

# Elevation of urinary liver-type fatty acid binding protein after cardiac catheterization related to cardiovascular events

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**Purpose:** Contrast medium (CM) induces tubular hypoxia via endothelial damage due to direct cytotoxicity or viscosity. Urinary liver-type fatty acid binding protein (L-FABP) increases along with tubular hypoxia and may be a detector of systemic circulation injury. The aim of this study was to evaluate the clinical usefulness of detecting increases in urinary L-FABP levels due to administration of CM, as a prognostic biomarker for cardiovascular disease in patients without occurrence of CM-induced nephropathy undergoing cardiac catheterization procedure (CCP). **Methods:** Retrospective longitudinal analyses of the relationship between urinary L-FABP levels and occurrence of cardiovascular events were performed (n=29). Urinary L-FABP was measured by ELISA before CCP, and at 6, 12, 24, and 48 hours after CCP.

**Results:** Urinary L-FABP levels were significantly higher at 12 hours ( $P<0.05$ ) and 24 hours ( $P<0.005$ ) after CCP compared with before CCP, only in the patients with occurrence of cardiovascular events (n=17), but not in those without cardiovascular events (n=12). The parameter with the largest area under the curve (0.816) for predicting the occurrence of cardiovascular events was the change in urinary L-FABP at 24 hours after CCP. The difference in urinary L-FABP levels ( $\Delta$ L-FABP  $\geq 11.0$   $\mu\text{g/g}$  creatinine) between before CCP and at 24 hours after CCP was a risk factor for the occurrence of cardiovascular events (hazard ratio, 4.93; 95% confidence interval, 1.27–19.13;  $P=0.021$ ).

**Conclusion:** Measurement of urinary L-FABP before CCP and at 24 hours after CCP in patients with mild to moderate renal dysfunction may be an important indicator for risk stratification of onset of cardiovascular events.

**Keywords:** chronic kidney disease, urinary liver-type fatty acid binding protein, L-FABP, contrast medium, urinary biomarker, cardiovascular event, renal dysfunction

## Introduction

The kidneys are connected to the heart through blood vessels, and aggravating factors which lead to vascular damage, such as hyperglycemia, hypertension, hyperlipidemia, and dysregulation of the renin-angiotensin system, act on both the kidneys and heart. Thus, chronic kidney and cardiovascular diseases may coexist, which is referred to as cardiorenal syndrome.<sup>1</sup> In patients with renal dysfunction, concurrent cardiovascular disease is directly associated with increased mortality, therefore, the development of cardiovascular events should be taken into consideration in these patients.

Urinary albumin, a biomarker of renal glomerular disease, is an independent risk factor for cardiovascular disease.<sup>2,3</sup> As urinary albumin reflects the degree of endothelial damage in the glomerulus, it has the potential to predict future onset of cardiovascular abnormalities independent from the kidneys.<sup>4,5</sup> Further, variation of other renal

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biomarkers that reflect the renal vascular state may also be associated with the occurrence of cardiovascular events.

Although contrast medium (CM) is indispensable for coronary angiography and X-ray imaging computed tomography, CM induces renal hypoperfusion and hypoxia via endothelial damage,<sup>6</sup> due to direct cytotoxicity and viscosity of the CM.<sup>7</sup> Therefore, patients with contrast-induced acute kidney injury (CIAKI) may have endured asymptomatic endothelial damage or endothelial dysfunction that led to induction of renal hypoxia and development of CIAKI. In fact, patients with conditions that induce systemic endothelium disorder and subsequent circulation injury, such as diabetes mellitus, advanced age, hypertension and hyperlipidemia, in addition to pre-existing renal damage, are at increased risk for development of CIAKI.<sup>8</sup> As renal and cardiac dysfunctions synergize, the presence of renal vascular injury may suggest the presence of cardiovascular injury.<sup>9</sup> In light of these findings, we hypothesized that a biomarker which could detect renal hemodynamic change following administration of CM, would reflect the degree of latent systemic endothelial damage and be a predictor for onset of not only CIAKI, but also future cardiovascular events.

Liver-type fatty acid binding protein (L-FABP) is expressed in the proximal tubules of the human kidney and participates in fatty acid metabolism.<sup>10,11</sup> Urinary L-FABP was approved as a tubular injury biomarker in clinical practice by the Ministry of Health, Labour and Welfare, in Japan in 2010.<sup>12</sup> There is a hypoxia responsive element in the promoter region of the *L-FABP* gene, and other studies reported that urinary L-FABP concentration increased in parallel with decreased peritubular capillary blood flow, which was shown using noninvasive Charge Coupled Device (CCD) video recording in kidney transplant recipients,<sup>13</sup> and this increase was associated with decreasing hemoglobin levels which led to development of renal microcirculation disorder.<sup>14</sup> From these results, we speculated that urinary L-FABP could detect renal hemodynamic change following administration of CM and would be a predictor for occurrence of cardiovascular events.

