# The effect of myeloperoxidase-oxidized LDL on THP-I macrophage polarization and repolarization 

Samer Bazzi ${ }^{\prime}$, Christian Frangie ${ }^{\prime}$, Eliana Azar ${ }^{\text {' }}$ and Jalil Daher ${ }^{1}$ (i)


#### Abstract

Macrophages (Mps) play a crucial role in the development of atherosclerosis by engulfing modified LDL particles and forming foam cells, the hallmark of atherosclerosis. Many studies suggest that myeloperoxidase-oxidized LDL (MoxLDL) is an important pathophysiological model for LDL modification in vivo. Classically (MI) and alternatively activated (M2) M $\varphi s$ are both implicated in the process of atherogenesis. M $\varphi s$ are highly plastic cells whereby they undergo repolarization from MI to M2 and vice versa. Since little is known about the effects of Mox-LDL on M $\varphi$ polarization and repolarization, our study aimed at evaluating the in vitro effects of Mox-LDL at this level through making use of the wellestablished model of human THP-I-derived M $\varphi$ s. Resting M0-M $\varphi s$ were polarized toward MI- and M2-M $\varphi$ s, then M0-, MI- and M2-M $\varphi$ s were all treated with physiological concentrations of Mox-LDL to assess the effect of Mox-LDL treatment on $M \varphi$ polarization and repolarization. Treatment of $M 0-M \varphi s$ with a physiological concentration of Mox-LDL had no significant effects at the level of their polarization. However, treatment of MI-M $\varphi$ s with Mox-LDL resulted in a significant reduction in their IL-IO cytokine secretion. Our results point to a potential role of Mox-LDL in increasing the pro-inflammatory state in M $\varphi$ s through reducing the release of the anti-inflammatory cytokine, IL-IO.


## Keywords

mox-LDL, atherosclerosis, macrophage polarization, macrophage repolarization, THP-I, pro-inflammatory, antiinflammatory

Date received: 7 September 202I; revised: 23 February 2022; accepted: 13 March 2022

## Introduction

Atherosclerosis is a clinical condition for which multiple genetic and environmental causal factors have been proposed. The accumulation of foam cells, macrophages ( $\mathrm{M} \varphi s$ ) that have engulfed large amounts of modified low density lipoprotein (LDL) particles is a key process that results in the thickening of the arterial wall which is seen during the course of atherosclerosis. ${ }^{1,2}$ Observations also suggest that myeloperoxidase (MPO), a protein secreted by immune cells, is a major physiological player in generating modified/oxidized LDL molecules via the production of hypochlorous acid ( HOCl ) from $\mathrm{H}_{2} \mathrm{O}_{2}$ and chloride. ${ }^{3-5}$ Several studies have shown that human atherosclerotic lesions contain HOCl-modified LDLs, which are located in vascular cells as well as in extracellular spaces. ${ }^{4}$ Other studies have demonstrated that patients with MPO-deficiency have reduced risk of cardiovascular disease. ${ }^{5,6}$ In human atheroma plaques, markers for both M1- and M2-M $\varphi$ s have been detected throughout all stages of disease progression. ${ }^{7}$ Similarly, murine models have confirmed the presence of M1- and $\mathrm{M} 2-\mathrm{M} \varphi$ markers
in mouse atherosclerotic lesions and it has been suggested that a shift from M2 to M1 phenotype occurs while the plaque is progressing. ${ }^{8,9} \mathrm{M} \varphi$ s possess diverse phenotypic and functional properties and thus have the ability to respond to various environmental stimuli. ${ }^{10} \mathrm{M} \varphi \mathrm{s}$ are polarized into the M1 phenotype by Th1 cytokines such as IFN- $\gamma$ and TNF- $\alpha$ and/or by a microbial stimulus such as lipopolysaccharide (LPS). At the other extreme, $\mathrm{M} \varphi$ s are polarized towards the M2 phenotype by Th2 cytokines mainly IL-4 and IL-13, as well as by other anti-inflammatory cytokines [i.e. TGF- $\beta$ and IL-10], glucocorticoids, or immune

[^0]complexes. ${ }^{11,12}$ Polarized M2-M $\varphi$ s do not constitute a uniform population and are subcategorized into M2a, M2b, M2c, and M2d whereby M2a is the most well-described polarized $\mathrm{M} 2-\mathrm{M} \varphi$ population. ${ }^{13} \mathrm{M} 1-\mathrm{M} \varphi s$ secrete high levels of pro-inflammatory cytokines (i.e. IL-1 $\beta$, IL-6, IL-12, IL-23, and TNF- $\alpha$ ) and play a crucial role in the elimination of pathogens and tumor cells. ${ }^{11,12}$ In contrast, M2-M $\varphi$ s secrete high levels of anti-inflammatory cytokines (i.e. IL-10 and TGF- $\beta$ ) and are involved in promoting tissue repair and remodeling, inducing angiogenesis, clearing parasites and worms, and promoting matrix deposition. ${ }^{13}$ Atheroma plaque-associated $\mathrm{M} \varphi s$ express M1- and M2-M $\varphi$ phenotypic states, in addition to $\mathrm{M} \varphi$ states and features that are intermediate between the two extreme polarization states of $\mathrm{M} \varphi \mathrm{s} .{ }^{14}$ However, it remains controversial whether $\mathrm{M} \varphi$ s with intermediate features are in a transition state between the two extreme polarization states or they are distinct populations with specific functions. ${ }^{14}$ Inside human atherosclerotic lesions and within the plaque, there is a significant difference in the spatial distribution of polarized $\mathrm{M} \varphi \mathrm{s}$. For instance, $\mathrm{M} 1-\mathrm{M} \varphi$ s dominate the plaque shoulder region which is a significant predilection site for plaque rupture while $\mathrm{M} 2-\mathrm{M} \varphi$ s is the main $\mathrm{M} \varphi$ subset present in the perivascular adventitial tissue. ${ }^{15}$ Moreover, fibrous cap $\mathrm{M} \varphi \mathrm{s}$ show similar numbers of M1- and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s} .{ }^{15}$ Of note, $\mathrm{M} \varphi$ polarization states were also reported to differ between the plaques of symptomatic and asymptomatic patients where symptomatic plaques express significantly higher amounts of M1-M $\rho$ s and Th-1 cytokines and asymptomatic plaques expressed significantly more $\mathrm{M} 2-\mathrm{M} \varphi$ s and Th-2 cytokines. ${ }^{16} \mathrm{M} \varphi$ s were found to have the ability to dynamically shift their phenotypes in response to microenvironmental and intracellular cues. This ability to change phenotypic polarized sates is referred to as "repolarization" and it gives $\mathrm{M} \varphi$ s their plasticity. ${ }^{14}$ In vitro, polarized $\mathrm{M} \varphi$ s completely reverted from their initial phenotype to the opposite phenotype after stimulation with the opposite polarizing stimulants. ${ }^{9}$

