

# 4-PBA Treatment Improves Bone Phenotypes in the *Aga2* Mouse Model of Osteogenesis Imperfecta

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## ABSTRACT

Osteogenesis imperfecta (OI) is a genetically heterogeneous disorder most often due to heterozygosity for mutations in the type I procollagen genes, *COL1A1* or *COL1A2*. The disorder is characterized by bone fragility leading to increased fracture incidence and long-bone deformities. Although multiple mechanisms underlie OI, endoplasmic reticulum (ER) stress as a cellular response to defective collagen trafficking is emerging as a contributor to OI pathogenesis. Herein, we used 4-phenylbutyric acid (4-PBA), an established chemical chaperone, to determine if treatment of *Aga2*<sup>+/-</sup> mice, a model for moderately severe OI due to a *Col1a1* structural mutation, could attenuate the phenotype. In vitro, *Aga2*<sup>+/-</sup> osteoblasts show increased protein kinase RNA-like endoplasmic reticulum kinase (PERK) activation protein levels, which improved upon treatment with 4-PBA. The in vivo data demonstrate that a postweaning 5-week 4-PBA treatment increased total body length and weight, decreased fracture incidence, increased femoral bone volume fraction (BV/TV), and increased cortical thickness. These findings were associated with in vivo evidence of decreased bone-derived protein levels of the ER stress markers binding immunoglobulin protein (BiP), CCAAT/enhancer-binding protein homologous protein (CHOP), and activating transcription factor 4 (ATF4) as well as increased levels of the autophagosome marker light chain 3A/B (LC3A/B). Genetic ablation of CHOP in *Aga2*<sup>+/-</sup> mice resulted in increased severity of the *Aga2*<sup>+/-</sup> phenotype, suggesting that the reduction in CHOP observed in vitro after treatment is a consequence rather than a cause of reduced ER stress. These findings suggest the potential use of chemical chaperones as an adjunct treatment for forms of OI associated with ER stress. © 2022 The Authors. *Journal of Bone and Mineral Research* published by Wiley Periodicals LLC on behalf of American Society for Bone and Mineral Research (ASBMR).

**KEY WORDS:** osteogenesis imperfecta; *Aga2*; bone; 4-PBA; ER stress; *Chop*<sup>-/-</sup>; *Bip*<sup>+/-</sup>

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Additional Supporting Information may be found in the online version of this article.

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Osteogenesis Imperfecta (OI) is a genetically heterogeneous disorder characterized by brittle bones and is one of the most common osteochondrodysplasia phenotypes.<sup>(1,2)</sup> OI varies in severity from perinatal lethality to milder phenotypes characterized by an increased number of low impact fractures, particularly in childhood. Severe or progressive deforming OI is associated with recurrent fractures, poor fracture healing, long-bone deformities, vertebral compression, and kyphoscoliosis. Although poor bone quality is of principal importance in OI, other manifestations include short stature, dentinogenesis imperfecta, deafness, and cardiopulmonary compromise.<sup>(1-3)</sup> Approximately 80%–85% of OI cases are caused by dominantly inherited mutations in the genes encoding type I procollagen (*COL1A1* and *COL1A2*). Most of the mutations in the remaining 19 genes encode proteins involved in the synthesis, posttranslational processing, and cellular trafficking of type I procollagen, or proteins involved in osteoblast function.<sup>(1,4,5)</sup> Based on the genes and the associated mutations, several pathogenetic mechanisms have been proposed to produce OI. For mutations that lead to qualitatively abnormal collagen, due to either structural mutations in the type I procollagen genes and/or altered posttranslational modification, the defective collagen accumulates in the extracellular matrix (ECM), altering fibril organization, mineralization, and the biomechanical properties of the bones. Conversely, for mutations that lead to reduced type I procollagen synthesis, primarily due to haploinsufficiency for *COL1A1*, there is reduced abundance in the ECM and altered stoichiometry relative to other matrix proteins. Additionally, abnormal osteoblast function due to altered signaling pathway activity, including WNT and transforming growth factor  $\beta$  (TGF $\beta$ ), have also been shown to contribute to disease.<sup>(4-6)</sup> Although these mechanisms have all contributed to our understanding of bone fragility, both OI and skeletal formation are complex, and additional mechanisms are likely to contribute to the underlying pathology.

During the last decade, endoplasmic reticulum (ER) stress has emerged as a common cellular pathologic process for a number of diseases (reviewed in Oyadomari and Mori<sup>(7)</sup>). The ER is the primary site for synthesis, posttranslational modifications, folding, transport, and secretion of proteins.<sup>(8-10)</sup> Structurally abnormal proteins, absence of proper posttranslational modifications, and insufficient chaperone activity can lead to accumulation of unfolded or misfolded proteins in the ER lumen, inducing ER stress.<sup>(11)</sup> These perturbations initiate evolutionarily conserved, complex signal transduction cascades referred to as the unfolded protein response (UPR). Central to this process is binding immunoglobulin protein (BiP) (also known as GRP78 or HSPA5), a multifunctional protein that has a role in the activation of ER stress pathways. BiP binds to hydrophobic residues of misfolded proteins after dissociating from the UPR pathway receptor regulators protein kinase RNA-like endoplasmic reticulum kinase (PERK), activating transcription factor 6 (ATF6), and inositol-requiring enzyme-1 (IRE1),<sup>(12)</sup> thereby activating these mediators of the three major branches of the UPR.<sup>(13)</sup> PERK is an important sensing element for ER stress<sup>(14)</sup> that, when activated, induces a downstream pathway to inhibit protein translation in order to restore ER homeostasis.<sup>(15)</sup> However, if ER stress persists and is severe, PERK activates activating transcription factor 4 (ATF4),<sup>(16)</sup> which then induces the transcription of the CCAAT/enhancer-binding protein homologous protein (CHOP). High levels and persistent expression of CHOP induce cellular

apoptosis.<sup>(17)</sup> Bone cells, particularly osteoblasts, are especially at risk for detrimental levels of ER stress due to their abundant secretion of ECM proteins.

