

International Nosocomial Infection Control Consortium Findings of Device-Associated Infections Rate in an Intensive Care Unit of a Lebanese University Hospital

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ABSTRACT

Objectives: To determine the rates of device-associated healthcare-associated infections (DA-HAI), microbiological profile, bacterial resistance, length of stay (LOS), excess mortality and hand hygiene compliance in one intensive care unit (ICU) of a hospital member of the International Infection Control Consortium (INICC) in Beirut, Lebanon. **Materials and Methods:** An open label, prospective cohort, active DA-HAI surveillance study was conducted on adults admitted to a tertiary-care ICU in Lebanon from November 2007 to March 2010. The protocol and methodology implemented were developed by INICC. Data collection was performed in the participating ICUs. Data uploading and analyses were conducted at INICC headquarters on proprietary software. DA-HAI rates were recorded by applying the definitions of the National Healthcare Safety Network (NHSN) at the US Centers for Disease Control and Prevention (CDC). We analyzed the DA-HAI, mechanical ventilator-associated pneumonia (VAP), central line-associated bloodstream infection (CLA-BSI), and catheter-associated urinary tract infection (CAUTI) rates, microorganism profile, excess LOS, excess mortality, and hand hygiene compliance. **Results:** A total of 666 patients hospitalized for 5,506 days acquired 65 DA-HAIs, an overall rate of 9.8% [(95% confidence interval (CI) 7.6–12.3], and 11.8 (95% CI 9.1–15.0) DA-HAIs per 1000 ICU-days. The CLA-BSI rate was 5.2 (95% CI 2.8–8.7) per 1000 catheter-days; the VAP rate was 8.1 (95% CI 5.5–11.7) per 1000 ventilator-days; and the CAUTI rate was 4.1 (95% CI 2.6–6.2) per 1000 catheter-days. LOS of patients was 7.3 days for those without DA-HAI, 13.8 days for those with CLA-BSI, 18.8 days for those with VAP. Excess mortality was 40.9% [relative risk (RR) 3.14; *P* 0.004] for CLA-BSI. Mortality of VAP and CAUTI was not significantly different from patients without DA-HAI. *Escherichia coli* was the most common isolated microorganism. Overall hand hygiene compliance was 84.9% (95% CI 82.3–87.3). **Conclusions:** DA-HAI rates, bacterial resistance, LOS and mortality were moderately high, below INICC overall data and above CDC-NHSN data. Infection control programs including surveillance and antibiotic policies are essential and continue to be a priority in Lebanon.

Key words: Catheter associated urinary tract infection, Central line associated bloodstream infection, Ventilator associated pneumonia, Intensive care unit, Lebanon, International Nosocomial Infection Control Consortium

INTRODUCTION

In the USA, as well as in several other high income countries, device-associated healthcare-associated infection (DA-HAI) surveillance in the intensive care unit (ICU) plays a substantial role in hospital infection control and quality assurance.^[1] The Study of the Efficacy of Nosocomial Infection Control (SENIC) of the Centers

for Disease Control (CDC) reported that surveillance was an efficacious tool to reduce DA-HAIs.^[2]

In an increasingly large amount of scientific literature, DA-HAIs are considered the principal threat to patient safety in the ICU, and are among the main causes of patient morbidity and mortality.^[3–5] The CDC's previous National Nosocomial Infection Surveillance System (NNIS) and current National Healthcare Safety Network (NHSN) have established standardized criteria for DA-HAI surveillance.^[6,7] This standardized surveillance method allows for the determination of DA-HAI rates per 1000 device-days that can be used as benchmarks among healthcare centers, and

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provides infection control practitioners (ICP) with an in-depth look at the institutional problems they confront, so they can design an effective strategy to solve them.

