

REVIEW



The landscape of decidual immune cells at the maternal–fetal interface in parturition and preterm birth

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Abstract

Background Parturition is similar to an inflammatory response in which resident and infiltrating immune cells release cytokines and chemokines into the maternal–fetal interface, promoting expulsion of the fetus from the mother. The untimely activation of these inflammatory pathways can result in preterm labor. The maternal–fetal interface is composed mainly of decidual tissue and placental villous space.

Objective The objective of this review is to examine the role and mechanisms of decidual immune cells during parturition and preterm birth. A deeper understanding of decidual immune cells at the maternal–fetal interface could provide significant insight into parturition and preterm birth pathogenesis.

Methods We searched major databases (including PubMed, Web of Science, and Google Scholar etc.) for literature encompassing decidual immune cells, parturition and preterm birth up to July 2024 and combined with studies found in the reference lists of the included studies.

Results Decidual neutrophils release inflammatory mediators that facilitate parturition. The M1/M2 ratio of decidual macrophages increases among preterm birth population. Mast cells may cause uterine contractions. In parturition and preterm birth, there is an increase in CD56^{dim}CD16⁺ natural killer cells and immature dendritic cells. The increase of Th1/Th2 and Th17/Treg cells leads to preterm birth. Women with preterm birth had a higher proportion of decidual B cells. ILC2 can help protect the steady-state environment at the maternal–fetal interface. The activation of invariant NKT cells plays an important role in inflammation-induced preterm birth. These decidual immune cells communicate with each other. The development of sequencing technology enables a more in-depth study of decidual immune cells.

Conclusion The dynamic balance of the maternal–fetal immune microenvironment plays a crucial role in maintaining human pregnancy and in the initiation of delivery. A deep understanding of the mechanism of decidual immune dysfunction is crucial for understanding the pathogenesis of preterm birth.

Keywords Decidual immune cells · Maternal–fetal interface · Parturition · Preterm birth

Abbreviations

PTB	Preterm birth
sPTB	Spontaneous PTB
PPROM	Preterm premature rupture of membranes
MMPs	Matrix metalloproteinases
NK	Natural killer
iNKT	Invariant NK T
ILCs	Innate lymphoid cells
DCs	Dendritic cells
dNK	Decidual NK
IL-10	Interleukin-10
GM-CSF	Granulocyte-macrophage colony stimulating factor
IDO	Indoleamine 2,3-dioxygenase

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TGF- β	Transforming growth factor- β
SRC	Steroid receptor coactivators
PAF	Platelet activating factor
MCs	Mast cells
MCAS	Mast cell activation syndrome
pNK	Peripheral natural killer
trNK	Tissue-resident NK
SVD	Spontaneous vaginal delivery
CS	Cesarean section
TNL	Term not in labor
TL	Term in labor
IFN- γ	Interferon- γ
IL-1RA	Interleukin-1 receptor antagonist
Th cells	T helper cells
Th17 cell	T helper cell 17
uDCs	Uterine DCs
PB-n/aCAM	Preterm birth without acute chorioamnionitis
PB- w/aCAM	Preterm birth with acute chorioamnionitis
dCD8 ⁺ T	Decidual CD8 ⁺ T
TIM-3	T cell immunoglobulin domain and mucin domain protein-3
PD-1	Programmed cell death protein-1
Tregs	Regulatory T cells
Foxp3	Fork-helix transcription factor 3
HO-1	Heme oxygenase 1
hCG	Human chorionic gonadotropin
PIBF1	Progesterone-induced blocking factor 1
ILC1s	Type 1 ILCs
ILC2s	Type 2 ILCs
ILC3s	Type 3 ILCs
GATA3	GATA-binding protein 3
ROR α	Retinoic acid receptor-related orphan receptor- α
LTi	Lymphoid tissue inducer
PNL	Preterm not in labor
PL	Preterm in labor
scRNA-seq	Single-cell RNA sequencing
BCR	B cell receptor
TCR	T cell receptor
EVTs	Extravillous trophoblasts
ICIs	Immune checkpoint inhibitors

Introduction

During parturition, complex changes in hormones, physiological functions, morphological characteristics, and immune functions occur. The maintenance of pregnancy and the initiation of labor are continuous and dynamic processes in which the mother and fetus interact in real-time. The fetal chromosomes are half-paternal and is therefore

an allogeneic graft. An important feature of the interaction between the mother and fetus during pregnancy is the process of mutual balance and continuous transformation of maternal immune rejection/immune tolerance against the fetus, accompanied by a large number of inflammatory factors and the generation and differentiation of immune cells [1]. If the maternal–fetal immune balance is disrupted and the inflammatory response is advanced, preterm labor will occur.

Preterm birth (PTB), defined as birth before 37 weeks of gestation, is the primary cause of infant morbidity and mortality globally [2]. PTB is a widespread issue that is becoming more prevalent in developed countries, yet the great majority of cases occur in developing countries [3]. According to clinical categorization schemes, PTB can be broadly categorized into one of two clinical pathways: iatrogenic PTB and spontaneous PTB (sPTB) [4]. sPTB can be caused by either spontaneous preterm labor (defined as regular contractions with cervical changes at less than 37 weeks gestation) or preterm premature rupture of membranes (PPROM), which is defined as spontaneous rupture of the membranes at least one hour prior to the onset of labor and at less than 37 weeks [5]. sPTB can be caused by a variety of pathological conditions, such as infection or inflammation, uterine ischemia, uterine distension, aberrant allograft reactions, allergies, insufficient cervical tissue, and hormonal imbalances [6]. Among these, infection and inflammation are well-known etiologies of PTB [7]. Both maternal systemic infection and intrauterine infection are clear risk factors for sPTB [8].

The ultimate physiological processes of sPTB and term birth are comparable; however, these pathways are activated at an earlier point in sPTB [9]. An active parturition pathway includes contraction of the myometrium, activation of the decidual tissue, degradation of the extracellular matrix in the membranes, weakening and rupture of the membranes, and cervical ripening resulting in labor and delivery [5, 9]. The decidua, as an integral part of the maternal–fetal interface, plays a crucial physiological role. The commencement of parturition, both term and preterm, is accompanied by broad gene expression alterations in the decidua, many of which are linked to inflammatory signaling. The decidual immune system comprises many subsets of maternal immune cells, including natural killer (NK) cells, macrophages, T cells, B cells, and dendritic cells (DCs) [10]. A delicate balance must be struck by the maternal immune system during pregnancy: maintaining tolerance to fetal allografts while preserving innate and adaptive immunity against microbial challenges [11, 12]. Therefore, studying the frequencies, phenotypes, and functions of decidual immune cells is crucial to understanding the onset of delivery and the occurrence of sPTB.

Although decidual immune cells present during the first trimester have been described in great detail, the immunological landscape of the decidua is still poorly understood. Studies on the effects of immune cells at the maternal–fetal interface have been particularly useful not only for revealing the local cellular mechanisms that control maternal immune tolerance to semi-allogeneic fetuses, but also for increasing the number of possible interventions for pregnancy disorders caused by imbalances in the maternal–fetal interface [11–14]. The aim of our study was to investigate how decidual immune cell populations change both at term and preterm in connection with the onset of labor. We searched major databases (including PubMed, Web of Science, and Google Scholar) for research on decidual immune cells, parturition, and preterm birth up to July 2024, combining it with research discovered in the reference lists of the included articles. Enhancing our understanding of the molecular mechanisms that occur in the decidua during labor, both at term and preterm, is crucial for developing novel therapeutics to minimize the incidence of sPTB.

The function of decidua in the maternal–fetal interface

The maternal–fetal interface refers to the local locations of contact between maternal and fetal cells, which include the decidual tissues and the placental intervillous region [15]. The decidua can be divided into the decidua basalis and the decidua parietalis based on the site of contact with the fetal tissues. The decidua parietalis represents the decidual tissue in contact with the fetal membranes, specifically the chorion layer, whereas the decidua basalis represents the decidual tissue surrounding the placenta and invasive interstitial trophoblasts [16]. The decidua is a modified endometrial mucosal lining made up of newly formed maternal vascular cells, maternal immune cells, and terminally differentiated endometrial stromal cells [17]. Owing to elevated progesterone levels, decidualization occurs during the secretory phase of the menstrual cycle following ovulation. Decidualization triggers an influx of decidual leukocytes, which regulate the differentiation of endometrial stromal cells and spiral artery remodeling and aid in immunosuppression to prevent fetal rejection [15]. The decidua provides a distinct immunological landscape that promotes trophoblast invasion, maternal tolerance, debris clearing, and antimicrobial defense [15].

As early as the 1980s, “decidual activation” was proposed to be critical to labor to understand the role of the decidua in parturition [18]. The progression of labor has been shown to be aided by increased prostaglandin output and the decidua’s production of pro-inflammatory mediators such as cytokines and matrix metalloproteinases (MMPs),

which in turn cause myometrial contractions and extracellular matrix remodeling in the fetal membranes and cervix [19]. In addition to stromal cells, the decidua contains a remarkable number of maternal lymphocytes (40%). These maternal leukocytes are attracted by chemokine gradients generated by trophoblasts and decidual stromal cells [20]. Their phenotypes and functions are generally different from those of their peripherally circulating counterparts. Numerous innate subsets, primarily neutrophils [21], mast cells [22], DCs [23], NK cells [24, 25], and macrophages [26, 27], as well as adaptive immune cells, such as T cells [28] and a proportion of B cells [29], make up the cellular immune repertoire of the maternal–fetal interface. These cellular subsets change throughout gestation (Fig. 1). At the maternal–fetal interface, cell types that mediate innate and adaptive immune responses have also been identified. These include innate lymphoid cells (ILCs) [30, 31] and invariant natural killer T (iNKT) cells [32] (Fig. 1). Throughout pregnancy, each of these subsets performs distinct functions, including promoting placental growth, preserving maternal–fetal tolerance, and playing a role in the inflammatory processes that coincide with labor [33]. As a result, disturbance of these various immune cell subsets is frequently linked to unfavorable pregnancy outcomes [34–36]. Therefore, a deeper comprehension of the functions of maternal immune cells at the maternal–fetal interface in late gestation and in the physiological and pathological aspects of labor is necessary.

