

Transcript-Specific Loss-of-Function Variants in *VPS16* Are Enriched in Patients With Dystonia

Joohyun Park, MD, Annemarie Reilaender, MD, Jan N. Petry-Schmelzer, MD, Petra Stöbe, PhD, Isabell Cordts, MD, Florian Harmuth, MS, Maren Rautenberg, PhD, Sarah E. Woerz, MD, German Demidov, PhD, Marc Sturm, PhD, Stephan Ossowski, PhD, Eva M.C. Schwaibold, MD, Gilbert Wunderlich, MD, Sebastian Paus, MD, Carsten Saft, MD, and Tobias B. Haack, MD

Correspondence

Dr. Park
joohyun.park@
med.uni-tuebingen.de

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Abstract

Background and Objectives

Our objective was to improve rare variant interpretation using statistical measures as well as publicly accessible annotation of expression levels and tissue specificity of different splice isoforms. We describe rare *VPS16* variants observed in patients with dystonia and patients without dystonia, elaborate on our interpretation of *VPS16* variants affecting different transcripts, and provide detailed clinical description of the movement disorder caused by *VPS16* variants.

Methods

In-house exome and genome data sets ($n = 11,539$) were screened for rare heterozygous missense and putative loss-of-function (pLoF) variants in *VPS16*. Using pext (proportion expressed across transcripts) values from the Genome Aggregation Database (gnomAD), we differentiated variants affecting weakly and highly expressed exons/transcripts and applied statistical measures to systematically identify disease-associated genetic variation among patients with dystonia ($n = 280$).

Results

Six different heterozygous pLoFs in *VPS16* transcripts were identified in 13 individuals. Three of these pLoFs occurred in 9 individuals with different phenotypes, and 3 pLoFs were identified in 4 unrelated individuals with early-onset dystonia. Although pLoFs were enriched in the dystonia cohort ($n = 280$; $p = 2.04 \times 10^{-4}$; 4/280 cases vs 9/11,259 controls; Fisher exact test), it was not exome-wide significant. According to the pext values in gnomAD, all 3 pLoFs observed in the patients with dystonia were located in the highly expressed canonical transcript ENST00000380445.3, whereas 2 of 3 pLoFs detected in 8 individuals without dystonia were located in the first exon of the noncanonical transcript ENST00000380443.3 that is weakly expressed across all tissues. Taking these biological implications into account, pLoFs involving the canonical transcript were exome-wide significantly enriched in patients with dystonia ($p = 1.67 \times 10^{-6}$; 4/280 cases vs 1/11,259 controls; Fisher exact test). All *VPS16* patients showed mild progressive dystonia with writer's cramp as the presenting symptom between age 7 and 34 years (mean 20 years) that often progressed to generalized dystonia and was even accompanied by hyperkinetic movements and myoclonus in 1 patient.

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From the Institute of Medical Genetics and Applied Genomics (J.P., P.S., F.H., M.R., S.E.W., G.D., M.S., S.O.), University of Tübingen, Tübingen. Germany; Department of Neurology University Hospital (A.R.), Goethe University Frankfurt, Frankfurt. Germany; University of Cologne, Faculty of Medicine and University Hospital Cologne, Department of Neurology (J.N.P.-S., G.W.), Cologne. Germany; Department of Neurology (I.C.), Klinikum rechts der Isar, Technical University Munich, Munich. Germany; Institute of Human Genetics (E.M.C.S.), Heidelberg University, Heidelberg. Germany; University of Cologne (G.W.), Faculty of Medicine and University Hospital Cologne, Centre for Rare Diseases, Cologne, Germany; Department of Neurology (S.P.), GFO Clinics Troisdorf, Troisdorf. Germany; Department of Neurology (C.S.), Huntington Centre NRW, Ruhr-University Bochum, St. Josef-Hospital, Bochum. Germany; Centre for Rare Diseases, University of Tübingen (T.B.H.), Tübingen. Germany.

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Glossary

BFMDRS = Burke-Fahn-Marsden Dystonia Rating Scale; **CCDS** = Consensus Coding Sequence; **CCSP** = Cologne Clinician Scientist Program; **CNV** = copy number variation; **CORVET** = class C core vacuole/endosome tethering; **DFG** = Deutsche Forschungsgemeinschaft; **ECD** = ethyl cysteinate dimer; **EDTA** = ethylenediaminetetraacetic acid; **gnomAD** = Genome Aggregation Database; **HOPS** = homotypic fusion and vacuole protein sorting; **MAF** = minor allele frequency; **PANDA** = Parkinson neuropsychometric dementia assessment; **pLOF** = putative loss of function; **SPECT** = single-photon emission CT; **TWSTRS** = Toronto Western Spasmodic Torticollis Rating Scale.

Discussion

Our data provide strong evidence for *VPS16* pLoFs to be implicated in dystonia and knowledge on exon resolution expression levels as well as statistical measures proved to be useful for variant interpretation.