In the context of an expanded framework for DA-HAI control, most of the relevant studies of ICU-acquired infections have been carried out in the industrialized countries.^[8] In the developing countries, however, few published studies report on the data of DA-HAI rates by means of using standardized definitions.^[9-17]

The International Infection Control Consortium (INICC) was founded in 1998 when selected hospitals from Latin America were invited to participate in the project in order to measure DA-HAI using standardized definitions and methodology.^[18] Shortly afterwards, other hospitals located in different parts of the world joined the consortium. Nowadays, the INICC comprises a worldwide network of around 250 ICUs from 38 countries of Latin America, Asia, Africa and Europe.^[9-17]

On a monthly basis, healthcare facilities send data to the INICC which are then entered into an international database. Hospitals members of INICC provide general medical and surgical inpatient services to adults and children hospitalized in the intensive care units.

In Lebanon, published data on DA-HAI rates are scarce (Azzam, Tohme). The findings of the present study on Lebanon form an integral part of INICC and reflect the outcome and process surveillance data that were systematically collected.

MATERIALS AND METHODS

Setting

The study was carried out in an ICU at the American University of Beirut Medical Center (AUBMC), a tertiary care teaching hospital in Lebanon from November 2007 to March 2010. The hospital has an infection control team composed of two physicians (a director and a hospital epidemiologist), two ICPs with more than fifteen years of experience in infection control, and an infection control officer with a nursing background. The clinical microbiology laboratory, which is accredited by the College of American Pathologists (CAP) provides *in vitro* antibiotic susceptibility testing of clinical isolates using standardized methods. The Institutional Review Board of the hospital approved the study protocol. Patient confidentiality was protected by codifying the recorded information, making it only identifiable to the infection control team.

Surveillance

On a daily basis, data were collected prospectively from all the patients admitted to the ICUs by means of specifically designed forms. The data were gathered according to the DA-HAI definitions provided by the CDC-NNIS and CDC-NHSN,^[6,7] and methodology of INICC.^[18]

Collection of specimens

Central line associated bloodstream infection (CLA-BSI): Central lines were removed aseptically and the distal 5 cm of the catheter was amputated and cultured using a standardized semi-quantitative method.^[19] Concomitant blood cultures were drawn from the lines prior to removal and percutaneously in nearly all cases.

Ventilator associated pneumonia (VAP): In most cases, a deep tracheal aspirate from the endotracheal tube was cultured aerobically and Gram-stained.

Catheter-associated urinary tract infection (CAUTI): A urine sample was aseptically aspirated from the sampling port of urinary catheter and cultured quantitatively.

In all cases, standard laboratory methods were used to identify microorganisms, and a standardized susceptibility test was performed.^[20]

Device-associated infections rates calculation

Outcomes measured during the surveillance period included the incidence density rate of CLA-BSI (number of cases per 1000 central venous catheter days), of CAUTI (number of cases per 1000 urinary catheter days), and of VAP (number of cases per 1000 mechanical ventilator days).

In order to calculate DA-HAI rates of VAP, CLA-BSI, and CAUTI per 1000 device-days were calculated by dividing the total number of DA-HAI by the total number of specific device-days and multiplying the result by 1000.^[21]

Device utilization (DU) ratios were calculated by dividing the total number of device-days by the total number of patient days. Device-days are the total number of days of exposure to the device (central line, ventilator, or urinary catheter) by all of the patients in the selected population during the selected time period. Patient-days are the total number of days that patients are in the ICU during the selected time period.^[21]

Length of stay and mortality calculation

Length of stay (LOS) and mortality was collected prospectively when filling out INICC forms daily.

The excess LOS is the difference between the LOS of patients with a DA-HAI and the LOS of patients hospitalized in the ICU during that period who did not acquire a DA-HAI.^[18]

The crude excess mortality was calculated as the difference between the crude overall case-fatality of patients with a DA-HAI and the crude case-fatality of patients hospitalized in the ICU during that period who did not acquire a DA-HAI.^[18]

Statistical analysis

EpiInfo[®] version 6.04b (CDC, Atlanta, GA) and SPSS 16.0 (SPSS Inc. an IBM company, Chicago, Illinois) were used to conduct data analysis.

Chi square analyses for dichotomous variables and t-test for continuous variables were used to analyze baseline differences among rates. Relative risk (RR) ratios, 95% confidence intervals (CIs) and *P* values were determined for all primary and secondary outcomes.

