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Rare and low-frequency coding variants alter human adult height

A full list of authors and affiliations appears at the end of the article.

Summary

Height is a highly heritable, classic polygenic trait with ~700 common associated variants identified so far through genome-wide association studies. Here, we report 83 height-associated coding variants with lower minor allele frequencies (range of 0.1-4.8%) and effects of up to 2 cm/ allele (e.g. in IHH, STC2, AR and CRISPLD2), >10 times the average effect of common variants. In functional follow-up studies, rare height-increasing alleles of STC2 (+1-2 cm/allele) compromised proteolytic inhibition of PAPP-A and increased cleavage of IGFBP-4 in vitro, resulting in higher bioavailability of insulin-like growth factors. These 83 height-associated variants overlap genes mutated in monogenic growth disorders and highlight new biological candidates (e.g. ADAMTS3, IL11RA, NOX4) and pathways (e.g. proteoglycan/glycosaminoglycan synthesis) involved in growth. Our results demonstrate that sufficiently large sample sizes can uncover rare and low-frequency variants of moderate to large effect associated with polygenic human phenotypes, and that these variants implicate relevant genes and pathways.

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Data preparation group (checked and prepared data from contributing cohorts for meta-analyses and replication): Tonu Esko, Mariaelisa Graff, Heather Highland, Anne Justice, Tugce Karaderi, Ken Sin Lo, Adam E. Locke, Yingchang Lu, Eirini Marouli, Nicholas G.D. Masca, M. Carolina Medina-Gomez, Poorva Mudgal, Maggie C.Y. Ng, Manuel A. Rivas, Claudia Schurmann, Kathy Stirrups, Valérie Turcot, Sailaja Vedantam, Thomas W. Winkler, Kristin L. Young. This work was done under the auspices of the GIANT, CHARGE, BBMRI, UK ExomeChip, and GOT2D consortia.

Height meta-analyses (discovery and replication, single-variant and gene-based): Panos Deloukas, Timothy M. Frayling, Mariaelisa Graff, Joel N. Hirschhorn, Guillaume Lettre, Daijiang J. Liu, Ken Sin Lo, Yingchang Lu, Eirini Marouli, M. Carolina Medina-Gomez, Fernando Rivadeneira, Andrew R. Wood.

UK Biobank-based integration of height association signals group and heritability analyses: Panos Deloukas, Timothy M. Frayling, Guillaume Lettre, Zoltán Kutalik, Ken Sin Lo, Eirini Marouli, Sina Rüeger, Andrew R. Wood.

Pleiotropy working group: Gonçalo Abecasis, Michael Boehnke, James P. Cook, Panos Deloukas, Fotios Drenos, Jose C. Florez, Heather Highland, Sekar Kathiresan, Cecilia M. Lindgren, Dajiang J. Liu, Ruth J.F. Loos, Anubha Mahajan, Eirini Marouli, Mark I. McCarthy, Patricia B. Munroe, Gina M. Peloso, John R. B. Perry, Katherine S. Ruth, Cristen J. Willer.

Biological and clinical enrichment, and pathway analyses: Rebecca S. Fine, Joel N. Hirschhorn, Zoltán Kutalik, David Lamparter, Guillaume Lettre, Ken Sin Lo, Tune H. Pers.

Functional characterization of STC2: Troels R. Kjaer, Claus Oxvig.

Author Information: Summary genetic association results are available on the GIANT website: http://portals.broadinstitute.org/collaboration/giant/index.php/GIANT_consortium.

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 $Correspondence \ to: Joel \ N. \ Hirschhorn \ (joelh@broadinstitute.org), \ Panos \ Deloukas \ (p.deloukas@qmul.ac.uk), \ Guillaume \ Lettre \ (guillaume.lettre@umontreal.ca).$

These authors contributed equally to this work.

[¶]A full list of members appears in the Supplementary Information.

[§]These authors jointly supervised this work.

Introduction

Human height is a highly heritable, polygenic trait^{1,2}. The contribution of common DNA sequence variation to inter-individual differences in adult height has been systematically evaluated through genome-wide association studies (GWAS). This approach has thus far identified 697 independent variants located within 423 loci that together explain ~20% of the heritability of height³. As is typical of complex traits and diseases, most of the height alleles discovered so far are common (minor allele frequency (MAF) >5%) and are mainly located outside coding regions, complicating the identification of the relevant genes or functional variants. Identifying coding variants associated with a complex trait in new or known loci has the potential to pinpoint causal genes. Furthermore, the extent to which rare (MAF <1%) and low-frequency (1% < MAF 5%) coding variants also influence complex traits and diseases remains an open question. Many recent DNA sequencing studies have identified only few such variants⁴⁻⁸, but this limited success could be due to their modest sample size⁹. Some studies have suggested that common sequence variants may explain the majority of the heritable variation in adult height¹⁰, making it timely to assess whether and to what extent rare and low-frequency coding variation contributes to the genetic landscape of this model polygenic trait.

In this study, we used an ExomeChip¹¹ to test the association between 241,453 variants (83% coding with MAF 5%) and adult height variation in 711,428 individuals (discovery and validation sample sizes were 458,927 and 252,501, respectively). The ExomeChip is a genotyping array designed to query in very large sample sizes coding variants identified by whole-exome DNA sequencing of ~12,000 participants. The main goals of our project were to determine whether rare and low-frequency coding variants influence the architecture of a model complex human trait, such as adult height, and to discover and characterize new genes and biological pathways implicated in human growth.

Results

32 rare and 51 low-frequency coding variants associated with adult height

We conducted single-variant meta-analyses in a discovery sample of 458,927 individuals, of whom 381,625 were of European ancestry. We validated our association results in an independent set of 252,501 participants. We first performed standard single-variant association analyses; technical details of the discovery and validation steps are in Methods (Extended Data Figs 1-3, Supplementary Tables 1-11). In total, we found 606 independent ExomeChip variants at array-wide significance ($P < 2 \times 10^{-7}$), including 252 non-synonymous or splice site variants (Methods and Supplementary Table 11). Focusing on non-synonymous or splice site variants with MAF <5%, our single-variant analyses identified 32 rare and 51 low-frequency height-associated variants (Extended Data Tables 1-2). To date, these 83 height variants (MAF range 0.1-4.8%) represent the largest set of validated rare and low-frequency coding variants associated with any complex human trait or disease. Among these 83 variants, there are 81 missense, one nonsense (in *CCND3*), and one essential acceptor splice site (in *ARMC5*) variants.

We observed a strong inverse relationship between MAF and effect size (Fig. 1). Although power limits our capacity to find rare variants of small effects, we know that common variants with effect sizes comparable to the largest seen in our study would have been easily discovered by prior GWAS, but were not detected. Our results agree with a model based on accumulating theoretical and empirical evidences that suggest that variants with strong phenotypic effects are more likely to be deleterious, and therefore rarer^{12,13}. The largest effect sizes were observed for four rare missense variants, located in the androgen receptor gene AR (rs137852591, MAF=0.21%, P_{combined} =2.7×10⁻¹⁴), in CRISPLD2 (rs148934412, MAF=0.08%, P_{combined} =2.4×10⁻²⁰), in *IHH* (rs142036701, MAF=0.08%, $P_{\text{combined}}=1.9\times10^{-23}$), and in STC2 (rs148833559, MAF=0.1%, $P_{\text{combined}}=1.2\times10^{-30}$). Carriers of the rare STC2 missense variant are ~2.1 cm taller than non-carriers, whereas carriers of the remaining three variants (or hemizygous men that carry the X-linked ARrs137852591 rare allele) are ~2 cm shorter than non-carriers. In comparison, the mean effect size of common height alleles is ten times smaller in the same dataset. Across all 83 rare and low-frequency non-synonymous variants, the minor alleles were evenly distributed between height-increasing and -decreasing effects (48% vs. 52%, respectively) (Fig. 1 and Extended Data Tables 1-2).

Coding variants in new and known height loci, and heritability explained

Many of the height-associated variants in this ExomeChip effort are located near common variants previously associated with height. Of the 83 rare and low-frequency nonsynonymous variants, two low-frequency missense variants were previously identified (in *CYTL1* and *IL11*)^{3,14} and 47 fell within 1 Mb of a known height signal; the remaining 34 define new loci. We used conditional analysis in the UK Biobank dataset and confirmed that 38 of these 47 variants were independent from the previously described height SNPs (Supplementary Table 12). We validated the UK Biobank conditional results using an orthogonal imputation-based methodology implemented in the full discovery set (Extended Data Fig. 4 and Supplementary Table 12). In addition, we found a further 85 common variants and one low-frequency synonymous variant (in *ACHE*) that define novel loci (Supplementary Table 12). Thus, our study identified a total of 120 new height loci (Supplementary Table 11).

We used the UK Biobank dataset to estimate the contribution of the new height variants to heritability, which is $h^2 \sim 80\%$ for adult height². In combination, the 83 rare and low-frequency variants explained 1.7% of the heritability of height. The newly identified novel common variants accounted for another 2.4%, and all independent variants, known and novel together explained 27.4% of heritability. By comparison, the 697 known height SNPs explain 23.3% of height heritability in the same dataset (vs. 4.1% by the new height variants identified in this ExomeChip study). We observed a modest positive association between MAF and heritability explained per variant (P=0.012, Extended Data Fig. 5), with each common variant explaining slightly more heritability than rare or low-frequency variants (0.036% vs. 0.026%, Extended Data Fig. 5).

Gene-based association results

To increase power to find rare or low-frequency coding variants associated with height, we performed gene-based analyses (Methods and Supplementary Tables 13-15). After accounting for gene-based signals explained by a single variant driving the association statistics, we identified ten genes with $P < 5 \times 10^{-7}$ that harbor more than one coding variant independently associated with height variation (Supplementary Tables 16-17). These gene-based results remained significant after conditioning on genotypes at nearby common height-associated variants present on the ExomeChip (Table 1). Using the same gene-based tests in an independent dataset of 59,804 individuals genotyped on the same exome array, we replicated three genes at P < 0.05 (Table 1). Further evidence for replication in these genes was seen at the level of single variants (Supplementary Table 18). From the gene-based results, three genes – CSAD, NOX4, and UGGT2 – fell outside of the loci found by single-variant analyses and are implicated in human height for the first time.

Coding variants implicate biological pathways in human skeletal growth

Prior pathway analyses of height loci identified by GWAS have highlighted gene sets related to both general biological processes (such as chromatin modification and regulation of embryonic size) and more skeletal growth-specific pathways (chondrocyte biology, extracellular matrix (ECM), and skeletal development)³. We used two different methods, DEPICT¹⁵ and PASCAL¹⁶ (Methods), to perform pathway analyses using the ExomeChip results to test whether coding variants could either independently confirm the relevance of these previously highlighted pathways (and further implicate specific genes in these pathways), or identify new pathways. To compare the pathways emerging from coding and non-coding variation, we applied DEPICT separately on (1) exome array-wide associated coding variants independent of known GWAS signals and (2) non-coding GWAS loci, excluding all novel height-associated genes implicated by coding variants. We identified a total of 496 and 1,623 enriched gene sets, respectively, at a false discovery rate (FDR) <1% (Supplementary Tables 19-20); similar analyses with PASCAL yielded 362 and 278 enriched gene sets (Supplementary Tables 21-22). Comparison of the results revealed a high degree of shared biology for coding and non-coding variants (for DEPICT, gene set P-values compared between coding and non-coding results had Pearson's r = 0.583, $P < 2.2 \times 10^{-16}$; for PASCAL, Pearson's r=0.605, $P < 2.2 \times 10^{-16}$). However, some pathways showed stronger enrichment with either coding or non-coding genetic variation. In general, coding variants more strongly implicated pathways specific to skeletal growth (such as ECM and bone growth), while GWAS signals highlighted more global biological processes (such as transcription factor binding and embryonic size/lethality) (Extended Data Fig. 6). The two significant gene sets identified by DEPICT and PASCAL that uniquely implicated coding variants were "BCAN protein protein interaction subnetwork" and "proteoglycan binding." Both of these pathways relate to the biology of proteoglycans, which are proteins (such as aggrecan) that contain glycosaminoglycans (such as chrondroitin sulfate) and that have wellestablished connections to skeletal growth ¹⁷.

We also examined which height-associated genes identified by ExomeChip analyses were driving enrichment of pathways such as proteoglycan binding. Using unsupervised clustering analysis, we observed that a cluster of 15 height-associated genes is strongly

implicated in a group of correlated pathways that include biology related to proteoglycans/glycosaminoglycans (Fig. 2 and Extended Data Fig. 7). Seven of these 15 genes overlap a previously curated list of 277 genes annotated in OMIM as causing skeletal growth disorders³; genes in this small cluster are enriched for OMIM annotations relative to genes outside the cluster (odds ratio=27.6, Fisher's exact $P=1.1\times10^{-5}$). As such, the remaining genes in this cluster may be strong candidates for harboring variants that cause Mendelian growth disorders. Within this group are genes that are largely uncharacterized (*SUSD5*), have relevant biochemical functions (*GLT8D2*, a glycosyl transferase studied mostly in the context of the liver¹⁸; *LOXL4*, a lysyl oxidase expressed in cartilage¹⁹), modulate pathways known to affect skeletal growth (*FIBIN*, *SFRP4*)^{20,21} or lead to increased body length when knocked out in mice (*SFRP4*)²².

Functional characterization of rare STC2 variants

To begin exploring whether the identified rare coding variants affect protein function, we performed in vitro functional analyses of two rare coding variants in a particularly compelling and novel candidate gene, STC2. Over-expression of STC2 diminishes growth in mice by covalent binding and inhibition of the proteinase PAPP-A, which specifically cleaves IGF binding protein-4 (IGFBP-4), leading to reduced levels of bioactive insulin-like growth factors (Fig. 3A)²³. Although there was no prior genetic evidence implicating STC2 variation in human growth, the PAPPA and IGFBP4 genes were both implicated in height GWAS³, and rare mutations in *PAPPA2* cause severe short stature²⁴, emphasizing the likely relevance of this pathway in humans. The two STC2 height-associated variants are rs148833559 (p.Arg44Leu, MAF=0.096%, $P_{\rm discovery}$ =5.7×10⁻¹⁵) and rs146441603 (p.Met86Ile, MAF=0.14%, $P_{\text{discovery}}$ =2.1×10⁻⁵). These rare alleles increase height by 1.9 and 0.9 cm, respectively, suggesting that they both partially impair STC2 activity. In functional studies, STC2 with these amino acid substitutions were expressed at similar levels to wild-type, but showed clear, partial defects in binding to PAPP-A and in inhibition of PAPP-A-mediated cleavage of IGFBP-4 (Fig. 3B-D). Thus, the genetic analysis successfully identified rare coding alleles that have demonstrable and predicted functional consequences, strongly confirming the role of these variants and the STC2 gene in human growth.

Pleiotropic effects

Previous GWAS studies have reported pleiotropic or secondary effects on other phenotypes for many common variants associated with adult height^{3,25}. Using association results from 17 human complex phenotypes for which well-powered meta-analysis results were available, we explored if rare and low-frequency height variants are also pleiotropic. We found one rare and five low-frequency missense variants associated with at least one of the other investigated traits at array-wide significance (*P*<2×10⁻⁷)(Extended Data Fig. 8 and Supplementary Table 23). The minor alleles at rs77542162 (*ABCA6*, MAF=1.7%) and rs28929474 (*SERPINA1*, MAF=1.8%) were associated with increased height and increased levels of LDL-cholesterol (LDL-C) and total cholesterol (TC), whereas the minor allele at rs3208856 in *CBLC* (MAF=3.4%) was associated with increased height, HDL-cholesterol (HDL-C) and triglyceride (TG), but lower LDL-C and TC levels. The minor allele at rs141845046 (*ZBTB7B*, MAF=2.8%) was associated with both increased height and body mass index (BMI). The minor alleles at the other two missense variants associated with

shorter stature, rs201226914 in *PIEZO1* (MAF=0.2%) and rs35658696 in *PAM* (MAF=4.8%), were associated with decreased glycated haemoglobin (HbA1c) and increased type 2 diabetes (T2D) risk, respectively.