Dystonia is a movement disorder characterized by involuntary muscle contractions often leading to sustained abnormal postures and repetitive movements that can affect 1 or multiple different body regions.¹ The dystonic syndromes can be classified based on the clinical presentation, age at onset, and etiology.¹ To date, more than 250 genes have been associated with dystonia. However, approximately 80% of patients with suspected genetically based dystonia remain without a firm diagnosis after exome or genome sequencing.^{2,3} Among many reasons, an explanation is that routine diagnostic prioritization strategies of clinically relevant DNA variants are mostly individual based and not designed to systematically identify disease-associated genetic variation using statistical measures such as exome-wide significance. In addition, information on the functional relevance of alternatively spliced mRNAs, which may lead to tissue-specific exon expression patterns and protein function, is scarcely integrated in phenotype-driven clinical variant interpretation algorithms.^{4,5} Current interpretation of rare genomic variants is a challenging and time-consuming process relying on existing clinical and experimental data as well as statistical parameters and allele frequencies derived from control databases. To establish the pathogenicity of rare variants of unknown clinical significance, they need to be identified in similarly affected patients, and/or supportive functional or segregation studies are required. In disease genes for which haploinsufficiency is an established pathomechanism, putative loss-of-function variants (pLoFs) are generally considered as pathogenic or likely pathogenic.⁶ As different isoforms exist for most transcription units, publicly accessible annotation of expression levels and tissue specificity of different splice isoforms advance as a key resource to improve the power of a rare variant association study and distinguish functionally relevant changes from apparently benign sequence variation.⁴

VPS16 encodes vacuolar protein sorting-associated protein 16, which is a key component of the 2 tethering protein complexes, CORVET (class C core vacuole/endosome tethering) and HOPS (homotypic fusion and vacuole protein sorting).⁷ The CORVET complex comprises 6 subunits (VPS3, VPS8, VPS11, VPS16, VPS18, and VPS33A) and regulates early endosome fusion and endosomal maturation.^{8,9} The HOPS complex also

consists of 6 subunits (VPS11, VPS16, VPS18, VPS39, VPS41, and VPS33A) and plays an essential role in facilitating the fusion of lysosomes with late endosomes and autophagosomes.¹⁰ One homozygous missense variant in *VPS16* has been associated with adolescent-onset primary dystonia in a consanguineous family.¹¹ Recently, loss-of-function variants in *VPS16* have been described to cause autosomal dominant early-onset dystonia.^{12,13} Other subunits of the CORVET and HOPS complexes have been related to different recessive neurodegenerative disorders with defective endosomal maturation and/or lysosomal dysfunctions. Biallelic variants in *VPS11*, *VPS33A*, and *VPS41* have been associated with hypomyelinating leukodystrophy type 12, mucopolysaccharidosis-plus syndrome, and early-onset dystonia with ataxia, respectively.^{8,9,12,14,15} Here, we provide data on rare *VPS16* variants observed in patients with dystonia and patients without dystonia and elaborate on our interpretation of *VPS16* pLoFs affecting different transcripts. In addition, we describe detailed disease course of the 4 identified patients with dystonia and compared their clinical presentations with previously published cases.

