Identifying Rare Germline Variants Associated with Metastatic

Prostate Cancer Through an Extreme Phenotype Study 2

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Abstract

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- 58 **Background:** Studies of germline variants in prostate cancer (PCa) have largely focused on their
- 59 connections to cancer predisposition. However, an understanding of how heritable factors
- 60 contribute to cancer progression and metastasis remain limited.
- 61 **Objective:** To identify low frequency to rare germline nonsynonymous variants associated with
- 62 increased risk for metastatic PCa (mPCa), while providing functional validation.
- 63 **Design:** We assembled an extreme phenotype cohort (EPC) of 52 patients diagnosed with
- predominantly high-grade (Gleason Score (GS) \geq 8) PCa and > 7 years of follow-up for which
- localized treatment naïve tumor tissues were available. In half of the cases, the tumor had
- 66 metastasized to bone, providing an even distribution of bone mPCa and non mPCa cases. Tumor
- and matched distant benign DNA samples were exome sequenced and analyzed for germline
- variants with population-wide minor allelic frequencies $\leq 2\%$. Findings were validated using two
- 69 independent PCa germline cohorts, including a closely matched Australian study biased to
- aggressive disease (n = 53) and Pan Prostate Cancer Group (PPCG, n = 976). Two mPCa-
- 71 promoting candidate variants in KDM6B and BRCA2 were engineered into cell lines and
- 72 functionalized.
- 73 **Results:** Germline nonsynonymous rare variants (gnsRVs) identified in 25 DNA Damage Repair
- 74 (DDR) genes were significantly enriched in the mPCa patients (p=4.57e-06). Conversely, the
- 75 prevalence of synonymous variants at minor allele frequencies of $\leq 2\%$ were similar between the
- 76 mPCa and non mPCa patients. The predictive power of variants in 53 non-DDR genes was
- validated in the Australian cohort (p=0.028) and correlated with high-risk PCa in PPCG (p=0.03).
- 78 KDM6B K973Q showed functional significance despite being annotated as benign in ClinVar,
- 79 while BRCA2 I1962T showed sensitivity to Olaparib. In total, six EPC variants related to DNA
- 80 repair or epigenetics were found to alter enzymatic activity.
- 81 Conclusions: EPCs coupled with low frequency/rare variant analyses may advance understanding
- of interactions between the germline and tumor in PCa. We identified a series of germline variants
- that were enriched among mPCa patients. Moreover, we showed that one of these variants confers
- 84 a metastatic phenotype. Our findings suggest that germline testing at diagnosis may improve
- 85 treatment stratification in PCa.

Patient summary: The presence of specific genetic variants among men with PCa may elevate the risk of mPCa once PCa develops. Knowledge of the variant burden at time of diagnosis may enable accurate stratification of some patients for aggressive therapeutic interventions.

1. Introduction

- Prostate cancer (PCa) affects roughly 1.4 million men worldwide, with its lethal form, metastatic
- 93 (mPCa), causing significant morbidity and resulting in ~ 397,000 annual deaths worldwide [1],
- 94 this is expected to worsen significantly with an aging population [2]. Most deaths are a
- consequence of high-risk, aggressive disease. Patients with high-risk localized PCa have a 50-70%
- 96 probability of progressing to metastasis after local therapy [3], but the basis of this aggressive
- 97 phenotype remains incompletely understood [4]. Identifying the genetic factors underlying the
- 98 conversion from localized to metastatic disease is crucial for improving patient stratification,
- 99 prognosis, and treatment.
- 100 Recent advances in PCa genomics and molecular biology have shed light on the molecular
- mechanisms underpinning therapy resistance and metastasis, including alterations in the androgen
- receptor (AR) signaling pathway, DNA Damage repair (DDR) genes, and the activation of
- alternative oncogenic pathways [5, 6] and the tumor microenvironment [7-9]. Despite these
- advances, there remains much to learn about the interplay of germline factors contributing to the
- aggressive PCa phenotype. A deeper understanding of these genetic determinants is poised to
- unlock novel targeted therapies and more personalized treatment stratification for PCa patients.
- Rare variant analyses aim to uncover the contribution of genetic variants to disease causality [10].
- Typically, rare (Minor Allele Frequency(MAF) <1%) and a lesser extent low-frequency variants
- 109 (1%-5%), have larger effect sizes than common variants (>5%), accounting for a substantial
- proportion of the disease heritability, depending on context [11]. Also, they may play unique roles
- in complex genetic disorders, allowing for hypothesis-free identification of disease-associated
- gene function [12]. Generally, a variant is rare either because it has been selected against during
- evolution, or it is under neutral selection [13, 14]. In a recent study, Burns et al., whole genome
- sequenced 850 germlines from PCa patients to identify rare germline variants predictive of time
- to biochemical recurrence (BCR), a surrogate for aggressive disease [15]. They found rare
- deleterious coding germline variants in "Hallmark" cancer gene sets consistently associated with
- time to BCR, including independent cohort validation.
- This use of rare variant analysis in extreme phenotypic cohorts (EPCs) is a powerful approach for
- identifying variants that contribute to aggressive disease, with particular relevance to cancer
- studies such as PCa which displays considerable clinical, biological and genomic heterogeneity
- 121 [16]. EPC preselection aims to enrich the study population for rare variant discovery, providing a
- surrogate for classical study power [17]. Furthermore, by reducing phenotypic heterogeneity, EPC
- studies can minimize the effect of confounding factors, such as polygenic background or
- the state of the s
- environmental influences [18]. This technique reduces the "noise" and amplifies causative genetic
- signals, thereby enabling the use of smaller cohorts [19].
- 126 In this study, we leveraged the power of combining an EPC comprised of mPCa and non-mPCa
- with rare variant germline analyses. This allows a smaller cohort size for variants with a MAF
- 128 \leq 2%, which are referred to as rare varaints. The EPC includes 52 ethnically and age-matched
- 129 (mean age 65 years) treatment-naïve patients who underwent surgery for high-grade disease with
- > 7 years follow-up with (n=26) or without (n=26) bone metastasis. Ultimately, the identification

- of functionally-relevant rare variants provides valuable insights into the biological mechanisms
- underlying metastasis, with benefits to improve screening and rationale for targeted interventions.