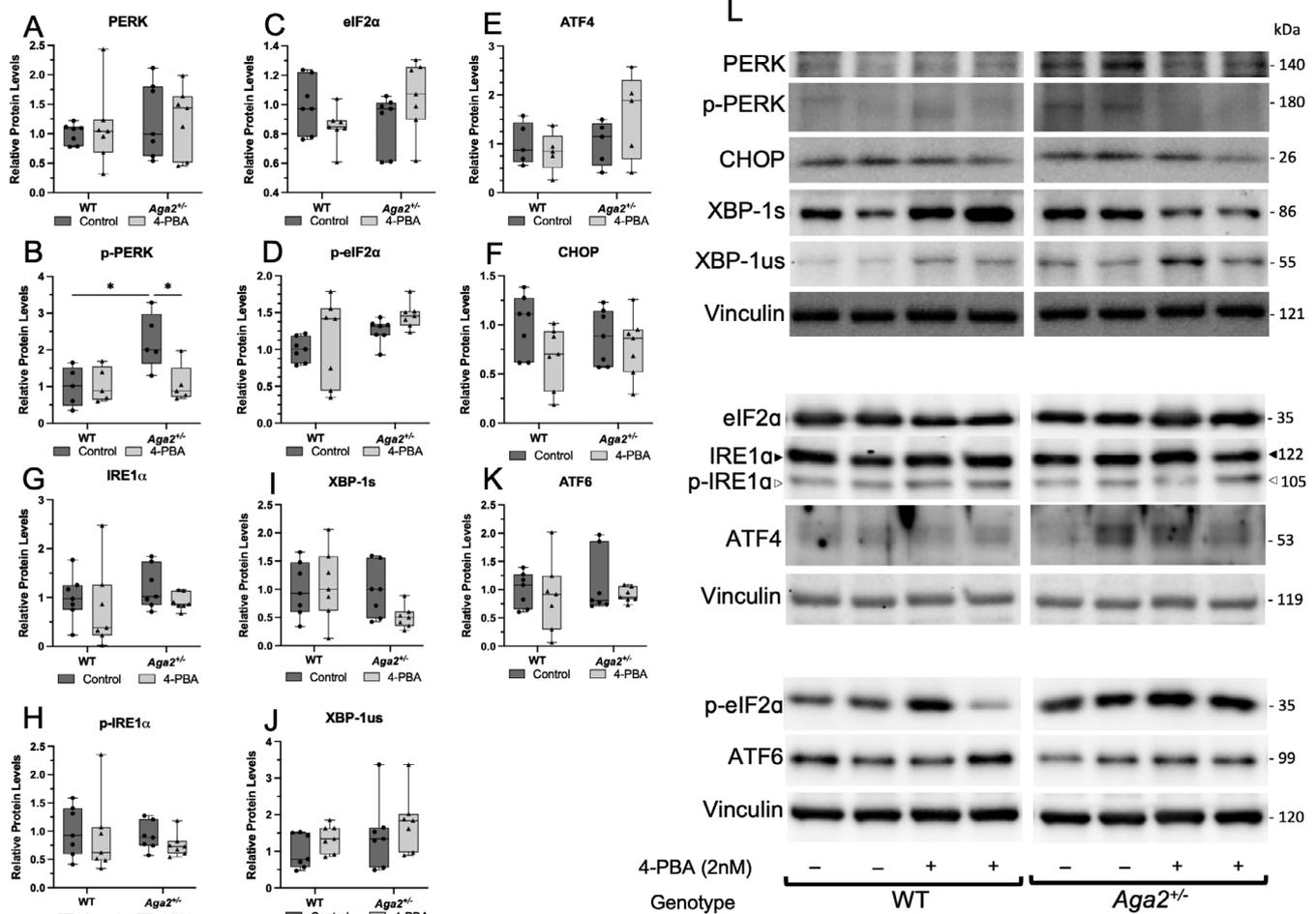
There is an increasing literature on the effects of the chemical chaperone 4-PBA or the related sodium phenylbutyrate in various biological systems.<sup>(18-21)</sup> 4-PBA has been shown to have multiple mechanisms of action. It acts as an ammonia scavenger and, in this context, has been employed in humans to treat the hyperammonemia in urea cycle defects.<sup>(22-24)</sup> Additionally, 4-PBA acts as a weak histone deacetylase inhibitor and may affect mitochondrial and peroxisome biogenesis.<sup>(25,26)</sup> Several studies suggest that 4-PBA acts as a molecular chaperone, aiding in protein folding and preventing ER aggregation of proteins.<sup>(27-29)</sup> Numerous studies have demonstrated that ER stress in osteoblasts is an important factor in OI and other low-bone-mass disorders.<sup>(30-33)</sup> Moreover, varying degrees of ER stress have been demonstrated in several OI mouse models.<sup>(30,34,35)</sup> 4-PBA has been reported to relieve ER stress in human OI fibroblasts with mutations in *COL1A1*, *COL1A2*, *CRTAP*, *P3H1*, and *PP1B*.<sup>(32,36)</sup> In vivo, 4-PBA treatment of Chihuahua, a zebrafish model of dominant OI with a type I collagen structural mutation, improved bone mineralization and decreased adult skeletal deformities.<sup>(37)</sup> These published data imply that a chemical chaperone has the potential to attenuate the OI phenotype through the relief of ER stress.

This study describes a potential molecular treatment that targets the intrinsic cellular pathology of OI caused by type I procollagen gene mutations. We tested the effects of 4-PBA treatment in an OI mouse model, *Aga2*<sup>+/-</sup>, that manifests moderate to severe OI.<sup>(30,34,38)</sup> The *Aga2*<sup>+/-</sup> mouse has a dominant frameshift mutation in the *Col1a1* C-propeptide domain and exhibits decreased bone mass with increased bone brittleness and fracture incidence.<sup>(30)</sup> The *Aga2*<sup>+/-</sup> mutation has been shown to induce ER stress in fibroblasts, osteoblasts, and cortical bone through the retention of type I procollagen in the ER.<sup>(30)</sup> Our findings reveal that the upregulated ER stress response observed in *Aga2*<sup>+/-</sup> osteoblasts and femoral bone lysates can be reduced by 4-PBA treatment. 4-PBA treatment increased the weight and length of *Aga2*<sup>+/-</sup> mice, indicating a positive effect on overall postnatal bone growth. Importantly, 4-PBA treatment of *Aga2*<sup>+/-</sup> mice resulted in increased bone strength and reduced fracture incidence. However, genetic reduction of the ER stress response by either ablation of CHOP or reduced expression of BiP, worsened or did not improve, respectively, the *Aga2*<sup>+/-</sup> OI phenotype, indicating that these proteins are important in managing the deleterious effects of OI mutations. Collectively, this study demonstrates that improving chaperone function reduced ER stress and improved bone parameters in one mouse model of OI, and suggests this strategy could be effective in patients with OI.

## Subjects and Methods

### Cell culture

For Figs. 1 and 2, mouse osteoblast (mOB) cultures were established from P5 collagenase-digested calvaria of both *Aga2*<sup>+/-</sup> and wild-type (WT) mice and plated in six-well plates at 200,000 cells/well, cultured for 48 hours in FBS supplemented media (Dulbecco-Vogt Modified Eagle Medium [DMEM] supplemented with 10% fetal bovine serum [FBS] and then cultured in osteogenic media DMEM supplemented with 10% FBS,



**Fig. 1.** Acute 4-PBA treatment reduces UPR activation in short-term primary osteoblast culture. (A–K) Quantification of Western blots probed for UPR receptors and downstream transducers in primary calvarial osteoblasts cultured and treated with 5nM 4-PBA for 7 days.  $n = 7$  per treatment group. Quantifications are displayed with median and interquartile range. Two-way ANOVAs were performed,  $*p < 0.05$  was considered statistically significant. (L) Representative Western blots of relative protein levels.

50  $\mu\text{g}/\text{mL}$  ascorbic acid, 10mM  $\beta$ -glycerophosphate, 10nM dexamethasone) for a total of 7 days with media changes every 2 days. Cells were treated with 5nM 4-PBA after plating for a total of 7 days with media changes every 2 days. For protein analyses, cells were collected in Lysis Buffer (Thermo Fisher Scientific, Waltham, MA, USA; 87787) supplemented with proteinase inhibitors; media was collected for collagen analysis 72 hours after the final media change and supplemented with proteinase inhibitors prior to concentration.