RESULTS

Features of population studied

During the two years and four months of study, surveillance data were prospectively collected on 666 patients hospitalized in the ICUs for 5,506 ICU-days. The characteristics of the ICU, the number of patients enrolled in the study, the number of ICU days and device use days are shown in Table 1. Device utilization was 0.65 for mechanical ventilation, 0.49 for CL, and 0.97 for urinary catheters. The total number of hand hygiene (HH) opportunities observed was 843. Overall hand hygiene compliance rate was 84.9% (95% CI 82.3-87.3).

DA-HAI rates, mortality and LOS

The patients acquired 65 DA-HAIs, giving an overall rate of 9.8% (95% CI 7.6–12.3) or 11.8 DA-HAIs per 1000 ICU-days (95% CI 9.1–15.0). VAP were the most commonly encountered type of infection, accounting for 45% of all DA-HAIs, followed by CAUTI at 34% and CLA-BSI at 22% [Table 2].

CLA-BSI

The CLA-BSI rate was 5.2 per 1000 CL-days (95% CI 2.8–8.7) [Table 2]. The crude mortality of patients with

Table 1: Characteristics of the intensive care unit at the American University of Beirut Medical Center, member of the International Nosocomial Infection Control Consortium

Variable	Overall
Number of hospital beds	320
Number of ICU beds	8
ICUs, <i>n</i>	1
ICU type	Medical surgical
Surveillance period	11/2007 to 03/2010
Range of experience of the infection control practitioner, y	15
Number of medical staff	4
Patients studied, <i>n</i>	666
Total ICU days, <i>d</i>	5,506
Device use*	
Ventilator days, <i>d</i>	3,561
Ventilator use,	0.65
Central line days, <i>d</i>	2,691
Central line use,	0.49
Urinary catheter days, <i>d</i>	5,340
Urinary catheter use,	0.97

ICU: Intensive care unit; d, days; *Device utilization (DU): DU ratios were calculated by dividing the total number of device-days by the total number of patient-days. Device-days are the total number of days of exposure to the device (central line, mechanical ventilator, or urinary catheter) by all of the patients in the selected population during the selected time period. Patient-days are the total number of days that patients are in the ICU during the selected time period; *n*: number; *y*: years

Table 2: Device associated infections rates (VAP, CLA-BSI, and CAUTI) from 11/2007 to 03/2010

Infection site	Device type	Device-days	DA-HAI	Distribution of DA-HAI (%)	Rate per 100 patients	Rate per 1000 device-days*
VAP	MV	3,561	29	45%	4.35%	8.1 (95% CI 5.5-11.7)
CLA-BSI	CL	2,691	14	22%	2.10%	5.2 (95% CI 2.8-8.7)
CAUTI	UC	5,340	22	34%	3.30%	4.1 (95% CI 2.6-6.2)

VAP: Ventilator-associated pneumonia, CLA-BSI: Central line-associated blood stream infection. CAUTI: Catheter-associated urinary tract infection; MV: Mechanical ventilator; CL: Central line; UC: Urinary catheter; DA-HAI: Device-associated healthcare-associated infection; ICU: Intensive care unit; *Rate per 1000 device-days: Rates were calculated by dividing the total number of DA-HAIs by the total number of specific device-days by all of the patients in the selected population during the selected time period and multiplying the result by 1000

Table 3: Excess mortality of patients with device-associated infections from 11/2007 to 03/2010

	Crude mortality	Extra mortality	RR	95% CI	<i>P</i> value
Patients without DA-HAI, %	19.1%				
Patients with CLA-BSI, %	60.0%	40.9%	3.14	1.38-7.13	0.0039
Patients with VAP, %	15.0%	-	0.78	0.25-2.47	0.6780
Patients with CAUTI, %	12.5%	-	0.65	0.16-2.65	0.5487

RR: Relative Risk; DA-HAI: Device-associated healthcare-associated infection; CLA-BSI: Central line-associated blood stream infection; VAP: Ventilator-associated pneumonia, CAUTI: Catheter-associated urinary tract infection

CLA-BSI was 60% compared to 19% in patients without DA-HAI, amounting to an excess mortality rate of 41% (RR 3.14, 95% CI 1.4-7.1, $P=0.004$) [Table 3]. Similarly, LOS was longer in patients with CLA-BSI compared to those without DA-HAI (13.8 days; 95% CI 7.7–28.4 vs. 7.3 days; 95% CI 6.8–7.9), yielding an extra LOS of 6.5 days (RR 1.88) [Table 4].

