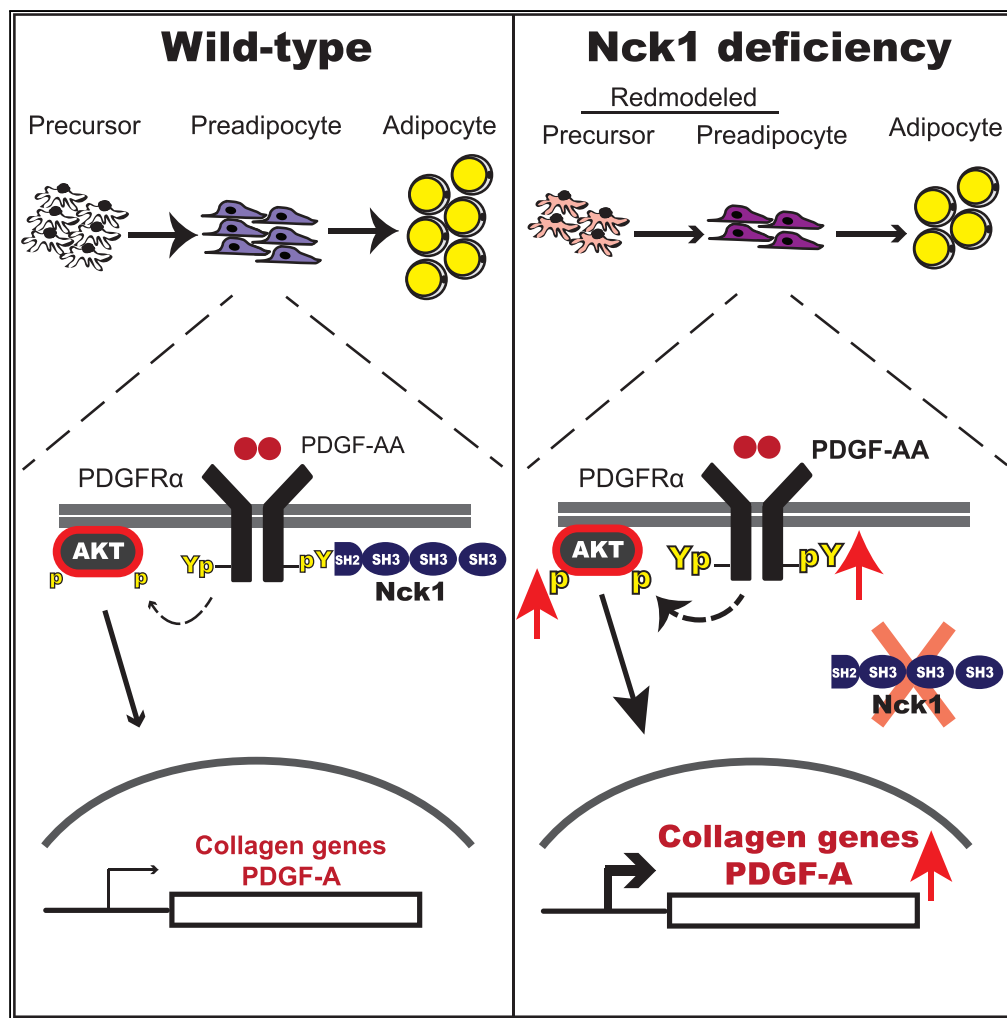


Article

# Nck1 Deficiency Impairs Adipogenesis by Activation of PDGFR $\alpha$ in Preadipocytes



Nida Haider, Julie Dusseault, Louise Larose

louise.larose@mcgill.ca

**HIGHLIGHTS**

*Nck1*<sup>-/-</sup> mice display smaller WAT depots

Silencing *Nck1* in preadipocyte impairs adipogenesis

*Nck1* regulates PDGFR $\alpha$  activation and signaling in preadipocytes

*Nck1* contributes to preadipocyte commitment



## Article

# Nck1 Deficiency Impairs Adipogenesis by Activation of PDGFR $\alpha$ in Preadipocytes

Nida Haider,<sup>1</sup> Julie Dusseault,<sup>1</sup> and Louise Larose<sup>1,2,\*</sup>**SUMMARY**

**Obesity results from an excessive expansion of white adipose tissue (WAT), which is still poorly understood from an etiologic-mechanistic perspective. Here, we report that Nck1, a Src homology domain-containing adaptor, is upregulated during WAT expansion and *in vitro* adipogenesis. In agreement, Nck1 mRNA correlates positively with peroxisome proliferator-activated receptor (PPAR)  $\gamma$  and adiponectin mRNAs in the WAT of obese humans, whereas Nck1-deficient mice display smaller WAT depots with reduced number of adipocyte precursors and accumulation of extracellular matrix. Furthermore, silencing Nck1 in 3T3-L1 preadipocytes increases the proliferation and expression of genes encoding collagen, whereas it decreases the expression of adipogenic markers and impairs adipogenesis. Silencing Nck1 in 3T3-L1 preadipocytes also promotes the expression of platelet-derived growth factor (PDGF)-A and platelet-derived growth factor receptor (PDGFR)  $\alpha$  activation and signaling. Preventing PDGFR $\alpha$  activation using imatinib, or through PDGF-A or PDGFR $\alpha$  deficiency, inhibits collagen expression in Nck1-deficient preadipocytes. Finally, imatinib rescues differentiation of Nck1-deficient preadipocytes. Altogether, our findings reveal that Nck1 modulates WAT development through PDGFR $\alpha$ -dependent remodeling of preadipocytes.**

**INTRODUCTION**

Obesity is characterized by an excessive accumulation of body fat from expansion of white adipose tissue (WAT). This remodeling process involves hypertrophy of pre-existing adipocytes and differentiation of committed precursor cells into adipocytes through adipogenesis. Adipocyte hypertrophy favors recruitment of inflammatory macrophages, adipose tissue dysfunction, and insulin resistance, whereas hyperplasia preserves WAT function and insulin sensitivity (Sun et al., 2011). However, mechanisms behind WAT expansion through hypertrophy and/or adipogenesis are still poorly understood and pharmacological approaches available to prevent the development of obesity are very few. In this context, identifying molecular targets regulating WAT expansion is promising for the design of more efficient strategies to treat obesity and its associated complications.

Adipogenesis is a complex process resulting from the coordinated temporal and spatial expression of specific transcriptional regulators (Lowe et al., 2011). In this perspective, CCAAT enhancer binding proteins (C/EBPs) serve as master initiators of the preadipocyte differentiation process (Tang and Lane, 2012). C/EBP $\beta$  and C/EBP $\delta$  are expressed early following the induction of adipogenesis. As a result, C/EBP $\alpha$  and peroxisome proliferator-activated receptor (PPAR)  $\gamma$  are induced and function together to promote the transcription of a large group of genes that govern the adipocyte phenotype and function (Rosen and MacDougald, 2006; Tang and Lane, 2012).

Our group has been at the forefront in unraveling the role of the Src homology (SH) domain-containing adaptor protein Nck2 (non-catalytic region of receptor tyrosine kinase 2) as a key player in limiting adipogenesis and adiposity, and regulating adipocyte function in mice (Dusseault et al., 2016; Haider et al., 2017). In agreement, we found that Nck2 downregulation in human visceral WAT correlates with severe obesity (Dusseault et al., 2016). At the mechanistic level, we demonstrated that Nck2 controls WAT homeostasis through the regulation of the endoplasmic reticulum (ER) transmembrane protein kinase R-like endoplasmic reticulum kinase (PERK), which plays a central role in the unfolded protein response (UPR) and critically contributes to lipogenesis and adipocyte differentiation (Han et al., 2013).

In mammals, Nck2 shares a high degree of identity with Nck1, a second member of the Nck family. Indeed, both lack catalytic activity and contain three SH3 and one SH2 domains that are particularly well conserved (Chen et al., 1998). These adaptor proteins facilitate the assembly of molecular complexes coupling cell

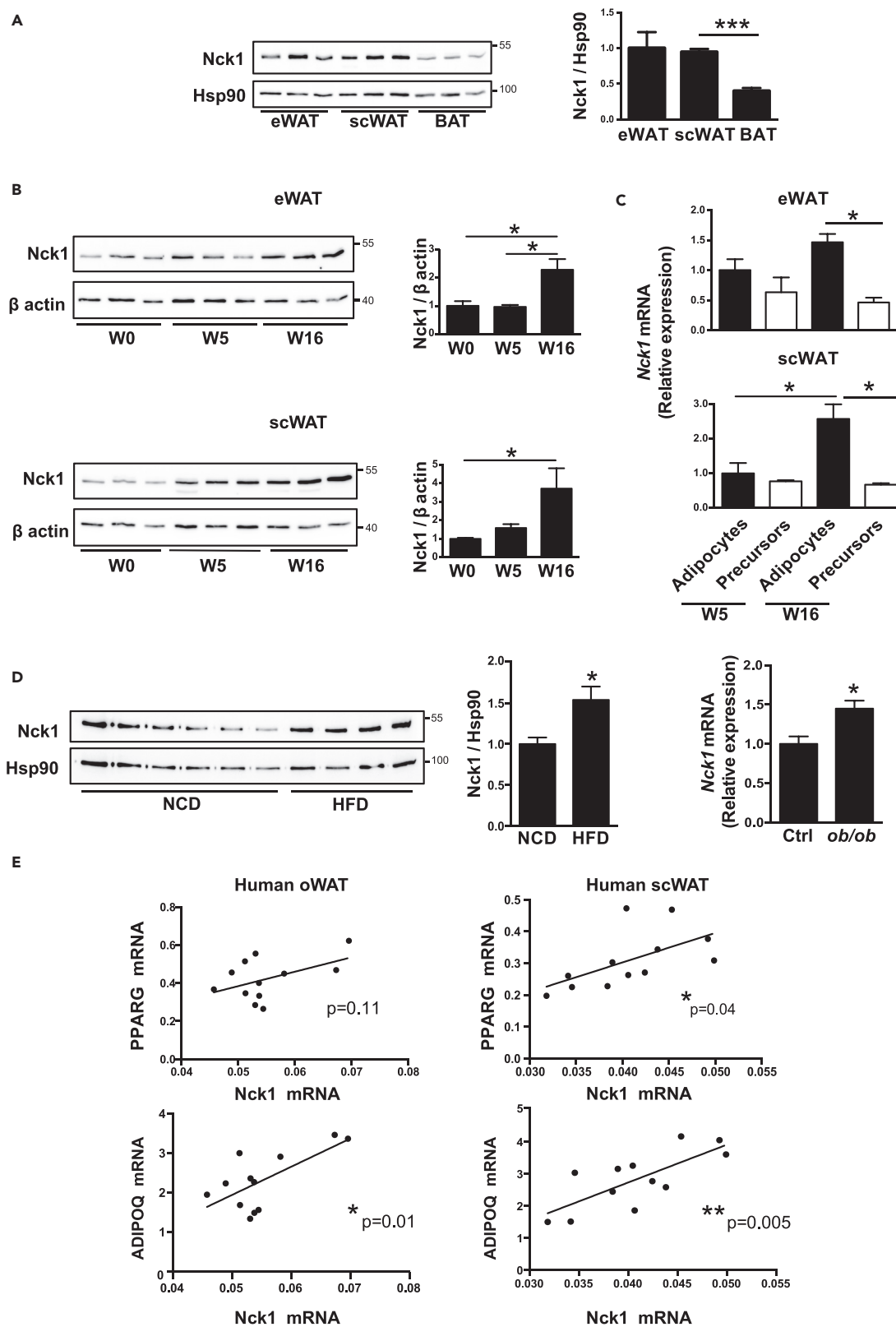
<sup>1</sup>Division of Experimental Medicine, Department of Medicine, McGill University and The Research Institute of McGill University Health Centre, Glen Site, Bloc E, Rm E02-7244, 1001 Decarie Boulevard, Montreal, QC H4A 3J1 Canada

<sup>2</sup>Lead Contact

\*Correspondence:  
louise.larose@mcgill.ca

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### Figure 1. Nck1 Is Induced during Developmental and Obesogenic WAT Expansion

(A) Relative expression of Nck1 in epididymal (e) and subcutaneous (sc) white adipose tissues (WAT) and brown adipose tissue (BAT) in mice as determined by western blot and densitometry of Nck1 relative to Hsp90 (n = 3/group).  
 (B) Relative expression of Nck1 in eWAT and scWAT during development (post-weaning week 0, 5, and 16) as determined by western blot and densitometry relative to  $\beta$ -actin (n = 3/group).  
 (C) Relative Nck1 mRNA levels in adipocytes and adipocyte precursors cells (Lin<sup>-</sup>;CD29<sup>+</sup>; CD34<sup>+</sup>;Sca1<sup>+</sup>;PDGFR $\alpha$ <sup>+</sup>) isolated from mice at weeks 5 and 16 post-weaning (n = 3–4/condition).  
 (D) Nck1 protein level in eWAT of mice fed a normal chow diet (NCD) (n = 6) or a high-fat diet (HFD) (n = 4) and Nck1 mRNA level in *ob/ob* mice eWAT (n = 4). Data are mean  $\pm$  SEM. Statistical significance evaluated by unpaired Student's t test or one-way ANOVA is reported as \*p  $\leq$  0.05, \*\*\*p  $\leq$  0.001.  
 (E) Correlation of Nck1 mRNA with PPAR $\gamma$  and adiponectin mRNA level in omental (o) and subcutaneous (sc) WAT of obese humans (n = 12). Statistical significance evaluated by two-tailed p value from analysis of Pearson correlation coefficient as reported in the figure.

surface and ER transmembrane receptor signaling to crucial cellular responses, such as proliferation, actin cytoskeleton reorganization, and ER stress-induced UPR (reviewed in Labelle-Cote and Larose (2011)). We previously reported that Nck1 is required to sustain ER stress-induced hepatic insulin resistance associated with impaired glucose homeostasis secondary to obesity (Latreille et al., 2011). However, a role for Nck1 in adipose tissue biology remains to be assessed.

Herein, using a combination of murine and human preadipocyte cell lines, as well as *in vivo* models, we demonstrate that, in contrast to Nck2 (Dusseault et al., 2016), Nck1 is required for *in vivo* WAT development as well as *in vitro* differentiation of preadipocytes into adipocytes. We determined that the level of Nck1 mRNA correlates positively with the mRNA levels of adipogenic markers PPAR $\gamma$  and adiponectin in adipose tissues of obese humans. From a mechanistic perspective, we demonstrate that Nck1 deficiency inhibits adipogenesis through remodeling of preadipocytes mediated by enhanced PDGFR $\alpha$  activation and signaling.

