

The Role of Peripheral Cannabinoid Receptors Type 1 in Rats With Visceral Hypersensitivity Induced by Chronic Restraint Stress

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Background/Aims

This study was designed to investigate the possibility that the enhanced nociceptive responsiveness associated with cannabinoid type 1 receptors (CB1Rs) and identify its role in mediating visceral hypersensitivity induced by chronic restraint stress.

Methods

Rats were exposed to daily partial restraint stress or sham partial restraint stress with intraperitoneal injection of the vehicle, CB1R agonist or antagonist for 4 consecutive days. We tested the visceromotor reflex to colorectal distention at day 0 and 5. Reverse-transcription polymerase chain reaction and Western blot were used to assess the expression of CB1Rs.

Results

Intraperitoneal CB1 agonist (ACEA) injection significantly diminished ($p < 0.05$) the enhanced visceromotor reflex to colorectal distention at day 5 in stressed rats. Change in electromyogram response after ACEA over baseline, at pressure of 40 mmHg ($+13.3 \pm 2.2$), 60 mmHg ($+15.3 \pm 2.8$) and 80 mmHg ($+17.0 \pm 4.0$) were much lower than in the control animals, which were $+35.9 \pm 5.1$, $+41.1 \pm 6.3$ and $+54.1 \pm 9.6$, respectively. Whereas, CB1 antagonist (SR141716A) had an opposite effect. Compared with control group, the change in electromyogram response after SR141716A over baseline was significantly enhanced ($p < 0.05$) for the distending pressure of 40 mmHg ($+56.0 \pm 10.3$), 60 mmHg ($+74.6 \pm 12.3$) and 80 mmHg ($+82.9 \pm 11.0$), respectively. Reverse-transcription polymerase chain reaction and Western blotting demonstrated the stress-induced up-regulation of colon CB1Rs ($p < 0.05$).

Conclusions

Our results suggest there is a key contribution of peripheral CB1Rs involved in the maintenance of visceral hyperalgesia after repeated restraint stress, providing a novel mechanism for development of peripheral visceral sensitization.

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Key Words

Irritable bowel syndrome; Receptor, Cannabinoid, CB1; Stress disorders; Hyperalgesia

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Introduction

For centuries, different preparations of Cannabis plants have been used for the treatment of gastrointestinal (GI) disorders such as spasmodic pain, gastroenteritis and diarrhea.¹ Nowadays, a growing body of literature indicates substances acting on cannabinoid receptors alter secretion and motility of the gut,^{2,3} and have antinociceptive or antihyperalgesic properties.⁴ This makes them an attractive target for GI functional disorders, such as irritable bowel syndrome (IBS). IBS is a typical of such disorders, which have visceral sensitivity, autonomic nervous system dysfunction and can be induced by mental stress.⁵ So we associated those factors into our experiment, tried to figure out whether interfering into the mental stress can remedy the stress induced visceral hypersensitivity.⁵ Upon external psychological stress insults, several different cellular pathways are activated in the intestinal tract, leading to a pathological state.⁶ And, the discovery of the endogenous cannabinoid (endocannabinoid) system⁷ provided new insights into a neuromodulatory scheme, portends better explanations, and treatments for, a wide variety of previously intractable disorders, particularly painful conditions,^{8,9} were promising.

Recent evidence obtained in model of neuropathic pain showed greater effects of cannabinoids reducing sensitivity to pain and boosting endurance, strongly suggesting cannabinoid receptors have capable of anti-nociceptive.¹⁰ Based on cumulated literature of searches about involvement of cannabinoid system in the pathophysiology of IBS, an underlying clinical endocannabinoid deficiency that implicated a plausible target for novel therapies for IBS was suggested.¹¹ In animal model, experiment muscle tone has been demonstrated to be under tonic endocannabinoid control,¹² especially in treatment of spasticity, cannabis extracts have already proven efficacious.^{13,14} To date, two cannabinoid receptors have been isolated and cloned. Activation of cannabinoid type 1 receptors (CB1Rs) was shown to modulate several functions in the GI tract, including gastric secretion, gastric emptying and intestinal motility,¹⁵ while CB2Rs are mainly located in immune cells.