VAP

As for VAP, the rate was 8.1 per 1000 MV-days (95% CI 5.5-11.7) [Table 2]. The crude mortality of patients with VAP was 15% comparable to that of patients without DA-HAI (RR 0.78; 95% CI 0.3-2.5; $P=0.678$) [Table 3]. The LOS of patients with VAP was 18.8 days (95% CI 12.3-30.5), yielding an extra LOS of 11.4 days (RR 2.56) [Table 4].

CAUTI

The CAUTI rate was 4.1 per 1000 UC-days (95% CI 2.6-6.2) [Table 2]. The LOS of patients with CAUTI was 15.8 days (95% CI 9.9-27.4), yielding an extra LOS of 8.5 days (RR 2.16) [Table 4].

Table 4: Excess length of stay of patients with device-associated infections from 11/2007 to 03/2010

	Average length of stay	Extra length of stay	95% CI	RR
Patients without DA-HAI, %	7.3		6.8-7.9	
Patients with CLA-BSI, %	13.8	6.5	7.7-28.4	1.88
Patients with VAP, %	18.8	11.4	12.3-30.5	2.56
Patients with CAUTI, %	15.8	8.5	9.9-27.4	2.16

RR: Relative Risk; DA-HAI: Device-associated healthcare-associated infection; CLA-BSI: Central line-associated blood stream infection; VAP: Ventilator-associated pneumonia, CAUTI: Catheter-associated urinary tract infection

Table 5: Distribution of pathogens involved in device-associated infections from 11/2007 to 03/2010

Microorganism related to DA-HAI	CLA-BSI related (%)	VAP related (%)	CAUTI related (%)	Overall %
<i>Escherichia coli</i>	36.3	29.2	35.0	32.7
<i>Acinetobacter</i> spp.	27.3	37.5	20.0	29.1
<i>Candida</i> spp.	0.0	0.0	25.0	9.1
<i>Klebsiella</i> spp.	0.0	12.5	5.0	7.3
<i>Coagulase negative staphylococci</i>	27.3	4.2	0.0	7.3
<i>Stenotrophomonas</i> spp.	0.0	8.3	5.0	5.5
<i>Enterobacter</i> spp.	9.1	0.0%	5.0	3.6
<i>Pseudomonas</i> spp.	0.0	8.3	0.0	3.6
<i>Enterococcus</i> spp.	0.0	0.0	5.0	1.8

DA-HAI: Device-associated healthcare-associated infection; CLA-BSI: Central line-associated blood stream infection; VAP: Ventilator-associated pneumonia, CAUTI: Catheter-associated urinary tract infection

