

Article

# Simultaneous Detection of Adenosine Triphosphate and Glucose Based on the Cu-Fenton Reaction

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**Abstract:** Both adenosine triphosphate (ATP) and glucose are important to human health, and their abnormal levels are closely related to angiocardopathy and hypoglycaemia. Therefore, the simultaneous determination of ATP and glucose with a single test mode is highly desirable for disease diagnostics and early recognition. Herein, a new fluorescence on/off switch sensing platform is developed by carbon nanodots (CNDs) to detect ATP and glucose simultaneously. The fluorescence of CNDs can be quenched by  $\text{Cu}^{2+}$  and hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), due to the formation of hydroxyl radicals ( $\cdot\text{OH}$ ) produced in the Cu-Fenton reaction. Based on the high affinity of  $\text{Cu}^{2+}$  with ATP, the fluorescence of CNDs will recover effectively after adding ATP. Additionally, glucose can be efficiently catalyzed by glucose oxidase (GOx) to generate  $\text{H}_2\text{O}_2$ , so the platform can also be utilized to analyze glucose. Under optimum conditions, this sensing platform displays excellent sensitivity and the linear ranges are from 0.1 to 7  $\mu\text{M}$  for ATP with a limit of detection (LOD) of 30.2 nM, and from 0.1 to 7 mM for glucose with a LOD 39.8  $\mu\text{M}$ , respectively. Benefiting from the high sensitivity and selectivity, this sensing platform is successfully applied for simultaneous detection of ATP and glucose in human serum samples with satisfactory recoveries.

**Keywords:** simultaneous detection; Cu-Fenton reaction; carbon nanodots; adenosine triphosphate; glucose; satisfactory recoveries

## 1. Introduction

As is well known, both adenosine triphosphate (ATP) and glucose are sources of energy and important for energy metabolism. ATP supplies energy for metabolic processes and glucose is a metabolic intermediate in biological systems. Furthermore, the ATP and glucose levels in blood are indicators of human health conditions. For example, the excessive production of ATP by creatine kinase is the pathogenesis of angiocardopathy [1] and the aberrant concentration of ATP will cause energy disturbance, resulting in hypoglycaemia, ischemia, and Parkinsons' disease [2]. On the other hand, the high glucose levels will produce diabetes mellitus, which damages the eyes, kidneys, feet, and heart, and also causes a series of angiocardopathy [3], while hypoglycaemia is usually due to the low concentration of glucose. This means that both the levels of ATP and glucose are related to angiocardopathy and hypoglycaemia by virtue of the coexistence of ATP and glucose in biological samples [4–7], thus, the simultaneous determination of ATP and glucose with a single test mode is highly desirable for disease diagnostics and early recognition.

A comparison with the traditional methods, such as chromatography and electrochemical techniques [8,9], fluorescence analysis receives a great deal of attention due to its simplicity, rapid response,

and high selectivity. The fluorescence sensing strategy for ATP is usually developed according to the reaction between ATP and aptamer or between ATP and copper ions ( $\text{Cu}^{2+}$ ). For example, ATP-aptamer complexes provided greater protection for gold nanoparticles (AuNPs) against salt-induced aggregation than either aptamer or ATP alone, and the dispersive AuNPs rather than aggregation could efficiently quench the fluorescence of Tb ion-functionalized carbon dots due to the fluorescence resonance energy transfer [10]. In addition, compared with other cations, ATP has a strong affinity for  $\text{Cu}^{2+}$ , which can completely quench the emission of perylene diimide functionalized with histidine. Thus, the fluorescence recovery positively correlated with ATP concentrations [11]. On the other hand, many fluorescence glucose sensors based on new fluorescence transduction schemes are already developed [12]. In these reports, the enzyme glucose oxidase (GOx) has been widely employed in glucose sensing because hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) is the main product of the reaction between glucose and GOx. For instance,  $\text{H}_2\text{O}_2$  formed in the oxidization of glucose by GOx, resulting in the fluorescence quenching of carbon nanodots (CNDs) in the presence of  $\text{Fe}^{2+}$ , and the concentration of glucose could be measured indirectly [13]. Although these reports showed good sensitivity and selectivity, these strategies could not incorporate both elements which responded, respectively, to  $\text{Cu}^{2+}$  and  $\text{H}_2\text{O}_2$ , so the simultaneous measurement of ATP and glucose could not be achieved. Up to now, only an amperometric biosensor was reported for the simultaneous determination of ATP and glucose [14], and other ways, especially fluorescence techniques, have not been presented.