Several studies indicated an increase in urinary L-FABP levels due to administration of CM in patients undergoing cardiac catheterization procedure (CCP).<sup>15-19</sup> Although one reported that the increase in urinary L-FABP after administration of CM was not observed in the patients without onset of CIAKI,<sup>18</sup> another group found that an increase in urinary L-FABP at 48 hours after administration of CM was significantly associated with decrease in renal function 1 year later in the patients undergoing CCP without occurrence of CIAKI.<sup>20</sup> However, the correlation between

increase in urinary L-FABP due to administration of CM and occurrence of cardiovascular events has not been sufficiently investigated. Therefore, we performed cross-sectional and longitudinal analyses in the current study to evaluate the clinical relevance of increase in urinary L-FABP concentration due to administration of CM in patients with mild to moderate renal dysfunction undergoing CCP.

## Patients and methods

### Patient selection

In a cross-sectional study, 38 patients with mild to moderate renal dysfunction undergoing nonemergency coronary angiography or coronary intervention without occurrence of CIAKI were recruited from the outpatient clinic at the Department of Internal Medicine, St Marianna University School of Medicine Hospital (Kawasaki, Japan), between May 2005 and March 2006. The CM used in this study was nonionic, low-osmolality iodinated CM. The exclusion criteria for patients were as follows: acute coronary syndrome, acute heart failure, shock, end-stage renal disease requiring hemodialysis, infection, need of emergency coronary angiography, and intravascular administration of CM within the previous 6 days. CIAKI was defined as an absolute increase in serum creatinine of 0.5 mg/dL at 48 hours after CCP. Hydration with physiological saline at 80 mL/h was indicated in all patients 5 hours before administration of CM and 1,000 mL of saline were given. This study was carried out according to the principles of the Declaration of Helsinki, and written informed consent was obtained from all of the patients. We obtained ethics approval for our study from the St. Marianna University School of Medicine Hospital, Institutional Ethics Committee.

Among the patients enrolled, those who were examined regularly at the outpatient clinic of St Marianna University School of Medicine during 2005–2014 were recruited (n=29) in a retrospective longitudinal analysis. Nine patients who were excluded had changed to another hospital during the follow-up period. The primary endpoint was defined as the occurrence of cardiovascular disease (death due to a cardiovascular event, angina pectoris, nonfatal myocardial infarction, revascularization for target lesion or new lesion, nonfatal stroke, and peripheral vascular disease) and was retrospectively examined in March 2014.

### Study procedure

Plasma and serum were obtained before CCP, and at 24 and 48 hours after CCP. Spot urine samples were collected before CCP, as well as 6, 12, 24, and 48 hours after CCP.

Patients were divided into two groups based on the presence or absence of cardiovascular events during the follow-up period, and they received treatment based on the standardized strategies for diabetes mellitus, hypertension, hyperlipidemia, and cardiovascular disease during follow-up.

## Measurements

### ELISA for measurement of urinary L-FABP

Urinary levels of L-FABP in spot urine samples collected before CCP, and at 6, 12, 24, and 48 hours after CCP were measured by ELISA using the Human L-FABP ELISA Kit (CMIC Holdings Co, Ltd, Tokyo, Japan).<sup>21</sup> Changes in urinary L-FABP due to administration of CM were analyzed using the differences in urinary L-FABP levels ( $\Delta$ L-FABP) between before and after CCP:

$$\Delta\text{L-FABP} = \text{value of urinary L-FABP after CCP} - \text{value of urinary L-FABP before CCP} \quad (1)$$

### Clinical parameters

Plasma, serum and one part of all urine samples were immediately used to measure each parameter. Serum creatinine was measured before CCP, and at 24, and 48 hours after CCP. Total cholesterol, low density lipoprotein cholesterol, serum triglyceride, high-sensitivity C-reactive protein (hs-CRP), brain natriuretic peptide, hemoglobin, and glycosylated hemoglobin were measured before undergoing CCP. In the spot urine samples, urinary creatinine, albumin, and *N*-acetyl- $\beta$ -D-glucosaminidase (NAG) were measured.

