

# Bilateral granulosa cell tumors: a novel malignant manifestation of multiple endocrine neoplasia I syndrome found in a patient with a rare *menin* in-frame deletion

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**Introduction:** Multiple endocrine neoplasia 1 (MEN1) is a cancer syndrome resulting from mutations of the *MEN1* gene. The syndrome is characterized by neoplasia of the parathyroid and pituitary glands, and malignant tumors of the endocrine pancreas. Other manifestations include benign lipomas, angiofibromas, and carcinoid tumors commonly originating in the colon, thymus, and lung. This is the first report of MEN1 syndrome manifesting as bilateral granulosa cell ovarian tumors, and which is associated with a rare intronic mutation of the *MEN1* gene.

**Case report:** A 41-year-old woman presented with abdominal pain, increasing abdominal girth, and dysmenorrhea. Ultrasound demonstrated enlarged ovaries and uterine fibroids. After an exploratory laparotomy, she subsequently underwent bilateral salpingo-oophorectomy with hysterectomy where the pathology revealed bilateral cystic granulosa cell tumors of the ovaries. Additional workup including computed tomography imaging discovered a thymic mass, which the pathology showed was malignant, along with a pancreatic mass suspicious for a neuroendocrine tumor. Hyperparathyroidism was also discovered and was found to be secondary to a parathyroid adenoma. Genetic testing revealed an exceedingly rare mutation in the *MEN1* gene (c.654 + 1 G>A).

**Discussion:** Mutations of the *menin* gene leading to MEN1 syndrome are classically nonsense or missense mutations producing a dysfunctional protein product. Recently, researchers described a novel mutation of *MEN1* (c.654 + 1 G>A) in a male proband meeting the criteria for clinical MEN1 syndrome. Functional analysis performed on the stable mutant protein showed selective disruption of the transforming growth factor beta signaling pathway, yet it maintained its wild-type ability to inhibit nuclear factor kappa B and to suppress JunD transcriptional activity.

**Conclusion:** To our knowledge, this is the first report of MEN1 syndrome associated with bilateral granulosa cell malignancy. We postulate that this presentation may be due to the novel *menin* gene mutation recently described.

**Keywords:** *menin* gene, ovarian tumors, hyperparathyroidism

## Introduction

Multiple endocrine neoplasia (MEN)1 is an adult-onset cancer syndrome characterized by a constellation of clinical abnormalities within the organs of the endocrine system. The MEN1 syndrome is inherited in an autosomal-dominant manner.<sup>1</sup> The syndrome is classically characterized by nonmalignant neoplasia of the parathyroid and pituitary glands, and malignant tumors of the endocrine pancreas. Other manifestations include multiple benign lipomas and angiofibromas, uterine fibromyomas (ie, fibroids), and

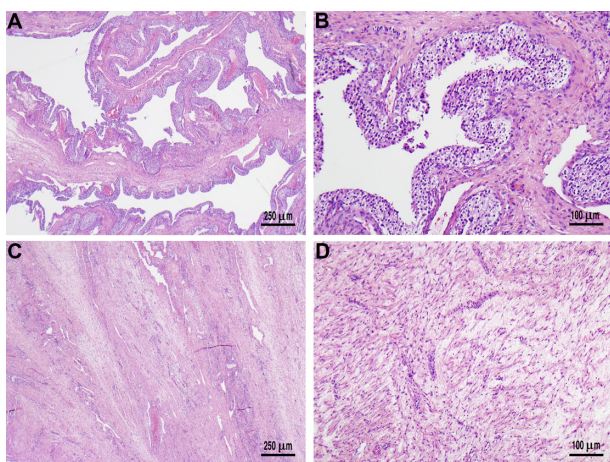
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malignant carcinoid tumors, commonly originating in the colon, thymus, and lung. Over 98% of patients with MEN1 will develop hyperparathyroidism during their lifetime.<sup>1</sup> This is the first report of MEN1 syndrome manifesting as bilateral granulosa cell ovarian tumors, and which is associated with a rare intronic mutation of the *MEN1* gene.