Overall microorganism profile and bacterial resistance

DA-HAI were caused by *E. coli* (32.7%), *Acinetobacter* spp. (29.1%), *Candida* spp (9.1%), *Klebsiella* spp. (7.3%), *coagulase negative staphylococci* (CNS) (7.3%), *Stenotrophomonas* spp. (5.5%), by *Pseudomonas* spp. (3.6%), *Enterobacter* spp. (3.6%), and *Enterococcus* spp (1.8%). *Staphylococcus aureus* was not isolated [Table 5]. Antibiotic susceptibilities showed that all *E. coli* isolates were resistant to amikacin, ciprofloxacin, and to ampicillin. Resistance to cefalotin, ceftazidime, gentamicin, and ceftriaxone was observed in 66%, 50%, 25%, and 33% of the isolates, respectively. However, all strains were susceptible to amikacin, imipenem, piperaciline-tazobactam, cefoperazone. For *Acinetobacter* spp. Isolates, we showed that all were resistant to amikacin, ceftazidime, ciprofloxacin, gentamicin, imipenem, and to piperacillin-tazobactam. All *Klebsiella* spp. isolates were resistant to ampicillin, cefalotin, and none was resistant to amikacin or imipenem, 33% were resistant to ceftazidime and to ciprofloxacin, 50% to gentamicin and to piperaciline-tazobactam. CNS isolates were all resistant to methicilin, clindamycin, and penicillin, however none was resistant to gentamicin or to vancomycin. *Stenotrophomonas* spp.-0% of which were resistant to levofloxacin. Resistance to ceftazidime, to ciprofloxacin, to gentamicin, and to piperaciline-tazobactam was not detected any *Pseudomonas* spp. isolate. *Enterobacter* spp. isolates were resistant to levofloxacin and susceptible to all other antibiotics tested. Finally, all *Enterococcus* spp. were resistant to ampicillin, to erythromycin, and to vancomycin.

DISCUSSION

Although DA-HAIs have been a primary and serious cause of patient morbidity and attributable mortality in the developing countries,^[9-17] this is the first prospective study to examine DA-HAI rates in an ICU of a university hospital in Lebanon. Additionally, DA-HAIs have been shown to be a critical factor, predisposing hospitals to increased healthcare costs.^[9,10,22,23] However, several research studies conducted in the US have indicated that the incidence of DA-HAI can be reduced by as much as 30%, which would result in correlative reduced healthcare costs. It is noteworthy that US hospitals that were able to reduce their DA-HAI rates relied on strategies developed by their infection control programs, which included targeted device-associated surveillance.^[2] In addition, compliance with hand hygiene has also been found to be central to any infection control intervention. In this study, hand hygiene compliance rate was higher than in the overall INICC ICUs: 84.9% (95% CI 82.3–87.3) vs. 54.1% (95% CI 53.6–54.4).^[12] This is largely due to the efforts made by

the infection control team at AUBMC by launching several campaigns over the past 4 years to increase awareness of the importance of hand hygiene among healthcare workers, and by making alcohol based hand rubs widely available in all patient care areas. However, although hand hygiene compliance rate was high if compared to INICC overall HH rates, the fact that DA-HAI rates shown in this study continue to be high, when benchmarked against NHSN rates, may anticipate that further prevention efforts need to be implemented.

In a point prevalence study from Lebanon, the HAI prevalence per 100 patients in the ward was 6.8% (95% CI 5.1–8.4), which is similar to our DA-HAI rate of 9.8% (95% CI 7.6–12.3). Also, as in our present study, VAP was the most common infection.^[24] In a retrospective study from another university hospital from Lebanon, CAUTI was the most common infection, followed by VAP.^[25]

The CLA-BSI rate was 5.2 (95% CI 2.8–8.7) per 1,000 CL days in this study, which is lower than the INICC report rate (7.4 per 1,000 CL days),^[12] but higher than the 1.5 NHSN rate (95% CI 1.4–1.6).^[11] VAP rate was also lower in this study (8.1 per 1,000 MV days, [95% CI 5.5–11.7]) than the one in the INICC report (14.7 per 1,000 MV days [95% CI 14.2–15.2])^[12] but higher than the NHSN rate (1.9 per 1,000 MV days [95% CI 1.8–2.1]).^[11] The CAUTI rate was 4.1 (95% CI 2.6–6.2) per 1,000 catheter days in this study, which is comparable with the 6.1 rate (95% CI 5.9–6.4) of overall INICC ICUs,⁽¹²⁾ and with the 3.1 NHSN rate (95% CI 3.0–3.3).^[11]