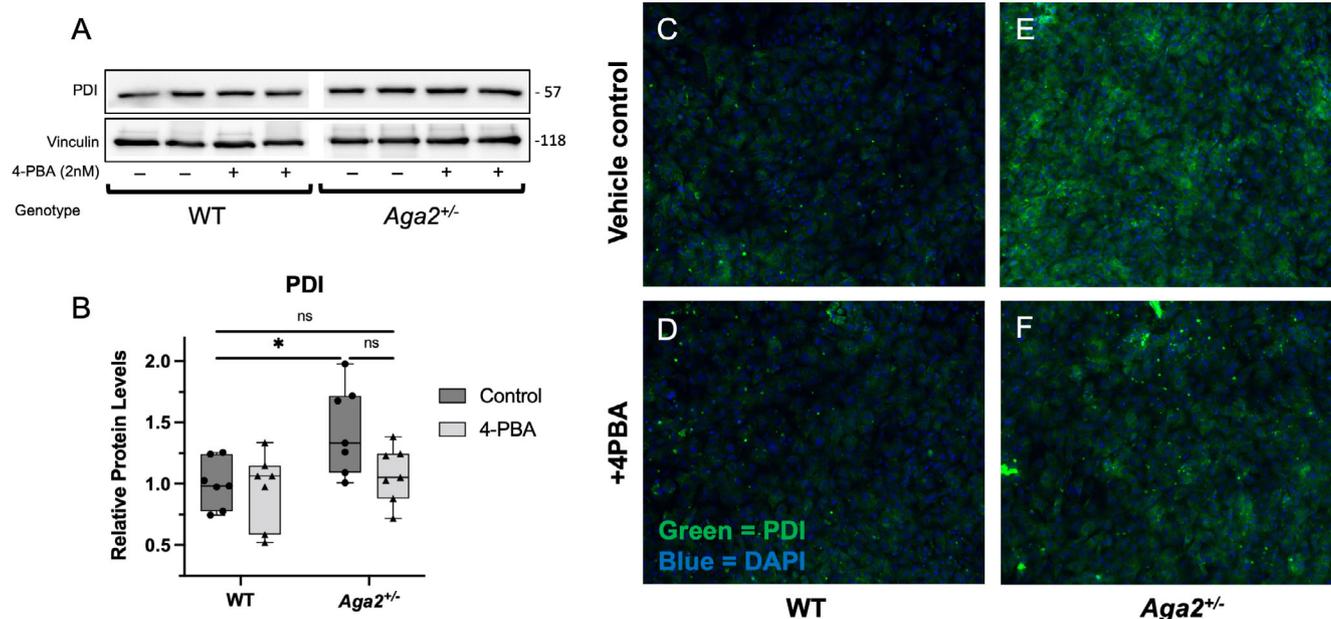
To concentrate media, 593  $\mu\text{L}$  of ice-cold 95% ethanol was added to 1.1 mL of media, collected, and kept on ice. Each tube was inverted to mix, then precipitated on ice for 60 minutes. Samples were centrifuged at 18,000  $g$  and  $0^\circ\text{C}$  for 5 minutes, then the supernatant was removed. With the pellet remaining, the sample was left open and inverted to dry at room temperature for 60 minutes, then resuspended in 100  $\mu\text{L}$  radioimmunoprecipitation assay (RIPA) buffer (EMD Millipore, Burlington, MA, USA; 20-188) supplemented with Halt Protease and Phosphatase Inhibitor (Thermo Fisher Scientific; 1861281).

## Immunofluorescence

Immunofluorescence experiments were performed using an Echo Revolution fluorescence microscope (ECHO, San Diego, CA, USA). Cultured cells were fixed in 4% paraformaldehyde (PFA) in phosphate buffered saline (PBS), then washed and permeabilized with 0.1% Triton X100 for 5 minutes, followed by blocking in 10% goat serum for 1 hour. The conjugated primary antibody (protein disulfide isomerase [PDI]; Cell Signaling Technology, Danvers, MA, USA; 5051; 1:100) was incubated overnight at  $4^\circ\text{C}$ . 4',6-Diamidino-2-phenylindole (DAPI) at a 1:1000 dilution for 10 minutes at room temperature was applied before mounting. Experiments in Fig. 3 were repeated with at least six biological replicates in each genotype.

## Animal studies

The animal studies were performed under an approved by the University of California at Los Angeles (UCLA) Research Safety and Animal Welfare Committee (ARC Committee). The Animal



**Fig. 2.** 4-PBA treatment reduces PDI levels and localization in *Aga2<sup>+/-</sup>* primary osteoblast culture. (A,B) Representative Western blot and quantification of relative PDI levels in primary calvarial osteoblasts cultured and treated with 5nM 4-PBA for 7 days.  $n = 7$  per treatment group. A two-way ANOVA was performed,  $*p < 0.05$  was considered statistically significant. (C–F) Immunofluorescent images of primary osteoblasts probed with a conjugated antibody against PDI. Green = PDI, blue = DAPI,  $n = 6$ .

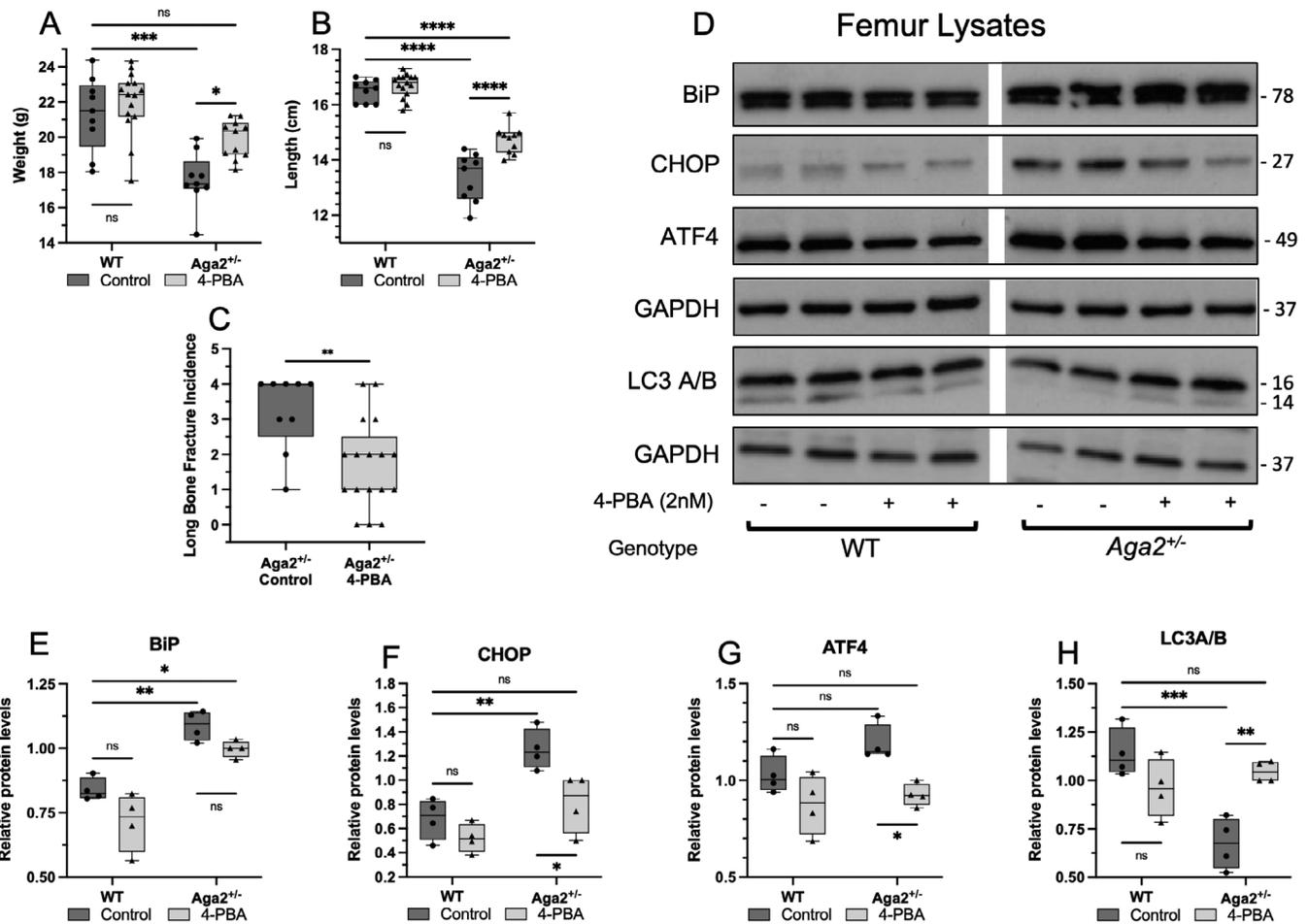
Research Committee (ARC) is an independent research review committee mandated by the Animal Welfare Act the PHS Policy on Humane Care and Use of Laboratory Animals. *Aga2<sup>+/-</sup>* animals were received as a gift from the Jacobsen laboratory at Harvard Medical School and maintained on a C57BL/6J background.<sup>(30)</sup> The *Aga2<sup>+/-</sup>* colony was maintained through mutant alleles only passed through males. All models were housed in the UCLA vivarium under a 12-hour light/dark cycle and provided water and standard chow *ad libitum*. Both male and female animals were studied. Treatment with 4-PBA was performed as follows; 2.5 g/kg/d of 4-PBA was placed in the drinking water and changed three times per week over a 5-week treatment period (postweaning, days 21 to 60). A maximum of two *Aga2<sup>+/-</sup>* and two WT animals were housed per cage (only the same genotypes were housed together) where water consumption was observed between 4 and 6 mL per day (2–3 mL per day per animal from 21 days to 2 months of age). Thus, 4-PBA was offered in drinking water at 25 mg/mL concentration, calculating that each mouse consumes about 50 mg per day per mouse. There was no correlation observed between weight and water consumption in *Aga2<sup>+/-</sup>* and WT mice. No adverse events were reported with treatment. All animal studies were terminated at 2 months of age and euthanasia was performed via isoflurane inhalation and cervical dislocation according to Association for Assessment and Accreditation of Laboratory Animal Care International (AALAC) protocols. At this point animals were measured, X-rayed, and dissected for collection of calvaria (for osteoblast extraction) and femurs (for protein analyses, micro-computed tomography [ $\mu$ CT] scanning, and biomechanical studies). Fracture incidence was calculated from the anterior/posterior radiographs and the number of fractures counted in the long bones (humeri, radii, ulnas, femurs, tibiae and fibulas). Whole bones

