

The Association Between the Socioeconomic Status and Thyroid Cancer Prevalence; Based on the Korean National Health and Nutrition Examination Survey 2010-2011

Seong-Woo Choi, So-Yeon Ryu,
Mi-ah Han, and Jong Park

Department of Preventive Medicine, Chosun University Medical School, Gwangju, Korea

Received: 21 May 2013
Accepted: 23 September 2013

Address for Correspondence:
Seong-Woo Choi, MD
Department of Preventive Medicine, Chosun University Medical School, 309 Pilmun-daero, Dong-gu, Gwangju 501-759, Korea
Tel: +82.62-230-6344, Fax: +82.62-225-8293
E-mail: jcs74@chosun.ac.kr

The incidence of thyroid cancer has recently increased in most industrialized countries, including Korea. To date, few studies have examined the association between thyroid cancer and socioeconomic status (SES). The current study was based on data collected from a total of 12,276 subjects (5,277 men and 6,999 women) by the Korean National Health and Nutrition Examination Survey (KNHANES) between 2010 and 2011. Univariate and multivariate logistic regression analysis revealed that older age (odds ratio [OR], 1.03; 95% confidence interval [CI], 1.00-1.05), being female (OR, 8.16; 95%CI, 2.99-22.24), being overweight (OR, 1.04; 95%CI, 1.01-1.06), monthly household income (OR, 3.27; 95%CI, 1.16-9.20 for medium-highest household income vs lowest household income; OR, 3.30; 95%CI, 1.16-9.34 for highest household income vs lowest household income), educational level (OR, 2.74; 95%CI, 1.16-6.46 for 10-12 yr vs < 7 yr) and alcohol consumption (OR, 1.89; 95%CI 1.08-3.32) were significant risk factors for thyroid cancer. Our results indicate that the recent increase in thyroid cancer is attributable to better early detection rather than to any increase in actual prevalence.

Key Words: Social Class; Thyroid Neoplasms

INTRODUCTION

The incidence of thyroid cancer has increased in several European countries (1-3), the United States (4), Canada (5), and Australia (6) during the past several decades. In Korea, the incidence of thyroid cancer has been increasing rapidly (7) and is now the highest in the world (8).

Radiation exposure is the only accepted risk factor for developing thyroid cancer, particularly during childhood (9, 10). Other factors that have been proposed as risk factors, such as diet (11), reproductive issues (12), genetic factors (13), smoking, alcohol intake (14), and weight gain (15), remain controversial. However, neither radiation exposure nor other factors explain the recent steep increase in the incidence rate of thyroid cancer. According to some studies, changes in diagnostic practices may be one of the major causes for this increase (2, 16). Indeed, the introduction of ultrasonography and fine-needle aspiration biopsy have improved the rate at which small nodules (17, 18) and radiographic "incidentalomas" are detected (19). However, it remains unclear whether the increased rate of thyroid cancer has resulted primarily from higher detection rates (20).

To date, few studies have examined the relationship between thyroid cancer and socioeconomic status (SES) (21-25). Some of these extant studies have suggested that higher SES is a risk

factor for a diagnosis of thyroid cancer because individuals with higher SES may undergo health check-ups more frequently (26). However, most studies have been conducted with Caucasian patients; and to our knowledge, only one study has been conducted with a Korean population (27). That study used data from the Korean National Health Insurance Cancer Registration and examined the association between family income and cancer incidence. However, their data were not representative of the Korean population as a whole as the study included only self-employed individuals and medical aid beneficiaries; moreover, they focused only on family income. Thus, we used the Korean National Health and Nutrition Examination Survey (KNHANES) data collected from a representative sample of the Korean population to examine associations between the prevalence of thyroid cancer and SES, defining the latter in terms of monthly household income and educational level.

MATERIALS AND METHODS

Study subjects

The current study was based on the KNHANES data collected between 2010 and 2011, the first and second periods of KNHANES V (2010-2012). The KNHANES is a health survey conducted by the Korea Centers for Disease Control and Prevention using a nationwide, population-based, cross-sectional design (28). Af-

ter the first KNHANES was conducted in 1998, the second, third, fourth, and fifth surveys were conducted in 2001, 2005, 2007, and 2010-2012, respectively. The field surveys were conducted by specially trained interviewers at mobile centers and in subjects' households. The health interviews and health examinations were performed in specially designed and equipped mobile centers that traveled to locations throughout the country.

A total of 17,476 subjects were enrolled, and the response rate was 81.2% (8,598/10,938 in 2010 and 8,878/10,589 in 2011). The current survey excluded 4,170 respondents aged 19 yr or younger and 1,030 whose data were unavailable. We therefore analyzed data from a total of 12,276 subjects (5,277 men and 6,999 women) in the current study.