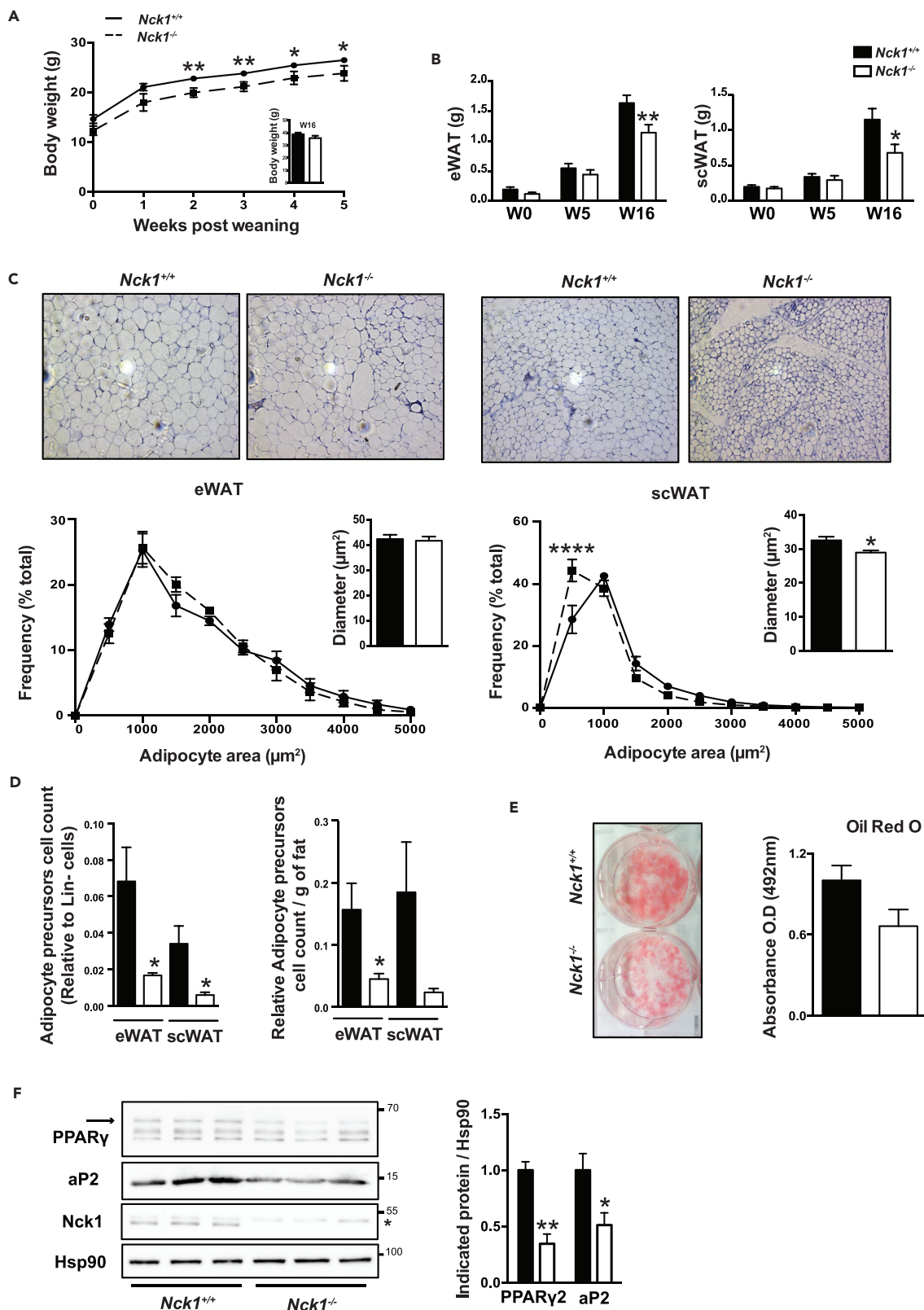
## RESULTS

### Expression of Nck1 Increases during Developmental and Obesogenic WAT Expansion

We previously reported that Nck1 is widely expressed in mouse tissues (Dusseault et al., 2016). However, further investigation of Nck1 expression in specific mouse adipose tissues reveals that epididymal (e) and subcutaneous (sc) WATs express similar levels, whereas a lower level of Nck1 is observed in brown adipose tissue (BAT) (Figure 1A). Furthermore, we found that Nck1 expression increases in eWAT and scWAT during aging (Figure 1B). To determine the cell type that contributes to an increase in Nck1 expression in WAT during development, we isolated adipocytes and adipocyte precursor cells (Lin<sup>-</sup>;CD29<sup>+</sup>;CD34<sup>+</sup>;Sca1<sup>+</sup>;PDGFR $\alpha$ <sup>+</sup>) following WAT collagenase digestion and fluorescence-activated cell sorting (FACS, Figure S1A) as previously described (Church et al., 2014). As expected, in both eWAT and scWAT, adipocytes show higher levels of *Pparg* compared with adipocyte precursor cells (Figure S1B). Similarly, Nck1 level appears higher in adipocytes than in preadipocytes, especially in older mice (Figure 1C). Interestingly, increased Nck1 at the protein level in eWAT and scWAT at week 16 post-weaning (Figure 1B) correlates at the same age with upregulation of Nck1 mRNA in adipocytes rather than in adipocyte precursor cells (Figure 1C). These results strongly suggest that during developmental WAT expansion, Nck1 expression mostly increases in adipocytes. Furthermore, Nck1 expression in eWAT from diet- and genetically induced obese mice (high-fat diet [HFD] and *ob/ob*) is also significantly increased (Figure 1D). Therefore, expression of Nck1 in WAT increases not only during normal development but also during WAT expansion associated with obesity. In agreement, we found that Nck1 mRNA positively correlates with PPAR $\gamma$  and ADIPOQ mRNAs in omental (o) and subcutaneous (sc) WAT of obese humans (Figure 1E), further supporting the notion that increased expression of Nck1 relates to WAT expansion.

### Nck1 Is Required for WAT Development

To assess whether Nck1 contributes to postnatal WAT development *in vivo*, we characterized *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice from 0 to 16 weeks after weaning. As we previously reported (Latreille et al., 2011), *Nck1*<sup>-/-</sup> mice display lower body weight early after weaning, but recover later on as shown by comparable body weight at week 16 (*Nck1*<sup>+/+</sup>: 38.83 g  $\pm$  1.26, *Nck1*<sup>-/-</sup>: 35.73 g  $\pm$  1.88; n = 9) (Figure 2A, inset). Under this time frame, eWAT and scWAT depots in *Nck1*<sup>-/-</sup> mice tend to be smaller, and this difference becomes significant at 16 weeks after weaning (Figure 2B), whereas BAT weight remains unchanged (Figure S2A). Taking body weight into account, eWAT and scWAT depots are still significantly reduced in *Nck1*<sup>-/-</sup> mice; excluding that smaller WAT depots at week 16 after weaning are due to lower overall body weight (Figures S2B and S2C). Interestingly, other organ weights normalized to body weight are not different



**Figure 2. Impaired WAT Development in *Nck1*<sup>-/-</sup> Mice**

(A) Body weight between 0 and 5 weeks and at 16 weeks (inset) after weaning (n = 6–15/group).  
 (B) Weight of eWAT and scWAT at 0, 5, and 16 weeks post-weaning (n = 5–16/group).  
 (C) H&E staining showing representative images at 10× magnification of indicated WAT and adipocyte area distribution with diameter measurements of 1000–5000 cells in *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice at week 16 post-weaning (n = 3–4/group).  
 (D) FACS quantification of adipocyte precursor cells (Lin<sup>-</sup>;CD29<sup>+</sup>;CD34<sup>+</sup>;Sca1<sup>+</sup>;PDGFR $\alpha$ <sup>+</sup>) count relative to Lin<sup>-</sup> cells population or per gram of fat in indicated WAT depots from *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice at week 5 post-weaning (n = 4/group).  
 (E and F) (E) Oil red O staining and quantification and (F) PPAR $\gamma$  and aP2 levels as determined by western blot and densitometry relative to Hsp90 at day 5 of differentiation in scWAT SVF isolated from *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice at week 5 post-weaning (n = 3/group). Arrow represents PPAR $\gamma$ 2 and \* is a non-specific band in *Nck1* western blot. Data are mean  $\pm$  SEM.  
 Statistical significance evaluated by unpaired Student's t test or two-way ANOVA is defined as \*p  $\leq$  0.05, \*\*p  $\leq$  0.01, and \*\*\*\*p  $\leq$  0.0001.

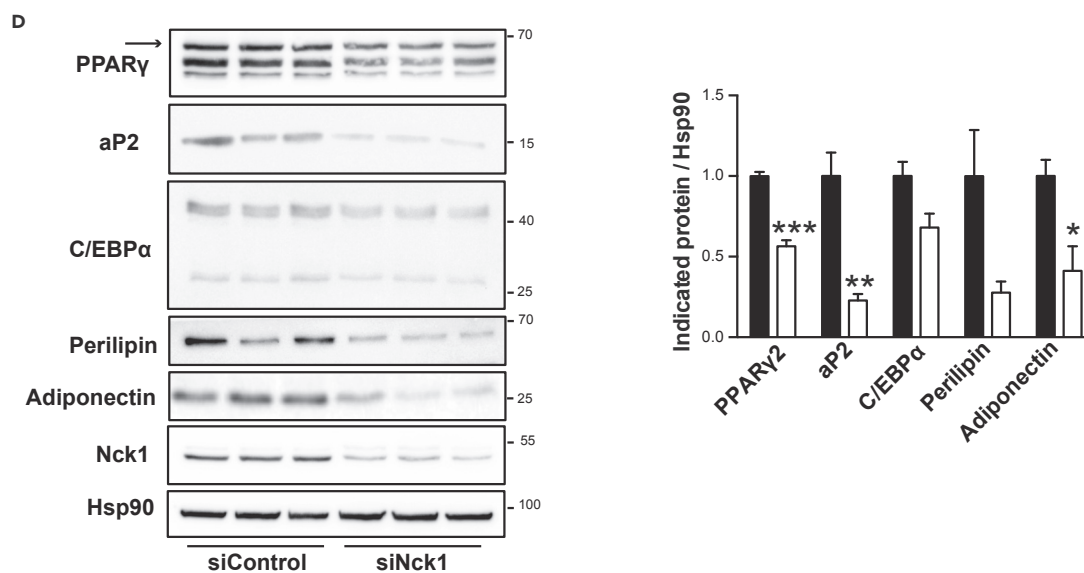
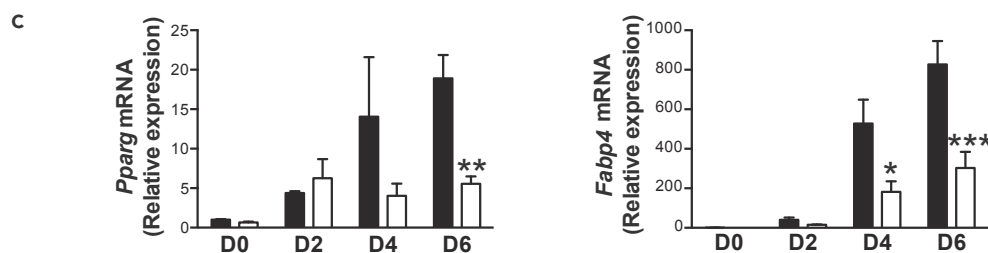
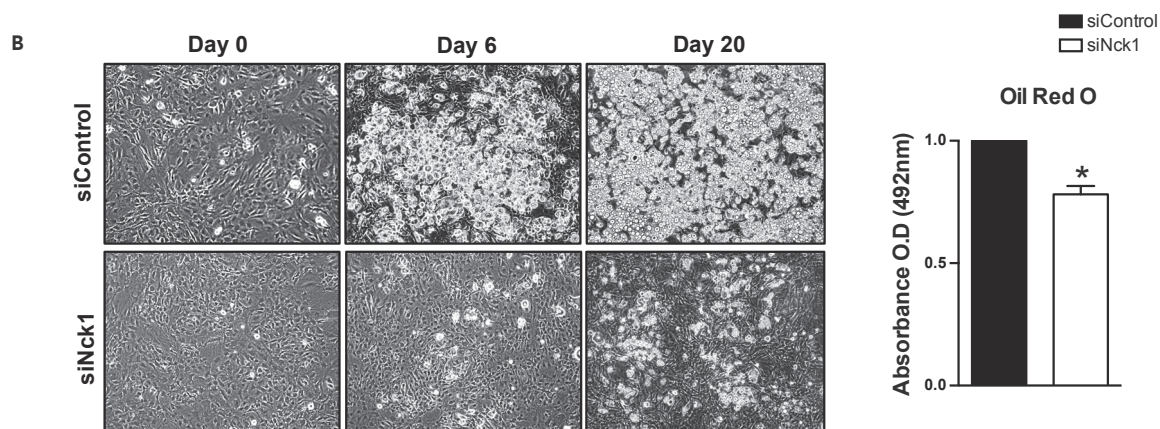
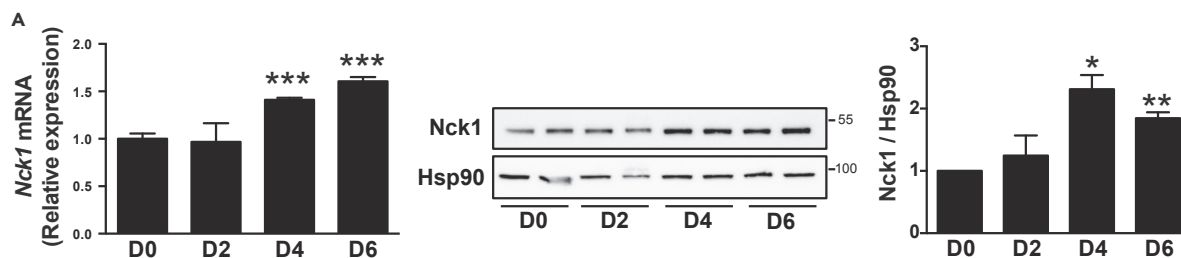
between mice genotypes (Figure S2D), further highlighting a specific role for *Nck1* in regulating WAT development *in vivo*.

*Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice display similar insulin and leptin serum levels, as well as fed blood triglycerides and glucose levels (Figure S2E). In addition, both mice genotypes were comparable in terms of metabolic and physical activities as shown by similar food and water intakes, energy expenditure, locomotor activity, O<sub>2</sub> consumption and CO<sub>2</sub> release, as well as respiratory exchange ratio (Figure S3). Therefore, decreased adiposity in *Nck1*<sup>-/-</sup> mice is not associated with obvious changes in metabolic or physical activity.

To further characterize decreased adiposity in *Nck1*<sup>-/-</sup> mice, eWAT and scWAT sections from each mouse genotype were subjected to H&E staining and adipocyte area frequency distribution was quantified (Parlee et al., 2014). These analyses reveal no change in the size of adipocytes in eWAT between mice genotypes (Figure 2C, left panels). In contrast, it is clear that adipocytes are smaller and that the population of smaller adipocytes significantly increases in scWAT from *Nck1*<sup>-/-</sup> mice (Figure 2C, right panels). We then further investigated the relationship between average adipocyte volume and respective weight for each WAT depot (Figure S2F). For eWAT, this relationship is shifted to the left in *Nck1*<sup>-/-</sup> mice, suggesting that a decreased number of adipocytes could contribute to smaller eWAT. For scWAT, the relationship between adipocyte volume and tissue weight is shifted to the left and downward in *Nck1*<sup>-/-</sup> mice, suggesting that the smaller scWAT in these mice results from the lower number of adipocytes and decreased adipocyte size. To determine whether the decreased number of adipocytes in *Nck1*<sup>-/-</sup> mice WAT depots is related to a reduced number of adipocyte precursor cells, we compared the number of Lin<sup>-</sup>;CD29<sup>+</sup>;CD34<sup>+</sup>;Sca1<sup>+</sup>;PDGFR $\alpha$ <sup>+</sup> adipocyte precursor cells in both WAT depots between mice genotypes using FACS analysis as reported above (Figure S1A). In agreement with the reduced number of adipocytes in eWAT and scWAT of *Nck1*<sup>-/-</sup> mice, the number of adipocyte precursor cells is significantly decreased in both WAT depots when compared with *Nck1*<sup>+/+</sup> mice (Figure 2D). The decreased number of adipocyte precursor cells persists even after considering the weight of each WAT (Figure 2D), as well as the absolute count of precursors (Figure S2G). In addition, cells of stromal vascular fraction (SVF) isolated from *Nck1*<sup>-/-</sup> mice scWAT display impaired adipogenesis as shown by reduced oil red O staining at day 5 of differentiation compared with *Nck1*<sup>+/+</sup> scWAT SVF cells similarly treated (Figure 2E). In agreement, western blot analysis of day 5 differentiated scWAT SVF shows significantly reduced levels of PPAR $\gamma$  and its downstream target aP2 in *Nck1*<sup>-/-</sup> mice compared with *Nck1*<sup>+/+</sup> mice (Figure 2F). Therefore, impaired adipogenesis of SVF precursors isolated from scWAT of *Nck1*<sup>-/-</sup> mice could be attributed to a reduced number of adipocyte precursor cells. However, this approach does not exclude an intrinsic adipogenesis defect in *Nck1*<sup>-/-</sup> adipocyte precursor cells. Nonetheless, our findings demonstrate that *Nck1* is required to maintain an adequate number of adipocyte precursor cells and WAT development.