Cannabinoid act at many points within the brain-gut axis, influencing GI activity through their actions centrally or on extrinsic primary afferent nerves. Among the roles of the endocannabinoid system at different level, its analgesic action at spinal and peripheral levels has been largely documented.⁴ Outside of the CNS, high densities of CB1Rs are found in the enteric nerv-

ous system, sympathetic and sensory nerve, which suggests the essential effects of cannabinoids in the peripheral primary afferent. These effects are often different from those mediated by actions directly on the enteric nervous system. So it's meaningful to investigate the involvement of CB1Rs in the peripheral. It has been shown that action of CB1 attenuates colonic-inflammation induced visceral hyperalgesia.¹⁶

Recently, chronic intestinal inflammation model experiment reports the up-regulation or sensitization of cannabinoid receptors in the small intestine,¹⁷ but the antihyperalgesic action of cannabinoid is not well established. Only a limit numbers of studies indicated the modulation role of CB1Rs in non-inflammatory visceral hypersensitivity model. CB1Rs mediating the analgesic effect on visceral pain induced by colorectal distension was shown in a recent research.¹⁸ It might helpful to determine whether there are any changes in CB1Rs expression associated with underlying pathology. In the present investigation, we examined the role of the CB1Rs after partial restraint stress insults in the colon and indicated this system provides intrinsic protection against stress induced visceral hyperalgesia.

Materials and Methods

1. Animals

Adult male Sprague-Dawley rats (250-275 g) were purchased from Experimental Animal Center of Tongji Medical School (Wuhan, P. R. China). Animals were maintained on a normal light-dark cycle, housed in pairs or singly, and were kept in a regulated environment (20-25°C). They were provided with food and water ad libitum. All protocols were approved by the Animal Care and Use Committee of Union Hospital of Tongji Medical College. All experiments were performed during the same period of the day (between 10:00 and 12:00) to minimize any influence of circadian rhythms.

2. Experimental design

A total of 6 groups of 8 rats were included in this study. Acclimation to the experimental conditions was performed for 3 days preceding the start of the experiment. Each day, animals were transported to the testing room and placed for 30 minutes in the Plexiglas cylinders used for colorectal distension (CRD) experiments. On day 0, a baseline response to CRD was evaluated (CRD #1). From day 1 to day 4, rats were submitted daily to either 2-hour partial restraint stress (PR) for the stress group

or to 2-hour sham PR for the control group, Then the response to CRD was measured again at day 5 (CRD #2), and in order to check for the acute involvement of CB1 on visceral hyperalgesia, the rats were treated with CB1R agonist, antagonist or vehicle. If the endogenous cannabinoid system plays an important role in the visceral sensory pathway protection from PR induced visceral hyperalgesia, it is conceivable that activation or block of cannabinoid receptors during CRD process might diminish or exacerbate the hypersensitivity. The different samples collected for reverse-transcription polymerase chain reaction (RT-PCR) and Western blotting analysis were taken from animals that had not undergone CRD to avoid the potential bias.

3. Partial restraint stress procedure

Stress effects were studied using the wrap PR model.¹⁹ Animals were lightly anaesthetized with ethyl ether, and their fore shoulders, upper forelimbs and thoracic trunk were wrapped in a confining harness of paper tape to restrict, but not to prevent, body movements. Then, the animals were placed in their home cage for 2 hours. The rats recovered from ethyl ether within 2-3 minutes and immediately moved about in their cages, with the restricted mobility of their forelimbs preventing grooming behavior. Control sham PR animals were anaesthetized but not wrapped and allowed to move freely in their cages. The PR at room temperature used here is a mild and non-ulcerogenic stressor which reproduces the symptoms associated with stress related colonic dysfunction in humans, suggesting that it may be a suitable model for studying the effect of stress on the GI tract.

4. Visceral nociceptive response to chronic PR stress: effect of peripheral treatment with the CB1R agonist and antagonist

The CB1R agonist ACEA [N-(2-Chloroethyl)-5Z, 8Z, 11Z, 14Z eicosatetraenamide] and CB1R antagonist SR141716A [N-(Piperidin-1-yl)-5-(4-chlorophenyl)-1-(2,4-dichlorophenyl)-4-methyl-1H-pyrazole-3-carboxamide], purchased from Tocris Cookson Inc (Bristol, UK) They were dissolved in vehicle solution (1 drop of Tween-80 in 3 mL 2.5% dimethylsulfoxide in saline) and injected 1 hour after the end of PR from day 1 to day 4. Vehicle solution was used in control experiments. ACEA, SR141716A and vehicle were tested in both chronically stressed and sham stressed animals. The dose of 5 mg/kg and 3 mg/kg body weight was selected based on published reports respectively.^{20,21}

