



Article Regulation of Autophagy by Protein Kinase C-ε in Breast Cancer Cells

Alakananda Basu

Department of Microbiology, Immunology and Genetics, University of North Texas Health Science Center, Fort Worth, TX 76107, USA; Alakananda.basu@unthsc.edu; Tel.: +1-817-735-2487

Received: 25 May 2020; Accepted: 10 June 2020; Published: 15 June 2020



Abstract: Protein kinase C- ε (PKC ε), an anti-apoptotic protein, plays critical roles in breast cancer development and progression. Although autophagy is an important survival mechanism, it is not known if PKC ε regulates autophagy in breast cancer cells. We have shown that silencing of PKC ε by siRNA inhibited basal and starvation-induced autophagy in T47D breast cancer cells as determined by the decrease in LC3-II, increase in p62, and decrease in autophagy puncta both in the presence and absence of bafilomycin A1. The mechanistic target of rapamycin (mTOR) associates with Raptor or Rictor to form complex-1 (mTORC1) or complex-2 (mTORC2), respectively. Knockdown of PKC ε attenuated an increase in autophagy caused by the depletion of Raptor and Rictor. Overexpression of PKC ε in MCF-7 cells caused activation of mTORC1 and an increase in LC3-II, LC3-II, and p62. The mTORC1 inhibitor rapamycin abolished the increase in LC3-I and p62. Knockdown of mTOR and Rictor or starvation enhanced autophagy in PKC ε overexpressing cells. While overexpression of PKC ε in MCF-7 cells inhibited apoptosis, it induced autophagy in response to tumor necrosis factor- α . However, inhibition of autophagy by Atg5 knockdown restored apoptosis in PKC ε -overexpressing cells. Thus, PKC ε promotes breast cancer cell survival not only by inhibiting apoptosis but also by inducing autophagy.

Keywords: PKCε; autophagy; apoptosis; breast cancer; mTORC1; mTORC2; Raptor; Rictor

1. Introduction

Protein kinase C (PKC) is a family of serine/threonine protein kinases that play critical roles in signal transduction and cell regulation [1]. Based on the structural variations and biochemical properties, the PKC family can be categorized into three groups: Conventional (α , β I, β II, and γ), novel (δ , ε , η , and θ), and atypical (λ /t and ξ) [2]. PKC ε , a member of the novel PKC family, was identified as a transforming oncogene [3]. It is overexpressed in several cancers, including breast cancer, and has been associated with cancer development and progression [4–6]. PKC ε also promotes cell survival by functioning as an anti-apoptotic kinase [3,7–10]. Recent studies implicate PKC isozymes, including PKC ε , in autophagy [11,12].

Autophagy is a process of cellular cannibalism by which cells recycle their own components to survive under stressful or nutrient-deprived conditions [13]. During autophagy (or macroautophagy), cytoplasmic constituents or damaged organelles are sequestered in double membrane vesicles called autophagosomes, which subsequently fuse with lysosomes, where enclosed materials are degraded and recycled [14]. While basal autophagy functions as a clearance mechanism to remove damaged organelles and long-lived proteins, it is activated during cellular stress [15]. Although autophagy is considered a cell survival mechanism, it can also contribute to cell death depending on the nature and duration of the stress [16].

The mechanistic target of rapamycin (mTOR) is considered the master regulator of autophagy [14]. mTOR forms two complexes: mTOR complex 1 (mTORC1) and mTOR complex 2 (mTORC2) [17].

The most distinguishing feature of the two complexes is the binding of the adaptor protein Raptor with mTORC1 and Rictor with mTORC2 [17]. It is believed that during nutrient deprivation, inhibition of mTORC1 triggers autophagy [14,18]. While mTORC1 functions downstream of the Akt signaling pathway, mTORC2 functions upstream of Akt and PKC ε [17,19,20].

We previously showed that overexpression of PKC ε inhibited tumor necrosis factor- α (TNF)-induced apoptosis in breast cancer MCF-7 cells [7,8,21]. Although autophagy plays an important role in breast cancer [22], it is not known if PKC ε promotes breast cancer cell survival via autophagy. In the present study, we investigated if PKC ε regulates autophagy in breast cancer cells and if induction of autophagy is associated with PKC ε -mediated cell survival.

