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ORIGINAL RESEARCH

Identification of CRTH2 as a New PPARγ-Target Gene in T Cells Suggested CRTH2 Dependent Conversion of T_h 2 Cells as Therapeutic Concept in COVID-19 Infection

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Background: COVID-19 is a serious viral infection, which is often associated with a lethal outcome. Therefore, understanding mechanisms, which affect the immune response during SARS-CoV2 infection, are important.

Methods: To address this, we determined the number of T cells in peripheral blood derived from intensive care COVID-19 patients. Based on our previous studies, evaluating PPARγ-dependent T cell apoptosis in sepsis patients, we monitored PPARγ expression. We performed a next generation sequencing approach to identify putative PPARγ-target genes in Jurkat T cells and used a PPARγ transactivation assay in HEK293T cells. Finally, we translated these data to primary T cells derived from healthy donors.

Results: A significantly reduced count of total CD3⁺ T lymphocytes and the CD4⁺ and CD8⁺ subpopulations was observed. Also, the numbers of anti-inflammatory, resolutive T_b2 cells and FoxP3-positive regulatory T cells (T_{res}) were decreased. We observed an augmented PPARγ expression in CD4+ T cells of intensive care COVID-19 patients. Adapted from a next generation sequencing approach in Jurkat T cells, we found the chemoattractant receptor-homologous molecule expressed on T helper type 2 cells (CRTH2) as one gene regulated by PPAR γ in T cells. This T_h2 marker is a receptor for prostaglandin D and its metabolic degradation product 15-deoxy-∆12,14-prostaglandin J2 (15d-PGJ2), an established endogenous PPARγ agonist. In line, we observed an increased PPARγ transactivation in response to 15d-PGJ2 treatment in HEK293T cells overexpressing CRTH2. Translating these data to primary T cells, we found that T_h 2 differentiation was associated with an increased expression of CRTH2. Interestingly, these CRTH2⁺ T cells were prone to apoptosis.

Conclusion: These mechanistic data suggest an involvement of PPARγ in Th2 differentiation and T cell depletion in COVID-19 patients.

Keywords: T_{reg}, PPARγ, T_h2, COVID-19, NGS, IL-4, CRTH2, FoxP3

Introduction

Serious infectious diseases leading to sepsis and/or multi organ failure (MOF; for a list of all used abbreviations see [Supplementary Table 1\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx) are often associated with a worse outcome.^{[1](#page-19-0)[,2](#page-19-1)} Although recent data from severe COVID-19 patients show that they also could suffer from hyperactivation of the immune system associated with hyperinflammation,^{[3](#page-19-2)} one further mechanism contributing to the disease's severity is immune paralysis. This is mainly caused by the T cell depletion, blocking an adequate adaptive immune response.⁴ In sepsis, T cell apoptosis seems to be the most important reason.^{5–7} Thus, considering our data obtained in sepsis mouse models and following their translation to the human sepsis

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patient, we set up the hypothesis that in patients suffering from COVID-19, requiring intensive care, a similar mechanism is involved in a bad outcome.

Our previous findings in a mouse peritonitis model initiated by cecal ligation and puncture (CLP) to mimic peritonitis showed that expression and activation of the ligand-dependent transcription factor peroxisome proliferator-activated receptor γ (PPARγ) is responsible for T cell depletion, which is associated with immune paralysis.^{[8](#page-19-5)} Using T cell specific PPARγ knockout mice in a CLP polymicrobial sepsis model, T cell depletion, mainly mediated by T cell apoptosis, was prevented and mouse survival was improved.⁷ Accordingly, treating wild type mice, suffering from CLP-induced peritonitis, with the irreversible PPARγ antagonist 2-chloro-5-nitro-N-phenylbenzamide (GW9662) provoked a similar protective effect.⁸ Replacing the irreversible antagonist by a PPAR_Y-specific competitive antagonist,^{[9,](#page-19-7)[10](#page-19-8)} more prone to be used therapeutically, proved a potential therapeutic concept.¹¹ Interestingly, isolation of cytotoxic T cells from CLPtreated mice, to follow ex–vivo cytotoxic T lymphocyte (CTL)-dependent cytotoxicity in an alloantigenic activation regime or using a classical splenocyte-driven activation protocol revealed that activation of PPARγ blocked CTLdependent cytotoxicity toward alloantigenic target cells. This inhibition was absent in CTLs derived from T cell-specific PPAR_γ knockout mice.^{[12](#page-19-10)}

Translating these data to human T cells, we and others found that PPARγ is expressed in activated primary, blood derived T cells,^{[13](#page-19-11),[14](#page-19-12)} sensitizing these cells to PPARγ-dependent apoptosis.^{13[,15](#page-19-13)} In T cells derived from blood of sepsis patients, PPARγ was also expressed.¹⁶ Plasma, obtained from these patients induced PPARγ-activation in a Jurkat PPRE-containing reporter cell line, suggesting the existence of an endogenous PPARγ activator in the blood,¹⁶ such as 15-deoxy-∆12,14-prostaglandin J₂ $(15d-PGJ₂)$.^{[17](#page-19-15),[18](#page-19-16)} Finally, a link was shown between the level of PPAR_Y expression and the T cell number in sepsis patients.¹⁹ In the same study, high PPARγ mRNA expression was correlated to a lower T cell count, which was associated with a worse outcome of the patients.[19](#page-19-17) However, PPARγ expression was only determined on mRNA level.

Mechanistically, PPARγ-dependent T cell apoptosis has been described to be mediated by the induction of the phosphatase and tensin homolog (PTEN), counteracting protein kinase B activation^{[20](#page-19-18)} and by scavenging the transcription factor nuclear factor of activated T cells (NF-AT), consequently transrepressing for instance expression of the T cell pro-survival cytokine IL-2.^{8,[21](#page-19-19)} Possibly, also a functional shift of PPAR_Y from its DNA-binding requiring role to a non-DNA-linked effect might be involved.²² However, only insufficient knowledge about T cell-specific target genes regulated following PPARγ expression and activation is at hand.

Based on these data, we focused our interest first on the determination of an mRNA profile of T cell-dependent expression of PPARγ target genes. Then, we analyzed whether T cells are also depleted in the blood of intensive care COVID-19 patients and whether PPARγ is expressed in COVID-19 patients´ T cells, sensitizing these cells towards cell death, consequently counteracting an adequate immune response.

Materials and Methods

Chemical Reagents

All chemicals and reagents were of the highest grade of purity. The PPARγ antagonist, GW9662 (#70785),^{[23](#page-19-21)} was acquired from Cayman Chemical Company (Ann Arbor, USA) and the PPARγ agonists, rosiglitazone (#R2408)²⁴ and the PGD₂ derivative 15-deoxy-∆12,14-prostaglandin J₂ (15d-PGJ₂, #D8440)^{[18,](#page-19-16)25} were bought from Sigma-Aldrich (Merck KGaA, Darmstadt, Germany).

Cell Culture

The human T cell line Jurkat²⁶ (DSMZ, ACC282) was cultured in Roswell Park Memorial Institute (RPMI) 1640 and the human embryonic kidney cell line HEK293T^{[27](#page-20-2)} (ATCC, CRL-3216) in Dulbecco's Modified Eagle's Medium (DMEM) high glucose in a humidified 5% carbon dioxide (CO₂) atmosphere at 37°C. Both media were supplemented with 10% (v/v) heat-inactivated fetal calf serum (FCS), 100 units/mL penicillin and 100 µg/mL streptomycin. The medium was changed three times a week and cells passaged before reaching confluence.

