NMC Case Report Journal 8, 681-690, 2021

# Successful Endovascular Trapping for Symptomatic Thrombosed Giant Unruptured Aneurysms of the V1 and V2 Segments of the Vertebral Artery: Case Report and Literature Review

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#### Abstract

A thrombosed giant aneurysm of the V1 and V2 segments of the vertebral artery (VA) is rare. Therefore, there is controversy regarding its optimal treatment. A case of a symptomatic giant VA aneurysm located in the V1 to V2 segments on the left treated successfully by endovascular trapping of the VA is reported. A 68-year-old woman presented with swelling in the left anterior neck. Computed tomography angiography (CTA) showed a giant aneurysm measuring  $47 \times 58 \times 47$  mm<sup>3</sup> in the left neck. Ten days after her first visit, she presented with sudden onset of left anterior neck pain. Repeated CTA showed a partial thrombus in the aneurysm. Angiography showed two thrombosed giant aneurysms located in the V1 to V2 segments of the left VA. After endovascular trapping for the aneurysms, the anterior neck pain resolved and the aneurysm gradually shrank. This case demonstrates that endovascular surgery is better than open surgery because it is less invasive. When performing endovascular treatment, trapping will be an alternative strategy for a symptomatic giant thrombotic aneurysm of the V1 and V2 segments of the VA if the patient can tolerate ischemia.

Keywords: endovascular treatment, extracranial vertebral artery aneurysm, giant, thrombosed, trapping

## Introduction

A thrombosed giant aneurysm of the V1 (pre-foraminal segment: origin to the transverse foramen of C6) and V2 (foraminal segment: from the transverse foramen of C6 to the transverse foramen of C2) segments of the vertebral artery (VA) is rare. Most lesions have been caused by trauma.<sup>1)</sup> Other etiologies include atherosclerosis, syphilis, rheumatoid arthritis, neurofibromatosis type 1 (NF1), collagen disease, Ehlers–Danlos syndrome, Marfan's disease, Behçet's disease, and iatrogenic.<sup>2–5)</sup> When the aneurysm

Received April 20, 2021; Accepted July 1, 2021

**Copyright**<sup>©</sup> 2021 The Japan Neurosurgical Society This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives International License. ruptures, the prognosis is poor.<sup>6–8)</sup> Therefore, earlier diagnosis and treatment are required. Regardless of trapping and ligation combined with bypass surgery,<sup>9,10)</sup> endovascular trapping,<sup>8)</sup> proximal occlusion,<sup>11)</sup> and flow diverter stent placement,<sup>12,13)</sup> the appropriate surgical treatment for an extracranial vertebral artery aneurysm (VAn) has not yet been established.

A case of symptomatic thrombosed giant unruptured aneurysms located in the V1 to V2 segments of the left VA treated successfully by endovascular trapping of the VA is reported.

### **Case Presentation**

A 68-year-old woman without any relevant medical, traumatic, neck surgery, or family hereditary disease history visited our hospital due to swelling in the



Fig. 1 Initial coronal CTA (A) showing a giant aneurysm of the V1 segment of the left vertebral artery. Axial CTA (B) showing bone erosion in the transverse foramen of the cervical vertebra. Repeated coronal CTA 10 days later (C) showing a thrombosed giant aneurysm of the left V1. CTA: computed tomography angiography.

left anterior neck. On physical and neurological examination, a painless pulsatile mass was found in the left anterior neck, and no neurological deficit was found. She had no serological abnormalities including white blood cell (WBC) count and C-reactive protein (CRP). Her blood coagulation tests showed mildly elevated D-dimer (1.6  $\mu$ g/mL) and normal fibrinogen levels (354 mg/dL). Computed tomography angiography (CTA) showed a giant aneurysm measuring 47 × 58 × 47 mm<sup>3</sup> in the left neck (Fig. 1A). CT showed bone erosion of the left transverse foramen at the C6 level (Fig. 1B).

Based on these findings, she was diagnosed as having an aneurysm in the V1 and V2 segments of the VA. Ten days after her first visit, she was brought to the emergency department with acute onset of left anterior neck pain. Repeated CTA showed that the aneurysm was partially thrombosed (Fig. 1C). Intimal flap, double lumen, pearl and string sign, and string sign were not found. The contrast medium did not leak from the aneurysm. Blood coagulation tests showed a prominent increase in D-dimer (9.5  $\mu$ g/mL) and a decrease in fibrinogen levels (230 mg/dL).



