# Urodynamic assessment of bladder storage function after radical hysterectomy for cervical cancer

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### Abstract

**Background:** After radical hysterectomy for cervical cancer, the most common complication is lower urinary tract symptoms. Post-operatively, bladder capacity can alter bladder function for a prolonged period. This study aimed to identify factors affecting bladder storage function.

**Methods:** A multicenter, retrospective cohort study was conducted. Information of patients with stages IA2 to IIB cervical cancer with urodynamic study results were retrospectively collected from nine hospitals between June 2013 and June 2018 according to the inclusion criteria. Demographic, surgical, and oncological data were collected. The univariate and multivariate logistic regression was used to identify clinical factors associated with bladder storage function.

**Results:** Two hundred and three patients with cervical cancer had urodynamic testing post-operatively. Ninety-five (46.8%) patients were diagnosed with stress urinary incontinence (SUI). The incidence of low bladder compliance (LBC) was 23.2%. Twenty-seven (13.3%) patients showed detrusor overactivity (DO). Fifty-seven patients (28.1%) presented with a decreased maximum cystometric capacity (DMCC). The probability of composite bladder storage dysfunction was 68.0%. Multivariate analysis confirmed that laparoscopy represents a protective factor for SUI with an odds ratio of 0.498 (P = 0.034). Patients who underwent a nerve-sparing procedure were less odds to experience SUI (P = 0.014). A significant positive correlation between LBC and DO was observed (P < 0.001). A greater length of the resected vagina and chemoradiotherapy were common risk factors for LBC and DO, while radiotherapy exerted a stronger effect than chemotherapy. Additionally, patients who received chemoradiotherapy frequently developed a DMCC. The follow-up time was not correlated with bladder storage function.

**Conclusion:** A nerve-sparing procedure without longer resected vagina is recommended for protecting the bladder storage function. **Keywords:** Radical hysterectomy; Cervical cancer; Urodynamic; Bladder storage function

#### Introduction

Cervical cancer remains a common gynecological malignancy, despite the implementation of screening guidelines. Patients with cervical cancer presenting with International Federation of Gynecology and Obstetrics (FIGO, 2009) stage IA2, IB, and smaller stage IIB tumors are treated with Piver type III radical hysterectomy (RH) and pelvic

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lymphadenectomy, with or without adjuvant (chemo-) radiotherapy. This treatment regimen produces a favorable outcome, with a 5-year overall survival rate of up to 80%.<sup>[1]</sup> However, patients suffer from post-operative urinary and bowel dysfunction. This can be due to surgical trauma and adjuvant therapy, affecting the sympathetic and parasympathetic branches of the autonomous nervous system and blood supply to the pelvic organs.<sup>[2]</sup> Lower

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urinary tract symptoms (LUTS) are the most common complications of RH, with an incidence ranging from 8% to 86% due to the use of different definitions and diagnostic tools.<sup>[3-5]</sup> The most commonly reported symptoms after RH include urinary incontinence, urinary retention, and voiding by abdominal straining.<sup>[6,7]</sup> In addition to voiding dysfunction, bladder storage function also deteriorates significantly.<sup>[8]</sup>

Many studies have assessed bladder function after RH by recording patients' subjective symptoms or measuring the residual urine volume with ultrasound.<sup>[2,9]</sup> As shown in the study by Benedetti-Panici *et al*,<sup>[6]</sup> 15% of patients have incomplete voiding defined as post-void residual volume >30% of bladder capacity after surgery; however, 76% of patients develop LUTS during the 12 months after surgery. Therefore, measurement of post-void residual volume might not be sufficient to evaluate bladder function. An urodynamic study (UDS) provides scientific laboratory reference values for the clinical diagnosis of urinary dysfunction.

Nested in a large multicenter trial to observe the quality of life and pelvic floor function in cervical cancer patients who were treated with RH, the objective of this study is to identify risk factors associated with bladder storage function after RH.

#### Methods

#### Ethical approval

This study was approved by the Ethics Committees of all nine hospitals (No.2015PHB050-01), and informed written consent was obtained from all patients before their enrollment in this study. Researchers from all centers received standard training and passed the appraisal.

