Apical periodontitis-induced mechanical allodynia: A mouse model to study infection-induced chronic pain conditions

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Abstract

Infection-induced chronic pain is an under-studied pain condition. One example is apical periodontitis, which evokes considerable mechanical allodynia that persists after treatment in 7% to 12% of patients. Available analgesics often provide incomplete relief. However, a preclinical model to study pain mechanisms associated with apical periodontitis is not available. Here, we report a mouse model of apical periodontitis to facilitate studies determining mechanisms mediating persistent infection-induced pain. Mice were anesthetized and the left first molar was exposed to the oral environment for six weeks. Bone resorption, as an indicator of apical periodontitis, was quantified using microcomputed tomography. Mechanical allodynia was determined using extraoral von-Frey filaments in both male and female mice. The expression of *c-fos* in the medullary dorsal horn was assessed using immunohistochemistry. Mice with apical periodontitis developed significant mechanical allodynia by day 7 that was maintained for 42 days. Mechanical thresholds were significantly lower in females compared to males. Administration of ibuprofen, morphine, or MK-801 reversed mechanical allodynia. Finally, apical periodontitis triggered an upregulation of *c-fos* in the medullary dorsal horn. Collectively, this model simulates signs of clinical pain experienced by patients with apical periodontitis, detects sex differences in allodynia, and permits the study of peripheral and central trigeminal pain mechanisms.

Keywords

Apical periodontitis, pain model, central sensitization, orofacial pain, dental pain, mechanical allodynia

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Introduction

Chronic pain from a microbial etiology is a common, but understudied clinical condition that is distinct in its pathophysiology, as it is comprised of both neuropathic and inflammatory pain mechanisms.¹ Apical periodontitis is typically caused by microbial infection of the dental pulp.^{2–4} Radiographically, it is characterized by bone resorption around the inflamed/infected tooth and clinically by exquisite mechanical allonia. Approximately 60%–85% of patients with apical periodontitis report mechanical allodynia at the inflamed tooth, and 90% of these patients experience referred pain at a distant intra- or extraoral site.⁵ It is important to note that apical periodontitis differs from periodontal disease with the latter being asymptomatic despite having a microbial etiology as well.⁶ The Global Burden of Disease study reported that tooth pain was ranked fifth out of 64 conditions of acute sequelae around the world, having occurred in more than 200 million cases in 2013.⁷ A National Practice-Based Research Network study suggests that the duration of pretreatment pain significantly increases the risk of developing chronic pain by 19%.⁸ Moreover, about 25% of patients with unrelenting postoperative dental pain appear to develop

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Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (https://creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access pages (https://us.sagepub.com/enus/nam/open-access-at-sage). "neuropathic-like" pain⁹ of which infection-induced nerve injury is a plausible cause. Pain due to apical periodontitis is therefore a highly prevalent type of infection-induced pain that relies heavily on the physical elimination of a bacterial etiology by way of root canal treatment procedures. However, despite the elimination of etiology, persistent endodontic pain that lasts greater than six months ensues in 7%-12% of patients.^{8,10,11} Interestingly, antimicrobial drugs provide little-to-no relief¹²⁻¹⁶ in patients with post-endodontic pain suggestive of neuronal activation in a condition that is primed by a bacterial etiology but that persists due to nociceptive changes that are unaffected by microbial targeting. This is a significant public health problem as nearly 15 million root canal procedures are performed yearly and the chronic use of currently available pharmacotherapies have known serious adverse effects (www. cdc.gov/opioids/index.html).¹⁷ Therefore, a preclinical model of infection-induced odontogenic pain may offer utility in understanding the mechanisms of nociceptive changes observed in patients with chronic odontogenic pain. Importantly, similar to other chronic pain conditions, sex-related differences have been reported in these patients.¹⁸ The aim of this study was therefore to develop a model of persistent odontogenic pain that (1) models the symptoms of odontogenic pain patients, (2) mimics observed sex-related differences in odontogenic pain, and (3) provides insight into mechanisms mediating infection-induced chronic pain conditions.