were immediately cleaned and processed for protein lysis, fixed in 4% PFA for histology, fixed and partially dehydrated in 70% ethanol for  $\mu$ CT, and frozen in saline-embedded gauze for fracture studies.

Genetic crosses were performed with *Aga2<sup>+/-</sup>* and *Bip<sup>+/-</sup>* mice to generate animals with the *Aga2<sup>+/-</sup>;Bip<sup>+/-</sup>* genotype. Similarly, *Aga2<sup>+/-</sup>* mice were crossed with *Chop<sup>-/-</sup>* mice to generate mice with the *Aga2<sup>+/-</sup>;Chop<sup>-/-</sup>* genotype. Animal studies were terminated at 2 months of age and the animals were measured, X-rayed, and femurs from the *Aga2<sup>+/-</sup>;Bip<sup>+/-</sup>* mice underwent  $\mu$ CT analyses. The *Aga2<sup>+/-</sup>;Chop<sup>-/-</sup>* mice could not undergo  $\mu$ CT due to the fragility and deformity of the femurs. *Bip<sup>+/-</sup>* mice were generously shared by Dr. Amy Lee at the University of Southern California.<sup>(39)</sup> *Chop<sup>-/-</sup>* mice were originally generated by Dr. David Ron, NYU School of Medicine and were deposited for commercial use at Jackson Laboratory (Bar Harbor, ME, USA; B6.129S(Cg)-Ddit3tm2.1Dron/J; Stock No: 005530).

#### Western blots

For Western blot analyses, protein lysates were separated by electrophoresis on either 5%, 7.5%, 10%, 12%, or gradient (Bio-Rad Laboratories, Hercules, CA, USA; 4% to 20%, catalog no. 4568093) sodium dodecylsulfate (SDS)-polyacrylamide gels or TGX Stain-Free polyacrylamide gels (Bio-Rad Laboratories; catalog no. 1610180), transferred to polyvinylidene difluoride membranes, blocked in 5% nonfat milk or 5% bovine serum albumin (BSA) in Tris-buffered saline with 0.1% Tween 20 (TBST) and probed overnight with primary antibody (anti-BiP antibody [Cell Signaling Technology; 1:1000; milk, catalog no. 3177], anti-CHOP [Cell Signaling Technology; 1:1000; milk, catalog no. 5554], anti-ATF4 [Cell Signaling Technology; 1:1000; milk, catalog



**Fig. 3.** Improvement of the OI phenotype and ER stress levels in male *Aga2<sup>+/-</sup>* mice treated with 4-PBA. (A,B) Quantification of total body length and weight in WT and *Aga2<sup>+/-</sup>* male mice treated with 4-PBA or untreated controls,  $n = 9$  (WT control), 15 (WT treated), 5 (*Aga2<sup>+/-</sup>* control), 11 (*Aga2<sup>+/-</sup>* treated). Two-way ANOVAs were performed,  $*p < 0.05$  was considered statistically significant. (C) Quantification of long-bone fracture incidence in 4-PBA treated and untreated 2-month-old male *Aga2<sup>+/-</sup>* mice,  $n = 11$  (untreated) and 17 (treated). Significance was determined by  $t$  test. (D–H) Representative western blot and quantification of relative protein levels in femoral lysates of WT and *Aga2<sup>+/-</sup>* mice treated with 4-PBA or untreated control animals.  $n = 4$ /per group. Quantifications are displayed with median and interquartile range. Two-way ANOVAs were performed,  $*p < 0.05$  was considered statistically significant.  $*p < 0.05$ ,  $**p < 0.01$ ,  $***p < 0.001$ , ns = not significant.

no. 11815], anti-light chain 3A/B [LC3A/B] [Cell Signaling Technology; 1:1000; milk; catalog no. 4108], anti-GAPDH [Cell Signaling Technology; 1:2000; milk; catalog no. 2118], anti-PERK [Cell Signaling Technology; 1:1000; milk; catalog no. 5683], anti-phospho-PERK [Cell Signaling Technology; 1:1000; BSA, catalog no. 3179], anti-XBP-1 [Cell Signaling Technology; 1:1000; BSA, catalog no. 40435], anti-Vinculin [Abcam; 1:10,000; milk; catalog no. ab129002], anti-eIF2 $\alpha$  [Cell Signaling Technology; 1:1000; milk; catalog no. 5324], anti-phospho-eIF2 $\alpha$  [Cell Signaling Technology; 1:1000; BSA, catalog no. 3398], anti-IRE1 $\alpha$  [Cell Signaling Technology; 1:1000; BSA, catalog no. 3294], anti-phospho-IRE1 $\alpha$  [Invitrogen; 1:1000; BSA, catalog no. PA1-16927], anti-ATF6 [Cell Signaling Technology; 1:1000; milk; catalog no. 65880], anti-PDI [Cell Signaling Technology; 1:1000; milk; catalog no. 3501], anti- $\beta$ -Actin [Cell Signaling Technology; 1:1000; milk; catalog no. 4967]). Peroxidase-conjugated secondary antibodies (Cell Signaling Technology; 1:2000, catalog nos. 7071 and 7072) were used, and immunocomplexes were identified using the

enhanced chemiluminescence (ECL) Detection Reagent (Cell Signaling Technology; catalog no. 7003) or West Femto Maximum Sensitivity Substrate (Thermo Fisher; catalog no. 34095). Protein band quantification was performed using either ImageLab 6.1.0 (BioRad; Figs. 2 and 3) or ImageJ (Fiji; Fig. 1) following recommendations in (<http://rsb.info.nih.gov/ij/docs/menus/analyze.html#gels>). In Figs. 1 and 2, experiments were repeated at least six times from six independent animals.

#### CT and fracture studies

$\mu$ CT was conducted on the right femur with the Scanco  $\mu$ CT-40 system (SCANCO Medical AG, Brüttisellen, Switzerland; 55-peak kilovoltage and 145- $\mu$ A X-ray source). A standardized region of the distal femoral metaphysis was scanned at 16- $\mu$ m resolution. Biomechanical testing by three-point bending: the contralateral left femurs of the same mouse were tested by three-point bending with a span of 6 mm, using an Instron 5848 device (Instron

Inc., Grove City, PA, USA). Femurs were tested wet at room temperature using an Instron 5848 microtester (Instron Inc.). The femurs were tested to failure in three-point bending at a rate of 0.1 mm/s and were oriented in the test fixture such that the anterior surface was in compression and the posterior surface was in tension. The test fixture span was about 6.5 mm. A 100-N load cell was used to collect data, and load and displacement data was captured at rate of 40 Hz by using BLUEHILL Software (Instron Inc.; Instron 5848).