2. Patients and Methods.

- 2.1. **EPC selection**. An extreme phenotype cohort of 52 localized and predominantly (73%)
- pathologic high-grade (GS \geq 8) formalin-fixed and paraffin-embedded (FFPE) tumor specimens
- was assembled from treatment-naive patients with a minimum of 7 years of follow-up. Outcomes
- data allowed for two study arms including patients presenting either with (n=26) or without (n=26)
- post-surgical bone metatstisis. We note that due to the challenge of assembling such a cohort, nine
- tumors (five metastatic, four non-metastatic) pathologically scored as GS 4+3 were included. All
- were GS ≥8 based on diagnostic biopsies. Five additional non-metastatic GS 3+4 tumors were also
- included by the pathologist based on diagnostic GS ≥8, advanced pathological stage (T3a), > 50%
- positive biopsy cores or positive surgical margins. Careful review identified a single GS 3+4
- lacking high risk feature in both arms. The cohort arms were further matched for positive margins
- 144 10 *versus* 13, posivitive lymph nodes 1 *versus* 2, average PSA 11.8 (4.1-31.26) *versus* 11.3 (3.6-
- 61), average biopsy GS 8 versus 8.1, average pathological GS 8.1 versus 8.4, average positive
- biopsy cores 3.6 versus 3.8 (Supplementary Table 1). The patient ancestry information, determined
- by Somalier [20], corresponded with the predominantly Caucasian and East Asian demographics
- in Vancouver (32 Caucasians and 13 East Asians (further details in Table 1.))
- 149 2.2 **DNA Sequencing**. Both tumor and respective distant matched benign prostate H&E sections
- were selected from different FFPE tissue blocks and reviewed by a research pathologist (LF). The
- cancerous regions were selected based on the highest pathological presenting tumor content. For
- DNA extraction, two to four 5 µm sections from archived tissue blocks were collected in 1.5 mL
- microcentrifuge tubes. The genomic DNA from tumour and matched distant benign tissues was
- extracted using the Maxwell RSC DNA FFPE kit and with the Maxwell RSC instrument
- 155 (Promega) according to the manufacturer's instructions. The quality and quantity of the extracted
- DNA were assessed with TapeStation 42100 (Agilent Technologies) and measured using the Qubit
- 157 ssDNA Assay Kit (ThermoFisher), respectively. NEBNext FFPE DNA Repair Mix was used to
- minimize FFPE-related artifacts. Whole-exome sequencing (WES) was performed using the
- 159 KAPA HyperCap workflow and SeqCap EZ MedExome panel (Roche NimbleGen) and the
- libraries were sequenced on the Illumina NextSeq500 (PE150). The mean sequencing depths
- achieved were 89X and 57X for tumor and benign samples, respectively. The identical WES
- protocol was applied to freshly collected cells for all clones in 2.7.
- 163 2.3 Variant Calling and Annotation. Sequencing data were aligned to the GRCh38 Human
- Genome (Ensembl Release 92) using BWA 0.7.17. PCR duplicates marked by Picard 2.18.11 and
- all pairs with more than five mapped mismatches (3% error rates) removed. Strelka2 2.9.10 [21]
- was employed for variant calling, and a variant was considered germline if it was covered by at
- least 15 reads with the alternative allele frequency (AAF, defined as the ratio of reads with
- alternative allele over the total number of reads covering the base) ≥ 0.2 in both tumor and
- matching benign tissues. Rare variants (defined here as MAF \leq 2%) in both WGS and WES
- datasets were derived from population-wide gnomAD v.2.1.1 data [22]. Our analysis focused on
- 171 nonsynonymous protein-altering variants (missense, nonsense, splice-site) in GENCODE v27. The

- deleteriousness of all alternative allele variants was assessed using integral methods, namely
- fathmm-MKL [23] and CADD PHRED scores [22].
- 174 2.4 Copy Number Variation (CNV). We used Bionano Nexus Copy Number to determine the
- copy number profile for each tumour using the following settings: minimum read depth for CNV
- calculation -20, minimum mapping quality -30, minimum base quality -20, 10^{-6} significance
- threshold, at least 3 calls for calling copy number status, maximum 1Mb distance between calls.
- 178 The copy number status for genes was called only when a CNV region completely overlapped a
- 179 gene's genomic location using Nexus Copy Number Query functionality. We also applied
- scarHRD [24] to calculate Homologous Recombination Deficiency (HRD) scores that are based
- on loss-of-heterozygosity (LOH), telomeric allelic imbalance, and large-scale state transitions.
- Higher HRD scores imply defective DNA Damage Response (DDR) and potential sensitivity to
- 183 PARP inhibitors.

184 2.5 Statistical analysis

- 2.5.1 Burden and Variance Test. We use PPCG cohort to test the associations of detected gnsRVs
- 186 with various clinical phenotypes (see Results). For each clinical phenotype, we will first test the
- association of every single gnsRV using the Wald test [25]. Next, collapsed all gnsRVs in a gene
- and test the gene-level associations using the Burden test. Finally, we aggregated the scores of all
- gnsRVs in a combined test for each phenotype using the sequence kernel association test (SKAT).
- 190 SKAT, or variance component test in general, is known to be robust in the presence of opposite
- association directions and in the presence of many non-causal variants [26].
- 192 2.5.2 **Bootstrapping.** To evaluate the significance of gnsRV enrichments in metastatic *versus* non-
- 193 metastatic tumors within our EPC, we employed a bootstrapping approach. The observed
- enrichments in the 25 genes were compared to the enrichments of gnsRVs in an equal number of
- randomly selected protein-coding genes. This process was iterated 10,000 times to generate robust
- 196 empirical distributions for both metastatic and non-metastatic samples. Subsequently, we
- 197 compared the resulting distributions of gnsRV enrichments in target genes to those in randomly
- selected protein-coding genes using the Wilcoxon rank-sum test with continuity correction. This
- statistical analysis allowed us to assess the significance of the observed enrichments in the target
- 200 genes relative to the background distribution of gnsRVs in the genome, providing confidence in
- our findings. Analysis of this nature should be robust to any evolutionary selection pressure that
- is not related specifically to the phenotype under consideration (i.e. mPCa versus PCa).
- 203 **2.6 Validation Cohorts**. The Australian cohort is a closely matched alternative EPC high-risk
- resource (86.8% of patients with aggressive diseases), with available WGS germline data (buffy
- 205 coats) from 53 genetically confirmed European ancestral PCa patients. It also includes 21
- metastases (17 bone or/and distant visceral (1 treated), 4 nodal), 12 BCR, 3 PSA and local
- recurrence, 3 non-curative radical prostatectomies (RP), and 14 cases reported as no BCR. [27].
- The PPCG cohort was comprised of WGS germline data from 976 PCa patients: including 200
- with metastases out of 531 high-risk (54.6%), 305 intermediate, and 140 low-risk of metastasis.
- 2.7 CRISPR primer editing and isolation of KDM6B knock-in clones. KDM6B K973Q was
- engineered into the wildtype (WT) KDM6B gene in the PCa cell line LNCaP cells using

CRISPR/Cas9 prime editing[28, 29]. LNCaP cells were cultured in RPMI-1640 medium supplemented with 10% FBS and 1% P/S at 37°C in a 5% CO2 incubator. The cells were seeded into 6-cm dishes 18 hours before transfection to ensure 70-80% confluency by the next day. The KDM6B 2917C pegRNA was cloned into the piggyPrime vector pPBT-PE2-PuroTK-pegRNA GG [29]. For transfection, 2.5 µg of plasmid DNA was mixed in a 5:1 ratio (pegRNA:hyPBase) and delivered using 7.5 µl of PolyJet (SignaGen), following the manufacturer's protocol. After transfection, cells were selected with 2 µg/ml puromycin. The oligonucleotides used for pegRNA cloning and KDM6B sequencing are listed below. Single-cell clones were isolated, and the editing efficiency verified using Sanger sequencing. Successful editing was confirmed in two independent LNCaP clones (homozygote C3 and heterozygote C6 knock-ins) selected for further study. WES analysis of these clones revealed no additional edits in the LNCaP cells. The edited LNCaP cells were grown in media with charcoal-stripped serum.

2.8 Cell migration and invasion assays.

WT LNCaP and CRISPR edited clones C3 and C6 were grown to 90% confluency on a 96-well ImageLock plate (Essen BioScience Cat# 4379) pre-coated with 50 µL of 50 µg/mL Poly-D-Lysine. A uniform wound was created in the cell monolayer using the 96-pin IncuCyte Wound Maker Tool. The cells were then gently washed twice with PBS to remove debris, and the medium was replaced with serum-starved medium to minimize cell proliferation. The plates were incubated for 48 hours, during which the progression of wound closure was monitored and captured using the IncuCyte Live-Cell Analysis System (Sartorius). To better measure the effects of cell migration and invasion, respectively, in the context of metastasis, the Transwell/ Boyden chamber migration and invasion assays were utilized. WT LNCaP and C3 and C6 cells were seeded onto the inserts and grown using the starvation media. The insert placed in a well containing a medium enriched with growth factors or chemoattractants (e.g., serum), and the cells incubated in a humidified incubator at 37 °C to allow migration for 24 hours. After incubation, migrated cells on the lower side of inserts were fixed using methanol for analysis. Once fixed, the migrated cells (located on the outer side of insert) are stained using Crystal violet, a nuclei-specific histological dye, and quantified. The percentage of cells in each insert were measured or quantified using ImageJ.