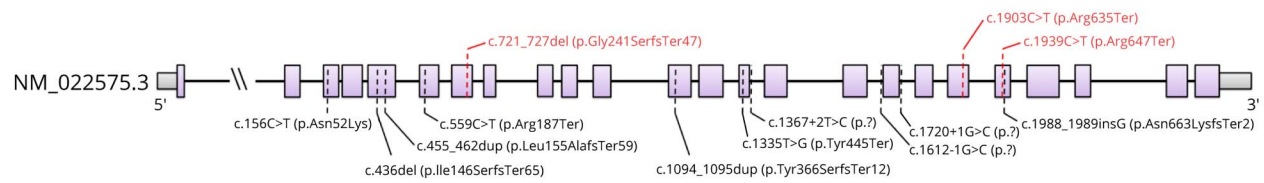
Methods

Genetic Investigation

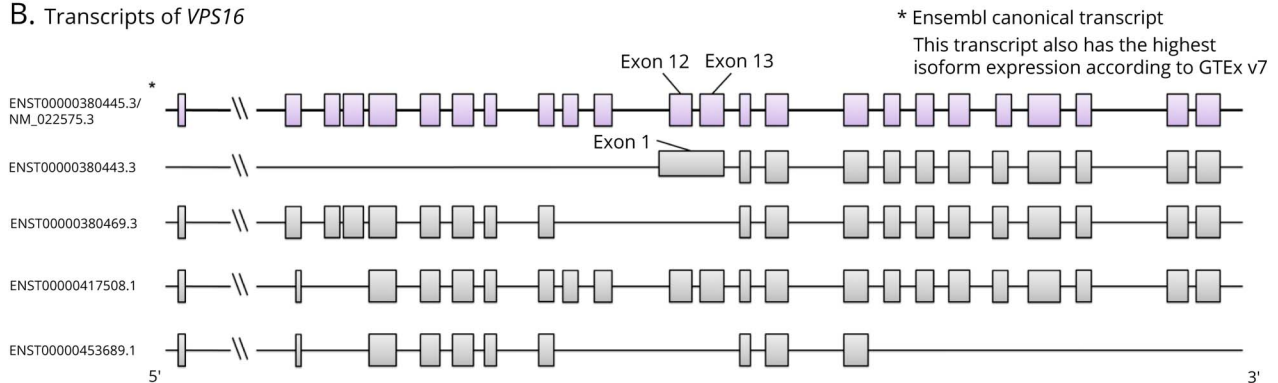
Exome and genome sequencing were performed at the Institute of Medical Genetics and Applied Genomics Tübingen (Tübingen, Germany) as previously described.¹⁶ In brief, genomic DNA was extracted from EDTA blood samples. For exome sequencing, an Agilent SureSelect XT library preparation kit in combination with the Human All Exon V7 Enrichment target region (Agilent Technologies, Santa Clara, CA) was used to analyze >99% of the coding regions. For genome sequencing, a TruSeq DNA PCR-Free kit (Illumina, San Diego, CA) was used. Subsequently, prepared libraries were sequenced as paired-end reads (2 × 125, 2 × 100 [exome] or 2 × 150 [genome] base pairs) on a HiSeq2500 or NovaSeq 6000 system (Illumina, San Diego, CA). Generated sequences were analyzed using the megSAP pipeline (github.com/imgag/megSAP) with GRCh37 as the reference genome. We searched for rare variants with a minor allele frequency (MAF) < 0.1%, and variants were prioritized

Figure 1 Graphical Illustration of *VPS16* Gene Structure

A. Identified variants in *VPS16*



B. Transcripts of *VPS16*



C. Approximate visualization of mean pext



(A) Graphical illustration of *VPS16* demonstrates the positions of the identified variants (red lines) and previously published variants in *VPS16* (black lines). (B) Different transcripts of *VPS16*. The Ensembl canonical transcript is marked with an asterisk. (C) Approximate visualization of mean pext (proportion expressed across transcripts) value of *VPS16* using GTEx v7²² transcriptomic sequencing data sets incorporated in gnomAD browser v2.1.1 illustrates normalized value of exon expression levels of all transcripts across all tissues.⁴ All exons of the canonical transcript ENST00000380445.3 show similar expression values, whereas the exon 1 of transcript ENST00000380443.3 shows a notably weaker expression. This exon partly overlaps with the exons 12 and 13 of the canonical transcript. Eight pLoFs were identified in the control group in this exon region that did not overlap with the exons 12 and 13 of the canonical transcript (red arrows).

according to the patient’s phenotype using an in-house standard operating procedure. An in-house developed CNV calling tool was used for copy number variation (CNV) detection.

In-house exome and genome data sets (n = 11,539) were screened for rare heterozygous *VPS16* variants with an MAF <0.1% in gnomAD browser (v2.1.1, Genome Aggregation Database, gnomad.broadinstitute.org) and <5 annotations in the in-house database to exclude pipeline-specific artifacts, followed by manual curation of pLoFs and missense variants affecting the Ensembl canonical transcript ENST00000380445.3 (NM_022575.3). For the case-control gene burden analysis, we compared the variant burden of pLoFs as well as rare missense variants in a dystonia cohort of 280 patients with 11,259 individuals without dystonia (i.e., healthy controls and patients with unrelated conditions). pLoFs were annotated as start-lost, stop-gain, frameshift, and canonical splice site alterations located ± 2 nucleotides of the exon-intron boundary. Statistical analysis was performed using R Statistical Software (version 4.0.3, r-project.org/). Statistical differences were evaluated using the 1-sided Fisher exact test and a *p* value of $<2.5 \times 10^{-6}$ to determine the

exome-wide significance corrected for approximately 20,000 Consensus Coding Sequence (CCDS) genes.

Clinical Investigations

Patients harboring *VPS16* variants were examined by different neurologists in Germany, and EDTA blood samples were submitted to the genetic center at the University of Tübingen for diagnostic exome or genome sequencing. Secondary dystonia was excluded in all *VPS16* patients before genetic testing. Clinical data were provided after obtaining the genetic outcome.

Standard Protocol Approvals, Registrations, and Patient Consents

Written informed consent for publication of genetic data, clinical outcome, and video recordings was obtained from all *VPS16* patients with dystonia.

Data Availability

All available clinical data are given within this article. All variants have been deposited into ClinVar (ncbi.nlm.nih.gov/clinvar/) under Institute of Medical Genetics and Applied Genomics, University of Tübingen.

Table 1 Gene Variant Position, Population Frequency, and In Silico Predictions of *VPS16* Variants Identified in Patients With Dystonia

Patients	Genomic position (GRCh37)	cDNA position	Protein change	Allele Count in gnomAD v.2.1.1 (non-neuro)	CADD	SIFT/PolyPhen	REVEL
Patient 1	chr20:2841703-2841709 ACAGGCT > -	c.721_727del	p.(Gly241SerfsTer47)	NP	NA	NA	NA
Patients 2 and 3	chr20:2845277-2845277C>T	c.1903C>T	p.(Arg635Ter)	1	37.00	NA	NA
Patient 4	chr20:2845636-2845636C>T	c.1939C>T	p.(Arg647Ter)	1	41.00	NA	NA

Abbreviations: AF = allele frequency; NA = not applicable; NP = not present.