Study measures

The subjects were interviewed by trained examiners using a questionnaire including items asking about monthly household income, years of education, marital status, smoking habits, alcohol intake, physical activity, and history of thyroid cancer. Body weight was measured to the nearest 0.1 kg with subjects dressed in light clothing. Height was measured to the nearest 0.1 cm with participants in their stocking feet. Place of residence was categorized into urban and rural areas. Smoking status was defined based on self-reported cigarette use; never-smokers had smoked fewer than 100 cigarettes in their lifetimes, and subjects who had smoked 100 or more cigarettes were classified as past or current smokers based on current smoking habits. Alcohol intake was assessed with questions about drinking behavior during the month prior to the interview. Answers to the question about physical activity were coded as "yes" when subjects performed moderate or strenuous exercise on a regular basis (moderate exercise: more than 30 min in one session more than five times per week; strenuous exercise: more than 20 min in one session or more than 30 min of walking in one session more than five times per week).

The prevalence of thyroid cancer was assessed with the following question: "Before study enrollment, were you ever diagnosed by a doctor with thyroid cancer?" Subjects who answered "yes" were classified as patients with thyroid cancer.

SES was assessed based on monthly household income and educational level. Monthly household income was categorized into quartiles: lowest (< USD 918.3), medium-lowest (USD 918.3-1,836.5), medium-highest (USD 1,826.6-3,213.9), and highest (USD \geq 3,214.0). Participants were also divided into four categories according to the number of years of schooling: elementary school (< 7 yr), middle school (7-9 yr), high school (10-12 yr), and university (\geq 13 yr).

Statistical analysis

All statistical analyses were performed using SPSS version 15.0 (SPSS, Inc., Chicago, IL, USA). All data were expressed as means \pm

standard deviations (SDs) or as percentages (categorical variables). Differences in baseline variables according to monthly household income and educational level were compared using analyses of variance (ANOVA) for continuous variables and chi-square tests for categorical variables. Univariate and multivariate logistic regression analyses were used to calculate odds ratios (ORs) for the potential risk factors for thyroid cancer. Statistical significance was set at $P < 0.05$.

Ethics statement

This study was conducted in accordance with the Declaration of Helsinki guidelines, and informed consent was obtained from each subject. All examination protocols were approved by the institutional review board of the Korea Centers for Disease Control and Prevention (No. 2010-02CON-21-C and No. 2011-02CON-06-C). Informed consent was waived by the board.

RESULTS

Baseline characteristics of subjects

The baseline characteristics of the 12,276 subjects (71 patients with thyroid cancer and 12,141 non-patients) are presented in Table 1. The mean (\pm SD) age was 50.3 ± 16.5 yr, and the mean weight was 62.3 ± 11.5 kg. In terms of marital status, 1,660 (13.5%) participants were single, 9,179 (74.8%) were married, 312 (2.5%) were divorced, and 1,113 (9.1%) were widowed. With respect to place of residence, 5,627 (45.8%) subjects lived in urban areas, and 6,649 (54.2%) lived in rural areas. A total of 2,603 (21.3%) participants currently smoked, and 8,778 (71.5%) consumed alcohol. Among individuals with thyroid cancer, five (7.0%) had household incomes in the lowest, 18 (25.4%) in the medium-lowest, 23 (32.4%) in the medium-highest, and 25 (35.2%) in the highest quartiles (Fig. 1). Eleven (15.7%) patients with thyroid cancer had < 7 yr of education, 11 (15.7%) had 7-9 yr of education, 30 (42.9%) had 10-12 yr of education, and 18 (25.7%) had \geq 13 yr of education (Fig. 2).

Characteristics of subjects according to monthly household income

Table 2 presents the characteristics of subjects according to monthly household income. The data show that younger age and increased height and weight tended to be associated with higher monthly household income. Higher household income was also associated with more education, residence in urban areas, history of alcohol intake, and history of diagnosis with thyroid cancer.