The maximum load was determined by finding the highest load value recorded before the specimen fractured. The region of the load–displacement curve between 1 N and the maximum load was separated into five segments and the fitted line of the segment with greatest slope was defined as the stiffness. A line representing 0.2% offset of this stiffness was used to define the yield point. The elastic region was identified as the region from the completion of the preload to the yield point. The postyield (plastic) region was identified as the region from the yield point until point of specimen fracture. Using a trapezoidal numerical integration method, the energy (elastic, plastic, or total) was calculated as the area under the load–displacement curve. The cross-sectional geometry of each bone as determined by  $\mu$ CT image analysis was used to convert the maximum load and stiffness data into ultimate stress and elastic modulus values using beam theory.<sup>(40)</sup> Toughness values were calculated as areas (elastic, plastic, and total) under the stress/strain curve in the same way as energy for the load/displacement curve.

## Statistical analysis

GraphPad Prism (GraphPad Software, Inc., La Jolla, CA, USA) was used for statistical analysis. All values are shown as box plots with median and interquartile range, as indicated in the figure legends. Comparisons in the study of two groups with  $n = 6$  or greater were performed using the Student's  $t$  test. Comparisons in the study with  $n < 6$  and multiple groups were performed using a two-way analysis of variance (ANOVA) with a Tukey test as a correction for multiple comparisons.

## Results

### 4-PBA treatment reduced ER stress markers in *Aga2*<sup>+/-</sup> osteoblasts

To determine the effects of 4-PBA on endogenous levels of ER stress and specific UPR components in *Aga2*<sup>+/-</sup> osteoblasts, we cultured calvarial osteoblasts and we performed short-term primary osteoblast culture experiments with a 5nM 4-PBA treatment for 7 days while in osteogenic media. Cell layer lysates from these cultures were collected and probed for proteins representing the three main signaling receptors of the UPR (PERK, IRE1a, ATF6) as well as their downstream transducers (Fig. 1). At baseline, we observed increased p-PERK in *Aga2*<sup>+/-</sup> osteoblasts versus WT and this increase was significantly diminished with 4-PBA treatment while total PERK levels were unchanged (Fig. 1A,B). However, we did not see significant changes in ATF4 and eIF2 $\alpha$ , downstream targets of activated PERK (Fig. 1C–E,L). Further, CHOP is transcribed upon ATF4 binding to nuclear DNA and although we observed increases in CHOP in our in vivo data, we did not see changes in CHOP in shorter-term culture (Fig. 1F,L).<sup>(14,16,41)</sup> Increases in ATF4 and CHOP transcription are generally seen in long-term ER stress conditions; therefore, it is likely our short-term treatment protocol was not

sufficient to induce downstream activation. To address the IRE1a-activated arm of the UPR, we probed for IRE1a and p-IRE1a levels and found no significant changes by genotype or treatment condition (Fig. 1G,H,L). We did, however, show a slight though insignificant decrease in X-box binding protein 1 (XBP1) splicing (a downstream event of IRE1a activation) in *Aga2*<sup>+/-</sup> mice following 4-PBA treatment but no change in WT osteoblasts. The short-term culture/treatment protocol may not be sensitive enough to detect changes in IRE1a activation; however, the decrease in XBP-1 splicing seen only in *Aga2*<sup>+/-</sup> osteoblasts indicates a differential response and increased sensitivity of the UPR to 4-PBA treatment in *Aga2*<sup>+/-</sup> compared to WT (Fig. 1I,J,L). ATF6, the third arm of the UPR, did not show any significant changes in the levels between *Aga2* and WT (Fig. 1K,L). To further delineate the effect of 4-PBA on stress within the ER, we probed primary osteoblasts derived for our short-term culture/treatment protocol cell lysates as well as performed immunofluorescence for levels of PDI, an abundant folding chaperone whose expression is induced by ER stress.<sup>(42,43)</sup> Lysates showed increased levels of PDI in *Aga2*<sup>+/-</sup> versus WT and these levels were diminished with 4-PBA treatment to a level more similar to WT (Fig. 2A,B). Immunofluorescent images also reflected these results, indicating that *Aga2*<sup>+/-</sup> osteoblasts exhibit increased PDI localization and amelioration with 4-PBA treatment (Fig. 2C–F). Overall, this data indicates that specific elements of the UPR, but not all, are activated endogenously in *Aga2*<sup>+/-</sup> primary calvarial osteoblasts and can be diminished via 4-PBA treatment, highlighting the complexity of the UPR.

### 4-PBA treatment reduces ER stress and improves OI bone quality in vivo

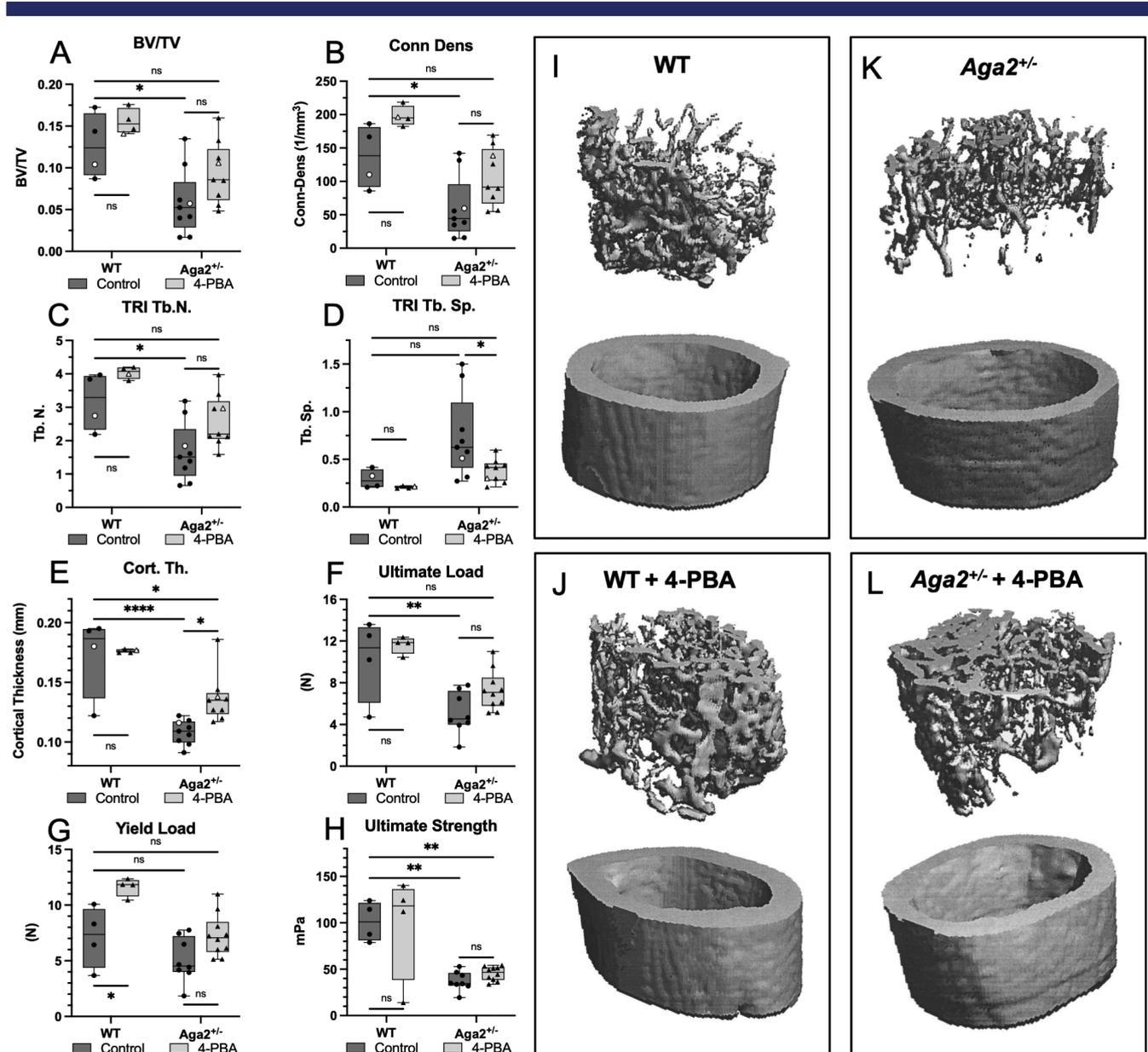
To determine the effect of 4-PBA treatment in vivo, we measured body length and weight in the untreated and 4-PBA treated 2-month-old mice. At this time point, untreated *Aga2*<sup>+/-</sup> mice were smaller and weighed less than WT controls (Fig. 3A,B). Male *Aga2*<sup>+/-</sup> animals treated with 4-PBA showed increased body length and weight (Fig. 3A,B). Similar results were observed in female animals (Fig. S1). Further, male *Aga2*<sup>+/-</sup> animals exhibited reduced long-bone fracture incidence determined by radiographic analyses (Fig. 3C). These results suggest that 4-PBA treatment had a positive effect on postnatal growth and increased bone resistance to fracture in the *Aga2*<sup>+/-</sup> model, with no changes seen in WT animals.

