducting MR for the purpose of identifying DRPs with subsequent communication to a physician. What is unclear is the depth of the medication regimen assessment, for example, were the recommendations in line with evidence to support reducing morbidity and mortality? Also, the acceptance of recommendations made by the pharmacist was not always reported. Moreover, the extent of access the pharmacists had to medical and laboratory information was sometimes limited and may not have allowed for a comprehensive MR.14-16,19 Maturation of clinical pharmacy services may have occurred over the course of years these studies were undertaken, and later studies appeared to involve pharmacists doing more detailed reviews with greater prescriber collaboration,<sup>24,25</sup> but did not evaluate economic outcomes. The most recent trial to evaluate economic outcomes was conducted by Barker et al; however, the usual care group received an extensive intervention which may have limited the impact of the study intervention.<sup>22</sup>

Other activities performed by the pharmacists included removing expired or discontinued medications,<sup>15,16,18,22,23</sup> education,<sup>14–16,18,22,24,25</sup> and adherence assessment.<sup>14–16,18,20,22</sup> While these activities alone or together may be of benefit to patients, unless the medication regimen is optimized to ensure maximal efficacy and minimal harm, they might not be enough to significantly improve patient outcomes.

#### Comparison studies

The 17 studies using a comparison design for evaluation of a pharmacist HV intervention are outlined in Table 2.<sup>26-42</sup> The majority of these studies evaluated the pharmacist HV intervention in a population of those recently discharged (acute care or skilled nursing facility). <sup>27–31,33,34,36–38,40,41,42</sup> Some specified patients from a primary care setting, <sup>35,39</sup> while two studies sourced patients from administrative claims data.<sup>26,32</sup>

The largest proportion of studies were evaluations of the HMR in Australia.<sup>26,30,31–34</sup> Through the HMR program,

accredited pharmacists are funded to provide home-based MR services for community-based patients at risk of medication misadventure.<sup>2</sup> In addition to conducting a comprehensive MR, pharmacists provide patients with education, assess and aid in adherence and removal of old medications. A report documenting findings and recommendations must be sent to the patient's physician and community pharmacy.

Most of the other studies were evaluations of pharmacists conducting an HV intervention similar to the HMR,<sup>29,40</sup> except that not all reported pharmacists removed expired or discontinued medications.<sup>26,35,38,40,42</sup> Some authors described a MRec intervention rather than a MR.<sup>27,28,41</sup>

The outcomes evaluated and reported in these studies are outlined in Table 3. In contrast to the RCT data, more of these studies reported reduced health care costs. The exception to this was Hanna et al, who reported an overall increase in hospital admissions; however, when they broke the study population down by age, there was a benefit of reduced hospitalizations among those aged 51-65 years.<sup>38</sup> Improvements in clinical and humanistic outcomes were also reported in these studies. The difference in impact of the pharmacist interventions on health care costs reported in these studies, compared with the RCTs, may be attributable to study design. The patients and settings were similar, as well as the extent of pharmacist training, to those described in the RCTs. The evaluation time periods in the RCTs were at least 6 months or longer, whereas these studies reported economic benefits over 30 days <sup>36,40</sup> and at 6 months.<sup>35,42</sup>

#### Program reports

Table 4 outlines the 23 articles describing evaluations of clinical pharmacy home care services in which no comparison group was used.<sup>43–65</sup> The post-hospital discharge patient population was the most represented in these articles.<sup>44,46,48,52–54,59,60,63,64</sup> Other authors describe programs established in community settings<sup>43,47,49,56,58,61,65</sup> and clinics.<sup>45,50,55,57,62</sup> Other patient characteristics included being elderly, presence of a chronic disease, or number of medications.

The majority of these articles describe a program in which a HV was conducted to undertake a MR.<sup>43-50,52-65</sup> The HVs were typically conducted by a pharmacist, with some authors describing the use of pharmacy technicians,<sup>63,64</sup> pharmacy students,<sup>50</sup> pharmacy residents/students accompanying a nurse practitioner<sup>57</sup> or a pharmacy resident, or a pharmacist.<sup>59</sup> Onda et al do not specifically describe an intervention; however, a pharmacist-conducted MR is assumed.<sup>58</sup>These authors sent a survey to pharmacists who conducted HVs, the purpose of

