

## Maternal Serum Levels of VCAM-1, ICAM-1 and E-selectin in Preeclampsia

Endothelial dysfunction is thought to be a central pathogenic feature in preeclampsia on the basis of elevated adhesion molecules. The aim of the present study was to compare the levels of soluble vascular cell adhesion molecule-1 (sVCAM-1), intercellular adhesion molecule-1 (sICAM-1) and E-selectin (sE-selectin) in sera of normal and preeclamptic pregnancies. We studied the serum levels of sVCAM-1, sICAM-1 and sE-selectin in normal pregnant women (n=63), mild preeclampsia (n=33) and severe preeclampsia (n=82). Concentrations of soluble adhesion molecules were determined with enzyme-linked immunoassay (ELISA). Serum concentrations of sVCAM-1 were significantly higher in both mild ( $p=0.004$ ) and severe preeclampsia ( $p=0.000$ ) than normal pregnancy. There were also significant differences in sVCAM-1 levels between mild and severe preeclampsia ( $p=0.002$ ). sICAM-1 levels of severe preeclampsia were statistically different from those of normal pregnancy ( $p=0.038$ ). Levels of sE-selectin were elevated in both mild ( $p=0.011$ ) and severe preeclampsia ( $p=0.000$ ) compared to normal pregnancy, but no statistical difference between the mild and severe preeclampsia ( $p=0.345$ ). These results suggest that all three soluble adhesion molecules are increased in severe preeclampsia, and sVCAM-1 among them may be useful in predicting the severity of preeclampsia.

**Key Words :** Pre-Eclampsia; Cell Adhesion Molecules; Vasular Cell Adhesion Molecule-1, Intercellular Adhesion Molecule-1, E-Selectin

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## INTRODUCTION

Preeclampsia is a condition unique to human pregnancy. Occurring in 5-7% of pregnancies, it is the major cause of maternal and perinatal morbidity and mortality, but the pathogenesis of this disorder has not been clearly established.

Recently, an excessive maternal systemic inflammatory response to pregnancy has been proposed to be responsible for endothelial dysfunction leading to cellular activation and/or damage (1). Endothelial dysfunction is considered to be central in the pathogenesis of preeclampsia (2, 3). The inflammatory process is the adhesion of leukocytes to endothelial cells followed by transmigration of these cells into perivascular tissue. Leukocyte endothelial adhesion is governed largely by the interaction of adhesion molecules and their ligands on these cells. A number of the molecules which mediate leukocyte-endothelial adhesion have been identified; these include vascular cellular adhesion molecule-1 (VCAM-1), intracellular adhesion molecule-1 (ICAM-1) and E-selectin (4-6). In vitro studies have shown that the expression of these molecules on the endothelial surface is tightly regulated, and that this regulation may have a crucial role in the nature of leukocyte recruitment during the course of an inflammatory response (7).

Soluble forms of these molecules may be released to the cir-

ulation, and increased serum levels of these molecules may indicate endothelial dysfunction (8). Interestingly, several studies have reported that levels of these adhesion molecules appeared to be increased in the serum of pregnant women with preeclampsia (9-11). Indeed, abnormal levels of these adhesion molecules may be considered to be markers of preeclampsia (9). However, reports are not always in agreement. Lyall et al. (12) reported that serum levels of VCAM-1 and E-selectin were not significantly different between normal and preeclamptic pregnancies. Chaiworapongsa et al. (13) suggested that serum levels of ICAM-1 were no differences between normal and preeclamptic pregnancies.

In the present study, we compared the levels of soluble VCAM-1 (sVCAM-1, CD106), ICAM-1 (sICAM-1, CD54) and E-selectin (sE-selectin, CD62E) in the maternal serum of normal and preeclamptic pregnancies.

## MATERIALS AND METHODS

### Study subjects

The study population consisted of 63 women with normal pregnancy, 33 women with mild preeclampsia, and 82 women

with severe preeclampsia. The clinical characteristics of the study groups are shown in Table 1. Cases complicated by chronic hypertension, diabetes, chronic renal disease and autoimmune disorders were not included in the study. Preeclampsia was defined as hypertension (systolic blood pressure  $\geq 140$  mmHg and diastolic blood pressure  $\geq 90$  mmHg after 20 weeks' gestation) and proteinuria ( $\geq 300$  mg in a 24 hr urine collection or one dipstick measurement of  $\geq 1+$ ) according to the Committee of Terminology of ACOG definition (14). Severe preeclampsia was diagnosed on the basis of diastolic blood pressure  $\geq 110$  mmHg or significant proteinuria (dipstick measurement of  $\geq 2+$ ) or the presence of severity evidences such as headache, visual disturbances, upper abdominal pain, oliguria, convulsion, elevated serum creatinine, thrombocytopenia, marked liver enzyme elevation, and pulmonary edema. Normal pregnant women had no hypertension, proteinuria, and edema.