Analysis of ER stress markers by Western blot was performed on bone lysates showing that relative to WT animals, there were increased levels of BiP, CHOP, and ATF4 in *Aga2*<sup>+/-</sup> mice at baseline in vivo (Fig. 3D–H). By contrast, the level of LC3A/B, a marker of autophagocytosis, was decreased in the *Aga2*<sup>+/-</sup> bone lysates. In previous studies, mutant collagen has been shown to be eliminated by autophagy and not by proteasomal degradation, and previous in vitro studies have reported increased levels of autophagy in OI cell models.<sup>(32,44)</sup> However, our in vivo data showed the opposite, indicating either a decrease in the ability of the cells to initiate autophagy or an increase in autophagosome degradation. Bone lysates from *Aga2*<sup>+/-</sup> mice treated with 4-PBA showed a slight decrease in BiP, significant decreases in CHOP and ATF4, as well as increased LC3A/B levels, indicating suppression of the UPR and a positive effect on autophagy, bringing these values closer to WT levels (Fig. 3D–H). These results show that 4-PBA treatment reduced ER stress-related molecular changes in OI mice in vivo. Although these results agree with the increased ER stress levels observed in vitro, they also

highlight important differences when analyzing ER stress in vivo versus in vitro, again revealing the sensitivity of the UPR to cell and tissue conditions.

To determine the effects of 4-PBA treatment on the material properties of bones, we studied femoral bone quality and strength of the untreated and treated 2-month-old mice using  $\mu$ CT and biomechanical studies. 4-PBA treated  $Aga2^{+/-}$  femurs show a trend toward increased relative bone volume (BV/TV; Fig. 4A), indicating improved density. Further, levels of bone connectivity density (Conn-Dens; Fig. 4B), and bone trabecular

number (Tb.N; Fig. 4C), with an indirect correlation with decreased trabecular space (Tb-Sp; Fig. 4D) were increased to levels closer to WT, implying significant improvements in bone quality in OI mice treated with 4-PBA. Average cortical thickness (Cort.Th; Fig. 4E) also significantly increased in treated animals. Visual representations of these improvements are displayed in Fig. 4I–L. Additional  $\mu$ CT measurements of trabecular and cortical bone in Fig. S2 showed no significant changes in trabecular thickness or geometry and the proportional change in bone surface with the increased bone. Biomechanical testing also showed



**Fig. 4.** 4-PBA treatment improves bone mineralization, trabecular bone formation, and bone strength in  $Aga2^{+/-}$  mice. (A–E) Trabecular and bone parameter quantification of 4-PBA treated and untreated  $Aga2^{+/-}$  2-months-old male mice. Bars represent median and interquartile range.  $n = 8$ . (F–H) Quantification of biomechanical analyses via three-point-bending in 4-PBA-treated and untreated  $Aga2^{+/-}$  2-month-old male mice. Bars represent median and interquartile range.  $n = 8$ . Open circles correspond to the animals represented in I, J. Two-way ANOVAs were performed,  $*p < 0.05$  was considered statistically significant.  $*p < 0.05$ ,  $**p < 0.01$ ,  $***p < 0.001$ ,  $****p < 0.0001$ , ns = not significant. (I–L) Representative visual images of trabecular (top) and cortical bone (bottom)  $\mu$ CT analysis in 4-PBA-treated and untreated  $Aga2^{+/-}$  mice.

an improvement in bone strength as measured by resistance to fracture via three-point bending at the femur. We observed increased values in the ultimate load of *Aga2*<sup>+/-</sup> 4-PBA-treated femurs that were more similar to WT control levels (Fig. 4F) and a trend toward increased yield load necessary to deform the bone (Fig. 4G). We did not, however, see significant changes in ultimate strength necessary to fracture (Fig. 4H), or bone stiffness or ductility via elastic, plastic, and total displacement measures, indicating no effect on the brittleness that is commonly observed in OI bone (Fig. S3). Altogether, these results revealed that treatment with 4-PBA during stages of growth led to a reduction in the ER stress response, increased expression of markers for autophagy, and improved OI bone mass and strength.