The levels of urinary parameters in spot urine samples were expressed as a ratio to the level of urinary creatinine. Glomerular filtration rate (GFR) was estimated using the equation proposed by the Japanese Society of Nephrology as follows:<sup>22</sup>

$$\begin{aligned} \text{Estimated GFR (eGFR); (mL min}^{-1} \text{ 1.73 m}^{-2}) \\ = 194 \times \text{Cr}^{-1.094} \times \text{Age}^{-0.287} (\times 0.739 \text{ if female}) \end{aligned} \quad (2)$$

Left ventricular ejection fraction was measured by left ventriculography, or echocardiography before, or at coronary angiography, or coronary intervention.

## Statistical analysis

Values were expressed as mean  $\pm$  standard deviation. Differences in the levels of urinary parameters between before and after CCP were analyzed by the Steel-Dwass method after the Kruskal–Wallis test had been performed. To compare two groups, the Mann–Whitney *U* test (nonparametric distribution) was used for the unpaired data.

Categorical variables were compared using the chi-square or Fisher's exact test as appropriate. Event-free rate curves of cardiovascular events were obtained using the Kaplan–Meier method and compared by log-rank test. Receiver-operating characteristic curves for urinary L-FABP levels at 12, and 24 hours after CCP, or  $\Delta$ L-FABP between before CCP and at 12 hours after CCP ( $\Delta$ L-FABP at 12 hours), and between before CCP and at 24 hours after CCP ( $\Delta$ L-FABP at 24 hours) were plotted to predict the occurrence of cardiovascular events and calculate the area under the receiver-operating characteristic curves (AUC). The sensitivity, specificity, positive predictive value, and negative predictive value were calculated from 2 $\times$ 2 contingency tables. Cox regression analysis was performed to determine the predictor for the occurrence of cardiovascular events during the follow-up period. Unadjusted (univariate) analysis was used to select the clinical risk factor for occurrence of cardiovascular events. Following this, the unadjusted predictors with  $P < 0.10$  and variables with significant difference between presence and absence of cardiovascular events were entered in an adjusted (multivariate) Cox regression analysis. The hazard ratios (HRs) and 95% confidence intervals were calculated. These statistical analyses were performed using Stat Flex 6.0 software (Artec Ltd Co, Osaka, Japan) and JMP<sup>®</sup> 10.0.2 (SAS institute Inc., Cary, NC, USA). *P*-values  $< 0.05$  were considered to be statistically significant.

## Results

### Patient characteristics

The study group at the start comprised of 38 patients (29 men) with a mean age of 65.1 years (range, 33–84 years), who had undergone coronary angiography or coronary intervention. By retrospective longitudinal analysis, we found that cardiovascular events occurred in 17 (58.6%) of the 29 patients who were followed-up. The characteristics of the patients enrolled in this study are shown in Table 1. Two patients died, ten patients developed angina pectoris or restenosis of coronary artery, two patients experienced acute myocardial infarction, one patient had a stroke, and two patients developed arteriosclerosis obliterans. With regard to age, sex, body mass index, systolic blood pressure, serum creatinine, eGFR, hs-CRP, brain natriuretic peptide, low density lipoprotein cholesterol, hemoglobin, glycosylated hemoglobin, urinary albumin, urinary NAG, urinary L-FABP, left ventricular ejection fraction (before undergoing CCP), number of diseased vessels, kinds of CCP, and variety of cardiac diseases – no differences were noted between patients with and without cardiovascular events. A significantly higher percentage of

