Characteristics of the SARS-CoV-2 Omicron (B.1.1.529) Variant and Emerging Impact on Global Public Health

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ABSTRACT: The discovery of the SARS-CoV-2 Omicron (B.1.1.529) variant has sparked alarm globally because of its rapid rate of infection and trespassing acquired immunity due to vaccination or natural infection. This heavily mutated variant is rapidly spreading around the world. Infected individuals with the Omicron variant may suffer from flu-like symptoms, and infected with the Delta variant frequently report low oxygen levels, high pulse rates, and a loss of smell and taste. Also, the Omicron variant causes asymptomatic or mild disease so far, and not any severe illness as like Delta, and this new variant has a 15% to 80% reduced risk of hospitalization than the Delta variant. Scientists are worried about the possibility of escaping the immunity by the Omicron variants and subvariants among fully vaccinated and recovered COVID-19 patients. Two doses of available vaccines are found to be partially ineffective in protecting this new variant, therefore, the third dose as a booster is recommended to enhance antibody level. Moreover, some antiviral drugs significantly reduce hospitalization or death among mild to severe COVID-19 patients. All authorized antiviral drugs are effective against viral replication for most SARS-CoV-2 variants, and particularly some monoclonal antibodies may not now be effective in treating COVID-19 patients. There is an urgent need to update existing vaccines, develop more effective and newer vaccines as well as additional monoclonal antibodies to counter Omicron. Therefore, along with close monitoring of Omicron characteristics, the present study suggests that health safety guidelines, mass immunization, early diagnosis, and search for effective antiviral drugs should be the approaches to fight against newer SARS-CoV-2 variants.

KEYWORDS: SARS-CoV-2, SARS-COV-2 variants, COVID-19, Omicron, B.1.1.529, Coronavirus, COVID-19 vaccines, antiviral agents

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Introduction

The severe acute respiratory syndrome coronavirus-2 (SARS-CoV-2) was initially detected in Wuhan, China, and it is the primary agent of the emergent responsible for coronavirus outbreak-2019 (COVID-19).1 The SARS-CoV-2 has evolved into many life-threatening variants posing substantial hazards to the global healthcare systems since 2020.²⁻⁷ Subsequently, the discovery of the SARS-CoV-2 Omicron (B.1.1.529) variant in November 2021 sparked alarm globally because of its rapid rate of transmission and antibody escaping capability.8-10 This heavily mutated variant is rapidly spreading around the world that is of great health concern.¹¹⁻¹³ The World Health Organization (WHO) designated this SARS-CoV-2 variant as the variant of concern (VOC) on November 26, 2021.14 Since January 2021, the arrival of the subsequent Alpha (α), Beta (β), and Delta (δ) in association with new waves of infections, SARS-CoV-2 VOCs became dominant across the entire world in many countries.¹⁵ As of January 11, 2022, more than 140 nations have already been afflicted by the Omicron variant,¹⁶ sometimes multiple SARS-CoV-2 variants have emerged simultaneously.¹⁷ In an already COVID-19-weary and inflicted society, this new VOC Omicron sparked a new debate about vaccine effectiveness and the current booster campaign.^{18,19} The distinguishing characteristic of Omicron is

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the prime immunogenic target of antibodies triggered by immunization or through natural infections, which can hold an astonishingly huge number of genetic alterations (more than 50), of which nearly 30 mutations are on the spike (S)membrane protein; mostly like to aggregate around the site of receptor binding motif; the consensus sequence of this variant has 44 amino acid changes, deletion of 6 amino acids, and insertion of one amino acid when compared to the reference strain of SARS-CoV-2.²⁰ The presence of a mutation at other sites such as the receptor-binding domain (RBD) and N-terminal domain might induce a neutralizing response on the antibodies. Therefore, Omicron is expected to increase the chances of infecting those who have had antigens based on the primary and original S sequence immunization.²¹ We have summarized the characteristics and health hazard of coronavirus variants from Alpha to Omicron in an earlier article.²² However, Omicron and its subvariants are dominating in the present Covid-19 pandemic. Therefore, the present study only focused on the characteristics of Omicron and its subvariant and their impact on global public health.