Methods

Animals

The animal protocol was approved by the University of Texas Health Science Center at San Antonio Institutional Animal Care and Use Committee and conforms to International Association for the Study of Pain guidelines. Six- to eight-week-old adult inbred Balb/c male and female mice (Charles River, Wilmington, MA) were used in the experiments. Animals were housed for at least five days prior to the start of any experiments.

Drugs

Ibuprofen was purchased from Sigma-Aldrich (St. Louis, MO). The drug was diluted in 100% DMSO and administered at a 200 mg/kg dose^{19,20} in 2.5% Tween made in saline. Morphine was purchased from Henry Schein (Melville, NY) and (5S,10R)-(+)-5-Methyl-10,11-dihydro-5H-dibenzo [a, d]cyclohepten-5, 10-imine hydrogen maleate (MK-801) was purchased from Tocris (Minneapolis, MN). Both drugs were dissolved in saline. Morphine was administered at a 30 mg/kg dose^{21–24} and MK-801 was injected at a 0.3 mg/kg dose.^{25,26} All drugs were administered intraperitoneally at a 200 µl volume.

In vivo mouse model of apical periodontitis

This in vivo model is based on previously published studies.²⁷⁻³⁰ All animals were anesthetized by intraperitoneal (i.p.) injection of ketamine (75 mg/kg)/dexmedetomidine (1 mg/kg). Animals in the apical periodontitis group were then placed on a custom jaw retraction apparatus, and pulpal exposure of the maxillary left first molar was performed using a sterile size #1/4 surgical length round bur rotated by a low-speed handpiece to the depth of the diameter of the bur with the aid of a surgical microscope (Zeiss, Ontario, CA). Pulp exposure was verified by inserting an #8K-file (DENTSPLY Maillefer, Ballaigues, Switzerland) into pulp canals (Figure 1(a)). Animals in the control group were anesthetized and placed on the jaw retraction apparatus but did not undergo pulp exposures. Anesthesia was reversed by intraperitoneal injection of AntisedanTM (Zoetis, Florham Park, NJ) (1 mg/kg). Teeth were left open to the oral environment for up to six weeks (42 days). The body weight of animals in both groups was measured weekly after pulp exposure.



Figure 1. Images demonstrating pulp exposures and site of mechanical allodynia. (a) Representative image demonstrating pulp exposure of mouse maxillary left first molar tooth. (b) Schematic representing area of von Frey testing for mechanical allodynia.

In vivo mouse model of apical periodontitis-induced mechanical allodynia

All behavior tests were done by observers blinded to treatment allocation. Withdrawal thresholds to mechanical forces were determined with von Frey filaments as previously described.^{31,32} Briefly, mice were lightly restrained by their tail and allowed to stand on a mesh platform. This habituation took no more than 2-3 min. von Frey filaments were then applied to their left vibrissal pad border and cheek (Figure 1(b)) to collect baseline mechanical thresholds. Following pulp exposures, all animals were tested for development of mechanical allodynia once a week for six weeks (days 1, 7, 14, 21, 28, 35, and 42). For all behavioral testing, animals were subjected to a sequential series of calibrated von Frey filaments (bending forces of 0.008–6 g). Head withdrawal, face swipe, and grimace were considered as a positive response. Each force was applied six times at intervals of 3-5 s. In addition to mechanical allodynia, we also observed animals for spontaneous nociceptive behaviors (i.e., grooming and scratching after pulp exposures or application of von Frey filaments).

For experiments evaluating ibuprofen, morphine, and MK-801 analgesia, drugs and their respective vehicles were injected i.p. 60 min prior to behavioral testing on day 21.

Microcomputed tomography

Maxillae were harvested and placed in phosphate buffer (PB) and transferred to air-filled vials to be scanned in a microcomputed tomography (μ CT) system (Bruker Skyscan1172, Kontich, Belgium) with the following settings: 60 kV, 167 uA, 0.5 mm aluminum filter, 0.7° rotation step, four frames averaging 2000×1336 chargecoupled device (CCD), 680 msec exposure, and 10 µm voxel size. Left- and right-sided maxillae were oriented orthogonally with respect to the buccal/lingual view. Regions of interest (ROIs) were hand contoured to include all areas of the M1 tooth socket. ROIs started on the buccal side when the root space is encapsulated by bone and continued to the lingual side where the root space is encapsulated by bone. The total hand contoured volume of interest (VOI) was determined to be the total volume (TV). By subtracting the bone volume (BV) from the TV, the void volume (VV) was calculated. In order to maximize the lesion void volume, the ROI includes both bone and molar. Percent VV was calculated by dividing VV by TV (VV/TV).

