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# Application of laccase-inorganic nanoflowers based time-temperature integrator to real-time monitor the freshness of pasteurized milk

## Lin Wang , Tianxin Yuan , Yan Zhang \*

*College of Packaging and Printing Engineering, Henan University of Animal Husbandry and Economy, Zhengzhou, China*

#### ARTICLE INFO

### ABSTRACT

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A time-temperature integrator (TTI) based on laccase@Cu<sub>3</sub>(PO4)<sub>2</sub> nanoflowers (laccase@NFs) was created to monitor the freshness of pasteurized milk during storage. To address the challenges of easy inactivation, poor stability, and high use-cost of laccase in the application of TTI, laccase@NFs were synthesized by ultrasonicassisted biomineralization. The laccase@NFs-based TTI was created through the enzymatic reaction between laccase and 2,2′-azinobis(3-ethylbenzothiazoline-6-sulfonic acid ammonium salt), and the effects of laccase@NFs addition amount on the reaction rate, discoloration lifetime and activation energy (Ea) were discussed. Furthermore, the spoilage pattern and kinetic properties of pasteurized milk were explored based on titratable acidity. The measurement of the Ea was determined as 49.98 kJ/mol, and an investigation was conducted to assess the suitability of the TTI with pasteurized milk under both constant and variable temperature conditions. This research aims to contribute valuable insights into the application of enzymatic TTI in monitoring the shelf life of pasteurized milk.

### **1. Introduction**

Pasteurized milk is highly nutritious because of its mild sterilization temperature [\(Bakar, Salim, Clulow, Nicholas,](#page-8-0) & Boyd, 2021). This temperature helps to reduce the loss of active substances in milk, such as lactoferrin, β-lactoglobulin, immunoglobulin, etc., while still effectively killing pathogenic bacteria ([Indumathy, Sobana, Panda,](#page-8-0) & Panda, [2022\)](#page-8-0). However, due to the lower pasteurization temperature, some heat-resistant bacteria and enzymes may remain in the milk, which can shorten its shelf life (Fromm  $& Boor, 2006$ ). Temperature and time play crucial roles in maintaining the freshness of milk during its circulation ([Fusco et al., 2020;](#page-8-0) Grazyna, Hanna, Adam, & [Magdalena, 2017](#page-8-0)). However, it is challenging to judge these factors intuitively. The traditional method of labeling the shelf life cannot accurately represent the actual quality of the milk. To address this, a time-temperature indicator (TTI) can be used. TTI is an intelligent packaging label that is affixed to the outside of food packages and can record the time-temperature history of food, especially when exposed to high temperatures ([Choi et al.,](#page-8-0)  [2020;](#page-8-0) [Forghani, Almasi,](#page-8-0) & Moradi, 2021). It provides consumers with information about the food freshness and remaining shelf-life through perceptible changes, such as color variations ([Gao, Sun, Tian,](#page-8-0) & Zhu, [2021; Jhuang et al., 2020\)](#page-8-0).

The most widely used TTI is enzymatic TTI. Enzymatic TTI relies on the reaction between enzymes and substrates to produce color-changing substances [\(Gao, Tian, Zhu,](#page-8-0) & Sun, 2020). However, long-term storage of enzymatic TTI can result in temperature fluctuations that cause enzyme instability and irreversible inactivation [\(Rahman, Kim, Jang,](#page-8-0)  Yang, & [Lee, 2018](#page-8-0)). This issue leads to significant costs and affects the industrial application of enzymatic TTI. To address this problem, immobilizing enzymes on water-insoluble materials using specific techniques is an effective strategy to enhance enzyme utilization and stability.

In recent years, the immobilization of enzymes using "enzymeinorganic hybrid nanoflowers" has garnered significant attention. This technology offers several notable advantages, including low preparation cost, a simple process, effective retention of enzyme activity after immobilization, and alignment with the principles of green chemistry, thus promoting sustainable development (Liu, Ji, & [He, 2019](#page-8-0)). The pioneering work of Zare et al. in 2012 involved the preparation of protein-Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub> hybrid nanoflowers (Ge, Lei, & [Zare, 2012](#page-8-0)), and since then, this technology has gained widespread application in the fields of biocatalysis, sensor preparation, and biomedicine [\(Zhang, Zhang, Yang,](#page-9-0)  Ma, & [Tang, 2021\)](#page-9-0). However, further research is needed to explore the application of this technology in enzymatic TTI in depth.

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<sup>\*</sup> Corresponding author. *E-mail address:* [xingyang2011@163.com](mailto:xingyang2011@163.com) (Y. Zhang).