2.9 PARPi sensitivity. To test if BRCA2 variant rs1060502377 (I1962T) attenuates BRCA2 activity in response to PARPi the variant was engineered into HEK293T cells to compare its sensitivity to Olaparib treatment with DMSO controls on cell viability using the CCK-8 assay Selleckchem #B34304 [30]. WT and BRCA2-edited HEK293T cells were seeded in 96-well plates at 5,000 cells per well and treated with 100 μ M Olaparib or an equivalent volume of 0.1% DMSO as a control. After 48 hours of treatment, 10 μ L of CCK-8 reagent was added to each well, and the cells were incubated for an additional 2 hours. Cell viability was assessed by measuring absorbance at 450 nm using a microplate reader, with the treated cells' absorbance compared to that of untreated control cells.

2.10 RNA sequencing and biological characterizations. RNA-Seq data were aligned to the GRCh38 release 90 reference transcriptome using STAR v2.6.0a [31]. Gene expression was quantified with HTSeq v0.11.2 [32], and differential expression was analyzed using DESeq2 v1.16.1 [33]. Genes with a fold change of ≥ 2 or ≤ 0.5 and an adjusted p-value less than 0.05 were considered significantly differentially expressed. These genes were then tested for enrichment with Hallmark gene sets, canonical pathways, and ontology gene sets from MSigDB [34].

3. Results

- 258 Focused on gnsRVs (gnomAD population frequency ≤ 2%) that alter protein sequences (missense,
- stop-gain, stop-loss, splice-site variants), we identified 10,854 gnsRVs present in the mPCa, yet
- absent in the non mPCa study arm. mPCa-specific gnsRVs were further assessed for potential
- pathogenicity using fathmm-MKL[23], identifying 6,080 variants with potential to impact protein
- function. Of these, 56 variants from 53 genes appeared among at least three mPCa patients at
- 263 11.5% penetrence.
- Our germline variant calling relies on DNA extracted from FFPE histologically benign prostate tissue distant from the tumor site (usually in another prostate quadrant). This method poses two
- potential problems, the first being sequence artifact caused by the FFPE protocol, and the second being tumor admixture in the normal surrogate DNA. The fixing process in FFPE is known to
- cause deamination and other chemical modifications of DNA that require repair prior to
- sequencing and variant calling [35]. To determine the efficiency of repair matched flash frozen
- 270 (FF) tissues from 7 patients (3 and 4 are from the metastatic and nonmetastatic groups respectively)
- were exome sequenced and variants called. 97.72% of the FFPE calls were observed in FF tissues
- 272 indicating very efficient repair of artifacts. Moreover, most sequence artifacts occurred at sites
- 273 AAF < 10% whereas our strict cut-off for variants is AAF > 20% thus eliminating most remaining
- 274 artifacts. Next, we physically ruled out tumor admixture in the DNA isolated from distant benign
- 275 prostate tissue using CNV analysis. First, we used random, non-matched benign DNA as a baseline
- 276 to derive tumor CNV profiles. In every case, the resulting CNV profiles were identical to those
- obtained using matched benign DNA as a baseline. Next, we generated CNV profiles from benign
- samples, using other benign samples as the baseline. In all cases, these profiles were flat, while the profiles from random tumor samples showed significant variation. These results combined with
- our variant calling threshold cut-off of AAF > 20% rule out significant tumor admixture in our
- 281 normal germline surrogate DNA.
- To evaluate the validity of the pipeline and test our hypothesis, we first assessed for DDR genes
- 283 [36, 37]. DDR gene variants can disrupt DNA homologous recombination (HR), leading to a
- 284 BRCA1/2 genome structure [38] or BRCAness [39]. Alterations in DDR genes are also among the
- 285 most common genetic events observed in metastatic PCa [40]. We selected 25 DDR genes most
- 286 relevant for PCa and compared DDR gnsRVs distributions between the two arms of the cohort.
- We identified 71 gnsRVs (81 total 6 recurrent) exclusive to the metastatic arm and 21 gnsRVs
- 288 exclusive to the nonmetastatic arm. The gnsRV burden of these 25 DDR genes is significantly
- higher in the metastatic arm compared to the nonmetastatic arm (p-value=4.57e-06), which is
- evidence of strong association with metastasis (Fig. 1A&B). For scientific rigor the 5 non
- evidence of strong association with inclustration (Fig. 1746b). For scientific rigor the 5 non-
- 291 metastatic patients having only diagnostic GS and five random metastatic patients were deleted
- and the burden analysis repeated (p-value=5.9e-05) remaining highly significant. As a control
- variant set, we investigated germline synonymous rare variants (gsRVs) between the mPCa and
- 294 non-mPCa arms. Not only was there no difference between the two arms (10 *versus* 13) but there
- were far fewer gsRVs than gnsRVs in each arm (Fig. 1C&D). This was further confirmed through
- bootstrapping based on gnsRVs from randomly selected protein-coding genes where the Wilcoxon
- 297 rank sum test p-value for the metastatic cohort being enriched with DDR gnsRVs is <2.2e-16
- whereas the non-metastatic cohort showed no significance.

- A higher HRD score (≥21) implies defective DDR. To investigate if *BRCA2* variants associate with HRD, HRD scores were generated for all 52 tumors. The 26 metastatic tumors had a significantly higher combined HRD score (21.58 versus 14.62, t-test p-value=0.04), which is in line with PCa and monoallelic loss of *BRCA2* [41]. In addition, 13 of the 26 metastatic tumors had high HRD scores, compared to 7 in the nonmetastatic cohort. *BRCA2* gnsRV are 100% concordant with HRD scores ≥21 (including 1 non-metastatic tumor) suggesting impaired BRCA2 mediated DNA repair (**Fig. 1A&B**).
- 306 Using genome-wide interrogation we identified 56 gnsRVs in 53 genes (Fig. 2) that occurred 307 exclusively among 3 or more patients in the metastatic arm suggesting that they are candidates for 308 potentiating aggressive high-risk PCa. The variant burden within these 53 genes also showed a 309 significant difference between the two patient groups (p-value = 2.98e-08), an observation that 310 implies pre-existing germline variation within the 53 genes modified the risk of metastasis. If this 311 is true, then at least some of these genes should be under a selection, positive or negative, in 312 prostate tumors that develop during the lifetime of men who carry these gnsRVs. To test this, gene-313 level analysis was performed for a subset of the 53 genes in public PCa cohorts. Most tested genes 314 were either mostly gained or lost suggesting biological selection in tumors (Fig. 3A). This 315 provided evidence that these genes do undergo selection in PCa and collectively impact overall 316 survival once PCa develops (p-value=1.88e-09.) (Fig. 3A,B&C). Notable gnsRV include POLB 317 rs3136797 (P242R, gnomAD MAF= 0.011) a DDR gene and a KDM6B rs61764072 (K973Q, 318 gnomAD MAF= 0.009), a histone demythlase gene.
- 319 Having developed the above Discovery Set of gnsRVs, we then sought a validation set within a 320 similarly-enriched patient cohort. An independent and closely matched cohort of Australian PCa 321 patients was interrogated for the presence of these 56 gnsRVs. The number of patients carrying at 322 least one of these variants is higher than the expected carrier frequency as estimated using binomial 323 distributions. The statistical significance for variants using our rare variant criteria (p=0.05 mets, 324 0.04 mets +BCR, and 0.25 non-mets) is consistently stronger in the metastatic phenotype group 325 compared to the non-metastatic-phenotype group (Table 3). These results are concordant with the 326 findings in our EPC, supporting that the recurrent variants identified in the EPC do associate with, 327 and may contribute to the metastatic phenotype for high-risk patients.
- 328 Finally, as a second Replication Set we analyzed germline WGS data from 976 PCa patients from 329 the PPCG consortium for the presence of gnsRVs that include 81 gnsRVs in 25 DDR genes (Fig. 330 1A), 56 gnsRVs exclusive to and recurrent to our metastatic arm, and 343 gnsRVs from 206 genes 331 with gnsRVs exclusive to (1-2 per germline) the metastatic patients, resulting in 476 unique 332 gnsRVs. 356 of those were detected as germline variants in the PPCG cohort. We found at least 333 3X enrichment in PPCG relative to gnomAD Caucasian population frequency. We further tested 334 gene-level associations with clinical-pathologic features in the PPCG cohort using burden tests. 335 Significant associations with younger age at radical prostatectomy (FOCAD, CHEK2), PSA at RP 336 (ACSF3, SIVA1, HPGDS), metastasis (SPATA9), and high risk (ZSWIM4, DNAJC10) were 337 identified for the genes that contain selected gnsRVs. The combined score of all gnsRVs using 338 SKAT test shows a significant association with high-risk disease in PPCG (p-value < 0.03) (**Table** 339 4). This suggests that gnsRVs specific to the metastatic arm in EPC also correlate to aggressive 340 PCa in the PPCG cohort.