D	and mentalized to be a second	Ľ			Pharmacist HV intervention	<b>Comparison strategy</b>	Comparison	Evaluation
D	Characteristics	Age	% Female	Number			number	period
cougneau et al- 2009 Australia	Veterans or war widows Age ≥65 years Dispensed beta-blocker for heart failure	81.6	30	273	HMR	Matched controls 20:1 from administrative claims	5444	l year post
Hugtenburg et al <sup>27</sup> 2009 The Netherlands		7.69	51.2	336	HV within I week of discharge MRec Medication overview for patient and GP Education Check of home supplies Synchronized medication dispensing	Delivery of medication at discharge, usual care according to Dutch Pharmacy Standard	379	6–9 months
Setter et al <sup>28</sup> 2009 USA	Age ≥50 years Discharged from hospital to home care ≥1 selected diagnosis	74.9	57	011	Medication discrepancies identified and documented (all patients). Intervention received: MRec facilitated	Eligible patients assigned to a geographically separate nursing team	011	8 weeks
Flanagan et al <sup>29</sup> 2010 Canada	Age ≥65 years ≥6 medications Discharge home	08	60.2	836	Medication Management Program (MMP) HV within 1 week of discharge Med Review Education PCP Adherence Remove meds	Before and after	836	l year
Castelino et al <sup>30</sup> 2010 Australia	Age ≥65 years Referred for HMR	76.1	55	372	HMR	Before and after	372	n/a
Castelino et al <sup>3</sup> 2010 Australia	Criteria examples: 25 medications >12 doses/day Significant medication changes in previous 3 months Medicine with narrow therapeutic index Discharged from an institution within previous 4 weeks	75.3	55	270	HMR	Before and after	270	n/a
Roughead et al <sup>32</sup> 2011 Australia	Veterans or war widows Age ≥65 years Warfarin use	81.6	36	816	НМК	Matched controls 20:1 from administrative claims	16,320	>l year

Study	Study intervention population	ç			Pharmacist HV intervention	<b>Comparison strategy</b>	Comparison	Evaluation
	Characteristics	Age	% Female	Number	I		number	period
Stafford et al <sup>33</sup>	Age >18 years	67.7	38	129	HMR	Usual care	139	90 days
2011 Australia	Discharged from hospital Warfarin				2–3 HVs within2–8 days of discharge			
Stafford et al <sup>34</sup>	Age >18 years	67.7	40	129	HMR	Usual care	139	90 days
2012 Australia	Discharged from hospital				2–3 HVs within 8–10 days of			
	Warfarin				discharge Pharmacists had completed post- discharge service (PDS) training			
Desborough et al <sup>35</sup>	Age >65 years	n/a	n/a	117	Med Review	Before and after	92	6 months
2012 UK	On GP roster Living at home				PCP Adherence	Cost-consequence analysis	(16 lost to follow- up,	
	Difficulty managing medications						9 died)	
Reidt et al <sup>36</sup>	Discharged from acute care	60	67	153	HV within I week of home care	Matched controls 1:1–3	380	30 days
2014 USA	Referred for home care nursing ≥9 medications				admission Med Review MRec PCP			
Kogut et al <sup>37</sup>	Discharged from hospital	n/a	46.7 (entire	20	HV within 14 days of discharge	Those who declined the	01	>30 davs
2014 USA	Age ≥50 years		cohort)		Med Review	ePHR system		
	Chronic medical condition				Demonstration of an electronic personal health record (ePHR)			
		1	i		system			
Hanna et al <sup>38</sup>	Patients discharged from	72.1	51	398	HOMR (Hospital Outreach	Eligible patients who	811	12 months
2016 Australia	hospital at high risk of medication misadventure, eg. history of non-adherence.				Medication Review) service provided by a Health Authority pharmacist	declined the service		
	chronic disease, language/				Med Review			
	cuitural parriers, ∠4 medications/day							
Hamano et al <sup>39</sup>	Age ≥65 years	84.7	59.3	182	Consults for patients about	Patients who did not	248	Cross sectional
2015 Japan	Prescribed medications by one of five primary care clinics Received HV by MD				effects of drugs and monitor adherence	receive a pharmacist HV		8 months
Reidt et al <sup>40</sup>	Discharged home from skilled	70.8	57	87	Pre-discharge Med Review	Usual care of	189	30 days
2016 USA	nursing facility				Education Adherence HV (or by phone) one week after discharge	geriatrician and nurse practitioner Group assignment depending upon		
						discharge dav		

Shcherbakov and	Medicare advantage enrollees	78.4	43.6	156	MRec	Those who declined the 89	89	30 days
Tereso <sup>41</sup>	Discharged from acute care or				Education	intervention or did not		
2016 USA	skilled nursing facility				PCP	respond to phone call		
Cheen et al <sup>42</sup>	Age ≥60 years	73.6	50.5	66	Care coordinator and RX HV	Care coordinator HV	402	6 months
2017 Singapore	>5 medications				Home Based Medication Review			
	≥2 unplanned admissions within				(HBMR):			
	previous 3 months				Med Review			
	Discharge from acute care				Education			
					PCP			

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 Table 3 Outcomes reported from non-randomized comparison studies

Economic	$\downarrow$ Emergency department visits <sup>36,40,42</sup>
	$\downarrow$ Hospitalization <sup>26,29,32a,35,42</sup>
	↑ Hospitalization <sup>38</sup>
	↑ Medication costs <sup>39b</sup>
	$\downarrow$ Hospital and medication costs $^{35}$
Clinical	$\downarrow$ Drug Burden Index (DBI) <sup>30</sup>
	$\uparrow$ Medication appropriateness <sup>31</sup>
	↑ Medication discrepancy resolution <sup>28</sup>
	$\uparrow$ Oral anticoagulation knowledge (OAK) <sup>34c</sup>
	$\downarrow$ Major and minor hemorrhagic events33
	↑ Warfarin persistence <sup>33</sup>
	↑ Medication adherence <sup>35</sup>
	↑ DRP identification <sup>36</sup>
Humanistic	↑ Satisfaction <sup>27,37d,41d</sup>