2. Results

2.1. The Effect of PKC ε on Basal Autophagy

During autophagy, MAP1LC3/LC3, which exists in the cytoplasm as LC3-I, is conjugated to phosphatidylethanolamine to form LC3-II and is recruited to the autophagosomal membrane [23,24]. LC3-II migrates faster on SDS-PAGE (sodium dodecyl sulfate-polyacrylamide gel electrophoresis) compared to LC-I [23,24]. In addition, sequestosome 1 (SQSTM1)/p62 binds to LC3 as well as ubiquitinated proteins to target them for degradation but itself becomes degraded in the process [23,24]. Thus, an increase in LC3-II and a decrease in p62 serve as markers for autophagy. Since T47D cells contain high levels of PKC ε and also exhibit high basal levels of autophagy, we examined if silencing of PKC ε by siRNA affects LC3-II and p62 levels in T47D cells. As shown in Figure 1A, knockdown of PKC ε caused a decrease in LC3-II and an increase in p62. Based on several independent experiments, the decrease in LC3-II (Figure 1B) and increase in p62 (Figure 1C) were statistically significant. These results suggest that depletion of PKC ε inhibits basal autophagy.



Figure 1. PKC ε knockdown inhibits basal autophagy. T47D cells were transfected with control non-targeting or PKC ε siRNA. (**A**) Western blot analysis was performed with indicated antibodies. Tubulin was used to control for loading differences. Bar graph represents mean ± S.E of LC3-II (**B**) and p62 (**C**) from several independent experiments. ***, $p \le 0.0005$ (n = 10); **, $p \le 0.005$ (n = 7).

We then examined if overexpression of PKC ε affects basal autophagy. We generated MCF-7 cells stably expressing PKC ε [21] and showed that PKC ε overexpression inhibits apoptosis [7,8,21]. We therefore examined if autophagy is also affected in these cells. Overexpression of PKC ε in MCF-7 cells (MCF-7/PKC ε) enhanced both LC3-I and LC-II levels compared to cells transfected with the vector alone (MCF-7/Neo) (Figure 2A,B). The increase in LC3-I was much more pronounced compared to the increase in LC3-II (Figure 2B). Knockdown of PKC ε decreased both LC3-I and LC3-II in MCF-7/Neo and MCF-7/PKC ε cells (Figure 2A).



Figure 2. Overexpression of PKC ε increased LC3-I and LC3-II. (**A**) Western blot analysis was performed in MCF-7 cells stably transfected with a vector containing neomycin without (Neo) or with a PKC ε construct (PKC ε) and transfected with control or PKC ε siRNA. (**B**) Bar graph represents mean \pm S.E of LC3-I and LC3-II levels **, $p \le 0.005$ (n = 9). The comparison was made between MCF-7/Neo and MCF-7/PKC ε cells.

2.2. The Effect of PKC ε on Starvation-Induced Autophagy

A decrease in LC3-II could be due to not only a decrease in autophagosome formation but also an increased degradation of LC3-II following autophagosome–lysosome fusion. We therefore monitored LC3-II levels in the presence and absence of bafilomycin A1 (Baf A1), which inhibits both the fusion of autophagosomes with lysosomes and lysosomal acidification. As shown in Figure 3A, treatment of T47D cells with Baf A1 caused an increase in LC3-II as well as p62 but knockdown of PKC ε attenuated the increase in LC3-II by Baf A1 and further increased p62. We then examined if knockdown of PKC ε inhibits starvation-induced autophagy. Starvation of T47D cells in Earle's balanced salt solution (EBSS) enhanced LC3-II and knockdown of PKC ε decreased the starvation-induced increase in LC3-II both in the presence and absence of Baf A1 (Figure 3B). However, low concentrations of Baf A1 (10 nM) used in this study may not completely block LC3-II turnover when control siRNA-transfected T47D cells were starved in EBSS (Figure 3B). These results suggest that PKC ε knockdown inhibits starvation-induced autophagy in T47D cells.



Figure 3. Knockdown of PKC ε inhibited starvation-induced atuophagy. T47D cells transfected with control or PKC ε siRNA were treated with Baf A1 (**A**) or EBSS in the presence or absence of Baf A1 (**B**). The fold change in LC3-II with respect to control and normalized with loading is indicated below the Figures.

We also examined if overexpression of PKC ε affects starvation-induced autophagy. Since an increase in LC3-II in PKC ε -overexpressing cells could be due to a decrease in the fusion of autophagosomes with lysosomes or inefficient turnover of the cargo, we performed the experiment in the absence and presence of Baf A1. Figure 4 shows that treatment with Baf A1 alone had little effect on LC3-II in PKC ε -overexpressing cells but starvation in EBSS caused an increase in LC3-II in Baf A1-treated MCF-7/PKC ε cells compared to MCF-7/Neo cells.



Figure 4. PKC ε overexpression enhanced starvation-induced autophagy. MCF-7/Neo and MCF-7/PKC ε cells were starved in EBSS in the presence or absence of Baf A1 and Western blot analyses were performed with indicated antibodies.