Immunohistochemistry

At day 21, mice were deeply anesthetized with an intraperitoneal injection of ketamine (75 mg/kg)/dexmedtomidine (1 mg/kg) and transcardially perfused with 100 ml of 0.9% saline followed by 200 ml of fixative consisting of 4% paraformaldehyde in 0.1 M PB. The medullary dorsal horn and trigeminal ganglia (TG) were removed, postfixed for 20 min, rinsed in PB, and placed in cold 0.1 M PB with 30% sucrose overnight. Tissues were embedded in Neg-50 (Richard Allan, Kalamazoo, MI) and sectioned in the horizontal plane at 30 µm with a cryostat. Sections were placed onto Superfrost PlusTM slides (Fisher Scientific, Waltham, MA), dried, and stored at 20°C until stained. Immunostaining was performed as described previously.³³ Briefly, tissue sections were permeabilized and blocked for nonspecific protein binding with blocking solution consisting of 4% normal goat serum (Sigma-Aldrich), 2% bovine gamma-globulin (Sigma-Aldrich), and 0.3% Triton X-100 (Fisher Scientific) in phosphatebuffered saline (PBS) for 90 min prior to incubation with primary antibodies in blocking solution for 16 h. Table 1 lists the antibodies, dilutions, and sources used in this study. Sections were rinsed with PBS, incubated in secondary antibody in blocking solution for 90 min, rinsed in PBS and H₂O, dried, and coverslipped with VectashieldTM. Secondary antibodies were purchased from Molecular Probes, Eugene, OR. All immunostaining procedures were performed at room temperature. Sections were evaluated and images obtained with a Nikon Eclipse 90i microscope equipped with a C1si laser scanning confocal imaging system. Images were acquired in z-stack at $20 \times$ and $40 \times$ objective and identical laser gain settings. Images were taken using fixed acquisition parameters across all groups and were unaltered from that initially taken.

Data analysis

The μ CT experiments were conducted with n = 3 maxillae/group and data were analyzed using two-way analysis of variance (ANOVA) with Sidak's multiple

 Table I. Antibody List for Immunohistochmistry.

Primary antibody	Dilution	Company	Secondary antibody
c-fos (sc-8047) CGRP (C8198)	1:50 1:300	Santa Cruz Biotechnology, Inc. (Dallas, TX) Sigma-Aldrich (St. Louis, MO)	Goat anti-mouse 1:200 Alexa 568 Goat anti-rabbit 1:200 Alexa 488
NeuN	1:300	Abcam (Cambridge, UK)	Goat anti-rabbit Alexa 488

CGRP: calcitonin gene-related peptide.

comparison test. All data were analyzed using GraphPad (San Diego, CA) Prism software version 7.0. All behavior experiments were conducted with n = 6-10 animals/group, and the resulting stimulus-response curve was plotted and analyzed via nonlinear regression analysis. EF₅₀ values (50% response rate) were calculated and plotted (mean ± standard error of the mean). Data were analyzed using two-way ANOVA with Sidak's multiple comparison test.

Results

The μ CT analyses were conducted to verify the induction of apical periodontitis as measured by periradicular bone loss. The results demonstrate large regions of bone destruction around the apices of the maxillary left first molars as observed in the coronal and axial views (Figure 2(a) and (b)). Quantification of void volume demonstrated a significantly larger void volume on the exposed molar (left side) compared to the untreated (right side) in the apical periodontitis group (p < 0.0001), with no left–right differences observed in the control group (Figure 2(c)). Both groups exhibited similar increases in body weights during the experiment (data not shown).