5. Assessment of visceromotor response to colorectal distention

1) Colorectal distention

Taking former as standard, the stimulus was induced by distention of descending colon and rectum, which has been established available, our procedure was after the formula.²² Animals were lightly anesthetized with halothane, then a pair of silver electrodes was pricked into the external oblique muscle, just superior to the inguinal ligament and inflexible plastic balloon (7 cm long and 2 cm wide) lubricated with liquid paraffin oil (Sigma, MO, USA) was inserted intra-anally into the descending colon (after the distal part of the rectum was gently cleared by massage), positioned with the tip 1 cm proximal to the anus, and secured in place by taping the balloon catheter to the base of tail. Once recovered from anesthesia, animals equipped with the balloon were placed in a Plexiglas cylinder for 30 minutes before the CRD procedure was initiated. Electromyogram (EMG) recording was done as follows: 20 seconds before CRD (baseline), 20 seconds during CRD and 20 seconds after termination of CRD. Each intensity grade of phasic CRD (20, 40, 60 and 80 mmHg) lasted 20 seconds and interval of stimulus was 4 minutes; each pressure was tested 3 times.

2) Recording

The catheter, which was fixed a balloon on one end, was then connected to an air pump via a Y connector on the other end. The balloon pressure, which represents intracolonic pressure, was continuously monitored online with a computer. EMG activity surpassing the preset threshold value 300 μ V during the balloon inflation period was amplified, filtered (1,000-4,000 Hz), and digitized (sampling at 200 Hz) using a program written in RM6240B (Chengdu Instruments, Sichuan, China). The EMG was quantified with frequency. Results are presented as the means \pm SD. Animals showing an EMG signal/noise ratio < 0.05 were excluded from the study.

6. Collection of distal colon, proximal colon, and distal small intestinal samples for CB1R expression analysis

The different samples collected for molecular analysis were taken from animals that had not undergone surgery or CRD to avoid the potential bias that this procedure may induce regarding neurotransmitter production or release. Animals were subjected either to PR or sham PR stress for 2 hours daily for 4 consecutive days. On day 5, animals were killed, distal colon positioned with the tip 1 cm proximal to the anus, proximal colon positioned 1cm

distant from ileocecal junction and distal intestinal positioned 1 cm proximal to the ileocecal junction. And then segments 2-3 cm long of distal colon, proximal colon and distal small intestine were quickly removed and then placed either in RNA lysis solution for RT-PCR experiments or frozen on dry ice for Western blotting analysis.

1) Detection of CB1R messenger RNA expression

Preparation: Weighed 50 mg tissues of each species, and then homogenized in 1 mL of TRIzol Reagent (Invitrogen Inc, Carlsbad, CA, USA). Incubated the homogenized samples to 15°C for 5 minutes in eppendorf tubes. Added 0.2 mL chloroform into each eppendorf tube. Capped the tubes and shaken vigorously by hand for 15 seconds and then incubated them to 15°C for 3 minutes. Centrifuged at 12,000 × g for 15 minutes at 4°C. Transferred the colorless upper aqueous phase to a fresh new tube. Then added 0.5 mL of isopropyl alcohol into each tube, incubated to 15°C for 10 minutes. Centrifuged at 12,000 × g for 10 minutes at 4°C. A gel-like pellet on the side and bottom of the tube visible was RNA. Removed the supernatant and washed the RNA with 1 mL of 75% ethanol, and then centrifuged at 7,500 × g for 5 minutes at 4°C. Air dried the RNA. The RNA was dissolved in 10 µL RNase-free water and measured by spectrophotometer analysis at 260 nm.

(1) Reverse transcriptase

Added 2 µg of RNA and 0.5 µg of Oligo dT₁₈, and ribonuclease-free water to a final volume of 10 µL. Tubes were heated to 70°C for 5 minutes and then fast cooled on ice to prevent secondary structure from reforming. Then spined briefly to collect the solution at the bottom of the tube. RNA was transcribed to cDNA by a reverse transcriptase in a total 25 µL RT reaction solution containing 5 µL 5 × Reverse Transcriptase Buffer, 5 µL dNTP (10 mM each, Promega, Shanghai, China) 25 units RNase Inhibitor, 200 units MMLV-RTase (Promega). Shaked up the mixture, and then incubated it to 37°C for 60 minutes for random primers.