***Nck1* Is a Regulator of Adipogenesis**

We observed that the expression of *Nck1* at both mRNA and protein levels significantly increases during 3T3-L1 cells' differentiation (Figure 3A), a well-established model of *in vitro* differentiation of preadipocyte into adipocyte (Green and Meuth, 1974). To determine whether *Nck1* regulates adipocyte differentiation in a cell-autonomous manner, we silenced *Nck1* using specific small interfering RNA (siRNA) in 3T3-L1 preadipocytes. Indeed, we found that silencing *Nck1* in 3T3-L1 preadipocytes strongly abrogates differentiation compared with cells transfected with control siRNA, as shown by the reduced accumulation of lipid droplets under light microscopy and quantification of oil red O staining (Figure 3B). In agreement, *Pparg* and *Fabp4* (aP2) levels are significantly reduced during differentiation in *Nck1*-depleted 3T3-L1 cells (Figure 3C). Western blot analysis at day 6 of differentiation demonstrates that siRNA-mediated *Nck1* silencing is



**Figure 3. Nck1 Is Required for 3T3-L1 Preadipocyte Differentiation**

(A) Nck1 mRNA (n = 4) and protein (n = 3) levels during 3T3-L1 preadipocyte differentiation.

(B) Representative microscopic images (DIC, 10 $\times$ ) at days 0, 6, and 20 of differentiation and oil red O quantification in day 6 differentiated siControl and siNck1 3T3-L1 cells (n = 3/group).

(C) Relative *Pparg* and *Fabp4* mRNA at indicated day of differentiation (n = 3/group).

(D) Expression of adipogenic markers at day 6 of differentiation as determined by western blot and densitometry relative to Hsp90 (representative of n = 3). Arrow represents PPAR $\gamma$ 2. Data are mean  $\pm$  SEM.

Statistical significance evaluated by one sample or unpaired Student's t test or two-way ANOVA is reported as \*p  $\leq$  0.05, \*\*p  $\leq$  0.01, and \*\*\*p  $\leq$  0.001.

efficient given that Nck1 protein levels remain low in differentiated cells (Figure 3D). In addition, silencing Nck1 significantly reduces the expression of the main adipogenic markers PPAR $\gamma$ 2, aP2, C/EBP $\alpha$ , perilipin, and adiponectin at day 6 of differentiation (Figure 3D). Therefore, these results demonstrate that Nck1 is important to induce the differentiation of murine 3T3-L1 preadipocytes into adipocytes.

Similarly to murine 3T3-L1 preadipocytes, Nck1 expression increases during *in vitro* differentiation of human Simpson-Golabi-Behmel Syndrome (SGBS) preadipocytes into adipocytes (Figure S4A). In addition, silencing Nck1 in SGBS preadipocytes drastically reduces differentiation, as seen by both the lack of lipid droplet formation (light microscopy) and reduced lipid accumulation, revealed by decreased uptake of the lipophilic fluorescence dye, BODIPY, at day 12 of differentiation (Figure S4B). Consistently, the adipogenic markers PPAR $\gamma$ 2, aP2, C/EBP $\alpha$ , perilipin, and adiponectin are significantly decreased in Nck1-deficient SGBS cells compared with control cells (Figure S4C). All these changes cannot be attributed to the recovery of Nck1 expression or compensation by Nck2 throughout the induction of differentiation in Nck1-depleted SGBS cells, as Nck1 expression remains low and Nck2 expression does not change upon silencing Nck1 in SGBS cells (Figure S4C). Therefore, Nck1 expression increases during *in vitro* adipocyte differentiation, and loss of function of Nck1 in preadipocytes strongly impairs mouse and human preadipocyte differentiation into adipocytes.

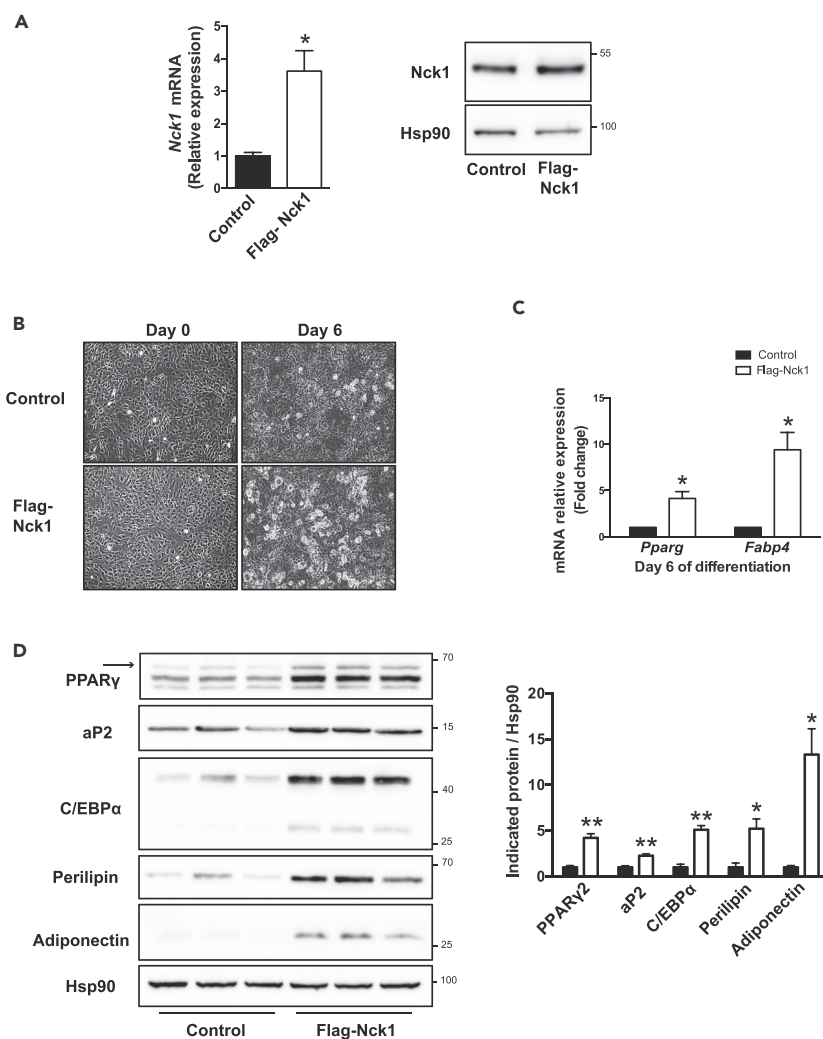
To determine whether gain of function of Nck1 affects adipogenesis, pools of 3T3-L1 preadipocytes stably transfected with a plasmid driving ectopic expression of mouse Nck1 tagged with a FLAG epitope (FLAG-Nck1) or an empty plasmid were generated (Figure 4A). Following induction of differentiation, we observed that 3T3-L1 preadipocytes overexpressing FLAG-Nck1 display increased formation of lipid droplets (light microscopy) and expression of the adipogenic markers *Pparg* and *Fabp4* (Figures 4B and 4C). In addition, western blot analysis at day 6 of differentiation demonstrates that the expression of the main adipogenic markers PPAR $\gamma$ 2, aP2, C/EBP $\alpha$ , perilipin, and adiponectin is increased in 3T3-L1 cells overexpressing FLAG-Nck1 when compared with control cells (Figure 4D). Overall, these results show that Nck1 loss and gain of function modulates *in vitro* adipocyte differentiation in a cell-autonomous manner.

**Nck1 Deficiency Remodels Preadipocyte Signature**

To explain how silencing Nck1 in preadipocytes impairs *in vitro* differentiation into adipocytes, we hypothesize that Nck1 is required to maintain preadipocyte commitment. Indeed, we found that silencing Nck1 affects preadipocyte function, as shown by reduced oleate-induced lipid uptake monitored by BODIPY FL C16 (Figure 5A). Accordingly, this correlates with lower mRNA and protein levels of the lipid transporter CD36 in Nck1-deficient 3T3-L1 preadipocytes (Figure 5B). On the other hand, silencing Nck1 in 3T3-L1 preadipocytes significantly enhances proliferation as determined by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay and bromodeoxyuridine (BrdU) incorporation (Figure 5C). Therefore, these results suggest that Nck1 regulates preadipocyte function. However, propidium iodide (PI) staining to monitor cell cycle progression in 2-day post-confluent preadipocytes and through the first phase of mitotic clonal expansion (MCE) induced by the differentiation cocktail (DMI) is comparable between Nck1-deficient and control 3T3-L1 preadipocytes (Figure S5A). These data rule out that increased proliferation in Nck1-deficient preadipocytes impairs differentiation by altering MCE. Finally, Nck1-deficient preadipocytes show normal DMI-induced signaling, as demonstrated by comparable DMI-induced pAKT and pERK1/2 with control cells (Figure S5B). Altogether, these results suggest that Nck1 deficiency more importantly affects preadipocyte fate than events related to the induction of differentiation into adipocyte.

To get more insight into the potential mechanism underlying Nck1-dependent regulation of preadipocyte function, we compared the expression levels of adipogenic markers in control and Nck1-deficient 3T3-L1 preadipocytes. Interestingly, growing Nck1-deficient preadipocytes only show a significant slight decrease in *Pparg*, whereas the level of *Cebps* is significantly unchanged (Figure 5D). In contrast, *Pparg* and *Cebps* levels are significantly reduced at day 0 of differentiation when preadipocytes are growth arrested





#### Figure 4. Overexpression of Nck1 Promotes Differentiation of 3T3-L1 Preadipocytes into Adipocytes

(A) Nck1 mRNA and protein levels in 3T3-L1 preadipocytes stably overexpressing murine FLAG-tagged Nck1.

(B) Representative microscopic images (DIC, 10 $\times$ ) of 3T3-L1 control and FLAG-Nck1 cells at days 0 and 6 of differentiation (n = 3/group).

(C) Relative expression of *Pparg* and *Fabp4* in 3T3-L1 control and FLAG-Nck1 cells at day 6 of differentiation (n = 3/group).

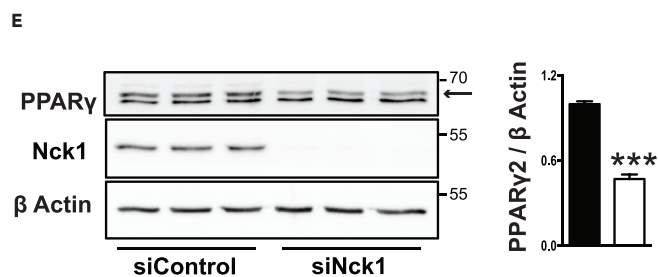
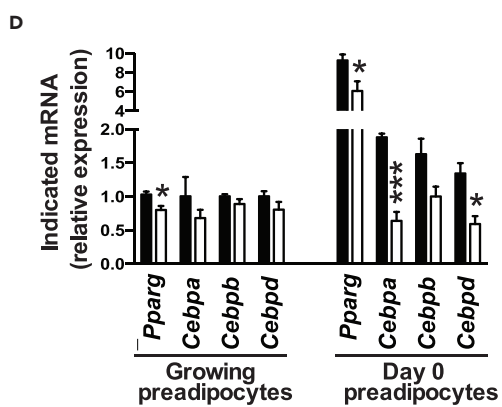
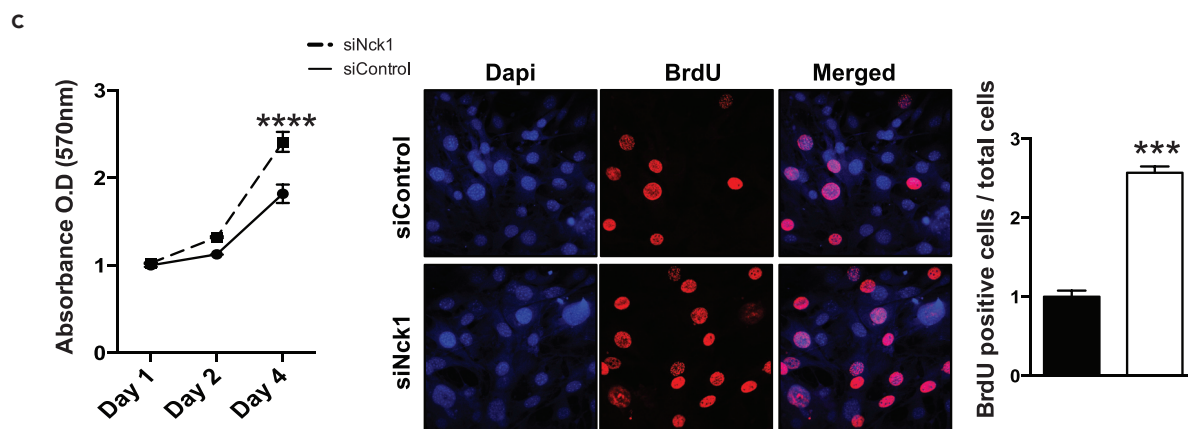
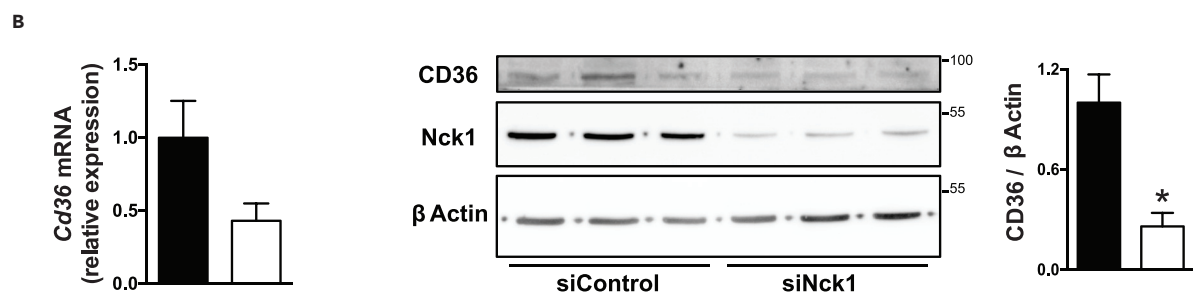
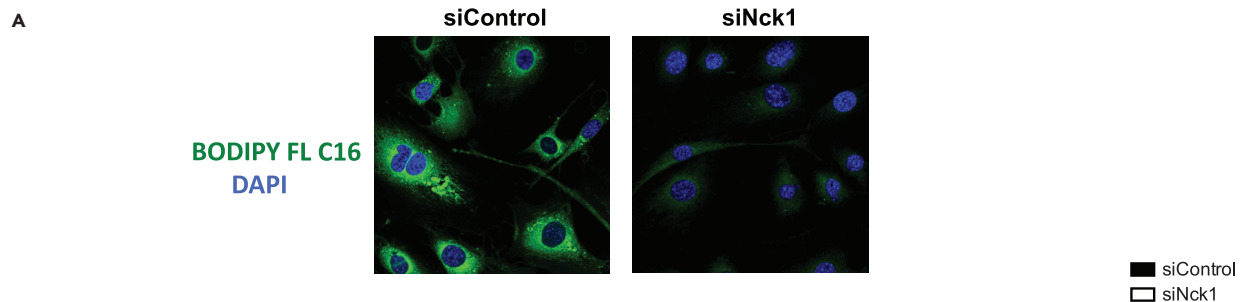
(D) Western blots and quantification of adipogenic proteins in 3T3-L1 control and FLAG-Nck1 cells at day 6 of differentiation (representative of n = 3). Arrow represents PPAR $\gamma$ 2. Data are mean  $\pm$  SEM.