Since little is known about the effect of MPO oxidized-LDL (Mox-LDL) on $\mathrm{M} \varphi \mathrm{s}$, this study aimed at evaluating the in vitro effects of Mox-LDL on the polarization of resting $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ as well as on the repolarization of M1- and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$ through making use of the wellestablished model of human THP-1-derived M $\varphi$ s. ${ }^{17}$ Our results point to a potential role for Mox-LDL in increasing the pro-inflammatory state in $\mathrm{M} \varphi$ s by reducing the antiinflammatory cytokine IL-10.

## Materials and methods

## Maintenance of THP-I monocytes

THP-1 cells (kindly provided by Dr Marwan El-Sabban, American University of Beirut) were cultured in growth medium (GM) made up of Roswell Park Memorial Institute medium (RPMI) 1640 medium (Sigma Aldrich,

Darmstadt, Germany), supplemented with $10 \%$ heat inactivated fetal bovine serum (FBS), $1 \%$ penicillin/streptomycin mixture, and $1 \%$ L-glutamine (Sigma Aldrich). Cells were maintained at $37^{\circ} \mathrm{C}$ in a humidified $5 \% \mathrm{CO}_{2}$ incubator at $37^{\circ} \mathrm{C}$. THP-1 cells were used between passages $10-30$. Cells were checked for viability using the Trypan blue exclusion method throughout the maintenance of THP-1 cells in culture. ${ }^{18}$

## THP-I monocytes differentiation into $\mathrm{MO}-\mathrm{M} \varphi$ s

To differentiate THP-1 cells into $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$, THP-1 cells were seeded in a 6 -well culture plate at a density of $1 \times$ $10^{6}$ cells/well. Cells were either left untreated or treated with phorbol 12-myristate 13-acetate (phorbol 12-myristate 13-acetate (PMA), Sigma Aldrich) at a concentration of 150 nM for a period of $48 \mathrm{~h} .{ }^{19}$ Following differentiation, adherent M0-M $\varphi$ s were washed twice with GM and cells were subjected to a resting period for an additional 24 h period in GM to obtain resting M0-M $\varphi$ s. ${ }^{17}$ Meanwhile, THP-1 monocytes were replenished with fresh GM.

## Polarization of $\mathrm{MO}-\mathrm{M} \varphi \mathrm{s}$

$\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ were polarized into $\mathrm{M} 1-\mathrm{M} \varphi$ s by treatment with $20 \mathrm{ng} / \mathrm{ml}$ of IFN- $\gamma$ (Invitrogen, Thermo Fisher, Waltham, Massachusetts, USA) and $100 \mathrm{ng} / \mathrm{ml}$ of LPS (InvivoGen, Toulouse, France) for 24 or 48 h . On the other hand, $\mathrm{M} 0-\mathrm{M} \varphi$ s were polarized into $\mathrm{M} 2-\mathrm{M} \varphi$ s by incubation with $20 \mathrm{ng} / \mathrm{ml}$ of IL-13 (Gibco, Thermo Fisher, Waltham, Massachusetts, USA) and $20 \mathrm{ng} / \mathrm{ml}$ of IL-4 (Invitrogen) for 24 or 48 h .

## Mox-LDL preparation

Mox-LDL was generated by mixing 1.6 mg of native LDL (final concentration: $0.8 \mathrm{mg} / \mathrm{ml}$ ) (Invitrogen), with $8 \mu \mathrm{l}$ of 1 M HCl (final concentration: 4 mM ), $45 \mu \mathrm{l}$ of MPO (final concentration: 250 nM ), and $40 \mu \mathrm{l}$ of $50 \mathrm{mM} \mathrm{H}_{2} \mathrm{O}_{2}$ (final concentration: 1 mM ). The volume was adjusted to 2 ml using Dulbecco's phosphate-buffered saline (DPBS, pH 7.4, Sigma Aldrich) containing $1 \mathrm{~g} / \mathrm{l}$ of ethylenediaminetetraacetic acid (EDTA). Afterwards, Mox-LDL was desalted to remove impurities. ${ }^{20}$

## Mox-LDL treatment of $M \varphi s$

M0-, M1-, and M2-M $\varphi$ s were treated with Mox-LDL at a concentration of $50 \mu \mathrm{~g} / \mathrm{ml}$ for 24 h , as previously reported and which reflects what may happen under physiological conditions in vivo. ${ }^{21}$ Thus, they will be referred to as Mox-LDL-M $\varphi$, Mox-LDL/M1-M $\varphi$ s and Mox-LDL/ $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$, respectively.