Innate immune cells

When foreign antigens are encountered for the first time, the innate immune system is the first arm of the immune system to respond. Cytokines are secreted, antigens are presented, and additional immune cells are recruited to trigger the particular immune response. In addition to acting as the first line of defense against pathogens, decidual innate immune cells play important roles in the initiation and maintenance of pregnancy and labor induction (Fig. 2). Innate immune cell dysfunction can result in preterm labor.

Decidual neutrophils

Neutrophils are the most common immune cells in peripheral blood, and they play an important role in acute inflammation. Neutrophils are a major source of inflammatory mediators during birth. Pregnant women have more neutrophils in their peripheral blood and myometrium than non-pregnant women do [46]. Neutrophils accumulate in the decidua and myometrium during lipopolysaccharide (LPS)-induced preterm labor and during term labor, but

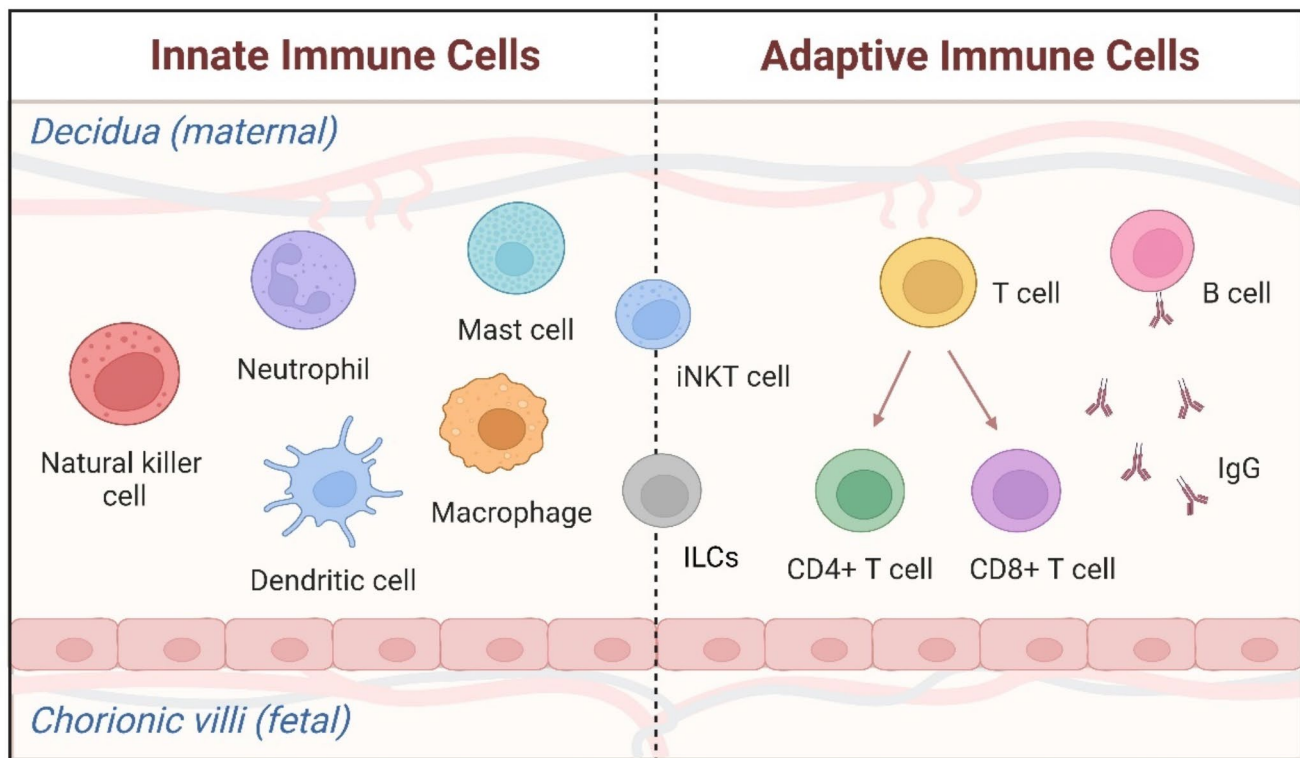


Fig. 1 Decidual immune cells at the maternal–fetal interface in parturition and sPTB. Innate immune cells include neutrophils, mast cells, DCs, NK cells and macrophages. Adaptive immune cells include T

cells and B cells. Cell types that link the innate and adaptive immune systems, mainly including ILCs and iNKT cells

not in mifepristone-induced preterm labor (a non-infectious model) [47, 48]. LPS injection also causes a 7-fold increase in the number of neutrophils in the uteri of preterm rats [49]. Furthermore, TLR2 and TLR4 expression increased on the surfaces of neutrophils in pregnant women with sPTB, possibly as a result of the induction of inflammation [21] (Fig. 2a). This finding is also consistent with the observation that maternal blood monocytes from women with sPTB exhibit high expression levels of TLR4 [50]. Notably, LPS-induced preterm delivery is not prevented by neutrophil number reduction in animal models, indicating that neutrophils are not the cause of infectious preterm labor [36, 49, 51]. Nevertheless, depleting neutrophils before administering LPS still decreases the pro-inflammatory reactions shown by IL-1 β expression in the uteroplacental tissues of mice [49], which is noteworthy because systemic injection of IL-1 β alone can cause premature delivery in animal models [52]. These findings might point to the importance of neutrophils within the ultimate pathway of infectious and inflammatory preterm delivery, even if they are not necessary.

Acute chorioamnionitis is a major cause of preterm labor in humans [53]. In acute chorioamnionitis, neutrophils are the most common leukocytes invading the decidua [54]. Compared with women with term gestations (with or without

labor) and women with sPTB without chorioamnionitis, women with preterm labor associated with chorioamnionitis had higher neutrophil counts in decidual tissues [55]. Fluorescence in situ hybridization was used to determine the maternal origin of decidual leukocytes (e.g., neutrophils) in preterm labor/birth associated with acute chorioamnionitis [37]. As part of a clinically relevant model of acute sterile chorioamnionitis in rhesus macaques, neutrophils rapidly and robustly invade the decidua, activate, and express pro-inflammatory cytokines/chemokines (e.g., TNF- α and IL-8) and the regulatory enzyme indoleamine (IDO) [56]. In both term and preterm labor, human decidual neutrophils secrete a variety of inflammatory mediators and MMPs that degrade the fetal membranes' extracellular matrix and thereby aid in birth [37, 38] (Fig. 2a). Taken together, these findings point to a role for decidual neutrophils in pathological PPROM and physiological membrane rupture during both term and preterm labor.

Neutrophils are additionally essential for cervical ripening. Compared with women in the early stages of pregnancy, those who have recently undergone spontaneous vaginal delivery have many more neutrophils in their cervix [46, 57]. During term labor without infection, mouse decidua have low neutrophil counts, which is consistent with findings from human decidual tissues [55]. This is also in line

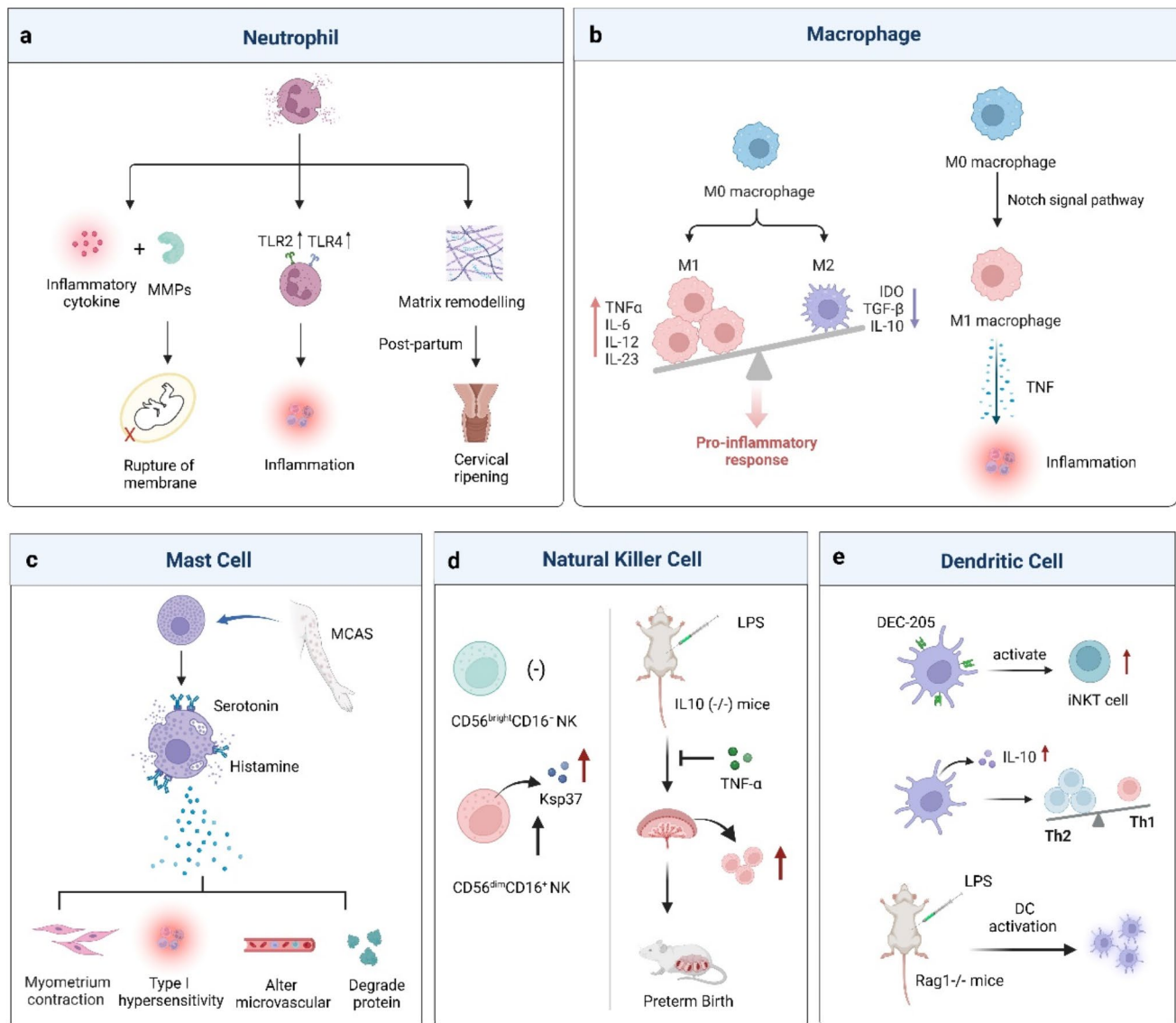


Fig. 2 Schematic diagram of the roles of five types of decidual innate immune cells in the regulation of labor initiation and PTB. **a** Decidual neutrophils release inflammatory mediators and MMPs that degrade the extracellular matrices of the fetal membrane, thereby promoting fetal delivery [37, 38]. Higher TLR-2 and TLR-4 expression on the surface of maternal neutrophils is associated with sPTB through triggering an inflammatory response [21]. In addition, neutrophils play a central role in cervical maturation [39]. **b** Compared with the TL group, the PTL group presented a reduced number of M2 macrophages and increased TNF- α expression in proinflammatory M1 macrophages in the decidua [40]. In a mouse model of sPTB, decidual macrophages were found to be polarized to the M1 subtype through activation of the Notch signaling pathway [41]. **c** In the third trimester of pregnancy, mast cells can secrete histamine and serotonin through degranulation