Herein, it is found that the complex of  $\text{Cu}^{2+}$  and  $\text{H}_2\text{O}_2$ , rather than either  $\text{Cu}^{2+}$  or  $\text{H}_2\text{O}_2$  alone, can quench the fluorescence of CNDs due to the hydroxyl radicals ( $\cdot\text{OH}$ ) produced in the Cu-Fenton reaction [15–17]. By virtue of the binding of ATP to  $\text{Cu}^{2+}$  and arising  $\text{H}_2\text{O}_2$  in the reaction between glucose and GOx, ATP and glucose can be simultaneously detected. The linear range of ATP is 0.1 to 7  $\mu\text{M}$  and the linear response of glucose is from 0.1 to 7 mM. Benefiting from the superior sensitivity and selectivity, this sensing platform is successfully applied for simultaneous detection of ATP and glucose in human serum samples with satisfactory recoveries.

## 2. Materials and Methods

### 2.1. Chemicals and Materials

Ascorbic acid (AA), hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), glucose oxidase (GOx), glucose, galactose, fructose, sucrose, mannose, lactose, sodium citrate, adenosine triphosphate (ATP), cytidine 5'-triphosphate disodium salt (CTP), adenosine 5'-diphosphate (ADP), uridine-5'-triphosphate (UTP), guanosine triphosphate (GTP) were purchased from Aladdin (Shanghai, China).  $\text{CH}_3\text{COONa}$ , HCl, KCl and  $\text{CuSO}_4$  were obtained from Shanghai Shenbo Chemical Co., Ltd., Shanghai, China. All reagents were of analytical grade. All the solutions were prepared using ultrapure water produced with a Millipore-Q water system.

### 2.2. Instruments

The fluorescence spectra were recorded with a Hitachi F-7000 fluorescence spectrophotometer (Tokyo, Japan). Transmission electron microscopy (TEM) images were recorded on a JEM-2100PLUS (JEOL, Japan). The Fourier transform infrared (FT-IR) spectra of the samples were analyzed using Thermo Nicolet Nexus 470 FT-IR ESP spectrometer (Nicolet, WI, USA). The ultraviolet-visible (UV-vis) absorption spectra were obtained on a Cary 300 Bio UV-vis spectrophotometer (Varian, Palo Alto, CA, USA) and the pH values of solutions were measured using a pH meter (Mettler Toledo FE20, Zurich, Switzerland).

### 2.3. Synthesis of CNDs

Typically, 0.8 g AA was dissolved in 20 mL water. Then the above solution was stirred thoroughly and then transferred into a 50 mL autoclave reactor. The reactor was heated to 160 °C in a constant temperature drying oven for 70 min. After cooling to room temperature, a clear yellow aqueous

dispersion containing CNDs was gained. Subsequently, the resulting yellow solution (20 mL) was dried in a drying oven at 60 °C to constant weight (for about 14 h). Then, 39 mg powder of carbon nanodots was weighed and diluted in 1 mL water to obtain CNDs solution (39 mg/mL). The prepared solution of CNDs was diluted 100 times before use, and the concentration was 0.39 mg/mL.

#### 2.4. Fluorescence Responses of $\text{Cu}^{2+}$

The fluorescence detection of  $\text{Cu}^{2+}$  was performed as follows: briefly, 35  $\mu\text{L}$  CNDs (0.39 mg/mL), 50  $\mu\text{L}$   $\text{H}_2\text{O}_2$  (0.1 M), different concentrations of  $\text{Cu}^{2+}$ , 200  $\mu\text{L}$  HCl- $\text{CH}_3\text{COONa}$  buffers (pH = 5) and water were mixed together, and the final volume was 1 mL. After incubation for 10 min at room temperature, the fluorescence of the mixture was measured at 380 nm with an excitation of 315 nm. With increasing the concentration of  $\text{Cu}^{2+}$ , the fluorescence of CNDs decreased linearly and the fluorescence differences were expressed as  $F_0 - F$ , in which  $F_0$  and  $F$  represented the fluorescence intensities of CNDs- $\text{H}_2\text{O}_2$  in the absence and presence of  $\text{Cu}^{2+}$ , respectively.

Additionally, the LOD is the limit of detection, which is defined as the concentration of analyte that corresponds to three times the signal-to-noise ratio ( $S/N = 3$ ) [18]. LOD is calculated according to the expression  $\text{LOD} = 3\sigma/K$ , where  $\sigma$  is the standard deviation for the blank solution ( $n = 10$ ), and  $K$  is the slope of the calibration curve.

#### 2.5. Fluorescent $\text{H}_2\text{O}_2$ Assay

A typical  $\text{H}_2\text{O}_2$  detection procedure was conducted as follows: Firstly, 35  $\mu\text{L}$  CNDs (0.39 mg/mL), 60  $\mu\text{L}$   $\text{Cu}^{2+}$  (0.01 mM), 200  $\mu\text{L}$  HCl- $\text{CH}_3\text{COONa}$  buffers (pH = 5), various concentrations of  $\text{H}_2\text{O}_2$  and water were mixed thoroughly. The final volume of the mixture was 1 mL. After incubation for 10 min at ambient temperature, the concentration of  $\text{H}_2\text{O}_2$  linearly responded to the fluorescence differences of  $F_1 - F_2$  ( $F_1$  and  $F_2$  represented the fluorescence intensity of CNDs- $\text{Cu}^{2+}$  in the absence and presence of  $\text{H}_2\text{O}_2$ ).