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<span id="page-1-0"></span>Laccase (EC 1.10.3.2) is a copper-containing polyphenol oxidase that is considered safe and eco-friendly [\(Yaropolov, Skorobogat](#page-9-0)'Ko, Vartanov, & [Varfolomeyev, 1994](#page-9-0)). It can catalyze the oxidation of arylamines, phenols, carboxylic acids, steroid hormones, lignin, and other nonphenolic substrates (Madhavi & [Lele, 2009\)](#page-8-0). One commonly used substrate is 2,2′-azinobis(3-ethylbenzothiazoline-6-sulfonic acid ammonium salt) (ABTS), which can be oxidized by laccase to produce free radicals. This reaction leads to a noticeable color change, turning the solution from colorless to blue-green or dark green ([Bourbonnais, Leech,](#page-8-0)  & [Paice, 1998;](#page-8-0) Johannes & [Majcherczyk, 2000\)](#page-8-0). Consequently, laccase and ABTS can be utilized to create TTI. The mechanism of laccase-type TTI is simple and the activation energy (Ea) can be adjusted, making it highly desirable for intelligent packaging ([Kadam et al., 2022\)](#page-8-0).

Laccase-type TTI plays a crucial role in enzymatic TTI. However, laccase has limitations such as susceptibility to inactivation, poor stabilization, and high cost, which hinders its practical application in food intelligent packaging. Herein, laccase@Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub> nanoflowers (laccase@NFs) were produced by immobilizing laccase with the assistance of ultrasound. The use-cost of laccase@NFs was decreased as a result of evaluating the stability and catalytic activity of laccase. Laccase@NFsbased TTI was developed using the reaction between laccase and ABTS. The discoloration process of TTI was followed, and the effects of laccase@NFs addition amount on reaction rate, discoloration lifetime, and Ea were explored. Furthermore, the spoilage pattern and kinetic properties of pasteurized milk were investigated by monitoring the change in titratable acidity (TA) over time, and its shelf life and Ea were investigated. The compatibility between TTI and pasteurized milk was further studied under constant and variable temperature conditions.

#### **2. Material and methods**

#### *2.1. Material*

ABTS, laccase (from *Trametes versicolor*), and BCA protein quantitative detection kit were purchased from Shanghai Aladdin Biochemical Technology Co., Ltd. (China). Copper sulfate pentahydrate (CuSO4⋅5H2O), sodium phosphate dibasic dodecahydrate (Na2H-PO4⋅12H2O), potassium dihydrogen phosphate (KH2PO4), sodium chloride, acetic acid, and sodium acetate were purchased from Shanghai Yien Chemical Technology Co., Ltd. (China). Polyvinyl alcohol (PVA, 1799) was purchased from Kuraray Co., Ltd. (Japan). All reagents were analytically pure and were used directly after purchase.

### *2.2. Synthesis of laccase-inorganic nanoflowers*

The synthesis of laccase-inorganic nanoflowers was conducted following a modified procedure from [Maurya, Nadar, and Rathod](#page-8-0)  [\(2020\).](#page-8-0) Laccase was combined with phosphate buffer saline at a concentration of 20 mg in a 100 mL volume. Subsequently, a solution of CuSO4⋅5H2O at a concentration of 0.12 mol/L was added, with a volume of 0.67 mL. The mixture was then subjected to vortex shaking and sonicated at 25 ℃ for 5 min, using a sonication frequency of 50 kHz and a power of 90 W. After sonication, the resulting blue precipitate was collected through centrifugation to acquire laccase@NFs.

### *2.3. Characterization*

Scanning electron microscopy (SEM) testing was conducted using a German ZEISS Sigma 300 instrument. The elemental composition of laccase@NFs was investigated using an energy dispersive spectrometer (EDS). The crystal structure of laccase@NFs was characterized using an Ultima IV X-ray diffractometer from Rigaku, Japan. The infrared spectrum of laccase@NFs was measured using a Nicolet iS20 Fourier transform infrared spectrometer (FT-IR) from Thermo Scientific, USA. The Brunauer-Emmett-Teller (BET) assays were performed using an ASAP2020HD88 automated physicochemical adsorbent meter from

Micromeritics, USA.

### *2.4. Entrapment rate and weight percentage of laccase in laccase@NFs*

The BCA protein quantitative detection kit was utilized to measure the concentration of laccase in the supernatant, aiming to determine the entrapment rate (ER) of laccase in laccase@NFs. The ER was obtained from Eq. (1).

$$
ER(\%) = (C_1 - C_2)/C_1 \times 100\% \tag{1}
$$

where  $C_1$  represents the initial laccase concentration, and  $C_2$  denotes the concentration of laccase in the supernatant.