with other findings that have demonstrated that neutrophil counts in the mouse myometrium [48] do not increase until after delivery and with related cervical research in mice [58]. These findings suggest that neutrophils play a role in postnatal tissue healing and postpartum uterine remodeling

to regulate myometrium contraction, alter microvasculature, triggers type I hypersensitivity reactions and degrade proteins [42]. MCAS is a chronic multisystem disease that mediates abnormal accumulation of mast cells and abnormal secretion of mediators [43]. **d** In human, the abundance of CD56^{dim}CD16⁺ dNK cells increased during the third trimester, whereas the abundance of CD56^{bright}CD16⁻ dNK cells did not change significantly [44]. In mouse models, the TNF α -IL-10 axis of uterine NK cells plays an important role in the occurrence of sPTB [45]. **e** DEC-205⁺ DCs can activate iNKT cells. DCs regulate the Th1/Th2 balance to maintain Th2 polarization, with an increase in the production of IL10. Uterine DC activation was found in T and B cell-deficient (*Rag1*^{-/-}) mice given LPS injections to trigger PTB. MCAS, mast cell activation syndrome

[39]. Neutrophils help remodel the matrix during post-partum decidual breakdown and myometrial involution, which is a vital step in the reproductive cycle (Fig. 2a). Sufficient and effective postpartum remodeling is needed to safeguard

the entire reproductive system against infections and enable future conception [59].

Decidual macrophages

Decidual macrophages are the primary antigen-presenting cells, accounting for approximately 20–25% of immune cells at the maternal–fetal interface [60]. Their important functions as immune effector cells and pathogen sensors imply a key role for these cells in inflammatory responses to decidual infection. Macrophages are often classified into two phenotypes: M1 and M2. M1 macrophages are pro-inflammatory cells that contribute to bactericidal and inflammatory responses, produce IL-12, IL-23, and reactive nitrogen oxides, have a potent antigen-presenting capacity, and stimulate Th1-type immune response. M2 macrophages have a potent immunosuppressive capacity because they generate anti-inflammatory molecules including IL-10, TGF- β , IDO, and so on. This helps the Th2-type immune response to play an immunomodulatory role [10]. In humans, substantial macrophage concentrations are present in uterine tissues from the beginning of pregnancy until the commencement of labor at term. Furthermore, their densities rise significantly during labor [61].

Pique-Regi et al. reported that the decidua's most differentially expressed genes were detected in macrophages throughout both term and preterm labor [62]. Compared with term birth without labor (e.g., elective cesarean section), term labor and idiopathic (i.e., noninfectious) preterm labor can also cause the selective accumulation of decidual macrophages [55]. The proportion of decidual macrophages in mice increases prior to birth (18 days post conception (dpc)) compared with mid/late gestation (15 dpc) [47]. High infiltration of macrophages into the myometrium and decidua at term has been observed in rats [55, 63]. Compared with that in the myometrium, there is a 3.8-fold increase in decidual macrophage infiltration in rats immediately before labor [55]. These results emphasize the significance of decidual macrophages during sPTB and imply that they may play a role before labor begins.

M2 macrophages constitute the predominant phenotype in decidua tissues during late gestation. At term and preterm labor, the number of M1 macrophages increases significantly in decidua tissues. During labor, there is a considerable increase in the production of IL-6 and NLRP3, indicating that macrophages display proinflammatory characteristics [64]. The polarization states of uterine decidual macrophages significantly differs at the maternal–fetal interface in women who have sPTB compared to that in pregnant women at term. This is primarily evident based on an increase in the M1/M2 ratio and a reduction in the quantity of M2 macrophages [65] (Fig. 2b). In the decidua

basalis and parietalis, preterm women with spontaneous labor presented higher TNF- α expression in proinflammatory M1 macrophages and fewer M2 macrophages than did women at term in labor [40]. M1 bias and the accompanying increase in proinflammatory cytokine production may be significant aspects of term labor, and they are more pronounced during preterm labor. Moreover, rosiglitazone administration can stimulate the PPAR γ signaling pathway, which could lead to a novel avenue for the treatment of preterm labor by reducing inflammatory responses mediated by M1-type macrophages and preventing preterm labor from occurring [27]. It was discovered that the Notch signaling pathway causes decidual macrophages to polarize to the M1 subtype in a mouse model of inflammation-induced sPTB [41] (Fig. 2b).

Decidual mast cells

Mast cells (MCs) play a key role in innate immunity during late gestation and labor due to their ability to manufacture and secrete or release multiple mediators within a short period in response to immunogenic and nonimmunogenic stimuli in many organs, including the uterus [66]. There are two types of short-term mediators [42]. Among the mediators that are preformed and stored in cytoplasmic granules are histamine, serotonin, heparin, proteoglycans, and certain proteases. Another type of mediator is the products of cyclooxygenase or lipoxygenase pathways that include arachidonic acid metabolism, such as prostaglandins and leukotrienes, but are not retained by MCs. MCs have the capacity to generate a variety of multifunctional cytokines, including IL-1 β , IL-3, and IL-6, over an extended period. MCs are located adjacent to blood vessels in the myometrium and myometrial glands. MCs can trigger acute hypersensitivity responses and allergic disorders, thereby preventing pathogen infections. Degranulation of MCs triggers type I hypersensitivity reactions when they are exposed to allergens, so the connection between MCs and allergens may be one of the causes of premature birth [67]. In guinea pigs, allergic reactions resulted in a decrease in the premature birth rate when histamine receptor antagonists were used prior to birth [43]. Nevertheless, studies have demonstrated that there are considerably more MCs in the decidua of term pregnancies than in those of preterm births [22]. The presence of histopathological chorioamnionitis does not impact MC numbers [22].

There is an increasing amount of evidence that MCs may contribute to uterine contractions [36, 42]. During late pregnancy, MCs release serotonin and histamine to control contractions of the uterine muscle [36] (Fig. 2c). Mast cell degranulation causes a significant increase in rat uterine contractility in both the nonpregnant and pregnant stages [42].

This phenomenon was demonstrated *in vitro* via the use of compound 48/80 (a connective tissue mast cell-degrading agent) on uterine strips from both sensitized and unsensitized animals. Given that MCs are known to be a source of inducible nitric oxide synthase, there may be a relationship between nitric oxide and MCs [42]. It is possible that nitric oxide controls uterine contractility. The degranulation of MCs may also be affected. In addition to 5-hydroxytryptamine and histamine, MCs are known to produce prostaglandins, leukotrienes, platelet-activating factor, and cytokines, all of which can cause uterine contractions. Additionally, MCs release mediators that affect leukocyte and fibroblast responses, alter microvascular tissue, and degrade proteins (Fig. 2c). Thus, MCs have enormous potential functions in the uterine wall. MC stabilizers may be beneficial in delaying the activation of the processes that contribute to labor and delivery.

Furthermore, abnormal constitutive and reactive MC mediator release is a chronic multisystem disease known as mast cell activation syndrome (MCAS), which often results in allergies, dystrophic, and inflammatory reactions [68]. MCAS is characterized by the abnormal release of varied subsets of mast cell mediators and/or the buildup of pathogenic mast cells in possibly any or all organs and tissues [69]. MCAS shows a significant bias toward women. The increased number of MCs releases mediators such as histamine, prostaglandins, and leukotrienes, which promote uterine muscle contraction, alter microvascular tissue, and thus promote the occurrence of PTB (Fig. 2c). In addition, MC tryptase can increase the generation and release of matrix metalloproteinases from endometrial stromal cells [70]. As a result, MCAS has an unavoidable influence on the parturition and the occurrence of PTB. Clinicians should pay attention to the possibility of PTB in MCAS patients throughout pregnancy. Treatment for symptoms that aims to lessen the impact of mediators works well when antihistamines and mast cell stabilizers such as cromolyn sodium are used [71].

Decidual natural killer cells

NK cells are cytotoxic innate lymphoid cells that were initially acknowledged for their capacity to kill tumor cells. They were later revealed to kill pathogen-infected cells [72]. In humans, typical NK cells are found in peripheral blood (pNK cells) and are spread throughout the body. Cluster of differentiation CD3[−]CD56^{dim}CD16⁺ cells and CD3[−]CD56^{bright}CD16[−] cells are the two main types of pNK cells. It has been discovered that 90–95% of pNK cells, which are CD56^{dim} NK cells, are cytotoxic and display high expression levels of CD16. CD56^{bright} NK cells are recognized for generating a variety of cytokines with poor cytolytic activity [73]. NK cells are also found in peripheral

tissues, such as the liver, lungs, skin, and uterus, and are called “tissue-resident NK” (trNK) cells [74]. The majority of trNK cells are CD56^{bright} NK cells. The latter have distinct signatures associated with their native tissue and demonstrate elevated expression of trNK cell-specific markers such as CD69, CD103, and CD49a [75]. Decidual NK (dNK) cells are a specific subset of trNK cells located in endometrial decidual tissues. Compared with pNK cells and trNK cells, dNK cells exhibit a variety of distinct phenotypic and functional traits [76]. The majority of dNK cells have CD56^{bright}CD16[−] phenotypes, which are characterized by poor cytotoxicity and strong secretory activity [77]. It is hypothesized that uterine hematopoietic stem cells and/or the development of thymic or peripheral NK cells are the progenitors of dNK cells [78–80]. The final differentiation into mature dNK cells is thought to be influenced, at least in part, by uterine IL-15 production [81].