Results

Genetic Testing

A total of 13 pLoFs carriers were detected in our exome and genome data sets ($n = 11,539$), whereas only 5 of them had pLoFs affecting the coding sequence of the Ensembl canonical transcript ENST00000380445.3 (NM_022575.3). All others had pLoFs located within the first exon of the Ensembl transcript ENST00000380443.3, which did not overlap with the exons 12 and 13 of the canonical transcript (Figure 1A, 1B).

One heterozygous pLoF was found in the group with individuals without dystonia ($n = 11,259$), and 3 different heterozygous pLoFs were identified in 4 unrelated individuals in the dystonia cohort ($n = 280$). Copy number variations encompassing *VPS16* were not observed in our in-house database. Patient 1 carries a frameshift variant, c.721_727del (p.Gly241SerfsTer47), patients 2 and 3 a stop-gain variant, c.1903C>T (p.Arg635Ter), and patient 4 a different stop-gain variant, c.1939C>T (p.Arg647Ter) (Table 1, Figure 1A). The latter 2 stop-gain variants are each listed once in gnomAD (non-neuro cohort, gnomAD v2.1.1) in a heterozygous state. All other dystonia genes were tested negative in the 4 patients via diagnostic exome sequencing including *SGCE*. Family members were not available for segregation analyses.

The enrichment of pLoFs affecting the canonical transcript ENST00000380445.3 was exome-wide significant in patients with dystonia ($p = 1.67 \times 10^{-6}$; 4/280 cases vs 1/11,259 controls; Fisher exact test). In gnomAD version 2.1.1 (non-neuro cohort) containing 114,704 samples, there were 50 heterozygous pLoFs influencing the ENST00000380445.3 transcript ($p = 9.89 \times 10^{-6}$; 4/280 cases vs 50/114,704 controls, Table 2). Eleven missense variants (ENST00000380445.3/NM_022575.3) were identified in the dystonia cohort, 285 in the nondystonia group, and a total of 8,228 in gnomAD browser. Missense variants in *VPS16* were not significantly enriched in the dystonia group ($p = 0.17$; 11/280 cases vs 285/11,259 controls, Table 2).

Clinical Phenotypes

Patient 1 [c.721_727del (p.Gly241SerfsTer47)]

This 64-year-old woman of Italian origin reported that tremor-like symptoms and abnormal dystonic posture of both hands

started at age 26 years. She was diagnosed with writer's cramp and focal hand dystonia. Her previous medical history was unremarkable. She had normal psychomotor development and did not have any complicated hospitalizations. At age 63 years, neurologic examination revealed jerky, irregular, and hyperkinetic movements of the upper extremities reported as mild progressive myoclonus with head tremor (yes-yes), torticollis to the right, and hand dystonia. There were mild signs of resting and postural tremor that was often overshadowed by the hyperkinetic movements (Video 1). These movements were in part compensatory, but also involuntarily compatible with myoclonic jerks. However, no EMG has been conducted to further investigate the myoclonus. Her gait was rather normal with a slight internal rotation of the right foot and reduced arm swing. Blood and CSF laboratory testing including copper metabolism showed no signs of secondary dystonia. MRI of the brain, dopamine transporter scan, and multiple EEG recordings were normal. Pharmacotherapy including tetrabenazine, tiapride, levodopa, baclofen, olanzapine, primidone, and topiramate was ineffective. Only botulinum toxin was effective for treatment of torticollis. Alcohol consumption did not alleviate the myoclonus or tremor. Thiamine and cannabidiol also had no effects. Current treatment with gabapentin has mildly improved her symptoms. She was born to nonconsanguineous Italian parents, who both deceased after age 75 years without showing any neurologic deficits. This patient has 6 siblings, and 2 of her deceased brothers apparently showed similar clinical signs. Her children and grand children are healthy.

Patient 2 [c.1903C>T (p.Arg635Ter)]

In patient 2, a 65-year-old German woman, disease onset was at age 14 years with dystonia of the left foot. It progressed slowly over the years, expanding to the neck (cervical dystonia), the right hand, the left hand, speech (slight laryngeal dystonia), and, finally, the trunk. Presumably, disease progress stabilized at age 25 years. When examined at age 65 years, the most prominent symptom of generalized dystonia was cervical posturing with slight head tremor. Second, dystonic posturing of the left foot was bothersome and painful, intensified by walking. There was dystonic posturing and tremor of the right hand triggered by movements such as writing, accompanied by some myoclonic jerks. Dystonia of the trunk, left hand, and speech was minor (Video 2). Family