An alternate and more definitive way to monitor autophagy is to visualize the appearance of autophagic puncta by fluorescence microscopy [23,24]. When LC3 is incorporated into autophagosomes, the diffused pattern of LC3-I in the cytosol is changed to a distinct punctate structure. We stably expressed a tandem mCherry-GFP-LC3 construct in T47D cells (T47D-LC3) to visualize LC3 in the autophagosomes as well as in lysosomes. While GFP green fluorescence is pH sensitive, mCherry red fluorescence is stable at low pH [24]. Therefore, autophagosomes are marked by the presence of both green and red fluorescence whereas only red fluorescence could be detected in late endosomes or lysosomes. We transfected T47D-LC3 cells with control non-targeting or PKC ε siRNA. Prior to processing cells for confocal microscopy, cells were grown in either complete media or starved by culturing them in EBSS. As shown in Figure 5A, autophagy puncta could not be detected in cells transfected with control or PKC ε siRNA when grown in complete media. Both green and red puncta increased substantially in control siRNA-transfected T47D cells when grown in the presence of EBSS but attenuated in cells transfected with PKC ε siRNA. When cells were starved in EBSS for 3 h, the autophagy puncta were primarily red, suggesting their localization in the late endosomes/lysosomes (Figure 5B). However, when Baf A1 was included with EBSS, we could detect both red and green puncta, suggesting their localization in autophagosomes. Knockdown of PKC ε resulted in a substantial decrease in both red and green puncta. These results suggest that PKC ε positively regulates EBSS-induced autophagy.



Figure 5. PKC ε knockdown decreased starvation-induced autophagic flux. T47D cells expressing mCherry-GFP-LC3 were transfected with control or PKC ε siRNA and then grown in either complete media or in EBSS for 2 h (**A**). (**B**) Cells were incubated in EBSS for 3 h in the presence or absence of 100 nM Baf A1.

2.3. The Effect of PKC ε on Autophagy Mediated by the mTOR Signaling

Since mTORC1 is the master regulator of autophagy, we examined if PKC ε regulates autophagy via mTORC1. Overexpression of PKC ε increased phosphorylation of its substrate S6K1 at the Thr389 site (Figure 6A). However, this antibody also recognizes PKC ε phosphorylated at the hydrophobic motif site. In nutrient-rich conditions, when mTORC1 is active, it phosphorylates ULK1 at Ser757 to inhibit autophagy [25,26]. We therefore examined if PKC ε regulates ULK1 phosphorylation. Overexpression of PKC ε in MCF-7 cells was associated with an increase in S757-ULK1 phosphorylation (Figure 6A,B). Since inhibition of mTORC1 rather than activation of mTORC1 is associated with an increase in autophagy, we examined the effect of the mTORC1 inhibitor rapamycin on the PKC ε -mediated increase in LC3-I and LC3-II. Rapamycin inhibited phosphorylation of mTORC1 substrates as well as the abundance of LC3-I and p62 (Figure 6C), suggesting that activation of mTORC1 by PKC ε may be responsible for the increase in LC3-I and p62. Since rapamycin is a pharmacological inhibitor, we examined how silencing of mTOR as well as the mTORC1 and mTORC2 components Raptor and Rictor affect LC3-II levels in MCF-7/Neo and MCF-7/PKC ε cells.

We performed the experiment both in the absence and presence of chloroquine, a lysosomotropic agent. Knockdown of mTOR, Raptor, and Rictor had little effect on the increase in LC3-II in MCF-7/Neo cells but enhanced LC3-II in MCF-7/PKC ε cells when chloroquine was also present (Figure 6D). Moreover, Rictor knockdown was more effective in enhancing LC3-II compared to Raptor or mTOR knockdown.

We then examined how knockdown of PKC ε affects mTORC1 signaling. PKC ε knockdown appears to decrease S757-ULK1 phosphorylation slightly (Figure 7A,B). While both Raptor and Rictor knockdown enhanced LC3-II in control siRNA-transfected cells in the presence of Baf A1, PKC ε knockdown attenuated this increase (Figure 7C). Moreover, Rictor knockdown was more effective in enhancing LC3-II compared to Raptor knockdown (Figure 7C). These results suggest that knockdown of PKC ε inhibits autophagy induced by the depletion of Raptor and Rictor.



Figure 6. The effect of PKC ε overexpression and mTOR signaling on autophagy. (**A**) Western blot analysis was performed with MCF-7/Neo and MCF-7/PKC ε cells. (**B**) Bar graph represents mean \pm S.E. **, $p \le 0.005$ (n = 10). (**C**) Effect of Rapamycin on LC3-I, LC3-II and p62. Cells were treated with or without 100 nM Rapamycin and Western blot analysis was performed. (**D**) MCF-7/Neo and MCF-7/PKC ε cells were transfected with control non-targeting, Raptor, Rictor or mTOR siRNA and then treated with or without 10 μ M chloroquine for 2 h. Western blot analyses were performed with indicated antibodies. Actin was used to control for loading differences. SE, short exposure; LE-long exposure. The fold change in LC3-II with respect to control and normalized with loading is indicated below the Figures.



