



# Disparities in Peripheral Artery Disease Hospitalizations Identified Among Understudied Race-Ethnicity Groups

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**Background:** To assess racial/ethnic differences in disease severity, hospital outcomes, length of stay and healthcare costs among hospitalized patients with peripheral artery disease (PAD).

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Chen L, Zhang D, Shi L and Kalbaugh CA (2021) Disparities in Peripheral Artery Disease Hospitalizations Identified Among Understudied Race-Ethnicity Groups. Front. Cardiovasc. Med. 8:692236. doi: 10.3389/fcvm.2021.692236 **Methods:** This study used data from the National Inpatient Sample (NIS) to explore the racial/ethnic disparities in PAD-related hospitalizations including presence of PAD with chronic limb threatened ischemia (CLI), amputation, in-hospital mortality, length of hospital stays and estimated medical costs. Race-ethnicity groups included non-Hispanic White, Black, Hispanic, Asian or Pacific Islander, Native American, and others (multiple races). Regression analyses adjusted for age, gender, Charlson Comorbidity Index, primary payer, patient location, bed size of the admission hospital, geographic region of the hospital, and rural/urban location of the hospital.

**Results:** A total of 341,480 PAD hospitalizations were identified. Compared with non-Hispanic Whites, Native Americans had the highest odds of PAD with CLI (OR = 1.77, 95% CI: 1.61, 1.95); Black (OR = 1.71, 95% CI: 1.66, 1.76) and Hispanic (OR = 1.36, 95% CI: 1.31,1.41) patients had higher odds of amputation; Asian or Pacific Islanders had a higher mortality (OR = 1.20, 95% CI: 1.01,1.43), whereas Black (OR = 0.81, 95% CI: 0.76, 0.87) patients has a lower mortality; Asian or Pacific Islanders incurred higher overall inpatient costs (Margin = 30093.01, 95% CI: 28827.55, 31358.48) and most prolonged length of stay (IRR = 0.14, 95\% CI: 0.09, 0.18).

**Conclusions:** Our study identified elevated odds of amputation among Hispanic patients hospitalized with PAD as well as higher hospital mortality and medical expenses among Asian or Pacific Islander PAD inpatients. These two demographic groups were previously thought to have a lower risk for PAD and represent important populations for further investigation.

Keywords: peripheral artery disease, chronic limb threatened ischemia, disparities, medical expenditure, mortality

# INTRODUCTION

Peripheral artery disease (PAD) is an atherosclerotic disease that can lead to increased risk of functional limitations (1), reduction in quality of life and death (2). In the United States, there were 199,423 deaths due to PAD recorded between 1980 and 2014 with increasing age-adjusted mortality rates (3) and clear patterns of socioeconomic inequality (4). From the perspective of healthcare cost containment, PAD-related hospitalizations are expensive (5) and represent a growing problem in the United States (6).

There is substantial evidence of a higher prevalence of hospitalized PAD among Blacks than Whites (7-10) and Native Americans also have high prevalence of PAD as compared with non-Hispanic Whites (11). However, there is limited information on the burden of PAD among other racial/ethnic minority groups (12), especially among the PAD inpatients (13). While a study using the population-representative sample of National Health and Nutrition Examination and Survey (NHANES) found Mexican-American women had a higher prevalence of PAD than non-Hispanic white women (14), other data sources do not show this pattern of Hispanic disadvantage (15). A review of the literature actually suggests that the "Hispanic paradox" in cardiovascular health-where Hispanic Americans have lower prevalence of coronary heart disease but higher burden of cardiovascular risk factors-may also exist for arteries in the extremities and neck (16). Knowing that Hispanic Americans are at elevated risk for diabetes (17) and the link between diabetes and PAD (18), this "Hispanic paradox" hypothesis in PAD needs further validation. Given the growing population sizes of Hispanic Americans and Asian Americans (19), it is important to understand the possible disparity patterns of these demographic groups, and the costly nature of PAD hospitalization indicates that it is important to study the racial/ethnic patterns in PAD hospitalizations.