### Genetic ablation of the key ER stress responders, BiP and CHOP, on the *Aga2*<sup>+/-</sup> phenotype

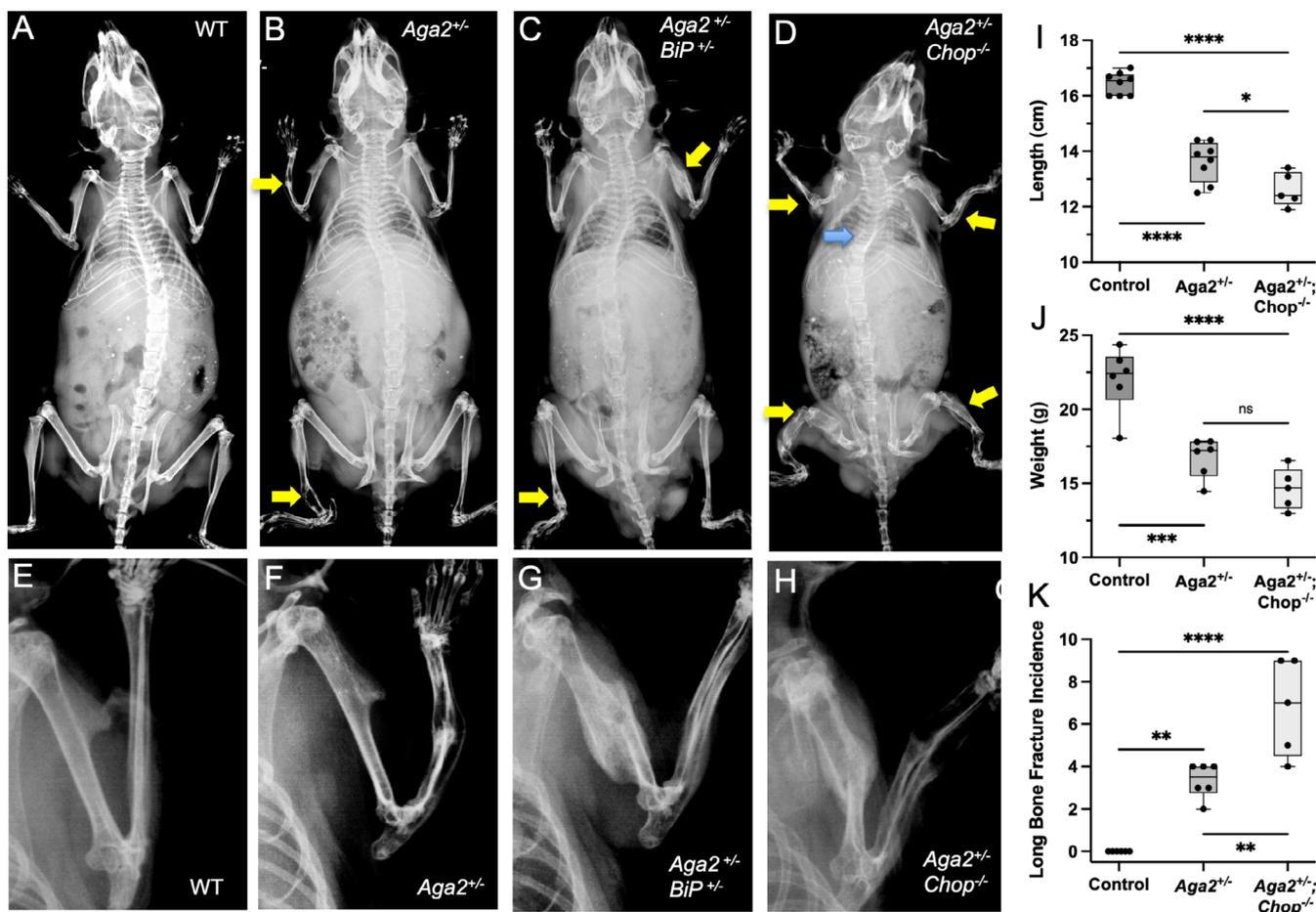
As shown herein and previously by others,<sup>(30-33)</sup> ER stress and UPR activation are increased in OI. We have also shown that, in vivo, 4-PBA treatment reduced bone levels of BiP and CHOP. However, it is unclear whether the reduction in the abundance of these ER stress-responsive proteins directly improved the OI phenotype, or if they indirectly reflect improved intracellular dynamics. To determine if the genetic reduction of UPR pathway activation has an effect on the OI phenotype, we analyzed the phenotypes of the *Aga2*<sup>+/-</sup> OI mouse models with either reduced BiP or absent CHOP. Radiographs of representative mice with each genotype are shown in Fig. 5A–H. Because *BiP*<sup>-/-</sup> animals are embryonic lethal at embryonic day 3.5 (E3.5),<sup>(45)</sup> and *BiP*<sup>+/-</sup> mice are viable without a skeletal phenotype, we generated *Aga2*<sup>+/-</sup>;*BiP*<sup>+/-</sup> mice and found that with the genetic reduction of BiP expression, aspects of *Aga2*<sup>+/-</sup> bone were not improved. *Aga2*<sup>+/-</sup>;*BiP*<sup>+/-</sup> mice showed no change in either body length or weight (Fig. S4A,B), and femoral  $\mu$ CT analysis from 2-month-old mice showed no significant changes in trabecular or cortical parameters when compared to *Aga2*<sup>+/-</sup> mice (Figs. S4C–F, S5). *Chop*<sup>-/-</sup> mice were previously shown to be born at the expected Mendelian frequencies, appeared phenotypically normal, and had normal fertility and reproductive behavior, though the absence of CHOP had an effect on osteoblastic function based on decreased expression of type I collagen and osteocalcin mRNA expression.<sup>(46,47)</sup> Generation of *Aga2*<sup>+/-</sup>;*Chop*<sup>-/-</sup> animals showed strikingly increased severity of the *Aga2*<sup>+/-</sup> (OI) phenotype (Fig. 5). When compared to *Aga2*<sup>+/-</sup> mice, *Aga2*<sup>+/-</sup>;*Chop*<sup>-/-</sup> animals showed markedly increased fracture incidence and deformity in long bones (Fig. 5B,D,F,H,K), as well as decreased body length and weight (Fig. 5I,J). Due to the severity of the phenotype and the extreme fragility of the long bones, we were unable to perform  $\mu$ CT analysis. *Aga2*<sup>+/-</sup>;*Chop*<sup>-/-</sup> mice also showed early mortality, with 13% dead before 2 months of age and scoliosis in 26% of the animals (Fig. 5D, blue arrow). Neither mortality before 2 months of age nor scoliosis was observed in our *Aga2*<sup>+/-</sup> colony. These results signify that the UPR is necessary for managing the deleterious effects of defective type I procollagen molecules within the cell and suggests that although reduction of BiP and CHOP were seen with 4-PBA treatment, the reduction was likely a consequence of an improved cellular environment. This is reflected in our in vitro experiments and illustrates the critical and necessary role of these molecules in responding to the abnormal ER environment in OI.

## Discussion

OI is a genetically heterogenous skeletal disorder that encompasses a broad range of phenotypic severity from mildly increased fracture rates over a lifetime, to severe ongoing progressive skeletal deformity due to recurrent fractures and undermineralized bone. Presently, the most commonly employed treatment is the use of bisphosphonates, stable derivatives of inorganic pyrophosphate (PPI).<sup>(48)</sup> Multiple studies have shown that bisphosphonate therapy can preserve vertebral morphometry and decrease fracture incidence; however, this reduction in fracture incidence is generally only about 20%.<sup>(49)</sup> Newer therapies that include neutralizing antibodies directed against sclerostin, receptor activator of nuclear factor  $\kappa$ B ligand (RANKL), or TGF $\beta$ , and daily parathyroid hormone (PTH) administration<sup>(50-56)</sup> are in preclinical and clinical trials for patients with OI. These treatments focus on improving bone quality by increasing collagen synthesis or influencing bone mineralization through modulation of osteoblast or osteoclast functions. They do not, however, address the molecular consequences of ER stress in the context of the effect of mutant type I collagen on cellular homeostasis.

It is important to note that the *Aga2*<sup>+/-</sup> mutation results in a frameshift within the C-propeptide region that alters a splice acceptor site and results in an extension of the COL1A1 peptide, differentiating it from the more common OI triple helical mutations.<sup>(30)</sup> This may result in the inability of the peptide to accomplish early assembly and therefore induce a UPR that is different from the more common triple helical mutations. ER stress, however, has been shown to be a unifying molecular phenotype as a result of many differing types of OI mutations.<sup>(32,36,44,57)</sup> Cultured fibroblasts derived from patients with type I procollagen gene structural mutations result in misfolded proteins that are retained in the ER and induce a UPR response.<sup>(32)</sup> These structural mutations include those in triple helical domains, and affected human cultured fibroblasts show enlarged ERs as well as increased activity of multiple UPR pathways, with PERK being the most often upregulated.<sup>(32)</sup> Similarly, cultured fibroblasts derived from OI patients with mutations in the genes encoding *FKBP10* or *HSP47*, members of the FKBP65-HSP47-LH2-BIP ER chaperone complex, demonstrated abnormally dilated ER with intracellular protein aggregates.<sup>(58-61)</sup> Fibroblasts derived from individuals with recessively inherited mutations in *CRTAP*, *P3H1*, and *PPIB* (an ER complex responsible for the hydroxylation of specific proline residues in type I procollagen) produced overmodified type I procollagen, showed enlarged ER with retention of type I procollagen, presence of protein aggregates, activation of the PERK/ATF4 branch of the UPR, and apoptotic cell death.<sup>(36)</sup> In our study, we addressed whether an in vivo treatment that reduces ER stress and the UPR response could have an effect on bone development and postnatal bone homeostasis.