Figure 7. The effect of PKC ε , Raptor and Rictor knockdown on autophagy. T47D cells were transfected with control or PKC ε siRNA. (**A**) or double transfected with Raptor and Rictor siRNA (**B**) Bar graph represents mean ± S.E. *, $p \le 0.05$ (n = 11). (**C**) Western blot analyses were performed with indicated antibodies.

2.4. The Effect of PKC ε -Mediated Autophagy on Apoptosis

We have previously shown that overexpression of PKC ε protects MCF-7 cells against TNF-induced apoptosis [7,8,21]. Since PKC ε also regulates autophagy, we examined the impact of PKC ε -mediated autophagy on apoptosis. TNF not only caused a concentration-dependent increase in poly (ADP-ribose) polymerase (PARP) cleavage, but also an increase in LC3-II (Figure 8). While overexpression of PKC ε attenuated PARP cleavage as judged by the ratio of cleaved PARP versus total PARP, it enhanced LC3-II levels. TNF also enhanced cleavage of p62, which is a substrate for caspase-8 and -6 [27,28]. We then examined if inhibition of autophagy potentiates apoptosis. Knockdown of Atg5 decreased LC3-II with a concomitant increase in LC3-I. Atg5 knockdown also enhanced TNF-induced cleavage of PARP and p62 in both MCF-7/Neo and MCF-7/PKC ε cells. These results suggest that overexpression of PKC ε protects cells against apoptosis by inducing autophagy.

	MCF-7/Neo		MCF-7/PKCε	
siRNA	Con	Atg5	Con	Atg5
TNF (nM)	0 0.03 0.1 0.3	0 0.03 0.1 0.3	0 0.03 0.1 0.3	0 0.03 0.1 0.3
PARP				
LC3-I	Section of the section of the			
LC3-II				
p62				
Atg5				
Actin				1
Cleaved/ Total PARP	1.0 1.9 7.9 15.2	2.9 12.7 16.3 16.1	1.0 1.1 1.8 4.8	1.5 2.7 8.8 9.8

Figure 8. PKC ε promotes cell survival by inhibiting apoptosis and inducing autophagy. Cells were transfected with control or Atg5 siRNA and then treated with different concentrations of TNF. Western blot analyses were performed with indicated antibodies. The arrow indicates cleaved fragments.

3. Discussion

Protein kinase C- ε has been implicated in almost every step in the development and progression of breast cancer, including cell proliferation, epithelial-to-mesenchymal transition, invasion, and metastasis [5,29]. It is also well established that PKC ε promotes breast cancer cell survival by inhibiting apoptosis [3,10]. Even though autophagy plays an important role in the development and progression of breast cancer [22], the contribution of autophagy in PKC ε -mediated survival of breast cancer cells is not known. The results of our present study show that PKC ε positively regulates autophagy, especially when challenged with cellular stress, such as starvation or mTOR inhibition. Moreover, PKC ε -mediated induction of autophagy protects against cell death by apoptosis.

We used isogenic cell lines and manipulated PKC ε by ectopic expression or siRNA silencing to investigate the role of PKC ε in autophagy. We first investigated if PKC ε regulates basal autophagy, which serves as a quality control mechanism to remove damaged macromolecules and organelles [15]. Many cancer cells often upregulate autophagy to cope with increased protein turnover during cell proliferation and to survive a stressful and hostile tumor microenvironment [15]. We found that knockdown of PKC ε in both T47D and MCF-7 breast cancer cells decreased autophagy as determined by the decrease in LC3-II and increase in p62. Autophagy is a dynamic process. Following autophagosome formation, autophagosomes fuse with lysosomes, and a high turnover of LC-II by lysosomal degradation can also result in a decrease in LC3-II [23,24]. We found that even though inhibition of autophagosome–lysosome fusion by Baf A1 increased LC3-II, PKC ε knockdown was able to suppress this increase. These results are consistent with the report by Toton et al., where it was shown that PKC ε knockdown decreased autophagy in glioblastoma cells that contained high levels of PKC ε [12].