## Detachment of $M \varphi s$

To collect adherent $\mathrm{M} \varphi \mathrm{s}$, cells were first washed twice with warm DPBS and then incubated with accutase solution (Gibco) for $5-10 \mathrm{~min}$ at $37^{\circ} \mathrm{C}$. Detached cells were collected by centrifugation at 270 g at $4^{\circ} \mathrm{C}$ for 5 min .

## Propidium iodide (Pi) cell viability assay

PI cell viability assay was used to assess the viability of $\mathrm{M} 0-\mathrm{M} \varphi$ s post-M1 and $\mathrm{M} 2-\mathrm{M} \varphi$ polarization as well as post-M $\varphi$ treatment with Mox-LDL. Cells were stained with $50 \mu \mathrm{~g} / \mathrm{ml}$ PI (Invitrogen) for 10 min at room temperature in the dark. Samples were run on a FACSCalibur flow cytometer (BD Biosciences, San Jose, CA, USA). and data were analyzed using CellQuest Pro software version 5.1 (BD Biosciences). Viable and dead cell populations were identified as $\mathrm{PI}^{-}$and $\mathrm{PI}^{+}$cells, respectively. A total of 10,000 single cell events were measured for each sample.

## Morphological examination of THP-I monocytes and M甲s

Phase-contrast images ( $\times 400$ total magnification) of THP-1 monocytes and different $\mathrm{M} \varphi$ types were obtained using a phase contrast inverted microscope (Leica microsystems, Wetzlar, Germany).

## Immunophenotyping of THP-I monocytes and $M \varphi s$

THP-1 monocytes and different $\mathrm{M} \varphi$ types were collected and incubated at a density of $1 \times 10^{5}$ cells in $100 \mu \mathrm{l}$ of blocking buffer (DPBS $+2.5 \% \mathrm{FBS}$ ) for 15 min at $4^{\circ} \mathrm{C}$. Cells were then incubated with phycoerythrin (PE)-conjugated mouse anti-human CD11b, allophycocyanin (APC)-conjugated mouse anti-human CD11c, APC-conjugated mouse antihuman CD80, or APC-conjugated mouse anti-human CD209 (BD Biosciences) for 30 min at $4^{\circ} \mathrm{C}$. Cells were also stained with isotype-matched control Abs which included: APC-conjugated IgG1, IgG2a, IgG2b, or PE conjugated mouse IgG1 (BD Biosciences). Following incubation, cells were washed twice with cold DPBS and finally re-suspended in $500 \mu \mathrm{l}$ cold DPBS and run on a flow cytometer within 30 min .

## Flow cytometry analysis

Surface expression levels of receptors were analyzed on THP-1 monocytes and different $\mathrm{M} \varphi$ types using a FACSCalibur flow cytometer (BD Biosciences) and CellQuest Pro software 5.1 (BD Biosciences). Surface receptor expression levels were reported either as percentage of receptor-positive cells or as raw geometric mean fluorescence intensity (MFI) of receptor-positive cells. In
addition, forward scatter (FSC) and side scatter (SSC) properties of cells were analyzed. A total of 10,000 single cell events were measured for each sample.

## ELISA

Supernatants from M0-, M1-, M2-, Mox-LDL, Mox-LDL/ M1-, and Mox-LDL/M2-M $\varphi$ cultures were collected and stored at $-80^{\circ} \mathrm{C}$ for later cytokine analysis. IL-6 and IL-10 levels in $\mathrm{M} \varphi$ culture supernatants were measured using commercially available sandwich ELISA kits (Invitrogen). Samples were processed according to the manufacturer's instructions in duplicates and measured at 450 nm on a micro-plate reader (Biotek, Winooski, VT, USA).

## Statistical analysis

Statistical analysis was performed using GraphPad Prism software (version 6.0; GraphPad Software, San Diego, CA, USA). Data are expressed as the mean $\pm$ standard error mean (SEM). Statistical significance was conducted using unpaired t-test for experiments consisting of only two groups or one-way ANOVA followed Tukey's multiple comparison post hoc test for experiments with 3 or more groups. Differences were considered statistically significant at $P<0.05$.

## Results

## The effect of PMA-induced differentiation of THP-I monocytes into $M 0-M \varphi s$ on cell morphology, granularity and CdIIb/CdI Ic surface expression

For the confirmation of PMA-induced differentiation of THP-1 monocytes into $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$, cells were visualized under an inverted phase contrast microscope for the assessment of morphology. PMA treatment of THP-1 monocytes was shown to increase the size of THP-1 monocytes, and to promote their adherence to the bottom of culture plate, whereby both characteristics are indicative of the $\mathrm{M} \varphi$ phenotype (Figure 1A). Moreover, upon PMA-induced differentiation of THP-1 monocytes to $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$, flow cytometry analysis revealed a significant increase in SSC properties of THP-1-derived $\mathrm{M} 0-\mathrm{M} \varphi$ s in comparison with THP-1 monocytes (Figure 1B). In order to further confirm the PMA-induced differentiation of THP-1 monocytes into M0-M 9 , CD11b and CD11c surface expression levels were analyzed, and the data showed a statistically significant increase in the percentage of cells bearing those relevant markers upon the differentiation of THP-1 monocytes into M0-M $\varphi$ s (Figures 1 C and 1D).


