# Comparison of LAMP, GeneXpert, Mycobacterial Culture, Smear Microscopy, TSPOT.TB, TBAg/PHA Ratio for Diagnosis of Pulmonary Tuberculosis

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[Abstract] Objective: To investigate the application value of loop-mediated isothermal amplification (LAMP), GeneXpert, mycobacterial culture, smear microscopy, TSPOT.TB (TSPOT), ratio of TB-specific antigen to phytohemagglutinin (TBAg/PHA ratio) in the detection of mycobacterium tuberculosis in the bronchoalveolar lavage fluid. Methods: A retrospective analysis was performed on the patients who underwent bronchoscopy from December 2018 to November 2019 in Tongji Hospital. The patients with positive tuberculosis culture or positive GeneXpert in bronchoalveolar lavage fluid were selected as the case group, and those without tuberculosis served as the control group. The receiver operating characteristic (ROC) curve was used to evaluate the diagnostic value of LAMP, GeneXpert, culture, smear microscopy, TSPOT, and TBAg/PHA ratio. Results: For the patients with positive cultures as case, the sensitivity of LAMP, GeneXpert, smear microscopy, TSPOT and TBAg/PHA ratio was 73.49%, 89.16%, 25.30%, 80.00%, 33.85%, respectively, the specificity was 99.00%, 100.00%, 99.00%, 86.00%, 100.00%, respectively, the area under the ROC curve (AUC) was 0.849, 0.938, 0.633, 0.830, 0.669, respectively. For the patients with positive GeneXpert as case, the sensitivity of LAMP, mycobacterial culture, smear microscopy, TSPOT and TBAg/PHA ratio was 73.20%, 74.23%, 22.68%, 68.92%, 29.73%, respectively, the specificity was 99.00%, 100.00%, 99.00%, 86.00%, 100.00%, respectively, the AUC was 0.853, 0.878, 0.623, 0.775, 0.649, respectively. Conclusion: The sensitivity of GeneXpert was best. The sensitivity and diagnostic value of LAMP were slightly lower than those of GeneXpert, and were similar to tuberculosis culture. The sensitivity of smear microscopy was low. The specificity of TSPOT was low. When TBAg/PHA ratio >0.2 was used as a diagnostic index, the specificity was improved, but the sensitivity was low.

Key words: pulmonary tuberculosis; bronchoalveolar lavage fluid; loop-mediated isothermal amplification; GeneXpert; TSPOT

Tuberculosis is a chronic infectious disease caused by mycobacterium tuberculosis, which is a major threat to world public health. According to the report of WHO, tuberculosis is one of the ten leading causes of death. Before the outbreak of COVID-19, it had surpassed HIV/AIDS as the leading cause of death from a single infectious disease<sup>[1]</sup>. About a quarter of the world's population has been infected with mycobacterium tuberculosis, with a lifetime risk of 10%–15% of developing tuberculosis. China has the second highest burden of tuberculosis, accounting for about 9% of the world's annual cases<sup>[2]</sup>. For a long time, the diagnosis of tuberculosis has been dependent on traditional smear microscopy and culture techniques. The sensitivity of smear microscopy is poor. And it cannot exclude other mycobacteria. The time for culture is too long, which cannot meet the need for early diagnosis.

Rapid and accurate diagnosis is pivotal for the treatment of tuberculosis and the control of tuberculosis transmission<sup>[3]</sup>. In recent years, many researches have been devoted to the development of molecular diagnostic techniques for tuberculosis. The nucleic acid amplification technology (NAAT), a most common kind of molecular diagnostic technology has developed rapidly. GeneXpert is a NAAT method recommended by WHO for tuberculosis diagnosis and rifampicin resistance screening. A half-set of realtime quantitative polymerase chain reaction (PCR)

