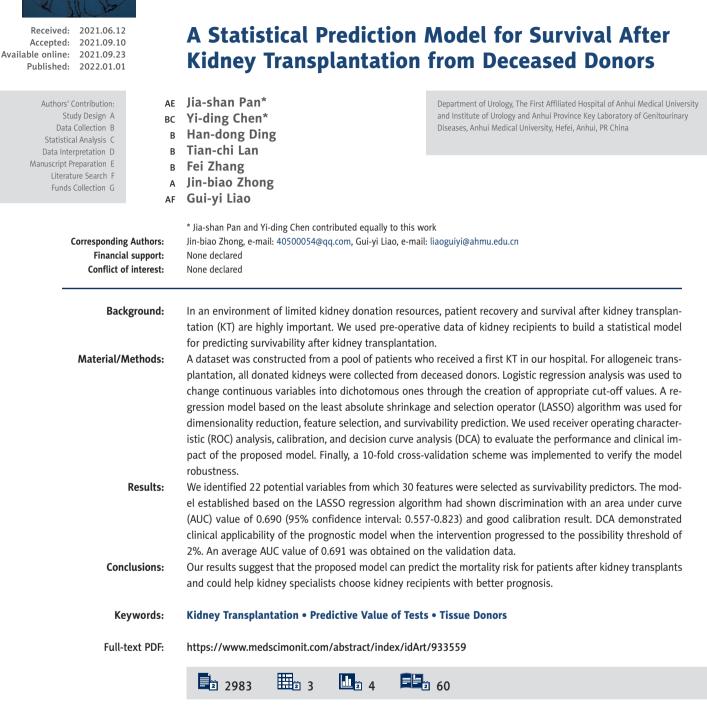
CLINICAL RESEARCH

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Background

Kidney transplantation (KT) is the best treatment option for patients with end-stage renal disease (ESRD) [1], whose numbers have significantly increased worldwide in parallel with the increase in the average life expectancy over the past decades [2]. This preference over other options (such as kidney dialysis) is due to the increased survival rates and improved quality of life associated with KT procedures [3-5]. Kidneys to be transplanted mostly come from living healthy donors or through deceased donors (DD), including donors of cardiac death (DCD) and donors of brain death (DBD) [6-8]. However, not all patients can get kidneys from living donors due to matching problems, ethical considerations, and other reasons. The alternative source of transplanted kidneys would then be DD [9].

Therefore, one key goal that should be considered in the donor-recipient matching process is to minimize the post-operative risk (eg, recipient mortality or graft failure). Previous studies have confirmed that such risks can be influenced by numerous factors, including donor status (alive vs dead), donor race, donor age, recipient age, recipient race, and ethnicity, as well as chronic medical conditions, such as diabetes [10], hypertension [11,12], gastroenterological complications [10], comorbidities, acute rejection, delayed graft function, and posttransplantation proteinuria [13-20]. Consequently, it would be beneficial to collectively consider such risk factors for prognosis and risk assessment after KT operations. In fact, the literature abounds with research work intended to evaluate the various outcomes of kidney transplantation. Porrini et al [23] used 11 predictors to create risk prediction tools that both patients and clinicians can conveniently use in order to understand the absolute and relative risks leading to graft loss within 5 years after transplantation. Foucher et al [24] devised a composite clinical score, the Kidney Transplant Failure Score (KTFS), to predict the dialysis risk 1 year after the kidney transplantation. This score takes into account multiple wellrecognized pre- and post-transplantation risk factors of graft loss. Numerous similar studies have been conducted [21-23]. However, these studies investigated either too many or too few risk factors. Few studies used pre-operative data to predict the post-operative mortality risk in kidney transplant patients. Obviously, building a comprehensive prediction model based on pre-operative donor and recipient data is vital for the prediction of patient survivability after KT.

To create a model for achieving these goals, we collected preoperative laboratory test indicators. Specifically, we collected biochemical blood indices, including kidney function, liver function, electrolytes, fasting blood-glucose (FBG) and blood routine), underlying diseases (including high blood pressure (HBP), pre-transplant diabetes mellitus (pt-DM), and demographics. Then, we utilized these indicators to build a predictive model for post-operative prognosis. In particular, we used a series of statistical tests to verify the accuracy and applicability of this prediction model. With the rapid worldwide spread of solid-organ transplantation procedures, understanding the risk factors and possible KT consequences can help in clinical decision making. In addition, the proposed predictive model might help the kidney transplantation surgeons reach better overall prognosis.