341 We also highlighted the functional and clinical significance of gnsRVs identified in our study to 342 demonstrate the effectiveness of our strategy. The KDM6B gnsRV rs61764072 (K973Q, gnomAD 343 MAF=0.009) was selected to test whether variants annotated as "benign" in ClinVar [42] could 344 still alter gene activity. KDM6B is a histone demethylase involved in epigenetic regulation. It 345 targets and demethylates lysine 27 on histone H3 (H3K27me3), activating gene expression [43-346 45]. KDM6B is also known to play a role in PCa [46]. Given its involvement in eoigentic 347 regulation, we hypothesized that the selected variant might impact global gene expression, making 348 its effect easier to detect. The KDM6BgnsRV rs61764072 (K973Q) occurs in 11.5% of germlines 349 of the EPC metastatic arm alone. While this variant lies outside of the catalytic JMJD domain and 350 thus may not directly affectenzyme activity, it could alter interactions with other proteins to 351 influence chromatin binding sites and gene expression patterns(Fig. 4A). AlphaFold modeling [47] 352 suggests that rs61764072 is located on the protein surface, potentially functioning as a rotamer 353 [48] (Fig. 4B). Analyses utilizing several predictive algorithms suggest that rs61764072 may 354 modify KDM6B ability to reprogram global gene expression. To test that, we engineered the 355 KDM6B K973Q variant into WT LNCaP cells using CRISPR/Cas9 prime editing [28, 29]. 356 Successful editing was verified by WES, and two independent LNCaP clones (homozygote C3 357 and heterozygote C6) knock-ins were selected for further analysis. WES confirmed that 358 rs61764072/ K973Q is the only variant present in the edited KDM6B gene and that no additional 359 recurrent edits were introduced outside of KDM6B. The KDM6B protein abundance in LNCaP-360 C3 and LNCaP-C6 is comparable to that of the parental clone (Fig 4C).

- 361 Proliferation assays revealed that clone C6 (heterozygous) grew faster that clone C3 (homozygous) (Fig. 4D). Scratch assays and Boyden chamber further demonstrated that the KDM6B K973Q 362 363 confers both migratory and invasive phenotypes to LNCaP cells (Fig. 4E-I), with clone C3 364 exhibiting greater migration and invasion than C6. Remarkably, all assays showed a gene dosage 365 effect, highlighting KDM6B K973Q-specific functional relevance. These findings provide 366 evidence that KDM6B K973O is functionally relevant, supporting our hypothesis that gnsRVs classified as benign or a VUS may, in a context-dependent manner, potentiate a metastatic 367 368 phenotype in extant tumours.
- A second rare variant (gnomAD MAF=0.00001), *BRCA2* rs1060502377 (I1962T), from the metastatic arm of the cohort, was assessed for attenuated activity in response to PARP inhibition.
- We showed that *BRCA2*-I1962T-edited HEK293T cells to be more sensitive to Olaparib compared to WT HEK293T and the positive control *BRCA1*-edited HEK293T cells (**Fig. 4J and K**). This
- 373 suggests that *BRCA2*-I1962T may rely more heavily on PARP-mediated DNA repair mechanisms,
- making the patient carrier a promising candidate for PARP inhibitor treatment.

4. Discussion

- While germline studies of common varaints have been instrumental in identifying genetic variants
- associated with increased susceptibility to PCa [49, 50], with the development of polygenic risk
- 378 scores [51, 52], rare pathogenic variant identification is leading to an uptake in PCa germline
- testing [53, 54]. In contrast, the impact of germline variants on tumor phenotype have been largely
- overlooked although this is changing [55-57]. Here, using our unique EPC high-risk metastatic

- 381 versus non metastatic PCa study design, we interrogate for rare potentially pathogenic variants.
- 382 Our study overcomes notable challenges associated with such studies, including the requirement
- 383 for significant and lengthy clinical follow-up (over 7 years), the ability to generate accurate
- 384 sequence data from FFPE specimens, and the use of matched distant benign tissue as a surrogate
- 385 source of germline DNA. While our results clearly demonstrate that the use of pathologist-
- 386 reviewed distant benign prostate tissue from FFPE blocks imposes no significant limitation to our
- 387 study, our approach for technical validation shows the reliability of our FFPE sequenced data.
- 388 To test the hypothesis that combining an EPC study with a rare variant analysis can identify
- 389 variants that impact the metastatic phenotype of a tumor, we assessed a panel of 25 DDR genes in
- 390 each arm of the study for nonsynonymous and synonymous variants. This revealed an asymmetric
- 391 distribution of nonsynonymous variants between the two arms (p-value=4.57e-06) (Fig.1A&B),
- 392 whereas no difference was detectable for synonymous variants. Bootstrapping indicates this
- 393 frequency difference was unlikely to have occurred by chance (p-value <2.2e-16).
- 394 The analysis of variants identified in our EPC across independent cohorts further strengthens the
- 395 link between our findings and PCa metastasis. A strict unbiased whole genome analysis was
- 396 performed identifying 56 variants in 53 genes that are exclusive to and enriched in the metastatic
- 397 arms. A subset of these genes is preferentially gained or lost in public PCa cohorts and predict for
- 398 poor outcome, suggesting biological selection of these genes in tumors (Fig.3A). These variants
- 399 were first validated in a closely-matched Australian PCa cohort, where the number of patients
- 400 carrying at least one of these coding variants exceeded the expected carrier frequency, as estimated 401
- using binomial distributions. The statistical significance for gnsRV carrier number was notably
- 402 stronger in the mPCa phenotype group compared to the non mPCa group [p=0.05 mets, 0.04 mets 403 +BCR and 0.25 non-mets] (Table 3). We also analyzed the PPCG cohort of 967 PCa germlines
- 404 including 200 mPCa and found significant enrichment for DDR variants, particularly those
- 405 predicted to be pathogenic, as well as for some non-DDR genes. An association with metastasis
- 406 was also identified (p=0.03). Rare variants in individual genes associated with age at RP (FOCAD
- 407 and CHEK2), PSA at RP (SIVA1 and ACSF3), metastasis (SPATA9), High Risk (ZSWIM4 and
- 408 DNAJC10). Three of these FOCAD, SIVA1, and DNACJ10 had substantially higher population
- 409 frequencies in the African American (AA) population. These investigations support our assertion
- 410 that the recurrent germline variants identified in the mPCa EPC are linked to the tumor phenotype
- 411 associated with the progression of PCa to mPCa.
- 412 The results of the gnsRV analysis in both our EPC and two independent cohorts suggests that the
- 413 clinical and functional significance of variants of unknown significance (VUS) or benign gnsRVs
- 414 are underestimated, and that the aggregate contributions of these gnsRVs interact with somatic
- 415 mutations to influence outcome once an individual develops a PCa tumor. This combined low
- 416 frequency/rare variant and extreme phenotype study identified variants in four DDR genes. These
- 417 are CHEK2 I157T [rs17879961], POLB P242R [rs3136797], POLB R137Q, and WRN R834C
- 418 [rs3087425], all shown to alter enzymatic activity and/or impair DNA repair [58, 59]. The *POLB*
- 419 variants are reported to induce genome instability, while the activity of the CHEK2 variant is
- 420 altered and segregates with familial nonmedullary thyroid cancer [60, 61]. In the PPCG cohort
- 421 CHEK2 I157T was associated with younger age at diagnosis (p-value=1.0e-06). We functionalized
- 422 two variants annotated as benign and VUS in ClinVar in KDM6B and BRCA2, respectively [61].
- 423 Engineering the KDM6B K973Q into LNCaP dramatically altered global gene expression leading

