

<https://doi.org/10.1038/s44303-025-00074-2>

Three-dimensional fiber orientation mapping of ex vivo human brain at micrometer resolution

Check for updates

Chao J. Liu^{1,4}, William Ammon^{1,4}, Robert J. Jones¹, Jackson C. Nolan¹, Dayang Gong¹, Chiara Maffei¹, Nathan Blanke¹, Brian L. Edlow^{1,2}, Jean C. Augustinack¹, Caroline Magnain¹, Anastasia Yendiki¹, Martin Villiger³, Bruce Fischl¹ & Hui Wang¹ ✉

The accurate measurement of three-dimensional (3D) fiber orientation in the brain is crucial for reconstructing fiber pathways and studying their involvement in neurological diseases. Comprehensive reconstruction of axonal tracts and small fascicles requires high-resolution technology beyond the ability of current in vivo imaging (e.g., diffusion magnetic resonance imaging). Optical imaging methods such as polarization-sensitive optical coherence tomography (PS-OCT) can quantify fiber orientation at micrometer resolution but have been limited to two-dimensional in-plane orientation, preventing the comprehensive study of connectivity in 3D. In this work we present a novel method to quantify volumetric 3D orientation in full angular space with PS-OCT in postmortem human brain tissues. We measure the polarization contrasts of the brain sample from two illumination angles of 0 and 15° and apply a computational method that yields the 3D optic axis orientation and true birefringence. We further present 3D fiber orientation maps of entire coronal cerebrum sections and brainstem with 10 µm in-plane resolution, revealing unprecedented details of fiber configurations. We envision that our method will open a promising avenue towards large-scale 3D fiber axis mapping in the human brain as well as other complex fibrous tissues at microscopic level.

The fiber tracts constituting the white matter in the human brain form an intricate network of connections that support neuronal communication and brain function. Deciphering the structural connectivity of the brain is crucial to understand normal behavior and what goes wrong in neurological disorders. Diffusion weighted magnetic resonance imaging (dMRI) detects the preferential direction of water diffusion, which is parallel to the fiber bundles; it allows fiber pathways to be imaged in vivo and has been widely used in clinical settings such as neurosurgical planning and targeting for deep brain stimulation¹. Despite tremendous advancements over the past decade^{2,3}, the mm-resolution of dMRI limits its ability to resolve complex fiber configurations, particularly in the regions where multiple fiber bundles from different directions intersect⁴. Microscopic methods are necessary to unveil the ground truth for fiber architectures and to guide the validation of new dMRI techniques^{4,5}. Optical methods have used various contrast mechanisms to image myelinated axons at micrometer resolution, such as fluorescent labeling⁶, third harmonic generation⁷ and anti-stokes Raman

scattering⁸. However, these techniques do not provide direct measures of fiber orientation that can be used to reconstruct white-matter tracts and study structural connectivity in the brain. Instead, fiber orientation is computationally derived from the acquired images, using techniques such as structure tensor analysis, which has been applied to histological staining^{9,10}, fluorescence microscopy¹¹, and label-free optical coherence tomography (OCT) images¹².

Imaging techniques using light polarization take advantage of the birefringent nature of the myelin sheath surrounding axons to generate quantitative and label-free contrasts for myelinated fibers¹³. Birefringence originates in the differential refraction between two orthogonal axes as light travels through the anisotropic materials. The fiber geometry causes optical anisotropy with negative birefringence and an optic axis of myelin perpendicularly aligned with the physical fiber direction. In recent years, methods that rely on birefringence, such as polarized light imaging (PLI)¹⁴ and automatic serial sectioning polarization-sensitive OCT (PS-OCT)^{15,16},

¹Athinoula A. Martinos Center for Biomedical Imaging, Department of Radiology, Massachusetts General Hospital/Harvard Medical School, Charlestown, MA, 02129, USA. ²Center for Neurotechnology and Neurorecovery, Massachusetts General Hospital, Harvard Medical School, Boston, MA, 02114, USA. ³Wellman Center for Photomedicine, Massachusetts General Hospital, Boston, MA, 02114, USA. ⁴These authors contributed equally: Chao J. Liu, William Ammon.

✉ e-mail: hwang47@mgh.harvard.edu

have been applied to map microscopic fiber orientation in large-scale brain samples. PLI uses multiple oblique views to derive the 3D fiber orientations in human brain sections, after cutting of the sample into 50–100 μm thick slices¹⁷. Following fiber tracts across sections requires inter-slice registration with microscopic accuracy, which is an extremely challenging task^{17,18}. In serial sectioning PS-OCT, the blockface of the sample is imaged prior to sectioning, thus avoiding section-to-section distortions. The conventional optic axis orientation measurement of PS-OCT from one illumination angle quantifies an in-plane fiber orientation (Θ , Fig. 1a), which is a projection of the 3D fiber axis onto a plane orthogonal to the beam. Information on the through-plane fiber orientation (α , Fig. 1a) is not captured. However, fiber tracts in the brain run in all different directions in 3D; therefore, it is impossible to track them without the full 3D axis orientation. Another drawback of traditional PS-OCT is that it measures an apparent birefringence that has a dependence on the through-plane axis. Without removing the dependency, the measured birefringence does not truly reflect the structural anisotropy, which is an important indicator of myelin integrity in neurological disorders¹⁹. One approach to obtain the through-plane orientation is to use multiple illumination angles. The in-plane optic axis orientations obtained by different illumination angles allow the calculation of the through-plane orientation via a geometric derivation. Our previous study suggested a minimum of three beams were required to accurately recover the 3D orientation of muscle fibers²⁰. Similarly, various illumination configurations have been proposed in PS-OCT and validated in simple birefringent samples of tendons and muscles^{20–23}. Those configurations have been using widely spaced imaging directions, and either excluding or

assuming optic axes co-planar to the illumination beam directions, therefore limiting the range of the measurable through-plane axis. Furthermore, 3D fiber orientation measurements using PS-OCT in the human brain have not been reported.

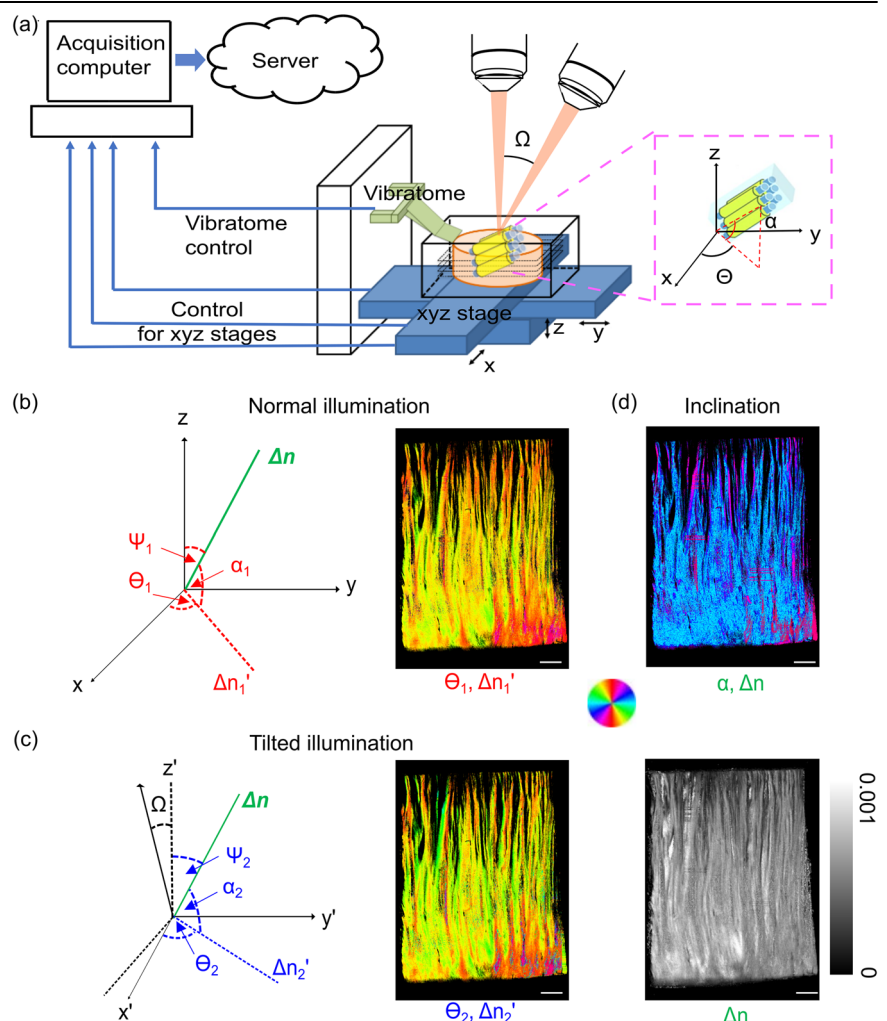
In this work, we present the estimation of 3D axis orientation in human brain tissue that allows a complete mapping of the fiber axis within the 360° spherical space with a novel procedure and a computational framework. The estimation is enabled by only two illumination beams separated by a small angle of 15° . This approach formulates a birefringence vector composed of both optic axis orientation and true birefringence, which is estimated by minimizing the error from the two measured birefringence values and in-plane optic axis orientations. We conduct a systematic validation on the performance of our approach and show the 3D fiber orientation maps in various large human brain samples, including coronal sections of a whole hemisphere and a medulla sample.

Results

Reconstruction of 3D axis orientation via two illumination angles

Traditional PS-OCT only measures the apparent birefringence and in-plane optic axis orientation, whereas the through-plane component of the 3D axis is lost. Recent PS-OCT work has reported that the true 3D optic axis can be recovered by the measurements of apparent birefringence²¹ or optic axis orientations²⁰ at variable illumination angles. Both the measured apparent birefringence and the optic axis have a dependence on the illumination angle and the measurements from different incident angles are linked by the through-plane orientation of the fibers. Geometrically, the 3D optic axis lies

Fig. 1 | Computational optimization of true birefringence vector by normal and one tilted illumination. **a** System schematic. The insert shows the in-plane (Θ) and through-plane (α) orientations of fiber tracts. **b** The angle definitions in the normal illumination incidences (left) and the orientation images obtained from this incidence (θ_1 , right). **c** The angle definitions in the tilted illumination incidences (left) and the corresponding orientation images (θ_2 , right). **d** The computational retrieved inclination angle image (α , right). The angles of orientation in **b–d** are indicated by the color wheel. The brightness of the images is modulated by corresponding apparent birefringence $\Delta n'_1$, $\Delta n'_2$ and the true birefringence Δn . The intensity of the true birefringence image is indicated by the scale bar in **(d)**. Scalar bars: 1 mm.