The mortality of patients without DA-HAI was higher in this study than in the overall INICC ICUs: 19.1% (95% CI 16.1–22.5) vs. 14.4% (95% CI 14.1–14.7)^[12] which may be explained due to the increased severity of the patients' underlying conditions in the ICU. Such conditions were measured according to INICC methodology,^[18] and CDC NNIS/NHSN criteria,^[21] which include the calculation and recording of Severity of illness scores—namely, APACHE II, and Average Severity Illness Score (ASIS)—for each patient at ICU admission. CLA-BSI mortality was not significantly higher in this study in comparison to the overall INICC ICUs: 60.0% (95% CI 26.2–88.0) vs. 38.1% (95% CI 35.7–40.4).^[12] The average LOS of patients without DA-HAI, with CLA-BSI and with VAP was similar in this study to the overall INICC ICUs.^[12]

Several factors have probably contributed to the observed DA-HAI rates in this study, many of which are particular to the country and to the hospital setup itself. First, in Lebanon, guidelines on specific infection control practices

are in place, but national infection control surveillance is not conducted. Recently, AUBMC was granted accreditation by the Joint Commission International, which attests to the rigorous infection control program currently in place. Practice bundles for the prevention of DA-HAI have now become central to the care of patients in the ICU. Other hospitals in the country are also working towards accreditation. In addition, national accreditation by the Ministry of Health has become mandatory. Second, in Lebanon, as in most developing countries, administrative and financial support is limited, which almost inevitably results in limited funds and resource availability to deal with infection control.^[26] Third, there are insufficient supplies and wards are over-crowded. Fourth, there is a lower nurse-to-patient ratio compared to US hospitals, which has also been associated with increased risk of DA-HAI.^[27] Finally, and unlike in US hospitals, our DA-HAI rates might be higher than the NHSN rates because the ICU at our center admits many patients who are terminally ill with advanced chronic illnesses, and who receive multiple courses of antibiotics and are colonized and/or infected with multi-drug resistant pathogens.

The first step that would contribute to a reduction in DA-HAI risk in hospitalized patients is the institution of surveillance of DA-HAI.^[2] Next, basic, but effective, infection control practices need to be adopted for improving the prevention of DA-HAIs.^[28–31] Needless to say, shared knowledge and accurate information on this serious problem in hospital ICUs can be highly motivating for developing effective high-quality infection control strategies. In this regard, there is evidence from several centers in INICC suggesting positive modifications in hospital practices: Substantial increase in hand hygiene compliance, institution of performance feedback programs for hand hygiene, and subsequent significant reduction in CLA-BSI, CAUTIs, and VAP rates.^[14,32–37]

However, this study presents many limitations, the first one being the fact that these data may not be generalized to primary or other tertiary medical centers in Lebanon. During two years and four months, we have prospectively collected data as an integral part of the implementation of a comprehensive surveillance system in 1 ICU from a Lebanese hospital. There is a likelihood that the efficacy of surveillance could have affected the observed rates, which constitutes a possible bias. In addition, variations in DA-HAI rates among the INICC member hospitals and between countries might be accounted for by heterogeneity in the patient populations, the severity of illness, and the efficacy of infection control interventions. Thirdly, processing and interpretation of culture specimens is

currently being performed at individual member hospitals' laboratories rather than at a central laboratory. However, most laboratories follow the CLSI's criteria (updated to M100-S20-U) and definitions so that variability is kept at a minimum.

CONCLUSION

DA-HAIs pose a huge and largely under-recognized threat to patient safety in the developing countries. In Lebanon, rates of most DA-HAIs are lower than INICC rates but higher than NHSN rates, emphasizing that there is still room for improvement to lower infection rates and provide safer care to patients. Through continued and systematic surveillance, healthcare personnel at INICC member hospitals are provided with simple, but effective and inexpensive preventive strategies.^[14,32-38] We expect that this results in wider acceptance of infection control programs in all hospitals members of the consortium, thereby leading to significant reductions in DA-HAI rates, particularly in the ICU setting. For that reason, as in the case of this Lebanese hospital, any hospital may participate in the INICC network, which was created in an understanding of the paramount need of developing countries to significantly prevent, control and reduce DA-HAI and their adverse consequences. In INICC, not only are investigators freely provided with training and methodological tools to conduct outcome and process surveillance, but through the publication of these confidentially collected data, relevant scientific evidence-based literature is fostered as well.

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