The effect of myeloperoxidase-oxidized LDL on THP-I macrophage polarization and repolarization

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Samer Bazzi¹, Christian Frangie¹, Eliana Azar¹ and Jalil Daher¹

Abstract

Macrophages (M ϕ s) play a crucial role in the development of atherosclerosis by engulfing modified LDL particles and forming foam cells, the hallmark of atherosclerosis. Many studies suggest that myeloperoxidase-oxidized LDL (Mox-LDL) is an important pathophysiological model for LDL modification *in vivo*. Classically (M1) and alternatively activated (M2) M ϕ s are both implicated in the process of atherogenesis. M ϕ s are highly plastic cells whereby they undergo repolarization from M1 to M2 and *vice versa*. Since little is known about the effects of Mox-LDL on M ϕ polarization and repolarization, our study aimed at evaluating the *in vitro* effects of Mox-LDL at this level through making use of the well-established model of human THP-1-derived M ϕ s. Resting M0-M ϕ s were polarized toward M1- and M2-M ϕ s, then M0-, M1- and M2-M ϕ s were all treated with physiological concentrations of Mox-LDL to assess the effect of Mox-LDL treatment on M ϕ polarization and repolarization. Treatment of M0-M ϕ s with a physiological concentration of Mox-LDL had no significant effects at the level of their polarization. However, treatment of M1-M ϕ s with Mox-LDL resulted in a significant reduction in their IL-10 cytokine secretion. Our results point to a potential role of Mox-LDL in increasing the pro-inflammatory state in M ϕ s through reducing the release of the anti-inflammatory cytokine, IL-10.

Keywords

mox-LDL, atherosclerosis, macrophage polarization, macrophage repolarization, THP-1, pro-inflammatory, anti-inflammatory

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Introduction

Atherosclerosis is a clinical condition for which multiple genetic and environmental causal factors have been proposed. The accumulation of foam cells, macrophages $(M\phi s)$ that have engulfed large amounts of modified low density lipoprotein (LDL) particles is a key process that results in the thickening of the arterial wall which is seen during the course of atherosclerosis.^{1,2} Observations also suggest that myeloperoxidase (MPO), a protein secreted by immune cells, is a major physiological player in generating modified/oxidized LDL molecules via the production of hypochlorous acid (HOCl) from H₂O₂ and chloride.^{3–5} Several studies have shown that human atherosclerotic lesions contain HOCl-modified LDLs, which are located in vascular cells as well as in extracellular spaces.⁴ Other studies have demonstrated that patients with MPO-deficiency have reduced risk of cardiovascular disease.^{5,6} In human atheroma plaques, markers for both M1- and M2-Mqs have been detected throughout all stages of disease progression.⁷ Similarly, murine models have confirmed the presence of M1- and M2-M ϕ markers in mouse atherosclerotic lesions and it has been suggested that a shift from M2 to M1 phenotype occurs while the plaque is progressing.^{8,9} M φ s possess diverse phenotypic and functional properties and thus have the ability to respond to various environmental stimuli.¹⁰ M φ s are polarized into the M1 phenotype by Th1 cytokines such as IFN- γ and TNF- α and/or by a microbial stimulus such as lipopolysaccharide (LPS). At the other extreme, M φ s are polarized towards the M2 phenotype by Th2 cytokines mainly IL-4 and IL-13, as well as by other anti-inflammatory cytokines [i.e. TGF- β and IL-10], glucocorticoids, or immune

¹Department of Biology, Faculty of Arts and Sciences, University of Balamand, El-Koura, Lebanon

Corresponding authors:

Jalil Daher, Department of Biology, University of Balamand, PO Box 100, El-Koura, Lebanon.

Email: jalil.daher@balamand.edu.lb

Samer Bazzi, Department of Biology, University of Balamand, PO Box 100, El-Koura, Lebanon.