In this study, we aimed to study the racial/ethnic patterns in PAD hospitalizations, including presentation of critical limb ischemia (CLI), PAD-related amputations, in-patient mortality, length of stay, and expenditures. To accomplish these aims we used data from the Nationwide Inpatient Sample (NIS) over the period of 2011 through 2015.

# **METHODS**

#### **Study Population**

The present study is a cross-sectional analysis with 5 years (2011–2015) of NIS data including inpatients with a PAD-related diagnostic or procedure code. NIS is the largest inpatient care database developed for the Healthcare Cost and Utilization Project (HCUP) (20) in the United States, which is suitable for developing national estimates and analyses for hospitalizations due to specific diseases (21, 22). Data are taken from discharge abstracts and include information on demographic characteristics, diagnostic/procedure codes, dates of admission and discharge, hospital bed size, hospital location, teaching status, and medical charges. Any sample with missing data on race was excluded which counted for 7.8% of whole population.

# **Measurement of PAD**

Relevant data were measured using the International Classification of Disease, 9th revision, Clinical Modification (ICD-9-CM; 2011–2015). PAD [General PAD and PAD with CLI (23)] and major lower limb amputation were identified with ICD-9 codes (**Supplementary Table 1**). As opposing to PAD with CLI, general PAD was defined as PAD without CLI.

# Demographic, Comorbidity Measures, and Socioeconomic Characteristics

Demographic variables included age, race and sex. HCUP coding includes race and ethnicity in one data element (RACE) and is categorized as non-Hispanic White, Black, Hispanic, Asian or Pacific Islander, Native American, and Others (multiple races) (24). Clinical characteristics included the Charlson comorbidity index (CCI) (25, 26), bed size, rural/urban location and region of the hospital. Patients with CCI  $\geq$ 3 were considered as high risk. Socioeconomic characteristics included primary payer (Medicare, Medicaid, Private insurance, Self-pay, No charge, Other) and the use of emergency department services (Central, counties of metro areas of  $\geq$ 1 million population; Fringe, counties of metro areas of  $\geq$ 1 million population; Counties in metro areas of 250,000–999,999 population; Counties in metro areas of 50,000–249,999 population; Micropolitan counties; Not metropolitan or micropolitan counties).

## **Hospitalization Measures**

"Outcomes" included proportion of inpatients with PAD and CLI, performance of major lower limb amputation, mortality during hospitalization, length of hospital stay, and medical cost. To acquire a closer assessment of the medical expenses, the costto-charge ratios provided by the Agency of Healthcare Research and Quality was used to convert hospital charges into estimated payments paid by insurance and patients. All outcomes were presented in strata of race.

# **Statistical Analysis**

Categorical variables were presented as proportions and the chisquare test was performed to screen for statistical differences across subgroups. Continuous variables were presented in mean  $\pm$  standard deviation (SD, normally distributed) and median (InterQuartile Range, IQR; non-normal distribution). ANOVA test was used to identify statistical differences on normally distributed data whereas the Kruskal-Wallis test was applied to the non-normally distributed data.

To illustrate the racial/ethnic distribution (reference = non-Hispanic White) of PAD with CLI, multivariate logistic regression modeling was performed to study amputation and in-hospital mortality, negative binomial regression was applied to evaluate the length of hospital stay and generalized linear model with log link and gamma distribution was used to estimate medical costs. In each model, the racial distribution for each outcome was adjusted by age, sex, CCI, primary payer, emergency department services record, bed size of the admitted hospital, region of the hospital, and location of the hospital. Sampling weights were adjusted in all analyses. Sampling weights were used in all descriptive and regression analyses. Data were