The weight percentage of laccase in laccase@NFs was studied using the thermogravimetric method. The thermogravimetric performance of laccase@NFs was tested using an STA-2500 synchronous thermal analyzer from NETZSCH, Germany.

### *2.5. Activity and stability of laccase*

The catalytic activity of laccase was determined by utilizing ABTS as the substrate. Laccase@NFs were added to 1 mL of ABTS acetate buffer solution (pH 4.5, 50 mmol/L) to maintain a laccase concentration of 0.05 mg/mL. The absorbance of the solution at 420 nm was continuously monitored over time to calculate the catalytic reaction rate. The catalytic activity of free laccase was determined using the same method.

Free laccase and laccase@NFs were stored in an acetate buffer solution at 25 ◦C. During storage, the enzyme activities were measured, and the relative activities of laccase and laccase@NFs were calculated using their initial enzyme activities as references.

### *2.6. Preparation of laccase@NFs-based TTI*

ABTS (137 mg) was dissolved in 50 mL of acetate buffer solution (pH 4.5, 50 mmol/L) to prepare an ABTS solution. 20 g of PVA was added to 180 g of water, stirred at 90 ◦C for 3 h and then cooled to room temperature. 0.2 mL of glutaraldehyde and 0.4 mL of ABTS solution were added to 2.4 mL of PVA solution, stirred evenly, and the solution was poured into a glass petri dish. After standing for 2 h, PVA hydrogel loaded with ABTS (ABTS-PVA) was obtained. 0.2 mL of glutaraldehyde and laccase@NFs with varying weights, specifically 1 mg, 3 mg, 5 mg, 7 mg, 9 mg, and 11 mg, were added to 2.8 mL of PVA solution. The PVA hydrogels loaded with laccase@NFs (NFs-PVA) were obtained after 2 h of standing. Six TTI prototypes were developed by laminating ABTS-PVA and NFs-PVA together, designated as TTI#1, TTI#2, TTI#3, TTI#4, TTI#5, and TTI#6.

### *2.7. Discoloration process*

The TTIs solution was incubated at 4 ◦C, 15 ◦C, 25 ◦C, and 35 ◦C, respectively. The chromaticity change (ΔE value) was measured by using a colorimeter (CR-400, Konica Minolta, Japan) at regular intervals to indicate the irreversible color change of TTIs. The change in ΔE demonstrated a strong correlation with time, as depicted in Eq. (2).

$$
F(x) = k_{TTI} \bullet t \tag{2}
$$

where F(x) denotes the  $\Delta E$  value,  $k_{TTI}$  indicates the reaction rate constant of TTI ( $h^{-1}$ ), and t represents the reaction time (h). The  $k_{TTI}$  at a fixed temperature was obtained by fitting the change curves of ΔE value over time according to Eq. (2).

The Ea is typically calculated using the Arrhenius equation [\(Taoukis](#page-9-0)  & [Labuza, 1989a](#page-9-0)). The logarithmic form of the Arrhenius equation is represented by Eq. (3).

$$
\ln k = \ln k_0 \text{Ea}/\text{RT} \tag{3}
$$

<span id="page-2-0"></span>where  $k_0$  represents the pre-exponential factor  $(h^{-1})$ , *T* denotes the thermodynamic temperature (K), and R indicates the general gas con-stant (8.314 J⋅mol<sup>-1</sup>⋅K<sup>-1</sup>). According to Eq. [\(3\),](#page-1-0) the Ea can be determined by calculating the slope of the straight line when 1/T and lnk are considered as the independent and dependent variables, respectively. This method is widely used for calculating the Ea.

### *2.8. Pasteurized milk sample preparation and titratable acidity measurement*

Fresh milk was obtained from the farm of Henan Agricultural University and transported to the laboratory within 20 min at a temperature of 4 ◦C. Following this, the milk underwent rapid heating to 80 ◦C for a duration of 15 s, after which it was poured into sterilized glass bottles. The bottles were promptly cooled to ambient temperature. The pasteurized milk was stored at different temperatures in thermostats. The titration method was used to determine the TA of the pasteurized milk at regular intervals ([Gao et al., 2021](#page-8-0)).

