

Impact of the COVID-19 pandemic on the caregiver burden and quality of life in caregivers of patients with dementia

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Abstract

Background: Family caregivers of dementia patient are at higher risk for perceived burden of caregiving and stress from COVID-19 than general population. The current study examines the current status COVID-19-specific stress, anxiety, burden of caregiving and health related- quality of life that may be significantly deteriorated for family caregivers in understanding caregiver burden and their stress experienced due to the COVID-19 pandemic.

Method: About two hundred family caregivers aged 20-79 years in the South Korea will be recruited to collect the data on their stress, anxiety related to ongoing COVID-19, burden of caregiving, and health-related Quality of life in an online or telephone survey.

Result: The present study will show that the current status of perceived stress, anxiety, burden of caregiving of person with dementia associated with COVID-19 pandemic. The increased stress, anxiety, and burden of caregiving could negatively affect their health-related quality of life. The specific study findings will be demonstrated in poster presentation of the conference.

Conclusion: The present study will be demonstrated that the association between COVID-19-specific stress, burden of caregiving, and health related quality of life for family caregivers of dementia patient. This study findings will encourage future development of public interventions to address burden of caregiving in family caregivers with COVID-19 pandemic.