



Case report

Lemierre Syndrome involving *Schaalia* (Formerly *Actinomyces*) *odontolyticus* due to injection drug use into the neck

Roohali A. Sukhavasi^{a,*}, Nina J. Gao^{a,b}, Christopher J. Smith^c, Sarah A. Schmalzle^d

^a University of Maryland School of Medicine, 655 W Baltimore St S, Baltimore, MD 21201, USA

^b Department of Pathology, 655 W Baltimore St S, Baltimore, MD 21201, United States

^c University of Maryland Medical Center, 22 S Greene St., Baltimore, MD 21201, United States

^d Department of Medicine, Division of Infectious Disease, 655 W Baltimore St S, Baltimore, MD 21201, United States

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ABSTRACT

Lemierre Syndrome, septic thrombophlebitis of the internal jugular vein following oropharyngeal infection, is classically caused by *Fusobacterium necrophorum* and associated with septic emboli. We present a case of Lemierre Syndrome involving *Schaalia odontolyticus* (formerly *Actinomyces*) in the setting of injection drug use. A 46-year-old man presented with right neck swelling and abscess with *S. odontolyticus* as the primary bacterium isolated from the abscess culture, which was introduced to the site when the patient had licked his needle and injected illicit drugs into his neck. The patient did not develop septic emboli, had sterile blood cultures, and was treated with surgical drainage and 2 weeks of oral linezolid without anticoagulation, with presumed cure. *S. odontolyticus* is a fastidious commensal oral bacterium involved in the formation of dental plaque, but has also been associated with severe extra-oropharyngeal manifestations. *S. odontolyticus* infections have been increasingly reported in the literature, likely related to the advent of advanced identification technology like matrix-assisted laser desorption/ionization-time of flight mass spectrometry, which can more easily identify fastidious organisms.

Introduction

Lemierre Syndrome (LS) classically presents as septic thrombophlebitis of the internal jugular vein with associated systemic septic emboli, following oropharyngeal infection caused by commensal oral bacterium *Fusobacterium necrophorum* [1,2]. While *F. necrophorum* is the etiological bacterium most associated with LS, there have also been reports of *Streptococcus*, *Staphylococcus*, *Enterococcus*, and polymicrobial infections [1]. We present the first reported case of Lemierre Syndrome caused by *S. odontolyticus*, a Gram positive, filamentous, anaerobic commensal bacterium that colonizes the oral mucosa, pharynx, and esophagus [3].

Schaalia odontolyticus, first discovered in 1958 (then *Actinomyces*), was isolated from early dental caries [4] and is now known to be the predominant oral *Actinomyces* species contributing to development of dental plaque and colonizes the tonsillar crypts and saliva [3,5]. Recent reclassification of the Actinobacteria phylum based on genome size and DNA G-C content has resulted in a change from *A. odontolyticus* to *S. odontolyticus*, though designation as a cause of Actinomycosis has not changed [5]. As a result, we will refer to infections by both *Schaalia* and *Actinomyces* organisms as actinomycoses.

Schaalia and *Actinomyces* species are commensal organisms of the oral cavity, gastrointestinal tract, and female genitourinary tract [6,7]. When mucosal barriers are breached, *Schaalia* and *Actinomyces* species become pathogenic [6]. These infections often occur with “companion organisms”, including *Aggregatibacter actinomycetemcomitans*, *Prevotella*, *Streptococcus*, Enterobacterales, *Peptostreptococcus*, *Fusobacterium*, *Bacteroides*, and *Staphylococcus* species [6,7]. Amoxicillin, ampicillin, and penicillin are antibiotics of choice, though the regimen is often broadened to cover co-recovered organisms [8]. Actinomycosis is most commonly caused by *Actinomyces israelii*, and has four classic presentations: cervicofacial (“lumpy jaw”), thoracic, abdominal, or pelvic [8]. It is typically a chronic indolent infection that crosses tissue planes, forming ‘woody edema’ pocked with deep sinus tracts and sulfur granules [8]. Though rare compared to *A. israelii*, prior case reports have also implicated *S. odontolyticus* in infections affecting the thoracic [9], genitourinary [10], and gastrointestinal systems [11] as well as associated with implanted devices [12].

* Correspondence to: Institute of Human Virology, 725 W Lombard St, Baltimore, MD 21201, United States

E-mail addresses: roohali.a.sukhavasi.mil@health.mil (R.A. Sukhavasi), sschmalzle@ihv.umaryland.edu (S.A. Schmalzle).