#### *2.9. Kinetic study of pasteurized milk*

To calculate the Ea of pasteurized milk, the change in TA of pasteurized milk over time was analyzed using kinetic modeling. The alteration in TA as a function of time can be depicted either by a zeroorder reaction (as described in Eq.  $(4)$ ) or by a first-order reaction (as depicted in Eq. (5)).

$$
y = y_0 + k_{milk} \cdot t \tag{4}
$$

$$
ln y = ln y_0 + k_{milk} \cdot t \tag{5}
$$

where *y* represents the TA of milk (◦T), *kmilk* denotes the spoilage rate constant of pasteurized milk  $(h^{-1})$ , and t is the storage time (h). If the variation in TA shows a linear correlation with storage time, then the zero-order reaction is used. Conversely, if the natural logarithm of TA shows a linear association with storage time, the first-order reaction is employed. The *kmilk* was determined through fitting the curves, and the Ea of pasteurized milk was calculated using Eq. [\(3\).](#page-1-0)

### *2.10. Matching TTI with pasteurized milk*

To investigate the quality change of pasteurized milk, the principle of matching TTI with food was applied. A suitable TTI was selected and placed in a thermostat along with the pasteurized milk for variable temperature experiments. The ΔE of TTI and the TA of pasteurized milk were measured. The temperature conditions were as follows: 4 ◦C for a duration of 0–24 h, 10 ◦C for a period of 24–38 h, 23 ◦C for 38–48 h, 15 ◦C for 48–60 h, and finally, 4 ◦C for extended storage until pasteurized milk became spoiled.

The TTI discoloration process and food quality loss are consistent with the Arrhenius equation. This equation allows for the prediction of food shelf life by evaluating characteristic quality parameters to simulate the spoilage process. Hence, the quality equation of food and the kinetic equation of TTI can be expressed as Eq. (6).

$$
F = kt = k_0 \cdot exp.(-Ea/RT) \cdot t \tag{6}
$$

In practice, the ambient temperature of TTI and food in circulation fluctuates within a certain range rather than remaining constant. When there is continuous temperature change, the quality equation of food and the kinetic equation of TTI can be represented by Eq. (7) [\(Adiani,](#page-8-0)  Gupta, & [Variyar, 2021\)](#page-8-0).

$$
F = \int_0^t k dt = k_0 \cdot \int_0^t exp(-Ea/RT) dt
$$
 (7)

When the equivalent temperature  $(T_{\text{eff}})$  is introduced, Eq. 6 can be expressed as Eq. (8) [\(Zhang, Sun, Xiao, Liu,](#page-9-0) & Zheng, 2016).

$$
F = k_0 \cdot exp.(-Ea/RT_{\text{eff}}) \cdot t \tag{8}
$$

### *2.11. Statistical analysis*

The experiments were performed on no fewer than three occasions. The results were showcased as the mean value in conjunction with the standard deviation. Origin software from OriginLab Co. was employed to analyze and visualize the data.

#### **3. Results**

#### *3.1. Synthesis of laccase@NFs*

Since the pioneering work of Zare et al., enzyme-inorganic hybrid nanoflowers were synthesized by adding  $CuSO<sub>4</sub>$  to the phosphate buffer solution of protein. The widely used approach for enzyme immobilization is cost-effective, efficient, and environmentally friendly ([Zhang](#page-9-0)  [et al., 2021](#page-9-0)). In this study, laccase@NFs were synthesized through the biomineralization of phosphate, facilitated by the interaction between laccase and copper sulfate. While previous studies have reported the synthesis of laccase@NFs, the process typically requires 72 h (Maurya [et al., 2020](#page-8-0); [Zhu et al., 2013](#page-9-0); [Zhu et al., 2019](#page-9-0)). To enhance efficiency, we developed an ultrasound-assisted method that significantly reduced the synthesis time to just 5 min. This method not only improved time efficiency but also minimized energy consumption.

The structure of laccase@NFs was analyzed through the use of SEM ([Fig. 1](#page-3-0)a). Laccase@NFs possessed a distinct flower-like morphology surrounded by numerous lamellae, with a relatively uniform size and a diameter ranging from 3.8 to 5.5 μm. This morphology was similar to that reported in a previous study [\(Lu et al., 2023](#page-8-0)), where Cu3(PO4)2⋅3H2O was used as a crystal nucleus for immobilizing laccase.

FT-IR was utilized to perform an analysis on the chemical structure of laccase@NFs. As displayed in [Fig. 1](#page-3-0)b, the vibration absorption peaks corresponding to the  $C=O$  of the amide I bond and N-H of the amide II bond were observed at 1655  $\text{cm}^{-1}$  and 1540  $\text{cm}^{-1}$ , respectively. Moreover, the stretching vibration of  $-CH_2$  and  $-CH_3$ , expressed by the absorption peaks ranging from 2950  $\text{cm}^{-1}$  to 2800  $\text{cm}^{-1}$  (Sun, Fu, Xing, & [Ge, 2020](#page-9-0)), provided evidence for the immobilization of laccase on the nanoflowers. The identification of the characteristic peak of  $PO_4^{3-}$  at 1355 cm<sup>-1</sup>, 1230 cm<sup>-1</sup>, 630 cm<sup>-1</sup>, and 554 cm<sup>-1</sup> in laccase@NFs confirmed the existence of  $PO_4^{3-}$  in laccase@NFs (Serinbaş et al., 2020).