TABLE 1   Demographic and Hosp	italization Measures by race-ethnicity group.
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	Overall	White	Black	Hispanic	Asian or Pacific islander	Native american	Other
	( <i>N</i> = 341,480)	(N = 222,834)	(N = 66,725)	(N = 34,538)	(N = 5,459)	(N = 2,226)	(N = 9,698)
Age, mean (SD)	62.6 (19.0)	64.7 (17.8)	59.0 (18.9)	57.4 (22.2)	60.2 (23.6)	58.5 (18.1)	59.2 (22.2)
Sex, % Female	153,447 (44.9%)	96,888 (43.5%)	33,294 (49.9%)	15,447 (44.7%)	2,575 (47.2%)	1,013 (45.5%)	4,230 (43.6%)
CCI							
Moderate risk	186,640 (54.7%)	130,157 (58.4%)	31,872 (47.8%)	15,738 (45.6%)	2,512 (46.0%)	1,045 (46.9%)	5,316 (54.8%)
High risk	154,840 (45.3%)	92,677 (41.6%)	34,853 (52.2%)	18,800 (54.4%)	2,947 (54.0%)	1,181 (53.1%)	4,382 (45.2%)
PAD							
General PAD	181,703 (53.2%)	123,938 (55.6%)	32,892 (49.3%)	15,666 (45.4%)	3,028 (55.5%)	1,026 (46.1%)	5,153 (53.1%)
PAD with CLI	159,777 (46.8%)	98,896 (44.4%)	33,833 (50.7%)	18,872 (54.6%)	2,431 (44.5%)	1,200 (53.9%)	4,545 (46.9%)
Major amputation	47,617 (13.9%)	27,585 (12.4%)	12,297 (18.4%)	5,439 (15.7%)	732 (13.4%)	395 (17.7%)	1,169 (12.1%)
In-Hospital mortality	8,691 (2.5%)	5,937 (2.7%)	1,483 (2.2%)	763 (2.2%)	181 (3.3%)	48 (2.2%)	279 (2.9%)
LOS, median (IQR)	5 (7)	4.0 (6.0)	6.0 (7.0)	5.0 (7.0)	4.0 (7.0)	5.0 (6.0)	5.0 (7.0)
Cost (\$), median (IQR)	15180.3 (18963.4)	15238.6 (18636.0)	15043.2 (18911.0)	14618.7 (19756.4)	) 17000.1 (24677.4)	15154.6 (19716.5)	15796.0 (21271.0

SD, standard deviation; CCI, Charlson Comorbidity Index; PAD, peripheral artery disease; CLTI, chronic limb threatened ischemia; LOS, length of stay; IQR, interquartile range.

analyzed using Stata 15 (Stata Corp, College Station, TX), and the threshold of statistical significance was set at  $\alpha = 0.05$ .

#### RESULTS

### **Overall Demographic and Clinical Characteristics (Table 1)**

We identified a total of 341,480 PAD hospitalizations. Over half of the inpatients were male (average 55.1% per year) and the average age was 62.6 (SD: 19.0). Regarding ethnicity, 65.3% of hospitalizations were among non-Hispanic White patients, 19.5% were among Black patients while Asian or Pacific Islanderand Native American- patient hospitalizations constituted 1.6 and 0.7%. Over forty percent of the hospitalizations were for patients considered high risk (average 45.3% per year) (**Table 1**).

## Demographics and Clinical Characteristics, by Race-Ethnic Groups (Table 1)

The average age of non-Hispanic White and Asian or Pacific Islander patients were 64.7 (SD: 17.8) and 60.2 (SD: 23.6), respectively. Over half of patients were male. Less than half of patients were categorized as high risk in non-Hispanic White patients (41.6%) whereas over half of patients in the other ethnic groups were high risk (**Table 1**).

#### Presentation of PAD With CLI (Table 2)

Fourty-six point eight percent of the hospitalized patients with PAD had CLI. Compared with non-Hispanic White patients, other ethnicities (including Black, Hispanic, and Native American) had higher odds of CLI. Native American patients had the highest odds of CLI (OR = 1.77, 95% CI: 1.61, 1.95; **Table 2**).

TABLE 2 | Multivariate analysis of PAD with CLI, by race-ethnicity group.

	OR (95% CI)	p-value
Race-Ethnicity group <sup>a</sup>		
Black	1.42 (1.39, 1.45)	< 0.0001
Hispanic	1.55 (1.51, 1.59)	< 0.0001
Asian or Pacific islander	0.88 (0.82, 0.94)	< 0.0001
Native american	1.77 (1.61, 1.95)	< 0.0001
Other	1.10 (1.05, 1.16)	<0.0001

PAD, peripheral artery disease; CLTI, chronic limb threatened ischemia; OR, Odds Ratio; CI, Confidence Interval.