(2) Polymerase chain reaction

The system was composed of 15.9 µL H₂O, 0.3 µL of forward primer, 0.3 µL of reverse primer, 1.0 µL dNTP, 2.5 µL Mg²⁺, 2.5 µL of 10×Buffer, 2.0 µL of cDNA and 0.5 µL of Taq DNA polymerase in a total volume of 25 µL. The primer of CB1R was 5'-CCTGGTTCTGATCCTGGTGG-3'; 5'-GTT-GTTGGCGTGCTTGTGC-3' (283 bp, gi: 52421334). And the primer of β-actin was 5'-AGGGAAATCGTGCCTGAC-3'; 5'-ACCCAGGAAGGAAGGCT-3' (189 bp, gi:13592132). They were designed by primer 5.0. The reaction condition was first

95°C for 5 minutes to activate Taq DNA polymerase, followed by denaturation at 95°C for 30 seconds, annealing 57°C (CB1R)/48°C (β-actin) for 30 seconds and extension at 72°C for 30 seconds. The PCR was run for 35 cycles and finally elongated at 72°C for 7 minutes. The PCR products were detected by ethidium bromide staining on a 1% agarose gel, together with DNA Marker DL2000 (Takara, Dalian, China). And then total gray was evaluated by bandscan 4.3 (Glyko, Novato, CA, USA). The ratio of CB1Rs and β-actin corresponding were recorded.

2) Detection of CB1R protein expression

To minimize the error, standard the weight of tissue to 200 mg. Tissues were homogenized in ice-cold lysis buffer solution (pH 7.4) containing a mixture of proteinase inhibitors (50 mM Tris-HCl, 100 mM NaCl, 15 mM sodium pyrophosphate, 50 mM sodium fluoride, 1 mM sodium orthovanadate, 5 mM ethyleneglycol bis (2-aminoethylether) tetraacetic acid (EGTA), 5 mM ethylene diamine tetraacetic acid (EDTA), 1 mM phenylmethylsulfonyl fluoride, 1 µM microcystin-LR, 1 µM okadaic acid, 0.5% TritonX-100, 2 mM benzamidine, 60 µg/mL aprotinin and 60 µg/mL leupeptin) to avoid degradation of proteins. After centrifugation with 12,000×g at 4°C for 10 minutes, the supernatant was then assayed for total protein concentration using the Bio-Rad Bradford Protein Assay kit. Equal amounts of protein in sample buffer (1% sodium dodecyl sulfate, 10% glycerol, 100 mM Tris, 0.05% biphenyl blue and 5% 2-mercaptoethanol) were denatured, and then samples containing equal amount of protein were separated by 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) through electrophoresis and transferred to a polyvinylidene difluoride membrane. The membranes were blocked with in 5% nonfat milk in Tri-buffered saline (TBS) containing 0.2% Tween-20 (TBS-T) for 1 hour and were incubated with CB1R rabbit anti-serum (catalog AB3558, Abcam, Cambridge, USA) at a final dilution (1:250) for overnight at 4°C. Washed in TBS buffer three times for 10 minutes, incubated for 1 hour with goat anti-rabbit IgG conjugated with alkaline phosphatase (1:2,000, Sigma) in TBS-T, washed in TBS-T buffer three times for 10 minutes again, then incubated in chemiluminescent substrate solution (ECL, Pierce, Rockford, IL, USA). The blots were scanned and imported into the Image Pro program (5.1 version, Media Cybernetics, Bethesda, MD, USA) to measure the integral optical density of individual bands. The intensity of immunoreactive bands of interest was quantified and the data were normalized with the data of α-actin of controls in the same blot. The same experiments were repeated three times, and results are presented as

means \pm SD.

7. Statistical methods

EMG amplitudes were represented as percentage for the normalized reason. According to Bradesi's practice, is the percentage between highest and baseline distension. Then the value of each rat of groups will be averaged.^{23,24} The effect of stress and/or pharmacologic treatment on the EMG response to CRD within one group of animals was analyzed by comparing the post-stress or post-treatment measurements with the baseline or pretreatment values at each distention pressure using repeated-measures 2-way ANOVA followed by Bonferroni posttest comparisons. We have presented the data showing the EMG response at day 5 for rats treated with compound or vehicle expressed as the mean change from baseline for different pressures of distention. This method of analysis has been previously validated in a similar model of EMG measurement in response to CRD.²⁴ These data were analyzed using Student's *t* test.

Data for the expression of CB1Rs obtained from RT-PCR and Western blot between stressed and control groups were compared using an unpaired *t* test.