## Case report

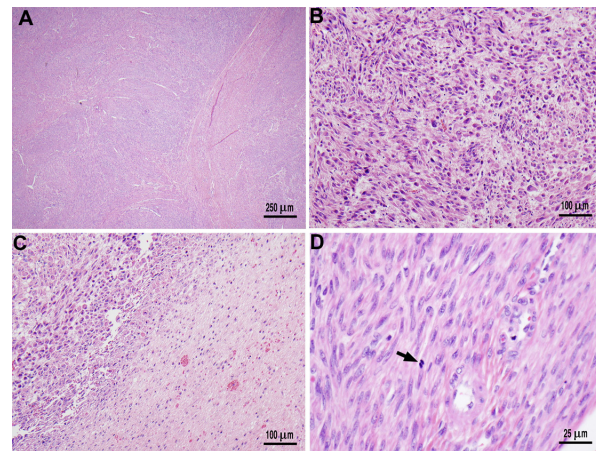
A 41-year-old woman of Mexican descent presented to her gynecologist with abdominal pain, increasing abdominal girth, and dysmenorrhea. Ultrasound demonstrated markedly enlarged ovaries, as well as asymptomatic uterine fibroids. She underwent an exploratory laparotomy and, subsequently, a bilateral salpingo-oophorectomy with hysterectomy in July 2010. The pathology revealed bilateral cystic granulosa cell tumors of the ovaries (Figure 1), as well as a uterine atypical smooth muscle tumor of uncertain malignant potential (Figure 2). Radiographic preoperative imaging of the chest (computed tomography [CT]) also identified a 4.0×4.0 cm anterior mediastinal mass, and subsequent resection revealed both a well-differentiated neuroendocrine carcinoma of the thymus and a type B3 thymoma.

Her prior medical history was remarkable for the resection of several subcutaneous lipomas over the past 4–5 years. Concurrent with the diagnosis of a mediastinal neuroendocrine carcinoma, primary hyperparathyroidism was observed following hypercalcemia (initial serum calcium level: 11.6 mg/dL; laboratory normal range: 8.4–10.2 mg/dL) in the setting of elevated parathyroid hormone levels (initial level: 109 pg/mL; laboratory normal



**Figure 1** Sectioning of the bilaterally enlarged ovaries revealed multiloculated cysts containing clear serous fluid.

**Notes:** Microscopically, there were numerous follicle-like cysts (A) that were lined by stratified layers of granulosa cells (B). The ovaries also showed edematous stroma (C and D).



**Figure 2** The uterus had multiple intramural leiomyomas.

**Notes:** The largest leiomyoma observed microscopically was 4 cm (A); the leiomyomas had foci of moderate to severe cytologic atypia (B), areas of necrosis that were equivocal for coagulative tumor cell necrosis (C), and scattered mitoses (One to three mitotic figures/ten HPFs) (D), the arrow denotes a mitotic figure.

**Abbreviation:** HPF, high-powered field.

range: 12–88 pg/mL). Ultrasound evaluation of the thyroid and parathyroid glands revealed a suspicious thyroid lesion, and the patient was referred to a head and neck surgeon. The pathology from a total thyroidectomy, central node dissection, and subtotal (3.5 glands) parathyroidectomy in November 2012 was consistent with a stage III papillary thyroid carcinoma with local lymph node involvement, as well as a right parathyroid adenoma. Finally, during the course of her evaluation, an enhancing hypervascular mass measuring 1.7×2.4 cm was identified in the body of the pancreas on contrast-enhanced CT scan. While currently unbiopsied, this mass has been evaluated by a pancreatobiliary surgeon and is considered to be radiographically highly suspicious for a pancreatic neuroendocrine tumor. Serum gastrin, chromogranin A, and glucagon levels were within normal limits. Of important note, magnetic resonance imaging of the brain revealed a normal pituitary gland; serum prolactin and other pituitary hormones were normal.