Figure 2 Clinical Images of the Patients With Dystonia



Patient 1 exhibited myoclonic jerks and hyperkinetic movements of the right arm during upper limb posturing (A.a-c) and writer's cramp (A.d). Patient 2 had cervical dystonia (B.a), mild truncal dystonia, and scoliosis (B.b). She also showed hand dystonia and writer's cramp that were more prominent on the right hand (B.c) than on the left (B.d). Patient 3 had cervical dystonia with prominent retro- and torticollis (C.a-b). Patient 4 had cervical dystonia and dystonic postural tremor of the upper limb (D.a-b). All images are snapshots from the supplementary videos (Videos 1–4).

history and brain MRI were unremarkable. At age 52 years, her dystonic symptoms improved under treatments with dopaminergic agents such as levodopa, pramipexole, and ropinirole. Because of diarrhea, weight loss, orthostatic hypertension under levodopa, and undesirable spontaneous orgasms under dopamine agonists, the treatments had to be stopped. The unusual side effect of dopamine agonists in our patient had been reported in a case description.¹⁷ Currently, cervical dystonia is responsive to botulinum toxin.

Patient 3 [c.1903C>T (p.Arg635Ter)]

Patient 3, a 43-year-old patient, presented with segmental dystonia beginning with a mild writer's cramp of the right hand at age 33 years. At age 40 years, he first recognized a torticollis to the left. The severity of cervical dystonia progressed over the years, whereas the writer's cramp remained mild (Video 3). Further medical and family history was unremarkable. The patient has 2 healthy children. On physical examination, we observed a retrocaput and torticollis to the left of variable severity. There was no limitation in rotational head movements. Also, anteversion and retroversion were not limited. Writing with the

right hand induced a mild cramp and a mild tremor of the right hand. The patient was able to suppress cervical dystonia by a geste antagoniste [Burke-Fahn-Marsden Dystonia Rating Scale (BFMDRS): 10, Toronto Western Spasmodic Torticollis Rating Scale (TWSTRS): 16]. Laboratory examination was not suspicious of any secondary cause of dystonia. MRI of the brain and the cervical spine were normal. Neuropsychiatric examination showed mild mnestic [Parkinson neuropsychometric dementia assessment (PANDA): 23/30 points] but no cognitive impairment. Because of the patient's limited response to trihexyphenidyl and botulinum toxin, he underwent pallidal deep brain stimulation after exclusion of any contraindications and evaluation of the case in an interdisciplinary expert board. Dystonic symptoms improved tremendously under deep brain stimulation [postoperative (12-month follow-up) BFMDRS: 1.5, TWSTRS: 7], and the patient does not take any additional medication.

Patient 4 [c.1939C>T (p.Arg647Ter)]

Patient 4, a 60-year-old woman, noticed involuntary muscle contractions of the right hand at primary school between age 7 and 9 years. From age 40 years on, she demonstrated

Table 2 Allele Count of pLoFs and Missense Variants in *VPS16* in Our In-House Database and in gnomAD Browser Localized in the Transcript NM_022575.3/ENST00000380445.3

	Dystonia cohort in-house (n = 280)	Nondystonia individuals in-house (n = 11,259)	p Value ¹ (dystonia cohort vs nondystonia individuals in-house)	Allele count in gnomAD v2.1.1 (non-neuro, n = 114,704) ²	p Value (dystonia cohort vs gnomAD v2.1.1)
pLoFs	4	1	1.67×10^{-6} ^a	50	9.89×10^{-6} (ns)
Missense variants (MAF <0.1%)	11	285	0.178 (ns)	8,228	0.045 (ns)

Abbreviations: MAF = minor allele frequency; ns = not significant; pLoFs = predicted loss-of-function variants.
^a $p < 2.5 \times 10^{-6}$ (exome-wide significance determined by the 1-sided Fisher exact test).

progressive dystonia with oromandibular and cervical involvement. Neurologic examination at age 60 years revealed generalized dystonia with prominent cervical involvement. We observed a laterocollis to the left, torticollis to the right, and antecollis with dystonic head tremor (Tsui score 7). In addition, she showed dysphagia, dysarthria, and dystonic postural tremor of the upper extremities, but no resting tremor (Video 4). She had gait difficulties due to intermittent dystonic outward rotation of the right foot. MRI of the brain and electroneurography investigations were unremarkable. Brain perfusion imaging with SPECT using the trace ECD (ethyl cysteinate dimer) showed a mild hypointensity of the left caudate nucleus. Treatments with levodopa and trihexyphenidyl were ineffective. Currently, the torticollis is responsive to botulinum toxin. She had normal psychomotor development and normal cognition. The family history was unremarkable for neurologic disorders.

Discussion

We screened our in-house exome and genome data sets and observed a significant enrichment of heterozygous *VPS16* pLoFs affecting the canonical transcript (ENST00000380445.3) among patients with dystonia (Table 2). We detected an additional 8 pLoFs affecting only the first exon of a smaller transcript ENST00000380443.3 (comprising 12 exons). The genomic positions of these variants did not overlap with the canonical transcript (Figure 1B and C) and were only observed in controls. Without the transcript-specific burden analysis considering the likely biological relevance of different transcripts predicted by expression levels, these changes would have distorted the analysis preventing the confirmation of exome-wide significant genotype-phenotype associations. Rare missense variants were not significantly enriched in the investigated dystonia cohort.