Generation of Jurkat T Cells with a Tet-Inducible Expression of PPARγ

To generate Jurkat T cells with a Tet-inducible expression of PPARγ, we cloned human PPARγ1 (accession-no. NM_138712) into the lentiviral vector pLVX-TRE3G-mCherry (#631360, TaKaRa) according to the distributor's instructions. Briefly, the vector, containing an IRES-site to allow expression of mCherry and PPARγ1 as separate proteins, was cut with MluI/EcoRI. Human PPARγ1 was amplified using CloneAmp HiFi PCR Premix (#639298, TaKaRa), the forward primer 5´-GCC CCC GGG ACG CGT ATG ACC ATG GTT GAC ACA GAG ATG-3´, the reverse primer 5´- CTA CCC GGT AGA ATT CGT ACA AGT CCT TGT AGA TCT CCT G-3['] and a human PPARγ1 containing vector as template.²² The primer pair (biomers. net GmbH, Ulm, Germany) was selected to allow In-Fusion cloning (#639650, TaKaRa) into the MluI/EcoRI site of the pLVX-TRE3G-mCherry vector. The correct sequence of the cloned vector was verified by restriction digestion with BamHI/ XhoI and sequencing. The vector was transduced into the Jurkat Tet-On® 3G cell line (#631181, TaKaRa). Importantly, these cells must be cultured in RPMI1640 with Tet system approved FCS (#631106, TaKaRa). Following treatment of the transduced cells with 2 µg/mL doxycycline to induce target gene expression, first mCherry-positive cells were enriched by FACS-sorting using the BD FACSAriaTM III cell sorter (BD Biosciences). Secondly, we performed a Western blot from lysates of these cells to verify expression of PPARγ1 as well ([Supplementary Figure 1](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). These cells were used for the sequencing approach to identify PPARγ target genes in Jurkat T cells. Thus, doxycycline-treated cells were stimulated with the PPAR_Y agonist rosiglitazone [1 μ M] alone, or in combination with the irreversible PPAR_Y antagonist GW9662 [10 μ M] for 24 h. Afterwards cells were harvested for RNA isolation ([Supplementary Figure 2\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx).

RNA Extraction

RNA isolation was performed using the QIAcube (Qiagen) and the RNeasy Plus Mini Kit according to the manufacturer's protocol. Therefore, cell pellets were resuspended in 350 µL RLT Plus Buffer and vortexed for two minutes. The whole sample was than used for loading as a start material into the QiaCube. Nucleic acids were eluted in 30 µL molecular grade water. The quantity and quality of the isolated RNA was determined with a Qubit Fluorometer 3.0 (Life Technologies) and a Fragment Analyzer (Agilent), respectively.

Preparation of NGS Libraries and Sequencing

For transcriptome analysis 100 ng total RNA of each sample were automated prepared by using the TruSeq mRNA v2 Kit from (Illumina) on a Biomek FXP (Beckman Coulter). Libraries were quantified with the Qubit dsDNA HS Assay Kit (Life Technologies) and quality was assessed by the High Sensitivity NGS Kit on a Fragment Analyzer 5200 (Agilent). Sequencing of libraries was performed on HiSeq2500 (Illumina), resulting in 30 million 50-bp single-end reads per sample. After de-multiplexing with the Illumina's software bcl2fastq-1.8.4 with default settings for adapter trimming (at least 90% of bases should match) and no mismatches allowed in sequencing barcode, all reads undergo quality-based trimming to remove potential contaminants, low quality reads and sequencing adapters with the help of BBDuk from the BBMap package version 34.41 (<https://sourceforge.net/projects/bbmap/>). To pass the quality filter, read quality needed to be higher than a Phred score of 20 and achieve a minimal length of 50 bp after quality-based and adapter trimming. Additionally, every sample was quality-controlled before and after trimming with the FastQC ([http://www.bioinfor](http://www.bioinformatics.babraham.ac.uk/projects/fastqc/) [matics.babraham.ac.uk/projects/fastqc/\)](http://www.bioinformatics.babraham.ac.uk/projects/fastqc/). FastQC evaluates per base sequence quality, average base composition, GC content, sequence length distribution and adapter contaminations after trimming.

Bioinformatics Quantification and Differential Expression Profiling

Reads were mapped against the human reference genome (GRCh38) using NextGenMap 0.5.5 with default settings. Quantification of genes in RPKM (= reads per kilobase of exon model per million) mapped reads according to Mortazavi et al^{[28](#page-20-3)} was carried out exclusively with uniquely mapped reads using Genecode annotation v21 using the python script "rpkmforgenes.py" from the RSeQC package.²⁹ Additional QC step involves cross-comparison between replicates, which includes calculation of correlation matrices and pair-wise scatterplots comparison for each replicate. Differential expression analysis performed in R Bioconductor using $EdgeR^{30,31}$ $EdgeR^{30,31}$ $EdgeR^{30,31}$ and $DESeq2$ packages.^{[32](#page-20-7)} Cut-off-points were set as log2 fold change of at least +1 or -1 with p = 0.05 or less.

Blood Samples

We analysed leukocyte subsets from peripheral blood samples in citrate tubes derived from COVID-patients daily during their ICU stay. Patients were included when being positive for COVID-19 and showing already a serious respiratory and/ or systemic symptomatology ($n = 24$). The study was performed in accordance with the Declaration of Helsinki. Approval from the local ethics committee of University Department of Medicine, Goethe-University Frankfurt, was obtained before the study was conducted (reference #20-643, #20-982) and a waiver regarding the requirement of written informed consent from COVID-19 patients was authorized by the local ethics committee of the University Department of Medicine, Goethe University Frankfurt, due to the intensive care-dependent sedation, and ventilation, and the patients` unconsciousness, which made it disproportionate to obtain a patient´s approval in advance during COVID-19 crisis. All participants of the control group provided written informed consent. The experimental setup of this part of our study is shown in [Figure 1.](#page-3-0) The corresponding gating strategy is provided in [Supplementary Figure 3](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). Following erythrocyte lysis, leukocytes were stained for CD3-APC-Vio-770 (#130-113-126), CD4-VioGreen (#130-113-221), CD8-PerCP (#130-113-160), FoxP3-APC (#130-125-580), and CRTH2-PE (#130-113-600) with antibodies bought from Miltenyi-Biotec (Bergisch-Gladbach, Germany). Intracellular staining of FoxP3 was done using the FoxP3 staining buffer set (#130-093-142, Miltenyi Biotec, Bergisch Gladbach, Germany) according to the manufacturer´s protocol. Cell counts were calculated using CountBright Absolute Counting Beads (#C36950, Invitrogen, Thermo Fisher, Dreieich, Germany).

Intracellular staining for PPARγ expression was established using the FoxP3 staining buffer set as outlined above and a polyclonal rabbit anti-PPARγ antibody labelled with Alexa Fluor750 (#BSS-BS-4590R-A750, Biozol Diagnostica) and the identical clone unconjugated (#BSS-BS-4590R). As a PPARγ unspecific antibody an α-FoxP3 antibody was used (#130-125-580, Miltenyi Biotec) ([Supplementary Figure 4\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx).

Analysis of blood samples was performed with a BD FACS Canto II flow cytometer (BD Biosciences) and FlowJo software (Version 10.8.1, Ashland, U.S.A).

Enrichment of Human Primary CD4+ Cells

To purify $CD4^+$ T cells from peripheral blood of healthy volunteers, citrate blood was diluted 1:2 with Dulbecco's phosphate-buffered saline without Ca^{2+}/Mg^{2+} (DPBS, #D8537, Sigma-Aldrich, Merck KGaA, Darmstadt, Germany).

Figure 1 Study design.

Abbreviations: CD, cluster of differentiation; COVID-19, coronavirus disease 2019; CRTH2, chemokine receptor homologue expressed on T_h2 cells; FoxP3, forkhead box protein 3; GW9662, 2-chloro-5-nitro-N-phenylbenzamide; ICU, intensive care unit; IFN-γ, interferon-γ; IL-4, interleukin 4; MACS, magnetic cell sorting; NGS, next generation sequencing; PPARγ, peroxisome proliferator activated receptor γ; Tet, tetracycline; T_n1, T helper cells type 1; T_n2, T helper cells type 2.