Characteristics of subjects according to educational level

Table 3 presents the characteristics of the subjects according to educational level. The data show that younger age and in-

Table 1. Baseline characteristics of subjects

Characters	Thyroid cancer patients	Non-patients	Total
No. (%)	71 (0.6)	12,141 (99.4)	12,276 (100.0)
Male (%)	10 (14.1)	5,244 (43.2)	5,254 (43.0)
Age (yr)	51.1 ± 12.5	50.3 ± 16.5	50.3 ± 16.5
Weight (kg)	160.2 ± 7.1	162.1 ± 9.2	162.1 ± 9.2
Height (cm)	63.1 ± 11.6	62.3 ± 11.5	62.3 ± 11.5
Survey year			
2010	29 (40.8)	6,179 (50.9)	6,230 (50.7)
2011	42 (59.2)	5,962 (49.1)	6,046 (49.3)
Monthly household income			
Lowest	5 (7.0)	2,434 (20.3)	2,460 (20.3)
Medium-lowest	18 (25.4)	3,084 (25.7)	3,119 (25.7)
Medium-highest	23 (32.4)	3,293 (27.4)	3,329 (27.4)
Highest	25 (35.2)	3,201 (26.6)	3,235 (26.6)
Education (yr)			
< 7	11 (15.7)	3,151 (26.0)	3,163 (25.9)
7-9	11 (15.7)	1,335 (11.0)	1,346 (11.0)
10-12	30 (42.9)	4,019 (33.1)	4,049 (33.2)
≥ 13	18 (25.7)	3,627 (29.9)	3,646 (29.9)
Marital status			
Single	5 (7.0)	1,643 (13.5)	1,660 (13.5)
Married	58 (81.7)	9,084 (74.9)	9,179 (74.8)
Divorce	1 (1.4)	308 (2.5)	312 (2.5)
Widow	7 (9.9)	1,094 (9.0)	1,113 (9.1)
Residential area*			
Urban	39 (54.9)	5,552 (45.7)	5,627 (45.8)
Rural	32 (45.1)	6,589 (54.3)	6,649 (54.2)
Smoking (%)	4 (5.6)	2,587 (21.4)	2,603 (21.3)
Alcohol intake (%)	21 (30.4)	6,435 (53.4)	8,778 (71.5)
Physically active† (%)	30 (42.3)	4,607 (38.1)	4,647 (38.1)

All values are given as No (%) or mean ± standard deviation. *Residential area was categorized as urban (Seoul, Gyeonggi, Busan, Daegu, Incheon, Gwangju, Daejeon and Ulsan) and rural (eight other administrative districts) areas. †Physically active was indicated as 'yes' when the participant performed moderate or strenuous exercise on a regular basis (for more than 30 min at a time and more than five times per week in the case of moderate exercise; for more than 20 min at a time in the case of strenuous exercise) or when the subject walked for more than 30 min at a time and more than five times per week.

creased height and weight tended to be associated with more education, which was also associated with higher monthly household income, residence in urban areas, histories of smoking and alcohol intake, and physical activity.

Univariate and multivariate logistic regression analyses of potential risk factors for thyroid cancer

Table 4 presents the ORs for thyroid cancer according to the univariate and multivariate logistic regression analyses. The multivariate logistic regression analysis revealed that older age (OR, 1.03; 95% confidence interval [CI], 1.00-1.05), being female (OR, 8.16; 95%CI, 2.99-22.24), being overweight (OR, 1.04; 95%CI, 1.01-1.06), monthly household income (OR, 3.27; 95%CI, 1.16-9.20 for medium-highest household income vs lowest household income; O,R 3.30; 95%CI, 1.16-9.34 for highest household income vs lowest household income), educational level (OR, 2.74; 95%CI, 1.16-6.46 for 10-12 yr vs < 7 yr), and alcohol consumption (OR, 1.89; 95%CI, 1.08-3.32) were significant risk fac-

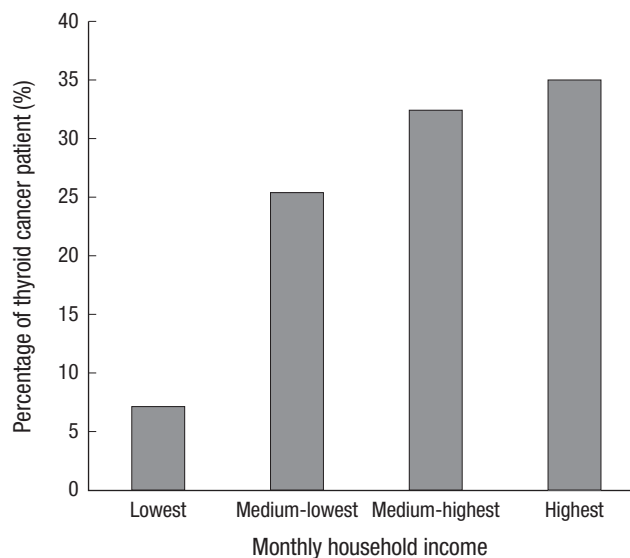


Fig. 1. The percentage of thyroid cancer patients according to the monthly household income.