Statistical significance evaluated by one sample or unpaired Student's t test is reported as \*p  $\leq$  0.05 and \*\*p  $\leq$  0.01.

(Figure 5D). In agreement, PPAR $\gamma$  protein levels are significantly reduced upon silencing Nck1 in 3T3-L1 preadipocytes (Figure 5E). These results suggest that impaired adipocyte differentiation of Nck1-depleted cells resides in preadipocytes per se and potentially results from reduced levels of critical transcription factors essential for adipogenesis. Altogether, our findings demonstrate that silencing Nck1 modulates 3T3-L1 preadipocyte functions and gene signatures.

#### Silencing Nck1 in 3T3-L1 Preadipocytes Promotes PDGFR $\alpha$ Activation and Signaling

Activation of PDGFR $\alpha$  inhibits WAT development by shifting precursor cells toward a stromal fibroblastic lineage secreting collagen rather than a preadipocyte lineage (Iwayama et al., 2015; Marcelin et al., 2017; Sun et al., 2017). In pull-down assays, we found that Nck1 interacts with PDGFR $\alpha$  through its SH2 domain in pervanadate (PV)-treated 3T3-L1 preadipocyte lysate (Figure S6A). We also detected increased PDGFR $\alpha$  phosphorylation on pY<sup>754</sup> activation site in PV-treated Nck1-deficient 3T3-L1 preadipocytes compared



**Figure 5. Silencing Nck1 Remodels 3T3-L1 Preadipocyte Signature**

- (A) BODIPY FL C16 uptake during 48 hr with DAPI-stained siControl and siNck1 3T3-L1 preadipocytes (n = 3/group).  
(B) Relative expression of CD36 mRNA and protein in siControl and siNck1 3T3-L1 preadipocytes (representative of n = 3).  
(C) Preadipocyte proliferation assessed using MTT assay and quantification of BrdU-positive cells (n = 3/group).  
(D) Relative mRNA expression of adipogenic master genes in growing and at day 0 of differentiation (n = 3/group).  
(E) PPAR $\gamma$  expression at day 0 of differentiation as determined by western blots. Arrow indicates PPAR $\gamma$ 2 (representative of n = 3). Data are mean  $\pm$  SEM. Statistical significance evaluated by unpaired Student's t test or two-way ANOVA is reported as \*p  $\leq$  0.05, \*\*\*p  $\leq$  0.001, and \*\*\*\*p  $\leq$  0.0001.

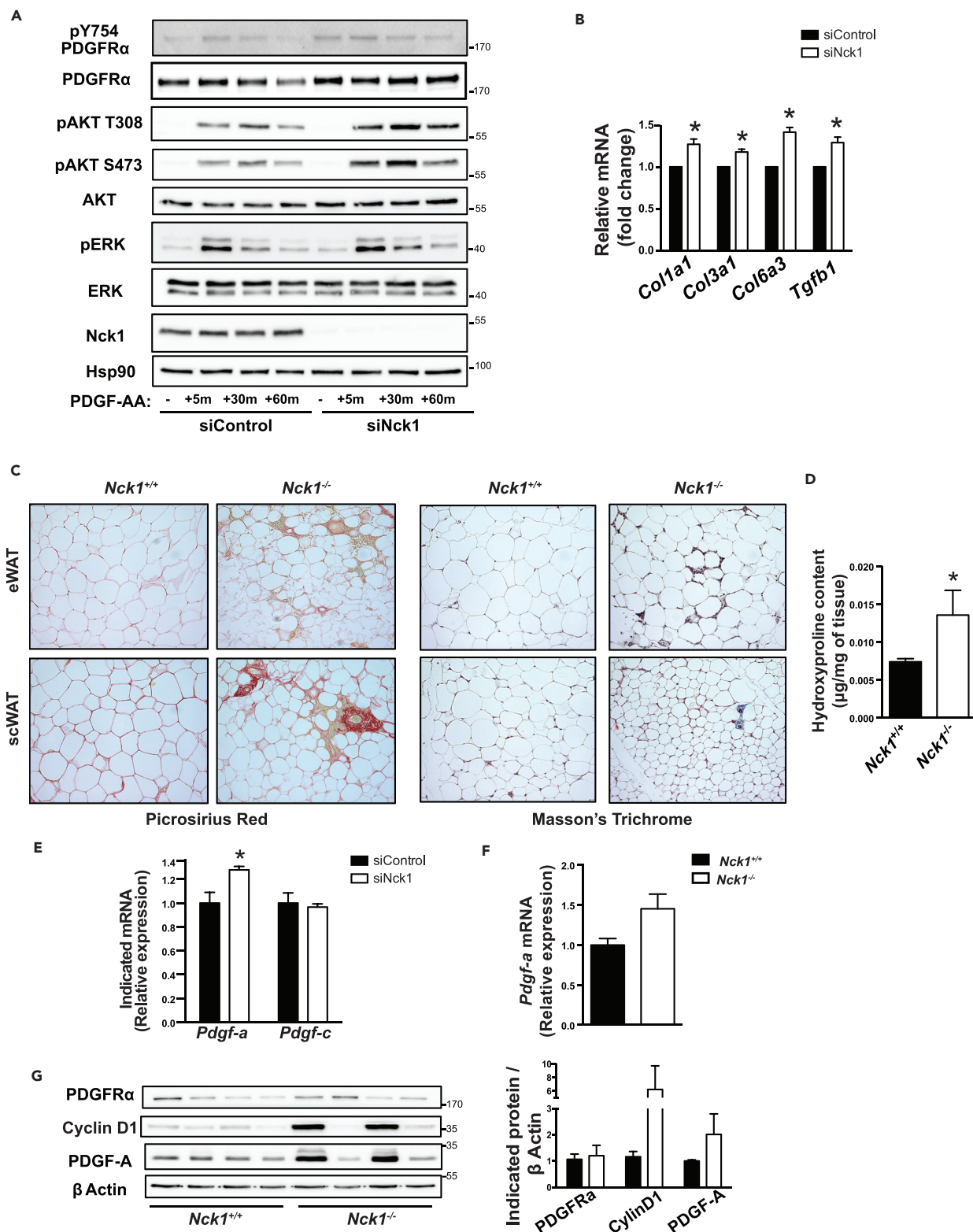
with similarly treated control cells (Figure S6B, short exposure). Increased phosphorylation of PDGFR $\alpha$  on Y<sup>754</sup> is also seen in the absence of PV treatment in Nck1-deficient 3T3-L1 preadipocytes (Figure S6B, long exposure). Therefore, increased phosphorylation of PDGFR $\alpha$  on Y<sup>754</sup> suggests enhanced basal activation of PDGFR $\alpha$  in Nck1-deficient 3T3-L1 preadipocytes. Consistently, basal pAKT, p-p70S6 kinase, cyclin D1, and cytosolic FOXO1 were all increased in serum-starved Nck1-deficient 3T3-L1 preadipocytes (Figure S6C), suggesting that Nck1 limits PDGFR $\alpha$  activation and signaling in preadipocytes. Importantly, we found that PDGF-A-induced PDGFR $\alpha$  activation and signaling is also increased in Nck1-deficient 3T3-L1 preadipocytes as shown by increased phosphorylation of PDGFR $\alpha$  on Y<sup>754</sup>, phosphorylation of AKT on both activation sites T<sup>308</sup> and S<sup>473</sup>, and phosphorylation of ERK1/2 to a lower extent (Figures 6A and S6D). Therefore, increased PDGFR $\alpha$  activation and signaling could contribute to impair adipocyte differentiation in 3T3-L1 preadipocytes depleted of Nck1. On the other hand, we eliminated that enhanced differentiation in 3T3-L1 preadipocytes stably overexpressing FLAG-Nck1 (Figure 4B) clearly relies on attenuated PDGFR $\alpha$  activation and signaling, given that PDGF-A-induced PDGFR $\alpha$  pY<sup>754</sup>, pAKT, and pERK are mostly comparable to control 3T3-L1 preadipocytes (Figure S7A). Finally, we excluded that Nck1 loss and gain of function in 3T3-L1 preadipocytes affect adipocyte differentiation by modulating PDGFR $\alpha$  expression level (Figure S7B).

Increased PDGFR $\alpha$  activation in adipocyte precursor cells is known to promote collagen gene expression and deposition of extra-cellular matrix (ECM) leading to adipose tissue fibrosis in adult mice (Iwayama et al., 2015; Marcelin et al., 2017; Sun et al., 2017). In agreement, increased PDGFR $\alpha$  activation and signaling in Nck1-deficient 3T3-L1 preadipocytes correlates with higher expression of various collagen genes, as well as *Tgfb1*, a potent mediator of collagen gene expression in various cell types (Meng et al., 2016) (Figure 6B). These findings are supported by *in vivo* data showing increased picosirius red and Masson's trichrome staining, revealing enhanced collagen deposition in both eWAT and scWAT in *Nck1*<sup>-/-</sup> mice (Figure 6C). Increased collagen deposition is further confirmed by increased hydroxyproline content in eWAT of *Nck1*<sup>-/-</sup> mice (Figure 6D). In addition, the pro-fibrosis cytokines, transforming growth factor  $\beta$ 1 and fibronectin, appear elevated in eWAT of *Nck1*<sup>-/-</sup> mice (Figure S7D). Overall, our findings suggest that lack of Nck1 impairs adipogenesis by shifting the preadipocyte phenotype toward a less committed cell fate with reduced preadipocyte lineage markers, enhanced proliferation, and increased collagen production.

To understand how Nck1 deficiency leads to increased PDGFR $\alpha$  activation and signaling, we assessed the expression of various PDGF ligands in 3T3-L1 preadipocytes. In contrast to PDGF-A and PDGF-C mRNAs, 3T3-L1 preadipocytes expressed very low levels of PDGF-B and PDGF-D mRNAs. Nonetheless, in Nck1-deficient 3T3-L1 preadipocytes, we found that the PDGF-A mRNA level is upregulated, whereas PDGF-C mRNA level is not changed (Figure 6E). Our findings suggest that increased expression of PDGF-A by silencing Nck1 in 3T3-L1 preadipocytes could contribute to further induce PDGFR $\alpha$  activation, leading to enhanced PDGFR $\alpha$  signaling. On the other hand, PDGF-A mRNA is not changed in FLAG-Nck1 3T3-L1 preadipocytes (Figure S7C), consistent with no change in PDGF-A-induced PDGFR $\alpha$  signaling (Figure S7A). Interestingly, in WAT of *Nck1*<sup>-/-</sup> mice, PDGF-A mRNA and protein levels tend to be higher and positively correlate with increased cyclin D1 expression, whereas the expression of PDGFR $\alpha$  remains unchanged (Figures 6F and 6G). These results further support that Nck1 deficiency promotes PDGFR $\alpha$  activation and signaling, leading to increased expression of collagen genes in preadipocytes and ECM accumulation in WAT.

**PDGFR $\alpha$  Mediates the Effects of Silencing Nck1 in 3T3-L1 Preadipocytes**

To determine whether PDGFR $\alpha$  mediates the effects of silencing Nck1 in preadipocytes, we treated Nck1-depleted and control 3T3-L1 preadipocytes with imatinib, a potent PDGFR inhibitor (Fitter et al., 2012). In this context, we found that induction of collagen genes in Nck1-depleted 3T3-L1 preadipocytes is prevented by overnight treatment with imatinib (Figure 7A). Furthermore, we next used specific inhibitors to determine which PDGFR $\alpha$  pathway is involved in inducing collagen genes in Nck1-depleted 3T3-L1



**Figure 6. Nck1 Deficiency Promotes PDGFR $\alpha$  Activation and Signaling in 3T3-L1 Preadipocytes and Enhances Collagen Deposition in WAT**  
 (A) Western blots analysis of PDGF-A (5 ng/ $\mu$ L)-induced PDGFR $\alpha$  activation and signaling in control and Nck1-depleted 3T3-L1 preadipocytes (representative of n = 3).

**Figure 6. Continued**

- (B) Relative expression of collagen genes in control and Nck1-depleted 3T3-L1 preadipocytes (n = 3/group).  
(C) Picrosirius red and Masson's trichrome staining of eWAT and scWAT from Nck1<sup>+/+</sup> and Nck1<sup>-/-</sup> mice at week 16 post-weaning (n = 3/group). Representative images were taken at 20× magnification.  
(D) Hydroxyproline content in eWAT from Nck1<sup>+/+</sup> and Nck1<sup>-/-</sup> mice at week 16 post-weaning (n = 3–5/group).  
(E and F) (E) Relative expression of PDGF-A and PDGF-C in control and Nck1-depleted 3T3-L1 preadipocytes (n = 3/group) (F) Relative expression of PDGF-A in scWAT of Nck1<sup>+/+</sup> and Nck1<sup>-/-</sup> at week 5 post-weaning (n = 3–4).  
(G) Western blot analysis of indicated proteins in eWAT from Nck1<sup>+/+</sup> and Nck1<sup>-/-</sup> at week 16 post-weaning (n = 4). Data are mean ± SEM. Statistical significance evaluated by unpaired Student t test is reported as \*p ≤ 0.05.

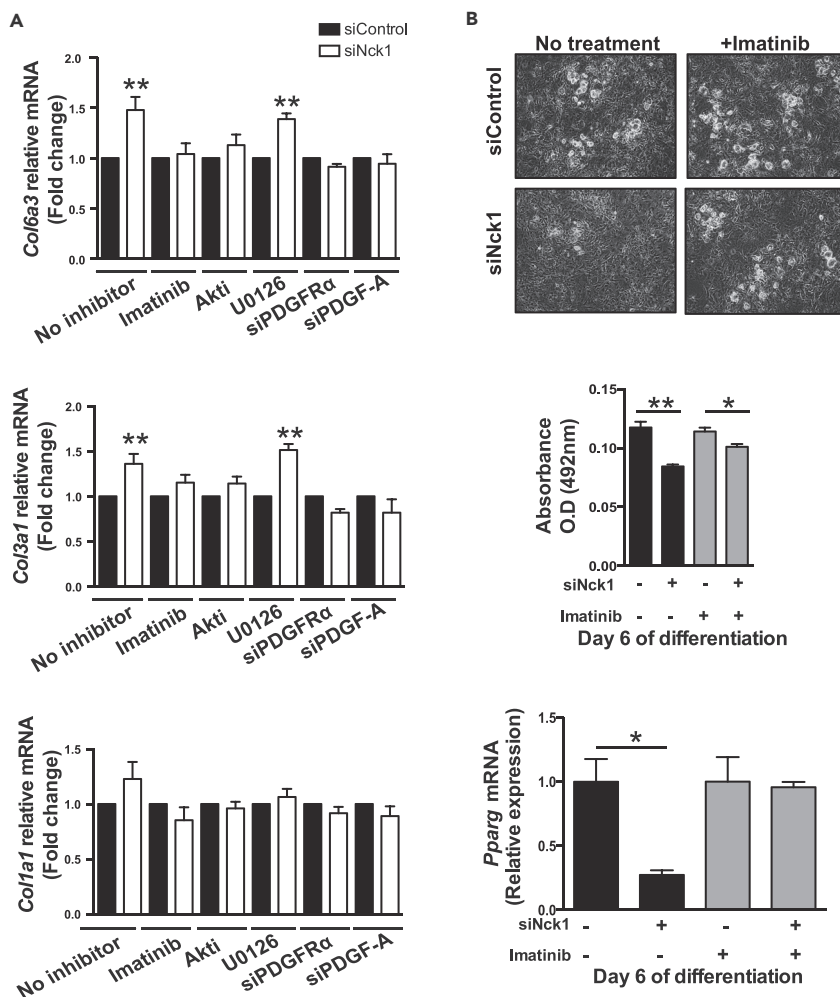
preadipocytes. Treatment of Nck1-depleted preadipocytes with an Akt inhibitor (Akti) completely prevents the induction of *Col6A3*, *Col3A1*, and *Col1A1*. Interestingly, impeding ERK activation using a MAPK/ERK Kinase (MEK) inhibitor (U0129) has no effect on the induction of *Col6A3* and *Col3A1* in Nck1-depleted 3T3-L1 preadipocytes, whereas it prevents *Col1A1* induction (Figure 7A), suggesting differential regulation of collagen genes in Nck1-depleted 3T3-L1 preadipocytes.