Material and Methods

Study Population

We obtained the necessary study approval from the Ethics Committee of the First Affiliated Hospital of Anhui Medical University. We retrospectively searched the pre-operative medical records of 263 kidney recipients from April 1, 2016 to December 31, 2019. During that time interval, these recipients were all undergoing KT for the first time, and they were from various parts of Anhui Province, China. All donated kidneys came from deceased donors.

Data Collection, Diagnostic Criteria, And Observation Guidelines

For each selected patient, 30 indicators were collected, including (in addition to the donor age) 29 indicators of the recipient: 24 blood indicators, age, sex, pre-transplant diabetes mellitus (pt-DM), high blood pressure (HBP), and the distance between the patient's home and the hospital. All relevant data of each patient was collected within 3 days before the kidney transplant operation. As for the diagnostic criteria, only KT-related deaths were included in the study, while deaths due to other causes (such as car accidents) were excluded. The following observation guidelines were followed: (1) The medical condition of each kidney recipient was followed up until January 1, 2021 after surgery; (2) If the recipient died after surgery before January 1, 2021, the observation was ended at the death date.

Statistical Analysis

Statistical data analysis and visualization were performed using R software (version 4.0.3; <u>https://www.R-project.org</u>). The only exception is the Kaplan-Meier (K-M) curves (for mapping the survival of recipients after KT), which were created using GraphPad Prism 8.0. Tables were produced by Microsoft[®] Word 2019.

We applied logistic regression analysis to 26 continuous variables (including 24 blood indicators, donor age, and recipient age), and converted these continuous variables into dichotomous ones for the best separation method. At the same time, single-factor logistic regression analysis was performed on the above variables. The 26 variables were augmented with 4 categorical variables (recipient sex, pt-DM, HBP, and the homehospital distance). Then, the least absolute shrinkage and selection operator (LASSO) method was applied to select the most predictive variables and hence reduce the complexity of the prediction model [24,25]. In particular, features with nonzero coefficients in the LASSO regression model were selected [26] based on an odds ratio (OR) statistic with a two-sided 95% confidence interval. For the kidney recipients, risk scores were calculated with nonzero coefficients. These scores were then used to construct receiver operating characteristic (ROC) curves and obtain the values of the area under the curve (AUC) with a 95% confidence interval. Calibration curves were plotted to assess the predictive model standardization. A significance test shows that the model is not ideally calibrated [27]. While traditional diagnostic indicators only reflect the diagnostic accuracy but not the clinical utility of a particular predictive model, decision curve analysis (DCA) accounts for patient features [28]. Moreover, this type of analysis determines the clinical validity of a prediction model by quantifying the net benefit under different probability thresholds [29]. This net benefit is calculated by subtracting the proportion of false-positive recipients from the proportion of true-positive recipients, and weighing the relative harm of giving up the intervention against the negative consequences of an unnecessary intervention [30]. In the last step, the dataset was evenly and randomly divided into 2 groups: Group I and Group II (in R software). This procedure was repeated 10 times. Thus, we performed testing with the internal dataset for 10 times, and for each division, the 2 subsets produced a collection of AUC values, false-positive rates, and true-positive rates. The overall workflow is demonstrated in Figure 1.

Results

Demographic and Clinical Patient Characteristics

In total, we considered 263 kidney recipients who had kidneys transplanted from deceased donors. Among these patients, only 151 subjects had no missing data for 3 days before the transplant and were thus included in the study. Among these included patients, 18 recipients had kidneys donated from DCD, 12 recipients had kidneys donated from DBD, and 121 recipients had kidneys donated from heart-brain death donors. By January 1, 2021, 15 of the 151 patients had died. The selected patients consisted of 133 males and 18 females, with a mean age of 40.7±9.9 years (and an age range of 15-63 years). **Table 1** shows a list of all 30 independent variables of the recipients including demographics, blood indicators, pt-DM, and BHP (the groups are created based on death and non-death). **Figure 2** shows the K-M survival curve of patients