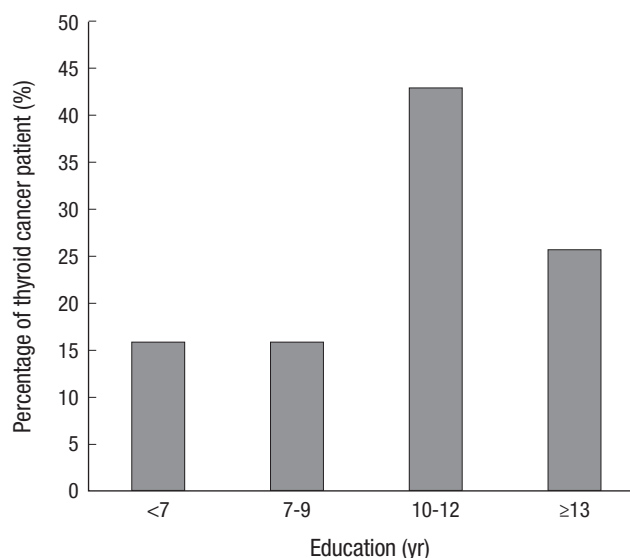


Fig. 2. The percentage of thyroid cancer patients according to the education level.

tors for thyroid cancer.

DISCUSSION

The current study examined whether the prevalence of thyroid cancer was correlated with SES using data from the 2010-2011 KNHANES. The data suggested that monthly household income and educational level were significant risk factors for thyroid cancer after adjustment for other covariates.

To date, few studies have examined the association of thyroid cancer with SES. Sprague et al. (25) conducted an ecological study using thyroid cancer registry data from Wisconsin for 1980-2004. These authors reported that the incidence of thyroid can-

Table 2. Characteristics of the subjects according to the quartile of monthly household income

Variables	Lowest	Medium-lowest	Medium-highest	Highest	P [‡]
No (%)	2,460 (20.0)	3,119 (25.4)	3,329 (27.1)	3,235 (26.4)	
Age (yr)	63.4 ± 15.4	49.7 ± 16.0	45.4 ± 14.5	46.0 ± 14.1	< 0.001
Weight (kg)	59.4 ± 10.7	62.5 ± 11.6	63.4 ± 11.6	63.0 ± 11.6	< 0.001
Height (cm)	158.0 ± 9.1	162.0 ± 9.0	163.7 ± 8.9	163.7 ± 8.8	< 0.001
Survey year					0.589
2010	1,250 (50.8)	1,559 (50.0)	1,680 (50.5)	1,659 (51.3)	
2011	1,210 (49.2)	1,560 (50.0)	1,649 (49.5)	1,576 (48.7)	
Education (yr)					< 0.001
< 7	1,517 (62.2)	811 (26.2)	457 (13.8)	335 (10.4)	
7-9	298 (12.2)	418 (13.5)	343 (10.3)	278 (8.6)	
10-12	453 (18.6)	1,155 (37.3)	1,268 (38.2)	1,131 (35.1)	
≥ 13	170 (7.0)	716 (23.1)	1,248 (37.6)	1,480 (45.9)	
Marital status					< 0.001
Single	186 (7.6)	382 (12.3)	542 (16.3)	530 (16.4)	
Married	1,584 (64.4)	2,393 (76.8)	2,578 (77.5)	2,536 (78.4)	
Divorce	134 (5.5)	89 (2.9)	53 (1.6)	33 (1.0)	
Widow	554 (22.5)	251 (8.1)	155 (4.7)	136 (4.2)	
Residential area*					< 0.001
Urban	940 (38.2)	1,445 (46.3)	1,534 (46.1)	1,628 (50.3)	
Rural	1,520 (61.8)	1,674 (53.7)	1,795 (53.9)	1,607 (49.7)	
Smoking (%)	479 (19.7)	734 (23.6)	722 (21.7)	648 (20.1)	0.536
Alcohol intake (%)	1,349 (54.8)	2,216 (71.0)	2,578 (77.4)	2,553 (78.9)	< 0.001
Physically active [†] (%)	948 (39.0)	1,198 (38.6)	1,251 (37.7)	1,200 (37.2)	0.113
Thyroid cancer patients (%)	5 (0.2)	18 (0.6)	23 (0.7)	25 (0.8)	0.006

All values are given as No (%) or mean ± standard deviation. *Residential area was categorized as urban (Seoul, Gyeonggi, Busan, Daegu, Incheon, Gwangju, Daejeon and Ulsan) and rural (eight other administrative districts) areas. [†]Physically active was indicated as 'yes' when the participant performed moderate or strenuous exercise on a regular basis (for more than 30 min at a time and more than five times per week in the case of moderate exercise; for more than 20 min at a time in the case of strenuous exercise) or when the subject walked for more than 30 min at a time and more than five times per week. [‡]P for trend.