Several studies have shown that dNK cells are crucial during parturition in humans and mice. As pregnancy progresses, dNK cells lose cytoplasmic granules, indicating a required functional change during late gestation for parturition [82]. The decidua of the term placenta has a greater percentage of CD3[−]CD16⁺ NK cells than does the peripheral blood [44]. The abundance of CD3[−]CD16⁺CD56^{dim} NK cells at the maternal–fetal interface and the concomitant increase in Ksp37 expression, which is highly expressed in CD16⁺ NK cells, during late pregnancy imply the likely participation of the cytolytic armamentarium during parturition [44] (Fig. 2d). Dynamic variations in decidual NK cell distribution are linked to labor. Tissues from women who had undergone elective cesarean section (CS) and spontaneous vaginal delivery (SVD) did not differ in the percentages of CD56^{bright}CD16[−] dNK cells between the decidua basalis and decidua parietalis, according to the flow cytometry data [83]. Compared to those from women who had undergone CS, the decidua basalis and parietalis from women who had undergone SVD had a noticeably greater quantity of CD56^{dim}CD16⁺ NK cells [83]. Additionally, the quantity of uterine NK cells that are positive for CD94/NKG2A expression is highest following an elective CS and modest following a vaginal full-term birth [84]. These results suggest that NK cells that are positive for CD94/NKG2A expression may be associated with the continuation of pregnancy. Furthermore, immune cells in the decidua parietalis were extracted from term not in labor (TNL) or term in labor (TL) samples, and the results revealed that CD4 expression on CD8[−] NK cells was lower in term labor samples than in non-labor samples, implying that NK cells may migrate to other regions during labor [85].

Gomaa et al. reported that CD16⁺ CD56^{dim} uterine NK cells were detected in just one out of 30 term delivery placentae (3.3%); however, they were observed in 21 out of 30

(70%) preterm placental samples [86]. CD16⁺CD56^{dim} cells are present in both the decidua and the villi of individuals who experience idiopathic preterm labor, indicating a link between uterine NK cell dysregulation and idiopathic human preterm labor. These findings imply an association between human preterm labor and the dysregulation of decidual NK cells. In addition, a correlation between abnormal uterine NK cell expression and idiopathic sPTB in mice was first demonstrated by Murphy et al. in 2008 [45]. The group discovered that in a mouse model, infection or inflammation-induced preterm labor/delivery is initiated mostly via the uNK cell-TNF α -IL10 axis [45] (Fig. 2d).

Decidual dendritic cells

Decidual DCs play an important role in the formation of the maternal–fetal immune microenvironment. In humans, mature myeloid DCs, known as CD83⁺ cells, are found in first-trimester decidua at a density of approximately 1–5 cells/mm². Fewer mature DCs, known as CD205⁺ cells, are found at a density of approximately 2 cells/mm² [87]. CD83⁺ DCs are found in the cycling endometrium, with densities ranging from ~3 cells/mm² during the proliferation phase to ~9 cells/mm² during the late secretory phase [88]. These data suggest that full decidualization is associated with a decrease in CD83⁺ DC density after pregnancy begins. This constraint would be favorable in terms of decreasing immunogenic, migratory DC-mediated T cell responses to fetal/placental antigens [89].

In mice, the number of uDCs decreases through late pregnancy. Later in pregnancy (17.5 days after coitus), the primary DC subset in the uterus is CD11c⁺CD8 α [−]MHCII[−] (immature phenotype) [90]. Immature DCs may be involved in the genesis of preterm labor because they express IL-10, an anti-inflammatory cytokine that may be used as an early indicator of premature delivery [90]. Furthermore, uterine DC activation was detected in T and B cell-deficient (*Rag1*^{−/−}) mice given LPS injections to cause preterm delivery, indicating that DCs are involved in the induction of labor [91] (Fig. 2e). In the human decidua, DCs are mostly myeloid DCs, and they appear to modulate the Th1/Th2 balance to sustain Th2 polarization, with an increase in the production of IL10 [92] (Fig. 2e). Thus, this anti-inflammatory cytokine may serve as a possible early sPTB biomarker [36]. However, no particular studies that conclusively demonstrate DC function have been described.

It has been proposed that decidual CD209⁺ (CD14⁺) macrophages might be a source of DC progenitors because when CD14⁺ decidual macrophages (which are composed of 50–70% CD209⁺ cells) are treated with IL-1 β , TNF- α , IL-6, and PGE2, they produce cells that express CD83 at a higher level and have the capacity to stimulate T cell

proliferation in a mixed leukocyte reaction with a potency comparable to that of cytokine-simulated, peripheral blood monocyte-derived DCs [93]. Previous research has indicated that decidual macrophages develop into DC-like cells at term, promoting T cell activation, proliferation, and differentiation into IFN- γ -producing T cells, which are likely implicated in labor activation [94] (Fig. 3). Basal decidual macrophages may serve as a cellular reserve during term pregnancy, supplying the functionally developed DCs required for immune response activation to fetal antigens and thereby preparing the uterine milieu for labor.

In addition, cellular communication has been observed between DEC-205⁺DCs and iNKT cells (Fig. 3). Moreover, DEC-205⁺DCs can stimulate iNKT cells and increase the prevalence of preterm delivery [95]. Research has revealed that PTB in women without acute chorioamnionitis (PB-n/aCAM) is associated with a greater number of iNKT cells than PTB in women with acute chorioamnionitis (PB-w/aCAM). DEC-205⁺ DCs from women with PB-n/aCAM preferentially stimulate iNKT cell proliferation [96]. Arora et al. demonstrated that DEC-205⁺ DCs selectively collect glycolipid antigens, and that DC-iNKT cell communication contributes to the immune response [97]. These results imply that the control of immunological balance at the maternal–fetal interface during pregnancy may be mediated by cellular contact between DCs and iNKT cells.

Adaptive immune cells

The adaptive immune system identifies and responds to antigens, and memory cells persist after the antigen has been eliminated to prepare for a quick immune response to the next antigen exposure. During pregnancy, the maternal and fetal immune systems are tolerant of one other; however, if the equilibrium is broken early, sPTB can occur.

Decidual T cells

In the human decidua during the first trimester of pregnancy, total leukocytes are composed of 10–20% CD3⁺TCR $\alpha\beta$ ⁺ T cells, approximately 30–45% of which are CD4⁺ T cells, and 45–75% of which are CD8⁺ T cells [98]. The percentage of CD4⁺T cells increases and the percentage of CD8⁺T cells decreases in late pregnancy [99]. According to a study using comparative immunohistochemistry, the proportion of CD45⁺CD3⁺ cells in the human term decidua is significantly greater than that in the first trimester. This increase is accompanied by an increased number of T cells expressing CD4, CD8, TCR $\alpha\beta$, or TCR $\gamma\delta$, indicating that there is a general increase in the number of decidual T cells in late pregnancy [100]. The frequencies of TCR $\gamma\delta$ ⁺ and CD8⁺ T

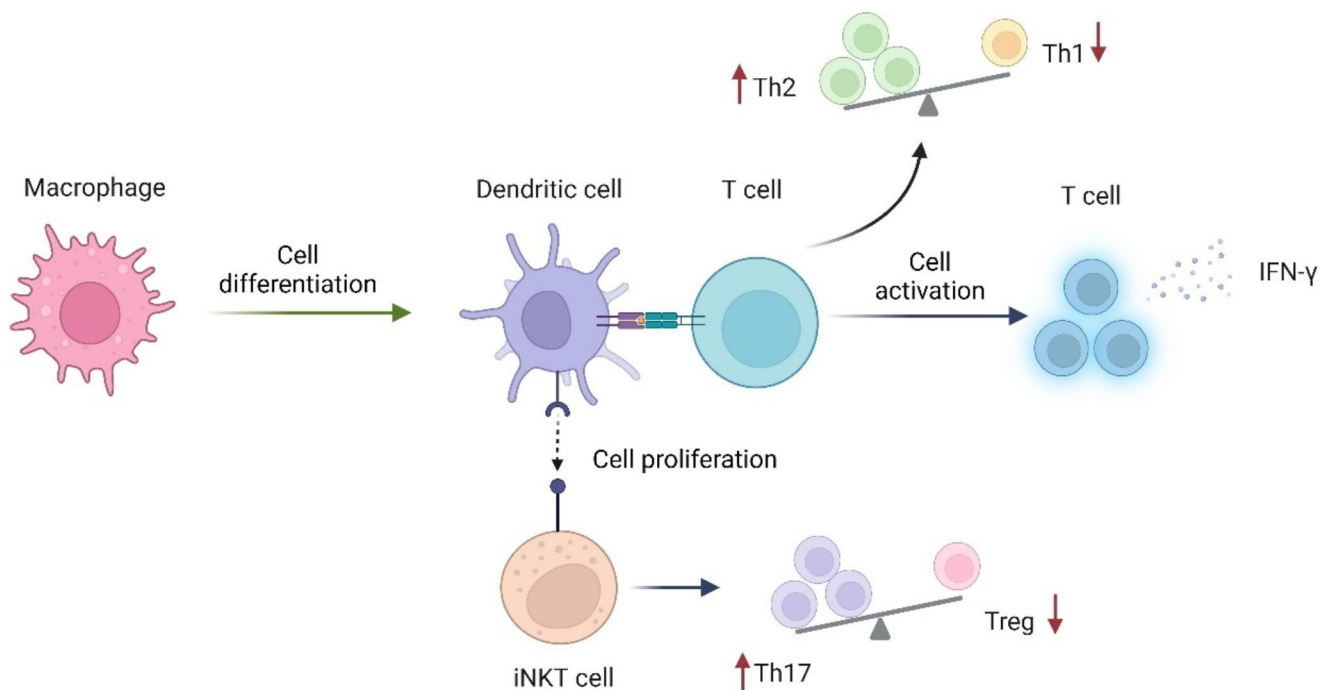


Fig. 3 Interaction of immune cells on decidua related to parturition and sPTB. Decidual macrophages can differentiate into DC-like cells, which further stimulate T cell activation, proliferation and differentiation. Decidual DCs maintain Th2 polarization by regulating the Th1/

Th2 balance. DCs induce iNKT cell proliferation in women with PTB. iNKT cell expansion at the maternal–fetal interface was accompanied by an increase in the number of Th17 cells and a decrease in the number of Treg cells

cells are greater in the decidua parietalis than in the decidua basalis, whereas the opposite is true for $CD4^+$ T cells, according to a study of specific T-cell subsets across the two primary locations of the maternal–fetal interface at term [101]. In addition to the aforementioned findings, numerous investigations have also indirectly verified the existence of conventional T cells at the maternal–fetal interface by identifying $CD4^+$ and $CD8^+$ T cells in the murine placenta during late pregnancy via immunofluorescence microscopy [102] or immunophenotyping [103]. These findings show that T cells reside at the maternal–fetal interface during full pregnancy, even prior to the commencement of labor, which is why it is important to time them precisely (Fig. 4).