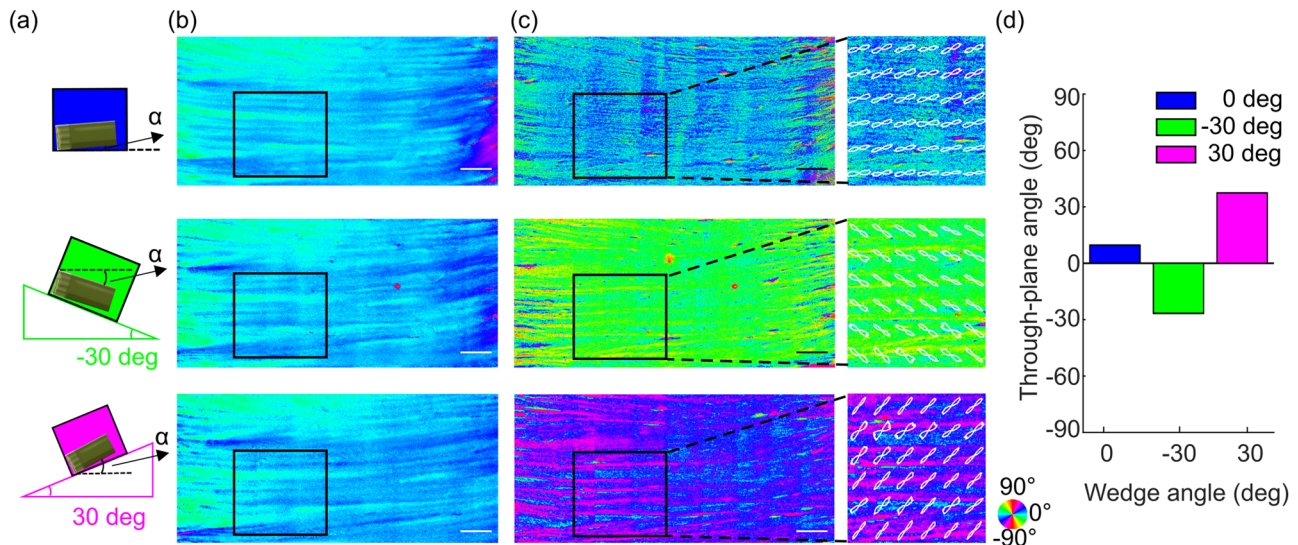


Fig. 2 | Characterization of through-plane orientation measurement for different inclination angles. **a** A cartoon illustrating the corpus callosum sample positioned on 0° (no wedge), -30° wedge, and 30° wedge to create different inclination angles. α : inclination angle. **b** The in-plane orientation images of the sample on three wedge scenarios.

c The through-plane orientation images of the sample on three wedge scenarios. The enlarged boxes of the ROI show the FODs overlaid on the orientation image. The angles of orientation in **b** and **c** are indicated by the color wheel. **d** The averaged through-plane orientation of the FODs within the ROIs in (**c**). Scale bars: 1 mm.

along the intersection of multiple planes, each of which is formed by an incident beam and its corresponding optic axis orientation. However, it is necessary to also account for the effective birefringence values, in order to manage the case when the optic axis is co-planar to the illumination beams, and hence the two planes coincide. Our forward model uses both optic axis and birefringence to capture these physical relationships.

To estimate the 3D optic axis via two illuminations, we first define the true birefringence vector $\Delta \mathbf{n} = \Delta n [\cos \Theta \cos \alpha \quad \sin \Theta \cos \alpha \quad \sin \alpha]^T$, where Δn is the true birefringence, Θ is the in-plane orientation, and α is the through-plane orientation (see the insert in Fig. 1a). We imaged the sample with normal illumination and illumination tilted by Ω° about the y-axis with our automatic serial sectional PS-OCT system (Fig. 1a and see “Methods” for details). Under the normal illumination, we obtained the apparent birefringence $\Delta n'_1$ and orientation measurement Θ_1 (Fig. 1b); whereas under the tilted illumination, we measured the apparent birefringence $\Delta n'_2$ and orientation measurement Θ_2 (Fig. 1c). From two measurements, we formed the birefringence vector $\Delta \mathbf{n}'_1 = \Delta n'_1 [\cos \Theta_1 \quad \sin \Theta_1 \quad 0]^T$ for the normal illumination (Fig. 1b, left panel) and $\Delta \mathbf{n}'_2 = \Delta n'_2 [\cos \Omega \cos \Theta_2 \quad \sin \Omega \cos \Theta_2 \quad -\sin \Omega \sin \Theta_2]^T$ for the tilted illumination (Fig. 1c, left panel). By defining estimated apparent birefringence vectors ($\Delta \mathbf{n}'_{1,2}$) relating to the estimated true birefringence vector $\Delta \mathbf{n}$, we formulated an optimization problem in Eq. (1) as finding $\Delta \mathbf{n}$ that minimizes the sum of the mean square errors between the estimated and the measured apparent birefringence vectors under the two illuminations (see “Methods” for details):

$$\min_{\Delta \mathbf{n}} \left(\|\Delta \mathbf{n}'_1 - \Delta \mathbf{n}\|_2^2 + \|\Delta \mathbf{n}'_2 - \Delta \mathbf{n}\|_2^2 \right). \quad (1)$$

We used a nonlinear optimization method in Matlab (Mathworks, Natick, MA) to obtain the optimal solution for $\Delta \mathbf{n}$. We then obtained the true birefringence Δn and through plane orientation α (Fig. 1d). The data acquisition and image reconstruction procedures are demonstrated in Fig. 1, using a homogeneous fibrous sample in the human brain.

Recovering full-range through-plane axis orientation with high accuracy

We used a section of a human corpus callosum in which the fibers run in a mostly uniform direction to validate the accuracy of the 3D fiber orientation

estimation. To create different through-plane angles, we positioned the sample on a horizontal surface (0°) and two triangular wedges made of agarose gel (-30 and 30°, Fig. 2a), respectively. The long axis of the fibers was positioned along the x-axis of the laboratory frame, creating a 0° in-plane orientation. The obtained PS-OCT measurements were obtained from the normal and a 15° tilted illuminations in each experimental condition, and 3D axis orientation was estimated using the proposed method above. As expected, our optimization yielded the same estimated in-plane orientations of 0° (Fig. 2b), whereas distinct through-plane orientations with a difference of approximately 30° between conditions 1 and 2, and 1 and 3 (Fig. 2c). We further examined the through-plane orientation in a smaller region of interest (ROI) and plotted the fiber orientation distributions (FOD). We found the mean of the through-plane FODs to be 9.2° on 0° surface (no wedge), -26.9° on -30° wedge and 37.7° on 30° wedge (Fig. 2d). The difference between the three estimates agreed with the known difference between the inclination angles of the wedges. The estimates showed a positive offset consistently with respect to the preset wedge angles, indicating the presence of the fibers oriented at a small through-plane angle at the 0° wedge setting (about 6.7° on average). It is important to underline that our method was able to distinguish the positive and negative sign of the through-plane orientations (green vs. magenta wedges in Fig. 2), which is critical in connectivity analysis as 30° and -30° fibers run into completely different directions.

We then used another block of the corpus callosum sample to characterize the range of our through-plane orientation measurement. As the white matter fiber tracts in the brain could run in all directions in spherical space, it is important for our method to capture the full $\pm 90^\circ$ range of through-plane angles. We performed two experiments on different regions of the sample. The sample was positioned on a tilting stage to artificially vary the through-plane angle. In the first experiment, the stage was tilted counterclockwise from 0° to 50° in 10° steps. Our estimated through-plane orientation successfully followed the preset tilting angles (Fig. 3a). A linear fitting of the estimated through-plane orientation with respect to the preset tilting angle revealed a slope of 0.97, very close to the theoretical value of 1. As an example, we showed two through-plane orientation maps reconstructed as the stage was positioned at 0° and 50°, in Fig. 3b. The mean through-plane orientation of the fibers was measured to be 18.6° and 73.6°, respectively. In the second experiment, we imaged another region of the sample by tilting the stage

at 10°, 30° and 50° angles and estimated the corresponding through-plane orientation. The slope of a linear fitting between the estimation and the pre-set tilting angle was 1.21, and the estimated through-plane orientation at 0° tilting was 26.8°. The slight deviation of the fitted slope from 1 was possibly attributed to the increased noise at the large tilting angle, as the estimated through-plane orientation was close to 90°. The angular error was 0.97 ± 2.33 (mean \pm st.d.) deg for the first experiment and -6.23 ± 4.28 (mean \pm st.d.) deg for the second experiment. Nevertheless, we demonstrated that our method can measure a full range of through-plane orientation angles. Taken together with Fig. 2, which shows a successful estimation of the sign of the through-plane orientation, these results suggest that our method is capable of recovering the full spherical range of the 3D fiber orientation in the human brain.

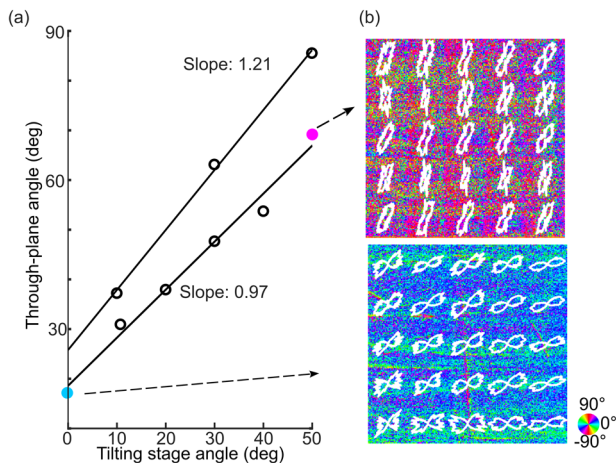


Fig. 3 | Characterization of the range of through-plane orientation estimation. **a** Two independent through-plane orientation measurements at different tilting stage angles. **b** Representative images of through-plane orientation when the tilting stage was set at 0° and 50°, with FODs overlaid. The angles of orientation are indicated by the color wheel. The sample size in **b** is 2.5 mm \times 2.5 mm.

Robust estimation under variety of in-plane orientations

A previous study showed that the accuracy of the through-plane axis was highly dependent on the in-plane orientation; as a result, a minimum of three illumination angles was required to recover the through-plane axis reliably²⁰. The method that we propose here uses an optimization algorithm that eliminates the need for the third illumination angle, while retaining a viable through-plane orientation estimation. The model works well for majority of the fiber orientations; however, the optimization fails for fibers with in-plane orientation along the y -axis (i.e., $\Theta_1 \approx \Theta_2 \approx -90/90^\circ$). The reason is that the distribution of the noise forms a U-shape (bounded by -90° and 90° ; see details in Fig. S1) instead of a normal distribution, which violates the assumption of the mean-squared-error cost function. To overcome this problem, we developed a xy -axis swap strategy for fibers with large in-plane orientation values, which effectively converted the noise back to normal distribution (see “Methods” for details). The birefringence vectors become $\Delta n'_1 = \Delta n'_1 [\cos \Theta_1 \quad \sin \Theta_1 \quad 0]^T$ for the normal illumination (Fig. 1b, left panel) and $\Delta n'_2 = \Delta n'_2 [\cos \Theta_2 \quad \cos \Omega \sin \Theta_2 \quad \sin \Omega \sin \Theta_2]^T$ for the tilted illumination (Fig. 1c, left panel) in this scenario.