The XRD pattern of laccase@NFs is illustrated in [Fig. 1c](#page-3-0). Laccase@NFs displayed distinct diffraction peaks at 9.09◦, 12.89◦, 20.92◦, 29.45◦, 33.64◦, 37.21◦, 41.86◦, and 53.52◦, respectively. These peaks closely matched the diffraction pattern of  $Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>·3H<sub>2</sub>O$  (Ma et al., [2022\)](#page-8-0), indicating that laccase@NFs had well-defined crystallinity and contained  $Cu_3(PO_4)_2·3H_2O$  as the inorganic component. The relative intensities of all diffraction peaks in laccase@NFs were slightly lower compared to copper phosphate, which can be attributed to the introduction of laccase.

[Fig. 1d](#page-3-0) showed the elemental composition of the nanoflowers characterized using EDS instrumentation. Copper and phosphorus elements were identified as Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>⋅3H<sub>2</sub>O, the oxygen element was found in both Cu3(PO4)2⋅3H2O and laccase, and the carbon element originated from laccase. These results indicated that laccase was successfully incorporated into the nanoflowers through biomineralization.

The adsorption-desorption curves of  $N_2$  by laccase@NFs and  $Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>·3H<sub>2</sub>O$  are shown in [Fig. 1e](#page-3-0), and the data of specific surface area, total pore volume and average pore diameter are summarized in [Fig. 1f](#page-3-0). Compared with Cu3(PO4)2⋅3H2O, the specific surface area of laccase@NFs was significantly higher, which increased the accessibility of the substrate to the enzyme and favored the enzyme activity.

In addition, the ER of laccase in laccase@NFs was calculated to be 72.4 %. The TG curve of laccase@NFs (Fig. S1) revealed a significant

<span id="page-3-0"></span>

Fig. 1. Characterization of laccase@NFs. (a) SEM picture. (b) IR spectra. (c) XRD patterns. (d) EDS analysis. (e) N<sub>2</sub> adsorption-desorption isotherms. (f) BET data.

decrease in weight from room temperature to 650 ◦C. The weight loss observed during heating from ambient temperature to 100 ◦C was believed to be caused by the release of crystal water and adsorbed water molecules from the nanoflowers. The weight loss observed in the temperature range of 100–650 ◦C can be attributed to the breakdown of laccase present in the nanoflowers [\(Ren et al., 2019](#page-8-0)). Consequently, it was estimated that the nanoflowers contained approximately 15.8 % by weight of laccase.

### *3.2. Performance of laccase@NFs*

To evaluate the catalytic efficacy of laccase@NFs, ABTS was employed as the substrate. Both free laccase and laccase@NFs were added to the ABTS solution respectively. Independent evaluations were conducted with both free laccase and laccase@NFs, where they were

separately introduced into the ABTS solution. Subsequently, the absorbance of the solution was quantified at 420 nm periodically. Fig. S2 demonstrates that the equilibrium time of the catalytic reaction differed depending on the catalysts. It took approximately 65 min for free laccase, while only 24 min for laccase@NFs, indicating a significant increase in the activity of laccase when immobilized in the nanoflowers. The inserted graph in Fig. S2 displayed a nearly linear relationship between the absorbance at 420 nm and the reaction time, suggesting that the reaction followed a zero-order kinetic model. The average reaction rate constants were calculated as  $1.32 \times 10^{-2}$  min<sup>-1</sup> for free laccase and 5.48  $\times$  10<sup>-2</sup> min<sup>-1</sup> for laccase@NFs based on the slope of the curves. This indicated a 4.15-fold increase in the catalytic activity of laccase after immobilization. The enhanced activity can be attributed to the synergistic effect of laccase@NFs in overcoming mass transfer resistance (steric hindrance and diffusion effect), as well as the high specific surface area of the nanoflower structure and the favorable enzyme conformation it provides [\(Fotiadou et al., 2019](#page-8-0)).

Fig. S3 illustrates the assessment of the storage stability of laccase@NFs, which plays a pivotal role in determining their appropriateness for industrial applications. Both free laccase and laccase@NFs exhibited a decline in catalytic activity over time. However, after 30 days, free laccase experienced a significant loss of more than 65 % of its initial enzyme activity, whereas laccase@NFs retained approximately 92 % of its initial enzyme activity. The storage stability of laccase@NFs outperformed that of free laccase. This improved stability can be attributed to the presence of  $Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>$  crystal, which confined laccase within the nano-space, enhancing enzyme rigidity and preventing inactivation by conformational changes [\(Chen et al., 2021\)](#page-8-0).