**Notes:** <sup>3</sup>For the time period 2–6 months after RX intervention. No difference for <2 months, 6–12 months; <sup>1</sup>hospitalization >12 months. <sup>6</sup>Significantly higher costs of potentially inappropriate medications (PIMs) compared to those who received a home visit from a nurse and no pharmacist home visit. <sup>6</sup>Significantly higher than usual care at 8 days post-intervention, but not at 90 days. <sup>d</sup>For intervention group only. **Abbreviations:** DRP, drug-related problem; RX, pharmacist.

which was to determine the prevalence of ADEs and potentially inappropriate medication use among the population.

The impact of the HV programs described in these reports were mainly related to identification of DRPs, recommendations made, or medication changes that occurred as a result of the pharmacist's actions.<sup>44–50,53,55,62–65</sup> A variety of other impacts were also reported: satisfaction,<sup>43,44,48,52,54,60</sup> time reduction for other disciplines,<sup>45</sup> ADE identification,<sup>47,58</sup> perceptions of program,<sup>51</sup> experience,<sup>61</sup> adherence,<sup>56,59</sup> clinical parameters,<sup>55,56</sup> and knowledge.<sup>48,56,60,61</sup> Three programs reported economic outcomes including reduced readmission rate<sup>52,59</sup> and cost-avoidance.<sup>63</sup>

#### National surveys

Five nationwide surveys evaluating pharmacist HV services were identified.<sup>66–70</sup> An evaluation of general practitioner (GP) engagement in HMR in Australia received 376 (33%) respondents, of which 180 had participated in HMR.<sup>66</sup> The authors reported that of those who had participated in the HMR, over half did not provide written feedback on the HMR report to the pharmacist or discuss it with the pharmacist. Further, only 10.6% provided the pharmacists with patient information such as recent laboratory results and 6.7% accepted the pharmacist's recommendations, yet over half agreed or strongly agreed that the HMR benefits their patients.

A Canadian survey received 17 responses from pharmacists who provided HVs.<sup>67</sup> Services provided include: medication reconciliation, adherence assessment, education for

149

Study	Patient characteristics	Service description	Evaluation details
Moultry and	Isolated, elderly needing assistance	HV 15–60 minutes	30-item survey completed by 18/30
Poon <sup>43</sup>	managing medications	Med Review	96% felt knowledgeable about medications
2008 USA	Referred by community agency	MRec	after HV
	N=30 recipients over 1 year	Education emergency preparedness Disaster proof medication storage Remove meds Documentation: action plan with DRPs to take to MD	73% felt HV would reduce visits to MD 94% satisfied/somewhat satisfied 100% would recommend program to others
		Referral to other services as needed	
MacAulay et al <sup>44</sup> 2008 Canada	Discharged from hospital to home care and one of the following: Age ≥ 80 years ≥ 5 medications Use of high risk medication Chronic condition Suboptimal adherence Benefit from medication education Medication changes during hospitalization	HV on average 11.7 days after hospital discharge Follow-up HV or by telephone Med Review Adherence Education PCP	98 DRPs: 3.6 DRPs/patient ↓ DRPs from visit #1 to visit #2 116 recommendations: 4.3 recommendation significance 17% very significant 71% significant 11% somewhat significant Satisfaction survey (n=16)
	Unresolved DRPs at discharge		Overall satisfaction 9.9/10
	N=27		Importance of HV 9.8/10
	Average age=81.1 years 67% Female		Usefulness of HV 9.5/10
Stell et al⁴⁵ 2008 Australia	Outpatient Disease Management Unit Referrals to RX from unit coordinator	Med Review PCP	20 medication recommendations 17 medication issues identified for further
	for those who may benefit from RX		clinician review
	review		N=34 MD responses
	eg, patients taking multiple medications they organized themselves, new patients, available patients N=24 patients received HV		Perceived medication list more accurate when completed by RX ↓ Time for other clinicians to obtain medication list
	Average age =79 years 42% Female		5.4 minutes/patient not seen by RX vs 1.8 minutes/ patient seen by RX
Flanagan et al <sup>46</sup>	Age ≥65 years	Medication Management Program (MMP)	259 DRPs: median 2 DRPs/patient
2010 Canada	≥6 Medications Discharge home N=110	HV within I week of discharge Med Review Education	135 Medication discrepancies: median 1 discrepancy/patient
	Average age =84 years 56% Female	Adherence PCP Remove meds	
Eichenberger	Medication history available at	76 HVs by students	7.4 DRPs/patient identified vs 3.6 DRPs/
et al <sup>47</sup>	community pharmacy (n=79 pharmacies)	Med Review	patient if HV not conducted
2011 Switzerland	with fifth year pharmacy master student	Adherence	Experience of an ADE
	interns	Recommendations summarized for	19 (86.4%) of transplant patients
	N=54 Diabetic and age ≥60 years	supervising RX who could decide on	26 (48.1%) of diabetes patients
	Average age =71.4 years 37% Female	intervention	, , , , , , , , , , , , , , , , , , ,
	N=22 Transplant patient and age ≥18		
	years Average age =52.6 years 50% Female		
Hussainy et al <sup>48</sup>	Patients referred to palliative care	HMR	N=422
2011 Australia	(medication screening by pharmacist)	Ensuring medication access	N=52 HV
	Patients discharged home from hospital:	Team member education	average 54.4 minutes
	hospital visit prior to discharge and HV		n=113 DRP interventions
	7–10 days thereafter or HV if from a different hospital		n=120 recommendations