Figure I. Validation of PMA-induced differentiation of THP-I monocytes into M0-M $\varphi$ s. (A) Representative phase contrast inverted microscopy images of THP-I monocytes and M0-M $\varphi$ s under $\times 400$ magnification (scale bar: $50 \mu \mathrm{~m}$ ). (B) Representative flow cytometry dot plots showing the forward-scatter (FSC) and side-scatter (SSC) properties of THP-I monocytes and M0-Mps. (C) Representative flow cytometry histogram plots demonstrating the surface expression of CDIIb and CDIIc on THP-I monocytes and MO-Mps. (D) Column bars representing mean values of the percentage (\%) and geometric mean fluorescence intensity (MFI) of CDIIb ${ }^{+}$and CDIIc ${ }^{+}$cells from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. Statistically significant differences were determined by unpaired t-test $* * P<0.0$ I; $* * * P<0.00$ I; ****P $<0.000$ I.

## Effect of polarization and Mox-LDL treatment on the morphology and viability of $\mathrm{MO}-\mathrm{M} \varphi$ s

Changes in $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ morphology were observed following their polarization towards $\mathrm{M} 1-\mathrm{M} \varphi$ or $\mathrm{M} 2-\mathrm{M} \varphi$ phenotype, as well as upon their treatment with Mox-LDL. Unpolarized/ uncommitted $\mathrm{M} 0-\mathrm{M} \varphi$ s displayed a mixture of round- and spindle-shaped cells with the former being more abundant. However, $\mathrm{M} 0-\mathrm{M} \varphi s$ exhibited very similar changes following their 24 h culture in M1- or M2-M $\varphi$ polarizing conditions or upon their treatment with Mox-LDL (Mox-LDL-M $\varphi$ ) whereby spindle-shaped cells were more abundant than round-shaped cells (Figure 2A). To confirm that M0-M $\varphi$ s treatment with Mox-LDL and their polarization did not severely affect cell viability, all $\mathrm{M} \varphi$ types were stained with PI and analyzed by flow cytometry. M0-M $\varphi$ s showed $\sim 8 \%$ of spontaneous cell death, whereas polarized $\mathrm{M} 1-\mathrm{M} \varphi$ s demonstrated a significantly $(P<0.05)$ higher \% of dead cells (22\%) as compared to M0-M $\varphi$ s. In contrast, polarization of $\mathrm{M} 0-\mathrm{M} \varphi$ s towards the M 2 phenotype did not induce any significant increase in cell death. Mox-LDL treatment of $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ resulted in $\sim 11 \%$ of dead cells, thus indicating that Mox-LDL treatment of $\mathrm{M} 0-\mathrm{M} \varphi$ s did cause a significant increase in $\mathrm{M} 0-\mathrm{M} \varphi$ s cell death (Figure 2B).

## Effect of Mox-LDL on $\mathrm{MO}-\mathrm{M} \varphi$ s polarization

To determine the impact of Mox-LDL on $\mathrm{M} 0-\mathrm{M} \varphi$ s polarization, the surface expression of CD80 and CD209 receptors was analyzed on Mox-LDL-M $\varphi$ s and was compared to M1- and M2-polarized M $\varphi$ s. Expression levels of CD80 and CD209 are known to be up-regulated upon the polarization of THP-1-derived $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ into $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}^{22}$ and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s},{ }^{23}$ respectively. A concentration-response analysis was carried out to evaluate the effect of 24 h stimulation of $\mathrm{M} 0-\mathrm{M} \varphi$ s with increasing concentrations (25, 50 and $100 \mu \mathrm{~g} / \mathrm{ml}$ ) of Mox-LDL on their surface expression of CD80 and CD209. No significant differences in the percentages of $\mathrm{CD} 80^{+}$and $\mathrm{CD} 209^{+}$cells were observed between control unstimulated $\mathrm{M} 0-\mathrm{M} \varphi$ s and $\mathrm{M} 0-\mathrm{M} \varphi$ s stimulated with the three different Mox-LDL concentrations (Supplementary Figure S1). Accordingly, the $50 \mu \mathrm{~g} / \mathrm{ml}$ intermediate concentration of Mox-LDL, which also represents the physiological concentration, ${ }^{21}$ was used in the following experiments. As expected, $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ stimulation with LPS and IFN- $\gamma$ (M1-M $\varphi$ polarizing agents) resulted in a significant $(P<0.0001)$ up-regulation in the percentage ( $\sim 15$-fold) of CD80 positive cells, as compared to M0-, M2-, and Mox-LDL-M $\varphi$ s (Figure 3A). Moreover, treatment of M0-M $\varphi$ s with Mox-LDL had no significant effect on their CD80 expression whereby they presented a similar profile to that of M0- and M2-Mps (Figure 3A). On the other hand, stimulation of M0-M $\varphi$ s with IL-4 and IL-13 (M2-M $\varphi$ polarizing agents) showed a significant $(P<0.001)$
~13-fold increase in the percentage of CD209 positive cells for $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$ versus M0-, M1-, and Mox-LDL-M $\varphi$ (Figure 3B). Furthermore, exposure of $\mathrm{M} 0-\mathrm{M} \varphi$ s to Mox-LDL had no effect on their CD209 expression and treated $\mathrm{M} \varphi$ s expressed CD209 at levels comparable to those of M0and M1-M $\varphi$ s (Figure 3B).