At the time of the initial evaluation by the clinical genetics service in May 2012, the patient described no additional manifestations of MEN1 syndrome (see Table 1). She was married with two healthy children, and worked full time as a Spanish interpreter. She denied any past or current tobacco use or known chemical exposures. Her family history was significant for a father and paternal uncle with prostate cancer at ages 65 years and 50 years, respectively. On the paternal side, a cousin had been diagnosed with acute lymphocytic leukemia at the age of 6 years. On the maternal side, she could recall only a cousin with a “stomach mass”. She has more than 50 first cousins,

**Table 1** Review of pertinent positive and negative symptoms in this patient's personal and family history

Personal history	Family history
<b>Pertinent positives</b>	
Bilateral cystic granulosa cell tumors (stage 1B)	Father with prostate cancer and hypertension
Combined thymic carcinoid with type 3 thymoma	Mother with hypertension and diabetes
Elevated parathyroid hormone	Sister with uterine fibroids
Multiple uterine fibroids	Maternal cousin with leukemia
Multiple lipomas	
Hypercalcemia	
Hypertension	
Irregular menses	
<b>Pertinent negatives</b>	
Angiofibromas	
Migraines	
Galactorrhea	
Anemia	
Bone fractures	
Café au lait spots	
Reflux/symptoms	
Thrombosis	
Kidney stones	
Ulcers/reflux/abdominal pain	

many of whom lived in Mexico, whose medical histories were unknown to her.

Due to her constellation of findings, blood samples were sent for genetic testing to Ambry Genetics (Aliso Viejo, CA, USA). Through gene sequence and deletion/duplication analysis of the *MEN1* gene, the patient was found to carry a mutation in the *MEN1* gene (c.654 + 1 G>A). The c.654 + 1 G>A mutation is located within intron 3 of *MEN1*. The mutant sequence differs from the wild type by an in-frame deletion of 35 amino acids.<sup>2</sup> The mutation has been reported only once previously in a family where the proband presented with hyperparathyroidism and a gastrinoma. A paternal history of hyperparathyroidism was also reported in this family.

## Discussion

The MEN syndromes consist of two subtypes: MEN type 1 (MEN1) and MEN type 2 (MEN2). The MEN1 syndrome is inherited in an autosomal-dominant fashion and results from germ-line mutations of the *MEN1* gene. It is estimated that up to one-third of cases of MEN1 syndrome may be due to new (de novo) mutations in *MEN1*, and are therefore not associated with a family history of endocrine disorders or tumors. The *MEN1* gene is located on the long arm of chromosome 11 (11q13) and encodes for the 610 amino acid menin protein.<sup>3</sup> In addition to being associated with neoplasia of the parathyroid glands, pituitary glands, and malignant

tumors of the endocrine pancreas, cases of patients with MEN1 with coincident papillary thyroid carcinoma have also been reported.<sup>4</sup> MEN2 syndrome is caused by mutations in the *RET* gene and is subcategorized into MEN2A, MEN2B, and familial medullary thyroid cancer. Hallmarks of MEN2A include medullary thyroid cancer, pheochromocytoma, and hyperparathyroidism. MEN2B is associated with the earlier onset of medullary thyroid cancer, pheochromocytoma, the absence of hyperparathyroidism, and the presence of multiple mucosal neuromas. Familial medullary thyroid cancer confers a strong predisposition to medullary thyroid cancer, but it is not associated with other endocrine neoplasms.

The menin protein plays a critical role as a tumor suppressor. It is involved in the regulation of gene transcription, apoptosis, and genome stability. The function of menin is complex, and discovering its mechanism of action and its role in tumorigenesis in the MEN1 syndrome has largely been through the study of its interaction with nuclear and cytosolic proteins.<sup>5,6</sup> There are several key menin-interacting proteins through which menin regulates cellular proliferation – one being transforming growth factor beta (TGF- $\beta$ ). TGF- $\beta$  is one of a super-family of transcription factors that regulates cellular growth through a SMAD-mediated signaling pathway that is linked to nuclear factor kappa B (NF- $\kappa$ B) and JunD, a member of the activator protein-1 family and a transcription factor, which has tumor suppressor properties when bound to menin.<sup>2</sup> Mutations of *MEN1* have been found to disrupt these important menin/protein interactions; however, of the hundreds of known *MEN1* gene mutations, only the newly discovered mutant by Canaff et al<sup>2</sup> has been found to maintain some function of the wild-type gene.