Omicron is found to be more contagious than Delta and other SARS-CoV-2 variants and therefore has high transmissibility and infectivity.^{22,23} Viral escaping of the human immune system is another weapon for Omicron; it can evade natural



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Figure 1. Changes in viral spike protein and characteristics of coronavirus variants.

immunity as well as vaccine-induced immunity that lead to breakthrough infections in vaccinated individuals, and reinfection in recovered patients, which helped it to become the most dominant and common strain on the planet.²⁴ After detection of the Omicron variant, the reinfection rate in South Africa has dramatically multiplied that rose to nearly 4 times; data suggested that PCR positive tests in people who had previously tested positive have increased in case of reinfection.²⁵ Also, a rise in the use of quick antigen tests and a failure to capture all negative results might be responsible for the wrong interpretation of positive test rates. Despite this limitation, the rise in reinfection instances is consistent with the immune-escape alterations found in Omicron. To evaluate the variant of Omicron case data, from regions such as South Africa and Botswana, the United Kingdom, and elsewhere, the CDC "Center for Forecasting and Outbreak Analytics" established a synthesis of scenario models undertaken by the US government, academia, and foreign partners, and quicker growth scenarios have been observed as a result of their display.²⁶ The key takeaway from the research is that daily numbers of new infections could reach new highs, possibly surpassing historical highs and this could cause a nationwide and worldwide uptick in the following weeks. As of June 23, 2022, the ever-high peak of the surge in COVID-19 cases has crossed 3 million cases per day with a cumulative being over 539 million cases and more than 6.3 million deaths reported across the world, and Omicron has spread rapidly to nearly all countries now.^{13,27} A spike is still likely in scenarios with poorer immune evasion; however, the peak can be pushed back until April 2022.13 Even if, with minimum severity, the enormous number of estimated cases in

a time of short duration projected big surges in hospital demand.²⁸ The present study aimed to provide brief information about the Omicron variant and its impact on health based on the available literature.

Genetic Mutation of SARS-CoV-2 Omicron Variant

South Africa and Botswana were the first to disclose a new SARS-CoV-2 lineage, "B.1.1.529," because of the unusually large mutations, it became the variants of concern, including those that have been linked to antibody resistance and enhanced affinity to the receptor of the host, known as angiotensin-converting enzyme-2 (ACE2).29 The massive quantity of residue mutations observed in the spike protein (herein after spike) (~30) distinguishes this VOC from all previously reported COVID19 strains, the possible changes occurred in many (~15) receptor-binding domain (RBD) of its spike protein.³⁰ As a result, they may either reduce or escape the immunological responses elicited by vaccination and/or past natural infection in individuals (Figure 1). If the Omicron variant spreads wildly and very rapidly as a dominant variant strain over the world, immune escape or evasion could have serious consequences, such as higher infection rates, reinfection, and/or an increase in the evolution of viral fitness.¹⁶ The Omicron variation replicated at a slower pace than the Delta variant, as seen in the enzyme serine protease 2 (TMPRSS2), which leads to overexpression of the VeroE6 (VeroE6/TMPRSS2) cells found in humans.²¹ In TMPRSS2/VeroE6 cells, Delta variant multiplication and fusion are greatly enhanced, whereas the Omicron variant is much less dependent on TMPRSS2. In contrast to the Delta version, the Omicron variant's replication was not successful in using TMPRSS2 for viral replication, furthermore, the Omicron form might result in lesser lung replication than the Delta type, according to a recent study.³¹ Indeed, the preliminary epidemiological evidence indicated that Omicron variation might be conjugated with a milder form of the disease.³² Some of the mutations detected in Omicron have high transmissibility for the dominating "D614G" and "P681H" mutations.^{17,33-35}

