

# Molecular detection and point-of-care testing in Ebola virus disease and other threats: a new global public health framework to stop outbreaks

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University of California, Davis, USA \*Author for correspondence: gjkost@ucdavis.edu Ultrahigh sensitivity and specificity assays that detect Ebola virus disease or other highly contagious and deadly diseases quickly and successfully upstream in Spatial Care Paths<sup>™</sup> can stop outbreaks from escalating into devastating epidemics ravaging communities locally and countries globally. Even had the WHO and CDC responded more quickly and not misjudged the dissemination of Ebola in West Africa and other world regions, mobile rapid diagnostics were, and still are, not readily available for immediate and definitive diagnosis, a stunning strategic flaw that needs correcting worldwide. This article strategizes point-of-care testing for diagnosis, triage, monitoring, recovery and stopping outbreaks in the USA and other countries; reviews Ebola molecular diagnostics, summarizes USA FDA emergency use authorizations and documents why they should not be stop-gaps; and reduces community risk from internal and external infectious disease threats by enabling public health at points of need.

**Keywords:** Ebola diagnostic center • Ebola • emergency use authorization • facilitated-access self-testing • point-ofcare • public health resilience • ultrahigh sensitivity • ultrahigh specificity

## Building on a foundation

This special report builds on and expands the knowledge base comprising: established principles of needs assessment (Box 1) [1] that can be used to create a logic web for future planning [2]; use of the critical path method to assess the validity of specifications for diagnostics, such as those published recently for Ebola virus disease ('Ebola') by the WHO (TABLE 1) [3,4]; the theory of the Spatial Care Path  $^{\rm TM}$  (SCP), described recently by Kost et al. [5,6]; the pivotal advantages of point-of-care testing (POCT) for diagnosis, triage, monitoring, recovery, derisking and stopping outbreaks; and a real sense of urgency, as more highly infectious disease outbreaks emerge to threaten the world.

## Mapping the future

We extrapolate from stop-gap emergency use authorizations (EUAs) for Ebola and middle east respiratory syndrome Coronavirus (MERS-CoV) detection issued by the FDA in the USA onward to future sustainable POC molecular diagnostics that could be used for facilitatedaccess self-testing point of care ('FAST POC<sup>TM</sup>), a new solution for enhancing resilience [6]. This community-based strategy fills gaps needed in order for local population clusters of people to respond to both external and internal threats from old, new and often unpredictable, infectious diseases (Box 2).

## Reflecting on the past

One of the greatest victories in global health, between 1796 and 1979, smallpox was

# Box 1. Needs assessment principles for developing point-of-care diagnostics.

- Develop a logic model for systematic pursuit of project goals and timeline efficiency.
- Clearly identify the goals, objectives and terms of a needs assessment survey after assessing results already published from previous surveys.
- After designing the survey (e.g., observation, intervention, epidemiological or other), secure ethics approval at the appropriate administrative level and/or locale.
- Draw respondents randomly from geographically dispersed sites, or from well-defined experts, professionals, laypersons and focus groups.
- Avoid surveying special interest groups, which later courts of law or other legal bodies may deem hearsay not representative of randomly sampled larger populations, and therefore, invalid.
- Perform surveys of adequate breadth, depth and sample size to yield significant comparisons of predefined variables in a comprehensive balance of closed- and open-ended questions.
- Achieve an adequate response rate through use of facile media (e.g., SurveyMonkey), personal interviews, repetitive encouragement, follow-up communications and appropriate incentives.
- Use original methods, such as trade-off questions, statistically validate results and base claims only on comparisons with p values <0.05.
- Consider the broader context of national policies and guidelines, cost–effectiveness and market sustainability while simultaneously targeting outcomes people want, business realities and technical feasibility.
- Integrate small-world network analysis with consideration of disasters, emergencies, outbreaks, and public health resilience.

eradicated through worldwide vaccination, mostly following World War II, because in nature variola infected only humans. With zoonotic diseases, such as Ebola and MERS-CoV, animals provide a reservoir from which the viruses can leap to humans, for the most part defeating attempts at eradication and upscaling perpetual need for surveillance, prevention and importantly, early detection to prevent the spread of outbreaks.

## **Derisking infectious threats**

The Ebola crisis demonstrated the intrinsic value of testing at points of need, such as in diagnostic centers (Figure 1). In order to assure timely patient results during infectious disease crises, diagnostic centers, even mobile transportable ones, can be placed strategically within or near hospitals, next to or inside alternate care facilities [6], or logically situated along SCPs in regional small-world networks of healthcare [7]. Outbreaks should not be underestimated. They wreak havoc on health small-world networks, social networks and national economies.

The World Bank estimates the financial burden of the Ebola epidemic in West Africa to be \$32.6 billion by 2017 [8].

Investment in POCT to stop Ebola and other infectious disease outbreaks can be viewed, therefore, as having high value and a substantial financial rate of return abroad and in the USA as well. Collective action will produce economies of scale and increase value even more. On 18 February 2015, the CDC listed 55 USA Ebola treatment centers (see [9]), but they are unevenly distributed geographically, fixed in location and for some states, simply not there at all. Thus, the nation is not adequately prepared for challenges like Ebola, which masquerades among medical mimics causing febrile illnesses that should be sorted out with a probabilistic differential diagnosis attained in minutes, that is, as quickly as possible to mitigate risk.