cer was higher in counties with higher household incomes and higher education levels. According to a cohort study of residents of the San Francisco Bay area, higher educational level was an independent risk factor for developing thyroid cancer (24). Additionally, research examining data on thyroid cancer in Caucasian people living in Los Angeles County from 1972 to 1995 found that higher levels of monthly household income and education were significant risk factors for thyroid cancer (23). A study examining the association between cancer incidence and family income in a Korean sample (27) reported that higher income was associated with a higher risk of thyroid and prostate cancers in men and of thyroid cancer in women compared with other cancers, such as stomach, liver, and lung cancer. However, according to a case-control study conducted in Canada, SES and occupational prestige were not significant risk factors for developing thyroid cancer (21), which is not consistent with our results. Although we do not know the reason for this inconsistency, that study differed from the present research in several ways. First, subjects in the Canadian study completed mail-in questionnaires and were not interviewed by trained examiners. Second, the correlation between the incidence of thyroid cancer and monthly household income was analyzed in men only because no data were available for women.

During the past several decades, the incidence of thyroid cancer has increased in most industrialized countries (1-6). Ac-

cording to one study examining the incidence of cancer in countries in North and South America, Asia, Europe, and Oceania from 1973 to 2002, the incidence of thyroid cancer has increased five folds in men and nearly 10 folds in women (29). In Korea, the incidence of thyroid cancer has also markedly increased. Within the past 10 yr alone, it increased from 10.4 per 100,000 in 1999 to 87.4 per 100,000 in 2010 in women and from 2.1 per 100,000 in 1999 to 18.3 per 100,000 in 2010 in men (7).

Many studies have been conducted to explain the recent increase in the incidence of thyroid cancer. However, radiation exposure is the only accepted risk factor for developing thyroid cancer in consensus (9, 10), and it has been difficult to explain the dramatic increase in the incidence of this disease in terms of other factors that have been proposed as risk factors, such as diet (11), reproductive issues (12), genetic factors (13), smoking, alcohol intake (14), and weight gain (15). For this reason, some researchers have hypothesized that increased detection has led to the increased reported incidence of thyroid cancer (25). That is, it has been suggested that the recent increase in thyroid cancer actually reflects an increase in the detection rate that is attributable to improvements in such diagnostic modalities as ultrasonography and fine-needle aspiration biopsy (24, 25, 30).

According to our results, higher levels of monthly household income and education are significant risk factors for thyroid cancer. It is plausible that the correlation between higher SES

Table 3. Characteristics of the subjects according to the education level

Variables	Education (yr)				P [†]
	< 7	7-9	10-12	≥ 13	
No (%)	3,163 (25.8)	1,346 (11.0)	4,049 (33.0)	3,646 (29.7)	
Age (yr)	66.9 ± 9.7	57.3 ± 10.8	44.1 ± 14.7	40.3 ± 11.9	< 0.001
Weight (kg)	58.3 ± 9.6	62.7 ± 10.4	63.4 ± 11.5	64.3 ± 12.6	< 0.001
Height (cm)	155.7 ± 8.1	160.8 ± 8.0	164.1 ± 8.4	166.0 ± 8.3	< 0.001
Survey year					0.392
2010	1,597 (50.5)	675 (50.1)	2,055 (50.8)	1,877 (51.5)	
2011	1,566 (49.5)	671(49.9)	1,994 (49.2)	1,769 (48.5)	
Monthly household income					< 0.001
Lowest	1,517 (48.6)	298 (22.3)	453 (11.3)	170 (4.7)	
Medium-lowest	811 (26.0)	418 (31.3)	1,155 (28.8)	716 (19.8)	
Medium-highest	457 (14.6)	343 (25.7)	1,268 (31.6)	1,248 (34.5)	
Highest	335 (10.7)	278 (20.8)	1,131 (28.2)	1,480 (41.0)	
Marital status					< 0.001
Single	16 (0.5)	30 (2.2)	801 (19.8)	801 (22.0)	
Married	2,186 (69.2)	1,153 (85.9)	3,033 (75.0)	2,765 (75.9)	
Divorce	83 (2.6)	68 (5.1)	112 (2.8)	46 (1.3)	
Widow	875 (27.7)	92 (6.9)	99 (2.4)	32 (0.9)	
Residential area*					< 0.001
Urban	1,162 (36.7)	603 (44.8)	1,901 (46.9)	1,921 (52.7)	
Rural	2,001 (63.3)	743 (55.2)	2,148 (53.1)	1,725 (47.3)	
Smoking (%)	432 (13.7)	310 (23.1)	1,001 (24.7)	848 (23.3)	< 0.001
Alcohol intake (%)	1,605 (50.7)	922 (68.5)	3,229 (79.7)	2,997 (82.2)	< 0.001
Physically active [†] (%)	1,097 (34.9)	530 (39.5)	1,667 (41.2)	1,343 (36.9)	0.027
Thyroid cancer patients (%)	11 (0.3)	11 (0.8)	30 (0.7)	18 (0.5)	0.402