It is promising that Omicron has several other mutations that are so deep in conjunction with the mutations leading to enhanced affinity, which may diminish its affinity for ACE2, and also K417N, G446S, E484A, Q493R, G496S, and Y505H can be included in the list.³⁶ According to the findings, Omicron's receptor-binding domain (RBD) has a 2.4-fold higher binding affinity for human ACE2.³⁶ Although this discovery may provide some reprieve for the time being, subsequent mutations could greatly increase the affinity to binding with the viral receptors at any time in the future, which must be closely monitored.³⁷

Omicron is currently the dominant variant circulating globally that accounts for more than 98% of viral sequences shared on GISAID after February 2022. It has 5 sub-lineages (BA.1, BA.2, BA.3, BA.4, and BA.5) and several descendent lineages.³⁸ The latest Omicron sub-lineages BA.4 and BA.5 are considered as VOC lineages under monitoring (VOC-LUM).³⁸ A recent study has explored that Omicron BA.2.12.1, BA.4, and BA.5 subvariants are capable of escaping antibody responses among the fully vaccinated and coronavirus infected.³⁹ Therefore, the WHO is recommending reviewing the global epidemiology of VOC-LUM, monitoring and tracking global spread, assisting more laboratory investigations, review viral characteristics of the VOC-LUM. The member states are asked to conduct more investigations to unveil the viral characteristics of these VOC-LUM.³⁸

COVID-19 Symptoms Due to Omicron Variant

The COVID-19 symptoms due to the Omicron variant are milder ones as similar to previous variants.9,22 However, the Omicron variant and other COVID-19 mutations could raise death rates.⁴⁰ People infected with the Omicron variation suffer symptoms comparable to the flu, such as cough, weariness, and head and body pains, whereas those infected with the Delta variant frequently report low oxygen levels, high pulse rates, and a loss of smell and taste.⁴¹ However, shortness of breath is less common in COVID-19 patients due to the Omicron variant.⁴² Moreover, tiredness, sore throat, muscle or body aches, loss of taste or smell, and runny nose are being reported frequently.⁴² According to the news report, some also reported nausea, shortness of breath, as well as a loss of taste or smell, and diarrhea. At present, we do not have enough epidemiological data about the Omicron variant. However, some preliminary evidence suggested that the illness due to the Omicron variant is mild so far.42

Disease Severity and Mortality Due to Omicron Variant

One of the current reports from South Africa shows a high transmissible level, with 60% to 80% of the population showing evidence from previous serology to infection or vaccination, implying that Omicron can overcome natural immunity and artificial immunity (vaccine-induced)⁴³; however, early reports do not indicate more severe disease.⁴⁴ The symptoms shown by COVID-19 affected patients related to the Omicron variation have been mild so far, according to a physician, from the region of Southern Africa who suspected a different strain of the coronavirus.³⁷ Nearly 150 countries have already been afflicted by the Omicron variant and the rate of disease severity does not exceed the previous records of other VOC.³¹

The findings by research in England, Scotland, and South Africa stated that, that the Omicron variation has a 15% to 80% reduced risk of hospitalization than the Delta variant.^{23,45} Scientists of Imperial College London analyzed 56,000 and 269,000 Omicron and Delta cases, respectively, in the first 2 weeks of December, estimating overall 15% to 20% infected with Omicron visited the hospital had a 40% to 45% lower probability of hospitalization overnight than those infected with the Delta variant.⁴⁶ While due to the high rate of transmissibility of the Omicron virus in recent weeks, researchers from the Imperial College London found that there is a mild decline in the hospitalization rate of COVID-19 patients.⁴⁷ However, they assumed that the antibody escaping capability of Omicron variants might compensate for these benefits. Healthcare services across the world may face greater pressure and demand if Omicron infections continue to rise at the current rate.3,48-52 In the UK, the hospitalization rate is lower among the vaccinated individuals compared to those who have not been vaccinated yet. So, there is a risk of being admitted to the hospital for people who have not been vaccinated yet. Between October and November of 2021 in South Africa, patients diagnosed with Omicron infection showed an 80% lesser likelihood of being admitted to the hospital.53 Even though case counts were much higher in the latest Omicrondriven wave, the National Institute for Communicable Diseases (NICD) study data shows significantly fewer hospital admissions and deaths than in previous waves.³² It is ambiguous if the Omicron infection can lead to a more severe form of sickness compared to other variations, such as Delta. According to statistics, it is suggested that prevention is always better than cure, the widely spread variants (Delta and Omicron) of SARS-CoV-2 could turn into serious sickness and eventually result in death to vulnerable patients with compromised immune systems.54