Discussion

We undertook an association study of nearly 200,000 coding variants in 711,428 individuals, and identified 32 rare and 51 low-frequency coding variants associated with adult height. Furthermore, gene-based testing discovered 10 genes that harbor several additional rare/low-frequency variants associated with height, including three genes (*CSAD*, *NOX4*, *UGGT2*) in loci not previously implicated in height. Given the design of the ExomeChip, which did not consider variants with MAF <0.004% (or one allele in ~12,000 participants), our gene-based association results do not rule out the possibility that additional genes with such rarer coding variants also contribute to height variation; deep DNA sequencing in very large sample sizes will be required to address this question. In total, our results highlight 89 genes (10 from gene-based testing and 79 from single-variant analyses (four genes have 2 independent coding variants)) that are likely to modulate human growth, and 24 alleles segregating in the general population that affect height by more than 1 cm (Extended Data Tables 1-2 and Table 1). The rare and low-frequency coding variants explain 1.7% of the heritable variation in adult height. When considering all rare, low-frequency, and common height-associated variants validated in this study, we can now explain 27.4% of the heritability.

Our analyses revealed many coding variants in genes mutated in monogenic skeletal growth disorders, confirming the presence of allelic series (from familial penetrant mutations to mild effect common variants) in the same genes for related growth phenotypes in humans. We used gene set enrichment-type analyses to demonstrate the functional connectivity between the genes that harbor coding height variants, highlighting known as well as novel biological pathways that regulate height in humans (Fig. 2, Extended Data Fig. 7 and Supplementary Tables 19-22), and newly implicating genes such as SUSD5, GLT8D2, LOXL4, FIBIN, and SFRP4 that have not been previously connected with skeletal growth. Additional interesting height candidate genes include NOX4, ADAMTS3 and ADAMTS6, PTH1R, and IL11RA (Extended Data Tables 1-2, Supplementary Tables 17 and 24). NOX4, identified through gene-based testing, encodes NADPH oxidase 4, an enzyme that produces reactive oxygen species, a biological pathway not previously implicated in human growth. Nox4^{-/-} mice display higher bone density and reduced numbers of osteoclasts, a cell type essential for bone repair, maintenance, and remodelling 12. We also found rare coding variants in ADAMTS3 and ADAMTS6, genes that encode metalloproteinases that belong to the same family than several other human growth syndromic genes (e.g. ADAMTS2, ADAMTS10, ADAMTSL2). Moreover, we discovered a rare missense variant in PTH1R that encodes a receptor of the parathyroid hormone (PTH): PTH-PTH1R signaling is important for bone resorption and mutations in *PTH1R* cause chondrodysplasia in humans²⁶. Finally, we replicated the association between a low-frequency missense variant in the cytokine gene IL11, but also found a new low-frequency missense variant in its receptor gene IL11RA. The IL11-IL11RA axis has been shown to play an important role in bone formation in the mouse^{27,28}. Thus, our data confirm the relevance of this signaling cascade in human growth as well.

Overall, our findings provide strong evidence that rare and low-frequency coding variants contribute to the genetic architecture of height, a model complex human trait. This conclusion has strong implications for the prediction of complex human phenotypes in the context of precision medicine initiatives. Indeed, although rare, large effect size variants might not explain most of the heritable disease risk at the population level, they are important to predict the risk to develop disease for individuals that carry them. Our findings also seem to contrast sharply with results from the recent large-scale T2D association study, which found only six variants with MAF <5% (ref. ²⁹). This apparent difference could simply be explained by the large difference in sample sizes between the two studies (711,428 for height vs. 127,145 for T2D). When we consider the fraction of associated variants with MAF<5% among all confirmed variants for height and T2D, we find that it is similar (9.7% for height vs. 7.1% for T2D). This supports the strong probability that rarer T2D alleles and more generally, rarer alleles for other polygenic diseases and traits, will be uncovered as sample sizes continue to increase.

Methods

Study design & participants

The discovery cohort consisted of 147 studies comprising 458,927 adult individuals of the following ancestries: 1) European descent (N=381,625), 2) African (N=27,494), 3) South Asian (N=29,591), 4) East Asian (N=8,767); 5) Hispanic (N=10,776) and 6) Saudi (N=695). All participating institutions and coordinating centers approved this project, and informed consent was obtained from all subjects. Discovery meta-analysis was carried out in each ancestry group (except the Saudi) separately as well as in the All group. Validation was undertaken in individuals of European ancestry only (Supplementary Tables 1-3). Conditional analyses were undertaken only in the European descent group (106 studies, N=381,625).

Phenotype

Height (in centimeters) was corrected for age and the genomic principal components (derived from GWAS data, the variants with MAF>1% on ExomeChip, or ancestry informative markers available on the ExomeChip), as well as any additional study-specific covariates (e.g. recruiting center), in a linear regression separately by sex, whereas for family-based studies sex was included as a covariate in model. For studies with non-related individuals, residuals were calculated the model. Additionally, residuals for case/control studies were calculated separately. Finally, residuals were subject to inverse normal transformation.

Genotype calling

The majority of studies followed a standardized protocol and performed genotype calling using the designated manufacturer software, which was then followed by zCall³¹. For 10 studies participating in the Cohorts for Heart and Aging Research in Genomic Epidemiology (CHARGE) Consortium, the raw intensity data for the samples from seven genotyping centers were assembled into a single project for joint calling¹¹. Study-specific quality

control (QC) measures of the genotyped variants was implemented before association analysis (Supplementary Tables 1-2).

Study-level statistical analyses

Individual cohorts were analyzed separately for each ancestry population, with either RAREMETALWORKER (http://genome.sph.umich.edu/wiki/RAREMETALWORKER) or RVTEST (http://zhanxw.github.io/rvtests/), to associate inverse normal transformed height data with genotype data taking potential cryptic relatedness (kinship matrix) into account in a linear mixed model. These software are designed to perform score-statistics based rarevariant association analysis, can accommodate both unrelated and related individuals, and provide single-variant results and variance-covariance matrix. The covariance matrix captures linkage disequilibrium (LD) relationships between markers within 1 Mb, which is used for gene-level meta-analyses and conditional analyses 32. Single-variant analyses were performed for both additive and recessive models (for the alternate allele).

Centralized quality-control

The individual study data were investigated for potential existence of ancestry population outliers based on 1000 Genome Project phase 1 ancestry reference populations. A centralized QC procedure implemented in EasyQC³³ was applied to individual study association summary statistics to identify outlying studies: (1) assessment of possible problems in height transformation,(2) comparison of allele frequency alignment against 1000 Genomes Project phase 1 reference data to pinpoint any potential strand issues, and (3) examination of quantile-quantile (QQ) plots per study to identify any problems arising from population stratification, cryptic relatedness and genotype biases. We excluded variants if they had call rate <95%, Hardy-Weinberg equilibrium $P<1\times10^{-7}$, or large allele frequency deviations from reference populations (>0.6 for all ancestry analyses and >0.3 for ancestry-specific population analyses). We also excluded from downstream analyses markers not present on the Illumina ExomeChip array 1.0, variants on the Y-chromosome or the mitochondrial genome, indels, multiallelic variants, and problematic variants based on the Blat-based sequence alignment analyses. Meta-analyses were carried out in parallel by two different analysts at two sites.

Single-variant meta-analyses

Discovery analyses—We conducted single-variant meta-analyses in a discovery sample of 458,927 individuals of different ancestries using both additive and recessive genetic models (Extended Data Fig. 1 and Supplementary Tables 1-4). Significance for single-variant analyses was defined at array-wide level ($P<2\times10-7$, Bonferroni correction for 250,000 variants). The combined additive analyses identified 1,455 unique variants that reached array-wide significance ($P<2\times10-7$), including 578 non-synonymous and splice site variants (Supplementary Tables 5-7). Under the additive model, we observed a high genomic inflation of the test statistics (e.g. λ_{GC} of 2.7 in European-ancestry studies for common markers, Extended Data Fig. 2 and Supplementary Table 8), although validation results (see below) and additional sensitivity analyses (see below) suggested that it is consistent with polygenic inheritance as opposed to population stratification, cryptic relatedness, or

technical artifacts (Extended Data Fig. 2). The majority of these 1,455 association signals (1,241; 85.3%) were found in the European-ancestry meta-analysis (85.5% of the discovery sample size) (Extended Data Fig. 2). Nevertheless, we discovered eight associations within five loci in our all-ancestry analyses that are driven by African studies (including one missense variant in the growth hormone gene *GH1* (rs151263636), Extended Data Fig. 3), three height variants found only in African studies, and one rare missense marker associated with height in South Asians only (Supplementary Table 7).

Genomic inflation and confounding—We observed a marked genomic inflation of the test statistics even after adequate control for population stratification (linear mixed model) arising mainly from common markers; λ_{GC} in European-ancestry was 1.2 and 2.7 for all and common markers, respectively (Extended Data Fig. 2 and Supplementary Table 8). Such inflation is expected for a highly polygenic trait like height, and is consistent with our very large sample size^{3,34}. To confirm this, we applied the recently developed linkage disequilibrium (LD) score regression method to our height ExomeChip results³⁰, with the caveats that the method was developed (and tested) with >200,000 common markers available. We restricted our analyses to 15,848 common variants (MAF 5%) from the European-ancestry meta-analysis, and matched them to pre-computed LD scores for the European reference dataset 30 . The intercept of the regression of the χ^2 statistics from the height meta-analysis on the LD score estimate the inflation in the mean χ^2 due to confounding bias, such as cryptic relatedness or population stratification. The intercept was 1.4 (standard error=0.07), which is small when compared to the λ_{GC} of 2.7. Furthermore, we also confirmed that the LD score regression intercept is estimated upward because of the small number of variants on the ExomeChip and the selection criteria for these variants (i.e. known GWAS hits). The ratio statistic of (intercept -1) / (mean χ^2 -1) is 0.067 (standard error=0.012), well within the normal range³⁰, suggesting that most of the inflation (~93%) observed in the height association statistics is due to polygenic effects (Extended Data Fig. 2).

Furthermore, to exclude the possibility that some of the observed associations between height and rare/low-frequency variants could be due to allele calling problems in the smaller studies, we performed a sensitivity meta-analysis with primarily Europe-ancestry studies totaling >5,000 participants. We found very concordant effect sizes, suggesting that smaller studies do not bias our results (Extended Data Fig. 2).

Conditional analyses—The RAREMETAL R-package³⁵ and the GCTA v1.24³⁶ software were used to identify independent height association signals across the European descent meta-analysis results. RAREMETAL performs conditional analyses by using covariance matrices in order to distinguish true signals from those driven by LD at adjacent known variants. First, we identified the lead variants ($P < 2 \times 10^{-7}$) based on a 1 Mb window centered on the most significantly associated variant and performed LD pruning ($r^2 < 0.3$) to avoid downstream problems in the conditional analyses due to co-linearity. We then conditioned on the LD-pruned set of lead variants in RAREMETAL and kept new lead signals at $P < 2 \times 10^{-7}$. The process was repeated until no additional signal emerged below the prespecified P-value threshold. The use of a 1 Mb window in RAREMETAL can obscure

dependence between conditional signals in adjacent intervals in regions of extended LD. To detect such instances, we performed joint analyses using GCTA with the ARIC and UK ExomeChip reference panels, both of which comprise >10,000 individuals of European descent. With the exception of a handful of variants in a few genomic regions with extended LD (*e.g.* the HLA region on chromosome 6), the two software identified the same independent signals (at $P<2\times10^{-7}$).

To discover new height variants, we conditioned the height variants found in our ExomeChip study on the previously published GWAS height variants³ using the first release of the UK Biobank imputed dataset and regression methodology implemented in BOLT-LMM³⁷. Because of the difference between the sample size of our discovery set (N=458,927) and the UK Biobank (first release, N=120,084), we applied a threshold of $P_{\text{conditional}} < 0.05$ to declare a height variant as independent in this analysis. We also explored an alternative approach based on approximate conditional analysis³⁶. This latter method (SSimp) relies on summary statistics available from the same cohort, thus we first imputed summary statistics ³⁸ for exome variants, using summary statistics from the Wood et al. 2014 study³. Conversely, we imputed the top variants from the Wood et al. 2014 study using the summary statistics from the ExomeChip. Subsequently, we calculated effect sizes for each exome variant conditioned on the Wood et al. 2014 top variants in two ways. First, we conditioned the imputed summary statistics of the exome variant on the summary statistics of the Wood et al. 2014 top variants that fell within 5 Mb of the target ExomeChip variant. Second, we conditioned the summary statistics of the ExomeChip variant on the imputed summary statistics of the Wood et al. 2014 hits. We then selected the option that yielded a higher imputation quality. For poorly tagged variants ($\hat{i}^2 < 0.8$), we simply used up-sampled HapMap summary statistics for the approximate conditional analysis. Pairwise SNP-by-SNP correlations were estimated from the UK10K data (TwinsUK³⁹ and ALSPAC⁴⁰ studies, N=3,781).

Validation of the single-variant discovery results—Several studies, totaling 252,501 independent individuals of European ancestry, became available after the completion of the discovery analyses, and were thus used for validation of our experiment. We validated the single-variant association results in eight studies, totaling 59,804 participants, genotyped on the Exomechip using RAREMETAL³². We sought additional evidence for association for the top signals in two independent studies in the UK (UK Biobank) and Iceland (deCODE), comprising 120,084 and 72,613 individuals, respectively. We used the same QC and analytical methodology as described above. Genotyping and study descriptives are provided in Supplementary Tables 1-3. For the combined analysis, we used the inverse-variance weighted fixed effects meta-analysis method using METAL⁴¹. Significant associations were defined as those with a combined meta-analysis (discovery and validation) $P_{\text{combined}} < 2 \times 10^{-7}$.

We considered 81 variants with suggestive association in the discovery analyses $(2\times10^{-7} < P_{\rm discovery} \ 2\times10^{-6})$. Of those 81 variants, 55 reached significance after combining discovery and replication results based on $P_{\rm combined} < 2\times10^{-7}$ (Supplementary Table 9). Furthermore, recessive modeling confirmed seven new independent markers with $P_{\rm combined} < 2\times10^{-7}$ (Supplementary Table 10). One of these recessive signals is due to a rare X-linked variant in the AR gene (rs137852591, MAF=0.21%). Because of its frequency, we

only tested hemizygous men (we did not identify homozygous women for the minor allele) so we cannot distinguish between a true recessive mode of inheritance or a sex-specific effect for this variant. To test the independence and integrate all height markers from the discovery and validation phase, we used conditional analyses and GCTA "joint" modeling³⁶ in the combined discovery and validation set. This resulted in the identification of 606 independent height variants, including 252 non-synonymous or splice site variants (Supplementary Table 11). If we only consider the initial set of lead SNPs with $P<2\times10^{-7}$, we identified 561 independent variants. Of these 561 variants (selected without the validation studies), 560 have concordant direction of effect between the discovery and validation studies, and 548 variants have a $P_{\text{validation}}<0.05$ (466 variants with $P_{\text{validation}}<8.9\times10^{-5}$, Bonferroni correction for 561 tests), suggesting a very low false discovery rate (Supplementary Table 11).

Gene-based association meta-analyses

For the gene-based analyses, we applied two different sets of criteria to select variants, based on coding variant annotation from five prediction algorithms (PolyPhen2 HumDiv and HumVar, LRT, Mutation Taster and SIFT) 42 . The mask labeled "broad" included variants with a MAF <0.05 that are nonsense, stop-loss, splice site, as well as missense variants that are annotated as damaging by at least one program mentioned above. The mask labeled "strict" included only variants with MAF <0.05 that are nonsense, stop-loss, splice site, as well as missense variants annotated as damaging by all five algorithms. We used two tests for gene-based testing, namely the SKAT 43 and VT 44 tests. Statistical significance for gene-based tests was set at a Bonferroni-corrected threshold of $P < 5 \times 10^{-7}$ (threshold for 25,000 genes and four tests). The gene-based discovery results were validated (same test and variants, when possible) in the same eight studies genotyped on the ExomeChip (N=59,804 participants) that were used for the validation of the single-variant results (see above, and Supplementary Tables 1-3). Gene-based conditional analyses were performed in RAREMETAL.