This mixture was loaded onto a 50 mL LeucosepTM tube (#227290, Greiner Bio-One GmbH, Frickenhausen, Germany) which already contained 15 mL Pancoll human (#P04-60500, PANTM Biotech) separation medium. Tubes were centrifuged for 20 min at 800 x g at room temperature (RT). Centrifuge brakes have been disabled to maintain phase separation following centrifugation. The phase containing peripheral blood mononuclear cells (PBMCs) was washed three times with 10 mL DPBS for 5 min at 300 \times g at 4°C. From these PBMCs, CD4⁺ T cells were enriched using magnetic cell sorting (MACS) with the $CD4^+$ T cell isolation kit, human (#130-096-533, Miltenyi-Biotec). To achieve this, 1×10^7 cells of the PBMCs were diluted in 40 µL autoMACS[®] rinsing solution (#130-091-222, Miltenyi-Biotec), containing 5% MACS[®] bovine serum albumin (BSA) stock solution (#130-091-376, Miltenyi-Biotec). After adding 10 μ L of the CD4⁺ T cell biotin antibody cocktail, cells were incubated on ice for 5 min. Then, 30 μ L autoMACS rinsing solution was added together with 20 μ L CD4⁺ T cell MicroBead cocktail. After 10 min incubation on ice, the volume of the cell suspension was increased to 500 µL with autoMACS rinsing buffer. A LS separation column (#130-042-401, Miltenyi-Biotec) was positioned on a MidiMACS® separator (#130-042-302, Miltenyi-Biotec) and prewashed with 3 mL supplemented autoMACS rinsing buffer. Then, the cell suspension was loaded on the prepared column. Negative, ie CD4[−] , cells were eluted twice with 3 mL autoMACS rinsing buffer, before the column was removed from the MidiMACS separator and positive CD4⁺ cells were eluted twice with 3 mL autoMACS rinsing solution. Enrichment was roughly 96% CD4⁺ T cells [\(Supplementary Figure 5](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)).

T_h 2-Differentiation

Following isolation of CD4⁺ T cells, these cells were differentiated to T_h2 cells with CellXVIVOTM Human T_h2 Differentiation Kit (#CDK002, R&D Systems, Bio-Techne GmbH, Wiesbaden, Germany). The day before, the 24-well plate was coated with mouse-anti-human CD3, diluted to 1-fold, per well. The plates were incubated over night at 4°C and before using, washed twice with 1-fold washing buffer. 1×10^5 and 2×10^5 enriched CD4⁺ cells were resuspended in 1 mL of T_h2 -differentiation medium containing X–Vivo15TM cell medium, 100 U/mL penicillin, 100 µg/mL streptomycin and human T_h 2 reagents included in the kit. Afterwards, cells were seeded into an already coated well. To achieve differentiation to a T_h 2 phenotype, cells were incubated for 13 days, with a medium change every two to four days, by replacing 900 µL old medium with 900 μ L new T_h2 differentiation medium. If necessary, cells were splitted. At day 13, efficacy of differentiation was determined by FACS analysis. For this purpose, cells were directly stained for the intracellular T_b2 marker cytokine IL-4 and the T_h1 indicator IFN-γ ([Supplementary Figure 6A](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). Additionally, this intracellular staining was performed in cells which were washed once in X-Vivo 15^{TM} cell medium (Lonza, Cologne, Germany) and resuspended in cell medium supplemented with antibiotics as described above, incubated for 6 h with a 1-fold cell activation cocktail (#5476, Tocris, Bristol, UK) containing phorbol myristate acetate (PMA) and ionomycin for cell activation, and monensin to block cytokine export [\(Supplementary Figure 6B\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). To allow an effective intracellular retention of IL-4, BD GolgiPlugTM (#555029, BD) Biosciences), containing brefeldin A, was added in parallel.³³ Intracellular cytokines were stained using the FoxP3 staining buffer set (#130-093-142, Miltenyi-Biotec). To determine whether PPAR γ is involved in T_h2 differentiation, we performed one set of experiments where we added 10 μ M of the PPAR γ antagonist GW9662 to the T_h2 differentiation as described above. After 13 days, the cells were stained for IL-4 and CRTH2.

Cell Death Determination

Following incubations, 2×10^5 cells were labeled with 5 µL annexin V-PE (#31490014, ImmunoTools, Friesoythe, Germany) and 10 μL 7-aminoactinomycin D (7-AAD, #130-111-568, Miltenyi-Biotec) in 100 μL binding buffer for 15 min on ice in the dark to differentiate between apoptotic and necrotic cell death. Afterwards, 150 μL binding buffer was added, and cell samples were analyzed immediately using a FACSCanto II flow cytometer and FlowJo software (Version 10.8.1, Ashland, U.S.A). Apoptosis was assessed when cells were annexin V-PE-positive. Accordingly, only 7-AAD-positive cells were considered as necrotic. PE vs R-phycoerythrin (PE)-Cy®5 fluorescences of a minimum of 10,000 cells were analysed. In some experiments annexin-V –FITC (#556420, Pharmingen, BD Biosciences, Heidelberg, Germany) was used instead of annexin V-PE. Accordingly, the extinction/emission wavelength filter setting was changed.

Peroxisome Proliferator Responsive Element (PPRE) Reporter Gene Assay

The p(A-Ox3)-TK-FL plasmid, containing three copies of the PPRE site derived from the human acyl coenzyme A oxidase (A-Ox) gene promoter cloned upstream of the thymidine kinase (TK) minimal promoter and the firefly luciferase (FL) gene, was transfected into the HEK293T cells using jetPEI (Polyplus, Illkirch, France), according to the manufacturer's instructions. Briefly, 10.000 HEK293T cells were seeded in 100 µL medium one day before transfection per well in a 96-well plate. Simultaneously, a PPARγ wt vector (pcDNA3-PPARγ wt) or a PPARγ d/n-encoding plasmid (pcDNA3-PPARγ AF2), containing two amino acid exchanges (Leu468Ala/Glu471Ala) and preventing ligand binding and concomitant activation of PPAR γ ³⁴, were transfected as well. Finally, to estimate transfection efficiency a vector encoding renilla luciferase (RL) driven by a CMV promoter (pRL-CMV, #E2261, Promega, Walldorf, Germany) was also transfected. Cells were treated as indicated. After harvesting and lysing cells, extracts were assayed for renilla and firefly luciferase activity with the Dual-GloR Luciferase Assay System (#E2920, Promega, Walldorf, Germany).

Statistical Analysis

We used two-tailed statistical analysis to evaluate the data. Results are expressed as the mean or median \pm SD. ANOVA, Mann–Whitney *U*-test, Kruskal–Wallis test, one sample *t* test, Dunn's multiple comparison test, and Student's *t*-test were used where appropriate. We considered P values ≤ 0.05 as statistically significant.