Oxidized LDL has been previously reported to stimulate THP-1 monocytes or THP-1-derived M0-M $\varphi$ s to secrete certain $\mathrm{M} 1-\mathrm{M} \varphi$ - and $\mathrm{M} 2-\mathrm{M} \varphi$-associated cytokines such as IL-6 and IL-10, respectively. ${ }^{24} \mathrm{M} 0-\mathrm{M} \varphi$ s exposed to a physiological concentration of Mox-LDL for 24 h were assessed for their IL-6 and IL-10 secreted levels that were compared to those produced by M0-, M1- and M2-Mps. We found that treatment of M0-M $\varphi$ s with Mox-LDL did not affect their IL-6 and IL-10 production patterns (Figure 4). Unsurprisingly, M1-M $\varphi$ s produced significantly higher levels of IL-6 ( $P<0.0001$ ) than M0-M $\varphi$ s, M2-M $\varphi$ s and Mox-LDL-M $\varphi$ s did (Figure 4). Surprisingly, IL-10 was released in significantly $(P<0.001)$ greater amounts by $\mathrm{M} 1-\mathrm{M} \varphi$ s than by $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$, M2-M $\varphi$ s and Mox-LDL-M $\varphi$ s which produced very little or undetectable amounts of IL-10 (Figure 4). Overall, it can be suggested that under the tested conditions, Mox-LDL is unable to polarize $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ either towards a pro-inflammatory M1- or towards an anti-inflammatory $\mathrm{M} 2-\mathrm{M} \varphi$ phenotype.

## Effect of Mox-LDL treatment on the morphology and viability of MI - and $\mathrm{M} 2-\mathrm{M} \varphi$ s

Microscopic analysis was performed so as to observe whether treatment of M1- and M2-M $\varphi$ s with Mox-LDL would have any impact on their morphology. No significant morphological differences were noted between Mox-LDL/ $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$ and $\mathrm{M} 1-\mathrm{M} \varphi$ s as well as between Mox-LDL/ $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$ and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$ whereby untreated and Mox-LDL-treated M1 and M2-M $\varphi$ s of round- and spindleshaped cells (Figure 5A). PI viability assay was carried out to assess any potential effect of Mox-LDL treatment on the viability of polarized M1- and M2-M $\varphi$ s. The \% of dead cells among $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$, Mox-LDL/M1-M $\varphi$, M2-M $\varphi s$ and Mox-LDL/M2-M $\varphi$ s was $\sim 24 \%, \sim 8.5 \%, \sim 9 \%$ and $\sim 7 \%$, respectively (Figure 5B). Hence, Mox-LDL treatment did not lead to a significant increase in cell death among M1and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$.

## Effect of Mox-LDL on $M I-M \varphi$ and $M 2-M \varphi$ repolarization

To investigate the ability of Mox-LDL to switch/repolarize the phenotype of polarized M- M $\varphi$, Mox-LDL/M1-M $\varphi$ s and Mox-LDL/M2-M $\varphi$ s were evaluated for their expression of M1- and M2-M $\varphi$-associated surface receptors. Mox-LDL treatment of M1- and M2-M $\varphi$ s for 24 h did not influence their surface expression of the $\mathrm{M} 1-\mathrm{M} \varphi$


Figure 2. Effect of Mox-LDL treatment on the morphology and viability of MO-Mps. (A) Representative phase contrast inverted microscopy images of M0-Mps, MI-Mps, M2-Mps, and Mox-LDL-treated M0-Mps (Mox-LDL-Mps) under $\times 400$ magnification (scale bar: $50 \mu \mathrm{~m}$ ). (B) Column bars demonstrating mean values of the percentage (\%) of dead (Pl-positive cells) M0-Mps, MI-M $\varphi \mathrm{s}$, M2-M $\varphi$ s, and Mox-LDL-treated (at a concentration of $50 \mu \mathrm{~g} / \mathrm{ml}$ for 24 h ) M0-M $\varphi \mathrm{s}$ from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. Statistically significant differences were determined by one-way ANOVA followed by Tukey's multiple comparison post hoc test $* P<0.05$.


Figure 3. Analysis of expression of $M 1-M \varphi$ and $M 2-M \varphi$ signature receptors on Mox-LDL-treated M0-M $\varphi$. Representative flow cytometry dot plots and column bars demonstrating the surface expression of (A) CD80 (MI- $\varphi$ marker) and (B) CD209 (M2- $\varphi$ marker) on M0-M $\varphi$ s, MI-M $\varphi$ s, M2-M $\varphi$ s and $M 0-M \varphi s$ treated with $50 \mu \mathrm{~g} / \mathrm{ml}$ Mox-LDL for 24 h (Mox-LDL-M $\varphi s$ ). Column bars represent mean values of the percentage of $\mathrm{CD} 80^{+}$or $\mathrm{CD} 209^{+}$cells from 4 independent experiments (with each condition performed in duplicate). Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. $* * * P<0.001$; $* * * * P<0.000$ I.