- 424 to a migratory and invasive phenotype in a dosage-dependent manner. Edited BRCA2 I1962T
- 425 [rs1060502377] in HEK293T conferred PARPi sensitivity on HEK293T. Significantly, PARPi
- sensitivity was intermediate between the negative and positive controls suggesting attenuated
- 427 BRCA2 activity. Further studies are required to appreciate the detailed mechanism whereby
- 428 rs61764072 and rs1060502377 modify tumor phenotypes.

5. Conclusion

The results of sequence analysis and functionalization demonstrate that our strategy, which combines EPC and low frequency/rare variant analyses, has the potential to uncover clinically and functionally significant variants related to PCa metastasis, even those annotated as benign. In aggregate low frequency and rare variants may be the equivalent of "death by a thousand cuts". A potential shortcoming of this study is the small EPC size, however the results make a compelling case for much larger EPC studies aimed at delineating the contribution of the germline to shaping prostate tumor phenotypes.

Figure and Table Legends

Table 1. Ancestry of the Vancouver Prostate Centre Extreme Phenotype Cohort (EPC), Australian, and Pan Prostate Cancer Group (PPCG) cohorts.

Table 2. The allele frequency enrichment of germline nonsynonymous rare variants (gnsRVs) discovered from the VPC cohort in the independent PPCG cohort compared to healthy Caucasians (CAs) in gnomAD. We identified gnsRVs exclusive to metastatic patients in the EPC cohort and determined their population frequency within the independent PPCG cohort of 976 PCa germlines. We then compared these frequencies to those of healthy Caucasians (CA) in gnomAD. The average fold changes were 3.82, 4.42, and 5.86 for DDR gnsRVs, DDR gnsRVs predicted to be deleterious, and gnsRVs occurring at least three times, respectively. The average CA allele frequency closely matches the overall population allele frequencies reported in gnomAD. When considering only variants with \geq 1.2-fold positive enrichment, we observed values of 8.25, 10.61, and 17.9. (t) Notes that the values of 5.86 and 17.9 in 3 recurrent gnsRVs are driven by one very rare gnsRV rs76761697 in the NIPSNAP3A gene that occurs in three PPCG germlines and in three metastatic patients from the EPC. If this gnsRV is removed, the values drop to 2 and 5-fold enrichment, respectively.

Table 3. Association of 56gnsRVs discovered from the EPC cohort in the independent Australian cohort of 53 Caucasian PCa germilnes. This independent CA cohort consisted of 21 metastatic cases (17 with bone and/or distant visceral metastases, and 4 with lymph node metastases), 12 with biochemical recurrence (BCR), and 14 without metastases (with clinical follow-up of more than 10 years). We determined the number of patients carrying at least one of these gnsRVs in each group and compared these frequencies to the expected carrier frequencies, estimated using binomial distributions. The enrichment is statistically significant for aggressive cancer groups, further supporting our hypothesis that the recurrent variants identified in the EPC cohort are associated with the progression of PCa to metastatic castration-resistant prostate cancer (mPCa).

Table 4. Representative genes containing gnsRVs that associated (nominal p-values) with phenotypes in the PPCG cohort. The FOCAD and CHEK2 gnsRV are linked to multiple cancers and may be associated with early-onset cancers. SIVA1 is an E3 ubiquitin ligase that regulates cell cycle progression, proliferation, and apoptosis in an ARF/p53-dependent manner. ACSF3 (PSA at RP, high-risk, and metastasis) is involved in fatty acids metabolism, and the gnsRV is likely pathogenic. SPATA9 associates with multiple clinical-pathologic features in the PPCG cohort, including metastasis. DNAJC10 is involved in misfolded protein degradation and is associated with poor survival in breast cancer and germline variants associated with aggressive PCa. FOCAD, SIVA1, and DNAJC10 have higher minor allele frequency in African American populations than those of CAs [62].

Figure 1. DDR gene gnsRVs and germline rare sysnonymous variants (gsRVs) in both groups of the EPC. Patterns of 102 DDR gnsRVs exclusive to either the metastatic (A) or non-metastatic **(B)** arm of the extreme phenotype cohort: 81 exclusive to mets **(A)** and 21 exclusive to non-mets **(B).** Green cells: HRD scores ≥ 21 . \checkmark : gnsRV. X: gnsRV predicted to be deleterious. \checkmark or X indicate compound gnsRVs. Yellow cells: allele frequency of the gnsRV in the matched tumor is at least 1.5-fold the allele frequency in benign suggesting positive selection. The column "M" and "N" are the number of metastatic and nonmetastatic tumors with copy number aberrations detected at the gene locus. BRCA2 gnsRVs are 100% concordant with high HRD scores. The average HRD score is 21.58 vs. 14.62 (t-test p-value=0.04) in metastatic vs. nonmetastatic patients, respectively. There are fewer patients with HRD scores ≥21 (7 versus 13) in the non-metastatic cohort. The WRN gnsRV in patients 66 and 36 is known to impair helicase activity (PMID: 15489508). It is enriched 153-fold (2 out of 26 versus 0.0005 in gnomAD) over the general population. The POLB and CHEK2 variants are known to be deleterious(PMID: 23144635, 35127508). DDR gnsRV are enriched in metastatic vs non-metastatic tumors (p-value=4.57e-06) using a Wilcoxon rank sum test) supporting positive selection for these gnsRVs in the metastatic arm. No significant difference was detected for 11 synonymous RVs exclusive to mets in (C) and 13 exclusive to non-mets in (D).

Figure 2. 56 gnsRVs specific to and enriched in 26 localized metastatic tumors from 53 genes. Each gnsRV is recurrent in at least 3 (out of 26) tumors and is predicted or known to be deleterious. ✓: rare variant. X: predicted deleterious rare variant by fathmm-MKL. ✓ or X indicate rare compound variants. Yellow cells: allele frequency of the gnsRV in the matched tumor is at least 1.5-fold the allele frequency in benign suggesting positive selection. The column "M" and "N" are the number of metastatic and nonmetastatic tumors with copy number aberrations detected at the gene locus. Genes in yellow have their gnsRVs reported in COSMIC. The enrichment of the gnsRVs of in our VPC cohort ranges from > 10-fold to >200-fold over gnomAD population frequencies. The number of gnsRVs per patient is shown at the bottom. The average is ~ eight. In the non-metastatic cohort, only LAMA5 and PKD1L2 had recurrent gnsRVs meeting our filtration requirement. These are shaded in gray.