**Table 1** Baseline clinical characteristics of patients in the cross-section and longitudinal analyses

Characteristics	Longitudinal analysis		
	CVD group	Non CVD group	P-value
N	17	12	
Age (years)	65.8±2.8	69.7±3.0	0.609
Sex (female)	5 (29.4%)	3 (25%)	0.793
BMI (kg/m <sup>2</sup> )	23.8±0.8	26.3±1.7	0.364
SBP (mmHg)	124.1±3.9	121.6±4.5	0.69
Diabetes mellitus	12 (70.6%)	4 (33.3%)	0.047
Hypertension	15 (88.2%)	10 (83.3%)	0.706
Hyperlipidemia	14 (82.4%)	4 (33.3%)	0.007
Baseline serum creatinine (mg/dL)	1.3±0.1	1.1±0.1	0.057
Change in serum creatinine from baseline within 48 h after CCP (%)	9.7±2.9	8.2±2.1	0.554
eGFR (mL/min/1.73 m <sup>2</sup> )	44.4±2.7	50.1±2.1	0.177
hs-CRP (g/dL)	0.14±0.03	0.15±0.04	0.815
BNP (pg/mL)	156.9±60.7	102.7±26.1	0.786
LDL-C (mg/dL)	116.3±6.8	121.7±10.3	0.621
TG (mg/dL)	185.6±18.1	132.7±23.4	0.044
Hemoglobin (g/dL)	13.2±0.6	13.0±0.5	0.894
Hemoglobin A <sub>1c</sub> (%)	5.8±0.2	5.8±0.3	1.000
Urinary albumin (mg/g creatinine)	46.6±30.8	105.0±75.5	0.912
Urinary NAG (U/L)	9.9±2.1	9.3±2.9	0.341
Urinary FABP (μg/g creatinine)	10.1±4.1	6.2±2.0	0.894
LVEF (%)	54.1±3.6	54.7±4.7	0.869
Contrast medium (mL)	112.9±9.6	143.3±27.9	1.000
Medication			
RAAS inhibitor	15 (88.2%)	6 (50%)	0.023
Statin	5 (29.4%)	5 (41.7%)	0.494
Number of diseased vessels	1.1±0.2	0.8±0.3	0.401
Coronary angiography	12 (70.6%)	9 (75%)	0.793
Coronary intervention	5 (29.4%)	3 (25%)	0.793
Type of cardiac disease			
Ischemic heart disease	15 (88.2%)	9 (75%)	0.289
Valvular disease	0 (0%)	2 (1.7%)	
Cardiomyopathy	1 (5.9%)	1 (8.3%)	
Pericarditis	1 (5.9%)	0 (0%)	

**Note:** Data are shown as mean ± SD and n (%).

**Abbreviations:** SD, standard deviation; CVD, cardiovascular disease; BMI, body mass index; SBP, systolic blood pressure; eGFR, estimated GFR; h, hour; hs-CRP, high-sensitivity CRP; BNP, brain natriuretic peptide; LDL-C, low density lipoprotein cholesterol; TG, triglycerides; LVEF, left ventricular ejection fraction; RAAS, renin-angiotensin-aldosterone system; CCP, cardiac catheterization procedure; GFR, glomerular filtration rate; CRP, C-reactive protein; NAG, N-acetyl-β-D-glucosaminidase; FABP, fatty acid binding protein.

patients with cardiovascular events had diabetic mellitus, and hyperlipidemia, and were taking renin-angiotensin-aldosterone system (RAAS) blockers compared with those without cardiovascular events. Serum triglyceride levels were significantly higher in the former than in the latter. The dosage of CM was similar between the two groups.

## Changes in urinary parameters

Significant changes in urinary albumin (Figure 1A) and urinary NAG (Figure 1B) due to administration of CM

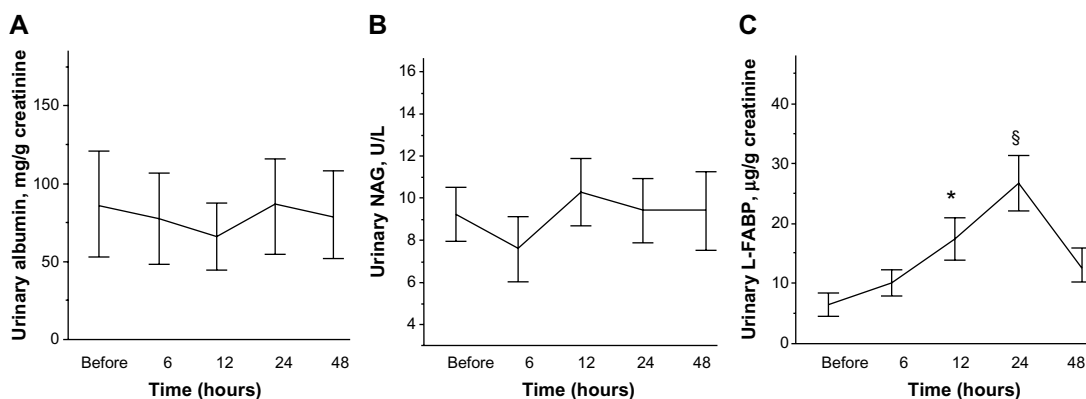
were not observed. Urinary L-FABP levels were significantly higher at 12, and 24 hours after CCP (Figure 1C). Furthermore, comparison of changes in the urinary parameter levels among patients in the two groups according to presence or absence of future cardiovascular events showed that the change in urinary albumin and urinary NAG were not found (Figure 2A and B) and that urinary L-FABP levels had increased (Figure 2C). The values of urinary L-FABP at 12, and 24 hours after CCP in the former were significantly higher than those in the latter. These results indicated that increase in urinary L-FABP due to administration of CM was significantly associated with the occurrence of cardiovascular events.