 Table 4 Program evaluations of clinical pharmacy home visit services

(Continued)

#### Table 4 (Continued)

Study	Patient characteristics	Service description	Evaluation details
Castelino et al <sup>49</sup> 2011 Australia	Age ≥ 65 years HMR conducted by seven accredited pharmacists N=224 Average age =74.6 years	Consult and collaboration with team Liaison with other health providers (continuity of care) Implementation through education of symptom management protocol (education) HMR	Survey n=20/32 (63%) response 100% role was helpful 90% improved medication knowledge 60% changed practice 95% more likely to discuss medication issues with the pharmacist 1110 DRPs: Average 4.9 DRPs/patient 1114 recommendations to GP 964 recommendations required evidence support; 94% evidence based
Willis et al <sup>50</sup> 2011 USA	53% Female Age ≥65 years Registered at primary care N=118	Undergraduate pharmacy students performing HV, n=75 Activities: Best possible medication history Falls risk evaluation Blood pressure check Reviewed by pharmacist afterwards	57 (48%) patients had a change in therapy
White and Klinner <sup>51</sup> 2012 Australia	Chinese and Vietnamese immigrants eligible for, but who have not received HMR N=17 (6 Chinese, 11 Vietnamese)	No RX HV or intervention	Two focus groups to assess perceptions of HMR among immigrants Had not heard of HMR, but welcomed it Concern that HMR would upset MD or lack of cooperation Concerns and confusion about medicines RX role is medicine supply GP role is medication decisions Neither GP nor RX helpful in responding to detailed medication questions Difference between ethnicities in trust for MD Language barrier for accessing medication information
Novak et al <sup>52</sup> 2012 USA	Medicare patients recently discharged from acute or subacute care High risk for readmission, eg, multiple chronic conditions, multiple medications, multiple hospitalizations in the previous 12 months	Pharmacist Care Manager (PCM) HV 2–3 hours followed by at least weekly telephone calls Med Review MRec Adherence Education Assessment of falls risk, cognition, mental health, nutrition and caregiver needs PCP	30% reduction in readmissions PCM job satisfaction
Kwint et al <sup>53</sup> 2012 The Netherlands	Age ≥65 years ≥5 oral medications Discharge from hospital Use one of 10 community pharmacies N=155 Median age =76 years 54% Female	PCP HV conducted by trained community pharmacists Med Review adjusted and completed by two independent reviewers pharmacists. Reviewer pharmacists prioritized DRPs and sent back to pharmacists to discuss with MD within 4 weeks	DRPs 1565 (10/patient) DRPs based on pre-visit review 415 DRPs identified through HV 905 (58%) DRPs resulted in a recommendation 264/905 (29%) recommendations implemented DRPs identified during HV more likely to have a higher priority and recommendations implemented

(Continued)