Our results suggest that PKC ε not only regulates basal autophagy but also starvation-induced autophagy. Based on both Western blot and fluorescence microscopy, knockdown of PKC ε decreased starvation-induced autophagy. While the effect of PKC ε knockdown on autophagy suggests that PKC ε positively regulates autophagy, the effect of PKC ε overexpression on autophagy was more complex. Although PKC ε overexpression caused a modest increase in LC3-II in MCF-7 cells, it also caused a substantial increase in LC3-I and an increase rather than a decrease in p62. However, when PKC ε -overexpressing MCF-7 cells were starved in EBSS, the LC3-I level was decreased and LC3-II level increased in the presence of bafilomycin A1 compared to vector-transfected cells. Thus, PKC ε overexpression positively regulates starvation-induced autophagy. Since mTORC1 senses the nutrient status of cells and activates autophagy during nutrient-poor or stressful conditions, we examined if PKC ε regulates autophagy via mTORC1. When mTORC1 is active, it associates with the ULK1 complex and phosphorylates ULK1 at Ser757 to inhibit autophagy [25,26]. When mTORC1 is inactive, it dissociates from ULK1, which then becomes activated by autophosphorylation to trigger autophagy [14]. We found that overexpression of PKC ε increased S757-ULK1 phosphorylation, suggesting that PKC ε activates rather than inhibits mTORC1. Since PKC ε overexpression caused activation of mTORC1, the increase in LC3-I and p62 in PKC ε -overexpressing MCF-7 cells may be a consequence of mTORC1 activation. This is consistent with our observation that the mTORC1 inhibitor rapamycin abrogated the increase in LC3-I and p62 in PKC ε -overexpressing MCF-7 cells.

mTORC1 acts downstream of the PI3K/Akt pathway, which is frequently deregulated in breast cancer [20,30]. We have previously shown that PKC ε acts upstream of Akt in breast cancer MCF-7 cells to promote cell survival [7]. Since mTORC1 acts downstream of Akt, PKC ε can cause activation of mTORC1 via Akt. This may explain why overexpression of PKC ε increased phosphorylation of Ser757-ULK1. It is conceivable that activation of PKC ε , Akt, and mTOR signaling contributes to breast cancer when cells are not dependent on autophagy to survive, but PKC ε can promote cell survival by inducing autophagy when cells are challenged with stress.

Although mTORC1 has been intimately associated with autophagy, recent studies suggest that mTORC2 is also involved in autophagy [31,32]. While mTORC1 acts downstream of Akt, both Akt and PKC ε are substrates for mTORC2 [33,34]. We found that knockdown of not only Raptor but also Rictor increased LC3-II. In fact, Rictor knockdown was more effective in increasing LC3-II compared to Raptor knockdown, and depletion of PKC ε counteracted the increase in LC3-II caused by Raptor or Rictor knockdown. There is a reciprocal relationship between mTORC1 and mTORC2 [30]. For example, activation of mTORC1 was shown to cause suppression of mTORC2 activity [30,35]. Thus, one possibility is that the activation of mTORC1 by PKC ε results in inhibition of mTORC2, resulting in autophagy induction. However, we have previously shown that overexpression of PKC ε caused an increase in Akt phosphorylation [7]. mTORC2 has several other substrates besides Akt [17] and autophagy is regulated by several kinases [36]. Both Raptor and Rictor may influence autophagy via AMPK (5' AMP-activated protein kinase), another major regulator of autophagy [37,38]. Future studies should discern if PKC ε mediates autophagy via mTORC2, AMPK, or some other kinases.

Most chemotherapeutic drugs kill cancer cells by inducing apoptosis, but the development of resistance to such therapy is a significant problem. Because the PI3K/Akt/mTOR pathway is frequently deregulated in breast cancers, mTORC1 inhibitors have been used in the clinic, but the success of rapalogues has been thwarted due to the activation of Akt involving a negative feedback loop [17]. Since PKC ε is well known for its ability to inhibit apoptosis, we also examined the impact of PKC ε -mediated autophagy on apoptotic signaling. We have previously shown that overexpression of PKC ε in MCF-7 cells protects against TNF-induced apoptosis [7,8,21]. Our present study shows that TNF not only induced apoptosis but also induced autophagy, which was increased substantially in PKC ε -overexpressing cells. Inhibition of autophagy by knockdown of Atg5 restored the ability of MCF-7/PKC ε cells to induce apoptosis. Since overexpression of PKC ε contributes to chemoresistance, targeting autophagy in combination with standard-of-care treatments may be effective in treating breast cancers in which PKC ε is overexpressed.

4. Materials and Methods

4.1. Reagents

Polyclonal antibody against LC3B and phosphorylated antibodies were purchased from Cell Signaling Technology (Danvers, MA). Polyclonal antibody against PKC ε and monoclonal antibody against p62 were obtained from Santa Cruz Biotechnology, Inc. (Santa Cruz, CA, USA). Monoclonal antibody against PARP was obtained from BD Pharmingen (San Diego, CA, USA). Monoclonal

antibodies against actin and tubulin, and chloroquine diphosphate salt were purchased from Sigma (St. Louis, MO, USA). Bafilomycin A1 and rapamycin were obtained from LC Laboratories (Woburn, MA, USA). Human recombinant TNFα was purchased from R&D Systems, Inc. (Minneapolis, MN, USA). Horseradish-peroxidase-conjugated donkey anti-rabbit and goat anti-mouse secondary antibodies were purchased from Jackson ImmunoResearch Laboratories, Inc. (West Grove, PA, USA). Polyvinylidene difluoride transfer membrane was obtained from Thermo Fisher Scientific (Waltham, MA, USA) and the enhanced chemiluminescence detection kit was from Perkin-Elmer (Shelton, CT, USA). Protease inhibitor and phosphatase inhibitor cocktails were purchased from Calbiochem/EMD-Millipore (Bedford, MA, USA). Control non-targeting and target-specific siGENOME SMARTpool siRNAs were obtained from Dharmacon (Lafayette, CO, USA). Lipofectamine RNAiMax transfection reagent was obtained from Invitrogen (Carlsbad, CA, USA).