Email: samer.bazzi@balamand.edu.lb

Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (https://creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access page (https://us. sagepub.com/en-us/nam/open-access-at-sage). complexes.^{11,12} Polarized M2-Mqs do not constitute a uniform population and are subcategorized into M2a, M2b, M2c, and M2d whereby M2a is the most well-described polar-pro-inflammatory cytokines (i.e. IL-1B, IL-6, IL-12, IL-23, and TNF- α) and play a crucial role in the elimination of pathogens and tumor cells.^{11,12} In contrast, M2-Mqs secrete high levels of anti-inflammatory cytokines (i.e. IL-10 and TGF-B) and are involved in promoting tissue repair and remodeling, inducing angiogenesis, clearing parasites and worms, and promoting matrix deposition.¹³ Atheroma plaque-associated Mqs express M1- and M2-Mo phenotypic states, in addition to Mo states and features that are intermediate between the two extreme polarization states of Mqs.14 However, it remains controversial whether Mos with intermediate features are in a transition state between the two extreme polarization states or they are distinct populations with specific functions.14 Inside human atherosclerotic lesions and within the plaque, there is a significant difference in the spatial distribution of polarized Mos. For instance, M1-Mos dominate the plaque shoulder region which is a significant predilection site for plaque rupture while M2-Mqs is the main Mq subset present in the perivascular adventitial tissue.¹⁵ Moreover, fibrous cap Mqs show similar numbers of M1- and M2-Mqs.¹⁵ Of note, Mq polarization states were also reported to differ between the plaques of symptomatic and asymptomatic patients where symptomatic plaques express significantly higher amounts of M1-Mos and Th-1 cytokines and asymptomatic plaques expressed significantly more M2-Mqs and Th-2 cytokines.¹⁶ Mos were found to have the ability to dynamically shift their phenotypes in response to microenvironmental and intracellular cues. This ability to change phenotypic polarized sates is referred to as "repolarization" and it gives Mos their plasticity.¹⁴ In vitro, polarized Mos completely reverted from their initial phenotype to the opposite phenotype after stimulation with the opposite polarizing stimulants.9

Since little is known about the effect of MPO oxidized-LDL (Mox-LDL) on M φ s, this study aimed at evaluating the *in vitro* effects of Mox-LDL on the polarization of resting M0-M φ s as well as on the repolarization of M1- and M2-M φ s through making use of the well-established model of human THP-1-derived M φ s.¹⁷ Our results point to a potential role for Mox-LDL in increasing the pro-inflammatory state in M φ s by reducing the anti-inflammatory cytokine IL-10.

Materials and methods

Maintenance of THP-1 monocytes

THP-1 cells (kindly provided by Dr Marwan El-Sabban, American University of Beirut) were cultured in growth medium (GM) made up of Roswell Park Memorial Institute medium (RPMI) 1640 medium (Sigma Aldrich, Darmstadt, Germany), supplemented with 10% heat inactivated fetal bovine serum (FBS), 1% penicillin/streptomycin mixture, and 1% L-glutamine (Sigma Aldrich). Cells were maintained at 37°C in a humidified 5% CO₂ incubator at 37°C. THP-1 cells were used between passages 10–30. Cells were checked for viability using the Trypan blue exclusion method throughout the maintenance of THP-1 cells in culture.¹⁸

THP-1 monocytes differentiation into M0-M φ s

To differentiate THP-1 cells into M0-M φ s, THP-1 cells were seeded in a 6-well culture plate at a density of 1×10^6 cells/well. Cells were either left untreated or treated with phorbol 12-myristate 13-acetate (phorbol 12-myristate 13-acetate (PMA), Sigma Aldrich) at a concentration of 150 nM for a period of 48 h.¹⁹ Following differentiation, adherent M0-M φ s were washed twice with GM and cells were subjected to a resting period for an additional 24 h period in GM to obtain resting M0-M φ s.¹⁷ Meanwhile, THP-1 monocytes were replenished with fresh GM.

Polarization of MO-M φ s

M0-M ϕ s were polarized into M1-M ϕ s by treatment with 20 ng/ml of IFN- γ (Invitrogen, Thermo Fisher, Waltham, Massachusetts, USA) and 100 ng/ml of LPS (InvivoGen, Toulouse, France) for 24 or 48 h. On the other hand, M0-M ϕ s were polarized into M2-M ϕ s by incubation with 20 ng/ml of IL-13 (Gibco, Thermo Fisher, Waltham, Massachusetts, USA) and 20 ng/ml of IL-4 (Invitrogen) for 24 or 48 h.