The results mentioned above indicated that laccase@NFs were successfully and rapidly prepared using the ultrasonic method. The nanoflowers greatly enhanced the catalytic activity and stability of laccase, leading to improved stability and reduced cost of laccase@NFs-based TTI.

### *3.3. Color-changing process*

Laccase is an oxidase enzyme that catalyzes the oxidation of ABTS to  $ABTS^{\bullet+}$ , resulting in the color change of PVA hydrogel. The color-



changing process of TTI based on laccase@NFs was observed at different temperatures. As can be seen from Fig. 2, the colors of the six TTIs changed progressively from colorless to light green, then to turquoise, and finally to dark green, demonstrating a visually striking "color rendering" phenomenon at 4 ◦C. This color change was highly noticeable and effectively served as a warning for consumers. The intensity of the color signals became more pronounced with longer maintenance of TTI at a constant temperature, indicating a timedependent behavior.

The alterations in color of the six TTIs were also documented at 15 ◦C, 25 ◦C, and 35 ◦C, as illustrated in Fig. S4, Fig. S5, and Fig. S6, correspondingly. The color changes at these temperatures were similar to those at 4 ◦C. It was worth noting that, when comparing the same TTI placed at different temperatures, the color of the TTI became significantly darker as the storage temperature increased, indicating a temperature-dependent relationship. For instance, when TTI#1 was stored at different temperatures for 36 h, the color of the TTI became progressively darker with higher storage temperatures. As a result, consumers can directly assess the temperature and time history based on the intensity of color in the TTI.

#### *3.4. Kinetic study of TTI*

The color change of the six TTIs can be accurately analyzed through a kinetic study based on the  $\Delta E$ . [Fig. 3](#page-5-0) illustrates the relationship between ΔE and time. The ΔE gradually increased with time as the reaction progressed. Once the ΔE reached a constant level, it indicated that the TTI discoloration process was complete. The curves prior to the completion of the color change were fitted using Eq. [\(2\),](#page-1-0) and the values for  $k_{TTI}$  and other fitting parameters were obtained, as presented in [Table 1](#page-6-0).

The  $\ln k_{TTI}$  values of TTIs at different temperatures were linearly fitted to 1/T according to Eq. [\(3\)](#page-1-0), and the fitted lines were shown in Fig. S7. The fitting equation and Ea are shown in Table S1. The Ea of TTI decreased with an increase in the addition amount of laccase@NFs, which aligned with the principle that laccase@NFs, acting as enzyme catalysts, can reduce the Ea of the reaction. Therefore, the Ea of TTI can be controlled by adjusting the laccase@NFs addition amount.

In general, changes in color that are below a ΔE value of 3.0 are generally not easily noticeable to the naked eye [\(Pourjavaher, Almasi,](#page-8-0)  [Meshkini, Pirsa,](#page-8-0) & Parandi, 2017). Therefore, if the change in ΔE after a certain period of time is less than 3.0, the duration is characterized as the discoloration lifetime of the TTI. Table S2 presents the discoloration lifetimes of the six TTIs. Interestingly, the discoloration lifetime of TTI showed a positive correlation with the amount of laccase@NFs added. In other words, the larger the laccase@NFs addition amount, the shorter the discoloration lifetime of TTI.

### *3.5. Kinetic parameters and Ea of pasteurized milk*

Lactic acid bacteria are the predominant strain found in pasteurized milk. These bacteria can convert lactose into lactic acid, resulting in an increase in the TA of pasteurized milk over time. Therefore, the freshness of pasteurized milk can be evaluated based on its TA, and a predictive model for shelf life can be established by studying the kinetics of TA changes. As depicted in [Fig. 4](#page-6-0)a and [Fig. 4b](#page-6-0), the TA of pasteurized milk exhibited a consistent increasing trend at various temperatures throughout the storage period. This indicates that the acidity change at different temperatures was noticeable from the beginning of storage and remained consistent over time. Moreover, the shelf life of pasteurized milk decreased as the storage temperature increased, indicating that the temperature not only hastened milk deterioration but also impacted the rate of TA change over time.

The relationship between the spoilage rate and temperature was modeled using the zero-order and first-order reactions, and the **Fig. 2.** Color-changing process of TTIs at 4 modeling parameters are shown in Table S3. Based on the zero-order ◦C.

