Research article

Identification of a predominant isolate of Mycobacterium tuberculosis using molecular and clinical epidemiology tools and in vitro cytokine responses

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Abstract

Background: Tuberculosis (TB) surveillance programs in Canada have established that TB in Canada is becoming a disease of geographically and demographically distinct groups. In 1995, treaty status aboriginals from the province of Manitoba accounted for 46% of the disease burden of this sub-group in Canada. The TB incidence rates are dramatically high in certain reserves of Manitoba and are equivalent to rates in African countries. The objective of our study was to identify prevalent isolates of *Mycobacterium tuberculosis* in the patient population of Manitoba using molecular epidemiology tools, studying the patient demographics associated with the prevalent strain and studying the *in vitro* cytokine profiles post-infection with the predominant strain.

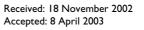
Methods: Molecular typing was performed on all isolates available between 1992 to 1997. A clinical database was generated using patient information from Manitoba. THP-1 cells were infected using strains of *M. tuberculosis* and cytokine profiles were determined using immunoassays for cytokines IL-1 β , IL-10, IL-12, IFN- γ and TNF- α .

Results: In Manitoba, 24% of the disease burden is due to a particular *M. tuberculosis* strain (Type I). The strain is common in patients of aboriginal decent and is responsible for at least 87% of these cases. Cytokine assays indicate that the Type I strain induces comparatively lower titers of IL-1 β , IFN- γ and TNF- α in infected THP-1 cells as compared to H37Ra and H37Rv strains.

Conclusion: In Manitoba, TypeI strain is predominant in TB patients. The majority of the cases infected with this particular strain are newly active with a high incidence of respiratory disease, positive chest radiographs and pulmonary cavities. *In vitro* secretion of IL-1 β , IFN- γ and TNF- α is suppressed in TypeI infected culture samples when compared to H37Ra and H37Rv infected cells.

Tuberculosis (TB) infects one-third of the world population and causes approximately 3 million deaths annually

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[1–4]. The average incidence rate for tuberculosis is 5.9 per 100,000 population in Canada and 9.2 per 100,000 population in the Canadian province of Manitoba [3,5]. In Canada, the majority of TB cases in most provinces are attributed to immigration. Of all the TB cases in each of the provinces of Ontario, British Columbia and Quebec, foreign born cases represent majority of the cases (81%, 60% and 48% of the cases, respectively) while foreign born cases represent only 29% of the total TB cases in Manitoba [3]. In Manitoba, the composition of TB patients is distinctly different from that of other Canadian provinces as the majority of TB cases are among Canadian-born individuals, with the highest incidence among treaty (registered) aboriginals (48.4 per 100,000 overall, with rates as high as 496.3 per 100,000 in select communities) [3]. 'Aboriginals' or 'first nations' describe the indigenous Canadians and their descendants, encompassing those registered as status aboriginals, Métis, Innu and Intuit individuals that may live on or off reserves. In the past few decades, incidence rates of TB have declined in every sub-population, however rates among Canadian-born treaty individuals in Manitoba (48.4 per 100,000) are still more than ten times higher than for non-treaty subgroup (3.3 per 100,000) and more than two times higher than for the foreign-born subgroup (22.0 per 100,000) [3-6]. Canadian surveillance studies have shown that TB is prevalent in geographically and demographically distinct groups, such as, foreign-born and aboriginal individuals [5]. These groups have sustained a steady level of incidence and are in need of targeted TB control measures, with treaty status sub-population contributing to the majority of the current burden of incident cases [5]. The incidence rate of TB among treaty status aboriginals (48.4 per 100,000) was five times higher than the overall provincial rate (9.2 per 100,000) and eight times higher than the national rate of TB (5.9 per 100,000). The incidence rate of TB in treaty status aboriginals is probably an underestimate as the number of aboriginal individuals that have not claimed treaty status is unknown.