Mox-LDL preparation

Mox-LDL was generated by mixing 1.6 mg of native LDL (final concentration: 0.8 mg/ml) (Invitrogen), with 8 μ l of 1 M HCl (final concentration: 4 mM), 45 μ l of MPO (final concentration: 250 nM), and 40 μ l of 50 mM H₂O₂ (final concentration: 1 mM). The volume was adjusted to 2 ml using Dulbecco's phosphate-buffered saline (DPBS, pH 7.4, Sigma Aldrich) containing 1 g/l of ethylenediaminetetraacetic acid (EDTA). Afterwards, Mox-LDL was desalted to remove impurities.²⁰

Mox-LDL treatment of $M\varphi s$

M0-, M1-, and M2-M φ s were treated with Mox-LDL at a concentration of 50 µg/ml for 24 h, as previously reported and which reflects what may happen under physiological conditions *in vivo*.²¹ Thus, they will be referred to as Mox-LDL-M φ s, Mox-LDL/M1-M φ s and Mox-LDL/M2-M φ s, respectively.

Detachment of $M\varphi$ s

To collect adherent M φ s, cells were first washed twice with warm DPBS and then incubated with accutase solution (Gibco) for 5–10 min at 37°C. Detached cells were collected by centrifugation at 270 g at 4°C for 5 min.

Propidium iodide (Pi) cell viability assay

PI cell viability assay was used to assess the viability of M0-M φ s post-M1 and M2-M φ polarization as well as post-M φ treatment with Mox-LDL. Cells were stained with 50 μ g/ml PI (Invitrogen) for 10 min at room temperature in the dark. Samples were run on a FACSCalibur flow cytometer (BD Biosciences, San Jose, CA, USA). and data were analyzed using CellQuest Pro software version 5.1 (BD Biosciences). Viable and dead cell populations were identified as PI⁻ and PI⁺ cells, respectively. A total of 10,000 single cell events were measured for each sample.

Morphological examination of THP-1 monocytes and $M\varphi$ s

Phase-contrast images ($\times 400$ total magnification) of THP-1 monocytes and different M ϕ types were obtained using a phase contrast inverted microscope (Leica microsystems, Wetzlar, Germany).

Immunophenotyping of THP-1 monocytes and $M\varphi$ s

THP-1 monocytes and different M ϕ types were collected and incubated at a density of 1×10^5 cells in 100 µl of blocking buffer (DPBS + 2.5% FBS) for 15 min at 4°C. Cells were then incubated with phycoerythrin (PE)-conjugated mouse anti-human CD11b, allophycocyanin (APC)-conjugated mouse anti-human CD11c, APC-conjugated mouse antihuman CD80, or APC-conjugated mouse anti-human CD209 (BD Biosciences) for 30 min at 4°C. Cells were also stained with isotype-matched control Abs which included: APC-conjugated IgG1, IgG2a, IgG2b, or PE conjugated mouse IgG1 (BD Biosciences). Following incubation, cells were washed twice with cold DPBS and finally re-suspended in 500 µl cold DPBS and run on a flow cytometer within 30 min.

Flow cytometry analysis

Surface expression levels of receptors were analyzed on THP-1 monocytes and different $M\phi$ types using a FACSCalibur flow cytometer (BD Biosciences) and CellQuest Pro software 5.1 (BD Biosciences). Surface receptor expression levels were reported either as percentage of receptor-positive cells or as raw geometric mean fluorescence intensity (MFI) of receptor-positive cells. In

addition, forward scatter (FSC) and side scatter (SSC) properties of cells were analyzed. A total of 10,000 single cell events were measured for each sample.

ELISA

Supernatants from M0-, M1-, M2-, Mox-LDL, Mox-LDL/ M1-, and Mox-LDL/M2-M φ cultures were collected and stored at -80°C for later cytokine analysis. IL-6 and IL-10 levels in M φ culture supernatants were measured using commercially available sandwich ELISA kits (Invitrogen). Samples were processed according to the manufacturer's instructions in duplicates and measured at 450 nm on a micro-plate reader (Biotek, Winooski, VT, USA).

Statistical analysis

Statistical analysis was performed using GraphPad Prism software (version 6.0; GraphPad Software, San Diego, CA, USA). Data are expressed as the mean \pm standard error mean (SEM). Statistical significance was conducted using unpaired t-test for experiments consisting of only two groups or one-way ANOVA followed Tukey's multiple comparison post hoc test for experiments with 3 or more groups. Differences were considered statistically significant at P < 0.05.