To validate the robustness of the estimation under a variety of in-plane orientation scenarios, we mounted a corpus callosum sample on a horizontal surface while rotating it counterclockwise from 0 to 90° in the XY plane by 30° steps. We expected that through-plane orientation should remain constant around 0° while the in-plane orientation should increase by 90° through rotation. We obtained the measurements via the two illumination angles, normal and tilted by 15° (Fig. 4). Our method estimated the in-plane orientations accurately (Fig. 4a) when the sample was oriented at $-90, -60, -30$ and 0° in the XY plane. Meanwhile, the through-plane orientation estimate was consistent among the different in-plane orientation setups (Fig. 4b). To evaluate our method quantitatively, we analyzed the FODs of a 3 mm \times 3 mm ROI as shown in Fig. 4a, b. The mean estimated in-plane orientation was $-82.8, -57.2, -24.8$ and 8.5° (Fig. 4c), accurately following the in-plane rotation. Note that there was a small angular offset (average of 5.9°) between the long axis of the fibers and the x -axis of the laboratory frame, resulting from a manual deviation in the experimental setup. The axis of fibers mounted on the sample holder was not perfectly aligned with 0° optic axis of the PS-OCT system. The through-plane

Fig. 4 | Characterization of through-plane orientation measurement at four different in-plane orientation angles on a corpus callosum sample.

a The estimated in-plane orientation images at in-plane rotations of $-90^\circ, -60^\circ, -30^\circ$, and 0° . **b** The corresponding through-plane orientation images. The white boxes indicate the ROIs to obtain the FODs. The angles of orientation in **a** and **b** are indicated by the color wheel. The average in-plane (c) and through-plane (d) orientation of the FODs within the ROIs shown in (a) and (b) with respect to the degree of rotation, separately. Scale bar: 1 mm.

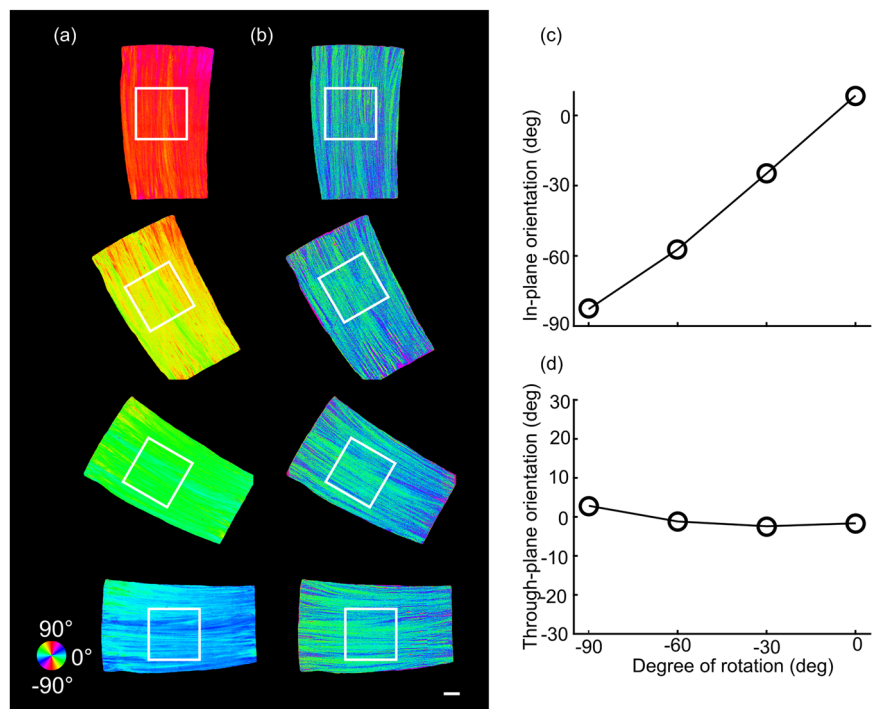
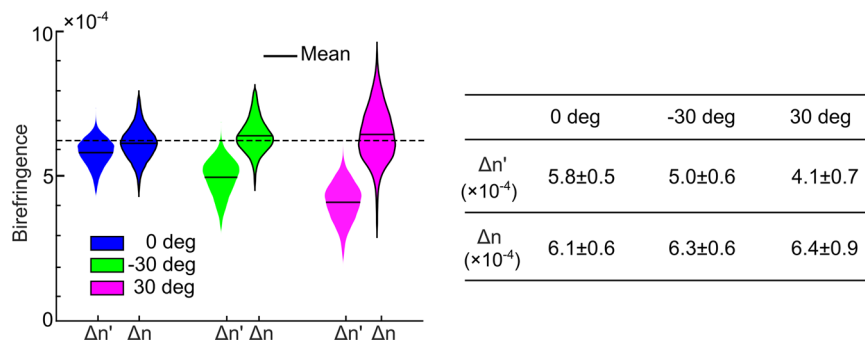


Fig. 5 | Estimation of birefringence of a corpus callosum sample with different inclination angles.

The violin plots of average apparent ($\Delta n'$) and true birefringence (Δn) within the ROIs in Fig. 2c. The mean value of the true birefringence (expected value) is indicated by the dashed black line. The $\Delta n'$ and Δn values are indicated in the table as mean \pm standard deviation within the ROIs.



orientation estimation remained consistently close to 0° ($2.8, -1.2, -2.4$ and -1.6°) across the different in-plane orientation settings (Fig. 4d). This suggests that our method with only two illumination incidences can measure the 3D axis of all fibers robustly regardless of their orientation in the XY plane.

We demonstrated the advantage of using the xy-axis swap strategy for through-plane axis estimation (Fig. 4, see details in “Methods”), by comparing to the results without xy-swap (using Eqs. (1–3) for all in-plane orientations). In the latter case, both the in-plane (Fig. S2a) and through-plane (Fig. S2b) orientation showed high errors at -90° rotation (see Fig. S1 for details). We also compared our optimization result against an earlier method using a geometric derivation (Fig. S2c, see details in ref. 20). Using only one tilted beam about the y -axis, the geometric derivation method resulted in errors in through-plane estimation as the in-plane angle reached -60° . The error continued to grow as the in-plane angle increased to -90° .

Estimating true birefringence of myelin content

Birefringence is a measure of myelin concentration in the brain and has important indications in neurodegenerative disorders involving myelin degradation. However, it is known that traditional PS-OCT measures an apparent birefringence that depends on the optic axis orientation of the tissue: the larger the through-plane orientation (α), the smaller the apparent birefringence ($\Delta n'$)¹⁴. This is in contrast to true birefringence (Δn), which depends only on structural anisotropy and not axis orientation. Estimation of true birefringence requires removing the effect of the through-plane angle. Using our computational framework, we also investigated the estimation of true birefringence in the corpus callosum sample. We computed the mean of the apparent birefringence and true birefringence within the ROIs from the three inclination setups as shown in Fig. 2a, b. As expected, the apparent birefringence was reduced in the $\pm 30^\circ$ inclination setups (4.9×10^{-4} and 4.1×10^{-4}) compared to the 0° setup (5.8×10^{-4}), showing the dependency on the through-plane angle (Fig. 5). By jointly estimating the through-plane angle and true birefringence, we found that the latter remained consistent across the three setups, regardless of the through-plane angle (mean value: 6.2×10^{-4}), thus providing an unbiased measure of the underlying myelin content in this corpus callosum sample.

Mapping 3D fiber orientation of a full coronal section in the human brain

To investigate the feasibility of 3D orientation measurements in a large-scale sample, we imaged a coronal section of a human brain hemisphere, with a surface area of $\sim 6 \text{ cm} \times 9 \text{ cm}$ and 1 cm in thickness. We first acquired dMRI data of the sample followed by PS-OCT. For PS-OCT imaging, the tissue surface was flat-faced, and imaged with both normal and 15° tilted illuminations to recover the 3D orientations. Total acquisition time was 3 h. We used the first $150 \mu\text{m}$ depth to generate two maps of apparent birefringence and in-plane orientation from PS-OCT measurements (Fig. 6a, b), and estimated three additional maps with our method, including true birefringence, through-plane orientation and 3D axis orientation (Fig. 6c–e). As a

comparison, we also show dMRI tractography in the same plane as the PS-OCT images (Fig. 6f).

Overall, the 3D orientation map of PS-OCT (Fig. 6e) is consistent with dMRI (Fig. 6f) and the known neuroanatomy of white matter architecture in this region (Fig. 6)²⁴. However, the much higher resolution of PS-OCT can be easily appreciated in the images. In the 3D orientation map, medial-lateral/right-left (red) and inferior-superior (blue) directions are in-plane and anterior-posterior (green) is through-plane. The splenium of the corpus callosum is situated on the superomedial border of the lateral ventricle and contains highly birefringent fibers oriented in the anterior-posterior (green) and medial-lateral (red) directions. Lateral to the lateral ventricle, three white matter tracts could be clearly delineated. The tapetum (Tp) borders the lateral edge of the lateral ventricle and contains fibers coursing inferior-superior (blue). The sagittal stratum (Sst) sits lateral to the Tp and contained fibers running primarily anterior-posterior (green). Lateral to the Sst, the inferior longitudinal fasciculus (ILF) consists of mostly inferior-superior oriented fibers (blue). Throughout the superficial white matter, short association fibers (e.g., U-fibers), are seen wrapping around the sulci and extending down the gyri into gray matter. Gyral fibers show predominantly in-plane orientations (red, blue), while small bundles of through plane fibers (green) are consistently observed at the base of sulci. The high-resolution 3D fiber orientation map of PS-OCT depicts a diverse, heterogeneous organization of fiber bundles in deeper white matter. The smooth transition of the colored fiber orientation along tracts indicates realistic continuity that one might expect in the densely packed fascicular highways of the deep white matter.

To further show the effectiveness of the xy-axis swapping strategy, we compared the orientation estimations against those without xy-swap. We obtained the error map for the estimated in-plane orientation with and without xy-swap, by obtaining the absolute difference with respect to directly measured in-plane orientation at normal illumination angle. We found that without xy-swapping, the estimation bore large errors up to 60° in fibers where the in-plane orientation was close to $\pm 90^\circ$ (Fig. S3a), regardless their through-plane orientation. In contrast, the error stayed low for estimated in-plane orientation using xy-swap, proving the effectiveness of the swapping strategy. While comparing the estimated through-plane orientations with and without xy-swap, as expected we found big discrepancies in fibers with large in-plane angles (Fig. S3b).