Manitoba has a population of 1.15 million of which 78.1% are Canadian-born (CB) non-treaty, 8.9% are treaty aboriginals, and the remainder (13%) are foreign-born (Statistics Canada census, 2002). The majority of Manitoba residents live in the capital city of Winnipeg (685,500). There are 139 reserves in Manitoba; reserves are tracts of land whose legal title is held by the Federal Crown and which has been set apart for use and benefit of a particular First Nation community (Statistics Canada census, 2002). All of the TB cases in the province of Manitoba, 2000). All of the TB cases in the province are reported to TB control program that monitors provincial TB patient registry, hospitals, clinics and diagnostic TB laboratories in Manitoba [5].

Currently available molecular diagnostic techniques such as Restriction Fragment Length Polymorphism (RFLP) using the insertion sequence IS6110, secondary probes (pTBN12), and spoligotyping, permit strain identification within species with a higher degree of specificity compared to traditional methods [7-11]. These techniques help to confirm or identify the chain of transmission and the distribution of strain clusters, allowing insight into the molecular evolution of the species [7,12–14]. The most widely used method is IS6110-RFLP typing of Mycobacterium tuberculosis (M. tuberculosis) which relies on repetitive DNA insertion sequence with a length of 1361 bp and is specific to the M. tuberculosis complex [7,10]. In our laboratory, IS6110-RFLPtyping was performed on 479 patient isolates and we analyzed the predominant RFLP patterns among these isolates.

Host responses to tuberculosis

TB infection is a competitive balance between the bacterium, M. tuberculosis trying to establish itself within the host tissues and host cellular defense mechanisms striving to overcome the infection. The progression of the disease is governed by both host genetic factors and interactions between the host and parasite [15-18]. Host defenses depend mostly on cell mediated immunity, primarily T lymphocytes and macrophages [16]. Macrophages are the first cells to encounter M. tuberculosis in lungs of the host and they react to the parasite by producing a distinct pattern of cytokines including; Interleukin-1 (IL-1), IL-2, IL-10, IL-12, tumor necrosis factor-alpha (TNF- α) and interferon-gamma (IFN- γ) [16,19]. The pro-inflammatory cytokines, such as IL-1, IL-12, TNF- α and IFN- γ as well as anti-inflammatory cytokine IL-10 were analyzed in this study [19-21]. In this study, the patient demographic and geographic factors associated with the prevalent clinical isolates were studied. To investigate whether this prevalent M. tuberculosis strain was virulent, we examined the in vitro growth rate of these bacilli and the cytokine responses in THP-1 cells following infection with M. tuberculosis strains.

Methods

DNA Fingerprinting

479 isolates were available from 610 TB patients (1992– 1997) at The Mycobacteriology Laboratory, Health Sciences Centre, Winnipeg. The mycobacterial genomic DNA was extracted and purified using conventional methods [11,22]. The digestion of genomic mycobacterial DNA using *Pvu*II was carried out as described by Van Embden *et al* [22] with a few modifications [10,12]. The digested DNA was transferred onto the nylon membrane, probed overnight with DIG-labeled IS6110 probe at 65 °C and exposed to X-ray film for 15–20 minutes. Fingerprint pattern images were captured using GelDoc (Bio-Rad, Hercules, CA) and analyzed using Molecular Analyst Software-fingerprinting version 1.1 (Bio-Rad). Computer assisted phylogenetic analysis was employed to characterize strains and assess banding pattern similarities. Numerical designations were arbitrarily assigned to strains according to their prevalence in the population under study.

Data collection

A total of 115 TB patient records were screened for this study between 1992–1997 and were obtained from the Provincial TB Registry, Manitoba. The data fields such as age, sex, race, origin, disease diagnosis, chest X-ray, the presence of cavitary disease and residential location were extracted from the patient records and the information was entered into a database. This data was blinded, allowing data analysis while maintaining the patient confidentiality.