Pleiotropy analyses

We accessed ExomeChip data from GIANT (BMI, waist-hip ratio), GLGC (total cholesterol (TC), triglycerides (TG), HDL-cholesterol (HDL-C), LDL-cholesterol (LDL-C)), IBPC (systolic and diastolic blood pressure), MAGIC (glycaemic traits), REPROGEN (age at menarche and menopause), and DIAGRAM (type 2 diabetes). For coronary artery disease, we accessed 1000 Genomes Project-imputed GWAS data released by CARDIoGRAMplusC4D⁴⁵.

Pathway analyses

DEPICT is a computational framework that uses probabilistically-defined reconstituted gene sets to perform gene set enrichment and gene prioritization¹⁵. For a description about gene set reconstitution please refer to references ¹⁵ and ⁴⁶. In brief, reconstitution was performed by extending pre-defined gene sets (such as Gene Ontology terms, canonical pathways, protein-protein interaction subnetworks and rodent phenotypes) with genes co-regulated with genes in these pre-defined gene set using large-scale microarray-based transcriptomics data. In order to adapt the gene set enrichment part of DEPICT for ExomeChip data, we

made two principal changes. First and foremost, because DEPICT for GWAS incorporates all genes within a given LD block around each index SNP, we modified DEPICT to take as input only the gene directly impacted by the coding SNP. Second, we adapted the way DEPICT adjust for confounders (such as gene length) by generating null ExomeChip association results using Swedish ExomeChip data (Malmö Diet and Cancer (MDC), All New Diabetics in Scania (ANDIS), and Scania Diabetes Registry (SDR) cohorts, N=11,899) and randomly assigning phenotypes from a normal distribution before conducting association analysis (see Supplementary Information). For the gene set enrichment analysis of the ExomeChip data, we used significant non-synonymous variants statistically independent of known GWAS hits (and that were present in the null ExomeChip data; see Supplementary Information for details). For gene set enrichment analysis of the GWAS data, we used all loci (1) with a non-coding index SNP and (2) that did not contain any of the novel ExomeChip genes. In visualizing the analysis, we used affinity propagation clustering⁴⁷ to group the most similar reconstituted gene sets based on their gene memberships (see Supplementary Information). Within a "meta-gene set", the best P-value of any member gene set was used as representative for comparison. DEPICT for ExomeChip was written using the Python programming language and the code can be found at https:// github.com/RebeccaFine/height-ec-depict.

We also applied the PASCAL pathway analysis tool¹⁶ to association summary statistics for all coding variants. In brief, the method derives gene-based scores (both SUM and MAX statistics) and subsequently tests for the over-representation of high gene scores in predefined biological pathways. We used standard pathway libraries from KEGG, REACTOME and BIOCARTA, and also added dichotomized (Z-score>3) reconstituted gene sets from DEPICT¹⁵. To accurately estimate SNP-by-SNP correlations even for rare variants, we used the UK10K data (TwinsUK³⁹ and ALSPAC⁴⁰ studies, N=3781). In order to separate the contribution of regulatory variants from the coding variants, we also applied PASCAL to association summary statistics of only regulatory variants (20 kb upstream, gene body excluded) from the Wood *et al.* study³. In this way, we could classify pathways driven principally by coding, regulatory or mixed signals.

STC2 functional experiments

Mutagenesis, cell culture and transfection—For the generation of STC2 mutants (R44L and M86I), wild-type STC2 cDNA contained in pcDNA3.1/Myc-His(-) (Invitrogen)²³ was used as a template. Mutagenesis was carried out using Quickchange (Stratagene), and all constructs were verified by sequence analysis. Recombinant wild-type STC2 and variants were expressed in human embryonic kidney (HEK) 293T cells (293tsA1609neo, ATCC CRL-3216) maintained in high-glucose DMEM supplemented 10% fetal bovine serum, 2 mM glutamine, nonessential amino acids, and gentamicin. The cells are routinely tested for mycoplasma contamination. Cells (6×10⁶) were plated onto 10 cm-dishes and transfected 18 h later by calcium phosphate coprecipitation using 10 μg plasmid DNA. Media were harvested 48 h post transfection, cleared by centrifugation, and stored at -20°C until use. Protein concentrations (58-66 nM) were determined by TRIFMA using antibodies described previously²³. PAPP-A was expressed stably in HEK293T cells as

previously reported⁴⁸. Expressed levels of PAPP-A (27.5 nM) were determined by a commercial ELISA (AL-101, Ansh Labs, TX).

STC2 and **PAPP-A complex formation**—Culture supernatants containing wild-type STC2 or variants were adjusted to 58 nM, added an equal volume of culture supernatant containing PAPP-A corresponding to a 2.1-fold molar excess, and incubated at 37°C. Samples were taken at 1, 2, 4, 6, 8, 16, and 24 h and stored at -20°C.

Analysis of proteolytic activity—Specific proteolytic cleavage of ¹²⁵I-labeled IGFBP-4 is described in detail elsewhere⁴⁹. Briefly, the PAPP-A:STC2 complex mixtures were diluted (1:190) to a concentration of 145 pM PAPP-A and mixed with preincubated ¹²⁵I-IGFBP4 (10 nM) and IGF-1 (100 nM) in 50 mM Tris-HCl, 100 mM NaCl, 1 mM CaCl₂. Following 1 h incubation at 37°C, reactions were terminated by the addition of SDS-PAGE sample buffer supplemented with 25 mM EDTA. Substrate and co-migrating cleavage products were separated by 12% nonreducing SDS-PAGE and visualized by autoradiography using a storage phosphor screen (GE Healthcare) and a Typhoon imaging system (GE Healthcare). Band intensities were quantified using ImageQuant TL 8.1 software (GE Healthcare).

Western blotting—STC2 and covalent complexes between STC2 and PAPP-A were blotted onto PVDF membranes (Millipore) following separation by 3-8% SDS-PAGE. The membranes were blocked with 2% Tween-20, and equilibrated in 50 mM Tris-HCl, 500 mM NaCl, 0.1% Tween-20, pH 9 (TST). For STC2, the membranes were incubated with goat polyclonal anti-STC2 (R&D systems, AF2830) at 0.5 μg/ml in TST supplemented with 2% skim milk for 1 h at 20°C. For PAPP-A:STC2 complexes, the membranes were incubated with rabbit polyclonal anti-PAPP-A⁵⁰ at 0.63 μg/ml in TST supplemented with 2% skim milk for 16 h at 20°C. Membranes were washed with TST and subsequently incubated with polyclonal swine anti-rabbit IgG-HRP (DAKO, P0217) or polyclonal rabbit anti-goat IgG-HRP (DAKO, P0449), respectively, diluted 1:2000 in TST supplemented with 2% skim milk for 1 h at 20°C. Following washing with TST, membranes were developed using enhanced chemiluminescence (ECL Prime, GE Healthcare). Images were captured using an ImageQuant LAS 4000 instrument (GE Healthcare).

Data Availability Statement

Summary genetic association results are available on the GIANT website: http://portals.broadinstitute.org/collaboration/giant/index.php/GIANT consortium.

URLs

ClinVar, http://www.ncbi.nlm.nih.gov/clinvar/

DEPICT, http://www.broadinstitute.org/mpg/depict/

ExomeChip, http://genome.sph.umich.edu/wiki/Exome_Chip_Design

ExomeDEPICT, https://github.com/RebeccaFine/height-ec-depict

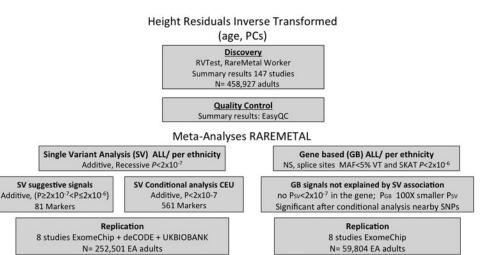
OMIM, http://omim.org/

PASCAL, http://www2.unil.ch/cbg/index.php?title=Pascal

RAREMETALWORKER, http://genome.sph.umich.edu/wiki/RAREMETALWORKER

RVTEST, http://zhanxw.github.io/rvtests/

Extended Data

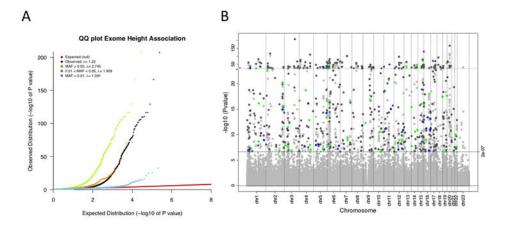


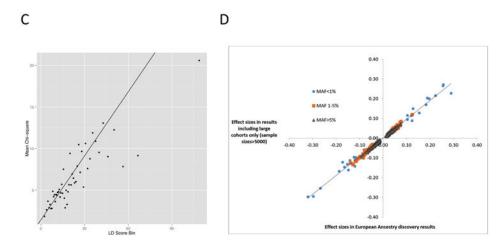
Combined analysis RAREMETAL

Extended Data Figure 1.

Flowchart of the GIANT ExomeChip height study design.

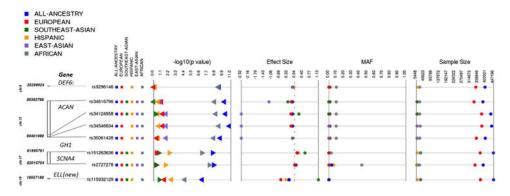
Combined analysis RAREMETAL





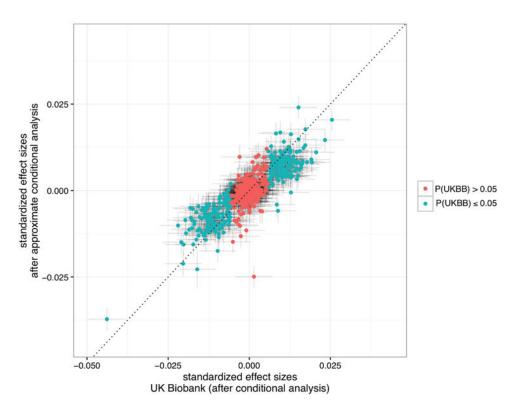
Extended Data Figure 2.

Height ExomeChip association results. (A) Quantile-quantile plot of ExomeChip variants and their association to adult height under an additive genetic model in individuals of European ancestry. We stratified results based on allele frequency. (B) Manhattan plot of all ExomeChip variants and their association to adult height under an additive genetic model in individuals of European ancestry with a focus on the 553 independent SNPs, of which 469 have MAF>5% (grey), 55 have MAF between 1 and 5% (green), and 29 have MAF<1% (blue). (C) Linkage disequilibrium (LD) score regression analysis for the height association results in European-ancestry studies. In the plot, each point represents an LD Score quantile, where the x-axis of the point is the mean LD Score of variants in that quantile and the y-axis is the mean χ^2 statistic of variants in that quantile. The LD Score regression slope of the black line is calculated based on Equation 1 in Bulik-Sullivan et al.³⁰ which is estimated upwards due to the small number of common variants (N=15,848) and the design of the ExomeChip. The LD score regression intercept is 1.4, the λ_{GC} is 2.7, the mean χ^2 is 7.0, and the ratio statistic of (intercept -1) / (mean χ^2 -1) is 0.067 (standard error=0.012). (**D**) Scatter plot comparison of the effect sizes for all variants that reached significance in the European-ancestry discovery results (N=381,625) and results including only studies with sample sizes >5000 individuals (N=241,453).



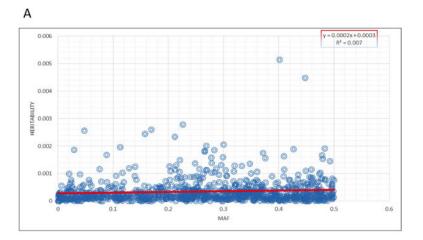
Extended Data Figure 3.

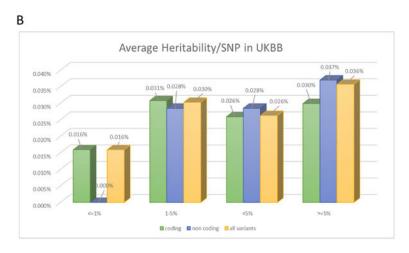
Height ExomeChip association results in African-ancestry populations. Among the all-ancestry results, we found eight variants for which the genetic association with height is mostly driven by individuals of African ancestry. The minor allele frequency of these variants is <1% (or monomorphic) in all ancestries except African-ancestry individuals. In individuals of African ancestry, the variants had allele frequencies between 9 and 40%.



Extended Data Figure 4.

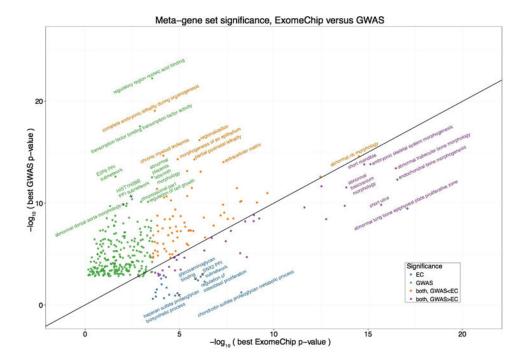
Concordance between direct conditional effect sizes using UK Biobank (x-axis) and conditional analysis performed using a combination of imputation-based methodology and approximate conditional analysis (SSimp, y-axis). The Pearson's correlation coefficient is r=0.85. The dashed line indicates the identity line. The 95% confidence interval is indicated in both directions. Red, SNPs with $P_{\rm cond}$ >0.05 in the UK Biobank; Green, SNPs with $P_{\rm cond}$ 0.05 in the UK Biobank.





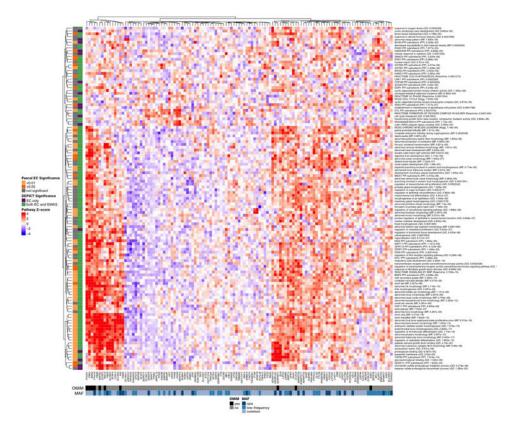
Extended Data Figure 5.

Heritability estimated for all known height variants in the first release of the UK Biobank dataset. (**A**) We observed a weak but significant positive trend between minor allele frequency (MAF) and heritability explained (P=0.012). (**B**) Average heritability explained per variant when stratifying the analyses by allele frequency or genomic annotation. For heritability estimations in UKBB, variants were pruned to r^2 < 0.2 in the 1000 Genomes Project data set, and the heritability figures are based on h^2 =80% for height.



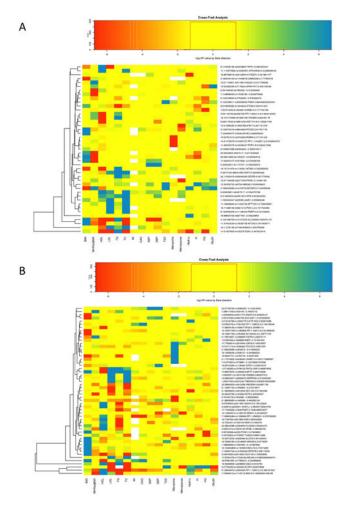
Extended Data Figure 6.

Comparison of DEPICT gene set enrichment results based on coding variation from ExomeChip (EC) or non-coding variation from genome-wide association study data (GWAS). The x-axis indicates the P-value for enrichment of a given gene set using DEPICT adapted for EC data, where the input to DEPICT is the genes implicated by coding EC variants that are independent of known GWAS signals. The y-axis indicates the P-value for gene set enrichment using DEPICT, using as input the GWAS loci that do not overlap the coding signals. Each point represents a meta-gene set, and the best P-value for any gene set within the meta-gene set is shown. Only significant (false discovery rate < 0.01) gene set enrichment results are plotted. Colors correspond to whether the meta-gene set was significant for EC only (blue), GWAS only (green), both but more significant for EC (purple), or both but more significant for GWAS (orange), and the most significant gene sets within each category are labeled. A line is drawn at x = y for ease of comparison.