For assessment of mechanical allodynia, baseline mechanical thresholds were collected prior to pulp exposure (Figure 3(b)). Thereafter, mechanical allodynia was measured by applying von Frey filaments with increasing forces to the left vibrissal pad and cheek in both the control (Figure 3(c)) and apical periodontitis groups. Male mice with apical periodontitis displayed significant mechanical allodynia by day 7 that was maintained for at least 42 days (Figure 3(a)). A cyclical pattern was observed with lowest values seen at days 7, 21, and 35. However, these were not different statistically. By day 21, the EF50 values for the apical periodontitis group was reduced by \sim 40% as compared to the control group (Figure 3(a); apical periodontitis: 0.18 g ± 0.048 vs. control 0.47 ± 0.021 g; p < 0.005). Mechanical thresholds on the contralateral side at day 21 exhibited no difference between the control and apical periodontitis groups (data not shown).

We performed similar experiments as above using female mice. Our data demonstrate a similar overall pattern compared to male animals, with mechanical allodynia present at day 7 and continuing to at least day 42 (Figure 4(a)). Once again, a cyclical pattern was observed from day 21 through 42. However, values were not different statistically. Female mice with apical periodontitis demonstrated significant mechanical allodynia with an approximate 34% reduction in mechanical thresholds in the apical periodontitis group as compared to the control group (Figure 4(a); apical periodontitis: 0.10 ± 0.035 g vs. control: 0.29 ± 0.036 g).

While the overall temporal patterns were similar, sex differences in the actual mechanical threshold values were observed (Figure 5). Female mice displayed significantly lower baselines thresholds (Figure 5; males: 0.47 g vs. females: 0.29 g) compared to males. This finding was also observed at day 21 between the two apical periodontitis groups (Figure 5; males: 0.18 g vs. females: 0.10 g).

Upon establishing that the induction of apical periodontitis produces extraoral mechanical allodynia in mice, we conducted interventional experiments to evaluate the effect of various known analgesics on providing analgesia. Nonsteroidal anti-inflammatory drugs (NSAIDs) are first line in the pharmacological management of pain from apical periodontitis. The results demonstrate that ibuprofen 200 mg/kg significantly (p < 0.05) reversed mechanical allodynia



Figure 2. Effect of pulp exposures on induction of apical periodontitis using μ CT analysis. (a) Representative left (L) and right (R) coronal scans of control animals (upper panel) and apical periodontitis animals (lower panel; arrow). (b) Representative left (L) and right (R) axial scans of control animals (left side) and apical periodontitis animals (right side; arrow). (c) Quantification of % void volume between left and right side of control and apical periodontitis animals. Statistical analysis was performed using two-way ANOVA with Sidak's multiple comparison test (N = 3 maxillae/group; error bars = standard error of the mean; *****p < 0.001 compared to right side). Note: Data generated using male mice.



Figure 3. Effect of pulp exposures on development of mechanical allodynia in male mice. (a) EF_{50} values comparing control and apical periodontitis animals on days 1, 7, 14, 21, 28, 35, and 42 after pulp exposures to the left maxillary left first molar (*BL = Baseline). (b–d) Stimulus-response curves comparing control (c) and apical periodontitis (d) animals on days 1, 7, 14, 21, 28, 35, and 42 after pulp exposures to the left maxillary left first molar. Statistical analysis was performed using two-way ANOVA with Sidak's multiple comparison test (N = 10 animals/group; error bars = standard error of the mean; ****p < 0.001 compared to control group at all time points).

compared to vehicle control (Figure 6(a)). Similarly, morphine administration reversed the mechanical allodynia (Figure 6(b); p < 0.05) without demonstration of any motor deficits. Patients often report pain from apical periodontitis that is referred to extraoral sites, likely due to central sensitization.⁵ To evaluate if this model of persistent allodynia due to apical periodontitis produces central sensitization, we administered MK-801, a noncompetitive antagonist of the N-Methyl-D-aspartate (NMDA) receptor. The injection of MK-801 significantly reversed mechanical allodynia in mice with apical periodontitis (Figure 6(c); p < 0.01). Importantly, these three drugs all reversed mechanical allodynia in mice with apical periodontitis, but not in the control animals.