Immunology

Bacterial strains

M. tuberculosis strain H37Ra (ATCC 25177), H37Rv (ATCC 25618) and Type1 were cultured for 6 weeks on Middlebrook 7H10 agar media [23]. Bacilli were harvested at mid-log phase and adjusted to 1×10^7 cells per ml in phosphate buffered saline (PBS). Colony counts and purity checks were performed on these cultures [24].

Culture of macrophages

Human mononuclear cell line, THP-1 (ATCC TIB-202), was used in our experiments. THP-1 cells are phagocytic in nature and can be induced to differentiate into macro-phage-like cells [25]. The cells were cultured in RPMI-1640 media (Sigma, ON, Canada) supplemented with 10% fetal bovine serum (FBS, Sigma) and 1% streptomy-cin-penicillin antibiotic (Sigma). Cells were stained with trypan blue (Sigma) and the number of viable cells were determined using a hemacytometer [23,25].

Monocyte stimulation

THP-1 cells (2 × 10⁶ cells) grown in RPMI media supplemented with 5% FBS and without antibiotic, were infected with 2 × 10⁷ colony forming units of either of H37Ra, H37Rv and Type1 *M. tuberculosis* strains. Uninfected PBS was used as a negative control. Colony counts of mycobacteria were determined at each time point post-infection by subculturing serial dilutions of the cultures onto Middlebrook 7H10 plates. Supernatants were collected at different time intervals *i.e.*, 0.25, 2, 4, 6, 8, 24, 48, 72 hours post-infection by centrifugation at 3000 × g for 20 minutes at 15°C and were then aliquoted and stored at -20°C until used [20,24].

Enzyme Linked Immunosorbent Assay

Enzyme Linked Immunosorbent Assay (ELISA) was carried out in triplicate for each infection using commercially

available antibody pairs for cytokines IL-12, IL-1 β , IFN- γ , TNF- α and IL-10 in accordance to manufacturer's instructions[®] & D Systems, Minneapolis). Each assay was run with a negative control (PBS) and blank samples (according to manufacturer's instructions). The average zero standard optical density was subtracted from different standard and sample optical densities. Sample concentrations were calculated using a standard curve. The results were expressed as amounts of cytokine in picograms per milliliter (pg/ml). The average values were calculated from six independent trials which were each analyzed in triplicate.

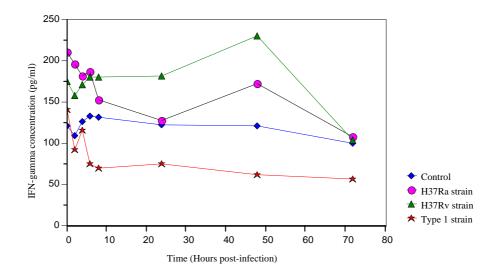
Statistical analysis

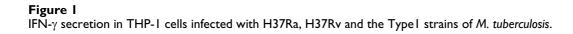
Data was statistically analyzed using SAS software (version 7.0, Cary, North Carolina). Results were derived from six independent experiments, each carried out in triplicate. Cytokine results were correlated at each time point using a non-parametric correlation coefficient. Each immunological (cytokine) variable was analyzed using a two-way ANOVA correlating group and time interaction, followed by least square means multiple comparisons with bonferroni corrections.

