

of PTSD, combat exposure, and demographics. Results indicate no effect of cohort or rural/urban status on PTSD symptoms. There was a significant effect of combat exposure, $F(1,224)=4.58$, $p=.03$, and gender, $F(1,224)=4.13$, $p=.04$, with males reporting higher levels of PTSD symptoms and combat exposure. Contrary to our expectations, there were no effects of cohort or geographic location on PTSD symptoms.

THE GRAYING OF PRIMARY CARE: THE ROLE OF PSYCHOLOGY IN GERIATRIC PRIMARY CARE

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As of 2012, more than half of Veterans receiving care within a VA medical facility were age 65 or older. They have complex co-occurring medical and mental health needs, cognitive impairments, functional deficits, and psychosocial complexity. In 2015, GeriPACT emerged as a specialized geriatric primary care clinic model to serve this vulnerable population. The presence of psychologists in geriatrics has significant implications for treatment of cognitive, behavioral, and psychosocial needs. This mixed methods project aimed to describe the current scope and functions of GeriPACT psychologists and differentiate their services from other PACT clinics. Twenty total GeriPACT psychologists participated. The results suggest that mental health services within GeriPACT are multifaceted and need-driven. Significant themes highlight role specific characteristics of psychologists, clinician backgrounds, team education, and referral processes to improve access to care. Recommendations for implementation, clinician training, and future policy planning will also be presented.

SESSION 2060 (SYMPOSIUM)

HARNESSING TECHNOLOGY TO SUPPORT PERSONS WITH DEMENTIA AND THEIR CAREGIVERS

Chair: Stacy L. Andersen, *Boston University School of Medicine, Boston, Massachusetts, United States*

Co-Chair: Walter Boot, *Florida State University, Tallahassee, Florida, United States*

Discussant: Jeffrey Kaye, *Oregon Health & Science University, Portland, Oregon, United States*

One in eight older adults in the US has Alzheimer's disease or a related dementia, which are characterized by progressive cognitive and physical declines. The impact of dementia also goes beyond the individual since 92% of persons with dementia receive functional and emotional support from family members and other informal caregivers. The time demands, financial strain, and emotional toll of caregiving are known to cause increased stress and health problems. Therefore, there is a wealth of opportunities to develop new ways to intervene in the progressive loss of function among persons with dementia and ways to support them and their caregivers. Co-sponsored by the Alzheimer's Disease and Related Dementias and Technology and Aging Interest Groups, this symposium addresses innovations in the implementation of new and existing technologies in the dementia care

continuum. We will discuss the development and testing of a new mobile application designed to integrate both physical activity and cognitive training. Then we will discuss results from a virtual support group intervention to provide disease education, care planning, and emotional and social support among persons newly diagnosed with Alzheimer's disease and living alone. Next we will share results from a study using customized voice-assisted technologies to enable individuals with memory impairment to maintain independence and quality of life and reduce caregiver burden. Finally, we will present findings regarding the validity and accuracy of a wearable sensor-based device that measures skin conductivity and heart rate variability to monitor stress level among caregivers of persons with dementia.

DEVELOPMENT AND TESTING OF A MOBILE APPLICATION INTEGRATING PHYSICAL ACTIVITY AND COGNITIVE TRAINING

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Dementia is progressive, which causes a debility in activities of daily living, leading to bedridden and uncommunicative individuals. Evidence has shown that physical activity may protect the brain from memory impairment. Based on a previous study we conducted using consumer-based applications with people with mild cognitive impairment, we developed a mobile application called the mPACT app (mobile physical activity and cognitive training). The System Usability Scale and Usability Test Observation Coding Form were used to capture usability and verbal/nonverbal behaviors respectfully of 5 participants. Results noted an above average score for usability, with a mean score of 72.5. Observations noted that almost all participants were smiling and enjoying most of the games within the app; some had difficulty with a couple of the games. Overall, there was a positive response to the mPACT app, revisions have been made, and next steps include another beta test with people with MCI.

A VIRTUAL SUPPORT GROUP FOR PERSONS LIVING ALONE WITH ALZHEIMER'S DISEASE

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To date, early stage programming for the persons with the disease has been limited. The purpose of this study was to explore the challenges and opportunities of a virtual support group intervention for persons living alone with Alzheimer's disease (AD). Following recruitment, participants who were newly diagnosed (within 2 years of diagnosis) and residing alone in their own residence were included in a pilot study of a virtual support group intervention for a 3-month period. Data were collected before and after the intervention through the use of surveys and one-on-one interviews with all 12 participants ($n=12$). Data were analyzed using a mixed methods approach including thematic analysis. Results indicated that the virtual support group intervention increased group members' education of the disease, knowledge regarding care planning, feelings of empowerment towards the diagnosis of the disease, and increased feelings of social support. Implications for such interventions will also be discussed.