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amplification technology is used in GeneXpert to automatically extract deoxyribonucleic acid (DNA) and amplify rpoB genes<sup>[4]</sup>. More than 95% of rifampicin resistant strains had rpoB gene variation, so that drugresistant strains could be identified simultaneously<sup>[4]</sup>. However, GeneXpert requires sophisticated laboratory facilities and severe environmental conditions. Hence it is difficult to develop in the underdeveloped areas in China. Another mycobacterium tuberculosis NAAT technology is called tuberculosis loop-mediated isothermal amplification (LAMP) which is invented by Notomi in 2000<sup>[5]</sup>. LAMP is a fast, simple and effective method for DNA amplification. It can accurately amplify several strands of DNA several times in an hour<sup>[6]</sup>. The current tuberculosis LAMP application is based on the amplification of target gene gyrB and IS6110 of mycobacterium tuberculosis complex<sup>[7]</sup>. LAMP is convenience, economy and energy saving. Thus, it can be widely used, especially in countries or regions with lagging resources<sup>[8]</sup>. However, there are few diagnostic researches on LAMP in China.

In recent years, many other new tuberculosis related technologies have also been invented, such as the cellular immune-based mycobacterium tuberculosis interferon release assay (IGRA), of which the most widely used is the TSPOT.TB(TSPOT) test. TSPOT can distinguish mycobacterial infection from BCG vaccination, but cannot distinguish active tuberculosis from latent tuberculosis<sup>[9]</sup>. In order to distinguish active tuberculosis from latent infection, ratio of TB-specific antigen to phytohemagglutinin (TBAg/PHA ratio) was developed based on TSPOT, with high specificity and poor sensitivity<sup>[10–11]</sup>.

Our retrospective study focused on the clinical application of LAMP, GeneXpert, TSPOT, TBAg/PHA ratio, smear microscopy and culture, and compared their sensitivity, specificity and diagnostic efficacy.

#### **1 MATERIALS AND METHODS**

#### 1.1 Study Subjects

Patients admitted to the Department of Respiratory and Critical Care Medicine of Tongji Hospital from December 2018 to November 2019 for bronchoscopy examination with final diagnosis of pulmonary tuberculosis were selected as the case group. Inclusion criteria included: (1) pulmonary lesions; (2) The patients performed bronchoalveolar lavage fluid LAMP, GeneXpert, smear microscopy, mycobacterial culture and blood TSPOT; (3) Mycobacterium tuberculosis culture and/or GeneXpert in bronchoalveolar lavage fluid were positive. In addition, non-tuberculosis patients were selected as the control group. The inclusion criteria included: (1) pulmonary lesions; (2) The patients performed bronchoalveolar lavage fluid LAMP, GeneXpert, smear microscopy, mycobacterial culture and blood TSPOT; (3) Tuberculosis was excluded clinically. The diagnostic criteria for tuberculosis refer to WS 288-2017 Tuberculosis Diagnosis published in 2017<sup>[12]</sup>.

### **1.2 Evaluation Index**

The results of LAMP, GeneXpert, smear microscopy, mycobacterial culture, T-SPOT and TBAg/PHA ratio in two groups were compared, and their diagnostic value for pulmonary tuberculosis was evaluated. The evaluation indexes include sensitivity, specificity, positive predictive value, negative predictive value and accuracy. The area under the receiver operating characteristic (ROC) curve (AUC) >0.5 and <0.7 indicates low diagnostic value, and  $\geq$ 0.9 indicates moderate diagnostic value, and  $\geq$ 0.9 indicates high diagnostic value.

# **1.3 Statistical Methods**

GraphPad Prism 7 and SPSS 23.0 software were used for data analysis. Measurement data were represented by mean±standard deviation (SD); data in line with normal distribution were analyzed by oneway ANOVA or *T*-test; otherwise, Mann-Whitney *U* test was used for analysis, and counting data were analyzed by Chi-square test. The AUC was used to evaluate the diagnostic value. P<0.05 was considered statistically significant.

#### **2 RESULTS**

# 2.1 Diagnostic Value of LAMP, GeneXpert, Smear Microscopy, TSPOT and TBAg/PHA Ratio in Pulmonary Tuberculosis Patients with Positive Mycobacterium Tuberculosis Culture as Reference Standard

There were 83 cases of positive culture, and the median time of mycobacterium culture was 21 (14.5–33.5) days. There were 100 non-tuberculous patients. There were no significant differences in age and gender between the two groups (table 1). LAMP, GeneXpert, smear microscopy, TSPOT, TBAg/PHA ratio showed the sensitivity of 73.49%, 89.16%, 25.30%, 80.00%, 33.85%, respectively, and the specificity of 99.00%, 100.00%, 99.00%, 86.00%, 100.00%, respectively (table 2). The AUC of LAMP, GeneXpert, smear microscopy, TSPOT and TBAg/PHA ratio was 0.849, 0.938, 0.633, 0.830 and 0.669, respectively (table 3, fig. 1).