#### **Enabling public health**

Striking gaps in preparedness, here and abroad, generate uncertainty, which leads to unpredictability. Suppose, as some suggest, that Ebola becomes more contagious, albeit perhaps less deadly, in a genetic give and take. Common sense dictates that distributing resources will enhance future resilience. Thus, POCT [10,11] has blossomed to become an innovative, ubiquitous and rapidly evolving point-of-need resource for resilience [12-18]. It is transforming not only disaster medicine [2], but also public health practice at points of contact worldwide. An obvious benefit of POCT rests with its utility '24/7'. That is, once in place and used regularly by well-trained operators, POCT simultaneously meets the needs of emergency, urgent and routine care. Now, it should fold in public health.

Key for the future is integrating public health practitioners in the needs fulfillment POCT scheme. Rather than depending on distant reference laboratories, borrowing from national disaster caches [13,18] or using non-dedicated externalities, such as conventional hospital main clinical laboratories, and also faced with extraordinary risk, demands for speed and epidemiological containment, hospitals that admitted Ebola patients or individuals suspected of being infected rapidly implemented broad-spectrum POCT directly within isolation areas [19,20] and containment units [21,22]. It is our overriding goal here to detail strategies for a new POC public health framework, which should be put in place nationwide now to transform and better enable public health practice, while there is still time, rather than later, after the next crisis hits.

#### Design criteria & device specifications

Extensive formal needs assessment surveys have defined specifications, namely high sensitivity, safety and user friendliness, for portable molecular pathogen detection with biohazard containment [1.23–29]. In an urgent call [3], the WHO published acceptance criteria and priority features for Ebola diagnostics in a 'target product profile' (TABLE 1) [4]. These WHO features comprise high clinical sensitivity in the first 10 days of patient presentation (>98% desired, >95% acceptable), extremely high analytical specificity (>99% desired, >99% acceptable) and

Table 1. WHO point-of-car	<u> </u>			
Target population	Patients presenting with fever to health care	senting with fever to health care facilities for assessment.		
Key features	Desired	Acceptable		
Priority				
Target use setting	Decentralized health care facilities with no laboratories infrastructure available	Decentralized health care facilities with minimum laboratory infrastructures available.		
Intended use	In Ebola outbreak setting, distinguish between symptomatic patients with acute Ebola virus infection and non-Ebola virus infection without the need for confirmatory testing	In Ebola outbreak setting, distinguish between symptomatic patients with acute Ebola virus infection and non-Ebola virus infection with the need for confirmatory testing		
Clinical sensitivity <sup>†,‡</sup>	>98%	>95%		
Analytical specificity	>99%	>99%		
Type of analysis	Qualitative or quantitative	Qualitative		
Sample type	Capillary whole blood from finger stick once/if the use of this type of samples has been validated. Other less invasive sample types (e.g., saliva, buccal) once/if their use has also been validated	Whole blood from phlebotomy, in particular if collection is simple and automated to reduce biosafety requirements		
Test procedure				
Number of steps to be performed by operator (use of different reagents/incubation steps)	<3 0 timed steps	<10 1 timed step		
Biosafety <sup>§</sup>	No additional biosafety in addition to PPE <sup>§</sup>	No additional biosafety in addition to $\ensuremath{PPE}\xspace^\$$		
Need for operator to transfer a precise volume of sample	No	Acceptable if adequate disposable blood transfer device is provided		
Time to result	<30 min	<3 h		
Internal control	included	Included		
Sample preparation Need to process sample prior to performing the test	None or fully integrated	None or fully integrated		
Operational characteristics				
Operating conditions	5–50°C 90% RH	5–40°C 90% RH		
Reagent storage (stability)	24 months at 40°C + 90% RH; no cold chain should be required. Should be able to tolerate stress during transport (3 days at 50°C)	12 months at 30°C + 70% RH including 3 months at 40°C, no cold chain should be required. Should be able to tolerate stress during transport (3 days at 50°C)		
In use stability (under tropical conditions)	>1 h for single-use test after opening the pouch	>0.5 h for single-use test after opening the pouch		
Reagents reconstitution Need to prepare the reagents prior utilization	All reagents ready to use	Reconstitution acceptable if very simple to do. All liquids, including water, already in kit		

Detection should occur prior to presenting with fever to health care facilities in order to stop the spread of an outbreak. <sup>†</sup>Clinical sensitivity in first 10 days of presentation. Allow for repeat testing as per WHO guidelines. <sup>‡</sup>Reference test: Lab validated quantitative PCR assay on blood sample (whole blood or plasma) drawn by phlebotomy. <sup>§</sup>Biosafety resources for Ebola [70,71]. The following organizations contributed to the development of this target Product Profile: WHO, MSF, FIND, BMGF, US DoD, US CDC, NIH, and PATH. Editorial comment regarding early detection to stop outbreaks in the target population added by the POCT•CTR. PPE: Personal protective equipment.

Table 1. WHO point-of-care target product profile (cont.).							
Target population	Patients presenting with fever to health care facilities for assessment.						
Key features	Desired	Acceptable					
Operational characteristics	(cont.)						
Training needs Time dedicated to training session for end users	Less than half a day for any level health care worker. Job aid provided.	Less than 2 days for any level of health care worker. Job aid provided.					
Equipment (if needed)	Small and portable, handheld instrument Weight <2 kg	Small, table top device, portable					
Power requirements	None required Optional: 110–220 V AC current DC power with rechargeable battery lasting up to 8 h of testing	110–220 V AC current DC power with rechargeable battery lasting up to 8 h of testing					
Need for maintenance/spare parts	None	1 annual calibration ideally by operator					
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PPE: Personal protective equipment.

minimally invasive and validated sample types (e.g., fingerstick capillary blood, saliva, or buccal) [4].