#### Table 4 (Continued)

Study	Patient characteristics	Service description	Evaluation details
Flanagan et al <sup>54</sup>	Age ≥65 years	Medication Management Program	Satisfaction survey (telephone)
2013 Canada	≥6 medications	(MMP)	High level of satisfaction
	Discharge from hospital	HV within I week of discharge	Pharmacists easy to understand
	103/175 (58.9%) respondents	Med Review	Appreciation for resources pharmacist
	Average age = 79.1 years	Education	provided
	54.4% Female	Adherence	Recommendations to have more pharmacist
		Remove meds	home visits and offer phone visits
		PCP	
Martins et al <sup>55</sup>	Patients with hypertension referred for	6 HV $ imes$ I hour/HV, average 30 days	142 DRPs (mean=10.1/patient) identified
2013 Brazil	pharmaceutical care	between visits	66/135 (48.8%) pharmaceutical interventions
	Age 30–74 years	Med Review	implemented:
	Plus 2 of the following:	Blood pressure measurement	– pharmacological intervention to optimize
	Blood pressure ≥140×90 mmHg	Cardiovascular risk assessment	treatment: n=27
	Using $\geq$ 3 medications	Adherence	– preventive pharmacological intervention:
	Regimen changed $\geq$ twice in previous	PCP	n=23
	year		– non-pharmacological intervention: n=16
	Comorbidity		Cardiovascular risk
	Non-compliance		$\downarrow$ n=3 patients
	N=14		$\uparrow$ n=1 patient
	Average age = $61.6$ years		$\leftrightarrow$ n=9
	85.7% Female		() II-)
Moultry et al <sup>56</sup>	African-American patients	Managing Your blood pressure (MY	At 6 months
2015 USA	Age ≥65 years	BP) program	↓ SBP (mean 140 vs 137 mmHg)
2010 00/1	≥I anti-hypertensive	2 HV with RX, I hour each at baseline	↔ DBP
	Living independently	and 6 months	90% using home BP machine
	N=306	Biweekly telephone calls by pharmacy	↓ nonadherence
	Average age = 74 years	student	↑ hypertension knowledge
	83% Female	Med Review	in the second seco
	05% i cinale	Medication record and action plan	
		PCP	
Poon et al <sup>57</sup>	Home-Base Primary Care	Drug Regimen Review (DRR) initially	53 DRR and 56 HV
2015 USA	Veterans' Affairs	and quarterly via chart review by a	133 recommendations $\rightarrow$ 93(70%) accepted
2010 00/1	Patients likely to benefit from a HV	pharmacist	44(33%) from DRR $\rightarrow$ 27 accepted
	N=49	Addition of HV by pharmacy residents	89(67%) from HV $\rightarrow$ 66 accepted
	Average age =81 years	and students (accompanying nurse	<sup>1</sup> DRPs identified and recommendations
	12% Female	practitioners)	accepted with HV vs DRR
Onda et al <sup>58</sup>	Age ≥65 years	Survey to pharmacists who did HVs	2053 (48.4%) prescribed a PIM
2015 Japan	Had received a pharmacist HV	to identify prevalence of adverse drug	165/2053 (8%) suspected PIM-induced ADE
2015 Japan	N=4243	events (ADEs) and PIM (potentially	Top 5 PIMs: H2 blockers, short-acting
		inappropriate medication)	benzodiazepines, chronic stimulant laxative
	Average age =82.7 years 73% Female	mappi opriate medication	use, long-acting benzodiazepine, digoxin
	73% Female		Top 5 medications associated with ADEs:
			anticholinergic antihistamines, ultra-long-
			acting benzodiazepines, sulpiride, short-
			acting benzodiazepines, supilitae, short-
Kalista et al <sup>59</sup>	Recently discharged from hospital to	HV by pharmacist/pharmacy resident	At 28 days:
2015 USA		within I week of VNS admission and	$\uparrow$ Adherence
2013 03A	Visiting Nurse Service (VNS) with a		
	primary diagnosis of heart failure	two telephone calls (at weeks I and 4)	2 patients readmitted vs 38% readmission
	N=10	Med Review	rate for VNS heart failure patients
	Average age =81.3 years	Adherence	l patient died
Hanna at a <sup>160</sup>	60% Female Patients discharged from bospital at high	Education	
Hanna et al <sup>60</sup>	Patients discharged from hospital at high	HOMR (Hospital Outreach	N=217 (45%) patient questionnaire
2015 Australia	risk of medication misadventure	Medication Review) service provided	response
	N=487	by a Health Authority pharmacist	HV worthwhile
	Average age =72.8 years	Med Review	↑ Medication knowledge and understanding
	50.3% Female	Adherence	of how medications helped medical
	50.5% Ternale		•
	50.5% Female	Education PCP	conditions

(Continued)

Table 4 (Continued)

#### **Evaluation details** Study **Patient characteristics** Service description $\uparrow$ Confidence and $\downarrow$ confusion about medications Pharmacist was helpful and suggestions would help them take medications properly N=105/487 (21.6%) MD questionnaire response 96% (n=101) agreed with recommendations 92% would adopt some or all of recommendations 81% (n=85) review provided greater understanding of patients' medication management abilities HMR Ahn et al<sup>61</sup> Patients who had received HMR Semi-structured interviews 2015 Australia N=15 Participants had limited understanding of HMR Benefits: ↑ knowledge, holistic review, medication improvement, $\uparrow$ health seeking behavior, strengthened self-management, encouraged others to have HMR Difficulties: limited information and engagement from pharmacist; delays in process; limited GP follow-up and support for program Reidt et al<sup>62</sup> Ambulatory care clinic patients Home-based Medication Therapy 62% referrals from internal medicine clinic 2016 USA Transportation barriers to clinic Management (MTM) 51% referrals from MD attendance HV 30-60 minutes Top referral reasons: 17% each Unwilling to bring medications to clinic Med Review Nonadherence Concerns about environmental factors Education Transportation barriers affecting medication use Adherence Medication reconciliation with public health PCP N=53 patients (74 HV) nurse 55% age ≥65 years Median 3 DRPs/patient 57% Female 40% compliance related Bailey et al<sup>63</sup> 2016 $\geq$ 2 Chronic conditions Pre-hospital discharge: 1264 DRPs: Average 3.4 DRPs/patient Surbhi et al<sup>64</sup> ≥2 Hospitalizations or 1 hospitalization Med Review 642 DRPs resolved 2016 USA and $\geq 2$ emergency department visits in Education 50.8% of pharmacist recommendations previous 6 months Medication list accepted SafeMed: Pharmacy technician Target condition driving diagnosis for Estimated cost-avoidance =US\$370,681 conducted post-discharge HV, within Cost-avoidance/DRP identified =US\$293.30 index hospitalization Medicaid/Medicare enrollee 72 hours, and follow-up by telephone Age $\geq$ 18 years calls ≥6 medications or 1 high-risk medication Assist with MRec and Med Review **Reinforce Education** N=374 Pharmacist: resolve DRPs through targeted MTM via telephone or clinic visit Walus et al<sup>65</sup> Patient referrals sourced from: 271 DRPs identified: average 2.1/referral HV or telephone appointment with 2017 Canada Home care intakes pharmacist 250 recommendations Patients waiting in acute care for home N=40 comprehensive Med Review 36/81 (44%) accepted by prescriber care service N=95 targeted Med Review or 37/43 Direct referrals education 36/40 pharmacist N=122 (135 referrals) Documentation and communication in 19/36 patient Average of 1.5 clinical pharmacy key Average age =71 years chart, phone calls, fax. 63.1% Female performance indicators (cpKPls) identified/ referral: DRP resolution, education,