Table 1 Clinical information o	of the	subjects
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Information	Positive culture	Non- tuberculous	Statistics	P value
	patients	patients		
n	83	100		
Age (years)	$48.6 \pm 18.1$	$52.1 \pm 14.0$	3858	0.414
Sex			0.094	0.759
Male	50	58		
Female	33	42		

Table 2 Diagnostic entracy of LAMIP, Genexpert, smear incroscopy, 15PO1, and 16Ag/PHA ratio (%)					
Methods	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	Accuracy (%)
LAMP	73.49	99.00	98.39	81.82	87.43
GeneXpert	89.16	100.00	100.00	91.74	95.08
Smear microscopy	25.30	99.00	95.45	61.49	65.57
TSPOT	80.00	86.00	78.79	86.87	83.64
TBAg/PHA ratio	33.85	100.00	100.00	69.93	73.94

Table 2 Diagnostic efficacy of LAMP, GeneXpert, smear microscopy, TSPOT, and TBAg/PHA ratio (%)

PPV: positive predictive value; NPV: negative predictive value

Table 3 The AUC of LAMP.	GeneXpert, smear microscop	oy, TSPOT, and TBAg/PHA ratio

Methods AUC		G( 1 1	σ	95% confidence interval	
	Standard error	P	Lower limit	Upper limit	
LAMP	0.849	0.036	< 0.001	0.779	0.919
GeneXpert	0.938	0.024	< 0.001	0.891	0.986
Smear microscopy	0.633	0.046	0.004	0.543	0.724
TSPOT	0.830	0.035	< 0.001	0.761	0.899
TBAg/PHA ratio	0.669	0.046	< 0.001	0.580	0.759

AUC: area under the curve

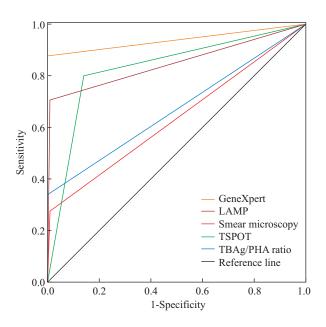


Fig. 1 The AUC of tuberculosis diagnosis by different methods The positive mycobacterium tuberculosis culture patients were regarded as the case group.

# 2.2 Diagnostic Value of LAMP, Tuberculosis Culture, Smear Microscopy, TSPOT and TBAg/ PHA Ratio in Pulmonary Tuberculosis Patients with Positive GeneXpert as Reference Standard

There were 97 GeneXpert-positive pulmonary tuberculosis patients, including 3 cases of drugresistant tuberculosis, accounting for 3.09%. There were 100 non-tuberculosis patients. There were no significant differences in age and gender between the two groups (table 4). The diagnostic sensitivity of LAMP, culture, smear microscopy, TSPOT, TBAg/PHA ratio was 73.20%, 74.23%, 22.68%, 68.92%, 29.73%, respectively (table 4), and the specificity was 99.00%, 100.00%, 99.00%, 86.00%, 100.00%, respectively (table 5). The diagnostic AUC of LAMP, culture, smear microscopy, TSPOT, and TBAg/PHA ratio was 0.853, 0.878, 0.623, 0.775, and 0.649, respectively (table 6, fig. 2).

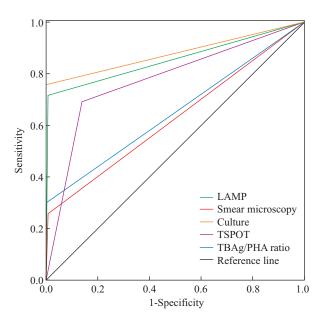


Fig. 2 The AUC of tuberculosis diagnosis by different methods The positive GeneXpert patients were regarded as the case group.