## Urinary L-FABP and occurrence of cardiovascular events

The parameter with the largest AUC for predicting the occurrence of cardiovascular events was the ΔL-FABP at 24 hours (0.816), after CCP relative to pre-CCP, and the second largest AUC was urinary L-FABP level at 24 hours after CCP (0.801, Table 2). The difference between the AUCs for the two parameters was not significant ( $P=0.898$ ). The sensitivity and specificity of change in ΔL-FABP at 24 hours after CCP, using the cut-off value of 11.0 μg/g creatinine, to predict cardiovascular events were 0.765 and 0.833, respectively. Event-free rate of cardiovascular events in the patients with higher level of ΔL-FABP at 24 hours ( $\geq 11.0$  μg/g creatinine) ( $n=16$ ), was significantly lower than that in the patients with lower level of ΔL-FABP at 24 hours ( $< 11.0$  μg/g creatinine) ( $n=13$ ) (Figure 3).

## Predictive factors for occurrence of cardiovascular events

By Cox regression analysis, we found that patients with hyperlipidemia, urinary L-FABP levels at 12, and 24 hours after CCP, ΔL-FABP at 12, and 24 hours after CCP, and higher level of ΔL-FABP at 24 hours ( $\geq 11.0$  μg/g creatinine) were significantly associated with the occurrence of cardiovascular events (Table 3). In order to exclude the confounding factor, higher level of ΔL-FABP at 24 hours ( $\geq 11.0$  μg/g creatinine) was used in the adjusted analysis because its HR in the unadjusted analysis was the highest among those of urinary L-FABP levels at 12, and 24 hours after CCP and ΔL-FABP at 12, and 24 hours after CCP. After adjustment for risk factors with  $P<0.10$  found by unadjusted analysis, and for variables with significant difference between the two groups divided according to presence or absence of cardiovascular events, we found that the complication of hyperlipidemia and a higher level of ΔL-FABP at 24 hours ( $\geq 11.0$  μg/g creatinine) were



**Figure 1** Changes in urinary albumin, NAG, and urinary L-FABP levels before and after CCP.

**Notes:** (A) Changes in urinary albumin levels in all patients (n=38). (B) Changes in urinary NAG levels in all patients (n=38). (C) Changes in urinary L-FABP levels in all the patients (n=38). \* $P < 0.005$  compared with the value before CCP; § $P < 0.0001$  compared with the value before CCP.

**Abbreviations:** NAG, N-acetyl- $\beta$ -D-glucosaminidase; L-FABP, liver-type fatty acid binding protein; CCP, cardiac catheterization procedure.

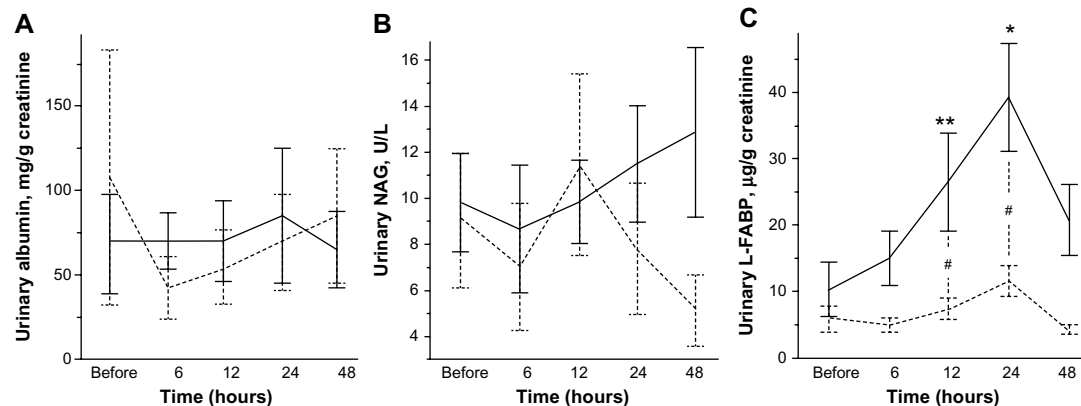
also associated with the occurrence of cardiovascular events (Table 3). When  $\Delta$ L-FABP at 24 hours as a continuous value was used as a variable of the adjusted analysis, instead of higher level of  $\Delta$ L-FABP at 24 hours ( $\geq 11.0$   $\mu\text{g/g}$  creatinine) as a categorized variable,  $\Delta$ L-FABP at 24 hours was demonstrated to be significantly associated with the occurrence of cardiovascular events (HR, 1.02; 95% confidence interval, 1.00–1.05;  $P=0.044$ ).