<sup>a</sup>Referent is non-white Hispanics.

TABLE 3 | Multivariate analysis of major limb amputation, by race-ethnicity group.

	OR (95% CI)	<i>p</i> -value
Race-Ethnicity group <sup>a</sup>		
Black	1.71 (1.66, 1.76)	< 0.0001
Hispanic	1.36 (1.31, 1.41)	< 0.0001
Asian or Pacific islander	0.93 (0.85, 1.03)	0.18
Native american	1.48 (1.31, 1.67)	< 0.0001
Other	1.06 (0.99, 1.14)	0.12
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OR, Odds Ratio; CI, Confidence Interval.

<sup>a</sup>Referent is non-white Hispanics.

# Presentation of Amputation at Hospitalization (Table 3)

Over 10% of patients with PAD received major lower limb amputation (average: 13.9% per year). Among different ethnicities, non-Hispanic White patients had the lowest proportion of cases that receiving major amputation whereas Black (OR = 1.71, 95% CI: 1.66, 1.76), Hispanic (OR = 1.36,

TABLE 4	Multivariate	analysis	of in-hospital	mortality,	by race	-ethnicity group.
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	OR (95% CI)	p-value
Race-Ethnicity group <sup>a</sup>		
Black	0.81 (0.76, 0.87)	<0.0001
Hispanic	0.84 (0.77, 0.92)	<0.0001
Asian or Pacific islander	1.20 (1.01, 1.43)	0.04
Native american	0.75 (0.54, 1.04)	0.09
Other	1.14 (0.99, 1.30)	0.06

OR, Odds Ratio; CI, Confidence Interval.

<sup>a</sup>Referent is non-white Hispanics.

**TABLE 5** | Multivariate analysis of length of stay, by race-ethnicity group.

	IRR (95% CI)	<i>p</i> -value	
Race-Ethnicity group <sup>a</sup>			
Black	0.12 (0.11, 0.13)	< 0.0001	
Hispanic	0.09 (0.07, 0.11)	< 0.0001	
Asian or Pacific islander	0.14 (0.09, 0.18)	< 0.0001	
Native american	0.03 (-0.02, 0.08)	0.21	
Other	0.09 (0.06, 0.12)	<0.0001	

IRR, Incidence Rate Ratio; CI, Confidence Interval.

<sup>a</sup>Referent is non-white Hispanics.

95% CI: 1.31, 1.41), and Native American (OR = 1.48, 95% CI: 1.31, 1.67) patients had higher odds of undergoing amputation. No statistical difference was found between non-Hispanic White and Asian or Pacific Islander patients (**Table 3**).

# In-hospital Mortality (Table 4)

Less than 3% of patients with PAD died in the hospital (average: 2.5%). Compared with non-Hispanic White patients, Asian or Pacific Islander had higher odds of in-hospital death (in average OR = 1.20, 95% CI: [1.01, 1.43]) whereas Black (OR = 0.81, 95% CI: 0.76, 0.87) and Hispanic (OR = 0.84, 95% CI: 0.77, 0.92) patients had lower odds of in-hospital death. The difference of in-hospital mortality between Native American and non-Hispanic White patients was not statistically significant (**Table 4**).

# Length of Stay (Table 5)

The average length of hospital stays for patients with PAD was 5 (IQR: 7) days. Compared to non-Hispanic Whites, a prolonged length of stay was observed in Black (IRR = 0.12, 95% CI: 0.11, 0.13), Asian or Pacific Islander (IRR = 0.14, 95% CI: 0.09, 0.18) and Hispanic (IRR = 0.09, 95% CI: 0.07, 0.11) patients. Native American and non-Hispanic White patients had similar length of stays (**Table 5**).

### Medical Expenditures (Table 6)

The average medical expenses for hospitalized patients with PAD was \$15,180.3 (IQR: \$18,963.4), after being converted from charges to medical costs. Compared with non-Hispanic White patients (Margin = 25231.59, 95% CI: 25091.87, 25371.32),

TABLE 6 | Marginal effect analysis of cost, by race-ethnicity group.