#### Study design

This study employs a multicenter, retrospective cohort study design. Information of cervical cancer patients with stage of IA2 to IIB in nine hospitals of Beijing city (Peking University People's Hospital; Peking University First Hospital; Peking University Third Hospital; Cancer Institute and Hospital, Chinese Academy of Medical Sciences; Peking University Cancer Hospital & Institute; The General Hospital of the People's Liberation Army; Beijing Obstetrics and Gynecology Hospital, Capital Medical University; Beijing Chaoyang Hospital, Capital Medical University; and Beijing Hospital) were collected between June 2013 and June 2018.

The following inclusion criteria of cervical cancer patients were used: (1) age  $\geq 18$  years, (2) diagnosis of cervical cancer, (3) underwent Piver type III RH, (4) 3 to 24 months after the operation, (5) willing to participate in the study and provide informed consent, and (6) no pre-operative LUTS and pelvic organ prolapse. The use of adjuvant therapy did not prohibit enrollment. The pelvic splanchnic or hypogastric nerves could be preserved during operation. The nerve-sparing procedure was performed according to the operative guidelines described by elsewhere.<sup>[10]</sup> We considered the following exclusion criteria: previous antiincontinence procedure or reconstructive pelvic surgery, the presence of severe psychiatric or medical diseases, and intra-operative bladder injury.

#### Data collection

All demographic, surgical, and oncological data were collected. Multichannel UDS were carried out using Urolabspectrum instrument (Life-Tech, Inc., Stafford, TX, USA) with standard procedures.<sup>[11]</sup> The bladder was filled with room temperature saline at a rate of 30 mL/ min through urethral catheter. The main urodynamic parameters of storage were bladder compliance, detrusor stability, stress urinary incontinence (SUI), and maximum cystometric capacity (MCC), while voiding parameters included flow rates and residual urine volume. Compliance was calculated by dividing the change in the volume  $(\Delta V)$ by the change in detrusor pressure ( $\Delta P det$ ) during the change in bladder volume ( $C = \Delta V / \Delta P det$ ). This value was reported in mL/cm H<sub>2</sub>O. SUI was assessed by asking patients to cough at a filling volume of 200 mL. Low bladder compliance (LBC) was defined as bladder capacity of less than 20 mL/cm H<sub>2</sub>O according to the International Continence Society standard.<sup>[12]</sup> Detrusor overactivity (DO) was characterized by involuntary detrusor contraction >5 cm H<sub>2</sub>O during the filling phase, which may be spontaneous or provoked. The UDS was terminated if patient reported a severe need to urinate, in case of significant leakage development, and the bladder capacity at that time was recorded as MCC. The standard MCC ranged from 350 to 650 mL, while MCC less than 350 mL was defined as decreased MCC (DMCC). Composite bladder storage dysfunction meets the criteria for SUI, LBC, DO, or DMCC.

#### Statistical analysis

All statistical analyses were performed using SPSS 20.0 (SPSS statistics for Windows, IBM, Armonk, NY, USA). Descriptive statistics were used to summarize the demographic and clinical characteristics. All continuous variables were tested for normality with a Shapiro-Wilk test and described as mean  $\pm$  standard deviation or median (P25, P75) as appropriate. Categorical variables were described by number and percentage. A logistic regression analysis was used to identify risk factors for bladder storage dysfunction. A two-sided significance level of 5% was used for all analyses. In addition, we examined the correlations among SUI, LBC, DO, and DMCC by calculating Kendall tau-*b* coefficient.

#### Results

Two hundred and three patients with cervical cancer met the inclusion criteria and underwent UDS assessment. Demographic and oncological characteristics, as well as concomitant conditions, are shown in Table 1. The patients' median age was 47.0 (42.3, 53.5) years. All patients had the history of vaginal delivery and the majority was multipara. In the cohort of 203 patients, 13 (6.4%) had FIGO stage IA2 and 143 (70.4%) had stages IB1 and IIA1. A minority of patients were diagnosed with

Table 1: Demographic and clinical characteristics of 203 patients with cervical cancer.