## Discussion

The results of this study indicated that urinary L-FABP levels increased significantly (but not urinary albumin and urinary NAG by cross-sectional analysis) after administration of CM in patients with mild to moderate renal dysfunction undergoing CCP. In order to determine whether the increase in urinary L-FABP was associated with occurrence of cardiovascular

events, a retrospective longitudinal study was performed. In patients with occurrence of cardiovascular events, urinary L-FABP levels significantly increased due to administration of CM compared to those without occurrence of cardiovascular events. In addition to hyperlipidemia, which is a classical risk factor of cardiovascular events, increase in urinary L-FABP levels at 24 hours after CCP compared with before the procedure, was found to be a risk factor for occurrence of cardiovascular events. From these results, change in urinary L-FABP after CCP appears to be useful for the prediction of the occurrence of cardiovascular events in patients undergoing CCP.

The mechanism by which urinary L-FABP levels increased following administration of CM was not elucidated in this study. Effects of CM on the kidney are known to induce damage of endothelial cells by direct cytotoxicity or viscosity of the CM, and consequently, can lead to



**Figure 2** Changes in urinary albumin, NAG, and urinary L-FABP levels before and after CCP divided into two groups according to the occurrence of cardiovascular events.

**Notes:** Group without occurrence of cardiovascular events (dotted line) (n=12); group with occurrence of cardiovascular events (straight line) (n=17). (A) Changes in urinary albumin levels in the patients enrolled to the longitudinal study. (B) Changes in urinary NAG levels in the patients enrolled to the longitudinal study. (C) Changes in urinary L-FABP levels in the patients enrolled to the longitudinal study. \* $P < 0.005$  compared with the respective value before CCP; \*\* $P < 0.05$  compared with the respective value before CCP; # $P < 0.05$  compared with the group without occurrence of cardiovascular events at the same time point.

**Abbreviations:** NAG, N-acetyl- $\beta$ -D-glucosaminidase; L-FABP, liver-type fatty acid binding protein; CCP, cardiac catheterization procedure.

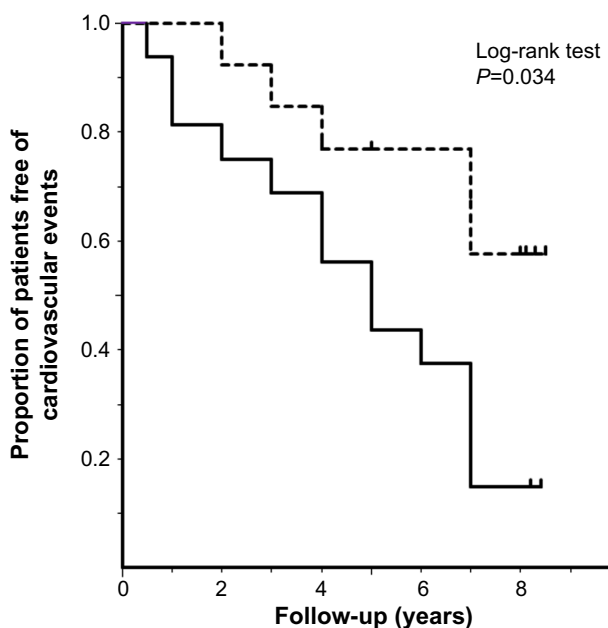
**Table 2** Usefulness of urinary L-FABP levels for predicting the occurrence of cardiovascular events

Evaluation	AUC	Cut-off value ( $\mu\text{g/g}$ creatinine)	Sensitivity	Specificity	PPV	NPV
L-FABP						
12 h after CCP	0.733	5.5	0.764	0.583	0.722	0.636
24 h after CCP	0.801	18.1	0.765	0.833	0.867	0.714
$\Delta$ L-FABP						
Before-at 12 h	0.74	2.2	0.706	0.75	0.8	0.643
Before-at 24 h	0.816	11	0.765	0.833	0.867	0.714

**Abbreviations:** AUC, area under the receiver-operating characteristic curves; PPV, positive predictive value; NPV, negative predictive value; CCP, cardiac catheterization procedure; h, hour; L-FABP, liver-type fatty acid binding protein;  $\Delta$ L-FABP, difference in urinary L-FABP.

development of renal hypoxia.<sup>23</sup> We speculated that tubular hypoxia, induced by administration of CM, activates hypoxia inducible factor-1 (HIF-1),<sup>24</sup> which binds to the hypoxia responsive element in the promoter region of the L-FABP gene to up-regulate its gene expression, and promotes urinary excretion of L-FABP. In the patients with occurrence of cardiovascular events, pre-existing latent renal endothelial injury or endothelial dysfunction may be stronger, thus, marked tubular hypoxia may be induced by CM as compared to the patients without these events. The increase in urinary L-FABP levels after CCP may reflect the severity of pre-existing latent renal endothelial injury or endothelial dysfunction.