These specifications present serious challenges for technology designers, because implicit in them is low cost. However, our global field experience has shown that cost–effectiveness is attained by assessing the overall *value* of POC diagnostics, not just the costs, despite the practical challenges and economic realities of enabling appropriate value propositions. Also, the WHO target population [4], "Patients presenting with fever to health care facilities for assessment," misses the point, a serious error. To stop an outbreak, POC detection should be substantially upstream at the first point of contact before sick febrile patients spread the disease to others. The first point of contact is anywhere that POCT can be used. The WHO concept of waiting until the patient presents with fever is too far downstream in the SCP and therefore too late to stop outbreaks.

Additional WHO features include efficient process steps performed by the operator (<3 desired, <10 acceptable with no and 1 timed steps, respectively), no or facilitated transfer of a precise volume of sample, quick analysis (<30 min desired, <3 h acceptable), internal controls, no or automated sample preparation and several delineated operational characteristics, such as robust operating conditions (0–50°C desired, 0–40°C acceptable; both up to 90% relative humidity), durable reagents and minimal training requirements [4].

The WHO temperature specification of 50°C may encounter bubble formation in reagent cassettes and other physical alterations in the sample, but temperature can be controlled in a diagnostic center, although in limited-resource settings, it will be challenging to do so. The WHO format is a small handheld (<2 kg, desired) or tabletop (acceptable) portable instrument with 30–60 min time limits for using opened reagents and ideally, solar, alternate or rechargeable battery power operating up to 8 h [4]. Well-configured, portable, robust and ergonomic POC devices would be ideal for isolation areas, alternate care facilities, mobile venues and the field.

#### Point-of-care testing in isolation areas

TABLE 2 lists POCT selected for the specialized isolation area at Emory University Hospital (2A) [19], used in the biocontainment unit of the University of Nebraska Medical Center (2B) [20] and designed for other Ebola containment centers [21] and suites [22] (2C & 2D). Additional POC test clusters can be selected by the reader from web sources [30] and lists of Clinical Laboratory Improvement Act-waived POC tests, which are the simplest to use [31]. One should be aware of which tests are FDA cleared for use with critically ill patients, an important consideration for Ebola patients, and identify clusters of tests that fulfill needs cost-effectively, ideally, on as few instruments as possible. POC staff [32] and other POC device operators must be trained in the use of personal protective equipment, sample handling procedures and the care of patients with Ebola.

Researchers are innovating novel technologies, such as surface acoustic wave detection [33], a recombinase polymerase amplification panel [34] and multicolored silver nanoparticles [35]. Manufacturers are encouraged to respond to the threat of future outbreaks by producing user-friendly POC cassettes/cartridges/ cuvettes with multiplex test clusters designed specifically for Ebola patients ('Ebola test clusters'). For example, coagulation tests on handheld devices are cleared by the FDA for anticoagulation (warfarin) monitoring, not for diagnosing disseminated intravascular coagulation, one of the most serious complications

# Box 2. The internal threat from highly infectious diseases: demographics, incidents, secrecy & community risks in the USA.

#### Demographics

- Over 200 high containment laboratories operated by government agencies, universities and private companies are scattered throughout the USA and the District of Columbia.
- Experiments underway involve drug-resistant TB, plague, anthrax, botulism, ricin, exotic flu, Severe Acute Respiratory Syndrome, Middle East Respiratory Syndrome and Ebola and Marburg hemorrhagic fever viruses.

#### Incidents

- More than 100 laboratories experimenting with potential bioterror agents have been cited by regulators at the CDC and USDA for serious safety and security failings and are facing sanctions.
- According to limited information released for 2006–13 through the Freedom of Information Act, laboratories notified federal regulators of 1500 incidents, more than 800 workers received medical treatment or evaluation, 15 people contracted laboratory-acquired infections, animals also became infected, 79 laboratories were referred for potential enforcement actions and fines levied against 19 totaled \$2.4 million.
- Additionally, 33 laboratories have been placed on performance improvement plans, 7 are under scrutiny for select agent performance, 5 have been barred from using select agents, 5 had multiple enforcement actions, and 2 were expelled.
- Accidents in the last year have compromised security for Ebola, avian influenza and smallpox at the NIH and CDC collectively; flu viruses are engineered to be more contagious than those found in nature, but so far, no accidental outbreaks have been reported.

#### Secrecy

- Identities, affiliations and locations of laboratories out of compliance are kept secret under a 2002 bioterrorism law, and not even the names of the two laboratories expelled have been revealed to the public.
- There is no publicly available list of high containment laboratories nor their research activities, scope of research or safety records, all largely unknown to state officials charged with protecting public health.

#### **Community risks**

- Oversight is fragmented and self-policing is marginally effective, in view of hundreds of safety accidents at laboratories nationwide.
- Deliberate theft and misuse of deadly pathogens; release of viruses, bacteria, and toxins; accidental and intentional outbreaks; and lack of transparency for residents living near biolabs represent sources of mistrust, frustration and community risk.