## Mutations of menin

There are over 500 known mutations of the *MEN1* gene, the majority of which are nonsense mutations resulting in a truncated protein product.<sup>2,7</sup> Approximately 20% are missense mutations, and the mutant proteins are targeted for degradation.<sup>7</sup> In 2012, Canaff et al<sup>2</sup> described a novel intronic mutation of *MEN1* (c.654 + 1 G>A) in a male proband meeting criteria for clinical MEN1 syndrome. Surprisingly, functional analysis performed on the mutant protein showed that it maintained its wild-type ability to inhibit NF- $\kappa$ B and to suppress JunD transcriptional activity.<sup>2</sup> However, further studies by this group showed that the novel menin mutant lacked the ability to bind to the SMAD3 transcription factor, leading to the specific disruption of the TGF- $\beta$  signaling pathway and the downstream downregulation of cellular proliferation. We postulate that aberrant TGF- $\beta$  signaling



also underlies the novel clinical phenotype of the bilateral granulosa cell tumors seen in our patient.

## TGF- $\beta$ and its association with granulosa cell tumors

TGF- $\beta$  inhibits the growth of many epithelial, endothelial, fibroblast, neuronal, lymphoid, and hematopoietic cells. The SMAD family proteins are intracellular proteins that transduce extracellular signals from TGF- $\beta$  ligands to the nucleus, where they activate downstream gene transcription.<sup>8</sup> TGF- $\beta$  has also been shown to inhibit parathyroid cellular proliferation and parathyroid hormone production as part of homeostatic regulation.<sup>9</sup> Kaji et al<sup>9</sup> demonstrated that menin interacts with the TGF- $\beta$  pathway by binding to SMAD3. This interaction was found to result in a decrease in cellular proliferation. Experiments in cultured human parathyroid cells demonstrated an increase in cellular proliferation and a loss of TGF- $\beta$ -mediated inhibition when the mutant menin protein did not bind SMAD3,<sup>9,10</sup> providing additional evidence of the role of TGF- $\beta$  in the pathophysiology of MEN1 syndrome.

Aberrations of the TGF- $\beta$  signaling pathway have been identified in tumors from a variety of tissues including breast and gastrointestinal tumors, yet no such finding to date has been discovered in granulosa cell tumors.<sup>11</sup> Granulosa cell tumors are rare sex cord–stromal neoplasms.<sup>12,13</sup> They comprise approximately 2%–5% of ovarian tumors and are divided between adult and juvenile forms, with the average ages of onset being 50 years and 10–20 years, respectively. Bilateral disease is seen in only 2%–8% of cases.<sup>12,13</sup> The role of TGF- $\beta$  in the pathogenesis of granulosa cell tumors has yet to be fully elucidated. However, research from Middlebrook et al<sup>12</sup> showed that double-knockout mice for two SMAD transcription factors developed granulosa cell tumors. Immunohistochemical staining of these tumors showed evidence of disruption of TGF- $\beta$  signaling.<sup>12</sup> Hence, these findings suggest that the TGF- $\beta$  signaling pathway may be important to the pathogenesis of granulosa cell tumors.

## Conclusion

The rare bilateral ovarian granulosa cell tumors diagnosed in our patient with florid MEN1 syndrome due to a rare intronic mutation of the *MEN1* gene (c.654 + 1 G>A) represents a novel phenotypic manifestation of the disease. To our knowledge, this is the first report of a young female patient with MEN1 syndrome associated with bilateral granulosa cell malignancy, and it is only the second case where this mutation has been identified. Further support for the pathogenicity of this mutation comes from the American

College of Medical Genetics guidelines, which suggest that all nonconservative missense mutations are more likely to be disease-causing, secondary to erroneous splicing.<sup>14</sup> This case serves to further demonstrate the complexity of the phenotypic variation of the MEN1 syndrome. Based on elegant work by Canaff et al<sup>2</sup> and Middlebrook et al,<sup>12</sup> we hypothesize that the rarity of our patient's *MEN1* mutation and its atypical impact on menin protein function explain the unprecedented clinical presentation. Further research and investigation of our patient's granulosa cell tumor tissue is needed to understand whether selective disruption of TGF- $\beta$  signaling is driving the aggressive malignant phenotype observed in this case.

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## Disclosure

The authors report no conflicts of interest in this work.

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