Why are changes in urinary L-FABP after administration of CM associated with the occurrence of cardiovascular events? The relationship between urinary L-FABP and cardiovascular disease has been examined in some studies. In a previous prospective study performed in type 2 diabetic patients with normoalbuminuria and microalbuminuria, the occurrence of cardiovascular events in addition to the progression to end-stage renal failure were observed at a greater rate in patients with higher urinary L-FABP.<sup>25</sup> Moreover, a higher urinary L-FABP level was a predictor for all-cause mortality, independent of urinary albumin and other established risk factors in type 1 diabetic patients with normoalbuminuria.<sup>26</sup> A recent cross-sectional investigation that enrolled type 2 diabetic patients with normoalbuminuria showed that the frequency of electrocardiographic abnormalities in patients with a higher level of urinary L-FABP (greater than upper limit of reference value of urinary L-FABP,  $>8.4 \mu\text{g/g}$  creatinine),<sup>27</sup> was significantly higher than those with a lower level of urinary L-FABP ( $<8.4 \mu\text{g/g}$  creatinine), although urinary albumin and eGFR levels using standardized serum cystatin C were similar between the two groups.<sup>28</sup> Urinary L-FABP may reflect the degree of not only renal microcirculation injury, but also systemic microcirculation injury, and may be a predictive marker for the onset of cardiovascular events. Furthermore, another group also reported that increase in urinary L-FABP at 24 hours after CCP, but not before undergoing CCP, was significantly associated with the onset of cardiovascular disease in the patients who were followed for up to 4.5 years, although cut-off values of the degree of increase in urinary L-FABP and changes in urinary L-FABP before and after CCP were not shown.<sup>17</sup> From these results, urinary L-FABP may sensitively detect renal hemodynamic change following administration of CM, which induces renal hypoxia, and the change in urinary L-FABP by CM may depend on the degree of underlying asymptomatic renal circulation disorder. As renal circulation disorder is relevant to systemic circulation injury, response of urinary L-FABP



**Figure 3** Event-free rate of cardiovascular events according to the Kaplan–Meier method.

**Notes:** Non-increase group with  $\Delta$ L-FABP from before CCP to 24 hours after CCP  $<11.0 \mu\text{g/g}$  creatinine (dotted line) (n=13); increase group with  $\Delta$ L-FABP before-at 24 hours  $\geq 11.0 \mu\text{g/g}$  creatinine (straight line) (n=16). Differences between groups were compared by a log-rank test.

**Abbreviation:**  $\Delta$ L-FABP, difference in urinary liver-type fatty acid binding protein.

**Table 3** Univariate and multivariate Cox regression analyses using the occurrence of cardiovascular events

Variables	Univariate analysis			Multivariate analysis		
	Hazard ratio	95% CI	P-value	Hazard ratio	95% CI	P-value
Age, years	0.98	0.94–1.03	0.427			
Sex (male)	0.75	0.26–2.14	0.593			
Smoking	1.24	0.79–1.94	0.353			
Previous history						
Diabetes mellitus	2.40	0.84–6.82	0.101	2.28	0.73–7.12	0.157
Hypertension	1.16	0.27–5.10	0.840			
<b>Hyperlipidemia</b>	<b>4.39</b>	<b>1.24–15.49</b>	<b>0.021</b>	<b>5.09</b>	<b>1.30–19.86</b>	<b>0.019</b>
BMI, kg/m <sup>2</sup>	0.91	0.79–1.04	0.177			
SBP, mmHg	1.01	0.98–1.04	0.50			
LVEF, %	1.00	0.97–1.04	0.854			
Hemoglobin A <sub>1c</sub> , %	1.08	0.61–1.90	0.801			
eGFR, mL/min/1.73 m <sup>2</sup>	0.97	0.93–1.01	0.199			
hs-CRP	1.09	0.07–18.25	0.950			
BNP	1.00	0.99–1.00	0.750			
LDL, mg/dL	0.99	0.98–1.02	0.99			
TG, mg/dL	1.00	0.99–1.01	0.164	1.01	0.99–1.02	0.064
Urinary albumin, mg/g creatinine						
Before CCP	0.99	0.99–1.00	0.621			
Urinary L-FABP, µg/g creatinine						
Before CCP	1.02	0.98–1.05	0.361			
12 h after CCP	1.02	1.00–1.03	0.028			
24 h after CCP	1.02	1.01–1.03	0.007			
ΔL-FABP, µg/g creatinine						
Before-at 12 h	1.03	1.01–1.05	0.015			
Before-at 24 h	1.03	1.01–1.05	0.003			
<b>Higher level of ΔL-FABP at 24 h ≥ 11.0 µg/g creatinine</b>	<b>3.60</b>	<b>1.17–11.1</b>	<b>0.026</b>	<b>4.93</b>	<b>1.27–19.13</b>	<b>0.021</b>
RAAS inhibitor	3.58	0.82–15.68	0.091	0.65	0.11–3.97	0.642
Presence of ischemic heart disease at the start	1.86	0.65–5.33	0.245			