CD8⁺ T cells

As the predominant T cell subset at the maternal–fetal interface in the early stages of pregnancy, $CD8^+$ T cells mostly have a memory-type T cell phenotype. Decidual $CD8^+$ T (d $CD8^+$ T) cells express granzyme B and perforin at lower levels than peripheral $CD8^+$ T cells do. d $CD8^+$ T cells have been shown to produce perforin and granzyme B at high levels in vitro, but Tregs may be responsible for their low levels of expression in vivo, in which they show distinct differentiation traits [104]. Furthermore, d $CD8^+$ T cells produce programmed cell death protein-1 (PD-1), T cell

immunoglobulin domain and mucin domain protein-3 (TIM-3), and programmed cell death protein-1 (PD-1), which inhibits the fetal antigen-stimulated growth of $CD8^+$ T cells. Additionally, this study demonstrated that the decidua had a substantially greater concentration of $CD8^+IL-10^+$ Treg cell subsets than did the peripheral blood, indicating a strong capacity for cytokine release and proliferative activity. To control infection, $CD8^+$ T lymphocytes are activated during intrauterine infection and produce IFN- γ [105].

The fraction of $CD8^+CD45RA^+CCR7^+$ T cells is greatly increased in preterm birth patients, indicating that initial T cells may play a key role in the premature birth process [106]. Initial investigations revealed that the infiltration of cytotoxic T lymphocytes into decidual tissues, a type of placental lesion categorized as chronic histological chorioamnionitis, can occur in a fraction of term births, but is more commonly detected in situations of preterm labor and birth, PPRM, and fetal loss [107, 108].

CD4⁺ T cells

During pregnancy, $CD4^+$ T cells play a more important role than $CD8^+$ T cells. The two primary subgroups of $CD4^+$ T cells are Tregs and Th2 cells, which have regulatory and immunosuppressive functions, and Th17 and Th1 cells, which have immunological effects. Interactions between the

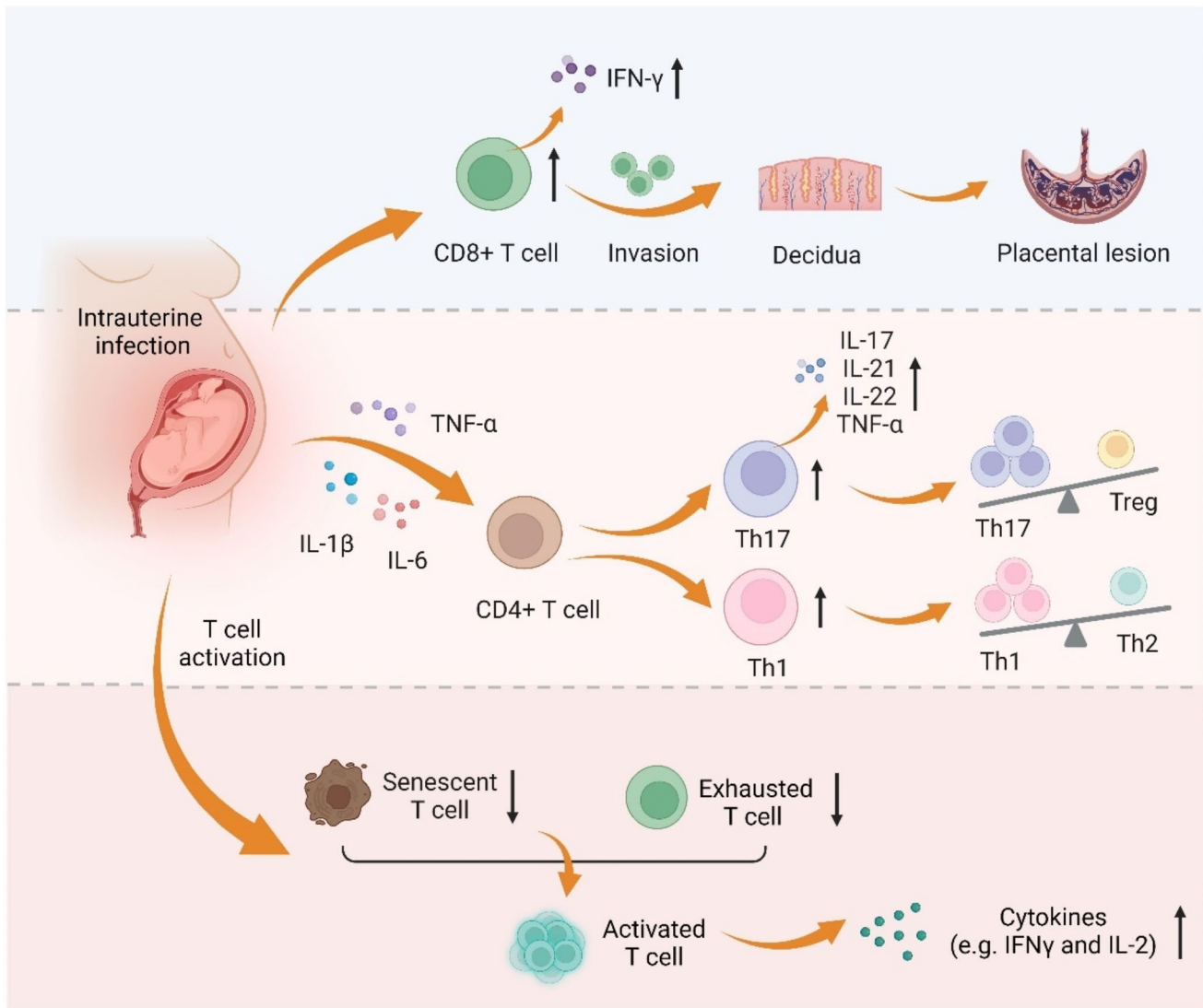


Fig. 4 Mechanisms of decidual T cells in regulating labor initiation and sPTB. When an intrauterine infection occurs, $CD8^+$ T cells are activated and release IFN- γ to regulate the infection. $CD8^+$ T cells invade decidual tissue and cause placental lesions, which occur in full-term births but are more common in preterm births. After exposure to a local microenvironment containing inflammatory cytokines such as IL-6, IL-1 β , and TNF- α , $CD4^+$ T cells differentiate into Th17 cells.

two groups help maintain somewhat balanced secretion of cytokines. An increase in the ratio of Th1/Th2 to Th17/Treg cells, or a weakening of the inhibitory impact, might result in problems such as premature labor and miscarriage.

T helper cells T helper (Th) cells release cytokines, which interact with one another to maintain the immunological tolerance of the microenvironment. Research has shown that the Th1/Th2 cell balance is one of the mechanisms regulating maternal–fetal tolerance. Th2 cells mediate the humoral immune response, promote antibody formation, suppress inflammation, and reduce excessive damage, which is ben-

Th17 cells secrete inflammatory factors such as IL-17, IL-21, IL-22, and TNF- α , and participate in inflammatory processes. Decidual Th1 and Th17 cell numbers were increased in women with PTB. In addition, the inflammatory response that accompanies sPTB may reactivate senescent and exhausted T cells at the maternal–fetal interface, leading to abnormal effect T cell responses that trigger parturition and sPTB

eficial for embryo implantation and development. In contrast, Th1 cells induce a strong delayed immune response in macrophages, causing inflammation and tissue damage, inhibiting embryo implantation, and suppressing trophoblast production. All of these effects are detrimental to the maintenance of pregnancy. In utero, Th2 dominance and temporary inactivation of Th1 cells determine fetal survival by altering the Th1/Th2 cytokine ratio [109].

When exposed to inflammatory cytokines including IL-6, IL-1 β , and TNF- α , $CD4^+$ T cells develop into Th17 cells. Th17 cells are responsible for the secretion of inflammatory

cytokines that are involved in numerous inflammatory processes, including IL-17 A, IL-17 F, IL-21, IL-22, and TNF- α [110]. Th17 cells, crucial pro-inflammatory immune cells involved in the inflammatory process, are more prevalent at the maternal–fetal interface in preterm births to women with chorioamnionitis than in normal deliveries. Thus, elevated numbers of Th17 cells might be the cause of premature labor [111]. Although Th17 cells are detrimental to the maintenance of maternal–fetal tolerance, their ability to scavenge invading microbes plays an important protective role in the uterus [112]. Higher levels of IL-17 were detected in amniotic fluid and at the maternal–fetal interface in tissues from women with chronic inflammation of the placenta who had undergone preterm labor than in women who had undergone preterm labor without this lesion. This lesion may be caused by Th17 cells invading the chorioamniotic membrane [113]. Furthermore, a recent transcriptomic analysis revealed that women who had undergone preterm labor and PPRM had downregulated expression of fork-helix transcription factor 3 (Foxp3) at the maternal–fetal interface and elevated expression of genes linked to Th1 and Th17 cells [114]. Taken together, these data suggest a potential connection between dysregulated Th17 responses and premature labor.

Regulatory T cells Regulatory T cells (Tregs) express Foxp3 and downregulate immunological responses via cell–cell interactions or by secreting cytokines that suppress the activity of other immune cells [109]. When Treg cells come into contact with effector T cells, they release granzymes and perforins, and transmit inhibitory signals to regulate their levels [112]. The primary cytokines secreted include IL-10, TGF- β , IDO, and HO-1. Treg cells are vital to the success of pregnancy [115].