Abbreviations: Adherence, adherence assessment and/or aids provided; DRP, drug-related problem; GP, general practitioner; HV, home visit; MD, medical doctor; Med Review, assessment of medication regimen for the purpose of identifying and resolving drug-related problems; MRec, medication Reconciliation; RX, pharmacist; PCP, contact primary care physician to resolve DRPs; Remove meds, removal of discontinued or expired medications; HMR, Home Medicines Review; ADE, adverse drug event.

development of pharmaceutical care plan

patients/caregivers and health professionals, chronic disease monitoring, and assessing acute health concerns. None of the programs was government funded, and three of the pharmacists reported charging a private home care agency for their services. Facilitators for HVs identified in the survey were referrals from physicians and support from management. The barriers cited by respondents were insufficient remuneration and lack of time for completing visits.

A similar survey undertaken among British pharmacists received 247 respondents (81.5% response rate).<sup>68</sup> The authors reported that 74% of respondents had specific but undefined training, and 81% of the services were funded through Primary Care Trusts. HV services operational beyond a year were those that included social services, GPs, and community nurses in the service protocol of operations and those that received more of their referrals from GPs (90% vs 50%).

Patient preference for medication therapy management was evaluated in Thailand.<sup>69</sup> Based on the 265 respondents, the authors reported that patients valued this service and preferred pharmacist visits to occur in the pharmacy rather than their home and that the preferred visit length was 20 minutes rather than 1 hour.

In the Netherlands, an evaluation of implementing a HV service to patients after hospital discharge was undertaken using a focus group (22 pharmacists) to identify barriers and facilitators, followed by a survey (20 pharmacist respondents) to score the relevance and feasibility of items identified during the focus groups.<sup>70</sup> The pharmacists included in this evaluation conducted on average 5.4 HVs/year. The authors reported that both the need for reimbursement and the readiness of community pharmacy to adapt daily routines to implement such a service as two barriers to implementation.

### **Current perspectives**

In addition to the aforementioned reports, 18 articles describing clinical pharmacy services in a home care setting were identified in the literature.<sup>71–88</sup> In these reports, the pharmacist HV intervention was not evaluated. The following section highlights some current perspectives based on these articles, together with those articles previously described that provided an evaluation of clinical pharmacy HV services.

#### Competency

Training and qualifications for pharmacists, pharmacy residents and students, and pharmacy technicians involved in HV programs varied. The HMR program in Australia requires pharmacists to be accredited.<sup>2</sup> In some initiatives training was provided to pharmacists, pharmacy students,

or pharmacy technicians who would be providing the service. <sup>14–16,33,35,41,42,50,51,53</sup> In other reports, background education or experience of the pharmacists was mentio ned. <sup>14–16,18,19,22,23,38,42,45,60,72,73</sup> No comparison was done at the level of qualifications, experience, or training to outcomes. In our health authority, the pharmacists working in a home care setting as part of the Medication Management Program (MMP) must have completed an Accredited Canadian Pharmacy Residency or equivalent in order to be hired. They receive orientation on conducting HVs and documentation thereafter.

Use of pharmacy students, residents, and pharmacy technicians highlights the use of resources to both provide learning opportunities and also extend the scope of clinical pharmacy services.

Competency of personnel to provide the service influences the extent to which DRPs and issues preventing patients from achieving optimal health can be identified and resolved. It includes clinical knowledge about disease states and drug therapy and the ability to communicate to extract and provide information.

#### Patients

The most commonly studied patient population was patients who had recently been discharged from hospital.<sup>14,16,18,19,22,24,25,27–29,33,34,37,38,41,42,44,46,48,52,54,59,60,62,63,74–76</sup> Heart failure was the most commonly mentioned diagnosis.<sup>14,16,18,22,26,59,74,77</sup> While HVs can be more convenient, not all patients may want or need a HV MR.<sup>69</sup> Furthermore, they may have preferences for how long it should take.<sup>69</sup> Several authors commented on the length of time spent at a HV, ranging from 15 minutes to 2 hours.<sup>14,19,29,37,38,43,47,48,55,56,59,74,78</sup> In addition to HV time, travel time must be considered and these together can prevent HVs from being a broadly available service and highlight the need to restrict the service to those for whom it is necessary.