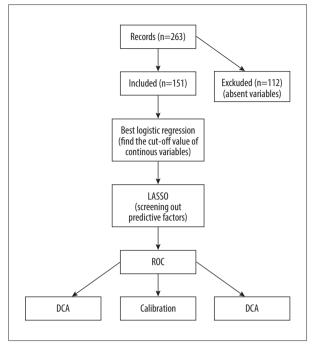


Figure 1. A flowchart of the proposed post-KT mortality risk assessment framework. The figure was created using WPS Office software (version 11.1.0.10700-release).

who received kidneys from deceased donors. The curve shows that the survival rate of the kidney recipients at 1743 days after surgery was 89.9%.

Feature Selection

Firstly, to maximize the potential of each pertinent variable in predicting the renal transplantation outcomes, we transformed 26 continuous variables into dichotomous ones by the best separation method. Secondly, LASSO-based feature selection and the 151-patient dataset were employed to select the 22 best potential predictors from the original 30 predictors (**Figure 3**).The selected features are the concentrations of creatinine, aspartate aminotransferase (AST), alanine aminotransferase (ALT), total bilirubin (TBil), albumin (ALB), globulin (GLOB), the ratio of albumin to globulin (A/G), the concentrations of K, Na, Cl, and HCO₃, the white blood cell (WBC) count, neutrophile (NEUT), neutrophile percent, lymph, monocytes (MONO), eosinophilic (EO), hemoglobin (HB), sex, pretransplant diabetes mellitus (pt-DM), the donor age, and the recipient age (**Table 2**).

Model Performance in Post-Transplant Mortality Prediction

The prediction model had an AUC of 0.690 (based on 22 potential predictors) for the cohort. This result is shown in the ROC curve plot of **Figure 4A**, where the *x*-axis and *y*-axis represent the false-positive and true-positive rates for mortality Table 1. Demographics and clinical characteristics of the death and survival groups.

Characteristics	Death group		Survival group		Total (%)	
Characteristics	n=1	5 (9.9%)	n=13	6 (90.1%)	n=15	1 (100%)
Donor age (years)						
>50	4	(2.6%)	69	(45.7%)	73	(48.3%)
≤50	11	(7.3%)	67	(44.4%)	78	(51.7%)
Recipient age (years)						
>53	4	(2.6%)	9	(6.0%)	13	(8.6%)
≤53	11	(7.3%)	127	(84.1%)	138	(91.4%)
Creatinine						
>1000.3	9	(6.0%)	61	(40.4%)	70	(46.4%)
≤1000.3	6	(4.0%)	75	(49.6%)	81	(53.6%)
Urea						
>21.8	8	(5.3%)	59	(39.1%)	67	(44.4%)
≤21.8	7	(4.6%)	77	(51.0%)	84	(55.6%)
UA						
>293	14	(9.3%)	108	(71.5%)	122	(80.8%)
≤293	1	(0.7%)	28	(18.5%)	29	(19.2%)
ALT						
>28	4	(2.6%)	62	(41.1%)	66	(43.7%)
≤28	11	(7.3)	74	(49.0%)	85	(56.3%)
AST						
>14	8	(5.3%)	91	(60.3%)	99	(65.6%)
≤14	7	(4.6%)	45	(29.8%)	52	(34.4%)
Tbil						
>8.2	6	(4.0%)	89	(58.9%)	95	(62.9%)
≤8.2	9	(6.0%)	47	(31.1%)	56	(37.1%)
ALP						
>134	5	(3.3%)	27	(17.9%)	32	(21.2%)
≤134	10	(6.6%)	109	(72.2%)	119	(78.8%)
ТР						
>69.6	14	(9.3%)	105	(69.5%)	119	(78.8%)
≤69.6	1	(0.7%)	31	(20.5%)	32	(21.2%)
ALB						
>50.1	1	(0.7%)	36	(23.8%)	37	(24.5%)
≤50.1	14	(9.3%)	100	(66.2%)	114	(75.5%)
GLOB						
>26.3	13	(8.6%)	97	(64.2%)	110	(72.8%)
≤26.3	2	((1.3%)	39	(25.8%)	41	(27.2%)
A/G						
>1.48	8	(5.3%)	87	(57.6%)	95	(62.9%)
≤1.48	7	(4.6%)	49	(32.5%)	56	(37.1%)