4.2. Cell Culture and Transfection

T47D and MCF-7 cells were cultured in RPMI 1640 medium supplemented with 7.5% fetal bovine serum and 2 mM glutamine and kept in a humidified incubator at 37 °C with 95% air and 5% CO₂. T47D cells stably expressing mCherry-GFP-LC3 were generated by infecting T47D cells with retroviral particles using pBABE-mcherry-GFP-LC3 vector (Addgene, Cambridge, MA, USA) and selected using puromycin. siRNA transfections were performed with 10 nM control non-targeting or target-specific siRNAs using Lipofectamine[®] RNAiMAX transfection reagent (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's protocol. Then, 48 h following siRNA transfection, cells were treated as indicated in the text and processed for Western blot analysis. MCF-7/Neo and MCF-7/PKC ε were generated as described previously [21].

4.3. Western Blot Analysis

Cells were lysed in extraction buffer containing 20 mM Tris-HCl, pH 7.4, 0.15 M NaCl, 1 mM EGTA, 1 mM EDTA, 1.0% Nonidet-40, 10 mM β -glycerophosphate, protease inhibitor cocktail, and phosphatase inhibitor cocktail. Equivalent amounts of total proteins (10–25 μ g) were electrophoresed by SDS-PAGE and transferred electrophoretically to polyvinylidene difluoride membrane. The blots were visualized using the enhanced chemiluminescence detection reagents and the manufacturer's protocol. The blots were probed with actin or tubulin to control for equal loading.

4.4. Fluorescence Microscopy

Cells were plated on 8-well chamber slides (MatTek Life Sciences, Ashland, MA, USA), transfected with or without siRNAs and treated with EBSS, Baf A1, or chloroquine as described in the text. At the end of the incubation, cells were mounted using Prolong anti-fade and visualized using a confocal microscope.

4.5. Statistical Analyses

The intensities of immunoreactive proteins were quantified using ImageJ software (National Institutes of Health; Bethesda; Maryland; USA). Statistical significance was determined by student's paired *t*-test using GraphPad Prism software. A *p*-value of <0.05 was considered statistically significant.

Funding: This research received no external funding.

Acknowledgments: The author wishes to thank Akpedje Serena Dossou for critical reading of the manuscript, I-Fen Chang for help with confocal microscopy, Chukwuezugo Oranu for ImageJ analyses and Kirti Jain for her involvement during the initiation of the study.

Conflicts of Interest: The author declares no conflict of interest.

Abbreviations

Atg	Autophagy-related	
Baf A1	Bafilomycin A1	
EBSS	Earle's balanced salt solution	
MAP1LC3/LC3	Microtubule-associated protein 1 light chain 3	
mTOR	Mechanistic target of rapamycin	
PARP	Poly (ADP-ribose) polymerase	
РКС	Protein kinase C	
Raptor	Regulatory-associated protein of mTOR	
Rictor	Rapamycin-insensitive companion of mTOR	
SDS-PAGE	Sodium dodecyl sulfate-polyacrylamide gel electrophoresis	
TNF	Tumor necrosis factor-α	
ULK1	Unc-51-like kinase-1	