<span id="page-5-0"></span>

**Fig. 3.** The curves of ΔE versus time for TTIs.

reaction model, a notably linear correlation of TA response rates was identified in the Arrhenius graph [\(Fig. 4](#page-6-0)c,  $R^2 = 0.9296$ ). The estimated activation energy (Ea) was found to be 49.98 kJ/mol. When employing the first-order reaction model, the Arrhenius graph ([Fig. 4d](#page-6-0),  $R^2 =$ 0.9753) exhibited a high degree of linearity, yielding an Ea value of 47.06 kJ/mol. The findings indicated that both reaction models adequately fit the TA response. Considering that the discoloration reaction of TTI was a zero-order reaction, it was reasonable to use TTI to monitor the freshness of pasteurized milk based on the results of the zero-order reaction model (Chuang & [Hsieh, 2023\)](#page-8-0). Furthermore, it is important to note that the quality of pasteurized milk tends to deteriorate to the point of being inedible when the TA exceeds 18◦T ([Lu, Zheng,](#page-8-0)  Lv, & [Tang, 2013\)](#page-8-0). Therefore, the time taken for the TA to reach 18◦T can be regarded as the shelf life of pasteurized milk. Different

#### <span id="page-6-0"></span>**Table 1**   $k_{TTI}$  and other fitting parameters of TTIs.





temperatures had been found to affect the shelf life of pasteurized milk. At 4 ◦C, the shelf life was 163 h, while it decreased to 95 h at 10 ◦C, 58 h at 15 ◦C, 41 h at 25 ◦C, and 19.5 h at 35 ◦C (Table S2).

### *3.6. Selection and applicability of TTI*

The accurate prediction of food shelf life by TTI relies on the following matching principles: the disparity in Ea between food and TTI should not exceed 25 kJ/mol [\(Taoukis, 2001\)](#page-9-0), and the discrepancy between the shelf life of food and the discoloration lifetime of TTI should be within 15 % (Taoukis & [Labuza, 1989b\)](#page-9-0). In the case of pasteurized milk, with an Ea of 49.98 kJ/mol, the Ea of TTI needed to fall within the range of 24.98–74.98 kJ/mol. Table S1 shows that all six TTIs had Ea values within this range, suggesting their potential for monitoring changes in pasteurized milk quality. By comparing the discoloration lifetime of the six TTIs at constant temperatures with the shelf life of pasteurized milk (Table S2), it was found that the discoloration lifetime of TTI#3 and TTI#4 were close to the shelf life of the milk, and the prediction errors were all within the acceptable range of 15 %. Considering the economic cost, TTI#3 was deemed suitable to monitor the freshness of pasteurized milk under consistent temperature conditions.

The fluctuating ambient temperature during food distribution necessitates the verification of the matching between TTI#3 and pasteurized milk under varying temperature conditions. To conduct the temperature-changing experiment, the pasteurized milk and TTI#3



**Fig. 4.** TA curves considering (a) reaction with zero-order kinetics and (b) reaction with first-order kinetics, and Arrhenius graph using (c) zero-order reaction model and (d) first-order reaction model.

were uniformly stored in a biochemical incubator. The temperature change history is depicted in Fig. 5a. The TA of pasteurized milk and  $\Delta E$ of TTI#3 were recorded during storage to demonstrate the cumulative effect of temperature. It can be seen from Fig. 5b that the trend of TA and ΔE varied with temperature, and the slope of the curves increased with rising temperature due to the different reaction rates. It is worth noting that pasteurized milk and TTI#3 reached their respective endpoints at 79 h and 87 h, resulting in an endpoint error of 10.13 %.

According to Eq. [\(7\),](#page-2-0) the cumulative effect of temperature on pasteurized milk ( $F_{milk}$ ) at the end of shelf life can be expressed using Eq. (9).

$$
F_{milk} = \int_0^t kdt
$$
  
=  $\int_0^{24} k_4 dt + \int_{24}^{38} k_{10} dt + \int_{38}^{48} k_{23} dt + \int_{48}^{60} k_{15} dt + \int_{60}^{79} k_4 dt$  (9)

where *k4*, *k10*, *k15*, *k23* represented the rate constants for the change in TA of pasteurized milk at 4 ◦C, 10 ◦C, 15 ◦C, and 23 ◦C, respectively. The equation  $\ln k_{milk} = -6012.7/T + 18.227$  was used to calculate the values of *k4*, *k10*, *k15*, and *k23*, which were found to be 0.0312, 0.0494, 0.0714, and 0.125  $\rm h^{-1}$ . By substituting these rate constants into Eq. (9), the value of F<sub>milk</sub> was determined to be 4.14. With  $k_0$  equal to 8.239  $\times$   $10^7$   $\rm h^{-1}$ , Ea equal to 49.98 kJ/mol, and a shelf life of 79 h, the  $T_{\text{eff}}$  of pasteurized milk was calculated to be 286.3 K using Eq. [\(8\).](#page-2-0)