Fig. 2 Three-dimensional digital subtraction angiography (A) showing two fusiform aneurysms located in the V1 to V2 segments of the left VA (proximal aneurysm: thrombosis [asterisk] with MaxD 5.8 mm, distal aneurysm: no thrombus with MaxD 14 mm). Left VAG (B) showing no findings of VA dissection and leakage of the contrast medium. Right VAG (C) showing retrograde blood supply to the left PICA and the aneurysm in the left V2 segment beyond the VA union. Bilateral VAG (D and E) showing complete obliteration of the aneurysm. The arrow: the inflow zone of the proximal giant aneurysm, the arrowhead: VA. MaxD: maximum diameter, PICA: posterior inferior cerebellar artery, VA: vertebral artery, VAG: vertebral angiography.

Endovascular treatment was performed under general anesthesia for the purpose of preventing rupture. A 5-Fr guiding catheter (Envoy MPC; Cordis, Johnson & Johnson, Fremont, CA, USA) was guided to the origin of the left VA via the left brachial artery. Three-dimensional digital subtraction angiography showed two fusiform aneurysms located in the V1 to V2 segments of the left VA (proximal aneurysm: maximum diameter [MaxD] 58 mm, distal aneurysm: MaxD 14 mm) (Fig. 2A). There were no findings suggestive of VA dissection and leakage of the contrast medium (Fig. 2B). Subsequently, a 5-Fr guiding sheath (Shuttle; Cook Medical, Bloomington, IN, USA) was inserted and placed in the V2 segment of the right VA via the right femoral artery. After confirming dominancy of the right VA with retrograde blood supply to the left posterior inferior cerebellar artery (PICA) and the aneurysm of the left V2 segment (Fig. 2C), the aneurysm was trapped.

From a 5-Fr guiding catheter delivered to the origin of the left VA, a microcatheter (SL10; Stryker, Kalamazoo, MI, USA) was positioned in the proximal aneurysm. Initially, delivering the microcatheter into the distal aneurysm in an antegrade fashion was attempted. The microcatheter could not be guided through the proximal VA aneurysm to the distal VA aneurysm because the outflow zone was not clearly delineated and the bifurcation angle of the distal VA branching from the outflow zone was too acute. In addition, because of large amount of thrombus in the proximal aneurysm, frequent intra-aneurysm manipulation of the microcatheter could cause distal embolism. Therefore, the embolization of the left distal vertebral aneurysm was performed using the contralateral right VA approach. Coils (Target; Stryker) were loosely packed into the proximal aneurysm for scaffolding and back into the vascular lumen proximal to the aneurysm, where



Fig. 3 Pretreatment (A) coronal CTA and at one year after treatment (B) T1-weighted MRI showing the reduction in aneurysm size. Photographs of the preoperative (C) and postoperative (D) anterior cervical region. Note that subcutaneous swelling has disappeared dramatically one year after treatment (white arrow). CTA: computed tomography angiography, MRI: magnetic resonance imaging.

the VA was tightly packed to block blood flow (Fig. 2D). A 4.2-Fr distal access catheter (DAC) (Fubuki; Asahi Intecc, Aichi, Japan) was inserted from the 5-Fr guiding sheath placed in the V2 segment of the right VA to the V3 segment of the left VA via the VA union. A microcatheter (SL10) was positioned in the distal aneurysm. Coils (Target) were loosely packed into the aneurysm for scaffolding and back into the vascular lumen distal to the aneurysm, where the VA was tightly embolized with coils to block blood flow (Fig. 2E). Obliteration of the aneurysm was confirmed by bilateral VAG. The day after treatment, the left anterior neck pain disappeared.

She was discharged 9 days after treatment without neurological deficits. After the operation, the left VAn shrank gradually, without recurrence of pain. One year after the operation, MRI of the neck showed that the size of the aneurysm was  $27 \times 36 \times 27$  mm<sup>3</sup>, which was smaller than before treatment (Fig. 3).

### Discussion

A rare case of a symptomatic thrombotic giant aneurysm located in the V1–V2 segments of the left VA that was successfully treated by endovascular trapping is described. After treatment, improvement of left anterior neck pain and reduction of aneurysm size were observed. She had no relevant medical, traumatic, neck surgery, or family hereditary disease history. Furthermore, infection and vasculitis were also negative because her WBC count and CRP were normal. From the above, the etiology of the aneurysm was considered to be idiopathic. Bone erosion in the transverse foramen of the cervical vertebra suggested that this aneurysm was diagnosed in the chronic stage.