Characteristics	Death group	Survival group	Total (%)	
	n=15 (9.9%)	n=136 (90.1%)	n=151 (100%)	
К				
>4.62	10 (6.6%)	68 (45.0%)	78 (51.7%)	
≤4.62	5 (3.3%)	68 (45.0%)	73 (48.3%)	
Na				
>142.6	8 (5.3%)	30 (19.9%)	38 (25.2%)	
≤142.6	7 (4.6%)	106 (70.2%)	113 (74.8%)	
Cl				
>101	5 (3.3%)	45 (29.8%)	50 (33.1%)	
≤101	10 (6.6%)	91 (60.3%)	101 (66.9%)	
HCO ₃				
>21.1	7 (4.6%)	91 (60.3%)	98 (64.9%)	
≤21.1	8 (5.3%)	45 (29.8%)	53 (35.1%)	
FBG				
>4.97	11 (7.3%)	86 (67%)	97 (64.2%)	
≤4.97	4 (2.6%)	50 (33.1%)	54 (35.8%)	
WBC (×10°)				
>5.63	12 (7.9%)	94 (62.3%)	106 (70.2%)	
≤5.63	3 (2.0%)	42 (27.8%)	45 (29.8%)	
Neut ratio (%)				
>75.54	1 (0.7%)	35 (23.2%)	36 (23.8%)	
≤75.54	14 (9.3%)	101 (66.9%)	115 (76.2%)	
Lymph ratio (%)				
>19.52	11 (7.3%)	79 (52.3%)	90 (60.0%)	
≤19.52	4 (2.6%)	57 (37.7%)	61 (40.4%)	
Neut (×10 ⁹)				
>3.5	13 (8.7%)	93 (61.6%)	106 (70.2%)	
≤3.5	2 (1.3%)	43 (28.5%)	45 (29.8%)	
Lymph (×10°)				
>1.16	12 (7.9%)	89 (58.9%)	101 (66.9%)	
≤1.16	3 (2.0%)	47 (31.1%)	50 (33.1%)	
Mono (×10°)				
>0.32	8 (5.3%)	82 (54.3%)	90 (59.6%)	
≤0.32	7 (4.6%)		61 (40.4%)	
Eo (×10 ⁹)				
>0.19	8 (5.3%)	51 (33.8%)	59 (39.1%)	
≤0.19	7 (4.6%)	85 (56.3%)	92 (60.9%)	
Baso (×10 ⁹)				
>0.03	3 (2.0%)	26 (17.2%)	29 (19.2%)	
≤0.03	12 (7.9%)		122 (80.8%)	

Table 1 continued. Demographics and clinical characteristics of the death and survival groups.

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Characteristics	Deat	Death group		Survival group		Total (%)	
Characteristics	n=1	5 (9.9%)	n=13	6 (90.1%)	n=15	1 (100%)	
RBC (×10 ⁹)							
>4.59	4	(2.6%)	13	(8.6%)	17	(11.3%)	
≤4.59	11	(7.3%)	123	(81.5%)	134	(88.7%)	
Hb							
>138	3	(2.0%)	15	(9.9%)	18	(11.9%)	
≤138	12	(7.9%)	121	(80.1%)	133	(88.1%)	
PLT (×10°)							
>128	10	(6.7%)	117	(77.5%)	127	(84.1%)	
≤128	5	(3.3%)	19	(12.6%)	24	(15.9%)	
BMI							
>22.6	9	(6.0%)	60	(39.7%)	69	(45.7%)	
≤22.6	6	(4.0%)	76	(50.3%)	82	(54.3%)	
Dialysis time (months)							
>36	9	(6.0%)	69	(45.7%)	78	(51.7%)	
≤36	6	(4.0%)	67	(44.4%)	73	(48.3%)	
Sex							
Male	14	(9.3%)	119	(78.8%)	133	(88.1%)	
Female	1	(0.7%)	17	(11.3%)	18	(11.9%)	
DM							
Yes	1	(0.7%)	8	(5.3%)	9	(6.0%)	
No	14	(9.3%)	128	(84.8%)	142	(94.0%)	
НВР							
Yes	12	(8.0%)	95	(62.9%)	107	(70.9%)	
No	3	(2.0%)	41	(27.2%)	44	(29.1%)	
Distance (km)							
0~50	3	(2.0%)	35	(23.2%)	38	(25.2%)	
51~200	10	(6.6%)	70	(46.4%)	80	(53.0%)	
201~300	2	(1.3%)	15	(9.9%)	17	(11.3%)	
>300	0	(0.0%)	16	(10.6%)	16	(10.6%)	

Table 1 continued. Demographics and clinical characteristics of the death and survival groups.