Effectiveness of COVID-19 Vaccines Against Omicron Variant

Vaccines are now designed to produce antibodies against the spike protein (S), originally based on the SARS-CoV-2 strain.⁵⁵ Besides antibodies from previously infected or

vaccinated people, the natural immune cell elicited protection from severe disease, from T-cell response. T-cells from previously infected or vaccinated people can recognize viral protein fragments and destroy virus-infected cells as they deploy, thereby restricting the spread of infection.⁵⁶ T cells' ability to recognize and fight infected cells might be impaired by mutations caused by Omicron, however, a recent study suggests that current vaccines are capable of providing considerable protection against Omicron variant.⁵⁷ Also, another study revealed that booster vaccination significantly increased T-cell responses to Omicron spike.58 Therefore, we see some hope according to the recent immunological studies and also, the human immune system can produce several antibodies, which are capable of targeting different portions of the spike protein. If a component of the spike protein alters, a vaccine should still be effective against new variants of coronavirus. However, scientists are assuming about the possible immune escape of the Omicron variant as virtually antibody target sites are different from earlier VOCs.59

According to early data from the Health Security Agency of the United Kingdom, after receiving 2 doses of vaccine from Oxford-ChAdOx1, known as AstraZeneca's nCoV-19 (ChAd; n=22) or, from other companies such as Pfizer-BioNTech's BNT162b2 (BNT; n=21) the vaccines' effectiveness against symptomatic infection has decreased.⁶⁰ Due to an increase in the rate of infections among the people who were previously infected or have received double vaccine shots, a new wave of illness may arise.60 The companies Pfizer and BioNTech reported that their COVID-19 vaccination regimen, consisting of 3 doses was capable of eliminating the new Omicron variant in certain lab tests, and protecting against infection from the recently discovered variant, booster doses may be required.59 Evidence from Israel, the United Kingdom, and the United States suggest that receiving one shot of booster from vaccines comprising of mRNA base reduces a person's risk of infection against SARS-CoV-2.60 A recent Pfizer research over 44000 people claimed vaccination protection after 6 months dropped from 96.2% to 83.7%.61 According to these studies, the Pfizer (2 doses) vaccine provides greater than 80% immunity against severe illness and death after 6 months of vaccination, while a booster or additional dose enhances the immune response and restores vaccine effectiveness against the virus.^{60,61} Indeed, giving vaccines to unvaccinated people in impoverished and developing countries may be preferable because they will receive more than 80% protection against major mortality and morbidity.⁶¹ Another previous study showed that Omicron was more like immune evasion of neutralizing antibodies elicited from ChAdOx-1 (an adenovirus vectored vaccine) than BNT162b2 (Pfizer-BioNTech, which is an mRNA vaccine).62

Vaccination is still the greatest method to fight with COVID-19 pandemic and protect people from getting infected.⁶³ Scientists are now looking into Omicron to see how well fully vaccinated people will be protected from

hospitalization infection and mortality. CDC recommended vaccination for those who are 5 years and older. However, they recommended a booster dose for persons who are 18 years and older after 6 months of their initial doses.^{64,65} Notably, the benefits of BNT162b2 vaccination began around 11 days after the first dosage, with 91.7% vaccine efficacy from 11 days after the first dose through the second dose; although, in South Africa, the breakthrough infections have been documented among patients who attained any one of the different types of vaccinations currently in use, from Pfizer-BioNTech, including Johnson & Johnson, and also Oxford-AstraZeneca.⁶¹ More information is needed to completely comprehend the severity of sickness of Omicron in fully vaccinated persons, as well as how reinfections, breakthrough infections, and death in people differ from other variants.