Image registration plays an important role in retrieving the through-plane orientation angle. The images with tilted illumination bore a shear distortion. As a result, the fibers and their orientations were not aligned between the two illumination angles. We used the within modality similarity metric in demon registration to register the two birefringence images and then align the orientation vector based on the transformation matrix. Dice coefficient was 0.75 with registration and 0.71 without in the coronal slab. Although the improve on Dice seems moderate, the improvement of through-plane axis orientation estimation is fundamental with registration (Fig. S4). Without registration, the estimation is noisy and biased, which cannot differentiate fiber bundles with various through-plane angle.

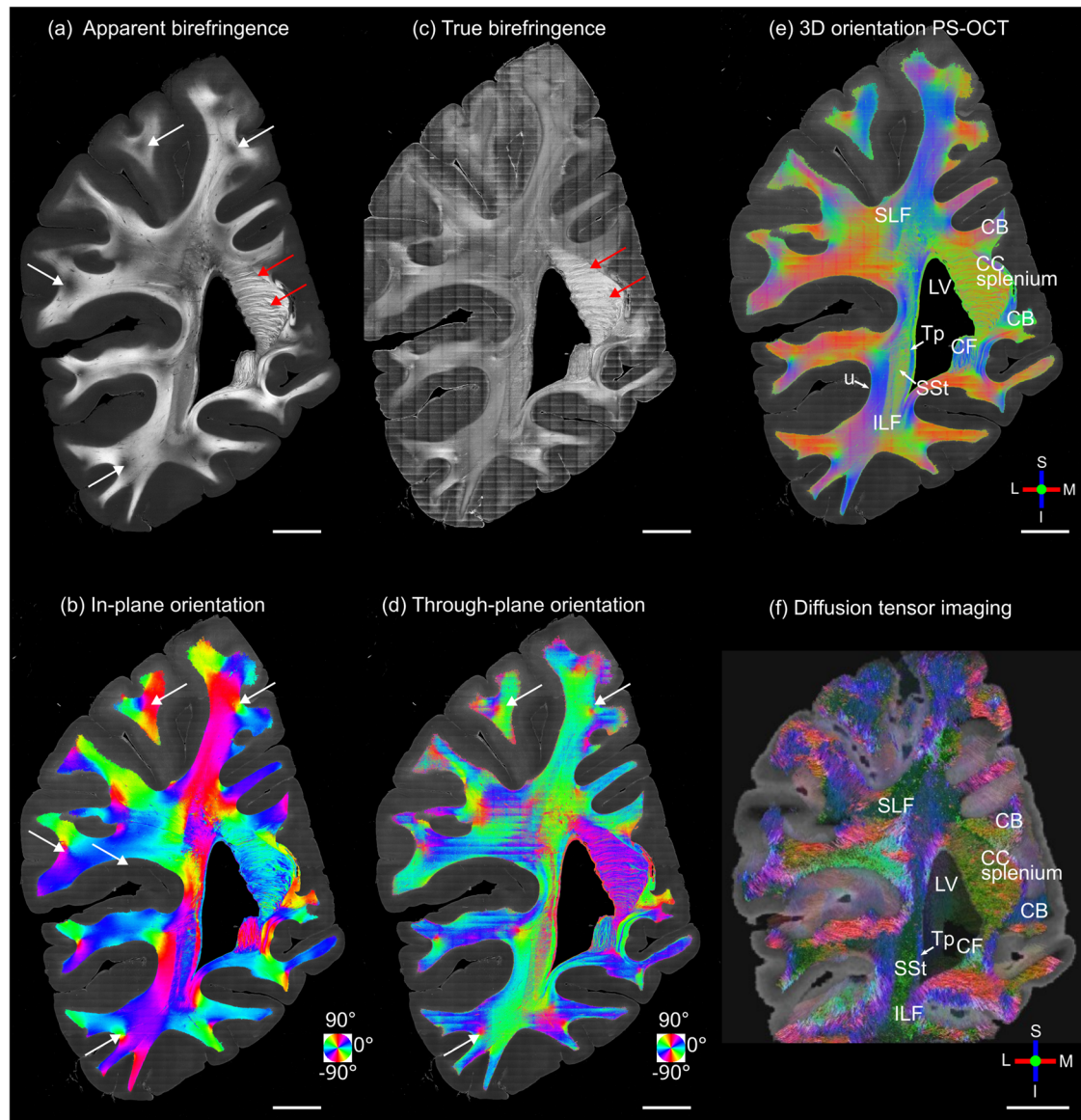


Fig. 6 | 3D fiber orientation maps of the coronal slice sample. **a** Apparent birefringence, **b** in-plane orientation, **c** true birefringence, **d** through-plane orientation, **e** 3D orientation from PS-OCT, and **f** 3D orientation from diffusion MRI. Red arrows in **a** and **c** indicate some fibers bundles in the splenium of the corpus callosum. White arrows in **a**, **b**, and **d** indicated some fibers bundles beneath the sulcus region. The in-plane and through-plane orientations are color-coded as indicated by

the color wheels in **(b)** and **(d)**. 3D orientations are color-coded as indicated by the red (left/right), green (anterior/posterior) and blue (inferior/superior) orthogonal axes in **(e)** and **(f)**. Scale bars: 10 mm. Several anatomical structures are labeled in **(d)** and **(e)**: LV lateral ventricle, CC splenium splenium of the corpus callosum, Tp tapetum, SSt sagittal stratum, ILF inferior longitudinal fasciculus, u u-fibers. L lateral, M medial, S superior, I inferior.

Compared to traditional, apparent birefringence, true birefringence revealed the unbiased myelin distribution in the brain by removing the effect of the through-plane angle. In the apparent birefringence maps, dark spots were consistently present in fibers right beneath sulci (white arrows in Fig. 6a), where multiple colors in the in-plane orientation map (Fig. 6b) indicated the confluence of fibers bundles from different cortical regions into the superficial white matter. This low apparent birefringence is not due to low myelin content. Instead, it is caused by a group of fibers going through plane, proved by the high through-plane angle at the same locations (Fig. 6d). These dark spots are diminished in the true birefringence map (Fig. 6c). It is also intriguing to find that the splenium of the corpus callosum exhibits much higher true birefringence compared to the rest of the white matter in this section (red arrows in Fig. 6c), as effect that is confounded in the apparent birefringence map by the high through-plane angles.

Volumetric 3D orientation and tractography of a human brainstem

The micrometer resolution PS-OCT reveals complex configurations of small fiber tracts at a voxel size 5000–1,000,000 times smaller than dMRI. Particularly in the brainstem, compact fiber tracts that connect small nuclei run in all directions, making it extraordinarily challenging to resolve small fibers (Fig. 7g). To demonstrate the advantages of measuring 3D axis orientation by PS-OCT, we performed volumetric imaging of a slab of a human brainstem at the level of the medulla oblongata (Fig. 7a–d), following dMRI scanning of the whole brainstem and cerebellum (Fig. 7f). The tissue went through PS-OCT imaging with both normal and 15° tilted illumination and sectioning as previously reported for large volumetric reconstruction¹⁶. The total reconstructed volume was approximately 30 mm × 20 mm × 3 mm. The brainstem was positioned in an axial plane, i.e., left-right (red), and anterior-posterior (green) being the *x* and *y* axis of our

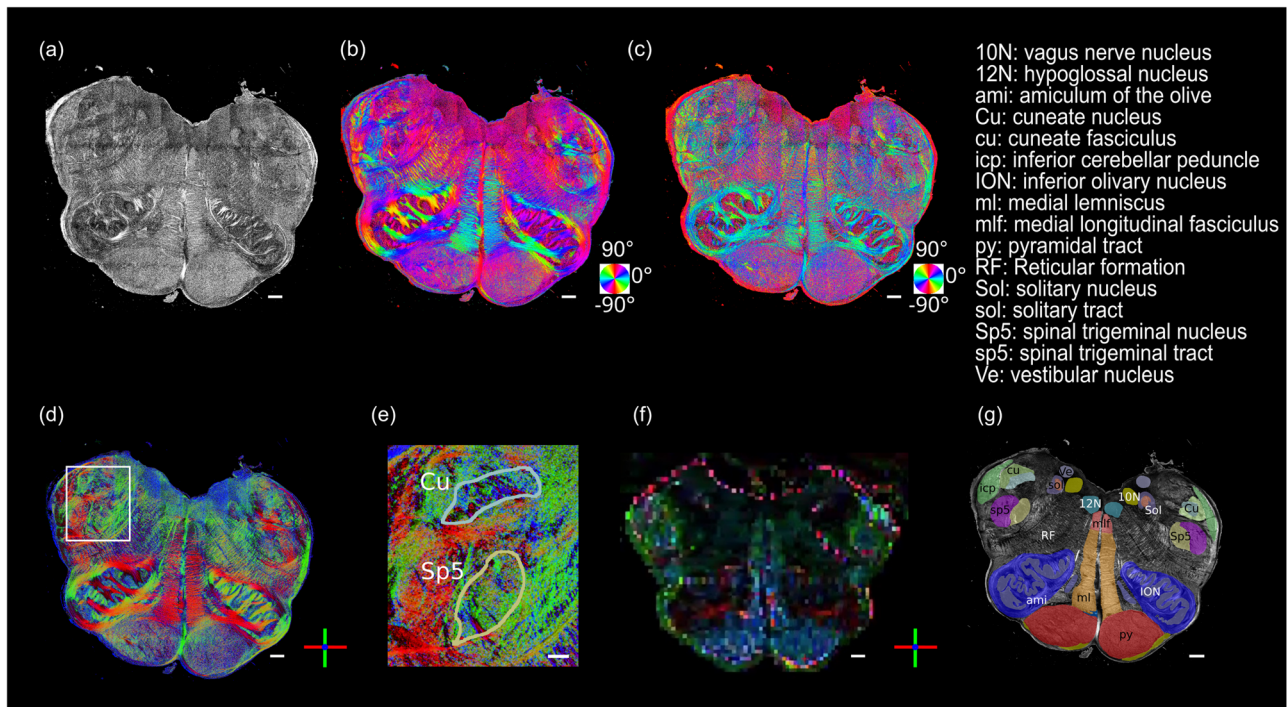


Fig. 7 | 3D fiber orientation maps of a brainstem section. **a** True birefringence, **b** in-plane orientation, **c** through-plane orientation, **d** color rendering of the 3D orientation, **e** zoomed in 3D orientation of fibers through annotated nuclei, as indicated by the white box in **(d)**, **f** 3D orientation of co-aligned dMRI image, and **g** segmentation

based on the Paxinos atlas. The in-plane and through-plane orientations are color-coded as indicated by the color wheels in **(b)** and **(c)**. 3D orientations are color-coded as indicated by the red (left/right), green (anterior/posterior) and blue (inferior/superior) orthogonal axes in **(d)** and **(e)**. Scale bars: 1 mm.

laboratory frame, respectively. It is well known that there are large numbers of fibers running through the axial plane in the brainstem, as well as substantial in-plane fibers connecting the small nuclei. The true birefringence map indicated a high myelin content in the human medulla with the presence of various nuclei. Using the maps generated by PS-OCT, we annotated some of the major structures on the high-resolution images based on the Paxinos Atlas (Fig. 7g)²⁵ and inspected the orientation of the fiber tracts (Fig. 7b–e). For example, the direction of internal arcuate fibers seen in the reticular formation (RF) running from the cuneate (Cu) and gracile nuclei (not shown in Fig. 7) to the contralateral medial lemniscus (ml), is consistent with the mostly in plane fibers in the RF and ml. The amiculum of the olive (ami) is a capsule of myelinated fibers surrounding the inferior olivary (IO) running both in-plane and through-plane. The spinal trigeminal tract (sp5), as well as the inferior cerebellar peduncle (icp), run inferior to superior, connected with other structures via numerous input and output fibers throughout their length in the axial plane. Finally, two other main fiber tracts, the pyramidal (pyr) and solitary tract (sol) run inferior to superior and thus appear mostly blue in the color rendering of the 3D fiber orientation. It is worthwhile emphasizing that the high-resolution image not only shows the white matter bundles but also reveals fiber tracts in the nuclei structures (Fig. 7e). For example, small fiber groups with different orientations were observed in Cu and Sp5.