VPS16 is ubiquitously expressed in all tissues with particularly high expression levels in various brain areas and the nervous system and plays an important role in the endosomal network.^{18,19} The transcript ENST00000380445.3 (NM_022575.3) comprises 24 exons and is currently designated as the Ensembl canonical transcript encoding the longest *VPS16* coding sequence (Figure 1B).^{11,20} Apart from some exceptions, the longest CCDS has been systematically determined

as the canonical transcript for the protein-coding genes and is preferably used for variant annotation and interpretations allowing uniform description of variants and domains.²⁰ However, they are not always the most prevalent and/or biologically relevant transcript of a gene. This would require elaborate investigation of regulation, expression, and cellular functions of proteins across different species and cell types.²¹ Recently, a new transcript-level annotation tool based on RNA sequencing data extracted from GTEx v7²² has been integrated in gnomAD browser visualizing normalized value of RNA exon expression levels across different cell types as pext (proportion expressed across transcripts) values.⁴ Using this tool, it could be demonstrated that pLoFs of haploinsufficiency disease genes are enriched in highly expressed exons in affected patients, whereas pLoFs in weakly expressed exons had similar enrichment as those of synonymous variants. According to the pext values of *VPS16*, the first exon of the smaller transcript ENST00000380443.3 has a markedly lower expression in all cell types (Figure 1C). pLoFs affecting this weakly expressed exon were not found in any of the patients with dystonia (0/280 cases vs 8/11,259 controls), indicating that these variants are most likely not functionally relevant.

Our investigation detected 3 different *VPS16* pLoFs in 4 unrelated individuals of German descent with dystonia and clinical features overlapping those of previously reported *VPS16* patients (Table 3).^{12,13} A homozygous missense variant c.156C>A (p.Asn52Lys) in *VPS16* was first reported in a consanguineous family with adolescent-onset dystonia consisting of 5 affected family members. CRISPR/Cas9-induced *Vps16* c.156C>A mutant mice demonstrated impaired motor function with abnormal behavior comparable to the phenotype of their patients.¹¹ Using weighted burden analysis, 5 heterozygous pLoFs and a microdeletion spanning *VPS16* have been discovered in a selected cohort of 138 patients with early-onset dystonia. These findings proposed an autosomal dominant inheritance of *VPS16*-associated generalized dystonia.¹² In the same study, additional 13 patients were recruited through international collaborations.¹² Segregation analyses of 9 families confirmed dominant inheritance in 4 of them and a de novo occurrence in a single family.¹² In the remaining 4 families, the variants were inherited from reportedly healthy parents indicating an incomplete penetrance

Table 3 Clinical Features of *VPS16* Patients With Dystonia

	This publication	This publication	This publication	This publication	Cai et al. 2016	Steel et al. 2020	Pott et al. 2020	Ostrozovicova et al. 2021	Li et al. 2021, Mov Disord	Li et al. 2021, Parkinsonism Relat Disord
Patient	Patient 1	Patient 2	Patient 3	Patient 4	5 patients	19 patients	1 patient	2 additional patients	1 patient	1 patient
Variant	c.721_727del p.(Gly241SerfsTer47) (het)	c.1903C>T p.(Arg635Ter) (het)	c.1903C>T p.(Arg635Ter) (het)	c.1939C>T p.(Arg647Ter) (het)	c.156C>A p.(Asn52Lys) (hom)	Different pLoFs ^a (het)	c.244_259delinsGAGAGC p.(Lys82GlnfsTer124)	c.559C>T, p.(Arg187Ter)	c.133_134dup, p.(Pro46AlafsTer6)	c.1929_1930del, p.(Lys554Ter)
Inheritance	AD	AD	AD	AD	AR	AD	AD	AD	AD (paternal)	AD
Age at onset (current age)	26 y (64 y)	14 y (65 y)	34 y (46 y)	Between 7 and 9 y (60 y)	Between 11 and 14 y, median 13 y	Between 3 and 50 y, median 12 y	16 y (42 y)	14, 25 y (20, 60 y)	9 y (30 y)	8 y (29 y)
First symptoms	Writer's cramp	Writer's cramp	Writer's cramp	Writer's cramp	Cervical dystonia	Writer's cramp (3 patients), cervical dystonia, and/or speech involvement (8), oromandibular dystonia (3), and upper or lower limb dystonia (5)	Writer's cramp	Cervical dystonia with speech involvement	Writer's cramp	Cervical dystonia
Main diagnosis	Myoclonus dystonia	Segmental dystonia	Segmental dystonia	Generalized dystonia with predominant cervical involvement	Generalized dystonia (4 patients) and cervical dystonia (1)	Early-onset progressive dystonia (focal, segmental, and generalized)	Generalized dystonia with myoclonus	Progressive generalized dystonia	Generalized dystonia	Generalized dystonia
Affected body parts	Hand and neck	Hand (right > left), neck, left foot, trunk, and speech	Hand and neck	Hand, neck, oromandibular, and upper and lower limbs	Head, neck, trunk, and upper and lower limbs	Hand, neck, oromandibular, and upper and lower limbs	Hand, neck, oromandibular, and trunk	Neck, cranial laryngeal, trunk, limbs (1) oromandibular, and speech	Bulbar, oromandibular, neck, trunk, and upper limb	Neck, oromandibular, dysphagia, and limbs
Ambulant	Yes	Yes	Yes	Yes	No (4), yes (1)	No (3), yes (16)	Yes	n/a	n/a	Yes
Tremor	+	+	+	+	n/a	n/a	—	n/a	n/a	n/a
Myoclonus	+	+	—	—	n/a	n/a	+	n/a	n/a	n/a
Cognition/ID	Normal	Normal	Normal	Normal	n/a	Mild to moderate, ID (5 patients), normal (14)	Normal	Mild ID	Normal	n/a
Other neurologic	Hyperkinetic movements and head tremor	None	None	Head tremor	n/a	Spasticity (1 patient), epilepsy (2), non-REM	n/a	Neuropsychiatric symptoms (anxiety,	n/a	n/a