Efficacy of Antiviral Drugs Against Omicron Variant

The interleukin-6 receptor inhibitors and corticosteroids might be effective therapies for individuals who suffer from symptomatic COVID-19, as suggested by WHO.66 Remdesivir is a nucleotide that inhibits the RNA-dependent polymerase enzyme of SARs, which is present in the epithelial cells of the airways in humans, it shows significant nanomolar action.67 Remdesivir binds to the viral RNA-dependent RNA polymerase (RDRP), which is a highly conserved enzyme; as a result, it is expected to retain its potency against emerging corona strains. According to in vitro research, all of the different variants of concern are still responsive to remdesivir. Furthermore, recent research found that remdesivir (orally bioavailable prodrug) comprised antiviral activity in respiratory systems (cell lines) and significantly lowered viral infectivity in the lungs of mice infected with SARS-CoV-2 who received this prodrug versus control mice. Over 28 days, the results of this analysis revealed that the remdesivir group had a 72% lower probability of hospitalization compared to a placebo group.67

In December 2021, the US-FDA approved molnupiravir and paxlovid for emergency use in treating COVID-19 patients.68 These 2 antivirals are the only orally available authorized drugs for treating mild to moderate COVID-19 patients. These prescription-only oral antiviral drugs may reduce the risk of developing complications and hospitalization.⁶⁹ The oral antivirals are effective against various strains of SARS-CoV-2.70 Molnupiravir targets RdRp and inhibits viral replication.⁷¹ Moreover, molnupiravir shows synergistic effects with other antivirals according to preclinical studies.72,73 However, molnupiravir might be mutagenic and genotoxic.74 Therefore, physicians should consider molnupiravir based on its comparative risks.75 Paxlovid contains 2 protease inhibitors, nirmatrelvir, and ritonavir in emergency use in COVID-19 treatment.67 Nirmatrelvir and ritonavir are protease inhibitors and produce resistance in viral replication for COVID-19 treatment.76 Moreover, paxlovid reduces hospitalization or death rate by 89% among patients with mild-to-severe COVID-19 symptoms.77

Table 1.	Summary	of the	characteristics	of	Omicron	variant.
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COVID-19 VARIANT	DISEASE SEVERITY, SYMPTOMS	IMMUNOLOGICAL RESPONSE OF	ANTI-VIRAL DRUGS AGAINST
	AND TRANSMISSIBILITY	OMICRON	OMICRON
Omicron (B.1.1.529) first identified in Botswana and South Africa in November 24, 2021 and later designated as SARS-CoV-2 VOC on November 26, 202	 The available epidemiological evidence suggested that the Omicron variants may cause more mild infections than severe ones. Reduced risk of hospitalization and death than the previous waves. Symptoms are like other COVID-19 variants but milder: headache, fever, cough, weariness, sore throat, muscle or body aches, loss of taste or smell, runny nose. However, shortness of breath is less common. Omicron have high transmissibility for the dominating "D614G" and "P681H" mutations 	 Fundamentally antibody target sites of Omicron variant are different from other VOC. Omicron is more likely possessing immune evasion of neutralizing antibodies elicited from an adenovirus vectored vaccine than in mRNA vaccine. 	 All the variants of concern are still responsive to remdesivir, molnupiravir, and paxlovid. These antiviral agents can be used to treat SARS-CoV-2 Omicron variant at a safety margin. The protease inhibitors nirmatrelvir and ritonavir can block viral replication in COVID-19 patients.