Results

mRNA Transcriptome Analysis of PPARγ Target Genes Expression in Jurkat T Cells To address this question, we determined the PPARγ-dependent mRNA profile in Jurkat T cells. To acknowledge the possibility of a pro-apoptotic role of constitutive PPARγ expression, we used a vector system for a Tet-on inducible PPARγ expression. Following selection of positive clones, we used these for transcriptome profiling. First, we determined the mRNA profile of Jurkat T cells expressing PPARγ with activation by the specific agonist rosiglitazone ([Supplementary Figure 2](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx), upper part). Based on this treatment we obtained a panel of regulated genes shown in [Table 1.](#page-6-0) To further validate a PPARγ-dependent gene induction mechanism, we treated the cells with a combination of the PPARγ agonist rosiglitazone and the irreversible PPARγ antagonist GW9662 [\(Supplementary Figure 2](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx), lower part).^{23,24} Following this treatment, RNA-seq revealed a panel of genes, which upon rosiglitazone treatment have been upregulated but in response to the simultaneous addition of GW9662 remained downregulated [\(Table 2\)](#page-8-0). In summary, 55 genes were up- and 1 gene was down-regulated by rosiglitazone, whereas only 4 genes were up-, but 38 genes were downregulated after the parallel stimulation of the cells with rosiglitazone and GW9662 [\(Figure 2](#page-9-0)). Among others, PPARγ activation induced the prostaglandin D2 receptor 2 gene (PTGDR2, [Table 1](#page-6-0), line 4), and PPARγ antagonism kept PTGDR2 expression low ([Table 2](#page-8-0), next to last line), indicating a PPARγ-responsive expression in Jurkat T cells. Interestingly, this surface marker is also known as chemoattractant receptor-homologous molecule expressed on T helper type 2 cells (CRTH2). Thus, it can bind to PGD₂ and as well to its dehydration end product 15-deoxy-∆12,14prostaglandin J₂ (15d-PGJ₂),¹⁷ which is an endogenous agonist of PPAR_Y.²⁵ Activation of CRTH2 has been shown to polarize T_h cells to the more anti-inflammatory, resolutive T_h 2 phenotype.³⁵ With this new information on PPAR_Y-dependent alteration in T cell expression, we went on to determine the T cell number in intensive care COVID-19 patients.

Decreased T Cell Number in Peripheral Blood Derived from COVID-19 Patients Show a T_h 2 Shift, Associated with PPAR γ

To prove the assumption of a role of PPARγ in COVID-19-dependent T cell depletion and shifting the T cell phenotype from T_h1 to T_h2 cells, we determined the T cell subpopulations in peripheral blood drawn from COVID-19 patients during their ICU stay starting from day 1, requiring intensive care support, to day 30. Patients' demographics are presented in [Table 3](#page-10-0). We compared these T cell numbers to the T cell count of healthy volunteers, whose demographics are shown in [Table 4.](#page-11-0) Moreover, referencing literature data of $600-3100$ CD3⁺ T cells/ μ L blood, the quantity of CD3 T⁺ cells ab initio was significantly reduced in the blood derived from COVID-19 patients ([Figure 3A\)](#page-11-1). Focussing on the T cell subpopulations T helper (T_h) cells $(CD4^+)$ and cytotoxic T cells $(CTL, CD8^+)$, we found a significant reduction of both T cell types ([Figure 3B](#page-11-1) and [C](#page-11-1)) over the complete period of the ICU stay. However remarkably, on the last day in the

Table 1 Regulated Genes in Jurkat T Cells in Response to Rosiglitazone-Dependent Activation of PPARγ

(*Continued*)

Notes: Green cells: upregulated; orange cells: downregulated.

ICU, ie, day 30, the count of CD8⁺ cells tended to recover, thus the reduction was no longer significant [\(Figure 3C](#page-11-1), last column). Interestingly, the $CD4^{+}/CD8^{+}$ ratio remained almost completely unaltered during the complete 30 days stay compared to healthy donors ([Figure 3D](#page-11-1)). Comparing non-ventilated, ventilated, and ECMO-receiving patients, the

(*Continued*)

Table 2 (Continued).

Notes: Green cells: upregulated; orange cells: downregulated.

Abbreviations: CPM, counts per million; ENSG…ID, Gene annotation in Ensembl; FDR, false discovery rate; HGNC, HUGO Gene Nomenclature Committee; ID, identifier; logFC, logarithmic fold change.

number of CD3⁺ T cells in ventilated patients compared to ECMO patients [\(Figure 3E](#page-11-1)) was significantly reduced. Dependent on the required treatment regime, ie, non-ventilated, ventilated or ECMO receiving, CD4⁺ ([Figure 3F](#page-11-1)) and $CD8^+$ ([Figure 3G\)](#page-11-1) cells were lowest in the ventilated patients. Comparing survivors (S) vs non-surviving patients (D), the number of CD3⁺ [\(Figure 3H\)](#page-11-1), CD4⁺ ([Figure 3I](#page-11-1)), or CD8⁺ T [\(Figure 3J\)](#page-11-1) cells was not significantly different.

Figure 2 T cell transcriptome in response to PPARγ activation/inhibition. Jurkat T cells were transduced with an inducible Tet-on vector system to express PPARγ in response to doxycycline treatment. Following selection of positive clones, cells were treated with the PPARγ agonist rosiglitazone [1 µM] (left column) or the combination of rosiglitazone [1 µM] and the irreversible PPARγ antagonist GW9662 [10 µM] (right column) for 24 h. Afterwards cells were harvested, and mRNA isolated as described in Materials and Methods. Following preparation of NGS libraries and sequencing, transcriptome analyses revealed and induction of 55 genes and the downregulation of 1 gene in response to rosiglitazone treatment. After rosiglitazone treatment in combination with GW9662 only 4 genes were induced, and 38 genes were downregulated. **Abbreviations**: GW9662, 2-chloro-5-nitro-N-phenylbenzamide; NGS, next generation sequencing; PPARγ, peroxisome proliferator-activated receptor γ.

Table 3 Patient Demographics and Clinical Parameters of the COVID-19 Cohort

Notes: Data are presented as n (%) for categorical variables or median (interquartile range) for continuous variables. Patients' laboratory values are reported as the respective median of the parameter levels obtained duri ICU stay was defined as the days from admission to discharge or death. For more information on data collection and analysis, see supplement. p-values comparing two groups were obtained using Fisher's exact test or One Way analysis with Tukey's comparison test. Patients' median laboratory values are presented. *p < 0.05, **p < 0.01, ***p < 0.01. Hospital's central laboratory's threshold levels are CRP: 0.5 mg/dl, leukocyte count: 10.41 /nl, PCT: 0.5 ng/mL, LDH: 248 U/l.

Abbreviations: COPD, chronic obstructive pulmonary disease; CRP, C-reactive protein; D, deceased; d, days; ECMO, extracorporeal membrane oxygenation; ICU, intensive care unit; IL-6, interleukin 6; LDH, lactate dehydrogenas NV, not ventilated; PCT, procalcitonin; S, surviving; U, units; v, ventilated; yr, year.

rical variables or median (min-max) for continuous variables. **Abbreviations**: f, female; m, male; yr, year.

Comparing the survival curves of female and male patients, we found no difference using the Kaplan–Meier model with a Log-rank (Mantel-Cox) test (data not shown).

Additionally, we determined the time course of serum procalcitonin (PCT), IL-6, C-reactive protein (CRP), and lactate dehydrogenase (LDH) in COVID-19 patients for their 30 days ICU stay. Serum PCT was only slightly elevated [\(Supplementary Figure 7A\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx), when analysing the time course of 30 days. There, only on 8 days the PCT level was

Figure 3 Cell count of CD3⁺, CD4⁺, and CD8⁺ T cells in intensive care COVID-19 patients. Numbers of **(A)** CD3⁺, **(B)** CD4⁺, and **(C)** CD8⁺ T cells as well as **(D)** its ratio (CD4⁺ vs CD8⁺) were determined for 30 days intensive care unit stay (d ICU) (n = 24). Cell count/ratio of healthy donors were included as control ((C), n = 12 donors). Its median is shown as a green dashed line. To show the impact of the necessary treatment, we compared the cell count of healthy donors (black columns, HD, n = 12 donors) with non-ventilated (white columns, NV, n = 5 patients), ventilated (light grey columns, V, n = 12 patients) and extracorporeal membrane oxygenation (dark grey columns, E, n = 7 patients) requiring patients of (E) CD3⁺, (F) CD4⁺, and (G) CD8⁺ T cells. Finally, we determined the number of (H) CD3⁺, (I) CD4⁺, and **(J)** CD8+ T cells in surviving (S, n = 5 patients) vs deceased (D, n = 19 patients) patients. In **(E)** to **(J)** means were calculated from all samples of the particular patient. These were used to determine the corresponding means, which are shown. *p < 0.05, **p < 0.01, ***p < 0.001.