Extended Data Figure 7.

Heat map showing entire DEPICT gene set enrichment results (analogous to Fig. 2 in the main text). For any given square, the color indicates how strongly the corresponding gene (shown on the x-axis) is predicted to belong to the reconstituted gene set (y-axis). This value is based on the gene's Z-score for gene set inclusion in DEPICT's reconstituted gene sets, where red indicates a higher Z-score and blue indicates a lower one. The proteoglycan binding pathway was uniquely implicated by coding variants (as opposed to common variants) by both DEPICT and the Pascal method. To visually reduce redundancy and increase clarity, we chose one representative "meta-gene set" for each group of highly correlated gene sets based on affinity propagation clustering (see Methods and Supplementary Information). Heat map intensity and DEPICT p-values correspond to the most significantly enriched gene set within the meta-gene set; meta-gene sets are listed with their database source. Annotations for the genes indicate whether the gene has OMIM annotation as underlying a disorder of skeletal growth (black and grey) and the minor allele frequency of the significant EC variant (shades of blue; if multiple variants, the lowestfrequency variant was kept). Annotations for the gene sets indicate if the gene set was also found significant for EC by the Pascal method (yellow and grey) and if the gene set was found significant by DEPICT for EC only or for both EC and GWAS (purple and green). Abbreviations: GO: Gene Ontology; KEGG: Kyoto encyclopedia of genes and genomes; MP: mouse phenotype in the Mouse Genetics Initiative; PPI: protein-protein interaction in the InWeb database.



Extended Data Figure 8.

Heatmaps showing associations of the height variants to other complex traits; $-\log 10$ (P-values) are oriented with beta effect direction for the alternate allele, white are missing values, yellow are non-significant (P>0.05), green to blue shading for hits with positive beta in the other trait and P-values between 0.05 and $<2\times10^{-7}$ and, orange to red shading for hits with negative beta in the other trait and P-values between 0.05 to $<2\times10^{-7}$. Short and tall labels are given for the minor alleles. Clustering is done by the complete linkage method with Euclidean distance measure for the loci. Clusters highlight SNPs that are more significantly associated with the same set of traits. (A) Variants for which the minor allele is the height-increasing allele. (B) Variants for which the minor allele is the height-increasing allele.

Extended Data Table 1

Rare variants associated with adult height.32 missense or splice site variants with minor allele frequency <1% in European-ancestry participants that have Genomic coordinates are on build 37 of the human genome. For each variant, we provide the most severe annotation using the ENSEMBL Variant Effect $P_{\text{combined}} < 2 \times 10^{-7}$. The direction of the effect (Beta, standard deviation units) and effect allele frequency (AF) is given for the alternate (Alt) allele. Predictor (VEP) tool. N, sample size; Ref, reference allele; SE, standard error.

					Dis	Discovery (N up to 381,625)	up to 38	1,625)	Vali	Validation (N up to 252,501)	up to 25	2,501)	Con	Combined (N up to 634,126)	up to 63	4,126)
Variant	Chr:Pos	Ref/Alt	Gene	Annotation	AF	Beta	SE	P-value	AF	Beta	SE	P-value	AF	Beta	SE	P-value
rs150341307	1:32673514	G/C	16cc	missense	0.002	-0.141	0.026	7.92E-08	0.004	-0.116	0.025	3.83E-06	0.003	-0.128	0.018	1.34E-12
rs143365597	1:41540902	G/A	IHWƏS	missense	0.004	0.188	0.018	1.58E-25	900.0	0.169	0.024	9.42E-13	0.005	0.181	0.014	1.35E-36
rs114233776	1:41618297	G/A	IHWƏS	missense	900.0	-0.119	0.015	1.92E-15	900.0	-0.11	0.019	1.32E-08	900.0	-0.116	0.012	1.80E-22
rs145659444	1:149902342	C/T	MTMR11	missense	0.007	0.067	0.015	4.16E-06	900.0	0.083	0.019	7.11E-06	0.007	0.073	0.012	3.03E-10
rs144712473	1:183495812	A/G	29WS	missense	900.0	-0.094	0.014	4.97E-11	0.008	-0.067	0.017	8.94E-05	0.007	-0.083	0.011	1.61E-14
rs144673025	1:223178026	T/C	IdSIQ	missense	0.008	-0.078	0.013	1.11E-09	0.007	-0.086	0.018	1.22E-06	0.008	-0.081	0.011	1.27E-14
rs142036701	2:219924961	G/T	ННІ	missense	0.001	-0.32	0.04	1.09E-15	0.003	-0.263	0.043	1.48E-09	0.002	-0.294	0.029	1.85E-23
rs147445258	2:220078652	C/T	ABCB6	missense	0.01	-0.086	0.012	3.43E-13	0.009	-0.064	0.018	4.40E-04	0.01	-0.079	0.01	2.47E-15
rs121434601	3:46939587	C/T	PTHIR	missense	0.003	0.154	0.023	1.30E-11	0.003	0.192	0.031	5.48E-10	0.003	0.168	0.019	1.14E-19
rs141374503	4:73179445	C/T	ADAMTS3	missense	0.003	-0.119	0.021	1.82E-08	0.004	-0.089	0.023	1.32E-04	0.004	-0.106	0.016	1.30E-11
rs149385790	4:120422407	T/G	PDE5A	missense	0.001	0.257	0.031	7.50E-17	0.005	0.19	0.033	1.28E-08	0.003	0.226	0.023	2.65E-23
rs146301345	5:32784907	G/A	NPR3	missense	0.003	0.128	0.022	1.05E-08	0.002	0.166	0.035	1.78E-06	0.003	0.139	0.019	7.91E-14
rs61736454	5:64766798	G/A	ADAMTS6	missense	0.002	-0.152	0.026	7.82E-09	0.002	-0.182	0.032	1.37E-08	0.002	-0.164	0.02	4.80E-16
rs78727187	5:127668685	G/T	FBN2	missense	0.006	0.183	0.015	2.47E-33	0.006	0.181	0.02	5.06E-20	900.0	0.182	0.012	1.47E-52
rs148833559	5:172755066	C/A	STC2	missense	0.001	0.29	0.037	5.69E-15	0.001	0.368	0.043	1.32E-17	0.001	0.323	0.028	1.15E-30
rs148543891	6:155450779	A/G	TIAM2	missense	0.003	-0.124	0.022	1.45E-08	0.001	-0.016	0.082	8.50E-01	0.003	-0.117	0.021	3.96E-08
rs41511151	7:73482987	G/A	ELN	missense	0.004	-0.086	0.018	2.63E-06	0.007	-0.061	0.019	1.51E-03	900.0	-0.074	0.013	2.31E-08
rs112892337	8:135614553	G/C	ZFAT	missense	0.004	0.196	0.019	4.42E-26	0.004	0.184	0.024	1.20E-14	0.004	0.191	0.015	6.12E-38
rs75596750	8:135622851	G/A	ZFAT	missense	0.001	0.255	0.036	1.54E-12	0.002	0.339	0.039	5.94E-18	0.002	0.293	0.027	2.05E-28
rs138273386	11:27016360	G/A	FIBIN	missense	0.004	-0.12	0.017	5.79E-12	0.005	-0.076	0.024	1.56E-03	0.004	-0.105	0.014	3.26E-14
rs138059525	11:94533444	G/A	AMOTLI	missense	0.009	-0.096	0.012	9.01E-16	0.007	-0.089	0.017	3.84E-07	0.008	-0.094	0.01	2.84E-21
rs147996581	12:58138971	G/A	TSPAN31	missense	0.003	-0.116	0.022	8.26E-08	0.001	-0.268	0.09	2.85E-03	0.003	-0.125	0.021	5.50E-09
rsl3141	12:121756084	G/A	ANAPC5	missense	0.009	-0.082	0.012	1.09E-11	0.011	-0.105	0.016	1.44E-11	0.01	-0.091	0.01	1.45E-21

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					Dis	Discovery (N up to 381,625)	up to 38.	1,625)	Vali	Validation (N up to 252,501)	I up to 25	(2,501)	Coı	Combined (N up to 634,126)	N up to 63	4,126)
Variant	Chr:Pos	Ref/Alt	Gene	Annotation	AF	Beta	SE	P-value	AF	Beta	SE	P-value	AF	Beta	SE	P-value
rsl50494621	15:44153571	C/T	WDR76	missense	800.0	0.063	0.013	1.56E-06	0.014	0.054	0.015	3.42E-04	0.011	0.059	0.01	2.32E-09
rsl41308595	15:89424870	G/T	HAPLN3	missense	0.001	-0.267	0.037	2.84E-13	0.002	-0.234	0.035	2.43E-11	0.002	-0.25	0.025	1.02E-22
rs141923065	16:31474091	A/G	ARMC5	splice acceptor	0.006	0.104	0.015	5.88E-12	0.013	0.057	0.018	1.16E-03	0.009	0.084	0.011	1.62E-13
rs34667348	16:47684830	C/A	PHKB	missense	0.005	0.121	0.016	3.96E-14	0.005	0.033	0.020	1.04E-01	0.005	0.088	0.013	3.43E-12
rs140385822	16:67470505	G/A	HSD11B2	missense	0.002	-0.148	0.028	1.27E-07	0.002	-0.124	0.035	3.38E-04	0.002	-0.139	0.022	1.97E-10
rsl49615348	16:84900645	G/A	CRISPLD2	missense	0.007	-0.095	0.014	9.13E-12	0.008	-0.098	0.017	4.34E-09	0.008	-0.096	0.011	2.92E-19
rsl48934412	16:84902472	G/A	CRISPLD2	missense	0.001	-0.297	0.04	7.75E-14	0.001	-0.317	0.058	3.49E-08	0.001	-0.304	0.033	2.36E-20
rs201226914	16:88798919	G/T	PIEZOI	missense	0.002	-0.187	0.027	5.27E-12	0.002	-0.241	0.043	1.99E-08	0.002	-0.202	0.023	8.68E-19
rsl37852591	23:66941751	S/O	AR	missense	0.002	-0.304	0.061	7.05E-07	0.008	-0.333	0.058	7.12E-09	0.005	-0.319	0.042	2.67E-14

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Extended Data Table 2

analysis. The direction of the effect (Beta, standard deviation units) and effect allele frequency (AF) is given for the alternate (Alt) allele. For each variant, we provide the most severe annotation using the ENSEMBL Variant Effect Predictor (VEP) tool. N. sample size: Ref. reference allele: SE. standard error Low-frequency variants associated with adult height.59 variants (51 missense or nonsense) with minor allele frequency between 1 and 5% in Europeanancestry participants that have $P_{\text{combined}} < 2 \times 10^{-7}$. For TTN-rs16866412 and NOL8-rs921122, the association is significant ($P < 2 \times 10^{-7}$) upon conditional

					Dis	Discovery (N up to 381,625)	up to 38	1,625)	Vali	dation (Validation (N up to 252,501)	52,501)	CC	Combined N up to 634,126)	up to 6.	34,126)
Variant	Chr:Pos	Ref/Alt	Gene	Annotation	AF	Beta	SE	P-value	AF	Beta	SE	P-value	AF	Beta	SE	P-value
rs41292521	1:51873967	G/A	EPS15	missense	0.020	0.045	0.008	5.07E-08	0.023	0.065	0.010	7.60E-11	0.021	0.053	900.0	2.56E-17
rs61730011	1:119427467	A/C	SIXBL	missense	0.042	-0.059	900.0	1.61E-24	0.046	-0.056	0.007	4.19E-15	0.044	-0.058	0.005	2.79E-36
rs11580946	1:150551327	G/A	MCLI	missense	0.014	0.061	0.010	2.16E-09	0.015	0.085	0.012	7.86E-12	0.015	0.070	0.008	1.55E-19
rs141845046	1:154987704	c/t	ZBTB7B	missense	0.028	0.058	0.007	7.30E-17	0.025	0.061	0.010	4.46E-10	0.027	0.059	0.006	3.46E-25
rs79485039	1:180886140	C/T	KIAA1614	missense	0.026	0.034	0.007	1.41E-06	0.031	0.030	600.0	4.51E-04	0.028	0.033	900.0	2.63E-09
rs52826764	2:20205541	C/T	WATN3	missense	0.026	-0.071	0.007	2.67E-23	0.028	-0.084	0.010	6.60E-19	0.027	-0.076	0.006	3.74E-41
rs16859517	2:219949184	C/T	IIHN	intron	0.036	0.059	900.0	5.96E-21	0.036	0.064	800.0	1.12E-15	0.036	0.061	0.005	8.20E-37
rs16866412	2:179474668	G/A	NLL	missense	0.013	-0.053	0.010	1.35E-07	0.010	-0.019	0.015	2.15E-01	0.012	-0.042	0.008	3.44E-07
rs7571816	2:233077064	A/G	ZTESIA	intron	0.025	-0.060	0.007	2.35E-16	0.023	-0.079	0.010	2.58E-15	0.024	-0.066	900.0	6.46E-31
rs2229089	3:14214524	G/A	$\mathcal{D}dX$	missense	0.031	-0.038	0.007	1.22E-08	0.035	-0.020	800.0	1.68E-02	0.033	-0.030	0.005	1.29E-08
rs76208147	3:47162886	C/T	ZGLES	missense	0.019	0.048	0.009	2.24E-08	0.016	0.062	0.012	2.22E-07	0.018	0.053	0.007	1.65E-13
rs35713889	3:49162583	C/T	LAMB2	missense	0.039	0.043	90000	3.28E-12	0.045	0.060	0.007	1.33E-16	0.041	0.050	0.005	3.49E-27
rs9838238	3:98600385	T/C	DCBTD3	missense	0.047	0.029	0.005	1.23E-07	0.051	0.027	0.007	5.62E-05	0.048	0.028	0.004	1.68E-12
rs11722554	4:5016883	G/A	ITLXJ	missense	0.040	-0.049	0.006	2.01E-17	0.034	-0.057	0.009	6.68E-11	0.038	-0.052	0.005	1.86E-25
rs61730641	4:87730980	C/T	PTPN13	missense	0.015	-0.086	0.010	1.94E-19	0.016	-0.094	0.012	1.38E-15	0.016	-0.089	0.008	9.43E-32
rs116807401	4:135121721	T/C	PABPC4L	missense	0.017	0.065	0.009	1.39E-13	0.016	0.045	0.012	1.33E-04	0.017	0.058	0.007	7.54E-16
rs28925904	4:144359490	C/T	GABI	missense	0.019	-0.048	0.008	1.04E-08	0.023	-0.036	0.010	3.24E-04	0.021	-0.043	0.006	4.29E-12
rs34343821	4:154557616	C/T	KIAA0922	missense	0.011	0.059	0.011	7.75E-08	0.015	0.056	0.012	5.75E-06	0.013	0.058	0.008	2.18E-12
rs35658696	5:102338811	A/G	PAM	missense	0.048	-0.025	0.005	3.76E-06	0.053	-0.031	0.007	8.47E-06	0.050	-0.027	0.004	1.63E-10
rs34821177	5:126250812	C/T	MARCH3	missense	0.036	0.034	0.006	4.25E-08	0.029	0.027	0.009	2.45E-03	0.034	0.032	0.005	1.67E-10
rs62623707	5:135288632	A/G	LECT2	missense	0.044	-0.030	0.006	1.02E-07	0.049	-0.024	0.007	4.77E-04	0.046	-0.027	0.005	1.36E-09
rs34471628	5:172196752	A/G	DUSPI	missense	0.036	0.048	0.006	4.00E-14	0.042	0.036	0.007	1.26E-06	0.039	0.043	0.005	1.93E-20
rs28932177	5:176637471	G/A	NSD1	missense	0.028	0.063	0.007	2.38E-17	0.027	0.065	0.009	2.62E-12	0.028	0.064	0.006	4.27E-30