Results

The effect of PMA-induced differentiation of THP-1 monocytes into M0-M φ s on cell morphology, granularity and Cd11b/Cd11c surface expression

For the confirmation of PMA-induced differentiation of THP-1 monocytes into M0-Mqs, cells were visualized under an inverted phase contrast microscope for the assessment of morphology. PMA treatment of THP-1 monocytes was shown to increase the size of THP-1 monocytes, and to promote their adherence to the bottom of culture plate, whereby both characteristics are indicative of the Mo phenotype (Figure 1A). Moreover, upon PMA-induced differentiation of THP-1 monocytes to M0-Mqs, flow cytometry analysis revealed a significant increase in SSC properties of THP-1-derived M0-Mqs in comparison with THP-1 monocytes (Figure 1B). In order to further confirm the PMA-induced differentiation of THP-1 monocytes into M0-Mqs, CD11b and CD11c surface expression levels were analyzed, and the data showed a statistically significant increase in the percentage of cells bearing those relevant markers upon the differentiation of THP-1 monocytes into M0-Møs (Figures 1C and 1D).



Figure 1. Validation of PMA-induced differentiation of THP-1 monocytes into M0-M φ s. (A) Representative phase contrast inverted microscopy images of THP-1 monocytes and M0-M φ s under × 400 magnification (scale bar: 50 μ m). (B) Representative flow cytometry dot plots showing the forward-scatter (FSC) and side-scatter (SSC) properties of THP-1 monocytes and M0-M φ s. (C) Representative flow cytometry histogram plots demonstrating the surface expression of CD11b and CD11c on THP-1 monocytes and M0-M φ s. (D) Column bars representing mean values of the percentage (%) and geometric mean fluorescence intensity (MFI) of CD11b⁺ and CD11c⁺ cells from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. Statistically significant differences were determined by unpaired t-test **P < 0.001; ***P < 0.0001.

Effect of polarization and Mox-LDL treatment on the morphology and viability of MO-M φ s

Changes in M0-Mos morphology were observed following their polarization towards M1-Mq or M2-Mq phenotype, as well as upon their treatment with Mox-LDL. Unpolarized/ uncommitted M0-Mqs displayed a mixture of round- and spindle-shaped cells with the former being more abundant. However, M0-Mqs exhibited very similar changes following their 24 h culture in M1- or M2-Mo polarizing conditions or upon their treatment with Mox-LDL (Mox-LDL-M ϕ) whereby spindle-shaped cells were more abundant than round-shaped cells (Figure 2A). To confirm that M0-Mqs treatment with Mox-LDL and their polarization did not severely affect cell viability, all Mq types were stained with PI and analyzed by flow cytometry. M0-M ϕ s showed ~8% of spontaneous cell death, whereas polarized M1-M ϕ s demonstrated a significantly (P < 0.05) higher % of dead cells (22%) as compared to M0-Mos. In contrast, polarization of M0-Mqs towards the M2 phenotype did not induce any significant increase in cell death. Mox-LDL treatment of M0-Mqs resulted in ~11% of dead cells, thus indicating that Mox-LDL treatment of M0-Mos did cause a significant increase in M0-Mos cell death (Figure 2B).

Effect of Mox-LDL on M0-M φ s polarization

To determine the impact of Mox-LDL on M0-Mqs polarization, the surface expression of CD80 and CD209 receptors was analyzed on Mox-LDL-Mqs and was compared to M1- and M2-polarized Mqs. Expression levels of CD80 and CD209 are known to be up-regulated upon the polarization of THP-1-derived M0-M\u03c6s into M1-M\u03c6s^{22} and M2-Mqs,²³ respectively. A concentration-response analysis was carried out to evaluate the effect of 24 h stimulation of M0-Mqs with increasing concentrations (25, 50 and 100 µg/ml) of Mox-LDL on their surface expression of CD80 and CD209. No significant differences in the percentages of CD80⁺ and CD209⁺ cells were observed between control unstimulated MO-Mqs and MO-Mqs stimulated the three different Mox-LDL concentrations with (Supplementary Figure S1). Accordingly, the 50 µg/ml intermediate concentration of Mox-LDL, which also represents the physiological concentration,²¹ was used in the following experiments. As expected, M0-Mqs stimulation with LPS and IFN-y (M1-M polarizing agents) resulted in a significant (P < 0.0001) up-regulation in the percentage (~15-fold) of CD80 positive cells, as compared to M0-, M2-, and Mox-LDL-Mqs (Figure 3A). Moreover, treatment of M0-Mqs with Mox-LDL had no significant effect on their CD80 expression whereby they presented a similar profile to that of M0- and M2-Mqs (Figure 3A). On the other hand, stimulation of M0-Mqs with IL-4 and IL-13 (M2-M ϕ polarizing agents) showed a significant (P < 0.001)

~13-fold increase in the percentage of CD209 positive cells for M2-M ϕ s versus M0-, M1-, and Mox-LDL-M ϕ s (Figure 3B). Furthermore, exposure of M0-M ϕ s to Mox-LDL had no effect on their CD209 expression and treated M ϕ s expressed CD209 at levels comparable to those of M0and M1-M ϕ s (Figure 3B).