In a literature search to identify all cases of non-traumatic extracranial VAns described in the medical literature, <sup>5,8,11-33)</sup> PubMed (U.S. National Library of Medicine) was searched using the following terms: "extracranial vertebral artery aneurysm," "neurofibromatosis type 1," "Ehlers-Danlos syndrome," "Marfan's syndrome," "Behçet's disease," "fibromuscular dysplasia," "connective tissue disorder," and "collagen disease." A total of 25 non-traumatic extracranial VAns, including the present case, treated by endovascular surgery have been previously reported (Table 1). Of these, only seven VAns, including three unruptured ANs, underwent endovascular trapping. All of them were located in the V1 and V2 segments. The mean MaxD of the aneurysm was 34.6 mm (range, 15–58 mm). Only the present case had a thrombosed aneurysm. The mean follow-up period was 5.7 months (range, 0-12 months). In all cases, the outcomes after trapping were good recovery, except for one ruptured case. Aneurysmal trapping will be an alternative strategy for symptomatic giant thrombotic VAns in the V1 and V2 segments.

The treatment options for symptomatic fusiform VAns included direct surgery and endovascular surgery. As for direct surgery, trapping and ligation were performed under thoracotomy.<sup>3,34)</sup> When the aneurysm is located in the thoracic cavity, direct surgery is invasive and the complication rate is comparatively high due to surgical insults to the thoracic cavity, including excision of the clavicle, ribs, and sternum.<sup>35)</sup> Morimoto et al. reported that extracranial VAns were treated by direct surgery in combination with bypass and that one patient developed a cerebral infarction due to delayed occlusion of a saphenous vein graft two months after surgery.<sup>36)</sup> On the other hand, in recent years, endovascular treatment has been attempted.<sup>19,37)</sup> The advantage of endovascular treatment is that it is minimally invasive with a smaller wound and involves less blood loss than direct surgery. In addition, the duration of the procedure could be shorter.<sup>7,8)</sup>

Endovascular treatment for fusiform VAns includes reconstruction technique (stent-graft placement and flow diverter stent placement) and deconstruction technique (proximal occlusion and trapping). If the VA on the aneurysm side does not have ischemic tolerance, reconstruction technique needs to be selected,<sup>12,18</sup> because occlusion of the ipsilateral VA leads to an ischemic change of 8% when the blood flow in the contralateral VA is poor.<sup>38</sup> In the present case, deconstruction technique was considered to be tolerable because the aneurysm of the V2 segment of the VA and the contralateral PICA were retrogradely supplied by the contralateral VA.

Compared with endovascular trapping, proximal occlusion in the deconstruction technique that embolizes only the parent artery proximal to the aneurysm might be inadequate for long-term therapeutic effects because of collateral circulation surrounding the parent arteries. Strambo et al. reported that proximal occlusion was implemented for vertebrobasilar embolic strokes caused by a primary, partially thrombosed, giant fusiform aneurysm of the left extracranial VA, but six years later, the result was stroke recurrence because the aneurysm had been revascularized from its distal portion by reverse blood flow coming from the patent vertebrobasilar axis.<sup>31)</sup> Furthermore, following treatment with proximal occlusion with a detachable balloon, a vertebral arteriovenous fistula developed in the same region 11 years later.<sup>17)</sup> These might be therapeutic pitfalls of proximal occlusion.

Considering these, especially in the case of a thrombosed aneurysm, endovascular trapping (distal and proximal parent artery occlusion) is a more desirable procedure to prevent embolic strokes and the development of vertebral arteriovenous fistula. Endovascular trapping for symptomatic extracranial giant vertebral aneurysms with thrombosis is minimally invasive and may provide good clinical outcome.

The necessity of surgical treatment for unruptured extracranial VAns is controversial, because an accurate estimate of the probability of rupture in the extracranial VAn is not available.27) Rupture of an extracranial VAn can be fatal due to hemorrhagic shock, sudden obstruction of airway occlusion, and intrathoracic hemorrhage.<sup>6,7,25)</sup> Rupture in the thoracic cavity causes intrathoracic bleeding, which can progress to hypoxic encephalopathy due to acute respiratory insufficiency and has a poor prognosis.<sup>8)</sup> Griffiths et al. reported that in intrathoracic hemorrhage secondary to vascular abnormalities associated with NF1, of 19 patients, four patients without surgical intervention died and of the remaining 15 patients who underwent thoracotomy, only nine patients survived.<sup>39)</sup> In addition, Hiramatsu et al. reported that nine patients with ruptured extracranial VAns associated with NF1 underwent treatment, but two patients were in a vegetative state, and two patients died due to the effects of hypoxic encephalopathy.<sup>8)</sup> Furthermore, of the seven patients with symptomatic unruptured aneurysms, all six who were treated had a good recovery, whereas one patient who was followed up conservatively was severely disabled.<sup>8)</sup> Rupture of an extracranial VAn can be fatal; therefore, aggressive treatment before