All values are given as No (%) or mean ± standard deviation. *Residential area was categorized as urban (Seoul, Gyeonggi, Busan, Daegu, Incheon, Gwangju, Daejeon and Ulsan) and rural (eight other administrative districts) areas. [†]Physically active was indicated as 'yes' when the participant performed moderate or strenuous exercise on a regular basis (for more than 30 min at a time and more than five times per week in the case of moderate exercise; for more than 20 min at a time in the case of strenuous exercise) or when the subject walked for more than 30 min at a time and more than five times per week. [‡]P for trend.

Table 4. Univariate and multivariate logistic analysis of potential risk factors for thyroid cancer

Variables	Univariate analysis		Multivariate analysis	
	OR (95%CI)	P	OR (95%CI)	P
Age (continuous)	1.00 (0.99-1.02)	0.673	1.03 (1.00-1.05)	0.049
Sex (female/male)	4.64 (2.37- 9.06)	< 0.001	8.16 (2.99-22.24)	< 0.001
Weight (continuous)	1.01 (0.99-1.03)	0.563	1.04 (1.01-1.06)	0.006
Height (continuous)	0.98 (0.95-1.00)	0.084		0.283
Survey year (2011/2010)	1.50 (0.93-2.41)	0.093		0.137
Monthly household income				
Medium-lowest/lowest	2.84 (1.05-7.66)	0.039	2.62 (0.93-7.39)	0.069
Medium-highest/lowest	3.40 (1.29-8.96)	0.013	3.27 (1.16-9.20)	0.025
Highest/lowest	3.80 (1.45-9.95)	0.006	3.30 (1.16-9.34)	0.025
Education (yr)				
7-9/ < 7	2.36 (1.02-5.46)	0.045	2.40 (0.96-5.98)	0.061
10-12/ < 7	2.14 (1.07-4.27)	0.031	2.74 (1.16-6.46)	0.021
≥ 13/ < 7	1.42 (0.67-3.01)	0.359	2.15 (0.80-5.80)	0.129
Marital status				
Married/single	2.10 (0.84-5.24)	0.112		0.707
Divorce/single	1.07 (0.12-9.16)	0.953		0.818
Widow/single	2.10 (0.67-6.64)	0.205		0.772
Residential area (rural/urban)*	0.69 (0.43-1.11)	0.123		0.293
Smoking (smoker/non-smoker)	0.22 (0.08-0.60)	0.003		0.197
Alcohol drinking (drinking/non-drinking)	0.38 (0.23-0.64)	< 0.001	1.89 (1.08-3.32)	0.027
Physically active [†] (active/non-active)	1.19 (0.74-1.91)	0.471		0.280

*Residential area was categorized as urban (Seoul, Gyeonggi, Busan, Daegu, Incheon, Gwangju, Daejeon and Ulsan) and rural (eight other administrative districts) areas. [†]Physically active was indicated as 'yes' when the participant performed moderate or strenuous exercise on a regular basis (for more than 30 min at a time and more than five times per week in the case of moderate exercise; for more than 20 min at a time in the case of strenuous exercise) or when the subject walked for more than 30 min at a time and more than five times per week.

and thyroid cancer can be explained by the fact that individuals with higher SES access health care services more easily than do those with lower SES (31). Additionally, it is also highly probable that this higher rate of healthcare service utilization may lead to diagnostic work-ups of the thyroid to further evaluate symptoms of thyroid disorders, such as menstrual irregularities, fatigue, and nervousness, which, although vague, are common (32). It can be inferred that the thyroid cancer of those in higher SES groups would be more likely to be detected than would that of those in lower SES groups. Thus, higher rates of detection may have led to the higher reported prevalence of thyroid cancer in higher SES groups (25).