Imatinib is reported to be a potent inhibitor of PDGFR $\alpha$  and  $\beta$ , as well as Bcr-Abl, Abl, and c-kit tyrosine kinases. To our knowledge, Bcr-Abl, Abl, and c-kit are not expressed in 3T3-L1 preadipocytes. However, to discriminate between PDGFR isoforms mediating the effects of silencing Nck1 in 3T3-L1 preadipocytes on collagen gene expression, we simultaneously silenced PDGFR $\alpha$  and Nck1 through co-transfection of specific siRNAs. In parallel, we also determined the effects of silencing PDGF-A ligand expression in Nck1-depleted preadipocytes, given we found that deficiency in Nck1 induces PDGF-A mRNA in preadipocytes (Figure 6E) as well as PDGF-A ligand in WAT (Figure 6F). As expected, PDGFR $\alpha$  and PDGF-A siRNAs were specific in downregulating their respective mRNA (Figures S8A and S8B). Interestingly, silencing Nck1 in combination with PDGFR $\alpha$  or PDGF-A prevents induction of PDGF-A mRNA compared with Nck1-depleted preadipocytes (Figure S7E). In addition, depletion of PDGFR $\alpha$  or PDGF-A prevents the effects of silencing Nck1 on collagen gene expression in 3T3-L1 preadipocytes (Figure 7A), demonstrating that the effects of silencing Nck1 in preadipocytes are mediated by PDGFR $\alpha$ .

We next assessed whether neutralizing PDGFR $\alpha$  activity during differentiation would restore adipogenesis in Nck1-deficient 3T3-L1 preadipocytes. For this, we decided to introduce imatinib during differentiation rather than to address this point using Nck1-deficient 3T3-L1 preadipocytes co-transfected with PDGFR $\alpha$  or PDGF-A siRNAs. This is based on the rationale that imatinib completely blocks PDGFR $\alpha$  activation, whereas siRNA PDGFR $\alpha$  only partially decreases PDGFR $\alpha$  activity due to incomplete downregulation of PDGFR $\alpha$  expression. Similarly, downregulating PDGF-A still allows serum-induced PDGFR $\alpha$  activation. Therefore, their effects on restoring adipocyte differentiation of Nck1-depleted 3T3-L1 preadipocytes could be mitigated. In this perspective, we observed that adding imatinib to the differentiation cocktail improves differentiation of Nck1-depleted 3T3-L1 preadipocytes, as shown by comparable levels of lipid droplet formation (light microscopy) and quantification of oil red O between Nck1-depleted and control 3T3-L1 preadipocytes. Although imatinib has been reported to promote adipocyte differentiation of primary human mesenchymal stromal cells (Fitter et al., 2012), it has no significant effect on lipid droplet formation and oil red O content in control 3T3-L1 preadipocytes (Figure 7B). Recovery of adipocyte differentiation by imatinib in Nck1-deficient 3T3-L1 preadipocytes is further supported by the induction of *Pparg* to the level found in control cells similarly treated with imatinib (Figure 7B). Altogether, these findings support that enhanced PDGFR $\alpha$  activation and signaling mediate the effects of silencing Nck1 in 3T3-L1 preadipocytes and could contribute to impair adipogenesis *in vivo*.

**DISCUSSION**

SH domain-containing adaptor proteins of the Nck family, Nck1 and Nck2, play an important role in mediating cell surface receptor signaling that orchestrates crucial cellular responses such as cell adhesion, migration and invasion (Dubrac et al., 2016; Labelle-Cote et al., 2011; Morris et al., 2017), and low-affinity antigen response (Borrito et al., 2016). However, the implication of Nck in intracellular signaling pathways governing WAT biology has never previously been investigated. In this perspective, our work addressing the role of both Ncks in WAT unveils insights on mechanisms regulating adipogenesis. Indeed, we have previously demonstrated that Nck2 limits adiposity in mice and adipocyte differentiation *in vitro* (Dusseault et al., 2016; Haider et al., 2017). Mechanistically, we provided evidence that Nck2 regulates adipogenesis by controlling activation of PERK during preadipocyte to adipocyte transition. Herein, we report that Nck1 is required for normal WAT development. Indeed, Nck1 deficiency in mice results in smaller WAT depots



**Figure 7. PDGFR $\alpha$  Mediates the Effects of Silencing Nck1 on Collagen Gene Expression and Differentiation in 3T3-L1 Preadipocytes**

(A) Effect of imatinib (1  $\mu$ M), Akti (10  $\mu$ M), and U0126 (10  $\mu$ M) and downregulation of either PDGFR $\alpha$  or PDGF-A on indicated collagen gene expression in siControl and siNck1 3T3-L1 preadipocytes (n = 3–7/condition).

(B) Effect of imatinib on differentiation of siControl and siNck1 3T3-L1 preadipocytes (n = 3/group). Differentiation is assessed at day 6 using light microscopy images (10 $\times$  magnification) showing lipid droplets formation, lipid accumulation by oil red O quantification, and relative *Pparg* expression by qPCR (n = 3). Data are mean  $\pm$  SEM.

Statistical significance evaluated by unpaired Student's t test or two-way ANOVA is reported as \*p  $\leq$  0.05 and \*\*p  $\leq$  0.01.

and specific deletion of Nck1 abrogates the ability of murine and human preadipocytes to differentiate into adipocytes *in vitro*. Moreover, we identified that Nck1 interacts with PDGFR $\alpha$  and Nck1 deficiency in preadipocytes leads to enhanced PDGFR $\alpha$  activation and signaling. It is well established that increased PDGFR $\alpha$  activity causes adipose tissue fibrosis in mice by inhibiting the formation of adipocytes in favor of promoting collagen-expressing fibroblasts (Iwayama et al., 2015; Marcelin et al., 2017; Sun et al., 2017). Accordingly, Nck1-deficient 3T3-L1 preadipocytes display enhanced PDGFR $\alpha$  activation and signaling, leading to greater collagen expression. Furthermore, WAT depots in *Nck1*<sup>-/-</sup> mice present increased collagen accumulation that correlates with a reduced population of adipocyte precursor cells. Nck1 has been identified in an activated PDGFR $\beta$  complex (Chen et al., 2000; Nishimura et al., 1993; Park and Rhee, 1992), whereas its recruitment to PDGFR $\alpha$  has never been reported. Therefore, Nck1 interaction with activated PDGFR $\alpha$  in preadipocytes represents a mechanism by which PDGFR $\alpha$  activation and signaling is controlled to maintain preadipocytes in an adequate committed state indispensable for their transition to adipocytes. In addition, we reported enhanced proliferation of Nck1-deficient 3T3-L1 cells that correlates with increased PDGFR $\alpha$  activation and signaling. In *Nck1*<sup>-/-</sup> mice, the cell population that is

sensitive to PDGFR $\alpha$  stimulation might not be the specific adipogenic precursor cells that we analyzed (Lin<sup>-</sup>;CD29<sup>+</sup>;CD34<sup>+</sup>;Sca1<sup>+</sup>;PDGFR $\alpha$ <sup>+</sup>), but rather the profibrotic precursors (Lin<sup>-</sup>;GP38<sup>+</sup>; PDGFR $\alpha$ <sup>+</sup>) as reported by others (Marcelin et al., 2017). Further investigation is required to identify adipocyte precursor population responsive to PDGFR $\alpha$  activation in *Nck1*<sup>-/-</sup> mice that could contribute to alter the fate of adipocyte precursors in *Nck1*<sup>-/-</sup> mice. Nonetheless, altogether our findings suggest that an imbalance between collagen producing fibroblasts and committed preadipocytes rather than differentiation per se is responsible for the reduced adiposity in *Nck1*<sup>-/-</sup> mice. However, the fact that mice lacking *Nck1* are not lipodystrophic suggests adipogenic precursor cells' heterogeneity, with a role for *Nck1* only in a subset of adipocyte precursor cells.

In mammals, obesity has been associated with increased ECM deposition and fibrosis that affects progenitor adipogenic capacity leading to WAT dysfunction (Abdenmour et al., 2014; Divoux et al., 2010; Khan et al., 2009; Marcelin et al., 2017). Our findings demonstrate that *Nck1* expression is increased during obesogenic WAT expansion in mice and correlates with adipogenic markers in humans. Further investigations are required to demonstrate whether *Nck1* plays a protective role in limiting ECM accumulation and fibrosis during WAT expansion associated with obesity. In this instance, WAT expansion and function in *Nck1*<sup>-/-</sup> mice fed an HFD should be explored further.

Several studies have shown that *Nck1* and *Nck2* are functionally redundant and share common interacting proteins (Buday et al., 2002; Labelle-Cote and Larose, 2011; Lettau et al., 2009). In agreement, individual *Nck* knockout mice are viable with no apparent phenotype, whereas the *Nck1* and *Nck2* double knockout mice are embryonically lethal (Bladt et al., 2003). However, increasing evidence supports specific functions and interacting partners for *Nck1* and *Nck2* (Mukherjee et al., 2014; Ngoenkam et al., 2014). In this perspective, our studies on the role of *Nck* adaptor proteins in WAT development reveal that both *Ncks* regulate adipogenesis, but in an opposite manner and at different stages during this process. *Nck2* is involved in regulating the transition of preadipocyte into adipocyte by regulating PERK activation and signaling (Dusseault et al., 2016; Haider et al., 2017), whereas our findings reveal that *Nck1* controls preadipocyte commitment by modulating PDGFR $\alpha$  activation and signaling, and is required to maintain an adequate number of adipocyte precursor cells in WAT. Analysis of *Nck1* and *Nck2* interactome profiles in the preadipocyte and adipocyte might provide an understanding of how these two highly identical adaptor proteins differentially regulate WAT homeostasis.

Nevertheless, in this study we clearly established in mouse 3T3-L1 and human SGBS preadipocytes that *Nck1* regulates adipogenesis in a cell-autonomous manner. Furthermore, we provide strong evidence that *Nck1* regulation of adipogenesis involves a tight control of collagen expression through activation of PDGFR $\alpha$  in preadipocytes. Indeed, treatment with imatinib, a PDGFR inhibitor, and Akti, an Akt inhibitor, both prevented increased collagen expression in *Nck1*-deficient 3T3-L1 preadipocytes. Downregulation of PDGFR $\alpha$  also prevents increased collagen expression in *Nck1*-depleted preadipocytes, suggesting that PDGFR $\alpha$  mediates the preadipocyte phenotype upon *Nck1* depletion. More importantly, imatinib maintained during differentiation restores induction of PPAR $\gamma$  and improves adipogenesis in *Nck1*-deficient 3T3-L1 cells. Although the exact mechanism by which *Nck1* regulates PDGFR $\alpha$  activity in preadipocytes remains to be elucidated, our findings show that increased production of the PDGF-A ligand by silencing *Nck1* in 3T3-L1 cells could contribute to higher activation of PDGFR $\alpha$ . Indeed, PDGFR $\alpha$ -mediated induction of collagen genes is prevented upon downregulation of PDGF-A in *Nck1*-depleted 3T3-L1 preadipocytes, suggesting that enhanced production of PDGF-A contributes to further increase PDGFR $\alpha$  activation and signaling. In addition, *Nck1* interaction with the activated PDGFR $\alpha$  could mediate the recruitment of a phosphatase or a kinase involved in attenuating PDGFR $\alpha$  activation and signaling. For instance, we recently demonstrated that *Nck1*, which interacts with the tyrosine phosphatase PTP1B through its SH3 domains (Clemens et al., 1996; Li et al., 2014; Wu et al., 2011), regulates PTP1B expression and controls receptor tyrosine kinases-induced activation of the PI3K/AKT pathway (Li et al., 2014). On the other hand, we have previously shown that *Nck1* interacts with the isoform  $\gamma 2$  casein kinase I (CKI $\gamma 2$ ) through its SH3 domains (Lussier and Larose, 1997) and that CKI $\gamma 2$  negatively regulates PDGFR $\beta$  activation by increasing its phosphorylation on serine residues (Bioukar et al., 1999). Therefore, silencing *Nck1* in 3T3-L1 preadipocytes could potentially prevent PTP1B or CKI $\gamma 2$  translocation in close proximity of PDGFR $\alpha$ , thus enhancing its activation and signaling. More investigation is needed to further explore these avenues.

Overall, our study provides insight on the role of *Nck1* in regulating adipocyte precursor cells and preadipocytes through modulation of PDGFR $\alpha$  activation. We have identified *Nck1* as a regulator of adipose tissue

biology in mouse and humans through various *in vitro* and *in vivo* approaches. We believe that Nck1 regulation of WAT development could potentially highlight a powerful avenue to overcome or treat obesity.

## METHODS

All methods can be found in the accompanying [Transparent Methods supplemental file](#).

## SUPPLEMENTAL INFORMATION

Supplemental Information includes Transparent Methods and eight figures and can be found with this article online at <https://doi.org/10.1016/j.isci.2018.07.010>.

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## AUTHOR CONTRIBUTIONS

N.H. contributed to experimental design, data collection, interpretation and analysis, preparation of figures, and writing of the manuscript. J.D. contributed to experimental design, data analysis, and critical reading of the manuscript. L.L. contributed to study design and final editing of the manuscript. L.L. is the guarantor of this work and, as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

## DECLARATION OF INTERESTS

The authors declare no competing interests.

