# Tumour-associated trypsin inhibitor (TATI): comparison with CA125 as a preoperative prognostic indicator in advanced ovarian cancer

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Summary We have evaluated the prognostic value of tumour-associated trypsin inhibitor (TATI) in stage III or IV ovarian cancer. Tumour-associated trypsin inhibitor (TATI) and CA 125 were determined in serum samples from 66 patients taken before primary surgery. TATI was elevated (> 22  $\mu$ g l<sup>-1</sup>) in 27 patients (41%). These had a 5 year cumulative survival of 8%, whereas survival was 45% in 39 patients with normal preoperative TATI values. By contrast, the preoperative CA 125 level did not predict survival. In multivariate analysis which included age, stage, histological grade and preoperative TATI and CA 125 levels, patients with elevated preoperative TATI levels had a 2.3-fold relative risk of death (95% confidence interval 1.23-4.20; P = 0.002) compared with patients with normal preoperative levels. This result was comparable with the predictive value of primary residual tumour size, since patients with residual tumour larger than 2 cm in diameter had a 5.2-fold relative risk of death (95% confidence interval 2.55-10.68) compared with patients with a smaller or no residual tumour. Thus, preoperative determination of serum TATI may have a place in the pretreatment evaluation of patients with advanced ovarian cancer.

There is a great need for biochemical markers which could reliably reveal the aggressiveness of ovarian tumours before therapy. Such markers could aid clinicians in identifying patients in whom it would be wise to abstain from extensive cytoreductive surgery. CA 125 in serum is a sensitive marker for diagnosis and follow-up of ovarian cancer (Bast et al., 1983), but the preoperative CA 125 level does not predict prognosis (Makar et al., 1992). However, rapid normalisation of the CA 125 level after surgery correlates with a good prognosis (Rosen et al., 1990). Patients with elevated serum CA 125 values 3 months after surgery have a 3.1-fold risk of dying of ovarian cancer compared with patients with normal values (Sevelda et al., 1989). However, this information is available only after therapy.

Another potentially useful marker for ovarian cancer, tumour-associated trypsin inhibitor (TATI) (Stenman et al., 1982), is most specific for mucinous tumours, being elevated preoperatively in approximately half of the patients already in stage I disease (Halila et al., 1988; Mogensen et al., 1990). However, TATI is also elevated at advanced stages of other types of ovarian cancer (Huhtala et al., 1983; Halila et al., 1988; Mogensen et al., 1990). Thus, TATI could be a complement to CA 125 as a marker for the aggressiveness of ovarian cancer. We have therefore studied the predictive value of CA 125 and TATI in serum before surgery in patients with stage III or IV ovarian cancer. We also studied the values 3 months post-operatively.

## Materials and methods

Sixty-six patients 15–86 (median 58) years of age with advanced (stage III or IV) ovarian cancer and with elevated preoperative CA 125 levels were studied with approval of the local ethical committee. Only two patients had a mucinous cancer (Table I). After surgery 61 patients received a mean of eight courses (range 1–20) of chemotherapy with a combination of cisplatin (50 mg m<sup>-2</sup>), doxorubicin (40 mg m<sup>-2</sup>) and cyclophosphamide (500 mg m<sup>-2</sup>). One patient received chemotherapy with a combination of doxorubicin and cyclophosphamide. Four patients did not receive any chemotherapy. Surgery and follow-up ranging from 33 to 69 months (median 52) were performed in the same hospital.

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CA 125 and TATI were analysed in serum samples obtained within 1 week before surgery in all patients and 3 months after surgery (i.e. after three courses of chemotherapy) in a subgroup of 25 patients. The CA 125 assay was performed by an immunoradiometric assay according to the manufacturer's instructions (Abbot Diagnostics). On the basis of earlier reports (Bast *et al.*, 1983; Halila *et al.*, 1986) values greater than 35 U ml<sup>-1</sup> were considered elevated. TATI was measured by radioimmunoassay using reagents from Orion Diagnostica as previously described, and levels exceeding  $22 \,\mu g \, l^{-1}$  were considered elevated (Stenman *et al.*, 1982).

Statistical analysis was performed using BMDP programs (Dixon, 1981). Survival curves were calculated with the BMDP1L program and survival analysis with covariates (Cox model) with the BMDP2L program. The Mantel-Cox test was used for calculating statistical significance of survival differences.

### Results

Preoperatively, serum CA 125 levels ranged from 47 U ml<sup>-1</sup> to 188,000 U ml<sup>-1</sup> (mean 4,542 U ml<sup>-1</sup>). Twenty-seven (41%) women had elevated preoperative TATI levels ranging from 22.4  $\mu$ g l<sup>-1</sup> to 389  $\mu$ g l<sup>-1</sup> (mean 87.3  $\mu$ g l<sup>-1</sup>) and in 39 the levels were normal ranging from 5 to 22  $\mu$ g l<sup>-1</sup> (mean 12.5  $\mu$ g l<sup>-1</sup>). The frequency of elevated TATI levels in relation to stage, histological type and grade, and size of residual tumour is shown in Table I.

The magnitude of the preoperative CA 125 elevation did not predict survival: high levels were actually associated with a lower risk, but the difference was not significant (Table II). In contrast, patients with high preoperative TATI levels had significantly worse cumulative 5 year survival than did patients with normal preoperative TATI levels (P = 0.002) (Figure 1). In multivariate analysis comprising age, stage, histological grade, primary residual tumour size and preoperative TATI and CA 125 levels the patients with elevated preoperative TATI levels had a 2.3-fold relative risk of death (95% confidence interval 1.23-4.20; P = 0.002) compared to those with normal levels (Table II).