UV – uric acid; FBG – fasting blood-glucose; Neut – neutrophil; Tbil – total bilirubin; ALB – albumin; GLOB – globulin; A/G – ratio of albumin to globulin; Mono – neutrophile percent; Lymph – monocytes; EO – eosinophilic; Baso – basophilic granulocyte; HB – hemoglobin; HBP – high blood pressure; pt-DM – pre-transplant diabetes mellitus.

prediction after kidney transplants. The calibration curve of the post-transplant mortality prediction model for the ESRD patients who received kidney from DD demonstrated agreement in the studied cohort (**Figure 4B**).

Clinical Applicability

The DCA curve of the mortality prediction model is shown in **Figure 4C**. This curve shows that if the probability thresholds

of a patient and a doctor are >0.02 and <0.24, respectively, then the proposed predictive model will be more beneficial than the original plan.

Internal Validation

Table 3 shows the internal validation results with an average AUC of 0.691 (with a range of 0.557-0.823) for a 10-fold cross-validation scheme.

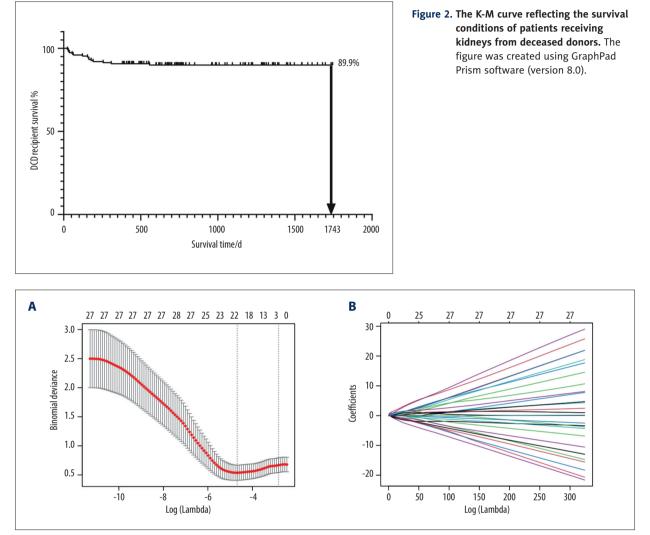


Figure 3. Demographics and clinical feature selection using the LASSO binary regression model. (A) LASSO coefficient profiles for 30 features. Each coefficient profile was plotted against the logarithm of the lambda parameter. The vertical line was drawn at the value selected using 5-fold cross-validation, where the optimal lambda value resulted in 22 features with nonzero coefficients. (B) Optimal lambda parameter selection in the LASSO model using 5-fold cross-validation via minimum criteria. The curve of the partial likelihood deviance (binomial deviance) was plotted versus the logarithm of the lambda parameter. Dotted vertical lines were drawn at the optimal values by using the minimum criteria and the I-SE of the minimum criteria (the I-SE criteria). The figures use the R software (version 4.0.3; <u>https://www.R-project.org</u>). LASSO – least absolute shrinkage and selection operator; SE – standard error.

Discussion

Predicting post-KT functional recovery and survival is crucial, especially with the critically limited kidney donor pool. Currently, there are only 2 treatment options for patients with ESRD: dialysis and KT. Comparative studies have consistently demonstrated that KT generally outperforms dialysis in improving the patient's quality of life [31], reducing financial expenses [32], and extending the residual life of a patient [1]. Therefore, KT is the best choice for ESRD patients. Also, with recent KT developments, donor-recipient matching outcomes and KT success

rates have been gradually improved through modern techniques such as the ABO agglutination test [33,34], lymphocytotoxicity crossmatch (LCT-XM) [35], human leukocyte antigen (HLA) testing [36,37], and panel-reactive antibody (PRA) testing [38-40]. However, prognosis is equally important. In fact, the number of patients awaiting kidney transplantation has grown significantly over the past few decades, while the number of available kidney donors has increased only modestly [41]. With these constraints, the limited KT resources should be efficiently utilized through optimal donor-recipient matching and selecting patients with good prognoses. Many studies
 Table 2. Mortality prediction factors after renal transplantation from deceased donors.