Figure 4. Measurement of $M I-M \varphi$ and $M 2-M \varphi$ signature cytokines produced by Mox-LDL-treated M0-Mps. (A) IL-6 (MI- $\varphi$ marker) and (B) IL-IO (M2- $\varphi$ marker) levels in the culture supernatants of M0-M $\rho \mathrm{s}, \mathrm{MI}-\varphi \mathrm{s}, \mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$, and Mox-LDL-treated (at a concentration of $50 \mu \mathrm{~g} / \mathrm{ml}$ for 24 h ) M0-M $\varphi \mathrm{s}$ (Mox-LDL-M $\varphi$ s) as measured by ELISA. Column bars represent mean values of 4 and 3 independent experiments (with each condition performed in duplicate) for IL-6 and IL-IO levels, respectively. Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. $* * * P<0.001$; $* * * * P<0.000$ I.
associated marker, CD80, whereby the $\%$ of $\mathrm{CD} 80^{+}$cells among M1-M 1 , Mox-LDL/M1-M $\varphi$ s, M2-M $\varphi$ s and Mox-LDL/M2-Mps was $\sim 25.7 \%, \sim 27.3 \%, 1.7 \%$ and $1.8 \%$, respectively (Figure 6A). In a similar manner, Mox-LDL treatment of M1-M $\varphi$ s did not influence their surface expression of the $\mathrm{M} 2-\mathrm{M} \varphi$ associated marker, CD209, since $\mathrm{M} 1-\mathrm{M} \varphi$ s and Mox-LDL/M1-M $\varphi$ s had a similar \% of CD209 ${ }^{+}$cells among them (Figure 6B). In contrast, there was a trend towards a reduction in the \% of CD209 ${ }^{+}$cells among Mox-LDL/M2-M $\varphi s$ ( $\sim 16.4 \%$ ) as compared to M2-M $\varphi$ s ( $30.9 \%$ ) (Figure 6B).

To further determine the capacity of Mox-LDL to repolarize $\mathrm{M} \varphi \mathrm{s}$, we characterized the pro-inflammatory (IL-6) and anti-inflammatory (IL-10) cytokine secretion profiles of Mox-LDL-treated M1-M $\varphi$ s and M2-M $\varphi$ s. Analysis of cytokine release profiles clearly demonstrated that Mox-LDL/M1-M $\varphi$ s and Mox-LDL/M2-M $\varphi$ s produced the M1-M $\varphi$ associated cytokine, IL-6, at levels similar to those secreted by $\mathrm{M} 1-\mathrm{M} \varphi$ s and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$, respectively
(Figure 7). Remarkably, Mox-LDL/M1-M $\varphi$ s exhibited significantly ( $P<0.001$ ) reduced secretion levels of IL-10 compared to $\mathrm{M} 1-\mathrm{M} \varphi$ s (Figure 7). The low secretion of IL-10 by M2-M $\varphi$ s was not altered upon Mox-LDL treatment whereby Mox-LDL/M2-M $\varphi$ s maintained their low IL-10 production (Figure 7).

## Discussion

Mox-LDL is a patho-physiological model for LDL oxidation in vivo and is endowed with pro-inflammatory properties. ${ }^{25}$ A previous study has demonstrated the ability of Mox-LDL to increase IL-8 and TNF- $\alpha$ production by THP-1 monocytes, ${ }^{26}$ however, the role of Mox-LDL in $\mathrm{M} \varphi$ phenotypic polarization and repolarization was still unidentified. Knowing that Mox-LDL particles are pro-inflammatory, the present study investigated the potential in vitro effect of Mox-LDL on the polarization of uncommitted $\mathrm{M} 0-\mathrm{M} \varphi$ s as well as on the phenotypic switching of fully polarized M1- and M2-M $\varphi$ s using the human THP-derived $\mathrm{M} \varphi$ model. M0-M $\varphi$ s derived from the PMA-treated monocytic THP-1 cells have been employed as a reliable cellular model to study the biology of M $\varphi$ s as well as their role in various inflammatory diseases. ${ }^{17,27}$ $\mathrm{M} \varphi$ s play an important role in inflammation and their contribution to the process of atherogenesis is well documented. Monocytes are among the first cells that arrive to the site of inflammation in atherosclerotic lesions. Upon their activation, monocytes differentiate into $\mathrm{M} \varphi$ s that produce reactive oxygen species (ROS), thus leading to the conversion of LDL into a high-uptake form that is involved in transformation of $\mathrm{M} \varphi$ s into foam cells. ${ }^{20}$

A lot of disparities can be spotted in the scientific literature in terms of the protocols adopted for the differentiation of THP-1 monocytes into $\mathrm{M} 0-\mathrm{M} \varphi$ s as well as for the polarization of M0-M $\varphi$ s towards the M1 and M2 types. All those protocols differ in the used PMA concentration and differentiation duration. In our study, we adopted a differentiation protocol that requires a 48 h -treatment period with PMA followed by a resting period of $24 \mathrm{~h} .{ }^{28}$ We successfully drove the differentiation of THP-1 monocytes into $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$ and this was confirmed through the significant increase in $\mathrm{M} 0-\mathrm{M} \varphi$ s size and granularity as well as in their surface expression of CD11b and CD11c when compared to THP-1 monocytes. These hallmarks of THP-1 monocyte to $\mathrm{M} 0-\mathrm{M} \varphi$ differentiation have been previously reported in multiple studies. ${ }^{23,27,29} \mathrm{M} \varphi$ s are renowned for their plasticity, and hence, they are capable of switching functions in response to microenvironmental cues which can induce diverse $\mathrm{M} \varphi$ activated phenotypes with "classically activated" M1-M $\varphi$ s and "alternatively activated" $\mathrm{M} 2-\mathrm{M} \varphi$ s representing the two extremes. ${ }^{29}$ Atherogenesis is a very complex process and it involves inflammatory and oxidative stress pathways where $\mathrm{M} \varphi$ s play a critical role in the chronic inflammatory response in the developing