Information	Positive GeneXpert patients	Non- tuberculous patients	Statistics	P value
n	97	100		
Age (years)	50.2±16.6	52.1±14.0	4746	0.796
Sex			0.012	0.914
Male	57	58		
Female	40	42		

Table 5 Diagnostic efficacy of LAMP, culture, smear microscopy, 18PO1, and 1BAg/PHA ratio (%)					
Methods	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	Accuracy (%)
LAMP	73.20	99.00	98.61	79.20	86.29
Culture	74.23	100.00	100.00	80.00	87.31
Smear microscopy	22.68	99.00	95.65	56.90	61.42
TSPOT	68.92	86.00	78.46	78.90	78.74
TBAg/PHA ratio	29.73	100.00	100.00	65.79	70.11
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Table 5 Diagnostic efficacy of LAMP, culture, smear microscopy, TSPOT, and TBAg/PHA ratio (%)

PPV: positive predictive value; NPV: negative predictive value

Table 6 The AUC of LAMP, culture, smear mici	roscopy, TSPOT, and TBAg/PHA ratio
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Methods AUC	Standard error	Р	95% confidence interval	
			Lower limit	Upper limit
0.853	0.033	< 0.001	0.788	0.918
0.878	0.031	< 0.001	0.818	0.939
0.623	0.044	0.005	0.537	0.710
0.775	0.038	< 0.001	0.700	0.849
0.649	0.044	0.001	0.563	0.735
	0.853 0.878 0.623 0.775	0.853 0.033   0.878 0.031   0.623 0.044   0.775 0.038	0.853 0.033 <0.001   0.878 0.031 <0.001	AUC Standard error P Lower limit   0.853 0.033 <0.001

AUC: area under the curve

#### **3 DISCUSSION**

Pulmonary lesion size, sputum volume, specimen retention method, immunity state, drug use, and the characteristics of mycobacterium tuberculosis may all affect the clinical diagnosis of pulmonary tuberculosis. Hence the negative rate of sputum is relatively high<sup>[13]</sup>. Fiberoptic bronchoscopy lavage can be performed directly in the site of bronchial lesions to obtain a relatively high concentration of mycobacterium tuberculosis. It can reduce specimen contamination, improve the detection rate, and is applicable to the detection of patients without expectoration<sup>[14]</sup>. There are various tuberculosis-related tests for bronchoscopy lavage fluid as we discussed before. Different tests have different advantages and disadvantages. It is important to choose an economical and effective method, especially in resource-poor areas.

Smear microscopy and mycobacterium culture are the traditional methods. The smear microscopy is simple and quick, but its sensitivity and repeatability are poor. Smear quality, staining time and microscopic examination experience all affect the positive rate, and tuberculosis bacilli are difficult to be detected if the patient is not in the bacteria elimination stage<sup>[15]</sup>. In addition, acid-fast staining positive specimen may also be non-mycobacterium tuberculosis and mycobacterium leprae<sup>[15]</sup>. In this study, the specificity of the smear microscopy of bronchoscopy lavage fluid was high in the positive culture group the same as that of the positive GeneXpert group, but the sensitivity was very low, only 20%–30%, which was similar to the previous research<sup>[16]</sup>. Mycobacterium tuberculosis culture is the gold standard in the diagnosis of tuberculosis at present. A study showed that in the sputum smearnegative suspected tuberculosis patients, the sensitivity

of bronchoalveolar lavage mycobacterium tuberculosis culture was 57.1%<sup>[17]</sup>. Our study showed that the sensitivity of bronchoalveolar lavage mycobacterium tuberculosis culture was 74.23% in GeneXpert-positive patients. The biggest drawback of tuberculosis culture is the long culture cycle, which can't meet the needs of clinical diagnosis. The median time for mycobacterium tuberculosis culture in our study was 21 days.