Figure 3. Genomic Analysis of Public PCa Cohorts for Genes with Recurrent gnsRVs in the EPC. Gene-level analysis was performed on 12 genes, selected from Figure 2, across 4 public prostate cancer (PCa) cohorts to determine if these genes are under selective pressure in PCa and

collectively impact overall survival after disease onset. (A) A subset of genes with recurrent gnsRVs from Figure 2 was analyzed using cBioPortal for copy number variant analysis. Among 4 selected PCa cohorts, most genes are either predominately gained (e.g., CRISPLD1) or lost (e.g., PKD1L2) and thus appear to be under selection. (B) Copy number aberrations of 12 genes increase as tumors progress from adenocarcinoma to metastasis. This suggests that as tumors progress from relatively low risk of metastasis to a high risk of metastasis, these genes undergo positive selection. (C) Survival analysis of 12 genes among 4 PCa cohorts. Taken together, copy number aberrations at these genes predict a poor outcome with a Log-rank Test P-value of 1.88e-9. This suggests that these genes may play a role in the aggressive phenotype and impact patient outcomes.

Figure 4. Functional assays and sequencing analysis of 2 gnsRVs discovered in the metastatic arm of EPC: KDM6B gnsRV rs61764072 (K973Q) in LNCaP and BRCA2 gnsRV rs1060502377(I1962T) in HEK293T. We edited two gnsRVs discovered in the EPC metastatic arm for functionalization. (A) KDM6B protein structure and location of the target gnsRV. KDM6B is a histone demethylase that demethylates lysine 27 on histone H3 (H3K27me3) thereby activating gene expression. The KDM6B gnsRV rs61764072 (K973Q) occurs in 11.5% of germlines of the extreme phenotype cohort metastatic arm (Fig. 2) and has a minor allele frequency approximately two-fold higher in the PPCG validation cohort compared to gnomAD. We hypothesized that KDM6B (K973Q) might impact global gene expression, making an effect straightforward to detect. rs61764072 (K973Q) lies outside the catalytic jmjd domain and may not directly impact enzyme activity, but it could influence interactions with other proteins, thereby affecting chromatin binding sites and gene expression patterns.(B) Despite its benign status in ClinVar, modeling using AlphaFold suggests an extrinsic positioning of rs61764072 (K973Q) on the protein surface, and several prediction algorithms predict it to be deleterious. To test this, we edited the K973Q variant into the KDM6B locus in wildtype LNCaP cells using CRISPR/Cas9 prime editing. (C) Two independent LNCaP clones, homozygote C3 and heterozygote C6 knock-ins, were selected for further study (successful editing in both was confirmed by whole exome sequencing.) The expression levels of KDM6B of LNCaP-C3 and LNCaP-C6 are comparable to that of the parental clone. (D) The growth rate of homozygous C3 is lower than that of heterozygous C6, with C6 growing slower than the WT. (E) Scratch assays reveal a mild migratory phenotype in edited LNCaP cells compared to WT. (G) Quantification shows C3 is more migratory than C6. (G,H,I) Boyden chamber assays reveal approximately a 4-fold increase in migration and invasion compared to WT LNCaP cells and again clone C3 (homozygous) displays stronger phenotypes than clone C6 (heterozygous) suggesting a dosage effect. (J,K) The BRCA2 gnsRV rs1060502377 (I1962T) (gnomAD MAF: 10e-7) confers sensitivity to PARP inhibitors, despite being classified as of unknown significance in ClinVar.

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Competing Interests

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Abbreviations

- AR: androgen receptor
- 603 BCR: biochemical recurrence

- 604 CNV: copy number variation
- 605 DDR: DNA damage repair
- 606 EPC: extreme phenotype cohort
- 607 FF: flash frozen
- 608 FFPE: formalin-fixed and paraffin-embedded
- 609 GS: Gleason Score
- 610 HR: homologous recombination
- HRD: homologous recombination deficiency
- 612 LOH: loss-of-heterozygosity
- 613 MAF: minor Allele Frequency
- 614 PCa: prostate cancer
- 615 PSA: prostate-Specific Antigen
- WES: whole-exome sequencing
- 617 WT: wildtype

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- 618 gnsRV: germline nonsynonymous rare variants
- 619 mPCa: metastatic PCa

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TABLES and FIGURES

Table 1. Ancestry of the Vancouver Prostate Centre Extreme Phenotype Cohort (EPC), Australian, and Pan Prostate Cancer Group (PPCG) cohorts.

Ancestry	Cohort Size	Caucasian	African American	African	East Asian and Others	South Asian
VPC EPC	52	61.5%	0.0%	0.0%	34.7%	3.8%
Australian Cohort	53	100.0%	0.0%	0.0%	0.0%	0.0%
PPCG Cohort	976	94.2%	0.0%	2.8%	1.8%	1.2%

Table 2. The allele frequency enrichment of germline nonsynonymous rare variants (gnsRVs) discovered from the VPC cohort in the independent PPCG cohort compared to healthy Caucasians (CAs) in gnomAD.

	Number gnsRVs	Total # gnsRVs (PPCG)	Average Allele Frequency (gnomAD Caucasian)	Average Fold Change In Allele Frequency (PPCG/ gnomAD Caucasians)	Average Fold Change In Allele Frequency (PPCG/gnomAD Caucasians) >=1.2 enrichment
Variant- Centric: >= 3 Recurrent gnsRVs*	56	51	0.012	5.86 ^t (0.16 ~ 199) (21 variants enriched)	17.9 ^t (15 variants)
DDR gnsRVs	81	38	0.004	3.82 (0.3 ~ 56.8) (16 variants enriched)	8.25 (13 variants)
DDR Predicted Deleterious	45	21	0.004	4.42 (0.45 ~ 56.8) (10 variants enriched)	10.61 (7 variants)

Table 3. Association of 56gnsRVs discovered from the EPC cohort in the independent Australian cohort of 53 Caucasian PCa germilnes.

	Cases with gnsRVs	Number of Patients	p-value
Met	9	17	0.05063704
Nodal	2	4	0.3686052
BCR	6	12	0.3072268
NonMet	5	14	0.2493105
Others	3	6	0.2772393
Met+BCR	14	29	0.03995316
Met+Nodal+BCR	16	33	0.02779074

Table 4. Representative genes containing gnsRVs that associated (nominal p-values) with phenotypes in the PPCG cohort.

Phenotype	Gene	P-value	Caucasian MAF in gnomAD	African American MAF in gnomAD
Age at RP	FOCAD	.0000001	.0001	.0007
	CHEK2	.00001	.005	.00008
PSA at RP	SIVA1	10e-80	.00009	.0328
	ACSF3	10e-80	.001	.0005
Metastasis	SPATA91	.005	.0157	.0022
High-Risk	ZSWIMJ ²	.001	.0257	.004
	DNAJC10	.001	.005	.027
High-Risk	Aggregated gnsRVs	.03	N/A	N/A

Figure 1. DDR gene gnsRVs and germline rare sysnonymous variants (gsRVs) in both groups of the EPC.

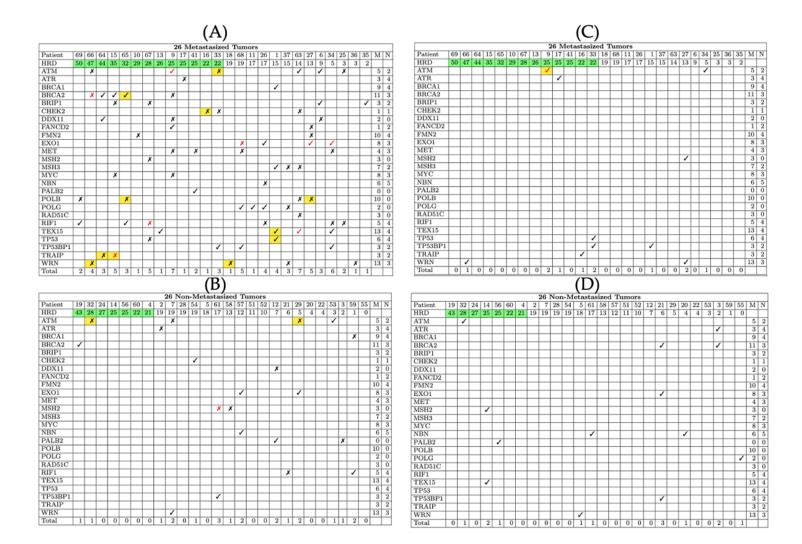


Figure 2. 56 gnsRVs specific to and enriched in 26 localized metastatic tumors from 53 genes.