| Characteristics   | Values               |
|---|----------------------|
| Age (years), median (P25, P75)                          | 47.0 (42.3, 53.5)    |
| Body mass index (kg/m <sup>2</sup> ), median (P25, P75) | 23.9 (22.1, 25.6)    |
| Parity, $n$ (%)   |                      |
| <2  | 99 (48.8)            |
| ≥2  | 104 (51.2)           |
| Mode of delivery, $n$ (%)                               |                      |
| Natural labor   | 169 (83.3)           |
| Caesarean   | 34 (16.7)            |
| Chronic pulmonary disease, $n$ (%)                      | 61 (30.0)            |
| FIGO clinical stage, $n$ (%)                            |                      |
| IA2   | 13 (6.4)             |
| IB1 and IIA1  | 143 (70.4)           |
| IB2 and IIA2  | 36 (17.7)            |
| IIB   | 11 (5.4)             |
| Surgical approach, <i>n</i> (%)                         |                      |
| Laparoscopic  | 142 (70.0)           |
| Abdominal   | 61 (30.0)            |
| Operation time (min), median (P25, P75)                 | 240.0 (180.0, 275.0) |
| Blood loss (mL), median (P25, P75)                      | 200.0 (100.0, 400.0) |
| Length of the resected cardinal ligament, $n$ (%)       | , ,                  |
| 3 cm  | 183 (90.1)           |
| >3 cm   | 20 (9.9)             |
| Length of the resected uterosacral ligament, $n$ (%)    |                      |
| 3 cm  | 194 (95.6)           |
| >3 cm   | 9 (4.4)              |
| Length of the resected vagina, $n$ (%)                  |                      |
| 3 cm  | 175 (86.2)           |
| >3 cm   | 28 (13.8)            |
| Opphorectomy, $n$ (%)                                   | ()                   |
| Yes   | 68 (33.5)            |
| No  | 135 (66.5)           |
| Nerve-sparing procedure, $n$ (%)                        |                      |
| Yes   | 44 (21.7)            |
| No  | 159 (78.3)           |
| Histology, $n$ (%)                                      |                      |
| Squamous  | 164 (80.8)           |
| Others  | 39 (19.2)            |
| Grading, $n(\%)$  |                      |
| G3  | 47 (23.2)            |
| G1 and G2   | 1.56 (76.8)          |
| Chemotherapy, $n$ (%)                                   | 59 (29.1)            |
| Radiotherapy, $n$ (%)                                   | 15(7.4)              |
| Chemoradiotherapy, $n$ (%)                              | 50 (24.6)            |
| Follow-up time (months) median (P25, P75)               | $121(64\ 177)$       |
| MCC (mL) median (P25, P75)                              | 421.0 (185.0, 670.0) |
| Bladder storage dysfunction $n$ (%)                     | .21.0 (100.0, 070.0) |
| SUI   | 95 (46.8)            |
| LBC   | 47 (23.2)            |
| DO  | 27 (13 3)            |
| DMCC  | 57 (28 1)            |
| Composite bladder storage dysfunction                   | 138 (68.0)           |

FIGO: International Federation of Gynecology and Obstetrics; MCC: Maximum cystometric capacity; SUI: Stress urinary incontinence; LBC: Low bladder compliance; DO: Detrusor overactivity; DMCC: Decreased maximum cystometric capacity.

stages IB2, IIA2, and IIB. Sixty-one patients (30.0%) had chronic pulmonary disease with persistent coughing.

RH was most commonly performed laparoscopically (70.0%), and none of the procedures were converted to abdominal surgery. The median operation time and intraoperative blood loss were 240.0 min and 200.0 mL. The length of resected parametrium and vagina were generally 3 cm, and were measured during the operation. Intraoperative nerve injury to the pelvic splanchnic and bladder branch nerve occurred in 159 (78.3%) patients.

Post-operative histopathological results revealed G1 or G2 grade squamous carcinoma in the majority of patients.

Seventy-nine (38.9%) patients did not receive adjuvant therapy, while the others underwent chemotherapy or radiotherapy pre- or post-operatively according to the tumor size and histology.

On UDS, ninety-five (46.8%) patients were diagnosed with SUI. The incidence rate of LBC was 23.2%. Twenty-seven (13.3%) patients suffered from DO. Median MCC was 421.0 (185.0, 670.0) mL and 57 (28.1%) patients had DMCC. The probability of composite bladder storage dysfunction was 68.0%. The date of UDS examination from surgery was defined as the follow-up time and the median was 12.1 months.