Intercept and variable	Prediction model					
	β	Odds ratio (95% CI)	P value			
Intercept	-0.048434479	-	-			
ALT	1.014970879	0.374 (0.114-1.234)	0.107			
AST	-1.0074237	0.396 (0.134-1.172)	0.094			
К	-0.901313348	2.670 (0.810-8.801)	0.107			
Na	0.253284105	5.300 (1.747-16.076)	0.003			
CL	1.337102781	2.341 (0.793-6.911)	0.123			
HCO3	0.116566477	0.405 (0.138-1.188)	0.1			
WBC	0.936491019	4.485 (0.568-35.414)	0.155			
Neut percent (%)	0.15969338	0.198 (0.025-1.563)	0.125			
Neut	0.989369372	6.473 (0.824-50.821)	0.076			
Lymph	2.398045198	3.322 (0.719-15.346)	0.076			
Donor age	-4.708927326	0.333 (0.101-1.097)	0.071			
Recipient age	-1.276791069	6.889 (2.094-22.664)	0.001			
Creatinine	2.695701102	1.900 (0.641-5.634)	0.247			
Tbil	-1.22284321	0.341 (0.114-1.016)	0.053			
ALB	2.81272309	0.191 (0.024-1.505)	0.116			
GLOB	0.03499988	5.629 (0.716-44.274)	0.101			
A/G	-1.17791127	0.565 (0.193-1.657)	0.298			
Mono	0.775643153	0.604 (0.206-1.767)	0.357			
EO	-0.949786076	2.209 (0.744-6.559)	0.153			
НВ	1.261946945	2.933 (0.829-10.382)	0.095			
sex	0.236663003	-	-			
Pt-DM	-2.037823506	-	_			

 β is the regression coefficient. CI – confidence interval; Neut – neutrophil; Tbil – total bilirubin; ALB – albumin; GLOB – globulin; A/G – ratio of albumin to globulin; Mono – neutrophile percent; Lymph – monocytes; EO – eosinophilic; HB – hemoglobin; pt-DM – pre-transplant diabetes mellitus.

have focused on risk assessment based on post-operative laboratory testing results or general information from the donors or recipients [42-45]. Nevertheless, there has been little focus on assessing risk based on pre-operative information [46]. In particular, we seek an answer to the question: Can a model be established to assess the post-operative risk by analyzing pre-operative laboratory test factors?

To address this question, we investigated the correlation between pre-operative clinical indicators and clinical outcomes after kidney transplantation. To construct the associated predictive model without involving variations in the source of the kidney transplantation, we collected data from recipients who received kidneys from deceased donors. This particular choice was made because earlier studies suggested that the 1-year, 3-year, and 5-year survival rates of recipients who received kidneys from living donors are different from the survival rates of recipients of kidneys from deceased donors [47,48]. To boost the prediction performance in our work, logistic regression analysis was employed to translate 26 independent continuous variables into dichotomous ones, which were also supplemented with 4 categorical variables. Then, a LASSO method was employed to further select the 22 best variables among the 30 original ones. Finally, we evaluated the