References

- 1. Nishizuka, Y. The role of protein kinase C in cell surface signal transduction and tumour promotion. *Nature* **1984**, *308*, 693–698. [CrossRef] [PubMed]
- 2. Basu, A. The potential of protein kinase C as a target for anticancer treatment. *Pharmacol. Ther.* **1993**, 59, 257–280. [CrossRef]
- 3. Basu, A.; Sivaprasad, U. Protein kinase Cepsilon makes the life and death decision. *Cell. Signal.* 2007, 19, 1633–1642. [CrossRef]
- 4. Gorin, M.A.; Pan, Q. Protein kinase C epsilon: An oncogene and emerging tumor biomarker. *Mol. Cancer* **2009**, *8*, 9. [CrossRef] [PubMed]
- 5. Jain, K.; Basu, A. The Multifunctional Protein Kinase C-epsilon in Cancer Development and Progression. *Cancers* **2014**, *6*, 860–878. [CrossRef]
- 6. Garg, R.; Benedetti, L.G.; Abera, M.B.; Wang, H.; Abba, M.; Kazanietz, M.G. Protein kinase C and cancer: What we know and what we do not. *Oncogene* **2014**, *33*, 5225–5237. [CrossRef] [PubMed]
- 7. Lu, D.; Huang, J.; Basu, A. Protein kinase Cepsilon activates protein kinase B/Akt via DNA-PK to protect against tumor necrosis factor-alpha-induced cell death. *J. Biol. Chem.* **2006**, *281*, 22799–22807. [CrossRef]
- 8. Lu, D.; Sivaprasad, U.; Huang, J.; Shankar, E.; Morrow, S.; Basu, A. Protein kinase C-epsilon protects MCF-7 cells from TNF-mediated cell death by inhibiting Bax translocation. *Apoptosis* **2007**, *12*, 1893–1900. [CrossRef]
- 9. Shankar, E.; Sivaprasad, U.; Basu, A. Protein kinase C epsilon confers resistance of MCF-7 cells to TRAIL by Akt-dependent activation of Hdm2 and downregulation of p53. *Oncogene* **2008**, *27*, 3957–3966. [CrossRef]
- Steinberg, R.; Harari, O.A.; Lidington, E.A.; Boyle, J.J.; Nohadani, M.; Samarel, A.M.; Ohba, M.; Haskard, D.O.; Mason, J.C. A protein kinase Cepsilon-anti-apoptotic kinase signaling complex protects human vascular endothelial cells against apoptosis through induction of Bcl-2. *J. Biol. Chem.* 2007, 282, 32288–32297. [CrossRef]
- 11. Kaleli, H.N.; Ozer, E.; Kaya, V.O.; Kutlu, O. Protein Kinase C Isozymes and Autophagy during Neurodegenerative Disease Progression. *Cells* **2020**, *9*, 553. [CrossRef] [PubMed]
- 12. Toton, E.; Romaniuk, A.; Konieczna, N.; Hofmann, J.; Barciszewski, J.; Rybczynska, M. Impact of PKCepsilon downregulation on autophagy in glioblastoma cells. *BMC Cancer* **2018**, *18*, 185. [CrossRef] [PubMed]
- Yoshimori, T. Autophagy: A regulated bulk degradation process inside cells. *Biochem. Biophys. Res. Commun.* 2004, 313, 453–458. [CrossRef] [PubMed]
- 14. Dossou, A.S.; Basu, A. The Emerging Roles of mTORC1 in Macromanaging Autophagy. *Cancers* **2019**, *11*, 1422. [CrossRef] [PubMed]
- 15. Chen, H.Y.; White, E. Role of autophagy in cancer prevention. *Cancer Prev. Res. (Phila.)* **2011**, *4*, 973–983. [CrossRef] [PubMed]
- 16. Galluzzi, L.; Vitale, I.; Aaronson, S.A.; Abrams, J.M.; Adam, D.; Agostinis, P.; Alnemri, E.S.; Altucci, L.; Amelio, I.; Andrews, D.W.; et al. Molecular mechanisms of cell death: Recommendations of the Nomenclature Committee on Cell Death 2018. *Cell Death Differ*. **2018**, *25*, 486–541. [CrossRef]
- 17. Saxton, R.A.; Sabatini, D.M. mTOR Signaling in Growth, Metabolism, and Disease. *Cell* **2017**, *168*, 960–976. [CrossRef]