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14,126)	P-value	2.32E-41	4.64E-13	3.45E-60	1.28E-22	1.40E-17	2.98E-10	3.90E-26	1.88E-07	4.01E-13	3.33E-06	7.66E-20	3.91E-09	1.52E-43	1.87E-08	1.29E-11	1.60E-17	5.66E-57	3.27E-16	2.13E-29	3.05E-09	2.03E-16	1.72E-75	2.50E-15	1.60E-07	1.28E-27	3.79E-130	2.89E-21	1.90E-15	
up to 63	SE	900.0	0.011	0.008	0.012	0.004	0.005	0.005	0.007	0.007	900.0	0.007	0.005	0.005	0.005	900.0	0.007	0.005	900.0	0.004	0.007	0.006	0.007	0.006	0.008	0.007	0.006	0.005	0.005	
Combined N up to 634,126)	Beta	-0.084	-0.076	-0.126	-0.122	0.035	-0.031	0.058	0.036	-0.050	0.029	-0.065	0.028	-0.064	0.027	-0.043	0.057	0.077	0.045	0.046	-0.041	-0.050	0.130	-0.044	0.040	0.073	-0.135	0.051	0.038	
S	AF	0.024	0.012	0.015	0.012	0.050	0.040	0.029	0.019	0.018	0.040	0.017	0.040	0.042	0.036	0.022	0.022	0.043	0.028	0.049	0.020	0.023	0.019	0.026	0.014	0.021	0.027	0.032	0.043	
2,501)	P-value	8.42E-18	1.24E-05	9.59E-31	3.41E-08	2.26E-07	2.92E-02	5.04E-10	1.30E-02	4.42E-03	3.45E-02	5.15E-11	3.05E-03	1.41E-23	6.68E-02	5.UE-04	5.82E-10	7.02E-25	7.81E-09	1.34E-11	4.13E-04	2.02E-06	2.50E-34	2.12E-04	2.19E-02	3.66E-13	1.08E-56	2.34E-07	1.65E-07	
I up to 25	SE	0.010	0.018	0.012	0.018	0.007	0.000	0.000	0.010	0.011	0.008	0.012	0.008	0.007	0.008	0.010	0.010	0.008	0.000	0.007	0.010	0.009	0.011	0.009	0.012	0.010	0.009	0.009	0.008	
Validation (N up to 252,501)	Beta	-0.085	-0.079	-0.139	-0.101	0.038	-0.019	0.054	0.026	-0.030	0.018	-0.076	0.022	-0.072	0.015	-0.036	0.062	0.084	0.052	0.047	-0.036	-0.045	0.139	-0.033	0.028	0.074	-0.146	0.044	0.041	
Vali	AF	0.025	0.011	0.016	0.011	0.052	0.035	0.030	0.021	0.020	0.040	0.017	0.040	0.046	0.037	0.023	0.028	0.041	0.029	0.050	0.025	0.026	0.019	0.028	0.014	0.023	0.028	0.032	0.047	
1,625)	P-value	1.86E-26	1.11E-08	9.21E-33	5.51E-17	3.28E-10	8.59E-10	2.31E-17	1.95E-06	5.20E-13	2.56E-06	2.72E-11	9.94E-08	1.82E-21	4.11E-08	1.13E-09	8.72E-10	2.33E-37	1.72E-08	3.67E-16	1.55E-06	2.49E-11	1.39E-45	1.17E-11	1.16E-06	8.72E-17	4.30E-72	8.61E-17	1.08E-09	
up to 38	SE	0.008	0.013	0.010	0.017	0.005	900.0	0.007	0.000	0.000	0.000	0.000	900.0	900.0	900.0	0.008	0.000	0.006	0.007	0.005	0.009	0.008	0.009	0.007	0.010	0.009	0.007	0.007	0.006	
Discovery (N up to 381,625)	Beta	-0.083	-0.075	-0.117	-0.140	0.034	-0.037	090.0	0.044	-0.064	0.041	-0.058	0.031	-0.058	0.034	-0.047	0.053	0.073	0.041	0.045	-0.045	-0.054	0.124	-0.050	0.047	0.073	-0.129	0.056	0.036	
Dis	AF	0.023	0.013	0.014	0.013	0.049	0.043	0.028	0.018	0.016	0.039	0.017	0.040	0.039	0.035	0.022	0.017	0.044	0.027	0.048	0.016	0.021	0.018	0.024	0.014	0.019	0.026	0.032	0.040	
	Annotation	missense	intron	snomynonys	stop sained	3'UTR	snomynonys	missense	missense	missense	missense	missense	missense	missense	missense	missense	missense	intron	missense	missense	missense	missense	missense	missense	missense	missense	synonymous	missense	missense	
	Gene	lasn	DDRI	SNRPC	CCND3	TRIM4	ACHE	CNOT4	POLB	ILURA	NOL8	DLG5	ZNF518A	TSGAJOIP	CD163L1	SLC35E3	GLT8D2	DLEUI	MMP14	GMPR2	KLHL28	SLC8A3	SERPINA I	RTL1	EMC4	GRAMD2	ACAN	ZNF500	TNRC6A	
	Ref/Alt	G/A	G/A	C/T	C/A	G/A	G/A	G/C	D/O	C/T	C/T	G/A	A/G	G/A	D/O	C/C	T/C	G/A	G/A	G/A	C/A	C/T	C/T	G/T	T/C	C/T	C/T	A/G	A/T	
	Chr:Pos	5:176722005	6:30851933	6:34730395	6:41903798	7:99489571	7:100490077	7:135123060	8:42226805	9:34660864	9:95063947	10:79580976	10:97919011	11:65715204	12:7548996	12:69140339	12:104408832	13:50842259	14:23313633	14:24707479	14:45403699	14:70633411	14:94844947	14:101349454	15:34520687	15:72462255	15:89388905	16:4812705	16:24804954	
	Variant	rs78247455	rs7757648	rs34427075	rs33966734	rs17277546	rs7636	rs17480616	rs3136797	rs11575580	rs921122	rs41274586	rs41291604	rs71455793	rs4072796	rs61743810	rs117801489	rs2066674	rs17880989	rs34354104	rs117295933	rs41286548	rs28929474	rs41286560	rs116858574	rs34815962	rs16942341	rs61733564	rs113388806	

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					Dis	Discovery (N up to 381,625)	up to 38	31,625)	Val	Validation (N up to 252,501)	4 up to 25	(2,501)	ပိ	Combined N up to 634,126)	V up to 6.	14,126)
Variant	Chr:Pos	Ref/Alt	Gene	Annotation	AF	Beta	SE	P-value	AF	Beta	SE	P-value	AF	Beta	SE	P-value
rs8052655	16:67409180	G/A	LRRC36	missense	0.043	-0.054	0.006	1.08E-18	0.043	-0.055	0.008	3.91E-13	0.043	-0.054	0.005	6.40E-31
rs77542162	17:67081278	A/G	ABCA6	missense	0.017	0.049	0.010	2.17E-06	0.023	0.051	0.010	5.58E-07	0.020	0.050	0.007	5.57E-12
rs77169818	18:74980601	A/T	GALRI	missense	0.047	-0.048	900.0	3.60E-18	0.038	-0.035	0.008	3.64E-05	0.044	-0.044	0.005	5.11E-19
rs3208856	19:45296806	C/T	CBTC	missense	0.034	0.036	0.007	1.48E-07	0.034	0.021	0.008	1.19E-02	0.034	0.030	0.005	2.96E-08
rs4252548	19:55879672	C/T	IL11	missense	0.026	-0.114	0.007	1.02E-57	0.022	-0.101	0.010	2.28E-23	0.025	-0.110	0.006	5.32E-81
rs147110934	rs147110934 19:55993436 G/T	G/T	ZNF628	missense	0.021	-0.084	0.010	2.28E-18	0.022	860:0-	0.011	1.17E-18	0.022	-0.090	0.007	6.33E-34
rs77885044	22:28501414	C/T	TTC28	missense	0.012	-0.067	0.010	9.47E-11	0.017	690:0-	0.012	3.24E-09	0.014	-0.068	0.008	3.93E-19
rs147348682	rs147348682 22:42095658	D/L	MEII	missense	0.025	0.041	0.007	2.25E-08	0.034 0.024	0.024	0.009	6.59E-03	0.029	0.034	900.0	3.70E-10

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Supplementary Material

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Authors

Eirini Marouli^{1,*}, Mariaelisa Graff^{2,*}, Carolina Medina-Gomez^{3,4,*}, Ken Sin Lo^{5,*}, Andrew R Wood^{6,*}, Troels R Kjaer^{7,*}, Rebecca S Fine^{8,9,10,*}, Yingchang Lu^{11,12,13,*}, Claudia Schurmann^{12,13}, Heather M Highland^{2,14}, Sina Rüeger^{15,16}, Gudmar Thorleifsson¹⁷, Anne E Justice², David Lamparter^{16,18}, Kathleen E Stirrups^{1,19}, Valérie Turcot⁵, Kristin L Young², Thomas W Winkler²⁰, Tõnu Esko^{8,10,21}, Tugce Karaderi²², Adam E Locke^{23,24}, Nicholas GD Masca^{25,26}, Maggie CY Ng^{27,28}, Poorva Mudgal²⁷, Manuel A Rivas^{8,29}, Sailaja Vedantam^{8,9,10}, Anubha Mahajan²², Xiuging Guo³⁰, Goncalo Abecasis²³, Katja K Aben^{31,32}, Linda S Adair³³, Dewan S Alam³⁴, Eva Albrecht³⁵, Kristine H Allin³⁶, Matthew Allison³⁷, Philippe Amouyel^{38,39,40}, Emil V Appel³⁶, Dominique Arveiler^{41,42}, Folkert W Asselbergs^{43,44,45}, Paul L Auer⁴⁶, Beverley Balkau⁴⁷, Bernhard Banas⁴⁸, Lia E Bang⁴⁹, Marianne Benn^{50,51}, Sven Bergmann^{16,18}, Lawrence F Bielak⁵², Matthias Blüher^{53,54}, Heiner Boeing⁵⁵, Eric Boerwinkle^{56,57}, Carsten A Böger⁴⁸, Lori L Bonnycastle⁵⁸, Jette Bork-Jensen³⁶, Michiel L Bots⁵⁹, Erwin P Bottinger¹², Donald W Bowden^{27,28,60}, Ivan Brandslund^{61,62}, Gerome Breen⁶³, Murray H Brilliant⁶⁴, Linda Broer⁴, Amber A Burt⁶⁵, Adam S Butterworth^{66,67}, David J Carey⁶⁸, Mark J Caulfield^{1,69}, John C Chambers^{70,71,72}, Daniel I Chasman^{8,73,74,75}, Yii-Der Ida Chen³⁰, Rajiv Chowdhury⁶⁶, Cramer Christensen⁷⁶, Audrey Y Chu^{74,77}, Massimiliano Cocca⁷⁸, Francis S Collins⁵⁸, James P Cook⁷⁹, Janie Corley^{80,81}, Jordi Corominas Galbany⁸², Amanda J Cox^{27,28,83}, Gabriel Cuellar-Partida^{84,85}, John Danesh^{66,67,86,87}, Gail Davies^{80,81}, Paul IW de Bakker^{59,88}, Gert J. de Borst⁸⁹, Simon de Denus^{5,90}, Mark CH de Groot^{91,92}, Renée de Mutsert⁹³, Ian J Deary^{80,81}, George Dedoussis⁹⁴, Ellen W Demerath⁹⁵, Anneke I den Hollander⁹⁶, Joe G Dennis⁹⁷, Emanuele Di Angelantonio^{66,67}, Fotios Drenos^{98,99}, Mengmeng Du^{100,101}, Alison M Dunning¹⁰², Douglas F Easton^{97,102}, Tapani Ebeling^{103,104}, Todd L Edwards¹⁰⁵, Patrick T Ellinor^{106,107}, Paul Elliott¹⁰⁸, Evangelos Evangelou^{71,109}, Aliki-Eleni Farmaki⁹⁴, Jessica D Faul¹¹⁰, Mary F Feitosa¹¹¹, Shuang Feng²³, Ele Ferrannini^{112,113}, Marco M Ferrario¹¹⁴, Jean Ferrieres¹¹⁵, Jose C Florez^{106,107,116}, Ian Ford¹¹⁷, Myriam Fornage¹¹⁸, Paul W Franks^{119,120,121}, Ruth Frikke-Schmidt^{51,122}, Tessel E Galesloot³², Wei Gan²², Ilaria Gandin¹²³, Paolo Gasparini^{123,124}, Vilmantas Giedraitis¹²⁵, Ayush Giri¹⁰⁵, Giorgia Girotto^{123,124}, Scott D Gordon⁸⁵, Penny Gordon-Larsen^{126,127}, Mathias Gorski^{20,48}, Niels Grarup³⁶, Megan L. Grove⁵⁶, Vilmundur Gudnason^{128,129}, Stefan Gustafsson¹³⁰, Torben Hansen³⁶, Kathleen Mullan Harris^{126,131}, Tamara B Harris¹³², Andrew T Hattersley¹³³, Caroline Hayward¹³⁴, Liang He^{135,136}, Iris M Heid^{20,35}, Kauko Heikkilä^{136,137}, Øyvind Helgeland^{138,139}, Jussi Hernesniemi^{140,141,142}, Alex W Hewitt^{143,144,145}, Lynne J Hocking^{146,147}, Mette Hollensted³⁶, Oddgeir L Holmen¹⁴⁸, G. Kees Hovingh¹⁴⁹, Joanna MM Howson⁶⁶, Carel B Hoyng⁹⁶, Paul L Huang¹⁰⁶, Kristian Hyeem¹⁵⁰, M. Arfan Ikram^{3,151,152}, Erik Ingelsson^{130,153}, Anne U Jackson²³, Jan-Håkan Jansson^{154,155}, Gail P Jarvik^{65,156}, Gorm B Jensen¹⁵⁷,