The development of nucleic acid amplification technology has opened up a new area for tuberculosis diagnosis. In recent years, the World Health Organization has recommended molecular diagnostic methods such as GeneXpert to promote the diagnosis of tuberculosis and drug-resistant tuberculosis<sup>[18]</sup>. A result of a multicenter study using mycobacterium tuberculosis culture as the diagnostic criteria suggested that the sensitivity and specificity of GeneXpert were 92.2% and 99.2% respectively<sup>[19]</sup>. Another study on the diagnostic efficacy in some countries and regions has shown that GeneXpert, as a preliminary screening method for suspected mycobacterium tuberculosis infection, had a total sensitivity of 88% and specificity of 98%<sup>[20]</sup>. Studies have suggested that the sensitivity and specificity of GeneXpert may be decreased in smearnegative patients and HIV patients<sup>[21]</sup>. The sensitivity of GeneXpert in smear-negative patients was about 68%, but the specificity was more than 97%<sup>[21]</sup>. In different studies, the sensitivity of GeneXpert in the detection of mycobacterium tuberculosis in bronchoalveolar lavage fluid is different, which varies from 81% to 97%. In addition, GeneXpert can be used to confirm culturenegative tuberculosis<sup>[22, 23]</sup>. In our study, the sensitivity of GeneXpert was 89.16% when positive tuberculosis culture was taken as the standard, which was consistent to the results of previous studies.

Studies about LAMP in developing countries

showed that its sensitivity in sputum smear-positive tuberculosis patients was 97.7%, and that was 48.8% in smear-negative tuberculosis patients, and the specificity was 99.0%<sup>[24]</sup>. Another study suggested that the overall sensitivity and specificity of LAMP for tuberculosis diagnosis were 99% and 94% respectively<sup>[25]</sup>. A recent meta-analysis showed that its detection sensitivity and specificity of sputum specimens were similar to those of GeneXpert<sup>[26]</sup>. However, there are few studies about the LAMP method in bronchoalveolar lavage fluid to detect mycobacterium tuberculosis. A research in China comparing LAMP with tuberculosis culture included a total of 51 clinically diagnosed pulmonary tuberculosis patients, and found that the positive rate of LAMP method in the bronchoalveolar lavage fluid of pulmonary tuberculosis patients was 54.9%, significantly higher than 5.9% for acid-fast smear and 35.3% for mycobacterial culture<sup>[27]</sup>. In our study, the sensitivity and specificity of LAMP in the detection of mycobacterium tuberculosis in bronchoalveolar lavage fluid were 73% and 99% respectively. Its diagnostic value was also similar to that of tuberculosis culture method, slightly lower than that of GeneXpert. LAMP has low requirements for equipment and environment. Besides, it showed high stability, even those technicians who have no experience in molecular biology experiments can operate it skillfully. It is fast, simple, economical and efficient.

TSPOT is a test for tuberculosis using the peripheral blood. A previous study shows that, with the healthy subjects as a comparison, the sensitivity and specificity for the diagnosis of active tuberculosis were 91.0% and 75.2% respectively<sup>[11]</sup>. The application of TBAg/PHA ratio is aimed at distinguishing active tuberculosis and latent infections. A previous study showed the AUC to active tuberculosis diagnosis for TBAg/PHA ratio was 0.881, which is significantly greater than that for TSPOT<sup>[11]</sup>. In our study, when the threshold value of TBAg/PHA ratio was set as 0.2 in reference to the above researches, its specificity was 100%, but its sensitivity was only about 30%, which also meant its diagnostic value was low.

In conclusion, our study found that the sensitivity and diagnostic value of smear microscopy were poor. The traditional tuberculosis culture takes a long time. GeneXpert has the best sensitivity, diagnostic value, and can complete drug resistance tests simultaneously. But it's expensive and requires advanced laboratory equipment and is not yet widely available. LAMP is economical and fast, and its sensitivity and specificity are slightly lower than those of GeneXpert, which is similar to those of mycobacterial culture. LAMP is worth promoting, especially in settings where GeneXpert is not available and where drug-resistance is not of concern. The sensitivity of blood TSPOT in the positive culture tuberculosis patients was higher than that of positive GeneXpert tuberculosis patients. In general, the specificity of blood TSPOT was low. When TBAg/PHA ratio >0.2 was used as a diagnostic index, the specificity was improved, but the sensitivity was low. The combination of all approaches can help to improve the detection of tuberculosis, but it also increases the costs. In clinical practice, detection techniques can be selected or utilized comprehensively according to their advantages and the local medical conditions.

#### **Conflict of Interest Statement**

All authors declare no conflict of interest.

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