Univariate and multivariate regression analyses were used to determine predictors for bladder storage dysfunction after RH. Variables with a P < 0.100 in the univariate analysis, a nerve-sparing procedure, and the follow-up time were selected to construct the multivariate analysis model. The results are presented in Tables 2 and 3.

On univariate analysis, laparoscopic surgery and nervesparing procedure were protective factors for SUI (odds ratio [OR]: 0.367 and 0.343, respectively). An extended duration of the operation protected against SUI (P = 0.001). In the multivariate analysis, protective factors included laparoscopy (OR: 0.498, 95% confidence interval [CI] 0.261–0.947, P = 0.034). Patients who underwent the nerve-sparing procedure were less likely to suffer from SUI (OR: 0.361, 95% CI: 0.164–0.794, P = 0.014). The operation time was also confirmed as a protective factor in the multivariate analysis.

The univariate analysis of LBC showed that an extended operation time was a protective factor (OR: 0.996, 95% CI: 0.993-1.000, P = 0.038), while the multivariate analysis did not confirm this finding (OR: 1.001, 95%) CI: 0.997–1.006, P = 0.594). Regarding the length of the resected vagina, 3 cm was a protective factor in the univariate analysis (OR: 0.194, 95% CI: 0.084-0.440, P < 0.001). Additionally, chemoradiotherapy was a favorable factor for LBC (OR: 0.295, 95% CI: 0.130-0.671, P = 0.004). However, the multivariate analysis did not confirm this result, showing that chemoradiotherapy was a risk factor (OR: 4.087, 95% CI: 1.612-10.363; P = 0.003). The results of the multivariate analysis also showed an effect of the length of the resected vagina. Neither univariate nor multivariate analysis revealed associations between the follow-up time and a nervesparing procedure with LBC.

According to the results of the univariate analysis, the length of the resected vagina = 3 cm was a protective factor for DO (OR: 0.304, 95% CI: 0.118–0.786, P = 0.014), while chemoradiotherapy was a risk factor (OR: 2.190, 95% CI: 0.733–6.539, P = 0.044). Patients with younger ages tended to suffer from DO (OR: 0.945, 95% CI: 0.905–0.987, P = 0.011). However, in the multivariate analysis, an older age was the strongest risk factor for DO (OR: 1.084, 95% CI: 1.030–1.141, P = 0.002). Laparoscopic surgery and increased operative blood loss were risk factors for DO (OR: 5.761, 95% CI: 1.156–28.709, P = 0.033; OR: 1.001, 95% CI: 1.000–1.002, P = 0.034, respectively). The adjustment of OR for the length of the