Min A Jhun⁵², Yucheng Jia³⁰, Xuejuan Jiang^{158,159}, Stefan Johansson^{139,160}, Marit E Jørgensen^{161,162}, Torben Jørgensen^{51,163,164}, Pekka Jousilahti¹⁶⁵, J Wouter Jukema^{166,167}, Bratati Kahali^{168,169,170}, René S Kahn¹⁷¹, Mika Kähönen¹⁷², Pia R Kamstrup⁵⁰, Stavroula Kanoni¹, Jaakko Kaprio^{136,137,165}, Maria Karaleftheri¹⁷³, Sharon LR Kardia⁵², Fredrik Karpe^{174,175}, Frank Kee¹⁷⁶, Renske Keeman¹⁷⁷, Lambertus A Kiemeney³², Hidetoshi Kitajima²², Kirsten B Kluivers³², Thomas Kocher¹⁷⁸, Pirjo Komulainen¹⁷⁹, Jukka Kontto¹⁶⁵, Jaspal S Kooner^{70,72,180}, Charles Kooperberg¹⁸¹, Peter Kovacs⁵³, Jennifer Kriebel^{182,183,184}, Helena Kuivaniemi^{68,185}, Sébastien Küry¹⁸⁶, Johanna Kuusisto¹⁸⁷, Martina La Bianca¹⁸⁸, Markku Laakso¹⁸⁷, Timo A Lakka^{179,189}, Ethan M Lange¹⁹⁰, Leslie A Lange¹⁹⁰, Carl D Langefeld¹⁹¹, Claudia Langenberg¹⁹², Eric B Larson^{65,193,194}, I-Te Lee^{195,196,197}, Terho Lehtimäki^{141,142}, Cora E Lewis¹⁹⁸, Huaixing Li¹⁹⁹, Jin Li²⁰⁰, Ruifang Li-Gao⁹³, Honghuang Lin²⁰¹, Li-An Lin¹¹⁸, Xu Lin¹⁹⁹, Lars Lind²⁰², Jaana Lindström¹⁶⁵, Allan Linneberg^{51,164,203}, Yeheng Liu³⁰, Yongmei Liu²⁰⁴, Artitaya Lophatananon²⁰⁵, Jian'an Luan¹⁹², Steven A Lubitz^{106,107}, Leo-Pekka Lyytikäinen^{141,142}, David A Mackey¹⁴⁴, Pamela AF Madden²⁰⁶, Alisa K Manning^{106,107,116}, Satu Männistö¹⁶⁵, Gaëlle Marenne⁸⁶, Jonathan Marten¹³⁴, Nicholas G Martin⁸⁵, Angela L Mazul², Karina Meidtner^{182,207}, Andres Metspalu²¹, Paul Mitchell²⁰⁸, Karen L Mohlke¹⁹⁰, Dennis O Mook-Kanamori^{93,209}, Anna Morgan¹²³, Andrew D Morris²¹⁰, Andrew P Morris^{22,79}, Martina Müller-Nurasyid^{35,211,212}, Patricia B Munroe^{1,69}, Mike A Nalls²¹³, Matthias Nauck^{214,215}, Christopher P Nelson^{25,26}, Matt Neville^{174,175}, Sune F Nielsen^{50,51}, Kjell Nikus²¹⁶, Pål R Njølstad^{138,139}, Børge G Nordestgaard^{50,51}, Ioanna Ntalla¹, Jeffrey R O'Connel²¹⁷, Heikki Oksa²¹⁸, Loes M Olde Loohuis²¹⁹, Roel A Ophoff^{171,219}, Katharine R Owen^{174,175}, Chris J Packard¹¹⁷, Sandosh Padmanabhan¹¹⁷, Colin NA Palmer²²⁰, Gerard Pasterkamp^{221,222}, Aniruddh P Patel^{8,75,106}, Alison Pattie⁸¹, Oluf Pedersen³⁶, Peggy L Peissig⁶⁴, Gina M Peloso^{106,107}, Craig E Pennell²²³, Markus Perola^{165,224,225}, James A Perry²¹⁷, John R.B. Perry¹⁹², Thomas N Person⁶⁴, Ailith Pirie¹⁰², Ozren Polasek^{210,226}, Danielle Posthuma^{227,228}, Olli T Raitakari^{229,230}, Asif Rasheed²³¹, Rainer Rauramaa^{179,232}, Dermot F Reilly²³³, Alex P Reiner^{181,234}, Frida Renström^{119,235}, Paul M Ridker^{74,75,236}, John D Rioux^{5,237}, Neil Robertson^{22,174}, Antonietta Robino¹⁸⁸, Olov Rolandsson^{154,238}, Igor Rudan²¹⁰, Katherine S Ruth⁶, Danish Saleheen^{231,239}, Veikko Salomaa¹⁶⁵, Nilesh J Samani^{25,26}, Kevin Sandow³⁰, Yadav Sapkota⁸⁵, Naveed Sattar¹¹⁷, Marjanka K Schmidt¹⁷⁷, Pamela J Schreiner²⁴⁰, Matthias B Schulze^{182,207}, Robert A Scott¹⁹², Marcelo P Segura-Lepe⁷¹, Svati Shah²⁴¹, Xueling Sim^{23,242}, Suthesh Sivapalaratnam^{106,243,244}, Kerrin S Small²⁴⁵, Albert Vernon Smith^{128,129}, Jennifer A Smith⁵², Lorraine Southam^{22,86}, Timothy D Spector²⁴⁵, Elizabeth K Speliotes^{168,169,170}, John M Starr^{80,246}, Valgerdur Steinthorsdottir¹⁷, Heather M Stringham²³, Michael Stumvoll^{53,54}, Praveen Surendran⁶⁶, Leen M 't Hart^{247,248,249}, Katherine E Tansey^{250,251}, Jean-Claude Tardif^{5,237}, Kent D Taylor³⁰, Alexander Teumer²⁵², Deborah J Thompson⁹⁷, Unnur Thorsteinsdottir^{17,128}, Betina H Thuesen¹⁶⁴, Anke Tönjes²⁵³, Gerard Tromp^{68,254}, Stella Trompet^{166,255}, Emmanouil Tsafantakis²⁵⁶, Jaakko Tuomilehto^{165,257,258,259}, Anne Tybiaerg-Hansen^{51,122}, Jonathan P Tyrer¹⁰², Rudolf Uher²⁶⁰, André G Uitterlinden^{3,4}, Sheila

Ulivi¹⁸⁸, Sander W van der Laan²²², Andries R Van Der Leij²⁶¹, Cornelia M van Duijn³, Natasja M van Schoor²⁴⁷, Jessica van Setten⁴³, Anette Varbo^{50,51}, Tibor V Varga¹¹⁹, Rohit Varma¹⁵⁹, Digna R Velez Edwards²⁶², Sita H Vermeulen³², Henrik Vestergaard³⁶, Veronique Vitart¹³⁴, Thomas F Vogt²⁶³, Diego Vozzi¹²⁴, Mark Walker²⁶⁴, Feijie Wang¹⁹⁹, Carol A Wang²²³, Shuai Wang²⁶⁵, Yiqin Wang¹⁹⁹, Nicholas J Wareham¹⁹², Helen R Warren^{1,69}, Jennifer Wessel²⁶⁶, Sara M Willems¹⁹², James G Wilson²⁶⁷, Daniel R Witte^{268,269}, Michael O Woods²⁷⁰, Ying Wu¹⁹⁰, Hanieh Yaghootkar⁶, Jie Yao³⁰, Pang Yao¹⁹⁹, Laura M Yerges-Armstrong^{217,271}, Robin Young^{66,117}, Eleftheria Zeggini⁸⁶, Xiaowei Zhan²⁷², Weihua Zhang^{70,71}, Jing Hua Zhao¹⁹², Wei Zhao²³⁹, Wei Zhao⁵², He Zheng¹⁹⁹. Wei Zhou^{168,169}, EPIC-CVD Consortium[¶], The EPIC-InterAct Consortium[¶], CHD Exome+ Consortium[¶], ExomeBP Consortium[¶], T2D-Genes Consortium[¶], GoT2D Genes Consortium, Global Lipids Genetics Consortium, ReproGen Consortium, MAGIC Investigators[¶], Jerome I Rotter³⁰, Michael Boehnke²³, Sekar Kathiresan^{8,75,106}, Mark I McCarthy^{22,174,175}, Cristen J Willer^{168,169,273}, Kari Stefansson^{17,128}, Ingrid B Borecki¹¹¹, Dajiang J Liu²⁷⁴, Kari E North²⁷⁵, Nancy L Heard-Costa^{77,276}, Tune H Pers^{36,277}, Cecilia M Lindgren^{22,278}, Claus Oxvig^{7,§}, Zoltán Kutalik^{15,16,§}, Fernando Rivadeneira^{3,4,§}, Ruth JF Loos^{12,13,279,§}, Timothy M Frayling^{6,§}, Joel N Hirschhorn^{8,10,280,§}, Panos Deloukas^{1,281,§}, and Guillaume Lettre^{5,237,§}

Affiliations

¹William Harvey Research Institute, Barts and The London School of Medicine and Dentistry, Queen Mary University of London, London, EC1M 6BQ, UK ²Department of Epidemiology, University of North Carolina, Chapel Hill, NC, 27514, USA ³Department of Epidemiology, Erasmus Medical Center, Rotterdam, 3015 GE, The Netherlands ⁴Department of Internal Medicine, Erasmus Medical Center, Rotterdam, 3015 GE, The Netherlands ⁵Montreal Heart Institute, Université de Montréal, Montreal, Quebec, H1T 1C8, Canada ⁶Genetics of Complex Traits, University of Exeter Medical School, University of Exeter, Exeter, EX2 5DW, UK ⁷Department of Molecular Biology and Genetics, Aarhus University, Aarhus, 8000, Denmark ⁸Broad Institute of MIT and Harvard, Cambridge, MA, 02142, USA ⁹Department of Genetics, Harvard Medical School, Boston, MA, 02115, USA ¹⁰Division of Endocrinology and Center for Basic and Translational Obesity Research, Boston Children's Hospital, Boston, MA, 02115, USA 11 Division of Epidemiology, Department of Medicine, Vanderbilt-Ingram Cancer Center, Vanderbilt Epidemiology Center, Vanderbilt University School of Medicine, Nashville, TN, 37203, USA ¹²The Charles Bronfman Institute for Personalized Medicine, Icahn School of Medicine at Mount Sinai, New York, NY, 10029, USA ¹³The Genetics of Obesity and Related Metabolic Traits Program, Ichan School of Medicine at Mount Sinai, New York, NY, 10069, USA ¹⁴Human Genetics Center, The University of Texas School of Public Health, The University of Texas Graduate School of Biomedical Sciences at Houston, The University of Texas Health Science Center at Houston, Houston, TX, 77030, USA ¹⁵Institute of Social and Preventive Medicine, Lausanne University Hospital, Lausanne, 1010, Switzerland ¹⁶Swiss Institute of

Bioinformatics, Lausanne, 1015, Switzerland ¹⁷deCODE Genetics/Amgen inc., Reykjavik, 101, Iceland ¹⁸Department of Computational Biology, University of Lausanne, Lausanne, 1011, Switzerland ¹⁹Department of Haematology, University of Cambridge, Cambridge, CB2 0PT, UK ²⁰Department of Genetic Epidemiology, University of Regensburg, Regensburg, D-93051, Germany ²¹Estonian Genome Center, University of Tartu, Tartu, 51010, Estonia ²²Wellcome Trust Centre for Human Genetics, University of Oxford, Oxford, OX3 7BN, UK ²³Department of Biostatistics and Center for Statistical Genetics, University of Michigan, Ann Arbor, MI, 48109, USA ²⁴McDonnell Genome Institute, Washington University School of Medicine, Saint Louis, MO, 63108, USA ²⁵Department of Cardiovascular Sciences, Univeristy of Leicester, Glenfield Hospital, Leicester, LE3 9QP, UK ²⁶NIHR Leicester Cardiovascular Biomedical Research Unit, Glenfield Hospital, Leicester, LE3 9QP. UK ²⁷Center for Diabetes Research, Wake Forest School of Medicine, Winston-Salem, NC, 27157, USA ²⁸Center for Genomics and Personalized Medicine Research, Wake Forest School of Medicine, Winston-Salem, NC, 27157, USA ²⁹Nuffield Department of Clinical Medicine, Oxford, OX37BN, UK ³⁰Institute for Translational Genomics and Population Sciences, LABioMed at Harbor-UCLA Medical Center, Torrance, CA, 90502, USA 31Netherlands Comprehensive Cancer Organisation, Utrecht, 3501 DB, The Netherlands 32Dept of obstetrics and gynaecology, Radboud University Medical Center, Nijmegen, 6500 HB, The Netherlands ³³Department of Nutrition, University of North Carolina, Chapel Hill, NC, 27599, USA ³⁴Centre for Control of Chronic Diseases (CCCD), Dhaka, 1212, Bangladesh ³⁵Institute of Genetic Epidemiology, Helmholtz Zentrum München -German Research Center for Environmental Health, Neuherberg, D-85764, Germany ³⁶The Novo Nordisk Foundation Center for Basic Metabolic Research, Faculty of Health and Medical Sciences, University of Copenhagen, Copenhagen, 2100, Denmark ³⁷Department of Family Medicine & Public Health, University of California, San Diego, La Jolla, CA, 92093, USA ³⁸INSERM U1167, Lille, F-59019, France ³⁹Institut Pasteur de Lille, U1167, Lille, F-59019, France ⁴⁰Universite de Lille, U1167 - RID-AGE - Risk factors and molecular determinants of aging-related diseases, Lille, F-59019, France ⁴¹Department of Epidemiology and Public Health, University of Strasbourg, Strasbourg, F-67085, France ⁴²Department of Public Health, University Hospital of Strasbourg, Strasbourg, 67081, France ⁴³Department of Cardiology, Division Heart & Lungs, University Medical Center Utrecht, Utrecht, The Netherlands ⁴⁴Durrer Center for Cardiogenetic Research, ICIN-Netherlands Heart Institute, Utrecht, The Netherlands ⁴⁵Institute of Cardiovascular Science, Faculty of Population Health Sciences, University College London, London, UK ⁴⁶Zilber School of Public Health, University of Wisconsin-Milwaukee, Milwaukee, WI, 53201, USA ⁴⁷INSERM U1018, Centre de recherche en Épidemiologie et Sante des Populations (CESP), Villejuif, France ⁴⁸Department of Nephrology, University Hospital Regensburg, Regensburg, 93042, Germany ⁴⁹Department of Cardiology, Rigshospitalet, Copenhagen University Hospital, Copenhagen, 2100, Denmark ⁵⁰Department of Clinical Biochemistry, Herlev and Gentofte Hospital, Copenhagen University Hospital, Herlev, 2730, Denmark ⁵¹Faculty of Health and Medical

Sciences, University of Copenhagen, Copenhagen, 2200, Denmark ⁵²Department of Epidemiology, School of Public Health, University of Michigan, Ann Arbor, MI, 48109, USA ⁵³IFB Adiposity Diseases, University of Leipzig, Leipzig, 04103, Germany ⁵⁴University of Leipzig, Department of Medicine, Leipzig, 04103, Germany ⁵⁵Department of Epidemiology, German Institute of Human Nutrition Potsdam-Rehbruecke (DIfE), Nuthetal, 14558, Germany ⁵⁶School of Public Health, Human Genetics Center, The University of Texas Health Science Center at Houston, Houston, TX, 77030, USA ⁵⁷Human Genome Sequencing Center, Baylor College of Medicine, Houston, TX, 77030 USA ⁵⁸Medical Genomics and Metabolic Genetics Branch, National Human Genome Research Institute, National Institutes of Health, Bethesda, MD, 20892, USA 59 Julius Center for Health Sciences and Primary Care, University Medical Center Utrecht, Utrecht, The Netherlands 60 Department of Biochemistry, Wake Forest School of Medicine, Winston-Salem, NC 27157, USA ⁶¹Department of Clinical Biochemistry, Lillebaelt Hospital, Veile, 7100, Denmark ⁶²Institute of Regional Health Research, University of Southern Denmark, Odense, 5000, Denmark ⁶³MRC Social Genetic and Developmental Psychiatry Centre, Institute of Psychiatry, Psychology and Neuroscience, Kingís College London & NIHR Biomedical Research Centre for Mental Health at the Maudsley, London, SE5 8AF, UK ⁶⁴Marshfield Clinic Research Foundation, Marshfield, WI, 54449, USA ⁶⁵Department of Medicine, University of Washington, Seattle, WA, 98195, USA ⁶⁶MRC / BHF Cardiovascular Epidemiology Unit, Department of Public Health and Primary Care, University of Cambridge, Cambridge, CB1 8RN, UK ⁶⁷NIHR Blood and Transplant Research Unit in Donor Health and Genomics, University of Cambridge, Cambridge, CB1 8RN, UK 68The Sigfried and Janet Weis Center for Research, Danville, PA, 17822, USA ⁶⁹NIHR Barts Cardiovascular Research Unit, Barts and The London School of Medicine & Dentistry, Queen Mary University, London, EC1M 6BQ, UK 70Department of Cardiology, London North West Healthcare NHS Trust, Ealing Hospital, Middlesex, UB1 3HW, UK 71 Department of Epidemiology and Biostatistics, School of Public Health, Imperial College London, London, W2 1PG, UK ⁷²Imperial College Healthcare NHS Trust, London, W12 0HS, UK ⁷³Division of Genetics, Brigham and Women's Hospital and Harvard Medical School, Boston, MA, 02115, USA 74Division of Preventive Medicine, Brigham and Women's and Harvard Medical School, Boston, MA, 02215, USA 75 Harvard Medical School, Boston, MA, 02115, USA ⁷⁶Medical department, Lillebaelt Hospital, Veile, 7100, Denmark ⁷⁷NHLBI Framingham Heart Study, Framingham, MA, 01702, USA ⁷⁸Department of Medical, Surgical and Health Sciences, University of Trieste, Trieste, 34100, Italy ⁷⁹Department of Biostatistics, University of Liverpool, Liverpool, L69 3GL, UK 80Centre for Cognitive Ageing and Cognitive Epidemiology, University of Edinburgh, Edinburgh, EH8 9JZ, UK 81 Department of Psychology, University of Edinburgh, Edinburgh, EH8 9JZ, UK 82Department of Human Genetics, Radboud University Medical Center, Nijmegen, 6500 HB, The Netherlands 83Menzies Health Institute Queensland, Griffith University, Southport, QLD, Australia 84Diamantina Institute, University of Qeensland, Brisbane, Queensland, 4072, Australia 85QIMR Berghofer Medical Research Institute, Brisbane, Queensland, 4006, Australia