Upon the observation that the proportions of CD3⁺CD4⁺CD25⁺ T cells in the decidua basalis and decidua parietalis were lower in women who had spontaneous term labor than in those who had term cesarean sections, a function for decidual Tregs late in term gestation was originally proposed [83]. The authors suggested that this fraction may comprise decidual Tregs that “disappeared” before the commencement of labor [83]. Subsequent research examined the CD4⁺CD25^{dim} and CD4⁺CD25^{bright} populations in decidual tissues from term births (vaginal and cesarean sections) in the second trimester and revealed that these populations remained constant throughout gestation [116]. The CD4⁺CD25^{bright} decidual population was composed primarily of Tregs with high proportions of Foxp3, CTLA-4, and HLA-DR expression, whereas the CD4⁺CD25^{dim} population exhibited an activated phenotype with high percentages of CD69⁺ cells. These findings were obtained after the same CD4⁺CD25⁺ population was further characterized by the

expression of Foxp3 and other cellular markers associated with Tregs [117]. Taken together, these findings provide a basic summary of Tregs at the maternal–fetal interface in term births, stimulating further research. According to one study, the decidua contains three different Treg subsets that are identified by high expression of TIGIT, PD-1, or CD25 [28]. Although the proportions of the CD25⁺ and TIGIT⁺ Treg subsets tended to be greater in the decidua parietalis, the authors’ comparison of the Treg populations in the decidua basalis and decidua parietalis revealed no discernible variations in the Treg populations between these tissues [28].

Furthermore, compared with first trimester decidual tissues, the ability of decidual Tregs to inhibit CD4⁺ effector T-cell proliferation is much lower at term, indicating that the functional capabilities of decidual Tregs decrease but do not fully decrease at the end of gestation [28]. Several studies in mice have consistently revealed a Treg population in decidual tissues prior to term delivery [118, 119]. Studies on humans and animals have concurred that Tregs are present and operate at the maternal–fetal interface during term gestation. A groundbreaking study revealed that PTB was not caused by decrease in the number of CD25⁺ cells during late pregnancy [120]. However, because CD25 is a less precise marker for Tregs than Foxp3 [121], it remains unclear whether changes in the quantity or function of decidual Tregs contribute to the beginning of preterm labor.

Exhausted and senescent T cells

T-cell exhaustion often occurs in the setting of persistent antigen exposure/stimulation, resulting in a gradual loss of function and increased expression of several inhibitory receptors such as TIM-3, PD-1, CTLA-4, and LAG-3 [122]. According to recent findings, this process may also occur during pregnancy [123, 124]. In the third trimester, decidual cytotoxic T lymphocytes present a transcriptome signature indicating a mix of malfunction and activation that may be reversed by in vitro stimulation [123]. An immunophenotypic investigation indicated that a high number of CD4⁺ and CD8⁺ effective memory T cells displayed an exhausted-like PD-1⁺TIM-3⁺ phenotype at the maternal–fetal interface [125]. Notably, as gestational age increases, the percentage of exhausted CD4⁺ T cells in the decidua parietalis also increases. This finding suggests that increased regulation of these cells is necessary to prevent aberrant T-cell activation due to the prolonged exposure to antigens (fetal, microbial, or even self) that occurs during pregnancy [125].

Exhausted T cells in the decidua basalis and decidua parietalis are differently affected by the physiological labor process; in the decidua basalis of women who have undergone term parturition, there is a significant decrease in the

proportions of exhausted CD4⁺ and CD8⁺ T cells compared to with those of nonlabor controls [125]. These results demonstrate that T-cell exhaustion occurs physiologically at the maternal–fetal interface throughout late gestation; however, more research is needed to determine the clinical ramifications of aggravated T-cell depletion during term gestation, including dystocia, prolonged labor, and delayed parturition.

Women who have experienced preterm labor and delivery and had acute inflammatory lesions on the placenta have lower percentages of exhausted T cells in the decidua basalis [125]. These findings imply that, while T-cell exhaustion is a normal process in late gestation, unfavorable events such as pathological inflammation might reactivate these cells. In vitro activation of exhausted decidual T lymphocytes restores effector capabilities, supporting this hypothesis [123, 125]. After immune cells were isolated from TNL or TL samples from the decidua parietalis, Mosebarger et al. reported a reduction in CD38 expression on CD8⁺ CD57⁺ T cells throughout labor, which is suggestive of cytotoxic T cell senescence [85]. Given that decidual senescence has been hypothesized to be a novel mechanism of pathogenesis for preterm labor and delivery, research on senescent T lymphocytes is pertinent to pregnancy complications [126]. In concert with this idea, a considerably lower percentage of senescent T cells in the decidua basalis has been linked to the occurrence of acute placental inflammation in women with preterm gestations, but not in those of women at term [125]. Since T-cell senescence has been shown to be reversible in vitro [127, 128], it is possible that the pathological inflammation associated with particular groups of women who undergo preterm labor would induce senescent T cell reversal in decidual tissues, hence exacerbating inflammation.

All of these findings point to the possibility that the inflammatory reactions that coincide with preterm labor might revive exhausted and senescent T cells at the maternal–fetal interface, resulting in an abnormal effector T-cell response that could cause preterm labor and delivery. However, more research into how the multiple causes of preterm labor impact fatigued and/or senescent T lymphocytes at the maternal–fetal interface is needed to develop innovative methods to prevent the poor neonatal outcomes associated with this disease.

Decidual B cells

B cells, as key components of specific immunity, play various roles, such as those of antibody production, antigen presentation, and the release of immunomodulatory substances. There are two types of B lymphocytes: B-1 and B-2 B cells [129]. During pregnancy, B cells modulate immunological tolerance and suppress effector immune responses by

secreting IL-10, which decreases TNF- α release by CD4⁺ Th cells. Furthermore, fetal antigens can cause apoptosis in B cells in response to human chorionic gonadotropin (hCG) [130].

B cells are involved in the processes of maternal–fetal tolerance in the early stages of pregnancy [131, 132]. The number of decidual B cells increases slightly between weeks 27 and 33 of pregnancy and then slightly decreases at term [133]. Multiple investigations have revealed that B lymphocytes are present at the decidua basalis and decidua parietalis in the absence of labor at term [25, 134]. Furthermore, B cells appear to be present in increased numbers in the decidua basalis, but not in the decidua parietalis, throughout the physiological phase of labor at term [25].

According to a recent study, a connection may exist between B cells and the pathophysiology of preterm labor. The percentage of B cells in the decidua parietalis was greater in women who experienced sPTB than in those who went into labor at term [135]. A high concentration of CD20⁺CD70⁺-type B lymphocytes in the decidua of pregnant women who have preterm births, leading to a decrease in the production of progesterone-induced blocking factor 1 (PIBF1) and a decrease in the release of IL-33, may be the cause of preterm labor [135]. Leng et al. discovered that in the absence of acute or chronic chorioamnionitis, total B lymphocytes are more plentiful in the decidua parietalis of women who delivered preterm than those who delivered at term, independent of the course of labor [29]. However, women who experienced term or preterm delivery with chronic chorioamnionitis had a greater proportion of B1 B cells and plasmablasts than those who did not have this placental lesion. Decidual B cells can produce pro- and anti-inflammatory cytokines. In summary, the B-cell compartment at the maternal–fetal interface changes in women who experience chronic chorioamnionitis and labor at term or preterm, indicating that these adaptive immune cells are involved in the labor process linked to persistent placental inflammation.

Bridge between the innate and adaptive immune systems

Decidual innate lymphoid cells

It has been demonstrated that innate and adaptive immune cells are crucial for the maintenance and outcome of pregnancy [136]. The discovery of innate lymphoid cells (ILCs), which link the innate and adaptive immune systems, has opened a new avenue of research with the potential to shed light on the complicated immunological state of pregnancy. The following traits characterize ILCs: (1) lack of

antigen-specific receptors; (2) lack of expression of recognized markers of immune cell lineages; and (3) lymphoid cellular morphology [136, 137]. ILCs are classified into three main classes according to their functions and phenotypes [137]. Type 1 ILCs (ILC1s) are characterized by the expression of the transcription factor T-bet and include both classic NK cells and noncytotoxic IFN γ -producing ILC1s [137, 138]. Type 2 cytokines, such as IL-5 and IL-13, are released by type 2 ILCs (ILC2s) to perform their functions [139]. ILC2 cells are hypothesized to rely mostly on GATA-binding protein 3 (GATA3) and retinoic acid receptor-related orphan receptor- α (ROR α) expression during differentiation [137, 140]. Type 3 ILCs (ILC3s) are classified into two primary groups: lymphoid tissue inducer (LTi) cells and non-LTi ILC3s (referred to hereafter as ILC3s) [137]. LTi cells play crucial roles in the development of isolated lymphoid tissues, such as Peyer's patches, and secondary lymphoid organs throughout fetal development [141]. In adults, such cells are known as LTi-like cells since they do not produce new lymphoid tissue [142]. LTi cells and ILC3s can produce IL-17 A and/or IL-22 and depend on ROR γ t expression for their development [141].

ILC1s constitute the rarest ILC subset in the human decidua at the end of pregnancy. They do not change when spontaneous labor occurs, indicating that because of their distinct cytokine profile, these cells may play a relatively small role in late gestation, a role that may be shared by other decidual ILC subsets [143]. On the other hand, in the third trimester, as the most prevalent decidual ILC subgroup, ILC2s could help preserve the homeostatic environment at the maternal–fetal interface [143]. ILC2s are thought to have a homeostatic nature [144], making them unnecessary in early pregnancy when the inflammatory processes of implantation and tissue remodeling occur inside the endometrium. Women who undergo preterm labor have a greater proportion of total ILCs in their decidua parietalis; ILC1s constitute a modest subgroup of decidual ILCs throughout both preterm and term gestations [143]. Interestingly, ILC2s have been shown to be more common in the decidua basalis of women who undergo spontaneous preterm labor than in those who deliver preterm without labor [143], indicating that this ILC subgroup may be involved in the chronic inflammatory process that occurs during pathological pregnancy.