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Case

A 46 year-old man who injects drugs presented with right neck and right groin swelling and pain following opioid injection at these sites 3 days prior. He was afebrile with normal vital signs and no leukocytosis. His medical history included asthma, bipolar disorder, seizures, chronic pain following a construction accident, C5-C7 fusion, and multiple infectious complications of injection drug use (IDU). Venous duplex imaging of bilateral lower extremities found no evidence of deep venous thrombosis. CT angiography of the neck revealed a thrombosed and inflamed right internal jugular vein occlusion extending from the level of C1 to C5, enveloped within a $3.1 \times 3.0 \times 4.7$ cm abscess (Fig. 1). The abscess was incised and drained, then irrigated twice daily with clindamycin. Cultures from the abscess grew abundant *Schaalia* (formerly *Actinomyces*) *odontolyticus* with lower colony counts of *Lactobacillus* sp. and few *Streptococcus sanguinis*, as identified via MALDI-TOF Mass Spectrometry. One set of blood cultures remained sterile with the patient consistently afebrile throughout the admission. All Duke criteria for infectious endocarditis (IE) were absent aside from IDU, so further IE evaluation was not pursued. Empiric intravenous vancomycin and piperacillin-tazobactam were initiated on presentation, then narrowed to linezolid and ceftriaxone. CT angiography on post-operative day 2 did not show re-accumulation of the abscess, presence of cerebral or pulmonary septic emboli, or extension of the thrombosis cranially or caudally (Fig. 2). Due to the lack of evidence for septic emboli nor thrombosis, anticoagulation therapy was not initiated for the patient. The patient had a self-directed discharge on post-operative day 4 with penrose drain in place, returning to the hospital 3 days later with worsening swelling and drainage from his right neck abscess site. The right groin swelling had resolved. Additionally, he remained afebrile with normal vital signs and no leukocytosis. Oral linezolid was resumed, and he was discharged with a 2-week prescription, with total antibiotic duration to be determined at the scheduled follow up appointment. He missed this appointment but did take all doses of the 2-week linezolid prescription and returned 4 weeks after hospital discharge for anasarca due to renal and heart failure. There was no evidence of recurrent neck abscess on physical examination.

Discussion

Our patient had an atypical presentation of Lemierre Syndrome (LS) given lack of detected bacteremia, septic emboli, or *F. necrophorum*

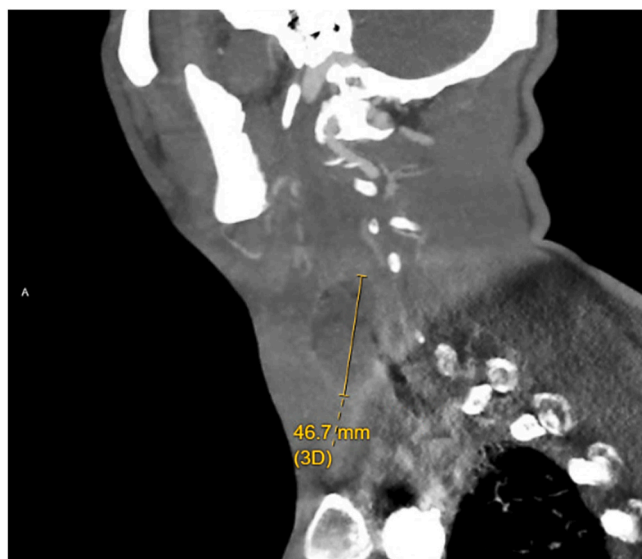


Fig. 1. Admission CTA Neck Sagittal View: $3.1 \times 3.0 \times 4.7$ cm abscess enveloping the right Internal Jugular vein at level C4-C5.

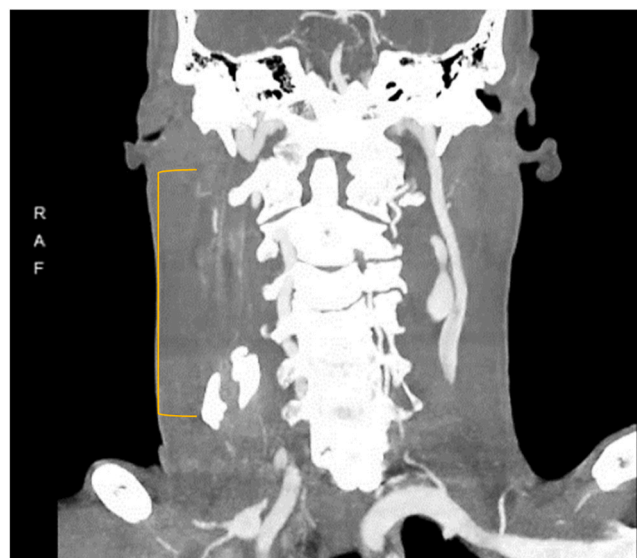


Fig. 2. POD-2 CTA Neck Coronal view: Occlusive thrombus in Right Internal Jugular vein from level C1 to C5 base; no abscess reaccumulation or thrombus extension.

recovery in the setting of septic thrombophlebitis of the internal jugular vein [1]. There was an abundance of *S. odontolyticus* recovered from the abscess culture, a pathogen that has only been recently reported in the literature as being associated with systemic, severe infections [12,13].

Actinomycosis can be categorized by location and severity into mild (limited oral disease) and extensive (systemic extra-oral pharyngeal disease). There is limited data to direct current antibiotic duration guidelines for extensive *Actinomyces* and *Schaalia* infections. Current recommendations calling for IV induction therapy followed by prolonged oral penicillin or amoxicillin for up to 1 year are based only on a review of limited cases of actinomycosis occurring in the early-antibiotic era when this infection was more common, and have not been re-evaluated in a systemic fashion in modern times [14]. The referenced cases often received sub-optimal penicillin dosing compared to today's standards, short but repeated courses due to recurrence that added up to long total courses, or occurred without surgical debulking, making these experiences not directly applicable to current day [8]. Review of subsequent published cases reveals many examples of successful treatment with shorter durations, suggesting that treatment should be individualized based on disease severity, surgical intervention, and therapeutic response [8].