Results

Typel Epidemiology

Between 1992 and 1997, there were 610 TB positive patients in Manitoba. There are 194 M. tuberculosis strains isolated from 479 patients from Manitoba and the top 5 strains are Type1, Type5, Type2, Type72, Type71 that are responsible for 24%, 5%, 4.6%, 4.2% and 2% of the total TB cases, respectively. The predominant group of isolates (115/479 cases; 24%) showed a similar banding pattern, which we referred to as fingerprint 'Type1'. As 1 in 4 patients were infected with Type1, we screened patient records for cases which depicted this fingerprint pattern. Of all Type1 cases reported in the province of Manitoba, Winnipeg, the capital city of Manitoba alone accounted for 70/115 cases (60.8%) of the cases. Among Type1 patients residing in cities, 98.5% of the individuals lived in the city of Winnipeg. In areas other than cities, 93% of the Type1 patients lived on aboriginal reserves. Winnipeg and aboriginal reserves appear to be reservoirs of Type1 strain. The majority of the Type1 cases were newly active (91/115 cases; 79%). This strain causes disease in the younger groups with an age range of 21-50 years (84/115 cases; 73%). Within this group, patients with an age range of 31-40 yrs (31/115 cases; 26.9%) are at the most risk of developing disease due to this strain. Infection from this strain appears to be more prevalent among males (73/115 cases; 63%). The majority of treaty and non-treaty status aboriginal people (100/115 cases; 87%) had this Type1 strain isolated from their cultures. Of a total of 100 aboriginal cases, 85 (85%) had treaty status and 15 (15%) were non-treaty status aboriginals. Radiograms of the





patients show that many of Type1 cases exhibited respiratory disease (104/115 cases; 90%) and some (22/115 cases; 19%) had developed pulmonary cavities.

In vitro cytokine production post-infection

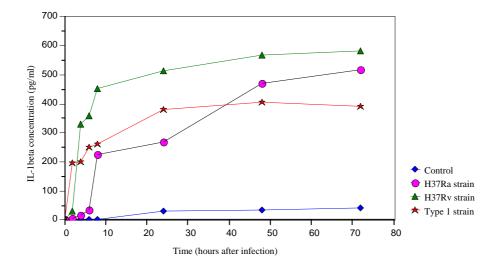
We examined the in vitro response of human THP-1 monocytes to infection with M. tuberculosis H37Rv, H37Ra and the Type1 strain (See methods). Colony counts (measured in cfu) were obtained post-infection at 0.25, 2, 4, 6, 8, 24, 48 and 72 hrs to determine the log difference in colony forming units over time. Differences in the cfu log₁₀ values [log₁₀(max)-log₁₀(min)] of M. tuberculosis strains at 0.25, 2, 4, 6, 8, 24, 48 and 72 hrs post-infection were 0.2 for H37Ra, 0.15 for H37Rv and 0.16 for Type1 strain. At any time point, differences in the cfu

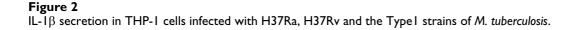
 \log_{10} values between H37Ra, H37Rv and Type1 were also insignificant (Difference in \log_{10} values ≤ 0.15).

Levels of IL-12, IL-1 β , IFN- γ , TNF- α and IL-10 were measured in *M. tuberculosis* infected cell cultures. The levels of the forementioned cytokines were determined at 0.25, 2, 4, 6, 8, 24, 48 and 72 hrs post-infection in order to observe any change of profile during this time period.

IFN- γ

Secretion of IFN- γ was highest in supernatants of H37Rv infected cells (p < 0.05) in comparison to cells infected with H37Ra or Type1 strains (Fig. 1). IFN- γ secretion was consistently low in Type1 infected cultures, compared to the control (6–72 hrs post-infection; p < 0.033), H37Ra infected cells (0.25–72 hrs post infection; p < 0.02) and





H37Rv infected cells (0.25–48 hrs post infection; p < 0.02). These results show that the expression of IFN- γ was suppressed in cells infected with the Type1 strain (Fig. 1).

IL-Iβ

IL-1 β levels were significantly lower in supernatants infected with the Type1 compared to those from supernatants infected with the H37Rv strain (2–72 hrs post infection; p < 0.0001). In comparison to the Type1, H37Ra infected cultures showed a sustained increase in IL-1 β secretion at 24 hours post-infection (p < 0.01) (Fig. 2).