#### 2.6. Fluorescence Detection of ATP

The assay was carried out as follows: (i) 200  $\mu\text{L}$  HCl- $\text{CH}_3\text{COONa}$  buffers (pH = 5), 60  $\mu\text{L}$   $\text{Cu}^{2+}$  (0.01 mM) and ATP with different concentrations were added to a certain amount of water and reacted for 10 min at room temperature; (ii) 35  $\mu\text{L}$  CNDs (0.39 mg/mL) and 50  $\mu\text{L}$   $\text{H}_2\text{O}_2$  (0.1 M) were injected to the mixture and the volume of final solution was 1 mL. After the mixture reacted for 10 min at room temperature, a linear correlation was found between the concentration of ATP and the fluorescence differences of  $F_4 - F_3$ , in which  $F_3$  was the fluorescence intensity of CNDs- $\text{Cu}^{2+}$ - $\text{H}_2\text{O}_2$  system and  $F_4$  was the fluorescence intensity of the system with the addition of various concentrations of ATP.

#### 2.7. Fluorescence Measurement of Glucose

Firstly, the mixture containing 13  $\mu\text{L}$  GOx (765 U/mL) and different concentrations of glucose was incubated at 37 °C for 60 min, and then 200  $\mu\text{L}$  HCl- $\text{CH}_3\text{COONa}$  buffers (pH = 5), 60  $\mu\text{L}$   $\text{Cu}^{2+}$  (0.01 mM) and 35  $\mu\text{L}$  CNDs (0.39 mg/mL) were added to the mixture. Ten minutes later, their fluorescence spectra were recorded. The concentration of glucose linearly responded to the fluorescence differences of  $F_5 - F_6$ , where  $F_5$  and  $F_6$  were the fluorescence of CNDs- $\text{Cu}^{2+}$ -GOx system in the absence and presence of glucose.

#### 2.8. Real Sample Detection

The real sample detection in our assay was carried out as follows: Typically, a 1.5 mL blood sample was kept at 37 °C in a water bath for about 0.5 h. Then, 3.0 mL acetonitrile was added and followed by centrifugation at 4000 rpm for 20 min to remove large molecules and proteins. Subsequently, the supernatant was removed and kept in a water bath (60 °C) for about 1 h to evaporate acetonitrile. The supernatant of the serum sample was diluted 10 times and measured by the present sensing system

to detect ATP and glucose. Then, the standard ATP and glucose solutions with different concentrations were spiked into the human serum samples, respectively, to investigate the reliability of this assay.

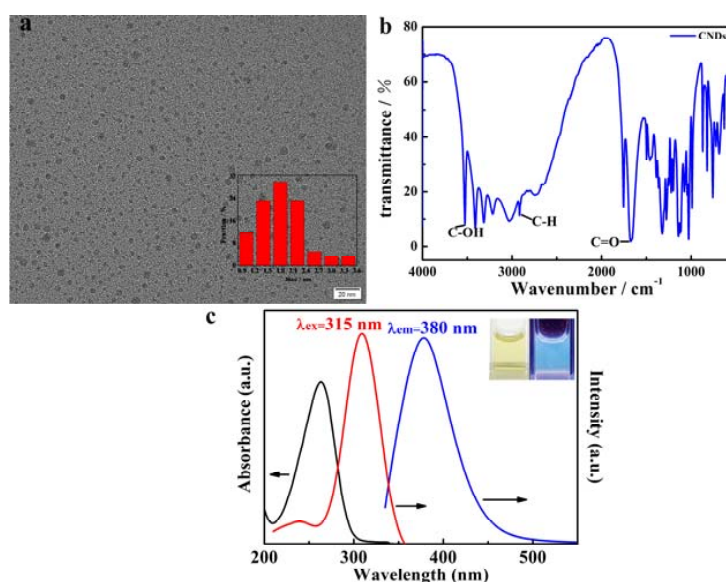
### 2.9. Validation Test of TMB

The validation of the Cu-Fenton activity was performed as follows: the experiments were performed in 200  $\mu$ L HCl-CH<sub>3</sub>COONa buffers (pH = 5) containing 5 mM TMB, 500 mM H<sub>2</sub>O<sub>2</sub> and differing concentrations of Cu<sup>2+</sup> followed by the addition of water to a final volume of 1 mL. After reaction for 10 min, the colour was present in these samples.