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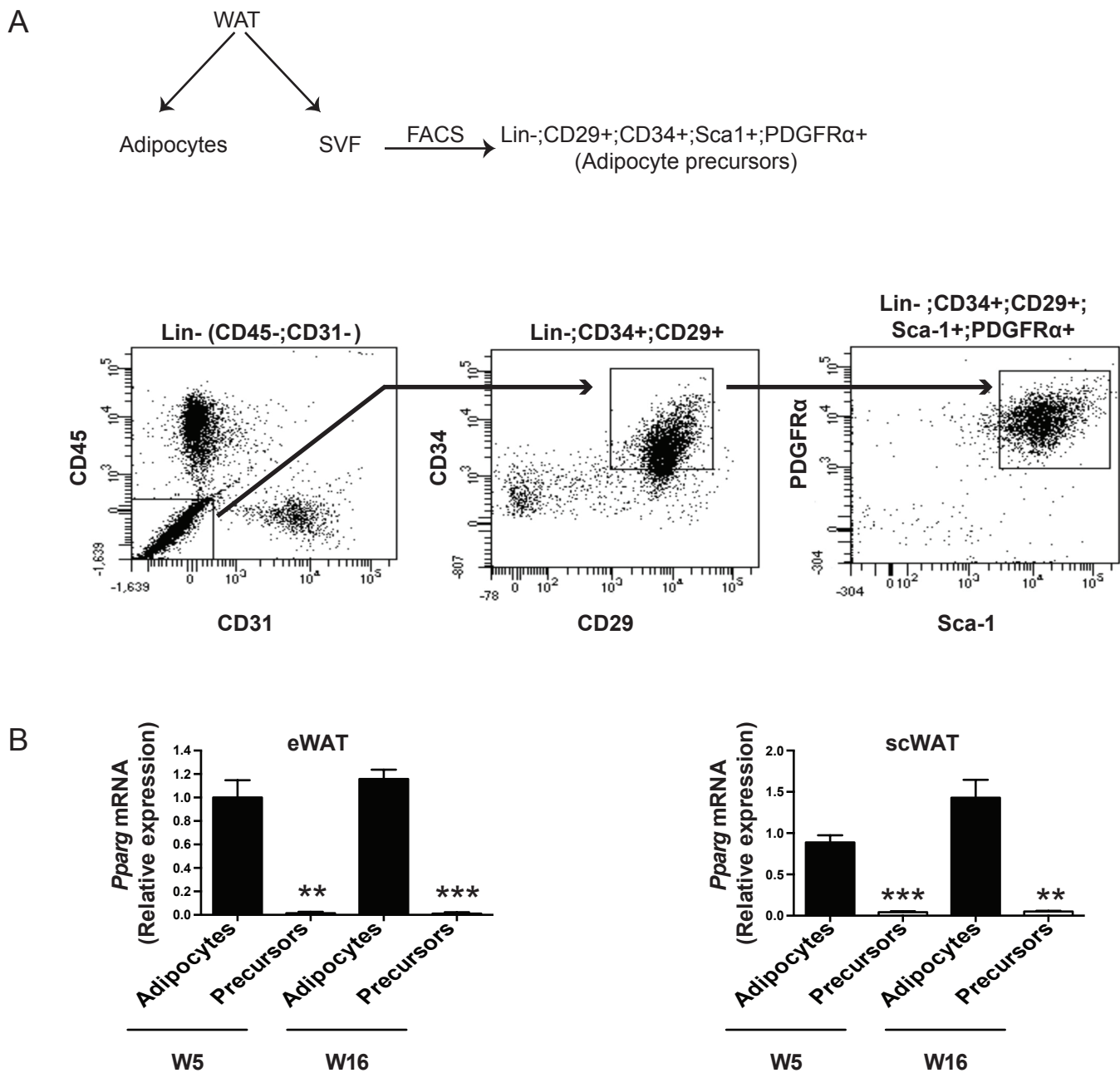
**ISCI, Volume 6**

**Supplemental Information**

**Nck1 Deficiency Impairs Adipogenesis  
by Activation of PDGFR $\alpha$  in Preadipocytes**

**Nida Haider, Julie Dusseault, and Louise Larose**

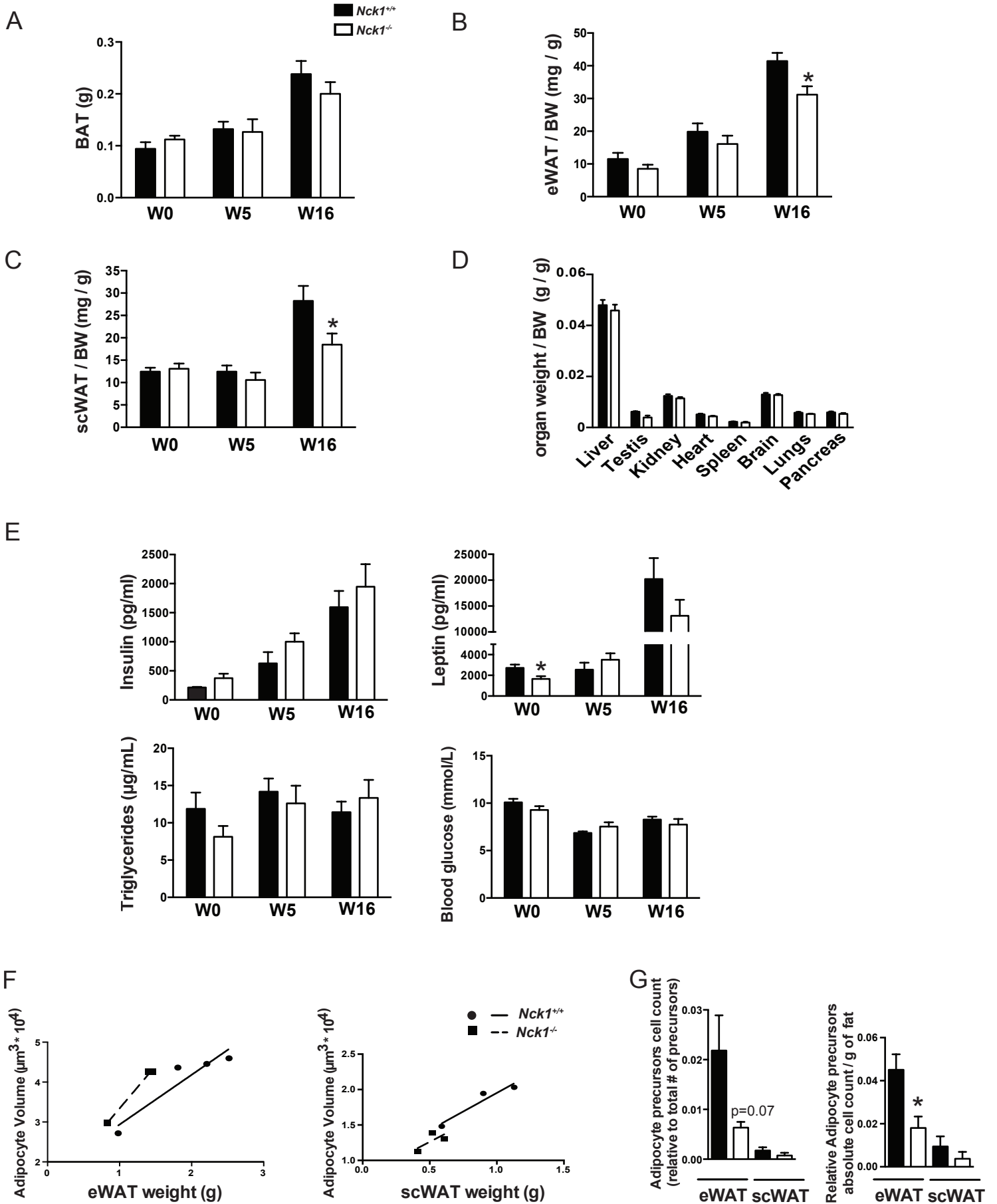
Figure S1



**Figure S1. Related to Figure 1. Isolation of adipocyte precursor cells.**

(A) Outline of the approach followed to isolate WAT adipocytes and adipocyte precursor cells, and flow cytometry gating strategy used for FACS analysis. Each plot represents the cell population from the pool of cells gated in the leftward plot, which is also indicated at the top of each plot. Gating for adipocyte precursor population was performed on live and singlet cells only (B) Relative Pparg mRNA levels in adipocytes and adipocytes precursors cells (Lin-;CD29+;CD34+;Sca1+;PDGFRα+) isolated from mice at week 5 and 16 post weaning (n=3-4/condition). Data are mean ± SEM. Statistical significance evaluated by unpaired Student t test. \*\*p<0.01, \*\*\*p<0.001.

Figure S2



**Figure S2. Related to Figure 2. Characterization of *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice.**

(A) BAT weight over aging (n=5-16/group). (B) eWAT and (C) scWAT weights relative to body weight (BW) during aging (n=5-16/group). (D) Organs weight relative to BW (g/g) (n=5). (E) Blood levels of insulin, leptin, triglycerides and glucose in *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice at week 0, 5 and 16 post weaning (n=3-18/time point/group). (F) Relationship between adipocyte volume and WAT weight in eWAT and scWAT (n=3-4/group). (G) FACS quantification of adipocyte precursor cells (Lin<sup>-</sup>;CD29<sup>+</sup>;CD34<sup>+</sup>;Sca1<sup>+</sup>;PDGFR $\alpha$ <sup>+</sup>) count relative to absolute cell population or per g of fat in indicated WAT depots from *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice at week 5 post weaning (n=4/group). Data are mean  $\pm$  SEM except for (F) showing individual data. Statistical significance was evaluated by unpaired Student t test or two-way ANOVA. \*p $\leq$ 0.05

Figure S3

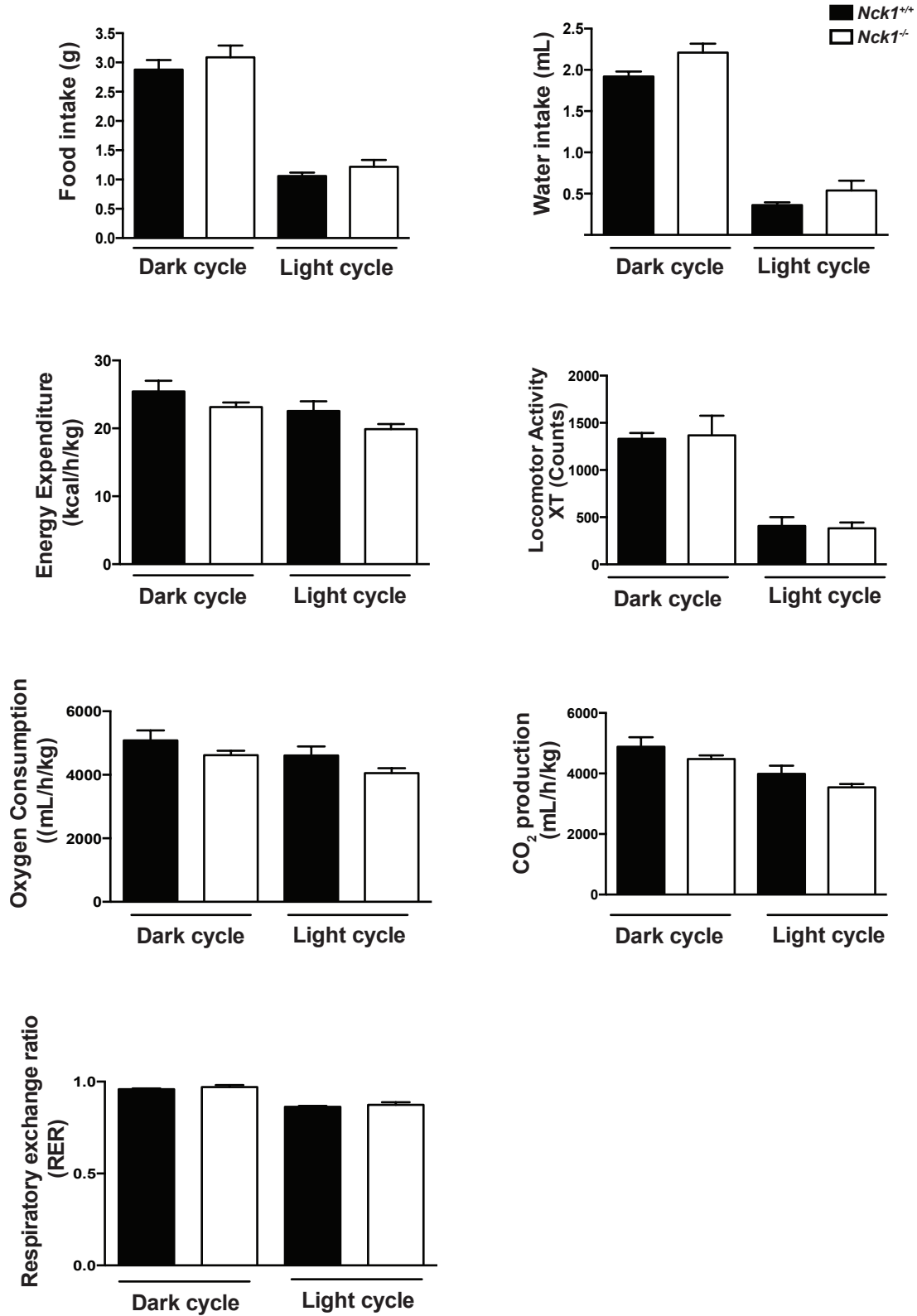
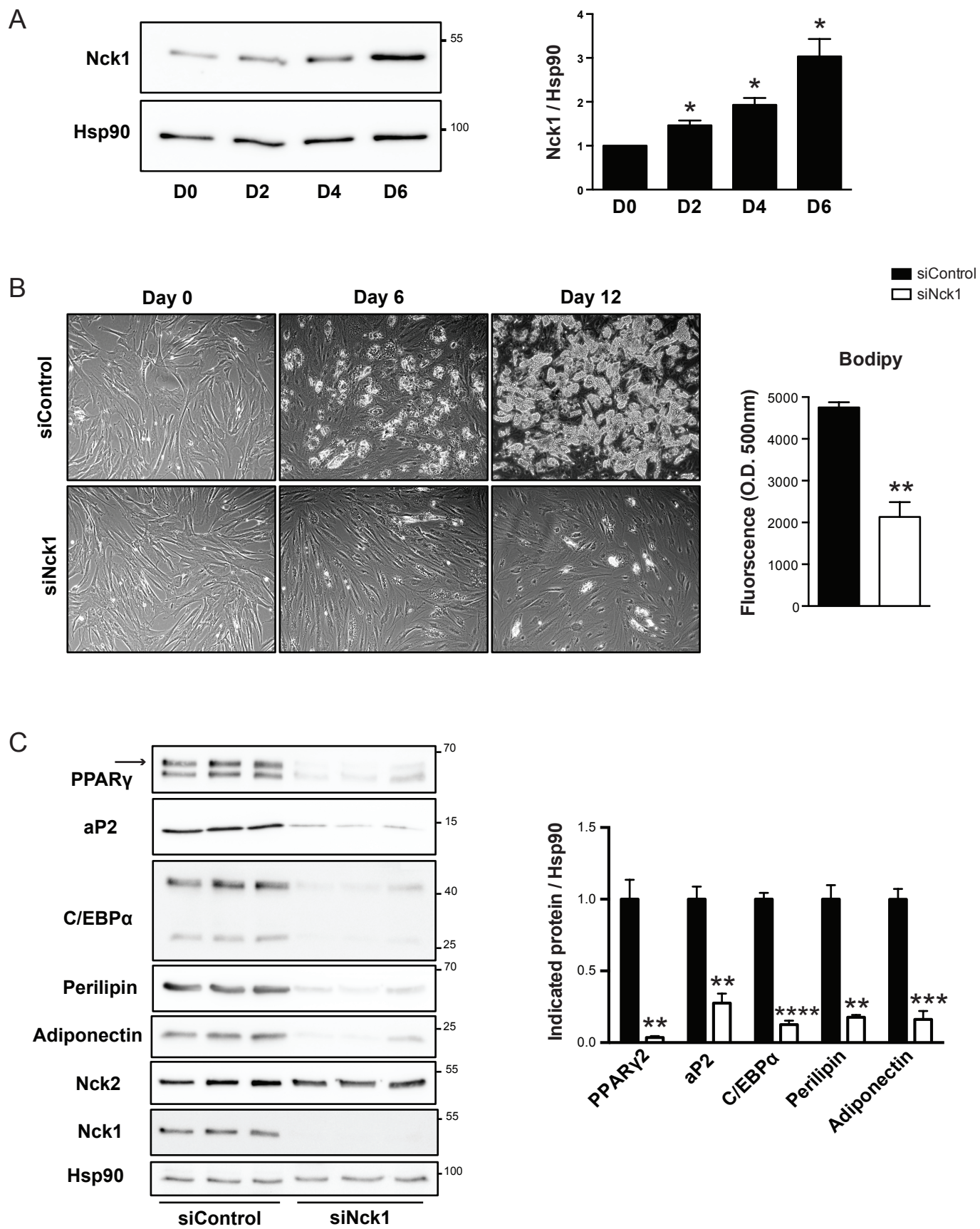


Figure S3. Related to Figure 2. Metabolic analysis of *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice.