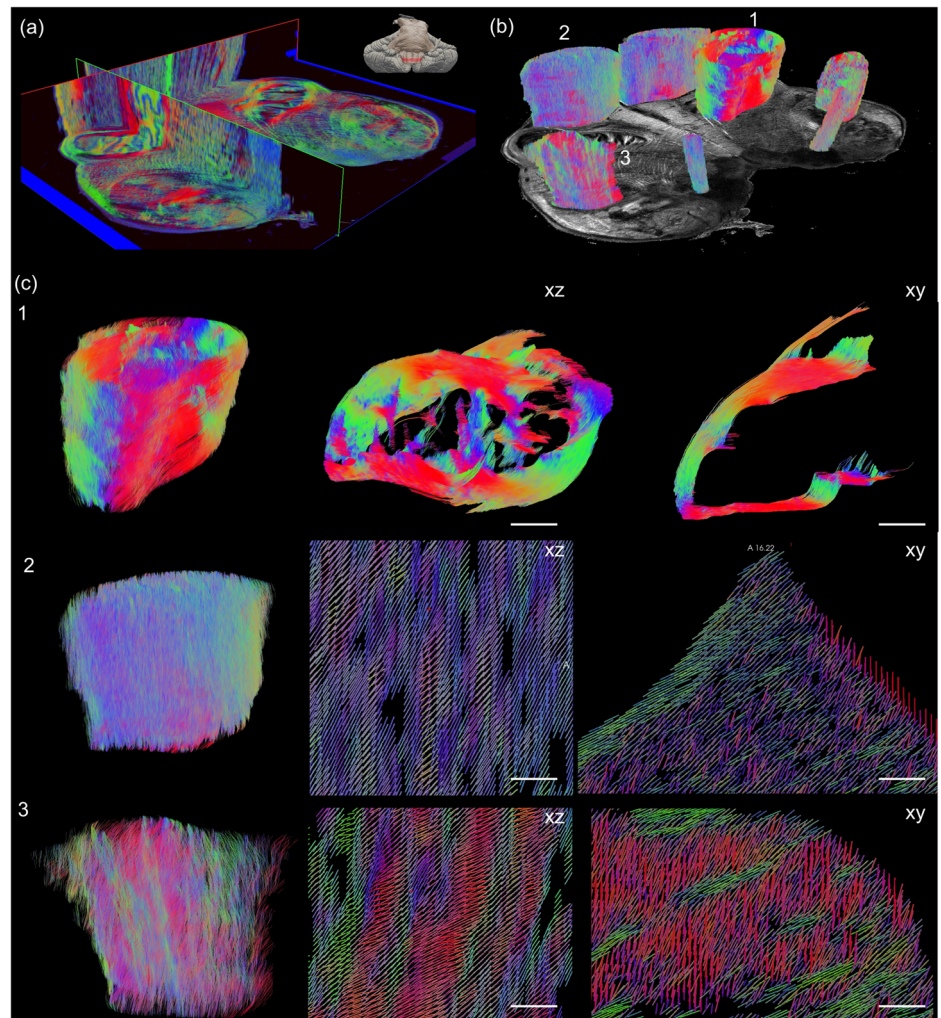
We demonstrated the advantage of volumetric imaging with our method by reconstructing 19 consecutive block-face sections with a 10 μ m in-plane resolution and 150 μ m slice thickness. The 2.85 mm volumetric rendering of true birefringence (Supplementary Video 1), in-plane orientation (Supplementary Video 2), through-plane orientation (Supplementary Video 3), and 3D axis orientation (Fig. 8a) present the sophisticated fiber network in the human brainstem. The geometry of the fiber tracts was very well preserved without the errors caused by inter-slice alignment and the slice damage typically seen in traditional histological images including PLI. To leverage the volumetric 3D axis orientation for connectivity studies, we tracked the trajectory of the fibers using off-the-shelf dMRI tractography toolkit in selective fiber bundles (Fig. 8b), including the solitary tract (sol),

the amiculum of the olive (ami, ROI 1), the pyramidal tract (py, ROI 2), and the spinal trigeminal tract (sp5, ROI 3). We then visualized the zoomed tracts in the latter three ROIs. The ami forms a circumferential layer surrounding the inferior olivary nucleus (ION) while intervening with the ION from different directions. It is interesting to see that complex fiber configurations occur throughout white matter regions. For example, the fibers in py and sp5 form a twisting and inter-weaving pattern in small bundles while they travel through the superior-inferior axis. Moreover, the bundles in py and sp5 reveal differed inter-weaving angles that are smaller in py than sp5. Those twisting patterns might facilitate a large number of axonal groups reaching their widely spread terminals through these compact white matter pathways and forming a certain topology in their trajectories. The microscopic details revealed by our technique can provide unprecedented information to understand the complicated fiber connections in the brainstem that play a central role in functions such as modulating wakefulness in human consciousness²⁶.

Discussion

Directly imaging connective pathways in the human brain is crucial for neurosurgical planning and intraoperative guidance. In this work, we presented a new approach for estimating 3D fiber orientation and true birefringence of human brain samples using PS-OCT, enabling investigation of connectivity and myelin content at the microscale. Traditional PS-OCT only measures a projection of 3D fiber orientation and an apparent birefringence that depends on through-plane angle of fiber tracts. Our method measures fiber orientations in full spherical orientation space and birefringence free of the orientation bias to reveal the true structural anisotropy of myelinated fibers. By formulating a birefringence vector composed of true birefringence value and 3D optic axis orientation vector, we verified that our method could recover accurate estimates of a large range of through-plane angles at different in-plane orientations. We showed 3D fiber orientation maps in full sections of a human cerebral hemisphere and a brainstem. The 10 μ m resolution maps revealed intricate fiber organization far beyond the capabilities of non-invasive imaging techniques such as dMRI. To our

Fig. 8 | Volumetric rendering of 3D axis orientation and tractography of human medulla by PS-OCT. a The 3D axis orientation maps of fiber tracts are presented in 3D orthogonal views. The inset indicates the anatomical location (red band) of the medullar slab in the brainstem. **b** Tractography obtained on selective ROIs based on 3D axis orientation. ROI 1: amiculum of the olive (ami); ROI 2: pyramidal tract (py); ROI 3: spinal trigeminal tract (sp5). **c** Zoom in tractography (ROI 1, and left panel of ROI 2 and 3) and orientation vectors (middle and right panels of ROI 2 and 3) showing detailed fiber trajectory in three ROIs as indicated in (b). 1: side (left) and top (middle) view of the ami and branching of fiber bundles (right) through a small ROI (sphere in the middle). 2 and 3: volumetric rendering (left), side view (middle) and top view (right) of py and sp5. Scale bars: 250 μ m.



knowledge, this is the first thorough characterization of 3D fiber axis measurement in the human brain with microscopic spatial resolution, using PS-OCT based methods.

Our major contribution is the accurate and robust reconstruction of 3D axis orientation in full spherical space, using only two illumination beams. Previously, quantifying 3D orientation by PS-OCT via multiple beams has been proposed based on either apparent birefringence deviation or geometrical transformation of in-plane orientations^{20,21}. A common caveat of those methods is that they did not show the estimation for the full angular space, a critical factor for studying structural connectivity in the human brain as the fiber tracts run in all different directions. Early studies suffered from the limitation that only the axis lying within the 2D plane spanned by the illumination beams could be recovered²¹. Later methods removed this limitation, but required a third illumination to complete the estimation in the 3D space, substantially increasing the acquisition time and hardware complexity^{20,22}. The birefringence vector defined in this work makes use of both apparent birefringence and in-plane orientation metrics in PS-OCT. This formulation obviates the requirement for the third illumination angle and allows the retrieval of the vector from only two sets of measurements. This implementation significantly reduces the engineering complexity and the acquisition time for large-scale samples. Another work utilized a dual-angle PS-OCT with a large tilt angle, based on geometric reasoning but failed in our hands for axes co-planar to the two illumination beams²³. Here we significantly advanced the 3D axis orientation reconstruction with a small tilt angle of 15° as the second illumination, which reduces the intensity loss of light caused by refraction and yields a high signal-to-noise-ratio (SNR). The small tilting angle also simplifies image registration between the

illuminations. Importantly, we showed that our method was able to recover the axis orientation in full spherical space (Figs. 2–4) with high angular precision (Fig. 3). Therefore, the proposed PS-OCT method enables quantitative characterization of comprehensive fiber configurations in the human brain.

Signal-to-noise-ratio (SNR) plays an important role in 3D orientation estimation. Especially in ex vivo human tissue imaging, the long fixation time significantly increases scattering, and therefore reduces the SNR and the degree of polarization over depth. In our procedure, we applied refractive index matching to our samples to increase the SNR in the PS-OCT measurements. Previously, we showed that index matching significantly improved the SNR and thus enhanced the accuracy of in-plane orientation and apparent birefringence measurements²⁷. Another advantage is that the refractive index matching minimizes the change of light pathway at the tissue surface; as a result, the alteration of input polarization state is negligible. A recent study using birefringence microscopy showed that some refractive index matching medium such as 2,2-thiodiethanol might affect the integrity of myelin sheath²⁸; however, for the concentration we used in this study, the impact on adult human brain tissues is not visible in PS-OCT measurements. It is noted that the index matching procedure may not be necessary in in vivo tissue imaging, where scattering is much smaller. Previous studies using fresh or lightly fixed birefringent tissue have demonstrated success of 3D axis measurement without refractive index matching.