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Patient	69	_	_	15	_	10		_	_	_	_		33	_	68	_	26	_	_	63	27	6	34	25	_	35	М	N
HRD	50	47	44	35	32	29	28	26	25	25	25	22	22	19	19	17	17	15	15	14	13	9	5	3	3	2		
AHNAK				Х						Х																Х	3	1
AKAP11					\perp	X			\perp												Х		X				14	5
CALCA														Х					Х			Х					0	0
CAMSAP2					Х										Х				Х			Ļ					2	0
CAPN9					\perp								1							1		1					5	3
CCDC112						1											/				/		/				6	4
CENPJ		×	×												Х												3	0
CLTCL1													Х							Х		Х					1	0
COL4A3								×												Х				Х			5	0
CRISPLD1									X	Х		Х															8	3
DNAJC10			×					×							×			×			×						0	0
ERBIN													Х							Х						×	6	4
FOCAD			Х			х																	Х				1	2
FREM1			1			1	1										1										2	0
GJD4	Х																		Х					Х			4	1
HCK				Х										Х				х						X			0	0
IFIT2		Х								Х																Х	6	4
IL17RD								X							Х	Х											5	2
ING1:ING1							X	, ·							,						х		Х				0	0
KDM6B							,,,		Х												,	х	,.		х		8	5
KIAA1671				1					r.											1		-			,	1	1	1
KMT2D			Х	_																1			Х		х	_	5	6
KMT2E			-				х			х								х					Х				0	0
LAMA5										,								•		X		X	,			Х	1	3
LAMB1			_						Х									х		,		,				X	0	0
LSM14A	X										X														х		0	0
MASP1					×		_		-			-							Х						×	_	2	6
MCM2	Х			х	_											Х			^						_	_	4	5
MUC5AC	-				/				-			-		/		_^								/		_	13	8
NECAB3	-				_		_	-	_			_		•										•		_	-	_
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NID2					\vdash			_	_	Х		_		Х					Х			Н				_	0	0
NIPSNAP3A			Х				Х					_									Х					_	5	3
NPC1	_			-	\vdash			_	\vdash	Х	Х	-				-			\vdash	Х			-		-		2	3
PEPD						Х	Х										Х				Х						2	1
PKD1L2				X					Х			Х															0	0
PLEKHM3				Х					-	Х									Х								2	0
POLB	Х				Х															Х							10	0
PPM1E				Х										Х										Х			3	0
PUS1						Х									X		X										4	4
RFXANK							Х										Х				Х						1	1
RP1L1											Х	Х													Х		11	3
S1PR2	X			X								Х							Х								1	0
SCARF1				Х										Х	Х				Х								0	0
SPRY3										Х									Х			Х					4	5
SRP72						Х	Х									Х	Х						Х				5	2
SUSD1	Х			Х															Х								4	4
TENM4																				Х		Х			Х		0	1
TLL2						Х												Х	Х								3	2
TRAPPC12								Х						Х								Х					1	0
TTC38									Х				Х	Х													3	0
WNT10A							Х										Х						Х				3	2
ZC3H7A				Х					Х			Х					_										5	3
ZSWIM4						Х			,			,						Х	Х								0	1
Total	7	3	-	11	-	10	8	4	6	9	3	5	-	10	6	3	7	_	13	9	7	8	8	7	6	6	-	Ĩ

Figure 3. Genomic Analysis of Public PCa Cohorts for Genes with Recurrent gnsRVs in the EPC.

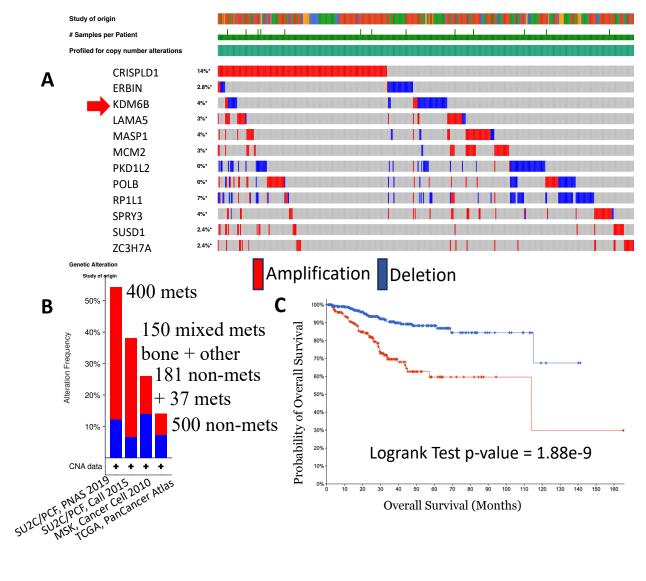
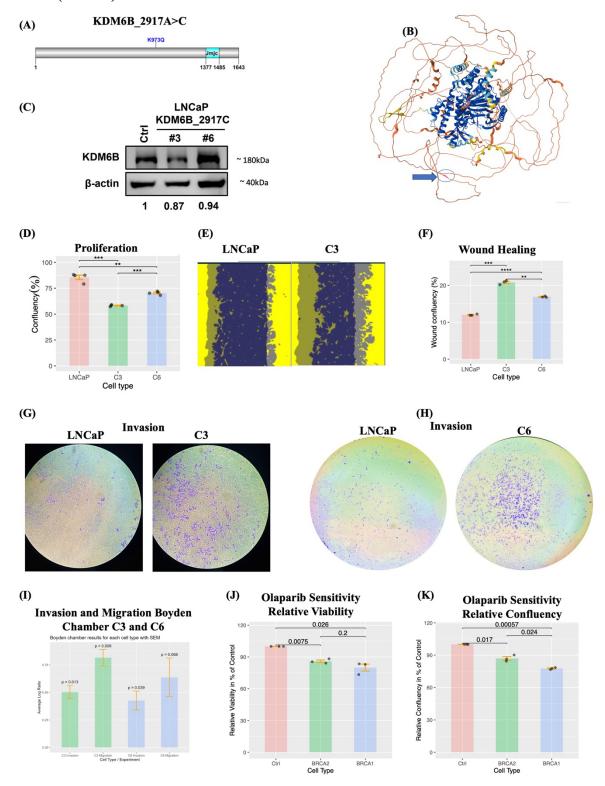


Figure 4. Functional assays and sequencing analysis of 2 gnsRVs discovered in the metastatic arm of EPC: KDM6B gnsRV rs61764072 (K973Q) in LNCaP and BRCA2 gnsRV rs1060502377(I1962T) in HEK293T.



Supplementary Texts

Table 2. The allele frequency enrichment of germline nonsynonymous rare variants (gnsRVs) discovered from the VPC cohort in the independent PPCG cohort compared to healthy Caucasians (CAs) in gnomAD. We identified gnsRVs exclusive to metastatic patients in the EPC cohort and determined their population frequency within the independent PPCG cohort of 976 PCa germlines. We then compared these frequencies to those of healthy Caucasians (CA) in gnomAD. The average fold changes were 3.82, 4.42, and 5.86 for DDR gnsRVs, DDR gnsRVs predicted to be deleterious, and gnsRVs occurring at least three times, respectively. The average CA allele frequency closely matches the overall population allele frequencies reported in gnomAD. When considering only variants with ≥ 1.2-fold positive enrichment, we observed values of 8.25, 10.61, and 17.9. (t) Notes that the values of 5.86 and 17.9 in 3 recurrent gnsRVs are driven by one very rare gnsRV rs76761697 in the NIPSNAP3A gene that occurs in three PPCG germlines and in three metastatic patients from the EPC. If this gnsRV is removed, the values drop to 2 and 5-fold enrichment, respectively.