#### Table 2: Univariate analysis of bladder storage dysfunction after radical hysterectomy.

|   | SUI                  |       | LBC                  |         | DO                   |       | DMCC                 |       |
|---|----------------------|-------|----------------------|---------|----------------------|-------|----------------------|-------|
| Variables                               | OR (95% CI)          | Р     | OR (95% CI)          | Р       | OR (95% CI)          | Р     | OR (95% CI)          | Р     |
| Age (years)                             | 1.023 (0.993-1.054)  | 0.140 | 0.975 (0.942-1.010)  | 0.157   | 0.945 (0.905-0.987)  | 0.011 | 1.037 (0.009-0.497)  | 0.066 |
| Body mass index (kg/m <sup>2</sup> )    | 0.980 (0.895-1.072)  | 0.654 | 1.049 (0.941-1.170)  | 0.390   | 0.890 (0.787-1.007)  | 0.065 | 1.097 (0.963-1.248)  | 0.163 |
| Parity                                  |                      |       |                      |         |                      |       |                      |       |
| <2                                      | 0.974 (0.561-1.691)  | 0.926 | 1.127 (0.587-2.164)  | 0.720   | 0.575 (0.249-1.325)  | 0.194 | 0.900 (0.318-2.544)  | 0.842 |
| $\geq 2$                                | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Mode of delivery                        |                      |       |                      |         |                      |       |                      |       |
| Natural labor                           | 0.645 (0.307-1.355)  | 0.247 | 1.550 (0.738-3.254)  | 0.247   | 0.360 (0.081-1.598)  | 0.179 | 0.747 (0.276-2.024)  | 0.566 |
| Caesarean                               | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Concomitant disease                     |                      |       |                      |         |                      |       |                      |       |
| Chronic pulmonary disease               | 0.794 (0.435-1.448)  | 0.452 | 1.442 (0.724-2.875)  | 0.298   | 0.791 (0.316-1.981)  | 0.616 | 1.691 (0.769-3.717)  | 0.191 |
| Other disease                           | 1                    | -     | 1                    | -       | 1                    | -     | 1                    |       |
| FIGO clinical stage                     |                      |       |                      |         |                      |       |                      |       |
| IA2                                     | 0.250 (0.043-1.443)  | 0.121 | 4.000 (0.693-23.089) | 0.121   | _                    | -     | _                    | -     |
| IB1 and IIA1                            | 0.714 (0.208-2.447)  | 0.592 | 1.400 (0.409-4.797)  | 0.592   | 0.853 (0.102-7.138)  | 0.884 | 0.338 (0.064-1.783)  | 0.201 |
| IB2 and IIA2                            | 1.042 (0.268-4.045)  | 0.953 | 0.960 (0.247-3.728)  | 0.953   | 0.227 (0.026-2.000)  | 0.182 | 0.769 (0.127-4.654)  | 0.775 |
| IIB                                     | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Surgical approach                       |                      |       |                      |         |                      |       |                      |       |
| Laparoscopic                            | 0.367 (0.197-0.684)  | 0.002 | 2.111 (0.949-4.695)  | 0.067   | 2.754 (0.910-8.338)  | 0.073 | 0.741 (0.287-1.909)  | 0.534 |
| Abdominal                               | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Operation time (min)                    | 0.994 (0.990-0.998)  | 0.001 | 0.996 (0.993-1.000)  | 0.038   | 0.996 (0.992-1.001)  | 0.102 | 1.002 (0.997-1.007)  | 0.427 |
| Blood loss (mL)                         | 1.000 (0.999-1.000)  | 0.404 | 1.000 (0.999–1.000)  | 0.281   | 0.999 (0.999–1.000)  | 0.095 | 1.000 (0.999–1.001)  | 0.761 |
| Length of the resected cardinal ligame  | ent                  |       |                      |         |                      |       |                      |       |
| 3 cm                                    | 1.359 (0.531-3.482)  | 0.522 | 0.406 (0.155-1.063)  | 0.066   | 0.410 (0.136-1.239)  | 0.114 | 3.840 (0.584–25.241) | 0.161 |
| >3 cm                                   | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Length of the resected uterosacral liga | ment                 |       |                      |         |                      |       |                      |       |
| 3 cm                                    | 3.223 (0.653–15.907) | 0.151 | 1.057 (0.212-5.269)  | 0.946   | 0.282 (0.066-1.204)  | 0.087 | 0.410 (0.047-3.564)  | 0.419 |
| >3 cm                                   | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Length of the resected vagina           |                      |       |                      |         |                      |       |                      |       |
| 3 cm                                    | 0.862 (0.388–1.914)  | 0.715 | 0.194 (0.084–0.440)  | < 0.001 | 0.304 (0.118-0.786)  | 0.014 | 0.574 (0.189–1.744)  | 0.328 |
| >3 cm                                   | 1                    |       | 1                    |         | 1                    |       | 1                    |       |
| Oophorectomy (yes vs. no)               | 1.326 (0.739–2.378)  | 0.344 | 1.445 (0.673-3.104)  | 0.346   | 0.992 (0.420-2.341)  | 0.985 | 1.129 (0.527-2.420)  | 0.755 |
| Nerve-sparing procedure (yes vs. no)    | 0.343 (1.400-6.060)  | 0.004 | 0.819(0.361 - 1.865) | 0.632   | 1.637 (0.663-4.042)  | 0.285 | 0.529 (0.209–1.340)  | 0.179 |
| Histology                               |                      |       |                      |         |                      |       |                      |       |
| Squamous                                | 1.524 (0.746-3.112)  | 0.248 | 1.475 (0.604–3.599)  | 0.393   | 2.057 (0.587-7.215)  | 0.260 | 0.598 (0.253–1.416)  | 0.242 |
| Others                                  | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Grading                                 |                      |       |                      |         |                      |       |                      |       |
| G3                                      | 0.567 (0.289–1.110)  | 0.098 | 1.581 (0.759–3.294)  | 0.221   | 1.190 (0.469–3.016)  | 0.714 | 0.880 (0.378–2.049)  | 0.767 |
| G1 and G2                               | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Adjuvant therapy                        | 4                    |       | 4                    |         | 4                    |       | 4                    |       |
| No                                      | 1                    | -     | 1                    | -       | 1                    | -     | 1                    | -     |
| Chemotherapy                            | 0.605 (0.30/-1.195)  | 0.148 | 0.965 (0.391-2.382)  | 0.939   | 2.190 (0.733-6.539)  | 0.160 | 2.551 (0.938-6.938)  | 0.067 |
| Radiotherapy                            | 1.0/6 (0.349-3.317)  | 0.898 | 0.542 (0.149–1.967)  | 0.351   | 1.8/2 (0.340-10.304) | 0.471 | 2.1/3 (0.54/-8.627)  | 0.270 |
| Chemoradiotherapy                       | 0.777(0.381-1.585)   | 0.488 | 0.295 (0.130-0.671)  | 0.004   | 2.190 (0.733-6.539)  | 0.044 | 3.026 (1.118-8.196)  | 0.029 |
| Follow-up time (months)                 | 0.990 (0.950-1.032)  | 0.644 | 1.004 (0.955–1.055)  | 0.879   | 1.005(0.945 - 1.069) | 0.878 | 1.031 (0.976-1.091)  | 0.275 |