## 3. Results and Discussion

### 3.1. Characterization of CNDs

As shown in the TEM image (Figure 1a), the CNDs exhibit an approximately spherical shape and are well-dispersed. These nanoparticles have a size distribution from 1 to 3.4 nm and the average diameter of CNDs is about 1.8 nm by estimating the size of 100 dots in the TEM image. The structure and composition of CNDs are characterized by FT-IR spectroscopy (Figure 1b). The CNDs have a main absorption of C-H stretching vibration at 2900  $\text{cm}^{-1}$ , the C=O stretching at 1740  $\text{cm}^{-1}$ , and the peak at 3452  $\text{cm}^{-1}$  is related to the C-OH bond stretching vibrations. It demonstrates the presence of oxygen-containing functional groups such as hydroxyl and carbonyl groups on the surface of particles. Additionally, these nanodots show a strong peak at 260 nm (Figure 1c), which is ascribed to  $\pi$ - $\pi^*$  transition of carbon [19]. Next, the emission is found to be excitation-dependent, including wavelength and intensity in a well-regulated mode within the exciting range of 285–345 nm (Figure S1). Although the emission peak shifts from 375 to 390 nm with increasing excitation wavelengths, its intensity reaches a maximum at 315 nm excitation (Figure 1c). The excitation-dependent emission spectra have been reported by various works involving CNDs [20,21]. Meanwhile, the CNDs solution under UV light exhibits bright blue fluorescence, whereas it is yellow under daylight.

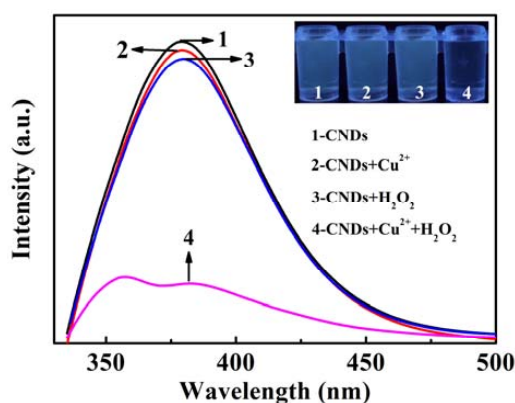


**Figure 1.** TEM image (a), FT-IR spectrum (b), UV-VIS absorption (black curve), and fluorescence emission (blue curve), and excitation (red curve) spectra of CNDs (c). The inset of (c) is the photograph of CNDs under visible light and UV light at 365 nm.

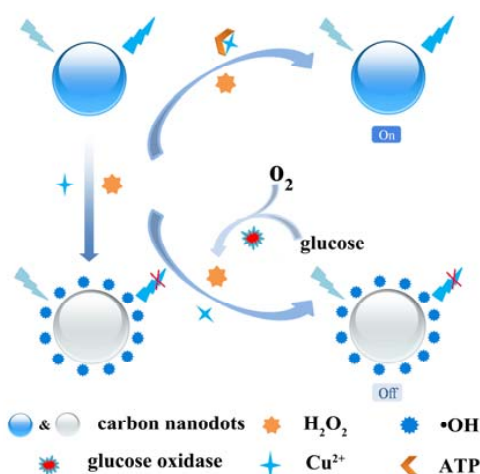
### 3.2. Fluorescence Quenching of CNDs

According to Figure 2, when only H<sub>2</sub>O<sub>2</sub> or Cu<sup>2+</sup> is mixed with CNDs, the emission at 380 nm changes inconspicuously. However, by both adding H<sub>2</sub>O<sub>2</sub> and Cu<sup>2+</sup>, the fluorescence of CNDs is

quenched effectively. While the amount of  $\text{H}_2\text{O}_2$  is fixed, the emission of CNs sensitively responds to the concentration of  $\text{Cu}^{2+}$  in the range from 1 nM to 2  $\mu\text{M}$  with LOD 0.65 nM (Figure S2), which is lower than most works [22,23]. Additionally, it should be noted that when the concentration of  $\text{Cu}^{2+}$  is higher than 4  $\mu\text{M}$  (Figure S3), it can directly quench the fluorescence of CNs without the addition of  $\text{H}_2\text{O}_2$ , which is consistent with previous literature [24], but  $\text{Cu}^{2+}$  ions with a low amount (especially below 2  $\mu\text{M}$ ) is invalid. Additionally, with the unchanged amount of  $\text{Cu}^{2+}$ , the fluorescence of these nanoparticles also decreases linearly when the concentration of  $\text{H}_2\text{O}_2$  increases from 25  $\mu\text{M}$  to 5 mM with LOD 7.8  $\mu\text{M}$  (Figure S4). Like the Fenton reaction between  $\text{Fe}^{2+}$  and  $\text{H}_2\text{O}_2$ ,  $\text{Cu}^{2+}$  and  $\text{H}_2\text{O}_2$  can also produce the reactive  $\cdot\text{OH}$ . In this process,  $\text{Cu}^{2+}$  oxidizes  $\text{H}_2\text{O}_2$  to generate  $\text{O}_2^{\bullet-}$  and  $\text{Cu}^+$ , and  $\text{Cu}^+$  is able to react with excess  $\text{H}_2\text{O}_2$  to form  $\cdot\text{OH}$  [25–28], which can catalyse the oxidation of TMB to produce the blue colour reaction (Figure S5). TMB oxidation-induced colour development is positively correlated with  $\text{Cu}^{2+}$  concentrations. Therefore, the  $\cdot\text{OH}$  is believed to quench the fluorescence of CNs, and the quenching efficiency reaches the maximum at pH 5 (Figure S6). Cu-Fenton reaction is different from the Fe-Fenton reaction, and it usually requires a small amount of  $\text{Cu}^{2+}$  and a large amount of  $\text{H}_2\text{O}_2$ , which just correspond to the low concentration of ATP and high concentration of glucose in human serum. Based on the binding of ATP to  $\text{Cu}^{2+}$  and arising  $\text{H}_2\text{O}_2$  in the reaction between glucose and GOx, ATP and glucose can be simultaneously detected with a single test mode (Scheme 1).