Table 3. Association of 56gnsRVs discovered from the EPC cohort in the independent Australian cohort of 53 Caucasian PCa germilnes. This independent CA cohort consisted of 21 metastatic cases (17 with bone and/or distant visceral metastases, and 4 with lymph node metastases), 12 with biochemical recurrence (BCR), and 14 without metastases (with clinical follow-up of more than 10 years). We determined the number of patients carrying at least one of these gnsRVs in each group and compared these frequencies to the expected carrier frequencies, estimated using binomial distributions. Statistical significance was more pronounced in the metastatic phenotype group compared to the non-metastatic group, further supporting our hypothesis that the recurrent variants identified in the EPC cohort are associated with the progression of PCa to metastatic castration-resistant prostate cancer (mPCa).

Table 4. Representative genes containing gnsRVs that associated (nominal p-values) with phenotypes in the PPCG cohort. The FOCAD and CHEK2 gnsRV are linked to multiple cancers and may be associated with early-onset cancers. SIVA1 is an E3 ubiquitin ligase that regulates cell cycle progression, proliferation, and apoptosis in an ARF/p53-dependent manner. ACSF3 (PSA at RP, high-risk, and metastasis) is involved in fatty acids metabolism, and the gnsRV is likely pathogenic. SPATA9 associates with multiple clinical-pathologic features in the PPCG cohort, including metastasis. DNAJC10 is involved in misfolded protein degradation and is associated with poor survival in breast cancer and germline variants associated with aggressive PCa. FOCAD, SIVA1, and DNAJC10 have higher minor allele frequency in African American populations than those of CAs.

Figure 1. DDR gene gnsRVs and germline rare synonymous variants (gsRVs) in both groups of the EPC. Patterns of 102 DDR gnsRVs exclusive to either the metastatic (A) or non-metastatic (B) arm of the extreme phenotype cohort: 81 exclusive to mets (A) and 21 exclusive to non-mets (B). Green cells: HRD scores ≥ 21. √: gnsRV. X: gnsRV predicted to be deleterious. ✓ or X indicate compound gnsRVs. Yellow cells: allele frequency of the gnsRV in the matched tumor is at least 1.5-fold the allele frequency in benign suggesting positive selection. The column "M" and "N" are the number of metastatic and nonmetastatic tumors with copy number aberrations detected at the gene locus. BRCA2 gnsRVs are 100% concordant with high HRD scores. The average HRD score is 21.58 vs. 14.62 (t-test p-value=0.04) in metastatic vs. nonmetastatic patients, respectively. There are fewer patients with HRD scores ≥21 (7 versus 13) in the non-metastatic cohort. The WRN gnsRV in patients 66 and 36 is known to impair helicase activity (PMID: 15489508). It is enriched 153-fold (2 out of 26 versus 0.0005 in gnomAD) over the general population. The POLB and CHEK2 variants are known to be deleterious(PMID: 23144635, 35127508). DDR gnsRV are enriched in metastatic vs non-metastatic tumors (p-value=4.57e-06) using a Wilcoxon rank sum test) supporting positive selection for these gnsRVs in the metastatic arm. No significant difference was detected for 11 synonymous RVs exclusive to mets in (C) and 13 exclusive to non-mets in (D).

Figure 2. 56 gnsRVs specific to and enriched in 26 localized metastatic tumors from 53 genes. Each gnsRV is recurrent in at least 3 (out of 26) tumors and is predicted or known to be deleterious. ✓: rare variant. X: predicted deleterious rare variant by fathmm-MKL. ✓ or X indicate rare compound variants. Yellow cells: allele frequency of the gnsRV in the matched tumor is at least 1.5-fold the allele frequency in benign suggesting positive selection. The column "M" and "N" are the number of metastatic and nonmetastatic tumors with copy number aberrations detected at the gene locus. Genes in yellow have their gnsRVs reported in COSMIC. The enrichment of the gnsRVs of in our VPC cohort ranges from > 10-fold to >200-fold over gnomAD population frequencies. The number of gnsRVs per patient is shown at the bottom. The average is ~ eight. In the nonmetastatic cohort, only LAMA5 and PKD1L2 had recurrent gnsRVs meeting our filtration requirement. These are shaded in gray.

Figure 3. Genomic Analysis of Public PCa Cohorts for Genes with Recurrent gnsRVs in the EPC. Genelevel analysis was performed on 12 genes, selected from Figure 2, across 4 public prostate cancer (PCa) cohorts to determine if these genes are under selective pressure in PCa and collectively impact overall survival after disease onset. A. A subset of genes with recurrent gnsRVs from Figure 2 was analyzed using cBioPortal for copy number variant analysis. Among 4 selected PCa cohorts, most genes are either predominately gained (e.g., CRISPLD1) or lost (e.g., PKD1L2) and thus appear to be under selection. B. Copy number aberrations of 12 genes increase as tumors progress from adenocarcinoma to metastasis. This suggests that as tumors progress from relatively low risk of metastasis to a high risk of metastasis, these genes undergo selection. C. Survival analysis of 12 genes among 4 PCa cohorts. Taken together, copy number aberrations at these genes predict a poor outcome with a Log-rank Test P-value of 1.88e-9. This suggests that these genes may play a role in the aggressive phenotype and impact patient outcomes.

Figure 4. Functional assays and sequencing analysis of 2 gnsRVs discovered in the metastatic arm of EPC: KDM6B gnsRV rs61764072 (K973Q) in LNCaP and BRCA2 gnsRV rs1060502377(I1962T) in HEK293T. We edited two gnsRVs discovered in the EPC metastatic arm for functionalization. (A) KDM6B protein structure and location of the target gnsRV. KDM6B is a histone demethylase that demethylates lysine 27 on histone H3 (H3K27me3) thereby activating gene expression. The KDM6B gnsRV rs61764072 (K973Q) occurs in 11.5% of germlines of the extreme phenotype cohort metastatic arm (Fig. 2) and has a minor allele frequency approximately two-fold higher in the PPCG validation cohort compared to gnomAD. We hypothesized that KDM6B (K973Q) might impact global gene expression, making an effect straightforward to detect. rs61764072 (K973O) lies outside the catalytic imid domain and may not directly impact enzyme activity, but it could influence interactions with other proteins, thereby affecting chromatin binding sites and gene expression patterns.(B) Despite its benign status in ClinVar, modeling using AlphaFold suggests an extrinsic positioning of rs61764072 (K973Q) on the protein surface, and several prediction algorithms predict it to be deleterious. To test this, we edited the K973Q variant into the KDM6B locus in wildtype LNCaP cells using CRISPR/Cas9 prime editing. (C) Two independent LNCaP clones, homozygote C3 and heterozygote C6 knock-ins, were selected for further study (successful editing in both was confirmed by whole exome sequencing.) The expression levels of KDM6B of LNCaP-C3 and LNCaP-C6 are comparable to that of the parental clone. (D) The growth rate of homozygous C3 is lower than that of heterozygous C6, with C6 growing slower than the WT. (E) Scratch assays reveal a mild migratory phenotype in edited LNCaP cells compared to WT. (G) Quantification shows C3 is more migratory than C6. (G,H,I) Boyden chamber assays reveal approximately a 4-fold increase in migration and invasion compared to WT LNCaP cells and again clone C3 (homozygous) displays stronger phenotypes than clone C6 (heterozygous) suggesting a dosage effect. (J,K) The BRCA2 gnsRV rs1060502377 (I1962T) (gnomAD MAF: 10e-7) confers sensitivity to PARP inhibitors, despite being classified as of unknown significance in ClinVar.