Continued

Table 3 Clinical Features of *VPS16* Patients With Dystonia (continued)

	This publication	This publication	This publication	This publication	Cai et al. 2016	Steel et al. 2020	Pott et al. 2020	Ostrozovicova et al. 2021	Li et al. 2021, Mov Disord	Li et al. 2021, Parkinsonism Relat Disord
or clinical features						parasomnia (1), and psychiatric symptoms (7)		depression, and emotional lability)		
Current treatment	Botulinum toxin (responsive for the torticollis) and gabapentin (mild improvement of myoclonus)	Pramipexole (initiated in low dosage due to previous side effects, was partially responsive in the past)	Responded to deep brain stimulation	Botulinum toxin (responsive for the torticollis)	n/a/	Partial response to L-dopa (3 patients), trihexyphenidyl (1), botulinum toxin (3), or deep brain stimulation (3)	Responded to deep brain stimulation (significant improvement)	Botulinum toxin (partial improvement) and deep brain stimulation (significant improvement)	n/a	Selective peripheral denervation surgery (improvement of cervical dystonia)
Past treatments	Tetrabenazine, tiapride, levodopa, baclofen, olanzapine, primidone, and topiramate	Levodopa (responsive in the past, side effects), pramipexole and ropinirole (responsive in the past, side effects), and botulinum toxin (responsive for the cervical dystonia)	Trihexyphenidyl and botulinum toxin	Levodopa and trihexyphenidyl	n/a	n/a	Levodopa	Levodopa	Trihexyphenidyl, baclofen, and clonazepam	Botulinum toxin (initially responsive for the torticollis, effect declined with repeated injections), trihexyphenidyl, levodopa, carbamazepine, and clonazepam
MRI	Unremarkable	Unremarkable	Unremarkable	Unremarkable	Unremarkable (1 patient)	Unremarkable (7 patients), bilateral hypointensity of the globi pallidi (4), and mild cerebral atrophy (4)	Unremarkable	Unremarkable	Unremarkable	n/a

Abbreviations: AD = autosomal dominant; AR = autosomal recessive; het = heterozygous; hom = homozygous; ID = intellectual disability; n/a = information not available or not reported; pLoFs = putative loss-of-function variants
^a Microdeletion; c.436del, p.(Ile146SerfsTer65); c.455_462dup, p.(Leu155AlafsTer59); c.559C>T, p.(Arg187Ter); c.1094_1095dup, p.(Tyr366SerfsTer12); c.1335T>G p.(Tyr455Ter); c.1367+2T>C, p.(?); c.1612-1G>C, p.(?); c.1720+1G>C, p.(?); c.1903C>T p.(Arg635Ter); c.1988_1989insG, p.(Asn663LysfsTer).

of *VPS16* pLoFs.¹² Subsequently, 114 German patients with early-onset dystonia were screened for variants in *VPS16* by Sanger sequencing and another frameshift variant was identified in 1 individual in a different study.¹³ During the revision process of this article, additional *VPS16* cases were published and subsequently included in the phenotypic review of the associated clinical phenotypes (Table 3).²³⁻²⁵