Results

1. Visceral hyperalgesia was reduced by administration of the potent cannabinoid agonist ACEA

As shown in Figure 1A, ACEA abolished the stress-induced increase of the EMG compared with vehicle (Dunnett's test for multiple comparisons after ANOVA, 40 mmHg, $p = 0.028$; 60 mmHg, $p = 0.036$; 80 mmHg, $p = 0.007$). ACEA application reduced the EMG response to a level similar to Sham-PR group (change in EMG response after ACEA over baseline, $+13.3 \pm 2.2$ at 40 mmHg, $+15.3 \pm 2.8$ at 60 mmHg and $+17.0 \pm 4.0$ at 80 mmHg), while no significant effect ($p > 0.05$) of vehicle application was observed (change in EMG response after vehicle over baseline, $+35.9 \pm 5.1$ at 40 mmHg, $+41.1 \pm 6.3$ at 60 mmHg and $+54.1 \pm 9.6$ at 80 mmHg). Meanwhile, in the distension pressure of 20 mmHg, neither enhanced nor reduced response was shown.

To determine the effect of the CB1R agonist in controls, we tested the response to ACEA or vehicle injection in animals pre-

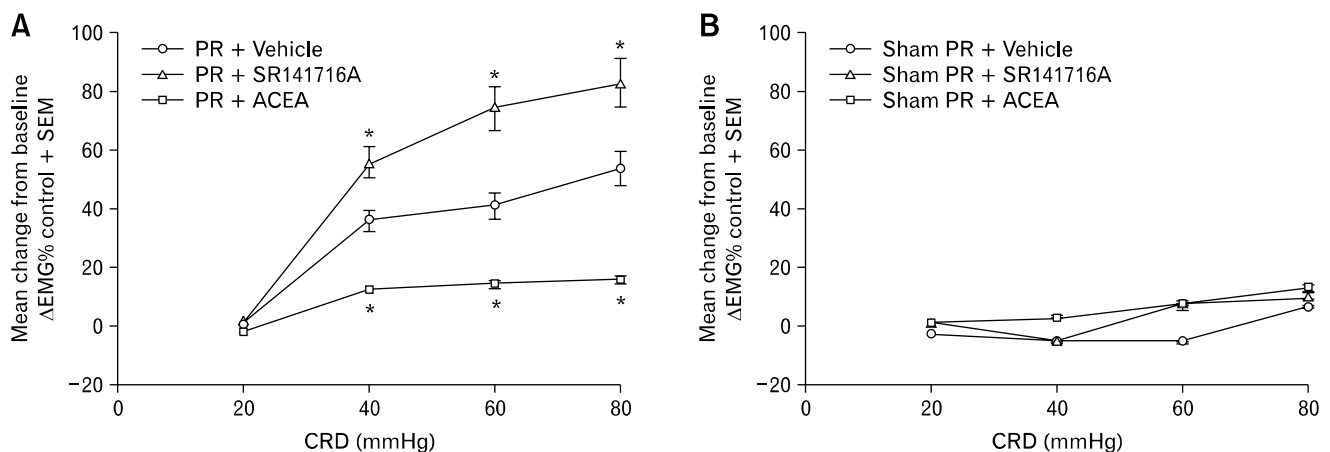


Figure 1. Effect of peripheral administration of the cannabinoid type 1 receptor (CB1R) agonist/antagonist on the electromyography (EMG) to colorectal distension (CRD). (A) Effect of peripheral administration of the CB1R agonist/antagonist on the EMG to CRD of partial restraint stressed rats (day 5). EMG amplitude expressed as mean change from baseline after treatment with vehicle, ACEA or SR141716A in rats exposed to repeated partial restraint stress. Intraperitoneal injection of ACEA abolished the chronic stress-enhanced EMG to CRD compared with vehicle at the pressures of distention of 40, 60 and 80 mmHg. Meanwhile, intraperitoneal injection of SR141716A had an exacerbated effect to the chronic stress-enhanced EMG to CRD compared with vehicle at the pressures of distention of 40, 60 and 80 mmHg. (B) Effect of peripheral administration of the CB1R agonist/antagonist on the EMG to CRD of sham PR rats (day 5). EMG amplitude expressed as mean change from baseline after treatment with vehicle, ACEA or SR141716A in rats exposed to chronic sham PR. ACEA or SR141716A did not affect the EMG response after chronic sham PR compared with vehicle. Data are expressed as mean \pm SE, $n = 8$ in each group, * $p < 0.05$ significantly different compared with vehicle, 1-way ANOVA.

Table 1. Change in Electromyogram Response Over Baseline of Control Groups

Groups	20 mmHg	40 mmHg	60 mmHg	80 mmHg
Sham PR + Vehicle	-2.8 ± 6.9	-5.4 ± 4.3	-6.1 ± 7.3	6.1 ± 3.2
Sham PR + SR141716A	1.1 ± 1.7	-6.1 ± 2.7	7.4 ± 5.8	9.7 ± 6.5
Sham PR + ACEA	0.7 ± 4.5	2.9 ± 2.3	7.3 ± 8.5	12.6 ± 3.4
p-value	0.823	0.113	0.341	0.629

PR, partial restraint stress; SR141716A, CB1 antagonist; ACEA, CB1 agonist. Data are presented as mean ± SD.