Figure 5. Effect of Mox-LDL treatment on the morphology and viability of MI-M $\varphi s$ and $M 2-M \varphi s$. A) Representative phase contrast inverted microscopy images of M0-M $\varphi s$, MI-M $\varphi s$, M2-M $\varphi s$, and Mox-LDL-treated (at a concentration of $50 \mu \mathrm{~g} / \mathrm{ml}$ for 24 h ) MI-M $\varphi s$ (Mox-LDL/MI-M $\varphi s$ ) and M2-M $\varphi s$ (Mox-LDL/M2-M $\varphi s$ ) under $\times 400$ magnification (scale bar: $50 \mu \mathrm{~m}$ ). B) Column bars demonstrating mean values of the percentage (\%) of dead (Pl-positive cells) M0-Mps, MI-Mps, M2-Mps, Mox-LDL/MI-Mps and Mox-LDL/M2-Mps from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. Statistically significant differences were determined by one-way ANOVA followed by Tukey's multiple comparison post hoc test.
atherosclerotic plaque. ${ }^{30}$ Both $\mathrm{M} 1-$ and $\mathrm{M} 2-\mathrm{M} \varphi$ s are known to exist in diverse stages of the human atherosclerotic plaques. ${ }^{1}$ Various studies have analyzed the temporal distribution of $\mathrm{M} 1-\mathrm{M} \varphi$ s and $\mathrm{M} 2-\mathrm{M} \varphi$ s in atherosclerosis stages whereby $\mathrm{M} 2-\mathrm{M} \varphi$ s were found in early atherosclerotic stages while M1-M $\varphi$ s where found in the middle and late stages of atherosclerosis. ${ }^{31}$ In this study, $\mathrm{M} 0-\mathrm{M} \varphi$ s were
polarized towards the M1-M $\varphi$ type by stimulation with LPS and IFN- $\gamma$ and towards the M2-M $\varphi$ type by stimulation with IL-4 and IL-13. ${ }^{19}$ In order to check whether Mox-LDL favors the polarization of $\mathrm{M} 0-\mathrm{M} \varphi$ s towards the M1- or $\mathrm{M} 2-\mathrm{M} \varphi$ phenotype, we treated $\mathrm{M} 0-\mathrm{M} \varphi$ s with Mox-LDL for 24 h to generate Mox-LDL-M $\varphi$ s which were analyzed for their surface expression and cytokine release of


Figure 6. Analysis of expression of $\mathrm{MI}-\mathrm{M} \varphi$ and $\mathrm{M} 2-\mathrm{M} \varphi$ signature receptors on Mox-LDL-treated $\mathrm{MI}-\mathrm{M} \varphi \mathrm{s}$ and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$. Representative flow cytometry dot plots and column bars demonstrating the surface expression of (A) CD80 (MI marker) and (B) CD209 (M2 marker) on M0-Mps, MI-Mps, M2-Mps and Mox-LDL-treated (at a concentration of $50 \mu \mathrm{~g} / \mathrm{ml}$ for 24 h ) MI-Mps (Mox-LDL/MI-M $\varphi s$ ) and M2-M $\varphi s$ (Mox-LDL/M2-M $\varphi s$ ). Column bars represent mean values of the percentage (\%) of CD80 ${ }^{+}$or CD209 ${ }^{+}$cells from 3 independent experiments (with each condition performed in duplicate). Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. ${ }^{* * P}<0.0$ I.


Figure 7. Measurement of MI-M $\varphi$ and $M 2-M \varphi$ signature cytokines produced by Mox-LDL-treated MI-M $\rho$ and M2-Mps. (A) IL-6 (MI- $\varphi$ marker) and (B) IL-I0 (M2- $\varphi$ marker) levels in the culture supernatants of M0-M $\varphi s$, MI- $\varphi s$, M2-M $\rho s$, and Mox-LDL-treated (at a concentration of $50 \mu \mathrm{~g} / \mathrm{ml}$ for 24 h ) MI-Mps (Mox-LDL/MI-Mps) and M2-Mps (Mox-LDL/M2-Mps) as measured by ELISA. Column bars represent mean values of 4 independent experiments (with each condition performed in duplicate). Error bars represent SEM. One-way ANOVA followed by Tukey's multiple comparison post hoc test was used to calculate statistical significance. $* * P<0.01$; $* * * * P<0.000$ I.
signature M1-M $\varphi$ (CD80 and IL-6) and M2-M $\varphi$ (CD209 and IL-10) markers. ${ }^{22,23}$ Our results clearly demonstrated that Mox-LDL-M $\rho$ s expressed CD80 and CD209 at levels that were similar to those of M0-M $\varphi \mathrm{s} / \mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$ and M0$\mathrm{M} \varphi \mathrm{s} / \mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$, respectively. Moreover, Mox-LDL-M $\varphi \mathrm{s}$ exhibited IL-6 and IL-10 release patterns that were identical to M0-M $\varphi \mathrm{s}$ and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$. Based on our experimental model, Mox-LDL failed to induce the surface expression of CD80 and CD209 on M0-Mps. Furthermore, MoxLDL did not stimulate IL-6 and IL-10 production by $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s}$, thus indicating the inability of Mox-LDL in driving the polarization of $\mathrm{M} 0-\mathrm{M} \varphi$ s towards the M1 or M2 phenotype. One intriguing observation from our study was the high IL-10 release by M1-M $\varphi s$ as compared to $\mathrm{M} 2-\mathrm{M} \varphi$ s. Such a finding contradicts the already known fact about IL-10 as being an M2-M $\varphi$-assoicated antiinflammatory cytokine. However, a previous study has
reported a similar observation whereby M1-M $\varphi$ s produced high levels of IL-10 which might be related to an autocrine and paracrine control of M1 metabolic programing in $\mathrm{M} \varphi \mathrm{s} .{ }^{32}$ On the same line, another study has shown that IL-10 mRNA expression was significantly higher in $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$ relative to M2-M $\varphi$. $^{22}$