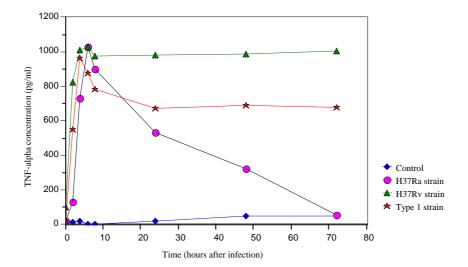
TNF- α

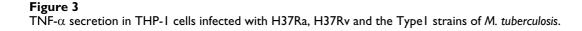
TNF- α secretion was higher in supernatants of H37Rv infected cells (8–72 hrs post-infection, p < 0.005) than in supernatants of cultures infected with other strain types

and controls (Fig. 3). Secretion of TNF- α in Type1 infected cells was higher than for H37Ra infected cells. TNF- α secreted was stable from 8–72 hours inType1 infected cells (Fig. 3).

IL-10

IL-10 secretion in Type1 infected cells was elevated (p < 0.05) at 0.25–4 hrs post-infection as compared to secretion in H37Ra and H37Rv infected cells and controls (Fig. 4). The level of IL-10 in the Type1 infected cells were statistically insignificant at other time points as compared to cells infected with H37Ra and H37Rv.





IL-12

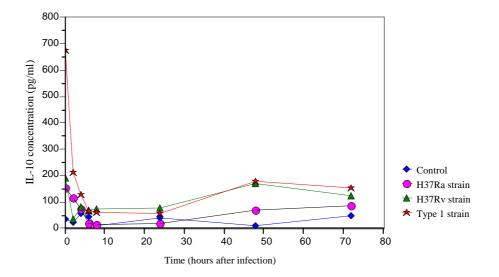
Levels of IL-12 were undetectable in all infected cells at all given time points.

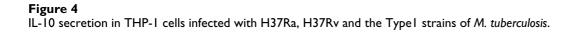
Discussion

Epidemiology

Different *M. tuberculosis* strains have different rates of transmission in a population. IS*6110*-RFLP analysis has shown that some strains of *M. tuberculosis* are more capable of causing disease outbreaks than other strains [11,26]. Our epidemiological investigations have shown that the Type1 strain causes cluster outbreaks with a high rate of active infection and accounts for 24% of all TB cases in Manitoba. This strain is prevalent among infected individuals of aboriginal decent (87%) [3]. Until recently, it was believed that the high prevalence of this strain was secondary to socioeconomic factors. However, these fac-

tors alone do not account for the high prevalence of Type1 strain and the high incidence of patients displaying newly active disease, respiratory disease, positive radiograms and pulmonary cavities. A study by our collaborators has also demonstrated the occurrence of central nervous system (CNS) TB may be strain dependent and that Type1 strain was significantly associated with the number of CNS TB positive cases [27]. A recent study conducted by Manca et al has shown that different clinical isolates may elicit different responses in vivo and may be designated as virulent or hypervirulent [28,29]. We were interested in studying Type1 strain as it is responsible for approximately one in four cases of TB in Manitoba and 9 of 10 TB cases in the aboriginals of Manitoba. The probability that this strain has a higher potential to cause disease in infected subjects must be explored further using different methods such as in vitro and in vivo host responses and in vivo sur-





vival studies. In this study, we studied *in vitro* host response in cells infected with Type1 by estimating the secretion levels of four pro-inflammatory and an anti-inflammatory cytokines over a period of time (0.25–72 hrs).

Mycobacterial Growth

The colony count data shows that the growth of all *M. tuberculosis* strains was similar throughout the experiment. The doubling time for *M. tuberculosis* varies from 20–30 hrs, and since our THP1 infection experiments were carried out over a total of 72 hrs, the bacilli could only have gone through 2–3 cycles of replication. In addition, *M. tuberculosis* requires specialized growth media (Lowenstein Jensen, Middlebrook 7H10, 7H9, BACTEC 12B etc.) and since our infection experiments were carried out using a non-specific *M. tuberculosis* growth media (RPMI), it may explain the insignificant difference in the growth (\log_{10} values) of *M. tuberculosis* strains.