Oxidized LDL has been previously reported to stimulate THP-1 monocytes or THP-1-derived M0-Møs to secrete certain M1-Mq- and M2-Mq-associated cytokines such as IL-6 and IL-10, respectively.²⁴ M0-Mqs exposed to a physiological concentration of Mox-LDL for 24 h were assessed for their IL-6 and IL-10 secreted levels that were compared to those produced by M0-, M1- and M2-M\u03c6s. We found that treatment of M0-Mqs with Mox-LDL did not affect their IL-6 and IL-10 production patterns (Figure 4). Unsurprisingly, M1-Mqs produced significantly higher levels of IL-6 (P < 0.0001) than M0-M φ s, M2-M φ s and Mox-LDL-Mos did (Figure 4). Surprisingly, IL-10 was released in significantly (P < 0.001) greater amounts by M1-Mos than by M0-Mos, M2-Mos and Mox-LDL-Mos which produced very little or undetectable amounts of IL-10 (Figure 4). Overall, it can be suggested that under the tested conditions, Mox-LDL is unable to polarize M0-Mqs either towards a pro-inflammatory M1- or towards an anti-inflammatory M2-M ϕ phenotype.

Effect of Mox-LDL treatment on the morphology and viability of M1- and M2-M φ s

Microscopic analysis was performed so as to observe whether treatment of M1- and M2-Mqs with Mox-LDL would have any impact on their morphology. No significant morphological differences were noted between Mox-LDL/ M1-Mqs and M1-Mqs as well as between Mox-LDL/ M2-Møs and M2-Møs whereby untreated and Mox-LDL-treated M1 and M2-Mqs of round- and spindleshaped cells (Figure 5A). PI viability assay was carried out to assess any potential effect of Mox-LDL treatment on the viability of polarized M1- and M2-Mqs. The % of dead cells among M1-Mqs, Mox-LDL/M1-Mqs, M2-Mqs and Mox-LDL/M2-Mqs was ~24%, ~8.5%, ~9% and ~7%, respectively (Figure 5B). Hence, Mox-LDL treatment did not lead to a significant increase in cell death among M1and M2-Mqs.

Effect of Mox-LDL on MI-M ϕ and M2-M ϕ repolarization

To investigate the ability of Mox-LDL to switch/repolarize the phenotype of polarized M- M ϕ s, Mox-LDL/M1-M ϕ s and Mox-LDL/M2-M ϕ s were evaluated for their expression of M1- and M2-M ϕ -associated surface receptors. Mox-LDL treatment of M1- and M2-M ϕ s for 24 h did not influence their surface expression of the M1-M ϕ



Figure 2. Effect of Mox-LDL treatment on the morphology and viability of M0-M φ s. (A) Representative phase contrast inverted microscopy images of M0-M φ s, M1-M φ s, M2-M φ s, and Mox-LDL-treated M0-M φ s (Mox-LDL-M φ s) under × 400 magnification (scale bar: 50 µm). (B) Column bars demonstrating mean values of the percentage (%) of dead (PI-positive cells) M0-M φ s, M1-M φ s, M2-M φ s, and Mox-LDL-treated (at a concentration of 50 µg/ml for 24 h) M0-M φ s from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. Statistically significant differences were determined by one-way ANOVA followed by Tukey's multiple comparison post hoc test *P < 0.05.



Figure 3. Analysis of expression of MI-M ϕ and M2-M ϕ signature receptors on Mox-LDL-treated M0-M ϕ s. Representative flow cytometry dot plots and column bars demonstrating the surface expression of (A) CD80 (MI- ϕ marker) and (B) CD209 (M2- ϕ marker) on M0-M ϕ s, MI-M ϕ s, M2-M ϕ s and M0-M ϕ s treated with 50 µg/ml Mox-LDL for 24 h (Mox-LDL-M ϕ s). Column bars represent mean values of the percentage of CD80⁺ or CD209⁺ cells from 4 independent experiments (with each condition performed in duplicate). Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. ***P < 0.001; ****P < 0.0001.