Case no.	Author (year)	Age (years)/ sex	Side	Location (segment)	Size	Throm- bosis	Symptoms	Ruptured or unruptured	Endovascular treatment	Follow- up period (mos)	Outcome	Etiology
1	Detwiler et al. (1987) <sup>14)</sup>	52/F	Left	C2	$70 \times 90$ mm <sup>2</sup>	Yes	Neck mass, neck pain, bruits	Unruptured	PAO (balloon)	6 weeks	GR	NF-1
2	Negoro et al. (1990) <sup>15)</sup>	47/M	Left	C1	NR	NR	Neck pain, cervical hematoma	Ruptured	PAO (balloon)	5	GR	NF-1
3	Horsley et al. (1997) <sup>16)</sup>	56/F	Left	C5–C7	NR	NR	Neck pain, arm paresthesias, neck mass	Ruptured	Embolization (coil)	24	GR	NF-1
4	Ushikoshi et al. (1999) <sup>17)</sup>	40/F	Left	V3	NR	NR	Occipitalgia, cervical hematoma	Ruptured	PAO (balloon)	132	GR	NF-1
5	Dong et al. (2006) <sup>18)</sup>	32/M	Left	C3–C4	$\begin{array}{c} 50 \times 40 \\ mm^2 \end{array}$	Yes	Neck pain, fatigue, numbness of the left arm, pulsatile mass, tenderness, bruit	Unruptured	Covered stent placement	6	GR	Behçet's disease
6	Hieda et al. (2007) <sup>19)</sup>	36/F	Left	Ostium of VA	$\begin{array}{c} 49 \times 37 \\ mm^2 \end{array}$	Yes	Back pain, chest pain, dyspnea, hypotension, hemothorax, coma	Ruptured	Embolization (coil and NBCA)	NR	D	NF-1
7	Hiramatsu et al. (2007) <sup>20)</sup>	67/M	Left	V1	$\begin{array}{c} 20\times20\\ mm^2 \end{array}$	NR	Dizziness	Unruptured	Trapping (coil)	1 week	GR	NF-1
8	Pereira et al. (2007) <sup>21)</sup>	14/F	Right	C5–C6	NR	Yes	Radiculopathy	Unruptured	PAO (coil)	96	GR	NF-1
9	Peyre et al. (2007) <sup>22)</sup>	18/F	Right	C5–C6	25 mm	No	C6 radiculopathy	Unruptured	PAO (coil)	72	GR	NF-1
10	Badran et al. (2008) <sup>23)</sup>	59/M	Right	V3	NR	NR	Nonpulsatile peritonsillar swelling	Ruptured	NR	3	GR	NR
11	Horie et al. (2008) <sup>24)</sup>	30/F	Right	C6–C7	NR	Yes	C6 radiculopathy	Unruptured	Embolization (coil and balloon)	18	GR	NF-1
12	Higa et al. (2010) <sup>25)</sup>	60/F	Left	NR	NR	NR	Cervical hematoma, stridor, respiratory failure	Ruptured	Embolization (coil)	3	SD (after 3 months, ventilator dependent)	NF-1

 Table 1
 Reported cases of endovascular treatment for non-traumatic extracranial VAn, including the present case