**Figure 2.** Fluorescence spectra of CNs in the absence and presence of  $\text{Cu}^{2+}$ ,  $\text{H}_2\text{O}_2$ , and the mixture of  $\text{Cu}^{2+}$  and  $\text{H}_2\text{O}_2$ , respectively. The concentrations of CNs,  $\text{Cu}^{2+}$ , and  $\text{H}_2\text{O}_2$  were 0.014 mg/mL, 2  $\mu\text{M}$ , and 5 mM, respectively.



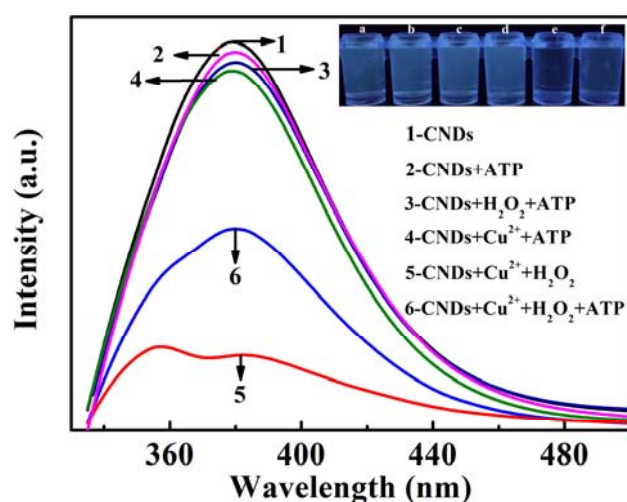
**Scheme 1.** Schematic illustration of the CNs as a fluorescence probe for the detection of ATP and glucose.

### 3.3. Fluorescence Recovery of CNDs-Cu<sup>2+</sup>-H<sub>2</sub>O<sub>2</sub> System by ATP

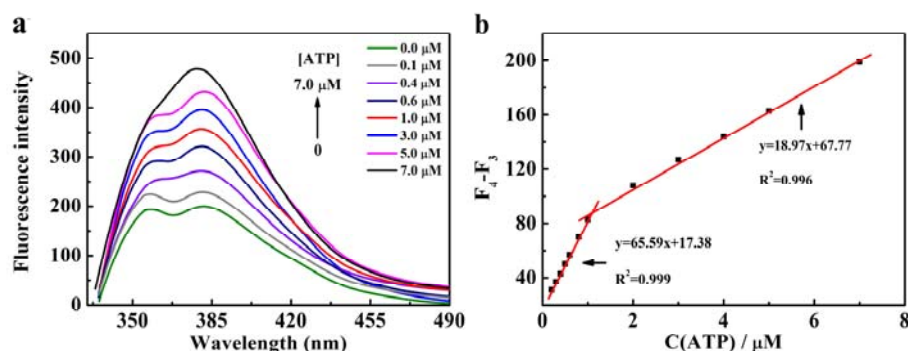
As shown in Figure 3, when the ATP is introduced in the CNDs-Cu<sup>2+</sup>-H<sub>2</sub>O<sub>2</sub> system, the quenched fluorescence recovers effectively because Cu<sup>2+</sup> ions exhibit a strong binding affinity to ATP with respect to multiple phosphates, while ATP alone will not influence the fluorescence of CNDs, CNDs-Cu<sup>2+</sup>, and CNDs-H<sub>2</sub>O<sub>2</sub>. All of results indicate that ATP indeed binds with Cu<sup>2+</sup> ions, which cannot react with H<sub>2</sub>O<sub>2</sub> to form ·OH. At the same time, the reaction between ATP and Cu<sup>2+</sup> ions can complete within 10 min, suggesting a rapid reaction rate (Figure S7). The enhanced fluorescence positively correlates with the concentration of ATP in the linear range from 0.1 to 7 μM with LOD 30.2 nM (Figure 4). Comparing with the previous reports (Table 1), our method is not inferior to others [29–35] and also exhibits relatively wide linear ranges and a low limit of detection of ATP.