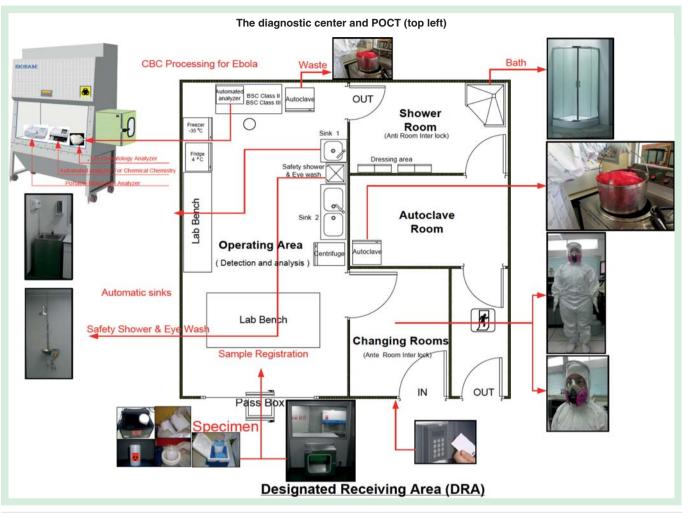
Information from [47].

of Ebola. Clearly, these gaps need to be closed to improve the survival, assuming suitable therapy is available, of Ebola patients, who develop rampant bleeding, septic shock, multiorgan failure and acute hepatic necrosis leading to fatal outcomes.

# Evolving molecular diagnostics & emergency use authorizations

Saijo *et al.* [36] reviewed laboratory diagnostics for Ebola and Marburg hemorrhagic fever in 2006. Now nearly a decade later, the FDA is accelerating the ongoing development, validation and approval of new diagnostic tests for Ebola by issuing EUAs more or less continuously since Fall 2014. TABLE 3 presents the EUAs in chronological order with their respective methods and status of development. Ebola-specific challenges for molecular diagnostics include: i) reduction in initial false negatives, FN = FN(t), as a function of time, to ramp up sensitivity,  $\{TP/[TP + FN(t)]\}$ , to ultrahigh levels in infected patients during the first 72 h when symptoms may be mild or absent, in order to avoid shunting false-negative cases to community hospitals ill prepared to receive high-risk patients (TP is true positive); ii) automation of totally self-contained and sealable specimen cassettes and cartridges to eliminate need for expensive high level biosafety cabinets; iii) proof of effectiveness in controlling internal contamination in portable instruments, thereby sustaining ultrahigh specificity [TN/(TN + FP)] and minimizing false positives, which place people at risk when near infected patients (TN is true negative and FP false positive); and as more sophisticated but compact technologies become available; and iv) determination of quantitative viral genome titers, which will be useful for early detection of exposure in small volumes of specimen and also for de-escalating the level of care and quarantine as the patient improves.

When performed properly with biohazard precautions in the near-patient testing area of the diagnostic center, results will be available much more quickly than sending specimens to a public health laboratory or to the CDC [37,38]. The gain in time can be substantial, less than 1 h needed to obtain an answer (see TABLE 3), which facilitates rapid screening, focused triage and effective workflow. In West Africa, these practical efficiencies can help offset professional shortages in countries with large numbers of people per physician, such as 70,000:1 in Liberia (fatality rate 43.0%), 45,000:1 in Sierra Leone (28.7%) and



#### Figure 1. The Ebola diagnostic center.

This schematic illustrates the floor plan and component design of a newly created diagnostic center. The left area is at negative pressure with a temperature of 22°C and relative humidity at 55%, a clean room class 10K. On the right, the shower room and changing room are at positive pressure, the latter with an interlocking anteroom. The top left inset shows POCT in the biosafety cabinet (BSL-3). Refer to the text for test clusters (test menus). Specimen preparation, then routing through a pass box are shown along the bottom, and PPE used in SE Asia, on the right. Staff circulate clockwise as they don PPE, perform work, and doff PPE before exiting to avoid exposure and contamination. This diagnostic center has been deployed in Bangkok, Thailand, but could be on a mobile vehicle moved to hotspots to break the log jam of slow or no testing in tiered (frontline, assessment and treatment) approaches. Figures provided courtesy and permission of Knowledge Optimization<sup>®</sup>.

10,000:1 in Guinea (61.9%) [39,40]. Last Fall, the WHO urgently pleaded for rapid diagnostics to meet needs and help make up for these shortfalls, even as physicians and nurses in West Africa contracted Ebola and died.

Self-contained cartridge/cassette-based rapid molecular tests are available on small portable platforms that test for infectious diseases. Development of POC molecular diagnostics for high-risk infectious diseases (see TABLE 3) forecasts the feasibility of introducing Ebola assays on lightweight platforms like the Alere i (FIGURE 2) [41] and the tiny Roche Diagnostics cobas Liat (FIGURE 3) [42], both Clinical Laboratory Improvement Actwaived. If tests satisfy certain conditions, they can be waived, that is, cleared by the FDA for use in clinics and at home. Most are simple to carry out and use operator-friendly equipment, which improves chances of accurate test results. We will see these potential solutions emerge as FAST POC<sup>TM</sup> when industry moves forward in the chronological progression of Ebola EUAs-inexpensive, portable, safe and appropriate for detection of viruses in the early stages of clinical illness.