SUI: Stress urinary incontinence; LBC: Low bladder compliance; DO: Detrusor overactivity; DMCC: Decreased maximum cystometric capacity; OR: Odds ratio; CI: Confidence interval; -: No data.

resected vagina = 3 cm and chemoradiotherapy did not alter their associations with DO. Additionally, radiotherapy exerted a greater effect than chemotherapy (P = 0.048vs. P = 0.763). Moreover, no effects of the follow-up time and nerve-sparing procedure on DO were observed.

The univariate analysis revealed that chemoradiotherapy was an independent risk factor for DMCC (OR: 3.026, 95% CI: 1.118–8.196, P = 0.029). The other factors were not associated with DMCC. This result was also confirmed in the multivariate analysis.

The supplemental table presents the correlations of UDS parameters, http://links.lww.com/CM9/A279. A significant positive correlation between LBC and DO was observed (Kendall tau-b = 0.542, P < 0.001).

## Discussion

In patients with cervical cancer treated with RH, 72% of patients reported bladder dysfunction post-operatively, particularly LBC and SUI, which significantly influenced quality of life.<sup>[13]</sup> In this study, UDS is used to evaluate

bladder storage function, focusing on the risk factors for post-operative SUI, LBC, DO, and DMCC. The surgical approach, nerve injury, length of the resected vagina, and adjuvant therapy are associated with bladder storage dysfunction. Patients with LBC are susceptible to DO.

Previous studies confirmed a significantly higher SUI rate in cervical cancer patients after surgery, reaching approximately 40%,<sup>[14,15]</sup> which was similar to the results from our study. As shown in the study by Chen *et al*,<sup>[3]</sup> storage dysfunction was represented by abnormal compliance, and the long-term bladder function was marked by a significant reduction in BC. Urinary incontinence might disappear within 6 to 12 months after RH. In our study, 23.2% and 13.3% of patients suffer from LBC and DO, respectively. The 28.1% of patients are diagnosed with DMCC.

Nowadays, laparoscopy is more frequently chosen for RH due to its minimal invasiveness, but the potential hazards include a longer operation time and potential for thermal injury. However, the comparison of post-operative bladder function between patients who underwent laparoscopic and abdominal surgery remains controversial.