#### Serum samples and assays of soluble adhesion molecules

Peripheral venous blood samples were collected in sterile tubes containing ethylenediamine-tetraacetic acid (EDTA). No drugs were taken by these patients for 24 hr before the blood sampling. Blood collected in EDTA was immediately stored at  $4^{\circ}\text{C}$  and further processed within 48 hr. Samples were centrifuged at  $800 g$  for 15 min and the supernatant was stored in  $200 \mu\text{L}$  aliquots at  $-70^{\circ}\text{C}$ . Serum levels of sVCAM-1, sICAM-1 and sE-selectin were measured by commercial ELISA assay (R&D Systems, Heidelberg, Germany) according to the manufacture's instructions. All experiments were performed by an investigator blinded to the study groups assignment. Samples were checked by serial dilution, and measurements were performed at least in duplicate.

#### Statistical analysis

All data analyses were performed by means of the Statistical Package for the Social Science (SPSS version 10.0). Results

were expressed as a mean  $\pm$  standard deviation (SD). Differences among the three groups were compared with one-way analysis of variance (ANOVA) and the post-hoc Bonferroni correction method for multiple comparisons. Statistical significance was assumed at a  $p$  value less than 0.05.

## RESULTS

The clinical characteristics of the study groups are summarized in Table 1. There were no differences in the maternal age and platelet count among three groups. The gestational ages at delivery ( $p=0.005$  for mild preeclampsia;  $p=0.000$  for severe preeclampsia) and birth weights of the newborns ( $p=0.000$  for both) were significantly different between normal pregnancy and preeclampsia groups. As expected, the blood pressures were significantly higher in the preeclampsia groups than in normal pregnancy ( $p=0.000$ , respectively).

The serum concentrations of soluble adhesion molecules are shown in Fig. 1. Level of sVCAM-1 was significantly higher in both mild ( $960.71 \pm 364.7$  ng/mL,  $p=0.004$ ) and severe preeclampsia ( $1,376.75 \pm 451.5$  ng/mL,  $p=0.000$ ) compared with normal pregnancy ( $570.33 \pm 222.56$  ng/mL) (Fig. 1A). Serum levels of sICAM-1 were not different statistically between the mild preeclamptic pregnancies ( $282.38 \pm 121.14$  ng/mL,  $p=0.181$ ) and normal pregnancies ( $243.27 \pm 57.56$  ng/mL), but the concentration was higher in severe preeclampsia ( $291 \pm 108.73$  ng/mL,  $p=0.038$ ) compared with normal pregnancy (Fig. 1B). For sE-selectin level, the mean value was significantly elevated in both mild ( $52.40 \pm 27.42$  ng/mL,  $p=0.011$ ) and severe preeclampsia ( $61.94 \pm 36.8$  ng/mL,  $p=0.000$ ) compared with normal pregnancy group ( $33.94 \pm 16$ ) (Fig. 1C). In preeclampsia groups, levels of sICAM-1 and sE-selectin were not different statistically between mild and severe preeclamptic pregnancies ( $p=1.000$  for sICAM-1;  $p=0.345$  for sE-selectin). Only sVCAM-1 level was different significantly between the mild and severe preeclampsia ( $p=0.002$ ).

**Table 1.** Clinical characteristics of normal pregnancy (NP), mild preeclampsia (MPE) and severe preeclampsia (SPE)

Characteristics	Preeclampsia			$p$	$p^*$	$p^{\dagger}$
	NP (n=63)	MPE (n=33)	SPE (n=82)			
Maternal age (yr)	$30.8 \pm 3.0$	$29.8 \pm 3.6$	$30.8 \pm 4.0$	0.558	1.000	0.551
Gestational age at delivery (wk)	$39.2 \pm 1.0$	$37 \pm 2.9$	$35.3 \pm 4.2$	0.005	0.000	0.041
Birth weight (g)	$3372.2 \pm 382.3$	$2654.4 \pm 818.5$	$2167.3 \pm 855.4$	0.000	0.000	0.024
Maximum systolic blood pressure (mm Hg)	$127.9 \pm 10.5$	$147.3 \pm 17.3$	$162.8 \pm 15.9$	0.000	0.000	0.036
Maximum diastolic blood pressure (mm Hg)	$76.8 \pm 9.6$	$95.3 \pm 10.9$	$110.1 \pm 12.7$	0.000	0.000	0.015
Platelet count ( $\times 10^3/\mu\text{L}$ )	$242.3 \pm 47.2$	$236.6 \pm 76.7$	$227.91 \pm 82.6$	1.000	0.699	1.000