#### Facilitated-access self-testing point of care

FAST POC<sup>TM</sup> means that the patient obtains his or her own (capillary) blood (or other) sample with an automatic retractable lancet (or other sampling device) built into a self-aspirating and self-contained microcassette/microcuvette/cartridge, which then seals for automated processing and automatic testing on an integrated POC instrument, while

Table 2. Point-of-care tests implemented for Eb	: implemented for	· Ebola secured settings.	
2A. Emory university hospital specialized isolation area	specialized isolatior	1 area	
Manufacturer website	Instr	Instrument	Tests/status
Abaxis www.abaxis.com	Picco	Piccolo Express	Chemistry profiles, Magnesium, Phosphate, liver enzyme assays, others available $^{\dagger}$
Instrumentation Laboratory www.instrumentationlaboratory.com		GEM Premier 4000	pH, pC0 <sub>2</sub> , p0 <sub>2</sub> , Na <sup>+</sup> , K <sup>+</sup> , Ca <sup>++</sup> , Cl <sup>-</sup> , Glu, Lac, Hct, THb, CO-Oximetry, TBil
Siemens www.healthcare.siemens.com	CLINITEK automate urinalysis	CLINITEK Status automated urinalysis	Albumin, Bilirubin, Cr, Glu, Ketone, Leukocytes, Nitrite, pH, Protein, Specific Gravity, Urobilinogen, others available <sup>‡</sup>
Hoffman-La Roche www.coaguchek.com	Coag	CoaguChek	PT/INR <sup>®</sup>
Sysmex www.sysmex.com	poch	pocH-100i	CBC: WBC (3-part differential), RBC, Hb, Hct, MCV, MCH, MCHC, Platelets <sup>1</sup>
Alere www.alere.com/us/en/product-details/ binaxnowmalaria.html	BinaxNOV ails/	NOW	Malaria
BioFire Diagnostics www.biofiredx.com	FilmA	FilmArray	Infectious diseases including Ebola FDA Ebola EUA 10/25/14, reissue 3/2/15
2B. University of nebraska medical center biocontain	dical center biocont	tainment BSL-3 laboratory	
Manufacturer Instrur website	instrument/method	Tests	
Abbott i-Stat www.Abbott.com		G3 <sup>+</sup> cartridge (pH, pCO <sub>2</sub> , pO <sub>2</sub> ) & Chem8 <sup>+</sup> car	G3 <sup>+</sup> cartridge (pH, pCO <sub>2</sub> , pO <sub>2</sub> ) & Chem8 <sup>+</sup> cartridge (Na <sup>+</sup> , K <sup>+</sup> , Cl <sup>-</sup> , TCO <sub>2</sub> , Ca <sup>++</sup> , Glu, UN, Cr, Hct)
International Hemoc Technidyne Corp. www.itcmed.com	Hemochron signature elite	Citrate prothrombin time (PT), citrate-activated partial thromboplastin time (aPTT)	d partial thromboplastin time (aPTT)
Slide agglutination Manua	_	Blood & serum antibody typing (for transfusion)	
Slide preparation Manual		Malaria—modified for the slide to be fixed in interpretation	Malaria—modified for the slide to be fixed in methanol 15 min before delivering to Core Lab for staining & interpretation
<sup>1</sup> See [72] for test clusters. <sup>8</sup> See [73]. <sup>8</sup> FDA-cleared for warfarin monitoring only. <sup>9</sup> See [74] for list of variables and parameters. <sup>8</sup> Beckman-Coulter, La Brea, California, manufactures the DxI800 and DXC800i. <sup>+7</sup> See [74]	/. ers. anufactures the DxI800 and	DXC800i.	
**5ee [22] and [75], for evaluation study details and panel details, respectively. See [73] for test cluster lists. ARUP: Associated regional and university pathologists; BSL: Biosafety level; Ca <sup>++</sup> : Ionized calcium; CBC: Con HCt: Hematocrit; Lac: Lactate; MCV: Mean corpuscular volume; MCH: Mean corpuscular hemoglobin; MCH0 of carbon dioxide; pO <sub>2</sub> : Partial pressure of oxygen; PT/INR: Prothrombin time/international normalized ratio; protein; UN: Urea nitrogen; WBC: White blood cell.	letails and panel details, res pathologists; BSL: Biosafety n corpuscular volume; MCH f oxygen; PT/INR: Prothromb blood cell.	pectively. See [73] for test cluster lists. level; Ca*+: lonized calcium; CBC: Complete blood count; Cr: : Mean corpuscular hemoglobin; MCHC: Mean corpuscular he sin time/international normalized ratio; RBC: Red blood cell; TB	<sup>#5</sup> See [22] and [75], for evaluation study details and panel details, respectively. See [73] for test cluster lists. ARUP: Associated regional and university pathologists; BSL: Biosafety level; Ca <sup>++</sup> : Ionized calcium; CBC: Complete blood count; Cr: Creatinine; EUA: Emergency use authorization; Glu: Glucose; Hb: Hemoglobin; Hct: Hematocrit; Lac: Lactate; MCV: Mean corpuscular volume; MCH: Mean corpuscular hemoglobin; MCHC: Mean corpuscular hemoglobin concentration; NS: Not specified in reference no. 15; pCO <sub>2</sub> : Partial pressure of carbon dioxide; pO <sub>2</sub> : Partial pressure of oxygen; PT/NR: Prothrombin time/international normalized ratio; RBC: Red blood cell; TBil: Total bilirubin; TCO <sub>2</sub> : Total carbon dioxide content; THb: Total hemoglobin; TP: Total protein; UN: Urea nitrogen; WBC: White blood cell.