However, it would be premature to conclude that the recent increase in thyroid cancer is attributable only to differences in detection according to SES. Indeed, the incidence of thyroid cancer may have actually increased due to as-yet-unknown risk factors (33). The Surveillance, Epidemiology and End Results (SEER) program conducted between 1980 and 2005 in the US raised doubts about the detection hypothesis because it found an increase in the incidence of the largest (> 5 cm) as well as the smallest (\leq 1 cm) tumors (20). However, it is highly probable that the recent increase in thyroid cancer in the Korean population is attributable to increased detectability. First, the increase in thyroid cancer in Korea primarily involves papillary thyroid carcinoma and thyroid cancer < 1 cm, and this increase occurred from 1995 to 2006 (34). Second, the 5-yr survival of patients with thyroid cancer increased from 94.2% to 99.8% from 1993 to 2010 (7).

This study has several limitations. First, its cross-sectional design precludes drawing conclusions about the direction of the observed association between the prevalence of thyroid cancer and SES. Second, data about thyroid cancer were obtained via a questionnaire study rather than a retrospective analysis of medical records. Third, we failed to obtain data about experiences with thyroid ultrasonography. Despite the above limitations, the current study provides valuable information in that it is the first to evaluate the correlation between the prevalence of thyroid cancer and SES using a representative sample of the Korean population.

In conclusion, our results, based on the 2010-2011 KNHANES data, show that higher levels of household income and education are significant risk factors for thyroid cancer. Our results indicate that the recent increase in the prevalence of thyroid cancer in Korea is attributable more to higher detection rates than to any increase in actual prevalence due to as-yet-unknown risk factors. Further prospective studies are needed to examine the correlation between the prevalence of thyroid cancer and histopathological data, including tumor size.

DISCLOSURE

The authors have no conflicts of interest to disclose.

REFERENCES

- Colonna M, Grosclaude P, Remontet L, Schvartz C, Mace-Lesech J, Velten M, Guizard A, Tretarre B, Buemi AV, Arveux P, et al. *Incidence of thyroid cancer in adults recorded by French cancer registries (1978-1997)*. *Eur J Cancer* 2002; 38: 1762-8.
- Verkooijen HM, Fioretta G, Pache JC, Franceschi S, Raymond L, Schubert H, Bouchardy C. *Diagnostic changes as a reason for the increase in papillary thyroid cancer incidence in Geneva, Switzerland*. *Cancer Causes Control* 2003; 14: 13-7.
- Reynolds RM, Weir J, Stockton DL, Brewster DH, Sandeep TC, Strachan MW. *Changing trends in incidence and mortality of thyroid cancer in Scotland*. *Clin Endocrinol (Oxf)* 2005; 62: 156-62.
- Hodgson NC, Button J, Solorzano CC. *Thyroid cancer: is the incidence still increasing?* *Ann Surg Oncol* 2004; 11: 1093-7.
- Liu S, Semenciw R, Ugnat AM, Mao Y. *Increasing thyroid cancer incidence in Canada, 1970-1996: time trends and age-period-cohort effects*. *Br J Cancer* 2001; 85: 1335-9.
- Burgess JR. *Temporal trends for thyroid carcinoma in Australia: an increasing incidence of papillary thyroid carcinoma (1982-1997)*. *Thyroid* 2002; 12: 141-9.
- Jung KW, Won YI, Kong HJ, Oh CM, Seo HG, Lee JS. *Cancer statistics in Korea: incidence, mortality, survival and prevalence in 2010*. *Cancer Res Treat* 2013; 45: 1-14.
- International Agency for Research on Cancer. *GLOBOCAN 2008*. Available at <http://globocan.iarc.fr> [accessed on 21 August 2013].
- Schneider AB, Ron E, Lubin J, Stovall M, Gierlowski TC. *Dose-response relationships for radiation-induced thyroid cancer and thyroid nodules: evidence for the prolonged effects of radiation on the thyroid*. *J Clin Endocrinol Metab* 1993; 77: 362-9.
- Thompson DE, Mabuchi K, Ron E, Soda M, Tokunaga M, Ochkubo S, Sugimoto S, Ikeda T, Terasaki M, Izumi S, et al. *Cancer incidence in atomic bomb survivors: part II: solid tumors, 1958-1987*. *Radiat Res* 1994; 137: S17-67.
- Franceschi S. *Iodine intake and thyroid carcinoma: a potential risk factor*. *Exp Clin Endocrinol Diabetes* 1998; 106: S38-44.
- Goodman MT, Kolonel LN, Wilkens LR. *The association of body size, reproductive factors and thyroid cancer*. *Br J Cancer* 1992; 66: 1180-4.
- Cote GJ, Wohllk N, Evans D, Goepfert H, Gagel RF. *RET proto-oncogene mutations in multiple endocrine neoplasia type 2 and medullary thyroid carcinoma*. *Baillieres Clin Endocrinol Metab* 1995; 9: 609-30.
- Rossing MA, Cushing KL, Voigt LF, Wicklund KG, Daling JR. *Risk of papillary thyroid cancer in women in relation to smoking and alcohol consumption*. *Epidemiology* 2000; 11: 49-54.
- Dal Maso L, La Vecchia C, Franceschi S, Preston-Martin S, Ron E, Levi F, Mack W, Mark SD, McTiernan A, Kolonel L, et al. *A pooled analysis of thyroid cancer studies: V. anthropometric factors*. *Cancer Causes Control* 2000; 11: 137-44.
- Davies L, Welch HG. *Increasing incidence of thyroid cancer in the United States, 1973-2002*. *JAMA* 2006; 295: 2164-7.
- Rojeski MT, Gharib H. *Nodular thyroid disease: evaluation and management*. *N Engl J Med* 1985; 313: 428-36.
- Ross DS. *J Editorial: predicting thyroid malignancy*. *J Clin Endocrinol Metab* 2006; 91: 4253-5.
- Liebeskind A, Sikora AG, Komisar A, Slavik D, Fried K. *Rates of malignancy*