Furthermore, ILC2s from third-trimester human decidual tissues seem to share the production of cytokines such as IL-13 and IL-22 with ILC3s, indicating that decidual ILC subsets may have shared functions near the end of pregnancy [143]. ILC3s are the most investigated of the known ILC subgroups in the human decidua [30, 145]. Interestingly, women who experience spontaneous preterm labor present increased numbers of ILC3s in the decidua parietalis

[143], indicating that these patients may experience a local dysregulation of these cells. It is unclear whether decidual ILC3s directly contribute to the inflammation associated with sPTB or are produced as a result of such a process. These results provide evidence that ILCs function at the maternal–fetal interface during the pathological phase of preterm labor.

Invariant NKT cells

NKT cells are a distinct lymphocyte subset that expresses markers and properties of both the adaptive and innate immune systems. NKT cells identify lipid antigens presented by nonpolymorphic CD1D molecules, which are produced by trophoblast cells, placenta, and choriocarcinoma cells [146]. NKT cells are classified into two types: I and II [147]. Type I NKT cells, also known as invariant NKT (iNKT) cells, can be observed at the maternal–fetal interface in early and late gestation [148, 149]. The concentration of iNKT cells in the decidua parietalis with parturition signals (labor and/or rupture of the membrane) is greater than that without parturition indicators [32]. Studies have shown that activating iNKT cells causes premature labor by increased cytotoxicity. The peripheral blood levels of CD69, perforin, and IFN- γ are higher in preterm labor patients than in women who give birth normally. Additionally, there is an increased percentage of activated iNKT cells in the decidua basalis. These factors can lead to preterm labor by disrupting the delicate balance between maternal and fetal immune tolerance [150]. St Louis et al. reported that activated NK T-like cells were more prevalent in the decidua basalis of women who underwent preterm labor, and that in vivo NK T-cell activation caused preterm labor by triggering a maternal systemic proinflammatory response [150].

A transcriptomic investigation of decidual lymphocytes in humans revealed that preterm labor and birth were associated with higher expression of CD1D, an established iNKT-cell receptor, than labor at term [25]. Human decidual tissues from a preterm birth with labor had higher concentrations of activated iNKT-like cells than decidua from a preterm birth without labor, suggesting that sterile inflammation caused by these cells may cause preterm labor, birth, or both [150]. Furthermore, compared with wild-type controls, iNKT-knockout mice intraperitoneally administered LPS at 15 days of gestation exhibited a substantial reduction in preterm labor rates, indicating that iNKT cells regulate inflammatory preterm labor caused by bacterial products [151]. The activation of decidual iNKT cells is a key factor in inflammation-induced preterm delivery. Pregnant mice deficient in iNKT cells are less vulnerable to endotoxin-induced PTB, suggesting that iNKT-cell activation may be deleterious to pregnancy outcomes [152, 153].

Pathological inflammation is linked to sPTB. Activating iNKT cells with α -galactosylceramide leads to PTB by stimulating innate immune responses systemically and locally (i.e., in the decidua and myometrium) [154]. This systemic activation of iNKT cells results in their proliferation at the maternal–fetal interface as well as corresponding decreases in the local populations of total T cells and Tregs, indicating an inverse link between Tregs and iNKT cells in this compartment [154] (Fig. 3). Furthermore, this proliferation of iNKT cells at the maternal–fetal interface is accompanied by an increase in the number of Th17 cells [154]. As a result, iNKT-cell activation affects both the systemic and local T-cell subsets prior to PTB. PTB caused by iNKT-cell activation is partially prevented by rosiglitazone treatment [154]. PPAR γ gene targets were down-regulated by α -galactosylceramide; however, these effects were recovered by rosiglitazone therapy, which activated the PPAR γ pathway and prevented PTB. The number of T cells in the spleen was largely recovered when rosiglitazone

was administered to mice that had received injections of α -galactosylceramide [154]. The fact that rosiglitazone inhibits iNKT-cell multiplication might help to explain it. However, rosiglitazone treatment did not increase the number of T lymphocytes at the maternal–fetal interface in mice injected with α -galactosylceramide. This result may explain why rosiglitazone may not completely prevent PTB.

Multi-omics testing of decidual immune cells in parturition and sPTB

Recently, single cell transcriptome sequencing has extended the “transcriptomics” area as new methods have been developed. The use of these methodical techniques might aid in the identification of certain biomarkers for sPTB diagnosis and treatment (Table 1). Recent cutting-edge molecular surveys using next-generation sequencing technologies have provided a deep characterization of the many immune cell

Table 1 Multi-omics testing of decidual immune cells in parturition and sPTB

Omics type	Year	Ethnic groups	Center	Tissue	Patients	Group
Transcriptomics [25]	2017	European	University of Edinburgh	Decidua parietalis immune cells	36 (TNL, $n=8$; TL, $n=7$; PNL, $n=5$; PL, $n=5$).	TNL, TL, PNL, PL,
Transcriptomics [156]	2017	American	University of Texas at Austin	Maternal blood, chorion, amnion, placenta, decidua, fetal blood, and myometrium	35 (PL, $n=8$; PNL, $n=10$; TL, $n=7$; TNL, $n=10$)	TNL, TL, PNL, PL
Transcriptomics [157]	2022	American	Columbia University Irving Medical Center	Placenta samples	18 (T1, $n=8$; T2, $n=4$; T3, $n=6$)	first trimester (T1); second trimester (T2); third trimester (T3)
scRNA-seq [61]	2019	American	Wayne State University	Placental samples [the villi, basal plate (including the decidua basalis) and chorioamniotic membranes (including the decidua parietalis)]	9 women (25 placental samples)	TNL, TL, PL
scRNA-seq [162, 163]	2021	Asian	Xiangya Hospital Central South University	Decidual samples	6 (3 Vaginal delivery; 3 Caesarean section)	Labor onset, Non-labor
scRNA-seq [166]	2022	C57BL/6mice	Stanford University	Placenta with intact decidua	47 mice	47 mice over the course of 9 gestational days (embryonic days 10.5–18.5)
scRNA-seq [167]	2022	Holtzman Sprague–Dawley rats	Boston Children’s Hospital	Uterine–placental interface tissues	gd 15.5 ($n=3$ pregnancies/gd) and 19.5 ($n=4$ pregnancies/gd)	Uterine–placental interface tissues from gd 15.5 and 19.5 were dissected
scRNA-seq [164]	2023	Black	University of Chicago	Decidual samples	55 (TNL, $n=12$; TL, $n=16$; PNL, $n=14$; PL, $n=13$).	TL vs. PL; TL vs. TNL; PL vs. PNL; TNL vs. PNL
scRNA-seq [161]	2023	American	University of California	Decidua basalis immune cells	102 women who had cesarean deliveries	first-trimester, at term
scRNA-seq [160]	2024	American	Eunice Kennedy Shriver national institute of child health and human development	Placental and decidua tissues	42 (TL, $n=24$; TNL, $n=18$)	TL, TNL

subsets present in decidual tissues as well as their interaction networks, allowing researchers to delve more deeply into the cellular immune repertoire of the maternal–fetal interface.

Transcriptomics

The whole complement of mRNA present in a cell or tissue at any time is known as the transcriptome [155]. Transcriptomics has been used to characterize the global mRNA expression of a specific tissue, revealing transcriptional changes between two or more states. Parturition can be broadly divided into four complimentary phenotypes on the basis of the time and presence of labor: TNL; TL; preterm not in labor (PNL); and preterm in labor (PL), according to fetal or maternal indications [156]. Decidual lymphocytes were extracted from fresh decidual tissue, and transcriptomic sequencing revealed that CD1D, a nonclassic MHC-protein, is overexpressed in PTL decidual samples, indicating that decidual iNKT cells may be activated more frequently. Both term and PTL were linked to extensive gene expression alterations, notably those related to inflammatory signaling [25]. Bukowski et al. thoroughly examined the mRNA transcriptome that defines preterm and term labor in decidual tissues using properly phenotyped samples [156]. The gene expression profiles revealed a reduction in chemokine expression in TNL samples, removal of this repression in TL samples, activation of numerous inflammatory pathways in PL samples, and an immunological rejection profile in PNL samples [156]. These findings show that chemokine level downregulation at the maternal–fetal interface helps to preserve pregnancy. Withdrawal of this downregulation causes term birth, which is overridden by the activation of various immune system pathways in sPTB.

To construct a reference gene expression map of the first (T1), second (T2), and third trimester human placenta, and examine changes in the transcriptome in maternal vs. fetal side tissue sections of the full-term placenta, Suryawanshi et al. discovered that the number of monocytes and NK cells increased in T3 compared with T1 and T2, but the fraction of Hofbauer cells increased considerably in T2 and subsequently decreased in T3 [157]. For the most part, at least at the resolution of the biopsy samples, gene expression patterns change temporally throughout the trimesters but not geographically across the placenta.

Single cell transcriptome sequencing

With the rapid development of single-cell RNA sequencing (scRNA-seq) technology, numerous research groups have started looking at the cellular makeup of the maternal–fetal interface and/or decidua at various stages of pregnancy. The

decidua facilitates communication between two semiallogenic persons, the mother and the fetus, and it is the epitome of intercellular communication [158]. Therefore, improved knowledge of intercellular communication in the decidua might improve our understanding of the fundamental foundation of pregnancy and aid in the discovery of pathogenic processes in pregnancy-related illnesses. Intercellular communication network research utilizing scRNA-seq of the human term placenta demonstrated that the decidua is the core of intercellular signal transduction and suggested the major involvement of growth factors and immunological signals in intercellular crosstalk [159].

The establishment of a single-cell atlas of the human placenta reveals variations in transcriptomic activity in both fetal and maternal cell types during labor [160]. Fetal stromal and maternal decidual cells in the chorioamniotic membranes, as well as maternal and fetal myeloid cells in the placenta, are the cell types most affected by labor. Using scRNA-seq, Sureshchandra et al. reported that decidual immune cells show signs of heightened activation state at term in comparison with the first trimester [161]. Moreover, there is a simultaneous decrease in the frequencies of macrophages and NK cells at term with an increase in the relative abundance of T cells. Compared with their blood counterparts, decidual T cells exhibit greater regulatory and Th17 responses, but Th1 responses are reduced, which is consistent with immunological tolerance [161].