Overall, all 28 affected individuals with heterozygous pLoFs in *VPS16* presented with a progressive dystonia often manifesting as writer's cramp and cervical, oromandibular, or limb dystonia between age 3 and 50 years (mean 15 years). Disease severity varied among affected carriers; although some maintained focal dystonia, others developed segmental or generalized dystonia with hand, neck, oromandibular, limb, and/or trunk involvement (Table 3). Patient 1 additionally exhibited progressive myoclonic jerks and hyperkinetic movements (Video 1). In all 4 patients reported in this study, writer's cramp was the first sign of dystonia between age 7 and 34 years (mean 20 years). They had a documented disease course of 12–53 years (mean 39 years), with the 2 oldest patients being 65 years old at the time of publication. Three patients (patients 1, 2, and 4) partially responded to botulinum toxin, and patient 3 had tremendous improvement of dystonia under deep brain stimulation. Dopaminergic agents such as levodopa, pramipexole, and ropinirole were effective in patient 2, but they had to be reduced and/or stopped due to side effects (Table 3). Some of the previously reported *VPS16* patients also had partial response to levodopa and/or trihexyphenidyl that can be considered as well.¹² All 4 patients reported in this study remained ambulant, and brain MRI scans were unremarkable. Although most previously reported individuals remained ambulant as well, 3 individuals lost their ability to walk in adulthood.¹² Some also had mild to moderate intellectual disability (7/28), seizures (2/28), and psychiatric symptoms (9/28),^{12,13} which were not observed in our patients. Other movement abnormalities such as spasticity were described only in single patients (Table 3).¹² The recessive family with the homozygous missense variant c.156C>A (p.Asn52Lys) demonstrated a comparable phenotype. In these individuals, first symptoms were cervical dystonia, and in 4 of 5, the disease progressed to generalized dystonia involving the trunk, face, tongue, jaw, and parts of the extremities resulting in severe motor disability.¹¹ Intellectual disability or other neurologic features were not described in the recessive family.

In conclusion, our results provide additional evidence of heterozygous pLoFs in *VPS16* to be implicated in autosomal dominant dystonia. pLoFs affecting the weakly expressed exon from a noncanonical transcript were not found in patients with dystonia, and knowledge on exon resolution expression levels proved to be crucial for variant interpretation. Although heterozygous *VPS16* missense variants have not been associated with dystonia phenotypes so far and were not enriched in the investigated dystonia cohort, extended research studies involving segregation analysis and functional

readouts may be useful to determine the pathogenicity of rare missense changes. The disease severity, age at onset, and response to treatment were variable among the affected individuals. Additional clinical features such as hyperkinetic movements, myoclonus, spasticity, epilepsy, mild intellectual disability, and psychiatric symptoms have also been reported in single cases. Furthermore, pLoFs have also been observed in reportedly healthy family members, indicating that these variants may exhibit incomplete penetrance and other so far unknown factors may contribute to disease manifestation.

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Disclosure

The authors have no disclosures to report. Go to Neurology.org/NG for full disclosures.

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Appendix Authors

Name	Location	Contribution
Joohyun Park, MD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Conceptualized and designed the study, collected and analyzed the data, and drafted the manuscript.
Annemarie Reilaender, MD	Department of Neurology University Hospital, Goethe University Frankfurt, Frankfurt, Germany	Contributed to phenotyping, acquisition of patient data, and revised the manuscript for intellectual content.
Jan N. Petry-Schmelzer, MD	University of Cologne, Faculty of Medicine and University Hospital Cologne, Department of Neurology, Cologne, Germany	Contributed to phenotyping, acquisition of patient data, and revised the manuscript for intellectual content.
Petra Stöbe, PhD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to analysis and interpretation of genetic data and revised the manuscript for intellectual content.
Isabell Cordts, MD	Department of Neurology, Klinikum rechts der Isar, Technical University Munich, Munich, Germany	Contributed to phenotyping, analysis of data, and revised the manuscript for intellectual content.

Continued

Appendix (continued)

Name	Location	Contribution
Florian Harmuth, MS	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to analysis and interpretation of genetic data and revised the manuscript for intellectual content.
Maren Rautenberg, PhD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to analysis and interpretation of genetic data and revised the manuscript for intellectual content.
Sarah E. Woerz, MD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to analysis and interpretation of genetic data and revised the manuscript for intellectual content.
German Demidov, PhD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to genetic and statistical analysis and revised the manuscript for intellectual content.
Marc Sturm, PhD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to analysis and interpretation of genetic data and revised the manuscript for intellectual content.
Stephan Ossowski, PhD	Institute of Medical Genetics and Applied Genomics, University of Tübingen, Tübingen, Germany	Contributed to analysis and interpretation of genetic and statistical data and revised the manuscript for intellectual content.
Eva M.C. Schwaibold, MD	Institute of Human Genetics, Heidelberg University, Heidelberg, Germany	Contributed to phenotyping, acquisition of patient data, and revised the manuscript for intellectual content.
Gilbert Wunderlich, MD	University of Cologne, Faculty of Medicine and University Hospital Cologne, Centre for Rare Diseases, Cologne, Germany	Contributed to phenotyping, acquisition of patient data, and revised the manuscript for intellectual content.
Sebastian Paus, MD	Department of Neurology, GFO Clinics Troisdorf, Troisdorf, Germany	Contributed to phenotyping, acquisition of patient data, and revised the manuscript for intellectual content.
Carsten Saft, MD	Department of Neurology, Huntington Centre NRW, Ruhr-University Bochum, St. Josef-Hospital, Bochum, Germany	Contributed to phenotyping, acquisition of patient data, and revised the manuscript for intellectual content.

Appendix (continued)

Name	Location	Contribution
Tobias B. Haack, MD	Centre for Rare Diseases, University of Tübingen, Tübingen, Germany	Conceptualized and supervised the study, drafted the manuscript, and revised the manuscript for intellectual content.

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