Fully polarized $\mathrm{M} \varphi \mathrm{s}$ are known to retain their plasticity and can switch from a pro-inflammatory phenotype (M1) to an anti-inflammatory phenotype (M2) or vice versa. This unique ability of $\mathrm{M} \varphi$ s to switch polarized sates is referred to as "repolarization". ${ }^{14}$ In order to study the effect of Mox-LDL on the repolarization of $\mathrm{M} \varphi \mathrm{s}$, M1- and M2-M M s were treated with Mox-LDL to generate Mox-LDL/M1-M $\varphi s$ and Mox-LDL/M2-M $\varphi s$, respectively. Both $\mathrm{M} \varphi$ types were characterized for their CD80/CD209 surface expression and IL-6/LL-10 release patterns. We found that treatment of M1- and M2-M $\varphi$ s with Mox-LDL had no significant effect on the viability of cells. This is in line with our previous study performed on human aortic endothelial cells (HAEC), which showed that Mox-LDL treatment did not induce any significant effect on cell viability. ${ }^{33}$ Conversely, another study has revealed the ability of a different form of oxidized LDL, copper oxidized LDL (Cu-oxLDL), to induce a significant reduction in the viability THP-1-derived M2-M $\varphi$ s when used at a concentration of 1 or $40 \mu \mathrm{~g} / \mathrm{ml}{ }^{34}$ While Mox-LDL treatment of $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$ (Mox-LDL/M1-M $\varphi \mathrm{s}$ ) and $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$ (Mox-LDL/M2-M $\varphi s$ ) did not result in any alteration in their surface expression of CD80 or IL-6 release, it did result in a decrease in CD209 expression on Mox-LDL/ $\mathrm{M} 2-\mathrm{M} \varphi \mathrm{s}$; however, this decrease did not attain statistical significance. Moreover, Mox-LDL treatment failed to modulate CD209 surface expression on Mox-LDL/ $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$ and $\mathrm{IL}-10$ release by Mox-LDL/M2-M $\varphi$ s. Interestingly, upon treatment of M1-M Ps with Mox-LDL, we observed a significant reduction in IL-10 secretion by Mox-LDL/M1-Mps. We believe that the Mox-LDL treatment may have induced a repolarization shift to a certain degree in $\mathrm{M} 1-\mathrm{M} \varphi \mathrm{s}$, by decreasing the secretion of the antiinflammatory cytokine, IL-10, and hence altering the phenotypic profile of these $\mathrm{M} \varphi \mathrm{s}$ toward a more pro-inflammatory profile. It has been previously shown that Cu -oxLDL can reduce the functional phenotype of primary human monocyte derived $\mathrm{M} 2-\mathrm{M} \varphi$ s through switching their phenotype towards a pro-inflammatory M1-M $\varphi$ type that exhibited elevated secretion of IL-6 and IL-8 and down-regulated expression of IL-10 following exposure to LPS. On the other hand, $\mathrm{Cu}-$ oxLDL had no effect on the phenotype of primary human monocyte derived M1-M $\varphi$ s. ${ }^{35}$ It was also reported that pretreatment of THP-1-derived M0-M $\varphi$ s with Cu-oxLDL followed by LPS stimulation resulted in an increase in IL-10 production and a decrease in IL-6 release as compared to non-pre-treated/LPS-stimulated $\mathrm{M} 0-\mathrm{M} \varphi \mathrm{s} .{ }^{24}$

Results from the current study showed that Mox-LDL failed to drive the polarization of THP-1-derived M0-M s. However, Mox-LDL demonstrated a potential to increase the pro-inflammatory state in $\mathrm{M} \varphi$ s by reducing the secretion of the anti-inflammatory M2-acssociated cytokine, IL-10, and by showing a tendency to downregulate the surface expression of the $\mathrm{M} 2-\mathrm{M} \varphi$ associated marker, CD209.

Future studies should aim at testing Mox-LDL potential effect on M1 and M2 functions in vitro and their relation to what happens during atherogenesis e.g., lipid uptake, reactive oxygen species production. Generally, the microenvironment of atherosclerotic lesions involves an abundance of $\mathrm{M} \varphi \mathrm{s}$ with different polarized phenotypic states that are profoundly associated with lesion progression. Hence, we hope that our findings will pave the way for future investigations that would dig further into the effect of Mox-LDL on $\mathrm{M} \varphi$ biology to gain better insights into the immunological processes behind atherosclerosis development.

## Acknowledgements

The author would sincerely like to thank the University of Balamand for their unbounded support.

## Data availability statement

All data generated or analyzed during this study are included in this published article.

## Declaration of conflicting interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

## Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

## ORCID iD

Jalil Daher (ID) https://orcid.org/0000-0001-5899-1685

## Supplemental material

Supplemental material for this article is available online.

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[^0]:    'Department of Biology, Faculty of Arts and Sciences, University of Balamand, El-Koura, Lebanon

    ## Corresponding authors:

    Jalii Daher, Department of Biology, University of Balamand, PO Box 100, El-Koura, Lebanon.
    Email: jalil.daher@balamand.edu.lb
    Samer Bazzi, Department of Biology, University of Balamand, PO Box 100, El-Koura, Lebanon.
    Email: samer.bazzi@balamand.edu.lb