- Rabanal-Ruiz, Y.; Otten, E.G.; Korolchuk, V.I. mTORC1 as the main gateway to autophagy. *Essays Biochem.* 2017, *61*, 565–584. [CrossRef]
- 19. Manning, B.D.; Toker, A. AKT/PKB Signaling: Navigating the Network. Cell 2017, 169, 381–405. [CrossRef]
- 20. Sridharan, S.; Basu, A. Distinct Roles of mTOR Targets S6K1 and S6K2 in Breast Cancer. *Int. J. Mol. Sci.* 2020, 21, 1199. [CrossRef]
- Basu, A.; Lu, D.; Sun, B.; Moor, A.N.; Akkaraju, G.R.; Huang, J. Proteolytic activation of protein kinase C-epsilon by caspase-mediated processing and transduction of antiapoptotic signals. *J. Biol. Chem.* 2002, 277, 41850–41856. [CrossRef] [PubMed]
- 22. Jain, K.; Paranandi, K.S.; Sridharan, S.; Basu, A. Autophagy in breast cancer and its implications for therapy. *Am. J. Cancer Res.* **2013**, *3*, 251–265.
- 23. Klionsky, D.J.; Abdelmohsen, K.; Abe, A.; Abedin, M.J.; Abeliovich, H.; Acevedo Arozena, A.; Adachi, H.; Adams, C.M.; Adams, P.D.; Adeli, K.; et al. Guidelines for the use and interpretation of assays for monitoring autophagy (3rd edition). *Autophagy* **2016**, *12*, 1–222. [CrossRef] [PubMed]
- 24. Yoshii, S.R.; Mizushima, N. Monitoring and Measuring Autophagy. *Int. J. Mol. Sci.* **2017**, *18*, 1865. [CrossRef] [PubMed]
- 25. Kim, J.; Kundu, M.; Viollet, B.; Guan, K.L. AMPK and mTOR regulate autophagy through direct phosphorylation of Ulk1. *Nat. Cell Biol.* **2011**, *13*, 132–141. [CrossRef] [PubMed]
- Shang, L.; Chen, S.; Du, F.; Li, S.; Zhao, L.; Wang, X. Nutrient starvation elicits an acute autophagic response mediated by Ulk1 dephosphorylation and its subsequent dissociation from AMPK. *Proc. Natl. Acad. Sci. USA* 2011, 108, 4788–4793. [CrossRef] [PubMed]
- 27. Sanchez-Garrido, J.; Sancho-Shimizu, V.; Shenoy, A.R. Regulated proteolysis of p62/SQSTM1 enables differential control of autophagy and nutrient sensing. *Sci. Signal.* **2018**, *11*, 1–16. [CrossRef] [PubMed]
- 28. Norman, J.M.; Cohen, G.M.; Bampton, E.T. The in vitro cleavage of the hAtg proteins by cell death proteases. *Autophagy* **2010**, *6*, 1042–1056. [CrossRef]
- 29. Jain, K.; Basu, A. Protein Kinase C-epsilon Promotes EMT in Breast Cancer. *Breast Cancer (Auckl.)* 2014, *8*, 61–67. [CrossRef]
- 30. Tian, T.; Li, X.; Zhang, J. mTOR Signaling in Cancer and mTOR Inhibitors in Solid Tumor Targeting Therapy. *Int. J. Mol. Sci.* **2019**, *20*, 755. [CrossRef]
- 31. Li, L.; Friedrichsen, H.J.; Andrews, S.; Picaud, S.; Volpon, L.; Ngeow, K.; Berridge, G.; Fischer, R.; Borden, K.L.B.; Filippakopoulos, P.; et al. A TFEB nuclear export signal integrates amino acid supply and glucose availability. *Nat. Commun.* **2018**, *9*, 2685. [CrossRef] [PubMed]
- Ozturk, D.G.; Kocak, M.; Akcay, A.; Kinoglu, K.; Kara, E.; Buyuk, Y.; Kazan, H.; Gozuacik, D.A.-O.h.o.o. MITF-MIR211 axis is a novel autophagy amplifier system during cellular stress. *Autophagy* 2019, *15*, 375–390. [CrossRef] [PubMed]
- 33. Ikenoue, T.; Inoki, K.; Yang, Q.; Zhou, X.; Guan, K.L. Essential function of TORC2 in PKC and Akt turn motif phosphorylation, maturation and signalling. *EMBO J.* **2008**, 27, 1919–1931. [CrossRef]
- 34. Sarbassov, D.D.; Guertin, D.A.; Ali, S.M.; Sabatini, D.M. Phosphorylation and regulation of Akt/PKB by the rictor-mTOR complex. *Science* 2005, *307*, 1098–1101. [CrossRef]
- 35. Liu, P.; Gan, W.; Inuzuka, H.; Lazorchak, A.S.; Gao, D.; Arojo, O.; Liu, D.; Wan, L.; Zhai, B.; Yu, Y.; et al. Sin1 phosphorylation impairs mTORC2 complex integrity and inhibits downstream Akt signalling to suppress tumorigenesis. *Nat. Cell Biol.* **2013**, *15*, 1340–1350. [CrossRef] [PubMed]
- 36. Sridharan, S.; Jain, K.; Basu, A. Regulation of autophagy by kinases. *Cancers* **2011**, *3*, 2630–2654. [CrossRef] [PubMed]
- 37. Alers, S.; Loffler, A.S.; Wesselborg, S.; Stork, B. Role of AMPK-mTOR-Ulk1/2 in the regulation of autophagy: Cross talk, shortcuts, and feedbacks. *Mol. Cell. Biol.* **2012**, *32*, 2–11. [CrossRef] [PubMed]
- Kazyken, D.; Magnuson, B.; Bodur, C.; Acosta-Jaquez, H.A.; Zhang, D.; Tong, X.; Barnes, T.M.; Steinl, G.K.; Patterson, N.E.; Altheim, C.H.; et al. AMPK directly activates mTORC2 to promote cell survival during acute energetic stress. *Sci. Signal.* 2019, *12*, 1–16. [CrossRef] [PubMed]



© 2020 by the author. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).