Scientists assume that paxlovid will be effective against the SARS-CoV-2 Omicron variant at a safety margin.⁷⁸ Therefore, along with preventive vaccines, antiviral drugs might be potentially supportive in fighting the new wave of COVID-19 pandemic due to the SARS-CoV-2 Omicron variant.

Vaccination Progress so Far

Recent Omicron variant case statistics consistently show faster spread in the UK, USA, and elsewhere, implying that faster growth scenarios are more plausible.^{1,8,9} According to the CDC's analytical methodologies, Omicron's current quicker relative rate of growth compared to Delta predict that a major outbreak of illnesses might start in early January 2022 in the United States, with the maximum daily number of new infections surpassing previous peaks.⁷⁹ The rapid rate of growth in Omicron outbreaks is thought to be due to a combination of enhanced disease transmission and the ability to evade immunity, according to many laboratory trials and clinical investigations.79 As of June 20, 2022, more than 11.9 billion doses had been administered, with more than 34 million daily doses.⁸⁰ As of June 24, 2022, 66.4% population across the world has received any dose of COVID-19 vaccines. However, the vaccination scenario is different for poor and developing countries.⁸¹ Only 17.8% of people have got at least a dose of vaccine in low-income countries.81 Vaccine hesitancy, COVID-19-related knowledge, risk perceptions, and preventive practices might contribute to the low rate of vaccination in many poor and developing countries.82-84 People fully vaccinated against COVID-19 in major countries are China (87.24%), the United States (66.90%), the United Kingdom (73.43%), India (65.29%), Brazil (78.77%), Japan (81.17%), and Russia (50.94%).⁸¹ An observational study in the USA reported that higher vaccination rates were associated with the reduced mortality and incidence rates during the waives of Alpha and Delta variants of coronavirus.⁸⁵ Another study

revealed that vaccination lowered the overall incidence rate to 4.6% from 9.0%. The same study reported that vaccination markedly reduced adverse outcomes and deaths by 63.5% to 69.3% in the same period.⁸⁶

Conclusion

Finally, we summarized so far known characteristics of the Omicron variant and presented them in Table 1. There is still insufficient information to understand the transmissibility and mortality of the SARS-CoV-2 Omicron variant. More scientific evidence is required to gain a thorough understanding of this heavily mutated Omicron variant. Till then, scientists should perform research works to reveal the facts that how bad the Omicron is in terms of its transmissibility, diagnosis, disease severity, vaccines and antiviral effectiveness, further mutations, etc. The global healthcare authorities and leadership should take initiatives for mass immunizations of people from poor and developing countries. They should also declare COVID-19 vaccines as global products for emergencies and ensure their equal distribution across the countries. The vaccine manufacturers and the originator countries should show their empathy for humankind regardless of their profit-making tendency and vaccine nationalism. The rich and developed countries are not safe without significant vaccination of people from other parts of the world. Also, healthcare authorities across the world should ensure diagnostics tools and antiviral drugs for their population. Although the Omicron symptoms are mild, however, its high transmission capacity might create an emergency for healthcare services. Therefore, the authorities should ensure more hospital beds, ICUs, and oxygen supplies if such a situation will arise. Finally, to encumber the aggressive spread of any SARS-CoV-2 variant, the authorities should encourage and implement the health safety guidelines such as wearing a face mask, avoiding crowded places, hand washing,

and limiting the movement of people to and from highly infected areas.

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Author Contributions

MRI, WN, and RA conceived the study and wrote the first draft. MS, AR, and KD revised and gave intellectual inputs in the manuscript. MAB and MRI supervised, edited and revised the manuscript. All the authors approved the final version for submission.

Data Availability Statement

Data sharing not applicable to this article as no datasets were generated or analyzed during the current study.

Ethics Statement

It was an analysis of online available aggregate data. No Ethical approval was needed.

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