Chemical ER stress inhibitors such as 4-PBA have been shown to have increasing relevance in clinical treatment settings. 4-PBA has several functions, including acting as an ammonia scavenger, histone deacetylase (HDAC) inhibitor, and protein folding chaperone (reviewed in Kolb and colleagues<sup>(62)</sup>). More specifically, 4-PBA functions as a chaperone through its ability to bind to the exposed hydrophobic residues of misfolded proteins.<sup>(63)</sup> Our short-term treatment/culture protocol in *Aga2*<sup>+/-</sup> osteoblasts revealed increased levels of PERK activation, reductions in XBP-1 splicing, and increased levels of PDI, indications of increased ER stress that were then reduced with 4-PBA



**Fig. 5.** Genetic deletion of CHOP results in increased bone fragility and impaired bone development. (A–H) X-ray images of WT, *Aga2*<sup>+/-</sup>, *Aga2*<sup>+/-</sup>; *BiP*<sup>+/-</sup>, and *Aga2*<sup>+/-</sup>; *Chop*<sup>-/-</sup> male 2-month-old mice with insets showing closer imaging of forearm. Yellow arrows point to long-bone fractures, blue arrow points to kyphoscoliosis. (I–K) Quantification of body length, body weight, and fracture incidence in WT (*n* = 6), *Aga2*<sup>+/-</sup> (*n* = 6), and *Aga2*<sup>+/-</sup>; *Chop*<sup>-/-</sup> (*n* = 6) male mice. Bars represent median and interquartile range. Two-way ANOVAs were performed, \**p* < 0.05 was considered statistically significant. \**p* < 0.05, \*\**p* < 0.01, \*\*\**p* < 0.001, \*\*\*\**p* < 0.0001, ns = not significant.

treatment. This falls in line with previous studies<sup>(37,63)</sup> showing a reduction in the ER stress response in both 4-PBA treated OI patient fibroblasts through reduced PERK activation and in the zebrafish OI model, reducing ER cisternae size.

In vivo, 4-PBA-treated *Aga2*<sup>+/-</sup> mice showed significantly decreased fracture incidence as well as increased length and weight compared to mice that received vehicle alone.  $\mu$ CT analysis revealed bone volumes, cortical bone volumes, and trabecular number that were either improved compared to untreated *Aga2*<sup>+/-</sup> bone or no longer significantly different from WT values. Thus 4-PBA treatment improved trabecular bone parameters as well as cortical thickness, an indication of increased bone formation. Importantly, biomechanical testing of femurs via three-point bending revealed improvements in the ultimate load and yield load of treated *Aga2*<sup>+/-</sup> long bones to where they were no longer significantly different from WT samples. Notably, 4-PBA treatment did not have a significant effect on the stiffness and ductility of *Aga2*<sup>+/-</sup> bone. This may be because *Aga2*<sup>+/-</sup> bone still contains mutated type I collagen proteins that likely disturb collagen fibril formation and therefore bone ECM structure. In this study we did not measure mineralization in 4-PBA-

treated femurs, which could contribute to the improved bone parameters. Further, Lisse and colleagues<sup>(30)</sup> showed increased mineralization in *Aga2*<sup>+/-</sup> cultured osteoblasts at baseline, making it unlikely that mineralization plays a major role in the reduced fracture incidence following 4-PBA treatment. Finally, our experiments demonstrated not only improved OI bone strength but also postnatal bone development that included increased linear growth. This indicates an effect on the cartilage growth plate and supports evidence from Scheiber and colleagues<sup>(31)</sup> that growth plate hypertrophic chondrocytes in OI exhibit increased ER stress.

In vivo, we found that 4-PBA treatment reduced elevated BiP, CHOP, and ATF4 levels in *Aga2*<sup>+/-</sup> mice. We do not discount the possibility that the relief of ER stress may have an effect on osteoblast differentiation or progenitor availability; this would be an important topic for future study. Similar to previous publications, we also saw the modulation of autophagosome markers in *Aga2*<sup>+/-</sup> femur lysates compared to WT.<sup>(30,32)</sup> Besio and colleagues<sup>(32)</sup> showed increased levels of LC3A/B in OI human fibroblasts in vitro before and after chloroquine treatment, indicating an increase in autophagosome formation. However, whereas

previous publications demonstrated increased autophagy in either *Aga2*<sup>+/-</sup> fibroblasts or OI patient fibroblasts in vitro,<sup>(30,32)</sup> we detected decreased LC3A/B levels in *Aga2*<sup>+/-</sup> bone in vivo. This could be interpreted as either a decrease in autophagosome formation or an increase in autophagosome degradation/flux. The possibility of altered autophagy in OI bone cells in vivo requires further experimental study. Nevertheless, our results indicate that 4-PBA treatment also had an effect on autophagy in bone in vivo and restored autophagy (LC3A/B) activity to WT levels. This falls in line with a publication showing increased LC3A/B levels upon 4-PBA treatment in vitro.<sup>(32)</sup> Further, a recent publication using a PC12 neuroblastic cell line showed enhancement of autophagy upon 4-PBA treatment following prolonged ER stress.<sup>(64)</sup> This effect occurred via the phosphatidylinositol-3'-kinase (PI3K)/protein kinase B (AKT)/mammalian target of rapamycin (mTOR) signaling pathway. Ishida and colleagues<sup>(44)</sup> showed that mutated collagens in OI are mainly cleared through autophagy, making mTOR signaling and the autophagosome an ideal target for treatment. However, another recent study showed that inhibition of mTOR signaling in the OI G610C model resulted in improved trabecular bone formation but no change in biomechanical properties, and negative effects on longitudinal bone growth.<sup>(65)</sup> Altogether, this implies that the improved autophagy observed in our 4-PBA-treated *Aga2*<sup>+/-</sup> mice likely contributes to bone formation improvements, whereas the upstream effects of 4-PBA on UPR activation improves bone density, biomechanical parameters, and longitudinal bone growth. Additionally, it should be noted that our study showed that protein analysis of OI bone in vivo leads to different results than observed in in vitro cultured cells and care should be taken in drawing conclusions solely from in vitro data.

The UPR and ER stress pathway involves several major components that could be targeted for therapy. Because we observed significantly increased BiP and CHOP levels in *Aga2*<sup>+/-</sup> mice in vivo, we performed genetic crosses in order to gain insight into the role of these ER stress responses in OI and their effect on *Aga2*<sup>+/-</sup> bone quality, strength, and development. Genetic reduction of BiP expression in *Aga2*<sup>+/-</sup> mice had no effect on trabecular bone parameters, cortical bone width, overall mouse length, or mouse weight when compared to *Aga2*<sup>+/-</sup> mice. It is possible that 50% reduction of BiP expression is not sufficient to affect the *Aga2*<sup>+/-</sup> phenotype. When CHOP levels were ablated in *Aga2*<sup>+/-</sup> mice, fracture incidence was significantly increased, mouse overall length and weight were significantly decreased, and the *Aga2*<sup>+/-</sup> OI phenotype was notably worsened. This may result from the normal role of CHOP in osteoblasts<sup>(47,66,67)</sup> that includes effects on osteoblast differentiation when diminished and increased osteoblast apoptosis when overexpressed. The data suggest that a certain baseline expression of CHOP is needed in osteoblasts, and our findings indicate that the downstream ER stress response is at some level necessary to maintain OI bone integrity. Reduction of the response alone is unable to rescue the OI phenotype, but worsens it.

Although there are several ER stress inhibitors used as clinical treatments for cancer, the goal of these treatments is to sensitize the cells to ER stress and thereby induce cell toxicity (reviewed in Li and colleagues<sup>(68)</sup> and Almanza and colleagues<sup>(69)</sup>), which would likely not be effective in treating OI. Furthermore, because our study demonstrated that the genetic reduction of the ER stress response did not rescue the OI phenotype, therapeutic strategies targeting the downstream components of the UPR are also unlikely to be effective in OI. However, molecules that aid in or increase protein chaperone activity, and lead to

improved folding and/or secretion of type I procollagen, may improve the OI phenotype. Overall, our study presents novel data showing that the UPR is part of the mechanism of disease of OI and that in vivo alleviation of ER stress via 4-PBA treatment in an OI mouse model diminishes its cellular consequences and improves multiple bone parameters, including bone strength, partly due to increasing autophagy and reduction of varying components of the UPR.

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## Author Contributions

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## Conflict of Interests

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None of the authors have any potential conflicts of interest to disclose.

## PEER REVIEW

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## DATA AVAILABILITY STATEMENT

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The data that support the findings of this study are available from the corresponding author upon reasonable request.

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