

Supplementary Information

The potential impact of the extended vitamin D fortification policy during pregnancy varies by continent of origin - a population-representative Swedish cohort

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Do you eat oily fish (salmon, mackerel, herring)? ☐ NO ☐ YES

If YES: How often?

- ☐ At least twice weekly
- ☐ 3-4 times per month
- ☐ 1-2 times per month
- ☐ More seldom

Do you drink milk or is milk part of your diet? ☐ NO ☐ YES

If YES: How much milk do you consume?

- ☐ More than 3 dl (10 oz) per day
- ☐ 1-3 dl (3.5-10 oz) per day
- ☐ Less than 1 dl (3.5 oz) per day

If YES: Which type of milk do you consume most often?

- ☐ Whole milk
- ☐ Medium fat milk
- ☐ Low fat milk
- ☐ Skimmed milk
- ☐ Other (e.g., oat milk), please specify:.....

Is yoghurt and/or sour milk part of your diet? ☐ NO ☐ YES

If YES: How much yoghurt/sour milk do you consume?

- ☐ More than 3 dl (10 oz) per day
- ☐ 1-3 dl (3.5-10 oz) per day
- ☐ Less than 1 dl (3.5 oz) per day

If YES: What kind do you consume most often?

- ☐ Fruit-/vanilla yoghurt/sour milk
- ☐ Plain yoghurt/sour milk
- ☐ Turkish/Greek yoghurt

Do you use margarine as a spread (e.g., Bregott, Lätta, Milda, Becel)? ☐ NO ☐ YES

If YES: How many sandwiches with margarine do you eat?

- ☐ At least 4 per day
- ☐ 2-3 per day
- ☐ 4-7 per day
- ☐ 1-3 per week
- ☐ Fewer

Supplementary Fig S1. The short vitamin D questionnaire (VDQ).