	Margin	95% CI
Race-Ethnicity group		
non-White Hispanics	25231.59	(25091.87, 25371.32)
Black	24307.54	(24052.49, 24562.59)
Hispanic	24568.83	(24164.78, 24972.88)
Asian or Pacific islander	30093.01	(28827.55, 31358.48)
Native american	22240.41	(21167.21, 23313.61)
Other	28389.73	(27492.14, 29287.32)

Cl, Confidence Interval.

more medical expenses were expected in Asian or Pacific Islander patients (Margin = 30093.01, 95% CI: 28827.55, 31358.48) whereas less costs were estimated with Black, Hispanic, and Native American patients. Among racial-ethnic groups, the least economic burden was carried by Native American patients (Margin = 22240.41, 95% CI: 21167.21, 23313.61) whereas the cost of Hispanic patients were similar to non-Hispanic White's (Margin = 24568.83, 95% CI: 24164.78, 24972.88) (**Table 6**).

### DISCUSSION

In the present study, we sought to study the racial/ethnic patterns in PAD hospitalizations. Among hospitalized patients with PAD, we identified a significantly higher in-hospital mortality among Asian American inpatients with PAD, presenting an aspect of PAD risk that had not previously been observed. We further observed a higher percentage of critical limb ischemia in Black and Hispanic patients vs. non-Hispanic White patients. A higher proportion of Black and Hispanic patients also received major amputations during their hospitalizations. While this pattern of elevated amputation risk has been welldocumented among Black inpatients with PAD, our study represents an important contribution regarding the heightened risks of poor limb outcomes to which Hispanic patients are subject (22, 27).

Asian Americans (especially female Asian Americans) were previously thought to have a lower prevalence of PAD as compared with non-Hispanic Whites (28). Hispanic people in the United States were also found to have a much lower incidence of PAD than non-Hispanic Whites (16, 29) and it has been suggested that the "Hispanic paradox" as observed in heart disease might also exist for PAD (16). Our study of the nationwide sample of PAD inpatients serves an important piece of evidence that we need to be cautious about the interpretation of cardiovascular health "advantages" among Hispanics for PAD risk. From the perspective of severity of the disease and the performance of end-stage procedures, we actually observed worse complications among Hispanic inpatients. This finding sheds a light in epidemiological study of PAD across racial/ethnic groups: certain racial/ethnic groups' seemingly lower PAD incidence in previous analysis might result from the possible under-diagnosis of their PAD status at an early stage. There has been evidence against the "Hispanic paradox" based upon longitudinal data on cardiovascular mortality (US-born Mexican Americans had higher risk than Whites while Mexico-born people had similar risk with Whites) (30). It is plausible that the observed low PAD incidence among Hispanic Americans in previous studies could at least partially be a function of low detection rate given the high rate of being uninsured among this population (31).

Previous studies have demonstrated that advanced age was a major risk factor for PAD (32, 33). However, Hispanic and Native American patients were relatively young in the present study, indicating the possibility that PAD might affect these minority groups at a younger age than the non-Hispanic Whites. More Hispanic and Native American patients presented with worse disease (CLI) than non-Hispanic White patients, suggesting that the issue of under-diagnosis and under-treatment in early disease stages might be more serious among non-White minority groups than among non-Hispanic Whites.

Peripheral artery disease has a well-established high risk of death following diagnosis (34). Death rates are particularly high among patients diagnosed with PAD in the inpatient setting (35). Less is known about the racial/ethnic pattern of in-hospital mortality among PAD patients, particularly in patients that are not Black or White. A recent vascular intervention registrybased study found better short-term survival among Black and Hispanic patients compared to White patients (36). Our study supports the survival advantage among these two minority groups and is a potentially surprising finding of improved shortterm survival despite poor short-term limb outcomes in Black and Hispanic patients compared to White patients. Conversely, and equally surprising, we also found that Asian or Pacific Islander patients had higher mortality than other ethnic groups. These findings warrant further examination of strategies that are preventing poor limb outcomes in Whites and Asian/Pacific Islanders and those that are preventing early death among Blacks and Hispanics. Patients with mild condition of PAD may require a revascularization instead of amputation. Among those patients, the in-hospital mortality may be affected not only by ethnicities but also by the types of procedure (such as endovascular intervention vs. bypass surgery).