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Case no.	Author (year)	Age (years)/ sex	Side	Location (segment)	Size	Throm- bosis	Symptoms	Ruptured or unruptured	Endovascular treatment	Follow- up period (mos)	Outcome	Etiology
13	Morvan et al. (2011) <sup>26)</sup>	36/F	Left	V3	$\begin{array}{c} 17 \times 13 \\ mm^2 \end{array}$	NR	Headache, neck pain, vomiting, SAH	Ruptured	Embolization (coil and stent)	0	NR	NF-1
14	Hiramatsu et al. (2012) <sup>8)</sup>	31/M	Right	C6	NR	NR	Neck pain, cervical hematoma, C6 radiculopathy	Ruptured	Trapping (coil)	0	GR	NF-1
15	Shang et al. (2013) <sup>27)</sup>	26/M	Right	V1	40 mm	NR	Right arm and chest pain, arm paresthesias, pulsatile nontender mass in his right supraclavicular region	Unruptured	Trapping (coil and covered stent)	1	GR	NR
16	Ronchey et al. (2014) <sup>28)</sup>	54/M	Left	V2	28 mm	NR	Neck pain, vertigo, tinnitus, loss of balance	Unruptured	Covered stent placement	18	GR	NR
17	Rao et al. (2015) <sup>5)</sup>	26/F	Right	V2	$\begin{array}{c} 12\times16\times\\ 8\ \mathrm{mm^3} \end{array}$	Yes	Right neck pain radiating to the right arm, weakness, paresthesias	Unruptured	PAO (coil)	4	GR	Behçet's disease
18	Kollmann et al. (2016) <sup>29)</sup>	48/F	Left	V1	$11 \times 10 \text{ mm}^2$	NR	Massive hematoma of the left neck	Ruptured	Embolization (coil and Onyx)	12	GR	NR
19	Uneda et al. (2016) <sup>30)</sup>	35/F	Right	C3–C4	15 mm	NR	C3 radiculopathy	Ruptured	Trapping (coil)	3	GR	NF-1
20	Kiyohira et al. (2017) <sup>11)</sup>	59/F	Left	V1	$42 \times 38 \times 48 \text{ mm}^3$	Yes	Swelling in the left anterior neck	Unruptured	PAO (coil)	24	GR	NR
21	Strambo et al. (2017) <sup>31)</sup>	53/M	Left	V1	40 mm	Yes	Dysarthria, right side paresthesias, left limbs ataxia	Unruptured	PAO (coil)	24	NR	NF-1
22	Maki et al. (2018) <sup>32)</sup>	59/NR	Left	C4–C5	NR	NR	Comatose state, SAH, acute hydrocephalus	Ruptured	Trapping (coil)	12	D (because of pneumonitis 1 year after the discharge)	NF-1
23	Han et al. (2019) <sup>33)</sup>	36/M	Left	C6	30–40 mm	NR	Dyspnea, hemothorax	Ruptured	Trapping (coil)	12	GR	NF-1
24	Plou et al. (2019) <sup>12)</sup>	48/F	Left	V2-V3	$\begin{array}{c} 11 \times 19 \times \\ 20 \ \text{mm}^3 \end{array}$	Yes	Pain, cervical rigidity	Ruptured	Flow diverter stent placement	24	GR	Idiopathic

Table 1 Continued

Tablé	1 Continued	d										
Case 10.	Author (year)	Age (years)/ sex	Side	Location (segment)	Size	Throm- bosis	Symptoms	Ruptured or unruptured	Endovascular treatment	Follow- up period (mos)	Outcome	Etiology
25	Wu et al. (2020) <sup>13)</sup>	72/F	Right	V3	$7.9 \times$ 6.6 mm <sup>2</sup>	NR	Occipital headache, vertigo, tinnitus, nausea, pulsatile masses with bruit	Unruptured	Flow diverter stent placement	12	GR	NR
26	Present case	68/F	Left	V1-V2	$47 \times 58 \times 47 \text{ mm}^3$	Yes	Swelling and pain in the left anterior neck	Unruptured	Trapping (coil)	12	GR	Idiopathic
D: de subar	ath, F: female, ( achnoid hemor	GR: good re rhage, SD:	scovery, ] severely	M: male, NB disabled, V/	CA: n-butyl 4: vertebral	l-2-cyanc artery.	acrylate, NF-1: neurofib	romatosis type	1, NR: not reported	l, PAO: par	rent artery occ	lusion, SAH:

the aneurysm ruptures is important. As shown in Table 1, most ruptured extracranial VAns were associated with NF-1, suggesting that aggressive treatment might be required prior to rupture.

Endovascular trapping will be an alternative strategy for a symptomatic giant thrombotic aneurysm of the V1 and V2 segments of the VA if the patient can tolerate ischemia. However, trapping with a coil inserted in the aneurysm could cause a coil mass effect. Coil placement in the aneurysm should be kept to a minimum. In addition, the long-term outcome of endovascular trapping is still unknown. A thrombosed giant aneurysm has the potential risk of growth from the vasa vasorum.<sup>40,41)</sup> Iihara et al. reported that trapping of the parent artery with coils for a partially thrombosed giant aneurysm of the intracranial VA, even if there was no angiographically demonstrated evidence of filling, cannot suppress aneurysm enlargement from the vasa vasorum.<sup>40)</sup> In the future, the long-term prognosis also needs to be investigated.

## Conclusion

Endovascular trapping will be an alternative strategy for a symptomatic giant thrombotic aneurysm of the V1 and V2 segments of the VA if the patient can tolerate ischemia.

## **Informed Consent**

The authors obtained informed consent from the patient and her family.

## **Conflicts of Interest Disclosure**

The authors declare that there is no conflict of interest.

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