Data are given as mean  $\pm$  SD and were analyzed by ANOVA with multiple comparisons using the Bonferroni correction method.  $p$ , comparison between normal pregnancy and mild preeclampsia;  $p^*$ , comparison between normal pregnancy and severe preeclampsia;  $p^{\dagger}$ , comparison between mild and severe preeclampsia.

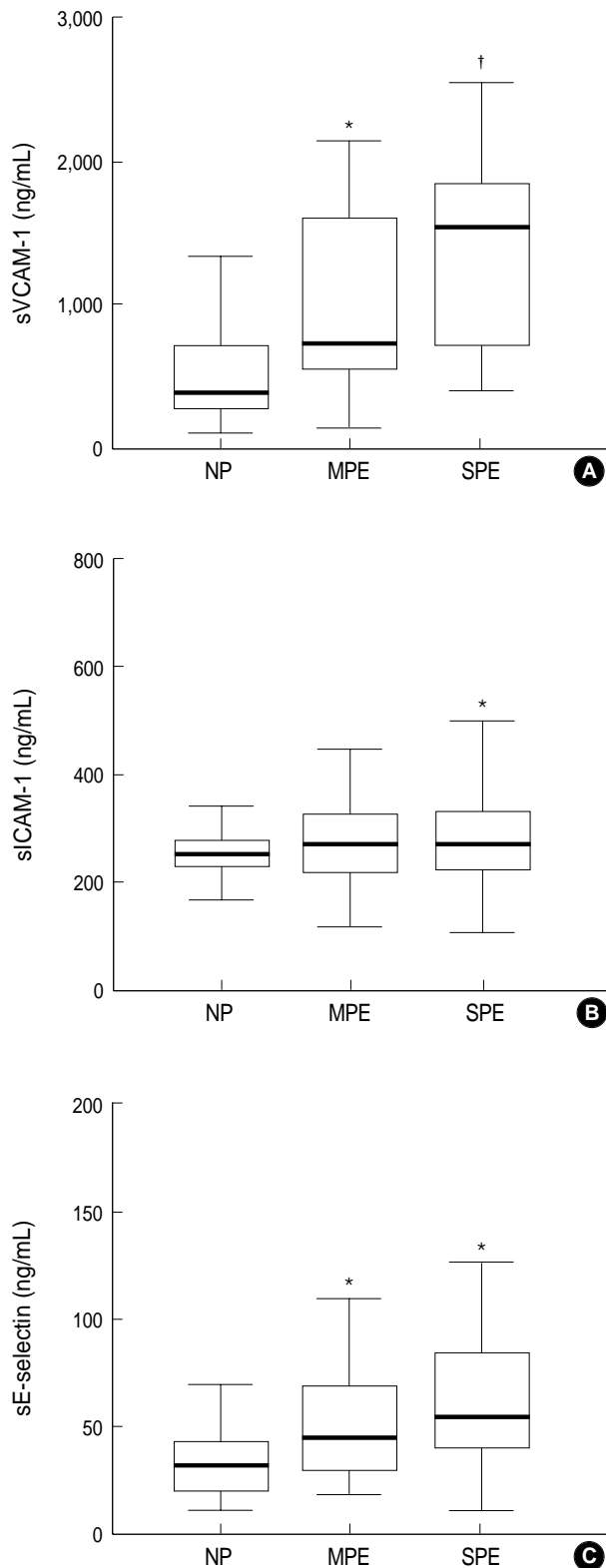


Fig. 1. Concentrations of soluble VCAM-1 (A), ICAM-1 (B), and E-selectin (C) in normal pregnancy (NP), mild preeclampsia (MPE) and severe preeclampsia (SPE). \* $p < 0.05$ , comparison with normal pregnancy; † $p < 0.05$ , comparison with both normal pregnancy and mild preeclampsia.