⁸⁶Wellcome Trust Sanger Institute, Wellcome Genome Campus, Hinxton, Cambridge, CB10 1SA, UK 87British Heart Foundation, Cambridge Centre of Excellence, Department of Medicine, University of Cambridge, Cambridge, CB2 0QQ, UK 88 Department of Genetics, Center for Molecular Medicine, University Medical Center Utrecht, Utrecht, 3584 CX, The Netherlands 89 Department of Vascular Surgery, Division of Surgical Specialties, University Medical Center Utrecht, Utrecht, 3584 CX, The Netherlands 90 Faculty of Pharmacy, Université de Montréal, Montreal, Quebec, H3T 1J4, Canada 91 Department of Clinical Chemistry and Haematology, Division of Laboratory and Pharmacy, University Medical Center Utrecht, Utrecht, 3508 GA, The Netherlands 92Utrecht Institute for Pharmaceutical Sciences, Dvision Pharmacoepidemiology & Clinical Pharmacology, Utrecht University, Utrecht, 3508 TB, The Netherlands 93 Department of Clinical Epidemiology, Leiden University Medical Center, Leiden, 2300RC, The Netherlands ⁹⁴Department of Nutrition and Dietetics, School of Health Science and Education, Harokopio University, Athens, 17671, Greece 95 Division of Epidemiology & Community Health, School of Public Health, University of Minnesota, Minneapolis, MN, 55454, USA ⁹⁶Department of Ophthalmology, Radboud University Medical Center, Nijmegen, 6500 HB, The Netherlands ⁹⁷Centre for Cancer Genetic Epidemiology, Department of Public Health and Primary Care, University of Cambridge, Cambridge, CB1 8RN, UK 98 Institute of Cardiovascular Science, University College London, London, WC1E 6JF, UK 99MRC Integrative Epidemiology Unit, School of Social & Community Medicine, University of Bristo, Bristol, BS8 2BN, UK 100 Fred Hutchinson Cancer Research Center, Public Health Sciences Division, Seattle, WA, 98109, USA 101 Memorial Sloan Kettering Cancer Center, Department of Epidemiology and Biostatistics, New York, NY, 10017, USA ¹⁰²Centre for Cancer Genetic Epidemiology, Department of Oncology, University of Cambridge, Cambridge, CB1 8RN, UK ¹⁰³Department of Medicine, Oulu University Hospital, Oulu, 90029, Finland ¹⁰⁴Research Unit of Internal Medicine, University of Oulu, Oulu, FI-90014, Finland ¹⁰⁵Division of Epidemiology, Department of Medicine, Institute for Medicine and Public Health, Vanderbilt Genetics Institute, Vanderbilt University, Nashville, TN, 37203, USA ¹⁰⁶Massachusetts General Hospital, Boston, MA, 02114, USA ¹⁰⁷Medical and Population Genetics Program, Broad Institute, Cambridge, MA, 02141, USA ¹⁰⁸Department of Epidemiology and Biostatistics, MRC-PHE Centre for Environment and Health, School of Public Health, Imperial College London, London, W2 1PG, UK 109 Department of Hygiene and Epidemiology, University of Ioannina Medical School, Ioannina, 45110, Greece ¹¹⁰Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, MI, 48104, USA 111 Division of Statistical Genomics, Department of Genetics, Washington University School of Medicine, St. Louis, MO, 63108, USA ¹¹²CNR Institute of Clinical Physiology, Pisa, Italy ¹¹³Department of Clinical & Experimental Medicine, University of Pisa, Italy ¹¹⁴Research Center on Epidemiology and Preventive Medicine, Dept. of Clinical and Experimental Medicine, University of Insubria, Varese, 21100, Italy 115 Toulouse University School of Medicine, Toulouse, TSA 50032 31059, France ¹¹⁶Department of Medicine,

Harvard University Medical School, Boston, MA, 02115, USA 117University of Glasgow, Glasgow, G12 8QQ, UK 118 Institute of Molecular Medicine, The University of Texas Health Science Center at Houston, Houston, TX, 77030, USA ¹¹⁹Department of Clinical Sciences, Genetic and Molecular Epidemiology Unit, Lund University, Malmö, SE-20502, Sweden ¹²⁰Department of Nutrition, Harvard School of Public Health, Boston, MA, 02115, USA 121 Department of Public Health and Clinical Medicine, Unit of Medicine, Umeå University, Umeå, 901 87, Sweden ¹²²Department of Clinical Biochemistry, Rigshospitalet, Copenhagen University Hospital, Copenhagen, 2100, Denmark ¹²³Department of Medical Sciences, University of Trieste, Trieste, 34137, Italy ¹²⁴Division of Experimental Genetics, Sidra Medical and Research Center, Doha, 26999, Qatar ¹²⁵Geriatrics, Department of Public Health, Uppsala University, Uppsala, 751 85, Sweden ¹²⁶Carolina Population Center, University of North Carolina, Chapel Hill, NC, 27514, USA 127 Department of Nutrition, Gillings School of Global Public Health, University of North Carolina, Chapel Hill, NC, 27514, USA ¹²⁸Faculty of Medicine, University of Iceland, Reykjavik, 101, Iceland ¹²⁹Icelandic Heart Association, Kopavogur, 201, Iceland ¹³⁰Department of Medical Sciences, Molecular Epidemiology and Science for Life Laboratory, Uppsala University, Uppsala, 751 41, Sweden ¹³¹Department of Sociology, University of North Carolina, Chapel Hill, NC, 27514, USA ¹³²Laboratory of Epidemiology and Population Sciences, National Institute on Aging, Intramural Research Program, National Institutes of Health, Bethesda, MD, 20892, USA ¹³³University of Exeter Medical School, University of Exeter, Exeter, EX2 5DW, UK ¹³⁴MRCHGU, Institute of Genetics and Molecular Medicine, University of Edinburgh, Edinburgh, EH4 2XU, UK ¹³⁵Biodemography of Aging Research Unit, Social Science Research Institute, Duke University, Durham, NC, 27708, USA ¹³⁶Department of Public Health, University of Helsinki, Helsinki, FI-00014, Finland ¹³⁷Institute for Molecular Medicine Finland (FIMM), University of Helsinki, Helsinki, FI-00014, Finland ¹³⁸Department of Pediatrics, Haukeland University Hospital, Bergen, 5021, Norway ¹³⁹KG Jebsen Center for Diabetes Research, Department of Clinical Science, University of Bergen, Bergen, 5020, Norway 140 Department of Cardiology, Heart Center, Tampere University Hospital, Tampere, 33521, Finland ¹⁴¹Department of Clinical Chemistry, Fimlab Laboratories, Tampere, 33520, Finland ¹⁴²Department of Clinical Chemistry, University of Tampere School of Medicine, Tampere, 33014, Finland ¹⁴³Centre for Eye Research Australia, Royal Victorian Eye and Ear Hospital, University of Melbourne, Melbourne, Victoria, 3002, Australia ¹⁴⁴Centre for Ophthalmology and Vision Science, Lions Eye Institute, University of Western Australia, Perth, Western Australia, 6009, Australia 145Menzies Research Institute Tasmania, University of Tasmania, Hobart, Tasmania, 7000, Australia ¹⁴⁶Generation Scotland, Centre for Genomic and Experimental Medicine, University of Edinburgh, Edinburgh, EH4 2XU, UK ¹⁴⁷Musculoskeletal Research Programme, Division of Applied Medicine, University of Aberdeen, Aberdeen, AB25, UK ¹⁴⁸K. G. Jebsen Center for Genetic Epidemiology, Department of Public Health, NTNU, Norwegian University of Science and Technology, Trondheim, 7600, Norway ¹⁴⁹AMC, Department of Vascular Medicine, Amsterdam, 1105 AZ, The Netherlands

¹⁵⁰HUNT Research Centre, Department of Public Health and General Practice, Norwegian University of Science and Technology, Levanger, 7600, Norway ¹⁵¹Department of Neurology, Erasmus Medical Center, Rotterdam, 3015 GE, The Netherlands ¹⁵²Department of Radiology, Erasmus Medical Center, Rotterdam, 3015 GE, The Netherlands ¹⁵³Department of Medicine, Division of Cardiovascular Medicine, Stanford University School of Medicine, Stanford, CA, 943 05, USA ¹⁵⁴Department of Public Health & Clinical Medicine, Umeå University, Umeå, SE-90185, Sweden ¹⁵⁵Research Unit Skellefteå, Skellefteå, SE-93141, Sweden ¹⁵⁶Department of Genome Sciences, University of Washington, Seattle, WA, 98195, USA ¹⁵⁷The Copenhagen City Heart Study, Frederiksberg Hospital, Frederiksberg, 2000, Denmark ¹⁵⁸Department of Preventive Medicine, Keck School of Medicine of the University of California, Los Angeles, California, USA, 90089, USA 159USC Roski Eye Institute, Department of Ophthalmology, Keck School of Medicine of the University of Southern California, Los Angeles, CA, 90089, USA 160 Center for Medical Genetics and Molecular Medicine, Haukeland University Hospital, Bergen, 5021, Norway ¹⁶¹National Institute of Public Health, University of Southern Denmark, Copenhagen, 1353, Denmark ¹⁶²Steno Diabetes Center, Gentofte, 2820, Denmark ¹⁶³Aalborg University, Aalborg, DK-9000, Denmark ¹⁶⁴Research Center for Prevention and Health, Capital Region of Denmark, Glostrup, DK-2600, Denmark ¹⁶⁵National Institute for Health and Welfare, Helsinki, FI-00271, Finland ¹⁶⁶Department of Cardiology, Leiden University Medical Center, Leiden, 2333, The Netherlands ¹⁶⁷The Interuniversity Cardiology Institute of the Netherlands, Utrecht, 2333. The Netherlands ¹⁶⁸Department of Computational Medicine and Bioinformatics, University of Michigan, Ann Arbor, MI, 48109, USA ¹⁶⁹Department of Internal Medicine, University of Michigan, Ann Arbor, MI, 48109, USA ¹⁷⁰Division of Gastroenterology, University of Michigan, Ann Arbor, MI, 48109, USA ¹⁷¹Department of Psychiatry, Brain Center Rudolf Magnus, University Medical Center Utrecht, Utrecht, 3584 CG, The Netherlands ¹⁷²Department of Clinical Physiology, University of Tampere School of Medicine, Tampere, 33014, Finland ¹⁷³Echinos Medical Centre, Echinos, Greece ¹⁷⁴Oxford Centre for Diabetes, Endocrinology and Metabolism, Radcliffe Department of Medicine, University of Oxford, Oxford, OX3 7LE, UK 175Oxford NIHR Biomedical Research Centre, Oxford University Hospitals Trust, Oxford, OX3 7LE, UK 176UKCRC Centre of Excellence for Public Health Research, Queens University Belfast, Belfast, UK, BT12 6BJ, UK ¹⁷⁷Netherlands Cancer Institute - Antoni van Leeuwenhoek hospital, Amsterdam, 1066 CX, The Netherlands ¹⁷⁸Department of Restorative Dentistry, Periodontology and Endodontology, University Medicine Greifswald, Greifswald, 17475, Germany ¹⁷⁹Foundation for Research in Health Exercise and Nutrition, Kuopio Research Institute of Exercise Medicine, Kuopio, 70100, Finland ¹⁸⁰National Heart and Lung Institute, Imperial College London, Hammersmith Hospital Campus, London, W12 0NN, USA 181 Division of Public Health Sciences, Fred Hutchinson Cancer Research Center, Seattle WA, 98109, USA ¹⁸²German Center for Diabetes Research. München-Neuherberg, 85764, Germany ¹⁸³Institute of Epidemiology II, Helmholtz Zentrum München - German Research Center for Environmental Health,

Neuherberg, D-85764, Germany ¹⁸⁴Research Unit of Molecular Epidemiology, Helmholtz Zentrum München - German Research Center for Environmental Health, Neuherberg, D-85764, Germany ¹⁸⁵Department of Psychiatry, and Division of Molecular Biology and Human Genetics, Department of Biomedical Sciences, Faculty of Medicine and Health Sciences, Stellenbosch University, Tygerberg, Western Cape, 7505, South Africa ¹⁸⁶CHU Nantes, Service de Génétique Médicale, Nantes, 44093, France ¹⁸⁷Institute of Clinical Medicine, Internal Medicine, University of Eastern Finland and Kuopio University Hospital, Kuopio, 70210, Finland ¹⁸⁸Institute for Maternal and Child Health - IRCCS "Burlo Garofolo", Trieste, 34137, Italy ¹⁸⁹Institute of Biomedicine & Physiology, University of Eastern Finland, Kuopio, 70210, Finland ¹⁹⁰Department of Genetics, University of North Carolina, Chapel Hill, NC, 27514, USA 191 Department of Biostatistical Sciences and Center for Public Health Genomics, Wake Forest School of Medicine, Winston-Salem, NC, 27157, USA 192MRC Epidemiology Unit, University of Cambridge School of Clinical Medicine, Institute of Metabolic Science, Cambridge, CB2 0QQ, UK 193Group Health Research Institute, Seattle, WA, 98101, USA 194Department of Health Services, University of Washington, Seattle WA 98101, USA 195 Division of Endocrinology and Metabolism, Department of Internal Medicine, Taichung Veterans General Hospital, Taichung 407, Taiwan 196School of Medicine, National Yang-Ming University, Taipei 112, Taiwan 197School of Medicine, Chung Shan Medical University, Taichung 402, Taiwan ¹⁹⁸Division of Preventive Medicine University of Alabama at Birmingham, Birmingham, AL 35205, USA 199Key Laboratory of Nutrition and Metabolism, Institute for Nutritional Sciences, Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences, University of the Chinese Academy of Sciences, Shanghai, People's Republic of China, Shanghai, 200031, China ²⁰⁰Department of Medicine, Division of Cardiovascular Medicine, Stanford University School of Medicine, Palo Alto, CA, 94304, USA 201 Department of Medicine, Boston University School of Medicine, Boston, MA, 02118, USA ²⁰²Uppsala University, Uppsala, 75185, Sweden ²⁰³Department of Experimental Medicine, Rigshospitalet, Copenhagen, DK-2200, Denmark ²⁰⁴Division of Public Health Sciences, Wake Forest School of Medicine, Winston-Salem, NC, 27157, USA ²⁰⁵Division of Health Sciences, Warwick Medical School, Warwick University, Coventry, CV4 7AL, UK ²⁰⁶Department of Psychiatry, Washington University, Saint Louis, MO, 63110, USA ²⁰⁷Department of Molecular Epidemiology, German Institute of Human Nutrition Potsdam-Rehbruecke (DIfE), Nuthetal, 14558, Germany ²⁰⁸Westmead Millennium Institute of Medical Research, Centre for Vision Research and Department of Ophthalmology, University of Sydney, Sydney, New South Wales, 2022, Australia ²⁰⁹Department of Public Health and Primary Care, Leiden University Medical Center, Leiden, 2300RC, The Netherland ²¹⁰Centre for Global Health Research, Usher Institute of Population Health Sciences and Informatics, University of Edinburgh, Edinburgh, EH8 9AG, UK ²¹¹Department of Medicine I, Ludwig-Maximilians-Universität, Munich, 81377, Germany ²¹²DZHK (German Centre for Cardiovascular Research), partner site Munich Heart Alliance, Munich. 80802, Germany ²¹³Laboratory of Neurogenetics, National Institute on Aging, NIH,