# Table 3: Multivariate analysis of bladder storage function after radical hysterectomy.

|   | SUI                  |       | LBC                  |       | DO                   |       | DMCC                 |       |
|---|----------------------|-------|----------------------|-------|----------------------|-------|----------------------|-------|
| Variables                                   | Adjusted OR (95% CI) | Р     |
| Age (years)                                 | _                    | _     | _                    | _     | 1.084 (1.030-1.141)  | 0.002 | 1.040 (0.996-1.086)  | 0.078 |
| Body mass index (kg/m <sup>2</sup> )        | -                    | -     | -                    | -     | 1.147 (0.984-1.326)  | 0.079 | _                    | _     |
| Surgical approach                           |                      |       |                      |       |                      |       |                      |       |
| Laparoscopic                                | 0.498 (0.261-0.947)  | 0.034 | 2.331 (0.851-6.384)  | 0.100 | 5.761 (1.156-28.709) | 0.033 | _                    | _     |
| Abdominal                                   | 1                    | -     | 1                    | -     | 1                    | -     | _                    | _     |
| Operation time (min)                        | 0.995 (0.992-0.999)  | 0.006 | 1.001 (0.997-1.006)  | 0.594 | _                    | -     | -                    | -     |
| Blood loss (mL)                             | _                    | -     | _                    | -     | 1.001 (1.000-1.002)  | 0.034 | _                    | _     |
| Length of the resected cardinal ligame      | ent                  |       |                      |       |                      |       |                      |       |
| 3 cm  | -                    | -     | 1.504 (0.331-6.822)  | 0.597 | _                    | -     | -                    | -     |
| >3 cm                                       | _                    | -     | 1                    | -     | -                    | -     | _                    | -     |
| Length of the resected uterosacral liga     | iment                |       |                      |       |                      |       |                      |       |
| 3 cm  | -                    | -     | -                    | -     | 0.956 (0.085-10.814) | 0.971 | -                    | -     |
| >3 cm                                       | _                    | -     | -                    | -     | 1                    | -     | _                    | -     |
| Length of the resected vagina               |                      |       |                      |       |                      |       |                      |       |
| 3 cm  | -                    | -     | 0.224 (0.076-0.662)  | 0.007 | 0.321 (0.104-0.992)  | 0.048 | -                    | -     |
| >3 cm                                       | _                    | -     | 1                    | -     | 1                    | -     | _                    | -     |
| Nerve-sparing procedure (yes <i>vs.</i> no) | 0.361 (0.164-0.794)  | 0.014 | 0.807 (0.317-2.056)  | 0.654 | 2.271 (0.734-7.022)  | 0.154 | 2.158 (0.754-6.174)  | 0.151 |
| Grading                                     |                      |       |                      |       |                      |       |                      |       |
| G3  | 0.541 (0.263-1.116)  | 0.096 | -                    | -     | -                    | -     | _                    | -     |
| G1 and G2                                   | 1                    | -     | -                    | -     | -                    | -     | _                    | -     |
| Adjuvant therapy                            |                      |       |                      |       | -                    | -     |                      |       |
| No  | -                    | -     | 1                    | -     | 1                    | -     | 1                    | -     |
| Chemotherapy                                | _                    | -     | 1.425 (0.513-3.955)  | 0.497 | 1.332 (0.207-8.574)  | 0.763 | 2.762 (0.972-7.854)  | 0.057 |
| Radiotherapy                                | -                    | -     | 1.920 (0.468-7.875)  | 0.365 | 3.552 (1.013-12.457) | 0.048 | 2.856 (0.684-11.919) | 0.150 |
| Chemoradiotherapy                           | -                    | -     | 4.087 (1.612-10.363) | 0.003 | 3.716 (1.069-12.915) | 0.039 | 3.241 (1.165-9.017)  | 0.024 |
| Follow-up time (months)                     | 1.013 (0.969-1.059)  | 0.569 | 0.991 (0.938-1.046)  | 0.735 | 0.321 (0.104-0.992)  | 0.428 | 1.025 (0.963-1.091)  | 0.433 |

SUI: Stress urinary incontinence; LBC: Low bladder compliance; DO: Detrusor overactivity; DMCC: Decreased maximum cystometric capacity; OR: Odds ratio; CI: Confidence interval; -: No data.

According to Colombo *et al*,<sup>[16]</sup> urinary incontinence was reduced in the laparoscopic group. A randomized controlled trial showed a significant difference in bladder function between the groups at two weeks after surgery, but a statistically significant difference was not observed at six weeks or four months.<sup>[17]</sup> In our multivariate analysis, the laparoscopic approach reduces the occurrence of SUI. We speculate that this difference is potentially explained by the possibility of sparing the nerves during laparoscopy. The urethral sphincter plays an important role in the pathophysiology of SUI after RH. This impaired urethral pressure after surgery, which leads to SUI, may be related to the damage of the pelvic plexus and pudendal nerves with a loss of periurethral tone. The extension of the inferior hypogastric plexus in the posterior part of the uterosacral ligaments is easier to preserve with the laparoscopy.<sup>[7]</sup> The hypogastric nerves form the upper limit of the pelvic plexus and the vesical branches. A nervesparing procedure is a strong protective factor for SUI, consistent with several studies.<sup>[18,19]</sup> Moreover, the extension of the operation time also protects against SUI, as a sufficient operation time is helpful for patients undergoing a nerve-sparing procedure.