Abbreviations: C, control; CD, cluster of differentiation; COVID-19, coronavirus disease 2019; D, deceased; E, extracorporeal membrane oxygenation; HD, healthy donors; ICU, intensive care unit; NV, non-ventilated; S, surviving; V, ventilated.

significantly enhanced compared to the hospital's central laboratory's threshold level [0.5 ng/mL] (C), which is shown as a dashed green line. IL-6 expression, with a hospital's central laboratory's threshold level of 7 pg/mL (C, green dashed line), was significantly enhanced over the 30 days ICU stay ([Supplementary Figure 7B](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)) which was also true for CRP [\(Supplementary Figure 7C\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). Its hospital's central laboratory threshold level is 0.5 mg/dl (C, dashed green line). Finally, the organ damage marker LDH was also increased in COVID-19 patients' sera compared to the hospital's central laboratory's threshold LDH level of 248 U/l ([Supplementary Figure 7D,](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx) C, green dashed line).

Focusing on the different ventilation strategies required by the COVID-19 patients, we observed highest serum PCT levels in ventilated (V) and ECMO (E) patients, whereas the PCT level was significantly lower in non-ventilated (NV) patients [\(Supplementary Figure 7E](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). Analysing these three ventilation settings for IL-6, the lowest IL-6 level was observed in non-ventilated (NV) patients, which is significantly lower than in ventilated (V) or ECMO patients [\(Supplementary Figure 7F](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). A similar increase was found for CRP in ventilated (V) and ECMO (E) patients compared to non-ventilated (NV) patients [\(Supplementary Figure 7G\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). In non-ventilated (NV) patients' sera LDH was significantly lower compared to ventilated (V) or ECMO (E) patients [\(Supplementary Figure 7H\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx).

These results are reflected when comparing survivors vs deceased patients. Here, the PCT levels in sera were significantly lower in the survivors [\(Supplementary Figure 7I](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). This difference was also found in IL-6, which was significantly higher in the patients who died, compared to those, who survived [\(Supplementary Figure 7J](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). However, there was no significant difference in the CRP [\(Supplementary Figure 7K\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx) and LDH ([Supplementary Figure 7L](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)) sera level in surviving (S) vs deceased (D) patients.

Based on previous data, showing an impact of regulatory T cells (T_{reg}) and T_h2 cells in immunosuppression,^{[36,](#page-20-11)[37](#page-20-12)} we went on to follow these two CD4⁺ T cell subpopulations. Thus, we stained for the T_h2 cell marker CRTH2^{38[,39](#page-20-14)} and the intracellular T_{reg} indicator FoxP3.⁴⁰ In line with our assumption, the number of CRTH2⁺CD4⁺ cells were decreased in COVID-19 patients [\(Figure 4A\)](#page-13-0). Interestingly, there was no difference in the count of $FoxP3+CDA^+$ T cells, comparing healthy donors with COVID-19 patients [\(Figure 4B](#page-13-0)). Focusing on the different ventilation strategies the patients required, we observed a significant decrease of CRTH2 T cells in non-ventilated (NV) patients [\(Figure 4C,](#page-13-0) white vs black column). Ventilated (V) and ECMO receiving patients did not significantly differ in their CRTH2⁺CD4⁺ T cell count compared to healthy donors (HD). However, non-ventilated (NV) patients showed a significant reduced number of CRTH2⁺CD4⁺ T cells compared to ECMO patients ([Figure 4C](#page-13-0), dark grey vs white column). Concerning FoxP3 expression, we found in healthy donors (HD) a significant higher number of FoxP3⁺CD4⁺ T cells compared to non-ventilated (NV) COVID-19 patients ([Figure 4D,](#page-13-0) black vs white column). Interestingly, the count of $FoxP3+CDA^+T$ cells was not different in ventilated (V) and ECMO patients compared to healthy donors (HD) [\(Figure 4D](#page-13-0), grey and dark grey vs black column), but was increased significantly compared to nonventilated (NV) patients ([Figure 4D](#page-13-0), grey and dark grey vs white column). Finally, we determined the number of CRTH2+ [\(Figure 4E](#page-13-0)) and $FoxP3+CDA^+T$ cells [\(Figure 4F](#page-13-0)) on surviving (S) vs non-surviving (D) patients compared to healthy donors. CRTH2⁺CD4⁺ T cells were significantly decreased in surviving (S) patients compared to healthy volunteers (HD) ([Figure 4E](#page-13-0) white vs black column) whereas the CRTH2⁺CD4⁺ T cell count in non-surviving patients was only slightly but not significantly reduced. Concerning the number of $FoxP3+CD4+T$ cells, there was a significant reduction in surviving (S) patients compared to healthy donors and deceased patients as well [\(Figure 4F,](#page-13-0) white vs black and dark grey column). To also include a relative representation of the cell count, we analysed the percentage of $CRTH2^+$ and $FoxP3^+$ cells of $CD4^+$ T cells in surviving (S) and deceased (D) patients compared to healthy donors (HD) [\(Supplementary Figure 8\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). The percentage of $CRTH2^+$ of $CD4^+$ T cells was increased in COVID-19 patients, independent of whether they died or survived [\(Supplementary](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx) [Figure 8A\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). There was no difference in the percentage of $CRTH2^+$ of $CD4^+$ T cells in female vs male patients [\(Supplementary](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx) [Figure 8B\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). Analysing the percentage of $FoxP3^+$ of $CD4^+$ T cells, we found a significant increase in patients who died, compared to healthy donors ([Supplementary Figure 8C\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). This was validated for the male part of the patients/donors showing a significant increase in the percentage of $FoxP3$ ⁺ cells only in male patients, who died, compared to healthy donors [\(Supplementary Figure 8D](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)).

Considering cell death as possible mechanism causing T cell depletion in COVID-19 patients, we analysed apoptotic and necrotic cells. Strikingly, cell death, ie the number of apoptotic and necrotic $CD3^+$ cells, was not altered in blood samples of COVID-19 patients compared to healthy volunteers ([Supplementary Figure 9\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx).

In some analogy to the sepsis patients, where PPARγ mRNA expression in T cells was associated with a low number of T cells and a worse outcome.¹⁹ we stained intracellularly for PPARγ protein in advance to our already published data analysing PPARγ

Figure 4 T_h2 cells and regulatory T cells (T_{reg}) in the blood of intensive care COVID-19 patients. The chemoattractant receptor-homologous molecule expressed on T_h2 cells (CRTH2) surface marker was stained **(A)** to determine T_h2 cell count in COVID-19 patients (C19, n = 24 patients) compared to healthy donors (HD, n = 12 donors). FoxP3 was intracellularly detected (B) as a T_{reg} marker comparing COVID-19 patients (C19, n = 24 patients) and healthy donors (HD, n = 12 donors). To show the effect of different ventilation regimes on the expression of CRTH2 and FoxP3, we compared the number of (C) CRTH2⁺ or (D) FoxP3⁺ with the count found in non-ventilated (white columns, NV, n = 5 patients), ventilated (light grey columns, V, n = 12 patients), and extracorporeal membrane oxygenation requiring patients (dark grey columns, ECMO, n = 7 patients). Finally, we checked the count of (E) CRTH2⁺ and (F) FoxP3⁺ T cells of COVID-19 patients, who survived (S, n = 5 patients) against deceased patients (D, n = 19 patients) compared to healthy donors (HD, n = 12 patients). Means calculated from all samples of the particular patients were used to determine the corresponding means, which are shown. All values are presented as cells/mL peripheral blood. $*_{p}$ < 0.05, $*_{p}$ < 0.01, $*_{p}$ < 0.001.