Cytokine responses

Cytokines play a key role in the success of the host immune response against mycobacterial infection and in the pathogenesis of TB. In TB, the host responses are provided by T cells and macrophages [16,19,20]. Indeed, macrophages are the first cells of the immune system that are exposed to *M. tuberculosis*. They act by engulfing the bacilli, producing proteolytic enzymes, presenting mycobacterial antigens to T cells and producing a characteristic pattern of cytokines that regulate the immune system and mediate many of clinical manifestations of TB [16]. We used a human THP-1 monocytic cell line *in vitro* and carried out mycobacterial infections with H37Ra, H37Rv, Type1 strains and PBS control. THP-1 cells are phagocytic in nature and can differentiate into mature cells that function as macrophages that are capable of producing cytokines such as IL-1, IL-8, IL-6, IL-10, IL-12p40 and TNF- α [25].

Our results demonstrate that there is a specific pattern of cytokines secreted by infected THP-1cells. Titers for most of the pro-inflammatory cytokines as IFN- γ , IL-1 β and TNF- α were highest in cells infected with H37Rv strain. Type1 infected cells expressed lower amounts of these cytokines as compared to H37Ra and H37Rv infected cells. Although IL-12 is an important pro-inflammatory cytokine that favors Th1 host immune responses and is directly responsible for the outcome of the TB infection, it was not detected in sufficient amounts in our system [30,31]. There are several possible explanations for this observation. Firstly, perhaps M. tuberculosis organism itself is unable to induce sufficient amounts of IL-12 in THP-1 cells [30,31]. Secondly, negative stimulators of IL-12 production such as IL-10 and IL-4 may counteract pro-inflammatory effects of IL-12 [31]. Finally, we cannot exclude the possibility that IL-12 secretion may be mycobacterial dose dependent. Other methods such as RT-PCR may be used to detect IL-12 levels more effectively than the method used in this study.

It is known that IFN-γ enhances the antimicrobial activity of macrophages through increased production of hydrogen peroxide and nitric oxide metabolites, while inhibiting the proliferation of Th2 cells and the secretion of Type 2 cytokines [32-34]. IFN- γ secretion was depressed in cells infected with the Type1 and hence these low levels were insufficient to induce the macrophages to secrete IL-12 (Fig. 1). Both IFN- γ and TNF- α are required for protective host immunity to TB infection [34-38] and the production of [30,31] low expression levels of IFN- γ are likely responsible for the impaired protective immune cascade to a greater extent in Type1 infected cells than H37Rv infected cells. Furthermore, mixed cell culture experiments containing T-lymphocytes may be a more favourable model to study IFN- γ production as T-lymphocytes are a more important cellular source of IFN-y than monocytes. Studies using animal models may provide a better experimental model to study this cytokine.

IL-1 is produced upon stimulation by *M. tuberculosis* cell wall components and mycobacterial proteins [16]. IL-1 secretion upregulates T-cell expression of IL-2 and IL-2 receptors, induces macrophages to produce other pro-inflammatory cytokines such as IL-6 and TNF- α and may contribute to development of fever [16,36]. The comparatively lower concentrations of IL-1 β in Type1 infected cells may have resulted in lesser TNF- α secretion (Fig. 2), thus providing a more stable environment for the strain to propagate or reside within the host cell.

TNF- α secretion was detected for all the strains from 0.25– 8 hrs but thereafter was higher in H37Rv and Type1 infected cells (Fig. 3). Similar titers of TNF-α at 0.25-8 hrs. postinfection with all M. tuberculosis strain can be attributed to M. tuberculosis as well as its cell wall components and proteins. In vitro and in vivo studies from other laboratories have shown that mycobacterial components induce higher amounts of TNF- α in virulent *M. tuberculosis* strains as compared to avirulent strains [16,26]. This phenomenon was evident in our experiments from cells infected with virulent strains (24-72 hrs of post infection). However, TNF- α secretion does not complement secretion pattern of other pro-inflammatory cytokines under investigation in Type1 infected cultures. As TNF-a exhibits both protective immunity, in terms of anti-mycobacterial activity and development of granulomas and pathological effects, including symptoms such as fever and wasting. It is perhaps best to study this cytokine in vivo using animal models whereby a distinction could be made as to which effect is predominant [16,21].