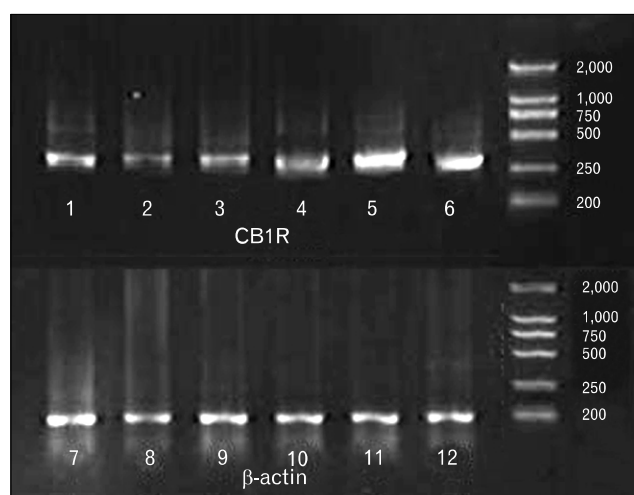


Figure 2. Representative reverse-transcription polymerase chain reaction (RT-PCR) for cannabinoid type 1 receptor (CB1R) in distal colon, proximal colon and distal small intestine. Band of 1, 2 and 3 represent PCR for CB1R in distal colon, proximal colon and distal small intestine from the rats of the sham partial restraint stress (PR) group; 4, 5 and 6 represent PCR for CB1R in distal colon, proximal colon and distal small intestine from the rats of the PR group. 7, 8 and 9 represent PCR for β -actin of controls in distal colon, proximal colon and distal small intestine from the rats of the sham PR group; 10, 11 and 12 represent PCR for β -actin of controls in distal colon, proximal colon and distal small intestine from the rats of the PR group.

viously subjected to repeated sham PR. Compared with baseline, repeated exposure to sham PR had no significant effect on the EMG to CRD. As shown in Figure 1B and Table 1, injection of vehicle or ACEA did not change the response to CRD.

2. Pharmacological blockade of CB1 signaling increases severity of induced hypersensitivity

Treatment with SR141716A induced stronger visceral hyperalgesia than treatment with vehicle. This was shown by the number of abdominal contractions to CRD #2, for the distending pressure of 40 mmHg (+56.0 ± 10.3), 60 mmHg (+74.6

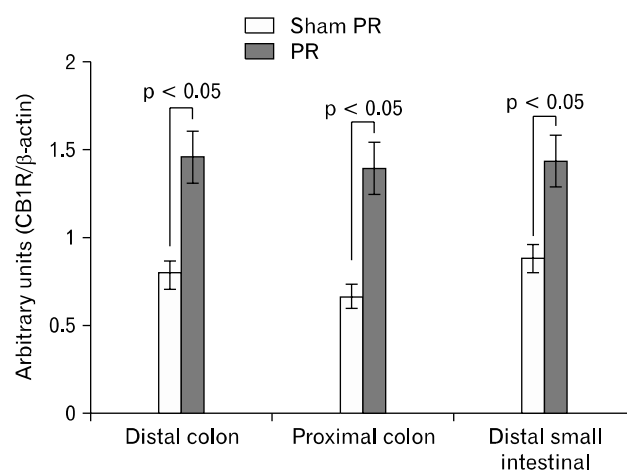


Figure 3. Expression of cannabinoid type 1 receptor (CB1R) in distal colon, proximal colon and distal small intestine following repeated partial restraint stress (PR). Levels of mRNA for CB1R measured by reverse-transcription polymerase chain reaction (RT-PCR). We observed a significantly higher level of CB1R mRNA in samples from chronic PR stress rats compared with control. Data are expressed as the relative CB1R PCR product to that of the housekeeping gene β -actin, mean ± SEM, n = 8 in each group.

± 12.3) and 80 mmHg (+82.9 ± 11.0) (p = 0.047, 0.008 and 0.030, respectively; Fig. 1A). It reveals a more severe visceral hypersensitivity in SR141716A-treated rats, with significant increase in numbers of abdominal contractions, as compared with vehicle-treated controls. In comparison with vehicle, for distending pressures of 20 mmHg, the compounds tested did not modify these EMG response induced by PR.