In a subgroup of 25 women the CA 125 and TATI levels were determined 3 months after primary surgery. Three months after operation and three courses of chemotherapy 11 patients had an elevated value of either marker. Six had elevated CA 125 levels (mean 400 U ml<sup>-1</sup>, range 38-1,685 U ml<sup>-1</sup>), and six (three with initial high TATI) had high TATI levels ranging from 25 to 70 µg l<sup>-1</sup> (mean

Table I	Clinical	and 1	histopa	thological	chara	acteristics	of	the	66	patients	with
advanc	ed ovari	an can	cer in	relation 1	o the	preopera	tive	seru	ım	TATI le	vels

	Pı	reoperative T.	ATI level
		Normal	Elevated
	n	n (%)	n (%)
Stage			
III	58	34 (59)	24 (41)
IV	8	5 (63)	3 (38)
Histological type			
Serous	38	26 (68)	12 (32)
Mucinous	2	1 (50)	1 (50)
Endometrioid	1	0 (0)	1 (100)
Clear cell	4	2 (50)	2 (50)
Undifferentiated	17	7 (41)	10 (59)
Stromal cell	4	3 (75)	1 (25)
Histological grade			
1	9	6 (67)	3 (33)
2	14	8 (57)	6 (43)
3	38	21 (55)	17 (45)
Not defined	5	4 (80)	1 (20)
Size of residual tumour at primary operation			
No macroscopic tumour	15	10 (67)	5 (33)
<2 cm	16	11 (69)	5 (31)
> 2 cm	35	18 (51)	17 (49)
Total	66	39 (59)	27 (41)

Table II Multivariate analysis of 66 patients with advanced ovarian cancer: relative risk of death according to age, stage, histological grade, primary residual tumour size, and preoperative level of tumour-associated trypsin inhibitor (TATI) and CA 125

	RR	(95% CI)	P-value
		(7570 C1)	1 - varue
Age (years)			
≤ 50	1		
>51	0.62	(0.24-1.58)	0.356
Stage			
IĪI	1		
IV	1.25	(0.54-2.89)	0.158
Histological grade			
1-2	1		
3	1.53	(0.69 - 3.41)	0.016
Primary residual tumour size			
< 2 cm	1		
≥2 cm	5.22	(2.55-10.68)	< 0.001
Preoperative TATI			
€22 μg l⁻¹ (normal)	1		
$> 22 \mu g  l^{-1}$ (elevated)	2.27	(1.23-4.20)	0.002
CA 125			
<200 U ml <sup>-1</sup>	1		
$\geq 200-1,000 \text{ U ml}^{-1}$	0.77	(0.27-2.18)	
≥ 1.000 U ml <sup>-1</sup>	0.63	(0.36-1.09)	0.448
> 1,000 O IIII	0.05	(0.50 1.07)	0.770

100 - TATI < 22 (n = 39) 80 TATI > 22 (n = 27)P = 0.001260 Survival (%) 40 20 0 **7**2 36 60 48 12 24 Months

Figure 1 Cumulative survival curves (based on Mantel-Cox analysis) of 66 patients with advanced ovarian cancer in relation to preoperative TATI levels.

 $47 \mu g \, l^{-1}$ ). Patients with normal CA 125 and TATI levels 3 months after surgery (n=14) had a cumulative 5 year survival of 52% as compared with 9% in the patients with elevated CA 125 or TATI levels 3 months post-operatively. All patients with 3 months' TATI elevation died within 36 months after surgery, and they had a 6.1-fold (95% CI 2.0-19.0) relative risk of death. Those with TATI and/or CA 125 elevation had a 2.5-fold (95% CI 1.5-4.2) risk of death, and those with only CA 125 elevated had a 2.8-fold risk of death (95% CI 0.9-8.3) compared with patients with normal marker levels.

### Discussion

The majority of patients with ovarian cancer are diagnosed at stage III and IV when the disease often cannot be controlled by surgery or cytotoxic regimens, thus the 5 year survival is only 23% in stage III and 8% in stage IV patients (Pettersson, 1991). In these patients a reliable biochemical marker predicting the outcome prior to primary surgery would be valuable for making treatment decisions. In concert with earlier studies (van der Burg et al., 1988; Sevelda et al., 1989; Mogensen, 1992) we found that the preoperative level of CA 125 did not predict outcome. By contrast, an elevated preoperative TATI level was strongly correlated with a poor prognosis.

The mechanism causing elevation of TATI in non-mucinous ovarian cancer is not clear, but it has been postulated that a reaction against tumour invasion may trigger the expression of TATI (Stenman et al., 1991). The target protease of TATI is tumour-associated trypsin (Koivunen et al., 1989), which can participate in the protease cascade associated with invasive tumours (Koivunen et al., 1991). TATI and tumour-

associated trypsin are usually expressed simultaneously. Thus a high preoperative TATI level may reflect the proteolytic activity and invasiveness of the tumour (Stenman *et al.*, 1991). This would explain the correlation between elevated TATI levels and a poor prognosis.

Earlier studies have shown that the CA 125 level 3 months after surgery correlates strongly with survival (Lavin et al., 1987; Sevelda et al., 1989; Mogensen, 1992). Our study suggests that in patients with advanced disease the TATI level before therapy has a predictive value similar to that of CA 125 3 months after therapy. In addition, all patients with high TATI levels 3 months post-operatively died within 36

months. The prognosis was best if both CA 125 and TATI were normal 3 months post-operatively.

Our results suggest that determination of TATI before therapy and the combined determination of TATI and CA 125 3 months after surgery can be used as an aid for making treatment decisions in patients with advanced ovarian cancer.

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