Similarly, the temperature cumulative effect of TTI#3 ( $F_{TT}$ ) can be expressed as Eq. (10) when the discoloration lifetime is reached.

$$
F_{TTI} = \int_0^t \mathbf{k} \, dt
$$
  
=  $\int_0^{24} \mathbf{k}'_4 dt + \int_{24}^{38} \mathbf{k}'_{10} dt + \int_{38}^{48} \mathbf{k}'_{23} dt + \int_{48}^{60} \mathbf{k}'_{15} dt + \int_{60}^{87} \mathbf{k}'_4 dt$  (10)

where  $k'$ <sub>4</sub>,  $k'$ <sub>10</sub>,  $k'$ <sub>15</sub>,  $k'$ <sub>23</sub> represented the  $\Delta E$  change rate constants of TTI#3 at 4  $\degree$ C, 10  $\degree$ C, 15  $\degree$ C, and 23  $\degree$ C, respectively. Using the equation  $lnk_{TTI}$  = 17.219–5142.34/T, F<sub>TTI</sub> was determined as 36.56, and the T<sub>eff</sub> of TTI#3 was calculated to be 287.6 K.

In the temperature change experiment, the ΔE change of TTI#3 followed a similar pattern to the TA change of pasteurized milk. The T<sub>eff</sub> variation observed in the monitoring of milk using TTI#3 was found to be 1.2 K, suggesting that TTI#3 can be used to monitor the freshness of pasteurized milk. As shown in [Fig. 6,](#page-8-0) if the TTIs is colorless or light green, it indicates that the food is fresh. If the TTIs is medium green, it suggests that the food is medium fresh. And if the TTIs is black green, it signifies that the food is on the verge of degradation, with a significant loss of nutrients [\(Gao et al., 2021\)](#page-8-0).

### **4. Conclusion**

Laccase@Cu<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub> nanoflowers were successfully and rapidly synthesized with the assistance of ultrasound in the present study. By utilizing this approach, the duration of nanoflowers synthesis was substantially diminished, concurrently augmenting the efficacy and endurance of laccase. Consequently, the expense associated with laccase utilization is diminished. Laccase@NFs and ABTS were loaded on PVA hydrogel, respectively, and six different TTIs were developed by varying the amount of laccase@NFs added based on the catalytic oxidation reaction of laccase@NFs with ABTS. The color of the TTI changed from colorless to dark green, creating a visually impactful change for consumers. The kinetic properties of the TTIs were investigated based on ΔE, and the impact of varying amounts of laccase@NFs addition on the TTI discoloration rate, Ea, and discoloration lifetime were analyzed. The deterioration pattern and kinetic properties of pasteurized milk were explored based on TA. The discoloration lifetime of TTI#3 matched the shelf life of pasteurized milk under constant and variable temperature conditions. The results indicated that the lifetime and  $T_{\text{eff}}$  of TTI#3 were similar to those of milk, making it highly reliable for monitoring the quality of pasteurized milk. Compared to other enzymatic TTIs, laccase@NFs-based TTI has the characteristics of adjustable activation energy, simple preparation, low use-cost, and high stability. However, additional validation is required to assess its efficiency in monitoring the quality of pasteurized milk during real-time transportation, and the design of the TTI structure as a packaging external label for detecting pasteurized milk quality is necessary to promote the commercial application of TTI.

### **CRediT authorship contribution statement**

**Lin Wang:** Writing – review & editing, Writing – original draft, Methodology, Funding acquisition. **Tianxin Yuan:** Validation, Software, Investigation, Data curation. **Yan Zhang:** Supervision, Conceptualization.

### **Declaration of competing interest**

The authors declare the following financial interests/personal



**Fig. 5.** Temperature changing experiment. (a) Temperature change history. (b) Curves of TA and ΔE.

<span id="page-8-0"></span>

Fig. 6. Reaction principle of TTI#3 for monitoring the freshness of pasteurized milk. TTI with colorless indicates "shelf life OK", while dark green means "shelf life not OK." (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

relationships which may be considered as potential competing interests: Lin Wang reports financial support was provided by National Natural Science Foundation of China. Lin Wang reports financial support was provided by Department of Science and Technology of Henan Province. If there are other authors, they declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

### **Data availability**

Data will be made available on request.

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### **Appendix A. Supplementary data**

Supplementary data to this article can be found online at [https://doi.](https://doi.org/10.1016/j.fochx.2024.101916)  [org/10.1016/j.fochx.2024.101916](https://doi.org/10.1016/j.fochx.2024.101916).

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