Daily metabolic parameters including food and water intakes, energy expenditure, locomotor activity, O<sub>2</sub> consumption, CO<sub>2</sub> production and respiratory exchange ratio (RER) in *Nck1*<sup>+/+</sup> (n=3) and *Nck1*<sup>-/-</sup> mice (n=4). Data are mean ± SEM. Statistical significance was determined using unpaired Student t test.

**Figure S4**



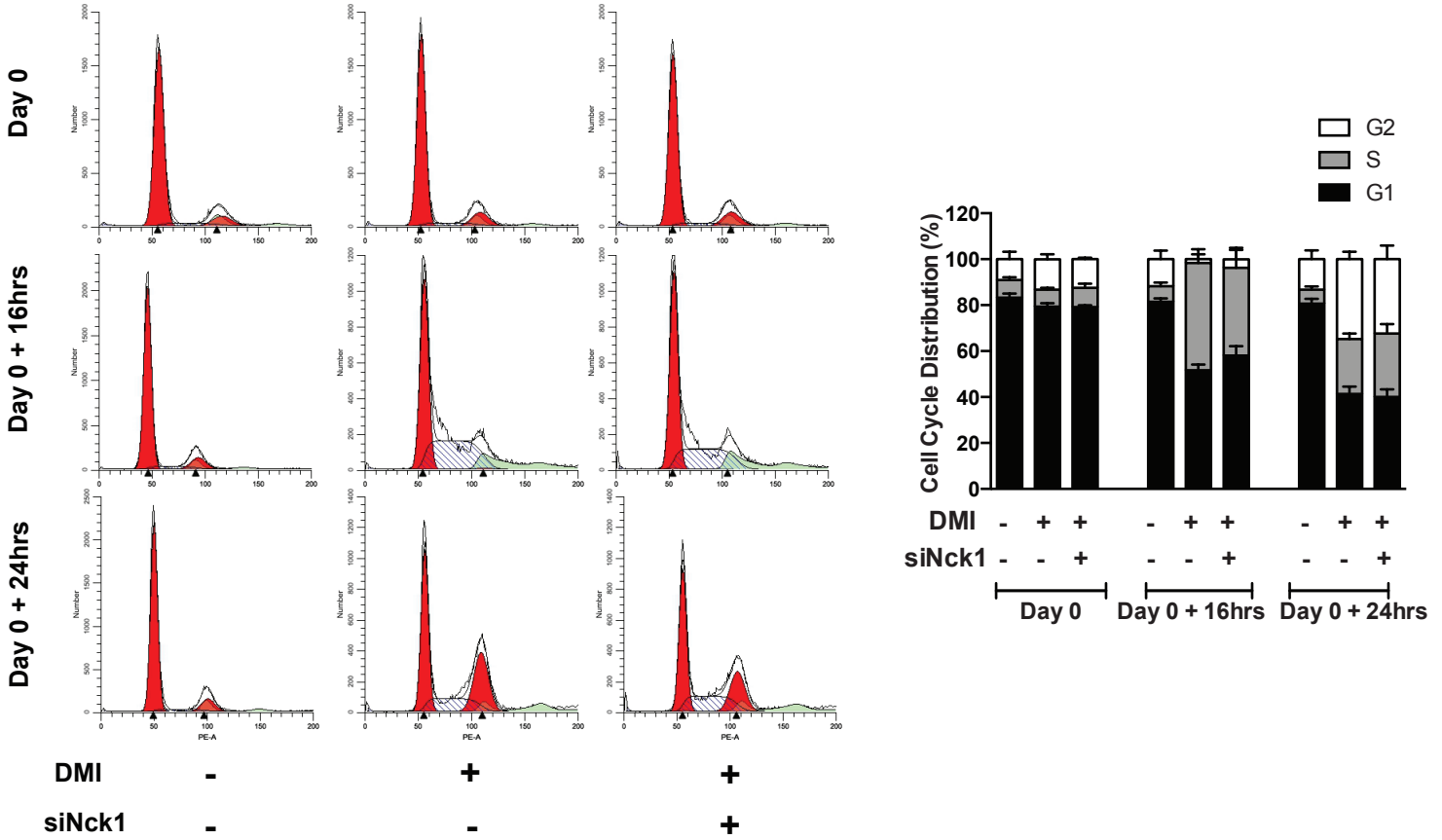
**Figure S4. Related to Figure 3. Silencing Nck1 in human SGBS preadipocyte inhibits adipocyte differentiation.**

(A) Expression of Nck1 during differentiation of human SGBS preadipocytes (n=3/group). (B) Microscopic images (DIC, 10X) of indicated SGBS preadipocytes at day 0, 6, and 12 after induction of differentiation and quantification of lipid droplets formation by BODIPY staining at day 12 (n=3/group). (C) Western blots and quantification of adipogenic markers at day 12 after induction of differentiation (representative of n=3). Arrow represents PPAR $\gamma$ 2. Data are mean  $\pm$  SEM. Statistical significance evaluated by one sample or unpaired Student t test is reported as \*p $\leq$ 0.05, \*\*p $\leq$ 0.01, \*\*\*p $\leq$ 0.001, \*\*\*\*p $\leq$ 0.0001.

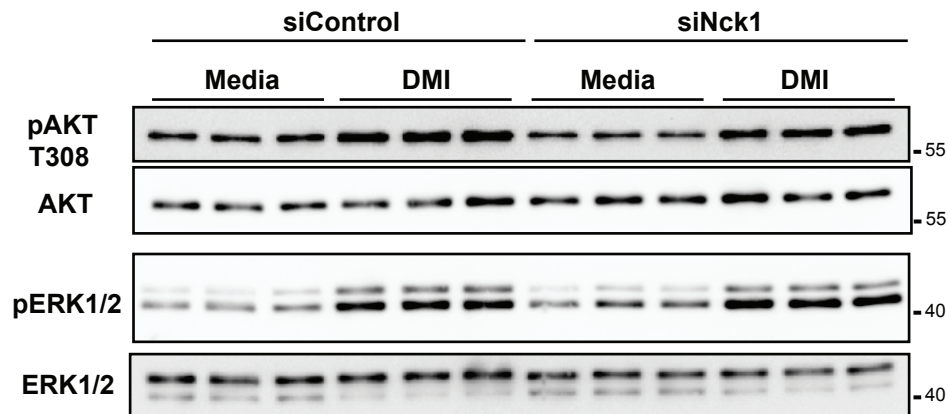


**Figure S5**

**A**



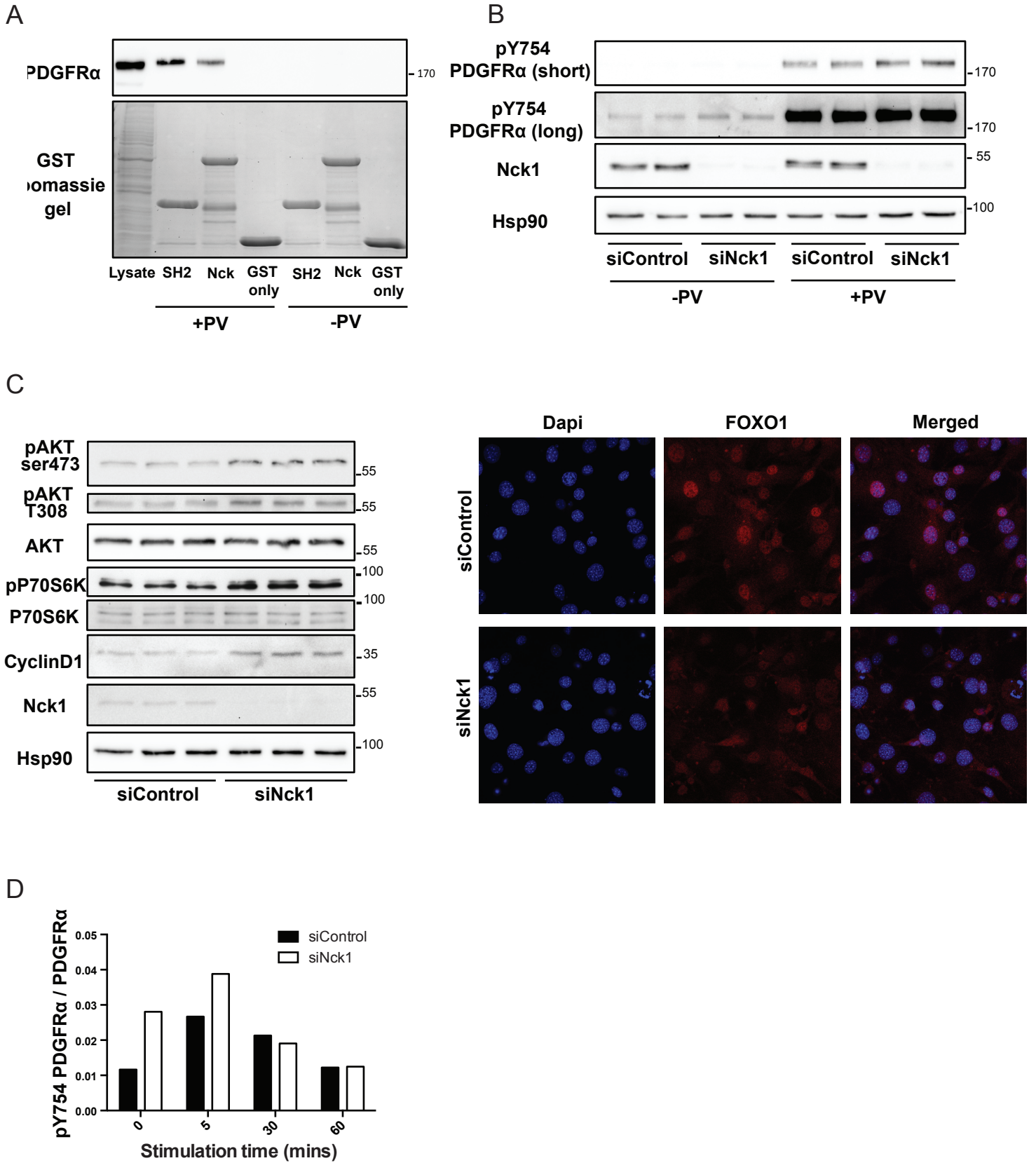
**B**



**Figure S5. Related to figure 5. DMI-induced mitotic clonal expansion and signaling in Nck1-deficient preadipocytes.**

(A) Flow cytometry analysis of PI stained during mitotic clonal expansion induced with DMI for indicated times and percentage of cell population at each stage of the cell cycle. Data are the mean  $\pm$  SEM of 3 experiments performed in triplicates. (B) DMI (30 min)-induced pAKT (T308) and pERK1/2 (representative of n=3).

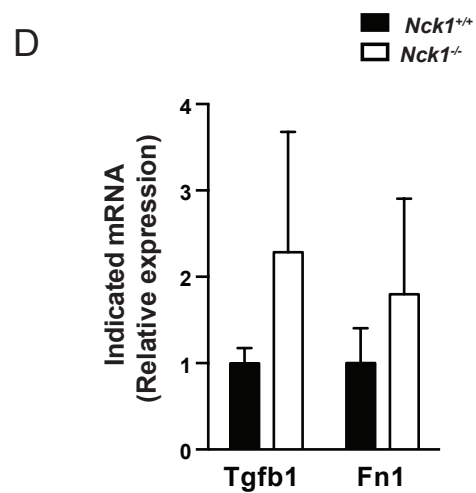
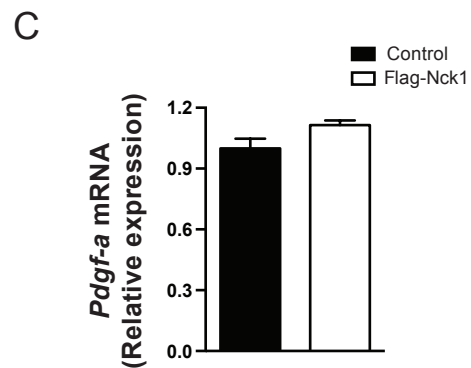
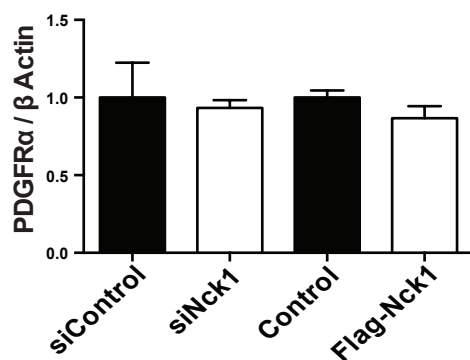
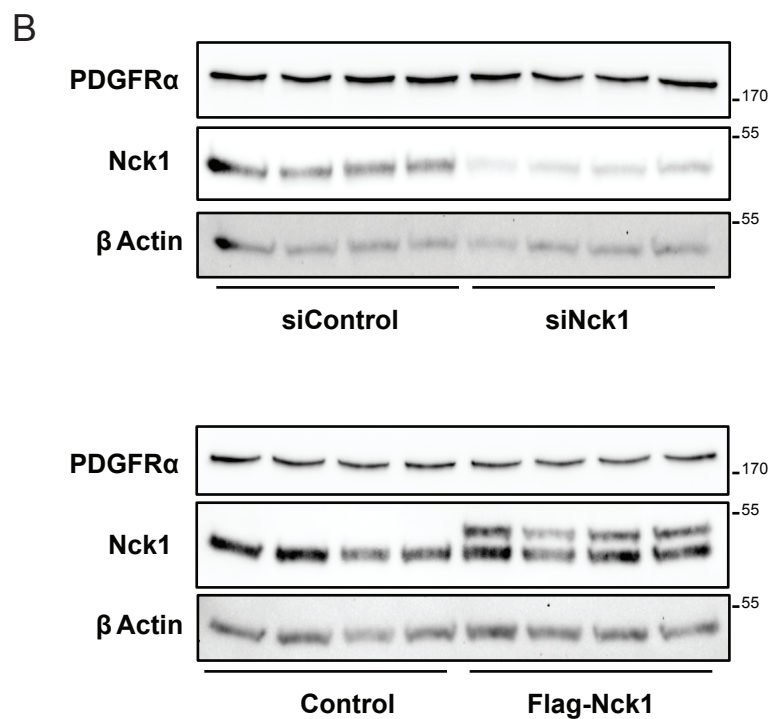
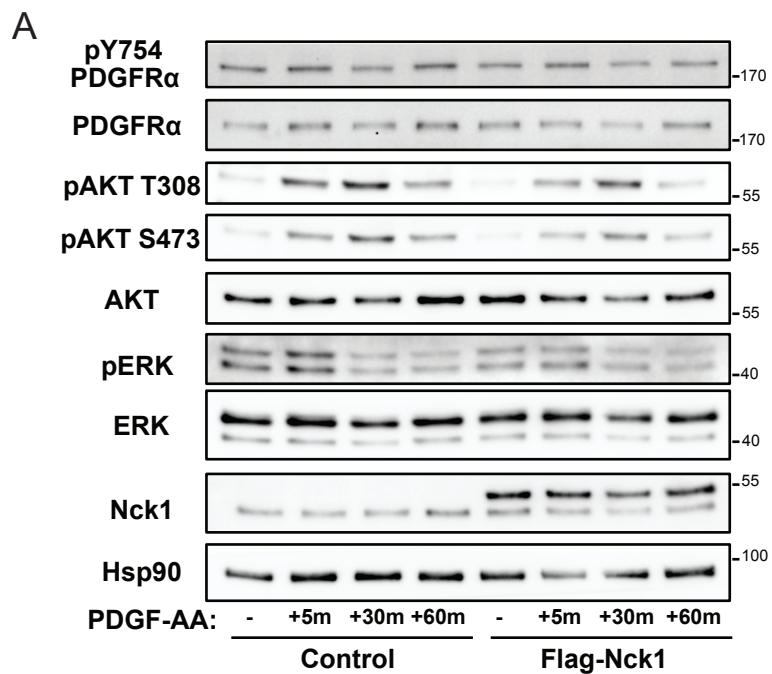
Figure S6



**Figure S6. Related to Figure 6. Nck1 and PDGFR $\alpha$  interaction, and basal signaling in Nck1-deficient preadipocytes.**

(A) In vitro PDGFR $\alpha$  pull down by GST, GST-Nck1 or GST-Nck1 SH2 domain from lysate of 3T3-L1 preadipocytes pretreated or not with pervanadate (PV, 100 $\mu$ M, 20 min). Upper panel: PDGFR $\alpha$  western blot. Lower panel: Coomassie Blue staining of GST fusion proteins used in the assays (representative of n=3). (B) PDGFR $\alpha$  phosphorylation on Y<sup>754</sup> as shown by western blot in siControl and siNck1 overnight serum-starved 3T3-L1 preadipocytes treated with or without PV (100 $\mu$ M, 20 min) (representative of n=3). (C) Lysates from overnight serum-starved siControl and siNck1 3T3-L1 preadipocytes were probed with the indicated antibodies. Shown are representative of n=3-4. Representative confocal images of indicated preadipocytes stained with FOXO1 antibody (Red) and DAPI (blue). Images acquired at 40X are representative of three independent experiments showing similar results. (D) Quantification of western blot (in figure 6A) showing PDGF-A (5ng/ $\mu$ L)-induced PDGFR $\alpha$  activation in siControl and siNck1 3T3-L1 preadipocytes (representative of n=3).