Similarly, LS treatment duration has not been systematically studied, though aggregate evaluation shows successful treatment with 2 weeks of IV antibiotics followed by 4–6 weeks of oral antibiotics until symptom resolution [1].

Our patient's atypical actinomycosis was unintentionally treated with oral linezolid for only 2 weeks, but with presumed resolution of thrombophlebitis and no recurrence of abscess. Additionally, blood cultures drawn for evaluation of other infections 1, 3, 4, 6, 7, 8, and 11 months later did not grow *S. odontolyticus*, and no complications of LS were detected. Linezolid was chosen for our patient due to excellent bioavailability [15] and for the option of oral administration in a patient who was at a high risk for recurrent patient directed discharge.

75–90 % of *Actinomyces* isolates are recovered in polymicrobial cultures, frequently alongside *Streptococcus* spp. [16–18]. Few *Streptococcus sanguinis* colonies were isolated from our patient's abscess culture, an oral commensal bacteria that has been associated with oral inflammatory processes [19]. The specific bacteria *S. sanguinis* has been identified previously in monomicrobial isolates of septic thrombophlebitis cases involving facial cellulitis [20] as well as LS in an elderly diabetic patient with a concurrent dental abscess [21]. Additionally,

lower colony counts of *Lactobacillus* sp. were isolated from the abscess culture in our case. *Lactobacillus* species are commensal bacteria of the gastrointestinal and genitourinary tracts. Lactobacilli have been rarely implicated as a pathogenic agent, noted in limited historical reports of peritonsillar abscesses [22,23] as well as one recent report of septic emboli formation [24]. Lactobacilli are rarely pathogenic, but can transfer antibiotic resistance genes to pathogenic organisms in the same space [25].

Four cases of *S. odontolyticus* bacteremia in the setting of IDU have been previously described [26–29], 3 with septic thrombophlebitis [26–28]. One case noted licking of needles prior to injection [26], which was also described by our patient. While classic actinomycosis occurs when commensal organisms breach mucosa and spread ‘outward’ from the pharynx to the vascular bundle [3], this is an example of oral organisms being introduced ‘outside-in’ from direct injection into the soft tissue and vascular system.

Although our patient presented with extensive thrombosis of the right internal jugular vein from the level of C1 to C5, anticoagulation (AC) was not administered. The use of AC in septic thrombosis is also a historical recommendation based on the presumption that treating the venous thromboembolism could prevent propagation and assist in clearing the infection, but lacks controlled studies [1]. A 2016 systematic review of LS saw no apparent difference in mortality regarding AC administration [1] and in a 2020 meta-analysis of LS, AC utilization did not significantly improve overall patient outcomes or mortality [30]. Upon evaluation, this patient was deemed to have minimal risk of developing life-threatening thromboses as imaging revealed no extension of initial-noted thrombus and thus was not administered AC.

Our literature review through PubMed and Google Scholar found 25 extra-pharyngeal *S. odontolyticus* infections published between 2009 and 2023. 6 cases were reported in 2021 [12,13,31–34], and 12 cases were reported in 2022 [9,11,17,35–43]. These increased reports are likely indicative of the effect of diagnostic technological advancements, rather than an increasing rate of actinomycosis. Over the last 20 years, improvements in organism identification technology and laboratory medicine led to the development and widespread adoption of matrix-assisted laser desorption ionization-time of flight (MALDI-TOF) mass spectrometry (MS). MALDI-TOF MS is highly reliable in the identification of *Schaalia* and *Actinomyces* species to the genus and species level [44] and was the method through which *S. odontolyticus* was identified in this patient’s culture as well as identified in the reports from 2021 and 2022.

Conclusion

Our case report addresses the novel presentation of the oral commensal bacterium *Schaalia* (formerly *Actinomyces*) *odontolyticus* cultured from an injection-drug-use associated abscess with adjacent septic internal jugular vein thrombophlebitis. While a rare condition, it is important to bring awareness to Lemierre Syndrome occurrence as well as its common and atypical presentations. With wider adoption of MALDI-TOF MS for clinical diagnostics there has been increased diagnosis of previously unrecognized pathogens like *Actinomyces* and *Schaalia* species. This report highlights the need for further research into appropriate treatment duration for actinomycosis, as well as treatment duration and use of anticoagulation in Lemierre Syndrome.

Ethical approval

This was a case report with appropriate patient consent that did not require IRB approval.

Consent

Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the Editor-in-Chief of this

journal on request.

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CRediT authorship contribution statement

Roohali A. Sukhvasi: Writing – original draft, Investigation. **Nina J. Gao:** Writing – review & editing. **Christopher J. Smith:** Writing – review & editing. **Sarah A. Schmalzle:** Writing – review & editing, Supervision, Conceptualization.

Conflict of interest statement

Authors have no conflict of interest to declare.

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