Imaging connective anatomy at the microscopic level is imperative for understanding the human brain. Although 3D fiber orientation has been previously computed from images of histological stains or measured with polarized light imaging, these approaches involve registration of a stack of

2D brain sections to recover volumetric structure, a challenging task due to the nonlinear distortions induced by sectioning and tissue mounting²⁹. This renders continuous tracing of 3D fibers across sections at microscopic scale impractical⁴. In this work, we can achieve this by incorporating a serial sectioning PS-OCT technique¹⁵ into 3D axis imaging, whose unique advantage is that the blockface of the tissue is imaged before it is cut, therefore eliminating tissue distortion and preserving volumetric inter-slice alignment with microscopic accuracy²⁹. We showed examples of 3D axis orientation maps in volumetric reconstructions of brainstem (Figs. 7, 8), revealing the extraordinarily complex organization of fiber bundles at microscopic scale, including twisting and inter-weaving with different angles. Importantly, the reconstructed volume preserves the integrity of fiber pathways in 3D without aforementioned distortions. It is noted that, in the current study, we did not perform tractography for the entire brainstem sample, as standard dMRI tractography tools are not suitable for the full complexity of fiber architectures at the microscale. Future development involves building dedicated tools for microscopic tractography. Further development of serial PS-OCT and computational tools opens the potential of large-scale neuroanatomical connectivity studies at unprecedented details. In recent years, hierarchical phase-contrast tomography (HiP-CT) has been shown to image intact human brain down to certain specialized cells³⁰. The combination of HiP-CT and 3D connectivity enabled by our technique will provide rich information about the brain connectome across scales.

Diffusion MRI has been widely used in clinical and preclinical studies. However, the millimeter resolution of dMRI is insufficient in regions where multiple microscopic fascicles converge, forming complicated structures like crossing, branching, or fanning³¹; microscopic imaging needed to validate and to guide dMRI technologies in those challenging regions^{4,5}. PS-OCT has been used to evaluate the accuracy of dMRI orientation obtained with different q-space sampling schemes, spatial resolutions, and orientation reconstruction methods in human white matter samples^{32,33}. The ability to measure 3D axis orientation in large-scale samples will enable full validation of dMRI.

Birefringence has been used as a biomarker in myelin involved neurological disorders, such as cerebral amyloid angiopathy³⁴, stroke³⁵, Alzheimer's disease³⁶, and multiple sclerosis³⁷. Previous studies have found myelin defects in those diseases and an associated birefringence reduction. The alteration of birefringence is an indication of changes in the integrity and alignment of myelin sheaths. One drawback of traditional PS-OCT is that it measures an apparent birefringence that depends on the fiber orientation and hence may yield biased estimates of myelin content (Fig. 5). In this work, we introduced true birefringence, which is free of the influence of through-plane fiber orientation and hence yields an unbiased measure of myelin content (Fig. 5). The results from the whole coronal section showed a significantly higher true birefringence in corpus callosum, indicating a high myelin content, which is supported in previous studies using different imaging modalities (e.g., see red arrows in Fig. 6). Our method to estimate the birefringence potentially advances our understanding of myelin distribution in the brain, and hence merits further investigation and validation. It is worthwhile mentioning that the birefringence estimation is also dependent on the objective used in the microscope that depicts different scales of myelin arrangement³⁸. With similar resolution and slice thickness, the birefringence value has been reported $2\text{--}4 \times 10^{-4}$ in the corpus callosum of the rodent brains using either PS-OCT or polarization microscopy^{39,40}. The ability to quantify myelin content in tens to hundreds of cubic centimeters of human brain tissue promises to advance our understanding of the mechanism of various neurodegenerative diseases. Future biological studies should also include validation of true birefringence with myelin thickness and density, correlated by other modalities such as birefringence microscopy³⁵, lipid stain⁴¹, or electron microscopy⁴².

Our method was able to map fiber networks in the human brainstem, one of the most complex in the human brain, in which small fiber tracts form an intricate 3D network⁴³. It is worth emphasizing that our method can be applied to quantitatively image the 3D axis orientation and true

birefringence in other fibrous tissues as well, such as cartilage²¹, capsular ligament⁴⁴, enamel⁴⁵, and uterus⁴⁶. Early attempts to use multiple illuminations to characterize 3D fiber orientation have been applied to small scale muscle²⁰, cartilage^{21,22}, and heart²³ samples. To map large scale fiber network in various tissue types, tissue sectioning strategy and imaging depth should be accommodated due to different optical scattering properties and tissue stiffness. Characterizing the 3D fiber organization in these tissues will play an essential role in understanding the normal functions and the pathological impact in diseases.

There are several aspects to consider in order to scale up the 3D axis method in large sample size. The raw data size is tremendously big if not processed on the fly. Original data size was over 3 TB with two illumination angles in our volumetric brainstem and coronal section experiments. After full processing, the reconstructed volume resulted in less than 10 GB. We have implemented real-time pre-processing in our acquisition software to reduce the processing time and data size, which included reconstructing all the imaging contrasts and cropped the volume with effective imaging depth. The optimization algorithm of estimating the orientation vector and true birefringence takes the most significant time and is currently implemented off-line. 3D axis estimation of the whole coronal section in the human brain took 24 h. With parallel computation, the processing time can be much reduced in the future. One limitation of the current study is that we applied our method on the *en-face* orientation data that integrated the information along the depth, assuming a constant axis of fibers bundles within a small volume intersected by the two beams. In future work, we will develop methods to extract local birefringence and orientation^{21,47–49} to further obtain depth-resolved 3D axis orientation. We also plan to develop an automatic serial PS-OCT system with two beam illuminations for large-scale ex vivo human brain imaging. The combination of quantitative 3D axis orientation and serial sectioning PS-OCT opens new avenues towards imaging connectational anatomy in the healthy and diseased brain at unprecedented scales.

Methods

Human brain samples

We used samples excised from two neurologically normal brains from the Massachusetts General Hospital (MGH) Autopsy Suite for this study (age at death: 70 years and 46 years; 1 male and 1 female) and one neurologically normal brainstem sample from a subject enrolled in the Université de Tours body donation program (age at death: 76 years, male). Before death, the participants provided written proof of their willingness to become body donors and consented to the use of their bodies for educational or research purposes. The post-mortem intervals did not exceed 24 h. The brains were fixed by immersion in 10% formalin and were cut into smaller blocks. We cut two blocks in the corpus callosum region from one of the MGH samples and one coronal slab from the other MGH sample. We applied refractive index matching to all the samples by incubations in 2,2-thiodiethanol solutions as described in our previous work²⁷. The ex vivo imaging procedures are approved by the Institutional Review Board of the MGH.

System, data acquisition and analysis

We used a custom-built automatic serial sectioning PS-OCT (as-PSOCT) system^{15,16} to validate our 3D orientation method (Fig. 1a). The system consists of a spectral domain PS-OCT centered at 1300 nm, motorized xyz translational stages, and a vibratome for tissue sectioning. The PS-OCT is a free-space system. A quarter wave plate is placed in the sample arm to ensure circularly polarized light on the sample. Using a Jones matrix formalism, the retardance and the optic axis orientation are obtained by the amplitude and the phase of the complex signals, respectively, on the two polarization channels. Automatic imaging and sectioning of brain blocks is controlled by custom-built software for coordinating data acquisition, xyz stage translation, and vibratome sectioning. The samples were first flat faced with the vibratome and then imaged using a scan lens (OCT-LSM3, Thorlabs, Newton, NJ). The range of imaging depth was 2.6 mm with an axial resolution of 4.2 μm in tissue.

We imaged the sample with normal illumination and illumination tilted by 15° about the y -axis (Fig. 1a). To implement the tilted illumination, we either mounted the sample on a rotation stage or incorporated a rotation stage into the PS-OCT scan head. The physical effect of tilting the beam or the sample is the same²⁰. For the normal illumination, one volumetric acquisition covered a field of view (FOV) of 3.5 mm × 3.5 mm. The FOV was 3.5 mm × 2 mm for the 15° tilted illumination. Automatic tile-scan was used to cover the whole sample, with a 20% overlap between tiles in each direction of the raster scan. For volumetric imaging of large-scale samples, a 150 μm thick slice was removed from the tissue surface by the vibratome to expose the deeper region until the whole volume was imaged.

PS-OCT calibration

The imaging system requires a delicate calibration procedure to ensure accurate measurements of optical scattering, birefringence, and optic axis in the tissue, which include power intensity, dispersion compensation, and polarization extinction ratio. The power intensity on the sample was greater than 2 mW. Dispersion compensation was important to ensure the axial resolution, signal-to-noise-ratio (SNR), as well as the validity of the polarization measurements. It was performed on the objective in the specific refractive index matching medium used for imaging, following a computational approach in our previous studies²⁷. Maximum polarization extinction ratio was achieved by using a mirror as a sample and rotating the quarter wave plate to obtain minimum intensity in the cross-polarization channel. In this way, we optimized the sensitivity and accuracy of the retardance and optic axis measurements. The effect of dispersion compensation and the minimum detectable retardance in our system were shown in Fig. S5.

Data analysis

The complex depth profile of the PS-OCT data can be expressed in the form of $A_{H,V}(z) \exp[i\phi_{H,V}(z)]$, where A and ϕ denote the amplitude and phase as a function of depth z , and the subscripts represent the horizontal and vertical polarization channels. Reflectivity $R(z)$, retardance $\delta(z)$, and axis orientation $\theta(z)$ along depth, were obtained by $R(z) \propto A_H(z)^2 + A_V(z)^2$, $\delta(z) = \arctan[A_H(z)/A_V(z)]$ and $\theta(z) = [\phi_H(z) - \phi_V(z)]/2$, respectively. Those three imaging contrasts were calculated and saved in real time by the acquisition software. We obtained measurements of the apparent birefringence and the optic axis orientation from the two illumination angles. The apparent birefringence was calculated by performing a linear regression of the retardance profile along 150 μm in depth and extracting the slope of the linear fit. *En-face* optic axis orientation images were determined by the peak of a histogram formed by binning the measured orientation values into 5° intervals along 150 μm depth. The tiles were stitched to create the entire section of the tissue and then the *en-face* images of the stitched section were registered between two illumination angles. The apparent birefringence and the *en-face* orientation data were then used to compute 3D axis orientation and true birefringence.

Image registration between the normal and tilted illuminations

We applied a demon affine registration algorithm^{50,51} to register the images between the normal and tilted illumination incidences. We first registered the apparent birefringence maps from the two incidences and obtained a transformation field. Then we applied this transformation field to register the optic axis orientation maps.