Several authors reported an increased identification of DRPs as a result of a HV compared with medication list review<sup>47</sup> or chart review<sup>53,57</sup> and that the DRPs identified during a HV may be more likely to result in a medication change.<sup>24,28,64</sup> Patients included in these studies were those who might be expected to have many medications: diabetes,<sup>47</sup> transplant,<sup>47</sup> older patients,<sup>57</sup> and older patients discharged from hospital.<sup>53</sup> Poon et al identified veterans who were likely to benefit from a HV service; however, they do not further articulate this criteria.<sup>57</sup> Age was often a consideration in the articles included in this review and may impact the outcome; although this was reported by Hanna et al, the numbers in

each age group were too small to make conclusions about the impact of age.<sup>38</sup> Vuong et al described inclusion criteria indicative of frailty in their study that selected individuals beyond age, number of medications, and discharge from hospital.<sup>19</sup> Frailty may be a criteria to use in deciding for whom outpatient clinical pharmacy services be delivered, including HVs, as medications can impact both physical and cognitive functioning.<sup>89</sup>

#### Safety

Safety for pharmacists conducting HVs was discussed in five articles.<sup>36,60,76,79,80</sup> Safety strategies reported include: conducting HVs in pairs;<sup>76</sup> texting to inform of arrival and departure times<sup>76</sup> calling patients not previously met prior to arrival;<sup>80</sup> and wearing a uniform or badge.<sup>80</sup> Pre-screening of patients with a safety risk assessment was described, with those patients believed to be a safety risk to staff ineligible for a HV.<sup>60</sup> Similarly, in our health authority, a pre-visit telephone risk assessment screen is conducted, with follow-up items to be assessed during the HV. Depending upon the risk identified and whether or not it can be mitigated for the HV, either staff do not conduct the HV or conduct it with a security personnel.

As patients for whom HVs are provided are typically more frail, staff safety may be overlooked in HV initiatives. However, the safety of the neighborhood, the residence, the presence of pets and other inhabitants, as well as patient/ caregiver/cohabitant illness and recreational drug use must also be considered.

### Technology

Ten articles discussed the use of technology to aid in pharmacist HVs. 27,36,37,40,50,62,74,76,81,83 The majority described using an electronic medical record (EMR) as a way for the pharmacist to get information about the patient's medical conditions and/or communicate with the primary care provider.<sup>27,36,40,50,62,74,76,81</sup> Access to medical records, whether EMR or not, is essential to aid a pharmacist to better assess a medication regimen.<sup>12</sup> The use of an electronic personal health record (ePHR) that allows patients or caregivers to maintain medical information and a medication list and exchange this information with health professionals was reported to result in identification of DRPs in significantly more patients during a HV compared to patients who did not use the ePHR.<sup>37</sup> Use of a clinical information system to assess patient genomics and support a pharmacist's assessment of drug interactions among home care clients resulted in significantly reduced re-hospitalizations compared to those whose drug interactions were assessed using clinical judgment and a drug information resource.<sup>82</sup> This RCT was not an evaluation of a pharmacist HV service; some HVs were provided, but illustrates a resource that could be used to enhance MR services provided in the home.

Besides the ePHR system, all the technology described was for use by pharmacists prior to and/or after a HV, and the need for Internet connectivity in patient homes was not discussed. The ePHR system would necessitate patient access to the Internet. Pharmacist access to the Internet at patient homes is an important aspect to consider in expanding the use of technology for HV clinical pharmacy services.

### Collaboration

The majority of HV programs described in the literature involved pharmacists providing the service and connecting with other health care professionals, such as physicians in order to communicate the findings from their assessment and make suggestions for changes. The reported physician acceptance of recommendations varied from 18% to 95%.<sup>14,18,23,24,28,29,42,44,65</sup> The extent to which communication with prescribers occurred or the suggestions for change that were implemented was not always detailed. Furthermore, pharmacist and physician collaboration may not happen, even if it was the expectation of a program.<sup>66</sup> Authors of an evaluation of pharmacist recommendation implementation and the extent of collaboration between pharmacists and GPs reported on average 50% (range 17%-86%) of pharmacist recommendations were implemented in the 12 RCTs included in the review.90 Implementation rate was higher with increased presence of elements reflective of collaboration, such as pharmacist with clinical experience; patient's regular pharmacist providing the intervention; sharing of medical records; patient interview by a pharmacist; referral by GP; case conference; formulation of an action plan; and follow-up on actions.