Upregulation of *c*-*fos* is one of the several factors that are often associated with central sensitization³⁴ and provides an anatomical marker of neuronal activation. Here, we evaluated the expression of *c*-*fos* in the medullary dorsal horn at day 21. The results demonstrate a robust *c*-*fos* labeling in animals with apical periodontitis, while minimal-to-no labeling was observed in control animals (Figure 7(b)). Moreover, this expression of *c*-*fos* was restricted to regions of lamina I and II of the medullary dorsal horn. Furthermore, co-localization studies with NeuN demonstrate that *c*-*fos* was upregulated in cell bodies of neurons only in animals with apical periodontitis (Figure 7(b)). We also evaluated the expression of *c-fos* in the TG and observed no expression of this marker with calcitonin gene-related peptide (CGRP)-positive neurons (Figure 7(a)).

Discussion

The pathogenesis of apical periodontitis has been extensively studied including regulation of the peripheral nociceptor. Owing to a polymicrobial etiology, toll-like receptor-(TLR)^{35,36} and non-TLR³⁷⁻³⁹ mechanisms have been proposed. The role of bacterial endotoxins such as lipoteichoic acid (LTA) and lipopolysaccharide (LPS) has been long known to activate and sensitize trigeminal sensory neurons.^{35,36} Other non-TLR mechanisms suggest that bacterium-induced pain is not dependent on tissue edema or immune cell activation but on the concentration of the bacterial load.³⁷⁻³⁹ Additionally, phenotypic changes such as nerve sprouting have been demonstrated.^{40,41} However, infection-induced signaling leading to central sensitization and persistent pain has not been evaluated. This is primarily due to lack of an appropriate preclinical model that closely mimics the



Figure 4. Effect of pulp exposures on development of mechanical allodynia in female mice. (a) EF_{50} values comparing control and apical periodontitis animals on days 1, 7, 14, 21, 28, 35, and 42 after pulp exposures to the left maxillary left first molar (*BL = Baseline). (b–d) Stimulus-response curves comparing control (c) and apical periodontitis (d) animals on days 1, 7, 14, 21, 28, 35, and 42 after pulp exposures to the left maxillary left first molar. Statistical analysis was performed using two-way ANOVA with Sidak's multiple comparison test (N = 6 animals/group; error bars = standard error of the mean; ***** p < 0.001 compared to control group at all time points).



Figure 5. Comparison of mechanical allodynia between male and female mice. Mean EF₅₀ values between male and female mice at BL and day 21 post-pulp exposure. Statistical analysis was performed using two-way ANOVA with Sidak's multiple comparison test (N = 6–10 animals/group; error bars = standard error of the mean; *****p < 0.001 within group, **p < 0.01 compared to control group at all time points).

initiation, progression, and maintenance of persistent endodontic pain.

The present study aims at developing a diseasespecific persistent pain model to study mechanisms of bacteria-induced chronic pain conditions. Here, we adapted a well-established and validated method for the induction of apical periodontitis²⁷⁻²⁹ by creating standardized pulp exposures in the maxillary left first molar of mice that were exposed to the oral microbiome for six weeks. The results from µCT studies demonstrated significant bone loss in the periapical region of the maxillary left first molar tooth at the end of six weeks and corroborates previous findings.²⁹ Moreover, mice that underwent molar surgeries demonstrated significant mechanical allodynia at an extraoral site as early as day 1 post-pulp exposures, and this effect persisted for six weeks. Additionally, this effect was reversible by known analgesics demonstrating involvement of the nociceptive pathways. Data from clinical studies indicate that $\sim 90\%$ of patients with pain on mastication (i.e., mechanical allodynia) also experience pain at a site other than the inflamed tooth such as adjacent teeth, tooth from the opposing arch, and/or extraoral pain (74%) proximal to the inflamed tooth.⁵ Instead of focusing on pain on mastication in mice, we chose to test extraoral sites, which are feasible, reproducible, and a clinically simulative model that may reflect central sensitization. Therefore, our model simulates this clinical symptom for measurement of pain in animals with apical periodontitis.