Formulation of 3D orientations in normal and tilted spherical coordinate system

To estimate the 3D optic axis via two illuminations, we define a birefringence vector $\Delta \mathbf{n} = \Delta n [\mathbf{o}_x \ \mathbf{o}_y \ \mathbf{o}_z]^T$, where the magnitude Δn is the true birefringence value and the unit vector $[\mathbf{o}_x \ \mathbf{o}_y \ \mathbf{o}_z]^T$ represents the 3D orientation. The in-plane (Θ) and through-plane (α) orientations are obtained by vector calculus of $[\mathbf{o}_x \ \mathbf{o}_y \ \mathbf{o}_z]^T$ in spherical coordinates. Let \mathbf{p} be the unit vector parallel to the illumination beam. We use two

illumination beams, one along the z -axis, $\mathbf{p}_1 = [0 \ 0 \ 1]^T$, and one rotated about the y -axis by Ω , $\mathbf{p}_2 = [\sin \Omega \ 0 \ \cos \Omega]^T$. We obtain two measurements of the apparent optic axis orientation Θ_1 and Θ_2 , and two measurements of the apparent birefringence $\Delta n'_1$ and $\Delta n'_2$. This yields an apparent birefringence vector $\Delta \mathbf{n}'_1 = \Delta n'_1 [\cos \Theta_1 \ \sin \Theta_1 \ 0]^T$ under the normal illumination \mathbf{p}_1 (Fig. 1b, left panel) and $\Delta \mathbf{n}'_2 = \Delta n'_2 [\cos \Omega \cos \Theta_2 \ \sin \Theta_2 \ -\sin \Omega \cos \Theta_2]^T$ under the tilted illumination \mathbf{p}_2 (Fig. 1c, left panel). It is noted that the apparent birefringence values in each of the two frames are related to the true birefringence⁵² as $\Delta n'_1 = \Delta n \sin^2 \Psi_1$ and $\Delta n'_2 = \Delta n \sin^2 \Psi_2$, where Ψ_1 and Ψ_2 are the polar angles $(\pi/2 - \alpha)$ in the two illumination frames.

We define an estimated birefringence vector $\widetilde{\Delta \mathbf{n}}$, which in turn defines its estimated in-plane orientations and polar angles, $\widetilde{\Theta}_{1,2}$ and $\widetilde{\Psi}_{1,2}$, respectively, in the two frames. Therefore, the estimated apparent birefringence vector $\Delta \mathbf{n}'_1$ under the normal illumination \mathbf{p}_1 can be written as:

$$\Delta \mathbf{n}'_1 = \widetilde{\Delta n} \sin^2 \widetilde{\Psi}_1 \begin{bmatrix} \cos \widetilde{\Theta}_1 \\ \sin \widetilde{\Theta}_1 \\ 0 \end{bmatrix} = \left(\widetilde{\Delta n} - \frac{\mathbf{p}_1^T \cdot \widetilde{\Delta \mathbf{n}}}{|\mathbf{p}_1|^2} \mathbf{p}_1 \right) \sqrt{1 - \frac{(\mathbf{p}_1^T \cdot \widetilde{\Delta \mathbf{n}})^2}{|\widetilde{\Delta \mathbf{n}}|^2}} \quad (2)$$

where the expression in the parenthesis projects the birefringence vector into the plane orthogonal to $\Delta \mathbf{n}$, thereby scaling it by $\sin \widetilde{\Psi}_1$. The square root adds the required second $\sin \widetilde{\Psi}_1$.

Similarly, the estimated apparent birefringence vector $\Delta \mathbf{n}'_2$ under the tilted illumination \mathbf{p}_2 can be written as:

$$\Delta \mathbf{n}'_2 = \widetilde{\Delta n} \sin^2 \widetilde{\Psi}_2 \begin{bmatrix} \cos \Omega \cos \widetilde{\Theta}_2 \\ \sin \widetilde{\Theta}_2 \\ -\sin \Omega \cos \widetilde{\Theta}_2 \end{bmatrix} = \left(\widetilde{\Delta n} - \frac{\mathbf{p}_2^T \cdot \widetilde{\Delta \mathbf{n}}}{|\mathbf{p}_2|^2} \mathbf{p}_2 \right) \sqrt{1 - \frac{(\mathbf{p}_2^T \cdot \widetilde{\Delta \mathbf{n}})^2}{|\widetilde{\Delta \mathbf{n}}|^2}} \quad (3)$$

Strategy of xy-axis swapping for robust 3D axis estimation

The above computational model works well for the majority of the fiber orientations. However, a problem arises when applying Eqs. (1–3) to the fibers with in-plane orientations running along the y -axis (i.e., $\Theta_1 \approx \Theta_2 \approx -90/90^\circ$). Since the optic axis measurement ranges between -90° and 90° , the distribution of the noise at $\Theta \approx -90/90^\circ$ forms a U-shape (bounded by -90° and 90° , see details in Fig. S1), which deviates from the close to normal distribution of the noise at intermediate angles in Eq. (1). Consequently, the computational estimation is sub-optimal. To overcome this problem, we interchanged the x -axis and y -axis for those fibers in post-processing, to effectively convert the optic axis orientation to close to 0° . As a result, the noise distribution is returned back to an approximately normal one. The tilted illumination in the swapped xy -axis is equivalent to tilting about x -axis by Ω , which yields the apparent birefringence vector as $\Delta \mathbf{n}'_2 = \Delta n'_2 [\cos \Theta_2 \ \cos \Omega \sin \Theta_2 \ \sin \Omega \sin \Theta_2]^T$. Correspondingly, the estimated apparent birefringence vector is written as:

$$\Delta \mathbf{n}'_2 = \widetilde{\Delta n} \sin^2 \widetilde{\Psi}_2 \begin{bmatrix} \cos \widetilde{\Theta}_2 \\ \cos \Omega \sin \widetilde{\Theta}_2 \\ \sin \Omega \sin \widetilde{\Theta}_2 \end{bmatrix} = \left(\widetilde{\Delta n} - \frac{\mathbf{p}_3^T \cdot \widetilde{\Delta \mathbf{n}}}{|\mathbf{p}_3|^2} \mathbf{p}_3 \right) \sqrt{1 - \frac{(\mathbf{p}_3^T \cdot \widetilde{\Delta \mathbf{n}})^2}{|\widetilde{\Delta \mathbf{n}}|^2}} \quad (4)$$

where $\mathbf{p}_3 = [0 \ -\sin \Omega \ \cos \Omega]^T$ is the new direction vector of the tilted illumination beam about the x -axis. Therefore, we combine the two sets of equations and adapt a criterion that Eqs. (1–3) are used to retrieve fibers with optic axis $|\Theta_1| < 45^\circ$ and Eqs. (1), (2), and (4) are used to estimate fibers with optic axis $|\Theta_1| \geq 45^\circ$.

Optimization of 3D orientation

The optimization algorithm takes the registered *en-face* orientation (Θ_1 and Θ_2) and apparent birefringence ($\Delta n'_1$ and $\Delta n'_2$) from normal and tilted incidences as inputs, converts them into the birefringence vector $\Delta \mathbf{n}'_1$ and $\Delta \mathbf{n}'_2$, and outputs the estimated Δn , which yields the true

birefringence value Δn and the 3D orientation vector $[o_x \ o_y \ o_z]^T$ (see details in previous section). The 3D orientation vector is further converted into in-plane and through-plane orientations for better visualization. We used the function *fminsearch* in Matlab (Mathworks, Natick, MA) to minimize the difference between the estimated and the measured birefringence vectors. The initialization values were set to be $[0, 0, 0]$ and the optimization stopped based on an error tolerance of $1e-20$ in the *fminsearch* function.

Quantifying fiber orientation distribution

To quantitatively analyze the orientations obtained from the uniform corpus callosum sample, we constructed FODs by generating histograms of the orientation map in every $0.5 \text{ mm} \times 0.5 \text{ mm}$ region using a bin width of 5° . We found the primary peak and full width at half maximum (FWHM) of each FOD, then calculated the averaged peak direction and FWHM over the FODs in a $2.5 \text{ mm} \times 2.5 \text{ mm}$ or $3 \text{ mm} \times 3 \text{ mm}$ ROI. Pixels with low birefringence values were excluded from the analysis.

Microscopic tractography

Tractography was generated for the volumetric brainstem data, using a diffusion tensor imaging (DTI) model in Diffusion Toolkit⁵³. The estimated 3D axis orientation was used to track the fiber using the streamline algorithm with an angular threshold of 60° and no threshold on the intensity. Due to the high resolution of serial sectioning PS-OCT, fiber tracking on the full 3D data would generate an extremely large data size beyond the ability of any visualization tools. As a result, we manually segmented four white matter structures in both brainstem hemispheres and performed tractography on each segmented structure of interest. The tracts were visualized in TrackVis (Version 0.6.1; trackvis.org).

Diffusion weighted MRI and tractography

The coronal slab sample was packed in fomblin and scanned in a small-bore 4.7T Bruker BioSpin MRI scanner (maximum gradient strength 660 mT/m) using a diffusion-weighted 3D echo-planar imaging sequence with the following parameters: 0.25 mm isotropic resolution, TR = 500 ms, TE = 47.8 ms, 20 segments, 5 averages, $\delta = 15 \text{ ms}$, $\Delta = 19 \text{ ms}$, $b\text{-value} = 4000 \text{ s/mm}^2$, one $b = 0$ volume and 12 volumes with non-collinear gradient directions. After denoising⁵⁴ and correction for eddy-current distortions⁵⁵, deterministic tensor tractography³² was performed, seeding in every white-matter voxel.

The brainstem sample was packed in fomblin and scanned in a 3 T Siemens Trio MRI scanner using a diffusion-weighted SSFP sequence with the following parameters: 0.3 mm isotropic resolution, TR = 31.19 ms, TE = 25.6 ms, flip angle = 35° , bandwidth = 149 Hz/Px, $b\text{-value} = 20,000 \text{ s/mm}^2$, one $b = 0$ volume and 30 gradient directions. DTI model was used to extract the fiber orientation.

Data availability

All data included in this study are presented in the figures. Raw image data of the human brain may be obtained from the corresponding author following MGH guideline.