Abbreviations: C-19, COVID-19 patients; COVID-19, coronavirus disease 2019; CRTH2, chemokine receptor homologue expressed on T_h2 cells; D, deceased; ECMO, extracorporeal membrane oxygenation; FoxP3, forkhead box protein 3; HD, healthy donors; NV, non-ventilated; S, survived; T_h2, T helper cells type 2; T_{reg}, regulatory T cells; V, ventilated.

mRNA expression by $qPCR^{19}$ or protein expression by Western blotting.⁴¹ As depicted in [Figure 5A](#page-14-0), left part, we found an increased PPAR γ expression in CD4⁺ T cells of intensive care COVID-19 patients, which was blocked using the unlabelled PPARγ antibody as a specific competitor [\(Figure 5A,](#page-14-0) middle panel), whereas an unspecific antibody did not alter PPARγ antibody binding ([Figure 5A,](#page-14-0) right panel). Quantification [\(Figure 5B\)](#page-14-0) of FACS data revealed a statistically significant increase in PPARγ expression of roughly 1.6-fold [\(Figure 5B](#page-14-0), healthy donors mean fluorescence 520.3 ± 13.17 ; COVID-19 patients mean fluorescence 838.8 \pm 77.03; *p > 0.05). Based on these data, we were encouraged to determine the role of the PPARγ target gene CRTH2 in HEK293T cells.

Overexpression of the PPARγ Target Gene CRTH2 Sensitized Towards PPARγ Activation

Thus, we determined whether CRTH2 overexpression in HEK293T cells was associated with an increased PPARγ transactivation following treatment of cells with 15d-PGJ2, putatively connected to an increased rate of cell death. Having verified expression of CRTH2 in the transiently transfected HEK293T cells, these cells were transiently transfected with a PPARγ expression vector in combination with a reporter vector containing three PPREs followed by

Figure 5 PPARγ expression in CD4+ T cells derived from intensive care COVID-19 patients. **(A)** Leukocytes were isolated from blood by erythrocyte lysis. CD4+ T cells were stained with an AmCyan-labeled anti-CD4 antibody and intracellular PPARγ was detected following the protocol for FoxP3 staining using an AlexaFluor750-labeled-anti -PPARγ antibody (left panel; HD, healthy donor; C19, COVID-19 patient). As a control, the PPARγ antibody was included unlabeled 1:10 to the labeled antibody to show specific binding (middle panel; HD, healthy donor; C19, COVID-19 patient; s CP, specific competition). An unspecific antibody (anti-FoxP3-APC), used 1:10, was included as well (right panel: HD, healthy donor; C19, COVID-19 patient; us CP, unspecific competition). (**B**) Quantification of the relative PPARγ expression (mean fluorescence ± SE) of healthy donors (black bar) compared to intensive care COVID-19 patients (white bar). Unlabeled PPARγ antibody competition was included to show PPARγ-binding specificity (grey bar, $n = 5$). Samples of the patients were drawn on the first or second day during the ICU stay. *p < 0.05. **Abbreviations**: A, area; APC, allophycocyanin; APC-Cy7, APC-cyanine 7; C19, COVID-19 patient; CD, cluster of differentiation; COVID-19, corona disease 2019; FoxP3,

forkhead box protein 3; HD, healthy donor; PPARγ, peroxisome proliferator-activated receptor γ; s CP, specific competition; SE, standard error; us CP, unspecific competition.

a thymidine kinase promoter in front of a firefly luciferase gene. As shown in [Figure 6A,](#page-14-1) 15d-PGJ₂ concentrationdependently induced PPARγ transactivation in CRTH2-overexpressing HEK293T cells significantly more than in EGFP expressing control cells. 15d-PGJ₂-dependent PPARγ transactivation was prevented in CRTH2-overexpressing HEK293T cells by the pre-incubation of the cells for 30 min with the CRTH2 antagonist fevipiprant before 15d-PGJ₂ addition [\(Figure 6B\)](#page-14-1). In contrast, treatment with 10 µM rosiglitazone, a PPARγ agonist, provoked a similar PPARγ-dependent transactivation in CRTH2-overexpressing cells compared to EGFP-control cells [\(Figure 6B\)](#page-14-1). To verify a role of PPARγ, the transient transfection of a d/n PPAR γ mutant, not allowing ligand binding, significantly reduced 15d-PGJ₂ induced PPARγ transactivation [\(Supplementary Figure 10\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx) in CRTH2-overexpressing HEK293T cells.

Figure 6 CRTH2 overexpression enhanced 15-deoxy-∆12,14-prostaglandin J2 (15d-PGJ2)-dependent PPARγ activation in HEK293T cells. **(A)** CRTH2 expression vectors encoding for CRTH2 (grey column), CRTH2-EGFP (white column) or EGFP (black column) were transiently transfected into HEK293T cells in combination with a PPREcontaining PPARγ reporter plasmid and a renilla-firefly luciferase encoding control vector. Transfected cells were treated with 100 nM, 1 μM or 10 μM 15d-PG|2 or 10 μM rosiglitazone (PPARγ agonist). PPARγ-dependent transactivation was followed as relative luciferase units (RLU), which is the quotient from PPRE-driven firefly-luciferase activity by the CMV-induced renilla luciferase activity as transfection efficiency control, normalized to the untreated controls (= 1) (n = 6–11). **(B)** HEK293T cells transiently transfected with a CRTH2 expression vector and the PPARγ reporter system as described in (A), were treated with 1 µM 15d-PGJ₂ and 100 nM, 1 µM, or 10 µM of the CRTH2 inhibitor fevipripant or remained untreated as a control. PPARγ transactivation was determined as in (**A**) (n = 4–7). *p < 0.05, **p < 0.01, ***p < 0.001. **Abbreviations**: 15d-PGJ2, 15-deoxy-∆12,14-prostaglandin J2; CMV, cytomegalovirus; CRTH2, chemokine receptor homologue expressed on Th2 cells; EGFP, enhanced green fluorescent protein; PPARγ, peroxisome proliferator activate receptor γ; PPRE, peroxisome proliferator responsive element; RLU, relative luciferase units.

Overexpression of CRTH2 Did Not Sensitize Towards 15d-PGJ₂-Dependent Apoptosis

Considering PPARγ expression as a pro-apoptotic marker as observed in T cells derived from sepsis patients,^{13[,19](#page-19-17)} we determined whether sensitizing cells to PPARγ-dependent transactivation by CRTH2 overexpression is also associated with apoptosis in Jurkat T cells. Using Jurkat T cells, which have been stably transduced with a CRTH2 encoding vector or a CRTH2-EGFP vector, or wild type Jurkat T cells ([Supplementary Figure 11](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)), there was no difference in cell death, following 15d-PGJ2 treatment. 100 nM and 1 µM 15d-PGJ2 neither increased cell death in CRTH2 overexpressing Jurkat cells nor in Jurkat control cells. In contrast, $10 \mu M$ 15-d-PGJ₂ significantly induced apoptosis in all three Jurkat clones independently from CRTH2 overexpression [\(Supplementary Figure 12A](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx)). A quantification is presented in [Supplementary Figure 12B](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx).