Figure 6. Effect of known analgesics on reversal of apical periodontitis-induced mechanical allodynia. (a–c) Mean EF_{50} values at BL and day 21 post-pulp exposure with and without i.p. injection of ibuprofen (a), morphine (b), and MK-801 (c). Statistical analysis was performed using two-way ANOVA with Sidak's multiple comparison test (N = 4 animals/group; error bars = standard error of the mean; ***** p < 0.001 within group, **p < 0.01, p < 0.05 compared to respective control group at all time points). Note: Data generated using male mice.

In order to determine the involvement of central pain pathways in our model, we utilized two different approaches. The behavioral assay demonstrates reversal of mechanical allodynia using MK-801, an NMDA receptor antagonist (Figure 6(c)). The immunohistochemical analysis demonstrates the selective expression of *c-fos*, an immediate-early gene, and a transcriptional factor in lamina I and II of the medullary dorsal horn in injured animals (Figure 7(d) and (e)). The induction of c-fos specifically after activation of primary afferent sensory neurons such as $A\delta$ and unmyelinated C fibers and not upon activation of non-noxious A β , A α and unmyelinated low threshold C fibers⁴² makes it a useful marker to study changes post-injury and postdrug treatment in an animal model. As previously reported,⁴² we did not observe expression of *c*-fos in the TG in either groups. Collectively, the findings of mechanical allodynia at distant site, combined with MK-801 reversal and the *c-fos* upregulation, all support the hypothesis that this model evokes neuronal plasticity in the trigeminal medullary dorsal horn.

A critical feature of central sensitization is the recruitment of non-nociceptive fibers and the conversion of nociceptive-specific second-order neurons into wide dynamic range neurons in the continued transmission of pain in the setting of chronic pain states. As seen from Figure 3(a), baseline mechanical thresholds at 0.47 g force caused face withdrawal in control animals, while a force as small as 0.18 g elicited face withdrawal in apical periodontitis animals. Furthermore, Figures 3(d) and 4(d) demonstrate significant leftward shift at both, innocuous and noxious forces. These findings implicate the development of both, mechanical allodynia and hyperalgesia in animals with apical periodontitis. Future studies using transgenic models can aid in the dissection of neuronal subtypes and their functional regulation in mediating apical periodontitis-induced mechanical hypersensitivity.

Numerous studies provide evidence for greater prevalence of chronic pain in females.⁴³ Sex-related differences are a consistent finding in dental pain as well.^{44,45} Clinical studies evaluating sex differences in pain from apical periodontitis demonstrate that mechanical allodynia thresholds from an inflamed tooth differ greatly between male and female participants.^{18,46} We attempted to reproduce this clinical finding in our model. Baseline mechanical thresholds were significantly lower in females than males and corroborate findings



Figure 7. Immunohistochemistry of *c-fos* in trigeminal ganglia and medullar dorsal horn. (a and b) Representative immunohistochemical images evaluating expression of *c-fos* and CGRP in the V2 region of the trigeminal ganglia between control and apical periodontitis animals. (c and d) Representative immunohistochemical images evaluating expression of *c-fos* and NeuN in lamina I and II of the left medullary dorsal horn between control and apical periodontitis animals. Arrows in (d) indicates co-localization of *c-fos* with NeuN. Note: Data generated using male mice.

from clinical studies.^{18,46} This finding was also consistent at 21 days after pulp exposure. Taken together, these results for the first time provide a model depicting sexual dimorphism at both basal and postoperative stages of a chronic pain condition seen routinely in endodontic patients.

Conclusions

Collectively, currently available animal models that mimic infection-induced chronic pain utilize spontaneous, immune-mediated, or a single pathogen-mediated infectious models.^{47–52} These, however, do not account for the clinical polymicrobial infection that exists in the development and maintenance of persistent odontogenic pain. The present model was designed to mimic the clinical conditions of apical periodontitis and offers the potential for mechanistic and therapeutic studies using this combined model of inflammatory and neuropathic pain.

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Declaration of Conflicting Interests

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