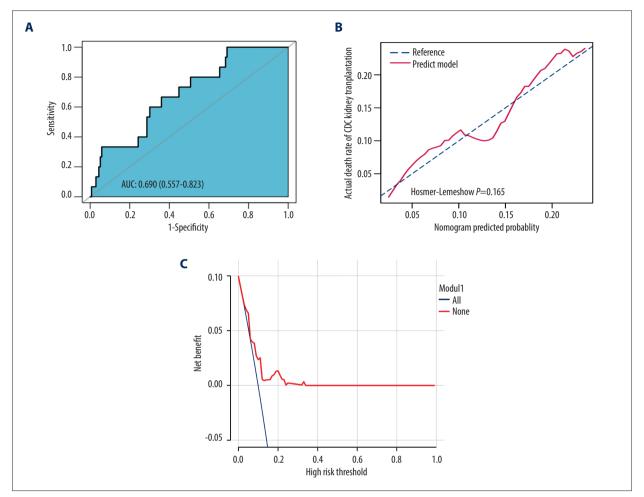


Figure 4. Assessment of the clinical effectiveness of the proposed model. (A) Receiver operating characteristic (ROC) curves of the nomogram of the post-KT mortality risk prediction. The *x*-axis and *y*-axis represent the false-positive and true-positive rates of the post-KT mortality risk prediction. The area under the ROC curve (AUC) is 0.690. (**B**) Calibration curves of the nomogram of the post-KT mortality risk prediction for the study cohort. The *x*-axis represents the post-KT death predictions, while the *y*-axis represents the actual death outcomes. The diagonal dotted line corresponds to perfect prediction outcomes by an ideal model. The solid line represents the nomogram performance, where a closer fit to the diagonal dotted line represents better prediction. (**C**) Decision curve analysis (DCA) for post-KT death. The *y*-axis measures the net benefit. The red line represents the nomogram of the post-KT death risk. The thin solid line represents the assumption of survival of all kidney recipients after kidney transplantation, while the thick solid line represents the assumption of the death of all kidney recipients after kidney transplantation. The decision curve shows that if the threshold probabilities of a patient and a doctor are (>0.02) and (<0.24), respectively, using the mortality risk nomogram in the current study for post-KT mortality risk prediction is more beneficial than the intervention-for-all-recipients scheme or the no-intervention scheme. The figures use R software (version 4.0.3; <u>https://www.R-project.org</u>).

modeling and prediction performance using calibration, ROC, and DCA curves. Our results showed good prediction based on the variables of creatinine, AST, ALT, Tbil, ALB, GLOB, A/G, K, Na, Cl, HCO₃, WBC, NEUT, NEUT percent, lymph, MONO, EO, HB, sex, pt-DM, donor age, and recipient age. We also evaluated the proposed model via internal validation, which has also shown good results. In our work, the LASSO algorithm was introduced on the basis of logistic regression analysis of the preoperative continuous variables. This LASSO algorithm is used to optimize feature selection for the risk model. Subsequently, the coefficients of the relatively unimportant variables become 0, and these variables are thus excluded from the prediction model. Finally, only the best predictor variables are retained. Because the LASSO algorithm can achieve optimal selection of categorical variables, we used the best separation method to find the cut-off value (where single-factor logistic regression analysis is performed on each continuous variable during the operation) to transform the continuous variables into categorical variables and hence adapt to the LASSO algorithm.

	Training group			Validation group			
Test AU	AUC	False-positive rate	True-positive rate	AUC	False-positive rate	True-positive rate	
1	0.676	0.380	1.000	0.700	0.446	0.900	
2	0.668	0.343	1.000	0.734	0.957	0.500	
3	0.711	0.940	0.444	0.667	0.623	0.833	
4	0.617	0.338	1.000	0.725	0.738	0.700	
5	0.700	0.426	1.000	0.666	0.794	0.571	
6	0.680	0.324	1.000	0.695	0.515	0.857	
7	0.614	1.000	0.333	0.746	0.742	0.778	
8	0.746	0.676	0.750	0.637	0.388	1.000	
9	0.686	0.588	0.875	0.660	0.941	0.429	
10	0.688	0.314	1.000	0.684	0.606	0.778	
Average (medium+ 95% CI)	0.679 (0.707, 0.651)	0.533 (0.719, 0.347)	0.840 (1.021, 0.659)	0.691 (0.716, 0.666)	0.675 (0.814, 0.536)	0.735 (0.866, 0.604)	

Table 3. Evaluation results for the proposed model among 10 randomly selected independent subgroups.