T_h 2-Differentiation is Associated with CRTH2 Expression

To verify cell culture data from Jurkat T cells in primary T cells, we isolated $CD4⁺$ T cells from blood derived from healthy donors. Intracellular staining of marker cytokines of T_h1 (IFN- γ) and T_h2 (IL-4) cells revealed that the number of IL-4-positive cells before T_h 2 differentiation was roughly 43.2 ± 10.6 cells, whereas IFN- γ -positive cells were approximately 1.8 ± 1.3 cells [\(Figure 7A](#page-15-0)), which means 24-fold more IL-4-positive cells compared to IFN- γ -positive-cells. After 13 days T_h2 differentiation, the count of IL-4-positive cells was increased to 5692 \pm 4374. The number of IFN-γ-positive T cells also increased to untreated cells (93.8 ± 60.2) [\(Figure 7B](#page-15-0)). The ratio of IL-4-positive to IFN-γ-positive CD4 T cells increased to 60-fold more IL-4-positive cells. Undifferentiated and differentiated T_b2 cells were stimulated for

Figure 7 Differentiation of blood derived primary CD4⁺ T cells to T_h2 cells. CD4⁺ T cells were enriched from blood of healthy donors by positive isolation using the MACS based technology. CD4⁺ T cells were differentiated for 13 days as described in Materials and Methods. To determine the effect of T_h2 differentiation on blood derived CD4+ cells, CD4+ cells were analysed for intracellular expression of the Th2 marker IL-4 and the Th1 marker IFN-γ before **(A)** (n = 5) and after **(B)** (n = 6) differentiation, with (grey columns) or without (black columns) an additional mitogenic activation for 6 h. The same treatment was performed to analyze **(C)** CRTH2 expression before (n = 5) and following T_h2 differentiation (n = 6). (D) Co-expression of CRTH2, IL-4, and/or IFN-γ was determined only after T_h2 differentiation (n $= 6$). * p < 0.05, **p < 0.01, ***p < 0.001.

Abbreviations: CD, cluster of differentiation; CRTH2, chemokine receptor homologue expressed on Th2 cells; IFN-γ, interferon-γ; IL-4, interleukin-4; MACS, magnetic cell separation; T_h 1, T helper cells type 1; T_h 2, T helper cells type 2.

6 h with a cell activation cocktail, containing phorbol 12-myristate 13-acetate (PMA), and ionomycin to activate the T cells. The activation cocktail already contained monensin to prevent cytokine release from the cells. Considering different requirements of cytokines to be effectively retained in the cell,^{[33](#page-20-8)} we added BD GolgiPlugTM, containing brefeldin A as well. This treatment led to 1194 \pm 347.2 IFN-y-positive CD4⁺ T cells before T_h2 differentiation, which was increased to 6553 \pm 3481 after T_h2 differentiation. To the contrary, this mitogenic stimulation reduced the count of IL-4-positive CD4⁺ T cells to 15 ± 8.1 in undifferentiated CD4⁺ T cells ([Figure 7A](#page-15-0)) and to 2085 ± 658.7 IL-4-positive $CD4^+$ T cells following 13 days T_h2 differentiation ([Figure 7B\)](#page-15-0). Interestingly, we found also $CD4^+$ T cells positive for IL-4 and IFN- γ in parallel. Although CRTH2 has been established as an T_h2 marker receptor,³⁹ we were interested to determine co-expression of IL-4 and CRTH2 as well as IFN- γ in CD4⁺ T cells. Thus, we found that the number of CRTH2-positive CD4⁺ T cells is also increased following T_h2 differentiation (24 \pm 10.84 vs 3484 \pm 2404, [Figure 7C,](#page-15-0) black columns) similarly to the rise of IL-4 expressing cells compared to undifferentiated cells. Interestingly, the number of CRTH2⁺ T cells was enhanced in response to T cell activation before and following T_h2 differentiation (193 \pm 196 vs 12391 ± 8062 , [Figure 7C,](#page-15-0) grey columns). Analysing whether CRTH2-positive CD4⁺ T cells co-express IL-4 and/or IFNγ, we found that following T_h 2 differentiation 1153 ± 750.9 CRTH2⁺CD4⁺ T cells co-express IL-4 [\(Figure 7D](#page-15-0), first black column), whereas only 16 ± 12.1 CRTH2⁺CD4⁺ expressing cells co-express IFN- γ [\(Figure 7D](#page-15-0), second black column). T cell activation provoked a reversal of this induction. The count of CRTH2⁺CD4⁺ T cells co-expressing IL-4 was slightly reduced to 933.5 \pm 718.7 ([Figure 7D,](#page-15-0) first grey column), and the number of IFN- γ -positive cells was significantly increased to 1101 ± 672.2 [\(Figure 7D](#page-15-0), second grey column). The number of CRTH2⁺CD4⁺ cells co-expressing IL-4 and IFN- γ as well was not significantly altered (12.2 \pm 13.5 vs 66.3 \pm 20.3) [\(Figure 7D](#page-15-0), third grey and black columns).

To get a first hint for a role of PPAR_Y in T_h2 differentiation of primary T cells, we treated cells with the PPAR_Y antagonist GW9662 during the T_h2 differentiation regime as shown in [Supplementary Figure 13](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx). 10 μ M GW9662 added in parallel to the T_h 2 differentiation cocktail did not change the number of IL-4 expressing CD4⁺ cells [\(Supplementary Figure 13A\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx), whereas the count of CTRH2 expressing $CD4^+$ T cells was significantly reduced [\(Supplementary Figure 13B\)](https://www.dovepress.com/get_supplementary_file.php?f=463601.docx).

Pro-Apoptotic Role of CRTH2 Expression in Primary T_h 2 Cells

Based on our results, we hypothesized that CRTH2 may sensitize primary CD4⁺ T cells towards apoptosis. To test this assumption, we determined cell death in $CD4^+$ T cells directly following T_b2 differentiation [\(Figure 8](#page-17-0)). Whereas all $CD4^+$ T cells showed a viability of roughly 80% [\(Figure 8A\)](#page-17-0), dividing these cells into CRTH2⁺ and CRTH2[−] interestingly demonstrated that CRTH2⁺ cells were prone to cell death, only remaining 20% of cells viable [\(Figure 8B](#page-17-0)), whereas in CRTH2− T cells, cell death was not increased [\(Figure 8C](#page-17-0)). The quantification of these data [\(Figure 8D\)](#page-17-0) further supported the assumption that primary $CRTH2+CDA^+$ T cells are sensitized towards cell death.

Further studies will prove whether PPARγ is involved in cell death of CRTH2⁺ CD4⁺ T cells in COVID-19 patients.

Discussion

Up to now (status 10th March 2023, coronavirus.jhu.edu/map.html) COVID-19 has provoked worldwide roughly 676.6 million positive infections, with a mortality of 6.88 million. For therapeutic approaches in patients diseased with COVID-19, it is important to understand the key pathophysiological principles leading to this infectious disease. This is also true for biomarkers, which allow the classification of pro- vs anti-inflammatory or hyper- vs hypo-inflammatory responses, implying the state of the disease,^{[42](#page-20-17),[43](#page-20-18)} including starting points for personalized medicine approaches.⁴⁴ In COVID-19 patients, T cell exhaustion^{[45](#page-20-20)} and inhibition of T cells responses during the acute phase have already been described.⁴⁶ We focused our interest on the nuclear receptor PPARγ. This ligand-dependent transcription factor is known to be expressed in activated but not resting T cells.^{13[,14](#page-19-12),16} Its activation is associated with T cell death.^{8[,13](#page-19-11),19} This is in line with our previous reports, where we observed PPARγ-mRNA expression in T cells derived from sepsis patients^{[16](#page-19-14),[19](#page-19-17)} and correlated a low blood T cell count with high PPARγ expression and a worse outcome.¹⁹ To determine, whether the number of T cells also is reduced in intensive care COVID-19 patients, we stained T cells derived from patients´ blood for the expression of surface markers CD3, CD4, and CD8 and additionally for CRTH2, a surface marker of T_h 2 cells, identified as a putative PPAR γ target gene in this study. Moreover, we analysed intracellular expression of the T_{reg} marker transcription factor FoxP3 and PPARγ with its specific consideration of a key regulator in apoptosis of activated T cells during sepsis.¹⁶ In line with our assumption, originating from the sepsis