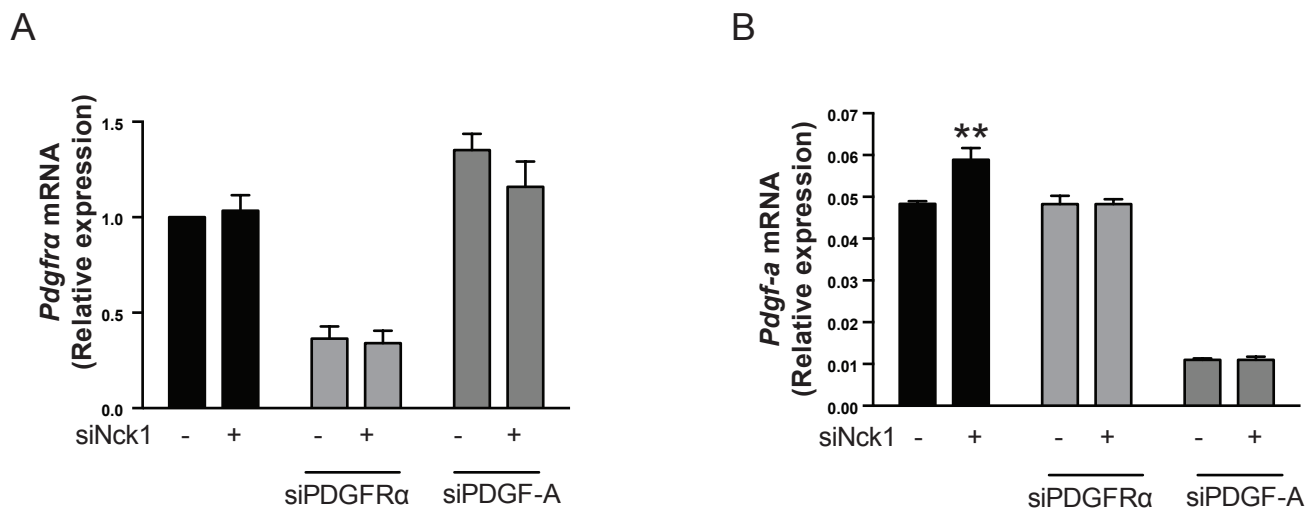
Figure S7



**Figure S7. Related to Figure 6. Nck1 overexpression in 3T3-L1 preadipocytes does not affect PDGFR $\alpha$  activation, signaling and expression.**

(A) Western blot analysis of PDGF-A (5ng/ $\mu$ L)-induced PDGFR $\alpha$  activation and signaling in 3T3-L1 preadipocytes control or overexpressing Flag-Nck1 (representative of n=3). (B) Western blot analysis and quantification of PDGFR $\alpha$  expression in growing 3T3-L1 preadipocytes with loss- or gain-of-function of Nck1 and their respective controls (representative of n=3-4). (C) Relative expression of PDGF-A in control and Flag-Nck1 3T3-L1 preadipocytes (n=3). (D) Relative expression of Pro-fibrosis cytokines, Tgf $\beta$ 1 and Fibronectin, in eWAT of *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> at week 16 post weaning (n=3-5/group).

Figure S8



**Figure S8. Related to Figure 7. Double siRNA mediated downregulation of PDGFR $\alpha$  or PDGF-A in control and Nck1 depleted 3T3-L1 preadipocytes.**

Validation of specific downregulation of either (A) PDGFR $\alpha$  or (B) PDGF-A mRNA expression in growing siControl and siNck1 3T3-L1 preadipocytes (n=3).

## TRANSPARENT METHODS

### Animal Studies

*Nck1*<sup>+/-</sup> mice obtained previously from Dr. T. Pawson's laboratory (Bladt et al., 2003) were used to generate *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> littermates. Male mice were used in all experiments and the McGill University Animal Care Committee approved the mice handling procedures (protocol #7601). Mice were weighed weekly and WAT depot weights were recorded at indicated times after weaning. Serum insulin, and leptin levels (Meso Scale Discovery) and triglycerides (Sigma) were determined using commercial kits. Various metabolic parameters and locomotor activity of *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice was recorded using a TSE PhenoMaster, according to the manufacturer procedures. Nck1 expression in WAT depots of obese mice was determined using C57/BL6 male mice fed a high fat diet for 8 weeks and ob/ob mice were purchased from Jackson Laboratory (B6.Cg-Lepob/J).

### Cell lines, primary cultures, and *in vitro* adipocyte differentiation

The 3T3-L1 preadipocyte cell line (ATCC) was maintained in Dulbecco's modified Eagle medium (DMEM) supplemented with 1% antibiotics and 10% heat inactivated Fetal Bovine Serum (FBS) at 37°C and 5% CO<sub>2</sub>. The human Simpson–Golabi–Behmel Syndrome (SGBS) preadipocyte cell line, a kind gift from Professor M. Wabitsch (University of Ulm, Germany), was maintained in DMEM/F12 supplemented with biotin (8 µg/mL), pantothenate (4 µg/mL), penicillin (50 U/mL), streptomycin (50 U/mL) and non heat-inactivated 10 % fetal calf serum (FCS) at 37 °C and 5 % CO<sub>2</sub>. 3T3-L1 and SGBS preadipocytes were differentiated according to standard protocols (Allott et al., 2012; Zebisch et al., 2012).

For primary culture of stromal vascular fraction (SVF) cells, WAT depots were minced and digested with collagenase (1 mg/mL, C0130; Sigma). Digestion was stopped by adding ice-cold

DMEM plus 10% FBS followed by successive centrifugation and filtration on pre-wet 70- and 40-mm cell strainers. SVF cells were cultured until confluency and then induced for differentiation in DMEM/F12 with 10% FBS supplemented with 1  $\mu\text{mol/L}$  dexamethasone, 1  $\mu\text{mol/L}$  rosiglitazone, 0.5 mmol/L 3-isobutyl-1-methylxanthine (IBMX), and 3  $\mu\text{g/mL}$  insulin for 3 days and then maintained in the same medium without IBMX for 4 days.

For rescue experiments, 2 days post-transfected siControl and siNck1 preadipocytes were treated O/N with 1  $\mu\text{M}$  Imatinib (Sigma) and samples were harvested the next day for gene analysis. In addition, for rescue of adipogenesis, 2 days post-confluent siControl and siNck1 preadipocytes were treated O/N with 1  $\mu\text{M}$  Imatinib (Sigma) before to be induced for differentiation the following day. Imatinib was also added in the differentiation cocktail and replenished every day until day 6 of differentiation.

#### **siRNA transfection and stable cell lines**

3T3-L1 cells were reverse transfected with 10 nmol/L of Nck1 (Mouse) siRNA duplex (sequence 1: rGrCrArGrUrUrGrUrCrArArUrArArCrCrUrArArArUrArCGG, sequence 2: rCrCrGrUrArUrUrUrArGrGrUrUrArUrUrGrArCrArArCrUrGrC, IDT) using Lipofectamine RNAiMAX Reagent (Invitrogen). For rescue experiments using double siRNA depletion strategy, 3T3-L1 preadipocytes were co-transfected with 10 nmol/L of Pdgfra (Mouse) 27mer siRNA duplex C (SR422024; Origene) or 10 nmol/L of Pdgfa (Mouse) 27mer siRNA duplex A (SR404961; Origene) along with 10 nmol/L of Nck1 (Mouse) siRNA duplexes. Analysis of target genes was performed 3 days post siRNA transfections.

Lipid droplet formation was visualized using light microscopy, BODIPY 493/503 (Thermo Fisher Scientific) and Oil red O (ORO) staining. For ORO staining, cells were fixed in 10% PBS-buffered formalin for 15 min, permeabilized using 60% isopropanol for 5 min, and stained



with 0.18% ORO for 15 min. Upon washing, ORO was eluted in 100% isopropanol for 10 min and quantified at 492 nm. For BODIPY 493/503, cells were incubated at 1 mg/mL for 10 min and wash twice before visualization with a confocal Zeiss microscope (LSM 510 META) or quantification using Infinite M200 PRO Tecan (excitation 500 nm, emission 550 nm). *In vitro* oleate uptake was performed as described (Yang et al., 2014).

In addition, 3T3-L1 preadipocytes stably expressing mouse Flag-tagged Nck1 and respective control were generated upon G418 selection and used to assess differentiation at day 6 as reported above.

### **Western blot analysis**

Equal amounts of triton soluble cellular protein (10-30  $\mu$ g) were resolved by SDS-PAGE and transferred to polyvinylidene fluoride (PVDF) membrane (Bio-Rad). Membranes were blocked in Tris-buffered saline with 0.01% Tween-20 (TBS-T) containing 10% dry milk or 5% BSA, and probed with the following antibodies from Cell Signaling Technology: Hsp90 (4877S), Akt (9272), pAkt Thr308 (9275L), pAkt Ser473 (9271L), Erk (9102), and pERK (9106), fatty acid synthase (FAS) (3180), acetyl-CoA carboxylase (ACC) (3676), PPAR $\gamma$  (2435), aP2 (3544), adiponectin (2789), perilipin (9349), C/EBP $\alpha$  (8178), Cylin D1 (2926), PDGFR $\alpha$  (3164), py754 PDGFR $\alpha$  (2992), and  $\beta$  actin (4967). Human Nck2 antibody (TA307351) was from Origene; while sources of Nck1 and panNck were previously described (Latreille et al., 2011). Membranes were then incubated with appropriate HRP-conjugated secondary antibodies. Signal was detected by chemiluminescence using the ChemiDoc Touch Imaging System (Bio-Rad) and quantified with ImageLab software (Bio-Rad).

## **RNA extraction and quantitative Real-Time PCR**

RNA was extracted from cells using trizol reagent (Invitrogen) according to manufacturer instructions. RNA was extracted from snap frozen white adipose tissues using the RNeasy Lipid Tissue Mini Kit (74804; Qiagen) according to the manufacturer's protocol. Following mRNA extraction, cDNA synthesis was performed using a High-Capacity cDNA Reverse Transcription Kit according to the manufacturer (Applied Biosystems). qRT-PCR was performed using *PowerUp* SYBR Green PCR Master Mix (Applied Biosystems) in a ViiA 7 thermal cycler system (Applied Biosystems). Expression levels were calculated using the  $\Delta\Delta C_t$  method normalized to the housekeeping gene Cyclophilin B, whose expression remained constant throughout. Specific primers for PCR amplification of targeted genes were used, and their sequences are available upon request.

## **Adipose tissue characterization**

Fresh WAT obtained from *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice were processed for Hematoxylin and Eosin (H&E) staining following classical protocol (Parlee et al., 2014) and analyzed under the light microscope. Images (10X) were then further analyzed for adipocyte area and volume using the Adiposoft software (Galarraga et al., 2012). Adipocyte area distribution was plotted according to the size of adipocytes for *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice. Paraffin sections from eWAT and scWAT of *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice were also processed for Picrosirius Red and Masson's Trichrome staining according to manufacturer protocols and slides were analyzed under the light microscope. Collagen deposition in eWAT and scWAT of *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice was measured through quantification of hydroxyproline content using a hydroxyproline colorimetric assay kit (K555; BioVision).

## Cell proliferation, cell cycle, immunofluorescence, and flow cytometry analysis

For the MTT assay, 3T3-L1 preadipocytes transfected with control or Nck1 siRNA were plated at 5000 cells/well in 24-well plate. MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] activity was assessed on days 1, 2 and 4. For BrdU incorporation, control and Nck1 siRNA cells were incubated with BrdU (3 µg/mL) for 2 hrs followed by fixation and DNA denaturation. Incorporated BrdU was detected using a BrdU antibody and Alexa fluoro 594 donkey anti-mouse antibody. Signal was visualized using a confocal Zeiss microscope (LSM 510 META) and the number of BrdU positive cells was quantified through ImageJ (about 100-300 cells counted/group).

For immunofluorescence analysis of FOXO1, 2 days post-transfected siControl and siNck1 cells were starved O/N and processed using FOXO1 antibody and Alexa Fluor 594 donkey anti-rabbit secondary antibody. Signal was visualized using confocal microscopy as described above.

To assess adipocyte precursor populations, freshly isolated WAT SVF cells from *Nck1*<sup>+/+</sup> and *Nck1*<sup>-/-</sup> mice were incubated with the following anti-mouse antibodies: FITC CD31 (Clone: 390; BioLegend 102405), PerCP/Cy5.5 CD45 (Clone: 30-F11; BioLegend 103131), PE/Cy7 CD29 (clone HMβ1-1; BioLegend 102221), APC CD34 (clone HM34; BioLegend 128611), Pacific Blue Sca-1 (clone D7; BioLegend 108119), PE CD140a (PDGFRα) (Clone: APA5; BioLegend 135905), and then sorted using a BD FACSCanto II flow cytometer. Data was quantified and analyzed using FACSDiva.

For cell cycle analysis through propidium iodide (PI, Sigma) staining, 3T3-L1 preadipocytes transfected with control or Nck1 siRNA were induced to differentiate and PI staining was performed at 0, 16 and 24hrs according to the classical protocol. PI positive cells were analyzed

using the BD FACSCanto II flow cytometer and data was quantified using ModFit LT 5.0 software.

### **GST pull down assays**

Bacterially produced GST and related GST-Nck proteins (20 µg) were used in pull down assays with lysates from 3T3-L1 cells. PDGFR $\alpha$  binding was detected by western blot and GST fusion proteins were revealed upon Coomassie blue staining.

### **Human white adipose tissues**

Human subcutaneous WAT (scWAT) and omental WAT (oWAT) biopsy specimens from obese male subjects (BMI 35.5–69.8 kg/m<sup>2</sup>) paired for age and date of bariatric surgery were obtained from the Biobank of Institut Universitaire de Cardiologie et de Pneumologie de Québec (IUCPQ), where written informed consent was obtained from the subjects according to institutionally approved management modalities. Study approval was obtained from the ethics committees of both IUCPQ and McGill institutions (Dusseault et al., 2016).

### **Statistics**

Data analysis was performed using one sample or unpaired Student *t test* and one-way or two-way ANOVA on Prism software (GraphPad Software), and  $p \leq 0.05$  was considered to be significant.

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