Anti-inflammatory cytokines, such as IL-10, suppress production of the pro-inflammatory cytokines such as IL-12. This process of downregulation of pro-inflammatory cytokines could prove to be deleterious to the host [19]. IL-10, an anti-inflammatory cytokine, inhibits pro-inflammatory cytokine synthesis by monocytes and macrophages [20,39]. Following infection, IL-10 levels in Type1 infected cells were high and subsequently were the similar for H37Ra and H37Rv infected cells (Fig. 4). Similar findings have been demonstrated with other *M. tuberculosis* strains in both *in vitro* and *in vivo* studies using animal models as well as in clinical studies [20,35,40].

Upon infection, host cells come into contact with mycobacterial components such as LAM and mycobacterial proteins of molecular weight 20 and 46 kDa and secrete IL-1 and TNF- α . TNF- α is also produced by other mycobacterial proteins of molecular weight 44, 58, 65 kDa [15,21,30,37]. Compared to other strains under investigation, Type1 infected cells produced lower levels of IL-1 which may have lead to the ineffective host immune response, also resulting in lesser bacillary elimination in these cells. On the other hand, high levels of TNF- α are secreted in host cells infected with virulent strains of M. tuberculosis and this data is consistent with TNF- α secretion in Type1 infected cells [15,26]. TNF- α along with other pro-inflammatory cytokines, such as IFN-y, activates the macrophages to produce inducible nitric oxide synthase and reactive nitrogen intermediates, which cause reduction of mycobacterial growth but fails to eliminate the pathogen [21,30,33,37]. Contrary to pro-inflammatory cytokines, anti-inflammatory cytokines act by downregulating host immune response and limiting host tissue injury and are primarily produced upon infection by M.

tuberculosis [16,20,41]. Excessive IL-10 production at 0.25-4 hrs post-infection may have contributed towards loss of control of infection [20,35,40]. Supportive evidence has shown that elevated levels of TNF- α and IL-10 have been detected in patients with lung TB [20,35,39,40]. TB disease is better controlled when the host rapidly develops pro-inflammatory cytokine response in infected cells. On the other hand, disruption of the balance between pro- and anti-inflammatory cytokines by absence or suppression of pro-inflammatory cytokine response and predominance of immuno-suppressive cytokines, as depicted by Type1 infected cells, may be associated with early development of disease. If these results are replicated in vivo and are correlated with disease progression, they may better explain the predominance and virulence of Type1 strain in the Manitoba.

Conclusion

The pathogenesis of TB depends on a combination of M. tuberculosis virulence factors and host factors. Results from this study indicate that Type1 strain has a unique epidemiology as well as a specific cytokine profile, which confers it the ability to modulate host immune response in its favour. These factors may explain the propensity of the Type1 strain in Manitoba, especially among its aboriginals. These findings must be confirmed in vivo using mouse models which will help us to better understand the pathogenesis of the M. tuberculosis Type1 strain. We are currently studying the in vivo survival rate, clearance or non clearance of infection and immunological responses of mice infected with Type1 and other clinical strains. This would not only provide evidence of strain related virulence but the immunological profiles could also be used to modulate host immune response to enhance therapy of TB.

List of abbreviations used

IL: Interleukin

TB: Tuberculosis

Type1 strain: M. tuberculosis Type1 strain

IFN-γ: Interferon gamma

TNF-α: Tumor necrosis factor alpha

Competing interests

None declared.

Authors's contributions

EH is the authorized individual to collect data from TB patients and has official permission for archived information. AA created the database and compiled the patient information. JW cultured all the *M. tuberculosis* isolates and performed RFLP. MS conducted cytokine experiments, compiled all experimental and clinical data and prepared the manuscript. AK was the directory of this study and also provided salary funds and space for this study.

Acknowledgments

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