Figure 8 CRTH2⁺ primary CD4⁺ T cells are associated with cell death. Following T_h2 differentiation, cell death was analyzed in (**A**) CD4⁺ T cells, (**B**) CRTH2⁺ T cells, and (**C**) CRTH2⁻ T cells. Apoptosis was detected by annexin-V staining and necrosis was followed by 7-aminoactinomycin D (7-AAD). Quantification of these data is shown in (**D**) (n = 4). **p < 0.01. Abbreviations: 7-AAD, 7-aminoactinomycin D; CD, cluster of differentiation; CRTH2, chemokine receptor homologue expressed on T_h2 cells; T_h2, T helper cells type 2.

patients, we observed a reduced T cell count in intensive care COVID-19 patients. In the acute phase of a COVID-19 infection, the number of $CD3^+$, $CD4^+$, and $CD8^+$ T cells in the blood of intensive care patients was reduced, which is similar to sepsis.⁴² Considering the newly identified PPAR_Y target gene CRTH2 in T cells, we observed a shift from T_h1 to T_h2 cells in COVID-19 patients. This phenotype shift compromised most likely also the anti-viral immune response. Interestingly, a shift of the proinflammatory T_h1 response, characterized by the release of IFN- γ , to an anti-inflammatory, resolution promoting T_h2 phenotype associated with IL-4 synthesis, also reduces the immune response and thus, contributes to an inadequate immune defence.^{[47](#page-20-22),[48](#page-20-23)}

Our results are supported by the data of Gil-Etayo et al^{49,50} showing that a favored T_h1 response in COVID-19 patients is an independent protective factor for the prevention of hospitalization, consequently often associated with an asympto-matic SARS-COV-2 infection.^{[50](#page-20-25)} In line with this, the authors observed a significant reduction of %T_h1 and %T_h17 cells with higher activated $\%T_h$ 2 cells in hospitalized COVID-19 patients compared to healthy controls.⁴⁹ Moreover, the percentage of senescent T_b2 cells was higher in severe COVID-19 patients who died compared to those who survived.⁴⁹

Recently, in the literature, a dual role of CRTH2 in acute lung injury (ALI) has been suggested.⁵¹ Expressed only on neutrophils, which have been extravasated to the lung, the pharmacological CRTH2 inhibition with fevipiprant reduced reactive oxygen formation by neutrophils in vitro. In line with this, CRTH2 activation by its specific agonist 13.14- dihydro-15-keto-PGD₂ (DK-PGD₂) provoked an inflammatory response.^{[51](#page-20-26)} On the other hand, CRTH2-deficient mice showed a worsening of lung injury in an LPS model of ALI. These data indicate that CRTH2 is involved in neutrophil activation and in mediating a more resolving type 2 immune response.

Considering the impact of T_h2 cells in the resolution of inflammation, an increase of T_h1 to T_h2 cells might contribute to COVID-19 severity including disease chronification. These data are supported by the study of Roncati et al, showing that on blood smears of intensive care patients, T_h 2 cell markers were increased.^{[37](#page-20-12)} Additionally, the count of FoxP3positive regulatory T cells (T_{reg}) increased.^{[36](#page-20-11)} Based on this T cell depletion and bias of T cell phenotypes, the anti-viral

immunity was significantly reduced. This shift might be caused by oxidative stress, originating from the immune response or following the release of damage-associated molecular pattern $(DAMP)^{52}$ such as reactive carbonyls⁵³ or HMGB1 as shown in our previous data.⁵⁴ Diagnostic findings from COVD-19 patients point to the importance of T_h1 and cytotoxic T cells in mediating the anti-viral response.^{[37](#page-20-12)} Correspondingly, a T cell phenotype shift to T_b2 , impairs an adequate fight against the infection.⁵⁵ However, a T_h1 to T_h2 phenotype shift has also been described by the activation of the ligand-dependent transcription factor PPAR_Y without analysing its target genes.^{56,[57](#page-20-32)}

Recent data have identified a different role of PPAR γ in B cells.⁵⁸ There, independently from its role as a transcription factor, PPARγ has been identified to mediate the degradation of phosphorylated STAT6 as an E3-ubiquitin ligase, inhibiting IgE synthesis during asthma.[58](#page-20-33) These data provide a new function of PPARγ, which has not been analysed in T cells.

Interestingly, the endogenous PPARγ ligand 15-d-PGJ₂, which belongs to the cyclopentone prostaglandins, has also been shown to have anti-viral activity against RNA viruses.^{[59](#page-21-0)[,60](#page-21-1)} In some analogy, it has been proposed that a CRTH2 antagonist in combination with a TXA₂ antagonist might be associated with a boost of IFN- λ in the upper respiratory tract. This consequently is associated with a limited SARS-CoV-2 replication and transmission.⁶¹⁻⁶³ Moreover, in a lethal influenza mouse model, treatment of the animals with 15d-PGJ₂ improved survival and reduced lung inflammation.⁶⁴ These contrary results to our COVID-19 data significantly show the importance of the time point of 15d-PGJ₂ treatment/synthesis. This is further fostered by the observation, that in the mouse model treatment with $15d$ -PGJ₂ was only effective when given 1 day following the infection whereas it was ineffective when given in parallel with the infection. This time dependency is also valid, when antagonizing PPARγ in a polymicrobial murine cecal-ligation and puncture model to improve survival.⁸ Considering this time-based outcome, the use of appropriate PPARγ modulators, leading to its activation or inhibition, first require the expression of PPARγ in the target cell(s) and second, the knowledge of the need, whether an anti-inflammatory or an antiapoptotic effect is required.

Conclusion

In conclusion, the data of our pilot study in intensive care COVID-19 patients, suggests that PPARγ is involved in T cell apoptosis and T_h 2 differentiation of T cells. Our results, that CRTH2 expression sensitizes T cells to cell death, putatively by enhancing PPARγ activation, are supported by data obtained from COVID-19 patients, showing an enhanced release of PGD₂ and its derivative 15-dPGJ₂.^{[65–67](#page-21-4)} This is also found in murine COVID-19 models, where synthesis of PGD₂ and expression of its receptor CRTH2 were age-dependently increased.⁶⁸

Therefore, this should be considered as basic concept for further study as a possible therapeutic concept. It is obvious to continue the analyses of mechanisms, which are important to change the phenotype of T cells to T_n2 or T_{res} cells or to kill T cells, and consequently all dampen the immune response.

Data Sharing Statement

Data are available on request from the corresponding author.

Ethical Approval

The study was performed in accordance with the Declaration of Helsinki. Approval from the local ethics committee was obtained before the study was conducted (reference #20-643, #20-982) and a waiver regarding the requirement of written informed consent from COVID-19 patients was authorized. All participants of the control group provided written informed consent.

Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

Disclosure

The Department of Anesthesiology, Intensive Care Medicine & Pain Therapy of the University Hospital Frankfurt, Goethe University received support from B. Braun Melsungen, CSL Behring, Fresenius Kabi, and Vifor Pharma for the implementation of Frankfurt's Patient Blood Management program. K.Z. has received honoraria for participation in advisory board meetings for Haemonetics and Vifor and received speaker fees from CSL Behring, Masimo, Pharmacosmos, Boston Scientific, Salus, iSEP, Edwards and GE Healthcare. He is the Principal Investigator of the EU-Horizon 2020 project ENVISION (Intelligent plug-and-play digital tool for real-time surveillance of COVID-19 patients and smart decision-making in Intensive Care Units) and Horizon Europe 2021 project COVend (Biomarker and AI-supported FX06 therapy to prevent progression from mild and moderate to severe stages of COVID-19). M.J.P is currently an employee of EpiEndo Pharmaceuticals ehf. Iceland, personal fees from Phialogics AG, outside the submitted work; In addition, M.J.P. has a patent WO2016/012312 A1 issued. H.N. reports personal fees from Biotest AG, personal fees from Pfizer, outside the submitted. K.S. reports being the Co-founder of Noscendo GmbH, outside the submitted work; In addition, K.S. has a patent US10910088B2 issued. The authors report no other conflicts of interest in this work.

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