- nancy in incidentally discovered thyroid nodules evaluated with sonography and fine-needle aspiration. *J Ultrasound Med* 2005; 24: 629-34.
20. Enewold L, Zhu K, Ron E, Marrogi AJ, Stojadinovic A, Peoples GE, Devesa SS. Rising thyroid cancer incidence in the United States by demographic and tumor characteristics, 1980-2005. *Cancer Epidemiol Biomarkers Prev* 2009; 18: 784-91.
21. Fincham SM, Ugnat AM, Hill GB, Kreiger N, Mao Y. Is occupation a risk factor for thyroid cancer? *Canadian Cancer Registries Epidemiology Research Group. J Occup Environ Med* 2000; 42: 318-22.
22. Levi F, Franceschi S, Te VC, Negri E, Vecchia C. Descriptive epidemiology of thyroid cancer in the Swiss Canton of Vaud. *J Cancer Res Clin Oncol* 1990; 116: 639-47.
23. Haselkorn T, Bernstein L, Preston-Martin S, Cozen W, Mack WJ. Descriptive epidemiology of thyroid cancer in Los Angeles County, 1972-1995. *Cancer Causes Control* 2000; 11: 163-70.
24. Iribarren C, Haselkorn T, Tekawa IS, Friedman GD. Cohort study of thyroid cancer in a San Francisco Bay area population. *Int J Cancer* 2001; 93: 745-50.
25. Sprague BL, Warren Andersen S, Trentham-Dietz A. Thyroid cancer incidence and socioeconomic indicators of health care access. *Cancer Causes Control* 2008; 19: 585-93.
26. Han MA, Choi KS, Lee HY, Kim Y, Jun JK, Park EC. Current status of thyroid cancer screening in Korea: results from a nationwide interview survey. *Asian Pac J Cancer Prev* 2011; 12: 1657-63.
27. Kim JM, Kim HM, Jung BY, Park EC, Cho WH, Lee SG. The association between cancer incidence and family income: analysis of Korean National Health Insurance cancer registration data. *Asian Pac J Cancer Prev* 2012; 13: 1371-6.
28. Kim Y, Lee BK. Associations of blood lead, cadmium, and mercury with estimated glomerular filtration rate in the Korean general population: analysis of 2008-2010 Korean National Health and Nutrition Examination Survey data. *Environ Res* 2012; 118: 124-9.
29. Kilfoy BA, Zheng T, Holford TR, Han X, Ward MH, Sjodin A, Zhang Y, Bai Y, Zhu C, Guo GL, et al. International patterns and trends in thyroid cancer incidence, 1973-2002. *Cancer Causes Control* 2009; 20: 525-31.
30. Lee TJ, Kim S, Cho HJ, Lee JH. The incidence of thyroid cancer is affected by the characteristics of a healthcare system. *J Korean Med Sci* 2012; 27: 1491-8.
31. Newacheck PW, Hung YY, Park MJ, Brindis CD, Irwin CE Jr. Disparities in adolescent health and health care: does socioeconomic status matter? *Health Serv Res* 2003; 38: 1235-52.
32. Lazarus JH. Hyperthyroidism. *Lancet* 1997; 349: 339-43.
33. Zhang Y, Zhu Y, Risch HA. Changing incidence of thyroid cancer. *JAMA* 2006; 296: 1350.
34. Lee SH, Kim TY, Ryu JS, Gong G, Kim WB, Kim SC, Hong SJ, Shong YK. Trends analysis of characteristics of thyroid cancer patients in one medical center. *J Korean Endocr Soc* 2008; 23: 35-43.