Currently, there is conflicting data on whether chemoradiotherapy affects bladder capacity and compliance. Lin *et al*<sup>[20]</sup> did not observe a significant difference in the results of LBC between the RH-only group and a combination group that underwent surgery with radiation. Katepratoom *et al*<sup>[21]</sup> observed a lower MCC and BC in patients receiving concurrent chemoradiotherapy, consistent with other studies.<sup>[22,23]</sup> Chemoradiotherapy is a stronger independent risk factor than other factors for LBC and DMCC in our study. One explanation is that patients with cervical cancer are frequently treated with the chemotherapeutic drug ifosfamide, which produces microscopic alterations in bladder mucosa, such as edema, exocytosis, and hemorrhage.<sup>[24]</sup> These changes may result in lower bladder capacity. Radiation-induced bladder injury may result from direct cell killing through DNA double-strand breaks and the activation of cytokines and growth factors causing fibrosis and reduced elasticity.<sup>[25]</sup> Chemotherapy causes radiosensitization in S phase following the effect of radiation on M phase. This sensitization may increase the damaging effects of radiation when used concurrently.<sup>[26]</sup> Accordingly, patients who are treated with chemoradiotherapy may be prone to experiencing bladder dysfunction.

Notably, LBC positively correlates with DO. Persistent LBC might influence the vesical pressure, leading to detrusor dysfunction. A complex of storage symptoms are associated with LBC and DO, consisting of urgency with or without urinary incontinence and usually with increased frequency and nocturia. In our study, common risk factors for LBC and DO were identified, such as the length of resected vagina and chemoradiotherapy. A potential explanation is that the resection of the upper one-third of the vagina can damage the pelvic nerves. A metaanalysis compared the clinical efficacy of adjuvant chemotherapy with that of chemotherapy plus pelvic irradiation and did not observe a significant difference in the recurrence rate between the two groups.<sup>[27]</sup> As radiotherapy is a stronger risk factor than chemotherapy for bladder storage function, and older patients with cervical cancer are more frequently diagnosed with DO, adjuvant radiotherapy should be avoided if an alternative post-operative strategy can be used, particularly in elderly patients.<sup>[28]</sup> Laparoscopy and increased operative blood loss were identified as risk factors for DO, whereas laparoscopy was protective against SUI. This effect may be attributed to the heat generated by laparoscopic instruments, such as monopolar and bipolar. Conventional monopolar tissue resection is a phenomenon that occurs at temperatures  $>100^{\circ}$ C, primarily through a process of cellular water vaporization. The temperature at which bipolar coagulation produces is  $>60^{\circ}$ C. A review reports that exposure to heat greater than  $45^{\circ}$ C for significantly reduces bladder function.<sup>[29]</sup>

The major strength of our study is the measurement of UDS parameters in cervical cancer patients who underwent RH. This number of patients is comparatively larger than previous studies, and this study is one of the few reports focusing on bladder storage function and revealing the risk and protective factors for dysfunction. Additionally, the current sample size of this study represents enough power to detect the association of clinical factors such as nervesparing and surgical approach with SUI (power = 0.891 and power = 0.919, respectively). The limitations of this study are its retrospective nature, lack of pre-operative UDS, and survival data. Another limitation is that we do not have the information of cervical cancer patients who met the inclusion criteria but had no UDS results, which represents a potential selection bias.

In conclusion, this study finds that the incidence of bladder storage dysfunction after RH was 68%, with SUI being the most common finding on UDS. Protective factors against bladder storage dysfunction include a nerve-sparing procedure and preservation of the vagina. As our study demonstrates that patients who have received radiotherapy have higher odds of bladder storage dysfunction, we recommend bladder training. However, further prospective randomized controlled studies with a large number of patients should be performed to investigate bladder function, quality of life, and long-term follow-up.

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#### **Conflicts of interest**

None.

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