

Outcome	Placebo (n=96)	Elia granule (n=97)	<i>P</i>	Group Effect <i>F</i>	<i>P</i>	Time Effect <i>F</i>	<i>P</i>	Group × Time Effect <i>F</i>	<i>P</i>
Total Dyspepsia symptom score (mean [SD])									
T0	17.34 (5.75)	18.57 (5.90)	0.146						
T1	15.50 (4.89)	12.72 (4.38)	<0.001	7.20	0.008	153.63	<0.001	14.58	<0.001
T2	13.65 (4.52)	11.43 (3.20)	<0.001						
T3	12.15 (4.00)	10.44 (2.40)	<0.001						
Epigastric pain score (mean [SD])									
T0	2.27 (1.13)	2.46 (1.16)	0.244						
T1	2.10 (1.07)	1.61 (0.74)	<0.001	6.62	0.011	80.15	<0.001	11.58	<0.001
T2	1.83 (0.95)	1.40 (0.62)	<0.001						
T3	1.57 (0.84)	1.25 (0.48)	0.001						
Epigastric distension score (mean [SD])									
T0	2.29 (1.12)	2.53 (1.14)	0.152						
T1	2.00 (0.93)	1.68 (0.78)	0.011	3.11	0.079	68.35	<0.001	8.12	<0.001
T2	1.80 (0.91)	1.54 (0.71)	0.025						
T3	1.67 (0.83)	1.33 (0.51)	<0.001						
Epigastric discomfort score (mean [SD])									
T0	2.57 (1.09)	2.63 (1.18)	0.732						
T1	2.33 (1.02)	1.88 (0.94)	0.001	5.28	0.023	80.42	<0.001	5.57	0.002
T2	2.03 (0.90)	1.66 (0.73)	0.002						
T3	1.70 (0.88)	1.49 (0.61)	0.065						
Early satiety score (mean [SD])									
T0	1.80 (1.10)	2.05 (1.25)	0.144						
T1	1.66 (1.01)	1.38 (0.81)	0.039	1.45	0.230	44.77	<0.001	6.03	0.002
T2	1.43 (0.79)	1.18 (0.41)	0.006						
T3	1.24 (0.58)	1.10 (0.31)	0.041						
Belching score (mean [SD])									
T0	2.23 (1.22)	2.34 (1.16)	0.518						
T1	1.93 (0.92)	1.57 (0.75)	0.003	4.21	0.042	56.44	<0.001	4.79	0.007
T2	1.80 (0.87)	1.47 (0.69)	0.004						
T3	1.52 (0.74)	1.31 (0.58)	0.029						
Heartburn score (mean [SD])									
T0	2.01 (1.05)	2.18 (1.16)	0.303						
T1	1.79 (0.94)	1.48 (0.75)	0.013	2.08	0.151	37.06	<0.001	4.91	0.005
T2	1.64 (0.77)	1.41 (0.73)	0.040						
T3	1.55 (0.77)	1.37 (0.62)	0.072						
Acid reflux score (mean [SD])									
T0	2.01 (1.04)	2.13 (1.13)	0.431						
T1	1.94 (0.90)	1.57 (0.80)	0.003	3.58	0.060	38.38	<0.001	4.83	0.004
T2	1.60 (0.76)	1.39 (0.67)	0.041						
T3	1.53 (0.78)	1.30 (0.63)	0.024						
Abdominal discomfort score (mean [SD])									
T0	2.16 (1.25)	2.25 (1.26)	0.614						
T1	1.75 (0.94)	1.56 (0.89)	0.144	0.57	0.450	67.02	<0.001	1.67	0.187
T2	1.51 (0.81)	1.38 (0.60)	0.210						
T3	1.38 (0.77)	1.29 (0.63)	0.395						