# Special Report Kost, Ferguson, Truong et al.

Table 2. Point-of-care fasts implemented for Ebola secured settings (cont.)         28. Unwarity of retransia medical carrer biocontainment BSL3 laboratory         Wandratterer       Instrument Instrument BSL3 laboratory         Unter dipstick       Manual dipstick, Eod assay         Deetoper vetatere       Method         Deformance       Sensitivery 100, SeS, C1: S42-100, Sec. 132-1391. Positive and regative predictive vidue:         Unter Alignerity       Repid diagnostic antiger       Sensitivery 100, SeS, C1: S42-1305.         Deformance       Betod diagnostic antiger       Sensitivery 100, SeS, C1: S42-1305.         Outer Printer Aligneriterer       Sensitivery 100, SeS, C1: S42-1305.
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Table 2. Point-of-care tests implemented for Ebola secured settings (cont.).         28. University of nebraska medical center biocontainment BSL-3 laboratory         Manufacturer       Instrument/method         Tests         website         NS       Rapid manual assay
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Table 2. Point-of-care tests implemented for Ebola secured settings (cont.).

# **Special Report**

Table 3. The rapid evolution of diagnostics for Ebola virus disease.							
Instrument(s) &/or Assay/Kit Manufacturer	Principle	Sample(s)	Time to Results	FDA Status			
Xpert Ebola Assay Cepheid	rRT-PCR Cartridge-based	Blood	2 h	EUA 3/23/15			
Corgenix ReEBOV & Fio Corp <sup>†</sup>	Lateral flow Ag immunoassay, Deki reader, smartphone data capture, & case tracking	Blood or plasma	15 min	EUA 3/16/15 [eligible for WHO procurement]			
LlghtMix Roche cobas z480	rRT-PCR	Blood	Over 3 h	EUA 12/23/14			
QlAamp Viral Kit RealStar Filovirus: ABI Prism 7500 SDS LightCycler 480 II CFX96/Dx RT Sys	rRT-PCR (Kit 1.0)	Blood, plasma	Varies with instrument	EUA 11/26/14 [eligible for WHO <sup>‡</sup> procurement]			
BioFire Defense Biothreat-E/NGDS bioMerieux <sup>§</sup> [in 300 hospitals]	Film Array EZV Auto'd. rRT-PCR	Blood, urine (if matched to blood)	1 h	EUA 10/25/14 3/2/15 (RI)			
MagMax Pathogen Kit, Dynal Bead Re. ABI 7500 BioRad CFX96	CDC NP rRT-PCR VP40 rRT-PCR	Blood, plasma, serum, urine (if matched)	NS	EUA 10/10/14 3/2/15 (RI)			
ABI 7500 LightCycler 480 JBAIDS	DOD EZ1 rRT-PCR TaqMan Assay	Inactivated whole blood & plasma	Varies with instrument	EUA 10/10/14			
Nanomix [Corgenix & Tulane University]	Carbon nanotube biosensor <sup>¶</sup> Handheld multiplex cartridge- based	Pinprick capillary blood	10 min	No EUA <sup>#</sup> (see above)			
Lucigen AmpliFire [Douglas Sci., UTMB, CDC]	LAMP (isothermal) 1-step, battery-operated, portable <sup>††</sup>	RNA extract [plan 50 μL POC fingerstick capillary blood]	40 min	No EUA <sup>#</sup>			
Biomarkers USAMRIID/ECBC/TFS	Mass spectrometry	In development	NS	No EUA <sup>#</sup>			
OraQuick <sup>‡‡</sup> Orasure	CLF Ag assay [EZV, SEV, & BEV not differentiated]	In development: saliva sample	Est. 20 min	EUA <sup>#</sup> 7/31/15 [venous WB & fingerstick WB; not for screening, e.g., in airports; not for contact tracing]			
LIC EDA Excession - Lies Authoritation (ELIA)	status and be found at [=/]						

US FDA Emergency Use Authorization (EUA) status can be found at [76].

\*See [77]. The WHO states, "The antigen test is rapid, easy to perform and does not require electricity-it can therefore be used at lower health care facilities or in mobile units for patients in remote settings. Where possible, results from ReEBOV antigen Rapid Test Kit should be confirmed by testing a new blood sample using an approved Ebola NAT".

<sup>¶</sup>See [80] and [81].

<sup>#</sup>Instrumentation and corporate/academic relationships may have changed. See "Letters of Authorization" on the FDA EUA webpage for details [82]. Contact company and investigator sources for updates. <sup>††</sup>See [83] and [84].

<sup>‡‡</sup>See [85].

CDC: Centers for disease control and prevention; DOD: Department of defense; ECBC: Edgewood Chemical Biological Center, US Army; EUA: Emergency use authorization; EZV: Ebola zaire virus; FDA: Food and drug administration; LAMP: Loop-mediated isothermal amplification; NA: Not available; NS: Not specified in the EUA; RI: Reissued by the FDA on the given date, as explained by the FDA on the EUA webpage-only latest date listed if reissuance within 3 months; rFI-PCR: Real-time reverse transcriptase polymerase chain reaction; TFS: Thermo fisher scientific; USAMRIID: US Army medical research institute of infectious diseases; WHO: World health organization.

off), so there is extremely limited or no exposure to infectious POC culture well [43,44]. Like something hidden in plain agents. Technological developments in POCT indicate that view, FAST POC<sup>TM</sup> offers a culturally adaptable solution for

another person, the 'facilitator', instructs and guides (hands FAST POC<sup>TM</sup> is becoming a reality and will complement

<sup>&</sup>lt;sup>‡</sup>See [78].