For the length of hospital stay, compared with non-Hispanic Whites, Asian or Pacific Islander and Hispanic patients had a prolonged hospital stay, which might indicate a more complicated state of the disease. For medical expenses, Asian or Pacific Islander patients paid the highest medical expenses among racial-ethnic groups, which could also indicate a more complicated hospitalization case among these Asian/Pacific Islander patients. Poor socioeconomic status may lead to underreporting and may contribute to the development of PAD in similar conditions (37–39). It is plausible that demographic groups with less affordable medical care in the early stage of the disease were more likely to have critical cases at the hospitalization point, which was what we observed in our current study and was consistent with the patterns identified in previous studies (40, 41). Our study has several strengths, including identification of a contemporary population of patients with PAD. The impact of coding errors is reduced by the large sample size of our data source. We applied weights to account for the sampling shift, thus the results represent the outcomes among the national inpatient population with PAD. Our study examined PAD severity and demonstrated disparities by groups, which provides a new perspective to the optimization of treating early-stage PAD among ethnicities.

There were several limitations in the present study. First, the datasets analyzed in this study only contained patients who required inpatient medical care (emergency medical service not included). Claims billed in outpatient clinics and private pharmacies were not included, as such the total prevalence of PAD was not estimable. Thus, our findings are only generalizable to those with disease severe enough to require a hospitalization. Second, race was missing in a proportion of our sample and we chose not to impute this data, which may bias our estimates. However, our robust sample size allowed us to have precise estimates at all outcomes and we do not believe this to be a limitation that would alter our conclusions. Third, other health care use outcomes such as medications were not acquired from the datasets that may affect our estimates for the outcome. However, considering the target population was set as the patients who required emergency medical attention and/or received the intensive procedure such as amputations, the impact of missing medication information on the outcome estimates of such critical patients were relatively small. Fourth, the NIS sampling strategy changed in 2012, which we accounted for by adjusting using sampling weights. Fifth, charging practices are based on administrative policy. Various coding systems may be adopted by different hospitals. However, the adjustments of hospital volume, location, and teaching status were performed, assuming hospitals with same levels of stratifications had similar billing regulations. Seventh, there were other potential confounders such as education level and annual income which may affect the association. However, these factors are not recorded in the NIS database. Lastly, PAD related data from the US Nationwide Emergency Department Sample (NEDS) were not included in this study due to the deployment of different clinical strategies, medical resource, and healthcare insurance coverage, which were more appropriately to be presented in further study.

# CONCLUSIONS

The racial/ethnic disparity pattern in PAD is much broader than the Black-White difference, which has been the focus and paradigm of PAD disparity research in the U.S (5, 42). We observed race and ethnicity-related disparities regarding the severity of PAD at hospitalization and outcomes of PAD during the hospitalization, especially in-hospital mortality among two demographic groups (Hispanics and Asian/Pacific Islanders) previously thought to be at lower risk for PAD. These racial disparities indicate the importance of PAD prevention, early detection and management work among the racial/ethnic minority groups that traditionally received less research attention. These findings also speak more broadly to general issues of healthcare coverage and equity that warrant further study in patients with PAD.

### DATA AVAILABILITY STATEMENT

The datasets generated for this study can be found in online repositories. The names of the repository/repositories and accession number(s) can be found in the article/**Supplementary Material**.

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## **AUTHOR CONTRIBUTIONS**

LC: writing-original draft preparation, software, and methodology. DZ: data curation, software, writing-reviewing, and editing. LS: conceptualization, supervision, writingreviewing, and editing. CK: conceptualization, supervision, writing-reviewing, and editing. All authors contributed to the article and approved the submitted version.

#### SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fcvm. 2021.692236/full#supplementary-material

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**Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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