3. PR Stress significantly enhanced CB1R expression

1) Semiquantitative RT-PCR for CB1R

CB1R mRNA was expressed in the distal colon, proximal colon and distal small intestine, and the authenticity of the PCR product was verified by sequencing analysis (Fig. 2). We found significant increased expression for CB1R mRNA in samples from chronically partial restraint stressed animals compared with

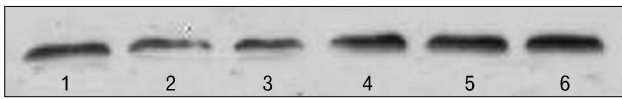


Figure 4. Representative Western blotting for cannabinoid type 1 receptor (CB1R) in distal colon, proximal colon and distal small intestine. The band of 1, 2 and 3 represent Western blotting for CB1R in distal colon, proximal colon and distal small intestine from the rats of the sham partial restraint stress (PR) group; 4, 5 and 6 represent Western blotting for CB1R in distal colon, proximal colon and distal small intestine from the rats of the PR group.

control (semiquantitative analysis, 0.79 ± 0.13 , 0.66 ± 0.10 and 0.88 ± 0.10 in sham PR; 1.46 ± 0.21 , 1.40 ± 0.14 and 1.44 ± 0.17 in PR; $p = 0.019$, 0.001 and 0.013 , respectively; Fig. 2 and 3).

2) CB1R protein expression in intestine

Western blot analysis in control and PR stress groups revealed a ~ 60 kDa band corresponding to the CB1R protein (Fig. 4). Optical density analysis of blots showed significant higher expression of the CB1R in the stress group compared with control ($p = 0.0134$) (0.70 ± 0.11 , 0.67 ± 0.08 and 0.73 ± 0.09 in sham PR; 1.35 ± 0.28 , 1.15 ± 0.17 and 1.16 ± 0.16 in PR; $p = 0.044$, 0.023 and 0.035 , respectively). A 31% reduction was observed in the PR group compared with control (Fig. 5).

Discussion

The synchronous modulation between cannabinoid system and visceral hypergesia reflects a directly participation of cannabinoid system in the maintenance of physical sensation. Based on self-care and stress research, it is reasonable to propose that our bodies contain naturally occurring properties, including endocannabinoid auto-regulation, maintain our healthy such as stress reduction.²⁵ These data show a protective role of the CB1Rs, indicating an early and important physiological step during self-protection of the stress-induced hypersensitivity.

1. Pharmacology properties of CB1R in rats with visceral hyperalgesia induced by PR

Pharmacological stimulation of cannabinoid receptors induced a reduction of experimental hyperalgesia, whereas selective antagonism of these receptors has the opposite effects, suggesting the presence of endocannabinoid tone. Previous reports have shown an inhibitory effect of different CB1R agonists on visceral hyperalgesia in several animal models of peripheral colonic sensitization. For example, endocannabinoids exert a homeostatic

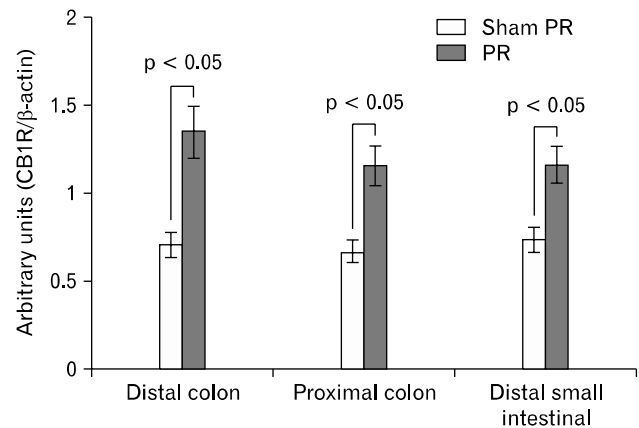


Figure 5. Expression of cannabinoid type 1 receptor (CB1R) in distal colon, proximal colon and distal small intestinal following repeated partial restraint stress (PR). Levels of CB1R protein measured by Western blotting. A significant increase in the level of CB1R protein in samples from chronic PR stress rats compared with control was observed. Data are expressed as normalized optical density, mean \pm SEM, $n = 8$ in each group.