Received: 11 July 2024; Accepted: 14 February 2025;

Published online: 08 April 2025

References

- Calabrese, E. et al. Postmortem diffusion MRI of the human brainstem and thalamus for deep brain stimulator electrode localization. *Hum. Brain Mapp.* **36**, 3167–3178 (2015).
- Van Essen, D. C. et al. The WU-Minn Human Connectome Project: an overview. *Neuroimage* **80**, 62–79 (2013).
- Huang, S. Y. et al. Connectome 2.0: developing the next-generation ultra-high gradient strength human MRI scanner for bridging studies of the micro-, meso- and macro-connectome. *Neuroimage* **243**, 118530 (2021).
- Yendiki, A. et al. Post mortem mapping of connectonal anatomy for the validation of diffusion MRI. *Neuroimage* **256**, 119146 (2022).
- Jelescu, I. O. & Budde, M. D. Design and validation of diffusion MRI models of white matter. *Front. Phys.* **28** <https://doi.org/10.3389/fphy.2017.00061> (2017).
- Wu, C. et al. A novel fluorescent probe that is brain permeable and selectively binds to myelin. *J. Histochem. Cytochem.* **54**, 997–1004 (2006).
- Farrar, M. J. et al. In vivo imaging of myelin in the vertebrate central nervous system using third harmonic generation microscopy. *Biophys. J.* **100**, 1362–1371 (2011).
- Wang, H., Fu, Y., Zickmund, P., Shi, R. & Cheng, J.-X. Coherent anti-stokes Raman scattering imaging of axonal myelin in live spinal tissues. *Biophys. J.* **89**, 581–591 (2005).
- Khan, A. R. et al. 3D structure tensor analysis of light microscopy data for validating diffusion MRI. *Neuroimage* **111**, 192–203 (2015).
- Schurr, R. & Mezer Aviv, A. The glial framework reveals white matter fiber architecture in human and primate brains. *Science* **374**, 762–767 (2021).
- Leuze, C. et al. Comparison of diffusion MRI and CLARITY fiber orientation estimates in both gray and white matter regions of human and primate brain. *Neuroimage* **228**, 117692–117692 (2021).
- Wang, H., Lenglet, C. & Akkin, T. Structure tensor analysis of serial optical coherence scanner images for mapping fiber orientations and tractography in the brain. *J. Biomed. Opt.* **20**, 1–11 (2015).
- Menzel, M. et al. A Jones matrix formalism for simulating three-dimensional polarized light imaging of brain tissue. *J. R. Soc. Interface* **12**, 20150734 (2015).
- Axer, M. et al. A novel approach to the Human Connectome: ultra-high resolution mapping of fiber tracts in the brain. *Neuroimage* **54**, 1091–1101 (2011).
- Wang, H. et al. as-PSOCT: volumetric microscopic imaging of human brain architecture and connectivity. *Neuroimage* **165**, 56–68 (2018).
- Liu, C. J. et al. Quantification of volumetric morphometry and optical property in the cortex of human cerebellum at micrometer resolution. *Neuroimage* **244**, 118627 (2021).
- Schmitz, D. et al. Derivation of fiber orientations from oblique views through human brain sections in 3D-polarized light imaging. *Front. Neuroanat.* **12**, 75 (2018).
- Axer, M. et al. Estimating fiber orientation distribution functions in 3D-polarized light imaging. *Front. Neuroanat.* **10**, 40 (2016).
- McNamara, N. B. et al. Microglia regulate central nervous system myelin growth and integrity. *Nature* **613**, 120–129 (2023).
- Liu, C. J., Black, A., Wang, H. & Akkin, T. Quantifying three-dimensional optic axis using polarization-sensitive optical coherence tomography. *J. Biomed. Opt.* **21**, 070501 (2016).
- Ugryumova, N., Gangnus, S. V. & Matcher, S. J. Three-dimensional optic axis determination using variable-incidence-angle polarization-optical coherence tomography. *Opt. Lett.* **31**, 2305–2307 (2006).
- Ugryumova, N., Jacobs, J., Bonesi, M. & Matcher, S. J. Novel optical imaging technique to determine the 3-D orientation of collagen fibers in cartilage: variable-incidence angle polarization-sensitive optical coherence tomography. *Osteoarthr. Cartil.* **17**, 33–42 (2009).
- Wang, Y., Ravanfar, M., Zhang, K., Duan, D. & Yao, G. Mapping 3D fiber orientation in tissue using dual-angle optical polarization tractography. *Biomed. Opt. Express* **7**, 3855–3870 (2016).
- Schmahmann, J. D. & Pandya, D. N. *Fiber Pathways of the Brain* (Oxford University Press, 2006).
- Mai, J. K. & Paxinos, G. *The Human Nervous System* (Academic Press, 2011).
- Edlow, B. L., McNab, J. A., Witzel, T. & Kinney, H. C. The structural connectome of the human central homeostatic network. *Brain Connect.* **6**, 187–200 (2015).

27. Liu, C. J. et al. Refractive-index matching enhanced polarization sensitive optical coherence tomography quantification in human brain tissue. *Biomed. Opt. Express* **13**, 358–372 (2022).
28. Blanke, N. et al. Practical considerations for birefringence microscopy of myelin structure: microscope design and tissue processing for effective imaging. *Imaging Neurosci.* **2**, 1–22 (2024).
29. Ali, S. et al. Rigid and non-rigid registration of polarized light imaging data for 3D reconstruction of the temporal lobe of the human brain at micrometer resolution. *Neuroimage* **181**, 235–251 (2018).
30. Walsh, C. L. et al. Imaging intact human organs with local resolution of cellular structures using hierarchical phase-contrast tomography. *Nat. Methods* **18**, 1532–1541 (2021).
31. Mori, S., Crain, B. J., Chacko, V. P. & Van Zijl, P. C. M. Three-dimensional tracking of axonal projections in the brain by magnetic resonance imaging. *Ann. Neurol.* **45**, 265–269 (1999).
32. Jones, R. et al. Insight into the fundamental trade-offs of diffusion MRI from polarization-sensitive optical coherence tomography in ex vivo human brain. *Neuroimage* **214**, 116704 (2020).
33. Jones, R. et al. High-fidelity approximation of grid- and shell-based sampling schemes from undersampled DSI using compressed sensing: post mortem validation. *Neuroimage* **244**, 118621 (2021).
34. Salat, D. H. et al. White matter alterations in cerebral amyloid angiopathy measured by diffusion tensor imaging. *Stroke* **37**, 1759–1764 (2006).
35. Blanke, N. et al. Quantitative birefringence microscopy for imaging the structural integrity of CNS myelin following circumscribed cortical injury in the rhesus monkey. *Neurophotonics* **8**, 015010 (2021).
36. Nasrabady, S. E., Rizvi, B., Goldman, J. E. & Brickman, A. M. White matter changes in Alzheimer's disease: a focus on myelin and oligodendrocytes. *Acta Neuropathol. Commun.* **6**, 22 (2018).
37. Lubetzki, C. & Stankoff, B. in *Handbook of Clinical Neurology*, Vol. 122 (ed. Douglas, S. G.) 89–99 (Elsevier, 2014).
38. Ivanov, D. et al. Impact of corpus callosum fiber tract crossing on polarimetric images of human brain histological sections: ex vivo studies in transmission configuration. *J. Biomed. Opt.* **10**, 102908 (2023).
39. Baumann, B. et al. Improved accuracy of quantitative birefringence imaging by polarization sensitive OCT with simple noise correction and its application to neuroimaging. *J. Biophotonics* **14**, e202000323 (2021).
40. Morgan, M. L. et al. Label-free assessment of myelin status using birefringence microscopy. *J. Neurosci. Methods* **360**, 109226 (2021). Aug 1.
41. Pistorio, A. L., Hendry, S. H. & Wang, X. A modified technique for high-resolution staining of myelin. *J. Neurosci. Methods* **153**, 135–146 (2006).
42. Bowley, M. P., Cabral, H., Rosene, D. L. & Peters, A. Age changes in myelinated nerve fibers of the cingulate bundle and corpus callosum in the rhesus monkey. *J. Comp. Neurol.* **518**, 3046–64 (2010).
43. Sporns, O., Tononi, G. & Kötter, R. The Human Connectome: a structural description of the human brain. *PLoS Comput. Biol.* **1**, e42 (2005).
44. Zarei, V., Liu, C. J., Claeson, A. A., Akkin, T. & Barocas, V. H. Image-based multiscale mechanical modeling shows the importance of structural heterogeneity in the human lumbar facet capsular ligament. *Biomech. Model. Mechanobiol.* **16**, 1425–1438 (2017).
45. Tang, P. et al. Local axis orientation mapped by polarization sensitive optical coherence tomography provides a unique contrast to identify caries lesions in enamel. *Biomed. Opt. Express* **13**, 4247–4260 (2022).
46. Li, W., Narice, B. F., Anumba, D. O. & Matchar, S. J. Polarization-sensitive optical coherence tomography with a conical beam scan for the investigation of birefringence and collagen alignment in the human cervix. *Biomed. Opt. Express* **10**, 4190–4206 (2019).
47. Fan, C. & Yao, G. Mapping local optical axis in birefringent samples using polarization-sensitive optical coherence tomography. *J. Biomed. Opt.* **17**, 1–3 (2012).
48. Li, Q. et al. Robust reconstruction of local optic axis orientation with fiber-based polarization-sensitive optical coherence tomography. *Biomed. Opt. Express* **9**, 5437–5455 (2018).
49. Tang, P. et al. Polarization sensitive optical coherence tomography with single input for imaging depth-resolved collagen organizations. *Light Sci. Appl.* **10**, 237 (2021).
50. Thirion, J. P. Image matching as a diffusion process: an analogy with Maxwell's demons. *Med. Image Anal.* **2**, 243–260 (1998).
51. Kroon, D. & Slump, C. H. MRI modality transformation in demon registration. *IEEE International Symposium on Biomedical Imaging: From Nano to Macro*. 963–966 (2009).
52. Larsen, L., Griffin, L. D., Gräbel, D., Witte, O. W. & Axer, H. Polarized light imaging of white matter architecture. *Microsc. Res. Tech.* **70**, 851–863 (2007).
53. Wang, R., Benner, T., Sorensen, A. G. & Wedeen, V. J. Diffusion toolkit: a software package for diffusion imaging data processing and tractography. *Proc. Int. Soc. Mag. Reson. Med.* **15** (2007).
54. Veraart, J. et al. Denoising of diffusion MRI using random matrix theory. *Neuroimage* **142**, 394–406 (2016).
55. Andersson, J. L. R. & Sotiropoulos, S. N. An integrated approach to correction for off-resonance effects and subject movement in diffusion MR imaging. *Neuroimage* **125**, 1063–1078 (2016).

Acknowledgements

We would like to thank Dr. Christophe Destrieux from Université de Tours body donation program for providing the brainstem sample, and Dr. Divya Varadarajan at the Martinos Center for the valuable discussions.

Author contributions

C.J.L., H.W., and B.F. conceptualized the study. C.J.L., M.V., and H.W. developed the methodology. C.J.L., W.A., R.J.J., J.C.N., C.M., and A.Y. contributed to data collection. C.J.L., W.A., R.J.J., D.G., C.M., and H.W. contributed to data analysis. C.M., N.B., J.C.A., B.L.E., A.Y., and M.V. contributed to validation. C.J.L. and H.W. wrote the main manuscript text. R.J.J. and C.M. contributed to manuscript writing. C.J.L., W.A., N.B., and H.W. prepared the figures. H.W. and B.F. supervised the study. All authors reviewed the manuscript.

Competing interests

The authors C.J.L., W.A., R.J.J., J.C.N., D.G., C.M., N.B., B.L.E., J.C.A., C.M., A.Y., M.V., and H.W. declare no competing interests. B.F. is a medical advisor to DeepHealth, a company whose medical pursuits focus on imaging and measurement technologies. B.F.'s interests were reviewed and are managed by MGH and Partners HealthCare in accordance with their conflict-of-interest policies.

Additional information

Supplementary information The online version contains supplementary material available at <https://doi.org/10.1038/s44303-025-00074-2>.

Correspondence and requests for materials should be addressed to Hui Wang.

Reprints and permissions information is available at <http://www.nature.com/reprints>

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License, which permits any non-commercial use, sharing, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if you modified the licensed material. You do not have permission under this licence to share adapted material derived from this article or parts of it. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by-nc-nd/4.0/>.

© The Author(s) 2025