IL-6 2000 1750 1500 1250 J000 750 500 250 MO-Mos M1-Møs M2-Mos Mox-LDL-Mos IL-10 100 80 60 pg/ml 40· 20 n M2-Mos Mox-LDL-Mos MO-Mos M1-Mos

Figure 4. Measurement of M1-M ϕ and M2-M ϕ signature cytokines produced by Mox-LDL-treated M0-M ϕ s. (A) IL-6 (M1- ϕ marker) and (B) IL-10 (M2- ϕ marker) levels in the culture supernatants of M0-M ϕ s, M1- ϕ s, M2-M ϕ s, and Mox-LDL-treated (at a concentration of 50 µg/ml for 24 h) M0-M ϕ s (Mox-LDL-M ϕ s) as measured by ELISA. Column bars represent mean values of 4 and 3 independent experiments (with each condition performed in duplicate) for IL-6 and IL-10 levels, respectively. Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. *** P < 0.001; **** P < 0.001.

associated marker, CD80, whereby the % of CD80⁺ cells among M1-M φ s, Mox-LDL/M1-M φ s, M2-M φ s and Mox-LDL/M2-M φ s was ~25.7%, ~27.3%, 1.7% and 1.8%, respectively (Figure 6A). In a similar manner, Mox-LDL treatment of M1-M φ s did not influence their surface expression of the M2-M φ associated marker, CD209, since M1-M φ s and Mox-LDL/M1-M φ s had a similar % of CD209⁺ cells among them (Figure 6B). In contrast, there was a trend towards a reduction in the % of CD209⁺ cells among Mox-LDL/M2-M φ s (~16.4%) as compared to M2-M φ s (30.9%) (Figure 6B).

To further determine the capacity of Mox-LDL to repolarize Mφs, we characterized the pro-inflammatory (IL-6) and anti-inflammatory (IL-10) cytokine secretion profiles of Mox-LDL-treated M1-Mφs and M2-Mφs. Analysis of cytokine release profiles clearly demonstrated that Mox-LDL/M1-Mφs and Mox-LDL/M2-Mφs produced the M1-Mφ associated cytokine, IL-6, at levels similar to those secreted by M1-Mφs and M2-Mφs, respectively (Figure 7). Remarkably, Mox-LDL/M1-M φ s exhibited significantly (P < 0.001) reduced secretion levels of IL-10 compared to M1-M φ s (Figure 7). The low secretion of IL-10 by M2-M φ s was not altered upon Mox-LDL treatment whereby Mox-LDL/M2-M φ s maintained their low IL-10 production (Figure 7).

Discussion

Mox-LDL is a patho-physiological model for LDL oxidation in vivo and is endowed with pro-inflammatory properties.²⁵ A previous study has demonstrated the ability of Mox-LDL to increase IL-8 and TNF- α production by THP-1 monocytes,²⁶ however, the role of Mox-LDL in Mo phenotypic polarization and repolarization was still unidentified. Knowing that Mox-LDL particles are pro-inflammatory, the present study investigated the potential in vitro effect of Mox-LDL on the polarization of uncommitted MO-Mqs as well as on the phenotypic switching of fully polarized M1- and M2-Mos using the human THP-derived Mo model. M0-Mos derived from the PMA-treated monocytic THP-1 cells have been employed as a reliable cellular model to study the biology of Mos as well as their role in various inflammatory diseases.^{17,27} Mos play an important role in inflammation and their contribution to the process of atherogenesis is well documented. Monocytes are among the first cells that arrive to the site of inflammation in atherosclerotic lesions. Upon their activation, monocytes differentiate into Mos that produce reactive oxygen species (ROS), thus leading to the conversion of LDL into a high-uptake form that is involved in transformation of Møs into foam cells.²⁰