**Table 1.** Comparison of analysis methods for the detection of ATP.

| Method                                  | Probe                                    | Linear Range                         | LOD     | Ref.      |
|-----------------------------------------|------------------------------------------|--------------------------------------|---------|-----------|
| Fluorescence                            | Ru complex                               | 0–0.1 μM                             | 20 nM   | 29        |
| Fluorescence                            | DNA template Ag nanoclusters (AgNCs)     | 0.5–8.0 μM                           | 91.6 nM | 30        |
| Colorimetric detection                  | Gold nanoparticles                       | 4.4–132.7 μM                         | 0.6 μM  | 31        |
| Fluorescence                            | Cysteamine capped CdS quantum dots (QDs) | 20–80 μM                             | 17 μM   | 32        |
| Fluorescence                            | DNA binding dye berberine                | 0.5–50 μM                            | 140 nM  | 1         |
| Fluorescence                            | QD-tagged aptamer                        | 0.1–1 mM                             | 24 μM   | 33        |
| Electrochemical                         | labeled anti-ATP aptamer                 | 10 nM–1 mM                           | -       | 34        |
| Fluorescence and Colorimetric detection | cationic polythiophene derivative        | 10 <sup>-8</sup> –10 <sup>-4</sup> M | -       | 35        |
| Fluorescence                            | CNDs                                     | 0.1–7 μM                             | 30.2 nM | This work |



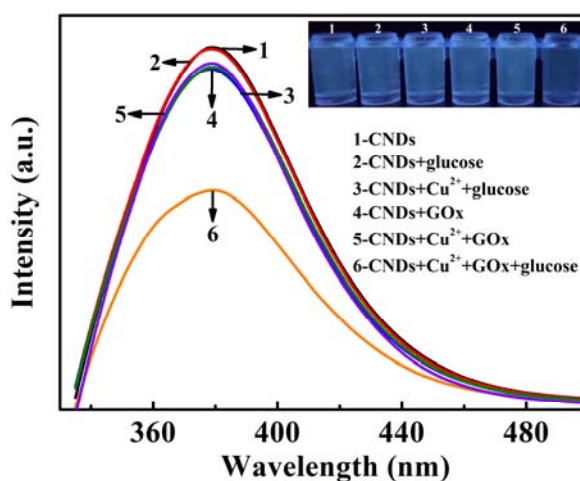
**Figure 3.** Fluorescence spectra of free CNDs (1) and CNDs in the presence of ATP (2), H<sub>2</sub>O<sub>2</sub> and ATP (3), Cu<sup>2+</sup> and ATP (4), Cu<sup>2+</sup> and H<sub>2</sub>O<sub>2</sub> (5) and Cu<sup>2+</sup>, H<sub>2</sub>O<sub>2</sub>, and ATP (6). The final concentrations of CNDs, H<sub>2</sub>O<sub>2</sub>, Cu<sup>2+</sup>, and ATP were 0.014 mg/mL, 5 mM, 600 nM and 7 μM respectively. The inset shows the corresponding images under UV light.



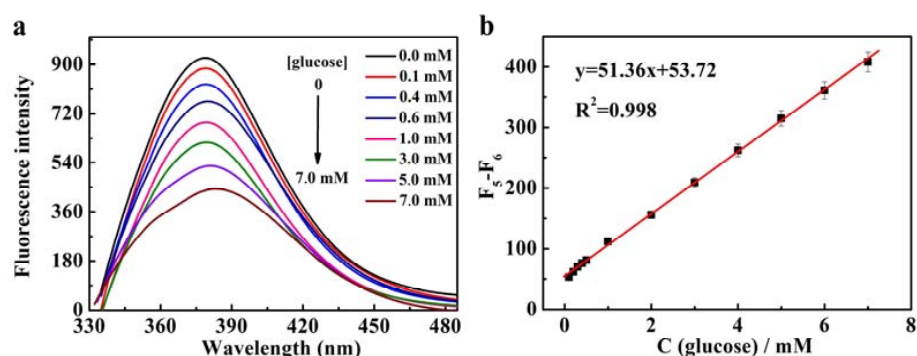
**Figure 4.** Fluorescence responses to different concentrations of ATP (a) and corresponding linear ranges (b). The concentrations of CNDs,  $H_2O_2$  and  $Cu^{2+}$  were 0.014 mg/mL, 5 mM and 600 nM, respectively.