Our model involved 18 laboratory parameters. In particular, creatinine, ALB, and lymph concentrations are more important variables than the other laboratory factors. These 3 variables are easily obtainable in clinical settings. In addition, these 3 variables have the largest regression coefficient magnitudes in the fit prediction model (Table 2). Currently, creatinine level is a key indicator of renal function, and studies had been conducted to investigate the relationship between the creatinine level and the prognosis of kidney dialysis patients. Also, Gallinat et al demonstrated that the serum creatinine level of a kidney donor affected the recipient life after KT [49]. Foucher et al built a prediction model based on the Kidney Transplant Failure Score, and found the creatinine levels after 6-12 months of KT to be good predictors of survival 8 years after the kidney transplant [50]. These results indicate a positive association between the serum creatinine levels and survival after KT. Based on the prediction of the recipients' pre-operative serum creatinine levels, our study further complemented the findings on the correlation between the creatinine level and prognosis. In addition, albumin level is a measure of liver function, as reported by Molnar et al [51], and lower blood albumin concentrations in ESRD patients are associated with higher mortality risks. This observation is consistent with our conclusions. However, earlier studies verified the connection between the lymphocytes and post-transplant prognosis. Bruminhent et al [52] reported a positive correlation between the absolute lymphocyte count and survival after KT. Indeed, high absolute counts of lymphocytes could inhibit human adenovirus infection, and hence improve the chances of survival of kidney recipients. Sun et al [53] found that the lymphocyte count can be used as a predictor of ARDS in KT patients with cytomegalovirus pneumonia. The increase in the numbers of CD4 + T and CD8 + T cells will increase the patient survival rate. Therefore, creatinine, ALB, and lymphocytes have strong correlations with the recipient prognosis. Also, there is a definite correlation between pre-operative blood indicators and survival rate.

Demographic databases also play an important role in forecasting models. Laging et al [54] reported that donor age is a key independent risk factor for post-operative mortality. Moosa et al also confirmed that the younger the kidney donors, the longer the survival times of the recipients with transplanted kidneys [55]. Furthermore, Moers et al [55] quantified the extent to which the donor age negatively affected the survival of kidney recipients. To meet the increasing KT demand, the internationally proposed designation of an expanded criteria donor (ECD) was introduced as a high-risk donor [56]. One of the subsequent criteria is that a donor over 60 years old is categorized as ECD and this increases the risk for poor prognosis. The proportion of such old donors in our database was approximately 14% (21 out of 151), and this "risk ratio" coincided with the high value of the coefficient of the donor age predictor in our prediction model. Other studies addressed the effects of donor and recipient sex. Tent et al [58] have shown that the donor sex had no effect on renal function after KT operations. Hence, we focused on the sex disparity for the recipients. Abou-Jaoude et al [57] confirmed that the recipient sex is a key independent risk factor for KT success. In our dataset, the male-to-female ratio of the recipients was 133 to 18, and the regression coefficient of the female recipients was higher than that of the males. This is consistent with the results reported by Moosa [54] that the recipient mortality for females is higher than that for males [55]. In conclusion, the predictive factors of our model cover multiple aspects and dimensions, including experimental factors and population data. Prior to our work, few earlier studies collected so many pieces of information for prognosis after KT. Therefore, we hope our method will help doctors match donors to recipients with better long-term prognosis. At the same time, doctors can employ our predictive model to take precautions for recipients with high post-operative mortality risk.

Admittedly, our proposed prediction model still has some limitations. Firstly, this model does not consider several key donor factors, such as the donor sex, and the warm/cold ischemia time for kidney transplant. As suggested by earlier studies, these types of donor information are influential for posttransplant prognosis [58-60]. Future directions for enhancing this work include expanding the sample size, collecting more pre-operative data of KT patients, and extending the followup time to improve the prediction model accuracy. The second limitation is that both the sample size and the follow-up period were not large enough. Indeed, our sample has only a

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mean follow-up time of 1.5 years and 151 recipients (including 16 dead subjects). Thirdly, although the prediction model robustness has been extensively validated internally through a randomized cross-validation scheme, this model could not be externally validated in datasets of other kidney recipients in other regions and countries. Hence, there is still some uncertainty about the model's universality. External evaluation is actually required in a larger test group to ensure the suitability, reliability, and practicality of our prediction model.

Conclusions

We proposed a novel prognostic model for patients who received kidney donations from deceased donors. This model has 22 predictors that could be applied to facilitate the prediction of individual post-operative survivability in recipients. Predictive models based on donor and recipient pre-operative data should be assessed and utilized by kidney specialists in clinical practice.

Declaration of Figures' Authenticity

All figures submitted have been created by the authors, who confirm that the images are original with no duplication and have not been previously published in whole or in part.

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