As many of the programs described and evaluated in this review were new initiatives, the time needed for relationship building for collaborative practice with other health care professionals may not have been sufficient to be able to effect changes to patients' medications and consequently health outcomes. Strategies to leverage existing relationships or create the opportunity for relationship building described in the studies include involving community pharmacists in providing HV programs,<sup>27,47,53,67</sup> inserting a pharmacist as part of a multidisciplinary team,<sup>23,42,48,77,81,82</sup> or adding the HV component to an existing clinical pharmacy service.<sup>57</sup> The extent of collaboration can also depend upon the setting from which HV services are offered. Settings identified in the HV literature include: dispensing pharmacy,<sup>24,44,53,58,69,71,76,77,78,84</sup> home care,<sup>28,29,36,46,54,59,65,81,83</sup> chronic disease management or specialty service,<sup>23,25,43,45,48,54,62,75,79,82</sup> institutional transition service,<sup>22,37,38,40,42,44,63,64,73,74</sup> health care agency,<sup>41,52,57,70,72</sup> and primary care.<sup>15,20,24,35,39,50,55</sup> Pharmacists working in health authority or multidisciplinary teams may have more opportunity to establish collaborative relationships; however, collaborative partnerships can also be established in community settings. A downside of HV services being offered from a community pharmacy can be limited time to conduct HVs and lack of funding.<sup>65,66,68</sup>

Several authors described pharmacists providing HV services with other health care providers: paramedics,<sup>74</sup> nurses,<sup>28,42</sup> social workers,<sup>84</sup> multidisciplinary teams,<sup>36,48,68,77,81</sup> and with a nurse practitioner and primary care physician.<sup>21,40,85</sup> Co-visiting patients with other health care providers is not only an opportunity to strengthen the team relationships but can enhance collaboration at the point of patient care through the opportunity for complementary skill sets. For example, a pharmacist working in a palliative care team reportedly increased medication-related knowledge of team members and patients.<sup>48</sup>

Another important aspect of relationship and collaboration is referral. Receiving referrals from a physician may not only impact the longevity of a HV program,<sup>68</sup> but also may result in more collaboration for making medication changes through case conferences.<sup>15,53,71</sup> However, receiving referrals for a pharmacist HV intervention may not occur, despite being recommended.<sup>23</sup>

#### HV activities

MR and MRec were the two most commonly reported HV activities, with education, adherence assessment, and removal of medications no longer used occurring often. Other activities reported less frequently were: pharmacist performing physical assessments;<sup>36,50</sup> chronic disease monitoring;<sup>20,25,50,55,56,67</sup> education for lifestyle changes;<sup>87</sup> falls assessment;<sup>50,52</sup> and assessment of cognition,<sup>52</sup> mental health,<sup>52</sup>nutrition,<sup>52</sup> and caregiver needs.<sup>52</sup> A HV is an ideal opportunity to assess many aspects of a patient's health status, balancing that with what is the best use of a pharmacist during the HVs needs to be considered.

# Autonomy

The impact of pharmacists being able to enact their medication recommendations was not reported; rather pharmacists relied on prescriber acceptance of their recommendations. For example, unlike hospital settings where anticoagulation protocols have been established to allow pharmacists to dose adjust warfarin, HMR pharmacists discussed warfarin dosing changes with a physician.<sup>73</sup> Prescribing authority for pharmacists is likely to impact this. Matthies describes his role conducting HVs to patients discharged from an emergency department and his ability to initiate or alter patients' medications.<sup>88</sup> His collaboration with a primary care physician and health authority position allows him access to both EMRs, as well as a collaborative working environment. Collaborative working relationships with other health care professionals and access to information necessary to properly assess drug therapy should not be considered less important if pharmacists have prescribing authority.

### Limitations

It is likely that there are more home care clinical pharmacy services occurring than have been reported in the literature and identified for this review. Surveys done in Canada and the UK illustrate the breadth of services available in these jurisdictions; however, individual reports of all services included in the surveys were not found. Furthermore, it is likely that not all publications were found as the two separate literature searches conducted had only 22 citations in common.<sup>11,14,15,22,26,27,29,32,39–42,50,59,60,66,67,73,75–78</sup> In addition, one evaluation of the MMP, that exists in our health authority, failed to show up in either search.<sup>46</sup> No comparison to inpatient clinical pharmacy literature was conducted to evaluate whether elements that contributed to positive outcomes in the inpatient setting can or do exist in the HV clinical pharmacy services literature.

# Conclusion

Pharmacist HV services are available in many countries throughout the world. Unlike literature from inpatient settings, the outcomes reported are equivocal, particularly related to the impact of a pharmacist HV intervention on subsequent health care costs. Mirroring the conclusions of a previous review of clinical pharmacy services in the home, further refinement of how pharmacist HV services should exist is needed, including the patient population ideally served by a HV and a practice model that best contributes to collaborative practice.<sup>12</sup> Other important elements to consider in both establishing and evaluating a HV program, and which may be applicable to other settings in which clinical pharmacy services are offered, were identified. These include: staff competency, use of technology, staff safety, activities to be performed during a clinical pharmacy intervention (eg, HV), and pharmacist autonomy. Consideration of these elements could help to generate further substantiation of the role of pharmacists providing clinical services in a home care setting.

## Disclosure

The authors report no conflicts of interest in this work.

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