A lot of disparities can be spotted in the scientific literature in terms of the protocols adopted for the differentiation of THP-1 monocytes into M0-Møs as well as for the polarization of M0-Mos towards the M1 and M2 types. All those protocols differ in the used PMA concentration and differentiation duration. In our study, we adopted a differentiation protocol that requires a 48 h-treatment period with PMA followed by a resting period of 24 h.²⁸ We successfully drove the differentiation of THP-1 monocytes into MO-Mqs and this was confirmed through the significant increase in M0-Mos size and granularity as well as in their surface expression of CD11b and CD11c when compared to THP-1 monocytes. These hallmarks of THP-1 monocyte to M0-M
differentiation have been previously reported in multiple studies.^{23,27,29} Mqs are renowned for their plasticity, and hence, they are capable of switching functions in response to microenvironmental cues which can induce diverse Mq activated phenotypes with "classically activated" M1-Mqs and "alternatively activated" M2-Mqs representing the two extremes.²⁹ Atherogenesis is a very complex process and it involves inflammatory and oxidative stress pathways where Mqs play a critical role in the chronic inflammatory response in the developing



Figure 5. Effect of Mox-LDL treatment on the morphology and viability of M1-Mqs and M2-Mqs. **A)** Representative phase contrast inverted microscopy images of M0-Mqs, M1-Mqs, M2-Mqs, and Mox-LDL-treated (at a concentration of 50 µg/ml for 24 h) M1-Mqs (Mox-LDL/M1-Mqs) and M2-Mqs (Mox-LDL/M2-Mqs) under × 400 magnification (scale bar: 50 µm). B) Column bars demonstrating mean values of the percentage (%) of dead (PI-positive cells) M0-Mqs, M1-Mqs, M2-Mqs, Mox-LDL/M1-Mqs and Mox-LDL/M2-Mqs from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. Statistically significant differences were determined by one-way ANOVA followed by Tukey's multiple comparison post hoc test.

atherosclerotic plaque.³⁰ Both M1- and M2-M ϕ s are known to exist in diverse stages of the human atherosclerotic plaques.¹ Various studies have analyzed the temporal distribution of M1-M ϕ s and M2-M ϕ s in atherosclerosis stages whereby M2-M ϕ s were found in early atherosclerotic stages while M1-M ϕ s where found in the middle and late stages of atherosclerosis.³¹ In this study, M0-M ϕ s were

polarized towards the M1-M ϕ type by stimulation with LPS and IFN- γ and towards the M2-M ϕ type by stimulation with IL-4 and IL-13.¹⁹ In order to check whether Mox-LDL favors the polarization of M0-M ϕ s towards the M1- or M2-M ϕ phenotype, we treated M0-M ϕ s with Mox-LDL for 24 h to generate Mox-LDL-M ϕ s which were analyzed for their surface expression and cytokine release of



Figure 6. Analysis of expression of M1-M ϕ and M2-M ϕ signature receptors on Mox-LDL-treated M1-M ϕ s and M2-M ϕ s. Representative flow cytometry dot plots and column bars demonstrating the surface expression of (A) CD80 (M1 marker) and (B) CD209 (M2 marker) on M0-M ϕ s, M1-M ϕ s, M2-M ϕ s and Mox-LDL-treated (at a concentration of 50 µg/ml for 24 h) M1-M ϕ s (Mox-LDL/M1-M ϕ s) and M2-M ϕ s (Mox-LDL/M2-M ϕ s). Column bars represent mean values of the percentage (%) of CD80⁺ or CD209⁺ cells from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. **P < 0.01.





Figure 7. Measurement of MI-M ϕ and M2-M ϕ signature cytokines produced by Mox-LDL-treated MI-M ϕ s and M2-M ϕ s. (A) IL-6 (MI- ϕ marker) and (B) IL-10 (M2- ϕ marker) levels in the culture supernatants of M0-M ϕ s, MI- ϕ s, M2-M ϕ s, and Mox-LDL-treated (at a concentration of 50 µg/ml for 24 h) MI-M ϕ s (Mox-LDL/MI-M ϕ s) and M2-M ϕ s (Mox-LDL/M2-M ϕ s) as measured by ELISA. Column bars represent mean values of 4 independent experiments (with each condition performed in duplicate). Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. ** P < 0.01; **** P < 0.001.