<sup>&</sup>lt;sup>§</sup>See [79].



**Figure 2. The Alere i molecular diagnostics platform and sample processing components (inset).** Figures provided courtesy and permission of Knowledge Optimization<sup>®</sup>, Davis, California, and Visual Logistics.

stopping future outbreaks, whether Ebola, MERS-CoV or novel new threats, because of minimally significant exposure to others or of oneself to infected patients and hence, little risk.

Similar to self-monitoring of blood glucose by individuals with diabetes, family members can instruct each other in homes and obtain results without actually contacting any blood, other specimens or testing components. Alternately, visiting local public health workers can educate, instruct, guide and facilitate self-testing in primary care sites without necessarily touching the patient or assay components. FAST POC<sup>TM</sup> will help eliminate fear of going to treatment centers, being separated from family and assigning loved ones to lonely deaths, when they may have Dengue, hepatitis, HIV, influenza, malaria, syphilis, tuberculosis or other common diseases in limited-resource settings or elsewhere, but not Ebola or MERS-CoV. In West Africa, FAST POC<sup>TM</sup> will enable primary care sites, clinics and treatment centers to be sought out as sites for speedy diagnosis [45] and excellent care with improved chances of survival.

#### Conclusions, strategies, & recommendations

• POCT is improving global health [46], and now, a global health problem, Ebola, has propelled POCT and its urgent

implementation worldwide. Needs are clear, as documented by several surveys worldwide [1]. Additionally, recent revelations of accidents, secrecy and adverse outcomes from highly infectious diseases made public by investigative journalists [47] highlight potential for outbreaks locally in USA communities.

- World financial losses from Ebola and other outbreaks warrant investment [48], which should be directed not just to vaccines [49], but also to the development POC molecular diagnostics, for which there is precedent [50–57].
- POC diagnostics should be available upstream for immigration screening, on cruise ships, in industrial sites abroad and at other points of first encounter worldwide. Companion diagnostics, such as coagulopathy test clusters [PT/INR (prothrombin time/international normalized ratio), D-dimer, fibrinogen and platelets], viral load assays and digital PCR will streamline therapeutic monitoring downstream.
- SCPs consolidate process steps and ultimately will help stop the spread of outbreaks. Diagnostic centers with controlled environmental conditions placed along SCPs will motivate industry to respond to WHO calls [3] for robust diagnostic tests [4] and consolidate community efforts on a cost-effective broader scale.
- Construction of approximately 1400 specialized isolation units in Hong Kong was motivated historically by the deaths of patients and healthcare workers from Severe Acute Respiratory Syndrome, which infected 1800 and killed 299 people, and Avian Influenza [58,59]. In Guangzhou, China, Severe Acute Respiratory Syndrome killed 8000 [60].
- These disasters *should not be repeated*. The USA is vulnerable to an unending series of threats [61]. These threats include not just ones from abroad, but also from within, as documented in Box 2. Recent journalistic research revealed shocking non-disclosure of communities at risk.
- Adaptations in SE Asia and in individual USA hospitals, such as isolation areas in Atlanta, Dallas, New York, Bethesda (NIH Clinical Center) and Omaha, are notable, but have not yet generated isolation bed capacity nor adequate experience quickly enough to deal with potentially large numbers of cases from infectious disease outbreaks in the future.
- CDC-approved hospital treatment centers are distributed unevenly. The recent launch and funding of the National Ebola Training and Education Center by the CDC and the Health and Human Services Office of the Assistant Secretary for Preparedness and Response comprising Emory University Medical Center in Atlanta, Georgia; the University of Nebraska Medical Center in Omaha, Nebraska and the Bellevue Hospital Center in New York City will facilitate the development of additional treatment centers [62]. Nine of the current treatment centers will have enhanced capabilities.
- Alternate care facilities and diagnostic centers with integrated logistics for community small-world networks, as the CDC recommends be engaged, will allow USA communities to respond efficiently and effectively.