### 3.4. Detection of Glucose Based on CNDs- $Cu^{2+}$ System

$H_2O_2$  is the main product of the reaction between glucose and GOx, so CNDs- $Cu^{2+}$ - $H_2O_2$  system can be utilized to analyse glucose. As illustrated in Figure 5, there is no significant difference when glucose or GOx is added in CNDs and CNDs- $Cu^{2+}$  system. When glucose is oxidized by GOx, the fluorescence of CNDs- $Cu^{2+}$  platform was quenched effectively. The fluorescence difference was proportional to the concentration of glucose in the range from 0.1 to 7 mM with LOD 39.8  $\mu M$  (Figure 6). The fluorescence response of this platform to the glucose ranging from 0 to 1.0 mM is depicted in Figure S8, where the slope of the linear equation is similar to that of glucose with concentration from 0.1 to 7.0 mM, indicating that the glucose with low concentrations can be also sensitively detected. In comparison with the reported studies (Table 2), this new strategy is demonstrated to not be inferior to other works [36–41]. Additionally, CNDs involved in this assay, as a novel probe, are easily synthesized, experimentally convenient, and low-cost, and can be used to detect ATP and glucose simultaneously.



**Figure 5.** Fluorescence spectra of free CNDs (1) and CNDs in the presence of glucose (2),  $Cu^{2+}$  and glucose (3), GOx (4),  $Cu^{2+}$  and GOx (5), and the mixture of  $Cu^{2+}$ , glucose and GOx (6). The final concentrations of CNDs, glucose,  $Cu^{2+}$  and GOx were 0.014 mg/mL, 5 mM, 600 nM and 10 U/mL respectively. The inset shows the corresponding images under UV light at 365 nm.



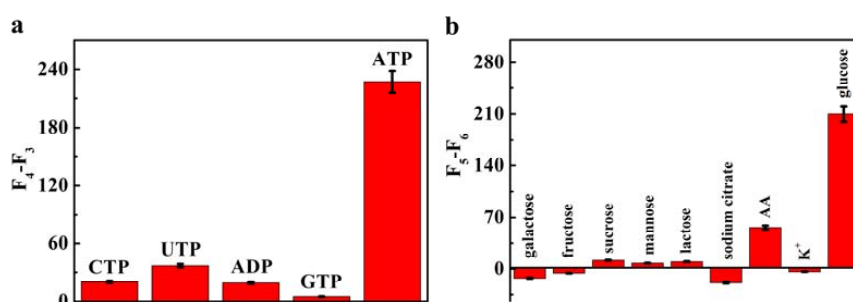
**Figure 6.** Fluorescence spectra of CNDs in the presence of different concentrations of glucose (a) and the corresponding linear range (b). The concentrations of CNDs,  $\text{Cu}^{2+}$  and GOx were 0.014 mg/mL, 600 nM, and 10 U/mL, respectively.

**Table 2.** Comparison of analysis methods for the detection of glucose.

| Method                 | Probe                             | Linear Range         | LOD                | Ref.      |
|------------------------|-----------------------------------|----------------------|--------------------|-----------|
| Colorimetric detection | MoS <sub>2</sub> nanosheets       | 5–150 $\mu\text{M}$  | 1.2 $\mu\text{M}$  | 36        |
| Fluorescence           | boronic acid modified carbon dots | 9–900 $\mu\text{M}$  | 1.5 $\mu\text{M}$  | 19        |
| Colorimetric detection | Gold nanoparticles                | 0–5 mM               | -                  | 37        |
| Colorimetric detection | ZnS nanoparticles                 | 0.05–0.5 mM          | 36 $\mu\text{M}$   | 38        |
| Fluorescence           | Copper nanoclusters               | 10–100 $\mu\text{M}$ | 8 $\mu\text{M}$    | 39        |
| Colorimetric detection | Prussian blue nanoparticles       | 0.1–50 $\mu\text{M}$ | 0.03 $\mu\text{M}$ | 40        |
| Fluorescence           | carbon nitride dots               | 1–100 $\mu\text{M}$  | 0.4 $\mu\text{M}$  | 41        |
| Fluorescence           | CNDs                              | 0.1–7 mM             | 39.8 $\mu\text{M}$ | This work |

### 3.5. Selectivity for ATP and Glucose

To examine the selectivity of this CNDs- $\text{Cu}^{2+}$ - $\text{H}_2\text{O}_2$  system for ATP, other analogous molecules, including CTP, ADP, UTP, and GTP are investigated under the optimized conditions. As shown in Figure 7a, only the addition of ATP produces an obvious fluorescence recovery, suggesting the highly selectivity for ATP. Additionally, some interference substances, such as galactose, fructose, sucrose, mannose, lactose, sodium citrate, AA, and KCl, are evaluated. Due to the high specificity of GOx for glucose, other compounds cannot induce the effective fluorescence quenching of CNDs, indicating a high selectivity of our proposed sensing system for glucose.



**Figure 7.** Selectivity of detection of ATP (a) and glucose (b). The concentrations of ATP and other interference substances in Figure 7a are 3  $\mu\text{M}$ . In Figure 7b, glucose, and other substances are 3 mM.