**Note:** Bold text indicates significant results.

**Abbreviations:** BMI, body mass index; SBP, systolic blood pressure; LVEF, left ventricular ejection fraction; eGFR, estimated GFR; hs-CRP, high-sensitivity CRP; BNP, brain natriuretic peptide; LDL, low density lipoprotein; TG, triglycerides; CCP, cardiac catheterization procedure; RAAS, renin-angiotensin-aldosterone system; CI, confidence interval; h, hour; GFR, glomerular filtration rate; CRP, C-reactive protein; L-FABP, liver-type fatty acid binding protein; ΔL-FABP, difference in urinary L-FABP.

following CM administration may be a predictor for onset of future cardiovascular events.

The present study and a previous study,<sup>17</sup> indicated that measurement of urinary L-FABP before CCP and at 24 hours after CCP was important for risk stratification of the onset of future cardiovascular events in the patients undergoing CCP with mild to moderate renal dysfunction. In a previous clinical study of CIAKI in patients undergoing CCP, a higher level of urinary L-FABP before CIAKI was significantly correlated with the occurrence of CIAKI,<sup>16,18</sup> and the cut-off value of urinary L-FABP, 24.5 mg/g creatinine, was found.<sup>16</sup> Furthermore, increase in urinary L-FABP at 48 hours after CCP was relevant to short-term renal dysfunction in patients undergoing CCP without occurrence of CIAKI.<sup>20</sup> From these studies, measurement of urinary L-FABP before undergoing CCP, and at 24, and 48 hours after CCP may be useful for prediction of the occurrence

of CIAKI, short-term renal prognosis and onset of future cardiovascular events.

Urinary albumin is a predictive, independent risk factor for cardiovascular events.<sup>29,30</sup> However, urinary albumin level before undergoing CCP in this study was not correlated with the occurrence of cardiovascular events. In the cohort of this study, the mean urinary albumin level was low, and there were only four patients with microalbuminuria and two patients with macroalbuminuria. Occurrence of cardiovascular events was observed even in the patients with normoalbuminuria. With regard to urinary NAG as a tubular damage marker, change in urinary NAG was not observed due to administration of CM. This result indicated that tubular structural damage was not induced by the CM used in this study. Hs-CRP is a marker for systemic inflammation, which leads to arteriosclerosis, and increase in hs-CRP level is a risk factor for occurrence of cardiovascular disease.<sup>31,32</sup>

Hs-CRP levels in this study were relatively low and similar between the patients with the presence, or absence of occurrence of cardiovascular events. In the patients with cardiac disease showing low levels of hs-CRP, occurrence of cardiovascular events may be weakly associated with the levels of hs-CRP.

One of the limitations of this study was that the number of subjects was small, and a prospective large-scale multicenter study is needed to reconfirm the relationship between increase in urinary L-FABP due to administration of CM and occurrence of cardiovascular events, and the cut-off values for identifying high-risk patients who develop cardiovascular events. Secondly, the present study was designed as a retrospective observational study, and treatments depended on the discretion of the individual cardiologists. The number of patients taking RAAS inhibitors was larger in the group with occurrence of cardiovascular disease than in the group without it. We considered that if activation of RAAS was not sufficiently controlled, this may have led to the occurrence of cardiovascular events. Finally, the type of cardiac disease was not uniform in the patients enrolled to this study. However, the type of cardiac disease was not significantly different between the patients with the presence, or absence of occurrence of cardiovascular events.

In summary, the current study found that measurement of urinary L-FABP before CCP and at 24 hours after CCP, and the evaluation of the difference between them, may be a suitable biomarker to predict the onset of cardiovascular events in clinical practice in patients with mild to moderate renal dysfunction undergoing CCP.

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## Disclosure

T Sugaya is the Director and Senior Scientist of CMIC Holdings Co, Ltd, the company that produced the kits for L-FABP analysis. None of the other authors have conflicts of interest or financial disclosures of any relevance to the present study.

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