A new public health framework Special Report

- In regard to internal threats, the government, academia and private companies must disclose information about problems that have occurred at secured biolabs, so that communities can set medical, financial and public health priorities. People have a right to know when safety violations occur. In fact, laypersons should be given more weight on oversight committees.
- For external threats, such as Ebola or new infectious disease threats, strategic planers must reshape public health for resilience at points of need. In June 2015, MERS-CoV, for which a feasible rapid POC molecular diagnostic [63] and one FDA EUA [64] exist, but for which there is no vaccine or definitive treatment, was spreading throughout South Korea [65,66] 1369 in quarantine, 30 cases confirmed (since 5/15/15), 2 dead, 1 traveled sick to China (exposing all on an airplane), 540 schools closed, facilities closed and according to the Korean Health Minister, not enough done to detect the first wave, stop spread and end the outbreak. Later, when Koreans were told to 'rest easy', 36 had died, 186 had been infected, 17,000 had been placed in quarantine and 12 remained hospitalized [67]. Second quarter South Korean growth was the worst in 6 years, the government announced a 22-trillion won stimulus package and the economic growth forecast was cut from 3.1 to 2.8%. Hence, we can predict heavy economic impact from future threats in ASEAN + 6 countries.
- MERS-CoV was not suspected and health care workers did not treat the first patient in isolation. Some of the infected people occupied the same room as the first patient, and others had been in the same ward for times ranging from 5 min to several hours. Said the Prime Minister, Park Geunhye, "there were some insufficiency in the initial response, including the judgment on its contagiousness [65]." How many times will this scenario repeat, at what economic and medical costs, and to whom, before responses are properly strategized, restructured and enabled at the points of first contact, need and care?
- Therefore, in summary, we recommend accelerating proactive planning, national preparedness, development of new POC technologies [68] and especially field evaluation, which, in the case of Ebola, has demonstrated high sensitivity and interesting POC results in clinic settings [69].

#### Expert commentary & five-year view

This future paradigm of POC diagnostics is to think globally and act globally, but test locally where the people are in the context of their own cultural settings. Intrinsic to emerging POC culture [5,43,44] is the popular expectation of rapid diagnosis [45] of high-risk viruses using disposable test strips, selfcontained automated technologies and other mobile cartridge-, cassette- or cuvette-based approaches. Diagnostics that properly fulfill these expectations, and those popular expectations are the keys to motivation, in the next 5 years while delivering ultrahigh sensitivity, specificity and predictive values will



**Figure 3. The Roche Diagnostics cobas Liat. (A)** Instrument; **(B)** PCR-based sample processor; **(C)** Workflow. Figures provided courtesy and permission of Knowledge Optimization<sup>®</sup>, Davis, California, and Visual Logistics.

help stifle outbreaks in the USA and other countries before they succumb to future threats and untoward economic losses.

Multiplex PCR assays are particularly beneficial in cases when samples are difficult to collect or short on volume, and when different pathogens create the same clinical constellation of symptoms and signs. Additionally, the instant traceability of infected or potentially infected individuals by knowing multiplex results, locations, and movement over time and across borders can help contain the spread of highly contagious diseases. FAST POC<sup>TM</sup>, self-knowledge and enabled people who take ownership of personalized diagnostic testing will interrupt the rapid spread of outbreaks, an impactful shift in public health to immediate diagnosis at points of need and a new POC culture in public health.

#### Disclaimer

Devices must comply with jurisdictional regulations in specific countries, operator use limitations based on patient conditions, federal and state legal statutes and hospital accreditation requirements. Not all POC devices presented in this article are FDA cleared for use in the USA. FDA emergency use authorization is limited in scope and term. Please check with manufacturers for the current status of Ebola, MERS-CoV and other threat detection diagnostics and POC tests within the relevant domain of use.

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## Key issues

- Zoonotic reservoirs sustain major virus threats while enabling jumps to humans, and although vaccination can provide protection, animal reservoirs generally cannot be eliminated, so rapid detection of high morality diseases at points of need is necessary to stop new outbreaks facilitated-access self-testing point of care (FAST POC<sup>TM</sup>) can enable this type of resolution.
- Detection should occur upstream early in the spatial care path in homes (using FAST POC<sup>TM</sup>), primary care sites (e.g., clinics) and emergency rooms (to prevent spread like occurred with MERS-CoV in South Korea), before patients disseminate the disease throughout the community, and in particular, waiting for symptomatic patients to present at treatment centers perpetuates outbreaks and unnecessary mortality.
- The value proposition for early rapid diagnosis should be formulated in the context of extraordinary financial losses (e.g., billions of dollars lost in West Africa) incurred when whole nations are afflicted with epidemics, in order to assess cost-effectiveness and return on investment in point-of-care testing.
- The recent Ebola and MERS-CoV outbreaks have motivated significant rethinking, which ideally should manifest as national policies for POC testing, so that appropriate infrastructure can be designed, funded and distributed evenly geographically.
- Public health practitioners, the CDC, the WHO and other organizations should anticipate points of first critical need by assimilating POC know-how and technologies, such as molecular diagnostics and mobile testing, in order to acquire knowledge bases of sensitivity, specificity and predictive values while epidemics are underway these data will facilitate real-world diagnostic device and assay maturation, refine evidence-based medicine for target diseases and prepare first responders for future outbreaks.
- The advent of hospital isolation units, Ebola treatment centers, national Ebola training sites and community preparation through PPE rehearsals should be coordinated with FDA education in emergency use authorizations, so that as they emerge, the new diagnostic technologies, such as the Orasure POC and Cepheid molecular diagnostic tests for Ebola (see TABLE 3), can be integrated systematically and efficiently.
- Point-of-care instrument experts, professionally certified POC coordinators and geospatial scientists designing spatial care paths should contribute to collaborative leadership for the development of cohesive national strategies. Transforming public health must occur through education, deep understanding of point-of-care testing and professionally integrated teamwork. Stopping future outbreaks more quickly in the future will demand redefinition of preparedness and current public health practice.
- Ultimately, communities worldwide would be wise to develop alternate care sites equipped with POC testing and diagnostic centers in order to enhance resilience in the event of widespread outbreaks that require quarantine of large groups of people, in part in order to ameliorate civil rights issues by providing well thought out and equitable care.

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