Huang et al. discovered that after delivery, there are varying degrees of activation of T-cell subtypes, decidual stromal cells, and extravillous trophoblasts [162]. T cell intercellular communication analysis revealed substantial maternal–fetal immune-tolerance-related communication, such as TNFSF14-TNFRSF14/LTBR and FASLG-FAS signaling. They investigated the properties of the B cell receptor (BCR) and T cell receptor (TCR) repertoires via single-cell BCR/TCR sequencing. There were no significant variations in the clonal proliferation of B/T cells between the decidua before and after delivery, indicating that adaptive immunity at the maternal–fetal interface did not change significantly during delivery [163]. Pique-Regi et al. employed scRNA-seq to characterize the placental villous trees, basal plates, and chorioamniotic membranes of women who did or did not undergo term labor, as well as preterm labor. Maternal macrophages from the chorioamniotic membranes presented the greatest alterations in gene expression (e.g., NFKB1) in both phases of labor; nevertheless, specific gene expression modifications were also found during preterm labor [62]. Liu et al. found that at the maternal–fetal interface, 31 cell groups, comprising 25 immune cell types and 6 nonimmune cell types, exist. Among immune cells, term laboring women had lower levels of maternal PD1⁺ CD8⁺ T cell subsets among immune cells than term nonlaboring

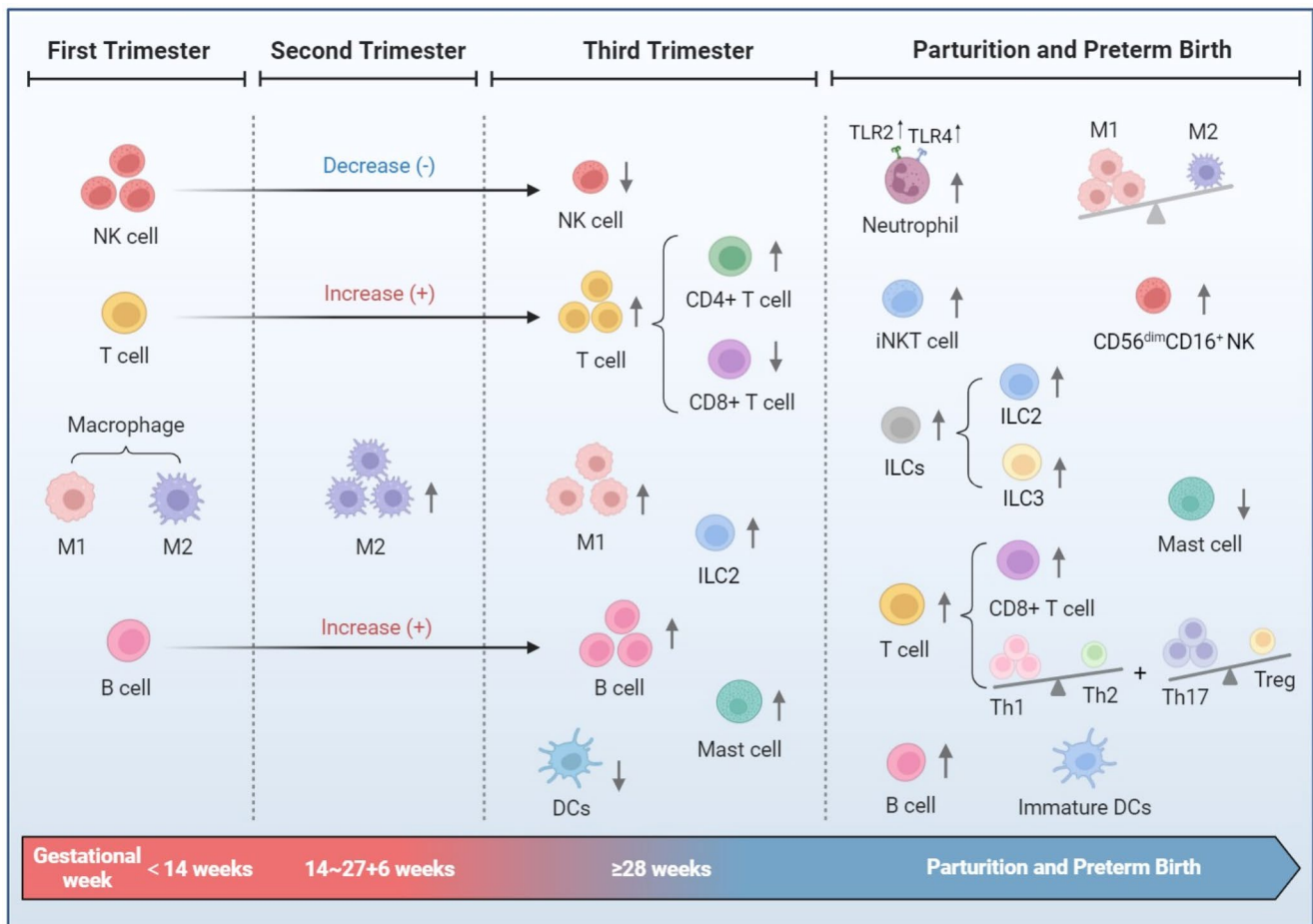


Fig. 5 Dynamic changes of decidual immune cells during normal pregnancy and preterm birth. As pregnancy progresses, the number of decidual NK cells decreases. The abundance of CD56^{dim} CD16⁺ NK cells increases in the decidua of the term and PTB. The percentage of CD4⁺T cells increases and the percentage of CD8⁺T cells decreases in late pregnancy. The fraction of CD8⁺ T cells is greatly increased in preterm birth patients. An increase in the ratio of Th1/Th2 to Th17/Treg cells result in PTB. M2 macrophages constitute the predominant phenotype in decidua tissues during late gestation. At term and preterm labor, the number of M1 macrophages increases significantly. The number of decidual B cells increases slightly in the third trimester and was greater in women who experienced PTB than in those who went into labor at term. In the third trimester, ILC2 could help preserve the

homeostatic environment at the maternal–fetal interface. ILC2 and ILC3 have been shown to be more common in the decidua basalis of women who undergo sPTB than in those who deliver preterm without labor. MCs play a key role in innate immunity during late gestation. There are considerably more MCs in the decidua of term pregnancies than in those of preterm births. The number of DCs decreases through late pregnancy and immature DCs may be involved in the genesis of PTB. The concentration of iNKT cells in the decidua parietalis with parturition signals is greater than that without parturition indicators. In both term and preterm labor, human decidual neutrophils secrete inflammatory mediators and thereby aid in birth. Furthermore, TLR2 and TLR4 expression increased on the surfaces of neutrophils in pregnant women with sPTB

women did [164]. These findings imply that immunological tolerance and rejection may be out of balance, and that the PD-1/PD-L1 pathway at the maternal–fetal interface may be responsible for the onset of sPTB.

Both mice and humans have hemochorial placentas and comparable decidual immune compositions [165]. During the second half of mouse gestation, Moore et al. mapped maternal immune cells at the maternal–fetal interface via single-cell mass cytometry [166]. They discovered a critical function for the innate immune system, in which phagocytes and neutrophils influence the temporal architecture of the placenta via impressively varied populations, including

PD-L1⁺ subsets with compartmental and early gestational bias. The transcriptomes of invasive trophoblast cell lineages and other cell populations within the rat uterine–placental interface were characterized by Scott et al. via single-cell RNA sequencing during the early (gestation day [gd] 15.5) and late (gd 19.5) stages of intrauterine trophoblast cell invasion [167]. This study revealed discrepancies in the spatial interactions between invasive trophoblast cells and immune cells [167]. Within the uterine–placental interface, macrophage populations (Lyz2 positive) are scattered among invasive trophoblast cells. In contrast, NK cells (Prf1 positive) and invasive trophoblast cells (Prf1b1 positive)

displayed a reciprocal relationship and little overlap in their spatial distribution.

Conclusion and perspectives

The maternal–fetal interface, which is formed of cells of both maternal and fetal origin, is a crucial heterogeneous organ that links the maternal and fetal systems during pregnancy and plays important functions in delivery [168]. The decidua, an essential tissue situated inside the maternal–fetal interface, is the location of intercellular crosstalk, which plays critical roles in integrating the maternal and fetal systems, maintaining pregnancy, and transitioning to labor [169]. In this article, we review the landscape of decidual immune cells during parturition and preterm birth (Fig. 5). The decidual immune cells are classified into three groups: innate immune cells, adaptive immune cells, and cell types that mediate innate and adaptive immunological responses. Each of these subgroups has a particular function, such as preserving maternal fetal tolerance and increasing inflammatory processes associated with the birth process. As a result, the disruption of these various immune cell subpopulations is frequently connected with parturition and preterm birth. Furthermore, these immune cells interact with one another, maintaining immunological balance at the maternal–fetal interface and promoting appropriate pregnancy development.

Currently, many “-omics” publications regarding sPTB have analyzed specific types of “-omics” data, such as genomes, transcriptomics, or proteomics in isolation. Researchers can now better understand the cellular immune repertoire of the maternal–fetal interface via recent state-of-the-art molecular surveys that employ next-generation sequencing technologies to provide a deep characterization of the various immune cell subsets present in decidual tissues as well as their interaction networks. Many of these “-omics” articles have failed to be replicated, and their practical relevance has been limited, with little translation into clinical practice. The limited performance of single techniques highlights the importance of integrated approaches for investigating complex phenotypes spanning “-omics” categories. The use of these methodical techniques might aid in the identification of certain biomarkers for sPTB diagnosis and treatment.

In addition, there are still many areas that need to be explored; For example, there is limited research on the metabolic characteristics of decidual immune cells associated with parturition and preterm birth, and the mechanisms are largely unclear. In addition, with the development of single-cell sequencing and multi-omics sequencing, there has been a deeper exploration of subpopulations of decidual immune

cells. How to detect and study specific subgroups of decidual immune cells in normal and abnormal pregnancies may be worth future research. Even with the aid of technological advancements, we still do not fully comprehend the decidua’s highly interwoven and dynamic nature or how it functions throughout pregnancy and delivery. Determining how molecular networks that control immune cells at the maternal–fetal interface are altered in sPTB patients once they are identified is difficult. Most importantly, large-scale clinical studies are still needed to evaluate decidual immune cell markers associated with preterm birth.

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Declarations

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