function at the level of visceral perception, gut motility, inflammation and endothelial damage in inflammation.²⁶⁻²⁸ A collection of previously published material pointed to CB1R play an important role in antihyperalgesic. Our findings support it and assume the process through visceral afferent pathway by control the expression of the receptors. The occurrence of hyperalgesia in the small or the large intestine is widely accepted. The balance between pro- and anti-visceral hyperalgesia within intricate surveillance network determines the outcome of the pathological processes of IBS.²⁹ This result is consistent with previous reports during which colonic inflammation enhanced the antinociceptive action of CB1R agonists, and activates an endogenous, CB1R mediated, antinociceptive pathway,¹⁶ suggesting a higher activation of gut endogenous cannabinoid system in the pathological state. Similar changes have been also previously reported in the setting of enhanced sensation models, in which repeated administration of cannabinoid agonist, through peripheral CB1Rs, produced a short- and longer- term attenuation of tumor-evoked hyperalgesia,³⁰ and inflammation pain relieving.³¹

The decrease in sensitivity to CRD induced by the CB1R agonist is supported by several anatomical data. CB1Rs, identified by western-blotting, have been shown to be involved in the non-cholinergic control of intestinal motility.³² In a recent study, the stimulation or inhibition of CB1R alter the afferent intestinal nerve sensitivity to bradykinin, serotonin and noxious mechanical distension.³³ Consistent with this hypothesis, contractility of

smooth muscle to cholinergic or tachykinergic stimuli is increased in the early stages and decreased in the later stages of inflammation^{34,35} which confirm the involvement of cannabinoid system, through neuro-mechanism, in the visceral hypersensitivity modulation. Our results indicate that endogenous cannabinoid are involved in this feedback mechanism though CB1Rs to limit chronic stress-induced hypersensitivity. The activation of serotonin 1A could inhibit the visceral motor induced by visceral pain, but had no effect to autonomic cardiovascular of responses to colorectal distension in rats, which imply us peripheral systemic administration might have in adequate central exposure.³⁶ So in our research, the modulation effects were mainly due to the activation of peripheral cannabinoid receptors.

Intracolonic pressure of ≤ 20 mmHg would be perceived as non-nociception in normal rats, which pathway to the CNS was different from the nociceptive stimulation.³⁷ In our result, 20 mmHg has no significant changes between groups. Thus we speculated that non-nociception pathway was not involved in the hypersensitivity induced by chronic PR.

2. Stress-induced up-regulation of CB1R expression in the large and small intestine

In the present study, involvement of the endogenous cannabinoid system in the modulation of the acute phase of restrain stress-induced hyperalgesia is further supported by the increased levels of transcripts coding for CB1Rs in rats exposed to repeated restraint stress. Recent data indicate a protective function of up-regulated endocannabinoid levels in colitis.^{38,27} In rats and guinea pigs, besides an expression in cholinergic myenteric neurons, a close association between CB1R immunoreactivity and fibers labeled for a synaptic protein has been described, suggesting a role in the modulation of transmitter release.³⁹ Similarly, expression of CB1Rs has been found to be up-regulated in rats during an experimental intestinal inflammation.^{26,40}

CB1-deficient mice or wild-type mice treated with the CB1R antagonist Rimonabant display a stronger experimental colitis than controls.²⁶ Endocannabinoid levels are also increased in different models of neuropathic pain.⁴¹⁻⁴³ It is now well established that CB1R participate in many aspects of the neuroimmune response triggered by intestinal infection or inflammation.

However, the mechanisms underlying increased CB1R expression observed in association with peripheral inflammation is incompletely understood. Thus, present study show the evidence that neurons that express low levels of CB1Rs in basal conditions start to express this receptor to enhance endocannabinoid signa-

ling. These changes may not only serve as potential therapeutic targets for IBS, but also lead to the identification of novel regulatory mechanisms involved in pathophysiology. In the gut, CB1Rs are likely to be activated by the products of inflammation in IBS, and, through its up-regulation, may contribute to feedback mechanism of hypersensitivity. This finding provides evidence that the levels of CB1Rs are strictly related to active hypersensitivity.

The early alterations in abdominal contractile response to colorectal distension of agonist/antagonist treated rats and the increased levels of CB1R mRNA in myenteric plexuses of enhanced sensation colons seem to point to an important, if not predominant, function of the endogenous cannabinoid system at peripheral sites. Use of central administration of drugs or, conversely, of cannabinoid agonists and antagonist unable to cross the blood-brain barrier will help to clarify this important issue.

In conclusion, this study shows the endogenous cannabinoid system is physiologically involved in the protection against excessive hyperalgesia in the colon, strongly suggesting modulation of the physiological activity of the endogenous cannabinoid system during stress might be a promising therapeutic tool for the treatment of several diseases characterized by hyperalgesia of the GI tract.

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