signature M1-Mq (CD80 and IL-6) and M2-Mq (CD209 and IL-10) markers.^{22,23} Our results clearly demonstrated that Mox-LDL-Mqs expressed CD80 and CD209 at levels that were similar to those of M0-Mqs/M2-Mqs and M0-Møs/M1-Møs, respectively. Moreover, Mox-LDL-Møs exhibited IL-6 and IL-10 release patterns that were identical to M0-Mos and M2-Mos. Based on our experimental model, Mox-LDL failed to induce the surface expression of CD80 and CD209 on M0-Mqs. Furthermore, Mox-LDL did not stimulate IL-6 and IL-10 production by M0-Mqs, thus indicating the inability of Mox-LDL in driving the polarization of M0-Mqs towards the M1 or M2 phenotype. One intriguing observation from our study was the high IL-10 release by M1-M\u03c6s as compared to M2-Mqs. Such a finding contradicts the already known fact about IL-10 as being an M2-Mq-assoicated antiinflammatory cytokine. However, a previous study has

reported a similar observation whereby M1-M φ s produced high levels of IL-10 which might be related to an autocrine and paracrine control of M1 metabolic programing in M φ s.³² On the same line, another study has shown that IL-10 mRNA expression was significantly higher in M1-M φ s relative to M2-M φ s.²²

Fully polarized Mos are known to retain their plasticity and can switch from a pro-inflammatory phenotype (M1) to an anti-inflammatory phenotype (M2) or vice versa. This unique ability of Mqs to switch polarized sates is referred to as "repolarization".¹⁴ In order to study the effect of Mox-LDL on the repolarization of Mos, M1- and M2-Mos were treated with Mox-LDL to generate Mox-LDL/M1-Mqs and Mox-LDL/M2-Mqs, respectively. Both Mo types were characterized for their CD80/CD209 surface expression and IL-6/IL-10 release patterns. We found that treatment of M1- and M2-Møs with Mox-LDL had no significant effect on the viability of cells. This is in line with our previous study performed on human aortic endothelial cells (HAEC), which showed that Mox-LDL treatment did not induce any significant effect on cell viability.³³ Conversely, another study has revealed the ability of a different form of oxidized LDL, copper oxidized LDL (Cu-oxLDL), to induce a significant reduction in the viability THP-1-derived M2-Mqs when used at a concentration of 1 or 40 µg/ml.³⁴ While Mox-LDL treatment M1-Møs (Mox-LDL/M1-M ϕ s) of and M2-Møs (Mox-LDL/M2-M\u03c6s) did not result in any alteration in their surface expression of CD80 or IL-6 release, it did result in a decrease in CD209 expression on Mox-LDL/ M2-Mqs; however, this decrease did not attain statistical significance. Moreover, Mox-LDL treatment failed to modulate CD209 surface expression on Mox-LDL/ M1-Mqs and IL-10 release by Mox-LDL/M2-Mqs. Interestingly, upon treatment of M1-Mos with Mox-LDL, we observed a significant reduction in IL-10 secretion by Mox-LDL/M1-Mqs. We believe that the Mox-LDL treatment may have induced a repolarization shift to a certain degree in M1-M ϕ s, by decreasing the secretion of the antiinflammatory cytokine, IL-10, and hence altering the phenotypic profile of these Mqs toward a more pro-inflammatory profile. It has been previously shown that Cu-oxLDL can reduce the functional phenotype of primary human monocyte derived M2-Mqs through switching their phenotype towards a pro-inflammatory M1-M
 type that exhibited elevated secretion of IL-6 and IL-8 and down-regulated expression of IL-10 following exposure to LPS. On the other hand, CuoxLDL had no effect on the phenotype of primary human monocyte derived M1-Mqs.³⁵ It was also reported that pretreatment of THP-1-derived M0-Mqs with Cu-oxLDL followed by LPS stimulation resulted in an increase in IL-10 production and a decrease in IL-6 release as compared to non-pre-treated/LPS-stimulated M0-M ϕ s.²⁴

Results from the current study showed that Mox-LDL failed to drive the polarization of THP-1-derived M0-M ϕ s. However, Mox-LDL demonstrated a potential to increase the pro-inflammatory state in M ϕ s by reducing the secretion of the anti-inflammatory M2-acssociated cyto-kine, IL-10, and by showing a tendency to downregulate the surface expression of the M2-M ϕ associated marker, CD209.

Future studies should aim at testing Mox-LDL potential effect on M1 and M2 functions *in vitro* and their relation to what happens during atherogenesis e.g., lipid uptake, reactive oxygen species production. Generally, the microenvironment of atherosclerotic lesions involves an abundance of M φ s with different polarized phenotypic states that are profoundly associated with lesion progression. Hence, we hope that our findings will pave the way for future investigations that would dig further into the effect of Mox-LDL on M φ biology to gain better insights into the immunological processes behind atherosclerosis development.

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All data generated or analyzed during this study are included in this published article.

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ORCID iD

Jalil Daher (D) https://orcid.org/0000-0001-5899-1685

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