### 3.6. Detection of ATP and Glucose in Human Serum Samples

To evaluate the applicability of this sensing system, the proposed strategy is used to determine ATP and glucose in human serum samples. The results are shown in Table 3, the concentration of ATP in human serum sample (without dilution) measured by our method is about 4.3  $\mu\text{M}$ , which is consistent with the value detected by the high-performance liquid chromatograph (HPLC). With a



standard addition method, the real samples are spiked with certain amounts of ATP and the satisfactory recoveries of ATP in the range from 102.4 to 106.4% are reached. On the other hand, the concentration of glucose in human serum sample (without dilution) detected by our method is about 3.41 mM, which is similar to the clinic value provided by local hospital (3.78 mM). Next, the recoveries in the ranges from 98.0 to 104.8% are obtained by spiking different concentrations standard glucose solutions into human serum samples (Table 4). All results demonstrate that this proposed method is practicable, reliable, and can be used for simultaneous determination of ATP and glucose in human serum samples.

**Table 3.** Determination of ATP in serum samples.

| Sample | Standard Added $\mu\text{M}$ | Found Value $\mu\text{M}$ | Recovery (%) | RSD ( $n = 3$ , %) |
|--------|------------------------------|---------------------------|--------------|--------------------|
| 1      | 0.0                          | 0.433 *                   | -            | 1.43               |
| 2      | 0.1                          | 0.537                     | 104.0        | 1.68               |
| 3      | 1.0                          | 1.497                     | 106.4        | 1.16               |
| 4      | 5.0                          | 5.553                     | 102.4        | 1.61               |

\* The concentration of ATP in human serum sample with diluted 10 times measured by our method is 0.43  $\mu\text{M}$ , which is in agreement with the values detected by HPLC (4.1  $\mu\text{M}$  without dilution).

**Table 4.** Determination of glucose in serum samples.

| Sample | Standard Added mM | Found Value mM | Recovery (%) | RSD ( $n = 3$ , %) |
|--------|-------------------|----------------|--------------|--------------------|
| 1      | 0                 | 0.341 *        | -            | 1.38               |
| 2      | 0.1               | 0.439          | 98.0         | 1.02               |
| 3      | 1.0               | 1.389          | 104.8        | 1.52               |
| 4      | 3.0               | 3.284          | 98.1         | 1.83               |

\* The concentration of glucose in human serum sample with diluted 10 times measured by our method is 0.341 mM, which is consistent with the clinical data provided by a local hospital (3.78 mM without dilution).

#### 4. Conclusions

Herein, a fluorescence sensing platform based on CNDs for the detection of ATP and glucose with superior sensitivity and selectivity has constructed. The sensing mechanism is that  $\text{Cu}^{2+}$  can react with  $\text{H}_2\text{O}_2$  to generate  $\cdot\text{OH}$ , which quenches the fluorescence of CNDs. Incorporating both ATP and glucose, which respond respectively to  $\text{Cu}^{2+}$  and  $\text{H}_2\text{O}_2$ , the measurements of ATP and glucose can be simultaneously achieved in human serum samples with satisfactory recoveries. Due to the abnormal levels of ATP and glucose closely related to some diseases, this assay has been proposed in an effort to find a proper candidate for use in routine clinical practice.

**Supplementary Materials:** The following are available online at <http://www.mdpi.com/1424-8220/18/7/2151/s1>, Figure S1. Excitation-dependent fluorescence spectra of CNDs. Figure S2. Fluorescence spectra of CNDs upon addition of different concentrations of  $\text{Cu}^{2+}$  (a) in the presence of  $\text{H}_2\text{O}_2$  (5 mM) and the corresponding linear ranges of  $\text{Cu}^{2+}$  (b). Figure S3. Fluorescence spectra of CNDs upon addition of different concentrations of  $\text{Cu}^{2+}$  in the absence of  $\text{H}_2\text{O}_2$ . Figure S4. Fluorescence spectra of CNDs upon addition of different concentrations of  $\text{H}_2\text{O}_2$  (a) in the presence of  $\text{Cu}^{2+}$  (2  $\mu\text{M}$ ) and the corresponding linear ranges of  $\text{H}_2\text{O}_2$  (b). Figure S5. Photographs of  $\text{Cu}^{2+}$ - $\text{H}_2\text{O}_2$ -TMB system with different concentrations of  $\text{Cu}^{2+}$  under visible light. Figure S6. Influence of pH values on CNDs- $\text{Cu}^{2+}$ - $\text{H}_2\text{O}_2$  system. Figure S7. Influence of the incubation time between  $\text{Cu}^{2+}$  and ATP. The concentrations of CNDs,  $\text{H}_2\text{O}_2$ ,  $\text{Cu}^{2+}$  and ATP were 0.014 mg/mL, 5 mM, 600 nM and 1  $\mu\text{M}$ , respectively. Figure S8. Fluorescence spectra of CNDs in the presence of different concentrations of glucose (a) and the corresponding linear range from 0.1 mM to 1 mM (b). The concentrations of CNDs,  $\text{Cu}^{2+}$ , and GOx were 0.014 mg/mL, 600 nM, and 10 U/mL respectively.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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