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pleuritic pain, sore throat, chills, and gastrointestinal symptoms such as severe nausea, diarrhea, and loss of smell and taste may occur. Pediatric patients are more likely to present with pyrexia, dry cough, and wheezing.<sup>1,2</sup> Being a highly sensitive biomarker for thromboembolic conditions, D-dimer has been associated with higher mortality in intensive care patients. Initiation of full anticoagulation early on may be beneficial to mitigate the incidence of pulmonary emboli in patients with coronavirus disease-19. The current definitive diagnostic test is a real-time reverse polymerase chain reaction test. It is very specific, but only 60% to 70% sensitive, and needs repeated if clinical concern exists. Some physicians will use findings of a computed tomography scan or chest radiograph as a surrogate.

What we should know: (1) Social distancing seems to work. (2) Transmission is via cellular attachment of its spiky-shaped surface proteins to angiotensin-converting enzyme 2 receptors in the lung and/or heart with presentations of respiratory and/or cardiovascular symptoms.<sup>3</sup> (3) transmission are usually droplets (aerosols) and fomites. (4) Laboratory findings include lymphopenia, an increase in prothrombin time, and an increase in lactate dehydrogenase. (5) Older patients and those with multiple comorbidities tend to have more symptoms and intensive care admissions. (6) Most patients can be treated at home. (7) Serious complications include acute respiratory distress syndrome, myocarditis, acute kidney injury, sepsis, and multiorgan failure. (8) The virus can survive on some surfaces up to 72 hours. (9) It is safe and effective to sterilize and reuse N95 respirators.

Workforce: (1) A command center for adherence to national and local guidelines.<sup>4</sup> (2) An emergency room "forward" triage off-site for screening/guiding treatment for less severe illness,<sup>5</sup> splits the flow of patients, mitigates overloading the regular emergency room, and prevents significant exposure. This triage area should have four levels: (a) front-door screening, (b) field tent (c) nurse-led triage, and (d) evaluation by a physician or mid-level practitioner. (3) Establish a "suspected" as well as "confirmed" units with capabilities including intensive care beds and intermediate units.<sup>6</sup> These units should have the following guidelines: (a) full personal protective equipment, (b) negative-pressure rooms, (c) ventilators and (d) telehealth.

In conclusion, a proactive multidisciplinary team approach as well as reinforcing awareness are key in controlling the crisis.

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## Argentine experience with telemedicine for venous care during the COVID-19 pandemic



On March 11, 2020, the World Health Organization declared the coronavirus disease-19 (COVID-19) a pandemic and part of the response strategy included isolation and quarantine.

Regarding venous practice, most outpatient visits are not urgent and appointments can be postponed. However, to continue providing medical care, telemedicine emerged as the primary mechanism for responding to patients' nonurgent needs while keeping them safe and at home, conserving personal protective equipment, and protecting healthcare workers. It may also be the best solution to avoid overcrowding of medical units after the COVID crisis.

Although telemedicine was shown to be effective in reducing waiting time, travel distance and costs<sup>1-3</sup> and demonstrated good results when used in surgical fields,<sup>4-7</sup> it has never been implemented as widely as it is today.

The Hospital Italiano de Buenos Aires is a nonprofit organization with 165 years of history in Argentina. Annually, 45,000 surgical procedures and 3,000,000 outpatient visits take place. The Phlebology Unit performed more than 400 ablation procedures in 2019.

While facing the pandemic, we replaced 100% of in-person visits by synchronic telemedicine, using a program developed by the Department of Health Informatics<sup>8</sup> that integrates a personal and electronic health record without the need to use an external platform to prescribe medication, or order and check studies. We are using telemedicine for follow-up of patients with chronic vascular disease and first evaluation of new complaints to determine whether they should be urgently

referred to the face-to-face evaluation or can be delayed.<sup>9</sup>

Challenges in the implementation of telemedicine included educating patients, developing a technical support network, having a plan B in case of not having access to the Internet, and dealing with health insurance to authorize and reimburse telehealth services.

The COVID-19 pandemic provides an opportunity to adequately establish telemedicine programs that will be maintained in the future as a complement to standard venous care. For countries without telemedicine integrated into their healthcare system, this is a call to adopt the necessary regulatory frameworks to support its wide adoption. For health professionals, it is challenging to conduct more studies to improve telemedicine use and create more evidence-based guidelines.

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## Computed tomography venography versus intravascular ultrasound in the diagnosis of iliofemoral vein stenosis



In the recent publication "Comparison of computed tomography venography and intravascular ultrasound in screening and classification of iliac vein obstruction in patients with chronic venous disease", Rossi et al<sup>1</sup> demonstrated that computed tomography venography (CTV) was a powerful screening tool for detecting iliac vein obstruction (IVO), even outperforming intravascular ultrasound (IVUS) examination in detecting IVO for six patients with chronic venous disease (CVD). We are puzzled at the high sensitivity of CTV (94%) in ruling out IVO and that lesions missed on IVUS examination may be detected on CTV. In our center, CTV missed a high proportion (96%) of patients with CVD with IVO subsequently detected on IVUS examination.

IVUS examination provides a high-resolution endoluminal imaging superior to ascending venography in the VIDIO trial.<sup>2</sup> In contrast, CTV does not offer the resolution to precisely define the obstruction. Veins traversing horizontally are imaged axial to the body centerline, yielding an elliptical section beyond its true orthogonal area which underestimates the degree of vein stenosis.<sup>3</sup>

Comparing CTV and IVUS examination is challenging. We lack healthy reference vein sizes. The authors compared stenosed veins with, in order of preference, the ipsilateral nonobstructed leg veins, contralateral healthy leg veins, and published anatomic averages (in bilateral disease). Using the patient's healthy vein accounts for interindividual vein size variability. However, veins of patients with CVD are seldom locally diseased. We cannot assume the caudal venous segments or the contralateral leg as healthy references. More concerning is the potential bias with the use of three different reference values in the same study. Whether the type of reference values confounds the degree of IVO needs to be