## DISCUSSION

Preeclampsia is a pregnancy-specific disorder that is clinically characterized by hypertension, proteinuria and edema which remits after delivery. Despite the still unexplained pathogenesis, preeclampsia is thought to be resulted from generalized endothelial dysfunction (15). Recently, increased levels of cell adhesion molecules are believed to be indicators of endothelial dysfunction in preeclampsia (16). The cell adhesion molecules play a role in leukocyte-endothelial interaction and are divided into three groups according to their structure: selectins, integrins and members of the immunoglobulin gene superfamily. The selectins mediate the early steps ("rolling") of leukocyte adhesion to activated endothelial cell, while integrins and the immunoglobulin gene superfamily regulate the subsequent steps (firm adhesion followed by transmigration) (17).

VCAM-1 is a cell adhesion molecule and a member of the immunoglobulin superfamily (18). VCAM-1 has a single chain glycoprotein structure and functions as a transmembrane receptor in vascular endothelial cell membranes. VCAM-1 is present on a number of activated cells, including activated endothelial cells. Increased concentrations of VCAM-1 may reflect increased expression of this molecule on the endothelial surface. The expression of VCAM-1 on cells is regulated, at least in part, by multiple microenvironmental influences, such as changes in cytokine concentrations (19). For example, VCAM-1 expression on endothelial cells is induced by interleukin- $1\beta$ , interleukin-4, tumor necrosis factor- $\alpha$ , and interferon gamma (20). VCAM-1 is important for recruiting leukocytes to sites of inflammation because it mediates the adhesion of lymphocytes, monocytes, and eosinophils to endothelium (20). Our results indicated that circulating sVCAM-1 levels were significantly increased in severe preeclampsia compared with mild preeclampsia or normal pregnancy. Lyall *et al.* (21) were the first to show that sVCAM-1 was elevated in the serum of preeclamptic patients. Krauss *et al.* (9) also found significantly elevated levels of VCAM-1 in the plasma of pregnant women who subsequently developed preeclampsia, 3-15 weeks earlier before the onset of clinical symptoms. In contrast to these reports, Haller *et al.* (22) reported that ICAM-1 expression was increased in serum from preeclamptic patients but VCAM-1 expression was not.

ICAM-1 is a member of the immunoglobulin superfamily that mediates its functional activity through binding to leukocyte  $\beta 2$ -integrins (23). The ICAM-1 molecule is functionally involved in the regulation of adhesion of leukocytes to the endothelium as well as leukocyte migration (24). The molecule expression is also essential for MHC (main histocompatibility complex) and non-MHC restricted cytotoxicity, interactions between T and B lymphocytes, and mitogen and antigen-induced lymphocyte proliferation (25). The shed soluble form (sICAM) is also present in plasma and interferes as a regulatory factor in ICAM-1/ $\beta 2$ -integrin interactions (25). In this study, sICAM-1 levels were elevated in severe preeclampsia.

sia compared with normal pregnancy but no difference between mild preeclampsia and normal pregnancy. There were no statistical differences in the levels of sICAM-1 between mild and severe preeclampsia. Austgulen et al. (8) reported significantly elevated ICAM serum levels in women with preeclampsia. Djurovic et al. (23) also described that concentrations of ICAM-1 were slightly increased in preeclampsia. Contrary to these reports, Phocas et al. (26) could not detect an increased ICAM-1 serum level in preeclampsia.

E-selectin is a member of the selectin family that is cytokine inducible and largely restricted to endothelial cells. It mediates the adhesion of various leukocytes, including neutrophils, monocytes, eosinophils, natural killer cells, and a subset of T cells, to activated endothelium (27). The expression of E-selectin is induced in human endothelium in response to cytokines such as interleukin-1 and tumor necrosis factor- $\alpha$  through transcriptional upregulation (28). We found that serum concentrations of sE-selectin were significantly higher in both mild and severe preeclampsia than normal pregnancy. There were no statistical differences in the levels of sE-selectin between mild and severe preeclampsia. Bersinger et al. (29) suggested that the level of E-selectin in the serum of preeclamptic women was within normal pregnancy ranges, whereas Bretelle et al. (30) reported that sE-selectin was significantly increased in preeclampsia compared with the normal controls.

In summary, we have determined the serum concentrations of soluble adhesion molecule VCAM-1, ICAM-1 and E-selectin in normal pregnancy and preeclampsia. All three adhesion molecules are elevated in severe preeclampsia compared with normal pregnancy, and sVCAM-1 among them may be useful in predicting the severity of preeclampsia. The clinical validity of the monitoring levels of these molecules needs to be established in further studies.

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