Bethesda, MD, 20892, USA ²¹⁴DZHK (German Centre for Cardiovascular Research), partner site Greifswald, Greifswald, 17475, Germany ²¹⁵Institute of Clinical Chemistry and Laboratory Medicine, University Medicine Greifswald, Greifswald, 17475, Germany ²¹⁶Department of Cardiology, Heart Center, Tampere University Hospital and School of Medicine, University of Tampere, Tampere, 33521, Finland ²¹⁷Program in Personalized Medicine, Department of Medicine, University of Maryland School of Medicine, Baltimore, MD, 21201, USA ²¹⁸Department of Medicine, Tampere University Hospital, Tampere, 33521, Finland ²¹⁹Center for Neurobehavioral Genetics, UCLA, Los Angeles, CA, 90095, USA ²²⁰Pat Macpherson Centre for Pharmacogenetics and Pharmacogenomics, Medical Research Institute, Ninewells Hospital and Medical School, Dundee, DD1 9SY, UK ²²¹Laboratory of Clinical Chemistry and Hematology, Division Laboratories and Pharmacy, University Medical Center Utrecht, Utrecht, 3584 CX, The Netherlands ²²²Laboratory of Experimental Cardiology, Division Heart & Lungs, University Medical Center Utrecht, Utrecht, 3584 CX, The Netherlands ²²³School of Women's and Infants' Health, The University of Western Australia, Perth, Western Australia, 6009, Australia ²²⁴University of Helsinki, Institute for Molecular Medicine (FIMM) and Diabetes and Obesity Research Program, Helsinki, Fl00014, Finland ²²⁵University of Tartu, Estonian Genome Center, Tartu, Estonia, Tartu, 51010, Estonia ²²⁶School of Medicine, University of Split, Split, 21000, Croatia ²²⁷Center for Neurogenomics and Cognitive Research, Department Complex Trait Genetics, VU University, Amsterdam, 1081 HV, The Netherlands ²²⁸Neuroscience Campus Amsterdam, Department Clinical Genetics, VU Medical Center, Amsterdam, 1081 HV, The Netherlands ²²⁹Department of Clinical Physiology and Nuclear Medicine, Turku University Hospital, Turku, 20521, Finland ²³⁰Research Centre of Applied and Preventive Cardiovascular Medicine, University of Turku, Turku, 20520, Finland ²³¹Centre for Non-Communicable Diseases, Karachi, Pakistan ²³²Department of Clinical Physiology and Nuclear Medicine, Kuopio University Hospital, Kuopio, 70210, Finland ²³³MRL, Merck & Co., Inc., Genetics and Pharmacogenomics, Boston, MA, 02115, USA ²³⁴Department of Epidemiology, University of Washington, Seattle, WA, 98195, USA ²³⁵Department of Biobank Research, Umeå University, Umeå, SE-90187, Sweden ²³⁶Division of Cardiovascular Medicine, Brigham and Women's Hospital and Harvard Medical School, Boston, MA, 02115, USA ²³⁷Department of Medicine, Faculty of Medicine, Université de Montréal, Montreal, Quebec, H3T 1J4, Canada ²³⁸Department of Public Health and Clinical Medicine, Unit of Family Medicine, Umeå University, Umeå, 90185, Sweden ²³⁹Department of Biostatistics and Epidemiology, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, 19104, USA ²⁴⁰Division of Epidemiology & Community Health University of Minnesota, Minneapolis, MN, 55454, USA ²⁴¹Duke University, Durham, NC, 27703, USA ²⁴²Saw Swee Hock School of Public Health, National University of Singapore, National University Health System, Singapore, Singapore ²⁴³Departement of Haematology, University of Cambridge, Cambridge, CB2 OPT, UK ²⁴⁴Department of Vascular Medicine, AMC, Amsterdam, 1105 AZ, The Netherlands ²⁴⁵Department of Twin Research and Genetic Epidemiology,

Kingís College London, London, SE1 7EH, UK ²⁴⁶Alzheimer Scotland Dementia Research Centre, University of Edinburgh, Edinburgh, EH8 9JZ, UK ²⁴⁷Department of Epidemiology and Biostatistics, VU University Medical Center, Amsterdam, 1007MB, The Netherlands ²⁴⁸Department of Molecular Cell Biology, Leiden University Medical Center, Leiden, 1007MB, The Netherlands ²⁴⁹Department of Molecular Epidemiology, Leiden University Medical Center, Leiden, 2333ZC, The Netherlands ²⁵⁰College of Biomedical and Life Sciences, Cardiff University, Cardiff, CF14 4EP, UK ²⁵¹MRC Integrative Epidemiology Unit, School of Social and Community Medicine, University of Bristol, Bristol, BS8 2BN, UK ²⁵²Institute for Community Medicine, University Medicine Greifswald, Greifswald, 17475, Germany ²⁵³Center for Pediatric Research, Department for Women's and Child Health, University of Leipzig, Leipzig, 04103, Germany ²⁵⁴Division of Molecular Biology and Human Genetics, Department of Biomedical Sciences, Faculty of Medicine and Health Sciences, Stellenbosch University, Tygerberg, Western Cape, 7505, South Africa ²⁵⁵Department of Gerontology and Geriatrics, Leiden University Medical Center, Leiden, 2333, The Netherlands ²⁵⁶Anogia Medical Centre, Anogia, Greece ²⁵⁷Centre for Vascular Prevention, Danube-University Krems, Krems, 3500, Austria ²⁵⁸Dasman Diabetes Institute, Dasman, 15462, Kuwait ²⁵⁹Diabetes Research Group, King Abdulaziz University, Jeddah, 21589, Saudi Arabia ²⁶⁰Department of Psychiatry, Dalhousie University, Halifax, B3H 4R2, Canada ²⁶¹University of Amsterdam, Department of Brain & Cognition, Amsterdam, 1018 WS, The Netherlands ²⁶²Department of Obstetrics and Gynecology, Institute for Medicine and Public Health, Vanderbilt Genetics Institute, Vanderbilt University, Nashville, TN, 37203, USA ²⁶³MRL, Merck & Co., Inc., Cardiometabolic Disease, Kenilworth, NJ, 07033, USA ²⁶⁴Institute of Cellular Medicine, The Medical School, Newcastle University, Newcastle, NE2 4HH, UK ²⁶⁵Department of Biostatistics, Boston University School of Public Health, Boston, MA, 02118, USA ²⁶⁶Departments of Epidemiology & Medicine, Diabetes Translational Research Center, Fairbanks School of Public Health & School of Medicine, Indiana University, Indiana, IN, 46202, USA ²⁶⁷Department of Physiology and Biophysics, University of Mississippi Medical Center, Jackson, MS, 39216, USA ²⁶⁸Danish Diabetes Academy, Odense, 5000, Denmark ²⁶⁹Department of Public Health, Aarhus University, Aarhus, 8000, Denmark ²⁷⁰Memorial University, Faculty of Medicine, Discipline of Genetics, St. John's, NL, A1B 3V6, Canada ²⁷¹GlaxoSmithKlein, King of Prussia, PA, 19406, USA ²⁷²Department of Clinical Sciences, Quantitative Biomedical Research Center, Center for the Genetics of Host Defense, University of Texas Southwestern Medical Center, Dallas, TX, 75390, USA ²⁷³Department of Human Genetics, University of Michigan, Ann Arbor, MI, 48109, USA ²⁷⁴Department of Public Health Sciences, Institute for Personalized Medicine, the Pennsylvania State University College of Medicine, Hershey, PA, 17033, USA ²⁷⁵Department of Epidemiology and Carolina Center of Genome Sciences, Chapel Hill, NC, 27514, USA ²⁷⁶Department of Neurology, Boston University School of Medicine, Boston, MA, 02118, USA ²⁷⁷Department of Epidemiology Research, Statens Serum Institut, Copenhagen, 2200, Denmark ²⁷⁸Li Ka Shing Centre for Health Information and Discovery, The Big

Data Institute, University of Oxford, Oxford, OX3 7BN, UK ²⁷⁹The Mindich Child Health and Development Institute, Ichan School of Medicine at Mount Sinai, New York, NY, 10069, USA ²⁸⁰Departments of Pediatrics and Genetics, Harvard Medical School, Boston, MA, 02115, USA ²⁸¹Princess Al-Jawhara Al-Brahim Centre of Excellence in Research of Hereditary Disorders (PACER-HD), King Abdulaziz University, Jeddah, 21589, Saudi Arabia

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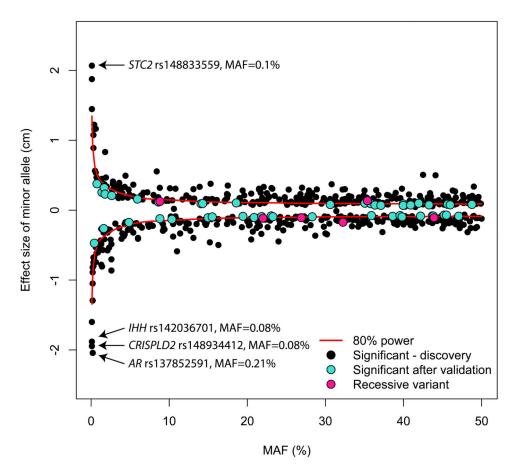


Figure 1. Variants with a larger effect size on height variation tend to be rarer. We observed an inverse relationship between the effect size (from the combined "discovery+validation" analysis, in cm on the *y*-axis) and the minor allele frequency (MAF) for the height variants (*x*-axis, from 0 to 50%). We included in this figure the 606 height variants with $P<2\times10^{-7}$.

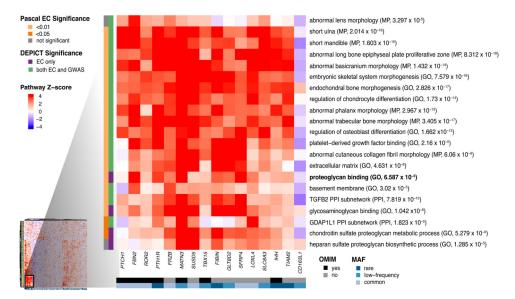


Figure 2.

Heat map showing subset of DEPICT gene set enrichment results. The full heat map is available as Extended Data Fig. 7. For any given square, the color indicates how strongly the corresponding gene (shown on the x-axis) is predicted to belong to the reconstituted gene set (y-axis). This value is based on the gene's Z-score for gene set inclusion in DEPICT's reconstituted gene sets, where red indicates a higher Z-score and blue indicates a lower one. The proteogly can binding pathway (bold) was uniquely implicated by coding variants by DEPICT and PASCAL. To visually reduce redundancy and increase clarity, we chose one representative "meta-gene set" for each group of highly correlated gene sets based on affinity propagation clustering (Supplementary Information). Heat map intensity and DEPICT P-values correspond to the most significantly enriched gene set within the metagene set; meta-gene sets are listed with their database source. Annotations for the genes indicate whether the gene has OMIM annotation as underlying a disorder of skeletal growth (black and grey) and the minor allele frequency of the significant ExomeChip (EC) variant (shades of blue; if multiple variants, the lowest-frequency variant was kept). Annotations for the gene sets indicate if the gene set was also found significant for EC by PASCAL (yellow and grey) and if the gene set was found significant by DEPICT for EC only or for both EC and GWAS (purple and green). Abbreviations: GO: Gene Ontology; MP: mouse phenotype in the Mouse Genetics Initiative; PPI: protein-protein interaction in the In Web database.

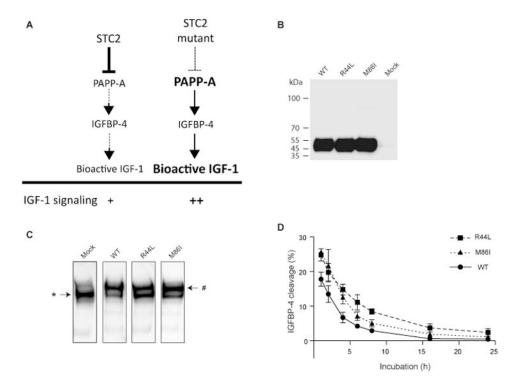


Figure 3. STC2 mutants p.Arg44Leu (R44L) and p.Met86Ile (M86I) show compromised proteolytic inhibition of PAPP-A. (A) Schematic representation of the role of STC2 in IGF-1 signaling. Partial inactivation of STC2 by height-associated DNA sequence variation could increase bioactive IGF-1 through reduced inhibition of PAPP-A. (B) Western blot analysis of recombinant STC2 wild-type and variants R44L and M86I. (C) Covalent complex formation between PAPP-A and STC2 wild-type or variants R44L and M86I. Separately synthesized proteins were analyzed by PAPP-A Western blotting following incubation for 8 h. In the absence of STC2 (Mock lane), PAPP-A appears as a single 400 kDa band (*). Following incubation with wild-type STC2, the majority of PAPP-A is present as the approximately 500 kDa covalent PAPP-A:STC2 complex (#), in which PAPP-A is devoid of proteolytic activity towards IGFBP-4. Under similar conditions, incubation with variants R44L or M86I appeared to cause less covalent complex formation with PAPP-A. The gels are representative of at least three independent experiments. (D) PAPP-A proteolytic cleavage of IGFBP-4 following incubation with wild-type STC2 or variants for 1-24 h. Wild-type STC2 causes reduction in PAPP-A activity, with complete inhibition of activity following 24 h incubation. Both STC2 variants show increased IGFBP-4 cleavage (i.e. less inhibition) for all time points analyzed. Mean and standard deviations of three independent experiments are shown. One-way repeated measures analysis of variance followed by Dunnett's post-test showed significant differences between STC2 wild-type and variants R44L (P<0.001) and M86I (*P*<0.01).

Table 1

Ten height genes implicated by gene-based testing. These genes meet our three criteria for statistical significance: (1) gene-based $R<5\times10^{-7}$, (2) the gene significant variant within the gene. For each gene, we provide P-values for the four different gene-based tests applied. P-values in bold are the most does not include variants with P<2×10⁻⁷, and (3) the gene-based P-value is at least two orders of magnitude smaller than the P-value for the most significant results for a given gene.

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Ç	Di	scovery gene-	Discovery gene-based P-value		1			8
ene.	SKAT-broad	VT-broad	SKAT-strict	VT-strict	Validation P-value	Combined P-value	Conditional P-value	Note
OSGINI	4.3×10 ⁻¹¹	4.5×10 ⁻⁵	0.19	0.18	0.048	2.6×10 ⁻¹²	7.7×10^{-11}	Known locus. No predicted causal genes.
CRISPLD1	2.2×10 ⁻⁷	6.7×10 ⁻¹¹	8.5×10 ⁻⁶	8.9×10-7	0.50	1.2×10 ⁻¹²	VN	Known locus, sentinel GWAS SNP not tested on ExomeChip. CRISPLDI was predicted to be causal.
CSAD	2.3×10 ⁻⁸	2.4×10 ⁻⁹	0.83	65.0	0.54	2.0×10^{-9}	NA	New locus.
SNEDI	1.9×10 ⁻⁵	4.3×10 ⁻⁹	NA	NA	0.083	4.5×10 ⁻¹⁰	1.4×10 ⁻⁹	Known locus. SNEDI was not predicted to be causal.
G6PC	1.3×10 ⁻⁵	3.6×10 ⁻⁸	5.5×10 ⁻⁶	1.3×10 ⁻⁶	0.24	$5.2{ imes}10^{-8}$	3.9×10 ⁻⁸	Known locus, G6PC was not predicted to be causal. G6PC is mutated in glycogen storage disease Ia.
NOX4	5.1×10 ⁻⁶	1.4×10 ⁻⁷	NA	NA	0.013	$5.5{ imes}10^{-9}$	NA	New locus.
UGGT2	3.0×10 ⁻⁵	2.6×10 ⁻⁷	2.3×10 ⁻⁵	4.8×10 ⁻⁷	0.64	$3.4{\times}10^{-7}$	NA	New locus.
FLNB	2.2×10 ⁻⁶	5.1×10 ⁻⁴	2.4×10 ⁻⁹	3.2×10 ⁻⁶	0.016	8.6×10^{-11}	3.6×10^{-9}	Known locus. FLNB was predicted to be causal. FLNB is mutated in atelosteogenesis type I.
B4GALNT3	2.4×10 ⁻⁵	1.9×10 ⁻⁵	1.8×10 ⁻⁵	3.1×10 ⁻⁷	0.79	4.3×10 ⁻⁷	7.7×10 ⁻⁷	Known locus. B4GALNT3 was predicted to be causal.
CCDC3	6.3×10^{-4}	6.3×10 ⁻⁶	3.0×10 ⁻⁷	5.4×10 ⁻⁹	0.080	1.2×10 ⁻⁹	1.6×10 ⁻⁹	Known locus. CCDC3 was predicted to be causal.

Validation (N=59,804) and combined results using the same test and (when possible) variants.

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When the gene is located in a locus identified by our single-variant analysis (1 Mb window), we conditioned the gene-based association result on genotypes at the single variant(s).

If the gene falls within a known GWAS height locus, we mention if it was predicted to be causal using bioinformatic tools (ref. 3). NA, not applicable.